Volume 41, Issue 2 March 2, 2006 **Up and Down the Hill**

SERVING THE FORT A.P. HILL COMMUNITY

Looking at the past, moving forward

by Jeremy Heckler Fort A.P. Hill Public Affairs

Looking at the past in order to work toward the future was at the heart of this year's Black History Month celebration.

Members of the Fort A.P. Hill community came to the Longstreet Camp Dining Facility Feb. 22 to share parts of African-American culture and learn more about their accomplishments.

This year's celebration included displays dedicated to those who fought for equal rights. The displays honored Rosa Parks who passed away in October and Coretta Scott King who passed away earlier this year. Parks was a symbol for the civil rights movement for refusing to give up her seat on a Mont-

(See History, Page 2)



Jeremy Heckler

Raymond Hosey, Troop Issue Subsistence Activity, DOL, looks at a display dedicated to Coretta Scott King during the Black History Month celebration held at Longstreet Camp Feb. 22.

Hoague takes over as A.P. Hill's top cop

by Jeremy Heckler Fort A.P. Hill Public Affairs

Fort A.P. Hill's police chief believes that demonstrating professionalism is the key to providing the men and women on post with security and peace of mind.

Travis Hoague, the post's top cop took charge earlier this month and is at the head of a team of professionals dedicated to protecting Fort A.P. Hill.

Hoague, 48, was born in Georgia and enlisted in the Army as a military police officer. His military career took him all over the world where his duties ranged from protecting generals to serving as a member of the Army's Criminal Investigation Division before he retired in 2001. After retirement from active duty, Hoague returned to government service, as an investigator.

His most recent position took him to Fort Greely, Alaska, where he served as the installation's deputy provost marshal. It was a chance at personal and professional growth that brought him to Fort A.P. Hill.

Hoague, a grandfather of seven, said he envisioned coming to the post as a way to get closer to family as well as continue to grow as a police officer.

"I looked at the opportunity to come to A.P. Hill as a way to further my education and demonstrate my leadership abilities," said Hoague.

He added that the Fort A.P. Hill community is very similar to the one in Alaska.

Both are small communities and places where everyone is friendly. Everyone has been helpful and made his transition as seamless as possible, he said.

"From the time I entered the gate at A.P. Hill, people were more than willing to guide me in the right direction of where I needed to go," said Hoague. "The ones I met were more than willing

(See Chief, Page 3)

"Freedom is never voluntarily given by the oppressor; it must be demanded by the oppressed." -- Martin Luther King, Jr.

Black History Month Viewpoint Those who made history without fanfare

by Spc. Chris Stephens Army News Service

CAMP RED CLOUD, Korea -- We have all heard the stories of Martin Luther King Jr., Jackie Robinson, Frederick Douglass, Harriet Tubman and Booker T. Washington.

No doubt each of these people deserves a place in history. They each fought for a cause and ultimately changed the face of our nation.

But, I want to take a look at some African-Americans who don't receive headlines like those above. These people have also made an important contribution to history. They're just not as widely known as they should be.

Carney earned Medal of Honor

Sgt. William H. Carney was the first African-American to receive the Medal of Honor. He was awarded it for his actions on July 18, 1863 at Fort Wagner, S.C. while he was a member of the 54th Massachusetts Regiment in the Civil War. During the battle, Carney noticed that the man carrying the American flag was wounded. So Carney bravely rescued the flag and carried it for him.

He delivered it safely to his regiment and reportedly shouted, "Boys, the old flag never touched the ground."

The movie *Glory* depicts the struggles and hardships members of the 54th endured during the Civil War.

Davis pioneered path for pilots

Next is Benjamin O. Davis Jr., who was shunned at West

History

(Continued from Page 1)

gomery, Ala., bus to a white patron in 1955. Her refusal led to the Montgomery Bus Boycott and the eventual integration of buses.

King was the widow of Martin Luther King, Jr., a leading figure in the civil rights movement. After her husband's death in 1968, King continued his work and his memory.

As the attendees sat for lunch, the Fort A.P. Hill singers began the festivities with a sampling of gospel music. Those in attendance sampled a wide variety of traditional African American dishes, from fried chicken to corn pudding.

After lunch, the keynote speaker, Col. Gwendolyn Bonéy-Harris, deputy director, Northeast Region, Installation Management Agency, encouraged those in attendance to look into the past and move forward into the future.

"One trait of both pioneers and visionaries is that both trailblazers continued a legacy of excellence," said Bonéy-Harris.

Bonéy-Harris interspersed details of her own life with historical accomplishments by several African-Americans, including Dr. Bernard A Harris, Jr., the first African-American astronaut.

The idea of moving forward in the face of adversity resonated with many in attendance.

"Colonel Bonéy-Harris spoke of not letting anything get you down and how she had hardships and when they came she just picked herself up and moved forward," said Benjamin Allen, Training section, DPTMS.

Allen said knowing and understanding black history helps him and others set their goal for the future.

"Black history is important because it is our past," said Allen. "It lets us know

Point for four years. Other cadets would only speak to him for official reasons. He had no roommate and ate his meals in silence. Those who caused this shunning had hoped to drive Davis from the academy, but their actions only made him more determined to succeed.

He graduated 35th out of 276 in the class of 1936. Upon graduating, he became one of only two African-American line officers in the Army at the time – the other was his father, Benjamin O. Davis Sr., who was also the first African-American to attain the rank of general.

The younger Davis was one of the first five African-Americans to graduate from training at the Tuskegee Institute, Ala., and become pilots in the Army Air Corps.

He later commanded the 332nd Fighter Group during World War II. While based in Italy, the group flew more than 200 bomber escort missions. Through all of the missions, the 332nd never lost one bomber to enemy fire.

Many more made history

These are only two of a handful of African-Americans who created history in our country. There are so many more people who completed famous firsts. For instance, Vanessa Williams became the first African-American Miss America in 1984; Hattie McDaniel was the first African-American to receive an Oscar for her supporting role in Gone With the Wind.

Many more made contributions that have helped make our country what it is today.

how far we have come as a people and what we still need to strive to accomplish."



Jeremy Heckler

Earl Neville of DOIM plays the guitar for the Fort A.P. Hill singers at the Black History Month celebration.

Chief

(Continued from Page 1)

to offer any help and any advice to me as far as places to go and things to do. I felt very welcome."

While there are many similarities between Alaska and Virginia, Hoague said there are quite a few differences.

"Around here I can go two miles to a McDonald's, and before I had to go 86 miles one-way to make it to McDonald's," said Hoague. "In Alaska, the nearest town was 110 miles away."

Now as chief of police, Hoague said each day provides its own new adventure.

"Every day is a different challenge as far as a law enforcement mission," said Hoague.

He said sometimes law enforcement officials need to think like a criminal or a terrorist and how they would try to penetrate the post. By better understanding the criminal mind, Hoague said law enforcement can better protect the post.

He added that professionalism is the key for every police officer on post.

"My guidance to all of our police of-

ficers is to look professional, be professional and act professional," said Hoague.

"If they will be looked on as being professional in law enforcement, they will have

the trust of all the personnel who live here and work here.'

He said the police officers here are already active in engaging the public and looking out for anything that seems suspicious.

Hoague said they react quickly if they observe an unlawful act. The work

of the officers here on Fort A.P. Hill makes it more difficult for anyone to enter the post illegally and discourages any potential criminals on post. He said a vendor "We need the support

cently came to the gate unannounced and was denied access to the installation.

in addition to not having an appointment,

also had a weapon visible in his vehicle that the officer noticed. The officer then followed proper procedure to prevent the person from gaining access to the post.

Hoague said everyone can help law enforcement on post by being alert for anything or anyone that is out of place.

He said that he is accessible and that people shouldn't be afraid to approach

"If there is any information they would like to tell me or just to talk know that my time is their time," said Hoague.

He said meeting people provides a way for him to find out how he can better serve the community.

"We want the public to know they can count on us when things are needed to be done to report any suspicious activities or when someone is driving drunk, to give us a call," said Hoague. "We need the support of the installation, the employees as well as the people who live here to better protect them."

He said the business of the police department is to put criminals out of business.

"When our business is good, the criminal's business is bad," said Hoague.

Winner of the 2004 Keith L. Ware Award for best newsletter in the Department of the Army

UP AND DOWN THE HILL is an authorized publication for members of the U.S. Army. Contents of this publication are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or Headquarters, Fort A.P. Hill. This newsletter is published biweekly by the Public Affairs Office, Fort A.P. Hill, Virginia, 22437-3114. The printed circulation is 350. For information about this publication, call (804) 633-8120 or e-mail: jeremy.heckler@belvoir.army.mil. Commander: Lt. Col. James M. Mis

Deputy to the Commander: Charles A. Munson

Travis Hoague, Fort A.P. Hill's new police chief, observes operations with desk officer, Carlos Collins in the dispatch office.

him for any reason.

re-

people who live here to better protect them." The vendor. -- Travis Hoague, Chief of Police, DES



PAGE 3

Public Affairs Officer: Ken Perrotte Editor: Jeremy Heckler

of the installation, the employees as well as the

New changes to SGLI, death benefits

by Steven Chucala Fort Belvoir Staff Judge Advocate's Office

The Defense Supplemental Appropriations Act enacted May 11, 2005 provides significant changes concerning benefits paid as a result of death or injury. Following is an overview of the changes:

Death Gratuity

Gratuities payable for deaths resulting from wounds, injuries, or illnesses incurred in an operation or area designated as a combat operation or zone will increase to \$100,000. Retroactive payment of \$88,000 for death due to the same causes in the theater of operations of Operation Enduring Freedom or Operation Iraqi Freedom on or after Oct. 7, 2001, will be paid retroactively to the beneficiaries who received the original lower death gratuity payment.

The changes to the death gratuity are effective May 12, 2005 and were to terminate on Sept. 30, 2005. Congress continued the increased death gratuity in the 2006 Defense Appropriation Act.

Servicemen's Group Life Insurance:

Monetary coverage is increased to \$400,000 and the lesser coverage increment is increased from \$10,000 to \$50,000. Beneficiaries of soldiers having the prior \$250,000 coverage that died from

wounds, injuries or illness incurred in the theater of operations of Operation Enduring Freedom or Operation Iraqi Freedom on or after Oct. 7, 2001, will receive a retroactive payment of \$150,000.

This is an appropriate time to advise Soldiers that your Legal Assistance attorneys can prepare Testamentary Trusts within your Last Will and Testament that may receive the SGLI payments for safekeeping, investment, and distribution as you desire for your children since direct payments of SGLI are not made to minors and will otherwise require court intervention to appoint a custodian of their funds, etc.

After creating the trust within a will, the soldier then executes a new SGLV 8286 election form at his/her personnel section using the language provided by their attorney.

Spousal Consent:

The new law requires notice and consent by a service member's spouse if the service member elects not to be insured or to be insured in less than the maximum dollar amount.

Similarly, single members who elect not to be insured or to be insured for less than the maximum dollar amount must give notice to any person designated by the member as a beneficiary or as the member's next of kin for the purpose of emergency notification.

Married service members may not modify their

beneficiary designations without written notice of the modification to the spouse. The SGLI changes are effective Sept. 1, 2005.

Traumatic Injury Rider:

In addition to the SGLI death payment, a rider is established, effective Dec 1, 2005, for traumatic injuries for all

1, 2005, for traumatic injuries for all service members covered by SGLI that provides a payment of no less than \$25,000 and no more than \$100,000 for certain traumatic losses incident to duty.

A schedule will be published that provides specified payments for each qualifying traumatic injury. The cost of this rider is one dollar a month added to the SGLI premium regardless of the amount of SGLI coverage.

The monthly SGLI premium for \$400,000 is \$26. Additionally, service members who incurred qualifying traumatic injuries between Oct. 7, 2001 and the effective date of Dec. 1 2005, of this provision as a direct result of duty in Operation Enduring Freedom or Operation Iraqi Freedom are eligible to receive traumatic injury benefits. For more information on death benefits, contact Jeanette Mendy at 1-800-237-1336 or **tsgli@hoffman.army.mil**



Hails

Fort A.P. Hill welcomes the following new employees:

- Travis Hoague, police chief, DES
- Michael Horton, police officer,
- DES
- Richard Farley, firefighter, DES
- Jimmy Snowden, firefighter, DES
- Charles Sullivan, firefighter, DES
- Jeremy Heckler, writer-editor, PAO

Promotions

• William Prescott, from firefighter (Basic Life Support) to firefighter (Intermediate Life Support), DES Farewells

• Bob Estes, environmental management coordinator, DPW is leaving for a position with the Virginia Department of Environmental Quality.

• Spc. Cindy Velazquez, DPTMS, is

transferring to Korea.

Family Members

• Timothy Ryan, DPTMS Range Control, is the proud grandfather of a baby girl, Lydia Ryan, born Jan. 30 to mother Juni Ryan and father Steve, who is serving with Company A, 1st Battalion, 506th Infantry Regiment, 101st Airborne Division (Air Assault) in Iraq.



HEALTHY LIVING

DoD restricts cell phone use on military bases

Fort A. P. Hill finalizing local policy on mobile phones

by Sgt. Sara Wood American Forces Press Service

WASHINGTON, - Defense Department installations have begun implementing new cell phone restrictions for drivers on military bases.

The new regulation, published in the Federal Register in April 2005, states that anyone driving a motor vehicle on a Department of Defense installation cannot use a cell phone unless the vehicle is safely parked or the driver is using a hands-free device.

Many installations already have implemented the new restrictions, and the rest will implement the rules on their own schedule, said John Seibert, assistant for safety, health and fire protection for DoD.

There is no deadline for installations to implement the restrictions, Seibert said, but he expects most will do so this year.

The law enforcement policy offices for each military department are putting together policies and procedures for the implementation and enforcement of the restrictions, Seibert said.

"We're currently in the process of integrating DoD policy into the post traffic policy," said David Vaughn, director, Fort A.P. Hill Department of Emergency Services. "When it is integrated we will provide that information and give an initial grace period to offenders."

Vaughn said the directorate will work with the Directorate of Public Works to place signs to inform newcomers unfamiliar with the post's new policy.

Seibert explained that this regulation is a minimum requirement, and installation commanders still have the authority to put stricter rules in place. Each installation will determine the punish-



Jeremy Heckler

Talking on a cell phone and driving as Jesse Clements, DPTMS, is doing, will soon be restricted on Fort A.P. Hill as part of a new Department of Defense and post policy.

ment for violation of the rules, he said.

As the installations implement the restrictions, they have a responsibility to notify the public by putting up signs or putting notices in base newspapers, Seibert said. Many installations are allowing a grace period in which motorists in violation of the rule will be warned and not ticketed.

This regulation was developed based on information from the National Highway Traffic Safety Administration, which studied driving distractions as the cause of motor vehicle accidents, Seibert said.

The study found cell phone use is the fastest growing and most visible distraction that leads to accidents, he said.

According to the NHTSA, in 2005 rate there were 974,000 vehicles on the road at any given daylight moment being driven by someone on a hand-held phone.

Six percent of those drivers on the road put their cell phone to their ear to talk and have the potential to be distracted while driving.

The DoD regulation follows suit with many regulations that states and cities have already imposed. Currently only Connecticut, New York, New Jersey and the District of Columbia ban handheld cell phones for drivers.

In addition to state laws, many cities have imposed their own rules, according to the Governors' Highway Safety Association.

This cell phone regulation will increase traffic safety on installations and encourage safe driving habits, Seibert said

"Our intent is that this will drive an increased attention to the importance of safe driving and that we'll see a change in driving behavior, both on military installations and off," he said.

Fort A. P. Hill begins annual AER campaign

by Jeremy Heckler Fort A.P. Hill Public Affairs

The Army Emergency Relief Fund Campaign for 2006 kicked off on Fort A.P. Hill March 1.

The fund raising drive is scheduled to last until May 31.

"Army Emergency Relief is a way for the Army to take care of its own," said Debbie Moore, Directorate of Human Resources.

AER provides loans and grants to Soldiers and their family members who have a valid financial need, said Moore. Since the AER's creation in 1942 the fund has provided over \$940 million in assistance. Soldiers and their families do not have to contribute to receive assistance.

Participation is solely voluntary, said Moore. The organization solicits donations solely from active duty Soldiers and retirees, however, civilian employees are encouraged to participate and contribute.

Contributions may be made by allotment, cash or check. Allotment contributions can be made over a 12-month period. For more information or to donate to AER, contact Moore at 633-8326.

DoD launches new domestic violence awareness campaign

by Sgt. Sara Wood American Forces Press Service

WASHINGTON, – The Defense Department Feb. 23 launched a national program to increase awareness among service members and their families about domestic violence.

DoD is partnering with the National Domestic Violence Hotline for the campaign, which is themed, "Take a stand against domestic violence."

The campaign is designed as an intervention message to educate service members and their families about domestic violence and connect them to the 24-hour-a-day hotline, said Gail McGinn, who is performing the duties of the principal deputy undersecretary of defense for personnel and readiness.

"It is an effort to focus the whole country on domestic violence issues," McGinn said. "We want to make sure that people have the opportunity to stop and think about domestic violence and highlight that as an issue in society as well as in the military."

Educational materials about domestic violence will be distributed at military installations and in key public places in surrounding civilian communities. As part of the campaign, public service announcements will be distributed in military media outlets. Domestic violence is a significant issue in DoD, as it is in society as a whole, McGinn said.

The department already has an active program to address the problem of domestic violence, including support and counseling services, she said, and a task force has studied the issue and made recommendations about how to improve that program.

As a result of those recommendations, DoD has revised some of its policies and put new training programs in place, she said.

"We've been fortunate that in the past two years we haven't had any instances of domestic violence but nonetheless we will look at providing awareness training to increase awareness," said David Vaughn, Directorate of Emergency Services director.

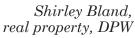
The National Domestic Violence Hotline provides access to domestic violence programs in the U.S., Puerto Rico and the U.S. Virgin Islands. The hotline provides crisis intervention, information and referral to victims of domestic violence and their friends and families 24 hours a day, 365 days a year, in more than 140 languages, with a teletypewriter line available for the disabled.

The hotline's phone number is 1-800-799-SAFE (7233), and the TTY line is 1-800-787-3224.

FEEDBACK? How can people save energy in the workplace?



"Turn off the parts of the computer that you can turn off (at the end of the day)."





"We can keep the doors closed to help keep the heat inside."



"We can be mindful of turning off the lights when we're not in the workplace."

Nateline Acors, cashier, AAFES Hashmel Turner, motor vehicle operator, DOL

RECREATION

Post volleyball season ends on positive note

by Jeremy Heckler Fort A.P. Hill Public Affairs

The Fort A.P. Hill volleyball season ended Feb. 23 with teamwork, determination and camaraderie.

At the beginning of the evening, three teams had a shot at the post title with two needing three wins to claim the title. The Directorate of Plans, Training, Mobilization and Security did just that.

DPTMS first defeated the Caroline County Sheriff's Department. They then bested the Directorate of Public Works, which sent them to the loser's bracket the day before.

"We didn't see winning three matches as an obstacle," said Mike Ulrey, DPTMS. "We were just out there playing for fun."

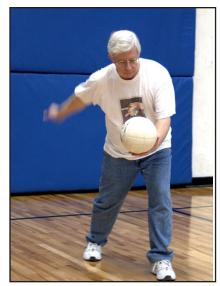
The team put it together against the sheriff's department, scoring a 21-13, 21-15 victory. The next opponent for DPTMS was Public Works, who entered the finals with an undefeated tournament record.

"We knew they could beat us on any given day as much as we could beat them," said Jesse Clements of DPTMS.

"We have a great rivalry with DPW and neither side wants to quit or give in," said Keith Brewer, Sr., DPTMS.

Public Works showed their toughness early on, fighting for every point against a warmed-up DPTMS team. Public Works would come up short in the first game 21-13.

The folks from Public Works continued to work hard, but DPTMS continued to push back, taking the second game 21-15 to win the match. The win forced a second match. In the double-elimination tournament, a team must lose



Hank Hanrahan, DPTMS winds up for a serve.

two matches to be knocked out of the tournament.

Public Works came back from the break on fire, turning the tables on DPTMS and winning the first game 21-12.

"We started slowing down in the first match," said Keith Brewer, Jr., DPTMS. "As the game when on we started speeding up."

The two teams continued to fight it out in the final two games. DPTMS got



Photos by Jeremy Heckler

Karen Mountjoy, DPW, digs for the ball in the finals of the post volleyball tournament against DPTMS. DPTMS downed DPW to claim the volleyball title.

the upper hand, winning 21-16 and 21-18 to close out the match and the championship.

"When were down 17-10, I started to get my serves down and we got a couple of good bounces, I knew we could get it from there," said Clements.

"I think there were two good teams competing with one another and one team was won over the other," said Ben McBride, DPW. "DPTMS has a great team, but so does DPW. DPTMS was in their groove, and they pulled off a victory."

The finals were a culmination of each of the four teams' growth over the course of the year.

"This season wasn't about winning or losing, it's about camaraderie and fellowship," said Lt. Col. James Mis, garrison commander.

Mis said each directorate had a rotating group of players come out for a match. Mis's Combined Team, made up of several directorates, had a new set of faces for each game. Many of the teams came together, changing from a group of individuals to a tight unit that improved as the season went along.

"You could see with all four teams that everyone got so much better over the whole season," said Clements. "Everyone definitely improved."

More than anything else the season was about fun.

"I really enjoyed it and hope everyone else did as well," said McBride.

News Notes

Fishing competition on post



The Fort A.P. Hill Adult and Youth Fishing Tournament is scheduled March 11 at Beaver Dam Pond from 8 a.m. until 3:30 p.m.

The cost is \$10 per person and includes a one-day post trout permit. Competitors need to have a state fishing license and a post fishing license in order to compete.

Prizes will be awarded for the first, second and third based finishers based on the weight of their fish. To register, contact Game Check at 633-8324.

Fort A.P. Hill yoga classes

Interested in Yoga? Classes will be after duty hours. Call the Community Activities Center for more information or to sign up. 633-8219/8257

Pool tournament March 13

The St. Patty's Pool Tournament is scheduled for March 13 at 4:30 p.m. at the Community Activities Center. Prizes will be awarded to the first and second place finishers. The event is open to all authorized MWR patrons 18 and over.

Those who wish to enter the tournament must pre-register by March 10. For more information call 633-8219.

Fort A.P. Hill legal assistance

Legal assistance, provided by the Fort Belvoir office of the Staff Judge Advocate, will be on post March 28. The service is open to active duty, Reserve, National Guard, retirees and dependents.

To make an appointment or for more information, call Katrina Hunter at 633-6797.

Tips for saving Army Energy

Turn off lights when not needed.

On bright, sunny days consider opening the blinds and using natural light instead.

Make sure windows and doors are closed when heating or cooling systems are operating. Minimize the use of personal fans or space heaters. In general, these should only be used when the primary system has failed or is unable to maintain the proper temperature.

Comply with Army guidelines for temperature settings, heat should be set at 68 degrees and cooling at 76 degrees.

Check around your area at the end of the day to make sure lights, radios, fans and other equipment is turned off. One exception would be your computer, these must remain powered up for information assurance reasons, however, the monitor and speakers can be turned off.

Tax preparation assistance

Tax preparation assistance will be available to service members, dependents and retirees every Tuesday from 9 a.m. to 3 p.m. in the basement of the Dolly Hill Guest House.

The tax assistant, Petty Officer 1st Class John Duck, will help prepare and transmit tax returns on the spot.

Those who need assistance with preparing their taxes should bring copies of their W-2, military ID card and any other tax forms that they need. If filing jointly, spouses need to be present.

Tax assistance is by appointment only. To make an appointment or for more information, call Katrina Hunter at 633-6797.

ITR offers fall trip to Italy



The National Security Agency, Indian Head ITR Office offers visitors the world, or at least a great part of it with his fabulous tour of Italy's greatest cities. Oct 30 through Nov 7.

Travelers visit Rome, Venice, Pisa, Florence & Verona and see all the wonders of Italy.

The cost is \$1,950 per person for a standard room or \$2,025 per person for the deluxe upgrade.

The price includes: round-trip airfare from Dulles to Rome: the service of a professional tour manager; and eight days and seven nights in a first class hotel. Guests can also sample seven buffet breakfasts and two dinners, including a welcome dinner.

Visitors will also be able to take guided trips to St. Peter's Basilica, the Vatican Museum, Sistine Chapel and many other popular attractions.

For more information, call 301-744-4850.

Post fitness fair March 20

The Directorate of Morale, Welfare and Recreation will be hosting a day of physical fitness at the Community Activities Center March 20 from 8 a.m. to 4:30 p.m.

Attendees can participate in a variety of events from a 5K fun run to a 3-on-3 basketball tournament. There will also be a contest to determine the strongest man and woman on post as well as Fort A.P. Hill's Biggest Loser.

In addition to the competition, there will be booths to check blood pressure and cholesterol.

A free lunch will also be served. This will be considered place of duty for the day.

For more information on the fitness fair call 633-8129.