

## DEPARTMENT OF THE ARMY

## US ARMY INSTALLATION MANAGEMENT COMMAND HEADQUARTERS, US ARMY GARRISON FORT A.P. HILL 18436 4TH STREET FORT A.P. HILL, VIRGINIA 22427-3114

**IMPH-ZA** 

5 September 2012

MEMORANDUM FOR: USAG Fort A.P. Hill Employees

SUBJECT: Fort A.P. Hill Suicide Prevention and Awareness Program- Command Policy #37

- 1. Applicability. This policy applies to all military and civilian personnel assigned or attached to Fort A.P. Hill.
- 2. Proponent. Directorate of Training, Plans, Mobilization and Security (DPTMS).
- 3. Reference.
  - a. Army Regulation (AR) 165-1, Chaplain Activities in the United States Army, 3 Dec 2009.
- b. AR 600-63, Army Health Promotion, 7 May 2007, Rapid Action Revision (RAR) 7 Sep 2010.
  - c. AR 600-85, Army Substance Abuse Program (ASAP), 2 Feb 2009, RAR 2 Dec 2009.
- d. DA Pamphlet 600-24, Suicide Prevention and Psychological Autopsy,17 Dec 2009, RAR 7 Sep 2010.
- e. IMCOM Policy Memorandum 600-24, Suicide Prevention and Reporting Requirements for Investigations into Suicidal Behavior, 8 Jul 2010.
  - f. IMCOM Campaign Plan (IMCP) 2010-2017, version 4 Nov 2011.
- 4. Purpose. To provide supplemental guidance for staffing, training, reporting requirements and other responsibilities for the Fort A.P. Hill Suicide Prevention and Awareness Program in accordance with (IAW) IMCP version 4, Line of Effort (LOE) 1- Soldiers, Family and Civilian Readiness.
- 5. Policy.
- a. Background. IAW AR 600-63, Chapter 1, Para 1-5a, "The goal of the Army Health Promotion Program is to maximize readiness, war fighting ability, and work performance." Suicide prevention is the concern of every leader, commander, supervisor, Solider and Army

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civilian. This program supports the Army's goal to reduce the suicide risk for Soldiers and Family Members. The establishment of a coordinated program for suicide prevention at every installation is required IAW regulatory guidance.

- b. Suicide Prevention Program Manager (s) will:
- (1) Administer the suicide prevention program for both military and civilian workforce with the goal to reduce suicides.
  - (2) Serve as the presiding officer of the Suicide Prevention Program.
  - (3) Provide annual Suicide Prevention training to the Garrison.
- (4) Serve as the point of contact for program information and advisor to the Garrison Commander and mission partner organizations.
- (5) Integrate suicide prevention into Community, Family and Soldiers support programs as appropriate.
- (6) Coordinate with internal and external organizations to share information, trends, best practices, lessons learned and conduct annual training requirements.
- (7) Track and report the number of suicides, attempted suicides and Serious Incident Reports (SIR's) IAW IMCOM Policy Memorandum 600-24.
  - (8) Maintain FAPH Suicide Prevention hotline 24 hours, 7 days a week.
  - c. Suicide Prevention First Responder Counselors will:
- (1) Maintain 24/7 FAPH Suicide Prevention Hotline for employees, Soldiers and other visitors of FAPH.
  - (a) Assist employee with problem, using ACE procedures.
  - (b) Identify best method for employee to receive counseling services.
  - (c) Maintain employee confidentiality.
  - d. Supervisors will:
    - (1) Be viligenat and aware of possible signs of suicide of an employee.

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- (2) Offer assistance to employees in the form of FAPH Suicide Prevention Counselors, Employee Assistance Program (EAP), Veterans Center of Virginia (for Vets only), unit Chaplain,
  - (3) Allow employee to receive assistance during normal duty hours.
- e. Reporting. The Garrison Commander will notify the Commander, HQ IMCOM of all suspected suicides, suspected attempted suicides and expression of suicidal ideation. Notifications must be submitted via email with a courtesy copy to the Deputy Commanding General, Executive Director, Chris of Stagg, G-3, and Staff Judge Advocate.
- f. Responsibilities. Directors and Supervisors are responsible for integrating and synchronizing suicide prevention tactics and awareness. Seeking help should be seen as strength, not a weakness. Directorates should post listings of the available local and national resources and outreach programs on official bulletin boards.
- 5. Point of Contact for this policy is Suicide Prevention Managers, Susan Botkin ext# 8293 or 540-273-9353 or Ben Allen ext# 8175 or 540-273-9089.

Encl

PETER E. DARGLE LTC, AR

Commanding

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## **Suicide Prevention Resource Information**

Fort A.P. Hill Suicide Prevention Hotline, 540-273-9353/9089

National Suicide Prevention Hotline, 1-800-273-TALK (8255)

Chaplain, 202-685-4815

Employee Assistance Program, Fort Belvoir 703-805-5980

Family Life Center, Fort Belvoir 703-805-2742

Military One Source 1-800-342-9647

Substance Abuse, Fort Belvoir, 703-805-5991

Wounded Soldier and Family Hotline 1-800-984-8523

Veterans Center, Richmond (Vets only) 804-353-8958