

## INFORMATION AND SUPPORT FOR OFF/OIF/OND VETERANS AND THEIR FAMILIES

Operation Enduring Families is a six session family education and support program for Veterans who have recently returned from a combat theater and their families.

We know that getting back together after deployments can be stressful for Veterans and their families. Operation Enduring Families offers both information and support. The goals of this program are to provide information on a variety of topics related to reunification after deployment such as improving family relationships, communication and intimacy, dealing with anger and reducing family stress as well as providing mutual support and encouragement. Education sessions on Posttraumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI) will also be offered.

Beginning July 10, 2012; groups will be held each Tuesday afternoon, from 2:30 p.m.-4:00 p.m. in Building 143, 1<sup>st</sup> floor, Room 1c-129Q. There is no charge for this program and no reservations are needed.

For more information about Operation Enduring Families, contact:

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