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NUTRITION CARE DIVISION
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL
OUR DAILY SPECIALTIES


//ORIGINAL SIGNED//

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10-Feb-2013	11-Feb-2013	12-Feb-2013	13-Feb-2013	14-Feb-2013	15-Feb-2013	16-Feb-2013
GREAT BEGINNINGS BREAKFAST MENU	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)
MON - FRI 0600-0900 WKNDS & HOLIDAYS 0700-1000	French Toast (V) Hash Brown Patties	Pancakes & French Toast (V) Home Fried Potatoes	Pancakes & French Toast (V) Hash Brown Patties	Pancakes & French Toast (V) Home Fried Potatoes	Pancakes & French Toast (V) Hash Brown Patties	Pancakes & French Toast (V) Shredded Hash Browns	French Toast (V) Hash Brown Patties
FEATURING: Breakfast Burritos & Sandwiches Made Fresh Daily	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Bacon Hot Links Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Sausage Corned Beef Hash Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Bacon Hot Links Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Sausage Corned Beef Hash Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Bacon Country Fried Steak Sausage Gravy/Biscuits	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits
PANINI OF THE DAY	Soup Du Jour	Tacchino Panini	Reuben Panini	Classic Panini	Chicken Parmesan Panini	Cuban Panini	Soup Du Jour
MID-DAY FARE LUNCH MENU	Beef Bulgogi Sweet and Sour Chicken	Tomato Florentine Soup Italian Wedding Soup	Chicken Tortilla Soup Chicken Tortilla Soup	Vegetable Beef Barley Soup Black Bean Veg Soup	Roasted Red Pepper & Gouda Soup Vegetable Garden	Clam Chowder Chicken Gumbo Soup	Cheese /Chicken Enchiladas Refried Beans (V)
MON - FRI 1100-1400 WKNDS & HOLIDAYS 1000-1400	Fried Rice Sauteed Cabbage and Carrots (V)	Spinach Lasagna (V) Meat Lasagna	Chicken Taco Salad Bowl Beef Taco Salad Bowl	Yankee Pot Roast WING WEDNESDAY BAKED POTATO BAR	Beef with Broccoli Sweet and Sour Pork Chop	Baked Chicken Quarters Baked/Fried Catfish	Spanish Rice (V) Mexican Corn (V)
FEATURING: FRESH GRILLED ITEMS WRAPS & DELI SANDWICHES	Midori Vegetables Spring Rolls (V) Assorted Desserts	Chicken Parmesan Breaded Mushrooms (V) Italian Baked Potato (V)	Baja Fish Tacos Spanish Rice Ranchero Beans (V)	Mashed Potatoes (V) Noodles Jefferson (V) Zucchini (V)	Chicken Adobo Jasmine Rice (V) Fried Rice	Barbecued Ribs Macaroni and Cheese (V) Red Beans and Rice (V)	Mixed Vegetables (V) Home-style Dinner Rolls Assorted Desserts
Try our Vegetarian (V) Options! 		Normandy Vegetables (V) Italian Green Beans (V) Garlic Bread Coconut Cream Pie	Sonoma Vegetables Chuckwagon Corn (V) Taqitos Xangos	Mixed Vegetables (V) Homestyle Dinner Roll Cheesecake	Asian Fried Cabbage Oriental Vegetables (V) Spinach Rangoon (V) Dutch Apple Pie	Collard Greens (V) Glazed Carrots (V) Biscuits Triple Layer Chocolate Cake	
DINNER DISHES EVENING MENU	Soup Du Jour Open Grill Veal Parmesan	Hot Specialty Soup & Chili Lasagna Tuscan Herbed Fish	Hot Specialty Soup & Chili Tacos Swiss Steak w/ Onions	Hot Specialty Soup & Chili Yankee Pot Roast Savory Baked Chicken	Hot Specialty Soup & Chili Beef with Broccoli Savory Herb Pork Roast	Hot Specialty Soup & Chili Barbecued Chicken Barbecued Ribs	Soup Du Jour Open Grill Bone in Ham
MON - FRI 1600-1800 WKNDS & HOLIDAYS 1530-1730	Buttered Noodles (V) Italian Green Beans (V)	Orzo (V) Stewed Tomatoes w/ Zucchini	Mashed Potatoes (V) Carrot Coins (V)	Au Gratin Potatoes (V) Steamed Green Peas (V)	Couscous (V) Green and Wax Beans (V)	Fire Roasted Sweet Potatoes Simmered Cauliflower	Sweet Potatoes (V) Broccoli Spears (V)
FEATURING: FRESH GRILLED ITEMS SALADS & DELI SANDWICHES	Sonoma Vegetables Breadsticks Assorted Desserts	Steamed Cauliflower Garlic Bread Coconut Cream Pie	Broccoli Spears (V) Wheat Dinner Roll Xangos	Bermuda Vegetables (V) Homestyle Dinner Roll Cheesecake	Glazed Carrots (V) Wheat Dinner Roll Dutch Apple Pie	Glazed Carrots Corn Bread Triple Layer Chocolate Cake	Mixed Vegetables (V) Home-style Dinner Rolls Assorted Desserts