



Richmond/Southeast
PADRECC

Parkinson's Disease Research Education and Clinical Center

Hunter Holmes McGuire Veterans Affairs Medical Center (652/127)

1201 Broad Rock Boulevard, Richmond, VA 23249

For appointments and information please call (804) 675-5931

www.parkinsons.va.gov/Richmond

2013 Parkinson's Disease Support Group

Group is open to the community – you do not need to be a veteran to attend

Contact: Lynn Klanchar (804) 675-6952

Day: 4th Thursday of Month Time: 1-3 pm Place: Room 2K-113/115

1st hour - speaker; 2nd hour- separate discussion groups for patients & caregivers

Jan 24: “Deep Brain Stimulation”

Alex Feria, DBS Therapy Representative, Medtronic

Miriam Hirsch, MS, RN, Neurosurgical Nurse, PADRECC Southeast, McGuire VAMC

Feb 28: “Infections and Parkinson's Disease”

Peggy Roberge, RN, Clinical Coordinator, PADRECC Southeast, McGuire VAMC

Mar 28: “Stress Management”

Brian L. Meyer, Ph.D., LCP, SUD-PTSD Specialist/Clinical Psychologist, McGuire VAMC

**** Apr 25: “Medication & Exercise – Keys to Managing PD” - Parkinson's Awareness Month**

Special Event (12:30-3pm in Multipurpose Room – Director side 1st floor)

McGuire VAMC Pharmacy Staff – meds; Exercise Session – to be determined

May 23: – to be determined

Jun 27: – to be determined

Jul 25: – to be determined

Aug 22: – to be determined

Sep 26: – to be determined

Oct 24: – to be determined

November: NO MEETING this month - Happy Thanksgiving!

**** DECEMBER 12:** HOLIDAY EVENT (12:30-3pm in Multipurpose Room – Director side 1st floor)

**** Note: location and time is different than usual time for meeting**