

TOP 10 Resources for CNG Children & Youth

1. **California National Guard State Child & Youth Program (CNGCYP) – Developing support systems and identifying resources and opportunities for CNG Children & Youth – Referrals, volunteer opportunities, social networking opportunities – Email Rebecca.mcphetridge1@us.army.mil or call (805)431-0335 Also, look us up on Face Book at CNGYouthConnect**
2. **Child Care Subsidies- Children of deploying Service Members & Service Members on Title 32 qualify for childcare subsidies. Applications are available at www.naccrra.org or call (703)341-4100. CNGCYP has also developed a best practices sheet to assist you with your child care subsidy application needs. For additional assistance, please email your CNGCYP Outreach Assistant ana.c.mathis@us.army.mil or call Ana Mathis at (818) 402-3296.**
3. **www.jointservicesupport.org/fp National Guard–Official Family Website - Register here to receive regular communication. Once a month you will receive a newsletter with information on all of the new resources, opportunities, and programs available to support you through the deployment cycle. This provides access to both adult and youth activities. For California child and youth services, please call (805)431-0335 or (805)217-2974 and we will make sure you are connected to services.**
4. **www.ourmilitarykids.org \$ 500 GRANTS - This organization provides \$500 grants to pay for extra-curricular activities or tutoring for children ages 3 and up, every six months of the deployment. It is a very simple process and we are seeing wonderful results.**
5. **[www.myarmyonesource.com/ChildYouthandSchoolServices/CYSServicesFreeOnline Tutoring](http://www.myarmyonesource.com/ChildYouthandSchoolServices/CYSServicesFreeOnlineTutoring) FREE ONLINE TUTORING AVAILABLE 24/7 – Army National Guard & Reserve children and youth, grades K – College are all entitled to this free, online, real time tutoring from some of the best tutors in the nation. There is a VERY simple registration process and from there you can get homework help, catch up on curriculum you may have missed due to a move or illness, study for SAT, ACT, or ASVAB, upload a paper for proof reading and so much more. It is an outstanding, user friendly service and the tutors know how to get in there and determine the need & get the education going very quickly. Check it out (Also good for adults who are continuing education)!**
6. **www.stompproject.org – This service is for military parents who have children with special needs. Stomp will provide FREE training & assistance with special education planning & development of parent advocacy in accessing resources, regardless of geographic location. You will also find a wealth of online resources & receive referrals and support in connecting directly to local support services.**

7. California Joint Family Support Assistance Program Military Family Life Consultant: Bill Genthe LIC. MFT can assist with situational counseling and assist in connecting you with local mental health services for your families. Contact him at william.f.genthe@healthnet.com or call (916)533-3719

8. www.militarychild.org – Military Child Education Coalition (MCEC) – MCEC Training & Education – MCEC provides a wealth of resources & opportunities for military students and parents. California will be home to several Guard & Reserve Institute Trainings w/various school districts throughout the state, training counselors and school administrators on the needs of our military children. * California National Guard Child & Youth Program (CNGCYP) is currently seeking Volunteer Youth Advisors who will act as Advisors to their local districts on information and resources relevant to the needs of military kids.

9. www.militaryonesource.com Military One Source (MOS) is a one stop shop for resources and information regarding a variety of children and youth topics. There is assistance for families with special needs, scholarship information, resources on childcare, behavioral issues, parenting support, free books and literature on a variety of children and youth topics, and so much more. They can also connect you with FREE counseling services for you and your children.

10. www.zerotothree.org This website provides a wealth of resources and information for all families with children ages three and under. They also have a tremendous amount of resources and information geared towards effectively serving children and families impacted by deployment related issues.

CNGCYP is currently in the process of recruiting volunteers to form Regional Advisory Councils who assist in providing outreach opportunities to CNG Children & Youth. Over the course of the next year, train the trainers opportunities will be available and many outreach activities will be coordinated to provide peer- to- peer opportunities for military kids. Many special state projects need your assistance as well. Together we can meet the needs of our military children and youth. Call us – We're here for you!

Lacey McPhetridge

CNGCYP Communications Outreach Assistant

CNG State Child and Youth Program

Zeiders Enterprises Contractor

lacey.mcphetridge@us.army.mil