

470 ABS/Housing Referral Office

– Conservation of Energy –

The following conservation measures should be followed by all occupants in the use of electricity and heat.

- Turn off all lights and other electrical appliances (kitchen ranges, television sets, irons, etc.) in living quarters and common use areas, such as laundry and drying rooms, the moment they are no longer in use.
- Disconnect transformers whenever possible, because they consume electricity even without an appliance being connected to them.
- Do not use kitchen ranges or portable heaters to supplement the heating.
- Turn on radiators only as required to provide necessary heat. Set back the temperature at night and during periods the quarters are unoccupied. When leaving quarters unoccupied for an extended period, leave only one or two radiators turned on (valve open $\frac{1}{4}$ turn or set on "1" or "2").
- Keep the quarters' temperature under 70 degrees Fahrenheit (21°C) whenever possible. Research shows, that the 65 – 70 degrees Fahrenheit (18° - 21°C) range is best for a feeling of well-being.
- Maintain a maximum bedroom temperature of 50 – 60 degrees Fahrenheit (10° - 15°C). Don't open windows wide, that the temperature drops to 30 – 40 degrees (-1° - 4°C), because it takes more fuel to warm up the room during the day. Air out rooms for 10 minutes only in mornings and afternoons.
- Keep windows shut except for occasional short periods for ventilation. Don't use windows to control the temperature. Turn radiators down or off instead of opening windows to reduce the temperature.