

# NOVEMBER

05-08 NOVEMBER-12

DFG SCHOOL CYCLE MENÚ

Rota, Spain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1.- TURKEY AND CHEESE SANDWICH	1.- TACOS AND TACO SALAD	1.- PEPPERONI PIZZA	1.-NOODLES CARBONARA
2.-SWEET AND SOUR PORK	2.-VEGETABLE LASAGNA	2.-CHICK PEA STEW A LA ESPAÑOLA	2.- LEMON FISH
BAKED POTATOES	CORN	CARROTS	MIXED VEGETABLES
MIXED VEGETABLES	GREEN BEANS	PEAS WITH MUSHROOM	RICE
FRESH FRUITS	FRESH FRUITS	FRESH FRUITS	FRESH FRUITS
GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD
RICE SALAD	MIX SALAD	TOMATO AND CHEESE SALAD	POTATO SALAD
ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING
1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK

**Note:**

The Menu is subject to change or substitutions without notice due to non-availability of food items or immediate use of perishable food items.

# NOVEMBER

13 - 16 NOVEMBER-12

DFG SCHOOL CYCLE MENÚ

Rota, Spain.

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1.-BAKED MACARONI	1.- BUTTER FISH	1.-CHILI HOT DOG	1.- CHEESE PIZZA
2.-BEEF WITH VEGETABLES	2.- LENTIL STEW	2.- 3 DELICIOUS RICE	2.-CHICKEN WITH CHEESE SAUCE
CAULIFLOWER	CORN	BAKED POTATOES	PEAS
RICE	GREEN BEANS	MIXED VEGETABLES	CARROTS
FRESH FRUITS	FRESH FRUITS	FRESH FRUITS	FRESH FRUITS
POTATO SALAD	PASTA SALAD	BROCOLI SALAD	RICE SALAD
MIX SALAD	VEGETABLES SALAD	MIX SALAD	BROCCOLI SALAD
ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING
1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK

# NOVEMBER

19-21 NOVEMBER-12

DFG SCHOOL CYCLE MENÚ

Rota, Spain.

MONDAY	TUESDAY	WEDNESDAY
1.-PANCAKE + SAUSAGE	1.- TACOS AND TACO SALAD	1.-PEPPERONI PIZZA
2.- SPAGHETTI WITH TOMATO SAUCE AND GROUND CHICKEN	2.- OVEN FRIED FISH	2.- ROAST TURKEY W/TURKEY GRAVY
RICE	CORN	MIXED VEGETABLES
CAULIFLOWER WITH ONION	GREEN BEANS WITH CARROTS	MASHED POTATOES
FRESH FRUITS	FRESH FRUITS	FRESH FRUITS
GREEN SALAD	GREEN SALAD	PASTA SALAD
VEGETABLE SALAD	GREEN SALAD	GREEN SALAD
ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING
1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK

# NOVEMBER

26 - 30 NOVEMBER -12

DFG SCHOOL CYCLE MENÚ  
Rota, Spain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1.- HAMBURGUER/CHEESE HAMBURGUER	1.- LENTIL STEW	1.-CHICK PEA STEW A LA ESPAÑOLA	1.-RICE WITH CHICKEN	1.-CHEESE PIZZA
2.-CHICKEN CURRY	2.- LEMON FISH	2.- SPANISH OMELETTE	2.-BEEF WITH VEGETABLES	2.- BUTTER FISH
RICE WITH VEGETABLES	CORN-ON- THE-COB	PEAS	RICE	MIXED VEGETABLES
MASHED POTATOES	PEAS	GREEN BEANS WITH PEPPER	BROCCOLI	BAKED APPLES
FRESH FRUITS	FRESH FRUITS	FRESH FRUITS	FRESH FRUITS	FRESH FRUITS
GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD	GREEN SALAD
GREEN SALAD	RICE SALAD	POTATO SALAD	PASTA SALAD	GREEN SALAD
ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING	ASSORTED SALAD DRESSING
1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK	1 SERVING OF 1/2 PINT WHITE MILK

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