

# UP AND DOWN THE HILL

SERVING THE FORT A.P. HILL COMMUNITY

## Camp named for fallen post team member

by Jeremy Heckler  
*Fort A.P. Hill Public Affairs*

The Fort A.P. Hill community honored the life's work of one of its own June 2, as they dedicated Clark Camp.

The campsite, which served as a home for many youth organizations, was renamed after Kenneth Clark, a Fort A.P. Hill employee who worked at the waste water treatment plant for 16 years before succumbing to cancer last year. Clark devoted his life to his love of the Boy Scouts and to the history of the installation.

"He cared so much about the environment and the Boy Scouts," said Connie Clark, Clark's niece.

"His calling seemed to lead him to the dark and dusty rooms that held old pictures and documents from the days when the installation was a collection of family farms and small communities each with a history of their own," said Lt. Col. James Mis, garrison commander.

Mis said Clark volunteered his time as the museum curator here and would often open share artifacts and tell stories about each one. He also collected thousands of documents on Fort A.P. Hill's past.

More important than that was the connections he made with others. Mis said Clark regularly hosted

*(See Clark page 3)*



Jeremy Heckler

*Sgt. Jose De La Sierra, United States Military Academy MP Company, plots points during the land navigation portion of the Soldier and Noncommissioned Officer of the Year competition held here.*

## Fort A.P. Hill hosts NERO Soldier, NCO of the Year event

by Jeremy Heckler  
*Fort A.P. Hill Public Affairs*

It was all-West Point at the Installation Management Agency Northeast Region Soldier and Noncommissioned Officer of the Year competition held on Fort A.P. Hill May 22-25.

Spc. Jason Reese and Sgt. Jose De La Sierra from the United States Military Academy Military Police Company took top Soldier honors at the three-day event.

The event covered tasks vital to every Soldier, from physical fitness and weapons qualification.

"The board is designed to have tough, realistic warrior tasks designed to challenge Soldiers," said Command Sgt. Major Daniel Chavez, NERO command sergeant major.

Chavez said Fort A.P. Hill has always been the post of choice for the competition.

"The installation is a central location for NERO," said Chavez. "Also Fort A.P. Hill does its very best hosting the event."

Fort A.P. Hill team members spent most of the past month preparing

*(See Competition, Page 2)*

**"It is well that war is so terrible, or we should grow too fond of it."**

*-- Robert E. Lee*



Jeremy Heckler

Spc. Kay Royer, from U.S. Army Garrison, Fort Monroe, Va., applies camouflage as a judge in the background observes during the Warrior Training Task event.

# Competition

(Continued from Page 1)

ranges and training areas to ensure each competitor could focus solely on the task at hand, said Command Sgt. Major Roger Chase, Fort A.P. Hill.

The challenges for each warrior began on the first day with the APFT and rifle qualification events.

De La Sierra said his proficiency on the APFT gave him an early lead in the competition, which caused him to relax a little too much at the rifle range.

“After weapon qualification I kicked it up a notch and studied most of the night on my warrior tasks,” said De La Sierra.

The second day was more mental as the competitors took on warrior task training and day and night land navigation.

“Land navigation was really difficult for me because I had never done it at night before,” said Reese.

It was all down hill on the final day, which combined an oral board, written exam and essay.

Taking the title of Soldier and NCO of the Year was all about preparation. Reese and De La Sierra said they had two weeks to prepare for the competition. Reese said De La Sierra outlined a physical training plan so they would be ready for the APFT event on day one.

Reese said his girlfriend helped him everyday by reading him questions and making sure he studied. De La Sierra said his wife gave him time to study.

“If it wasn’t for my wife and daughter I wouldn’t be here,” said De La Sierra.

The title of NCO of the Year is special to De La Sierra because it reminds him of how far he’s come from his days growing up in Miami.

“I’ve been out on my own and it means a lot to be able to go and do things for my country and excel,” said De La Sierra.

For both Soldiers the goal is to win the Installation Management Agency competition scheduled to be held here in July.

# FEEDBACK: *What characteristic defines a winning team?*



“Cooperation. If you can’t cooperate as a group you can’t get anything done.”

David Vaughan  
Director of Emergency Services



“Cohesiveness. You have to be able to work together as a unit”

Louis Scott,  
IT specialist, DOIM



“By putting all thoughts and ideas in the open and determining a solution.”

Keith Brewer,  
anti-terrorism officer, DPTMS

# Macdonald assumes IMA command

by **Melina Rodriguez**  
Army News Service

FORT BELVOIR, Va. - The directorship of the U.S. Army Installation Management Agency changed hands May 30 in a ceremony on the front steps of Fort Belvoir's Abbot Hall.

Maj. Gen. Michael Rochelle relinquished the duties he's held since Nov. 1, 2005, to Brig. Gen. John A. Macdonald.

"I think [Rochelle] united the staff and encouraged everyone he met to give 100 percent," said Jack Anderson, director of religious education at IMA.

Rochelle, who has been in the military for 34 years, is leaving IMA to become the Army's Deputy chief of staff, G-1.

Lt. Gen. James Campbell, director of the Army staff, hosted the ceremony and introduced Rochelle and Macdonald.

"If one were to review all of the accomplishments of Maj. Gen. Rochelle they would see how he nurtured the

organization," said Campbell.

Rochelle's accomplishments are numerous. As IMA director, he was responsible for oversight of 179 Army installations. During his tenure, Rochelle oversaw a period of change which was marked by the common levels of support and the standard garrison organization, which contribute to more effective and efficient installations.

"He focused on resources and doing the right thing," said Arnie Cole, chief of Morale, Welfare and Recreation for IMA.

Rochelle expressed gratitude to the IMA employees who helped him achieve success.

"I am honored to have represented the colors of this agency," said Rochelle.

In his speech, Campbell looked to IMA's future under Macdonald with optimism.

"He is the ideal pick for IMA," said Campbell, "He has a general love for Soldiers and their families."

IMA employees look forward to working under Macdonald.

"He's been on the level of the people we're supposed to be taking care of," said Elaine Durden-Hunter, strategic planner with IMA. "He will bring a hands-on type of experience."

The ceremony ended with Macdonald's bright outlook for the future of IMA.

"I look forward to serving in this position," said Macdonald, who is joining IMA after serving as the commanding general of U.S. Army Community and Family Support Center. Before his assignment at CFSC, Macdonald served as the director of the Korea Region of IMA at Yongsan Army Garrison, South Korea, from July 2002 to December 2004. Macdonald is IMA's fourth director since it was established in October 2002.

Macdonald graduated from the U.S. Military Academy in 1979, and holds master's degrees from Central Michigan University and the Naval War College.



## Clark

(Continued from Page 1)

families who wanted to visit the site of their family's home or farm and helped organize the annual reunions held at the Mica Schoolhouse at the Heth campsite.

"Being a Boy Scout was dear to his heart," said Connie Clark.

Mis said Clark could sometimes be seen on weekends placing signs he had made with his own money directing scouts to the campsite.

His dedication to work continued even as his health started to falter. Mis said as he began to succumb to cancer he worked with a certain sense of urgency to ensure the many archives and historical artifacts he had compiled wouldn't be lost, but preserved for future generations.

For family members in attendance, Clark's greatest gift could be through

the many photographs he took of the installation that he saved for future generations.

"He covered a lot of the history of

the post and you could see more of it in his pictures," said Connie Clark. "Everybody will benefit from what he left behind in his pictures."



Jeremy Heckler

*Lt. Col. James Mis, post commander, helps unveil the sign designating Camp Clark with Ken Clark's relatives (From Left to Right): Brandon, Connie and Arthur*

# Cambodian immigrant becomes citizen, hero

by Rudi Williams

American Forces Press Service

HONOLULU, – Sarun Sar first experienced combat at age 11 in the jungles of Southeast Asia. He fought in several combat actions before being wounded and sent to a refugee camp near the Thai-Cambodian border.

Today, Sar is a decorated U.S. Army master sergeant who has been awarded the Silver Star Medal among other recognitions.

He was lauded earlier this month at an Asian-Pacific American Heritage Month commemoration in Honolulu.

Sar was born in a southwestern Cambodia village. His long trek to becoming an American combat hero was set in motion when he received an American visa and immigrated to the United States in 1980.

A Presbyterian church in Bethesda, Md., sponsored his visa, and he settled with a family from the church's congregation in Rockville.

The commemoration event's keynote speaker, David S. C. Chu, undersecretary of defense for personnel and readiness, said Sar and his family endured extraordinary tragedy. Pointing out that the 1960s and '70s were war-torn years in Southeast Asia, Chu said Sar's father -- Cambodian communists -- was imprisoned in Vietnam for subversion, and died from diseases he contracted while incarcerated.

"One older brother was caught smuggling weapons for anti-government guerrillas and was executed," Chu said.

When the Khmer Rouge took power in Cambodia, they instituted a radical program that included closing social institutions while relocating the population from urban to rural areas, Chu noted.

"Sarun's mother, two other brothers and a sister died of starvation," Chu said. "Many Cambodians fled across the border into Thailand seeking asylum and were transported to refugee camps. Some refugees, including a recuperated Sarun, were permitted to im-



Rudi Williams

*David S. C. Chu, undersecretary of defense for personnel and readiness, greets Army Special Forces Master Sgt. Sarun Sar and his wife, Dobromila, after introducing the Silver Star recipient to the audience during DoD's observance of Asian-Pacific American Heritage Month in Honolulu on May 10.*

migrate to the United States."

During an interview later, Sar said he didn't even know his birth date but believes he was 15 or 16 when he entered the United States. "I came through immigration people, and they gave me a birthday -- May 15, 1966," he said.

He said he joined the U.S. Army because he felt a need to serve his adopted country.

"I think we take it for granted that this freedom we're enjoying is always going to be here, and it's not," he said. "People dislike the military, but when they're in trouble they always come looking for us. So, as a citizen, we need to make an effort to serve and protect the freedom that we took for granted."

Sar became an American citizen in 1986 and served with the 1st Infantry Division during the Persian Gulf War in 1990. "We did a lot of reconnaissance, so I didn't see a lot of action," he said of that experience.

Sar graduated from the Special Forces Qualification Course at Fort Bragg,

N.C., in May 1992.

From that course, most Special Forces soldiers go to language school.

But Sar already spoke Khmer, the language of Cambodia, so he was sent straight to a team in 1st Special Forces Group.

As a member of the 7th Special Forces Group, Sar saw "a lot of action" in Afghanistan in 2003, he said.

On March 5, 2005, Sar was team sergeant and operations sergeant of Operational Detachment Alpha 732, a 12-man team that was conducting armed reconnaissance of a suspected insurgent shelter located about 9,000 feet above sea level on a ridge line in Afghanistan's Paktika province.

Sar said it was a cold, foggy morning with snow blanketing the ground as two UH-60 Black Hawk helicopters carrying his team approached the ridge to investigate enemy activity.

"When the first bird landed on the north side of the ridge, it received fire,"

*(See Immigrant, Page 5)*

# HEALTHY LIVING

●WELL BEING ●SAFETY

## Preparation vital as hurricane season arrives

by Stephen Donald Smith  
*American Forces Press Service*

WASHINGTON, – June marks the start of the hurricane season, and National Guard units along the Gulf and Atlantic coasts are prepared to respond.

“The most important thing we’re doing is taking all the lessons learned from the past two hurricane seasons and going over them to make sure we didn’t miss anything,” said Staff Sgt. Thomas Kielbasa, a Florida Army National Guard spokesman. “The best way to prepare is to go back and look at what we’ve done right and what we can do a little bit better, so when that Category 4 hurricane does come bearing down on Florida, we’re ready for it.”

Kielbasa said the Florida National Guard has responded to several major hurricanes over the past couple of years, including sending people to assist in 2005’s Hurricane Katrina relief efforts in Louisiana and Mississippi.

“The missions have included everything from search and rescue to ice and water distribution,” Kielbasa said.

Throughout the spring, Florida National Guard soldiers have offered free classes on hurricane preparedness to Florida high schools, he said, and have been working with other state agencies, such as law enforcement and department of health officials, to better coordinate relief efforts.

They recently examined a scenario where a terror attack and a hurricane occurred simultaneously. “Our job was to see what the Florida National Guard leadership and personnel can do to help the state out in that event,” Kielbasa said.

Defense Department officials stressed that if service members themselves live in an area affected by a hurricane, they should contact their command to report their status.

This will help eliminate undue concern, officials said.

In addition, the USAA, a financial

services and insurance organization serving military members and their families, recommends service members living in hurricane zones take a look at their homeowners insurance policies to make sure they contain flood insurance.

Most policies do not cover damage from flood or other surface water.

A separate flood insurance policy is required. A separate wind policy might also be necessary, USAA officials said.

“Two active hurricane seasons back to back sure got everyone’s attention. USAA wants to see that attention turn into action,” said Michael Kelly, USAA executive director of military communications.

“Act now by taking steps to protect yourself, your family and your property before a storm hits. Read your insurance policy so you know what it covers, and make sure you have the coverage you need. Thinking ahead is the No. 1 hurricane preparedness tip.”

## Immigrant

*(Continued from Page 4)*

he said. “I saw the whole thing because we were a few seconds behind them. We landed and leapt out of the helicopter, and I told my guys to follow me and started running toward the enemy.”

Sar cornered two insurgents who were trying to run away. “One guy dropped his weapon and started screaming at me,” he said. “I saw him running, and he wasn’t a threat to me so I didn’t engage him; I let him go.”

Sar then discovered that his team wasn’t right behind him and called for their help.

“So I had the enemy shooting over my head, and my team was shooting over my head,” he recalled. The team fought its way to Sar, and he and the team medic went after the enemy fighter, who was hiding in a structure.

“As soon as I opened that little door, he fired three shots at me from a distance of about six feet,” Sar said. “The first two shots missed. The third one hit the right side of my helmet and snapped it back. But we took care of him.”

Later, Sar said, it felt like he’d been hit in the head with

a hammer, but it only left a scratch and a bump on his forehead.

In another incident, Sar said he and another soldier were on a reconnaissance mission when they saw about 20 enemy combatants in a fighting position on top of a hill. “I chose to attack them,” he said. “But if it wasn’t for artillery support, my whole patrol would have been dead today. Artillery saved my butt a few times.”

Sar said his team did an outstanding job during that deployment, with 14 enemy gunfights --they initiated 13. His team conducted more than 300 patrols in eight months.

“I lost one of my men there, but the enemy paid with more than 63 bodies for that one guy,” he said.

Sar protested the attention paid to him during the Asian-Pacific Heritage Month commemoration.

“I came from Cambodia and I lost most of my family there, and nobody here can tell me what it’s like to lose freedom,” he said. “This country gave me so much and (my military service) is a small price to pay.

“I don’t see myself as a hero,” Sar continued. “The hero is my guy who is in the cemetery right now. He deserves it more. I did something I love to do, fighting and serving my country.”

# Army service uniform goes from green to blue

*Army News Service*

WASHINGTON -- Army service uniforms will be streamlined to one blue Army Service Uniform, the Army announced today.

"World-class Soldiers deserve a simplified, quality uniform. The blue Army Service Uniform is a traditional uniform that is consistent with the Army's most honored traditions," said Sgt. Maj. Of the Army Kenneth O. Preston.

"We have all of these variations of uniforms - green, blue and white," said Army Chief of Staff Gen. Peter J. Schoomaker. "It makes sense for us to go to one traditional uniform that is really sharp and high quality and which Soldiers will be very proud to wear. And that's what we've done by adopting this blue Army Service Uniform that reflects simplicity, quality, utility and tradition."

Many Soldiers already own an Army blue uniform and may continue to wear it.

Improvements will be made to the fabric and fit. Reduction of the number of uniforms will reduce the burden on Soldiers

for purchases and alteration cost.

Introduction in the Army Military Clothing Sales Stores should begin in fourth quarter of fiscal year 2007. Introduction in the Clothing Bag should begin first quarter 2009.

The Mandatory Possession Date is expected to be fourth quarter fiscal year 2011.

A wear-out date for the Army Green Class A and White dress uniforms will be determined at a later date.

The consolidation of Army service uniforms is part of a streamlining process. In 2004, the Army reduced the number of battle dress uniforms from three to one when it adopted the Army Combat Uniform in place of the Woodland Green Battle Dress Uniform (winter and summer versions) and the Desert Combat Uniform.

Army Blue as a uniform color traces its origins back to the National Blue and was first worn by Soldiers in the Continental Army of 1779.

Information about the blue Army Service Uniform and its composition is available at <http://www.army.mil/symbols/uniforms>.

## Civilian employee of the year

Nominations are open for the 2006 Fort A.P. Hill Civilian Employee of the Year awards. The competition is open to all Fort A.P. Hill civilian employees. There are three award categories.

**Employee of the Year Award (Category 1):** This award covers appropriated fund employees in grades GS-8 and below and non-appropriated fund employees in grades NF-3 and below. It does not include Federal Wage System Employees and non-appropriated fund employees performing trade and labor work.

**Employee of the Year Award (Category 2):** This award covers Federal Wage System employees and non-appropriated fund employees.

**Senior Employee of the Year Award (Category 3):** This award covers appropriated fund employees in grades GS-9 through GS/GM-13 and non-appropriated fund employees in grades NF-4 and 5. This person does not have to be a supervisor.

To nominate an employee a completed DA Form 1256 with supporting justification must be submitted along with supporting justification.

Nominations will be accepted until July 5. For more information or to submit a nomination contact Debbie Moore at 633-8326,



Jeremy Heckler

*Bentley Thompson, a Fort A.P. Hill police officer, his wife Cetina, daughter Allyson and son Bentley were presented with a certificate and AAFES coupon book by Installation Command Sgt. Maj. Roger Chase, for having the May Yard of the Month. Chase inspects the homes front and backyard before selecting the yard of the month.*

### Winner of the 2005 Liberty Bell Award for best newsletter in the Installation Management Agency

UP AND DOWN THE HILL is an authorized publication for members of the U.S. Army. Contents of this publication are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or Headquarters, Fort A.P. Hill. This newsletter is published biweekly by the Public Affairs Office, Fort A.P. Hill, Virginia, 22437-3114. The printed circulation is 350. For information about this publication, call (804) 633-8120 or e-mail: [jeremy.heckler@belvoir.army.mil](mailto:jeremy.heckler@belvoir.army.mil).

Commander: Lt. Col. James M. Mis

Deputy to the Commander: Charles A. Munson

Public Affairs Officer: Ken Perrotte  
Editor: Jeremy Heckler

# RECREATION

● TRAVEL ● COMMUNITY ● SPORTS

## Summer fun for everyone at A.P. Hill

Fort A.P. Hill's Directorate of Morale Welfare and Recreation has a number of events planned for fun for the whole family all summer long. Registration for all events can be done at the Community Activities Center.

### June

June 14: Army Birthday 5K Run

June 17: Family Float and Film

A showing of Jaws will held at the post swimming pool. Admission is free.

June 19-23: Beginner swimming lessons

June 19 - August 18: Kids Camp Begins



File photos

*A child shoots baskets during last year's Kids Camp. This year's camp starts June 19 and will go through August 18 here.*



*Take a summer weekend away with a cabin on Travis Lake.*

### July

July 10-14: Advanced Swimming Lessons.

July 10: Beat the Heat Pool Tournament

July 21: Army Ten-Miler Tryouts

### August

Aug. 5 : Elvis Outdoor Movie Night

Aug 7-11: Beginner Swimming Lessons

Aug. 9: Dollar Day Menu at Tucker's Tavern

Aug. 19: Outdoor Movie Night

### MWR facilities summer hours

#### Community Activities Center

Mon.-Fri. 5:30 a.m. to 8 p.m.

Sat. and Sun. 8 a.m. to 6 p.m.

#### Pool hours

Mon.-Fri. 10 a.m. to 6 p.m.

Sat and Sun. 10 a.m. to 6 p.m.



For more information about MWR events or how to participate contact 633-8219