

**HINDU HOLIDAY**

Cadet Chapel opens doors to recognize Hindu tradition. **Page 6**

**FALCON FOOTBALL**

UNLV beats Falcons in second half. CSU visits Falcon Stadium. **Page 10**

**LOVING THE RUN**

Air Force instructor wins AF Marathon. **Pages 11-12**

# ACADEMY SPIRIT



**FALCON HERITAGE FORUM**  
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## Rise to the challenge



CAROL LAWRENCE

Academy firefighters Roy Dalton (left) and Hans Barkley race up a five-story tower while carrying a 45-pound hose at the Academy fire training area Thursday. They are training for the upcoming Scott Firefighter Combat Challenge in Las Vegas Oct. 5-6. The national championships take place Oct. 26-29, followed by the world championship Nov. 12-17.

By Amber Baillie  
Academy Spirit staff writer

For the past eight years firefighters at the Air Force Academy have participated in the ultimate competition of their career: a seven-phase obstacle course where participants carry a 42-pound fire hose up six flights of stairs, hoist the hose to the top of a five-story tower, use a nine-pound sledgehammer to move a 160-pound beam and rescue a 175-pound dummy victim as they race

against competitors and the clock.

It's called the Scott Firefighter Combat Challenge, and although nerve racking and intense, the firefighters here stay dedicated to the competition to increase their fitness and practice for when they're called to truly save a life.

"It reminds you of why you're in this career to begin with," said Ken Helgerson, Academy deputy fire chief. "It puts participants on a clock and allows them to feel the stress just as you would

when you show up to a structure fire where people are watching. You have to work through your adrenaline and some of your body's natural response mechanisms to focus in and do the task at hand. You go into the competition knowing it will be demanding and you have to find your physical limit and push through that to see what you're really capable of."

The challenge takes place April-November with 25 regional competitions throughout the country, as well as the

national championship, scheduled Oct. 26-29 this year in San Diego, and the world championship, scheduled Nov. 12-17 in Myrtle Beach, S.C.

The Academy has four teams in this year's competition, Team USAFA, Team USAFA Relay, Team USAFA Over-40 Tandem and Team USAFA Over-40 Relay. The Fire Fembots, the undefeated world champion female team for the past three years, has retired from the competition.

**See Challenge Page 3**

## 12 cadets join dean's aces list

Twelve cadets were recognized at the Dean's Heritage House on Sept. 20 for achieving perfect 4.0 academic GPAs during the Spring 2012 semester.

The Spring 2012 Aces List includes three freshmen, three sophomores, six juniors and seven seniors who have since graduated.

Cadet 2nd Class Blake Abrecht was a triple ace, having earned ace honors during three of his four semesters at the Academy. Three of the seniors were double aces. Among the seven graduates who earned a 4.0 GPA during their final semester here, four went directly into graduate school.

The Dean's Aces dinner recognizes cadets who

have "truly distinguished themselves academically," Born said. Only 19 cadets out of the 4,292-member Cadet Wing earned a 4.0 GPA in the spring semester.

Cadet 1st Class Brian Ford credited his track and field coach.

"The 4.0 wouldn't have been possible without my coach's support," Ford said. "I had to sacrifice more practice time than I care to admit to achieve academically."

Cadet 1st Class Riley Feeney, a first-time ace, said that becoming an academic ace was "less about

**See ACES Page 7**



LIZ COPAN

Cadets achieving a perfect 4.0 academic GPA for the Spring semester celebrate at the Dean's Heritage House on Sept. 20.

# Toeing the line on standards

By Master Sgt. Edward Dierkens  
30th Intelligence Squadron

LANGLEY AIR FORCE BASE, Va. (AFNS) — For the past four years of my career, as a first sergeant, I have heard the words, “But Shirt, he’s a good guy,” far too many times.

Whether it was for a failed physical training test or substandard performance of NCO responsibilities, the same statement would pop up time and again.

One would think these words would have been uttered by a young NCO, or maybe even a young officer; but more often than not, these words were coming from seasoned NCOs and senior NCOs as well as the occasional officer. Usually, the next phrase would be, “But we don’t want to hurt their career,” which is almost just as frustrating.

It’s all about the standards for 99 percent of what I have seen relating to commander-worked issues for the past four years. The one percent is usually the outlier, the very extreme situation where myriad things came together to form a perfect storm in which the Airman could not prevent what was happening. However, the vast majority is the part that interests me most and how we hold service members accountable for their actions in accordance with the standards.

The first part of the problem is remembering the standards.

The Air Force asks its Airmen to be phenomenal, in accordance with AFI 36-2618, “The Enlisted Force Structure,” which states we are Airmen first, specialists second. There are times when Airmen forget this notion and think that all that is sacred is the mission, many times at the expense of other Airmen and their families.

The half hour it takes to conduct a formal feedback, or the five minutes it takes to sit down and ask their subordinates how they are doing or how was your weekend is something often taken for granted. How do we hold supervisors accountable for not fulfilling their responsibilities as NCOs and senior NCOs? My blood pressure goes up a tick when I hear the words, “But he is a good Airman,” to which I rebut, “No, he is a good worker. If he were a good Airman, we would not be talking about what he did wrong but rather the great things he is doing.”

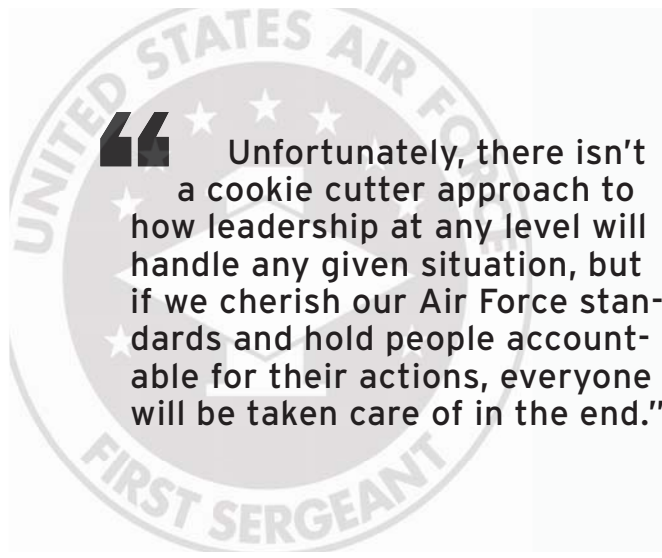
When do we say, “Now it’s time to hold you accountable”?

For some supervisors, the time to hold their Airmen accountable doesn’t come because they view it as hurting the Airman’s career. They do not acknowledge the corrosive effects it has on the Airmen who are doing everything right all the time, those Airmen who are “truly among the best,” as our performance reports reflect.

This is a huge disservice to those that are getting it done every day. Not to mention, it’s not us who are hurting their career. Ultimately, it’s them. So how do you get someone to see the big picture? Sometimes getting people to realize that not everyone is a “5” takes some work.

In addition to job performance, another frequently worked issue is fitness.

Somewhere along the line, many supervisors seem to have forgotten physical fitness is a standard. AFI 36-2905, “Fitness Program,” states this fact as well as block



“Unfortunately, there isn’t a cookie cutter approach to how leadership at any level will handle any given situation, but if we cherish our Air Force standards and hold people accountable for their actions, everyone will be taken care of in the end.”

three on all enlisted performance reports. The easy part of this standard is that the Air Force has taken all subjectivity out of it with the “meets or does not meet” options when the performance report closes out.

The only problem with that is what do you do when there are one, two, or maybe even three failures in a 12-month period, then the member passes before an EPR closes out? How does that get documented? What exactly is the standard?

Table A19.1, AFI 36-2905, has a guideline on what commanders could impose at each failure, but it is an illustrative table only, not binding.

Many discussions surface in which people think since block three on the performance report references fitness, it is, therefore, the only place where such ratings should be captured. In reality, the enlisted performance reports have several sections that should also be considered when dealing with fitness to include leadership, followership, mentorship and readiness.

That being said, it would be very difficult to let fitness dwell in box three alone. Imagine for a moment that you are the young Airman, and your supervisor or mentor is the one not meeting the standard. How would that make you feel?

Or imagine you’re the Airman who has to deploy on short notice because one of your peers has failed again and cannot deploy due to a control-roster action. Meanwhile, this Airman may be intent on passing his next assessment before his next performance report closes out knowing full well there won’t be any markdowns.

“But Shirt, it’s only PT,” doesn’t seem to fit, does it?

More often than not, a closed-door mentorship session on holding our Airmen accountable for their actions across the unit is all it will take to get a supervisor to realize that a mark down is the right thing to do. It’s not a career killer, the Airman can recover, and at this point in time he is not truly among the best.

Moreover, first sergeants are in the business of taking care of people — not just the ones getting in trouble, but the shiny pennies as well. Not giving a deserving member a markdown is disrespectful to the folks that are taking care of business every single day. Unfortunately, there isn’t a cookie cutter approach to how leadership at any level will handle any given situation, but if we cherish our Air Force standards and hold people accountable for their actions, everyone will be taken care of in the end.

## ACADEMY SPIRIT

To responsibly inform and educate the Academy community and the public about the Air Force Academy

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Editor

Don Branum — Staff Writer  
Amber Baillie — Staff Writer  
Carol Lawrence — Graphic Designer

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## Challenge

### From Page 1

"I love the competitiveness, sportsmanship and camaraderie of the Firefighter Combat Challenge," said Patrick Kraft, an Academy firefighter who has participated in the challenge for eight years, has been at the Academy for 11 and has fought fires for 20. "The course is an avenue for physical fitness and simulates all aspects of the career field."

Firefighters must wear a breathing apparatus, helmet, coat, pants, boots and gloves during the challenge. Firefighters can compete as individuals, in a tandem team of two or in a relay team of five. If an individual firefighter or a relay team finishes the course in less than two minutes, they advance to the nationals.

"For a world class athlete, they usually finish in about a minute and a half in the individual competition," Helgerson said. "Our teams have been very successful. Last year our team was the national champions in the relay event, and we've been in the top three for every category almost every year."

There are seven stages of the competition: a stair climb, hose hoist, stair descent, forcible entry simulator, serpentine route sprint, hose advance, and dummy drag.

"I think the most pivotal point of the race is when you reach the Keiser Force Machine, used to simulate a firefighter breaking down a door or wall to enter a burning building," Kraft said. "It takes place in the middle of the competition when your adrenaline has kicked in and it requires a bit of everything--endurance, strength,

sheer power and good technique."

Ernst Piercy, the Academy's fire chief, said firefighters become more physically fit and motivated to hone their firefighting skills after they participate in the challenge.

"Their fitness levels improve, they're able to practice their firefighting skills and their morale increases," Piercy said. "Cardiac arrest is still the number one killer of firefighters in our nation, and by providing an avenue for them to be more physically fit, it will benefit them in the long run."

The training also benefited the firefighters during the Waldo Canyon Fire. Piercy said Academy firefighters, working with mutual aid departments, held the fire to 140 acres, with no structures lost after it entered the installation on the Academy's southwest boundary.

"It was really a critical time and we had a lot of firefighters doing things that were high risk but was a huge pay off because of their training and skills," Helgerson said. "If the fire had jumped that road, it would have affected the stables and Pine Valley housing."

Every Thursday morning, Academy firefighters train three to four hours on a course identical to the main course they set up in the training area behind the Academy Fire Station 1.

"Every day, they go out on the course for a couple of hours and work on a small component, such as on the stairs or with the Keiser machine," Helgerson said. "When Thursday comes, the whole team does the entire course. Even without the protective gear and the air pack on, it's a won-

derful workout. As soon as you add a bundle of hose it changes the whole dimension of the workout."

The Academy attended the regional competition in Harwarden, Iowa, Aug. 31-Sept. 1, and took first place in the relay event and second in team overall. The Academy's first-time competitors attended the Chicago competition Sept. 15-16 and placed third in team and second in relay.

"Our main goal with the competition is to make sure our firefighters remain physically fit to do their primary functions, which is structural firefighting," Helgerson said. "It keeps them working out in an environment that duplicates structure fires or more complex physical tasks, whereas if you were to just run a 5k, it doesn't equate to the high intensity work that's needed on a fire ground."

There are 65 firefighters assigned at the Academy who respond to 700-800 emergencies each year.

"I think people underestimate the full scope of the duties that firefighters are expected to perform and the training it takes to stay qualified in all of the services we provide," Helgerson said. "The firefighters at the Academy are all fully qualified in structural, aircraft, hazardous materials, emergency medical service, wildland, confined space, water and ice rescue, vehicle extrication, high



CAROL LAWRENCE  
Academy firefighter Bill Gates drags a dummy during Firefighter Combat Challenge training Thursday.

angle rescue, structural collapse and trench rescue."

The public is welcome to attend the Firefighter Combat Challenge competitions. The next regional event the Academy will attend will be in Las Vegas Oct. 5-6.

Academy firefighters part of the competition this year are: Pat Kraft, Bill Gates, Hans Barkley, Anthony McMurtry, Steven Rousseau, Roy Dalton, Ken Helgerson, Ron Prettyman, Dan McAuliffe, John Dannen, Tommy Disario, Airman 1st Class Tylor King, Xavier Leal, Airman 1st Class Donnie Brown and Airman 1st Class Tieghan Fitzpatrick.

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## Hot off the press

Academy to welcome 'cadet for a day' today

An 11-year-old Coloradoan becomes the Air Force Academy's newest cadet when he arrives for "duty" today.

Wyatt, from Parker, Colo., is welcomed into the Cadet Wing Friday through the Make-A-Wish Foundation and the Academy's Cadet for a Day program.

As a cadet for a day, Wyatt will don a flightsuit and flight cap to participate in various cadet activities. These activities start with

a tour of the Air Force Academy Cadet Chapel, followed by a chemistry magic show and a chance to participate in flight simulations before viewing the noon meal formation before lunch.

After lunch, Wyatt will tour different areas of the Academy, including the Falconry team and airfield.

On Saturday, Wyatt will tailgate before the Air Force Falcons take on Colorado State.

## Pentagon issues guidance for 'No Easy Day'

The Assistant Secretary Defense for Public Affairs noted that the Department believes the recently published book "No Easy Day" contains classified and sensitive unclassified information.

As reported in the press, the author did not submit this book for pre-publication review as is required by the non-disclosure agreements he signed.

In response to requests for guidance and to reinforce individual obligations to protect classified national security

information the following guidance concerning the book "No Easy Day" is provided:

Defense Department personnel:

- may purchase the book;
- are not required to store the book unless classified statements in the book have been annotated;
- shall not discuss potentially classified and sensitive unclassified information with persons that do not have an official need to know and an appropriate security clearance.

## DADT study co-writers discuss post-repeal climate

By Don Branum  
Academy Spirit staff writer

Two professors with the Behavioral Sciences and Leadership Department here contributed to a study released by the Palm Center Sept. 20 that reaffirmed findings in the Defense Department's 2010 comprehensive working review group prior to the repeal of Don't Ask Don't Tell.

Col. Gary Packard Jr., the Behavioral Sciences and Leadership Department head, and Dr. Steven Samuels, a professor in the same department, are two of four service academy instructors who contributed to the study, which found that repealing DADT had no effect on recruiting, retention or readiness.

What's notable about the paper, Samuels said, is that "it's been described as 40 single-spaced pages of 'nothing happened.'"

While no significant changes in military readiness occurred — as studies have predicted for nearly 20 years since the Rand Corporation study in 1993 — the available data soundly disproves statements by retired flag officers that repeal would "undermine recruiting and retention ... and eventually break the all-volunteer force."

"I think this paper, more than anything else, is a vindication for why we value science over simple opinion," Samuels said.

The study acknowledges that some people's morale dropped because they don't agree with the change but notes that the positive effect on morale of gay, lesbian and bisexual service members balanced it out.

"The bottom line is, when you look at the key



attributes -- can we do our job, can we fight the nation's wars, will it affect the readiness of the United States military -- we predicted the answer would be no," Packard said. "And the data at least one year out suggests that the answer is that this does not affect the key factors of the military's ability to do its job."

The environment at the Academy didn't significantly change after DADT was repealed, Samuels said.

"I don't think anyone's noticed anything," he said. "There was a pride flag on Sept. 20 last year that appeared on the Ring Wall, and I haven't heard anything else."

"The anniversary came and went," Packard added. "Not a peep."

One reason for that might be that cadets don't see it as a big deal.

"I wouldn't say nobody cares, but it's a fairly small minority," Packard said.

He said the most memorable response from a cadet was, "Well, some people's Facebook sta-

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# Cadets observe Hindu religious holiday

By Don Branum  
Academy Spirit staff writer

A group of 10 cadets and 20 other guests attended a Hindu service in the Cadet Chapel's multipurpose room Sept. 21 to honor one of the major gods of the Hindu pantheon, marking the first Hindu service in the Cadet Chapel in recent memory.

The Academy chaplain's office provided support for the event, which was led by Hindu priests with the Sri Venkateswara Temple of Colorado.

Cadet 3rd Class Anish Bachu of Cadet Squadron 9 called the event historic and thanked the chaplains, particularly Chaplain (Col.) Robert Bruno and Chaplain (Lt. Col.) James Brantingham, for their support.

"My mother approached Brantingham a few weeks ago regarding having a service for the Hindu cadets, and he immediately agreed," Bachu said. "The chaplains were very excited for the Hindu cadets, and my chain of command was very open and encouraging as well."

The Sri Ganesha Chaturthi held to observe the birthday of the Hindu god Ganesha, the remover of obstacles, according to Hindu lore. He is depicted as a man with four arms and an elephant's head. Hindus typically pray to Ganesha before starting projects, so the chance to observe his birthday early in the academic year was special, Bachu said.

"While the service was short, it was a good beginning for us Hindus, something we can relate to," he said. "We hope to see this as an annual event."

Bachu's mother, Mythili Bachu, is the chairperson of the Council of Hindu Temples of North America and president of the United Hindu Jain Temples of



Cadet 2nd Class Ian Sweeney (right) participates in a Sri Ganesh Chaturthi at the Air Force Academy Cadet Chapel. The ceremony is held to honor the birthday of Ganesha, one of the major Hindu gods.

Washington, D.C. She worked with the Academy's chaplains to set up the observance.

"I felt very satisfied with the whole program and very much grateful to the leadership for providing an opportunity for Hindu cadets to pray to our gods," she said. "I am happy to see that we can have an annual service for all the Hindu cadets at the Academy. This is a great start for Hindus in the United States."

She also thanked Chief Diversity Officer Adis Vila, Chaplain (Maj.) Joshua Narrowe and Chaplain (Capt.) Heather Bodwell for their support.

Hinduism is one of the world's largest religions, with between 900 million and 1 billion followers. It is also one of the world's oldest religions, with evidence of its existence going back more than 4,500 years.



PHOTOS BY DON BRANUM

Sitaramacharyalu Gunturu and Srinivasacharya Gudimella prepare a Hindu altar for a Sri Ganesh Chaturthi observance in the Air Force Academy Cadet Chapel Friday. Gunturu and Gudimella are priests with the Sri Venkateswara Temple of Colorado, based in Castle Rock, Colo.

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## DADT

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tuses have changed, and that's about it."

Dr. Dave Levy, a professor with the Management Department, also contributed to the study. Levy recalled talking to cadets in a class for Rhodes and Marshall scholar applicants about DADT before the repeal last year.

"A kid raises his hand and says, 'Sir, no offense, but why are you here?' And I said, 'None taken. I'm here to talk about DADT. Isn't it a significant issue?'" he said.

The cadet replied that no one cared because they all knew gay and lesbian cadets were already here.

"It wasn't just one cadet," Levy said. "There was a whole lot of agreement, and the big issue was, why are we making a non-issue an issue? The issue was that DADT existed when the culture had actually changed already, and I think it took us a while to recognize that the culture moved without us."

However, that's not to say there's no conflict at all or that there won't be in the future, Packard said.

"It's naïve to think we're not going to have incidents," he said. "But we've had incidents based on race since we've integrated racially; we've had incidents based on gender since we've integrated women more fully into the force."

"We still ... have people who are really struggling with this issues, who don't agree with it, and that's fine," he continued. "The resolution of this is not to change every-

one's mind to work the same way. The resolution of this is, how do you professionally deal with these incredibly difficult differences of opinion and do it in a proper way?"

For the Defense Department, the answer was to get commanders in front of the policy change.

"What really matters from a military leadership perspective is ... you ought to see me as the commander supporting the policies and the laws of the land in accordance with my oath of office and really not have a good perspective on where I stand on this issue personally," Packard said. "I might talk personally to my commander when I disagree with the policy, but when I'm out in public, I'm a servant of this nation, and I follow the laws of this land."

That's what Packard witnessed while deployed as the 379th Air Expeditionary Wing's director of staff when the training rolled out.

"I went to probably greater than 80 percent of the individual commanders' briefings," Packard said. "I can tell you without exception, every commander stood up and delivered the (repeal) message correctly. I can tell you from talking to them personally, not all of them agreed with the change."

The emphasis on professional leadership is a sharp contrast from the climate when women entered the Air Force Academy, Packard said.

"When I was a four-degree, the class of '79, the last all-male class,

were seniors. So I got to see that transition firsthand, and that was an openly debated topic in classrooms," he said. "Faculty members were not shy about telling you their opinions about whether or not women should be here, pro and con."

"Not all commanders were on board. You heard commanders saying, 'Come on, we've got to do this. It's a dumb idea, but you know we've got to do this,' which is why it was so brutal for (women in) those early classes," Samuels added.

"Much different leadership message than what we got last year," Packard said.

Opponents of the repeal have said it's too early to tell what the repeal's full effect will be, but Samuels disagreed.

"We know from behavioral science that most of your problems come when they're proximal, not when they're distal — that is, most of the problems come immediately, not in the distant future," he said. "You had more racial problems when desegregation happened immediately, not afterwards. So to say that things are going to become worse over time ... doesn't hit reality at any two contiguous points."

Packard holds a Doctorate in Developmental Psychology from the University of North Carolina-Chapel Hill. Samuels has a PhD in psychology from Stanford University. Levy, a 1988 Academy graduate, has a PhD in organizational behavior from Webster University.

## ACES

From Page 1

putting in hours as it was making sure the time I spent studying was focused and efficient without distractions."

Many attendees expressed how impressed they were with the event. Cadet 1st Class David Bosner said, "I never realized how big of a deal this was until tonight. I feel so honored."

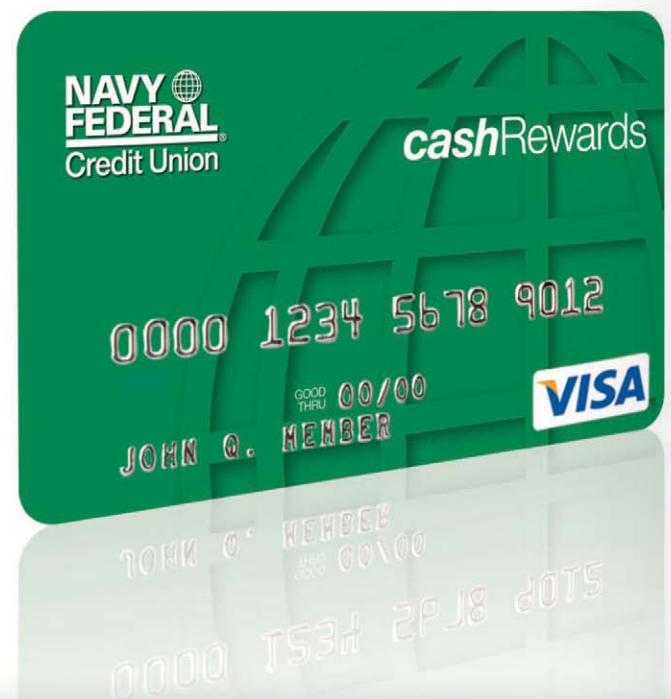
Among those recognizing the newest Aces were Mobilization Assistant to the Superintendent Brig. Gen. Kathy Chilton, Dean of the Faculty Brig. Gen. Dana Born, Commandant of Cadets Brig. Gen. Greg Lengyel, Director of Athletics Dr. Hans Mueh and Chief Diversity Officer Adis Vila.

### Spring 2012 Aces List

- 2nd Lt. Michael Ceci
  - 2nd Lt. Casey Habluetzel\*
  - 2nd Lt. Colleen Haggerty
  - 2nd Lt. Casey Horgan IV\*
  - 2nd Lt. Eric Poland\*
  - 2nd Lt. Jordyn Stoddard
  - 2nd Lt. Paul Weisgarber
  - Cadet 1st Class Edward Artz
  - Cadet 1st Class David Bosner
  - Cadet 1st Class Riley Feeney
  - Cadet 1st Class Brian Ford
  - Cadet 1st Class Tyler Glaze
  - Cadet 1st Class Kevin Ueunten\*
  - Cadet 2nd Class Blake Abrecht\*\*
  - Cadet 2nd Class Glen Hanson
  - Cadet 2nd Class Joshua Hunt
  - Cadet 3rd Class Rebecca Esselstein
  - Cadet 3rd Class Samuel Posey
  - Cadet 3rd Class Caleb Ziegler
- \* Denotes second-time ace  
\*\* Denotes third-time ace

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# Falcon Heritage Forum: 'Courage is fear that has said its prayers'

By Amber Baillie  
Academy Spirit staff writer

A group of 20 company grade officers spoke to approximately 4,000 cadets Sept. 20-21 at the 16th-annual Falcon Heritage Forum on the importance of moral courage in the midst of difficult decisions in the active-duty Air Force.

The forum titled, "Faces of Courage: Company Grade Officers in Action" featured ROTC, Academy and Officer Training School graduates.

Officers interacted with cadets during panel sessions, a meet and greet, squadron hosted dinners, Military Operations in Urban Terrain training and Leadership Reaction Course training.

"It is a great opportunity for cadets to interact with young company grade officers who aren't much further ahead of them and where cadets could get a perspective on what these officers deal with on a day-to-day basis," said Cadet 1st Class Nicholas Espinoza, Cadet Wing Character Officer of the forum. "Having the courage to make hard decisions is not only evident on the battlefield, but off it as well. There is a moral courage that comes with every decision we make, and we wanted to bring the Cadet Wing into that conversation of what it means to have moral courage. We wanted this forum to energize, enlighten and equip cadets."

Panel sessions took place in Arnold and Fairchild Hall and were mandatory for the Cadet Wing. Sessions held in Arnold Hall were open to the public.

Capt. O. Samantha Dickens, the forum director, said this year's forum focused on company grade officers with recent deployments and highlighted a wide range of career fields, including intelligence, piloting, combat rescue, explosive ordnance, logistics, security forces, communication, special inves-

tigations, Army infantry and Army Ranger.

"In today's military, especially since 9/11, we find that company grade officers are doing extraordinary things," Dickens said. "We wanted the cadets to recognize and understand the challenges of being a company grade officer in today's military by bringing in veterans who have been challenged by recent circumstances as well as help them realize that the courage they develop throughout their years at the Academy will serve them well in the active duty Air Force."

Capt. Barry F. Crawford, assigned to the Maryland Air National Guard's 104th Fighter Squadron and attending specialized undergraduate pilot training at Columbus Air Force Base, Miss., told cadets once they become officers, to never ask anyone they work with or their subordinates to do anything they wouldn't do first or can't do themselves.

"You should live by that motto," Crawford said. "Be the best you can be, lead from the front, take care of the guys underneath you and they will take care of you."

Capt. Nicholas Morgans, a combat rescue officer at Moody Air Force Base, Ga. and 2005 Academy graduate, told cadets to believe in what they're doing when they become officers.

"Whether you're a maintenance officer, a special investigations agent or a combat rescue officer, you've got to really buy in and get your Airmen to buy into what you're doing," Morgans said. "Believe in the mission and give it all you got."

Morgan said cadets should keep a good attitude while at the Academy and take advantage of the unique opportunities here.

"Cynicism is like a plague, and it



MIKE KAPLAN  
Capt. Nolan Wolf, a deployments and distribution flight commander, shares his insights and talks about the challenges of active-duty life.

spreads rapidly," Morgans said. "It's not only detrimental to your wing but also your unit. If an Airman has a bad attitude, it will spread like wildfire and the next thing you know, you will have a bunch of lazy Airmen."

Morgans said the worst thing you can do as a leader is to not do anything at all.

"You've got to get to your men and lead," Morgans said. "Sometimes you have to lead from the front, the middle and even the back, but bottom line, you're there for your men."

Capt. Tasha Vick, the operations program and analysis officer to the Office of Special Investigations at Peterson Air Force Base, said leadership can sometimes be a thankless job.

"If you're a good leader, then your subordinates don't usually realize it because everything runs smoothly and great," Vick said. "When you have a

bad leader, it's miserable and everybody wants to quit. It's not until you experience that bad leader you find out that you can learn just as much from a bad leader as a good leader."

Morgans said the culminating moment of his career was during his first deployment when he was tasked to search for and transport a deceased soldier.

"We draped a flag over the hero, and on our way back home in the helicopter, with the hero in the middle of us, the sun started to come up in Afghanistan over the Red Desert and it was then when it all made sense," Morgans said. "I thought, 'This is what I'm meant to do, this is my team who worked for seven hours saving lives' and searching for this guy. For the first time in my life, I had an experience of realization and understanding of what I was put on this Earth to do. It's etched in my memory and is something I will never forget."

Capt. Michael Nishimura, a Royal Thai Air Force logistics exchange officer at Don Muang Air Force Base, Thailand, said the difference between moral and physical courage is that moral courage requires you to put yourself forward and persevere through any situation.

"From my experience being in Afghanistan and Iraq, physical courage was about being there, doing your job on a regular basis and running convoys," Nishimura said. "Moral courage is about keeping your head on straight and taking care of your teammates. We had some tough situations in Afghanistan including a (roadside bomb) as well as some potential ambushes, but were able to avoid them."

Capt. Marci Dalton, a C-130J instructor pilot and flight commander at Ramstein Air Base, Germany, said she finds comfort in a quote by Dorothy Bernard

when put in a fearful situation.

"For me, the quote that comes to mind is, 'Courage is fear that has said its prayers,'" Dalton said. "It has gotten me through my six-plus years of flying. There may be times when you're freaked out: I know for me learning how to fly when I hadn't had any experience prior to pilot training was something I was afraid of because I feared the unknown. All sorts of fears run through your brain but you have to find a way to conquer yourself."

Cadet 1st Class Ian Pryce said he was glad to hear CGOs speak this year.

"It's nice to hear the perspective from someone who has been where we're about to go and have recent experience with it," Pryce said. "It was also nice to get the OSI perspective because they experience a different side of the Air Force."

Cadet 4th Class Luke Brantley said he enjoyed hearing about the trying situations officers have overcome.

"I liked that some of them were Academy graduates, especially as a four-degree now, it's hard to imagine being in those situations," Brantley said. "To hear an example of someone who has made it through such turmoil is really inspiring."

Cadet 4th Class Brendan Mallory said he thinks the forum benefited cadets as well as the CGOs.

"I think this was good for both parties," Mallory said. "The officers probably liked coming back and seeing where they were nine years ago, and it's cool for us to see where we might be in nine years."

The Falcon Heritage Forum is hosted by the Center for Character and Leadership Development and sponsored by the Association of Graduates and the Science Applications International Corporation.



LIZ COPAN  
Cadet 3rd Class Kayla Vidosola and Brig. Gen. Gregory Lengyel, the commandant of cadets, read the 2012 Falcon Heritage Forum schedule at the meet and greet in Exemplar Hall Sept. 20. There, cadets could ask officers job-specific questions.



SARAH CHAMBERS  
Capt. Jaina Donberg, an F-15E evaluator pilot and flight commander, answers cadets' questions and talks about personal leadership challenges as well as stories on her deployed experiences.

Left to right: Capts. Nolan Wolf, Michael Gold, Michael Nishimura and Pritchard Keely share with cadets the adversities they have encountered in the Air Force and how they overcame such challenges.



MIKE KAPLAN

"Sometimes you have to lead from the front, the middle and even the back, but bottom line, you're there for your men."

– Capt. Nicholas Morgans, a combat rescue officer at Moody Air Force Base, Ga.

"Moral courage requires you to put yourself forward and persevere through any situation."

– Capt. Michael Nishimura, a Royal Thai Air Force logistics exchange officer at Don Muang Air Force Base, Thailand.



Running back Cody Getz led the Falcons in rushing with 113 yards, including a 12-yard touchdown run.



# Falcons drop MWC season opener to UNLV, 38-35

By John Van Winkle  
Air Force Academy Public Affairs

**LAS VEGAS** — The Air Force Academy gave up an 11-point half-time lead as the UNLV Rebels ran away with their first win of the season, beating Air Force 38-35 Saturday.

The Academy took and kept the lead early, ending the half up 28-17.

UNLV came out of halftime determined to earn their first win of the season, working the clock and a running game to get there. By keeping the Falcon offense off the field and milking the running game, UNLV ran for 199 yards and won the time of possession battle by more than four minutes.

The Rebels went up 38-28 on a 3-yard pass from Nick Sherry to William Veal, leaving the Falcons in a two-score situation with less than seven minutes left.

Falcons quarterback Connor Dietz led a quick-strike series, marching the team downfield on seven plays and cutting the deficit to 38-35 after a seven-yard touchdown run by Dietz.

The Falcon's defense rallied to stop UNLV's next possession and force a punt, but not before the Rebels ran the clock down to just 51 seconds. Taking the ball at the Rebels' 45 yard line, Dietz tried to muster another quick scoring strike, but was shut down by the Rebels defense to end the game with a 38-35 loss.

The loss drops the Falcons to 1-2 on the season. They look to even their record Saturday when they take on 1-3 Colorado State. Kick-off is at noon. Falcon football fanatics who can't get to the game, can follow the action on KVOR 740 AM in Colorado Springs, 104.3 The Fan in Denver or [www.goairforcefalcons.com](http://www.goairforcefalcons.com).



PHOTOS BY JOHN VAN WINKLE

Falcons quarterback Connor Dietz runs from UNLV defense during Saturday's game in Las Vegas. Dietz was 3-of-9 in pass completions for 90 yards and rushed for 68 yards and two touchdowns.

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# Living to run

## Air Force marathon winner finds balance at Academy

By Don Branum  
Academy Spirit staff writer

If people needed maintenance like cars do, Capt. Brian Dumm's legs would probably be due for a rotation.

The 2012 Air Force Marathon winner ran his first marathon in Houston in 2007, but his running days stretch back even further.

"I ran in high school, both cross-country and track, and I ran cross-country and track here as a cadet," Dumm said.

Dumm, a 2004 Academy graduate, helped lead the Falcons to their first Mountain West Conference title in cross-country during his junior year. After finishing his first marathon in Houston, he signed up to run the Marine Corps Marathon in 2008 as part of the Air Force marathon team.

"I've run the Marine Corps Marathon a number of times," Dumm said.

Dumm, an instructor with the Academy's English Department, credits his leaders for helping him find the best balance between teaching cadets and training for long-distance runs.

"It's always a balance with work and trying to get training in, but fortunately, I've had an incredibly supportive chain of command here," he said. "Col.



MICHELLE GIGANTE

Capt. Brian Dumm, 29, of Colorado Springs, Colo., wins the 2012 Air Force Marathon with a time of 2:28:58. Dumm, an English instructor at the Air Force Academy, also won the 2010 Air Force Marathon.

(Kathleen) Harrington is my boss and department head, and she's been particularly supportive."

Dean of the Faculty Brig. Gen. Dana Born is also a runner, Dumm said.

"She's always interested to hear how it goes and is supportive as well," he added.

Dumm's students support him as well: several

See Marathon Page 12

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## Marathon

From Page 11

congratulated him on the Academy's Facebook page after his win was announced there.

"I ran the marathon this year and bumped into him several times," said Cadet 2nd Class Cody Nelson, who is assigned to Cadet Squadron 18. "He's an outstanding guy and an incredible athlete!"

The environment also helps: The Air Force Academy is situated roughly 7,200 feet above sea level.

"A lot of runners will come to altitude to train anyway, so I just get the tertiary benefit of being stationed in a place that has high altitude," Dumm said. "That's worked out really well. The training environment has been fantastic here: There are so many beautiful places to run ... to be able to run at a place as beautiful as the Air Force Academy grounds is certainly inspiring."

Dumm said he usually runs two marathons per year. The Air Force Marathon, held annually at Wright-Patterson Air Force Base, Ohio, is his favorite.

"I think my judgment's been somewhat colored by where the success has come, but I've really enjoyed the Air Force Marathon both times I've run it," he said. "There's really good crowd support on base and in downtown. It's well-supported, and it's nice to run an Air Force event in a location that's so Air Force-proud."

The runner said he sees events like the Air Force Marathon as part of a "proud tradition of amateur athletics."

"The idea that there are people who will go out there to compete, not because there's money in a race but ... out of service to the community or just because they want to get involved," he said. "I think that's one of those aspects of American culture that we could continue to encourage and expand."

"To that end, there are some great competitors I was running with: The Marines brought a team to the Air Force Marathon; they ran a half (marathon) against our Air Force guys," he continued. "It's nice to have that mentality in a race, and the Air Force Marathon certainly seems to embody that, as does the Marine Corps Marathon."

Dumm's legs don't stop at 26.2 miles. He ran his first ultramarathon, the JFK 50-mile race, in November 2010, winning it with a time of 5:52:02. He said he plans to run in the 37th Marine Corps Marathon in Washington Oct. 28, followed by the 50th-annual JFK 50-mile run in Hagerstown, Md., Nov. 17.

## Air Force earns comeback win over Denver

The Air Force volleyball team closed out its seven-match homestand with a dramatic 3-2 comeback victory over in-state rival Denver at the Academy Tuesday.

The Falcons' 18-25, 25-20, 19-25, 26-24, 15-9 victory improved their record to 7-9 overall and 4-3 on their home court.

Freshman Maggie Sherrill paced the Falcons with a career-high, match-leading 18 kills, while junior Cami Richan and freshman Felicia Clement added respective kill totals of 14 and 11. Sophomore Hillary Keltner recorded 48 assists and earned her league-leading 11th double-double of the year as she added 10 digs.

Defensively, sophomore Ayesha Hein accounted for a team-high five blocks (all assisted), while senior Maiya Perich led all players with 23 digs. Perich was one of three Falcons that tallied double-digit dig totals, joining Keltner and freshman Rebecca Bates, who added 11. Bates also accounted for a career-best four service aces, while Hein and junior Josalynn Wise each added two.



LIZ COPAN

Falcon senior Maiya Perich led all players with 23 digs in Tuesday's game against in-state rival Denver.

The Falcons, who finished the non-conference season with a 6-8 mark, return to Mountain West Conference action today when they travel to Boise State for a 7 p.m. matchup with the Broncos.

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## Bears prepping for hibernation

The 10th Civil Engineer Squadron wants base residents to secure their trash to prevent foraging black bears from posing a danger.

As the bears prepare for hibernation, they will eat up to 20,000 calories per day and will return to sites where they have previously found food.

Housing residents should check the doors to their bear-proof dumpsters or trash receptacles. Residents without bear-proof receptacles must store their trash in their garage until their scheduled trash collection day.

To report an immediate bear problem or threat, call the 10th Security Forces Squadron at 333-2000. For non-threatening bear sightings, call the 10th CES Natural Resources office at 333-3308.

To report a bear-proof container needing repair in base housing areas, call Forest City maintenance at 867-9675. To report containers needing repair outside base housing areas, call 10th CES Contract Services at 333-3053.

## Recycling Center Moves

The temporary location of the Academy Recycling Center will be located West of the Community Center and on the south side of the Armed Forces Bank.

A temporary location was created

due to construction of the BX and Commissary parking lots that began on Aug. 20.

## Pottery studio available

The Arts and Crafts center offers a pottery studio available for use when a class is not in session.

The studio includes nine pottery wheels, glazes and five kilns. Clay is available for purchase.

For more information call 333-4579.

## Outdoor Recreation activities

For information or to purchase tickets for these or other activities, contact the Outdoor Recreation Center at 333-4475.

**Children's Rock Climbing:** Saturday, 8 a.m.-4 p.m. Tickets are \$25 per child. Saturday's event is for children ages 13-16.

**Vail Pass Bicycling:** Sunday. Cyclists can ride 28 mostly downhill miles along Vail Pass for \$49 per person.

## Colorado R&R, Tickets, Tours

Tickets for the following events are available through the Colorado R&R office. For more information or to purchase tickets, call 333-7367.

**Colorado Rockies:** Today at 6:10 p.m. vs. the Arizona Diamondbacks and Tuesday vs. the Chicago Cubs. Tickets are \$42 each for Section 143, Row 24.

**Elitch Gardens Military Appreciation Day:** Saturday. Tickets are \$21 per person and must be purchased through the Information, Tickets and Tours office.

**Batman Live:** Oct. 23-24 at the Colorado Springs World Arena. Tickets range from \$34.75 to \$85.75 per person.

**Disneyland Armed Forces Salute:** Valid Oct. 1, 2012, to Sept. 28, 2013. Three-day park hopper tickets are available for \$123 per person, with a six-ticket limit.

This offer is available for active-duty, Reserve, activated National Guard and retired service members. Black-out dates apply.

## Child support services

The El Paso County Child Support Services will now be at the Academy the last Thursday of every month from 1-3 p.m. at the Airman and Family Readiness Center.

They will help establish, modify and assist child support orders, establish paternity, assist with visitation issues, provide a connection to other community resources and assist family members of active-duty service members stationed at another base.

There is a one-time \$20 fee. To make an appointment call 719-457-6331.

## Bowling Leagues

The Academy Lanes Bowling Center's bowling leagues are in session.

Available leagues include a parent and youth league Tuesdays at 7 p.m. for \$14 per team, three-person youth leagues Thursdays at 10 a.m. for \$7 per person and four-person adult mixed leagues Thursdays at 7 p.m. for \$10 per person.

Children may receive free bowling lessons during youth league play on Thursdays.

For more information, call Academy Lanes at 333-4709.

## Horsemanship classes

The Academy Equestrian Center offers horsemanship classes, which include a one-hour trail-riding lesson plus instruction in grooming, saddling and etiquette, for \$30 per lesson.

For information, contact the Equestrian Center at 333-4607.

## AFSA meetings

The Air Force Sergeants Association Falcon Chapter 1180 meets every third Wednesday of the month at 3:30 p.m. in the Casual Lounge at the Falcon Club.

## A&FRC events

The following Airman and Family Readiness Center events are scheduled for the month of October:

**Newcomers' Orientation:** Oct. 18, 9 a.m.-4:30 p.m. Contact your commander's support staff to sign up.

**Preseparation briefings:** Every Monday except during Transition Assistance Program week, 2-4 p.m. This is mandatory for all separating and retiring service members.

**Readiness Briefings:** Pre-deployment briefings are available Tuesdays at 11 a.m. and Thursdays at 2 p.m. Post-deployment briefings are available on a walk-in basis. Spouses are welcome.

**Volunteer Resource Program:** This ongoing program provides on- and off-base volunteer opportunities for service members and their families.

On-base opportunities may include the Airman's Attic, military retiree activities, the base library and equestrian center and more.

Off-base opportunities may include Cheyenne Mountain Zoo, the Colorado Care and Share, Habitat for Humanity and other special projects throughout the year.

## Ice skating lessons

The Cadet Ice Arena offers weekly ice skating lessons, with six lessons and skate rental for \$50.

For more information or to sign up, call the Ice Arena at 333-0389.

## VA Stand Down Day

The local Veterans Administration office seeks active-duty volunteers for its VA Stand Down Day Oct. 18.

Volunteers will escort veterans around the stations and will help with preparation and cleanup duties.

To volunteer or for more information contact 1st Lt. James Franciere at 567-2162.

## Breast cancer awareness

The 10th Medical Group will offer a women's health event Oct. 17 from 10 a.m.-noon and Oct. 27 from 9-11 a.m. in observance of Breast Cancer Awareness Month.

Provide child care for those who may need it. The hourly care program requires parents to complete paperwork in advance: Parents should call 333-6779 in advance to reserve a slot.

## Academy Concerts presents ...

The Academy Concerts season continues with "The Capitol Steps," scheduled for Oct. 5 at 7:30 p.m. in the Palmer High School Auditorium.

Other shows in the 2012-2013 season include:

- **Titanic** (Nov. 7)
- **John Tesh Holiday Show** (Dec. 7)
- **Nunset Boulevard** (Feb. 1)
- **Midtown Men** (March 8)
- **Sandy Hackett's Rat Pack Show** (April 19)

All shows are free to cadets, and all but the Capitol Steps show will be held in the Arnold Hall Theater. Call 333-4497 for tickets.



## Cadet Chapel

### BUDDHIST

Sundays, 10 a.m.; Thursdays, 6:20 p.m.

### PROTESTANT

**Traditional:** Sundays, 9 a.m.  
**Contemporary:** Sundays, 11 a.m.

### CATHOLIC

**Mass:**  
Sundays, 10 a.m.  
Mondays, 6-6:20 p.m.  
Tuesdays, 6:45-7:15 a.m.  
Wednesdays, 6:30-7 p.m.  
Thursdays, 6:15-6:45 a.m.

### JEWISH

**Shabbat:** Fridays, 7 p.m.

### MUSLIM

**Jum'ah:** Fridays, 12:30-2 p.m.

## Community Center Chapel

### CATHOLIC WORSHIP

**Mass:** Saturdays, 4 p.m.; Sundays, 9 a.m.; Tuesdays-Fridays, 11:30 a.m.  
**Reconciliation:** Saturdays, 3:30 p.m.  
**Formation Classes:** For students in grades K-8. Sundays, 10:15-11:30 a.m.

### PROTESTANT WORSHIP

**Evangelical:** Sunday, 10:15 a.m.  
**Gospel:** Sunday, 11:30 a.m.

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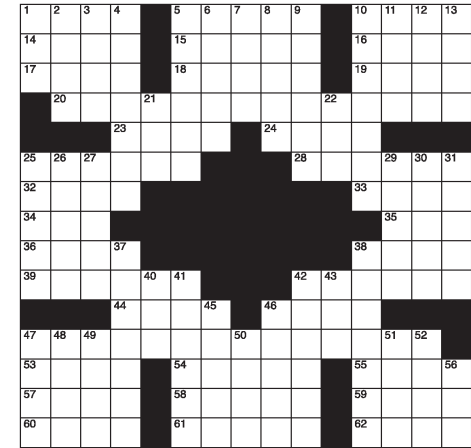
**CLUES ACROSS**

1. Auricles
5. Sharpening strap
10. Supplemented with difficulty
14. Jaguarundi
15. "7 Year Itch" Tom
16. European defense organization
17. Camber
18. Kittiwake genus
19. 3rd largest French city
20. Used for instant long locks

**CLUES DOWN**

1. Formerly the ECM
2. A native nursemaid in India
3. Ribosomal ribonucleic acid
4. Ironies
5. Peaceable
6. Between
7. Cessation of activity
8. "Little House" actor Merlin
9. Lying in one plane
10. Joins the military
11. Knock out
12. British School
13. Puts on clothing
21. Radioactivity unit
22. Helps little firms
25. Podetiums
26. Fluid accumulation in tissues
27. Backed seat for one
29. From farm state

23. Harangue
24. Grabs
25. Formally withdraw membership
28. Magnitude relations
32. El Dorado High School
33. Porzana carolina
34. Earl Grey or green
35. Dog's tail action
36. Friends (French)
38. Lessen the force of
39. Dermaptera
42. Views
44. From a distance
46. Bleats
47. London Games 2012
53. Let the body fall heavily
54. Collect a large group
55. ABA \_\_\_\_\_ Honeymoon
57. Give over
58. Glue & plaster painting prep
59. Middle East chieftain
60. Removed ruthlessly
61. AKA bromocoin
62. A dissenting clique



**SUDOKU**

3			4		8	2		
							8	3
				9	1			
	6	2	9					7
		1	7		3		9	
		9				5		
		4		2				
		3	6	4		7		1

Level: Advanced

Solution on page 11

**Fun By The Numbers**

Like puzzles?  
Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

09-28-12

# Peak Dining

**BILLIARDS**



**Antique Billiard Museum**  
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7350 Pine Creek Rd.  
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598-8667  
[www.margaritaatpinecreek.com](http://www.margaritaatpinecreek.com)

Hours: **Lunch:** Tuesday-Friday 11:30a.m.-2:00p.m. **Dinner:** Tuesday-Saturday 5:30p.m.-8:30p.m. **Brunch on Sunday:** 10:30a.m.-2:00p.m. Serving award winning, contemporary, seasonal cuisine-with a casual attitude for 37 years. Upstairs: fine dining (accompanied by our harpsichord on Saturday evenings). In the downstairs lounge: local music (from jazz to bluegrass) Wed-Fri. Enjoy appetizers to full course meals! Always affordable dining with a special occasion feel. Join us for lunch, dinner and Sunday brunch. Relax and take in the Colorado scenery on the patios soon! Perfect for private parties, rehearsal dinners, weddings and other events.

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**CHINESE**



**Bamboo Court Restaurant**  
719-599-7383  
4935 Centennial Blvd., Suite G

**Mon-Fri Lunch: 11:00-3:00pm, Mon-Sat Dinner: 3:00-9:00pm, Sat Lunch: 12:00-3:00pm, Sun Dinner: 4:00-9:00pm**  
Our single combination Dinner Specials come with any entree from the dinner entrees menu and soup of the day, fried or steamed rice, egg roll & crab ragoon. At Bamboo Court, our only goal is to make your expectations a reality!

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[www.thefamoussteakhouse.net](http://www.thefamoussteakhouse.net)

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**DELI**



**Wooglin's Deli & Cafe**  
719-578-9443  
823 N. Tejon Street

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**For advertising information  
call Sara at 719-636-0130**

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