

**QUIT TOBACCO**

There's a health plan available to help.  
Page 2

**YOUR VIEW:**

Women in combat: Good idea?  
Pages 8 and 9

**SUPER FALCONS**

4 Academy grads have made Super Bowl appearances. Page 10



MIKE KAPLAN

Chad Hall led the 2007 Falcons in rushing and receiving with 230 rushes for 1478 yards, 15 touchdowns, 50 receptions for 524 yards and one touchdown. On special teams, Hall was the primary punt and kick returner, returning 36 punts kickoffs for a combined 681 return yards.

# Super Bowl bound

Former Falcon Chad Hall prepares to play with 49ers

By John Van Winkle

Air Force Academy Public Affairs

An Air Force Academy graduate and San Francisco 49ers wide receiver arrived in New Orleans Sunday for Super Bowl XLVII.

Capt. Chad Hall, an Air Force reservist, was signed to the 49ers practice squad Nov. 27 for scout team duty, wearing No. 14. He was released Dec. 14 as the team juggled its active and practice squad rosters but left an impression on the coaches, who signed the 5'8, 187-pound Hall back onto the practice squad three days later.

"I've been preparing every week and I was ready to

go every week in case I was called up," Hall said. "Every week usually, the defense has me play the role of their opponents' quickest receiver and slot receiver in practice. I'll do anything I can to help in that way, and have been doing that ever since the first day I got here. Over the past couple of weeks, the offense has put me in for plays that are designed for me."

Hall has also been working as a backup punt and kick returner.

"Hopefully, I can work my way into that role for next year."

The 49ers moved Hall up to the active roster Jan. 19, which allowed him to suit up for the NFC championship game against his hometown team, the Atlanta

See Super Bowl Page 10

## Caring for Cadets

Advocates help victims 'walk the journey' to survivor

*Editor's note: This is the third article in a series focusing on how various units at the Academy "Care for Cadets." Subsequent articles will appear in upcoming editions of the Academy Spirit.*

By Don Branum

Academy Spirit staff writer

Through the simple act of talking to a sexual assault response coordinator or a victim advocate, those who've been through the traumatic experience of sexual assault take the first step from "victim" to "survivor."

There's no clear line to differentiate a victim of rape between a survivor, and the journey from one to the other is highly personal, but victim advocates stand by to help however they can, said Alma Guzman, who retired Thursday.

"You're giving them options. The victim advocate is someone who is helping but certainly not making decisions," said Guzman, who served in the active-duty Air Force as a nurse practitioner before joining Air Force civil service as a victim advocate. "We drive cadets to (The Air Force Office of Special Investigations) interviews and legal. Sometimes we go in with them, sometimes we wait outside."

Being a victim advocate is difficult because of the balance of professionalism and empathy required, Guzman said.

"We're not counselors, and we're not legal," she said. "But we provide a great service, I think—taking care of other people. Everyone needs someone sometimes to help them walk the journey. It's worthwhile because I've met some of the nicest, most wonderful cadets."

Guzman started as a victim advocate about 16 years ago.

"It was an easy transition," she said. "I'm a nurse. I've advocated for patients all my life."

Currently, victim advocates at many Air Force bases are volunteers who may be pulled away from their primary duties to support a rape survivor's needs. By October, however, all bases will have at least one full-time, certified victim advocate as well as a full-

See Caring Page 6

# Quit tobacco for good

By Sharon Hawkes

Health and Wellness Center promotion manager

You may have started using tobacco because your friends or co-workers were smoking or chewing tobacco and you felt as though you had to use nicotine to fit in.

Mistakenly, you thought just a few puffs on a cigarette or that first “dip” wouldn’t get you addicted. You may have thought “It’s just smokeless tobacco - this cannot be as unsafe as cigarettes”. In reality, smokeless tobacco delivers three to four times more nicotine into your body than cigarettes.

So, you continued to chew and became addicted to nicotine, which can be as addictive as heroin or cocaine. The addiction not only made you lose sight of the health risks but you also become oblivious to what people may have been saying about your brown teeth, smelly breath and constant spitting.

The longer you chew or smoke, the greater the chances of facing a serious health issue such as cancer.

A mouth cancer spreads extremely fast and can result



Sharon Hawkes

in the loss of parts of your jaw, lips, cheek or even your tongue.

Only half of those diagnosed with oral cancer survive longer than five years. In fact, one person dies each hour from oral cancer or other cancers associated with tobacco. If you continue to use tobacco, it could be you who dies during one of those hours.

Learn to stop using tobacco products for good by contacting the Health and Wellness Center for a “quit plan” at 333-3733, and talk with your doctor about medications that can help you quit this expensive and unhealthy habit.

Remember to never give up or give in to this habit with very serious health consequences.

## Opening combat positions essential to diversity, future AF

By Don Branum

Academy Spirit staff writer

Defense Secretary Leon Panetta’s announcement Jan. 24 that he would lift restrictions on women in combat positions has stirred up quite a bit of discussion. Anyone who wants a stronger U.S. military should welcome the lifting of combat restrictions and what that change means for readiness and diversity within the armed forces.

It’s important to note a couple of key facts: First, women have been involved in combat since well before the 9/11 al-Qaida attacks. Second, Panetta has made clear he does not expect the services to change the physical requirements for demanding jobs such as Air Force pararescue, Navy SEALs, Army Green Berets or other special operations programs.

One name comes immediately to my mind when I think of women who have seen combat: 1st Lt. Roslyn Schulte, a 2006 Air Force Academy graduate killed in action while deployed to Afghanistan in May 2009.

Less recent names of note take a bit more digging, but they’re not hard to find:

- Retired Col. Martha McSally, a 1988 graduate who flew in support of Operations Southern Watch and Enduring Freedom;

- Lt. Col. Nicole Malachowski, a 1996 graduate who flew in support of Operations Iraqi Freedom and En-

during Freedom;

- Lt. Col. Kim Campbell, a ‘97 graduate who took part in air operations over Baghdad.

While the physical requirements for pilots differ from those for many special operations career fields, flying in combat carries the significant risk of being shot down and either killed or captured.

More importantly, the strategy of asymmetrical warfare popular with the Taliban and al-Qaida doesn’t recognize “combat roles” or front lines. Army Spc. Lori Piestewa, Army Spc. Shoshana Johnson and Army Pfc. Jessica Lynch were assigned to the Army Quartermaster Corps, but that didn’t stop Iraqi army forces from ambushing their convoy in March 2003. Johnson and Lynch were taken prisoner and later rescued, while Piestewa was killed.

Still, Panetta’s decision isn’t without controversy. On the Air Force’s official website, “Brandon” from Miami writes, in part, “Men are naturally hardwired to protect women even if it is with our lives.” Notwithstanding the fact that service members are trained to protect *any* of their fellow brothers or sisters in uniform, I’ve yet to see any scientific evidence to corroborate Brandon’s assumption.

The decision could also help solve a long-term problem: the lack of diversity within the Pentagon’s top ranks. According to 2009 Defense Manpower Data Center statistics, fewer than

10 percent of general officers across the services are women, even though women made up 16 percent of the active-duty officer corps.

It took nearly 65 years from the day Esther Blake joined the Air Force until Gen. Janet Wolfenbarger (a 1980 Academy graduate) became the Air Force’s first female four-star general. A big stumbling block has traditionally been a lack of combat experience, but you can’t get combat experience if you’re not allowed to serve — and lead — in combat roles.

That wasn’t fair to women, so Panetta fixed it.

As James Hill of Columbia, Tenn., wrote on the Air Force website, “As a 32-year veteran, all I have to say is, go for it. In my 79 years of life, I have learned that women can be tough as nails. I saw my son ... make a pararescueman, and I know his daughter is as tough as he is.”

People are going to worry about unit cohesion anytime something happens to change a unit’s composition. It was true for racial desegregation in 1948; it was true when Don’t Ask, Don’t Tell was repealed in 2011, and it’s true now. People even get nervous about new unit commanders or permanent changes of station. It’s easier to make up reasons for change-related anxiety than it is to admit you don’t know what might happen.

But if past experience is any indication, the armed forces will be just fine.

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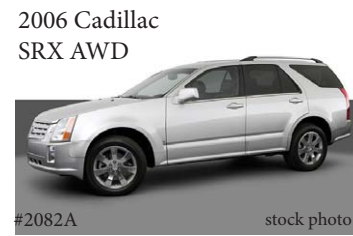
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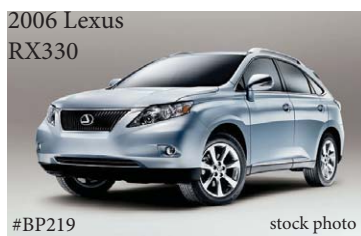
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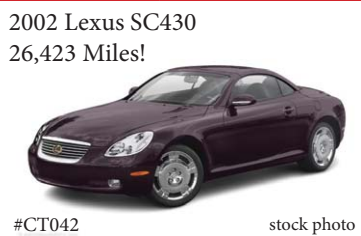
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# Cadets demonstrate prototype for new patient loading system

By Staff Sgt. Maria Boman  
375th Air Mobility Wing Public Affairs

**SCOTT AIR FORCE BASE, III.** — Three Academy upperclassmen flew here Jan. 15 to get feedback on their prototype for a new and improved system to load patients into aircraft.

The three cadets met with members of the 375th Aeromedical Evacuation Squadron and representatives from Air Mobility Command during a Patient Loading System capstone workshop.

“The current patient loading system needs to be replaced with safer equipment for medical personnel and patients,” said Maj. Samantha Treadwell, AMC’s Aeromedical Evacuation Medical Modernization officer-in-charge. “Currently, parts have to be taken off of one (patient loading system) to fix another because the parts can no longer be ordered.”

While at Scott AFB, the three cadets gave a presentation on their prototypes’ design, analysis and testing. Using prototypes made of wood, metal and Legos, they presented their potential patient load-

ing system replacement design concepts, including different lifts and means of elevating patients onto an aircraft.

The medical personnel tested the prototypes and provided feedback on advantages and disadvantages.

“One of the major issues with numerous design projects is that engineers may design something the customer does not want, so our goal was to avoid that at all costs,” said Maj. Cody Rasmussen, the Academy’s engineering mechanics department advisor.

“Without inputs from the (Aeromedical Evacuation) member, we have no guidance for what needs to be improved, especially since we have limited experience ourselves,” said Cadet 1st Class Hayden Richards. “We hope to mesh our ideas together.”

The 375th AES is the pilot unit for



STAFF SGT. MARIA BOWMAN

Cadet 1st Class Hayden Richards demonstrates how an elevator lift works during a Jan. 15 workshop at Scott Air Force Base, Ill. Richards is one of three Air Force Academy seniors who traveled to Scott AFB to demonstrate the design a seven-cadet team had devised for a new patient loading system.

all Air Force aeromedical evacuation issues, so it was critical that the medical personnel were involved in the process, Treadwell said.

With more than 2,000 hours of combined experience, the 375th AES participants moved theory into a practical system.

“Providing safe patient transport is vital,” Treadwell said. “An improved PLS will aid in that effort,

and perhaps one day one of their inventions will be what we use.”

The cadets will give their final presentation in May to Air Mobility Command and to Air Force Medical Support Agency leaders.

Seven Academy seniors took part in the project: Cadets 1st Class Matt Heien, Tyler Ogren, Brad Phelan, Fred Rath, Jared Rillings, Jenna Whetsel and Hayden Richards.

## DOD to review family, military community programs

By Cheryl Pellerin  
American Forces Press Service

**WASHINGTON (AFNS)**— A new task force will start work next month on a 120-day review of all family and military community programs across the Defense Department to determine their effectiveness and identify gaps and potential efficiencies, a senior defense official said Monday.

Charles Milam, acting deputy assistant secretary of defense for military community and family policy, will lead the Common Services Task Force at the request of Jessica Wright, acting undersecretary of defense for personnel and readiness, he told defense reporters here last week.

“The goals of the task force are to continue providing exceptional support to service members and their families as effectively and efficiently as possible,” Milam said, “and — this is a guiding principle for us — we expect to deliver the same or better level of programs and services.”

Task force members will include senior leaders at the one-star or Senior Executive Service level from each secretariat and service, he said, along with representation from the DOD comptroller’s office, the Pentagon cost assessment and program evaluation office, and the public affairs and legislative affairs offices.

The services independently have been looking at many of the same program issues, Milam added.

Last year, for example, the Military Family Readiness Council initiated an effectiveness review for 170 family programs that exist across the services, he said.

“What we’re looking at now (in that review) is building effectiveness measures on those programs (to see) which ones are effective, which ones are mov-

ing the needle, which ones have an impact,” the deputy assistant secretary explained.

In the meantime, he added, DOD officials decided they needed to look at the issue more holistically and across the department.

**“What we’re looking at now is building effectiveness measures on those programs (to see) which ones are effective, which ones are moving the needle, which ones have an impact.”**

— Charles Milam

Deputy assistant secretary of defense for military community and family policy

One driver of the task force’s review will be demographic, Milam said.

A majority of service members used to live on military installations, but now about 75 percent live in surrounding communities, he noted. “One

of the concerns that we hear repeatedly on surveys is that our service members and their families aren’t aware of many of the programs being offered,” he said.

Milam said the review will look at every program under the portfolio of the Pentagon’s military community and family policy office. These include programs that serve children, teens and families, as well as those that address recreation, business and exceptional family members.

Recreation programs can address fitness and wellness, and business programs can include golf programs, bowling centers, outdoor recreation and community centers, he said.

To determine which programs work, Milam said the department will examine “feedback from military families [about] which programs reduce stress, which ones improve quality of life of our service members, and which ones reach our service members.”

The services all are doing similar things under the direction of DOD’s military community and family policy office, Milam said. “Whether there is redundancy in that or not, we’ll find out,” he added.

“That’s what this is all about. There’s going to be a fact-gathering period where we’re going to look at all these programs to see what’s out there.”

Commissaries, military exchanges and the DOD Education Activity -- which runs schools for children of military families -- will not be part of the review, he added.

“This initiative is not related to any budget-cutting drill,” Milam clarified. “But when we go through this process, if we find efficiencies, which we possibly will, there are two pots of money we’re talking about.”

Non-appropriated funds are those generated at the local level through service members in buying and using services, he said. “Any savings that we generate there will go back to the installations to improve quality-of-life programs,” Milam said. For savings found in activities that operate with appropriated funds, he added, decisions will need to be made about what to do with those funds.

If gaps in family services are found during the review, Milam said, community partnerships may be an answer.

“If we find gaps, there’s going to have to be some collaboration with the communities,” he said. “We’re doing this already in our child development programs.”

For those programs, service members and their families can use nationally accredited child development programs outside the installation. They pay up to the maximum rate charged for on-base care at that local installation and are reimbursed the difference, he said.

“So there’s a model out there already where we’re using community services,” Milam said. “That’s not to say we don’t need child development programs on the installation. We need both.”

Parents want child care where they work or live, he noted. “But we also need to look at those other services,” he added. “Do we need to build more fitness centers or can we perhaps partner more? These are the things that we’re going to look at.”

## Air Force to pursue opening remaining combat positions to women

WASHINGTON — With 99 percent of Air Force positions already open to women, the service now will pursue opening the final 1 percent, the Air Force chief of staff said Jan. 25.

Defense Secretary Leon Panetta and Army Gen. Martin Dempsey, chairman of the Joint Chiefs of Staff, announced that the Defense Department is rescinding a policy that had barred military women from serving in certain direct-combat positions.

"2013 marks the 20th anniversary of the Department of Defense allowing women to serve as combat pilots," Gen. Mark Welsh III said. "By rescinding the 1994 Direct Ground Combat Definition and Assignment Rule, we can pursue integrating women into the seven remaining Air Force career fields still closed, all associated with special operations. We're focused on ensuring America's Air Force remains capable and ready with the best-qualified people serving where we need them."

The Air Force will partner with U.S. Special Operations Command and the other services to review opening these positions in a deliberate, measured and responsible way, officials said.

Positions now closed to women in the Air Force are combat control; combat rescue and special tactics; and special operations weather officer positions for commissioned officers, and the combat control, tactical air command and control, pararescue and special operations weather specialties for enlisted airmen. These career fields represent about 3,235 positions, officials said.



PHOTO BY SENIOR AIRMAN DENNIS SLOAN

## Officials to study more roles for women in special operations

Karen Parrish  
American Forces Press Service

WASHINGTON — With women already providing direct support in special operations, officials are studying how to open more positions that currently are open only to men, the commander of U.S. Special Operations Command said here Tuesday.

Navy Adm. William McRaven touched on the future of women in special operations during remarks at the National Defense Industrial Association's 24th Annual Special Operations and Low-intensity Conflict Symposium. Defense Secretary Leon Panetta and Army Gen. Martin Dempsey, chairman of the Joint Chiefs of Staff, announced last week that the 1994 policy that excluded women from serving in direct ground combat positions is rescinded. "We have had women supporting

direct special operations for quite some time," McRaven noted today. "So I am fully supportive of Secretary Panetta and the chairman's decision to do this -- and frankly, so were all the service chiefs and combatant commanders."

Special operations forces include a number of women with specialized language, cultural and special skills training, but McRaven acknowledged that Army Rangers, Navy SEALs and other "door-kicking" special operations units have never included women. Socom leaders have an opportunity over the next few years to assess how to open the command's ranks to women, McRaven said.

"I'm required to report back to the secretary, by the first quarter of (fiscal 2016), a plan on how to integrate them," he added.

The new guidance requires that standards be gender-neutral, the admiral noted. "We never had gender standards, ... because we had no female population. ... We had an all-male population that was going to become Rangers, or SEALs or infantrymen," he said. "So that was the standard."

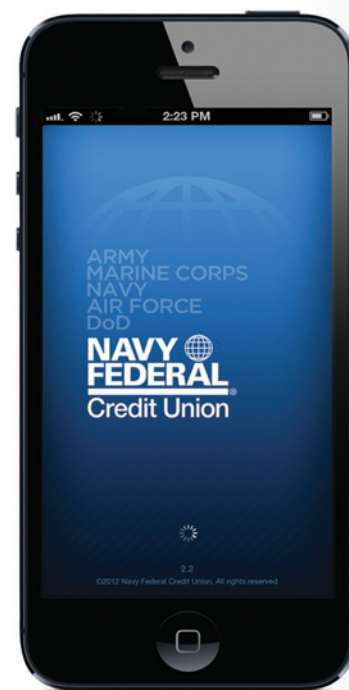
McRaven said he and his staff are looking forward to figuring out ways to integrate women into direct special operations roles.

"I guarantee you, there will be females out there that will come to (basic underwater demolition or SEAL) training or be Rangers ... and will do a phenomenal job," he said.

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## Caring

From Page 1

full-time SARC, as required by the Fiscal Year 2012 National Defense Authorization Act.

The Academy already meets that requirement and has for several years. Victim advocates here are certified through the National Organization for Victim Assistance, established in 1975. They undergo continuing education to stay current on their certifications, which they must renew every two years, Guzman said.

The steps taken by the Academy's Sexual Assault Prevention and Response office staff have helped increase the rate of sexual assault reports, though the prevalence remains about the same from previous years. Incidents of sexual harassment have declined, however, which the Academy's SARC, Teresa Beasley, attributed to training and awareness.

"I've seen an increase in cadets coming in, saying, 'These are the behaviors, and I knew where it was headed,'" Beasley said in a Jan. 11 Academy Spirit story. "They're learning skills on how to say, 'Knock it off.'"

While being a victim advocate is sometimes difficult, it's worth it to see cadets take the steps from victim to survivor, Guzman said.

"Sometimes it takes a little longer for some than for others, but when you see it, it's absolutely wonderful. If you stay in touch with them after graduation, you'll see how they transition," she said. She still keeps in touch with numerous graduates.

Though cadets comprise a majority of the SAPR office's clients, the office also helps active-duty service members and civilians get help through either on- or off-base resources. But Guzman said helping cadets "walk the journey" is the reason she stayed.

"I've been blessed," she said. "Some people forget that if it wasn't for the cadets, we wouldn't be here. People who don't work with cadets don't understand how wonderful they are. The cadets I've met are wonderful men and women whom I'm glad I've met — sometimes under unfortunate circumstances, but I'm still glad I met them."

## Flu shot in higher demand this year but still available in area

By Amber Baillie  
Academy Spirit staff writer

As the flu virus continues to spread, more people want a flu shot this year. Although no longer offered to the general public at the Academy, officials from the allergy and immunization clinic here said there isn't a shortage of the vaccine and that it's still available throughout clinics in the city.

"Right now we only have vaccine for cadets and active-duty assigned to this base," said Master Sgt. Shontea Travis, an alternate Air Force enlisted allergy and immunization consultant here. "Initially, it was available to everyone when we first offered it in September, for any beneficiary whether they were Navy, Air Force, Army, Marines or Coast Guard," she said. "We haven't had a shortage of the vaccine - more people are just wanting it later."

Chief of the Academy's Allergy and Immunizations Clinic Maj. Christopher Webber, said the Academy receives their supply from the Defense Department. He said last year they received about the same dosage but 1,000 doses were wasted.

"Last year we had 14,000 doses and had 1,000 doses expire because the population didn't want it," Webber said. "This year we received 13,000 doses and were finished by Dec. 25. It was on a first come, first serve basis and our office wasn't just limited to the Academy but was also open to those from Peterson, Fort Carson, Schriever and Buckley."

Travis said families here can still receive the vaccine at other locations in Colorado Springs and can visit the TriWest Healthcare Web site, [Triwest.com](http://Triwest.com), to view what is available in the civilian sector.

"Once they find an approved pharmacy, please call ahead of time because it's still a covered benefit based on the information that is up to date on



METROGRAPHICS

your TriWest card," Webber said.

Dr. Bill Letson, a medical examiner at the El Paso County Health Department, said it's possible to order new supplies of the vaccine and get them quickly.

"There are not true vaccine shortages for influenza so far in the U.S.," Letson said. "There have been problems with clinical vaccine providers under anticipating the size of the outbreak and under ordering. This has also been the case in El Paso County."

Letson said private providers with adequate supply -- including physicians, pharmacies and Health Maintenance Organizations -- are still offering the flu shot.

"El Paso County Public Health also offers vaccination for uninsured people," Letson said.

The flu season begins every year in the fall, Webber said.

"This year is no different than any other year in terms of time period," Webber said. "There has been either more of a virulent strain, less prior vaccinations or more attention because there

See Flu Page 7



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## Flu

From Page 7

have been a cluster of outbreaks.”

Everyone, especially high-risk patients, should get the flu shot, Webber said.

“High-risk patients include children six months to 18 years of age, adults 50 years or older, pregnant women and adults with chronic medical conditions,” he said.

According to Travis, the flu season is not over and has the potential to last until May. The vaccine is mandatory for all cadets and active-duty here, she said.

“The flu shot needs to be annual shot,” she said. Getting it this year doesn’t necessarily protect you next year and we’ll be starting again in September.”

It takes approximately two weeks for a complete immune response to develop to vaccine antigens that are entirely new to a person, Letson said.

“The longer one has lived and the more exposure one has had to a variety of influenza strains, the quicker one may develop a strong immune response,” Letson said. “This is why young children generally require two doses rather than one.”

Webber said the benefits of the flu shot outweigh the risks.

“No vaccine guarantees you won’t get the illness but if you don’t get it, you run the risk of getting the flu and if you get the flu, you can get complications from the flu,” Webber said. The vaccine protects you against three influenza viruses which are the influenza B viruses, influenza A (H1N1) viruses, and influenza A (H3N2) viruses.” For more information on the flu virus and how to prevent it, visit [www.CDC.gov](http://www.CDC.gov), Travis said.

“Washing your hands is the number one way to prevent it,” Travis said. “If you’re not able to do that, use hand sanitizer.”

## 1 Prep School cadet candidate sentenced on drug charges, 1 Academy cadet scheduled for Article 32 hearing

One former Prep School candidate was sentenced to six months confinement for using and distributing a controlled substance, while an Academy cadet is undergoing an Article 32 hearing on charges of sexual misconduct.

Prep School candidate Airman 1st Class Ralph Day was convicted at a special court martial Tuesday and sentenced to six months confinement, forfeiture of \$1,000 pay per month for six months, and reduction in grade to airman basic.

Day pled guilty to two specifications of violating Article 112a of the Uniform Code of Military Justice. The military judge accepted his pleas and found him guilty of wrongfully using and wrongfully distributing “Ecstasy.”

“Ecstasy”, also known as MDMA, is a Schedule 1 controlled substance. Potential adverse health effects may include nausea; chills; sweating; muscle cramping; hyperthermia; high blood pressure and heart or kidney failure, according to the National Institute on Drug Abuse. MDMA tablets are often found with other substances such as methamphetamine, caffeine, dextromethorphan, ephedrine and cocaine.

Additionally, Cadet 2nd Class Jamil Cooks who had sexual assault charges preferred against him in September was scheduled to face an Article 32 hearing Thursday.

Cooks faces three specifications of violating Article 120 of the Uniform Code of Military Justice — one for aggravated sexual assault and two for aggravated sexual contact — and one charge of violating Article 80 of the Uniform Code of Military Justice for attempted sodomy.

Article 32 hearings are similar to grand jury hearings. An investigating officer, typically a judge advocate, presides over the hearing and submits a report of the with his or her findings and recommends to the convening authority to decide the proper disposition.

Cooks was ordered into confinement at the Teller County Detention Center Dec. 4 when two other potential victims came forward with an allegation of new misconduct. The Air Force Office of Special Investigations is investigating potential charges.

At this time, the charges are merely accusations and Cooks is presumed innocent until and unless proven guilty.

## 10th ABW commander, wife nominated for O’Malley Award

The 10th Air Base Wing commander and his wife were nominated for the 2013 Gen. and Mrs. Jerome F. O’Malley Award, Academy officials announced Tuesday.

Col. Tim Gibson and Nancy Gibson were nominated in part for their support of the Air Force Academy and Colorado Springs community during the Waldo Canyon Fire, which forced the first evacuation in the Academy’s history.

“Colonel and Mrs. Gibson are the embodiment of the Air Force core values and have earned the respect of everyone here in the Academy community for their consistently demonstrated love for their country, our Air Force and their fellow Airmen,” wrote Academy Vice Superintendent Col. Tamra Rank in a statement nominating the Gibsons.

As the 10th ABW commander, Gibson oversees more than 3,000 personnel who conduct base-level activities including security and civil engineering, among others. Also, he oversees a \$150-million annual operating budget and serves as crisis action team commander during contingency operations.

Mrs. Gibson serves as an adviser on the board of the Academy Spouses Club, which instituted a yellow-and-red ribbon giveaway in July to support military and civilian firefighters.

The Gibsons also presided over a joint military adoption fair panel to help Airmen and Soldiers work through the adoption process.

Named in honor of O’Malley and his wife, known for their leadership and contributions to Air Force families and communities, the annual award recognizes the wing commander and spouse team for their contributions to the nation, Air Force and local community.

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"I think its ok. We've got to serve our country in many ways and I think it's a good opportunity for promotions. I don't think all women can handle combat but I worked with women when I was in the service, who I know would want to step in such a role and are pretty tough."

— Luis Valenzuela,  
Academy admissions counselor



"My opinion remains to be formed. On one side, it seems rational that if a person can meet the standards and guidelines set for a job, than they should have it. However, on the other, it is impossible to judge a person based solely on numerical, quantifiable results and when examining women in combat zones specifically, the concern arises, will their presence change some of the combat dynamic? I simply do not know what this policy change will mean for combat. For the moment I am inclined to wait and observe."

— Cadet 2nd Class  
Jessica Adams



"Based on my experience at the Academy I agree with the decision. While I have never been on the frontlines or seen a day of combat, I am constantly impressed by what my fellow cadets are able to accomplish in a day and am looking forward to working with all of my classmates wherever our careers take us."

— Cadet 2nd Class  
Christian Brechbuhl



"I'm totally for it. I know there are lots of women out there who would like to be in the line of action and I think it's an awesome opportunity for women to exercise their strength."

— Cadet 3rd Class  
Victoria Foster



"I think with changing times it's necessary. There are women in a lot of roles, even if they're not called in combat roles, end up being there and fighting with the guys. In my opinion, I think whether you're a male or female, if you feel that's the best capacity you can be used in, than why not? They're not going to be forcing the women into these positions but for the handful of women who feel they're strong enough to do it and can compete with the guys, I feel safe with them being next to the guys."

— Airman 1st Class  
Veronica Ward



"I agree with the decision to a certain extent. The biggest thing to note about this issue is that these jobs are by definition and set mission goals "exclusive" or "discriminatory." Not every man can be a Special Tactics Officer or Combat Rescue Officer based on physical, mental, or various other standards and it should be the same for women. If we are going to be allowed access to these more combative roles, in my opinion, it is not worth risking the life or well-being of a fellow service member just to say that we promote gender equality in our armed services. The standards must be met by all, regardless of any other factor."

— Cadet 1st Class Sarah Nickisch



"I think in a role run by the government, it doesn't mean everyone gets a medal or everybody gets a turn. If the government puts a sanction on why things should be the way they are or why things shouldn't be the way they are, I think we need to accept that. They make other sanctions, such as people with eczema or asthma can't get into the military and we don't lift those bans. From what I've been told, in common situations, men will tend to take a role of, I need to protect this woman, instead of completing the mission that needs to be done. If that's a detriment to the mission, than we should eliminate any problem that could arise from that."

— Cadet 2nd Class Gary Ochs



"I think women that decide to do that need to know exactly what they're in for and be up to standard for the job. Like a GI Jane situation, either you're fully in it or don't do it. Lifting the ban doesn't bother me but as a female, I wouldn't do it."

—NCOIC Master Sgt. Katie Watson,  
Commander's Action Group



"Personally, I think it's awesome. I'm all about an equal standard and not a fan of standards being lower for one gender compared to the other. I think there should be a standard for the amount of weight you can lift, time you can run and such. If you can meet that, then no one should be eliminated because of gender. If you meet the standard, you meet the standard."

— Cadet  
2nd Class  
Nicholas Hafner

# WOMEN IN COMBAT

Academy members reflect:  
Should military combat roles be open to women?

By Amber Baillie • Academy Spirit staff writer



## Super Bowl

From Page 1

Falcons, Jan. 20. "I love what I do, I love being able to put on a football helmet every day and able to compete physically and mentally," Hall said. "There's not many jobs you get to compete physically with everybody on every day. It's a tough job mentally and physically, but I love what I do."

Hall attributes his success to his Air Force background.

"The rigors of the Air Force Academy just furthered my discipline and my work ethic," Hall said. "For the cadets at the Academy now, I'd say just because you go to the Academy, it doesn't mean you can't follow your dreams and do anything you want, whether it's right away or after finishing your service commitment. Whether it's flying an aircraft or playing professional sports, you just keep on grinding and keep on fighting for that goal. If you work hard enough, your dreams can come true."

"It's not easy, but the Air Force definitely got me prepped for that," he added.

The magnitude of the rare opportunity to be part of the Super Bowl team has just begun to sink in.

"You think back to when you played football in your backyard at 6-years-old, and now you're going to play in the Super Bowl — only about 120 guys every year get to play in the Super Bowl. It's not something that happens often, so it's amazing," he said.

Hall's journey to the Super Bowl started at the Academy, where he lettered for three years on offense during his junior season in 2006. He started all 12 games at halfback and led the team in rushing with 784 yards.

As a senior, Hall moved from halfback to flanker. But wherever Hall lined up, he was a weapon for the Falcons and a headache for opposing defenders, averaging just more than 206 all-purpose yards a game. He led the 2007 Falcons in rushing and receiving with 230 rushes for 1,478 yards, 15 touchdowns, 50 receptions for 524 yards, and one touchdown. On special teams, Hall was the primary punt and kickoff returner, returning 36 punts and kickoffs for a combined 681 return yards.

It was this potential that got the attention of NFL teams but, as an Academy graduate, Hall had a five-year active duty service commitment to fulfill after graduating in 2008.

Defense Department policy required Hall to serve at least 24 months of active duty before applying for an early release from active duty to transfer to the Guard or Reserve after being signed to play professional sports, so he went undrafted but earned a tryout for his hometown Atlanta Falcons mini-camp. The Atlanta Falcons didn't offer a contract and a later tryout with the Buffalo Bills had similar results.

Hall began his active duty career as a maintenance officer in the 421st Fighter Squadron at Hill AFB, Utah, but kept his goal of playing pro football alive and worked out at the University of Utah's Pro Day in March of 2010. It was there that Philadelphia Eagles scouts signed him, giving him his first shot at playing pro football. Hall then transferred to the Air Force Reserve and pursued his NFL dreams.

Hall played in eight games in the 2010 season, starting once. He ended the season with 11 catches for 115 yards and his first NFL touchdown, along with nine rushes for 29 yards.

His 2011 and 2012 seasons started the exact same way.

"It was my third year with the Eagles," he said. "For the first two years after camp, they released me



MAKE KAPLAN

Chad Hall looks for daylight against Army during his senior season in 2007. As a tailback-turned-flanker that year, Hall averaged 206.4 all-purpose yards per game, leading the falcons in rushing and return yards that season.

and brought me back, and I ended up playing. I busted my butt for three years and if they didn't think I could play for them from the beginning of the season, I thought it was time to try for another team."

As the 2012 regular season rolled on, Hall kept training and staying in top physical condition, waiting for his next NFL opportunity. He got a couple of calls, and two tryouts. But nothing happened until San Francisco called him.

## Super Bowls far, few between for grads

By John Van Winkle  
Academy Public Affairs

Air Force Academy grads have earned a total of six Super Bowl rings, and Capt. Chad Hall can make that seven if the San Francisco 49ers win Super Bowl XLVII, Sunday.

The 49ers moved the reservist to the team's active roster Jan. 19, where he's now slated to play wide receiver in his first Super Bowl.

The list of Academy grads to make it to the Super Bowl is short. The latest grad was Joe Lombardi, the quarterbacks coach for the New Orleans Saints, who won his Super Bowl ring in 2010. Three have made it as players — Bryce Fisher, Steve Russ and Chad Hennings. Fisher made his Super Bowl appearance as a defensive end with the Seattle Seahawks in 2006. Russ and Hennings are the only grads to have played in, and won Super Bowls.

"It's very special, because it's one of the greatest sporting events in the world and certainly the greatest sporting event in our nation," Hennings said. "But to be able to play on that type of stage at a professional level, it's the pinnacle of professional football."

"You appreciate the sacrifice of making it to a Super Bowl and winning it," he added. "But then it's 'Hey we won one, now let's go get ready to win another one.'"

Hennings also remembers what it took to get to that pinnacle of professional sports: for him, it started with his time at the Air Force Academy.

"My Air Force Academy class ring means more to me than my Super Bowl rings, because it laid the foundation of professional success I had. That's where I learned the truths about honor, commitment, and integrity that helped me when helped me as a fighter pilot, helped me as a member of the Dallas Cowboys, and helped me in my professional life after football."

"You appreciate the sacrifice of making it to a Super Bowl."

The second Air Force Academy graduate to win a Super Bowl as a player is Steve Russ,

He graduated from the Academy in 1995 after being a four-year letterman at linebacker, and was a seventh-round draft pick by the Denver Broncos.

Following two years of active duty, Russ was signed to the Broncos active roster in 1997. He would go on to play for the Broncos through

2000, and won two Super Bowl championship rings playing with the Broncos in the 1997 and 1998 seasons.

"It was pretty cool, at the same time, you want to win the game. It sinks in after the game in my opinion. That's when it hits you," said Russ. He is now the Air Force Academy football team's assistant head coach, defensive coordinator and inside linebacker coach, but he remembers the pace of his Super Bowls all too well.

"Those first couple days for a player are pretty hectic because everybody's focused on practicing for that game, while trying to deal with getting tickets for friends and family, setting the family up and so on. Then you get to the site of the Super Bowl the week prior and there's all the press and other activities. So there's a lot of distractions," he added.

"At that point, your team's leadership and everyone on the team has got to sit down, buckle down and get to work," Russ said. "The biggest thing during Super Bowl week and the game itself is to stay focused on what you have to do, and whatever your role is, you got to be able to execute well and not let the stage and all the distractions take away from that, because when the ball is kicked off, it's a game."

That game, for Chad Hall, will be Super Bowl XLVII Sunday in New Orleans.

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# Falcons fall to Wyoming in Mountain West contest

The visiting Wyoming Cowgirls put together a pair of big scoring runs as the Air Force women's basketball team dropped an 86-48 decision to their Mountain West Conference rival Saturday at Clune Arena.

In the opening half, Wyoming (15-4, 4-2) used a 14-0 run to take a 22-5 lead with 11:17 on the clock.

The Cowgirls led by as many as 19 points before going into the intermission with a 40-25 advantage.

Air Force (2-16, 1-4) cut the margin to 12 points with a three-pointer by Cherae Medina to open the second half, but the Cowgirls outscored the Falcons 16-0 over the next five and a half minutes to push the game out of reach.

Wyoming shot nearly 50 percent for the game and knocked down 6-of-10 three-pointers in the first half alone. The Cowgirls also had an advantage at the free throw line, hitting 19-of-26 foul shots, while the Falcons were just 2-of-6 from the charity stripe.

Air Force was outrebounded for the first time in conference play this season, with Wyoming holding a 47-29 advantage on the boards.

Meanwhile, the Falcons committed a season-low 11 turnovers but forced just five turnovers by the Cowgirls.

Junior Camille Thompson was the lone Air Force player to score in double figures, tallying a career-high 15 points with 5-of-9 shooting from beyond the arc.

Meanwhile, Kaitlyn Mileto and Kayla Woodward scored 27 and 16 points, respectively, to lead the Cowgirls.



RAYMOND MCCOY  
Air Force junior Camille Thompson goes up for a shot against CSU on Jan. 16. Thompson was the lone Falcon to score in double figures against the Cowgirls Saturday.

## UPCOMING FALCON SPORTS EVENTS

- **WRESTLING:** Saturday, West Point, N.Y., for the 19th-annual All-Academy Championships.
- **RIFLE:** Saturday. The Air Force takes on Nevada-Reno at the Academy's Falcon Rifle Range.
- **HOCKEY:** 7 p.m. (MST) today and Saturday at Cadet Ice Arena, the Falcons take on the AIC Yellow Jackets.
- **WOMEN'S TENNIS:** Saturday, Eugene, Ore. The Falcons take on Gonzaga on Saturday and Oregon on Sunday.
- **BOXING:** Today, Air Force heads to Reno, Nev., for the NCBA competition.

## Intramural Basketball Roundup

By Dave Castilla  
10th Force Support Squadron  
intramural sports director

Four teams met up for Monday afternoon's Intramural Basketball Challenge at the Fitness and Sports center with Prep School defeating the Cadet Wing 51-30 and the Dean of Faculty Law Department overpowering the 306th Flying Training Group 43-39.

Prep School held a 6 point half time lead, 20-14. The Cadet Wing went cold in the second half, scoring only 5 points with 10 minutes left in the game. Cadet Wing's Daniel Brace found the range and hit back-to-back three pointers and a bucket to cut the lead to 35-27.

After a Prep School time out, Marc Holum controlled the inside and Joe Thatcher scored from outside.

Thatcher led the prep

school with 11 points, and Marc Holum contributed 10 points. Miguel Rojas had 16 points, 12 points coming on four 3 pointers for the Cadet Wing, and teammate Daniel Brace finished with 8 points.

The win puts Prep School in a first place tie with the 10th Medical Group at 6-1.

The Dean of Faculty Law Department win over the 306 FTG moved the team into fourth place. The 306 FTG line held the half time lead 29-24 thanks to 13 first half points from Charles Frost. DFL went on a 10-4 run to start the second half and took the lead at 34-33, which they would never give up.

DFL was led in scoring by James Marsh and Daniel Olson, both scoring 11 points. Shawn Mckelvy followed up with 10 points. The 306th FTG was led by Frost with 17 points and Bill Welsh with 12.

### CLUES ACROSS

- Sleeveless Arab garments
- Make somebody laugh
- Doctors' group
- Afghan Persian language
- Indian dresses
- Publisher Conde
- Loud noises
- Threefold
- 6489 Ft. Greek mountain
- Holds outerwear
- Expressed pleasure
- Hawaiian floral garlands
- Unhappy
- Belonging to a thing

- Tooth caregiver (abbr.)
- A public promotion
- Levels to the ground (alt. spelling)
- Nursing group
- Set aside for a purpose
- Slightly wet

- One of #1 across
- Any competition
- Verify
- Lyricist Gershwin
- Bangladesh capital before 1982
- Potato state
- "Weighing Gold" artist Gerard

- Australian Racing Board
- Type of health insurance
- Pierce with a knife
- Southeast Asia Treaty Org.
- Outer garment storage room
- Genus cuniculus
- Speak
- Language, a.k.a. twi
- Smudge made by soot
- Amber is one
- Stand to hold articles
- Midway between S and SE
- Satiates
- One who colors clothes

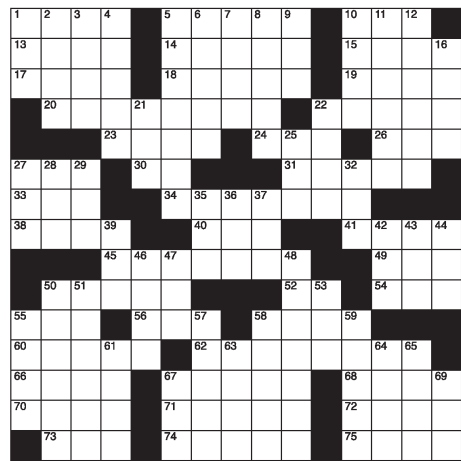
### CLUES DOWN

- Determine the sum of
- Spoken in the Dali region
- River in Florence
- Plant fiber that makes rope
- Spanning
- 1978 Turkish massacre
- Acid causing gout
- Drops underwater
- Midway between E and SE
- Dwarf buffalo
- Five iron
- Valuable owned items
- Small amounts
- High, green or iced

- 6th Jewish month
- Macaws
- Male parent
- The king of molecules
- Golfer Snead
- Swedish krona
- Express pleasure
- Resource-based economy

- A waterproof raincoat
- Red China
- Furnish with help
- Criminal Records Office
- \_\_\_ de cologne
- Repeat sound
- Stonestreet character
- Baby cats

- Sleep reveries
- Ancient calculating device
- Constitution Hall org.
- Vipers
- Plant structure (alt. spelling)
- Gymnopedis composer Erik
- A slab of lumber
- Modern London gallery
- Kiln
- All right
- Ceremonial staff of authority
- Many not ands
- Norwegian money (abbr.)



## SUDOKU

	2		1					
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			6	9		7	4	
	4		5	6				
2					1	6		8
1			2					
	8	7			2			1
		4			6		2	
			3		4	9		

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Level: Advanced

Solution on page 6

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RAYMOND MCCOY

Junior Devin Hightower scored a 15-0 tech fall for Air Force during the Falcons' defeat over South Dakota State Sunday.

## Falcon wrestlers defeat S.D., Western State Colo.

Winning all but two bouts, the Air Force wrestling team rolled to a pair of dual victories Sunday afternoon at Clune Arena, defeating conference foe South Dakota State, 41-5, and Western State Colorado, 35-4. With the wins, the Falcons, ranked 24th by InterMat, improved to 10-2 overall on the season and 1-1 in the Western Wrestling Conference.

In the first dual of the day, the Falcons won nine of 10 bouts against South Dakota State (4-8), beginning with a 12-4 major decision by 11th-ranked freshman Josh Martinez (Colorado Springs, Colo.) at 125 pounds. Dylan Hyder (So., Yelm, Wash.) added a decision at 133 pounds, while 141-pounder Carter McElhany (So., Colorado Springs, Colo.) scored the first fall of the day for the Falcons.

The Jackrabbits scored their first and only win of the dual at 149 pounds with a technical fall by Dustin Walraven, but Air Force quickly extended its lead with a fall from junior Josh Kreimier (Fort Collins, Colo.) at 157 pounds. Sophomore Jesse Stafford (Loomis, Calif.) added a decision at 165 pounds, while Dan Barringer (Monument, Colo.) scored a 13-4 major decision in the 165-pound bout.

At 184 pounds, Devin Hightower (Jr., Colorado Springs, Colo.) scored a 15-0 tech fall for Air Force, while Josh Mohr (Sr., Pewaukee, Wis.) finished just one point shy of a technical fall with a dominant 14-0 major decision at 197 pounds.

Closing out the dual against SDSU with another fall for the Falcons was sophomore heavyweight Bentley Alsop (So., Missoula, Mont.), who pinned J.J. Everard in a time of 3:45.

Air Force ended the afternoon with a non-conference dual versus Western State Colorado. Again, the Falcons started strong, with freshman Mitch Brown (Payson, Utah) earning a major decision at 125 pounds. Hyder (133) followed with his second decision of the day, while McElhany scored a major decision at 141 pounds.

Senior Logan Burch (Colorado Springs, Colo.) got on the board for the Falcons at 149 pounds with a 15-9 decision, while Kreimier was awarded a forfeit victory at 157 pounds. Stafford increased Air Force's team lead to 25-0 by scoring a 17-0 second-period technical fall before the Mountaineers scored their only win of the match with a major decision at 174 pounds.

The Falcons closed out the dual with three more victories, getting an 11-2 major decision from Hightower at 184 pounds and decisions by Mohr and Alsop at 197 and 285, respectively.

"I think the major change between our last competition and today is that the guys came out and wrestled with heart," said Air Force head coach Joel Sharratt. "We had a good workout yesterday, a good team talk and the guys responded well, so I'm proud of their fight and vigor today. Technically, we executed a little bit better than what we did on Friday, so things are moving in the right direction."

Sharratt continued: "I think with the offense that the guys were doing, especially in the South Dakota State match — moving their feet, fighting, shooting, scoring points — they're starting to get what we're trying to do and we're excited for that. Whether we were ahead by nine points or down by six points, they kept fighting and battling for the points. That's what we've been trying to get them to do."

Air Force returns to action Saturday when it heads to the U.S. Military Academy at West Point, N.Y., for the 19th-annual All-Academy Championships.

## Women's gymnastics grabs highest score in 2 years

The Air Force women's gymnastics team accounted for its highest team total in two years during its home opener on Saturday at the Academy's Cadet West Gym. The Falcons accounted for a combined score of 193.225 to finish second at the Air Force Quadrangular.

Junior Linnaea Hance matched her career-best score on the floor exercise (9.800) to tie for first, as the Falcons collected the second-highest total of the Doug Day era. The Falcons' team score is the highest by an Air Force squad since the 2011 program tallied a 193.300 against Denver.

Hance was one of four Falcons to place within the top five of the floor exercise, as the Falcons netted a season-high team mark of 48.525. Sophomore Jessica Wallander finished third with a season-best tally of 9.775, while classmate Alexandra Stych and junior Jen Larsen tied for fifth with matching scores of 9.725.

Wallander also tied with junior Katie Hawthorne for the team lead on the uneven bars, while Larsen shared the Falcons' highest mark on the vault with freshman Ali Ables. Following career-best scores of 9.775 on the vault for fourth-place finishes by Larsen and Ables, Wallander and Hawthorne earned a fifth-place tie on the bars with season-best marks of 9.725.

In addition to her team-leading score on the uneven bars, Hawthorne joined Larsen and Ables among the vault's top-10 place-finishers, as she tallied a career-best 9.725 to tie for seventh.

Junior Emily Bucher scored a career-best 9.800 to finish fourth on the vault, while classmate Jessica Hanner,

who also finished seventh on the uneven bars (career-best 9.675), tied for eighth with a season-best beam total of 9.725.

Less than one point separated the top three teams, as UC Davis won the four-team competition with a total of 193.725. Air Force finished second with its 193.225, while Missouri took third with a score of 193.000. Texas Woman's University rounded out the quad meet contenders with a score of 191.400.

The Falcons return to action Saturday when they travel to Denver for the annual Burnsley Invitational. Air Force will face Denver, North Carolina and San Jose State at 6 p.m., at Hamilton Gymnasium.



Junior Linnaea Hance matches her career-best score on the floor exercise (9.800) to tie for first in the floor exercise.

## Falcons claim 3 titles at Air Force invitational

Backed by three event titles and several incursions into the program's all-time record book, the Air Force track and field team wrapped up competition at the 23rd annual Air Force Invitational Saturday at the Academy's Cadet Field House indoor track.

Juniors David Ptacek and Alex Lindsay claimed event titles for the men's team, while classmate Kassie Gurnell picked up a first-place finish in the women's events. Ptacek clocked a career-best time of 49.58 to win the 400-meter dash, while Lindsay won his season debut of the 800-meter run in a time of 1:54.41. Gurnell rounded out the Falcons' trio of event winners, as she recorded a distance of 40'4¼" to win the triple jump.

Freshman Lea Ross, who joined Gurnell among the top three of the women's triple jump with a third-place finish, improved her personal distance by over seven inches (38'9½") to move into fourth on the all-time Academy standings.

Ross was one of four Falcons to impact the program's record book during the final day of competition at the Air Force Invitational.

Junior Paige Shirley added eight inches to her clearance in the pole vault to (12'9½") to move into sixth on the Academy's all-time list, while senior Melissa Fuerst finished fourth in the mile with a time of 5:10.33 (4:58.60, adjusted for altitude) to debut in 10th in the program standings. In addition, junior Rachel Herald matched her career-best high jump mark of 5'6", which is ranked sixth on the all-time list.

Recording a third-place in the pole vault, Shirley paced a trio of Falcons to top-six finishes in that event. Se-



Junior David Ptacek clocked his career-best time of 49.58 to win the 400-meter dash.

ELIZABETH ANDREWS

nior Bizzy Mellado posted a season-best mark of 12'1½" to finish fourth, while freshman Riley Vann cleared 11'7¼" to take sixth. In the high jump, Herald was one of three Falcons to finish within the top eight, as classmate Regan Rogers and senior Lesly Torres finished fifth (5'6") and eighth (5'5"), respectively.

Those two events also had a strong Air Force presence in the men's field. Senior Zach Wood tied for second in the high jump with a season-best clearance of 6'9", while classmate Travis Smith placed seventh following a season-best height of 6'7¼". Freshman Dylan Bell and sophomore Joey Uhle placed second and third, respectively, in the pole vault with matching marks of 17'0¼", while junior Cort Rogers (16'6¼"), senior Chase Cooper (16'0¼") and junior Elliott Beski (16'0¼") finished sixth through eighth.

Freshman Gavin McHenry clocked a career-best time of 6.84 to finish third in the finals of the 60-meter dash (second in the collegiate field), while classmate Joe Wilkin improved his personal-best in the 60-meter hurdles (8.24) to finish fourth overall and third among collegiate athletes.



## Tax time is near

The Air Force Academy's tax center will open its doors Monday.

Taxes will be prepared by appointment 8-11 a.m. and 1-3 p.m. Mondays and Fridays.

This free service will be open to income eligible active-duty Academy service members, dependents and cadets. Income eligible retirees will be seen on a space available basis. The tax center will only process customer returns if their single or joint gross income does not exceed \$60,000.

Service members and families exceeding the income cap may visit their Base Exchange for concessionaires providing free and discounted federal and state tax preparation services or use the free Military OneSource online tax preparation

service at [www.militaryonesource.mil](http://www.militaryonesource.mil).

Fort Carson's tax center is open 9 a.m.-5 p.m. weekdays and provides service to active duty service members, mobilized reservists, dependants and retirees.

Fort Carson's tax center may be reached at 524-1013 or 526-0163.

Service members with complicated taxes, multiple dependents or multiple deductions should wait until the middle of February to make appointments.

Additionally, tax forms for adoption expenses, energy credits, and mortgage interest credits are affected by changes in tax law; waiting until mid-February to schedule an appointment will prevent these individuals from having to re-file and amend their returns.

Clients need to bring the following documents for their tax appointment:

- A copy of their 2011 tax return;
- W-2s, 1099s and 1098s;

- Social Security cards for the service member and all dependents;

- Birth dates for the service member and all dependents;

- Copies of court orders for divorce, child custody, and child support and Form 8332 if post-2008 divorce.

Further, documentation of the following may be needed:

- Childcare costs;
- IRA contributions;
- Stock, bond, or mutual fund sales;
- Alimony paid or received;
- Bank account and routing numbers to receive a refund by direct deposit;
- Power of Attorney if signing a tax return for a deployed service member, depending on their personal situation.

The tax center is located near the south gate, at 8110 Industrial Drive. Call the Tax Center at 333-3905 to schedule an appointment.

## Panetta: Honor King's legacy with action

By Amaani Lyle  
American Forces Press Service

WASHINGTON — Action is the best way to honor the legacy of Martin Luther King Jr., Defense Secretary Leon E. Panetta said here Jan. 24.

Speaking at the Pentagon's 28th annual observance of the holiday honoring the slain civil rights leader, Panetta noted that August will mark 50 years since the famed march on Washington in which King shared his vision for a more just and equal society.

"The most fitting way to honor (King's) legacy is not just to celebrate a holiday, but to act on his work ... in order to achieve the dream that he spoke about," Panetta said. "Americans of

every background have chosen to renew Dr. King's legacy, because his dream is the American (dream)."

Panetta recalled meeting King at a White House function while developing civil rights laws as a congressional legislative assistant during President Lyndon Johnson's administration.

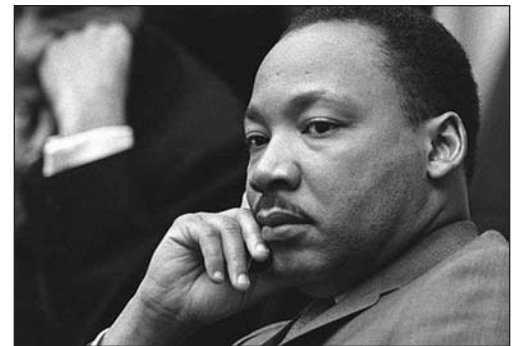
"It was remarkable having worked on that legislation, then to see the individual who ... created the inspiration for Congress to act on changing the laws that had for so long segregated individuals in this country," Panetta said.

The secretary recalled discrimination he witnessed during his first Army assignment at Fort Benning, Ga., in the 1960s.

"You saw the reality of communities that had been divided by race," the secretary said. "I saw the world that Dr. King was fighting to change and knew that America could not be true to its founding creed of equality if it did not change."

Three years after leaving the Army, Panetta served as the director for the Office of Civil Rights, where he helped implement the landmark integration case, Brown vs. Board of Education.

"It was not easy working ... throughout the South trying to desegregate schools," Panetta said. "I saw individuals, black and white, who were willing to do what was right, knowing that they would probably lose their jobs.



Dr. Martin Luther King, Jr.

That kind of courage ... is ultimately what ... produced the success of the civil rights movement in this country."

The secretary emphasized the importance of diversity rooted in King's vision.

"Our military is more capable, our force is more powerful when we use all of the diverse strengths of the American people," he said.

# Peak Dining

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**Antique Billiard Museum**  
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Hours: **Lunch:** Tuesday-Friday 11:30a.m.-2:00p.m. **Dinner:** Tuesday-Saturday 5:30p.m.-8:30p.m. **Brunch on Sunday:** 10:30a.m.-2:00p.m. Serving award winning, contemporary, seasonal cuisine-with a casual attitude for 37 years. Upstairs: fine dining (accompanied by our harpsichord on Saturday evenings). In the downstairs lounge: local music (from jazz to bluegrass) Wed-Fri. Enjoy appetizers to full course meals! Always affordable dining with a special occasion feel. Join us for lunch, dinner and Sunday brunch. Relax and take in the Colorado scenery on the patios soon! Perfect for private parties, rehearsal dinners, weddings and other events.

### CARIBBEAN



**Rasta Pasta**  
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[rastapastacs.com](http://rastapastacs.com)

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Open for Lunch & Dinner daily;  
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Happy Hour 3-6 pm; & late night  
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**Owned by 4 USAFA Grads!** Serving traditional Irish fare & American cuisine for lunch & dinner. Happy Hour daily 3-6pm & late night Sun. 10 pm-1 am., 15 delicious drafts & the best selection of Irish Whiskeys. Live Irish Music Tues., Thurs., Sat. & Sun. with County El Paso, Brian Clancy, Big Paddy & the Irish Session Musicians! Reader's Choice Voted Best Bar 2007 & 2010. [www.jackquinnspub.com](http://www.jackquinnspub.com)

### CHINESE



**Bamboo Court Restaurant**  
719-599-7383  
4935 Centennial Blvd., Suite G

**Mon-Fri Lunch: 11:00-3:00pm, Mon-Sat Dinner: 3:00-9:00pm, Sat Lunch: 12:00-3:00pm, Sun Dinner: 4:00-9:00pm**  
Our single combination Dinner Specials come with any entree from the dinner entrees menu and soup of the day, fried or steamed rice, egg roll & crab ragoon. At Bamboo Court, our only goal is to make your expectations a reality!

### ITALIAN



**La Bella Vita**  
719-260-4730  
4475 Northpark Drive  
[www.labellavitaristorante.net](http://www.labellavitaristorante.net)

Lunch: Mon.-Fri. 11:00AM-2:00PM; Dinner: Mon-Thurs. 4:00PM-9:00PM; Fri.-Sat. 4:00PM-10:00PM **Early Bird Special: 4:00PM-5:30PM M-F \$10.00** (Selected Pasta Entrees). Classic, authentic & traditional Italian dishes. Fine selection of homemade pastas, fresh seafood of the day and wonderful Italian desserts! Extensive wine list and full bar. 2 private banquet rooms available for rehearsal dinners, Hale and Farewells, private events and business meetings. **Coming Soon...** Join us for Champagne Sunday Brunch beginning in February!

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**Wooglin's Deli & Cafe**  
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823 N. Tejon Street

**Mon. - Sat. 7am - 9pm, Closed Sun.** A locally owned restaurant celebrating 24 years of award-winning sandwiches, soups, salads, burgers, and the best quiche in town. Full breakfast menu served with locally roasted coffees. House baked desserts, Bristol beers, and neighborhood art make Wooglin's an authentic and funky downtown getaway.

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Lunch Mon.-Fri \* Dinner Nightly. Think late night Chicago Steakhouse: polished booths that enclose years of secrets, big slabs of aromatic prime rib, sparkly cocktail glasses clinking at every table. **Best Fine Dining/Best Steakhouse/Restaurant of Carnivores-- Best of 2012 Gold, Colorado Springs Independent. Overall Restaurant/Upscale Bar/Power Lunch-- Best of 2012 Silver, Colorado Springs Independent.**

For advertising information call Marie at 719-476-4818



## NAACP Freedom Fund Gala

The Colorado Springs NAACP will present the 2013 Freedom Fund Gala Feb. 9 at the Colorado Springs Crowne Plaza.

The reception begins at 6 p.m. followed by a dinner at 7 p.m.

The keynote speaker is Academy graduate retired Col. Will Gunn, general counsel to the U.S. Department of Veterans Affairs.

The cost is \$75 per person or \$750 for a table of 10. For more information, email [naacpcs@aol.com](mailto:naacpcs@aol.com).

## National Prayer Luncheon

The National Prayer Luncheon is 11:30 a.m. Feb. 20 at the Falcon Club. Tickets are \$5. The first 275 people to register will receive a free copy of guest speaker Robert Wick's book.

For information, call 333-8557.

## 2013 Tobacco Cessation

The Academy's Health and Wellness Center has scheduled a tobacco cessation class for cadets 4 p.m. - 5 p.m., Feb. 21, in the Cadet Clinic Conference Room.

For more information, call 333-3733.

## Academy Assembly Keynote

The 54th Academy Assembly Key-

note Address is Feb. 5 from 7:50 p.m. - 9 p.m. at Arnold Hall Theater.

This year's topic is "U.S.-China Relations: Conflict or Cooperation in the 21st Century" with the keynote address given by Gov. Jon Huntsman, Jr., former governor of Utah and former Ambassador to China and Singapore.

A reception will follow. The event is open to the Academy community.

The Academy Assembly is a cadet-run student symposium on topics of political significance. For information, visit <http://bit.ly/10UI3r2>.

## 2013 Air Force Ball

The 2013 Air Force Ball is scheduled to occur at Broadmoor Hall in the Broadmoor Hotel, 1 Lake Ave., Colorado Springs, on Feb 15.

The price is \$25 for E-1 - E-3 and GS-01 - GS-03; \$35 for E4 - 36 and GS-04 - GS-06; \$45 for E7 - O3 and GS-07 - GS-11; \$55 for O4 - O5 and GS-12 - GS-14; and \$65 for O6 and above and GS-15 and above.

Cocktails will be served at 6 p.m., and dinner will be served at 7 p.m.

For information, call Capt. Uriah Tobey at 333-2607.

## Tiny Talons Story Time

A new program to promote early literacy for children between infancy and 3 years old is scheduled at 10 a.m., the second and fourth Wednesday of every month at the base library.

Active story time will last 30 minutes. Please bring a blanket for your child.

For more information, call 333-3198.

## 2013 Distinguished SVS Award

Nominations are being accepted for the 2013 Air Force Academy Distinguished Service Award.

The DSA is presented annually to a service member, civilian or group whose contributions have improved the Academy's well-being.

Any individual or group who has contributed significantly and directly through the donation of time, resources or influence is eligible.

Nominations may be submitted through April 1 to:

**HQ USAFA/CMA**  
**2304 Cadet Drive Suite 3200**  
**USAF Academy CO 80840-5002**

Nomination packages should include: a single page with biographical data including name, rank (if military), organization or company, telephone number, mailing address and a typed narrative justification, not to exceed one page, describing the nominee's accomplishments.

For information, contact Steve Simon at 333-8827.

## AFSA Meeting

The local chapter of the Air Force Sergeant's Association meets the third Wednesday of every month at 3:30 p.m. in the Falcon Club. For information, call 1-800-638-0594.

## Construction Update

Construction is underway on Honor Court near Harmon Hall. A temporary road is being built from the south end of Honor Court north to the excavation site overlooking the quadrangle south of Arnold Hall.

The temporary road area is marked by signs and barrier tape and is off-limits to Academy personnel.

To enter Harmon Hall from the cadet area, go to the southwest end of Honor Court and northwest to Harmon

or Arnold Halls. Heavy equipment and construction traffic will regularly enter and exit this area.

Additionally, Blodgett Drive will be closed through March 8 as part of an ongoing project to replace the road base, asphalt and curbs near the Base Exchange and Commissary.

During the winter months, the available window of opportunity to replace asphalt and concrete is weather-dependent, so delays may occur.

## AFPC ends voice system

AFPC's Interactive Voice Response System has been decommissioned.

The IVRS allowed employees to conduct benefits-related actions by calling 800-525-0102 and using their telephone keypad.

Employees must now conduct these transactions through the online Employee Benefits and Information System at <http://1.usa.gov/11zZmf2>.

Employees may contact a customer service representative for counseling or guidance at 800-525-0102 but will be directed to login to EBIS for any benefit transactions.

EBIS is available 24 hours a day and may be accessed from any government or home computer using a common access card.

Employees can access EBIS from the myPers website at <https://myPers.af.mil>. EBIS can be used to make health insurance, life insurance, and Thrift Savings Plan elections and provide educational materials, among other services.

Employees experiencing problems accessing EBIS may select the "Contact Us" link found on any page of the myPers website.

## 10th CS services now reduced

The 10th Communications Squadron has reduced some of its services due to Fiscal Year 2013 budget constraints.

New telephone, cable TV and network port installations must be approved by a group-level commander and paid for by the requesting organization.

Support for new information technology projects must be based on mission need, support requirements and funding availability.

For more information, call 333-4357.

## Dining facility adjusts policy

The High Country Inn will no longer offer dining to retirees due to limited funding.

Other 10th Force Support Squadron dining facilities, such as the Falcon Club, Ten Pin Grill and Ike's Grill, will remain open to all DOD ID cardholders.

## A&FRC events

For information on Airman and Family Readiness Center events, contact the A&FRC at 333-3444.

### Mock Interviewing:

Thursday, 8 a.m.-noon. Learn what questions to expect and how to best answer them, how to prepare your 30-second commercial and how to formulate an interview preparation strategy. This class is conducted by a local-area human resources professional.

### Career Tracks:

Feb. 13-14, 8:30 a.m.-2:30 p.m., at Peterson Air Force Base. This two-day class for spouses of active-duty Airmen covers all aspects of job search preparation: resume writing,

interviewing, assessing and evaluating skills, values and interests, building a job toolkit, career planning, education and volunteerism.

### Thrift Savings Plan:

Feb. 27, 11:30 a.m.-1 p.m. Spend your lunch learning how the Thrift Savings Plan works and strategies for how to draw out your savings after retirement.

### Franchising Information Session:

Feb. 27, 11 a.m.-12:30 p.m. Learn about franchising and business ownership and how to select the best opportunity. Learn about franchise opportunities available to veterans in more than 75 industries.

## Falcon Stadium lost and found

Items lost at Falcon Stadium during the 2012 home football season or during the Academy's graduation ceremony may be claimed at the stadium office.

All items not claimed by March 31 will be disposed of in accordance with AFI 31-206, "Security Forces Investigations Program," USAFA Supplement I.

For more information, call 333-1151.

## Outdoor Rec offers skiing trips

Outdoor Recreation offers several outdoor winter trips, including ski trips through. The trips include:

**Monarch** - Feb. 14 and Feb. 24

**Keystone** - Feb. 9.

**Copper Mountain** - Feb. 17.

Snowmobiling trips are also available, with a half-day trip Sunday and a full-day trip Feb. 23.

Discounted ski passes are also available. For more information, call 333-4475.

## 'Nunset Blvd.' at Arnold Hall

The musical "Nunset Boulevard," featuring Cindy Williams from "Laverne and Shirley," will play at Arnold Hall Theater today at 7:30 p.m.

Contact the Academy Concerts ticket office at 333-4497 for information or to buy tickets.

## Dental Health Month Events

All Academy employees are invited to attend Dental Health Month Events in February designed to raise awareness specifically in children concerning oral health and hygiene: Feb. 8, 9 a.m.-4 p.m., at Douglass Valley Elementary School; Feb. 12, 10 a.m.-noon, at the 10th Medical Group Dental Information Booth.

## No classes on Presidents Day

Class will not be held on Presidents Day, Feb. 18. Various on-base agencies will also be closed.

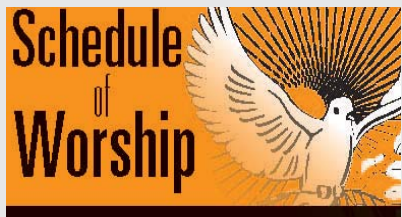
## NCLS to start Feb. 20

The 20th annual National Character and Leadership Symposium will occur Feb 20-22 with the theme "The Silver Lining: Courage Through Adversity."

NCLS is a premier leadership development symposium and brings together scholars to explore a character-related theme. For information, visit <http://bit.ly/TY1vhC>.

## AF Aid scholarships available

College students who are dependents of Airmen may apply for grants or scholarships through the Air Force Aid Society through March 8 by visiting at <http://www.afas.org/education-grants>.



## Cadet Chapel

### BUDDHIST

Sundays, 10 a.m.; Thursdays, 6:20 p.m.

### PROTESTANT

**Traditional:** Sundays, 9 a.m.

**Contemporary:** Sundays, 11 a.m.

### CATHOLIC

**Mass:**

Sundays, 10 a.m.

Mondays, 6-6:20 p.m.

Tuesdays, 6:45-7:15 a.m.

Wednesdays, 6:30-7 p.m.

Thursdays, 6:15-6:45 a.m.

### JEWISH

**Shabbat:** Fridays, 7 p.m.

### MUSLIM

**Jum'ah:** Fridays, 12:30-2 p.m.

## Community Center Chapel

### CATHOLIC WORSHIP

**Mass:** Saturdays, 4 p.m.; Sundays,

9 a.m.; Tuesdays-Fridays, 11:30 a.m.

**Reconciliation:** Saturdays, 3:30 p.m.

**Formation Classes:** For students in grades K-8. Sundays, 10:15-11:30 a.m.

### PROTESTANT WORSHIP

**Evangelical:** Sunday, 10:15 a.m.


**Gospel:** Sunday, 11:30 a.m.

### PROTESTANT RELIGIOUS

**EDUCATION**

Sundays, 9 a.m.





# BIG GAME HEADQUARTERS

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Your Grocery Purchase  
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**Pork Loin Back Rib**  
Prev. Frozen,  
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\$7.99 lb.



Buy 1, Get **2**  
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Limit 1 Reward Per Transaction Like Item Only



**USDA CHOICE STEAKHOUSE CHOICE PREMIUM BEEF**

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**5<sup>97</sup> lb.**

**HOT & FRESH Signature 8 Piece Fried Chicken**  
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2 Thighs & 2 Legs



**5<sup>99</sup> ea.**

**Pepsi, Coke or 7•Up**  
12 pk., 12 oz.  
Select Varieties  
Sale Price 3 for \$10

**Final Price 4 for \$10**

**When you Buy 4**  
Limit 1 Reward per Transaction




**Cuties Clementine Tangerines**  
3 lb.

**2<sup>99</sup> ea.**



**Lay's Potato Chips**  
10-10.5 oz.  
Select Varieties  
Limit 4

**1<sup>99</sup>**



**Powerade Sports Drink**  
32 oz.  
Select Varieties  
Sale Price 10 for \$10

**Final Price 58¢ ea.**

**When you Buy 15**  
Limit 1 Reward per Transaction



**Dreyer's Ice Cream**  
1.75-2 qts. or Nestle Novelties  
4-9 ct.  
Select Varieties  
Limit 4

**2<sup>99</sup>**



**Nathan's Beef Franks**  
14 oz., Hebrew National Beef Franks  
11-12 oz., Ball Park Meat or Turkey Franks  
16 oz. or Beef or New York Deli Style Franks  
14-16 oz.  
Reg. Retail \$4.29-\$6.49 ea.

**BUY ONE GET ONE FREE**  
Identical Item Only



**Blue Ribbon Deli Turkey Breast**  
Limit 2 lbs.  
Additional \$4.99 lb.

**2<sup>99</sup> lb.**



**7•Up 2 Liters, Ro•Tel Diced Tomatoes 10 oz., Hormel Chili with Beans or Ranch Style Beans 15 oz., Lipton 100% Natural Tea or Sobe Lifewater 20 oz., Sweet Baby Ray's Barbecue Sauce 18 oz., Vlasic Relish 9-10 oz., Knockout Energy Drink, Herdez Salsa, Mezzetta Peppers or Albertsons Sour Cream 16 oz., Cool Whip Topping 8 oz., French's Spicy Brown or Classic Yellow Mustard 12-14 oz. Select Varieties**

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