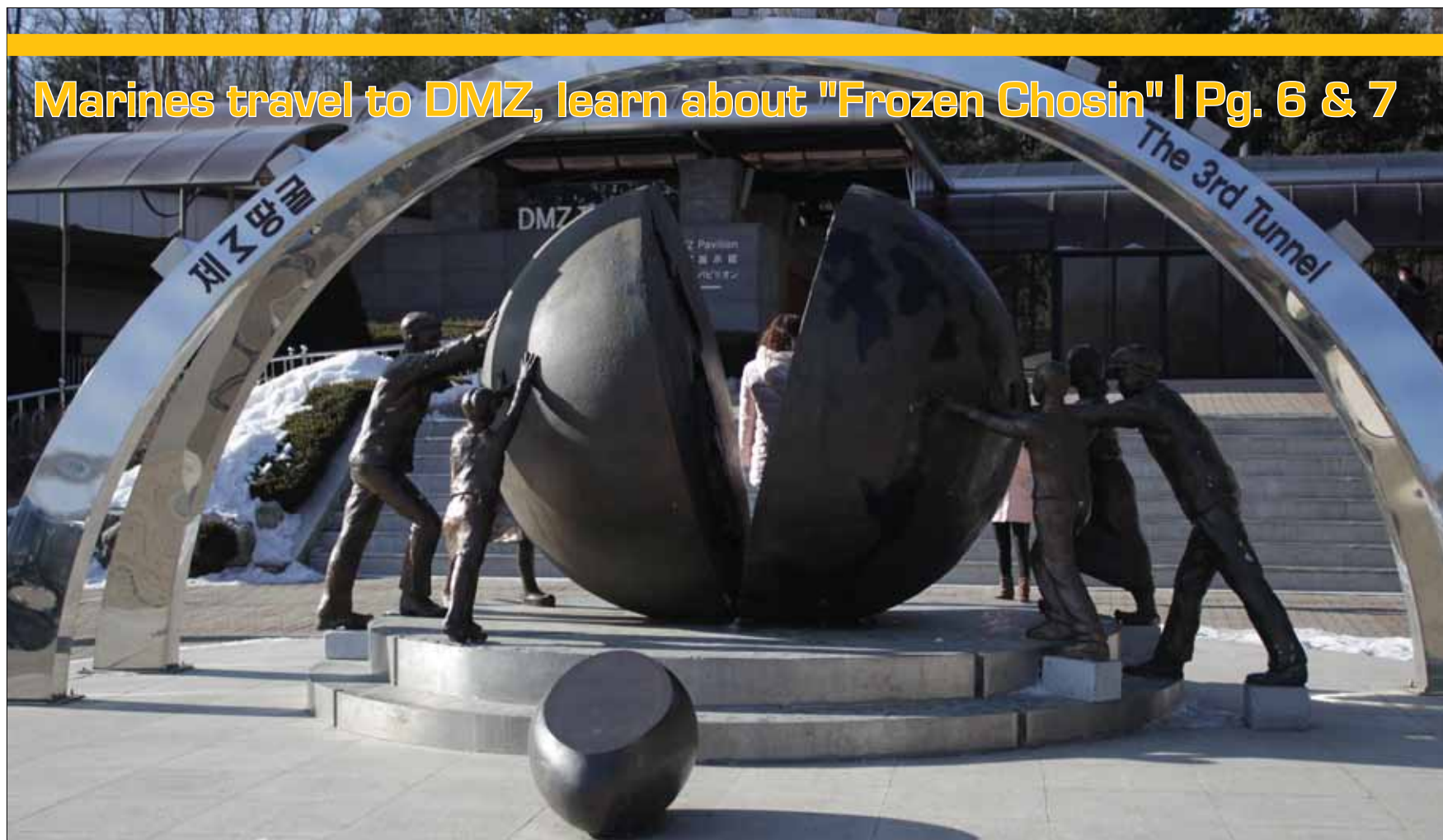


THE IWAKUNI APPROACH

Issue No. 4 Vol. 6 | Marine Corps Air Station Iwakuni, Japan

Marines travel to DMZ, learn about "Frozen Chosin" | Pg. 6 & 7



LANCE CPL. BENJAMIN PRYER

A monument dedicated to reunification and peace sits outside the entrance to the 3rd Infiltration Tunnel, which is part of the Korean Demilitarized Zone tour, which stops by all the main tourist attractions up to the Military Demarcation Line.

Marine nominated to represent MCAS Iwakuni for Air Traffic Controller of the Year

LANCE CPL. JAMES R. SMITH
IWAKUNI APPROACH STAFF

Among the air traffic controllers stationed here, only one is chosen to represent Marine Corps Air Station Iwakuni for the Marine Corps' Air Traffic Controller of the Year.

Staff Sgt. Richard Saenz,

Headquarters and Headquarters Squadron air traffic controller, was selected by his chain of command to represent MCAS Iwakuni for Air Traffic Controller of the Year, Jan. 16, 2013.

"They talked about it and today they told me that I was selected," said Saenz. "This was one of those things where I didn't think that I

would get picked."

Saenz is currently a tower supervisor, where he ensures organization of everything on the airfield and within the station's airspace. He has been an air traffic controller for seven years.

"We have numerous publications that we abide by," said Saenz. "Everything from the Federal

Aviation Administration down to facility manuals requires us to do things a certain way to make sure everything is safe and orderly."

In 2007, Saenz was a corporal stationed at MCAS Miramar, Calif. He won Air Traffic Controller of the Quarter twice

SEE **ATC** ON PAGE 3

Station firefighters presented award by MCIPAC CG

LANCE CPL. JAMES R. SMITH
IWAKUNI APPROACH STAFF

Marine Corps Air Station Iwakuni's fire station received the Navy-Marine Corps Small Fire Department of the Year Award for 2011. Maj. Gen. Peter J. Talleri, Marine Corps Installations Pacific commanding general, presented the award at the station fire house, Jan. 25,

2013.

"As the commanding general, I feel it is imperative that I personally take the opportunity to recognize the Iwakuni Fire Department's exemplary performance," said Talleri. "It was an honor to recognize a group of courageous professionals for their sustained superior efforts. MCAS

SEE **FIREFIGHTER** ON PAGE 3

Marine Corps moves to future of logistics support

LANCE CPL. J. GAGE KARWICK
IWAKUNI APPROACH STAFF

The Global Combat Support System, chartered to deliver integrated functionality to logistics software throughout the Marine Corps, improves Marine Corps combat effectiveness by continuing to bring cutting edge business information technology to combat support.

Global Combat Support Systems are currently in play throughout the Marine Corps, with other similar systems currently in use in every branch of the armed services.

"This is a database system that takes in all information for logistics and maintenance support," said Staff Sgt. Alberto

SEE **GCSS** ON PAGE 3



BABY

Begin preparation for a little one | P. 4



OUTDOORS

Perfect your Bear Grylls voice | P. 5



SUPERBOWL

Ravens take on 49ers | P. 11



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Editorial content is edited, prepared and provided by the Public Affairs Office of Marine Corps Air Station Iwakuni, Japan. All queries concerning news and editorial content should be directed to the Public Affairs Office, Building One, Room 216. Call 253-5551.

The Iwakuni Approach welcomes Letter to the Editor submissions. Letters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Submissions may be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to iwakuni.pao@usmc.mil. Please submit all content at least two weeks in advance of projected publication date for review.

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CHAPLAIN'S CORNER

'Make this Valentine's Day count'

LT. TRAVIS COFFEY
MAG-12 DEPUTY CHAPLAIN

Falling in love is easy. It involves butterflies and long walks on the beach. You hear wedding bells, see fireworks and fall into something that feels so perfect. Staying in love, however, is not so easy.

Once the initial shine of new love has worn off, obstacles and hurdles appear seemingly out of nowhere. There are wants; there are regrets — there is baggage. Sometimes, staying in love feels impossible. Though divorce statistics jump all over the place, especially in the military, there is little denying we are a culture prone to putting off love. We are a culture that believes when the going gets tough, the tough can stand in line with the rest. Sometimes, we delay the pain and challenges in our relationships and wonder how we could ever feel so distant, so far from someone we once felt so close to.

But what if staying in love is possible? What if working hard at home, instead of working

hard out of the home, is the key to passionate, long-lasting, true love? What if real love starts when we get real about staying in love and working on our home as much as we work for our country? I believe it is possible to experience a love that goes the distance. It's a gift God longs to give us, and there are four things we can do to accept that gift:

Make love a verb - For many of us, the concept of love is difficult because we never learned the right form of love. We focus on the external qualities of love and ignore the internal. We treat love like a noun, like an experience that happened: a moment, a thing. In John 13:34, we see a different side of love. John says, "Love one another." It is not a one-time event. It is not a fireworks feeling or a field of flowers. It's an action, a verb. It's not just about choosing the right person; it's about becoming the right person, the type of person who loves the way Christ loved us.

Put your spouse first - Our spouses know full well what it

means to serve and sacrifice for our country, they are always sacrificing beside us. We put our country first and often in front of them, but we can still put them in front of us. Philippians 2:3 directs us to, "Do nothing out of selfish ambition or vain conceit, but in humility, consider others better than yourselves."

I wish that was a complicated verse with multiple Hebrew variations, but it's pretty simple: value others (in this case, your spouse) above yourself. In order to stay in love, we need to change our approach to determining what is valuable. We have to demonstrate an interest in things because they are important to the people we are interested in. By doing this, we learn to put our spouse first.

Pay attention to your heart - Imagine you are a mug with thousands of tiny beads inside. Each bead represents a negative feeling or painful experience or unfulfilled expectation. You are careful to keep them inside. Then you meet someone and think she just might be the future Mrs. Mug. So, you are gentle and thoughtful around her. You make certain as few beads as

SEE **LOVE** ON PAGE 10

MCAS Iwakuni presents the 2013 African American / Black History Month Celebration Luncheon

At the Crossroads of Freedom and Equality: The Emancipation Proclamation and the March on Washington



Thursday, 21 February

1100-1400 in the Club Iwakuni Grand Buffet

Open to all SOFA personnel.

\$11.25 Adults / \$5.95 Children 5-10

Please join us in the Landing Zone Dining Room from 1200-1245 for a Special Guest Speaker, and an enlightening cultural experience.

POC: MCAS Iwakuni Equal Opportunity Advisor
C/Sgt. Alvin P. Cruz

253-4186 / 090-8515-2789 / alvin.cruz@usmc.mil

FIREFIGHTER FROM PAGE 1

Iwakuni should be extremely proud of their firefighters."

The station fire department won at the Navy-Marine Corps level, which is the second highest. The highest is at the Department of Defense level.

"It's a competition that runs every year between Navy, Marine Corps and DoD," said Devin Johnston-Lee, station fire chief. "They look at a series of different categories, your accomplishments, training and impact to the community."

Some of their accomplishments include being the first department to have 100 percent certification in hazardous materials and chemical, biological, radiological, nuclear and explosives (CBRNE) training and having the highest percentage test scores in the training circuit done by master labor contractor (MLC) firefighters in a second language.

"We have the most aggressive training program within DoD," said Johnston-Lee. "We invited the local departments for training in Operation Tomodachi, for the localized response teams in Japan."

Johnston-Lee also said several

teams from western Japan that went to Tomodachi, were trained and certified in heavy search and rescue at this station.

In addition to the station's response to the earthquake and tsunami in March 2011, they responded to the 2005 tsunamis in Indonesia and Thailand and provided training after the Kobe earthquake in 1995.

"Many of these firefighters have been here as long as I've been coming to Iwakuni and I know exactly how good they are," said Col. James C. Stewart, MCAS Iwakuni commanding officer. "They've been protecting our community and training all of the fire departments all the way from Tokyo to Osaka."

Once Talleri and Stewart presented the award, they shook hands with all the firefighters and were given a tour of the station's vehicles and equipment. "It's easy to sleep ever so peacefully at night because I know these men are manning the watch every day," said Stewart.

This is the first time under Johnston-Lee's command that the fire station accomplished this feat. The last time the station earned this honor was in 1999.



LANCE CPL. JAMES R. SMITH
Maj. Gen. Peter J. Talleri, Marine Corps Installations Pacific commanding general, and Devin Johnston-Lee, department fire chief, shake hands during the presentation of the plaque for Navy-Marine Corps Fire Department of the Year for 2011 at the fire station here, Jan. 25, 2013. This is the first time under Johnston-Lee's command that the station fire department entered this competition and received this honor.

GCSS class educates Marines on future logistical technology

GCSS FROM PAGE 1

Oliveras, GCSS instructor. "It streamlines the process and workflow for getting any kind of service done in the maintenance and logistics community."

Oliveras gave an example in relation to some of the logistical support commonly used and told how the process has been simplified.

"Say you're a company gunny, and you're about to have a company run and you want to solicit transportation and medical

support," said Oliveras. "Using GCSS, you can create a service request, fill in the information, put in for your needs, then the people that provide those services see the request in a sort of universal inbox for service requests. They see it, pull it out and take action on that request."

The GCSS also takes away many of the unnecessary and non-integrated systems the Marine Corps used prior.

"This system is also for maintenance," said Oliveras. "We used to use the Legacy system,

which had about 50 to 60 programs that did not properly interface with each other, so it was pretty hard to get one report to match up with another. Now, with this database, all the information is centralized into one location, so any information you need can be generated into this one system."

The GCSS class teaches Marines how to navigate GCSS and is taught in six-week education blocks by instructors in building 411 here.

"The first class was in August," said Tim Manson, GCSS

instructor. "We do a six-week training block with several units. They come in, we train them in all the material, and then the units turn off the old system and GCSS would be the only thing they could do their jobs with. So, GCSS is really important to be familiar with. Every Marine unit will use this system if they are not already."

The introduction of GCSS into all Marine units is expected to greatly improve logistical efficiency throughout the entire Marine Corps.



LANCE CPL. JAMES R. SMITH
Staff Sgt. Richard Saenz, a Headquarters and Headquarters Squadron air traffic controller, and Bill Banakas, air traffic controller, monitor ongoing operations on the air field as well as waiting for an incoming flight at the air traffic control tower here, Jan. 16, 2013. Saenz supervises other traffic controllers to ensure operations run smoothly. Saenz has been stationed at Marine Corps Air Station Iwakuni since Jan. 9, 2011.

ATC FROM PAGE 1

and named Miramar's Air Traffic Controller of the Year.

Since Saenz was stationed here Jan. 9, 2011, this was his first selection to represent Iwakuni.

"The facility in itself is a great place to train," said Saenz. "We work with Japanese Maritime Self Defense Force aircraft, so we get to implement that with our planning process when it comes to air traffic control."

Saenz also said MCAS Iwakuni is the only Marine Corps installation which conducts sea-lane operations, and the other Marines who stepped up to that challenge have done a great job.

"Out of all the Marines that are here, and there are so many good controllers, I can't accept anything without (recognizing) all the Marines at MCAS Iwakuni," said Saenz. "They are the ones that helped me to become who I am and put me in a place where I can train them to be great controllers."

Navy-Marine Corps Relief Society hosts first Baby Exposition

LANCE CPL. JAMES R. SMITH
IWAKUNI APPROACH STAFF

The process for having a baby in Japan can be a confusing experience. Whether you're planning to have a baby, or are already expecting, it's not a bad idea to stay informed.

Navy-Marine Corps Relief Society hosted the station's first Baby Expo at Capodanno Hall in the Chapel and Yujo Hall here, Jan. 26, 2013.

"The expo is an information resource to expose everybody who is expecting a child or considering having a child, to the resources available here in Iwakuni," said Deanna O'Neal, Iwakuni NMCRS director. "We have classes and information tables as part of our information fair."

O'Neal also said the classes cover everything from before giving birth to after the baby is born. Some of the seminars provided at the expo incorporated budgeting for a baby, nutrition for moms and prenatal yoga.

"There are several entities on this base that provide services and classes for people who are having babies," said O'Neal. "The expo consolidates them and puts them all in one location. It says, 'look at all the different things here on base.' It gives people the opportunity to get the information to answer their questions all in one place."

Robert M. Casey Medical and Dental Clinic, Marine Corps Community Services Health Promotions and the New Parent Support program were a few of the many support groups in attendance.

"Everybody we could find that had anything to do with babies, we extended an invitation to them so they could be a part of the expo," said O'Neal. "This event was a year in the making to get it started. I talked to a director at a different base that had done a similar event and she said it was fabulous."

O'Neal also said her expectations were met when 40 people pre-registered and close to 100 people showed.

"I think we had a good turnout," said O'Neal. "There are definitely some things we can improve on and we are hoping people can give some advice on that."

O'Neal also said she plans on hosting this event next year.

Although the expo already occurred, it's not too late to get the resources you're looking for.



A display table filled with newborn and baby items easily found throughout Japan was set out by the New Parent Support Program for the Baby Expo, which took place inside Capodanno Hall here, Jan. 26, 2013. The New Parent Support Program was one of many groups that participated in the Baby Expo. Every group that took part in the expo presented classes and information on the process for having a baby in Japan.



Prakai Parsons (right), IronWorks yoga instructor, and Katie Bayley (left), station resident and mother-to-be, practice meditation during a pre-natal yoga class at the Baby Expo here, Jan. 26, 2013. Some of the classes provided included budgeting for a baby, nutrition for moms and several classes on baby health. The event's target audience was mainly those expecting a baby and young families planning to have a baby.



Sheila Zeda, Navy Marine Corps Relief Society volunteer, presents a seminar on budgeting for a baby at the Baby Expo, which took place inside Capodanno Hall here, Jan. 26, 2013. This event took a year to put together and is the first of its kind at Iwakuni. 40 people pre-registered and a total of approximately 100 people attended the expo. The event's target audience was mainly those expecting a baby and young families planning to have a baby.



Atsushi Masuoka, an Outdoor Recreation recreational assistant with Marine Corps Community Services, performs routine maintenance on a snowboard at Marine Corps Air Station Iwakuni, Japan. Outdoor Rec offers gear maintenance along with rental options of skis, snowboards, sleds and winter attire.

Outdoor Recreation helps station residents find adventure

LANCE CPL. NICHOLAS RHOADES
IWAKUNI APPROACH STAFF

Marine Corps Community Services' Outdoor Recreation Center may seem like it is just a warehouse at IronWorks Gym filled with all sorts of goodies to rent, but it's much more than that.

"Outdoor (Recreation) is really split into two parts," said Tasha R. Friedell, outdoor recreation manager. "The bigger side is setting up trips and getting people off base with their families, or just by themselves, to experience different sides of Japan and do something that they might not have gotten the opportunity to do before."

Outdoor Rec sets up roughly 30 trips per year and some of their bigger ones include a trip to climb Mt. Fuji, river rafting at Yoshino River, and camping trips all around Japan.

"The other part of Outdoor Rec is gear issue," said Friedell. "We rent out snowboards, skis, kayaks, and all sorts of things to anyone who wants to use them and we allow them to use it for free."

Outdoor Rec does not charge for people to use their equipment unless, the gear is turned in late or damaged.

"We are still the only Outdoor Rec on a Marine Corps installation to remain one hundred percent free to servicemembers and their families," said Friedell. "Each year MCCS looks at the budget and they could make it so it's not free, but they see how much of a morale booster we are and decide to keep it free."

Gear issue is available to all station residents and employees will even help with beginner tips on sizing and what they may need on their trips.

"I would say that seventy percent of people renting our equipment are first timers," said Friedell. "A lot of the time someone with their own snowboard will bring in their friends to take them out for their first time."

Lance Cpl. Brianna L. Price, Marine Wing Support Squadron 171 motor transportation operator, is a frequent snowboarder and adventurer.

"I rent snowboarding gear from Outdoor (Recreation) at least every other weekend and they're always helpful and nice," said Price. "Also the fact that it's always free to rent, they have good gear and they're right here on base, it makes it really convenient."

Outdoor Rec makes it easy for station residents to explore Japan and get out and try something new without having expensive gear or dealing with the hassle of trying to rent gear out in town.



Marine Corps Air Station Iwakuni Outdoor Recreation has a variety of items, such as fishing poles, sporting equipment, canoes and camping supplies, available to its patrons. Outdoor Rec, located in the rear of Iron Works Gym, is the only one of its kind which rents to its customers with no charge.



Marine Corps Air Station Iwakuni Outdoor Recreation has a variety of items, such as fishing poles, sporting equipment, canoes and camping supplies, available to its patrons. Outdoor Rec, located in the rear of Iron Works Gym, is the only one of its kind which rents to its customers with no charge.



LANCE CPL. BENJAMIN PRYER

Tourists use binoculars to peer into North Korea on the Mt. Dora Observatory Jan. 26, 2013. The observatory is part of the Korean Demilitarized Tour, which stops by all the main tourist attractions up to the Military Demarcation Line.



LANCE CPL. BENJAMIN PRYER

A child touches the Jangdan Station Steam Locomotive, which sits in Imjingak, a famous tourist attraction in Korea, which was developed after the North-South Joint Statement in 1972. The locomotive is a symbol of the division between Korea, having been left in the Korean Demilitarized Zone since it was destroyed by bombs during the Korean War.



LANCE CPL. BENJAMIN PRYER

Lt. Col. F. Lance Lewis, Headquarters and Headquarters Squadron commanding officer, and Lance Cpl. Channing Leinen, H&S crew chief, take photos of a memorial in Imjingak, a famous tourist attraction in Korea, which was developed after the North-South Joint Statement in 1972. Imjingak is also home to many other significant memorials, such as the Bridge of Freedom, which was used to free 12,773 prisoners in 1973, the Bell of Peace, which represents peace for humankind and unification for Korea in the new millennium by displaying a 21 ton bell, preceded by 21 stairs, and multiple other locales.

MCAS Iwakuni Marines Visit DMZ, learn about Marine Corps heritage

LANCE CPL. BENJAMIN PRYER
IWAKUNI APPROACH STAFF

July 27, 1953, marked the signing of the Armistice Agreement creating a cease-fire over the 38th parallel, which now separates North and South Korea. More than half a century later, Marine Corps Air Station Iwakuni Marines traveled on a professional military-education trip to the Korean Demilitarized Zone in pursuit of a better understanding of Marine Corps heritage.

"We have the 60th anniversary of the armistice being signed this year," said Lt. Col. F. Lance Lewis, Headquarters and Headquarters Squadron commanding officer. "The Marine Corps has a lot of history in Korea, both pre and post-Korean War, so it was important we had those two tied together. I got a lot out of the trip; I learned a ton about the history of the Korean conflict, why borders are where they are

now, why the tensions are so high, why it's a forefront in the news. It was interesting, we got back yesterday, I read the news before I went to bed and there was the North Korean dictator saying they are getting ready to do their third nuclear test. Tensions are still very, very high there and I hope the Marines got an appreciation for that, because I know I certainly did."

Arriving in Osan Air Force Base late in the evening of Jan. 25, 2013, the weather proved to be as historically comparable to the bone-chilling temperature Marines endured during the war, providing a truly real experience. "We wanted to do the trip in winter, to give us a little taste of how cold it could be and the weather could not have been more perfect," said Lewis. "It was freezing, bitterly, bitterly cold. We got on the bus in the morning and I think it was minus eleven. Even though it was a beautiful day, visually, the

wind was whipping down from the north. I was in my biggest parka money could buy, scarf, hat, gloves, quadruple layering on and I was still freezing."

The group, comprised of mainly lance corporals and corporals, highlighted the trip's emphasis on teaching and mentoring junior Marines and noncommissioned officers, preparing them for a successful future in the Marine Corps.

"I put a lot of stock into our NCOs," said Lewis. "I demand a lot out of them because they are our leaders and it's important to me that we get our junior leaders out there. I would rather take the group we took every single weekend than take a single staff NCO or officer, not because they don't deserve to go, but I would rather invest that time and effort into somebody who we can grow into a leader. Lance corporals and corporals are leading from a junior level, but one day, one of those Marines is going to be

a first sergeant, or a sergeant major, or a master gunnery sergeant. I just want them to get a feel for the bigger picture."

Lance Cpl. Brandon Brooks, H&S air traffic controller, said he felt grateful to be able to participate in the Ironman competition that preceded the trip, earning such a unique opportunity.

"It was great getting to be in the competition and get a feel for what the Marines who were in the Korean War went through," said Brooks. "Actually going there and feeling how cold it was, it really made you think about the hardships they endured. It was really cool learning a lot about the DMZ and all the history around there, it's something I would definitely want to do again, if given the chance."

Lewis said that upcoming competitions within H&S will also incorporate a similar reward as an incentive.

CORPS NEWS

HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE

Thai religious, community leaders perform pillar-raising ceremonies as part of Exercise Cobra Gold 2013

STAFF SGT. KENNETH LEWIS
III MARINE EXPEDITIONARY FORCE

PHITSANULK, Thailand — Five schools within the Kingdom of Thailand hosted pillar-raising ceremonies to dedicate the construction sites of new buildings each school will receive as part of several ongoing engineering civic assistance projects part of Exercise Cobra Gold 2013.

While the exercise officially begins Feb. 11, 2013, additional time was needed to ensure the buildings are complete before the exercise concludes Feb. 21.

The exercise is a Thai-U.S. co-sponsored multinational, multi-service exercise that includes forces from Singapore, Japan, Republic of Korea, Indonesia, Malaysia, and observers from other countries in the region.

Pillar-raising ceremonies, known as "Yok Sao Eak" which means "standing up the first pillar," are designed and performed by community and religious leaders to bless the building for good luck and longevity, according to Capt. Anop Krataitong with Mobile Development Unit 34, Royal Thai Army, and chief of the site at Ban Wang Hau Krang School in the Maung District.

Servicemembers from the Royal Thai Army, Singapore Army, and U.S. Marines, sailors and soldiers

have been working side-by-side to provide a brighter future for children and community members.

"This new building is very good for our school," said Somchai Intang, the principal at Ban Khao Rai Sriracha School in the Wat Bot District. "We currently have 67 students, and with this new addition we will be able to allow more children to attend the school."

The children have been anxiously waiting for the projects to begin and Intang took full advantage of their eager attitudes.

"The children have been really excited waiting for their new building," said Intang. "We started teaching them English so they could interact more with the soldiers."

The excitement does not stop with the youngsters. Parents and community members are equally thrilled to see the structural upgrades.

"Everyone will be able to use the new buildings as multipurpose rooms," said Noppharat Sokkong, a village leader in the Wat Bot District.

While the work is exhausting, service members realize their effort produces rewarding results.

"One of the great things about being an engineer is building something that will have a lasting impact," said U.S. Army

soldier 2nd Lt. Michael R. Banks, a general engineer with the Washington National Guard's 176th Engineer Company (Vertical), and officer in charge of the project at Khao Rai Sriracha School. "It is extremely fulfilling to be a part of something like this ... helping put smiles on hundreds of faces."

If smiles are not enough, servicemembers are taking full advantage of the opportunity to learn each other's profession and way of life.

"Being able to work with not just one nation, but several, provides opportunities for enhancement and development," said Krataitong. "We come together, not only to work alongside our counterparts and enhance our job knowledge, but to experience each other's culture to better understand each other."

The buildings will officially be dedicated during ceremonies near the conclusion of Exercise Cobra Gold 2013.

For Saditha Kudmun, an 11-year-old student at Khao Rai Sriracha School who dreams of becoming an English teacher, that time cannot come soon enough.

"My friends and I are so happy we will have this new building," said Kudmun. "We can't wait to use our new rooms."

Cobra Gold 2013 will be the exercise's 32nd iteration and is

scheduled to be held in various areas throughout the Kingdom of Thailand.

The exercise is a recurring multinational and multiservice exercise hosted annually by Thailand and developed by the Royal Thai and U.S. militaries. The exercise will consist of a staff exercise, various senior leader engagements, a field training exercise and humanitarian and civic assistance projects.

Other military units conducting the civic assistance projects are elements of the Royal Thai Air Force and Marine Corps, Republic of Korea Marine Corps, Tentara Nasional Indonesia, Malaysian Armed Forces, the U.S. Army's 643rd Engineer Company (Vertical), U.S. Naval Mobile Construction Battalion 5, and 9th Engineer Support Battalion, 3rd Marine Logistics Group, and Marine Wing Support Squadron 172, 1st Marine Aircraft Wing, both part of III Marine Expeditionary Force. The projects, which are coordinated and supported by the Combined Joint Civil Military Operations Task Force, are progressing steadily, according to U.S. Marine Maj. Jared C. Voneida, the deputy commander for CJCMOTF.

"All of the pillar-raising ceremonies went well and now we get to settle in and accomplish the mission," said Voneida.

COMMUNITY BRIEFS | CLASSIFIEDS

Briefs

Substance Abuse Prevention

If you or anyone you know is struggling with substance abuse or for more information on services provided, please contact the Substance Abuse Counseling Center at, 253-4526 or visit Building 411 Room 219.

NMCRS Quick Assist Loans

The Iwakuni Navy Marine Corps Relief Society provides Quick Assist Loans to prevent active duty service members from falling prey to predatory lenders. These loans are designed to assist with short-term living expenses up to \$300, interest free and must be repaid within 10 months. For more information, call the Iwakuni NMCRS at 253-5311 or stop by the Marine Memorial Chapel, Room 148.

CREDO Okinawa

CREDO Okinawa is scheduled to be in the Iwakuni area hosting a Marriage Enrichment Retreat at the Kure Hankyu Hotel March 7-9, 2013. Sign up begins Feb. 1. There is room slated for 15 couples; eight E-5 and below, seven E-8 and above. For more information, contact Petty Officer Second Class Raymond Suiter at 253-3371 or raymond.j.suiter@usmc.mil.

Off-limit Establishments

The following establishments in Iwakuni and Hiroshima are hereby off-limits:
•The multi-tenant building "NOW." Tenant occupant's names change frequently. Past names for this building include Ran, Massage Parlor, Welcome American, Follow Me and F-18.

•Hiroshima's Tougan Goods Company.
•Spice Ecstasy
4-4 Nagarekawa, Naka-ku Hiroshima City, Japan
•Buri Buri Nomi
1-18 Horikawa-cho, Naka-ku Hiroshima City, Japan
•Joint
3-22 Yayoi i-cho Naka-ku Hiroshima City, Japan

Emergency Phone Numbers Reminder

Put these numbers in your wallet and phone:
•Anti-terrorism force protection hotline: 253-ATFP (2837).
•Life limb or loss-of-vision threatening emergencies while on the air station: 119 or 911. From a cell phone or for bilingual capability: 082-721-7700.
•For security issues, contact the Provost Marshal's Office: 253-3303. To report without talking to a person, Crime Stoppers: 253-3333.
•Sexual Assault: To make a confidential report of sexual assault or harassment, contact the victim advocate at 253-4526 during working hours. For after hours, weekends and holidays, call 090-9978-1033 or 080-3427-0835. You can also call the installation Sexual Assault Response Coordinator at 253-6556 or 080-5865-3566.

Brief and Classified Submissions

To submit a community brief or classified advertisement, send an e-mail to iwakuni.pao@usmc.mil. Include a contact name, a phone number and the information you would like to be published. You may submit your community brief or classified advertisement in person at the Public Affairs Office, Building 1, Room 216 or you may call 253-5551.

U.S.-JAPAN Friendship Concert in IWAKUNI
日米交流合同コンサート

Sat, 2 Mar 2013, 2:00pm
Doors Open at 1:00pm
Sinfonia Iwakuni IF Concert Hall

Access:
•About 10 minute walk from JR Iwakuni Station.
•About 5 minute walk from Mikasa Bridge bus stop.
•About 20 minutes by car from JR Sanyo Shikokusan Shita Iwakuni Station.
To avoid traffic congestion, please use public transportation.

POC Local Coordination Division, Planning Department, Chugoku-Shikoku Defense Bureau / Tel 082-223-7153

Please provide all the requested information to simplify the request process. The deadline for all submissions is 3 p.m. every Friday. Submissions will run the following Friday.



LANCE CPL. JOSE LUJANO

Shuey Reangmon, left, and Tuan Reangmon pray at Ban Hua Wang Krang School, Maung District, Phitsanulok province, Kingdom of Thailand, during a pillar-raising ceremony Jan. 22. They prayed for good fortune and longevity for the new structure, which is one of several engineering civic assistance projects part of Exercise Cobra Gold 2013. Shuey and Tuan founded the school and are well-respected, prominent community members. Exercise Cobra Gold is the largest multinational exercise in the Asia-Pacific region and provides the Kingdom of Thailand, United States, Singapore, Japan, Republic of Korea, Indonesia and Malaysia an opportunity to maintain relationships and enhance interoperability.

Officer and Spouses' Club to host 10th Annual Asian Antiques, Furniture Auction

The MCAS Iwakuni Officer and Spouses' Club will host its 10th Annual Asian Antiques and Furniture Auction in the Club Iwakuni Ballroom Feb. 2, 2013.

Each year, the OSC hosts an auction as a way to raise scholarship money for Matthew C. Perry High School seniors and active-duty military spouses. One hundred percent of the money raised goes toward scholarships.

The Auction brings one-of-a-kind items from all over Asia, including decorated porcelain, lamps, hand-tied rugs, clocks, carved jade, silk screens, wall hangings, artwork and unique furniture of all shapes and sizes.

Doors open at 12:30 p.m., with a preview of the silent auction starting at 1 p.m. The live auction will start at 2 p.m. There will be several door prizes, plus free food while you shop. A \$5 paddle fee will be charged at the door. Cash payments for purchases will also be encouraged with a raffle.

The OSC respectfully requests no children under age 12 accompany you to the event, since many of the items on auction are breakable. Babies in arms are okay, but please, no strollers.

For more information about the Asian Antiques and Furniture Auction or if you are interested in volunteering to help, please email Jamie Tippit at jamieblake@gmail.com or "Like" The OSC on Facebook at "McasIwakuni Osc."

LOVE FROM PAGE 2

possible spill out on the road to the altar. But a month or a year later, suddenly there's an issue: she gets upset for no apparent reason; or you don't call, though you said you would; or she feels ignored. Your mugs bump into each other, jostling your beads. Jealousy spills out. Anger overflows. All the stuff that was hidden during the courtship is on display.

This is the type of situation the Bible anticipates when it implores us to guard our hearts. When your emotional "beads" get bumped, stop and think about what you are feeling before you speak. Name what you are feeling with specific words: "I feel jealous" or "I feel angry." When you name your feelings, they lose their power. If appropriate, tell your spouse what's going on in your heart. Healthy people stop doing hurtful things when they learn what the issues are, and they stay in love by paying attention to their hearts.

Fill the gaps - In every relationship, there are gaps between what is expected and what actually happens. We have fairy tale views of how marriage will be, and they fail to materialize. We have expectations of how a spouse should act at a dinner party, and that doesn't go as planned. We have ideas about when our partner should

come home at night, and the reality is different. Gaps open up all around us. When that happens, we have two choices: we can believe the best, trusting there is a reasonable explanation for our spouse's behavior. Or we can assume the worst, reading disrespect, hurt and a thousand other things into those situations.

Into those gaps, 1 Corinthians 13 walks boldly. Long used in weddings, these popular verses describe the nature of love. Beyond the verses about love's patience and kindness, we find a plea for the gaps. We find help for the holes. Verse 7 says love "always protects, always trusts, always hopes, always perseveres."

In a marriage, that means when you have a chance to doubt or trust, you trust. When you have a chance to give up or hope, you hope. When you have a chance to quit or persevere, you persevere.

One of the most powerful ways to fill the gaps is to believe the best about your spouse. Such an attitude communicates, "I trust you. Even before I hear your explanation, I trust you."

It is possible to stay in love, but it does take more than fireworks and walks on the beach. Falling in love only requires a pulse. Staying in love? That requires a plan. May you and yours have a blessed and loving Valentine's Day!

INFOTAINMENT

Chapel Services

Roman Catholic

Saturday 4:30-5:15 p.m. Confession
5:30 p.m. Mass

Sunday 8:30 a.m. Mass
9:45 a.m. Religious Education

Mon. — Thurs. 11:30 a.m. Weekday Mass

Protestant

Sunday 10:30 a.m. Protestant Service
10:30 a.m. Children's Church
10:30 a.m. Church of Christ Meeting
1 p.m. Contemporary
5:30 p.m. FLOW (Youth Group)

Monday 7 p.m. Men's Bible Study

Tuesday 9 a.m. Ladies' Bible Study
5 p.m. Working Women Bible Study

Wednesday 10:30 a.m. Ladies' Tea
5:45 p.m. AWANA (Bldg. 1104)

2nd Saturday 7:30 a.m. Men's Discipleship

Bahai

Sunday 11 a.m. Bahai Meeting

For information regarding divine services, religious education or any other command religious program or chapel activity, call the Marine Memorial Chapel at 253-3371.

OUT AND ABOUT: Japan

NAKED MAN FESTIVAL

The Hadaka Matsuri or Naked Man Festival is one of the most eccentric festivals in Japan, celebrated at the Saidaiji Temple in Okayama prefecture. Celebrated for more than 490 years the festival is marked by thousands of men dressed only in loincloths struggling to catch sacred sticks. The sticks are tossed into the crowds from a window in the main temple. The festival is held the third Saturday in February.

MIYAJIMA OYSTER FESTIVAL

The Hiroshima region produces the bulk of the nation's oysters at more than 25,000 tons a year and during the winter months oyster festivals are held all along the coast. The Oyster Festival on the island of Miyajima is held annually this year it is scheduled Feb. 9- 10 from 10 a.m. to 3 p.m. During this popular festival oysters are prepared in a variety of delectable ways and stage events are provided for attendees to enjoy.

For more information on upcoming events visit our website at <http://www.mcasiwakuni.marines.mil/News/Localeventinformation.aspx> or visit Information Tours and Travel located in the Crossroads Mall or call 253-4377.

SAKURA THEATER

Friday, February 1, 2013
7 p.m. The Guilt Trip (PG-13)
10 p.m. Gangster Squad (R)

Saturday, February 2, 2013
4 p.m. Finding Nemo (G)
7 p.m. Playing for Keeps (PG-13)

Sunday, February 3, 2013
4 p.m. Monsters, Inc. (G)
7 p.m. This is 40 (R)

Monday, February 4, 2013
7 p.m. Jack Reacher (PG-13)

Tuesday, February 5, 2013
Theater closed

Wednesday, February 6, 2013
Theater closed

Thursday, February 7, 2013
7 p.m. Red Dawn (PG-13)

The movie schedule is subject to change. Please check www.mccsiwakuni.com/sakura often for updates, or call the Sakura Theater at 253-5291 for the latest schedule.

General Admission: Ages 12+ are \$3/ Ages 6-11 are \$1.50/ Children ages 5 and under admitted free. For more information, visit www.mccsiwakuni.com or call 253-5291.

THE IWAKUNI APPROACH CULTURAL LESSONS

Kanji Adventures THE ONE YEN COIN



一円硬貨 Ichi-en Koka

LANCE CPL. B. A. STEVENS

The one yen coin was first minted in 1870. The coin featured a dragon on one side and the Chrysanthemum, a symbol of the Japanese Imperial Family, on the other. Between 1870 and 1914, large silver one-yen coins were issued, also with the dragon and Chrysanthemum imprinted on them. The large silver coin was then supplemented by small gold one-yen coins issued between 1871 and 1892. A brass version of the coin was introduced in 1948 but only produced until 1950. The current one yen coin, made of aluminum, was first issued in 1955. It is the oldest coin among presently-manufactured coins still issued. The design of this coin has not changed for 67 years. A young tree on one side symbolizes the healthy growth of Japan and

on the reverse displays the value with the year minted inscribed on it. The coin weighs one gram and if placed carefully will float. Although the history of this coin is well documented, some people are puzzled to this day of what exactly to do with one's sometime large accumulation of one-yen coins. A traditional way to use the coin is to keep a couple on-hand for prayers or donations. Others take one-yen coins to a bank to exchange for larger currency, however, counting the yen in advance is appreciated. If either of these ideas don't fit the bill to ridding your pockets or coin jars of the one-yen, there is always the option of giving them to friends and family members as souvenirs for their little piece of Japanese history.

Brother coaches against brother for NFL title

SGT. JUSTIN M. PACK
IWAKUNI APPROACH STAFF

After five months of touchdowns, hits, flags, wins, losses and a tie, a National Football League champion will be crowned Feb. 3 in New Orleans, as the Baltimore Ravens and San Francisco 49ers play the last game of the 2012 season.

Both teams have made unexpected runs this postseason by beating higher-seeded teams. The Ravens played against two of the league's best quarterbacks in back-to-back weeks, beating Peyton Manning's Denver Broncos and Tom Brady's New England Patriots. The 49ers also had a tough road, beating the Green Bay Packers and Atlanta Falcons and overcoming a 17-point deficit in the Georgia Dome to win 28-24.

This game has multiple story lines that will broadcast the week leading up to kickoff.

This will be the fourth meeting between the two teams since 2001. The Ravens have won the past three, including the first game in which brothers Jim and John Harbaugh faced off as NFL coaches last season. This will also be the first Super Bowl where both head coaches are brothers.

Linebacker Ray Lewis, who has played his entire career with the Ravens and is the last player from the inaugural team in 1996, announced his retirement earlier this year and will end his career with a Super Bowl appearance.

Second year quarterback Colin Kaepernick will start for the 49ers and will be making only his 10th career start in the NFL. He replaced Alex Smith half-way through this

season and led the 49ers to a 7-2 record.

This is the Ravens' second Super Bowl appearance. The team won it all in 2000 with a stout defense led by the Most Valuable Player of the game, Ray Lewis. This time around, the Ravens have a balanced offense in addition to their defense. The players have also taken to John Harbaugh's coaching philosophy, which has its foundation on one thing.

According to John Harbaugh, "There are three important things in putting together a football team: Number one is the team, the second most important thing is the team, and the third most important thing is the team."

The 49ers are trying to become the second team in NFL history with six Super Bowl titles, joining the Pittsburgh Steelers. If this happens, Kaepernick will follow the footsteps of Hall of Fame quarterbacks Joe Montana and Steve Young in 49er lore.

Jim Harbaugh has taken aspects of his playing career and used them to mold his coaching philosophy and team identity.

"If people see characteristics of Bo Schembechler's teams, or the characteristics of the Baltimore Ravens in our team, then that would be something we'd be proud of."

No matter the outcome of Super Bowl XLVII, New Orleans has a history of hosting large sporting events and the game is expected to be one of the most watched television events of the year. Even if you don't cheer for the Ravens or 49ers, the Super Bowl atmosphere is something anyone can enjoy.

SUPER BOWL XLVII NEW ORLEANS

Meet NFL Cheerleaders available for photos and autographs. Enjoy our free breakfast buffet. Win prizes throughout the game.

FEBRUARY 4, 2013
CLUB IWAKUNI BALLROOM
PRE-GAME 6 AM
FREE ADMISSION

Amway SUMIBI YAKINIKU KURAYA KIKUTEI

Who do YOU think is going to win?



"I think the Ravens will beat the 49ers 29-12. Ray Lewis will go out with a Super Bowl victory."

-Lance Cpl. Takerio Bills
Headquarters and Headquarters Squadron



"It'll be a tough game, I'll admit. I think it will be a close game, but not that high scoring, 49ers will win 24-21."

-Lance Cpl. Mary Method
Headquarters and Headquarters Squadron



"The 49ers will win due to their high octane offense and solid defense. I predict it will be a very close contested game with a score of 35-28."

-Cpl. Michael Diaz
Marine Aircraft Group 12



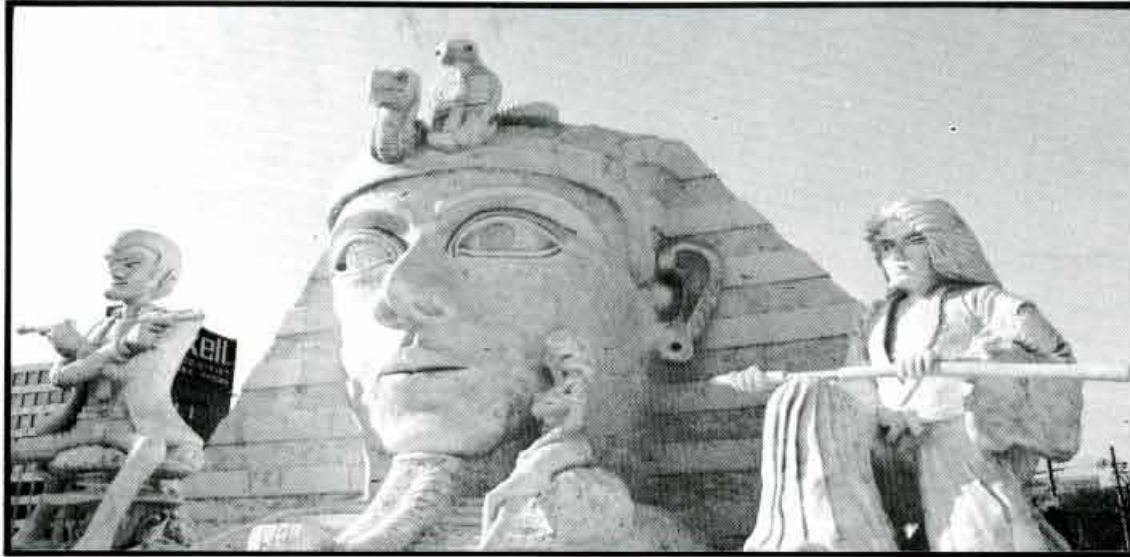
"The 49ers will beat the Ravens 31-21."

-Katherine West
Headquarters and Headquarters Squadron

The Iwakuni Time Machine

In the Jan. 30, 1987, issue of the Torii Teller, Marines reported on a female Marine luncheon scheduled to take place at the Tomodachi Club Feb. 13, the start of the intramural volleyball season Feb. 11, Special Services sponsoring a Sweetheart 10-kilometer Fun Run Feb. 14, and a new Active Duty Dependents Dental Plan contract scheduled to be awarded early April.

Japanese Culture



Snow sculptures from a past festival.

Sapporo's festival for snow

Japan's largest winter festival, the Sapporo Snow Festival, will be held from February 5 through 11 in Sapporo City, Hokkaido.

The five-day festival will have more than 150 magnificent snow statues and ice sculptures on display at the Odori Park, Makomanai and Susikino. Live entertainment will be available on stages in front of the statues.

In building the snow statues, five-thousand, four-ton truckloads of snow are transported to the site. In recent years, because of a shortage of snow in the city, truckers had to travel to a nearby mountainous area. In spite of this inconvenience, the snow festival has been growing in size and quality every year.

The first Sapporo Snow Festival was held in February 1950.

The residents of Sapporo City were upset because they had no wintertime activities for their region. Since the area is cold and snowy six months a year, a festival including snow and ice sculptures fit right in.

In 1972, the 11th Winter Games were held in Sapporo and brought the snow festival international attention. Since then, the festival has increased in popularity and participation from such countries as the U.S., Hong Kong, Korea, the Republic of China, Australia, Germany, the Philippines, New Zealand, Switzerland, Great Britain, Sweden and Malaysia.

Special Services is sponsoring a trip to the snow festival from Feb. 3 to 7. The ¥129,000 cost includes round trip air fare to Sap-

Chaplain's Call

Catholic:

Mass: Sat., 5 p.m.; Sun., 9 a.m.; Mon.-Fri., 11:45 a.m. Confession: Sat., 4 p.m. Parish Choir; Mon., 7 p.m., CCD Classes: Sun., 10:15 a.m., Chapel Center

Protestant:

Sun., 7:45 a.m., Communion every Sunday, Sunday School 9-10 a.m. Chapel Center, General Protestant Divine Worship 10:30 a.m. Chapel Choir Practice, Tue., 7 p.m. Gospel Service, Sun., 5 p.m. Gospel Bible Study, Wed., 7:30 p.m., Gospel Choir Practice, Tue. and Fri., 7 p.m., Spirit Life Fellowship, Sat., 7 p.m.,

Church of Jesus Christ of Latter Day Saints

Sun., 1 p.m., Chapel Center

Church of Christ

Sun., 9:30 a.m. and 6 p.m., Wed., 7 p.m. Chapel Annex

Pentecostal Fellowship

Church of God (CLTN); Bible study Wed. and Fri., 7:30, Worship Service, Sun., 1 p.m., Chapel Center

Lutheran

Last Sun., each month, noon, Chapel

United Pentecostal Church

Sat., 7 p.m., Tues., 7 p.m.

poro, bus transportation to and from Hiroshima, hotel accommodations, breakfasts and transfers from hotel to airport and sites. A half-fare deposit holds a reservation.

Reservations for the Special Services tour can be made by calling 5437 or visiting the Information and Reservations Office in Room 208 of the Education and Services Building.



Our Cover

Sgt. Gary Daugherty cues up a record during the "Morning Show" at FEN. (USMC Photo by Sgt. Bill Bennett)

Torii Teller

MCAS, FPO Seattle, WA 98764

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The Torii Teller is currently printed weekly with appropriated funds and complies with MCO P5600, 31E. Its purpose is to disseminate information about the Marine Corps and Navy, this command, and the men and women thereof. It shall in no way be considered directive in nature. The views expressed herein are not necessarily those of this command, the Department of the Navy or the Department of Defense. The Torii Teller is a subscriber of the American Forces Press Service (AFPS). Circulation is 3,500 copies.