

NUTRITION CARE DIVISION  
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL  
OUR DAILY SPECIALTIES

// ORIGINAL SIGNED//

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WEEK 3

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	17-Feb-2013	18-Feb-2013	19-Feb-2013	20-Feb-2013	21-Feb-2013	22-Feb-2013	23-Feb-2013
<b>GREAT BEGINNINGS</b> BREAKFAST MENU	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grist (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)
<b>MON - FRI 0600-0900</b> <b>WKND &amp; HOLIDAYS 0700-1000</b>	French Toast (V) Hash Brown Patties	Pancakes & French Toast (V) Home Fried Potatoes	Pancakes & French Toasts (V) Hash Brown Patties	Pancakes & French Toast (V) Home Fried Potatoes	Pancakes & French Toast (V) Hash Brown Patties	Pancakes & French Toast (V) Shredded Hash Browns	French Toast (V) Hash Brown Patties
<b>FEATURING:</b> <b>Breakfast Burritos &amp; Sandwiches</b> <b>Made Fresh Daily</b>	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Bacon Hot Links Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Sausage Corned Beef Hash Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Bacon Hot Links Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Sausage Corned Beef Hash Sausage Gravy/Biscuits	Bacon/Sausage/Turkey Bacon Chicken Fried Steak Sausage Gravy/Biscuits	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits

PRESIDENT'S DAY

<b>PANINI OF THE DAY</b>	Soup Du Jour	Soup Du Jour	<b>Reuben Panini</b>	<b>Classic Panini</b>	<b>Chicken Parmesan Panini</b>	<b>Cuban Panini</b>	
<b>MID-DAY FARE</b> LUNCH MENU	Baked Chicken Fried Chicken	Italian Meatballs Penne Pasata (V) Fried Zucchini (V)	Chicken Tortilla Soup <b>MONDO NACHO BAR</b> <b>MONDO BURRITO BAR</b> (Beef, Chicken, or Vegetable) Mexican Pork Loin Pepperjack Creamed Corn Zucchini and Red Peppers (V) Grilled Spinach (V) Warm Tortillas (V) Xangos	Beef Pot Roast Soup Black Bean Veg Soup <b>WING WEDNESDAY</b> <b>BAKED POTATO BAR</b> Braised Beef Tips w/ Noodles Baked Sweet Potato (V) Glazed Baby Carrots (V) Green Peas & Mushrooms (V) Wheat Dinner Roll Cheesecake	Egg Drop Soup Chicken and Wild Rice Chicken Teriyaki Sweet and Sour Shrimps Vegetable Lo Mein Jasmine Rice (V) Brown Rice (V) Japanese Stir Fried Veg (V) Garlic Gried Green Beans (V) Crab Rangoon German Chocolate Cake	Clam Chowder Hearty Bean and Ham Soup Fried/Baked Catfish BBQ Pulled Pork BBQ Chicken Quarters Sweet Potato Fries (V) Baked Beans Collard Greens w/ Ham Hocks Yellow Squash w/ Onions (V) Honey Corn Bread Lemon Shortcake	
<b>MON - FRI 1100-1400</b> <b>WKND &amp; HOLIDAYS 1000-1400</b>	Mashed Potatoes (V) Corn on the Cob (V)	Sicilian Vegetables (V) Garlic Breadsticks Apple Spice Cake					
<b>FEATURING:</b> <b>FRESH GRILLED ITEMS</b> <b>WRAPS &amp; DELI SANDWICHES</b>	Green Beans (V) Homestyle Dinner Rolls Assorted Desserts						
<b>Try our Vegetarian (V) Options!</b> 							

<b>DINNER DISHES</b> EVENING MENU	Soup Du Jour Open Grill Roast Turkey w/ Gravy	Hot Specialty Soup & Chili Baked Ziti Chicken Parmesan	Hot Specialty Soup & Chili Mexican Bake Baja Fish Tacos	Hot Specialty Soup & Chili Braised Beef Tips w/ Noodles Chicken Pot Pie	Hot Specialty Soup & Chili Grilled Pork Chop Chicken Teriyaki	Hot Specialty Soup & Chili BBQ Pulled Pork Baked Chicken	Soup Du Jour Open Grill Chicken Cordon Bleu
<b>MON - FRI 1600-1800</b> <b>WKND &amp; HOLIDAYS 1400-1730</b>	Mashed Potato (V) Broccoli Cuts (V)	Fire Roasted Potatoes Sonoma Vegetables (V)	Grilled Potatoes and Onions Broccoli Spears (V)	Twice Baked Potatoes (V) Green Beans (V)	Macaroni and Cheese (V) Grilled Cabbage (V)	Mashed Potatoes (V) Garden Vegetables (V)	Baked Sweet Potato (V) Yellow Squash (V)
<b>FEATURING:</b> <b>FRESH GRILLED ITEMS</b> <b>SALADS &amp; DELI SANDWICHES</b>	Sonoma Vegetables Homestyle Dinner Roll Assorted Desserts	Wax Beans (V) Garlic Breadsticks Apple Spice Cake	Midori Vegetables (V) Wheat Dinner Roll Xangos	Spiced Beets (V) Wheat Dinner Roll Cheesecake	Fire Roasted Apples (V) Homestyle Dinner Roll German Chocolate Cake	Succotash (V) Honey Corn Bread Lemon Shortcake	Sonoma Vegetables (V) Breadsticks Assorted Desserts