



**Readjustment Counseling Service**  
**Wichita Vet Center**  
251 N. Water St.  
Wichita, Kansas 67202  
PHONE: 1-888-878-6881 or (316) 265-0889  
FAX: (316) 265-0190



## ***Marriage Enrichment Group***

*The Wichita Vet Center will be hosting a new Support Group*

Do any of these statements apply to you?

- I don't know what has happened; we just don't seem to get along anymore.
- The romance is gone from the relationship.
- He/she is working all the time; we never spend any time together.
- I don't feel like he/she is in love with me anymore.
- The kids are feeling the tension in the air.
- We are fighting about all sorts of little things.
- We don't talk.
- He/she has had an affair.

The goal of this group is to provide education, and skills to significant others addressing the impact of PTSD on interpersonal relationships. Participants will learn to develop effective conflict resolution skills, including communication, and negotiation. Participants will be encouraged to help support one another in a caring environment. The Marriage Enrichment Group will be offered every other Tuesday, from 10:00-11:00 am.

Location:

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Check out the Vet Center website at [http://www.wichita.va.gov/Wichita\\_Vet\\_Center.asp](http://www.wichita.va.gov/Wichita_Vet_Center.asp)

Everything is confidential and one-on-one counseling also is available. Please see your individual Counselor for a referral prior to attending the first group session. If you are new to the Vet Center a screening interview is necessary. Remaining Group Dates for 2011: September 13, 27, October 11, 25, November 8, 22, & December 6, 20.