

# HEALTH JUSTICE WOMEN

**Behavioral Health &  
OB/GYN**



Satellite & Internet Broadcast- February 20, 2013

Participant Guide



Program 13A9002



## **NATIONAL INSTITUTE OF CORRECTIONS MISSION**

The National Institute of Corrections is a center of learning, innovation and leadership that shapes and advances effective correctional practice and public policy.

NIC is fully committed to equal employment opportunity and to ensuring full representation of minorities, women, and disabled persons in the workforce. NIC recognizes the responsibility of every employer to have a workforce that is representative of this nation's diverse population. To this end, NIC urges agencies to provide the maximum feasible opportunity to employees to enhance their skills through on-the-job training, work-study programs, and other training measures so they may perform at their highest potential and advance in accordance with their abilities.

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**National Institute of Corrections**

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**Health, Justice, Women:  
Behavioral Health and OB/GYN**

**Program Contact Information**

**Prior To Broadcast Day**

1-800-995-6429, Follow prompts for "Academy Division"

**On Broadcast Day**

**February 20, 2013, 9am-12pm Pacific (12 – 3pm Eastern)**

**See the live telecast at [www.nicic.gov/broadcasts](http://www.nicic.gov/broadcasts)**

**Join the online live chat discussion during the program at  
<http://nicic.gov/LiveChat>**

**Participate in the Live On-Air Discussion via:**

Phone 1-800-278-4315      FAX 509-354-7714      Email [nic@ksps.org](mailto:nic@ksps.org)

## **Continuing Education Units**

CEUs are available through Eastern Washington University.

1. Site Coordinator should print out the EWU registration form, program evaluation form, participant sign-in sheet and participant sign-out sheet. (Forms follow this page in the Participant Guide.)
2. Participants sign-in, complete the CEU registration form, take part in teleconference, fill out the evaluation and sign out. Submission of sign –in and sign-out sheets is required by IAECT which approves CEUs.
3. At conclusion of the program, the site coordinator should mail all forms and a fee of \$22.00 payable to EWU for each participant who desires CEUs.

Mail Forms to:

Barbara Papke, Program Specialist  
Eastern Washington University  
300 Senior Hall  
Cheney, WA 99004-2442  
Phone: 509-359-6143

***NOTE:*** *Coordinators should only send in forms if there are participants who are applying for CEUs.*

4. Once EWU receives and processes the registration forms, each participant will receive via mail a CEU form which details course information and each participant's information.



**Office of Continuing Education  
and Professional Advancement**

**CEU REGISTRATION  
300 Senior Hall  
Cheney, WA 99004-2442**

Phone: 509- 359-7380 1-800- 331-9959 FAX: 509-359-2220  
<http://ewu.edu/ce>

Today's Date: _____		Registering for: <input type="checkbox"/> Fall <input checked="" type="checkbox"/> Winter <input type="checkbox"/> Spring <input type="checkbox"/> Summer Year: _____	
Last Name		First Name	
Middle Name		Previous Name	
Current Mailing Address		Street and Number	
City		State Zip Code	
Email Address		8-5 Phone Number –Including Area Code	
Home Phone Number - Including Area Code			
Student EWU ID Number <small>(Will be assigned by EWL if not known)</small>		Social Security Number	
Date of Birth <small>(Required)</small>			
Directory Information: <input type="checkbox"/> Please restrict my personal information			
Do you have any Special Needs? Please specify: _____			
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female		Washington Resident: <input type="checkbox"/> No <input type="checkbox"/> Yes	
From ____ / ____ / ____ To ____ / ____ / ____		Have you previously earned credit through EWU? <input type="checkbox"/> No <input type="checkbox"/> Yes – Qtr ____ Year ____	
<b>Classification Category</b> (Based on completed credits):			
<input type="checkbox"/> High School		<input type="checkbox"/> Sophomore (45-89 cr)	
<input type="checkbox"/> GED		<input type="checkbox"/> Bachelors Degree	
<input type="checkbox"/> Certificate		<input type="checkbox"/> Graduate (Admitted to EWU Masters)	
<input type="checkbox"/> Freshman (1-44 cr)		<input type="checkbox"/> Senior (135 or more cr)	
<input type="checkbox"/> Associate Degree		<input type="checkbox"/> Completed Doctoral Degree	
<input type="checkbox"/> Non-Credit / Professional Development		<input type="checkbox"/> Other: Please specify: _____	
<b>Optional:</b>			
What race do you consider yourself? (Check all that apply)			
<input type="checkbox"/> White/Caucasian (800)		<input type="checkbox"/> Black/African American (870)	
<input type="checkbox"/> Eskimo (935)		<input type="checkbox"/> Aleut (941)	
<input type="checkbox"/> Korean (612)		<input type="checkbox"/> Filipino (608)	
<input type="checkbox"/> Asian Indian (600)		<input type="checkbox"/> Guamanian (660)	
<input type="checkbox"/> Hawaiian (653)		<input type="checkbox"/> Japanese (611)	
<input type="checkbox"/> Chinese (605)		<input type="checkbox"/> American Indian (597) Name of Principal or enrolled tribe: _____	
<input type="checkbox"/> Vietnamese (619)		<input type="checkbox"/> Samoan (655)	
<input type="checkbox"/> Other Asian or Pacific Islander: _____		Specify one group, for example Thai, Cambodian, etc.	
Are you of Spanish/Hispanic origin? (Check all that apply)			
<input type="checkbox"/> No. Not Spanish/Hispanic (999)		<input type="checkbox"/> Yes. Mexican/Mexican American (722)	
<input type="checkbox"/> Yes. Chicano/Chicana (705)		<input type="checkbox"/> Yes. Puerto Rican (727)	
<input type="checkbox"/> Other Race: _____		<input type="checkbox"/> Yes. Cuban (709)	
		<input type="checkbox"/> Yes. Other Spanish/Hispanic: _____ Specify one group, for example Columbian, Spaniard, etc	
<b>Course Information:</b>			
(Please leave blank)			
Course Title:		Event Date(s):	
Location:			
CEU's .3	Health, Justice, Women: Behavioral Health and OB/GYN	February 20, , 2013 12:00 – 3:00 + 2 hours outside work	Satellite Broadcast
<b>Submit Registration and Tuition to: Eastern Washington University Continuing Education and Professional Development 300 Senior Hall, Cheney, WA 99004</b>			
For Office Use ONLY:		<input type="checkbox"/> Check <input type="checkbox"/> Money Order <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard	
Credited to Participant <b>\$22.00</b>		(Payable to EWU)	
AMOUNT: _____		Account Number	
		Exp. Date	
		Authorized Signature: _____	
<p>Eligible taxpayers may claim a tax credit on EWU courses. For more detailed information, please refer to IRS Publication 3064. "Notice 97-60 Education Tax Incentive." For purposes of the new Hope and Lifelong Learning tax credits. Federal Law (Section 6109 of the Internal Revenue Code) requires the University to obtain your Social Security Number. Thank you for your cooperation.</p>			



Welcome to: Health Justice, Women: Behavioral Health and OB/GYN  
 Session Date: **February 20, 2013**

**SIGN IN**

1	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	Int at close
	Sign:	Employer:	
2	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections <input type="checkbox"/> Para- Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
3	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
4	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
5	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
6	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
7	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
8	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
9	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
10	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	

X \_\_\_\_\_

Signature of Host Agency

Date

Verifying attendance accuracy for CEU's



Welcome to: Health Justice, Women: Behavioral Health and OB/GYN  
 Session Date: **February 20, 2013**

**SIGN-OUT**

1	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	Int at close
	Sign:	Employer:	
2	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
3	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
4	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
5	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	
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	Sign:	Employer:	
10	Print:	Position: <input type="checkbox"/> Administrator <input type="checkbox"/> Corrections Officer <input type="checkbox"/> Para-Educator <input type="checkbox"/> Other _____	
	Sign:	Employer:	

X \_\_\_\_\_

Signature of Host Agency

Date

Verifying attendance accuracy for CEU's





**Office of Continuing Education & Professional Advancement  
Workshop Evaluation**

**Workshop:** Health Justice, Women: Behavioral Health and OB/GYN  
**Location:** Satellite Broadcast **CEUs:** .3  
**Date(s):** Feb. 20, 2013 **Time(s):** 12:00 p.m. -3:00 p.m. EST  
**Facilitator:** National Institute of Corrections

Your feedback is important. It is the basis of our continuous improvement to ensure that programs meet or exceed your expectations. Thank you for taking the time to complete this evaluation.

**Response Code**

**5-Excellent      4-Good      3-Adequate      2-Poor      1-Desire changes**

**Instructor Effectiveness**

Knowledge of subject	5	4	3	2	1
Ability to teach according to the student's level	5	4	3	2	1
Organization of class meeting	5	4	3	2	1
Ability to answer questions	5	4	3	2	1
Ability to encourage participation	5	4	3	2	1

**Course Information**

Written course objectives met expectations	5	4	3	2	1
Course written materials contributed to learning	5	4	3	2	1

**Facilities and General**

Comfort of classroom for learning	5	4	3	2	1
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**Overall**

Overall, I rate the learning experience	5	4	3	2	1
I would recommend this course to others	Yes				No

**Comments:** Suggestions for improvement

**THANK YOU**



## **Program Objectives**

- ✓ Explore how the research on trauma informed practices can inform correctional health care for justice involved women.
  
- ✓ Be exposed to models in correctional health settings of evidence-based behavioral health and women's ob/gyn practices.
  
- ✓ Learn how professional health care organizations contribute to correctional health care for justice involved women.
  
- ✓ Be prepared to initiate agency based conversations regarding the creation and/or enhancement of health care practices.

## **Program Schedule – February 20, 2013**

On-Air via Satellite and Internet, 9 am – 12 pm Pacific (12 – 3 pm Eastern)

15 minute break at halfway point

Optional 4<sup>th</sup> hour discussion on-site after program  
(Questions included in guide.)



## Presenter Bios



**Daniel Bannish Psy.D.,  
Director of Behavioral Health, Connecticut DOC**

Dan Bannish is a Clinical Psychologist who has worked for the Connecticut Department of Correction for over 18 years. He has served as a Supervising Psychologist in a Special Management Unit as well as a specialized Mental Health Housing Unit before moving on to correctional health care administration. Dan is especially committed to the development of integrated health care for the corrections population and has been active in promoting systems change, fiscal efficiencies and workforce development.



**Maureen Buell, MSA, NIC Correctional Program Specialist**

Maureen Buell manages the NIC initiative on Justice Involved Women and has been with NIC since 2001. Prior to her time with NIC she held a range of roles including probation and parole supervision of high risk male offenders, managing a community-based sex offender unit, correctional programs manager and Director of Women and Family Services for the Vermont Department of Corrections. She believes strongly that the majority of the individuals we work with are capable of positive change. In addition to our primary objective of staff, offender and community safety we must develop policy and practice that focuses on the risk, needs and strengths of the populations we manage. One size does not fit all.



**Kenya D. Key, Psy.D., Unit Director - Acute Psychiatric Services,  
Cermak Health Services at Cook County Dept. of Corrections**

Kenya Key is currently the Unit Director of Acute Psychiatric Services at the Cook County Jail in Chicago, Illinois. She is also a consultant for the Women's Treatment Center, a residential and outpatient substance abuse treatment facility for women and their children. Kenya has worked in the juvenile and adult systems in Cook County. She has specific interest in working with justice involved women's behavioral health concerns including chronic mental illness, acute and chronic trauma, and co-occurring substance abuse disorders. Kenya has presented at national conferences pertaining to gender responsive treatment for incarcerated girls and women.



**E. Carolina Montoya, Psy.D.  
Clinical Psychologist, Miami-Dade County, FL**

Dr. Carolina Montoya is a Clinical Psychologist who has spent the last 25 years working in public service in the areas of social service and criminal justice. She is currently the Mental Health Services Manager for the Miami-Dade Department of Corrections and Rehabilitation. She has also held various clinical and administrative positions. Dr. Montoya maintains a private psychotherapy practice and also trains and consults at the national and international levels.



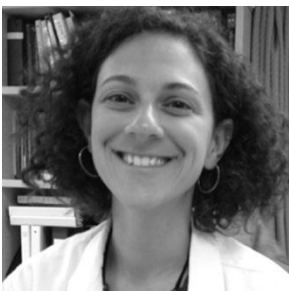
**Jane Parnell, Superintendent  
Washington Corrections Center for Women**

Jane has an extensive background in Corrections, dating back to 1974. She has worked in both community corrections and in prisons. Jane has worked in a female institution for a total of 8 years; 5 as an Assistant Superintendent and 3 as a Superintendent. Jane has a passion for working with female offenders. She believes that offenders have the ability to change, if given the appropriate opportunities; but they are often overlooked in the “big picture of corrections”. Jane sees herself as a “voice for female offenders” in all gender responsive issues, including health services.



**Anita Pollard, NIC Corrections Health Manager**

Commander Anita Pollard, a former Navy Nurse, joined the Commissioned Corps of the U.S. Public Health Service in January of 1999. In June of 2010, she joined the staff of the National Institute of Corrections in Washington, DC. Since then, Anita has coordinated public health and behavioral health-related technical assistance and executive practitioner training for the constituents of NIC.



**Carolyn Sufrin, MD, MA  
Ob/Gyn, UC, San Francisco and San Francisco County Jail**

Carolyn Sufrin is an obstetrician at the University of California, San Francisco and at the San Francisco County Jail, and a fellow of the American Congress of Obstetricians and Gynecologists. Her clinical care, research, and advocacy focus on improving reproductive health care for incarcerated women, a topic which is the subject of her current PhD dissertation research in medical anthropology.



## Definition of Terms

**Justice Involved Women** – This term incorporates both incarcerated offenders and pre-trial defendants. It is being used by agencies external to criminal justice when referring to female populations. Use of the term is being modeled more frequently internally with adults and juveniles.

**Gender Responsive** - The official definition from Stephanie Covington, Barbara Bloom, Barbara Owen (2006) means creating an environment through site selection, staff selection, program development, content, and material that reflects an understanding of the realities of the lives of women and girls and that addresses their strengths and challenges.

**Trauma Informed** - When a human service program takes the step to become trauma-informed, every part of its organization, management, and service delivery system is assessed and potentially modified to include a basic understanding of how trauma affects the life of an individual seeking services. Trauma-informed organizations, programs, and services are based on an understanding of the vulnerabilities or triggers of trauma survivors that traditional service delivery approaches may exacerbate, so that these services and programs can be more supportive and avoid re-traumatization. (SAMHSA)

# Segment 1:

## Why This? Why Now?

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### **Objectives**

- ✓ Discuss aspects of the Adverse Childhood Experiences study which are relevant to behavioral health and ob/gyn health issues for justice involved women.
- ✓ Identify priorities of the National Prevention Strategy that are relevant to health issues of justice involved women.
- ✓ Highlight aspects of the Public Health Model which can address health concerns of justice involved women.

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### **Who are Justice Involved Women**

- Fastest growing population
- Present lower risks rates than men
- Average age in early 30s
- Incarcerated for drug related offenses
- Lack job skills and work experience
- Disproportionately women of color
- Majority have minor aged children

## **Adverse Childhood Experiences (ACE) Study**

*Categories of trauma called Adverse Childhood Experiences (ACEs):*

- Emotional abuse
- Physical abuse
- Sexual abuse
- Emotional neglect
- Physical neglect
- Witnessed mothers being treated violently
- Grew up with someone in household abusing alcohol and /or drugs
- Grew up with a mentally ill person in the household
- Lost a parent due to separation or divorce
- Grew up with a household member in jail or prison

*The more categories of trauma experienced in childhood, the greater the likelihood of experiencing:*

- Alcoholism and alcohol abuse
- Chronic obstructive pulmonary disease (COPD)
- Depression
- Fetal death
- Poor health-related quality of life
- Illicit drug use
- Ischemic heart disease (IHD)
- Liver disease
- Risk for intimate partner violence
- Multiple sex partners
- Sexually transmitted diseases (STDs)
- Smoking
- Obesity
- Suicide attempts
- Unintended pregnancies

## **National Prevention Strategy**

### *Four Strategy Directions:*

1. Build health and safe community environments.
2. Expand quality preventive services in clinical and community settings.
3. Empower individuals to make healthy choices.
4. Eliminate health disparities.

### *Seven Priority Areas:*

1. Tobacco free living
2. Prevent drug abuse and excessive alcohol use
3. Healthy eating
4. Active living
5. Injury and violence-free living
6. Reproductive and sexual health
7. Mental and emotional well being

## **Additional Information**

National Resource Center on Justice Involved Women – [www.cjinvolvedwomen.org](http://www.cjinvolvedwomen.org)

Adverse Childhood Experiences (ACE) Study – [www.cestudy.org](http://www.cestudy.org)

ACE Demographics and Prevalence – [www.cdc.gov/ace/demographics.htm](http://www.cdc.gov/ace/demographics.htm) and [www.cdc.gov/ace/prevalence.htm#ACED](http://www.cdc.gov/ace/prevalence.htm#ACED)

National Commission on Correctional Health Care – [www.ncchc.org](http://www.ncchc.org)

Childhood Trauma and Women's Health Outcomes in a California Prison Population Nena Messina, Ph.D. and Christine Grella, Ph.D. - [www.ncbi.nlm.nih.gov](http://www.ncbi.nlm.nih.gov)

Substance Abuse and Mental Health Services Administration's (SAMHSA) National Center for Trauma Informed Care - [www.mentalhealth.samhsa.gov/nctic](http://www.mentalhealth.samhsa.gov/nctic)



## Segment 2: Behavioral Health

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### **Objectives**

- ✓ Understand the need for gender-responsive and trauma-informed practices within behavioral health services.
- ✓ Identify effective behavioral health treatment and management strategies for justice involved women with mental illness.

### **How Do Behaviors Present?**

- Boundaries and splitting; trying to get favorable treatment
- Histrionic behaviors
- Help seeking, complaining
- Manipulation
- Malingering
- Self-injurious, Para suicidal
- Survival behavior



## Staff Responses to Behaviors

- Insensitivity
- Manipulation
- Punishment
- Unwarranted referrals, mishandling difficult situations

## Most Commonly Diagnosed Mental Health Disorders

### **Over/under/ misdiagnoses?**

- Major depression
- Bipolar disorder
- Anxiety disorders
- Psychotic disorders
- PTSD (post-traumatic stress disorder)
- Substance abuse

## Commonly Accepted Data Regarding Prevalence

### **Potential for misinformation?**

**State Prisons:** 73% females, 55% males

**Federal Prisons:** 61% females, 44% males

**Local Jails:** 75% females, 63% males

**General Non-Incarcerated Population:** 12% females, 9% males

## Additional Information

Prevalence of Serious Mental Illness Among Jail Inmates, Henry J. Steadman, Fred C. Osher, et al., *Psychiatric Services*, 2009

<http://ps.psychiatryonline.org/article.aspx?articleID=100482>

Comorbidity of Severe Psychiatric Disorders and Substance Use Disorders Among Women in Jail, Karen M. Abram, Linda A. Teplin, et al., *American Journal of Psychiatry*, 2003

<http://ajp.psychiatryonline.org/data/Journals/AJP/3748/1007.pdf>

Thinking Styles and Emotional States of Male and Female Prison Inmates by Mental Disorder Status, Nancy Wolff, Robert D. Morgan, et al., *Psychiatric Services*, 2011

<http://ps.psychiatryonline.org/article.aspx?articleid=180926>

Needs for and Barriers to Correctional Mental Health Services: Inmate Perceptions, Robert D. Morgan, Jarrod Steffan, et al., *Psychiatric Services*, 2007

<http://ps.psychiatryonline.org/article.aspx?articleid=98443>

## Segment 3: OB/GYN Health Issues

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### **Objectives**

- ✓ Review guidelines for health screenings.
- ✓ Identify opportunities for family planning as well as health issues for older women.
- ✓ Recognize the unique medical and psychosocial needs of pregnant women including medical and legal recommendations against shackling.
- ✓ Share ideas for addressing incarcerated women's healthcare needs within the context of operational considerations.

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### **Screenings for STDs**

Incarcerated women have higher rates of STDs than non-incarcerated women:

- Chlamydia (7% - 15%)
- Gonorrhea (.9% - 4%)
- Trichomonas (up to 30%)
- HIV (2.5%)
- Substance abuse

### **CDC Recommendations**

- HIV: Routine opt-out testing upon entry
- Gonorrhea / chlamydia: Routine testing < 35 years upon entry
- Test any woman with symptoms of STD

## **Cervical Cancer Screening**

- Pap smears recommended every three years
- High risk behaviors and poor health care increase risk

## **Breast Cancer Screening Recommendations**

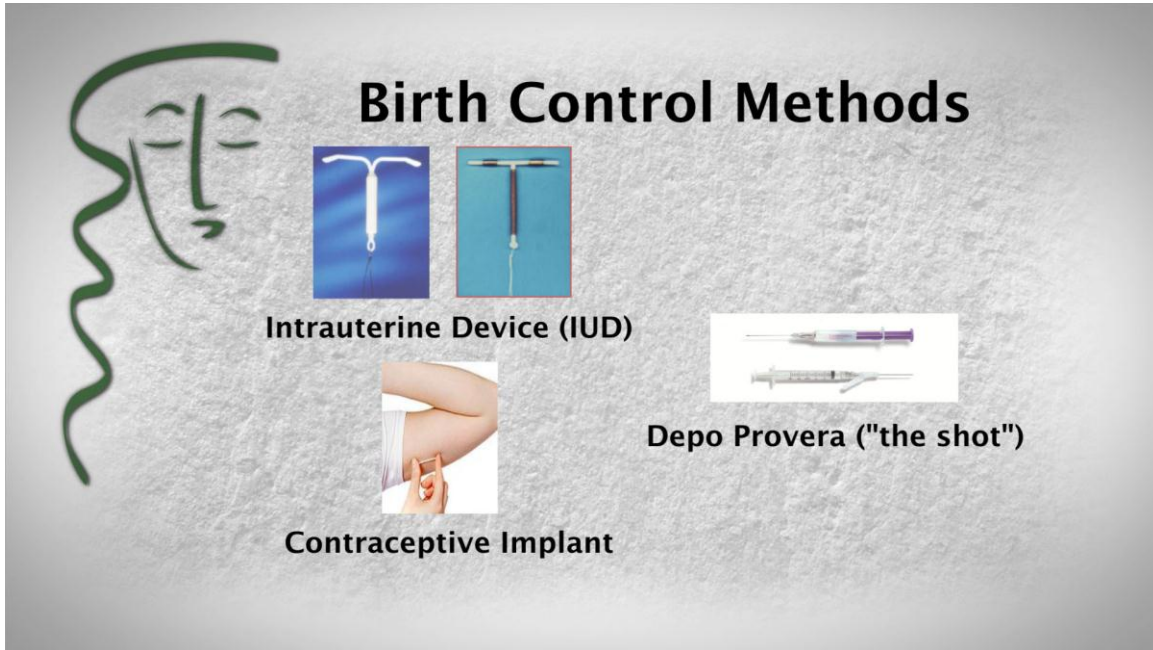
### **U.S. Preventive Services Task Force**

- Start at age 50
- Mammogram every other year
- End at age 75
- Between 40-49 discuss risks/benefits of screening

### **American Cancer Society**

- Start at age 40
- Mammogram every year
- Consider stopping if short life expectancy

## Birth Control Methods



**Birth Control Methods**

Intrauterine Device (IUD)

Depo Provera ("the shot")

Contraceptive Implant

The infographic features a green line-art profile of a woman's face on the left. It displays three birth control methods: two types of IUDs (one white, one copper), a Depo Provera injection, and a small implant being inserted into a woman's arm.



**Birth Control Methods**

Contraceptive Vaginal Ring

Contraceptive Patch

Birth Control Pills

Emergency Contraception Pills

The infographic features a blue line-art profile of a woman's face on the left. It displays four birth control methods: a blue vaginal ring, a patch on a woman's abdomen, a blister pack of birth control pills, and a box of emergency contraception pills.

## **Pregnancy and Incarcerated Women**

- 6-10% of incarcerated women are pregnant
- 1400 – 2000 births per year to women who are incarcerated

## **Pregnancy and Incarcerated Adolescent Women**

- 25% have been pregnant at least once
- 16% pregnant while incarcerated

## **High Risk Pregnancies and Incarcerated Women**

- Co-existing substance abuse and mental health issues
- Poor nutritional status
- Limited access to medical care prior to incarceration





### Many organizations condemn restraints in labor

The image displays logos for several organizations that condemn restraints in labor. On the left, there is a graphic of blue handcuffs. The logos include:

- United Nations
- NCCHC (National Commission on Correctional Health Care)
- ACOG (The American Congress of Obstetricians and Gynecologists)
- AMA (American Medical Association)
- American Correctional Association (Celebrating More Than 135 Years of Global Excellence)
- APHA (American Public Health Association)



## Additional Information

Washington Corrections Center for Women Residential Parenting Program (RPP), Washington State Department of Corrections [www.doc.wa.gov/facilities](http://www.doc.wa.gov/facilities).

Information about Doula of North America, a childbirth and parenting education partner of the Washington State Department of Corrections [www.dona.org](http://www.dona.org).

“Maternal and Child Outcomes of a Prison Nursery Program”, Mary W. Byrne, NP, MPH, PhD, Principal Investigator

[http://www.nursing.columbia.edu/byrne/prison\\_nursery.html](http://www.nursing.columbia.edu/byrne/prison_nursery.html) ”

Centers for Disease Control Medical Eligibility Criteria - Guidelines on safety of contraceptive methods in women with medical conditions

<http://www.ihs.gov/nptc/documents/CDC->

[Medical%20Eligibility%20for%20contraceptive%20use%202010-chart.pdf](http://www.ihs.gov/nptc/documents/CDC-Medical%20Eligibility%20for%20contraceptive%20use%202010-chart.pdf)

Article and tables based on ACOG guidelines reviewing safety of psychiatric medications in pregnancy and lactation

<http://focus.psychiatryonline.org/data/Journals/FOCUS/1839/foc00309000385.pdf>

Article describing legal basis for correctional facilities being required to facilitate access to abortion for incarcerated women who request it.

<http://www.aclu.org/files/pdfs/reproductiverights/lkennywomensandcriminaljusticejournalarticleforwebsite.pdf>

### **Statements about shackling pregnant women:**

NCCHC - <http://www.ncchc.org/restraint-of-pregnant-inmates>

ACA - <https://aca.org/government/policyresolution/view.asp?ID=78>

ACOG -

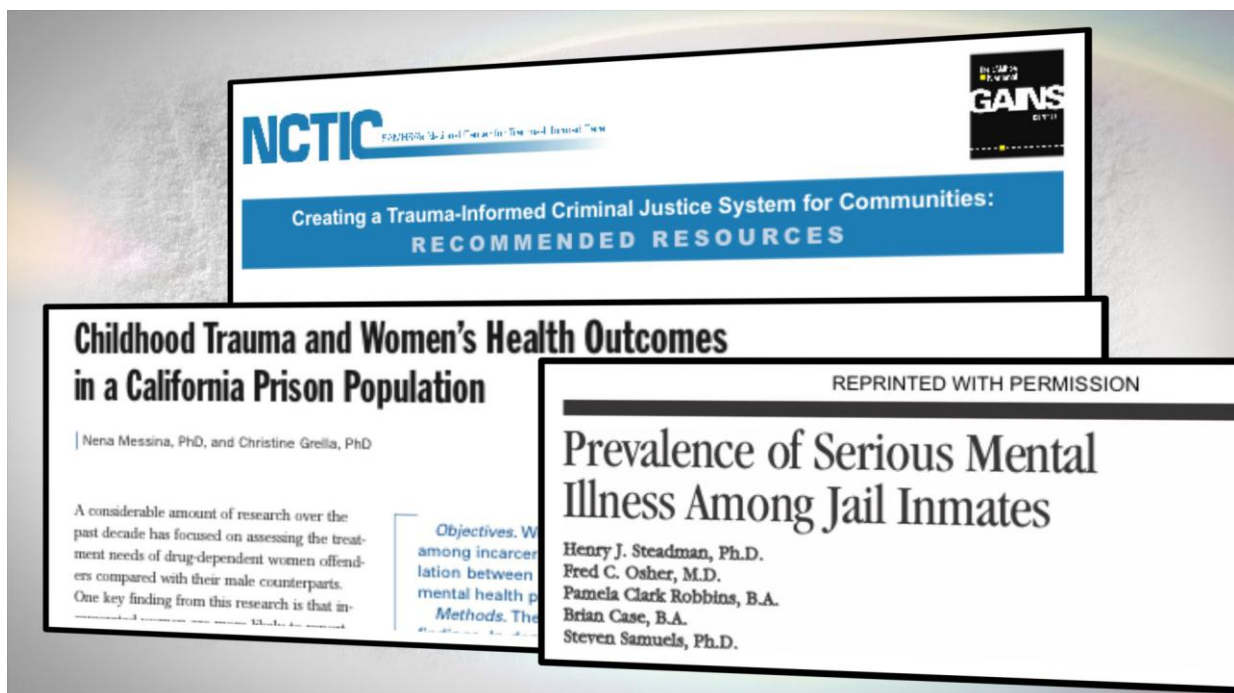
[http://www.acog.org/Resources\\_And\\_Publications/Committee\\_Opinions/Committee\\_on\\_Health\\_Care\\_for\\_Underserved\\_Women/Health\\_Care\\_for\\_Pregnant\\_and\\_Postpartum\\_Incarcerated\\_Women\\_and\\_Adolescent\\_Females](http://www.acog.org/Resources_And_Publications/Committee_Opinions/Committee_on_Health_Care_for_Underserved_Women/Health_Care_for_Pregnant_and_Postpartum_Incarcerated_Women_and_Adolescent_Females)

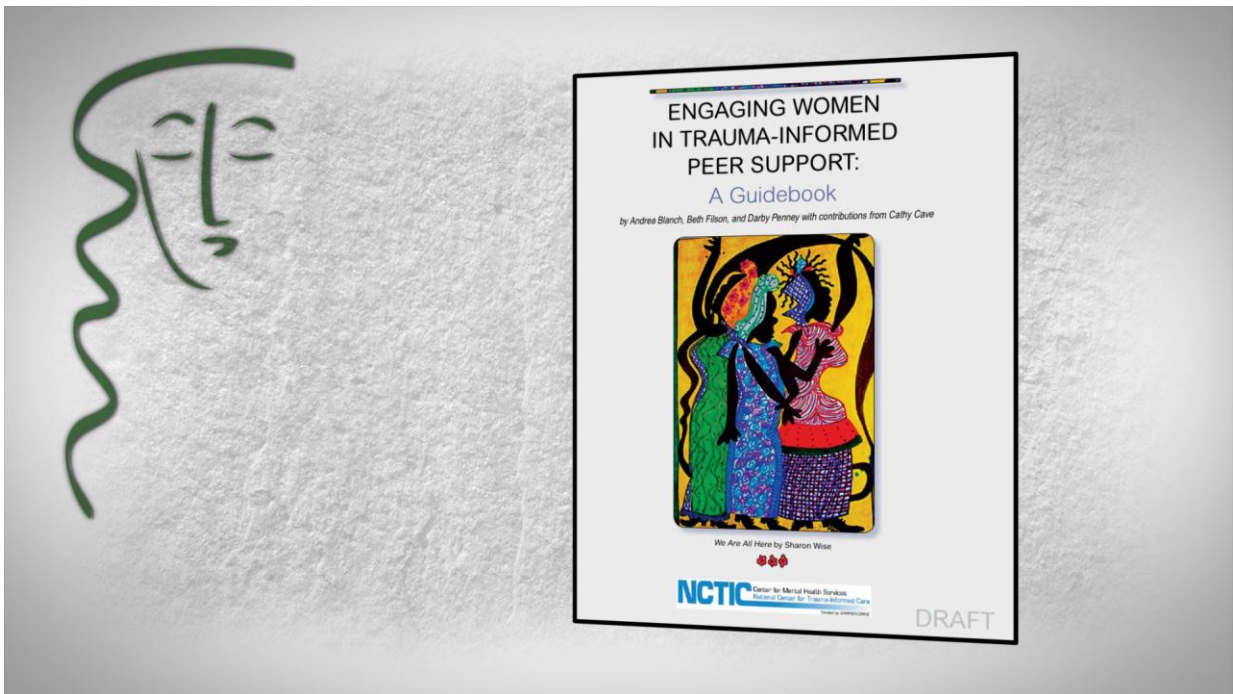
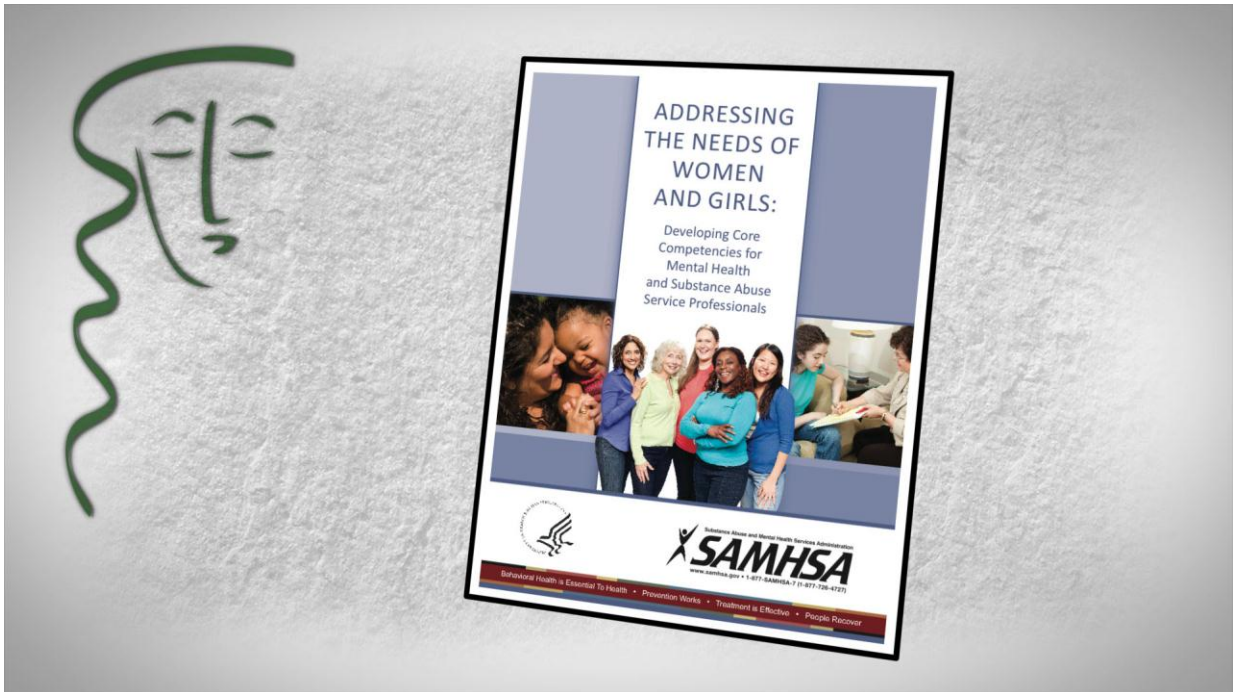
AMA - <http://www.ama-assn.org/ama/pub/news/news/2010-new-policies.page>

## Segment 4: Resources and Opportunities

### Objectives

- ✓ Identify resources that can inform efforts to address behavioral and ob/gyn health issues of justice involved women.
- ✓ Identify opportunities for improving outcomes for justice involved women.





## Additional Information

### *NIC Training:*

- Operational Practices in the Management of Women's Prisons

### *NIC Publications:*

- Gender-Responsive Strategies: Research, Practice and Guiding Principles for Women Offenders

### *NIC Online Resources:*

- [www.nicic.gov/womenoffenders](http://www.nicic.gov/womenoffenders)
- [www.cjinvolvedwomen.org](http://www.cjinvolvedwomen.org)
- NIC Information Center – <http://nicic.gov/informationcenter>

## Fourth Hour On-Site Discussion (Optional)

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Following the three-hour broadcast, site participants have the option of continuing the conversation with an on-site discussion.

### **Discussion Questions:**

- 1.** How should your organization be taking advantage of models that are available from outside entities such as ACOG, NCCHC, etc.?
- 2.** What may be some of the biggest barriers to improving access to appropriate behavioral and ob/gyn care?
- 3.** What is one simple strategy from today's broadcast that your organization could implement in the short term that would have a positive impact?
- 4.** What are some of your organization's values around addressing ob/gyn health issues with women offenders?