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U.S. AIR FORCE ACADEMY AT COLORADO SPRINGS

August 19, 2011

RISING STAR

'11 grad to be honored with research award for Astronautics. Page 3

HEALING ART

Permanent professors' exhibit offers Vietnam insights. Page 7

CHAMPS

Medical Group wins intramural softball championship. Page 12



Soldiers teach tactics to cadets



DON BRANUM

From right: Cadet 3rd Class Jared Hafich and Cadet 1st Class Joseph Springfield make their way toward a safehouse during a training mission in Jacks Valley Aug. 13. The mannequin on Hafich's shoulders represents a pilot the cadets were sent to rescue. Hafich is assigned to Cadet Squadron 28; Springfield is assigned to CS 07. For complete coverage see Pages 8-9.

Officials announce civilian workforce hiring freeze

By Capt. Mary Danner-Jones Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) — Air Force officials announced on Aug. 12 the implementation of a 90-day hiring freeze effective immediately.

A firm commitment to keep spending within requested levels led to implement the hiring freeze across the civilian workforce, officials said.

"Our Air Force leadership recognizes the invaluable contributions of our civilian workforce, but also recognizes the fiscal constraints under which all services are operating," said Col. John Linn, the Academy's Director of Manpower and Personnel. "We are working to balance

needs mission while taking care to minimize the effect on our current civilian workforce and their families."

In addition to a 90-day hiring freeze, the officials plan to reduce temporary and term employees and will

implement both the Voluntary Separation Incentive Program and Voluntary Early Retirement Authority program.

Officials project that all major



"We are operating in a very challenging fiscal environment and are focused on meeting mission requirements

ments.

with a reduced

budget." said Lt. Gen. Darrell Jones, the Deputy Chief of Staff for Manpower, Personnel and Services. "We are mindful of the potential impacts of budget constraints on our civil-

COREY PARRIS

ian force and their families, which is why we are seeking to reduce the need for involuntary measures."

The 90-day hiring freeze is intended to quickly reduce civilian strength levels to budgetary limits and enable future hiring to support the most critical mission require-

"We will do our utmost to provide timely, candid communication on specific efforts as details are finalized," General Jones said.

For additional information on civilian workforce reduction measures, personnel should contact the civilian personnel office at 333-4363, or call the Total Force Service Center at 800-525-0102.



One small step

By Capt. Jamie Humphries 438th Air Expeditionary Wing Public Affairs

KABUL, Afghanistan (AFNS) — Last week, for reasons I can't remember, Afghan 2nd Lt. Fatama Abteen and I had a discussion about space.

This was hardly an in-depth conversation but a meaningful one nonetheless with the topic of conversation focusing on the endless possibilities that exist for her, her country and her future.

This dialogue between us was nothing new as we've had these kinds of discussion before, but this one resonated with me for some reason. Regrettably, I don't recall the exact details, but I do remember her being enamored with the thought of space travel and the possibilities that exist for mankind to travel in a space machine to the far reaches of our solar system.

Today, Abteen and three other lieutenants from the Afghan air force got

to have a "real" conversation about space as they met astronauts Neil Armstrong, Gene Cernan and Jim Lovell.

The meeting was short but meaningful to everyone present, as Afghanistan's aviation future met America's aviation past.

Although the lieutenants weren't even born when these men pushed the limits of space exploration, they understand history and the significance of their chance encounter with men that put the marvels of aerospace on the proverbial "map" for people around the globe.

I think it's moments like these which make our efforts with the lieutenants and Afghans worth the effort.

Moments we can provide that they wouldn't have re-



Astronaut Gene Cernan, the last man to walk on the moon, leans in to hear a question from Afghan Air Force 2nd Lt. Fatama Abteen, during a meet-and-greet at Camp Eggers, Kabul, Aug. 16. Astronauts Neil Armstrong and Jim Lovell were also at the camp as part of a United Service Organization tour.

ceived had we not been here working shoulder-to-shoulder with them. In my opinion, these lieutenants and the rest of the lieutenants serving in the Afghan military are the best and brightest, and are ready to catapult the next generation of Afghans into some semblance of normalcy in a country that most describe as "abnormal."

These young men and women are the future of a country besieged by war and poverty, and providing this kind of opportunity gives them hope and a reason to lead ... a reason to dream.

I don't know this to be true, but I'd bet my next paycheck that Armstrong, Lovell and Cernan started out as big dreamers as well.



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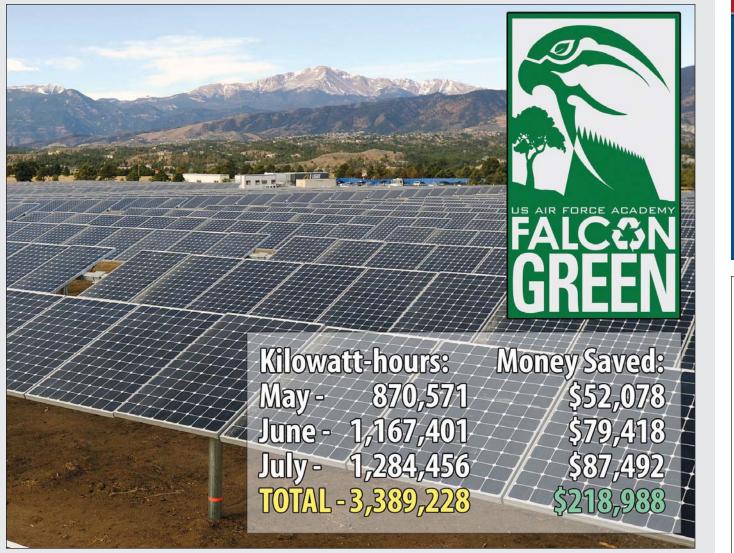
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Solar Array generates energy savings



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Recent grad's astro feats regarded as research crown 'joule'

By David Edwards Academy Spirit Staff Writer

Look out, Richard Dean Anderson. There's a new MacGyver in town.

His name is 2nd Lt. Michael Trubilla, and a prestigious award is in the 2011 Air Force Academy grad's very near future. On Thursday at Wright-Patterson Air Force Base in Ohio, Trubilla will receive the Air Force Science and Technology Cadet Research Award.

Trubilla's mentors in the Astronautics Department have practically exhausted their supply of superlatives to describe his pioneering work in supplying power to satellites.

In a recommendation letter, Col. Martin France said Trubilla "is truly the MacGyver of his class." And Dr. Ken Siegenthaler said the selection of Trubilla for the award was "a slam dunk."

"It's the best piece of research that I've ever seen a cadet do, and I've been here off and on for 20 years," Siegenthaler said. "This is master's-thesis-type stuff, perhaps even Ph.D. It's an enormous impact on the space program."

Trubilla also won the 2010 Moore Award as the Academy's top cadet summer researcher. At his teachers' suggestion, he continued to develop his work during his senior year.

An aerothermodynamics course at the Academy sparked Trubilla's interest in the field, and that carried over to a summer research project offered by the Idaho National Laboratory.

"When the opportunity came up for it,

a lot of my classmates were kind of shying away from it," he said. "I thought it was pretty cool and something I really wanted to do."

Trubilla's research covers so much ground that only a step-by-step break-down can do it justice.

For starters, Trubilla created a composite fuel system that contains both ceramic and metallic materials. The fuel system is compatible with highpower Stirling engines, which power small satellites.

"NASA has spent about \$50 million on Stirling engines, and they've never flown them in space," said Bill Saylor, an astronautics instructor and Trubilla's main adviser. With Trubilla's research, "we're leveraging that huge NASA investment."

A double-barrel problem with the fuel system's power source was also solved by the research Trubilla did. The generator requires pure plutonium-238 to run, and the United States stopped production of it years ago.

As a result, Russia became the U.S. supplier of pure plutonium-238. However, Russia canceled all sales agreements for the radioactive element.

"The other thing that kind of intrigued me was the fact that the U.S. and Russia are the two major space powers," Trubilla said. "And since we're now having to rely on Russia for our space launches as well, that (combined with the plutonium scarcity) really drove my interest."

The system engineered by Trubilla al-



2nd Lt. Michael Trubilla

lows less pure forms of plutonium-238 to be used. American stocks of socalled "old" plutonium are abundant, so Trubilla eliminated a significant limitation on the space program.

Furthermore, Trubilla discovered a method of enclosing the plutonium in such a way that it cannot be recovered by enemies with designs on using it to build a nuclear weapon. The innovative design also ensures that the fuel source will survive re-entry and not disperse radioactive material.

Saylor called Trubilla's accomplishments "a big mission-enabling breakthrough."

"Mike identified the key technical problems, and solutions to overcome them," Saylor said. "He didn't know enough to know what he couldn't do. So he said, 'Let's try it this way."" The repercussions of the research are staggering. Efficiency gains in electricity generation are stretched tenfold. Besides drawing significantly more power out of existing sources, Trubilla's design also reduces the system's mass and volume.

"Mass is everything in the space business," Siegenthaler said.

Savings for the Air Force as a result of Trubilla's work are estimated to be in the hundreds of millions of dollars. Also, NASA's offer of \$500,000 in Stirling engine equipment is intended to develop the concept further.

Ironically, research that surmounted the politics of no by Russia could be derailed by the politics of no in the United States.

"We're trying to take this research and put it into the system," Saylor said. "There's going to be a lot of resistance because nobody wants to talk about nuclear power generation. Politics is what prevents an honest engineering judgment of whether it's good or bad."

Trubilla said he just wanted to design the system and let the political chips fall where they may. In the meantime, he is busy with flight screening and has had to put his research interests aside temporarily.

Regardless of what he's able to accomplish in the future, though, he's already done enough to merit an avalanche of accolades, an Air Force-level award, a hearty handshake — and some more time in the air for that little trip to Ohio.





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AGADEMY SPIRIT FRIDAY, AUGUST 19, 2011

At AFA, honor is a way of life

by Don Branum Academy Spirit staff writer

Not long ago, two residents of Colorado Springs wrote a letter of thanks to Academy Superintendent Lt. Gen. Mike Gould praising two cadets — Cadets 2nd Class Ashley Bartmas and Tara Harris — for returning an MP3 player that their daughter had lost in the parking lot of a local store.

"Here are two ladies (who) are great ambassadors of the Academy and follow the Honor Code in all aspects of their lives," Dan and Jan Erickson wrote. "These two ladies are outstanding examples of everything the Air Force Academy stands for and teaches the cadets."

The Honor Code to which the Ericksons refer is a way of life at the Air Force Academy and one of many aspects of Academy life that sets cadets here apart from students at most other colleges, said Cadet 1st Class Sean Knowles, the Cadet Wing Honor chairman.

"The Honor Code is the minimum standard," said Knowles, a native of Allentown, Pa., who is assigned to Cadet Squadron 10. "It's here to create a culture where cadets are living honorably and preparing for the hard decisions that are going to come up as a part of officership."

The Honor Code compels cadets not to lie, cheat or steal, nor to tolerate among them anyone who does. It applies throughout their lives, from activities in the classroom or athletic fields to time spent off base, Knowles said.

The Code forms the basis for living honorably, said Cadet 1st Class Brandon Roberts, the Cadet Wing character officer.



"The Air Force Academy's mission is to develop leaders of character," said Roberts, a native of Denton, Texas. "You can't be a leader of character without being an honorable person, and to some extent, you can't be an honorable person if you don't have character. Living honorably means having the integrity of your word. It means you treat others with respect, you hold yourself to standards. It means doing what you say you're going to do."

Cadets face stringent consequences if they should fail to abide by the Honor Code. The Honor Code Reference Handbook lists possible sanctions as honor rehabilitation, honor probation or disenrollment. The cadet loses his good standing within the Cadet Wing under honor

probation and may also lose his good standing under honor rehabilitation. A cadet undergoing honor rehabilitation or probation must, according to the handbook, "reflect on what habits led to the violation and why."

Knowles stressed, however, that cadets should look at the Honor Code and honor system as something to help them grow, not as a purely punitive or procedural system.

"It was placed here for a bigger purpose: to prepare you for the challenges that lie ahead of you," he said. "Look at it as something you can adopt and make part of your daily life."

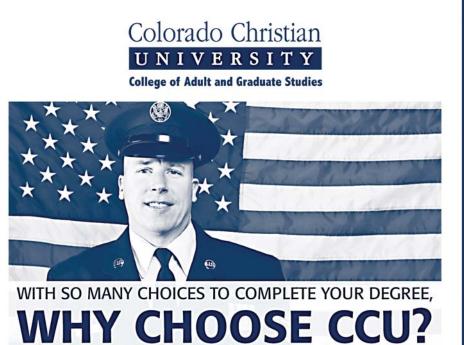
You can't be a leader of character without being an honorable person ...

Cadet 1st Class Brandon Roberts, Cadet Wing character officer

Most importantly, living honorably as cadets prepares the future officers for life in the Air Force, whose principal core value is "Integrity First.'

"The Honor Code pervades everything we do," Knowles said. "It's something we hold ourselves to, something we're responsible for and something we're proud of."







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Cadets attend Jewish War Veterans convention

By Maj. Don Kerr

Air Force Academy Public Affairs

Two Air Force Academy chaplains and two cadets attended the 116thannual Jewish War Veterans Convention in Jacksonville, Fla., Aug. 9-13 to discuss the Academy's religious respect program and give JWV members some insight into the life of a Jewish cadet here.

Jewish Chaplain (Maj.) Joshua Narrowe and Protestant Chaplain (Capt.) Shawn Menchion represented the Academy's Chaplain Corps at the convention. Cadet 2nd Class Jolie Grossman from Cadet Squadron 23 and Cadet 3rd Class David Harris from CS 11 also attended to provide their perspective as cadets.

Chaplain Narrowe began his presentation by pointing out to the audience some of the unique dynamics at the Academy for the more than 1,100 new cadets each year.

"When they enter the Academy, as cadets they are expected to understand the military and Air Force cultures," Narrowe said. "Then they learn about Academy culture and, more specifically, the Cadet Wing culture. This all happens within about six weeks. In terms of religious respect, we have two training opportunities for these new cadets, where they learn about their First Amendment rights and the importance of understanding religious respect."

The chaplain said the Academy makes an important distinction between respect and tolerance. Here, cadets are ex-

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pected to respect each other regardless of their particular faith or non-faith, which goes beyond mere toleration.

The Academy offers a variety of programs to accommodate services and discussion groups for all walks of faith, including Christians, Jews, Muslims, Hindus, Buddhists, atheists and members of Earth-Centered religions. Chaplains encourage interfaith discussions among cadets and provide opportunities for cadets to learn and grow from regular interactions with people whose faiths they may never before have encountered.

Grossman brought a unique perspective to the group as a product of a mixed-faith childhood in California; her mother was Catholic and her father was Jewish.

"In true California fashion, they taught me the importance of being not only tolerant, but respectful to all," she said.

A junior, Grossman answered questions from the JWV on the religious atmosphere at the Academy and rumors of possible anti-Semitism.

"Throughout basic training and my time as a cadet, I haven't been treated any differently than a Christian would be," Grossman said. "I have been allowed to miss training events in order to attend services and allowed to leave campus to observe holidays because the Academy recognizes that religion helps people get through tough times."

She went on to share some of her experiences at the Academy, such as being selected as the master of ceremonies for a Holocaust luncheon and traveling to Israel with U.S. Naval Academy midshipmen and U.S. Military Academy cadets.

Harris explained that the Academy has a "zero-tolerance policy on being intolerant" and said he felt positive about his experiences as a Jewish cadet.

"I have never been approached by someone who has attempted to sway my beliefs," Harris said. "So where is the unwelcoming environment of anti-Semitism that I was warned about? In my opinion, it doesn't exist."

The chapel staff publishes an interfaith calendar with religious holidav entries as Notices to Airmen, which are distributed to the entire cadet community, Menchion said during a briefing on the principles of the Academy religious respect training program. The program focuses on First Amendment protections, religious rights, fostering religious dialogue, respecting human dignity and practicing moral courage.

The Air Force Academy is the only U.S. military academy with a religious diversity program, Menchion said. He talked about the Academy's leadership model and how it builds and evolves to different levels throughout a cadet's four years of education and leadership training.

"The training is not only designed to introduce cadets to new religions and faiths, but to teach receptiveness and having an open mind to other faith religions and beliefs," Menchion said.

Harris sought to put to bed the rumors of an atmosphere of intolerance.



CHRISTY TURNER Cadet 2nd Class Jolie Grossman, Cadet Squardron 23, and Protestant Chaplain (Capt.) Shawn Menchion meet retired Army Gen. Eric Shinseki, the secretary of Veterans Affairs.

"In my experience, the atmosphere of the Academy is one of respect for evervone. And I am proud to say that I am indeed a Jewish cadet at the United States Air Force Academy," he said.

The Jewish War Veterans National Convention was headlined by retired Army Gen. Eric Shinseki, the secretary of Veterans Affairs, and Army Maj. Gen. Emmitt Titshaw. The event is designed to update its members on military affairs. It is composed of Jewish U.S. citizens who are American war veterans promoting patriotism, upholding universal rights of liberty, equality, justice and the fair rights of Jews everywhere.



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Retirement pay

No changes expected in the near future

by Jim Garamone American Forces Press Service

WASHINGTON (AFNS) — Military retirement isn't going to change anytime soon, Defense Department officials said.

"There's no immediate plan to affect retirement," Navy Adm. Mike Mullen told service members at Kandahar Airfield, Afghanistan, July 31.

The chairman of the Joint Chiefs of Staff said any changes to military retirement should be studied carefully and should be "grandfathered" so the military doesn't break faith with those in the service.

Pentagon officials are reviewing all areas of the defense budget, and the goal of the review is to "inform the decisions and strategies that we have to make," Defense Secretary Leon Panetta said Aug. 4.

"So that's going to be key to what decisions we make and what areas we look to for savings," the secretary added.

In support of the department's efficiency initiatives, a small group of Defense Business Board members was tasked to develop alternative plans to the current military retirement system. The group briefed its findings and draft recommendations to the full board during their July 21 quarterly meeting. The full board approved the recommendations, and the group will issue a final report by the end of this month.

The Defense Business Board provides DOD's senior leaders independent advice and recommendations "on effective strategies for the implementation of best business practices on matters of interest to the Department of Defense," according to Pentagon officials.

Meanwhile, a Pentagon spokeswoman said, officials are reviewing the board's recommendations.

"Any recommendation to change the military retirement system must be approached with thoughtful analysis, to include considerations of impacts to recruiting and retention," Eileen Lainez said. "While the military retirement system, as with all other compensation, is a fair subject of review for effectiveness and efficiency, no changes to the current retirement system have been approved, and no changes will be made without careful consideration for both the current force and the future force."

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Art that heals

By David Edwards Academy Spirit Staff Writern

Medicine is sometimes referred to as the healing arts. People walking through Fairchild Hall in the next few weeks may gain a more full appreciation of both components of that term.

Dr. Carl Bartecchi unveiled his exhibit, "Curing, Caring, and Healing: Vietnam Then and Now," at the Permanent Professors' Art Gallery on Fairchild Hall's third floor Tuesday.

The exhibit features the photography of Bartecchi, a former Army flight surgeon in Vietnam who later founded the Bach Mai Hospital Project.

Cadets can buy Bartecchi's latest book, "A Doctor's Vietnam Journal," at a deep discount, and all the money from those sales will go directly to the hospital project.

Pam Aloisa, the gallery curator, introduced Bartecchi at the exhibit reception. Dean of the Faculty Brig. Gen. Dana Born and several Academy instructors attended, and Aloisa urged them to tell their cadets about the exhibit or bring them by the gallery to see it.

Aloisa said that many years ago she had displayed Bartecchi's Vietnamese landscape photography.

"I thought, 'I've got to show the work that portrays the medical side of what Carl did in Vietnam," she said.

In addition to the framed photographs, the exhibit also houses an assortment of artifacts that Bartecchi collected during his travels in Vietnam.

Among the most interesting of those

is a set of cupping glasses, which are a common folk remedy in various parts of the world. The cupping glasses in the exhibit were used by Vietnamese villagers who had no conventional medical care.

A few steps from the cupping glasses, a rice-cutting knife and a pear-shaped lute share a display case. The distinctive-looking knife was given to Bartecchi by a rice farmer after he successfully treated the pneumonia afflicting the farmer's son.

The lifesaving work Bartecchi did for villagers during the Vietnam War left a profound impression on him. His genuine appreciation for the people led him to return as a visiting professor of critical-care medicine in 1997.

Twice a year for the past five years, he's teamed with doctors from the Mayo Clinic to offer symposiums for Vietnamese medical personnel.

Bach Mai, the hospital at the core of Bartecchi's undertaking, was the site of an accidental bombing by American forces during the Vietnam War. Several people inside were killed.

He said that on returning he asked the hospital staff if there was any lingering animosity from what Americans had done there decades ago.

They responded with an emphatic no and added that they had long ago put the past behind them. They also said that the Vietnamese have dealt with all sorts of foreigners over recent decades, most notably the French and the Chinese.

Bartecchi summed up the prevail-



BILL EVANS

Dr. Carl Bartecchi told guests at a reception Tuesday about many of his photographs from Vietnam. The Permanent Professors Art Gallery in Fairchild Hall currently houses an exhibit displaying Bartecchi's artwork and items he has collected on his many trips to Vietnam.

ing attitude among the Vietnamese people he's met: "Our future is with the Americans. We like Americans. We want your medicine; we want your economics. We want (access to) everything that you've got, because you do it right."

The Vietnamese eagerness to let bygones be bygones has led to a marked improvement in their access to health care.

As part of the project, Vietnamese physicians are brought to the United States for six to 12 months. They receive intensive training from American medical professionals. When they return to Vietnam, the government sends them out so the people in outlying provinces can avail themselves of the opportunity for treatment.

Venomous snakes abound in Vietnam, and snakebites are a common problem.

Bartecchi said that if a snake bites someone on the finger and the distance to the nearest hospital is great, usually people will cut off the victim's finger. "We saw a lot of people with (fewer) than five fingers," he said.

The snake venom generally constricts breathing, so hospitalized victims are hooked up to a ventilator. But the makeshift ventilators Bartecchi and his colleagues saw in the Vietnamese hospitals prompted an upgrade.

Since 1997, Bartecchi's team has delivered new ventilators as well as plenty of even more basic equipment.

"If you saw the beds over there, some of them are no better than what you're sitting on right now," Bartecchi said. "It's easy to take for granted beds that rise and lower. The Air Force has been really fantastic in helping us with this program."



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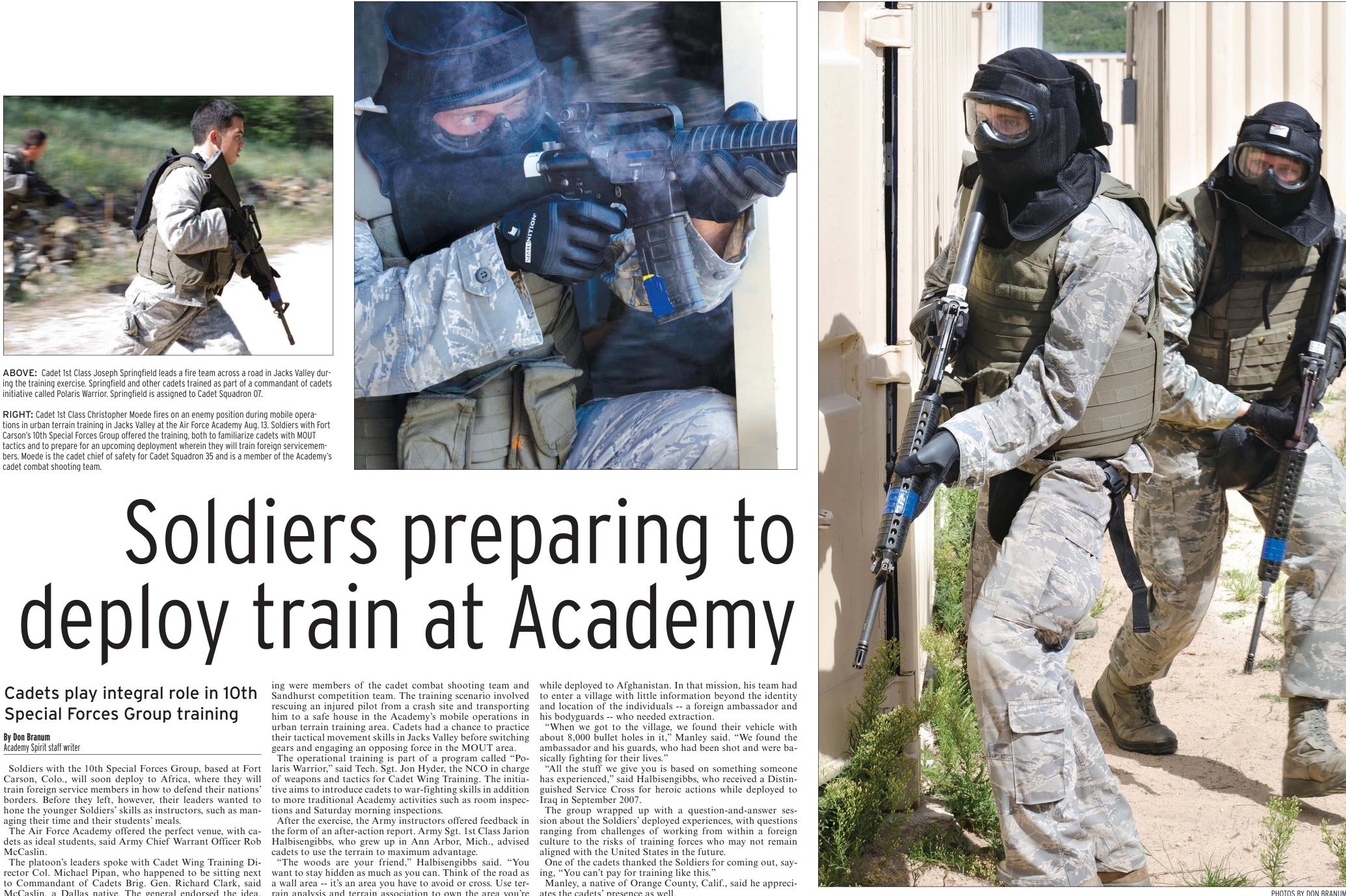
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ABOVE: Cadet 1st Class Joseph Springfield leads a fire team across a road in Jacks Valley during the training exercise. Springfield and other cadets trained as part of a commandant of cadets initiative called Polaris Warrior. Springfield is assigned to Cadet Squadron 07.

RIGHT: Cadet 1st Class Christopher Moede fires on an enemy position during mobile operations in urban terrain training in Jacks Valley at the Air Force Academy Aug. 13. Soldiers with Fort Carson's 10th Special Forces Group offered the training, both to familiarize cadets with MOUT tactics and to prepare for an upcoming deployment wherein they will train foreign servicemem bers. Moede is the cadet chief of safety for Cadet Squadron 35 and is a member of the Academy's cadet combat shooting team.



Soldiers preparing to deploy train at Academy

Special Forces Group training

By Don Branum Academy Spirit staff writer

Soldiers with the 10th Special Forces Group, based at Fort Carson, Colo., will soon deploy to Africa, where they will train foreign service members in how to defend their nations' hone the younger Soldiers' skills as instructors, such as man- tions and Saturday morning inspections. aging their time and their students' meals.

dets as ideal students, said Army Chief Warrant Officer Rob Halbisengibbs, who grew up in Ann Arbor, Mich., advised McCaslin.

The platoon's leaders spoke with Cadet Wing Training Dito Commandant of Cadets Brig. Gen. Richard Clark, said McCaslin, a Dallas native. The general endorsed the idea, rain analysis and terrain association to own the area you're ates the cadets' presence as well. and the Soldiers met with Maj. John Schroeder to coordinate moving through." the training.

rescuing an injured pilot from a crash site and transporting him to a safe house in the Academy's mobile operations in urban terrain training area. Cadets had a chance to practice their tactical movement skills in Jacks Valley before switching gears and engaging an opposing force in the MOUT area.

The operational training is part of a program called "Polaris Warrior," said Tech. Sgt. Jon Hyder, the NCO in charge of weapons and tactics for Cadet Wing Training. The initiative aims to introduce cadets to war-fighting skills in addition borders. Before they left, however, their leaders wanted to to more traditional Academy activities such as room inspec-

> After the exercise, the Army instructors offered feedback in cadets to use the terrain to maximum advantage.

"The woods are your friend," Halbisengibbs said. "You a wall area -- it's an area you have to avoid or cross. Use ter-

Saturday's scenario was based on a mission that the detach-Among the approximately 40 cadets who attended the train- ment commander, Army Capt. Scott Manley, experienced of a persistent relationship, both here and at Fort Carson."

"They're helping us prepare for a mission where we'll do the Cadets prepare to clear the side of a building during an exercise in Jacks Valley's mobile operations in urban terrain training area. Members of the Acadsame thing deployed," Manley said. "We hope this is the start emy's cadet combat shooting team and Sandhurst competition team were among the cadets undertaking the training, which was provided by Soldiers from Fort Carson's 10th Special Forces Group.

Back to school



AIRMAN 1ST CLASS JAMES BELL Air Force Academy safety officials ask drivers to be cautious near school buses and crosswalks near schools as the 2011-2012 school year begins in Colorado Springs.

10th MDG offers vaccine info

Making sure children are up-to-date on vaccinations keep communities and schools safe from disease outbreaks

The 10th Medical Group is ready to provide required and recommended vaccinations to help get children ready for the school year in accordance with National Immunization Month.

While vaccine-preventable diseases have become very rare thanks to vaccines, outbreaks still occur. For example, preliminary data showed more than 21,000 cases of whooping cough in this country in 2010. A total of 26 deaths were reported – 22 of these deaths in the U.S were in children younger than 1 year old. Additionally, from Jan. 1 to May 20, 2011, 118 cases of measles were reported in the United States -- more than in any year since 1996. Measles spreads easily and can be serious, causing hospitalization and even death. Young children are at highest risk for serious complications from measles.

Making sure children stay up-to-date with vaccinations is the best way to make sure our communities and schools do not see other outbreaks, with more unnecessary illnesses and deaths.

For more details on required or recommended vaccines for children ages 0-6 years, parents should review the Centers for Disease Control and Prevention's recommended childhood immunization schedule at http://1. usa.gov/ra8s9C. For information regarding vaccines for children and teens ages 7-18, download the CDC brochure at http://1.usa.gov/ppdhyz.

The 10th Medical Group will have additional information on display in the main lobby through the end of August. Patients enrolled in Tricare can receive vaccines through the Allergy and Immunizations Clinic. Its hours are Tuesdays from 9 a.m. to noon and from 1-4 p.m., and other weekdays from 8 a.m. to noon and 1-4 p.m.





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Air Force lacrosse team joins with mission partners

The Air Force lacrosse team joined with Cadet Squadron 28 and the Management Department for a cookout Aug. 15 hosted by Commandant of Cadets Brig. Gen. Richard Clark as part of the Academy's new Mission Partner program.

The program is an Academy initiative designed to bring together elements from each of the three pillars of Academy life — academics, military training and athletics.

The event emphasized the mutual support of each element, a necessity in accomplishing the Academy's mission to "educate, train and inspire men and women to become officers of character," lacrosse head coach Eric Seremet said.

"We are excited and proud to join with CS 28 and the Management Department in this new

program," Seremet said. "We hope this partnership will help to enhance the relationships between our players and the fellow cadets with whom they will one day graduate and serve side by side."

It is this sort of initiative that reinforces the importance of the teamwork needed to be successful in the military and beyond."



Cadets from the Academy's lacrosse team joined CS 28 and the Management Department for a fish fry at the Commandant of Cadet's home Aug. 15. The event was geared toward fostering relationships among diverse cadet groups.

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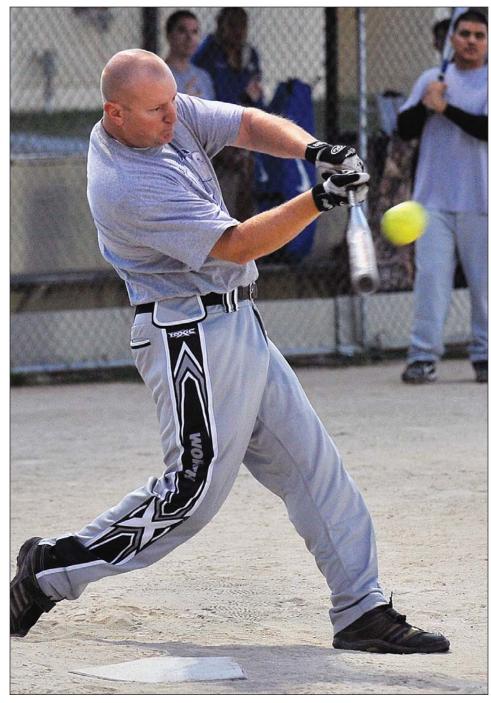
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Medics 'three-peat' in softball championship



Hospital's Tom Ziegler hits a first inning solo home run over the left-field fence, Ziegler's homerun was the third homerun of the inning, giving the medics eight runs for the inning.

By Dave Castilla Intramural Sports Director

"Rain, rain, go away" was the theme early in this year's intramural softball championship. When it did, Medical Group No. 1 took home its third championship in five years, defeating the Firefighters 15-5.

The Firefighters put the first run on the board with a Travis Oster double to left field. Oster went to third on a throwing error and scored on a sacrifice fly from Roy Dalton.

The Medics struck back hard in the bottom of the first, however, with base hits and long balls to score eight runs. Noah West and Mike Moore led off with base hits; Hugo Reiner drove in West, and Mark Lomenick smacked his first pitched over the left-field fence for a three-run homer. Heller continued with a base hit, followed by another home run by starting pitcher Fred Walker. Ziegler hit the third home run of the inning on a solo shot, and another run came in on a second error by the Firefighters.

The No. 3 seed Firefighters went three up, three down, in the top of the second, after which the Medics added another six runs, headed by a Johnnie Davis grand slam over the centerfield fence. The Med Group scored one more run in the third off a solo homer by Mike Moore.

The Firefighters began to respond in the fourth, scoring three runs off hits by Ken Helgerson, Ryan Moriarty, Travis Perkins, Matt Schultz and Sean Kaufmann. Their final run came in the top of the fifth as Oster legged out a triple and scored on another Dalton sacrifice fly.

The Rocky Mountain Softball Championships will be held at Peterson Air Force Base at a date and time to be determined.



PHOTOS BY RAYMOND MCCOY

Firefighter Travis Oster rounds second base on his way to a triple in the top of the 5th, while MDG's Johnny Davis gets ready for the relay.



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The Air Force Academy's Information, Tickets and Tours office offers discounted prices for attractions across the state of Colorado.

Discounts are available for Elitch Gardens, Water World, the Denver Aquarium, Colorado Rockies baseball, the Royal Gorge Bridge and Train in Cañon City, the Durango and Silverton Train and the Pikes Peak Hill Climb.

For more information, call the ITT office at 333-3348.

Take an outdoor adventure

The Outdoor Adventure Program has several upcoming opportunities for those who enjoy trekking through the Colorado wilderness.

For information on these and other offerings, contact Outdoor Adventure at 333-2940 or visit their website at http://bit.ly/m8vddh.

Hiking on the Academy: Women's casual-paced hiking is held Tuesdays at 9 a.m., with co-ed quick-paced hiking held Thursdays at 4:30 p.m. The hikes are free, but registration is required. Contact Outdoor Adventure for more information.

Family Advocacy offerings

For information on Family Advocacy programs, contact the Family Advocacy Office at 333-5270.

Common Sense Parenting: Held Thursdays through Sept. 8 from 8:30 to 10 a.m. This skill-based parenting program teaches parents of children ages 5-18 practical and effective ways



Cadet Chapel SUMMER SCHEDULE

BUDDHIST Sundays: 10 a.m. to increase their children's positive behaviors and appropriate alternatives to negative behaviors.

1-2-3 Magic Parenting: Held Wednesday from 9 to 11 a.m. This class offers parents of children ages 2-12 easy-tofollow steps for disciplining children without arguing, yelling or spanking. This is a two-session course.

Honor Guard candidates

The Air Force Academy Honor Guard wants volunteers who can help pay final honors to those interred at the Air Force's only active cemetery.

Airmen must have 12 months of retainability on base and be able to support at least two details per month for one year.

Training is held every other Wednesday from 1 to 4 p.m. Benefits of Honor Guard membership include consideration for a medal upon completion of the 12-month commitment and free attendance to some major sporting events.

For more information, call Master Sgt. Lissy Slezak at 333-9309 or Staff Sgt. Hugo Reinor at 333-5621.

Biking excursions offered

All bike trips include support, transportation for people and bikes and an experienced guide. Call 333-2940 for more information.

Pikes Peak Downhill: Saturday and Wednesday at 8:30 a.m.; \$59 per weekend, \$49 per weekday.

Labor Day at Moab: Sept. 2-5. Cost range from \$173.25 to \$247.50 per person depending on lodging choices. This trip includes all lodging in comfortable cabins, experienced guide, park entry fees and all transportation for people and bikes. Must sign up before August 1 and attend a pre-trip meeting August 26.

Trail clean-up work parties

Volunteers from the enlisted and officer corps are needed to help clean up the Woodmen Trail, which the Academy has adopted. The trail is 2.05 miles long and is split into three sections, so volunteers work on a section that is a little more than half a mile. The next cleanup is scheduled for Saturday. For more information, call 333-3310.

Community Center activities

Free Movie Night: Community Center auditorium on, Aug. 26. The first movie starts at 6 p.m. and the second movie at 8 p.m. Sodas and popcorn will be for sale.

Conference Room, building 8120. The audit team will consist of 10th CES personnel and volunteers from the Academy. Volunteers must obtain approval from their respective supervisors. Once findings are distributed, each organization will be responsible for completing all required closure actions according to the management action plan developed after the audit. For questions

or to volunteer as an audit team mem-

ber, call Jeanie Duncan at 333-0812.

Parking lot resurfacing

The upper parking lot outside Harmon Hall is closed for repaying until Sept. 11. All Harmon Hall permanent-party employees will be granted temporary access to the gate west of Harmon Hall.

During construction, parking will be allowed along Cadet Drive, along Chapel Drive from the superintendent's circle to the Arnold Hall circle excluding crosswalks, in front of the planetarium, and in non-government spaces in the Arnold Hall north lot.

Take care of that dental work

The 10th Dental Squadron seeks nonactive-duty patients to be treated in the dental residency training program. If you are an eligible beneficiary and have been told you have gum disease and need gum surgery or a root canal, call 333-5490 for a screening appointment.

Academy Concerts presents

Tops in Blue will perform a free concert Saturday at 2 p.m. in Arnold Hall. The show is general admission and does not require tickets. Admission is free. Parking will be available in the fieldhouse parking lot, and shuttles will operate between the fieldhouse and Arnold Hall.

Mixed bowling league

Organizers are looking for teams to bowl in a mixed league (two men, two women) Tuesday nights at 7 p.m. at Academy Lanes Bowling Center on the Air Force Academy.

A sign-up meeting will be held at the bowling alley Sept. 6 at 7 p.m. For more information, call Mike at 694-4401 or Terri at 290-1894 or sign up at the bowling alley.

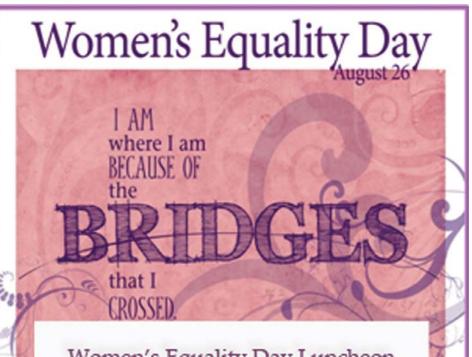
Clinic offers shingles vaccine

Shingles vaccinations will be available at the Academy allergy/immunization clinic beginning Aug. 25. The vaccine is recommended for people age 60 and older. Anyone 50 to 59 years old must have a prescription.

The clinic's hours of operations are as follows: Monday, Wednesday, Thursday and Friday, 8 a.m. to noon and 1 to 4 p.m.; Tuesday, 9 a.m. to noon and 1 to 4 p.m. On the first Thursday of the month, the clinic closes at 11:30 a.m. for training. Patients are advised to call ahead because mission requirements can cause closures on short notice. The number is 333-5080.

Discount Broncos tickets

For the Broncos-Seahawks game Aug. 27. Tickets in Section 200 are \$42.50; Section 500 costs \$24.50. For more information, call 333-7367.



PROTESTANT WORSHIP Combined Worship Service: Sundays, 9 a.m.

CATHOLIC WORSHIP Mass: Sundays, 10 a.m.

JEWISH WORSHIP No Jewish worship services during the summer.

Community Center Chapel

CATHOLIC WORSHIP

Mass: Saturdays, 4 p.m.; Sundays, 9 a.m.; Tuesdays-Fridays, 11:30 a.m. **Reconciliation:** Saturdays, 3:30 p.m.

PROTESTANT WORSHIP Evangelical: Sunday, 10:15 a.m. Gospel: Sunday, 11:30 a.m.

Environmental audit coming

The Academy's annual Environmental, Safety, and Occupational Health Compliance Assessment and Management Program will take place Sept. 12-16.

The audit evaluates an installation's overall compliance with environmental, safety, and occupational health laws and regulations.

As with past audits, this year's encompasses all organizations, tenants, and contractor operations on the Academy. The audit team will distribute a schedule prior to commencing the audit. A briefing on the findings will be given Sept. 16 at 3 p.m. in the 10th Civil Engineer Squadron Women's Equality Day Luncheon 11:30 a.m. Aug. 26 "Celebrating Women's Right to Vote"

Guest Speakers: Lt Col Rachel VanLandingham Todd Seelman

Cost: \$10 for club members/\$12 for non-members. Contact the 10th Air Base Wing Equal Opportunity office at 333-4258 to purchase tickets. NO TICKETS SOLD AT DOOR

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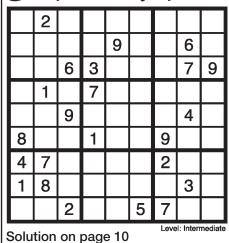
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11. And gentlemen 19. Take as a write 20. Killers Leopold & 12. Your store of remembered 21. Breathe rapidly information (abbr.) 2.2 Frank's diary 13. Father of Araethyrea 24. Made dry and brittle 16. Your father's sister

25. Not inland 17. A scrap of cloth





- 27. Ladyfish genus 28. Look at with fixed eyes 30. Wedding vow 32. Shakespeare's pentameter 33. Deprived of feeling
- country music
- 51. Not me 54. Overtime
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Academy Spirit

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