



SHAPE AMERICAN HIGH SCHOOL
Daily Bell Schedule

Green Day

Gold Day

Warning Bell	0845	Warning Bell	0845
Period 1	0855-1015	Period 2	0855-1015
Period 3	1020-1145 <i>ANNOUNCEMENTS & NUTRITION BREAK</i>	Period 4	1020-1145 <i>ANNOUNCEMENTS & NUTRITION BREAK</i>
HS Period 5	1150-1320	HS Seminar	1150-1320
HS Lunch	1320-1405	HS Lunch	1320-1405
MS Period 5	1150-1230	MS Seminar	1150-1230
MS Lunch	1235-1320	MS Lunch	1235-1320
MS Period 5 cont'd.	1325-1405	MS Seminar cont'd.	1325-1405
Period 7	1410-1530	Period 6	1410-1530

SPECIAL SCHEDULES

1200 Dismissal*		1300 Dismissal*	
WARNING BELL	0850	WARNING BELL	0850
Period 1/2	0855 – 0940	Period 1/2	0855 – 0950
Period 3/4	0945 – 1030	Period 3/4	0955-1050
	<i>ANNOUNCEMENTS & NUTRITION BREAK</i>		<i>ANNOUNCEMENTS & NUTRITION BREAK</i>
Period 5/ Seminar	1035-1120	Period 5/ Seminar	1055 – 1150
Period 6/7	1125 – 1200	Period 6/7	1155 – 1300
*25 April 2013		*26 Oct., 22 Nov., 8 Feb., 29 March	