FEBRUARY 2013 FORT STEWART SCHOOLS BREAKFAST AND LUNCH MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| CELEBRATING BLACK HISTORY MONTH | Barack Obama 44th President <br> 1st African American President 1st A. A. President of the Harvard Law Review <br> Gen Colin Powell U.S. Secretary of State/ Chairman of the Joint Chiefs of Staff | Dr. Charles Drew inventor of the Blood Bank <br> Daniel Hale Williams Heart Surgery <br> Pioneer <br> Bessie Coleman License Pilot W.E.B Dubois 1st A. A. to receive Doctoral Degree at Harvard | Madame C. J. Walker 1st African American Millionaire / Hair Care Products <br> Robert Johnson 1st African American Billionaire owner BET (Black Entertainment Television) | 1 <br> Pancakes w/ Syrup Grape Juice Toasted Cheese Sandwich w/ Tomato Soup / Garden Salad / Diced Peaches / Chocolate Chip Cookie |
| 4 <br> Brown Sugar \& Cinnamon Oatmeal w/ Box Raisin Spaghetti w/ Meat Sauce \& Italian Bread / Club Spinach / Mixed Vegetables / Candied Apples | 5 <br> Assorted Cereal w/ Bananas Roast Pork Loin w/ Baked Sweet Potato Halves / Seasoned Collard Greens / Cornbread / Pears | 6 <br> Scrambled Eggs w/ Wheat Toast / Orange Juice <br> Taco Salad w/ Refried Beans / Seasoned Corn / Orange Pineapple Jell-o / Wheat Sugar Cookie | 7 <br> Breakfast Burritos w/ Salsa/ Chilled Pears Chicken Fajita Wraps w/ Orange Rice Pilaf / Seasoned Succotash / Chilled Fruit Cocktail / Pound Cake | 8 <br> Banana Bread Apple Juice Corn Dog Puffs w/ Baked Beans Applesauce / Potato Wedges Chocolate Chip Cookie |
| 11 <br> Sausage Biscuit w/ Grape Juice Sliced Ham Pattie w/ Candied Yams \& Apples / Wheat Roll Green Beans / Pears Halves Oatmeal Cookie | 12 <br> Yogurt Parfaits w/ Fruit \& Granola <br> Baked Chicken Legs w/ Mac \& Cheese / Broccoli \& Cauliflower Mix / Orange Wedges / Cowboy Cookie | 13 <br> Thick French Toast w/ Syrup 100\% Fruit Juice Chopped Bar B Que Pork on Bun w/ Corn On The Cob / Cole Slaw / Chilled Pineapples | 14 <br> Frosted Corn Flakes w/ Bananas <br> Fish Sticks w/ Cheese Grits / Carrot Salad / Tangy Spinach / Tropical Fruit Salad / Spice Cake | 15 <br> Breakfast Pizza w/ 100\% Fruit Juice <br> Breakfast for Lunch Pancakes w/ Syrup / Eggs Sausage Pattie / Potato Tots Strawberries \& Bananas |
| 18 PRESIDENT'S DAY | 19 <br> Cream of Wheat - Oranges Cheeseburger w/ Lettuce Tomato Pickle Chips / Sweet Potato Fries / Applesauce / Graham Cracker | 20 <br> Scrambled Cheese Eggs w/ <br> Toast / Apples Halves Vegetable Wraps w/ Tomato Soup / 1/2 Cup Grapes / Royal Brownie | 21 <br> Cheese Grits w/ Chopped Bacon <br> / 100\% Fruit Juice <br> Chili Mac w/ Garden Salad w/ Broccoli / Chopped Mango \& Pineapples / Sugar Cookie | 22 <br> Breakfast Pizza w/ Apricots February's Birthday Cheese Pizza w/ Potato Tots Orange Wedges / Yellow Cake w/ Icing / Orange Sherbet |
| 25 <br> Assorted Cereal/ Bananas Buffalo Wings w/ Ranch Dressing Carrot \& Celery Sticks/ Dirty Potatoes / Applesauce | 26 <br> Banana Nut Bread w/ Apples Rotini w/ Italian Bread / Seasoned Broccoli w/ Glazed Carrots / Diced Peaches / Lemon Pound cake | 27 <br> Manager's Choice | 28 <br> Manager's Choice | SIGN UP FOR LUNCH PREPAY WITH YOUR STUDENT'S 10 DIGIT STUDENT NUMBER GET IT FROM THE SCHOOL LUNCH CASHIER OR THE SCHOOL SECRETARY www.lunchprepay.com |

