# Condoleezza Rice named '09 TD White Award winner



Dr. Condoleezza Rice, right, and Air Force Academy Superintendent Lt. Gen. Mike Gould affix Dr. Rice's name onto a plaque in Arnold Hall listing Thomas D. White Award recipients here Thursday. Dr. Rice was named the 2009 T.D. White Award recipient for her contributions of defense and security of the United States during a distinguished career as a professor, presidential adviser, diplomat, author and national security expert. She is a professor of political science at Stanford University. See the story in the Sept. 3 Academy Spirit.

BILL EVANS

# Research report outlines path to 'fanatical pride'

By Staff Sgt. Don Branum

Air Force Academy Public Affairs

The Air Force Academy released its 2010 Research Report on Wednesday, highlighting projects in more than 20 disciplines valued at approximately \$60 mil-

The report is one of the products available at the Academy showcasing how cadets and faculty serve the Academy's mission and objectives every day, said Col. Brent Richert, the Academy's chief scientist.

External funding counts for about \$35 million of the research mission's total value, with nearly \$18 million coming from Department of Defense agencies outside the Air Force for scientific, technical, engineering and mathematics outreach and other projects, and \$8 million from the Oklahoma City Air Logistics

Center for KC-135 Stratotanker structural teardown research.

"Funding agencies seek out the expertise of the Academy faculty, staff and cadets to research solutions to problems across the Air Force, DOD, other government agencies and industry," Colonel Richert said. "In particular, the Air Force Research Laboratory receives benefits ranging from cutting-edge technology for space systems to human performance analysis supporting warfighter weapon systems."

The research projects conducted here spark cadets' curiosity and offers them chances to solve operational Air Force and DOD research needs, Academy Superintendent Lt. Gen. Mike Gould wrote in the 2010 report. The result is a "perfect" storm that brings out the best of what the Academy and the United States have

"It allows us to shape young minds into officers of character who will embody the values of respect, leadership and the willingness to look beyond the easy answer," General Gould wrote. "At the same time, it empowers our graduates to enter the active-duty Air Force with a burning pride in their accomplishments and in their alma mater."

Cadets, Colonel Richert said, are the number-one reason why the Academy conducts research.

"Cadets are directly involved in research through individual and capstone research projects as well as the Cadet Summer Research Program, directly contributing to their problem-solving and leadership skills," Colonel Richert said.

Approximately 180 first-class cadets participate in Cadet Summer Research Program projects each year,

**See RESEARCH Page 3** 

#### **Weekend Weather**

**FRIDAY** High 84 Low 53



**SATURDAY** High 83 Low 54 Isolated

T-storms



**SUNDAY** High 84 Low 53 Vicinity

T-storms



#### Inside

#### Falcon 5/6 volunteers

Crews clean trash and weeds from the West Woodmen Trail. Page 4



#### **Kids' Day** Fans meet Falcon football players and get ready for opener. Page 12

**Ben Garland** 2010 AFA grad provides air power for Denver Broncos.

Page 14

# Want to vote? We can help!

By Lt. Col. Christopher J. Solo

Installation voting assistance officer

Will you exercise your right to vote this November? Servicemembers and family members planning to cast absentee ballots in the upcoming general elections are running out of time. With the Nov. 2 elections approaching fast, absentee voters need to submit the Federal Post Card Application — the absentee ballot request form — to their state of residence in time to receive and then return their ballots.

The Military and Overseas Voter Empowerment Act, passed in 2009, repealed the requirement for states to automatically send absentee ballots for the next two election cycles after receiving an absentee ballot request.

This means servicemembers and their eligible family members should submit a completed FPCA every year, as well as when they PCS or depart for or return from a deployment.

Don't worry, though. There's plenty of help available at the Academy. Every unit has a voting assistance officer available to walk absentee voters through the process. And the good news is that it only takes a few minutes to complete and mail the FPCA. Better yet, some states even allow absentee voters to submit the FPCA by email or fax. After receiving your application, your county clerk or other official will send out an absentee ballot. Simply cast your

ballot in time for your state to receive it by Nov. 2 — and you're done!

Absentee voters can also receive help during Armed Forces Voters Week, which will be held basewide Wednesday through Sept. 8.

During this week, voting representatives will be available at the Cadet Library, the commissary, the base hospital, and even Falcon Stadium before, during, and after the Northwestern State football game Sept. 4 to ensure all eligible voters have the opportunity to request their absentee ballots

Absentee voters can also request a ballot through the Federal Voting Assistance Program's website at www.fvap. gov. This website contains absentee voting information, an online registration and absentee ballot request assistant, and links to state and local governmental organizations with information pertaining to every election in the country. For help with absentee voting issues, voters can call 1-800-438-VOTE, e-mail vote@fvap.gov, or choose the online chat option at www.fvap.gov.

Call your installation voting assistance officers, Lt. Col. Christopher Solo at 333-7774 or Maj. Leslie Forrester at 333-7114, to determine your unit voting representative and for more information on how to register, apply for your absentee ballot, and cast your vote.

Honor the past, support the future. Vote!

# Barrier system: Why drive 25?

**Commentary by Capt. Doug Couch** 

10th Security Forces Squadron

Safety and security are job one for the 10th Security Forces Squadron. Unfortunately, there has been a recent rash of speeding infractions at base gates.

Speed is a contributing factor in 30 percent of all fatal motor vehicle accidents. An additional danger to those who exceed speed limits on base is the vehicle denial barrier. The Academy uses these barriers to protect our people and their guests from overt vehicle-borne attacks. Each barrier is well-sighted and placed at a suitable distance from the gate houses. All bar-

riers are marked with warning signs, sirens and lights on both sides of the road.

Once activated, the yellow flashing lights will turn to red and a siren will sound, signaling vehicles to immediately stop. If you are driving at the posted speed limit of 25 mph near the barriers, you have a much better chance of stopping before your vehicle strikes the barrier. Conversely, driving faster than 25 mph decreases your chances of stopping in time and increases the likelihood of injury. Remember, these barriers are designed to stop vehicles — and they will.

In addition to possible injury to you, when you drive faster than 25 mph

over the barriers, you cause unnecessary stress on the barrier system, resulting in a higher rate of replacement needs. Yes, by consistently driving faster than the posted speed limits, you contribute to the deterioration of the system that is designed to protect you and your family.

So what this all means to you is this: please slow down! It is everyone's responsibility to obey all posted speed limits for your safety, the safety of your passengers and the safety of other motorist sharing the road.

No matter what your job at the Air Force Academy, you are a vital member of our team, and we need every team player to slow down for safety.

# ACADEMY SPIRIT

To responsibly inform and educate the Academy community and the public about the Air Force Academy

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Academy Superintendent
Lt. Col. John Bryan —
Director of Public Affairs
2nd Lt. Meredith Kirchoff —
Chief of Internal Information
Staff Sgt. Don Branum —
NCOIC, Internal Information
David Edwards — Staff Writer
Carol Lawrence — Graphic Designer

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### **Submissions**

Send submissions to: usafa.pai@usafa. af.mil. Deadline for free classified ads on a space-available basis is noon every Tuesday for that week's publication date. Paid classified publishing is accepted by the publisher at 719-444-7355. The number to call for display advertising is 636-0306.

Deadline for all stories is noon Friday, one week prior to the desired publication date. Refer questions to the Academy Spirit editor at 333-8823.

The Academy Spirit also accepts story submissions by fax at 333-4094 or by email: pa.newspaper@usafa.af.mil.

# Character Corner: What was he thinking?

#### By Liz Williams

Center for Character and Leadership Development

All of us have had an experience with "that guy": the person we can't believe did something really, really irresponsible. After watching those types of scenarios unfold, we've all asked ourselves, "What was he thinking?"

The obvious answer is he wasn't thinking and made a poor decision. But how many of us have been the culprit? How many of us have then used the excuse that

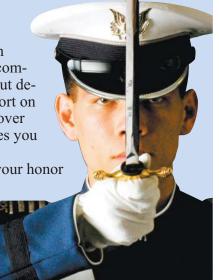
it happened so quickly, we didn't have time to think, which ultimately caused us to react poorly. There is always a problem with not thinking about possible situations ahead of time.

Doing the right thing and protecting your honor falls into the same category. If you don't think about doing what's right, or have the discipline of making this skill a habit, you will find yourself in circumstances that require quick reaction versus right reactions.

Everything you have and will ac-

complish in life requires a certain amount of discipline, focus and commitment. Making well-thought-out decisions does not require extra effort on our part. Sometimes you can recover from poor choices, but other times you can't.

When it comes to sacrificing your honor and integrity, always make the right decision so others won't ask, "What was he thinking?"



# How many football games will the Falcons win this year?

"I'll say eight games. I'll be at the home games, and I hope they can beat teams they lost to last year." Cadet 3rd Class Brandy Jayne, Cadet

Squadron 24



"I'm going to say all of them, but I really want us to beat Navy." Second Lt. Samory Abdul-Raheem, Academy Admissions



"Let's go for seven.
I think we'll beat
Army and Navy this
year because we
get Navy at home."
Bridget McMunn,
Cadet Bank teller



"I think we're going to win eight of 12 this year. And we're going to beat Navy."

Capt. Bonita Allen, Academy Admissions





#### Research.

#### From Page 1

according to the report. Recent projects included design of a low-cost, persistent remotely piloted aircraft, test and analysis of NASA's Orion Crew Module parachute recovery system for the Johnson Space Center and an assessment of China's counterspace program that made its way to the secretary of state.

"Faculty also benefit through their professional development, translating new research knowledge into better learning opportunities for cadets in the classroom," Colonel Richert said.

The Academy also has nearly 90 cooperative research and development agreements with agencies not directly under the school's umbrella.

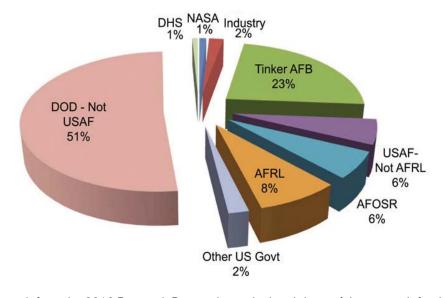
"The future will continue to offer new leadingedge research and education opportunities," Dean of the Faculty Brig. Gen. Dana Born wrote in a letter included in the report. "I am confident we will rise to the challenge of providing our cadets the intellectual foundation to lead our Air Force and our nation in the future."

The 2010 Research Report reflects changes in the structure of the research centers in the Dean of Faculty staff. Its sections on the Human Performance Laboratory and Life Sciences Research Center cover topics included in last year's Environmental Research Center section. It also includes information on the new Center for Space Situational Awareness Research and a two-page section detailing the Center for Character and Leadership Development, which had not been included in previous reports.

"We are challenged to develop officers who will not only lead our nation in science and technology but who will also be leaders of character," General Gould wrote. "And again, we are rising to meet these challenges. Through our (CCLD), we will further our mission to shape cadets' character and development as leaders."

The Center for Aircraft Structural Life Extension is the Academy's largest research program, Colonel Richert said. Personnel in the center study aircraft structural issues and repair techniques in order to save both lives and dollars.

The Academy's STEM outreach efforts also earned a two-page section in the 2010 report. The astronautics, aeronautics, physics and chemistry departments each hold events both on and off base for children and teachers throughout the year, the report states. Colonel Richert said STEM outreach accounts for approximately \$550,000 of the overall research budget, including \$215,000 that went to the Colorado Consortium for Earth and Space Science Education.



This graph from the 2010 Research Report shows the breakdown of the research funding souces. The report released Wednesday highlights more than 20 disciplines valued at approximately \$60 million.



AIR FORCE PHOTO ILLUSTRATION

Cadet 1st Class Julie Paladino conducts research in a biology classroom at the Air Force Academy during the Spring 2010 semester. The Academy's 2010 Research Report outlines the missions of the school's 14 research centers and two Air Force policy institutes, as well as the Center for Character and Leadership Development.





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# Falcon 5/6 gives back by taking away

**By Staff Sgt. Don Branum** Academy Spirit Staff Writer

About 30 volunteers with the Falcon 5/6 gave back to a community in northwest Colorado Springs by taking things away Saturday.

Crews cleaned up several bags worth of weeds and garbage from the West

Woodmen Trail, a 2-mile-long gravel path that runs along the south side of Woodmen Road between Raven Hills Road and Woodmen Valley Park.

"I came out to give back and help the local community," said Tech. Sgt. Kelly Links, a dental technician with the 10th Dental Squadron. "They do a lot for the base."

The cleanup effort earned a "thank you" from a woman who was on the trail with her two dogs. She asked what the Airmen, dressed in physical training uniforms, were doing; when they told her they were cleaning up the trail, she said, "Well, aren't you guys nice!"

Saturday was the first day set aside by the Falcon 5/6 for volunteers from

the Academy to clean up the trail.

The Academy's enlisted Airmen adopted the trail in July.

Other cleanup dates are scheduled for Sept. 18, Oct. 16, Nov. 20 and Dec. 18

To volunteer, contact Tech. Sgt. Matt Kurpaski at 333-3310 or Senior Airman Brianna Reid at 333-0449.

From left: 13-yearold Caitlyn Hepworth, Master Sgt. Adam Rodriguez and Gen Hepworth clean up part of the Woodmen Trail as part of a Falcon 5/6 volunteer effort. Mrs. Hepworth is the wife of Staff Sgt. Chad Hepworth, who is assigned to the Commandant of Cadets staff. Sergeant Rodriguez is the superintendent of Global Engagement for the commandant's staff.



Chief Master Sgt.
James O'Neil trims
weeds along the
side of Woodmen
Road as part of a
Falcon 5/6 cleanup of the Woodmen Trail Saturday.
Chief O'Neil is the
security forces
manager for the
10th Security
Forces Squadron.





Staff Sgt. Shane Antrim attacks weeds along the Woodmen Trail. Sergeant Antrim is assigned to the Air Force Academy's Directorate of Personnel.

PHOTOS BY STAFF SGT. DON BRANUM







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# 21st-century language facility prepares AFA cadets for worldwide operations

By David Edwards

Academy Spirit Staff Writer

Variations on the English greeting "hello" are spoken all over the Air Force Academy from morning to evening. But if you hear a cadet greet someone with "privyet" or "nihao" or "bom dia," you can bet he or she has spent some time in Fairchild Hall, Room 4K14. That's where you will find the Academy's state-of-the-art language lab.

On busy days, instruction in multiple languages is going on at the same time and in the same room. Working two to a station, cadets studying Arabic might be no more than a couple of feet from neighbors learning Chinese, Japanese, Russian, German or a Romance language.

Andrzej Pudlo, a native of Poland who knows Polish and Russian, manages the lab, which is also referred to by the initials LLC, short for Language Learning Center. Mr. Pudlo runs the lab's domain and maintains the servers needed to keep the computerized language instruction humming.

The 97 work stations don't become a Tower of Babel because the computer at each one adapts with each new student. Professors sit side by side, linked to their students by headset and a master computer that can show them who in the class is following the lesson plan.

Mr. Pudlo said the LLC's most impressive feature is "the way the teacher and students can communicate using PC technology. Mainly, the language lab offers a set of different teaching tools. Instructors have options to choose them."

The options available, he said, include voice communication, file transfer, document transfers, chat capabilities, live voice recording, pairing, teaming students and movie or any audio/video broadcasting

The morning bustle inside the LLC can turn it into a chaotic, claustrophobic scene, but every minute of this chaos is rigidly controlled. Many professors, like French instructor Elaine Balogh and Chinese professor Dr. Jue Wang, say the environment, methodology and resources available to both them and the cadets are nothing short of spectacular.

"We emphasize use of authentic materials," said Col. Daniel Uribe, a professor of Spanish and chief of the Academy's Department of Foreign Languages. "Our lab is a very good resource for accessing authentic materials. It has the potential for lots of applications, which is very nice. The students really like it, and the professors really like it. We're a long way from the old (methods)."

The original lineup of seven languages was in place for several years and featured four of the military's so-called critical languages: Arabic, Chinese, Japanese and Russian.

In 2007, a change in the Academy curriculum forced department leaders to make another strategic language available.

Colonel Uribe said incoming classes invariably contain a surplus of Spanish speakers. That's because in high schools, Spanish is by far the most commonly taught language. As a result, an Academy class of 1,300 will have upward of 950 students who studied Spanish, a concentration far too great to benefit the

Air Force.

So in 2007, Portuguese joined the field. The rising fortunes of Portuguese-speaking Brazil and the similarities between Spanish and Portuguese weighed heavily in department officials' thinking and made the decision a no-brainer.

"Not all the cadets can learn the critical languages," Colonel Uribe said. "So we needed to find another strategic language where we could place a large number of cadets. Portuguese rose to the top."

Finding Portuguese speakers in the military who could fill faculty positions at the Academy has posed the biggest challenge. The language faculty consists of a nearly even mix of civilians and military personnel.

Colonel Uribe said it is considerably more difficult to find foreign language instructors in the military's

The payoff, though, is always large. According to a Spanish proverb, the person who speaks two languages is worth two people. Two cadets for the price of one is always a good investment for the Air Force.

The cadets themselves benefit as well. Language ability, especially proficiency in a critical language, opens career doors for them.

A wide assortment of exchange programs is also available, making the learning experience even more meaningful.

The friendships and experiences, combined with the creation of a global-minded cadet wing, make for a lot of multiplication.

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Bill Trice, and his wife, Bonnie, examine one of the Academy's special collections in the McDermott Library's Gimbel Room Friday, during a tour for the Royal Order of Jesters. Mr. Trice was a POW in Stalag Luft III during WWII.

# 'Jesters' tour Academy's Chapel, special collections

Sixty members of the Shriners' Royal Order of Jesters visiting the Air Force Academy from Fort Worth, Texas, take a look at the Academy's history.



Lydia McDonald speaks about the Cadet Chapel's Jewish worship area during a visit by members of the Royal Order of Jesters to the Air Force Academy Sat.



Joy Powell listens to a description of the Cadet Chapel's Catholic worship area during a tour of the Air Force Academy for members of the Royal Order of Jesters Friday.



Jim Armature and James King look at a Stalag Luft III display outside the Gimbel room in the McDermott Library Friday. The gentlemen were part of a group of about 60 people with the Royal Order of Jesters who visited the Academy.

PHOTOS BY RACHEL BOETTCHER 8 AGADEMY SPIRIT FRIDAY, AUGUST 27, 2010

# Cripple Creek Memorial honors region's fallen

Academy Vice Superintendent Col. Tamra Rank, right, speaks at a memorial service in Cripple Creek, honoring servicemembers with ties to Colorado who died in 2009. Among the list was Capt. Mark McDowell, a 2005 Air Force Academy graduate who was killed in July, 2009 when his F-15E Strike Eagle crashed in Afghanistan.



**RIGHT:** Senior Master Sgt. Larry Hill (foreground) plays taps while Col. Tamra Rank (background) salutes during the memorial ceremony for fallen warriors in Cripple Creek Sunday.

**BELOW:** Bagpipers play at the ceremony held for area fallen servicemembers.





#### PHOTOS DY LI. COL. JUHIN DATAIN

# 10th ABW, Springs Utilities seek to upgrade power grid

The 10th Civil Engineer Squadron, Forest City housing and Colorado Springs Utilities are working together to improve the Air Force Academy's power grid.

CSU will own and operate 600-ampere primary electrical feeders under a utilities privatization initiative that 10th CES officials said will come online "in the very near future."

The Academy's electrical system consists of more than 180 miles of primary and secondary distribution lines, more than 3,000 streetlights and two electrical substations.

Much of the electrical network dates back to the 1950s. Forest City currently owns the portions of the grid in family housing, while the 10th CES owns and maintains the rest.

The Academy is in the process of privatizing its

natural gas and electrical systems to CSU, and Forest City is also negotiating a contract to have CSU take over gas and electricity services in base housing. CE officials said the transfer of ownership is projected to take place within the next two years; in the meantime, both the squadron and Forest City are reviewing ways to reduce power outages to housing residents such as the one that affected several residents in Douglass Valley Aug. 5.

Forest City and civil engineer crews worked around the clock to locate and safely repair electrical lines after a short on a high-voltage line caused the power outage, said 10th Air Base Wing Commander Col. Rick LoCastro.

"Our 50-year-old system definitely makes it challenging, but we're working on a multitude of utility improvements, and we have more on the horizon that

will greatly reduce and eventually eliminate the issues we're currently having," Colonel LoCastro said. "It's long-overdue, but we're committed to ensuring we turn the corner on utility upgrades."

CE officials said they suspect lightning caused the Aug. 5 short on the high-voltage line. After the outage, Forest City informed residents on alternative accommodations through door-to-door flyers and its emergency-response service center.

Forest City recommends residents keep the following items in their homes in the event of future power outages: non-perishable food, water, a manual can opener, flashlights and batteries, ice and coolers for perishable food and a battery-operated radio. Both Forest City and the 10th CES remain focused on preventing power outages and minimizing their impacts on residents.

# Cadets train for next generation of warfare

By David Edwards

Academy Spirit Staff Writer

When Sun Tzu wrote his famous treatise "The Art of War," the Internet was thousands of years away, opponents were visible and identifiable, and combat didn't involve keyboards.

None of those differences have stopped Dr. Martin Carlisle and the cadets he mentors each weekday at the Cyber Warfare Training Range from drawing on Sun Tzu. They apply the Chinese general's ancient wisdom as they burnish their skills as combatants on the computer front.

Although cadets won't confront hostile cyberspace forces until later in their military careers, the future is now for many of them.

The cadets under Dr. Carlisle's tutelage are part of the Cyber Warfare Club, which was established at the Academy after the 2009 Cyber Defense Exercise, or CDX, an annual competition sponsored by the National Security Agency in which competitors from the five service academies and three other institutions try to fend off attacks by the NSA's Red Cell team.

Before the institution of the Cyber Warfare Club, the Academy team consisted only of senior cadets. Now, the training is open to all levels, and the Cvber Warfare Training Range in Fairchild Hall draws plenty of underclassmen.

"Some of our sharpest folks are fourth-classmen," Dr. Carlisle said.

The cadets are looking to improve on their peers' results in the CDX from past years. The Academy last won the competition in 2006. The U.S. Military Academy then reeled off three wins in a row before the Naval Academy broke West Point's streak this spring.

The cadets use a network that is physically separated from those of the Academy and the broader U.S. military. That way, they can practice without hindering the essential operations. The setup allows them "to experiment with viruses and hacking tools that wouldn't be allowed on operational networks," Dr. Carlisle said.

Although the CDX tests the cadets' defensive abilities, the club also equips them with the tools they need to play offense. The reason for that approach was summed up by Sun Tzu. Dr. Carlisle likes to quote his maxim, "If you know your enemies and know your-



Dr. Martin Carlisle helps Cadet 1st Class Stephanie Stanford in the Academy's Cyber Warfare Test Range Monday. Dr. Carlisle is a professor with the Academy's Department of Computer Science. Cadet Stanford will become a cyber operations officer.

self, you can win a hundred battles without a single loss." Nevertheless, the Department of Computer Science professor reminds his charges frequently that a little knowledge is a dangerous thing, so they need to resist temptation.

"I tell them, 'The things that you do in the lab are criminal if you do them elsewhere, and you will be prosecuted," he said. "So they know not to try them outside the classroom. (But) it is ... important not only to teach cadets about how we defend our networks, but also for them to understand the tools that are available to those who are attacking us."

The cadets visit the training range on their off-intramural days as time allows. This year, the cadet in charge is Cadet 1st Class Hans Hoffman. His assistant is Cadet 3rd Class Nathaniel Hart.

The club does some advertising at the Academy's

annual Club Day, but much of its publicity comes from word of mouth among the cadets. Computer science aficionados tell their friends or dorm mates, and it's not uncommon for new visitors to drop in and peruse Dr. Carlisle's facility. That's how Cadet 2nd Class Matthew Toussain of Cadet Squadron 17 became involved: his roommate told him about the training range. Cadet Toussain gave it a go and found out how much he enjoyed the work.

"I've seen all kinds of fun stuff," he said. "You'll work on something for a long time, and when it finally works, you really feel like you've accomplished something."

For Cadet 1st Class Stephanie Stanford of CS 35, the training just seemed like a logical thing to do.

"My job is going to be in cyber warfare," she said. "I figured now would be a good time to learn this."



springswheels

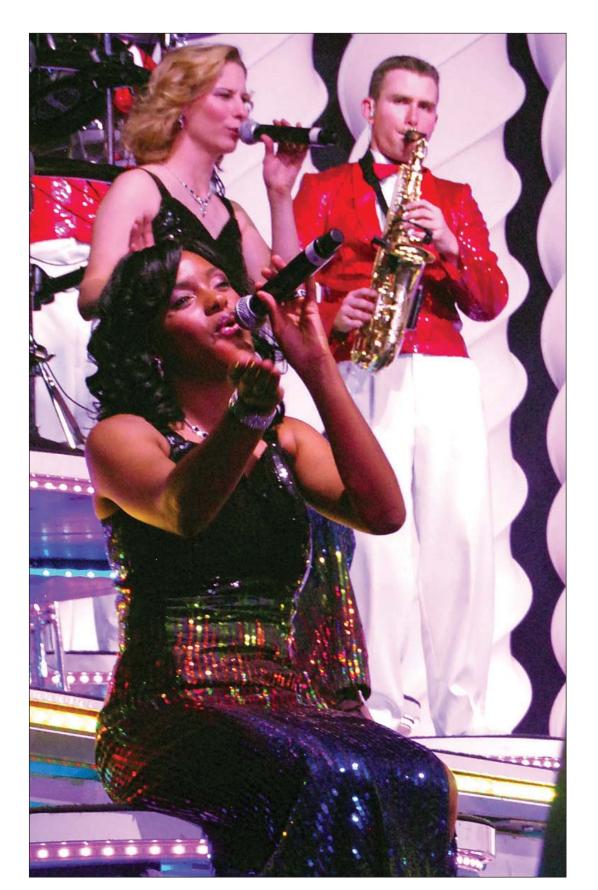




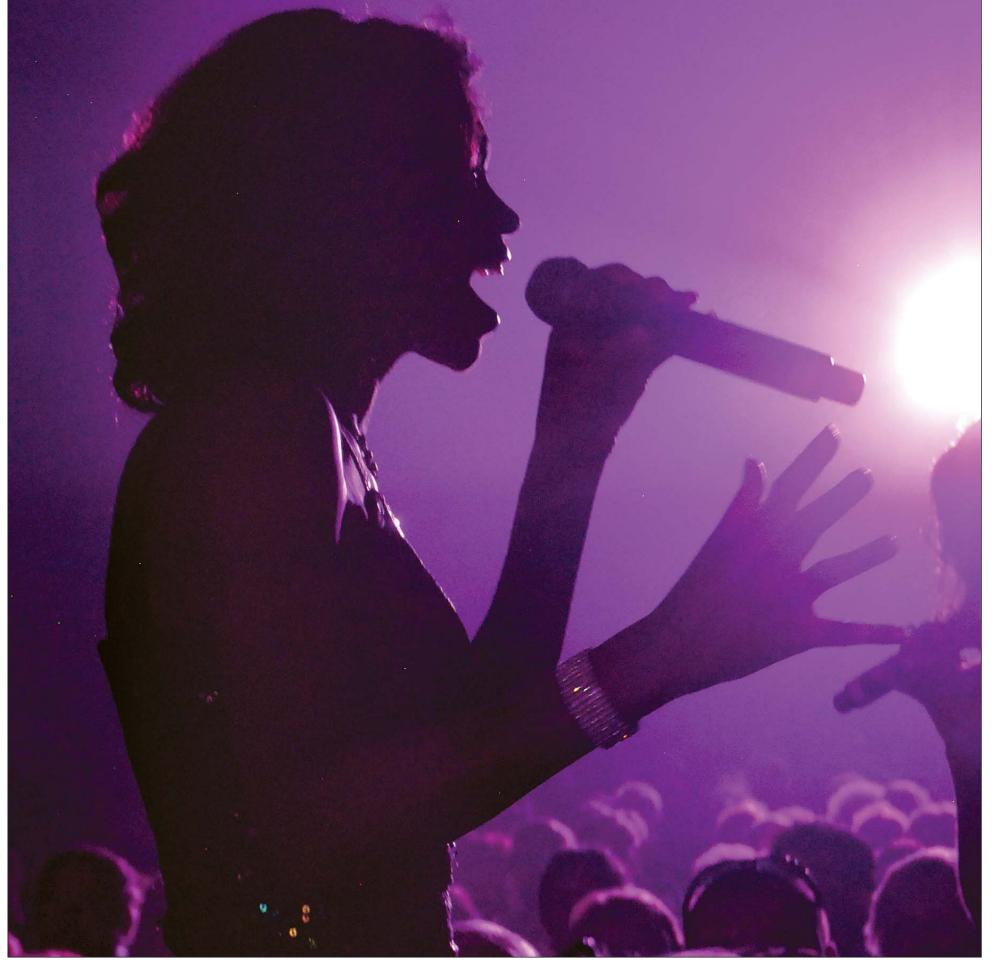
Staff Sgt. Christopher Phifer practices his saxophone
before Sunday's
Tops in Blue's performance in Arnold
Hall Theater at the
Academy. Sergeant
Phifer is a native of
Spokane, Wash.,
and a munitions
systems journeyman at Ramstein
Air Base, Germany.



PHOTOS BY STAFF SGT



Staff Sgt. Candice Fagan sings backup during a Tops in Blue number in Arnold Hall Theater. Sergeant Fagan is a wife and mother of two, a native of Waldorf, Md., and an intelligence analyst stationed at Kadena Air Base, Japan. In the background are vocalist Tech. Sgt. Katie Badowski and saxophonist Staff Sgt. Steven Brumley.



Tech. Sgt. Letisia Eddy sings amid the crowd during a Tops in Blue concert Sunday. Sergeant Eddy is a security forces craftsman stationed at Dover Air Force Base, Del., and a native of Virginia Beach, Va. The group is scheduled to perform at Fort Hamilton, N.Y., and Joint Base McGuire-Dix-Lakehurst, N.J., Sat. and Mon., as part of Air Force Week.



A Tops in Blue vocalist serenades an audience member during the group's performance. The group, which consists of Airmen from around the world, first began touring in 1953.

# Tops in Blue brings show to Academy

By Staff Sgt. Don Branum

Air Force Academy Public Affairs

he Air Force performing unit
Tops in Blue brought its show to
the Arnold Hall Theater here for
two shows Saturday and Sunday.
Cadets got to watch a show
Saturday night, and the local community turned out to fill the theater
for the Sunday afternoon performance.

"This is the second-best Tops in Blue ever," said Mike Egan, a member of the 1953 Tops in Blue group. "You understand I'm a little biased."

Mr. Egan praised the "incredible array" of individual talent.

"There are more good individual voices in this group than just about any group I've seen," he said. "And some of the numbers ... wow!"

The show was especially meaningful for Mr. Egan, whose usher was his grandson, Cadet 3rd Class Henry Egan of Cadet Squadron 23.

Tops in Blue consists of Airmen from around the world who auditioned for spots with the group in late 2009. Auditions were held at Lackland Air Force Base, Texas, in December. Among the performers who made the final cut was Staff Sgt. Candice Fagan, an intelligence analyst stationed at Kadena Air Base, Japan and mother of two.

"I actually auditioned when they came to Kadena," the Waldorf, Md., native said. "It's been a lifelong dream to do something like this. I've been singing since I was a little girl: I would sing along to Whitney Houston. My dad played it all the time."

At the time Sergeant Fagan found out she'd been selected, she was working as a First-Term Airmen Center instructor.

"I let my students know, and they made me The deadline for applications is Nov. 5.

sing the national anthem," she said, smiling.
Sergeant Fagan's singing career up to that
point had consisted mainly of singing the StarSpangled Banner for official events, which
she started doing shortly after her roommate

Her favorite stop on the tour so far, she said, was when Tops in Blue performed for the 379th Air Expeditionary Wing in Southwest Asia.

at technical school found out she had talent.

"I've been deployed there so many times, I was used to the base," she said. "To go back as something other than an intel analyst was fun because I got to give back in a different way."

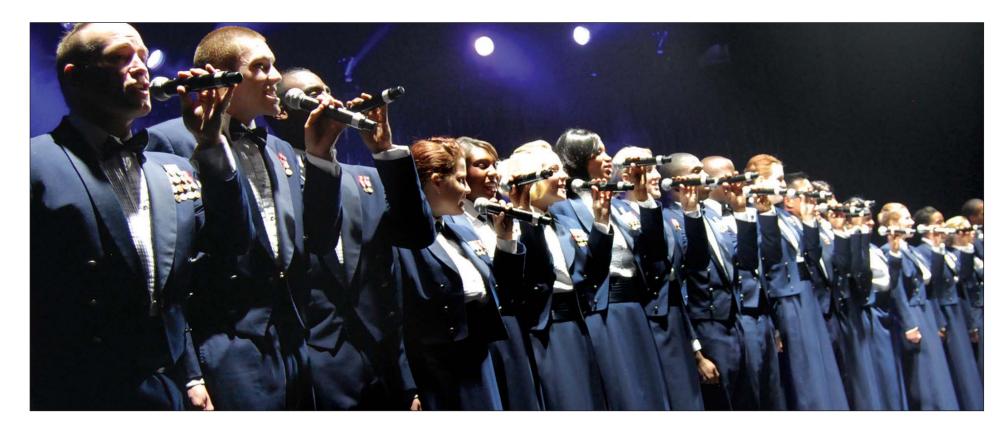
While Sergeant Fagan and the other Tops in Blue performers did their thing onstage, Airman 1st Class William Anger made sure they sounded right from his station in the theater's back rows. Airman Anger, a C-17 Globemaster III crew chief with the 736th Aircraft Maintenance Squadron at Dover Air Force Base, Del., is the group's audio engineer.

"I originally worked as a sound engineer at the base chapel," Airman Anger explained. "The folks there encouraged me to fill out an application, and lo and behold, I was accepted."

The Denver native said he knew Tops in Blue was something he wanted to be a part of, having seen several previous shows. For him, the tour stop that held the most meaning was the group's show at Sather Air Base, Iraq, earlier in the season. However, he was happy to be back in his old stomping grounds as well.

"I have friends and family (who came) to see the show," he said. "It's a good chance to share with them a bit of where my life is right now."

If you want to be a part of the 2011 Tops in Blue team, go to www.topsinblue.com and click on "Application" at the top of the page. The deadline for applications is Nov. 5.



Tops in Blue performers close out their show with the Air Force Song in Arnold Hall Theater Sunday.

www.usafaspirit.c

# Young fans hit Falcon Stadium for Kids' Day

By Staff Sgt. Don Branum

Air Force Academy Public Affairs

More than 1,000 Air Force football fans came to Falcon Stadium for the second-annual Kids' Day here Saturday.

The event featured a blue-versus-white scrimmage, a performance by the cheerleading and dance teams and a chance to meet Falcons football players and head coach Troy Calhoun.

Falcons fan Gary Schawarzbart said he and his son, 8-year-old Evan, both enjoyed Kids' Day.

Near the 25-yard line, Jared Tew asked a young fan what position he wanted to play. "Number two" was the child's response.

"Tew? That's my name!" the Park City, Utah, native joked.

Tew, who fell just short of a 1,000-yard season last year, is one of several key players from Air Force's 2009 season who will return to play in 2010.

Also returning are Tim Jefferson, Connor Dietz and Asher Clark on offense, Reggie Rembert, Jon Davis and Rick Ricketts on defense and Erik Soderberg on special teams.

Behind the north end zone, a fan asked Calhoun how many games he expected to win this season. The coach replied, "I tell you what -- we're going to win the first game, and we're going to win the last game, and we're going to win every game in between."

Air Force has a tough schedule lined up. The regular season starts Sept. 4 against Northwestern State, followed by a tough home game against BYU on Sept. 11.

Air Force will also travel to Norman, Okla., to face a powerful Sooners team, and to Fort Worth, Texas, to play the Horned Frogs of TCU, who are ranked sixth in the nation in the Associated Press' Top 25 and seventh in the USA Today Coaches' Poll for the 2010 season.



Falcons fullback Cadet 1st Class Jared Tew signs a poster for a young Falcons fan during Kids' Day at Falcon Stadium.

**RIGHT:** The Bird poses for a photo with eight-year-old Falcons fans Skyler Gilliam (left) and Evan Schwarzbart (second from right) during Kids' Day at Falcon Stadium Saturday.

**BELOW:** Cadets with the Air Force Academy's dance team perform for visitors to Kids' Day. The Falcons' first game of the season is at home Sept. 4 versus Northwestern State.



PHOTOS BY STAFF SGT. DON BRANUM



# Women's soccer: Falcons open season with 3-0 victory

Spring's native Megan Dozier helps out with pair of goals to win over CSU-Pueblo

By Nick Arseniak

Athletic Communications

The Air Force women's soccer team opened the 2010 season with a bang, downing CSU-Pueblo, 3-0, in front of a rowdy crowd of 805 Friday night at the Cadet Soccer Stadium.

Freshman and Colorado Springs native Megan Dozier led the way with a pair of goals for the Falcons in her first collegiate match.

The Falcons won their season-opener for the first time since 2004 and did so in dominating fashion.

The Falcons came out of the gates as the aggressors and immediately took control of the game, eventually outshooting the Thunder-Wolves 27-3 and 13-2 in shots on goal.

lead with a goal in the eighth minute by sophomore midfielder Sophia Lockerby. Junior Bridgett Murphy and sophomore Stephanie Patterson assisted on the play. Murphy was able to shake two defenders in the right corner and sent the ball in to Patterson, who redirected the ball into the middle of the box. Lockerby was then able to get to the ball in a crowded box and poke the ball past the goalkeeper for the first score.

The Falcons made it 2-0 in the 37th minute on a goal by Dozier, a product of Liberty High School. Just seconds after entering the game as a substitute, Dozier took a long pass from Patterson and punched the ball past the diving goal-

Air Force took the keeper and finding the net just inside the right

> Air Force sealed the game up in the 86th minute as Dozier netted her second score of the game and made it a 3-0 game. Freshman Kaleigh Moses and Murphy put touches on the ball in a crowded box and put the ball past the keeper. Dozier was on the back end of the melee in the box and was in position for the easy open-goal score from five yards

> Freshman Kelly Stambaugh, making her debut at goalkeeper, picked up the win with two saves in the shutout.

> Six freshmen, Leah Bratt, Loren Catchpole, Dozier, Moses, Stambaugh and Rachele Szall made their Falcon debuts.



Falcon defender Cassie Wilson, left, fights for the ball in the opener here Friday.



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# Broncos add 'air power' to defensive line

By John Van Winkle

Air Force Academy Public Affairs

ENGLEWOOD, Colo. – The Denver Broncos have added a little airpower to their defense during their 2010 training camp in the form of an Air Force Academy second lieutenant.

Ben Garland, a 2010 graduate of the Air Force Academy, has been spending his leave and days off as a Denver Broncos defensive lineman, after being signed by the team as a free agent in April.

A native of Grand Junction, Colo., Garland has been a lifelong Broncos fan. He was ecstatic about the opportunity to play in the NFL when his dream team came calling for him in April at the Academy.

Garland was a defensive tackle playing for the Falcons in a 3-4 defensive alignment. During the 2009 college football season, he led the Falcons in tackles for loss with 10.5 for 46 yards and in sacks with 4.5 for 30 yards. Garland recorded 45 total tackles, two pass breakups, one forced fumble and blocked two field goals; all while playing most of the 2009 season with a broken left hand.

With the Broncos, he's one of 10 defensive linemen in training camp, and the D-line reflects the Broncos' 2009 season. The team burst out of the starting gate in 2009 to go 6-0 under first-year head coach Josh McDaniels. But come game seven, the Broncos suffered through several defensive collapses, winning only two more games down the stretch to finish the season at 8-8 and out of the playoffs. After that, Coach McDaniels put a priority on rebuilding the defensive front this offseason, which resulted in five new faces on the D-line this year, including Garland.

Garland was originally projected to move from his collegiate position of defensive tackle to defensive end for the Broncos. But in line with Coach McDaniel's team-first philosophy, Garland is lining up at every position possible.

"They use you wherever they need you at the time," Garland said. "I've played everywhere on the D-line. Really, your role is based on your performance. If you do well on the inside, they'll put you inside. If you do well on the outside, they'll put you on the outside. If you show some talent on special teams, they'll put you there. I've been working on some of the show teams, just trying my best to get on one."

His work on the defensive line has not only been at all positions, but in several different defensive alignments. The Broncos primarily run a 3-4 defensive front but have also been practicing a good bit of the 4-3 defensive alignment this summer, especially after the recent injury to linebacker and NFL sack leader Elvis Dumervil. The linebacker will be sidelined due to a torn pectoral muscle for an estimated four months, forcing the Broncos to look at other defensive options -- such as Garland -- to compensate for the loss of the pro-bowler.

Aside from lining up all along the defensive front, another part of Garland's transition to pro football is the upgrades in speed and power at the NFL level, he said. The game is faster, the players are stronger, and their technique is better. However, the team concept is first and foremost.

"That's what's great about this team, because no guy is trying to step over you to make the team," Garland said. "We're trying to build everyone up to make the best team possible, and whoever makes the team makes the team.

"There's a lot of similarities between the Air Force and this organization -- just the work ethic -- how hard the people work, how much they try to help you. It's more of a team environment and a brotherhood; there's some really good chemistry here," Garland said

Brotherhood or not, Garland is still a rookie. NFL teams have been notorious in recent years in the pranks and traditional rituals through which they subject their rookies through.

"I expected the rookie kind of treatment -- just kind of hazing, but the guys have a lot of respect for most of the rookies and try to help you out as much as possible. I mean, there's a joke here or there, and, 'Hey,



JOHN VAN WINKI F

Air Force Academy 2010 graduate Ben Garland plays on the defensive line of the Denver Broncos during leave and days off. He signed with the Broncos as a free agent in April. If signed, he may apply for early release and join the Guard or Reserve.

go get my helmet,' but for the most part it's very respectful," he said while holding three helmets after practice last week.

Coach McDaniels complimented Garland's attitude, approach to meetings and work ethic, saying these are ways in which the Air Force Academy graduate stands out both on and off the practice field.

"The example he sets in everything that he does impresses me and had impressed our football team," Coach McDaniels said. "There're really no shortcuts to trying to get better and to improve in this league, and Ben knows that. He's not ashamed to win every sprint because he knows that's what he's supposed to do. If you're capable of doing something at a high level, then you do it at the highest level you can do it at, and you push everybody else with you."

Garland got the chance to push himself in his first professional game on Sunday, taking the field against the Cincinnati Bengals. He had one tackle and four assists in the Broncos' 33-24 loss.

Coach McDaniels was a little more certain about Garland's preseason playing time.

"I don't think this is something where we're just throwing him a bone," Coach McDaniels said. "I think he's really earned it with the way he works and the way he practices, and we'd like to see him go out there and have the opportunity to play and work on some things once we see the film but that's really due to his performance."

Garland has earned respect not only in the eyes of his head coach but also among several veteran players. One of those veteran players is Jarvis Green, a nine-year veteran who left New England in the offseason to sign with the Broncos, and has taken Garland under his wing.

"Jarvis is one of the biggest mentors on the D-line for me," Garland said. "He's always there to give me a pointer, going, 'Why don't you try this instead of that, that will improve in this area of your game.' He and Ryan McBean have really been there for me, helping me out and giving me pointers"

They are also some of Garland's biggest promoters. When Green spotted a Defense Media Activity television reporter on the sidelines he got the reporter's attention and played to the camera by patting Garland's back and giving "No. 1" signs, hoping to give Garland his own little SportsCenter moment.

Even if that buddy scene never makes it on the air, the veteran players truly regard Garland as a brother in arms, Coach McDaniels said.

"I can tell you right now that our veteran players have great respect for him, and they know what he's faced with too," Coach McDaniels said. "He's going to go and fulfill his obligation shortly, and then come back to football, because they know he's got something more important on his mind."

As an Air Force Academy graduate, Garland has a five-year active duty service commitment to fulfill. Department of Defense policy requires him to serve at least 24-months of active duty before applying for an early release. If signed by an NFL team after that 24 month period, then Garland can apply for an early release, transferring to the Guard or Reserve while pursuing his NFL career.

This is the exact route that 2008 Air Force Academy graduate Chad Hall has taken. Signed by the Philadelphia Eagles after the 2010 NFL draft, Hall became a reservist and is now trying to make the Eagles as a wide receiver and kick returner.

"My No. 1 commitment is the Air Force, and if they ask me to come back early, then I will be more than happy to come back early and serve my country and do what I can do," Garland said. "Get that taken care of, serve your country and then after that, work as hard as you can and represent the Air Force as well you can. After that, be that Air Force guy -- the hard worker, the dedicated person, the person who pushes himself as hard as he can no matter what the odds are against him."

Right now, the odds are against him making the active roster due to his military service commitment. Once he runs out of advance leave this summer, Garland will return to duty at the Air Force Academy. At that point, the Denver Broncos are expected to move Garland from their active roster to a military-reserve status, where he won't count against the 53-man roster, but the Broncos will retain his NFL rights. Garland will be eligible to return to the team while on leave for future organized team activities and training camps.

Back at the Academy, Garland is one of several second lieutenants working in the Academy's Athletic Department, and his specific duties will be helping out with the strength and conditioning programs in the varsity weight room.

The Broncos' next preseason game is Aug. 29 at Invesco Field at Mile High against Pittsburg, with a 6 p.m. kickoff. It will be televised by FOX and broadcast on KOA 850.AM.

# Timesaver circuit workout burns calories

**By Sharon Hawkes** 

Academy Health and Wellness Center

This circuit workout is a great calorieburner and perfect for travelers or for people who want to get more done in a short period of time.

This workout moves fast and involves high intensity cardio (any activity of your choice) as well as combination strength moves involving both upper and lower body. Complete the entire workout for a 34-minute calorie blaster or go through it twice for a longer workout.

Modify any exercises as needed and skip any moves that cause discomfort or pain

**Precautions:** See your doctor before trying this workout if you have any injuries, illnesses or other conditions.

**Equipment Needed:** Dumbbells of various weights

**How To:** 

Five minutes - warm up with light cardio

Five minutes - intense cardio exercise (running, speed walking, etc., maintaining a vigorous rate)

Seven minutes - Complete one minute of each of the exercises below:

**Lunge With Bicep Curl:** In split stance, slowly lower into lunge with your front and back legs at 90 degrees, and curl forearms towards shoulders.

# Falcon Fitness

Repeat for 12 reps, then switch sides. **Bent Over Row with Tricep Kickbacks**: In split stance, bend over to 45 degrees, abs in and back flat. Bend elbows and bring weights towards the rib cage, then straighten elbows, squeezing the triceps. Repeat for one minute.

Plie Squat with Tricep Extension: In wide stance, with toes out, lower into a plie squat (keeping knees behind toes), while bending arm to 90 degrees, weight directly behind the head. Push through the heels to standing, while straightening the arm — but don't lock your elbow. Repeat for 12 reps and then switch arms.

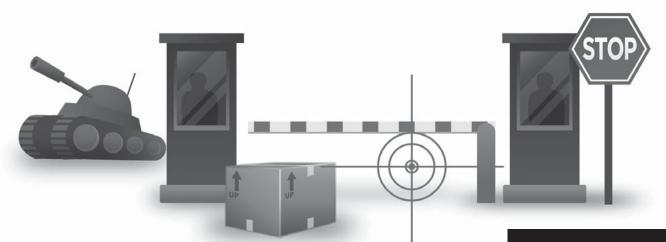
Narrow-Stance Squat with Lateral Raise: In narrow stance, lower into squat (knees behind toes) while lifting the arms straight out to shoulder level, elbows slightly bent, abdominals pulled in. Repeat for one minute.

Walking Lunge with Overhead Press: Hold weights over the shoulders and step forward with the right foot into a lunge. As you bring the left foot forward, press the weights overhead. Lower the weights and lunge with the left foot with an overhead press. Repeat for one minute.



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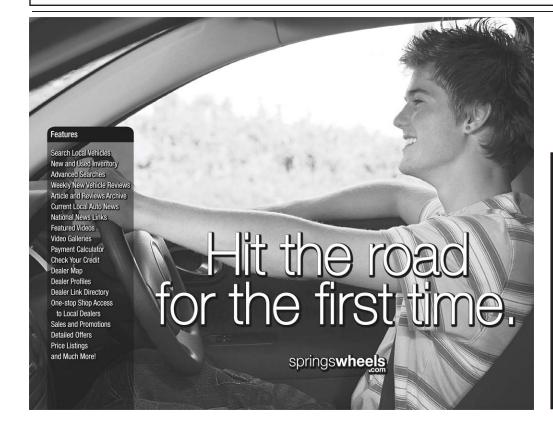


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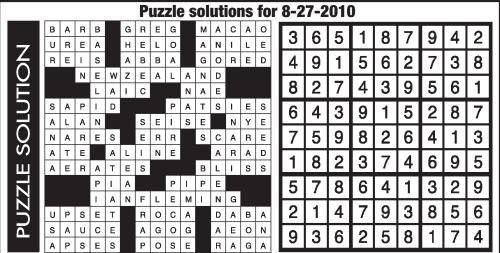
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#### **Retroactive stop loss**

Airmen, veterans and beneficiaries who were involuntarily extended under Stop Loss between Sept. 11, 2001 and Sept. 30, 2009, are eligible for Retroactive Stop Loss Special Pay.

The last day to file a claim for the special pay is Oct. 21. Go to the Air Force Personnel Center website at www.afpc.randolph.af.mil/stoploss for links to claim forms and instructions on how to file.

#### Submit efficiency ideas

Secretary of Defense Robert Gates has asked all servicemembers and Department of Defense civilians for ideas on how to make the DOD more efficient and effective. Undersecretary of the Air Force Erin Conaton encourages people to submit ideas for consideration at www.defense.gov/invest.

People may submit ideas through Sept. 24. The DOD will announce the final 25 award winners Oct. 31. Winners will receive cash awards ranging from \$500 to \$1,000.

#### Friday fun runs



#### **CADET CHAPEL**

**Buddhist** 

Sundays, 10 a.m. Wednesdays, 6: 30 p.m.

#### **Native American**

Sweatlodge Ceremony - Sept. 4, 4 p.m. Fort Carson Turkey Creek Recreation Area

#### **Protestant Worship**

Traditional: Sundays, 9 a.m. Contemporary: Sundays, 11.a.m.

#### **Catholic Worship**

Mass: Sundays, 10-11 a.m. Monday, Tuesdays and Thursdays, 6:40-7:10 a.m. Confession and Adoration: Wednesdays,

5:30-6:30 p.m. Holy Days of Obligation: 6 p.m.

#### **Jewish Worship**

Fridays, 7 p.m. (during academic year)

#### upen for tours

Mon.-Sat. 9 a.m.-5 p.m. Sunday 1-5 p.m. No tours during services

Service times are subject to change without notice due to mission requirements. Please call 719-333-2636/4515 for more information.

#### **COMMUNITY CENTER CHAPEL Catholic Masses**

**Saturdays** 

Reconciliation - 3:30 p.m.

#### Mass - 4 p.m. **Sundays**

Mass - 9 a.m.

Religious formation - 10:15 a.m.

(September-May)

**Tuesdays-Fridays** Mass 11:30 a.m.

#### **Protestant Services**

#### Wednesdays

Wednesday Night Live - 6 p.m. Dinner followed by Religious Education (September-May)

#### Sundays

Evangelical - 10:15 a.m. Gospel 11:30 a.m.

The Headquarters Commander's Support Staff will hold Friday fun runs beginning in the loop in front of Arnold Hall the second and fourth Friday of each month at 7 a.m.

Each run will be about 3 miles in length and will feature a variety of courses around the Academy grounds, beginning and ending at Harmon Hall.

#### **Construction at gates**

Construction will begin Monday on booths for security personnel working at the North and South gates.

The North Gate will close at 9 p.m. instead of 10 p.m. to accommodate construction, which will take place from 9 p.m. to 5 a.m. through the first part of

#### **Housing services**

The Forest City Housing Management Office offers community housing services, including information on local rentals and sales, lease review, schools and the local area.

The office, located at 6556 West Columbine Drive, also provides conflict resolution for both on- and off-base housing. You can contact the office at 333-2247 or 333-9269.

#### Women's Equality Day

The Academy will celebrate Women's Equality Day Sept. 1 with a luncheon in the Falcon Club Ballroom beginning at 11 a.m. This year's event will honor women's suffrage and celebrate the 90-year anniversary of passage of the 19th Amendment.

For more information, call Capt. Johanna Astle in the Department of Law at 333-7020.

#### Volunteer call

Volunteers are needed for each of the following upcoming events.

- Cadet Candidate Sponsors: The Academy Preparatory School needs sponsors for Class of 2011 cadet candidates. For more information or to volunteer, contact Mark Winter at 333-
- **Special Observances:** The Equal Opportunity Office seeks enthusiastic volunteers to plan and coordinate events for Hispanic Heritage Month (Sept. 15 to Oct. 15), National Disability Employment Awareness Month (October) and National American Indian Heritage Month (November). To volunteer, contact EO specialist Gina Moore at 333-4258.
- **ESOHCAMP:** The 2010 Environmental, Safety and Occupational Health Compliance Assessment and Management Program needs volunteers to conduct an internal audit Sept. 13-17. The volunteers will present their findings to the 10th Air Base Wing commander in the 10th Civil Engineer Squadron conference room in Building 8120 Sept. 20 at 1:30 p.m. To volunteer as an audit team member, contact Jeanie Duncan at 333-0812.
- **Honor Guard:** The Academy Honor Guard needs officer and enlisted volunteers who can support two details per month for one year and who can attend training every other Wednesday from 1 to 4 p.m. To volunteer, contact Janet Edwards at 333-3323 or Staff Sgt. Hugo Reinor at 333-5621.

#### **Armed Svcs. blood drive**

The Armed Services Blood Program will hold a drive here Sept. 8-10 in Arnold Hall from 10 a.m. to 6 p.m.

Appointments and more information on the blood drive program are available to give blood at http://militaryblood.dod.mil.

#### **Front Range Stars**

The Front Range Stars live singing competition will take place Sept. 10 at 7 p.m. in the auditorium at Peterson Air Force Base, Colo., featuring contestants from the Air Force Academy, Peterson and Schriever AFBs.

Tickets are \$7 in advance and \$10 at

A news anchor from local TV station Fox-21 will emcee the event. Funds raised will go toward the Peterson AFB Junior Enlisted Association, with some proceeds being donated to the Autism Society of Colorado.

For tickets, contact Tech. Sgt. Angela Grannis at 333-2225 or Staff Sgt. Amber Davis or Senior Airman Anna Goslin at 333-5171.

#### **Health Mgmt. Clinic**

The 10th Medical Group's Health Management Clinic offers healthy heart classes the first Tuesday of each month from 1 to 3:45 p.m. on the second floor of the Academy Clinic for people with high blood pressure or cholesterol, as well as diabetes education the first and second Thursday of each month from 8 a.m. to noon in the Health and Wellness Center for those with new or existing diabetes or pre-diabetes.

To reserve a spot for either class, call the central appointment line at 457-2273 (CARE). No referral is needed.

#### **Evening Aerobics**

The Community Center Sports and Fitness Center now offers evening aerobics classes at 5 p.m. Mondays, Wednesdays and Thursdays. To sign up or for more information, call 333-4522.

#### **A&FRC** offerings

The Academy Airman and Family Readiness Center will host the following classes in August and September. Contact the A&FRC at 333-3444 or 333-3445 with questions or to sign up for a class. Class dates and times are subject to change.

#### Group Pre-Separation Counseling Held Mondays (except during Tran-

sition Assistance week), 2 to 4 p.m.

Separating or retiring from the Air Force in a year or less? This mandatory briefing will help you identify benefits and services associated with your transition and beyond.

#### **Bundles for Babies**

Wednesday, 8 a.m. to 12:30 p.m.

This class, which is open to expectant active-duty servicemembers and their spouses, teaches budgeting, nutrition and basic parenting skills. Eligible attendees will receive a bundle of goods from the Air Force Aid Society.

#### Smooth Move

Thursday, 9-10 a.m., and Sept. 15, 3-4 p.m.

This class is a one-stop shop for relocation information, including specific info about your destination base, allowances, "plan my move" checklists, household goods shipping and claims and more.

#### From Stuck to Unstoppable

Sept. 8, 9-11 a.m.

Reenergize your job search by shifting your job-search mindset and supercharging your momentum. Learn how to get at the root of your job search roadblocks and increase your ability to take meaningful action.

#### Civil Service Class

Sept. 9, 8 a.m. to noon

Learn what you need to know about applying for federal employment: knowledge skills and abilities, USA-JOBS, federal résumés and more.

#### Heart Link

Sept. 10, 9 a.m. to 1 p.m.

If you've been married to a servicemember for less than five years, this class will better help you understand the military way of life, terminology, chain of command and the services and benefits available to you.

#### Disabled American Veterans Medical Records Review

Sept. 13, 7:30 a.m. to 4:30 p.m.

Individuals within 180 days of retirement or separation can have the DAV review their medical records. You must pre-register; call the A&FRC for an individual appointment.

#### **Sponsor Training**

Sept. 14, 8-9 a.m.

This training is required for all sponsors of incoming Academy personnel.

#### Résumé Writing Workshop Sept. 15, 9 a.m. to noon

Learn to write an effective résumé that will open the door to your next career opportunity.

#### Newcomers' Orientation

Sept. 16, 9 a.m. to 4 p.m.

This briefing is mandatory for all newcomers and is held at the Milazzo Theater. It offers a variety of briefings from on- and off-base programs introducing newly arrived personnel and spouses to key personnel and resourc-

#### Transition Assistance Program Seminar

Sept. 20-24, 7:30 a.m. to 4:30 p.m. Active-duty servicemembers and Department of Defense civilians who are separating or retiring are encouraged to attend this five-day seminar. Spouses are also welcome to register and attend.

#### **Family Advocacy Classes**

The Family Advocacy Office will offer the following classes in August and September and are open to active-duty servicemembers, retirees and their families. Call 333-5270 to sign up.

Couples Communication Seminar: Held at Family Advocacy today from 8:30 a.m. to 3:30 p.m., this class will teach couples how to handle conflict, communicate more effectively and improve their relationships. Everyone is welcome, whether married, engaged or dating. Lunch will be provided.

Anger Management Class: This four-session class, held Thursdays from Sept. 2 to Sept. 23 from 8 to 9:30 a.m. at the Community Center Chapel, will provide the tools you need to manage anger in your day-to-day life, including simple and innovative calming techniques and healthier ways to relate to others.

#### **POW/MIA Events**

The Falcon Top 3 will hold two events Sept. 16 and 17 in honor of National POW/MIA Recognition Day.

A "You are Not Forgotten" roll call will be held Sept. 16 from 7:30 a.m. to 5 p.m. at the Academy Community Center.

A luncheon with a Mediterranean buffet Sept. 17 from 11 a.m. to 1 p.m. at the Milazzo Center. Call 333-8983 for information.



# ssif

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**Clinical Research Coordinator** 

F/T 8:30-5:00pm, Colo. Spgs; Mon-Fri. Must have 1 year of Clinical Research exper. plus education & certification in either Nursing or Medical Assisting. Fax resume to 636-1825 or call 634-1741

Colorado's largest physician-owned multispecialty group practice has openings: Clinical Care Rep, MA and NP/PA Job details and apply online at www.cshp.net. EEO/AAP

**Communications Specialist** 

HEALTHCARE

HEALTHCARE

**Deadline: Tuesdays at 5 p.m.** 

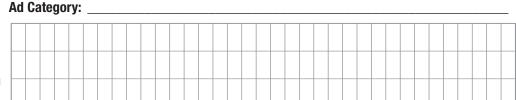
Rates vary contact us for details.

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My signature certifies that this advertisement is for the purpose of selling my personal property as a convenience to me or my dependents. It is not part of a business enterprise, nor does it benefit anyone involved in a business enterprise. Any real estate advertised is made available without regard to race, color, religious origin or sex of any individual

Free ads in accordance with military regulations must be non-commercial and for personal property offered by active-duty and retired military personnel and their families working, living or relocating to the Air Force Academy without regard to race, creed, color, age, sex or religious origin. FREE ADS are limited to one ad per household at 30 words max. The editor and publisher reserve the right to edit ads, and/or not publish ads. NO DUTY PHONE NUMBERS WILL BE PRINTED.



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Must sell Connely 8ft pool table, full slate, \$950. Call Joe @ full slate, 719-649-2439

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English Instructor needed immediately for fall semester in Colo Spgs.
Tuesday/Thursday Afternoor/Evenings
Instructor will provide student centered learning environment to environment to prepare military

prepare military
veterans for success at the college
level.
Experience or degree preferred.
Send cover letter & resume to:

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#### **Employment**

#### ACCOUNTING

Bookkeeper/AP Clerk

with real estate mgmt company. Resps include accounts pay-able, bank reconciliations and able, bank reconciliations and maintaining company accounting records. Exp w/Quickbooks essential. Strong attention to detail a must. Only candidates w/2 to 5 yrs exp need apply. Bckg check/drug screen req'd. Resume to: hudpropmgt@hotmail.com

#### AUTOMOTIVE

#### Diesel Mechanic

prive Train Industries needs an experienced diesel mechanic. All types of heavy duty trucks and equipment. Must own tools and be self starter. Competitive wages and great benefits. Call Mike at: 719-260-7992.

Customer Service Rep An office position, written and spoken communications are clear. Strong attention to detail, able to handle complaints with-out taking offense. Can learn and remember all aspects of rqnints of our government contract. Pleasant manner. Bckg check/drug screen req'd. Resume to: <u>hudpropmgt@hot</u>-

Office/Clerical

Bright Star Learning Center

#### COMMUNITY MANAGERS

Are you a team player who has the ability to be a leader & is willing to give 110%? Griffis/Blessing is

looking for managers for a 200 & 300 unit com-munity in Colo. Spgs. Must have prior exper. as a Community Manager in the apt. industry.

Email resumes to jobs@ griffisblessing.com All resumes must be received by Sept. 1st. Interviews will be sched-uled based on qualifications.

**Full Day Kindergarten with Daycare** 

**For More Information Call:** 

North Location 719.264.0423

South Location 719.266.4683

Ages 6 wk to 12 yrs old

Open 6am to 8:15pm

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### **Colorado Springs**

C P DODGE Colorado Springs Dodge is looking for a Service Recept. Must be

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Must have a min. 5 consecutive years exp. Willing to work in Breckinridge. Call 200-6509

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**CARPET CLEANER** Must have valid DL. 2 yrs exp. ir patching, stretching, & spot re-movable required. Must be bondable. Call 575-0503

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Now Hiring! Telephone Sales/ Survey Reps Great Hours Sign-On Bonus! Call to Interview 719-219-0652



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We are looking for a positive, courteous P/T Customer Service Rep
to work evenings & Saturdays. Respon-sibilities include:
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#### New Today! DENTAL

P/T Hygienist Busy practice/flex hrs. Pls bring resume by 5478 Tomah Dr C/S 80918

#### CLERICAL

**COLORADO SPRINGS** CHARTER **ACADEMY** 

Office Assistant

Needed for the 2010-2011 school year for the
Colorado Springs Charter
Academy, a K—8 charter
school that stresses
character and rigorous

academics.
Please visit the CSCA website to apply:
www.
cscharter.org
Click on "employment"

#### **EDUCATION**

#### **Early Childhood Teacher**

(formerly group leadiler (formerly group leader) \$8 - \$8.50hr work with School Agers ability to drive. Must meet early childhood teacher qual;s a CDA or 2 ECE plus exp. Creative Kids College, fax 719 391 9012.

#### **EDUCATION**

P/T Preschool Teachers

pecific Colorado Dept. of Human Services qualifications must be net. Contact Mrs. Tracy Sheldon, Preschool Director, at 719-598-8610. Pikes Peak Christian a faith-based school

#### **EDUCATION**



Springs Behavioral

## Health System, Inc.

Highly Qualified
Language Arts
Teacher
Full-time teaching
position available at our Southgate
School. Must be highly qualified
in language arts.
Requirements include CO DOE
teaching certificate, special ed
endorsement
preferred OR must be licensed &
eligible for a TTE program. Experience with
developmentally
delayed or SIED
students preferred.

Highly Qualified
Science Teacher
Full-time teaching
position available at our Southgate
School. Must be highly qualified
in science. Requirements include
CO DOE teaching
certificate, special ed endorsement
preferred OR must be licensed &
eligible for a TTE program. Experience with
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delayed or SIED

delayed or SIED students preferred. To apply, please fax your resume to 719-630-0118 or apply in person at 2135 Southgate Rd, C/S, 80906. EOE.

#### FDUCATION

#### COLORADO SPRINGS CHARTER **ACADEMY**

Elementary Instructional

Needed for the 2010-2011 school year for the Colorado Springs Charter Academy, a K-8 charter school that stresses character and rigorous academics.

Please visit the CSCA website to apply:

apply: www. cscharter.org Click on "employment"

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Required:
HS Diploma/GED, 6 mo. of prior work exp. with phone & customer service duties. Type 35 wpm. Ability to work nights, wknds & holiday shifts as assigned.

Preferred:
Emergency Medical Disp. cert. &/or exp. Current CPR & First Aid Certifications. Prev. Comm or EMD cert. &/or exp.

Apply in person:
American Medical Response 2370 N. Powers Blvd. Colorado Springs, CO 80915 or fax 719-597-9703. EOE HEALTHCARE

> Respiratory Therapy Opening ull time RRT or CRT opening at the San Luis Valley Regional Medical Center in Alamosa, Co. Come join our family and make a difference. Excellent salary and benefit package. Please send resume to: chavezc@slvrmc.org or Fax (719) 589-5716

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or Fax (719) 589-5716

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Overnight Nursing Supervisor
Full time Nurse
Supervisor position available from
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yrs. psych. exp. plus 1 yr. supervisory exp.

To apply, please fax your resume, and note the position for which you are applying, to 719-630-0118 or apply in person at 2135 South-gate Rd, C/S, CO 80906. EOE.



Physical Therapy Aide
Nursing and Therapy Services of
Colorado (NTSOC) in Colorado
Springs (Rockrimmon area) is
looking for full-time and part-time
applicants for the position of PT
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Must be CPR certified. Prior experience pref'd. Please e-mail
resume or questions to Pam.Logi@ntso.com.

### New Today!

Physical Therapy Assistant (PTA) Nursing and Therapy Services of Colorado (NTSOC) in Colorado Springs (Rockrimmon area) is Springs (Rockrimmon area) is looking for full-time and part-time applicants for the position of Physical Therapy Assistant for an outpatient clinic treating children and adults. Qualifications: Associates Degree as a PTA from accredited Physical Therapy Assistant program, current CPR certification Experience working accredited Physical Therapy As-sistant program, current CPR certification. Experience working with pediatrics is beneficial but not required. Company benefits and salary will be discussed in de-tail with those who apply. Please e-mail resume or questions to Pam.looi@ntsoc.com

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Join a team of dedicated professionals making a difference in the community. The EI Paso County
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maintenance,
plumbing, boiler
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Thurs thru Mon, 2-10:30pm-7:00am
shifts and 3-2:30pm-11:00pm shifts.
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included. Apply in person only
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Union Blvd. Colorado Springs, CO
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Must have completed or have the equivalence of Journeyman status as a Welder, Boilermaker, Millwright or Pipefitter. Preference given to multi-craft applicants. Experience in Hydraulics, Pneumatics, Gearboxes, Conveyor Systems, Piping, Bearings and Lubricants highly desired.

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Must have completed or have the equivalence of an Electrical or Electronics Apprenticeship Program. Five years experience in a heavy industrial setting required. Skilled in trouble shooting, repairing, and installing electrical or electronic equipment.

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E-mail: puebloworkforce@state.co.us

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**FINE DINING** 

American comfort food served in a casual Colorado lodge atmosphere. Famous chicken fried steak, slow roasted prime rib, seafood, plus soup, salads, sandwiches, and homemade cobblers. Full service bar. Fireplaces for those cold winter days. A Colorado tradition since 1982. Serving lunch and dinner from 11am daily. Two Banquet Rooms and Patio dining available at Corporate Dr Location. Active Military Discount on Food and Beverage everyday.

FUJTYAMA

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Special: 50% off Sushi & Rolls. Monday Madness Happy Hour Special 5-6pm everything half price. Tues, Thurs & Friday Happy Hour Special 5-6:30pm, 50% off Sake and Beer, 20% off Sushi and Rolls. Wednesday Night-5-6:30pm 20% off Sushi and Rolls, 2 for 1 drinks.



City of Philly 4747 Flintridge Drive 265-5770 Open Mon-Sat 11am-8pm. Military Discount.

Join us for fresh made Cheese Steak Sandwiches - cooked to order. City of Philly also has hamburgers, along with a variety of hot and cold sandwiches, French Fries, onion rings, and dessert Tasty Kakes - all at reasonable prices! Deliveries are available within a



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# Arabica

Arabica Café 12 S. Tejon St. 719-471-2444

appetizers to dessert. Healthy vegetarian, melt in your mouth Shawarma, falafel, hummus, babaganooj, tabouleh, variety of baklava, Hot middle eastern tea, Turkish coffee and many other delicious foods are available for take-out or to eat in. Come see our Belly Dancers Friday nights 6-8:30pm. Visit next door, Hookah King now open. Free downtown delivery. 15% discount with military I.D.

We carry a full selection of authentic middle eastern food from

Mon-Sat, 5:30 to Close. Closed on Sunday

#### Café Downtown's Middle Eastern Grille

BUY ANY SANDWICH OR PLATTER WITH MEDIUM DRINK,  $\ensuremath{\mathsf{GET}}$  THE 2ND ONE 50% OFF. Excludes daily specials. Voted Best of The Springs by the Chamber. Authentic recipes, the only fresh, real Shwarma made from scratch in the area. Kebabs, Tandoori, Vegan options and much more in a relaxing atmosphere right on the Tejon strip. Check out the website for more information about us. www.craverabica.com

# JACK QUINN'S

Jack Quinn's 85-0766 21 S. Teion Street pen for Lunch & Dinner daily; Sunday Brunch served 12 pm-3 pm; Happy Hour 3-6 pm; & late night

Serving traditional Irish fare & American cuisine for lunch & dinner. Happy Hour daily 3-6pm & late night Sun. 10 pm-1 am., 15 delicious drafts & the best selection of Irish Whiskeys. Live Irish Music Tues., Thurs., Sat. & Sun. with County El Paso, Brian Clancy, Big Paddy & the Irish Session Musicians! Reader's Choice Voted Best Bar 2007 www.jackquinnspub.com

#### **STEAKHOUSE**



Steaksmith 719-956-9300 3802 Maizeland Rd. 719-596-9300

BACK BY POPULAR DEMAND CHAMPAGNE DAY BRUNCH- Brunch every Sunday from 10-1PM, \$22 Adults, \$10 Children.Reservations for Dinner and Brunch HIGHLY RECOMMENDED. Available 24/7 at www.steaksmith.com "Best of Springs Winner"-2007, 2008, 2009, 2010. Happy Hour 7 days a week, 4-6:30PM. SEE SPECIAL COUPONS WEEKLY AT www.steaksmith.com. MILITARY DISCOUNTS SENIOR DISCOUNT, CADET SPECIALS. What locals have known for 29 years

30. Jaguarondis

31. Plant sources

33. Six (Spanish)

37. Satisfies to excess

40. Annual timetable

46. From each one

tape

Grande

34. Bulky grayish-brown eagle

47. Characters in one inch of

49. A tributary of the Rio

43. Slant away from vertical

# 19 26 32 33 36 39 42 43 45 64

#### **CLUES ACROSS**

- Fishhook point
   Golfer Norman
- 9. S. China seaport 14. Colorless compound
- Helicopter 16. Like an old woman
- 17. Complex quantities
- 18. Swedish rock group
- 19. Matador injury 20. It's capital is Wellington
- 23. Worldly rather than spiritual
- 24. No (Scottish)
- 25. Having flavor
- 28. Those easily cheated \_ Ladd, actor
- 33. Take hold of (Brit.)
- 35. He played Gordon Hathaway
- 36. Nostrils 38. Make a mistake

- 39. Strike with fear 41. Consumed
- 42. Place in line 44. W. Rumanian city
- 45. Supply with air
- 47. Extreme happiness
- 48. Indian arrowroot
- 49. Smoking implement
- 51. Bond author 55. Emotionally distressed
- 58. Cape near Lisbon
- 59. Aba \_\_\_\_ Honeymoon
- 62. Add piquancy
- 63. Highly excited
- 64. Longest division of geolog-
- ical time
- 65. Niches
- 66. Hold a position 67. Indian musical genre

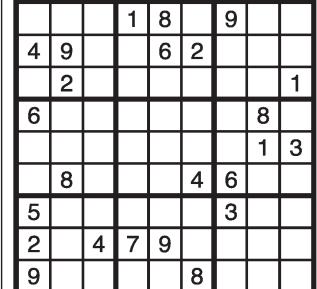
#### 1. Seed vessel with hooks

- 2. They \_\_\_3. Bridle strap
- 4. Baseball scoring path

**CLUES DOWN** 

- 5. Mohammedan warrior
- 6. Medieval fiddle 7. Italian Island
- 8. Scoring area
- 9. Business leaders
- 10. Electrodes
- 11. Le \_\_\_que Restaurant 12. Brew
- 13. Largest English dictionary, 50. A representation of a person
- (abbr.)
- Small mass of material
- 22. Genus of ducks
- 25. Yemen capital
- 26. Winglike maple seeds
- 27. Small sharp fruit knife
- 28. Asteroid 3228 29. Lake in No. Finland
- 52. Make secure by lashing 53. Trademark
- 54. Mother of Cronus Today: newspaper
- 56. Worthless ideas
- 57. Type genus of the Suidae
- 60. Cranberry field 61. Am. Nurses Assoc. (abbr.)

# SUDOKU



#### **Fun By The Numbers**

Like puzzles?

Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so shapren your pencil and put your sudoku savvy to the test!

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier to gets to solve the puzzle!

Solution on page 15

Level: Intermediate

8-27-10

# TOYOTA FOR QUALIFIED MILITARY PERSONNEL

Bring this ad in to your Colorado Springs Toyota Dealer to get your \$500 Military Rebate on top of these other great offers!

**NEW 2010 COROLLA** 



Financing<sup>1</sup> OR 60 months with \$16.67 per \$1000 borrowed

**TLEASE**<sup>2</sup> 36 months with \$1,599 due at signing plus taxes and fees. (LE model only)

**NEW 2011 CAMRY** 



**TLEASE**<sup>3</sup> Financing<sup>1</sup> OR

60 months with \$16.67 per \$1000 borrowed (Excludes Hybrid)

36 months with \$999 due at signing plus taxes and fees. (LE model only, excludes Hybrid)

**CASH** 

**NEW 2010 PRIUS** 



Financing OR 60 months with \$16.67 per \$1000 borrowed

\$199 Per Mo. LEASE<sup>4</sup>

36 months with \$2,299 due at signing plus taxes and fees

\$1000 CASH BACK<sup>5</sup>

**NEW 2010 TUNDRA** 



Financing<sup>1</sup> OR 60 months with \$16.67 per \$1000 borrowed

CASH BACK

Liberty Toyota and Toyota of Colorado Springs are proud supporters of the men and women of the Air Force Academy.

Toyota is the #1 Selling Vehicle Brand in Colorado Springs\*

**Liberty Toyota** colorado springs

oyota colorado springs

5115 New Car Drive • (719) 598-2222

1323 Motor City Drive • (719) 471-3100

Based on R.L. Polk & Co. Colorado Springs Market total passenger new light vehicle registrations statistics as of July 2009.

OPTIONS SHOWN. OFFERS END 9/7/10. OFFERS MAY VARY BY REGION. SEE PARTICIPATING DEALER FOR DETAILS. APR FINANCING WITH APPROVED CREDIT FROM TOYOTA FINANCIAL SERVICES ON NEW 2011 CAMRY (EXCLUDES HYBRID), 2010 COROLLA, PRIUS AND TUNDRA. LEASE A NEW 2010 COROLLA LE 4-DOOR, 4-SPEED AUTOMATIC FOR \$169 A MONTH FOR 36 MONTHS WITH \$1.599 DUE AT SIGNING, DUE AT SIGNING, DUE AT SIGNING COSTS INCLUDE FIRST MONTH'S PAYMENT AND \$1.430 DOWN PAYMENT. SECURITY DEPOSIT WAIVED, DOES NOT INCLUDE TAXES, LICENSE, TITLE FEES, INSURANCE AND DEALER CHARGES, CLOSED-END LEASE, EXAMPLE BASED ON MODEL #1838. TOTAL MANUFACTURER'S SUGGESTED RETAIL PRICE INCLUDING FREIGHT \$18,328. MONTHLY PAYMENTS OF \$169 TOTAL \$6,084. CAPITALIZED COST OF \$17,820 BASED ON DOWN PAYMENT AND DEALER PARTICIPATION, WHICH MAY VARY BY DEALER. PAYMENT MAY VARY DEPENDING ON FINAL TRANSACTION PRICE. LEASE-END PURCHASE OPTION IS \$10,318. ILEASE A NEW 2011 CAMRY LE 4-CYLINDER AUTOMATIC (EXCLUDES HYBRID) FOR \$199 A MONTH FOR 36 MONTHS WITH \$999 DUE AT SIGNING, DUE AT SIGNING COSTS INCLUDE FIRST MONTH'S PAYMENT AND \$800 DOWN PAYMENT. SECURITY DEPOSIT WAIVED. DOES NOT INCLUDE TAXES, LICENSE, TITLE FEES, INSURANCE AND DEALER CHARGES. CLOSED-END LEASE. EXAMPLE BASED ON MODEL #2532. TOTAL MANUFACTURER'S SUGGESTED RETAIL PRICE INCLUDING FREIGHT \$23,050. MONTHLY PAYMENTS OF \$199 TOTAL \$7,164. CAPITALIZED COST OF \$22,101 BASED ON DOWN PAYMENT AND DEALER PARTICIPATION, WHICH MAY VARY BY DEALER. PAYMENT MAY VARY BY DEALER. PAYMENT MAY VARY DEPENDING ON FINAL TRANSACTION PRICE. LEASE-END PURCHASE OPTION IS \$14,144. \*LEASE A NEW 2010 PRIUS 4-DOOR FOR \$199 A MONTH FOR 36 MONTHS WITH \$2,299 DUE AT SIGNING. DUE AT SIGNING. COSTS INCLUDE FIRST MONTH'S PAYMENT AND \$2,100 DOWN PAYMENT. SECURITY DEPOSIT WAIVED. DOES NOT INCLUDE TAXES, LICENSE, TITLE FEES, INSURANCE AND DEALER CHARGES. CLOSED-END LEASE. EXAMPLE BASED ON MODEL #1223C. TOTAL MANUFACTURER'S SUGGESTED RETAIL PRICE INCLUDING FREIGHT \$23,718. MONTHLY PAYMENTS OF \$199 TOTAL \$7,164. CAPITALIZED COST OF \$23.420 BASED ON DOWN PAYMENT AND DEALER PARTICIPATION. WHICH MAY VARY BY DEALER, PAYMENT MAY VARY BY DEALER, PAYMENT MAY VARY DEPENDING ON FINAL TRANSACTION PRICE, LEASE-END PURCHASE OPTION IS \$15.008, CUSTOMER RESPONSIBLE FOR MAINTENANCE, EXCESS WEAR AND TEAR AND \$0.15 PER MILE OVER 12.000 MILES PER YEAR. TO QUALIFIED TIER I CUSTOMERS THROUGH TOYOTA FINANCIAL SERVICES. OFFER GOOD IN ARIZONA, COLORADO, NEW MEXICO, NEVADA, UTAH AND WYOMING. \*CASH BACK OFFER PROVIDED BY TOYOTA MOTOR SALES USA, INC. ON NEW 2011 CAMRY, 2010 COROLLA, PRIUS AND TUNDRA CREWMAX MODELS ONLY. ELIGIBLE CUSTOMERS MUST BE AN INACTIVE RESERVE OR IN CURRENT ACTIVE DUTY STATUS IN THE U.S. MILITARY OR A U.S. MILITARY OF MILITARY INACTIVE RESERVES (I.E., READY RESERVE) THAT ARE PART OF THE INDIVIDUAL READY RESERVE AND INACTIVE NATIONAL GUARD. VERIFIABLE PROOF OF MILITARY

STATUS OR PROOF OF ACTIVE SERVICE IS REQUIRED AT TIME OF PURCHASE. RETIRED MILITARY PERSONNEL ARE NOT ELIGIBLE FOR THE REBATE. CUSTOMER MUST SHOW PROOF OF QUALIFICATIONS FOR ELIGIBILITY. UPON CREDIT APPROVAL THROUGH A TOYOTA DEALER AND TOYOTA FINANCIAL SERVICES. COLLEGE AND MILITARY REBATE CANNOT BE COMBINED. REBATE MUST BE USED AS DOWN PAYMENT OR APPLIED TO THE AMOUNT DUE AT LEASE SIGNING OR DELIVERY. toyota.com TERMS AND RESTRICTIONS APPLY. SEE TOYOTA.COM FOR PROGRAM DETAILS. SEE YOUR PARTICIPATING DEALER FOR DETAILS. OFFER ENDS 1/3/2011.