Lieutenant Colonel Eric P. Shwedo was commissioned in 1992 with an initial assignment with 3rd Battalion, 20th Special Forces Group (Airborne). While serving there, Lt. Col. Shwedo deployed to Ecuador. He was then assigned to 3rd Battalion, 11th Infantry Regiment, where he was a Senior Tactical Officer at the Officer Candidate School. He was then assigned to U.S. Army Special Forces Command (Airborne) at Fort Bragg, North Carolina, where he served as a Plans Officer in G3 Operations.

Following his time at USASFC(A), he served with 3rd Battalion, 3rd Special Forces Group (Airborne) as a Detachment Commander and then deployed to Kuwait, Afghanistan, and Iraq. He then transferred to U.S. Special Operations Command-Central (Airborne), where he served as the Plans/Unconventional Warfare Chief. He worked throughout the Central Command area of operations and deployed to Qatar twice and to the Kingdom of Jordan.

Lt. Col. Shwedo was assigned to 1st Battalion, 3rd Special Forces Group (Airborne), as a Company Commander and a Battalion Executive Officer. While there, he deployed to Afghanistan and Pakistan. His next assignment was with 1st Battalion, 1st Special Warfare Training Group, where he served as Commander of Robin Sage (the final phase of the Special Forces Qualification Course). His most recent assignment was at U.S. Special Operations Command (Airborne) where he served as a Lead Planner for the Afghanistan Operational Planning Team.

Lt. Col. Shwedo is a graduate of the U.S. Army Command and General Staff College; the Special Forces Qualification Course; Infantry Basic and Advanced courses; the Special Operations Language Course; the Survival, Evasion, Resistance and Escape (SERE) Course; Jumpmaster Course and Ranger School. He is a graduate of the University of Central Florida.

Lt. Col. Shwedo has earned the Special Forces Tab, Ranger Tab, Combat Infantryman Badge, and Senior Parachutist Badge.