

# UP AND DOWN THE HILL

SERVING THE FORT A.P. HILL COMMUNITY

## Fort A.P. Hill celebrates Earth Day

by Jason B. Cutshaw  
*Up and Down the Hill*

Members of the Fort A.P. Hill community got back to nature Friday as they celebrated the 37th anniversary Earth Day at Romenick Hall.

Visitors witnessed exhibits and demonstrations, and participated in ongoing environmental projects originating on Fort A.P. Hill, while learning how humans have impacted the local area.

They also learned what can be done to help the natural environment.

“Because human activities can have negative consequences on the environment, knowledge of former historical and prehistoric land-use patterns can allow for better land management practices,” said John J. Mullin, Fort A.P. Hill cultural resource manager.

“Ultimately, environmental conservation requires this type of land-use information to better manage both natural and cultural resources,” he added.

The displays at Romenick Hall helped inform the public of Fort A.P. Hill’s programs to help with forestry, recycling, environmental noise management archaeology along with its efforts to document and preserve environmental conditions of the post.

“Fort A.P. Hill’s Earth Day event is indicative of our excellent environmental program,” said Lt. Lt. Col. Michael S. Graese, Fort



*Children learn how to make pine cone bird feeders Friday at the Fort A.P. Hill Earth Day event. (Photo by Jason B. Cutshaw)*

A.P. Hill commander. “We realize what a fragile environment we live and work in, and do all we can to ensure we sustain the land for years to come.”

After spending time learning about local ecosystems, several participants planted trees to help the environment and give something back to “mother nature.”

“Planting these trees for future generations is what Earth Day is all about,” said Megan Davis, who came to Fort A.P. Hill to learn more about Earth Day.

“I can’t think of a better way to give back. I just hope future generations will appreciate what they have and do the same thing,”

she added.

Earth Day began when Gaylord Nelson, a U.S. Senator from Wisconsin, called for an environmental teach-in, or Earth Day, to be held on April 22, 1970 to start responding to widespread environmental degradation

More than 20 million people around the world participated in the first Earth Day.

Many important laws were passed by Congress in the wake of the first Earth Day; including the Clean Air Act, Environmental Protection Agency, and laws to protect drinking water, wild lands and the ocean.

Earth Day is now observed each year in 175 countries.

**“Morale is the state of mind. It is steadfastness and courage and hope. It is confidence and zeal and loyalty. It is elan, esprit de corps and determination.”**

*-- Gen. of the Army George C. Marshall*

*“Commander’s Call”***Commander discusses change, growth**

“Spring has sprung, the grass has ris’....”

If the weather this past week is an indicator, hopefully, we have rounded the corner from winter and can put away the heavy jackets.

As I mentioned a few weeks ago, it has been an eventful winter and spring; all of you have been great!

Collectively, Fort A.P. Hill is experiencing many changes and different types of growth. When the topic of growth is mentioned, the quartermaster FTX comes to mind.

While we’ve experienced some bumps in the road, you’ll be glad to know that to date, more than 1,100 Soldiers have received this critical training at Fort A.P. Hill.

Depending on their follow-on assignment, these Soldiers will be employing these learned skills on the battlefield very soon.

Please don’t lose sight of this fact as you each contribute to supporting this culmination portion of their Advanced Individual Training.

We’ve also experienced other changes such as the Directorate of Human Resources, the Installation Safety Office and Plans, Analysis and Integration Office moving to new offices.

Building 179 is a first-rate facility and will provide a great first impression to all new team members, family members and retirees. It is also a very

professional environment for the whole post.

I’m sure Mike Brandt and Brian Taylor will enjoy their new digs in building 145, especially since Brian won’t have to work in a hallway.

Don’t forget, as part of the building 179 improvements, the e-learning center will be up and running soon and will be a super venue for on-line educational opportunities. You each helped earn this new capability which was paid for with previous Army Communities of Excellence winnings. Please take advantage of the opportunity and fully utilize it.

Other significant events on the horizon include command post exercises, the ACOE recognition ceremony May 3 (all are invited to attend at the Pentagon), the Corporate Board bi-annual meeting and a change of our senior mission commander this summer.

There is no doubt in my mind I am working with the best garrison staff in the United States Army.

I know you will handle all changes with the high degree of energy and professionalism you’re known for.

V/R,  
Michael S. Graese  
LTC, AD  
Commanding



*Beth Crockett, right, Directorate of Public Works, helps 5-year-old Kaitlyn Norris plant a tree Friday during the post Earth Day activities. (Photo by Jason B. Cutshaw)*



*Mark Indseth, a wildlife biologist with the Directorate of Public Works, shows the skin of a snake found on Fort A.P. Hill to guests at one of Friday's Earth Day exhibits. As a wildlife biologist, Indseth helps manage information about several of the post's indigenous creatures, such as snakes, deer, beavers and several others. (Photo by Jason B. Cutshaw)*

# Post welcomes back team members

by Jason B. Cutshaw  
*Up and Down the Hill*

The post recently welcomed back two valued team members after their absences; one a trained professional, the other a longtime workhorse piece of equipment.

The Fort A.P. Hill Fire & Emergency Services welcomed back John B. (Brad) Thomas, Station 7 Firehouse captain, from injuries he sustained while on call as chief of the Bowling Green Volunteer Fire Department Feb. 18.

Shortly after the accident, Thomas was flown to the nearby Virginia Commonwealth University Medical Center burn unit, where he underwent several procedures and began the rehabilitation process.

“Had it not been for the quick action taken by my fellow firefighters, I don’t know if I would have made it,” Thomas said. “A bad situation could have been made worse had there not been those whom I serve with.”

Thomas, who started working at Fort A.P. Hill in August 2001, was supposed to be in recovery for no less than four months, but his rehabilitation went better than expected, and he was soon ready to start serving his community once more.

“I talked the doctors into letting me come back early,” Thomas said. “I am now on light duty, but it is better than sitting in a hospital or at home all day.”

Less than two months after the horrible accident, in which approximately 20 percent of his body received third-degree burns, Thomas returned with the post’s most recently refurbished fire truck.

“Coming back to post in the new truck was exactly what I needed to do,” Thomas said. “It made me feel like I was part of the team again, and I am glad to be back.”



*John B. (Brad) Thomas, Fort A.P. Hill Fire & Emergency Services, stands next to the post’s newly refurbished fire truck April 17. Thomas returned to light-duty the next day after recovering from wounds received while on call Feb. 18 in Bowling Green. (Photo by Jason B. Cutshaw)*

Members of the fire department were glad to have Thomas back and supporting the team.

“Captain Thomas is a very valued member of team,” said Daniel C. Glembot, Fort A.P. Hill fire chief.

“We are pleased he has returned to work in a limited duty status and look forward to when he returns to full duty,” he added.

The refurbished truck will boost fire-fighting and life-saving capabilities

The process of getting the refurbished truck was started when the post realized it needed more capability without purchasing a new fire truck.

The Fire Truck was a 1986 KME, it had a 1,000-gallon-per-minute pump with a 500-gallon water tank, according to Glembot.

The truck is now a 2007 E-One with a 1250-gallon-per-minute pump and a 750 gallon water tank giving us a much greater flow capacity, with more water which

will make our team more effective at fighting a fire.

Aside from it having external upgrades to help with its main function of fighting fires, Glembot stated that it has other features for the comfort of the brave men and women who actually fight the fires.

“The piece now has air conditioning, which it did not have prior to the refurbishment,” Glembot said. “This may sound as if it is a luxury, but when your fire gear weighs 40 pounds and it is 80 or 90 degrees outside without the air conditioner, our teams are sweaty and beginning to become dehydrated even before they arrive on the scene of the emergency, which increases the risk of a firefighter going down due to heat exhaustion.

“The truck worked for the Army fighting fire for 20 years prior to the refurbishment,” he added. “It is now in condition to continue its service for another 20 years.”

# Chief of staff shares vision, gets feedback

By Chris Rasmussen  
Fort Jackson "Leader"

FORT JACKSON, S.C. - The Army's top-ranking officer paid a visit here April 17, touring the installation a week after taking over the Army's top uniformed position.

Gen. George W. Casey Jr., who replaced Gen. Peter J. Schoomaker on April 10 as the 36th chief of staff of the Army, said the visit was a chance to share initiatives he will implement and receive feedback on the challenges the Army faces in the future.

"What I am doing now with these visits is trying to calibrate whether these are the right initiatives and whether we have the emphasis in the right places," he said. "These initiatives are largely driven from the field."

His initiatives include accelerating the growth and size of the Army; increasing the quality of support to Soldiers, civilians and their families; maintaining the momentum of modernizing the Army; and completing the transition of reserve components.

Casey's visit to Fort Jackson began at the 120th Adjutant General Battalion (Reception) where he received a briefing and toured the facilities. Next, he went to E Company, 187th Ordnance Battalion, to observe the 09L Interpreter/Translator Course, which trains Arabic-speaking people to act as interpreters and translators in support of the war on terror.

"I must say I was moved by the dedication and the commitment of these men and women whose country of birth is not the United States, but are seeking to be citizens," Casey said.

"Their desire to support our country is phenomenal," Casey added.

Next, Casey went to two of



Gen. George W. Casey Jr., Army chief of staff, talks with Pvt. Scott Yunik (left) and Spc. Matthew Swann, both with E Company, 3rd Battalion, 13th Infantry Regiment, during a visit April 17 to Omaha Range, Fort Jackson, S.C. (Photo by Chris Rasmussen)

the installation's training areas where he observed Basic Combat Training Soldiers at Omaha Beach and Drill Sergeant School candidates training at Anzio Range.

Casey, who is currently touring U.S. Army Training and Doctrine Command installations, visited Georgia's Fort Benning and Fort Gordon before stopping here.

"This is General Casey's opportunity to go out firsthand and get feedback from the force and convey ideas which his transition team has identified as

challenges," said Lt. Col. Gary Kolb, public affairs advisor for the Army chief of staff.

"We are on a pretty heavy schedule for the next few months," he added.

Before leaving Fort Jackson, Casey met with the installation's senior leaders to discuss his initiatives.

After visiting TRADOC posts, Casey will next visit Fort Bragg, N.C., to continue to share his initiatives with Soldiers and to capture feedback from across the Army.

# Army releases new OPSEC regulation

by J.D. Leipold  
Army News Service

WASHINGTON D.C. - Changes to the Army's operations security regulation address accountability, new technology and the inclusion of all Army personnel in OPSEC practices.

The revised Army Regulation 530-1, "Operations Security," provides updated definitions; aligns the Army's policies, terms and doctrine with the Defense Department; and brings Army contractors into the fold while addressing the role Army Family Members have in OPSEC.

"The change includes Army Civilians and Contractors, who are not subject to the Uniform Code of Military Justice," said Maj. Ray Ceralde, the Army OPSEC program manager and author of the revision. "The reason we included contractors in the regulation is they're more involved in operations today than ever before.

"If you have all your Soldiers and DA Civilians practicing OPSEC and your contractors - who are an integral part of your operations - aren't ... well, you have a gaping hole in security that could affect everyone's lives," he added.

Ceralde said OPSEC is a "total Army concept" and includes families and friends though he acknowledged they aren't subject to a commander's orders.

"We felt it necessary to actively encourage those demographics," he said.

"Much of the practice of OPSEC will be conveyed from the commander down to the Soldier who we hope will pass on the importance that what a family member or friend puts up on the Web can unwittingly be used against us," Ceralde added.

Regulation changes also address how technology, specifically the internet, has changed the face of OPSEC since the last major revision to the regulations in 1995.

A 2005 revision addressed new technology, but not all technological concerns.

"The Internet, personal Web sites, blogs (Web logs) - those are examples of where our adversaries are looking for open-source information about us," he said. "Open-source information isn't classified and may look like nothing more than innocuous bits of information, a piece here, a piece there, like pieces of a puzzle.

"But when you put enough of the pieces together you begin to realize the bigger picture and that something could be going on," Ceralde added.

He described how the Pentagon parking lot had more parked cars than usual on the evening of Jan.

16, 1991, and how pizza parlors noticed a significant increase of pizza to the Pentagon and other government agencies. That was the same night that Operation Desert Storm began.

While Army personnel may maintain their own Web sites or post information on blogs, Ceralde said they have to be careful about what they write and what they post because even unclassified information can provide significant information to adversaries.

"For example, photos of deployed Soldiers to share with family and friends are acceptable. However, when the photo includes a background of the inside of their camp with force protection measures in plain view, an adversary who is planning to attack their camp and sees a photo like this on the internet now knows how to counter their force-protection measures," he said.

**"The reason we included  
contractors in the regulation  
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in operations today  
than ever before"**

*-- Maj. Ray Ceralde,  
Army Operations Security program manager*

The regulation also puts a greater emphasis on commanders' responsibilities to implement OPSEC.

"We tell commanders what they must do to get their people to understand what's critical and sensitive information and how to protect it, but commanders have to make that perfectly clear in the form of orders and directives," Ceralde said.

"The other part of this tells Soldiers that if they fail to comply they may be punished under article 92 of the Uniform Code of Military Justice for disobeying a lawful order," he added.

Other key changes to the regulations include the addition of punitive measures for violations of specific directives, the designation of "For Official Use Only" as a standard marking on all unclassified products that meet at least one exemption of the Freedom of Information Act, directing encryption of e-mail messages that contain sensitive information on unclassified networks, and emphasizing operations security in contracts and acquisitions.

"OPSEC is different from traditional security in that we want to eliminate, reduce and conceal indicators, unclassified and open-source observations of friendly activity that can give away critical information," Ceralde said.

# Officer continues to serve at Fort A.P. Hill

by Jason B. Cutshaw  
*Up and Down the Hill*

For one Fort A.P. Hill employee, to serve and protect is a way of life.

Dennis L. Brown, Directorate of Emergency Services, began working as a civilian police officer for the Department of the Army shortly after retiring from active-duty as a Sgt. 1st Class in November.

After accepting the job at Fort A.P. Hill, Brown was selected to attend the Aberdeen Proving Grounds, Md., Civilian Police Academy. At his March graduation, he was top in his class, the class honor graduate, and recipient of received the leadership award.

"I was able to take the honor graduate title," Brown said. "It is basically something I have been doing for over 20 years so it wasn't really a big step."

Throughout his military and civilian careers, Brown has been certified as an Army defensive tactics instructor (level 2), Filipino Kali Arnis instructor, Modern Warrior Krav Maga and qualified in the Centralized Operations Police Suite.

In addition to attending the civilian police academy, Brown has also attended the International Protection School, Army military police school, as well as numerous police qualification courses and noncommissioned officer courses.

After being stationed in such places as Germany, Fort Bragg, N.C., Fort Hood, Texas, and serving in Operations Just Cause, Desert Storm and Desert Shield, one might wonder why he would choose to work at Fort A.P. Hill.

"I was looking for something



*Dennis L. Brown, Directorate of Emergency Services, checks IDs at the main gate Monday. Brown started working at Fort A.P. Hill in December. (Photos by Jason B. Cutshaw)*

that still had the same structure the Army had, and I loved being a police officer," Brown stated. "I contacted (Fort A.P. Hill Police) Chief (Travis) Hoague, who I had worked with before, and he was hiring at the time, so here I am."

When talking about Fort A.P. Hill, one of the things Brown mentioned was how friendly everyone was, and how the post worked as a team.

"It is a very large training facility, with a kind of small town mentality about it because you get to know everybody really quick," Brown said. "In the short time I have been here, I think I have met everyone on the installation.

"I think it is really good because

everybody is able to work with each other and support one another," he added.

Brown's co-workers talked about how his work ethic and can-do attitude have made his transition to post as smooth and effortless as possible.

They also talked about how comfortable they feel with Brown's knowledge and years of experience.

"Officer Brown is a valued employee, a great asset to our organization," Hoague said.

"He is dedicated to always being a true professional and assists Fort A.P. Hill command and the community whenever called upon," he added.

**What British statesman, soldier and writer said: "Russia is an enigma, wrapped up in mystery and punctuated by a question mark."?**

-- Sir Winston S. Churchill

# Oral History project gets under way

by Jason B. Cutshaw  
*Up and Down the Hill*

Friday marked the beginning of an oral history project at Fort A.P. Hill, designed to document and preserve first-hand accounts of the social and environmental conditions of the portions of Caroline and Essex counties that were incorporated into the military reservation in 1941.

As part of this effort, researchers with Fort A.P. Hill's Environmental Division will interview individuals who lived or worked on the approximately 76,000-acre property prior to United States Army acquisition. Other individuals with ties to the area, who may have knowledge about the land and communities, are also encouraged to participate.

Additionally, individuals are encouraged to share historical photographs or objects that help to tell the story of this area prior to the development of Fort A.P. Hill.

Photographs from personal collections can be digitally scanned and saved electronically as part of the research.

"Documenting the former communities in this area of Virginia through the words and images of the people who once lived here will help to preserve a portion of history that may otherwise be considered too informal to save, and will provide data that can be

used to further our understanding of similar communities throughout the Commonwealth," said John J. Mullin, Fort A.P. Hill cultural resource manager. "The Fort A.P. Hill Oral History Project, which was displayed at the Earth Day Celebration, is an attempt at recording a portion of the land-use history of the installation.

"The project was introduced to the public at Earth Day to demonstrate the important connection between people and the land on which they live, or have historically lived," he added.

Also working on the project is Marie B. Morton, principal investigator with the cultural resources services of Paciulli Simmons & Associates, who is trying to gather as much information as possible.

"Fort A.P. Hill has realized the importance of the history in the stories that people who used to live here have, and those people aren't getting any younger," Morton said. "The idea behind the oral history project is to seek out people who used to live and to go interview them.

"This is the first step in a multi-year process that will have a lot of different paths to it," she added.

Morton has worked on other historical projects with the Army at Fort Hood, Texas. She said her experience with the Fort Hood community has given her insight on how to approach other communities as well.

"One of the main purposes is for future generations to understand what sites are important," Morton stated. "The response has been fabulous. We have had a lot of community members come out and they are very interested in getting their story out, and that is exactly what we want.

"We are just getting started and we have seen a great turn out so far," she added. "I know it is going to snowball from here, and we should have some great stories."

There are several historic buildings and areas on Fort A.P. Hill, such as the Frank E. Bowie house, Mica High School, Anderson Camp and Rappahannock Camp that people have knowledge of. There are also numerous areas that may not be as well known and this project may help.

"We try to conduct our interviews in a controlled environment," Morton said. "If we can get people in a comfortable atmosphere and have a long talk with them and get them reminiscing, that is what we are after.

"I think we are going to get a lot of history that hasn't been heard in a long time," she added.

People who want to participate in the oral history project, or have other information relative to the history of the land and communities prior to 1941, can call Mullin at (804) 633-8761 or 633-8255.

The goal is to complete all interviews by the end of October.

## Celebrate America's 400th anniversary

Historic Port Royal will be hosting a celebration Saturday from 11 a.m. to 4 p.m., with an opening ceremony at historic St. Peter's Church.

Activities will include several programs as well as activities about African-

American and Native-American history, the National Park Service and Jamestown.

There will also be games, surney rides and food and beverages.

For more information call (804) 633-7006

## Youth fishing tournament

The Fort A.P. Hill Youth Trout Fishing Tournament will be held rain or shine Saturday 8 a.m. - 3:30 p.m. at Beaver Dam Pond. Game Check Station opens at 7:30 a.m.

Prizes will be awarded for the largest trout, and for total weight of trout caught.

For more information call 633-8219

# Volleyball interest spikes up at CAC

by Jason B. Cutshaw  
Up and Down the Hill

The spring volleyball tournament is in the books and a new team is on top of the Hill.

The Fort A.P. Hill spring volleyball tournament ended Thursday, with the Directorate of Public Works team beating the Combined Directorates team in the championship game.

Although teams from Caroline County Sheriff's Department and Directorate of Plans, Training, Mobilization and Security also vied for the coveted trophy, in the end, DPW was victorious.

"The 2007 Spring Volleyball season was a success," said Brian K. Poe, Community Recreation Division chief. "Four teams competed in a double round-robin season with a double elimination tournament to decide the winner. From the onset, the Caroline County Sheriff's Department was dominant with a strong DPW team right behind them.

"Combined Directorates and DPTMS struggled a bit through the first round. By the end of the championship tournament, Combined Directorates and DPW were in a showdown," he added. "Timing and players were critical as mission requirements and illness took its toll on several key players for both teams. In the end DPW swept six straight games from Combined Directorates to win the tournament."

One of the biggest shockers to volleyball enthusiasts around post was the fact that the DPTMS didn't hoist the championship trophy.

"Frankly, based on the DPTMS volleyball self-assessment, I thought they were a shoo-in for



(Left to right) Troy Smith, Josh Dougher, Sonny Zarecki and Patrick Jones, members of the Directorate of Public Works volleyball team receive the commander's trophy from Lt. Col. Michael S. Graese, Fort A.P. Hill commander, for placing first in the post's Spring Volleyball Tournament. (Photo by Jason B. Cutshaw)

at least the championship game," said Lt. Col. Michael C. Graese, Fort A.P. Hill commander. "I suppose a Chicago Cubs fan quote may be appropriate... 'There's always next year.'"

Prior to being knocked out of the tournament April 17, members of the DPTMS team told other directorates around post that they would come out victorious.

"One of their team members told me they were going to take out players before they lost," said John Hall, Directorate of Logistics. "Later, he came to me and said that it was just not fair. He then said there would be

another season, and not to forget organizational day.

"I have never seen him so distraught," Hall said after the championship game.

With DPW holding their trophy proudly, members told how proud they felt to represent Fort A.P. Hill volleyball, and later added that if anyone wanted to be around the best to give them a call and they would give lessons.

If anyone is interested in playing in future tournaments with their directorate, or if their directorate does not have a team, they may contact Latasha Woolfolk at 633-8219.

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