

GENOMIC DNA METHYLATION ALTERATIONS DUE TO METAL-RICH AIR PARTICLE EXPOSURE: POTENTIAL LINKS WITH INFLAMMATION AND COAGULATION MARKERS

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Background and Aims: DNA methylation alterations have been proposed as a novel molecular mechanisms linking inhalable particulate matter (PM) exposure to cardiovascular effects. However, data showing relations among PM exposure, DNA methylation and cardiovascular-related outcomes, such as inflammation and blood coagulation, are limited. We investigated global DNA methylation, inflammation and coagulation markers in foundry workers with well-characterized exposure to a wide range of metal-rich PM.

Methods: We recruited 63 male workers (mean age 44 years) in an electric-steel plant in Italy. Individual exposure to PM with diameter <10 μm (PM₁₀) and its metal components was estimated using work-area measurements and time spent in each area. DNA methylation analysis of Alu and LINE-1 was performed through bisulfite-pyrosequencing on blood DNA obtained on two different work days. We measured PT, aPTT, t-PA antigen, D-dimer, and CRP. Endogenous thrombin potentials (ETPs) were assessed with (TM+) or without (TM-) soluble thrombomodulin, but without exogenous triggers. Covariate-adjusted linear mixed-effect regression was used to evaluate associations between PM or metal exposure and methylation; and between methylation and coagulation/inflammation markers.

Results: Workers were exposed to a wide range of PM₁₀ (between 73-1220 $\mu\text{g}/\text{m}^3$) and metal components (PM₁₀ metal content between 2%-94%). PM₁₀ showed a negative association with Alu ($\beta = -0.18$, $p = 0.05$) and LINE-1 ($\beta = -0.37$, $p = 0.04$) methylation. Zinc had a marginal negative association with Alu methylation ($\beta = -0.17$, $p = 0.06$). Aluminum was negatively associated with LINE-1 methylation ($\beta = -0.19$, $p = 0.04$). Lower Alu methylation was associated with activated coagulation and inflammation, as indicated by shorter PT ($\beta = -0.18$, $p = 0.02$), and increased ETP TM+ ($\beta = 87.17$, $p = 0.03$), ETP TM- ($\beta = 144.82$, $p = 0.02$), and CRP ($\beta = 0.58$, $p = 0.01$). No associations were found with other markers.

Conclusions: We found novel associations of coagulation markers with Alu repetitive element methylation. DNA methylation was associated with specific metal components, suggesting a possible common path linking PM exposure, methylation, and blood coagulation.