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1	Soup Kitchens	10th Street Baptist Church		1000 R Street, NW	NW	Washington	DC	20001	202-232-1685	202-265-1106	none
2	Emergency Food	19th Street Baptist Church		4606 16th Street, NW	NW	Washington	DC	20011	202-882-7345	202-291-6877	office@nsbcd.org
3	Additional Resources	3rd Street Church of God		1204 Third Street, NW	NW	Washington	DC	20001	202-347-5889	202-638-1803	none
4	Emergency Food	6th Presbyterian Church		5416 16th Street, NW	NW	Washington	DC	20011	202-723-5377	202-723-8416	office@sixthpresbyterian.org
5	Additional Resources	A Woman's Choice		6201 Leesburg Pike,#220	Fairfax County	Falls Church	VA	22044	703-538-4305	703-538-5408	awclife@myexcel.com
6	Emergency Food	A.P. Shaw Food Pantry		2525 12th Place, SE	SE	Washington	DC	20020	202-889-3660	202-678-5213	none
7	Additional Resources	Abundant Life Christian Outreach, Inc.	Anchor of Hope Missions Center	5158 Eisenhower Ave.	Alexandria	Alexandria	VA	22304	703-823-4100	703-823-4791	anchorofhope@erols.com
8	Additional Resources	Academy of Hope		1501 Columbia Rd, NW	NW	Washington	DC	20009	202-328-2029	202-328-1044	aoh@aohdc.org
9	Additional Resources	Access Housing, Inc. Southwest Veteran's Center	and Chesapeake House	820 Chesapeake Street, SE	SE	Washington	DC	20032	202-561-8387	202-561-8383	dbridge@bellatlantic.net

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10	Emergency Food	Action for Peace Through Prayer & Aid		319 R Street, NW	NW	Washington	DC	20001	202-939-0754	202-939-0864	appa@earthlink.net
11	Emergency Food	Acts, Inc. Emergency Assistance		PO Box 74	Prince William County	Dumfries	VA	22026	OFFICE: 703-221-3186; SHELTER: 703-221-3188	703-221-3189	try4faith@aol.com
12	Medical Services	Addicted Homeless Project of Prince George's County		5408 Silver Hill Road, #1300	PG County	Forestville	MD	20747	301-817-3082	301-817-3085	cbaker@co.pg.md.us
13	Medical Services	Adolescent Health Center		3701 West Braddock Road	Alexandria	Alexandria	VA	22302	703-519-6006	703-519-6523	none
14	Additional Resources	Adult Homeless Mental Health Services		1000 Twinbrook Parkway	Montgomery County	Rockville	MD	20851	301-424-0656x110	301-7381030	mkwolff@mhamc.org
15	Additional Resources	Adventist Community Services		501 Sligo Avenue	Montgomery County	Silver Spring	MD	20910	301-585-6556	301-585-3074	none

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16	Additional Resources	AHC, Inc.		2300 South 9th Street, Ste. 200	Arlington County	Arlington	VA	22204	703-486-0626	703-486-0653	none
17	Shelters	Alexandria Community Shelter		2355 B Mill Road	Alexandria	Alexandria	VA	22314	703-838-4239	703-838-4264	none
18	Medical Services	Alexandria Health Department		517 North Saint Asaph Street	Alexandria	Alexandria	VA	22314	703-838-4400	703-838-4038	none
19	Additional Resources	Alive, Inc.		2723 King Street	Alexandria	Alexandria	VA	22302	703-836-2723	703-836-8683	none
20	Shelters	Alternative House	Assisting Young Mothers (AYM)	PO Box 694	Fairfax	Dunn Loring	VA	22027	703-280-2162	703-280-2163	alternativehouse@aol.com
21	Shelters	Alternative House	Teen Shelter	Physical: 2100 Gallows Road; Mailing: P.O. Box 694	Fairfax County	Dunn Loring	VA	22027	703-356-6360	703-506-8949	none

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22	Additional Resources	Alzheimer's Association	National Capital Area Chapter	11240 Waples Rd., Ste. 402	Fairfax County	Fairfax	VA	22030	1-866-259-0042	703-359-4441	betty.ransom@alz.org
23	Emergency Food	Ambassador Baptist Church		1412 Minnesota Avenue, SE	SE	Washington	DC	20020	202-678-8669	202-678-0550	none
24	Additional Resources	American Red Cross	Prince William Chapter	9317 West Street	Prince William County	Manassas	VA	20110	703-368-4511	703-368-1515	info@pwarc.org
25	Additional Resources	American Red Cross	Loudoun County Chapter	604 S. King Street, Ste 006	Loudoun County	Leesburg	VA	20175	703-777-7171	703-779-8046	none
26	Additional Resources	American Red Cross of the National Capital Area		2131 K Street, NW	NW	Washington	DC	20037	202-728-6401	202-728-6647	none
27	Medical Services	American Rescue Workers		716 Ritchie Road	PG County	Capitol Heights	MD	20743	301-336-6200x10	301-336-6107	rescuedc@aol.com
28	Emergency Food	Anacostia Community Outreach Center	(ACOC)	2443 Ainger Place, SE	SE	Washington	DC	20020	202-889-5607	202-889-3219	none

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29	Emergency Food	Anacostia Network		2001 14th Street, SE	SE	Washington	DC	20020	202-678-4300	202-678-4577	none
30	Medical Services	Andromeda Transcultural Health Center		1400 Decatur Street, NW	NW	Washington	DC	20011	202-291-4707	202-723-4560	adromedatransc@aol.com
31	Additional Resources	Answer Center		311 68th Place	PG County	Seat Pleasant	MD	20743	301-499-2319	301-499-2915	answer@cmpgc.org
32	Medical Services	Arlandria Health Center		3804 Executive Avenue, Apt. D 1-3; 3802 Executive Avenue, Apt. D-1	Alexandria	Alexandria	VA	22305	703-519-1725 OR 703-535-7930	703-519-1738 OR 703-535-7950	anhsi@aol.com
33	Additional Resources	Arlington Community Action Program		1644 N. McKinley Road	Arlington County	Arlington	VA	22205	703-241-2040x35	703-241-2666	cbravante@arlingtoncap.org
34	Shelters	Arlington Community Temporary Shelter, Inc.	(TACTS)	P.O. Box 1285	Arlington County	Arlington	VA	22210	703-237-1147	703-812-9250	sbeaumard@tacts.org
35	Medical Services	Arlington Employment Center		3033 Wilson Blvd., Ste. B400	Arlington County	Arlington	VA	22201	703-228-1400	703-228-1170	ahowar@co.arlington.va.us
36	Emergency Food	Arlington Fish		Separate units serve north and south Arlington	Arlington County	Arlington	VA		703-501-3474	none	none

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37	Emergency Food	Arlington Food Assistance Center	(AFAC)	PO Box 6261	Arlington County	Arlington	VA	22206	703-845-8486	703-845-8491	none
38	Medical Services	Arlington Free Clinic		2926 Columbia Pike	Arlington County	Arlington	VA	22204	703-979-1400	703-979-1436	info@arlingtonfreeclinic.org
39	Medical Services	Arlington Public Health Information		3033 Wilson Blvd., Ste. 200B	Arlington County	Arlington	VA	22201	703-228-4992	none	none
40	Shelters	Arlington-Alexandria Coalition for the Homeless	Sullivan House	3103 Ninth Road North	Arlington County	Arlington	VA	22201	703-525-7177	703-525-0750	info@aachhomeless.org
41	Additional Resources	Army Community Service (ACS)		9655 Belvoir Road	Fairfax County	Fort Belvoir	VA	22060	703-805-3413	703-805-4143	none
42	Additional Resources	Army Community Service Fort Myer Military Community		201 Custer Road	Arlington County	Fort Myer	VA	22211	703-696-3510	703-696-3510	none

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43	Emergency Food	Assumption Church Outreach		3401 Martin Luther King, Jr. Ave, SE	SE	Washington	DC	20032	202-561-5941	202-561-0336	none
44	Additional Resources	AYUDA, Inc.		1736 Columbia Road, NW	NW	Washington	DC	20009	202-387-2870	202-387-0324	none
45	Soup Kitchens	Bag Lunch Program		322 North Alfred Street	Alexandria	Alexandria	VA	22314	703-549-1334	703-549-1357	revbaseball70186@aol.com
46	Emergency Food	Barney Senior Program		504 Kennedy Street, NW	NW	Washington	DC	20011	202-939-9020	202-939-5755	none
47	Additional Resources	Behrend-Adas Israel Senior Fellowship		2850 Quebec Street, NW	NW	Washington	DC	20008	202-363-7530	202-362-4961	none
48	Emergency Food	Berean Baptist Church	Department of Community and Social Services	924 Madison Street, NW	NW	Washington	DC	20011	202-829-8454	none	bereanb.1.1877@aol.com
49	Shelters	Bethany House of Northern Virginia		5901 Leesburg Pike	Fairfax County	Falls Church	VA	22041	703-998-8811	703-998-1477	none
50	Day Shelters	Bethany Women's Center		1333 N Street, NW	NW	Washington	DC	20005	202-939-2060	202- 319-1508	none

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51	Shelters	Bethel House, Inc	2-Year Transitional Housing	3830 Seminary Road	Alexandria	Alexandria	VA	22304	703-912-1992	703-370-7730	none
52	Soup Kitchens	Bethesda Cares		7728 Woodmont Avenue	Montgomery County	Bethesda	MD	20814	301-907-9244	301-652-1781	information@bethesdacares.com
53	Emergency Food	Bethesda Help		none available	Montgomery County	Bethesda	MD		301-294-4888 (leave message)	none	none
54	Emergency Food	Bethlehem Baptist Church Outreach Center		2458 Martin Luther King, Jr Ave., SE	SE	Washington	DC	20020	202-678-7662	202-563-4696	none
55	Shelters	Borromeo Housing, Inc.		3304 North Washington Blvd.	Arlington County	Arlington	VA	22201	703-841-0139	703-528-7607	jshammitt@aol.com
56	Emergency Food	Bowie Community Pantry		3120 Belair Drive	PG County	Bowie	MD	20715	301-262-6008	301-464-7894	none
57	Emergency Food	Bowie Fish		PO Box 858	PG County	Bowie	MD	20718	301-262-8479	301-464-3801	none
58	Medical Services	Brain Injury Services		8136 Old Keene Mill Road, Ste B-102	Fairfax County	Springville	VA	22152	703-451-8881	703-451-8820	srudolph@braininjurysvcs.org

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59	Emergency Food	Bread for the City		1525 Seventh Street, NW	NW	Washington	DC	20001	202-265-2400	none	none
60	Emergency Food	Bread for the City		1640 Good Hope Road	SE	Washington	DC	20020	202-561-8587	none	none
61	Emergency Food	Brentwood Foursquare Gospel Church		3414 Tilden Street	PG County	Brentwood	MD	20722	301-864-1176	301-779-9083	none
62	Shelters	Calvary Women's Shelter, Inc.		928 Fifth Street, NW	NW	Washington	DC	20001	202-783-6651	202-216-0301	calvaryshelter@aol.com
63	Emergency Food	Calvary's Food Bank		600 W Street, NE	NE	Washington	DC	20002	202-635-9053	202-635-6222	rallenjr@cmchc.org
64	Additional Resources	Capital Area Food Bank		6833 Hill Park Drive	Fairfax County	Lorton	VA	22079	703-541-3063x10	703-541-3786	carrollt@cfoodbank.org
65	Additional Resources	Capital Area Food Bank		645 Taylor Street, NE	NE	Washington	DC	20017	202-526-5344x223	202-529-1767	peelem@cfoodbank.org
66	Shelters	Capital Interfaith Hospitality Network		4200 Butterworth Place, NW	NW	Washington	DC	20016	202-363-5198	202-363-7735	info@dc-ihn.org
67	Shelters	Carpenter's Shelter		930 N. Henry Street	Alexandria	Alexandria	VA	22314	703-548-7500	703-548-3051	marymarting@carpentersshelter.org
68	Additional Resource	Casa de Maryland		310 Tulip Avenue	Montgomery County	Takoma Park	MD	20912	301-270-0442	301-270-8659	none

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69	Additional Resources	Catholic Charities	Montgomery County	11160 Veirs Mill Rd. #700	Montgomery County	Wheaton	MD	20902	301-942-1856	301-942-3924	shawb@catholiccharitiesdc.org
70	Emergency Food	Catholic Charities	Charles County Family Center	513 East Charles Street	Charles County	La Plata	MD	20646	1-301-934-2582	1-301-934-3439	tidlerm@catholiccharitiesdc.org
71	Shelters	Catholic Charities	Bethesda House	4848 Cordell Avenue	Montgomery County	Bethesda	MD	20814	301-907-9597	301-654-5248	none
72	Shelters	Catholic Charities	Charles Hughesville "Angels' Watch" Regional Shelter	PO Box 613	Charles County	Hughsville	MD	20637	1-301-870-5308	1-301-274-0681	catholiccharitiesdc.org
73	Additional Resources	Catholic Charities	Northeast Community Services	1438 Rhode Island Ave., NE	NE	Washington	DC	20018	202-526-4100	202-526-1829	none
74	Emergency Food	Catholic Charities	Diocese of Arlington	131 South West Street	Alexandria	Alexandria	VA	22314	703-548-4227	703-683-1748	webmaster@ccda.net
75	Emergency Food	Catholic Charities	Calvert County Family Center	PO Box 779	Calvert County	Prince Frederick	MD	20678	1-410-535-0309	1-410-257-1002	lawrencecp@catholiccharitiesdc.org
76	Additional Resources	Catholic Charities Homeless Services of Washington, DC	Downtown Family Center	924 G Street, NW	NW	Washington	DC	20001	202-772-4300	202-772-4401	none

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77	Additional Resources	Catholics for Housing, Inc.		10056 Dean Drive	Manassas	Alexandria	VA	22302	703-330-1541	703-330-1542	cath4hsg@verizon.net
78	Emergency Food	Center City Community Corporation		128 M Street, NW # 310	NW	Washington	DC	20001	202-789-0867	202-408-5311	none
79	Additional Resources	Center for Multi-Cultural Human Services		701-West Broad Street, Ste. 3050	Fairfax County	Falls Church	VA	22046	703-533-3302	703-237-2083	receipt@cmhsweb.org
80	Shelters	Central Union Mission		1350 R Street, NE	NE	Washington	DC	20009	202-745-7118	202-232-7072	missiondc5@aol.com
81	Emergency Food	Change, Inc.		1413 Park Road, NW	NW	Washington	DC	20010	202-387-3752	202-387-3729	none
82	Emergency Food	Chapel Saint Philip Food Pantry		2001 14th Street, SE	SE	Washington	DC	20020	202-678-4300	202-678-4577	none
83	Soup Kitchens	Charlie's Place at St. Margaret's		1830 Connecticut Avenue, NW	NW	Washington	DC	20009	202-232-3066	202-265-7817	charliesplace@erols.com

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84	Shelters	Chase Partnership House	Community Ministries of Rockville	600 East Gude Drive	Montgomery County	Rockville	MD	20850	301-424-1380	301-424-6083	none
85	Medical Services	Cheverly Health Department		3003 Hospital Drive	PG County	Cheverly	MD	20785	301-583-3340	301-583-3375	none
86	Medical Services	Children's Medical Ministries		17310 Milltown Landing Road	PG County	Brandywine	MD	20613	301-888-9466	888-410-4647	childmed@olg.com
87	Shelters	Christ House		131 South West Street	Alexandria	Alexandria	VA	22314	703-549-8644	703-683-1748	webmaster@coda.net
88	Medical Services	Christ House		1717 Columbia Road, NW	NW	Washington	DC	20009	202-328-1100	202-232-4972	none
89	Soup Kitchens	Christ Lutheran Church		8011 Old Georgetown Road	Montgomery County	Bethesda	MD	20814	301-652-5160	301-652-2301	clcbethesda@heartmindsoul.com
90	Shelters	Christian Relief Services		8815 Telegraph Road	Fairfax County	Lorton	VA	22079	703-550-2472	703-541-0958	sandrag@christianrelief.org
91	Emergency Food	Church of Chirst at Dale City		13130 Hillendale Drive	Prince William County	Woodbridge	VA	22193	703-590-1790	703-590-1710	silas01@comcast.net
92	Soup Kitchens	Church of the Pilgrims		2201 P Street, NW	NW	Washington	DC	20037	202-387-6612	202-387-6614	jeff.krehbiel@verizon.net

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93	Shelters	City of Falls Church Housing and Human Services Division		300 Park Avenue	Fairfax County	Falls Church	VA	22046	703-248-5005	703-248-5184	none
94	Medical Services	Clinica Del Pueblo		2831 Fifteenth Street, NW	NW	Washington	DC	20009	202-462-4788	202-667-3706	jromagoza@lcdp.org
95	Shelters	Coalition for the Homeless		1234 Massachusetts Ave, NW Suite C-1015	NW	Washington	DC	20005	202-347-8870	202-347-7279	none
96	Emergency Food	Columbia Center for Missions	(Columbia Baptist Church)	100 Great Falls Street	Fairfax County	Falls Church	VA	22046	703-533-8950	703-534-9183	columbiacenterformissions@columb aptist.org
97	Medical Services	Columbia Road Health Services		1660 Columbia Road, NW	NW	Washington	DC	20009	202-328-3717	202-588-8101	none
98	Additional Resources	Committee for Helping Others		PO Box 233	Fairfax County	Vienna	VA	22183	703-281-3243	none	none
99	Medical Services	Community Clinic, Inc.		17E North Summit Ave	Montgomery County	Gaithersburg	MD	20877	301-216-0880	301-216-2891	none
100	Medical Services	Community Clinic, Inc.		8210 Colonial Lane	Montgomery County	Silver Spring	MD	20910	301-585-1250	301-585-6289	none

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101	Medical Services	Community Connections		801 Pennsylvanian Avenue, SE	SE	Washington	DC	20003	202-546-1512	202-544-5365	none
102	Day Shelters	Community Council for the Homeless at Friendship Place		4713 Wisconsin Avenue, NW	NW	Washington	DC	20016	202-364-1419	202-364-8767	cchfpf@cchfp.org
103	Emergency Food	Community Family Life Services		305 E Street, NW	NW	Washington	DC	20001	202-347-0511x306	202-347-0520	cfls@cfls1.org
104	Shelters	Community for Creative Non-Violence	Federal City Shelter for Men and Women	425 Mitch Snyder Place, NW	NW	Washington	DC	20001	202-393-1909	202-783-3254	ccnv@erols.com
105	Medical Services	Community Medical Care		1201-3 Brentwood NW	NW	Washington	DC	20018	202-832-8818	202-832-8575	comedcare@aol.com
106	Shelters	Community Ministries of Rockville		114 West Montgomery Ave	Montgomery County	Rockville	MD	20850	301-762-8682	301-762-2939	cmr114cmr@aol.com
107	Shelters	Community Ministry of Prince George's County		311 68th Place	PG County	Seat Pleasant	MD	20743	301-499-2319	301-499-2915	answer@cmpgc.org
108	Shelters	Community of Hope		1413 Girard Street, NW	NW	Washington	DC	20009	202-232-7356	202-232-1014	none

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109	Additional Resources	Community Partnership for the Prevention of Homelessness		801 Pennsylvania Ave, SE	SE	Washington	DC	20003	202-543-5298	202-543-5653	suemarshal@community-partnership.org
110	Soup Kitchens	Community Place Café	A Community Ministry of Prince George's County	311 68th Place	PG County	Seat Pleasant	MD	20743	301-499-2319	301-499-2915	answer@cmpgc.org
111	Emergency Food	Compassion House		13919 Smoketown Road	Prince William County	Woodbridge	VA	22192	703-670-8481x112	703-690-3662	reception@christchapel.org
112	Medical Services	Comprehensive Psychiatric Emergency Program (CPEP)		1905 E Street, SE	SE	Washington	DC	20003	202-673-9319	202-698-3171	none
113	Emergency Food	Cornerstone Baptist Church		3636 Dixon Street	PG County	Temple Hills	MD	20748	301-894-7998	301-894-5878	c.cbcc@verizon.net
114	Emergency Food	Covenant House of Washington		2001 Mississippi Ave, SE	SE	Washington	DC	20020	202-610-9630	202-610-9610	none
115	Additional Resources	Crisis Assistance and Homeless Services		3033 Wilson Blvd., Ste. 300B	Arlington County	Arlington	VA	22204	703-228-1350	703-228-1013	none
116	Medical Services	Crisis Center, Montgomery County		1301 Piccard Drive	Montgomery County	Rockville	MD	20850	240-777-4000	240-777-4800	none
117	Shelters	Crossroads Shelter	St. Alban's Parish	3001 Wisconsin Ave, NW	NW	Washington	DC	20016	202-363-8286	202-363-6828	none

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118	Medical Services	D. Leonard Dyer Regional Health Center	(Child Health, Family Planning)	9314 Piscataway Road	PG County	Clinton	MD	20735	301-883-7230	301-856-9429	none
119	Emergency Food	Damascus Help		PO Box 126	Montgomery County	Damascus	MD	20872	301-253-4100	none	dh20872@aol.com
120	Shelters	Damien Ministries		PO Box 10202	NW	Washington	DC	20018	202-526-3020	202-526-9770	DamienDC@aol.com
121	Day Shelters	David's Place Day Shelter		930 North Henry Street	Alexandria	Alexandria	VA	22314	703-548-7500x216	703-548-3094	chris.woodard@verizon.net
122	Additional Resources	DC Citywide Welfare Rights Organization		2458 Martin Luther King Ave, SE	SE	Washington	DC	20020	202-889-3448	none	none
123	Additional Resources	DC Rape Crisis		PO Box 34125	NW	Washington	DC	20043	202-232-0789 OR Hotline: 202-333-7273	202-387-3812	dcrcc@dcrcc.org
124	Additional Resource	Deaf Reach		3521 12th Street, NE	NE	Washington	DC	20017	202-832-6681	202-832-8454	lweinstock@deaf-reach.org
125	Medical Services	Demeter Arlington		none listed (call first)	Arlington County	Arlington	VA		703-553-9365	703-892-4576	none

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126	Medical Services	Dental Clinic		3033 Wilson Blvd., Ste. 200A	Arlington County	Arlington	VA	22201	703-228-1200	703-228-1272	none
127	Additional Resources	Department of Mental Health, Community Services Agency	Homeless Assertive Community Treatment	1905 E. Street, SE Building 14	SE	Washington	DC	20002	202-698-5555	202-698-3172	michele.may@dc.gov
128	Soup Kitchen	Dinner Program for Homeless Women		945 G Street, NW	NW	Washington	DC	20001	202-737-9311	202-347-7217	dphomelesswomen@hotmail.com
129	Shelters	Dorothy Day Catholic Worker		503 Rock Creek Church Road, NW	NW	Washington	DC	20010	202-882-9649	none	none
130	Shelters	Dorothy Day Place of Catholic Charities		251 North Stonestreet Avenue	Montgomery County	Rockville	MD	20850	301-762-8314	301-762-5304	none
131	Shelters	Dwelling Place Shelter for Abused Elderly		2812 Pennsylvania Ave, SE	SE	Washington	DC	20020	202-583-7602	202-583-3252	jselby@some.org
132	Shelters	Dwelling Place Women's Center		PO Box 4726	PG County	Upper Marlboro	MD	20775	301-324-1838	301-324-3908	none
133	Additional Resources	Echo		7205 Old Keene Mill Road	Fairfax County	Springfield	VA	22150	703-569-9160	703-455-2763	echoremove@hotmail.com
134	Medical Services	Edison Center Clinics		3033 Wilson Blvd.	Arlington County	Arlington	VA	22201	703-228-4992	none	none

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135	Shelters	Efforts from Ex-Convicts		1329 9th Street, NW	NW	Washington	DC	20001	202-483-8916	202-483-3338	EFEC1329@aol.com
136	Shelters	Embry Rucker Community Shelter	(Reston Interfaith, Inc.)	11975 Bowman Towne Drive	Fairfax County	Reston	VA	20190	703-437-1975	703-481-1406	embryruckershelter@comcast.net
137	Emergency Food	Emergency Food Distribution Center		224 F. South King Street	Loudoun County	Leesburg	VA	20175	703-777-5911	703-777-5531	interfaithrelief@aol.com
138	Shelters	Emergency Winter Shelter	A-SPAN	2049 North 15th Street	Arlington County	Arlington	VA	22201	703-528-3082	none	emergshelter@aol.com
139	Soup Kitchens	Eofula-Spanish Senior Center		1844 Columbia Road, NW	NW	Washington	DC	20009	202-483-5800	202-588-5806	eofula@hotmail.com
140	Additional Resources	Ethiopian Community Development Council, Inc.	(ECDC)	1038 South Highland Street	Arlington County	Arlington	VA	22204	703-685-0510	703-685-0529	none
141	Additional Resources	Facets-Fairfax Area Christian Emergency and Transitional Services		10565 Lee Highway, Ste. 10	Fairfax County	Fairfax	VA	22030	703-352-5090	703-352-5088	facets@facetscares.org

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142	Additional Resources	Fairfax County Department of Systems Management for Human Services		12011 Government Center Parkway, Ste. #208	Fairfax County	Fairfax	VA	22035	703-222-0880	703-324-4500	none
143	Shelters	Fairfax County Women's Shelter Northwest Mental Health Center		none available	Fairfax County		VA		703-435-4940	703-435-2418	none
144	Emergency Food	Falls Church Community Services Council	and Fairfax Fish	Contact Fairfax County DHS	Fairfax County				703-222-0880	703-324-4500	none
145	Shelters	Families Forward, Inc.	(Formerly ConServe, Inc.)	1012 14th Street, NW Suite 105	NW	Washington	DC	20005	202-639-9760	202-639-9763	jbuford@familiesforward.org
146	Shelters	Family Crisis Center of Prince George's County's	Safe Passage Program	3601 Taylor Street	PG County	Brentwood	MD	20722	Hotline: 301-731-1203 OR Administrative: 301-779-2100	301-779-2104	none
147	Shelters	Family Emergency Shelter		none available	PG County	Adelphi	MD	20783	301-431-4570	301-431-2262	none
148	Emergency Food	Family Place, Mt. Pleasant		3309 16th Street, NW	NW	Washington	DC	20010	202-265-0149	202-483-0650	none

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149	Emergency Food	Father McKenna Center		19 Eye Street, NW	NW	Washington	DC	20001	202-842-1112	202-842-7401	mckenna@igc.org OR kiniracomd@yahoo.com
150	Emergency Food	First Baptist Church Food Closet		8415 Fenton Street	Montgomery County	Silver Spring	MD	20910	301-585-5454	301-585-5479	none
151	Soup Kitchens	First Baptist Church of Deanwood		1008 45th Street, NE	NE	Washington	DC	20019	202-396-0534	202-396-0703	none
152	Emergency Food	First Helping		1328 16th Street, NW	NW	Washington	DC	20036	202-387-2015	202-387-2016	firsthelping@dcentralkitchen.org
153	Emergency Food	First New Horizon Food Bank		PO Box 176	PG County	Clinton	MD	20735	301-856-9177	301-585-5479	none
154	Medical Services	Flora Krause Casey Health Center		1200 North Howard Street	Alexandria	Alexandria	VA	22304	703-519-5979	703-519-5981	kpoulin@vdh.state.va.us

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155	Emergency Food	Foggy Bottom Food Pantry		1920 G Street, NW	NW	Washington	DC	20006	202-331-1495	202-530-0406	info@theunitedchurch.org
156	Emergency Food	Food and Friends		58 L Street, SE	SE	Washington	DC	20003	202-488-8278	202-863-1284	sdaniels@foodandfriends.org
157	Emergency Food	Food Center of Ward 7		4929 Ames Street, NE	NE	Washington	DC	20019	202-398-5503	202-398-8552	peacelutherandc@erols.com
158	Emergency Food	Food For All Program		1400 Fairmont Street, NW	NW	Washington	DC	20009	202-489-8676 OR 301-984-0217	301-984-0218	amurt@amps.org
159	Emergency Food	Food for Others		2938 Prosperity Avenue	Fairfax County	Fairfax	VA	22031	703-207-9173	703-207-9204	foodforothers@erols.com
160	Day Shelters	Frederick Community Action Agency		100 South Market Street	Frederick County	Frederick	MD	21701	301-694-1506	301-662-9079	none
161	Shelters	Frederick Rescue Mission Beacon House		419 West South Street	Frederick County	Frederick	MD	21701	301-695-6633x105	301-695-6637	none
162	Shelters	Frederick Union Rescue Mission Faith House		200 South Market Street	Frederick County	Frederick	MD	21701	301-662-3032	301-695-6637	momawtea@msn.com
163	Shelters	Friends of Guest House, Inc.		1 East Luray Avenue	Alexandria	Alexandria	VA	22301	703-549-8072	703-549-4714	none

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164	Emergency Food	Friendship House		619 D Street, SE	SE	Washington	DC	20003	202- 675-9050	202-546-3080	jwalker@friendshiphouse.net
165	Medical Services	Fulton House of Hope		512 Eye Street, NW	NW	Washington	DC	20001	202-682-1190	202-898-0285	judy@grm.org
166	Emergency Food	Gaithersburg Help		431 North Frederick Ave, Ste 105	Montgomery County	Gaithersburg	MD		301-216-2510	none	none
167	Emergency Food	Galilee Baptist Church W. H. Bennett Food Bank		2101 Shadyside Avenue	PG County	Suitland	MD	20746	301-420-5013	301-420-1893	none
168	Shelters	Georgetown Ministry Center		1041 Wisconsin Ave, NW	NW	Washington	DC	20007	202-338-8301	202-298-8310	info@gmct.org
169	Shelters	Girls and Boys Town of Washington		4801 Sargent Road, NE	NE	Washington	DC	20017	202-832-7343	202-832-9807	goodwint@girlsandboystown.org
170	Shelters	Good Shepherd Alliance, Inc		PO Box 650399	Loudoun County	Sterling	VA	20165	703-433-2631	703-433-2632	thegoodshepherd@bigplanet.com
171	Shelters	Gospel Rescue Ministries		810 5th Street, NW	NW	Washington	DC	20001	202-842-1731	202-898-0285	don@grm.org
172	Medical Services	Greater Baden Medical Services, Inc.		13605 Baden Westwood Road	PG County	Brandywine	MD	20613	301-888-2233	301-888-9133	none
173	Emergency Food	Greater Little Zion Baptist Church	Dorcas Emergency Food Ministry	10185 Zion Drive	Fairfax County	Fairfax	VA	22032	703-764-9111	703-764-9162	none

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174	Day Shelters	Greater Washington Urban League Senior Center For Homeless Aged		1226 Vermont Ave, NW	NW	Washington	DC	20005	202-265-2017	202-265-7331	none
175	Additional Resource	Gregory Project, Inc.		1835 Third Street, NE	NE	Washington	DC	20002	202-529-8390	202-529-8390 (call first)	thehouseofsharon@earthlink.net
176	Shelters	Hannah House, Inc.		612 M Street, NW	NW	Washington	DC	20001	202-289-4840	202-289-5425	ingrid@hannahhouse.org, tanya@hannahhouse.org OR karen@hannahhouse.org
177	Shelters	Harriet Tubman Pre-Treatment Program	Part of N Street Village	1333 N Street, NW	NW	Washington	DC	20005	202-232-6167	202-519-1508	none
178	Medical Services	Healthy Babies Program Project, Inc.		801 17th Street, NE	NE	Washington	DC	20002	202-396-2809	202-398-8926	rwaller@healthybabiesproject.org
179	Shelters	Hearts & Homes for Youth		1320 Fenwick Lane, Ste. 800	Montgomery County	Silver Spring	MD	20910	301-589-8444	202-495-0923	msewell@hh4y.org
180	Medical Services	Holy Comforter St. Cyprian Community Action Group	(CAG)	901 Pennsylvania Ave, SE	SE	Washington	DC	20003	202-543-4558	202-543-4579	halg.cag@usa.net
181	Emergency Food	Home Mission Society of Mount Airy Baptist Church		1100 North Capitol Street, NW	NW	Washington	DC	20002	202-462-4370	202-842-2570	none

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182	Soup Kitchens	Homeless Bagged Meal Program	A-SPAN	(call for locations)	Arlington County	Arlington	VA	22206	703-820-4357x17	703-820-4405	info@a-span.org
183	Shelters	Homeless Prevention Center		14945 Jefferson Davis Highway	Prince William County	Woodbridge	VA	22191	703-680-5403	703-680-1765	uoahpc@hotmail.com
184	Additional Resources	Hope and a Home at For Love of Children		1816 12th Street, NW	NW	Washington	DC	20009	202-462-8686	202-462-8369	pcooper@flocdc.org
185	Shelters	House of Imagene Shelters		214 P Street, NW	NW	Washington	DC	20001	202-518-8488	202-518-1273	imageneshelter@aol.com
186	Shelters	House of Ruth	Madison Emergency Shelter	651 10th Street, NE	NE	Washington	DC	20002	202-547-2600	202-547-9349	none
187	Additional Resources	House on the Hill		16501 Annapolis Road (by the Chapel)	PG County	Bowie	MD	20715	301-262-0704	301-805-4686	parishoffice@sacredheartbowie.org
188	Additional Resources	Housing and Community Services of Northern Virginia		7432 Alban Station Blvd, B244	Fairfax County	Springfield	VA	22150	703-913-0880	703-913-2898	info@hcsnv.org
189	Emergency Food	ICAC, Inc.	Oxon Hill Food Pantry	4915 St. Barnabas Rd	PG County	Temple Hills	MD	20748	301-899-8358	none	none
190	Additional Resources	IONA Senior Services		4125 Albemarle Street, NW	NW	Washington	DC	20016	202-966-1055	202-895-0244	info@iona.org

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191	Day Shelters	Isaiah House		75 Hanover Place, NW	NW	Washington	DC	20001	202-797-8806	202-387-2798	none
192	Additional Resources	Islamic American Zakat Foundation, Inc.		4323 Rosedale Ave	Montgomery County	Bethesda	MD	20814	301-907-0997	301-951-0539	zakat@iazf.org
193	Shelters	Jeremiah House		16999 Highland Circle	Loudoun County	Paeonian Springs	VA	20129	703-581-1550	540-338-2404	jeremiah.house@erols.com
194	Emergency Food	Jesus Over You Ministries, Inc.		5314 Deal Drive	PG County	Oxon Hill	MD	20745	301-567-6647	301-567-7945	geaster_us@yahoo.com
195	Additional Resources	JHP, Inc.		1526 Pennsylvania Ave, NW	NW	Washington	DC	20003	202-544-5300	202-544-6600	spercjarrett.jhp@jobshavepriority.org
196	Medical Services	Joseph's House		2482 Ontario Road, NW	NW	Washington	DC	20009	202-265-7174	202-588-7097	patty@joesphshouse.org
197	Additional Resources	Jubilee Center, Inc.		4300 16th Street, NW	NW	Washington	DC	20011	202-829-9405	202-291-4516	jubilectr@aol.com
198	Additional Resources	Koinonia Foundation, Inc.		6037 Franconia Road	Fairfax County	Alexandria	VA	22310	703-971-1991	none	none
199	Emergency Food	Laurel Advocacy and Referral Services		311 Laurel Ave.	PG County	Laurel	MD	20707	301-776-0442	301-604-7076	none

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200	Additional Resources	Legal Counsel for the Elderly		601 E Street, NW, Bldg. A, 4th Floor	NW	Washington	DC	20049	202-434-2170	202-434-6464	none
201	Additional Resources	Legal Services of Northern Virginia		Main Office: 6400 Arlington Blvd, Ste 630	Fairfax County	Falls Church	VA	22042	703-534-4343 (call--or visit web site--for specific locations)	703-532-3990	none
202	Emergency Food	Link, Inc.		PO Box 443	Loudoun County	Sterling	VA	20167	703-437-1776	none	rob.du@verizon.net
203	Soup Kitchens	Loaves and Fishes		1525 Newton Street, NW	NW	Washington	DC	20010	202-232-0900	202-797-0367	none
204	Soup Kitchens	Lord's Table	Gaithersburg Community Soup Kitchen	201 South Summit Avenue	Montgomery County	Gaithersburg	MD	20877	301-330-5812	none	none
205	Additional Resources	Lorton Community Action Center		9518 Richmond Highway	Fairfax County	Lorton	VA	22079	703-339-5161	703-339-5580	info@lortonaction.org
206	Shelters	Loudoun Abused Women's Shelter		105 East Market Street	Loudoun County	Leesburg	VA	20176	703-777-6552	703-771-7865	laws@lcsj.org
207	Additional Resources	Loudoun County Transitional Program	Volunteers of America Chesapeake	19520 Meadowview Court	Loudoun County	Leesburg	VA	20175	1-703-771-5429	none	ltp_assistant@hotmail.com
208	Shelters	Luther Place Night Shelter		1333 N Street, NW	NW	Washington	DC	20005	202-939-2083 OR 387-5464 (after 4)	202-667-0037	none

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209	Emergency Food	Lutheran Church of the Reformation		212 East Capitol Street, NE	NE	Washington	DC	20003	202-543-4200	202-543-4201	reformationdc@earthlink.net
210	Emergency Food	Lutheran Social Services		4406 Georgia Avenue, NW	NW	Washington	DC	20011	202-723-3000x501	202-723-3303	none
211	Emergency Food	Manna Food Center	Main Office	614-618 Lofstrand Lane	Montgomery County	Rockville	MD	20850	301-424-1130	301-294-7968	mannafood@starpower.net
212	Emergency Food	Manna Food Center	Salvation Army of Gaithersburg	20120 Century Blvd.	Montgomery County	Gaithersburg	MD	20874	OFFICE: 301-424- 1130	OFFICE: 301-294- 7968	mannafood@starpower.net

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213	Emergency Food	Manna Food Center	Colesville Center	14015 New Hampshire Avenue	Montgomery County	Silver Spring	MD		OFFICE: 301-424- 1130	OFFICE: 301-294- 7968	mannafood@starpower.net
214	Emergency Food	Manna Food Center	St. Camellius	1600 St. Camellius Drive	Montgomery County	Silver Spring	MD		OFFICE: 301-424- 1130	OFFICE: 301-294- 7968	mannafood@starpower.net
215	Emergency Food	Manna Food Center	Long Branch Center	8700 Piney Branch Road	Montgomery County	Silver Spring	MD	20901	OFFICE: 301-424- 1130	OFFICE: 301-294- 7968	mannafood@starpower.net

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216	Emergency Food	Manna Food Center	Satelite Location	220 Girard Street, Ste E	Montgomery County	Gaithersburg	MD	20877	OFFICE: 301-424-1130	OFFICE: 301-294-7968	mannafood@starpower.net
217	Emergency Food	Marshall Heights Community Development Organization		3939 Benning Rd, NE	NE	Washington	DC	20019	202-396-1200	202-396-4106	Janice Ataiyero: jataiyero@mhcdco.org
218	Emergency Food	Martha's Closet, Inc		5601 Randolph Street	PG County	Hyattsville	MD	20784	301-699-8001	none	none
219	Soup Kitchens	Martha's Table		2114 14th Street, NW	NW	Washington	DC	20009	202-328-6608	202-387-0011	inq@marthastable.org
220	Shelters	Martin Luther King Men's Shelter		2700-A Martin Luther King Avenue, SE	SE	Washington	DC	20020	202-889-7634	202-889-3069	none

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221	Medical Services	Mary's Center for Maternal and Child Care, Inc.		2333 Ontario Road, NW	NW	Washington	DC	20009	202-483-8196	202-797-2628	info@maryscenter.org
222	Soup Kitchens	McKenna's Wagon		2114 14th Street, NW	NW	Washington	DC	20009	202-328-6608	202-387-0011	none
223	Emergency Food	Meadow Green Community Center	Food Bank	3425 A Street, SE	SE	Washington	DC	20019	202-396-1200	202-396-4106	jataiyero@mhcdco.org
224	Emergency Food	Metropolitan Baptist Church		1225 R Street, NW	NW	Washington	DC	20009	202-238-5000	202-234-4845	none
225	Additional Resources	Mid-County United Ministries	(MUM)	2424 Reddie Drive	Montgomery County	Wheaton	MD	20902	301-929-8675	301-929-8234	none
226	Additional Resources	Ministries United Silver Spring	Takoma Park (MUSST)	8818 Georgia Avenue, #101	Montgomery County	Silver Spring	MD	20910	301-495-4699	301-495-9055	none
227	Soup Kitchens	Miriam's Kitchen		2401 Virginia Ave, NW	NW	Washington	DC	20037	202-452-8926	202-835-8376	info@miriamskitchen.org
228	Additional Resources	Mission of Love, Inc.		PO Box 31544	PG County	Capitol Heights	MD	20731	301-386-2885	301-386-6158	molinc@starpower.net
229	Shelters	Missionaries of Charity:	"Queen of Peace-Home for Pregnant Homeless Women"	3310 Wheeler Road, SE	SE	Washington	DC	20032	Shelter office #: 202-561-9624 OR Nuns: 202-562-6890	none	none
230	Medical Services	Mobile Medical Care, Inc.		9309 Old Georgetown Road	Montgomery County	Bethesda	MD	20814	301-493-2400	301-493-8553	none

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231	Day Shelters	Montgomery Avenue Women's Center		12250-C Wilkins Avenue	Montgomery County	Rockville	MD	20852	301-984-0901	301-984-0902	mawctr@aol.com
232	Additional Resources	Montgomery County Hotline		Location is confidential	Montgomery County	none available			301-424-0656x110	301-738-1030	none
233	Shelters	Mount Carmel House		471 G Place, NW	NW	Washington	DC	20010	202-289-6315	202-289-1710	none
234	Emergency Food	MSB Community Outreach House		2411 Lawrence Street, NE	NE	Washington	DC	20018	202-526-3685	202-526-8505	none
235	Shelters	My Sister's Place		PO Box 29596	NE	Washington	DC	20017	202-529-5261	202-529-5984	none
236	Medical Services	Nanjemoy Health Center		4375 Port Tobacco Road, Ste 101	PG County	Nanjemoy	MD	20662	301-753-4630	301-753-4562	none
237	Shelters	National Center for Families and Children	(formerly Greentree Shelter)	6301 Greentree Road	Montgomery County	Bethesda	MD	20817	301-365-4480x122	301-365-2536	Afarcier@nccf-cares.org
238	Emergency Food	National Church of the Nazarene		4401 16th Street, NW	NW	Washington	DC	20011	202-723-3253	202-726-6983	none

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239	Additional Resources	Neighbors' Consejo		3118 16th Street, NW	NW	Washington	DC	20010	202-234-6855	202-234-4863	maria@neighborsconsejo.org
240	Shelters	New Endeavors by Women	(NEW)	611 N Street, NW	NW	Washington	DC	20001	202-682-5825	202-371-5653	nebwomen@qwest.net
241	Shelters	New Expectations	(NEXT)	2801 13th Street, NW	NW	Washington	DC	20009	202-483-1347	202-483-4760	none
242	Shelters	New Hope Housing, Inc.	Mondloch House	3514 Lockheed Blvd.	Fairfax County	Alexandria	VA	22306	703-768-3400	703-768-8993 OR 703-768-3405	afinney@newhopehousing.org
243	Shelters	New Hope Housing, Inc.	Eleanor Kennedy Shelter	9155 Richmond Highway	Fairfax County	Alexandria	VA	22060	703-799-0200	703-799-8127	none
244	Shelters	New Hope Ministries	Open Door Shelter	425 2nd Street, NW	NW	Washington	DC	20001	202-639-8093	202-639-0511	none
245	Emergency Food	Newcomer Community Service Center	(formerly Indochinese Community Center)	1628 16th Street, NW	NW	Washington	DC	20009	202-462-4330	202-462-2774	vilay@newcomerservice.org

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246	Emergency Food	NNE/CIC	Martin Luther King, Jr. Multi-Service Center	1326 Florida ave, NE	NE	Washington	DC	20002	202-399-6900	202-399-6942	none
247	Emergency Food	Northeastern Presbyterian Church Food Pantry		22nd and Varnum St, NE	NE	Washington	DC	20018	202-526-1730	202-526-5900	none
248	Medical Services	Northern Virginia Family Service		10455 White Granite Drive, Ste. 100	Fairfax County	Oakton	VA	22124	703-385-3267	703-385-5176	info@nvfs.org
249	Emergency Food	Northwest Settlement House		448 Ridge Street, NW	NW	Washington	DC	20001	202-638-4736 OR 202-638-0072	202-638-0776	nwsh448@msn.com
250	Medical Services	O.W. Phair Health Center	(Maternity and child care services)	1000 West Street	PG County	Laurel	MD	20707	301-725-8546	301-604-2462	none
251	Shelters	Office on Women	Domestic Violence Program	421 King Street, Ste 400	Alexandria	Alexandria	VA	22314	703-838-4911	703-838-6427	none
252	Emergency Food	Olney Help		none available (answering service)	Montgomery County	Olney	MD	20832	301-570-8500	none	none
253	Day Shelters	Opportunity Place	A-SPAN	2708-B South Nelson Street	Arlington County	Arlington	VA	22206	703-820-4357	703-820-4405	info@a-span.org

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254	Additional Resources	Our Daily Bread		10777 Main Street, Ste. 202	Fairfax County	Fairfax	VA	22030	703-273-8829	703-273-7131	pam@bonzai.net
255	Emergency Food	Our Lady, Queen of Peace Roman Catholic Church		2700 South 19th Street	Arlington County	Arlington	VA	22204	703-271-9342	703-979-5590	olqp.sjom@verizon.net
256	Day Shelters	Our Turn Drop-In Center		3169 Mt. Pleasant Street, NW Second Floor	NW	Washington	DC	20011	202-328-4073	202-682-8648	none
257	Shelters	Park Road Shelter		1448 Park Road, NW	NW	Washington	DC	20010	202-332-1505	202-332-5787	bfisher7@yahoo.com
258	Additional Resources	Patricia E. Brown Sharing Fund		311 68th Place	PG County	Seat Pleasant	MD	20743	301-499-2319	301-499-2915	answer@cmpgc.org
259	Emergency Food	People's Congregational Church		4704 13th Street, NW	NW	Washington	DC	20011	202-829-5511	202-726-9301	none
260	Additional Resources	People's Involvement Corporation		1100 1st Street, NW	NW	Washington	DC	20001	202-797-3910	202-842-2451	pic_nw01@hotmail.com
261	Medical Services	Phoenix Program		521 North Quincy	Arlington County	Arlington	VA	22203	703-841-0660 xt 264	703-841-9583	none
262	Emergency Food	Plymouth Congregational Church Food Pantry		5301 North Capitol Street, NE	NE	Washington	DC	20011	202-723-5330	202-723-9478	none

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263	Shelters	Prince George's County Family Shelter Program		1520 Kanawha Street, #106	PG County	Adelphi	MD	20783	301-431-4570	301-431-2262	none
264	Shelters	Prince George's County Family Transitional Housing Program	(2 sites)	6505 Belcrest Road	PG County	Hyattsville	MD	20782	301-345-6175	301-513-0419	none
265	Shelters	Prince George's Homeless Hotline and Suicide Prevention Center		PO Box 149	PG County	Hyattsville	MD	20781	301-864-7140	301-864-7146	none
266	Medical Services	Prince William Area Free Clinic		13792 Smoketown Rd	Prince William County	Woodbridge	VA	22192	703-792-7321	703-792-7311	Mdecarlo@voh.state.va.us.com
267	Additional Resources	Prince William Interfaith Volunteer Caregivers Program		Mailing: PO Box 581	Prince William County	Manassas	VA	20108	703-369-5063	703-330-8091	PWIVC@aol.com
268	Medical Services	PRS, Inc.	(Psychiatric Rehabilitation Services)	500 West Annandale Road	Fairfax County	Falls Church	VA	20046	703-536-9000 xt6303	703-533-9858	ekosarin@prsinc.org
269	Medical Services	Public Assistance Programs		3033 Wilson Blvd., Ste. 300A	Arlington County	Arlington	VA	22201	703-228-1350	none	none
270	Emergency Food	Purity Baptist Church		1325 Maryland Ave, NE	NE	Washington	DC	20002	202-396-9639	202-388-1797	none

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271	Soup Kitchens	Queen of Peace	Missionaries of Charity	3310 Wheeler Road, SE	SE	Washington	DC	20032	202-562-6890	none	none
272	Day Shelters	Rachael's Women's Center		1222 11th Street, NW	NW	Washington	DC	20001	202-682-1005	202-682-8648	dawn@rachaels.org
273	Shelters	Rainbow Place		215 West Montgomery Avenue	Montgomery County	Rockville	MD	20850	301-762-3363	301-762-1496	none
274	Emergency Food	Ralph Waldo "Petey" Greene Community Service Center		2907 Martin Luther King, Jr. Ave, SE	SE	Washington	DC	20032	202-562-3800	202-562-2937	mcpersons@catholiccharitiesdc.org
275	Shelters	Randall Shelter		75 Eye Street, SW	SW	Washington	DC	20024	202-479-0016	202-479-0612	none
276	Medical Services	RAP, Inc.		1949 4th Street, NE	NE	Washington	DC	20002	202-462-7500	202-526-8916	none
277	Additional Resources	Reach Out and Touch Ministries, Inc.		PO Box 6966	NW	Washington	DC	20032	202-582-3282		none

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278	Additional Resources	Rebuilding Together with Christmas in April of Washington, DC		4614 Wisconsin Avenue, NW	NW	Washington	DC	20016	202-362-1611	202-244-9551	cinadc@aol.com
279	Additional Resources	Refreshing Spring Church of God in Christ Free Clothing Dispensary		6201 Riverdale Road, Ste 108	PG County	Riverdale	MD	20737	301-699-3559	301-277-6152	none
280	Shelters	Residential Youth Services, Inc./LIFT		2701 Cameron Mills Rd.	Alexandria	Alexandria	VA	22302	703-548-8334	703-548-3417	none
281	Emergency Food	Reston Interfaith, Inc.		11484 Washington Plaza, West, Suite 100	Fairfax County	Reston	VA	20190	703-787-3100	703-787-3046	emoodigrib@aol.com
282	Emergency Food	Reverend Frank B. Bradley Christian Mission Center, The		1812 12th Street, NW	NW	Washington	DC	20009	202-265-4494	202-265-4340	none
283	Emergency Food	Rockville Fish		PO Box 1624	Montgomery County	Rockville	MD	20849	301-564-0800	301-762-2929	bjditt@comcast.net
284	Soup Kitchens	Route One Community Kitchen		7120 Richmond Highway	Fairfax	Fairfax County	VA	22304	703-751-1080 xt 4	703-370-5222	none
285	Additional Resources	Saint Alban's		3100 Wisconsin Avenue, NW	NW	Washington	DC	20016	202-363-8286	202-363-6828	office@st-albans-parish.org

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286	Shelters	Saint Ann's Infant and Maternity Home		4901 Eastern Avenue	PG County	Hyattsville	MD	20782	301-559-5500	301-853-6985	lboyle@saint-anns.com
287	Emergency Food	Saint Charles Baptist Church		4410 Georgia Ave, NW	NW	Washington	DC	20011	202-829-3323	202-829-9754	none
288	Additional Resources	Saint Francis Outreach		18825 Fuller Heights Road	Prince William County	Triangle	VA	22172	703-221-6344	703-221-3246	none
289	Additional Resources	Saint John United Baptist Church		6343 13th Street, NW	NW	Washington	DC	20011	202-829-1108	202-829-0641	none
290	Emergency Food	Saint Martin of Tours-Pantry Program		201 S Frederick Avenue	Montgomery County	Gaithersburg	MD	20877	301-990-7373	301-990-7538	social-concerns@stmartinsweb.com
291	Additional Resources	Saint Mary's Court		725 24th Street, NW	NW	Washington	DC	20037	202-659-5645	202-223-6191	mmullins@IONA.org
292	Medical Services	Saint Mary's Health Center		23140 Moakley Street, Ste 4	St. Mary's County	Leonardtown	MD	20650	1-301-997-1029	1-301-997-1489	none
293	Additional Resources	Salvation Army	Grate Patrol Meal Program		NW	Washington	DC		202-332-5000	202-332-5156	none
294	Additional Resources	Salvation Army	Harbor Light Treatment Center	2100 New York Avenue, NE	NE	Washington	DC	20002	202-269-6333	202-269-2261	none
295	Additional Resources	Salvation Army Adult Rehabilitation Center		3304 Kenilworth Avenue	PG County	Bladensburg	MD	20710	301-403-1720	301-277-8708	donn_northup@uss.salvationarmy.org

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296	Emergency Food	Salvation Army Emergency Assistance Program		1434 Harvard Street, Ste B, NW	NW	Washington	DC	20009	202-332-5000	202-322-5156	none
297	Emergency Food	Salvation Army of Alexandria	Social Services	107 East Bellefonte Ave.	Alexandria	Alexandria	VA	22301	703-548-0579	703-836-2972	none
298	Emergency Food	Salvation Army of Arlington		518 Glebe Road	Arlington County	Arlington	VA	22204	703-979-3380	703-685-2428	none
299	Emergency Food	Salvation Army of Fairfax		4915 Ox Road	Fairfax County	Fairfax	VA	22030	703-385-8700	703-385-6192	none
300	Additional Resources	Salvation Army of Montgomery County		20021 Aircraft Drive	Montgomery County	Germantown	MD	20874	301-515-5354	301-515-7253	bubba5544@aol.com
301	Emergency Food	Salvation Army of Prince George's County		4825 Edmonston Road	PG County	Hyattsville	MD	20781	301-277-6103	301-779-8020	PGCorps@aol.com
302	Emergency Food	Salvation Army of Prince William County		17688 Possum Point Road	Prince William County	Dumfries	VA	22026	703-221-2267	703-221-4966	none
303	Soup Kitchens	Salvation Army Sherman Avenue Corp		768 Morton Street, NW	NW	Washington	DC	20010	202-829-0100	202-722-0131	none
304	Soup Kitchens	Salvation Army Southeast Corps		1211 G Street, SE	SE	Washington	DC	20003	202-543-9030	202-543-3857	none

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305	Shelters	Salvation Army Turning Point Center		1434 Harvard Street, NW	NW	Washington	DC	20009	202-250-7720	202-667-8696	none
306	Additional Resources	Samaritan Inns, Inc.		2523 14th Street, NW	NW	Washington	DC	20009	202-667-8831	202-667-8026	hope@samaritaninns.org
307	Additional Resources	Samaritan Ministry of Greater Washington	Columbia Pike	2924 Columbia Pike	Arlington County	Arlington	VA	22204	703-271-0938	202-722-2288	none
308	Additional Resources	Samaritan Ministry of Greater Washington	Hamilton Street	1516 Hamilton Street, NW	NW	Washington	DC	20011	202-722-2280	none	none
309	Additional Resources	Samaritan Ministry of Greater Washington	Ainger Place	2451 Ainger Place, SE	SE	Washington	DC	20020	202-889-7702	202-722-2288	none
310	Shelters	Sasha Bruce House		1022 Maryland Ave, NE	NE	Washington	DC	20002	202-546-4900	202-546-3269	none
311	Additional Resources	Sasha Bruce Youth Work	(Administration Office)	741 8th Street, SE	SE	Washington	DC	20003	202-675-9340	202-675-9358	vjohnson@sashabruce.com
312	Shelters	Second Mile House		5101 42nd Avenue	PG County	Hyattsville	MD	20782	301-864-4281	301-864-7393	none

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313	Emergency Food	Senior Citizens Counseling and Delivery Service		2451 Good Hope Rd., SE	SE	Washington	DC	20020	202-678-2800	202-889-0265	none
314	Additional Resources	Senior Connection		3950 Ferrara Drive	Montgomery County	Silver Spring	MD	20906	301-962-0820	301-962-0892	suedollins@cs.com
315	Shelters	Serve, Inc.		10056 Dean Drive	Prince William County	Manassas	VA	20113	703-368-2979	703-368-2004	none
316	Additional Resource	Sexual Assault Response and Awareness	(SARA)	421 King Street, Ste. 400	Alexandria	Alexandria	VA	22314	703-838-5030	703-838-4976	none
317	Emergency Food	SHABACH! Community Service Corp.	(Food Pantry & Clothing Closet)	2101 Kent Village Drive	PG County	Landover	MD	20785	301-322-9593	301-773-6194	none
318	Additional Resources	Share, Inc.		PO Box 210	Fairfax County	McLean	VA	22101	703-284-2179	none	none
319	Emergency Food	Sharing Pantry:	St. Pius X Parish	3300 Moreland Place	PG County	Bowie	MD	20715	301-262-2141	301-262-2632	none
320	Shelters	Shelter House, Inc.		PO Box 4081	Fairfax County	Falls Church	VA	22044	703-536-2155	703-536-8263	shelter@shelterhouse.org

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321	Soup Kitchens	Shepherd's Table		8210 A Colonial Lane	Montgomery County	Silver Spring	MD	20910	301-585-6463	301-585-4718	info@shepherdstable.org
322	Emergency Food	Shiloh Baptist Church Human Services Center		1510 9th Street, NW	NW	Washington	DC	20001	202-232-4288	202-234-6235	none
323	Emergency Food	Silver Spring/	Wheaton Help	none available (answering service)	Montgomery County	none available	MD		301-585-4357	none	none
324	Additional Resources	SLM Pregnancy Help Center		10875 Main Street, Ste. 109	Fairfax County	Fairfax	VA	22030	703-278-5433	703-278-8645	slm@maranatha.net
325	Shelters	So Others Might Eat (SOME)	Jeremiah House	#2 18th Street, SE	SE	Washington	DC	20003	202-543-4901	202-546-9560	nbrown@some.org
326	Soup Kitchens	SOME (So Others Might Eat)		71 "O" Street, NW	NW	Washington	DC	20001	202-797-0701	202-797-1867	none
327	Medical Services	SOME Health Services		71 "O" Street, NW	NW	Washington	DC	20001	202-797-8806	202-265-0927	none
328	Shelters	Sophia House		12250 Wilkens Ave.	Montgomery County	Rockville	MD	20851	301-762-8682x345	301-762-2939	none
329	Additional Resources	Southwest Community House		156 Q Street, SW	SW	Washington	DC	20024	202-488-7210	202-488-0153	none

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330	Emergency Food	Southwest Community House Senior Service Center		1200 Delaware Ave., SW Suite #3	SW	Washington	DC	20024	202-484-3133	202-488-0153	none
331	Medical Services	Spanish Catholic Center	(El Centro Catolico)	1618 Monroe Street, NW	NW	Washington	DC	20010	202-939-2400	202-234-7323	scc@yahoo.com
332	Medical Services	Spanish Catholic Center Medical Clinic		1015 University Boulevard, East	Montgomery County	Silver Spring	MD	20903	301-434-3999	301-434-5160	escobarlb@aol.com
333	Emergency Food	Spanish Catholic Center, Langley Park Office		1015 University Blvd.	Montgomery County	East Silver Spring	MD	20903	301-431-3773	none	none
334	Shelters	Stepping Stones Shelter		PO Box 712	Montgomery County	Rockville	MD	20848	301-251-0567	301-762-0040	sstinamckendree@yahoo.com
335	Shelters	Step-Up Program	Community Ministry of Prince George's County	311 68th Place	PG County	Seat Pleasant	MD	20743	301-499-2319	301-499-2915	answer@cmpgc.org
336	Soup Kitchens	Sunday Suppers		serve at the Corner of 4th and K, NW D.C. (6:30pm Sundays); 9th and N (8:00pm Sundays)	NW	Washington	DC		301-459-8484	301-459-1318	sundaysprs@aol.com
337	Additional Resources	Sylvan Vista Baptist Church		1105 60th Avenue	PG County	Fairmont Heights	MD	20743	301-925-0180	none	none

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338	Shelters	TACTS- The Arlington Community Temporary Shelter		PO Box 1285	Arlington County	Arlington	VA	22201	703-237-1147	703-812-9250	beaumard@tacts.org
339	Additional Resources	Tahirih Justice Center		PO Box 7638	Fairfax	Falls Church	VA	22040	703-237-4554	703-237-4574	justice@tahirih.org
340	Additional Resources	TESS Community Service Center		8513 Piney Branch Road	Montgomery County	Silver Spring	MD	20901	301-565-7675	301-565-5713	none
341	Shelters	Transition Center at Prince Georges House		603 Addison Road	PG County	Capitol Heights	MD	20743	301-808-5317	301-808-9762	walkerr@CatholicCharitiesDC.org
342	Shelters	Transitional Housing Barn, Inc		9541 Linton Hall Road	Fairfax County	Bristow	VA	20136	703-369-1325	703-392-5415	none
343	Emergency Food	Union Temple Baptist Church Village Keepers Homeless Ministry		1225 W. Street, SE	SE	Washington	DC	20020	202-678-8822	202-678-6309	none

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344	Emergency Food	United Communities Against Poverty, Inc.		1400 Doewood Land	PG County	Capitol Heights	MD	20743	301-322-5700	301-322-3381	ucappgc@aol.com
345	Additional Resources	United Community Ministries		751 Fordson Road	Fairfax County	Alexandria	VA	22306	703-768-7106x331	703-768-4788	ucmagency@aol.com
346	Medical Services	Unity Health Care, Inc.	Main Office	3020 14th Street, NW	NW	Washington	DC	20009	202-745-4300	202-328-3566	none
347	Medical Services	Unity Health Care:	East of the River Community Health Center	123 45th Street, NE	NE	Washington	DC	20019	202-388-7890	202-388-5202	none
348	Medical Services	Unity Health Care:	Anacostia Neighborhood Health Center	1328 W Street, SE	SE	Washington	DC	20020	202-610-7160	202-610-7164	none
349	Medical Services	Unity Health Care:	(Southwest Health Center)	850 Delaware Ave, SW	SW	Washington	DC	20024	202-548-4520	202-548-4538	none
350	Medical Services	Unity Health Care:	Congress Heights Neighborhood Health Center	3720 Martin Luther King Ave, SE	SE	Washington	DC	20032	202-645-0402	202-645-0294	none

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351	Medical Services	Unity Health Care:	Hunt Place	4130 Hunt Place, NE	NE	Washington	DC	20019	202-388-8160	none	none
352	Additional Resources	USO of Metro Washington		228 McNair Road, Bldg. 405	Fairfax County	Fort Meyer	VA	22211	703-696-2552	703-696-2550	none
353	Shelters	Volunteers of America Chesapeake, Inc.	Baileys Crossroads Community Shelter	3525 Moncure Avenue	Fairfax County	Falls Church	VA	22041	703-820-7621	703-820-0189	none
354	Shelters	Volunteers of America Sheperd's Cove Shelter		1400 Doewood Lane	PG County	Capitol Heights	MD	20743	301-322-3093	301-322-2823	revandrebrown@hotmail.com
355	Day Shelters	Walker Mill Community Development Corporation		6719 Walker Mill Road	PG County	Capitol Heights	MD	20743	301-808-0096	301-350-5955	none
356	Medical Services	Walker Mill Health Center		1458 Addison Road South	PG County	Capitol Heights	MD	20743	301-324-1500	301-324-6405	none
357	Medical Services	Walker-Jones Adult Clinic		1100 First Street, NW	NW	Washington	DC	20001	202-354-1120	202-354-1150	none
358	Shelters	Warm Nights Shelter	A Community Ministry of Prince George's County	311 68th Place	PG County	Seat Pleasant	MD	20743	301-499-2319	301-499-2915	answer@cmpgc.org
359	Soup Kitchens	Washington City Church of the Brethren		337 North Carolina Ave, SE	SE	Washington	DC	20003	202-546-8706	202-544-5852	cobnutritionprogram@earthlink.net
360	Medical Services	Washington Free Clinic		1525 Newton Street, NW	NW	Washington	DC	20010	202-667-1106	202-328-2652	cgardener@wfclinic.org

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361	Medical Services	Washington Hospital Center, Dpt. Of Psychiatry	Behavioral Health Services	106 Irving Street, NW	NW	Washington	DC	20010	202-877-5767	202-877-7552	robert.bartlett@medstar.net
362	Medical Services	Washington Hospital Center, Dpt. Of Psychiatry	Behavioral Health Services	216 Michigan Avenue, NE	NE	Washington	DC	20017	202-877-6333	202-387-3135	soraya.g.chavez@medstar.net
363	Additional Resources	Washington Legal Clinic for the Homeless		1800 Massachusetts Avenue, NW	NW	Washington	DC	20036	202-872-1494	202-872-1932	info@legalclinic.org
364	Emergency Food	Washington Urban League Senior Centers Aging Services Division		2900 Newton Street, NE	NE	Washington	DC	20018	202-529-8701	202-832-3127	none
365	Additional Resources	Western Fairfax Christian Ministries		PO Box 500	Fairfax County	Centreville	VA	20122	703-378-3045	703-988-9655	dfonow@aol.com
366	Medical Services	Whitman-Walker Clinic		1407 S Street, NW	NW	Washington	DC	20009	202-797-3500	202-797-3504	wwcinfo@wwc.org
367	Shelters	Winter Shelter by Prince William County DSS		14730 Potomac Mills Road	Prince William County	Woodbridge	VA	22192	703-792-7549	703-792-7516	pjohanson@pwc.org

	<u>Org. Type</u>	<u>Org. Name</u>	<u>Org. Name 2</u>	<u>Address 1</u>	<u>Address 2</u>	<u>City</u>	<u>State</u>	<u>Zip</u>	<u>Phone</u>	<u>Fax</u>	<u>E-mail</u>
368	Additional Resources	Women's Center		133 Park Street, NE	Fairfax County	Vienna	VA	22180	703-281-2657	703-242-1454	twc@thewomenscenter.org
369	Emergency Food	WUMCO Help, Inc.		PO Box 247	Montgomery County	Poolesville	MD	20837	301-972-8481	301-916-3236	wumco@prodigy.net
370	Soup Kitchens	Zacchaeus Community Kitchen		10th and G Streets, NW	NW	Washington	DC	20001	202-393-9144	202-347-7217	none

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1	none	David Colclough (526-9294)	11:00am-1:30pm (W & Th)	Anyone in need	Food	none listed
2	www.nsbcdc.org	Anyone	9:30am-11:00am (W & F)	DC residents	Emergency food baskets	none listed
3	none	Anyone	7:30am-9:30am (M-F). Doors close at 8:30am for breakfast	Anyone in need	Breakfast, holiday meals, after-school tutoring program for elementary age children	Referrals to drug programs, counseling, full-time social worker
4	www.sixthpresbyterian.org	Anyone	1:00pm-2:00pm (every 2nd and 4th Wed of every month)	Anyone in need	Emergency food (a person may only receive a food bag twice). After two visits, clients are required to have a referral. Food can be obtained for another person by calling and presenting their ID. Before noon on distribution day.	none listed
5	www.awcforlife.org	Edel Finnegan	10:00am-2:00pm (M-F); 10:00am-12 noon (Sa). Call for evening appointments.	Single mothers, unemployed mothers and children, lower-income families, and pregnant women	A Woman's Choice offers support to pregnant women and alternatives to abortion. Also provides diapers, formula, and clothing to clients with a referral	Provide free pregnancy testing and counseling; diapers, formula, and clothing to clients with referrals
6	none	Elizabeth Harris, Chairperson of Missions	12 noon-3:00pm (M) & 1:00pm-3:00pm (W)	Anyone in need	Emergency food (mostly canned goods), and clothing.	none listed
7	www.anchor-of-hope.net	Rev. Rachel Ewell	9:00am-3:00pm (Tu-F); 9:00am-11:30am (Sa)	Those in need in the Metro Washington Area	Anchor of Hope Missions Center offers food, clothing, youth development projects, homemaking classes, emergency disaster relief and medicines. Wings: life skills program/training	none listed
8	www.aohdc.org	Patricia DeFerrari	9:00am-9:00pm (M-Th); 9:00am-4:00pm (F)	Low income, at risk, and homeless adults	Adult basic education, GED Preparation, the External Diploma Program, and Computer Training	none listed
9	none	Gregory Crawford OR Rev. Russell Dillard	9:00am-5:00pm (M-F)	Homeless Veterans	Shelter, meals, and security are primary services. Also included: SRO and Transitional housing, support services, employment, enrichment services, clinical support, medical support	Veteran's Affairs Clinic on premises.

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10	www.actionforpeace.net	Anyone	9:00am-6:00pm (M-Sa) Call for an appointment.	Homeless people and poor persons.	Food, clothing; Chapel service: 11:30am (Su), Dance class for children: 4:00pm (Tu), Hair Cuts: Once a month, first Thursday at 2:00pm.	Bilingual (Korean/English) staff, free wedding dress service for the homeless (sliding-fee scale for laundry). Pastoral counseling.
11	none	Aletha Martin	9:00am-1:30pm (M-F)	Residents of eastern Prince William County	Food, clothing, and furniture, emergency financial assistance with rent, utilities, and prescriptions	Wheelchair accessible
12	none	Calvin Baker	9:00am-4:00pm (M-F)	Homeless PG County residents, 18 and older, who are addicted to alcohol or other drugs and are serious about quitting	Assistance with long-term in-patient substance abuse treatment placement and any other necessary services	none listed
13	none	Anyone	10:00am-5:00pm (M-F, closed on city holidays)	Residents of the City of Alexandria, aged 12-19	The Alexandria Health Department offers preventive and primary care services for adolescent residents of the City of Alexandria, including: Routine, school, and athletic physicals; immunizations, TB testing, STD testing and treatment, HIV testing, pregnan	Wheelchair accessible. Bilingual (Spanish/English) staff available on request.
14	www.mhac.org	Marilyn Kresky-Wolff	9:00am-4:30pm (M-F)	Homeless persons with mental illnesses in Montgomery County	Outreach and assessment in sites where homeless people congregate, case management for clients living in scattered apartments, links to resources available, psychiatric help	Bilingual (Spanish/English) staff. Dual diagnoses services also available.
15	www.acsgw.org	Kathy Castro	Food and clothing 10:00am-4pm (M-H). Appointment needed.	Montgomery County, Prince George County, and DC residents	Food, clothing, emergency financial assistance, and health screenings. ACS is offering educational classes (GED & ESOL) and a course to become a Nurse Assistant. In addition to these services, ACS also provides some financial services depending on avail	Wheelchair accessible. Accessible by Metrobus #16 & #20. Bilingual (Spanish/English) staff available.

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16	www.ahcinc.org	Evelyn Willingham	8:30am-5:00pm (M-F)	Low- and moderate-income families and individuals	Affordable rental housing for individuals or families of low- or moderate-income. Also provide resident services at targeted apartment complexes in Arlington.	List of affordable housing rental properties available on AHC's website that is listed above. Consumer should contact property phone number given on contact list (copy attached).
17	none	Howard Roy	24/7	Families with children, adults over 18	Residential care, counseling, case management, information, and referrals	Bed Capacity: 64. Bilingual (Spanish/English) staff.
18	www.alexhealth.com	Anyone	Varies according to program	Residents of the City of Alexandria	Preventive and primary health care services for residents of the City of Alexandria including: well and sick child care, immunizations, TB testing and treatment, dental, family planning, WIC, STD testing and treatment, HIV counseling and testing, prenatal	Wheelchair accessible. Bilingual (Spanish/English) staff available on request
19	none	Anyone	9:00am-3:00pm (Daily)	City of Alexandria residents in need	Emergency food and financial assistance, shelter for women and families geared toward independent living; accredited preschool/day care for low-income families, furniture, houseware, mentoring program for welfare reform families	Bed Capacity: 10
20	www.thealternativehouse.org	Kristi Mitchell OR Karen Horowitz	24/7	At risk young mothers 16-21 years old and their children.	18-month transitional living program for four young mothers (18-21 years old) and their children, community-based program for young parents, counseling (individual, group and family), independent living skills, job readiness skills, nurturing parents, edu	Bed Capacity: 4 (mothers with up to 4 children); community based programs: Young Parents ages 16-21.
21	www.thealternativehouse.org	Counselor on duty	24/7	Runaway, homeless, or abused youth (ages 13-17)	Food, shelter, clothing, and counseling (individual, group, family, walk-in), 24 hour hotline (1-800-SAY-TEEN), education enrichment program focusing on life skills, cab fare to shelter in emergency cases	Bed Capacity: 8

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22	alz-nca.org	Anyone	9:00am-5:00pm (M-F)	Persons with Alzheimer's Disease, related dementias, and their families; professional caregivers	Helpline, support groups, advocacy, community education and outreach, Safe Return program for persons who may wander	none listed
23	none	Anyone	24/7, Call first to schedule pick-ups	Anyone in need	Food, food for distribution, and clothing when available. Spiritual counseling, job bank.	Handicap accessible.
24	www.pwarc.org	Anyone	8:30am-4:30pm (M-F) Closed from 12:00pm-1:00pm daily.	Prince William County (Manassas City and Manassas Park residents)	Disaster service, service to military families, youth services, and health and safety services, international services (referral services available).	none listed
25	www.redcross.org/va/loudounco	Anyone	9:00am-5:00pm (M-F); 24/7 for emergencies	Loudoun County residents	Disaster relief, services to military families, and international services (call for information)	Multilingual (Spanish/French/English) staff
26	www.redcrossnca.org	Anyone	24/7	DC, Fairfax, Falls Church; Montgomery Co., MD; Prince George's Co.	AIDS education (202-437-4522), disaster services, services to military families, youth services	Bilingual (Spanish/English) staff
27	www.arwdc.com	Anyone	9:00am-5:00pm (M-F)	Residential rehabilitation program for men with addictions. Religious organization	none listed	call for information on our five thrift stores
28	none	Anyone	9:00am-11:30am, then 1:30pm-4:30pm (M-F)	Ward 8 residents in need	Emergency food and clothing assistance, counseling, advocacy, tutoring and enrichment activities for youth, job assistance, referrals for other services	Wheelchair accessible

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29	none	Stefan Williams	10:00am-2:00pm (M-H); 10:00am-11:45pm (F)	SE residents are preferred, but will help any DC resident in need	Non-perishable foods	none listed
30	www.andromedatransc@aol.com	Ricardo Galbis	9:00am-5:00pm (M-F)	Predominantly Hispanics, but also deal with anyone in need	Provides out-patient Mental Health Services to Hispanics in the Metropolitan Area. Substance Abuse counseling, HIV/AIDS counseling is also provided; child psychiatry.	Wheelchair accessible, Multi-lingual (Spanish/English/French/Portuguese) staff
31	www.cmpgc.org	Zina Hawthorne	8:30am-4:30pm (Daily)	Anyone in need	Information and referral program helping people in need throughout PG County	none listed
32	see Alexandria Health Department	Joanna Hemmat OR Jennell Charles	8:30am-5:30pm (M, W, Th, F); 8:30am-7:30pm (T)	Residents of the City of Alexandria	Well and sick care for women and children, mental health counseling and outreach services.	Bilingual (Spanish/English) staff
33	www.arlingtoncap.org	Chona Bravante	9:00am-5:00pm (M-F)	Residents of Arlington County in need	Emergency food bank, emergency services, Head Start for 2-5 year old, computer training, transportation to senior nutrition sites and medical appointment for elderly and disabled persons. Referrals, employment assistance, Project Discovery (English as a s	Bilingual (Spanish/English) staff
34	www.tacts.org	Solange Beaumard	OFFICE: 8:00am-6:00pm; SHELTER: 24/7	Emergency shelter for women and their families. Men, if they are part of a family unit or are single fathers. We also accept domestic violence clients and their children.	We provide, but not limited to, the following: shelter, clothing, food, intensive case management, children's services, transportation assistance; employment and housing counseling; medical and dental assistance, SA/MH services, budgeting, and links to D	Bilingual (Spanish/French/English) staff. Handicap accessible.
35	www.co.arlington.va.us/dhs/aec	Amelia Howard	Varies according to program; Resource Center: M-F, 9am-4pm	Metro area residents	Employment and training programs. Call for additional program information. Please make an appointment	Handicap accessible.
36	none	Answering service: Calls received for next day services	Calls received for next day services from Sunday through Friday, 6:00pm-8:00pm. Services are rendered 8:30am-4:00pm (M, W, F)	Arlington residents in need	Transportation to and from medical appointments and DHS appointments	none listed

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37	www.afacinfo.org	Anyone	Call for information	Men and Women of Arlington County	Emergency food	none listed
38	www.arlingtonfreeclinic.org	Anyone	Call between 10:00am-4:00pm; open for information only M-F, 1:00pm-4:00pm	Arlington County residents	General medical treatment of non-emergency, acute, and chronic primary health problems for adults and children; pharmaceuticals, laboratory services, referrals to area specialists, hospital clinics or county programs, if necessary. The clinic does not pr	Spanish/English interpreters.
39	none	Anyone	Varies according to program	Arlington County residents	A variety of health services and other programs, including emergency financial assistance, child and family services, crisis intervention, medical and dental clinics, HIV testing and counseling. Call for exact information.	Many services are free to eligible county residents, some programs may charge fees. Multilingual staff
40	www.aachhomeless.org	Anyone	24/7	Families and women in Arlington County	Transitional shelter, clothing, counseling, job and housing assistance, crisis intervention, life skills training, case management, and children's services.	Bed Capacity: 50. Wheelchair accessible. Bilingual (Spanish/English) staff
41	none	Cathy Franklin	8:00am-4:30pm (M-F)	Military personnel (active and retired) and their families	Emergency financial assistance (AER), and referrals, including food, social services, family advocacy, job assistance, and financial counseling	Wheelchair accessible
42	none	Anyone	7:30am-4:00pm (M-F)	Military personnel (active and retired) and their families, and Department of Defense civilian employees	Emergency food, financial assistance, social services, job and relocation assistance, crisis intervention	none listed

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43	none	Clement Galligan	Food: 10:00am-12:00pm (MWF). Clothing: 9:30am-12 noon (M). Food Distribution: 9:00am-12:30pm (MWF)	Residents of Southeast and Southwest DC	Groceries and clothing available, limited utility assistance	none listed
44	none	Anyone	9:00am-5:00pm (M-F)	Low-income, immigrants and refugees, and battered women	Immigration, legal aid, domestic violence counseling and prevention	Notary public available
45	www.meadchurch.org	Jeanette Smalling	11:30am-12 noon (all year, M-F; Sat. October-April)	Anyone in need	A lunch provided by local congregations, Mon-Fri: Meade Memorial Episcopal Church, 11:30am-12 noon	none listed
46	www.barneyneighborhoodhouse.org	Project Director	8:30am-4:30pm (M-F)	Seniors over 60 in Wards 1 and 4	Food, recreation, transportation, literacy program, nutrition information, counseling, medical transportation, care giver's case management	Wheelchair accessible. Bilingual (Spanish/English) staff. Several satellite sites in the DC area, please call to find out if there's one near you.
47	none	Mariana Griff	10:00am-2:00pm (M-F)	DC residents who are 55 or older	Kosher lunches, social services, transportation referrals, educational services/information, health promotions, flu shots, fitness classes, field trips, referrals	none listed
48	none	Rev. Deborah Threats	9:00am-12 noon (F)	Anyone in need	Provides food and clothing; religious counseling upon entry.	none listed
49	www.bhnvooldoris@aol.com	Doris Ward	9:00am-6:00pm (M-F)	Battered women and their children	Crisis intervention, safe housing, counseling, food, clothing, emotional support and guidance; employment, housing, legal, and financial assistance; transportation to interviews, medical and dental clinic; case management	Bed Capacity: 45. Wheelchair accessible.
50	www.nstreetvillage.org	Ginger Tagliarino	7:30am-4:00pm (M-F); 9:00am-4:00pm (Sat, Sun & Holidays)	Women, including pregnant and elderly	Day shelter, breakfast, lunch, snack, activity programs, crafts, laundry, showers, clothing, counseling, referrals for other services, mental health, and substance abuse referrals	Handicap accessible.

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51	www.bethelhebrew.org	Lisa Vogel	24/7	Homeless families.	LONG-TERM TRANSITIONAL HOUSING, case management, mentoring, all services oriented toward achieving independent living	none listed
52	www.bethesda cares.com	Anyone	9:00am-12:30pm (M-F); 2:00pm-5:00pm (M, W, F); 3:00pm-5:00pm (Tu & Th)	Homeless persons, MC people facing eviction/utility shut-off (see services).	Bethesda Cares is a SHARE food distribution site. Financial assistance is offered for Montgomery County residents who are facing eviction/utility shut-off.	Bilingual (Spanish/English) staff. Wheelchair accessible.
53	none	Answering service. Calls will be answered promptly.	9:00am-4:00pm (Daily)	Residents of Greater Bethesda and surrounding area (from Falls, Montrose, and Randolph Roads to Viers Mill, Georgia, and 16th Streets, to Western Avenue, to the Potomac River) who have no other resources	Food; transportation to medical appointments, social service, and other essential appointments, clothing referrals, rental and emergency financial assistance, referrals, information on other county resources	none listed
54	none	Church Office	Call in time: 7:00pm-9:00pm (T & Th) & 2:00pm-6:00pm (F). Pick up time: 11:00am-1:00pm (T); 2:30pm-6:00pm (F); 10:30am-2:45pm (Sa)	Southeast. Other DC residents by referral	Resurrection Power Center of Bethlehem Church, service and dinner every F 4pm-6pm	none listed
55	none	Jane Hammitt	Office: 10:00am-3:00pm (M-F)	Second Change Home serving homeless and at risk teenage mothers 16-21 years of age (pregnant or with one child).	Elizabeth Houses: Transitional housing with comprehensive program toward independent living, placement in permanent housing and after-care (education, basic life skills training, employment training, job and parenting classes)	Elizabeth House I group home (serving three families); Elizabeth House II (serving two families)
56	none	Anyone	9:00am-11:00am (M, W, F)	Residents of Greater Bowie	3-4 day supply of canned food, gift certificates of \$10 when available.	Handicap accessible.
57	none	Answering service, calls answered promptly	24/7	Anyone in need in the Bowie area	Emergency meals and transportation, referrals, aid to the elderly and disabled	none listed
58	www.braininjurysvcs.org	Susan Rudolph	9:00am-5:00pm (M-F)	Survivors of a brain injury, children and adults	Case management services, day programs, supported living program, and education and advocacy, assistive technology and life skills training	none listed

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59	www.breadforthecity.org	Anyone	9:00am-5:00pm (M-F)	Low income DC residents.	Food, Clothing, Medical Clinic, Social Services, Legal Advice & Representation.	none listed
60	www.breadforthecity.org	Anyone	9:00am-5:00pm (M-F)	Low income DC residents.	Food, Clothing, Medical Clinic, Social Services, Legal Advice & Representation.	none listed
61	www.brentwoodfoursquare.org	Rev. Plummer Bailor	10:00am-2:00pm (M-F), by appointment only	Anyone in need in Brentwood, North Brentwood, or Mt. Rainier	Emergency food only, counseling assistance	none listed
62	www.calvaryservices.org	Anyone	5:00pm-8:00am (M-Sa); 24 hrs (Sun)	Women, including those who are elderly or mentally ill	Housing, meals, storage, showers, laundry facilities, case management, psychiatric care, substance abuse services, life skills program, supported employment	Wait list begins at 7pm daily
63	none	Ronald Allen, Jr.	12:00pm-3:00pm (Tu, senior citizens only); 12:00pm-3:00pm (W-F, general public)	Anyone in need	Feed the body as well as the soul.	none listed
64	www.capitalareafoodbank.org	Thomas E. Carroll	8:30am-5:00pm (M-F)	Non-profit feeding program located in DC, MD, and VA	Food and skills, nutrition program, cooking classes, Kids' Café: after-school feeding program; Hunger 101: hunger awareness classes	Bilingual (Spanish/English) staff. Wheelchair accessible
65	www.capitalareafoodbank.org	Marian Peele	8:30am-5:00pm (M-F)	Non-profit feeding program located in DC, MD, and VA	Face hunger: hunger awareness class; Brown Bag Program: monthly supplemental food distribution to low-income senior citizens; Kid's Café: after-school meal program; Hunger Lifeline: 202-639-9770	none listed
66	www.dc-ihn.org	Jill Thomas	Office: 9:00am-5:00pm; Shelter: 6:30pm-7:00am (Daily)	Families with children in Washington, DC and referred by Virginia Williams at Family Crisis Center.	Shelter, day shelter, life skills workshops, case management, food and van transportation (for shelter residents).	none
67	www.carpentersshelter.org	Deputy Director	24/7	Families, men and women	Case management and working sobriety requirements	Wheelchair accessible. Bilingual (Spanish/English) staff.
68	www.casamd.org	Gustavo Torres	10:00am-6:00pm (M-F)	Primarily Latin-American immigrants and refugees in suburban Maryland	Immigration services (which do not require a lawyer), referrals for food and information regarding health services in the community. Provides referrals to MANNA. Social services: public assistance, translation services, transportation for senior citizens	Bilingual (Spanish/English) staff.

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69	none	Betty Shaw Smith	9:00am-5:00pm (M-F), by appointment	Montgomery County residents in need	Case management, intake and assessment, shelter, substance abuse counseling and treatment, and other services available through Catholic Charities, limited emergency food and rental assistance	Bilingual (Spanish/English) staff
70	none	Marsha Tidler, Program Administrator	9:00am-5:00pm (M-F). Office closes for lunch from 12 noon-1:00pm	Anyone in need	Emergency food; referrals to shelter for women and children; aid given once a year for utility, housing, shelter, and medication; After-school program in Waldorf (call for details).	none listed
71	www.catholiccharitiesdc.org	Ed Laiscell, Case Manager	24/7	Homeless men with mental problems in Montgomery County	Shelter, three meals, case management	none listed
72	none	Barbara Talcot	24/7	Women and their children in Calvert, Charles, or St. Mary's Counties	21-day emergency homeless shelter and transition shelter (up to 2 years)	Bed capacity: Domestic Violence, 6 beds. Substance abuse counselor.
73	www.catholiccharitiesdc.org	Anyone	9:00am-5:00pm (M-F)	Families with dependent children, pregnant women, elderly, handicapped, and other needs of the District of Columbia residents.	Case management; intake and assessment; referrals and information. Catholic Charities has limited emergency utility and rent assistance.	Bilingual (Spanish/English) staff
74	www.ccda.net	Intake	8:00am-3:00pm (M-F)	Residents of Northern Virginia	Emergency food and financial assistance, shelter for men; clothing assistance (Tu-F)	Wheelchair accessible, except for shelter; Spanish-speaking staff.
75	www.catholiccharitiesdc.org	Peggy Lawrence	9:00am-4:00pm (M-F)	Calvert County residents	Emergency food, limited motel shelter, clothing, counseling, social services, emergency financial assistance (given as funds are available).	Wheelchair accessible
76	www.catholiccharitiesdc.org	Anyone	9:00am-5:00pm (M-F)	DC residents. Suburban and Southern Maryland residents	Focuses on providing permanent transitional, emergency, and appropriate housing, work, and educational opportunities for men, women, and families. Call for additional information and application procedures.	Bilingual (Spanish/English) staff. Wheelchair accessible

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77	www.catholicsforhousing.org	Christopher A. Johnston	9:00am-5:00pm (M-F)	For all throughout Northern Virginia	Housing services: affordable home development and ownership initiatives; affordable rental housing, senior housing rental subsidies, security deposit grants, transitional housing, housing counseling, education, and advocacy	none listed
78	none	Anyone	9:00am-5:00pm (M-F)	Service area bounded by Michigan Aven NE, Pennsylvania Ave., B&O Railroad, NE, and 7th Street, NW	Food, social services, clothing, youth programs, housing and employment counseling, rental assistance and tutorial services.	none listed
79	www.cmhsweb.org	Dr. Dennis Hunt	9:00am-5:00pm (M-F)	Multi-cultural families, children, adults, elderly	Mental health, education, and social services, including housing, and medical care for children. Support groups for torture survivors.	Multi-cultural staff provides service in 27 languages
80	www.missiondc5@aol.com	Anyone	24/7, check-in time: 4:00-6:00pm	Services for anyone in need.	Shelter, supper, breakfast, clothing, social, legal and medical services, pastoral counseling, GED tutoring and literacy training, computer learning center, family services, women's ministry, Hispanic ministry	Bed capacity: 120, plus 54 for in-house recovery program; Spiritual-Renewal Program (18-months).
81	none	Vila Brown	Counseling and Assessment: M-F, 9:00am-5:30pm; Food Distribution: M-F, 9:00am-12 noon; Food Referrals: 1:30pm-4:30pm (M-W); Clothing Bank: 10:00am-12 noon (Th)	Residents of Wards I and 4.	Food, food distribution, emergency clothing, food referrals. Rental, emergency financial and job assistance; social services, counseling, language interpretation, youth tutorial services, substance abuse counseling and referrals.	Multilingual (Spanish/French/English) staff. Handicapped accessible.
82	none	Stefan Williams	10:00am-2:00pm (M-Th) 10:00am-12 noon (F). Clothing bank open M, Th & F.	Men, Women, and Children	Distribute canned food to those in need. One food box a month per family. Food pantry and clothing closet.	Handicap accessible.
83	www.charliesplacedc.org	Mary Sebold, Director	6:00am-9:00am (social services now available on all weekdays).	Homeless men and women	Hot breakfast; social, legal and medical services; health education, speakers bureau, and bread delivery service	Bilingual (Spanish/English) staff c/o volunteers.

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84	none	Darrell Bulter	All day (Sa, Su, & Holidays). 4:00pm-7:45am (M-F)	Homeless adult men in addiction recovery	Transitional shelter, transportation (tokens), meals, showers, case management, referrals, help with obtaining medications, dental care, eye care	none listed
85	www.goprincegeorgescounty.com	Anyone	Call for appointment.	Residents of PG County	Provides health care services for women, limited family planning, and lab work.	Sliding fee scale
86	www.childmed.org	Bill Collins	9:00am-5:00pm (M-F)	Families in despair in the National capitol area	Provide medicine, food, and clothing	Bilingual (Spanish/English) staff. Wheelchair accessible.
87	www.cdda.net	Rose LaRocca	Shelter: 24/7. Meals: M-Su, 5:15pm-5:45pm. Emergency assistance: 8:00am-3:00pm (M-F)	Shelter: Single men in Northern Virginia. Other services: Anyone in need	Food, shelter, hot meals, clothing, rental assistance, emergency financial assistance, medical referrals, prescription assistance, social services	Bed capacity: 18. Bilingual (Spanish/English) day-time staff.
88	www.christhouse.org	Director of Nursing	24/7; Office: 9:00am-5:00pm (M-F)	Homeless men and women in the DC area	Nursing care for homeless in need of recovery, social services, clothing, housing placement, meals.	Bed Capacity: 32. Handicapped accessible. No fees
89	www.heartmindsoul.com	Anyone	Monthly, from the 16th-31st: M-F, 12:45pm-1:45pm	Men and women of Bethesda	Homeless lunch program.	none listed
90	www.christianrelief.org	Sandra Gammons	9:00am-5:30pm (M-F)	Fairfax County residents	Homes for the homeless, transitional housing	Transitional housing for victims of domestic violence
91	none	Anyone	M-F, Call for appointment	Eastern Prince William County	Food	Hispanic and Korean congregations available. Wheelchair accessible.
92	www.churchofthepilgrims.org	Anyone	Feeding Program (called "Open Table"): 1:15pm-2:00pm; Shelter Program during the winter: 1 to 2 week stay for families through the "Interfaith Hospitality Network"	Anyone in need	Meals as listed, social services, counseling	none listed

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93	www.ci.falls-church.va.us	Anyone	8:00am-5:00pm (M-F)	City of Falls Church residents	Information & Referral, emergency assistance including transportation, food, clothing and financial assistance to eligible residents.	Wheelchair accessible. Bilingual (Spanish/English) staff; language-line access.
94	www.lcdp.org	Juan Romagoza	9:00am-5:00pm (M-F, call for additional information on evening and Saturday programs)	Metropolitan DC (including MD & VA)	Primary health care for adults and children, immunizations, counseling and testing for VDLR and HIV, HIV primary care clinic, mental health services, interpreter services, health counseling and alternative therapies	No fee, donations accepted. Multilingual (Spanish/English/Portuguese) staff
95	www.dccfh.org	Anyone	9:00am-5:00pm (M-F)	Homeless men and families	Residential transitional housing, emergency shelter, substance abuse counseling, employment services	Bilingual (Spanish/English) staff
96	none	Donna Huckabee	9:30-12:30pm, then 1:30pm-4:30pm (M-Th)	Anyone in need, first priority given to those in Greater Falls Church and Northern Virginia	Emergency food and clothing, transportation services, referrals for other services	Multilingual (Spanish/Korean/Vietnamese/Arabic/English) staff. Handicapped accessible
97	none	Anyone	9:00am-5:00pm (M, W, Th, F); 9:00am-8:00pm (T)	Low-income residents and homeless of neighborhood (zips: 20009, 20010, & 20011).	Family practice medicine, social services, counseling	Sliding fee scale, bilingual (Spanish/English) staff. Wheelchair accessible
98	none	Anyone	8:00am-4:30pm (M-F)	Residents of Vienna, Oakton, Merrifield, Dunn Loring	Emergency food, rental and emergency financial assistance, clothing, transportation to and from medical/social services appointments, and furniture	none listed
99	none	Anyone	8:30am-4:30pm (M-F)	Montgomery County residents	Primary care to low-income eligible adults and to children under 21 years of age. Community Clinic, Inc. offers primary care, social services, counseling, and CAC counselors are available for drug and alcohol counseling. WIC services to Montgomery Count	Sliding fee scale. Homeless persons are seen for free, but need to bring proof of shelter occupancy. Bilingual (Spanish/English) capability, call ahead.
100	www.cciweb.org	Anyone	8:30am-4:30pm (M-F)	Montgomery County residents	Primary care to income eligible adults and to children under 21 years of age. Community Clinic, Inc. offers primary care, social services, counseling, and CAC counselors are available for drug and alcohol counseling, individual substance abuse counseling	Sliding fee scale. Homeless persons are seen for free, but need to bring proof of shelter occupancy. Bilingual (Spanish/English) capability, call ahead.

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101	www.community-partnership.org	Anyone	8:30am-5:00pm (M-F)	People with mental illness in DC	Case management, group and individual psychotherapy, housing, substance abuse treatment also available.	Bilingual (Spanish/English) staff. Wheelchair accessible.
102	http://cchfp.org	Anyone	12:30pm-4:00pm (M), 8:30am-3:00pm (Tu-F)	Homeless persons living in Ward 3	Street outreach, case management, substance abuse counseling, referrals to shelters and transitional/permanent housing, medical care through Unity Health Care, legal assistance through Washington Legal Clinic for the Homeless, showers and laundry through	Handicap accessible; cooling center; bilingual (Spanish/English) staff.
103	www.cfls1.org	Hien Nguyen or Greg Taylor	10:00am-12:30pm (M-F); 1:30pm-4pm (M, T, W & F)	For food program: families within a 20 block radius. For other services: call for further information and restrictions.	Food for families once a month. Ongoing counseling, SS and SSI advocacy, job training, and job placement. Casework services, transitional housing for homeless families and single adults, rent and utility assistance.	none listed
104	www.erol.com/ccnv	Anyone	24/7 (shelter); 9:00am-9:00pm (M-F, office)	Men & Women (mothers w/ children)	Shelter, clothing, dinner for residents only; medical, 32 bed infirmary, legal aid, veteran services, social services, counseling, job assistance, computerized case management, drug and alcohol program; NA and AA meetings.	Handicap (and wheelchair) accessible; Bed Capacity: 1,350.
105	none	Urla Barrow	9:00am-5:00pm (M-F)	Anyone in need	Primary Health Care for all ages.	Sliding fee scale. Bilingual (Spanish/English) staff
106	www.rocknet.org/community/ministries	Agnes Saenz, Managing Director	OFFICE: 9:00am-5:00pm; Varies depending on housing program	Single adults (SHELTER); Elderly ministry	Basic housing services including emergency shelter and transitional and permanent housing to homeless men and women; elderly care (homemaker aide); financial assistance for medical, utility and rent needs. Latino Outreach Program: English classes.	Case management support. Handicap accessible.
107	www.cmpgc.org	Rev. Marian Wood	9:00am-5:00pm (M-F)	Homeless, low-income citizens of PG County.	Emergency shelter in winter, family transitional apartments, family self-sufficiency education program, emergency meal, anti-eviction assistance.	Wheelchair accessible.
108	www.communityofhopedc.org	Kelly Sweeney-McShane, Executive Director	24/7, Office: 9:00am-5:00pm (M-F)	DC residents	Family shelter, medical services, counseling, supportive services, homework and tutoring.	Bed capacity: 20

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109	www.community-partnership.org	Sue Marshall	9:00am-5:00pm (M-F)	All homeless persons in the District of Columbia	Coordinating agency for the District's publicly funded homeless services	none listed
110	www.cmpgc.org	Yvette Rawley, Coordinator	9:00am-5:00pm (M-F)	Homeless, low-income individuals and families	Hot, nutritious meals and crisis assistance	Transitional housing along with shelter
111	www.christchapel.org	Rob Seagers	9:00am-5:00pm (M-F)	Prince William County. Emergency Food Assistance: All families in need	Emergency Food and rental and utilities assistance	Th & F Bilingual (Spanish/English) staff. Wheelchair accessible.
112	none	Anyone	24/7	Metropolitan area	Psychiatric emergency services, extended observational unit, mobile psychiatric emergency team, crisis counseling services, homeless outreach, crisis diversion, beds, Crisis Help-Link	TTY/TDD line: 202-561-7000
113	none	Anyone, call for an appointment	10:00am-2:00pm (Tu & F)	Anyone in need	Emergency food	none listed
114	www.covenanthousedc.org	Judith L. Dobbins	8:30am-8:00pm (M-F)	Homeless and at risk youth 16-21 years old.	Food, clothing, education (with GED & SAT prep), assessment, life skills, recreation, health and fitness, legal services, pastoral care, job placement, residential resources, case management, job training, outreach youth opportunity center (DOES)	Skills training (woodwork & environmental landscaping); Peer-supported pregnancy prevention program (for ages 10-15)
115	www.co.arlington.va.us	Anyone	Varies according to program	Arlington County residents	Call for program information. Please make an appointment (for social work services: no appointment needed).	Community outreach program (703) 228-1350; To volunteer call (703) 228-1760
116	www.co.mo.md.us/hhs/crisis_center/default.htm	Anyone, TTY line: 301-315-4815	24/7	Montgomery County residents experiencing situational or psychiatric crisis	Comprehensive crisis intervention, psychiatric emergency services, counseling. Point of entry for homeless treatment program. Mobile Crisis team. Referrals for emergency food and shelter to appropriate agencies within Montgomery County	Bed Capacity: 6 (for those in crisis: these are not homeless beds). TTY/TTD. Translation for all languages. Wheelchair accessible
117	none	Anyone	7:00pm-7:00am (Daily)	Men enrolled in Samaritan Ministry Next Step Program	5 month overnight shelter, breakfast & dinner, showers, laundry, transportation stipend, social services, job assistance through "Next Step," support from St. Alban's parish community	none listed

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118	none	Anyone	Office: 8:00am-5:00pm (M-F). Call for appointments and program information	Residents of PG County	Free immunizations to children	Sliding fee scale
119	www.hometown.aol.com/dh20872	Answering Service, calls answered promptly.	8:00am-8:00pm (M-Sa)	Residents of Damascus area vicinities north to the tri-county line, south to Brink Road, west to I270, and east to Rt. 108 and Brink Road.	Emergency food, clothing, emergency financial assistance, medical prescriptions, transportation as needed, furniture	Bilingual (Spanish/English) staff.
120	www.damienministries.org	Earl Fowlkes, Jr.	Office: 10:00am-6:00pm (M-F); Food Bank: 11:30am-3:00pm (M-F)	HIV/AIDS community in greater DC area	Transitional housing for men and women who are HIV+ (including one apartment for a single parent and children). Other services include food bank, case management, retreats and pastoral outreach to prisons, nursing homes, and private homes	Bed capacity: 3-6
121	www.carpentersshelter.org	Chris Woodard	9:00am-5:00pm (M-Su)	Single men and women	David's Place: Day shelter with laundry, shower facilities, and self-improvement workshops. During Winter: Hypothermia program for men and women overnight, until 7am	Wheelchair accessible. Bilingual (Spanish/English) staff
122	none	Linda Hamilton	9:00am-5:00pm (M-F)	Low-income DC residents	Referrals for food stamps, shelter, food, financial assistance, legal services, and housing	Wheelchair accessible
123	www.dcrcc.org	Anyone	Hotline: 24/7; Office: 9:00am-5:00pm (M-F); Hospital Companion 24/7	Survivors in the DC area and their friends and family	Counseling, individual and group therapy, hotline for friends, family, and survivors. Community education programs for students pre-K through high school. 24-hr. confidential crisis counseling hotline and 24-hr. hospital companion program for survivors	Handicap accessible.
124	www.deaf-reach.org	Anyone	9:00am-5:00pm (M-F)	Deaf and hard of hearing	Day programs, counseling, training, social services, wheelchair accessible and case management, HIV/AIDS prevention, and addiction services.	Wheelchair accessible
125	none	JoAnne Gerald	24/7; Office: 9:00am-5:00pm (M-F)	Mothers with up to two children no older than eleven years old. Pregnant women 18 and over	Treatment for addiction to alcohol and other drugs	none listed

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126	none	Anyone	8:00am-4:00pm (M-F)	Children/Senior citizens	Dental health care	Wheelchair accessible.
127	none	Michele May	8:30am-9:00pm (M-F)	Homeless Adults	Sandwiches, fruit, drink, blankets, links to service providers.	Handicap accessible. Bilingual (Spanish/English) staff.
128	www.geocities.com/dphomelesswomen.com	Ms. Kari Kirwin	4:00pm-7:30pm (Su-Th)	Homeless women and children in the Metro area.	Nutritious meal, clothing, support services, toiletries; legal assistance, employment training, emergency referrals, and computer workshop.	Wheelchair accessible.
129	none	Kathy Boylan	24/7	Room for 5 families for shelter; all others for food, clothing	Shelter for families or moms and kids	Bed capacity: 5 families
130	www.catholiccharitiesdc.org	Nola Dixon, Program Administrator	24/7, including weekends and holidays	Single (unaccompanied) homeless women	24 hour housing, meals, showers, bus tokens, case management, laundry, clothing references, medical consultation, job and entitlement assistance, assistance with money management, and referrals as needed. Call about our weekly in-house substance abuse me	Bed Capacity: 20. Wheelchair accessible
131	www.some.org	Janet Selby	24/7	DC residents 60 years and older who have been abused, neglected, exploited and/or displaced	Temporary shelter with social services, clothing, medical and dental services, housing assistance, counseling, crisis intervention, transportation, and educational services	Bed Capacity: 7
132	none	Elaine Swaby	10:00am-6:00pm (M-Sa). By appointment only	Women and their children in Prince George's County	Housing counseling, clothing, transportation services, non-residential and residential counseling, job assistance and emergency food.	none listed
133	www.echo-inc.org	Pat Gauthier	By appointment only. 9:30am-12:30pm (M-F); 7:00pm-9:00pm (Tu & Th)	Springfield and Burke, ANC 9	Food, rental and emergency financial assistance, medical services, clothing and meals on wheels	Wheelchair accessible. Bilingual (Spanish/English) staff.
134	none	Anyone	Varies according to program	Arlington County residents	Call for program information. Please make an appointment	none listed

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135	none	Gregory Ferrell	8:00am-12 noon (M-F)	Adult ex-offenders in metropolitan DC	Assistance in making transition back to the community through EFEC Halfway House, EFEC Emergency Shelter House, EFECtivity, Inc., job assistance	Bed capacity: 2 (emergency shelter)
136	www.restoninterfaith.org	Joe Meyer	24/7	Single men, women, and families in Fairfax County.	Providing shelter for men, women, and families in Fairfax County.	Wheelchair accessible, Spanish interpreters on premises.
137	none	Director	10:00am-1:00pm (M, W, Th, F & Sa); 6:00pm-8:00pm (T & Th by appointment)	Residents of Loudoun County needing assistance	Provides a 3-day box of food.	Spanish-speaking staff available.
138	www.a-span.org	Linda Coates	Nov 1-Mar 1: 7:00pm-7:00am (register @ 6:15 pm)	Homeless adults	Dinner and breakfast, clothing room, shelter, laundry, showers, and social services	Bed Capacity: 40+
139	none	Anyone	9:00am-5:00pm (M-F)	Any DC resident over 60	Daily lunch program; transportation to and from activities, educational lectures, counseling, case management, group/individual therapy, housing and employment assistance, English classes, health education and screening, recreational activities, crisis in	Bilingual (Spanish/English) staff.
140	none	Kelly Ferguson	9:00am-5:00pm (M-F)	Refugees from Africa, the Near East, and Bosnia	Provides housing assistance--educational and economic development programs and social services to help culturally diverse people build economically independent lives in their new homeland; housing assistance	none listed
141	www.facetscares.org	Sherry Mattson	8:30am-5:00pm (M-Su)	Homeless individuals/families along Rt. 50 corridor, Robinson Square Public Housing in Fairfax (Ragan Oaks Public Housing starting Sept. 2003), and Barros Circle Public Housing in Centreville	Hot evening meals on site at following motel parking lots: (call for locations, emergency food).	none listed

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142	www.fairfaxcounty.gov	Anyone	8:00am-4:30pm (M-F)	Fairfax County residents	Provides information and referral and connection to services from public, private, and community-based organizations. Agencies referred to can provide food, clothing, transportation, financial assistance, health care services, employment information/reso	Bilingual (Spanish/English) staff, call 703-631-3366. Call 703-222-0880 for other languages. TDD line is 703-803-7914. Assessments are completed (usually by telephone) prior to referrals to other agencies. Some services have eligibility criteria.
143	none	Staff person	24/7	Women and children who are victims of domestic violence in Fairfax County	Emergency shelter, counseling, resource information, referrals, 24 crisis line	Partially wheelchair accessible. Phone interpreters available
144	none	Anyone	8am-4:30pm (M-F)	Fairfax County residents	Emergency food, rental and emergency financial assistance, clothing	Furniture donations available
145	www.familiesforward.org	Joi Buford, Director of Social Services	9:00am-5:00pm (M-F)	Homeless and low-income residents of DC.	Transitional housing, case management, job training, job placement, GED	Handicap accessible.
146	www.familycrisiscenter-pgco.org	Barbara Harvard	24/7	Shelter is for battered women and their children. Counseling, case management and other support services offered to residents	Shelter includes legal, and job assistance; transportation services, language interpretation, child care, pharmacy assistance, housing counseling, clothing. Non-resident counseling, legal and educational services also provided for all family members. 24	Wheelchair accessible. Multilingual (English/Spanish/Arabic/Hebrew/Greek) staff
147	www.trans-mgmt.com	Anyone	8:30am-9:00pm (M-Th); 8:30am-6pm (F); 11:00am-7:00pm (Sa, Su, & Holidays)	Residents of Prince George's County	Shelter in apartment units up to 90 days; support services; substance abuse counseling, transportation tokens, workshops, tutoring, job assistance, child care referrals	Bed Capacity: 20 units. Wheelchair accessible
148	none	Anyone	9:00am-5:00pm (M-F)	Pregnant women and parents with children, ages 0-3, Spanish speaking persons	Lunch and emergency food. Social services, Spanish/English interpretation, prenatal and parenting counseling, respite child care services, support groups, ESL classes.	Bilingual (Spanish/English) staff. Child care while parent is in class.

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149	none	Kini Alexander	8:00am-2:00pm (M-F). Clothing: 8:00am-10:00am (Tu). Laundry and showers (limited): 8:00am-9:50am (M-F).	Men in need	Emergency food baskets, once-a-month grocery assistance (call for information), clothing for men. Night shelter (8 beds), Nov.1-April 1. Drop-in center. Transportation for first 2 weeks of employment or until first paycheck for case management clients	8 bed capacity.
150	none	Jim Reed	10:00am-12 noon (Sa)	Maryland residents	Food (mostly canned and boxed goods).	Wheelchair accessible. Sometimes a Spanish interpreter is available.
151	none	Anyone	4:45pm-6pm (M-F)	Homeless	"Feeding Hungry" on rotated months (June; speak with Doris Carter 4:45pm-6:00pm); "Meals On Wheels" (Nov. 1- April 1; Mon-Fri). We are now offering a year round program in far Northeast, hosted by 12 different churches. Interested persons may call and	none listed
152	www.dccentralkitchen.org	Craig Keller	7:30am-9pm (M-F)	Homeless men and women	Mobile meal services (street/emergency shelters): call for locations and times. Referrals, street outreach, case management, and substance abuse counseling.	none listed
153	www.fbcss.org	Answering service, calls answered promptly.	By appointment	Anyone in need	Food, clothing, referrals, and counseling.	none listed
154	www.ci.alexandria.va.us/city/health	Anyone	Office: 8:00am-4:30pm (M-F)	Residents of the City of Alexandria	Preventive and general medical services for residents of the City of Alexandria including: well and sick child care, immunizations, TB testing and treatment, dental, family planning, WIC, STD testing and treatment, HIV counseling and testing, prenatal car	Sliding fee scale. Wheelchair accessible. Bilingual staff available on request.

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155	www.theunitedchurch.org	Anybody	10:00am-12 noon (2nd & 4th Sat of every month).	Families (others accepted also).	Eligible recipients can receive a bag of canned and other groceries.	Multi-lingual (Spanish/German/English) staff available. Handicap friendly.
156	www.foodandfriends.org	Shawn Daniels	8:00am-5:00pm (M-F)	People with AIDS and cancer in Metropolitan area (includes some MD and VA locations).	Home-delivered meals for people with AIDS and cancer, affected families and nutrition counseling for HIV+/PLWA's.	Bilingual (Spanish/English) staff.
157	none	Mrs. Chalmers	12:00pm-1:30pm (Tu, Th; call to ensure food availability).	Needy families in Ward 7.	Emergency Food	none listed
158	none	Peter Sage, Program Director	9:00am-7:00pm (M-Sa)	Anyone in need in Metro DC	Food for needy families. Emergency food services. Deliveries available.	none listed
159	www.foodforothers.org	Anyone	9:30am-5:00pm (M-F)	Northern Virginia Residents	Emergency food to families, food distribution to 15 sites in Northern Virginia, food to local food pantries	Bilingual (Spanish/English) staff.
160	none	Outreach Program Staff	8:30am-5:00pm (M-F); 5:30pm-6:30pm Soup Kitchen (Sa & Su, evening and weekend hours vary)	Frederick County residents	Primary health care, case management, outreach services, day shelter, food bank, soup kitchen, information and referral, transportation, transitional housing for homeless families, weatherization and housing rehab assistance, summer food service program	none listed
161	www.therescuemission.org	Pastor Mike Albro	24/7; Breakfast: 6:00am-7:00am; Lunch: 12 noon-1:00pm; Everything is one hour later on Sundays	Homeless men who suffer from addictions. Must be drug and alcohol free	Emergency shelter, meals, work therapy program, clothing, counseling, educational services. Life Recovery Program (6 mos), Spiritual and Addiction Recovery, GED/educational services	none listed
162	www.thefrederickrescuemission.com	Brenda Teaford	9:00am-5:00pm (Daily)	Women and children in need of shelter	Emergency shelter, meals, life recovery program and clothing.	Bed Capacity: 17
163	none	Elmer L. H. Lowe, Sr., Executive Director	24/7	Female offenders and ex-offenders	Ninety-day residential program. Six month Aftercare program	none listed

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164	www.friendshiphouse.net	Jean Moses or Jean Walker	9:00am-5:00pm (M-F)	Qualifying residents of Ward 6	Emergency food, clothing bank, employment services, crisis intervention. ABE/GED services available.	Wheelchair accessible
165	www.grm.org	Judy Ashburn	24/7	Homeless Women who want to stop using drugs and enter a residential ministry	Spiritual growth, substance abuse counseling, case management, GED, and computer training	none listed
166	none	Voice mail, calls answered promptly	9:00am-5:00pm (M-F)	Residents of Gaitherburg, Montgomery Village, and North Potomac.	Food, diapers, transportation, one time emergency prescription help. Spanish language line available when calling.	Bilingual (Spanish/English) staff
167	www.galileebaptistchurch.net	Deaconness Francis Grey	10:00am-5:00pm (M-F)	Anyone in need within the immediate area.	2-3 day emergency food package (canned or boxed food only).	none listed
168	www.georgetownministrycenter.org	Gunther Stern	10:00am-1:00pm (M-F), walk-ins accepted	Homeless persons and anyone in need	Resource counseling and referrals for a variety of services; Winter Shelter from Nov. 1- April 1.	Bed capacity: 8-10
169	www.girlsandboystown.org	Todd Goodwin	8:30am-5:30pm (M-F)	Boys and girls, ages 9-18	Long term residential, emergency shelter, foster care, parent training	Bed capacity: 16. Wheelchair accessible.
170	www.loudounhomeless.org	Anyone	24/7	no specific population mentioned	Temporary shelter for men and women in a safe, supportive environment. In addition, clothes, furniture and household items for individuals and families who are in need.	none listed
171	www.grm.org	John Jackson, or Donald Melvin	24/7. Check in 3:00pm-9:30pm	Homeless and poor persons	Food, shelters, clothing, showers, Chapel services (if desired), Transforming Lives Recovery Ministry.	Bed capacity: 60
172	none	Nora Clements	10:00am-6:00pm (M, W & F); 11:00am-7:00pm (T, Th)	Anyone with a health care need.	Primary medical services, nursing, laboratory, referrals, HIV/AIDS service, dental.	Sliding fee scale, Medicare, Medicaid, other insurance, Priority Partners. Wheelchair accessible
173	none	Mrs. Lora Doores	10:00am-7:00pm (M-Th), by appointment only	Anyone in need. Priority given to those residing in the Fairfax County area.	Emergency food distribution, emergency funds.	Wheelchair accessible

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174	Le'Anetta Obasanjo	Anyone	8:30am-4:30pm (M-F)	Women and men age 55 or older	Activities, trips, lunch, social services, crisis intervention, medical services, mental health counseling, and exercise.	Wheelchair accessible for lunches
175	none	Sharon D. Gregory, MHS, Executive Director	9:00am-5:00pm (M-F); 10:00am-2:00pm (Sa)	Youth, Senior Citizens, Substance Abusers and Ex-Offenders	We provide individual, class systems and death advocacy; funeral planning, educational trainings, consulting and theatre productions. We also provide referrals for medical resources.	Self-defense.
176	www.hannahhouse.org	Ingrid Reed OR Karen McNeil (THEIRS case manager)	24/7	Women, preferably DC residents	HERS: a 6 month transitional program for single women. THEIRS: a one year program for women reuniting with their children. Services for both programs include case management, recovery support, housing, parenting, and employment preparation	Bed capacity: HERS=19; THEIRS=5
177	none	Robbyn Tyler	2:00pm-7:30am (Daily)	Homeless women who want to stop using drugs and enter a residential program	Social work, entitlements, counseling, NA/AA meetings, substance abuse counseling.	Bed capacity: 9
178	www.healthybabiesproject.org	Dr. Rhonda Waller	9:00am-5:45pm (M-F)	Ward 5 and 6 expectant residents and homeless pregnant women/teenagers in DC	Assistance in obtaining prenatal services, will provide information and links to drug abuse treatment, social services, child health services, crisis intervention, health education, labor and delivery education, transportation, family support counseling,	Handicap accessible.
179	www.hh4y.org	Michelle Sewell (hotline: 1-800-486-6736)	Office: 9:00am-5:00pm (M-F). Shelter: 24/7	Teenagers (Age 13-18). No pregnant females.	Short-term shelter, food, counseling, education, relief for teenagers in need, and residential long-term placements.	Bed capacity varies by program. Wheelchair accessible. Bilingual (Spanish/English) staff available
180	none	Hal Gordon	8:30am-5:00pm (M-F)	Single adults wishing to begin a drug recovery program	Residential drug treatment, social and spiritual development; women with children & pregnant women with children programs.	Bed Capacity: 152
181	none	Anyone	10:00am-5:00pm (M-F); 10:00am-3:00pm (Sa) (MUST COME BY APPOINTMENT!)	Parishioners, neighborhood residents, handicapped, and elderly	Food bags, emergency financial assistance (in cases of fire, flood, other catastrophe), pastoral counseling for families and individuals, clothing bank once a year.	Handicap accessible.

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182	www.a-span.org	Marianne Moerman	6:00pm-7:00pm (Daily)	Homeless/hungry persons in Arlington County.	Mobile distribution of soup and sandwiches.	none listed
183	www.uoahc.aol.com	Anyone	24/7	Anyone in need.	30-bed shelter, intensive case management, AA/NA/CA meetings on site. AfterShare program of support, service and outreach.	Bed Capacity: 30.
184	www.flocdc.org	Paula Cooper	9:00am-5:00pm (M-F)	Low-income families	Transitional housing, financial, educational, and vocational training for self-sufficiency.	none listed
185	none	Bishop Imagene Stewart	24/7. Call first, no walk-in's	Homeless veterans	Shelter.	Bed capacity: 10
186	www.houseofruth.org	Anyone	24/7; Intake @ 4:30pm	Single adult women	Comprehensive social services.	Bed capacity: 64.
187	www.sacredheartbowie.org	Parish Office	9:15am-11:15am (M-F)	Anyone in need	Clothing, small household items.	none listed
188	www.hcsnv.org	Anyone	9:00am-5:00pm (M-F)	Low and moderate income households in Fairfax County	Short and long term case management which includes: Emergency financial assistance for rent, security deposits and utilities; housing counseling, referrals, other support services	Bilingual (Spanish/English) staff
189	none	Anyone	10:00am-1:00pm (Tu), 6:00pm-8:00pm (Th), 10:00am-1:00pm (Sat)	Residents of southern Prince George's County, bound by DC line and Potomac River, stops at Penn. Ave, south to Charles County	Emergency food for 2-3 days no more than 3 times annually per person/household	none listed
190	www.iona.org	Mary Ann Fislce, Information Specialist	9:00am-5:00pm (M-F)	DC residents who are 60 or older. Some geographic restrictions; call for information	Lunch programs, social services, transportation, counseling, case management, adult day care, information and referral, early Alzheimer's clubs, flu shots, elderly care consulting; fitness and computer classes available.	Handicap accessible. Weekend home delivered meals.

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191	none	Shelia Dashiell	8:00am-4:00pm (M-F)	Homeless mentally ill, substance abusers (dual diagnosis) adults in DC	Day socialization program plus case management services for mentally ill homeless people. Social services, clothing, counseling, crisis intervention, educational services. Program managed by SOME.	Handicap accessible.
192	www.iazf.org	Imad A. Ahmad	1:00pm-5:00pm (M-Th)	Anyone in the greater Washington area	Counseling for self-sufficiency and financial aid; referrals for food, shelter, medical, transportation, etc.	Arabic speaking volunteers available.
193	www.jeremiahhouse.org	Kay Spruill	Office: 9:00am-5:00pm (M-F), Shelter: 24/7	Pregnant women 18 or older in need of shelter	Prenatal and childbirth education, employment counseling, financial planning, nutrition education, bible studies, introduction to computers and typing.	Handicap accessible.
194	www.JesusOverYouMinistries.com	Gloria Easter	10:00am-3:00pm (M-F)	Southern Prince George's County residents	Emergency food, clothes, training in the following areas: GED, office skills, computer skills, support group for unwed young mothers, bible studies.	none listed
195	www.jobshavepriority.org	Stephanie Percy-Jarrett	8:30am-5:00pm (M-F)	People who are homeless or at risk of becoming homeless	Help those who are homeless or are at risk for becoming homeless seek, obtain, and retain employment and to secure permanent housing.	Supportive services.
196	www.josephshouse.org	Patricia Wudel	Office: 9:00am-5:00pm (M-F); 24/7	Homeless men with AIDS and cancer who are in the end stages of life	End of life care, 24-hour nursing and personal care aide services.	Handicap accessible. Bilingual (Spanish/English) staff.
197	none	Pat Victorson	9:00am-5:00pm (M-F)	Greater Washington	Cultural and educational enrichment for youth; assistance to immigrants, refugees, ex-offenders, hostel services are provided; Oromo Congregational Service at 1pm each Sunday: joint service twice a year with regular congregation.	Immigration law center, music education program for children and youth, urban garden project
198	none	Jeannette Campbell or Lisa Edwards	9:00am-12 noon (M-F)	Low income, elderly, and handicapped persons in greater Franconia area: Capitol Beltway, North; Shirley Highway, West; Backlick Road to Fort Belvoir, South; Telegraph Road, East	Food, clothing, emergency financial assistance for housing and utilities, counseling.	Referrals to other agencies as necessary. Wheelchair accessible
199	www.laureladvocacy.org	Anyone or Office Manager	9:00am-2:00pm (MWF); 6:30pm-9:00pm (M)	Laurel residents in Prince George's, Howard, or Anne Arundel Counties	Emergency food, utility, and rental assistance; employment services, and general referrals.	Wheelchair access provisions with advance notice. Spanish interpretation with advance notice

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200	none	Anyone	9:00am-5:00pm (M-F). Intake: 9:30am-3:30pm	Elderly residents of DC, age 60 and over	Free legal services to the elderly on full range of legal issues, especially public benefits, will, landlord/tenant issues, power of attorney, guardianship, consumer and foreclosure issues. Handles SSI, OASDI disability cases for people 55 and over.	Wheelchair accessible. Bilingual (Spanish/English) staff
201	www.lsnv.org	Anyone	9:00am-5:00pm (M-F)	Anyone in need (call for information)	Civil legal services for low-income individuals. Offices: Alexandria, Arlington, Fairfax, Falls Church, Manassas, and Leesburg	Wheelchair accessible. Multilingual (Spanish/English, etc.) staff.
202	www.hometown.aol.com /linkvirginia	Answering service; calls returned M-F, 9am-5pm	Tu-Sa, based on previous day's input	Residents of the Herndon and Sterling extended areas.	Food and food certificates, furniture, and limited financial assistance	none listed
203	none	Hazel Cummings	Sa & Su, Christmas, Thanksgiving, and holidays that fall on Mondays, 12noon	Anyone in need	Hot meals	Wheelchair accessible
204	none	Mary Canapary	Sept-June, only. 1:00pm-5:00pm (M-Sa, office), 3:30pm-4:30pm (meal)	Anyone who needs a meal	Hot meal, counseling	none listed
205	www.lortonaction.org	Anyone	M-F, mornings. M, evenings. Call for appointment	Low income, residents of following zip codes: 22079, 22199, 22122, part of 22060	Food, clothing, furniture and emergency financial assistance, information, and referral. Thrift shop: 9506 Richmond Highway (339-8611, call for days and times).	Handicapped accessible. Bilingual (Spanish/English) staff
206	www.lcsj.org	Anyone	24/7	Women and children who are victims of domestic violence or sexual assault in Loudoun County	Emergency shelter and food, resource information, referrals, individual counseling, legal advocacy, crisis intervention; education program, peer support groups, children's program, 24-hour hotline, volunteer training, supervised visitations	Bed Capacity: 15. Translators available on request
207	none	Andrea Cousins	24/7. Office: 8:00am-7:00pm (M-F)	Homeless individuals and families in Loudoun County	Transitional housing, case management, tutoring program, support services to promote self-sufficiency, educational programs, referrals, parenting classes	Wheelchair accessible. Translators available on request
208	none	Judy Griffin	4:00pm-7:30am (Daily)	Women 18 years and over	Shelter, evening meal, breakfast, counseling, social service, dental care, eye exams, art classes, case management	Bed capacity: 31. Wheelchair accessible. Multilingual (Spanish/Italian/English) staff

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209	www.reformationdc.org	Florence Heckman or Joanna Lowther	9:00am-5:00pm (M-F)	Anyone in need	Dried, packaged, and canned goods (non-perishable foods only).	Wheelchair accessible
210	none	Anyone	9:00am-5:00pm (M-F)	Anyone in need.	Emergency assistance, rent mortgage, and utility assistance for Ward 4 residents only. Crisis intervention, referrals for food and clothing to agencies within the Warehouse Coalition. Utility assistance to Prince George's County residents on Tu's only	none listed
211	www.mannafood.org	Anyone	Office: 8:30am-4:30pm (M-F); Food pick up: 12 noon-3pm (M-F)	Residents of Montgomery County	Salvaged perishable food collected from supermarkets, plus donated food from schools and churches, individuals and groups, distributed free of charge to referred individuals, groups, shelters, pantries, and soup kitchens	none listed
212	www.mannafood.org	Anyone	2:00pm-4:00pm (M&Th)	Residents of Montgomery County	Salvaged perishable food collected from supermarkets, plus donated food from schools and churches, individuals and groups, distributed free of charge to referred individuals, groups, shelters, pantries, and soup kitchens	none listed

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213	www.mannafood.org	Anyone	2:00pm-4:00pm (W-F)	Residents of Montgomery County	Salvaged perishable food collected from supermarkets, plus donated food from schools and churches, individuals and groups, distributed free of charge to referred individuals, groups, shelters, pantries, and soup kitchens	none listed
214	www.mannafood.org	Anyone	2:00pm-4:00pm (M)	Residents of Montgomery County	Salvaged perishable food collected from supermarkets, plus donated food from schools and churches, individuals and groups, distributed free of charge to referred individuals, groups, shelters, pantries, and soup kitchens	none listed
215	www.mannafood.org	Anyone	2:00pm-4:00pm (Tu); 5:00pm-7:00pm (W)	Residents of Montgomery County	Salvaged perishable food collected from supermarkets, plus donated food from schools and churches, individuals and groups, distributed free of charge to referred individuals, groups, shelters, pantries, and soup kitchens	none listed

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216	www.mannafood.org	Anyone	5:00pm-7:00pm (M & Th)	Residents of Montgomery County	Salvaged perishable food collected from supermarkets, plus donated food from schools and churches, individuals and groups, distributed free of charge to referred individuals, groups, shelters, pantries, and soup kitchens	none listed
217	www.mhcdo.org	Janice Ataiyero	10:00am-2:30pm (M-F), by appointment only	Ward 7 residents	Emergency food, case management, credit and housing counseling, employment, and GED help. FOOD BANK ADDRESS: Meadow Green	Wheelchair accessible.
218	none	Anyone	9:15am-12 noon (Tu & Th)	Anyone in need, especially children and teens. PG County residents only	Emergency food and children's clothing	none listed
219	www.marthastable.org	Anyone	8:00am-7:00pm (M-F); Children's Program: 9:00am-2:00pm (M-F)	DC Residents	Mobile soup kitchen and children's programs	Wheelchair accessible. Bilingual (Spanish/English) staff available.
220	none	Delores Junious, Social Worker	24/7	Homeless men	Case management, AA/NA meetings, snacks, 18 beds for work program, 18 beds for recovery program (alcohol and drugs), referrals, hair cuts (T's), prayer services, showers, laundry, hot supper served from 8:00-9:00pm nightly.	Bed Capacity: 108

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221	www.maryscenter.org	Maria Gomez, RN, MPH	8:30am-5:00pm (M-F); Teen clinic: 9:00am-3:00pm (2 Saturdays per month, call in advance)	Metro DC Residents	Prenatal care, pediatrics care (well and sick children), pregnancy tests, social services, counseling, 24 hour telephone service for prenatal and pediatric emergencies, free HIV testing three times a month-call in advance, Medicaid, AFDC, Food Stamps, ADD	Sliding fee scale (free if unable to pay). Multilingual (Spanish/English/French) staff. Teen programs, mid-wives. Home visits. Wheelchair accessible
222	none	Alvin Wingfield	8:00am-8:00pm (Daily)	Anyone in need	Mobile soup kitchen at various locations in NW Washington	Wheelchair accessible
223	www.mhcdo.org	Janice Ataiyero	10:00am-2:30pm (M-F), by appointment only.	Ward 7 Residents.	Emergency food bank. Call first.	none listed
224	www.metropolitanbaptist.org	Rev. Melvin Maxwell	Office: 10:00am-6:00pm (M-F)	Anyone in need	Food and clothing.	Wheelchair accessible
225	none	Case Worker	9:00am-4:30pm (M); 12:30pm-6:30pm (Th); 9:00am-4:30pm (W)	Zip codes 20902, 20906, 20895, 20896, 20853	Eviction assistance, utility assistance, prescription assistance and other services as needed or decided upon by site caseworker. Small food pantry on site.	Wheelchair accessible.
226	none	Ann Leger, Program Manager	10:00am-2:00pm (Tu-Th); 2:00pm-6:00pm (M)	Montgomery County residents in Silver Spring and Takoma Park zip codes: 20901, 20910, 20912, and 20783	Eviction prevention, utility disconnect prevention, prescription medications, referrals for food, dental, clothing, and other needs	Bilingual (Spanish/English) staff. Wheelchair accessible.
227	www.miriamskitchen.org	Anyone	Breakfast: 6:30am-8am (M-F, and by appointment)	Anyone in need	Breakfast, counseling, and legal assistance weekly, social worker available M-F, 6:30am-8am & by appointment	Bilingual (Spanish/English) staff
228	www.molinc.org	Anyone	9:00am-5:00pm (M-F)	Disadvantaged residents of Prince George's County	Crisis assistance (short term), emergency assistance (food, clothing, furniture and household appliances), family preservation and strengthening (long term), housing services	none listed
229	none	Speak w/ the Nuns	Shelter: 24/7. Office: 8:30am-6:30pm (Daily)	Homeless pregnant women. Also accept children under 5 with their mothers.	Shelter and meals	Bed Capacity: 9
230	none	Anyone	8:30am-5pm (M-F). Call for appointment	Anyone in need	Call to inquire about dates, times, and sites to obtain medical services and counseling	Sliding fee scale

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231	none	Kyoko Queen OR Mary Johnson	8:00am-6:00pm (Daily)	Homeless women	Day shelter, case management, substance abuse counseling, life skills	Handicap accessible. Bilingual (Spanish/English) staff available.
232	none	Shayna Hadley, Hotline Director	24/7	Montgomery County residents	Youth Crisis Hotline: 301-738-9697***Montgomery County Hotline: 301-738-2255	24 hour supportive listening and crisis intervention, referrals, and information. All information is confidential
233	none	Sarah Stanton	Shelter: 24/7. Office: 9:00am-5:00pm (M-F)	Women in need in the Metro DC area	Transitional housing and counseling	none listed
234	none	George Jones	10:30am-3:30pm (M, T, Th & F); 1:00pm-3:30pm (W)	Anyone in need. Specifically focused on the Northeast corridor of Ward 5	Food and Clothing; Outreach lunch: 12:30pm-1:30pm each Wednesday.	American Sign Language staff available.
235	www.mysistersplacedc.org	Staff or Volunteer; (hotline 202-529-5991)	24/7	Battered women and their children (boys under 12)	Shelter, 24 hour hotline, advocacy services, hearing impaired (volunteers), legal and job assistance, crisis intervention, transitional housing, and support groups for battered women, counseling, case management, non-residential counseling, children's pro	Bed capacity: 24. Bilingual (Spanish/English) staff. Wheelchair accessible. Services available to shelter residents, and non-residents at an off-site center
236	none	Debra Foerter	9:00am-5:00pm (M-F)	Anyone with a health care need.	Primary medical services, nursing, laboratory, referrals, HIV/AIDS and dental services.	Sliding fee scale, Medicare, Medicaid, other insurance, Priority Partners. Wheelchair accessible
237	www.nccf-cares.org	Anyone	24/7	Single parents with children and/or intact families	Beds, meals, clothing, individual and group counseling, child care, parental counseling, marriage counseling, employment assistance	Bed capacity: 46
238	none	Anyone	12 noon- 3:00pm (W)	Anyone in NW with emergency need	Emergency food, clothing (when available)	Bilingual (Spanish/English) staff.

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239	www.neighborsconsejo.org	Maria Paige	9:00am-5:00pm (M-F)	Low-income/homeless immigrant population, HIV Spanish speaking population	Substance abuse counseling, transitional housing, referrals to other social service agencies, health care, assistance with immigration services, ID and translation services; employment counseling and job placement, ESL, computer and vocational skills train	Bilingual (Spanish/English) staff
240	none	Mary Mulholland, WCSW	Shelter: 24/7. Office: 9:00am-5:00pm (M-F)	Single women in the Metropolitan area.	Case management; education, job training, employment referrals; budgeting and savings requirement; support for recovery; housing assistance	Bed Capacity: 38
241	none	Barbara Moore	Residential Program open 24/7 (6 months - 2 years). Office: 8:00am-4:00pm (M-F)	Homeless, pregnant, and substance abusers.	THIS IS A TRANSITIONAL HOUSING PROGRAM. Prenatal referrals and counseling, drug treatment program, case management, recovery education and support, education, job training, employment referrals, budgeting and savings requirement, housing assistance. Res	Bed Capacity: 10
242	www.newhopehousing.org	Anyone	24/7	Fairfax County families & Alexandria	Shelter, meals, clothing, counseling, case management, health/mental health/employment/education services, learning center, children's program, laundry, showers	Bed Capacity: 60. Bilingual (Spanish/English) staff. Wheelchair accessible
243	www.newhopehousing.com	Anyone	24/7	Single men and women, 18 years and older	Emergency shelter, meals, legal assistance, counseling, clothing, job assistance, crisis intervention, GED, computer training, life skills education, laundry, showers	Bed Capacity: 38 men, 12 women, 16 overflow. Bilingual (Spanish/English) staff
244	none	Ann Kirby	Shelter: 24/7. Office Hours: 2pm-10pm	Adult single women	Case management, transitional shelter living, individual counseling, group/house meetings, psychiatric assessments (if needed), NA meetings, spiritual enrichment, referral, outside volunteer assistance	We have weekly medical services every Thursday evening at 7pm
245	www.newcomerservice.org	Vilay Chaleunrath	9:00am-5:00pm (M-F)	Refugees and immigrants	Food, referrals, job placement, counseling, social services, translation services, ESL classes, clothing, crisis intervention, AIDS education and outreach to ethnic minorities, youth leadership program, and immigration services.	Multilingual (Cambodian, Laotian, Vietnamese, French, Spanish, English) staff.

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246	none	Delores Farrow, Social Services Representative	9:00am-5:00pm (M-F); Clothing on 9:00am-11:00am (T & W; new people supplied first, please bring a bag).	Residents of NE Washington	Food, clothing, food stamp referrals, housing and rental assistance, job counseling/development, emergency services, credit counseling, senior services.	none listed
247	none	Ms. Waters	3rd Sa of each month, 10:00am-12 noon	DC, Hyattsville, and Mt. Ranier	Distribution of nonperishable food items once a month.	none listed
248	www.nvfs.org	Mary Agee	9:00am-5:00pm (M-F)	Low income residents of Arlington and Northern Virginia	Medical care for children and adults, family and individual counseling, foster care program, and housing assistance, parental support, volunteer programs. Job-training, credit counseling and family loans.	Handicap accessible. Bilingual (Spanish/English) staff.
249	www.nwsh.org	Takeia Bradley	9:00am-5:00pm (M-F), call for appointment first.	Metropolitan area residents.	Food, educational services, and other social services	none listed
250	none	Anyone	Call for appointment.	Residents of PG County	Provides health care services for women, children, and families. Pregnancy testing, family planning, prenatal care, immunizations, WIC, Regional Access Center for Health Choice Insurance Program	Handicap accessible. Sliding-fee scale. Spanish interpreters available.
251	none	Anyone	24/7	Women and women with children who are Alexandria residents	Temporary shelter for battered women, individual and group counseling, advocacy (including court advocacy), Hispanic support group, substance abuse counseling and treatment program, 24-hour crisis hotline, follow-up services and referrals	Wheelchair accessible, translators available on request, bilingual (Spanish/English) staff; TTY/TDD
252	none	Answering service, calls answered promptly	24/7	Residents of Olney, Sandy Spring, Brinklow, Brookeville, and Ashton area	Emergency food delivered. Limited utility assistance. Prescription assistance, and rental assistance	none listed
253	www.a-span.org	Marte Birnbaum	9:00am-5:00pm (M-F); Walk-in Hours: 1:00pm-5:00pm (M-Th); Other hours by arrangement.	Homeless adults in Arlington County.	Day services, case management and employment assistance	Bilingual (Spanish/English) staff.

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254	www.our-daily-bread.org	Pam Schadt	9:00am-5:00pm (M-F)	People in need in Fairfax County	Emergency financial assistance, adult mentoring, weekly delivered groceries; special holiday programs and back-to-school program.	Handicap accessible.
255	www.ourladyqueenofpeace.org	Gene Betit	10:00am-12:00pm (M, W & F), 1:00pm-3:00pm (Th & F)	South Arlington, Alexandria	Provides bag of groceries to those in need. Emergency financial services.	Annual Thanksgiving basket provided to more than 100 needy families every year. Matt. 25 clothing "store" open Wednesday and Sunday 9:00am-12:00noon. Clothing vouchers also available.
256	none	Fleming Rice	9:00am-5:00pm (Tu-Th); 12:00pm-5:00pm (F); 11:00am-4:00pm (Sa & Su)	Mentally ill, elderly, and homeless	Laundry, showers, food stamp referrals, support programs, substance abuse and mental health referrals	none listed
257	none	Brenda Fisher	24/7	Families looking for transitional housing	Fully equipped apartment units for 90 days. Social service counseling, housing and employment referral, limited recreation programs, counseling and referral.	45 apartment units.
258	www.cmpgc.org	Rev. Edna C. Jenkins	8:30am-4:30pm (M-F)	Low income individuals and families	A revolving loan fund to prevent evictions and utility cutoffs	Handicap accessible.
259	www.peoplescongregationalchurch.org	Anyone	2nd, 3rd, & 4th (5th) Friday of every month 9:15am-11:30am	Anyone in need in DC area.	Emergency food bag and clothing	Wheelchair accessible
260	none	Sandra Ellis	9:00am-5:00pm (M-F). Food and Clothes Closet: 10:00am-3:00pm.	Ward 2, area around Walker Jones Elementary and Terrel Junior High.	Emergency food baskets, clothing room, employment and housing counselor, assistance for social service paperwork (e.g. Food Stamps, Medicaid).	Wheelchair accessible. Full service TANF vendor. One-stop training/job readiness initiative
261	www.vanguardservices.org	Mr. C.E. English El	24/7	Adult males and females 18 years of age and older	Treatment for addiction to alcohol and other drugs of abuse	Handicap accessible.
262	none	Wanda B. Johnson	10:00am-12 noon (Sa)	DC residents	Emergency food	Handicap accessible. Bilingual (Spanish/English) staff available.

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263	none	Anyone	Shelter: 24/7; Office: 8:30am-9:00pm (M-Th); 8:30am-7pm (F); 11:00am- 7:00pm (Sa & Su)	Homeless families in Prince George's County	Day shelter, night shelter, emergency food, substance abuse counseling, case management, housing placement, transportation, workshops, tutoring, job assistance, housing referrals, referrals for addictions, parenting counseling.	Bed Capacity: 88. Bilingual (Spanish/English) staff. Wheelchair accessible
264	none	Anyone	8:30am-5:00pm (Daily)	Families and single adults in Prince George's County	9-24 months stay, social services, job assistance, counseling, GED/education programs, child care, after school program	Bed Capacity: 40 units. Language interpretation on request. Wheelchair accessible.
265	www.communitycrisis.org	Anyone	24/7	Residents of Prince George's County	Referrals and placements for county shelters for individuals and families	Hotline: 1-888-731-0999
266	none	Linda Franklin, Clinic Director	Manassas: 4:30pm-9:00pm (Th); Woodbridge: 4:30pm- 9:00pm (Tu)	Persons in need of all ages in Prince William County, Manassas City, and Manassas Park	Medical and dental care, medications to those who are without means or access	none listed
267	none	Anyone	8:30am-7:00pm (M-F)	Residents of Prince William County, Manassas, and Manassas Park	HIV/AIDS education and direct services including medical care, case management, support groups, food, child care, precriptions, dental, transportation, family mentoring, parish nurse, African/American Health Program; nutritional counseling. Linkage betwe	Spanish staff available.
268	www.prsinc.org	Elisa Kosarin	9:00am-4:00pm (M-F)	Adults with serious mental illness	Helps persons living with serious mental illness in our community, return to work and to meaningful lives through skills training, residential services, and peer mentoring	none listed
269	none	Anyone	8:00am-5:00pm (F, no appointment necessary)	Arlington County residents	Call for program information. No appointment necessary.	none listed
270	none	Anyone	10:00am-2:00pm (M-F); Call first.	Northeast, near Northeast, other DC residents by referral.	Family baskets of staples and dry foods. Meals on Wheels, in the NE area. Mid-NE Collaborative Family Stabilization Project, SHARE Program	Wheelchair accessible

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271	none	Anyone	10:00am-1:00pm (MTWF). Closed Thursdays	Unrestricted for soup kitchen	Soup kitchen, shelter for pregnant women at same location for no charge	none listed
272	www.rachaels.org	Dawn E. Swan	7:00am-4:00pm (MWHF), 7am-3pm (T), 9:00am- 3:00pm (Sa), 8:00am-4:00pm (Holidays); NA meetings 10:00am (M-Sa)	Women over 18	Day shelter, breakfast, lunch, crisis counseling, case management, street outreach, referrals, support and education group. Legal clinic, 12-Step program, showers and laundry facilities	Bilingual (Spanish/English) staff
273	none	Mary Jane Smith	Nov 1-Mar 31: 7:00pm- 7:00am (Daily)	Homeless women who may be substance abusers and/or mentally ill	Winter Emergency Shelter, Nov. 1- March 31	Bed Capacity: 25
274	none	Elaine Webb	9:00am-5:00pm (M-F)	Ward 8, Congress Heights, Washington Highlands	Emergency food, counseling, referrals, employment referrals, social services, crisis intervention, and other services.	Wheelchair accessible
275	none	Rev. Samuel L. McPherson, Sr.	7:00pm-7:00am (Daily). Social worker on site 9:00am- 5:00pm (M-F)	Homeless men	Clothing and emergency shelter, dinner provided, referral for food stamps, employment and drug/alcohol abuse referrals, pre-GED program, substance abuse services, certified addictions counselor on site, referral mental health counseling	none listed
276	none	Anyone	9:00am-5:00pm (M-F)	Substance abusers	Residential facilities for substance abusers, inpatient HIV and substance abuse services	Wheelchair accessible
277	none	Evelyn Williams	Call for appointment and information	Anyone in need	Emergency food referrals, clothing, counseling, prayer line	none listed

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278	www.rebuildingtogetherd c.org	Janice Stango, Executive Director	10:00am-5:00pm (M-F)	Low-income homeowners living in the District (especially the elderly and the disabled).	Free interior and exterior home repair and handicap accessibility modifications (such as grab bars and wheelchair ramps). Some families with children. Non-perishable food bank (food stuffs delivered to those in need).	Build wheelchair ramps for the handicap, install grab bars; repair roofs, plumbing, electricity, drywall, etc.
279	none	Anyone. For clothing, call: 301-699-3559	Food: 12 noon-3pm (W); Clothes: 12 noon-3pm (W), 10am-2pm (Sa)	Anyone in need	Free food and clothing	Wheelchair accessible. Bilingual (Spanish/English) staff.
280	www.servintfree.net/~R YS	Anyone, LIFT office: 703- 768-9217	Main office: 9:00am-5:00pm (M-F). LIFT office: 9:00am- 5:00pm (M-F)	Homeless youth	Transitional living assistance, outreach services and clinical services for homeless, at risk young adults ages 17-21 for up to 18 months.	Bed Capacity: 10. Bilingual (Spanish/English) staff
281	www.restoninterfaith.org	Ellie Moody	Food: 9:00am-4:30pm (M, W, Th & F), 9:00am-7:00pm (Tu, service until 6:30pm)	Residents of Northwestern Fairfax County	Emergency food, clothing referrals, financial assistance, affordable and transitional housing programs, counseling, domestic violence services, holiday assistance including gifts and food baskets, children's seasonal clothing and back-to-school supplies,	Wheelchair accessible, sign language and Spanish speaking interpreters on premises
282	none	Anyone	10:00am-2:00pm (W & F)	Shaw area residents (above Q Street).	3 day emergency food bag, clothing, and client advocacy.	none listed
283	none	Answering service, calls answered promptly	8:00am-8:00pm (M-Su); call on weekdays	Anyone in need, especially families and elderly residents in the city limits of Rockville.	Emergency food, financial help (M-F 9:00am- 5:00pm), prescriptions, help with water/rent bills and other assistance	none listed
284	none	Gene Culbertson	12 noon-1:00pm (M-F)	Anyone in need	Homeless outreach	none listed
285	www.st-albans-parish.org	Anyone	Call for hours	DC residents who are 60 or older. Some geographic restrictions; call for information	Lunches, social services, transportation services, educational services, information, and referral, adult day care, health promotion, flu shots, fitness classes, computer classes	none listed

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286	www.saint-anns.com	Lisa Boyle	Emergency (24/7); Non-emergency (9:00am-5:00pm)	Pregnant and parenting adolescents, children 2 days old to 8 years	Residential, day care, educational services	Wheelchair accessible, some bilingual (Spanish/English) capability. TDD 301-559-1119
287	none	Anyone	3rd W of each month, 10:00am-12 noon	Anyone in need	Emergency food packages	Only 50 food packages available each month
288	none	Eileen Bolen or Anne Tunney	8:30am-3:30pm (M-F); 9:00am-12 noon (Sat)	Eastern Prince William County (Dumfries, Woodbridge, and Triangle)	Free computer classes, weekly health van, emergency financial assistance, weekly food bank	none listed
289	none	Anyone	10:00am-5:00pm (W)	Anyone in need	Free clothing for men, women, and children	none listed
290	www.stmartinsweb.com	Adriana Ferpozzi	10:00am-11:00am (M)	Anyone in the Gaithersburg area	Emergency food referrals	none listed
291	none	Michele Mullins	Call for hours	Seniors over 60	Lunches, social services, transportation services, educational services, information, and referral, adult day care, health promotion, flu shots, fitness classes, computer classes	none listed
292	none	Melanie Gardiner	8:00am-4:00pm (M, T, W, Th)	Anyone with a health care need.	Primary medical services, nursing, laboratory, referrals, HIV/AIDS service and dental.	Sliding fee scale, Medicare, Medicaid, other insurance, Priority Partners. Wheelchair accessible.
293	none	Leslye Wooley/Peter Shenck, Outreach Coordinator	7 day a week, approximately 6:30pm-9pm	Street homeless	Salvation Army van transports volunteers to distribute food to the homeless on the streets of NW Washington. Stops at several different locations (call for information).	Homeless outreach and case management.
294	none	Mr. Walter Askew, Clinical Director	Call for hours	Homeless or low-income residents of DC who would like treatment for their drug addictions	6-month co-ed. Residential rehabilitation for homeless, low-income DC residents. Substance abuse counseling, relapse prevention, job preparation/training, case management	none listed
295	none	Donn Northup, Program Director	8:00am-4:00pm (M-F)	Males, ages 30-55	This is a 9-month residential program that incorporates classroom education, counseling, and work therapy into a Bible-based, Christ-centered foundation for the individual's rehabilitation and regeneration.	Bed Capacity: 150

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296	www.salvationarmydcmetro.org	Kim Gillespie, Dir. Of Emergency Assistance	Helpline: 8:45am-11:55am (M-F); Appointments: 1:00pm-4:00pm (M-F)	Eligible District residents	Food assistance, rental assistance, clothing, heat assistance, birth certificates, non-driver's ID and burial assistance.	none listed
297	none	Betty Waites OR Frances Augustine	9:00am-4:00pm (M-F); Bag Lunch Program: 11:30am-12 noon (M-F)	Primarily families in Alexandria and the Rt. 1 Fairfax area	Food (canned goods) for families AND social services. Clothing room open on Thursdays 10:00am-12:00noon, then 1:00pm-3:00pm (must have ID and come referred from Family Services or another agency). Transitional housing program: apartments available to fa	none listed
298	none	Anyone	9:00am- 12 noon, then 1:00pm-4:00pm (M-F)	Families, elderly, and other Arlington County residents in need.	Emergency food assistance, rental and utilities assistance, clothing, social services	Bilingual (Spanish/English) staff. Wheelchair accessible
299	none	Judith Morsberger	9:00am-4:00pm (M-F)	Residents of Fairfax County	Emergency food; rent, utility, furniture (must have a referral); social services; clothing	Handicap accessible
300	none	Judy Costello, Director of Social Services	8:30am-5:00pm (M-F)	Anyone in need in Montgomery County	Assists with court evictions, utility disconnections, Washington Area Fuel Fund, Washington Suburban Sanitary Commission (WSSC water funding), Thanksgiving and Christmas assistance. Food and clothing referrals, food pantry on site	Handicap accessible. Spanish speaking staff available. Pastoral counseling when needed.
301	none	Renee Y. Dawson	9:00am-12 noon, then 1:00pm-4:00pm (M-F)	Residents of PG County only	Emergency food assistance, seasonal utility assistance, clothing when available, spiritual counseling by pastor, furniture to fire victims when available, Christmas and Thanksgiving assistance	Handicap accessible
302	www.salvationarmypwva@att.net	Maria Vega	9:00am-12 noon, then 1:00pm-4:00pm (M-F)	Residents of Prince William County	Limited food and clothing supply; emergency financial assistance, ESOL program (free of charge) during the school year.	Church, counseling, youth activities (Mon & Tues), adult activities (Thurs)
303	none	Anyone	12 noon-1:00pm (M, W & F)	Anyone	Free lunch served	none listed
304	none	Capt. Mark Banks	Breakfast: 7:00am-8:00am; Dinner: 5:45pm (M, Tu & F) until all are fed	Anyone in need	Hot meals & day care program.	none listed

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305	www.salvationarmydcmetro.org	Pam Lieber	Office: 8:30am-4:30pm (M-F)	Homeless women with children	Transitional housing, intensive case management, job preparation, housing counseling	none listed
306	www.samaritaninns.org	Anyone	Office Hours: 8:30am-5:00pm (M-F)	Homeless and addicted men and women, 18 and older, who have chosen recovery	3-phase continuum: 28-day Intensive Recovery; substance abuse counseling	"12 Step" recovery program for homeless and addicted men and women
307	www.samaritanministry.com	Anyone	9:00am-1:00pm (Daily)	Open to all people wanting to take next steps	Social Services and Employment Services ("next steps")	none listed
308	www.samaritanministry.com	Chris Norman	9:00am-1:00pm (Daily)	Open to all people wanting to take next steps		none listed
309	www.samaritanministry.com	Anyone	9:00am-1:00pm (Daily)	Open to all people wanting to take next steps	Social Services and Employment Services ("next steps")	none listed
310	none	Staff (hotline 202-547-7777)	24/7	Troubled, runaway, and homeless teenagers (ages 12-17).	Shelter, social services, individual and family counseling, job assistance, tutoring, transitional living program for older homeless adolescents, clothing. Reunites families whenever possible, or works to find a stable living situation. Will pick up you	Bed capacity: 10.
311	none	Vera Johnson or any staff	9am-5:30pm (M-F)	Troubled, runaway, and homeless teenagers (ages 11-24).	Shelter, social services, individual and family counseling, job assistance, tutoring, transitional living program for older homeless adolescents, clothing. Reunites families whenever possible, or works to find a stable living situation. Will pick up you	Bed capacity: 10. Bilingual (Spanish/English) staff.
312	none	Anyone	24/7	Teens	Temporary crisis shelter for teens, individual, group, and family counseling for residents; in-house school, 24-hour hotline; aftercare and supportive services, also provides services to non-resident youth and families	Bilingual (Spanish/English) staff

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313	www.sccds.net	Anyone	8:30am-4:30pm (M-F)	DC residents 60 years old or older	3 day emergency food package, meals served daily, homebound meals for seven days, clothing. Pastoral, legal, emotional counseling. Social services, weekly trips, exercise program and fitness, foster grandparent program, geriatric and Alzheimer's adult d	Geriatric and Alzheimer's Medically supervised adult day treatment program. Wheelchair accessible. Bilingual (Spanish/English) staff.
314	www.seniorconnection.m c.org	Sue Dollins	9:00am-4:00pm (M-F)	62 years and above, living in lower Montgomery County.	Transportation (escorted), shopping assistance, friendly visitation.	none listed
315	www.serveinc.org	Anyone	24/7	Priority for families and individuals from Western Prince William County, Manassas City, or Manassas Park; will take singles for short periods if space is available	Emergency shelter, food, clothing, household items, counseling, employment counseling, referrals to other agencies; rental, job, and emergency financial assistance.	Bed Capacity: 60. Wheelchair accessible.
316	www.alexwomen.com	Anyone	24/7	Alexandria city residents, or those assaulted in Alexandria city. Support groups available to all.	24-hour sexual assault hotline, short-term individual counseling for survivors of sexual assault and childhood sexual abuse, support groups, self-defense classes	No fee. Suggested donations for support groups for non-residents. Bilingual (Spanish/English) staff. All languages available through AT&T language line
317	none	Ermy Norris OR Nell Alexander	9:00am-3:00pm (M-F; as well as 2nd & 4th Sat) NOTE: After January 2003 hours of operation change to: 10:00am-2:00pm	Children, youth, and families in need	Food & clothing assistance	none listed
318	none	Anyone	9:00am-5:00pm (M-Su)	Anyone in need in McLean (22101), Great Falls (22066), and part of Falls Church (22043).	Food, clothing, partial rental assistance, furniture; transportation in McLean for medical and social service appointments. Distribute food to clients during Thanksgiving and Christmas	Gifts during Christmas. Wheelchair accessible
319	none	Anyone	9:00am-5:00pm (M-F)	Bowie residents in need	Non-perishable food	Wheelchair accessible.
320	www.shelterhouse.org	Jewell Mikula, Executive Director	24/7	Families with children (including pregnant women) in Fairfax County	Shelter, meals, counseling, life skills training; medical, job, and emergency financial assistance, social services, clothing, funds for transportation	Bed Capacity: 40. Bilingual (Spanish/English) staff. Wheelchair accessible.

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321	www.shepherdstable.org	Anyone	Daily, line up at 5:30pm; 6:00pm-7:30pm (clothes and counseling); W, line up 9:30am, (lunch and counseling from 10am-12noon; Sa, line up 9:30am, (showers and clothes 10am-12 noon); M's (except holidays) Mobile Medical 7pm-9pm	Primarily residents of lower Montgomery County	Hot meals, clothing, showers, counseling, Mobile Medical, psychiatric, mental health, legal counseling, veterans outreach, eye clinic	Wheelchair accessible. Mondays: Medical Resources available at 6:00pm
322	www.shilohbaptist.org	Rev. Robert Felton	10:00am-4:00pm (M-F)	Metropolitan community	Counseling, rental/food referral, financial assistance, crisis intervention	Wheelchair accessible. Interpreters for the hearing impaired.
323	none	Answering service, calls answered promptly	9:00am-1:00pm (M-F)	Anyone in need in lower Silver Spring, Takoma Park, Wheaton areas	Food, furniture and clothing referrals, limited financial assistance to prevent eviction, utility cutoffs, and for prescriptions.	none listed
324	www.slmpregnancy.org	Carol Brandt	10:00am-7:00pm (M-Th); 9:00am-2:00pm (F); 9:00am-12 noon (Sa)	Women who are pregnant, or think they might be	Free pregnancy testing, counseling, post-abortion counseling, baby items, maternity clothes, etc.; community referrals, educational materials	Hispanic counselors available.
325	www.some.org	Natasha Brown, Program Coordinator	8:00am-6:00pm (M-F)	Single persons, 18 or older	Single room occupancy housing	none listed
326	www.some.org	Anthony Thomas	Breakfast: 7:30am-8:30am; Lunch: 11:30am-1:00pm (M-Su); Lawyer: 1:00pm (F) (no appointment needed)	Homeless	Hot meals twice daily, free clothing (Tu-Fr), showers, dentist, dental and medical clinic (M-F), alcohol and substance abuse counseling/programs, job and legal assistance, and other social services.	Wheelchair accessible.
327	none	Michelle Greene	8:00am-4:30pm (M-F)	Homeless	Comprehensive primary healthcare	Podiatry, ophthalmology, x-ray, HIV counseling (pre- and post-testing)
328	none	Agnes Saenz	6:00pm-8:00am (Daily)	Homeless women who may be substance abusers and/or mentally ill	Emergency housing, meals, tokens, and case management, laundry and shower privileges.	Bed Capacity: 28
329	www.swhouse.org	David S. Brewer, Executive Director	9:00am-5:30pm (M-F)	Anyone in need in the near SW area of Washington	Counseling, emergency food, clothing, and other social services; employment, GED, day care program	ABE/GED education program, after-school tutorial program, daycare

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330	www.swhouse.org	Loretta Barksdale	9:00am-4:00pm (M-F)	Senior Citizens	Food and clothing distribution; budget counseling, consumer education, job assistance, food stamps certification and GED program.	Wheelchair accessible
331	www.centrocatholicohispano.org	Cordinator	8:30am-5pm (M-F) Call for appointment	Primarily low-income Hispanics who are residents of DC, uninsured	Medical and dental services, social, immigration and employment services, food distribution	Bilingual (Spanish/English) staff
332	none	Anyone	8:30am-5pm (M-F)	MD residents with no insurance	Internal medicine, pediatrics, social services, job and legal assistance, clothing, counseling; doctors provided for adults and children.	General donation of \$10, plus cost of lab tests. Bilingual (Spanish/English) staff. Call for appointment
333	none	Any intake worker	8:30am-5:00pm (M-F)	Will help anyone in need, Primarily serving Hispanic (newly arrived immigrants, pregnant women, families) residents of Montgomery County	Emergency food, immigration, social service referrals	none listed
334	www.stepsingstonesshelte r.org	Tina McKendree	24/7	Homeless families.	Emergency shelter, meals, clothing, case management services, and supportive services	Bed Capacity: Up to 6 families
335	www.cmpgc.org	Rev. Edna Jenkins	24/7	Homeless and at-risk individuals and families	Transitional housing in a supportive environment; on-going case management	none listed
336	none	MaryAnn Zuckerman	Sunday locations: 4th @ K Streets, NW (6:30pm-7:45pm). 9th & N, NW (7:50pm-9pm)	Homeless	Hot meals, clothes, blankets, conversation, friendship	none listed
337	none	Mable Lockett	9:00am-5:00pm (M-F)	Residents of PG County	Clothing, food, and Christian counseling	none listed

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338	www.tacts.org	Solange Beaumard	Office: 8am-4pm; Shelter: 24/7	Women and their families.	Shelter. Intensive case management, children's services, transportation assistance, SA/MH services, links to DIIS, employment assistance	Bilingual (Spanish/English) staff. Bed Capacity: 16
339	www.tahirih.org	Layli Miller-Muro	9:00am-5:00pm (M-F)	TJC provides pro bono legal services to immigrant and refugee women fleeing from human rights abuses. Clients face various forms of violence including female genital mutilation, domestic violence, trafficking, forced marriage, etc.	Legal services--primarily immigration law-related.	TJC caters to immigrant communities from Africa, Middle East and Asia.
340	none	Anyone	9:00am-4:00pm (M-F); 6:00pm-9:00pm (W)	Residents of Montgomery County	Provides information on government and community programs and resources. Referrals for food, clothing, dental clinic, eye clinic. Provides assistance in problem-solving, letter-writing, filling out forms/applications. Interpretation/translation service	Bilingual (Spanish/English) staff.
341	www.catholiccharitiesdc.org	Robert Walker	24/7	Homeless men in Prince George's County (18 and older)	Transitional housing and shelter, meals, case management, job assistance, counseling, transportation, education services, substance abuse referrals, employment assistance, and housing placement assistance.	Wheelchair accessible
342	none	Veronica L. Roth	9:00am-5:00pm (M-F)	Homeless women and their children	Shared living environment for up to 12 families for a period not to exceed 24 months. Mothers are to work on education, vocational, and family goals to assure self-sufficiency in independent permanent housing	Handicap accessible. Bilingual (Spanish/English) staff available.
343	www.uniontemple.com	Anthony McCants	10:00am-3:00pm (Sa)	Ward 6, 7, and 8 in Washington, DC	Mobile and stationary feeding programs, clothing distribution, counseling, and referral services	none listed

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344	www.charityadvantage.com/ucap/	Anyone	8:30am-8:00pm (M-Th); 8:30am-5:30pm (F). Food Pantry: 11:30am-4:30pm (M- Th) & 8:00am-4:30pm (F)	Residents of PG County only	Housing services, mortgage assistance, rental assistance, senior citizens program, employment assistance, computer training, GED, basic adult education, food pantry, youth programs, utility assistance and employment services.	Wheelchair accessible. TTY/TDD available.
345	www.mtvernon.net/ucm/	Emergency service worker	9:00am-12 noon, then 1:30pm-5:45pm (M-F)	Fairfax County residents of Route 1 Corridor (from the Beltway, to Backlick Road, to the Potomac River, to Telegraph Road).	Food, clothing, financial and advocacy assistance with housing and utilities, referrals. Furniture, job assistance, day care for children, legal clinics. Transportation for medical services and Spanish language interpretation	Wheelchair accessible. Multilingual (Spanish/English/Polish/Russian/Portuguese) staff.
346	none	Anyone	Project Office: 9:00am- 5:00pm (M-F); Call for hours and information about the sites listed below. On-site clinic hours: 8:00am-5:00pm (MTHF); 10:30am-7:30pm (W)	Homeless, under-insured and medically underserved persons in DC	Medical clinics at Federal City Shelter, Christ House (Mobile Outreach Van), House of Ruth, Emry Shelter, Upper Cardozo Clinic, Bethlehem Clinic, Woodland Terrace Clinic, HIV Day Center, Central Union Mission, Blair Shelter, East of the River Clinic, Fri	Sliding fee for working patients. Wheelchair accessible. Bilingual (Spanish/English) staff
347	none	Anyone	8:30am-5:00pm (M, T, Th & F); 11:00am-7:30pm (W)	DC residents	Ambulatory primary health care, adult medicine, pediatrics, obstetrics, gynecology, surgical consultation, cardiology, and family therapy	Wheelchair accessible. Bilingual (Spanish/English) staff.
348	www.unityhealthcare.org	Pam Hodge	Call for appointment and schedule of services	District residents	A wide variety of health care services. Call for further information.	Sliding fee scale. No District resident will be turned away because of inability to pay.
349	www.unityhealthcare.org	Anyone	8:15am-4:45pm (M-F)	District residents	A wide variety of health care services. Call for further information	Sliding fee scale. No District resident will be turned away because of inability to pay.
350	none	Anyone	Call for appointment and schedule of services	District residents	A wide variety of health care services. Call for further information	Sliding fee scale. No District resident will be turned away because of inability to pay.

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351	www.unityhealthcare.org	Anyone	Call for information.		Pharmacy Services, WIC Centers and Dentistry Offered.	Sliding fee for working patients. Wheelchair accessible. Bilingual (Spanish/English) staff
352	www.usometrodc.org	Anyone	9:00am-5:00pm (M-F)	Active duty military families	Emergency food assistance and emergency housing (temporary)	Wheelchair accessible.
353	none	Anyone	24/7	Single adults, 18 and over	24 hour shelter with meals, social services, clothing, public health nurse, mental health counseling, substance abuse counseling, adult education classes, aftercare program	Bed Capacity: 50
354	www.volunteersofamerica chesapeake.org	Andre Brown	24/7	Homeless women and children	3 meals and a bed, basic case management services, job development and placement, mental health and medical services.	Handicap accessible.
355	none	Vandy Kennedy	10:00am-4:00pm (M-F); Pantry: 10:00am-2:00pm (Th)	Residents of PG County	Share Program, Emergency Food Pantry, NA/AA counseling and support, Day Care Center, after school program	Handicap accessible.
356	none	Suzanne Kenney	9:00am-5:00pm (M, T, Th & F); 10:00am-6:00pm (W)	Anyone with a health care need.	Primary medical services, nursing, laboratory, referrals, HIV/AIDS service	Bilingual staff. Sliding fee scale, Medicare, Medicaid, other insurance, Priority Partners. Wheelchair accessible
357	www.unityhealthcare.org	Anyone	8:15am-4:45pm (M-F)	Any resident of the District	A variety of health care services	Sliding fee scale. No District resident will be turned away because of inability to pay.
358	www.cmpgc.org	Yvette M. Rawley, Director of Ministry Crisis	7:00pm-7:00am (Daily), Nov 1-April 1; MAIN OFFICE HRS: 8:30am-4:30pm	Homeless individuals and families	Shelter, evening meal, morning meal, mental health counseling, health assessment, employment screening and referral	none listed
359	http://home.earthlink.net/~cobnutritionprogram/	Alvin Mason	12:00pm-1:30pm (M-F)	Anyone in need	Hot meal, legal services (Wednesday's at 12:15pm), Assistance in entering job orientation and training and substance abuse rehabilitation program, Medical Assistance (nurse consultations help Thursday's at 12:00pm)	Office is wheelchair accessible. We can also be a mailing address for the homeless.
360	www.wfclinic.org	Anyone	General Clinic: 2:30pm-7:30pm (T-Th); Prenatal Clinic: W, 5pm-9pm; HIV Testing: 7:00pm-9:30pm (M); Prenatal and Pediatrics: 9:00am-12 noon (F)	Adults without insurance	General medical care, prenatal care, pediatrics, gynecology, family planning, HIV testing services, case management	No fees, donations accepted. Bilingual (Spanish/English) staff

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361	none	Robert Bartlet	24 hr. emergency, 24hr. Inpatient supervision.	Anyone with insurance (may be Medicare or Medicaid).	Psychiatric services provided for in-patient clients.	Handicap accessible. Translator services available.
362	www.whcenter.org	Soraya Chavez, MS	8:00am-5:00pm (M, W & Th); 8:00am-3:00pm (Tu, F, Sa & Su)	Anyone with insurance (may be Medicare or Medicaid).	Outpatient psychiatric services provided: chemical dependency/ dual diagnosis, partial hospitalization, intensive outpatient follow-up	none listed
363	www.legalclinic.org	Anyone	9:00am-5:30pm (M-F)	Homeless/at-risk individuals and families	Free legal assistance in matters including, but not limited to: public entitlements (TANF, food stamps, etc.); shelter issues, landlord/tenant issues, accessing housing benefits, etc. Clients referred to an intake site. Sites and hours vary. Call first	Bilingual (Spanish/English) staff.
364	www.gwlags.org	Anyone	9:00am-5:00pm (M-F); Meals served in 23 locations; 10:00am-2:00pm (M-F)	Elderly, age 60 and over in Wards 2 and 5	Delivery of meals to homebound; lunch served at various locations, activities; referrals; counseling; social services, case management services, transportation, health education, recreational programs, legal aid. Also in operation are a center for the ho	Wheelchair accessible
365	www.wfcm.org	Dorothy Fonow, E.D.	9:00am-3:00pm (M-F)	Persons in need in the Centreville, Chantilly, Clifton, and Fairfax (22033) areas	Food needs, rental payments, utility bills, medical bills, transportation, clothing; call about upcoming case management program!	Bilingual staff. Volunteers from 29 area churches address needs which are referred from churches and other organizations such as DHS of Fairfax County. Kids in Crisis-financial assistance to families of children who are suffering from catastrophic illne
366	www.wwc.org	Anyone	9:00am-5:00pm (M-F). HIV/STD testing 10:00am-4:00pm (M-F).	Persons affected by AIDS/HIV in the metropolitan area.	Comprehensive services for people living with HIV/AIDS. Testing and accompanying counseling. Primary medical and dental care, pharmacy, psycho-social support, day treatment, nutritional counseling, food bank, legal support, mental health and addition to	Sliding fee scale. Insurance, Medicare, Medicaid accepted. Uninsured or underinsured individuals may still access services. No one is turned away because of an inability to pay for services. Bilingual (Spanish/English) staff. Translation services ava
367	www.pwcgov.org	Pat Johanson or Connie Ross (703-897-0199, after 7pm)	Nov 1-Mar 31, 7:00pm-7:00am (M-F)	Single men and women, couples	Shelter, dinner, breakfast, showers, mental health referrals	none listed

	<u>Web address</u>	<u>Contact person</u>	<u>Hours</u>	<u>Population</u>	<u>Services</u>	<u>Specialized Services</u>
368	www.thewomenscenter.org	Jessica Polson	9:00am-8:00pm (M-Th), 9:00am-5:00pm (F), 9:00pm-4:00pm (Sa)	Women, men and their families in need of psychological, financial, legal and professional help.	Immediate and affordable counseling and education for financial, legal, psychological and professional needs through workshops, support/therapy groups and resources.	For more information about The Women's Center and its services in Spanish, please call: 703-281-2657 xt 300.
369	www.bigfoot.com/~wumco	Anyone	9:00am-5:00pm (M-F)	Anyone in zip code areas of Pooleville, Dickerson, Boyds, Barnesville, Beallsville	Emergency food, transportation, emergency financial assistance with medical expenses, rent and utility bills, and child care expenses	Wheelchair accessible.
370	none	Anyone	9:30am-11:30am (M-Sa)	Anyone in need	Hot meals	Facility is not wheelchair accessible, but staff will take meal upstairs to wheelchair guests.

<u>Restrictions</u>
Proof of eligibility for DHS program (e.g. food stamps) required
Referrals from CHANGE, Inc. required
Call ahead for information about tutoring program. All are welcome. We expect those who attend to comply with the guidelines and respect those in charge of the program.
Referral required after second visit.
Referrals required from an other agency: DHS, Hispanic Services, Fairfax hospital, etc.
ID required for food only. Referrals preferred, but not required. No restrictions on clothing.
ID required
Must be a DC resident at least 18 years of age
Must present proper documentation and identification (i.e. DD214); at least 6 months needed for SRO, and prefer referral for transitional program for at least 30 days.

<u>Restrictions</u>
No restrictions mentioned.
Referrals not required
Must be a verifiable homeless PG County resident with an addiction problem, and be motivated to seek treatment. Referrals accepted only from counselors, case managers, shelter providers, or other social service providers knowledgeable about referral
Referrals not required. Proof of majority (age 18 or 19) may be requested to determine need for parental consent
No restrictions mentioned
Appointment NEEDED for all services; ID must be presented for all interviews; for financial assistance proof of residence and of income is required.

<u>Restrictions</u>
Must undergo an application process
Referrals required
Referrals not required. Proof of residency and proof of income may be required depending on program
No walk-ins. Referrals required from public/private agencies or congregations.
Must be 16-21 years old for community-based program.
Referrals not required. Must receive parental/guardian permission within 24 hours of arrival. Maximum stay: 2 weeks

<u>Restrictions</u>
Must live in Chapter service area: DC, Alexandria, Arlington, Fauquier, Fairfax, King George, Loudoun, Prince William, Stafford, Warren, Rappahannock, Clarke, and Frederick counties in VA; Montgomery, Prince George, Charles, Calvert, and St. Mary's counti
Referral from other social service agencies preferred, but not required. However, to receive USDA commodities, all recipients will be required to submit proof of income, picture ID, complete a Certification Application, and a Household Distribution Repor
Proof of residency required for disaster services
Proof of residency required for disaster services.
Proof of residency required for disaster services
Call for further information
Referrals from DHS or other organizations are preferred. Proof of residency and ID required

<u>Restrictions</u>
Referral from other social agency required. Agency must call prior to sending client
No restrictions mentioned
PG County residents only
Referrals not required. Proof of residency and proof of income may be required depending on program
Referrals from congregations and/or human service agencies required
Must be able and willing to work. No single men. Referrals not required.
No restrictions mentioned
Referrals not required. Must reside in Arlington

<u>Restrictions</u>
Must have referral from DHS, church or other community agency and be scheduled for a time to pick up food
Patients must be Arlington County residents, must be low-income and without any health insurance. Proof of residency and financial situation required; call for details. All clinic visits are by appointment only and must have been in the U.S. for at least
For maternity, child health clinics and social services, proof of residency is required. For HIV counseling, STD counseling, and other counseling options, no residency requirements must be met
Referrals from DHS, Arlington Residential Program Center (RPC), or The Arlington Community Temporary Shelter (TACTS *see TACTS listed in this directory) required
Referrals not required. Need a valid military ID card or DOD civilian ID card.
Referrals from congregations or community agencies preferred. Military ID required.

<u>Restrictions</u>
No referrals needed for clothing. Referrals from other agencies preferred for food; ID and proof of residency required.
No legal consultations are given over the phone. Immigration consultations are given through AYUDA's walk-in clinic, held M&Th at 9am. We only admit the first 25.
Referrals not required
Referrals are not required. Services, hours, and restrictions may vary by site
Referrals not required. ID required
No referrals required
ID required. Contributions to household expenses will be worked out with each client
Referrals not required.

<u>Restrictions</u>
Small programs, infrequent openings, and application process. Transitional housing only.
No restrictions mentioned
No referrals required
Emergency food with referrals
Must be drug-free, and referred by appropriate agency, and be willing to participate in educational programs (2 year).
Referrals from other agencies preferred especially if from outside the Bowie area. ID and proof of residency required.
No restrictions mentioned
Must be a resident of Northern Virginia

<u>Restrictions</u>
No restrictions mentioned
No restrictions mentioned
Referrals not required. Picture ID and proof of residency required
Referrals not required. Wait list begins at 7pm.
Women and men only. Must have ID
Must provide food in the form of prepared meals or packages at no cost to low-income individuals
Must be a 501c3 agency providing meals and food. Must provide food in the form of prepared meals or packages at no cost to low-income individuals
Families must live in DC and come referred by the Virginia Williams Family Resource Center
Referrals through Alexandria Department of Social Services
No referrals required

<u>Restrictions</u>
Referrals from congregations or social service agencies required.
Referrals not required
Referrals required from Montgomery County Government. ID and proof of residency required
Serving Calvert, Charles, and St. Mary's Counties. No male children over the age of 16.
Appointments are needed for all services, referrals from other agencies preferred. Proof of Ward 5 residency required for FEMA financial assistance.
Written referrals required for prescriptions
Referrals not required; must be a county resident. Please call for appointment.
Referrals appreciated. Proof of residency and photo ID required.

<u>Restrictions</u>
No restrictions mentioned
Resident has priority. Referral required from other agencies or organizations
Referrals are not required, intakes done by CMHS Intake coordinator, fees based on sliding scale, insurance policies accepted.
Shelter for men only.
Referrals from social service agencies or congregations preferred. ID required.
Referrals from social service agencies, Red Cross, area congregations and DC General required. ID required. Agency must call prior to visit.
No restrictions mentioned

<u>Restrictions</u>
Must be actively participating in recovery treatment
Photo ID required. Referrals not required. Proof of residency required.
No restrictions mentioned
Referrals from social service agencies, congregations, or police preferred.
Medical referrals from caseworker or other medical personnel required. Patients need to be mobile
Referrals not required
All referrals come from sponsoring agencies. 24 months transitional housing to homeless families and individuals in our 45 sites. Must display a high level of motivation; must be employed
No restrictions mentioned
No restrictions mentioned

<u>Restrictions</u>
City of Falls Church residents.
Referrals not required. Call for an appointment.
No restrictions mentioned
Referrals not required
Referrals not required. Must schedule appointment with social worker to determine eligibility. We do not take walk-in emergency cases unless they are patients.
No restrictions mentioned
Referrals not required. Appointments only.
Appointments only

<u>Restrictions</u>
Referrals by social worker required for case management
Single adults only.
Referrals preferred. Advance appointment is necessary. Proof of residency required for payment of rent and utility bills in specified population area.
Referrals not required, but call for information on intake
Referrals not required
Emergency shelter: must agree to work with case manager; Transitional shelter: must attend a treatment program; Permanent housing: Must be a disabled homeless person.
No restrictions mentioned
Community Partnership referrals required for housing

<u>Restrictions</u>
No restrictions mentioned
PG County residents
No restrictions mentioned
No restrictions mentioned
Referrals preferred from agency or individual who can substantiate need.
No restrictions mentioned
Arlington County residents only
Montgomery County residents only
Referrals by Samaritan Ministry or Community Council for the Homeless at Friendship Place only

<u>Restrictions</u>
Referrals not required. Proof of residency required
Referrals not required. Proof of residency verified unless referred by Montgomery County DHS
Referrals preferred from social workers.
Referrals not required for David's Place
Photo ID required
No restrictions mentioned
Referrals preferred.
Substance abuse must be primary diagnosis; dually diagnosed clients must be stable, on medication at time of admission

<u>Restrictions</u>
Please make an appointment.
No restrictions mentioned.
Women and children only.
Referrals not required. No TV, no violence
Must be 18 years or older and a Montgomery County resident. Not an emergency shelter: walk-ins and self-referrals are not accepted. Referrals from Montgomery Crisis Center: 301- 315-4000
Referrals required. By appointment only. Proof of residency required
No restrictions mentioned
Referrals preferred from congregations or human service agencies but not required. Proof of residency and ID required
No restrictions mentioned

<u>Restrictions</u>
Referrals preferred from agencies which can vouch for the person's being an ex-offender, no court cases pending.
Referrals required from Fairfax County for families in need of shelter.
If you require more than services twice a month, you must schedule an interview.
Adults only, no alcohol, drugs, or weapons. Weather-dependent November and March.
No restrictions mentioned
No restrictions mentioned
Referrals not required

<u>Restrictions</u>
Varies by program
Referrals not required. Client must call first
Referrals required from Fairfax County DHS
Transitional housing for homeless families only
Referrals not required. Intent to establish residency required
Referrals must come through hotline: 301-864-7140; call for an appointment.
Referrals from social workers, caseworkers, or providers preferred.

<u>Restrictions</u>
Referrals welcomed, but not required. Proof of residency required for food assistance.
Referrals not required. ID for all children in household, and proof of current MD housing required. Food can be obtained twice each calendar month.
No restrictions mentioned
Referrals not required.
Referrals not required. One photo ID, ID for all children in household, and proof of current MD housing required. Food can be obtained twice each calendar month
Referrals not required. Proof of residency and proof of income may be required depending on program.

<u>Restrictions</u>
Must be a resident of DC and provide proof of residence and a picture ID. Referrals from other agencies or congregations preferred. Must show proof of eligibility for aid and have own cooking facility.
Referrals preferred.
Referrals from social workers required. ID and proof of residency in the US required (yellow or green card).
Call-ins or referrals required.
Referral needed for emergency food
Shelter: Families w/ children & adults w/ physical disabilities.
Referrals not required
Referrals not required. Interviews required.
Must be on probation or parole. No violent or assaultive history. Must be able to work 40 hours per week

<u>Restrictions</u>
Referrals from social service agencies preferred. ID and proof of residency required. Advance calls encouraged.
Referrals not required, must be 25-55 years old and not pregnant
Gaithersburg residents only
Referrals preferred. Please phone in ahead. Current photo ID and Social Security information required. No transportation services are available.
Shelter requires screening
No restrictions mentioned
No restrictions mentioned
Shelter is reserved for Samaritan's overnight guests. \$3 donation required-work available to make \$3.
Referrals not required
Access is limited to once per month unless a written referral is received for additional help from social services, congregations, or other services agencies. Proof of address is required

<u>Restrictions</u>
Referrals not required
Some fees for services.
Referrals from officers of the courts, counselors, or social workers required.
Women must do an intake at Bethany Women's Center, and must attend AA/NA meetings at Luther Place to be considered
Referrals not required, however we provide services for Wards 5 and 6, including homeless and/or pregnant women and teens from anywhere in the DC area
No restrictions mentioned
Single adults only; Referrals from APRA only.
Must come referred (no walk-ins). ID required.

<u>Restrictions</u>
No restrictions mentioned
Must be sober and not dangerous to other persons.
No emergency services, waiting list for program, interviews required
No restrictions mentioned
Referrals not required.
Referrals not required. ID required. Maximum of 2 visits per month/3 brown bags per visit. Closed during the school year when P.G. Co. schools are closed or opening late; closed on federal holidays.
Must live in or be moving into Southern Fairfax County
Referrals from Prince George's County's DSS or constituent congregations preferred. Must live in PG county. Food cannot be picked up for another individual.
Referrals not required. ID required

<u>Restrictions</u>
Referrals from social worker or other individual working with client required.
No permanent support available.
Referrals required. No smoking. Attend bible studies and church on Sundays.
No restrictions mentioned
Must be homeless
Must be homeless and at the end stages of life.
No restrictions mentioned
Referrals not required
No restrictions mentioned

<u>Restrictions</u>
Income restrictions vary according to type of service
No restrictions mentioned
Referrals from congregations or other social service agencies required for financial assistance
Referrals not required
Referrals not required
Proof of address required. Food assistance by appointment only
Referrals not required
Referrals and applications through Loudoun County DSS
Intake is done weekdays only at Bethany Day Center

Restrictions

Referrals from DHS, or other approved social service agency required. Referring agency should call ahead to check availability of food, and to provide name of client.

Assistance when funds are available.

Referrals by public or private social service agencies, churches or schools required for pick up. Referrals good for next working day. Only one referral per household every 30 days. Food must be picked up at the location assigned by social worker when

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ID and proof of residency required. Must have an appointment.
Referrals from other agencies or congregations preferred for food, but not required for clothing. ID required for food.
Referrals not required.
ID required. Men only. No alcohol, drugs, sex, or violence. Referrals not needed for the treatment program (but recommended). TB test required for participation in the treatment program. Not recommended for severely disabled persons due to bunk-bed c

<u>Restrictions</u>
Referrals not required. Call for appointment.
Referrals not required
ID and proof of residency required. Must have an appointment to gain access to the food bank.
ID required. Referrals helpful, but not required. Call ahead for appointment
Referrals not required.
Clients only
Referrals not required
No restrictions mentioned
Must call for appointment-no referrals needed. Women under 18 must have parental/guardian approval
Referrals not required. Must call for an appointment

<u>Restrictions</u>
Women (age 18+) without children. Referrals from police or other agencies preferred (Crisis Center).
No restrictions mentioned
Referrals required. Come by appointment. Must be female, 18 or over. Must be sober.
Referrals from other agencies preferred. ID required. Proof of family size suggested.
Referrals not required. Most services available only to shelter residents or on hotline. Support groups open to all. Many Volunteer Opportunities
Referrals not required.
Referrals from Montgomery County social service agencies and residents screened before admission
Must call by Tuesday for appointment. ID required. Referrals required from an authorized agency. Food provided for two days only.

Restrictions

We will serve anyone in need--
our doors are always open!

Only women over 21. Referrals
required

No passes for 30 days. 9pm
curfew.

Fairfax County residents only

Program compliance required

Must be 18 or older

Referrals not required

<u>Restrictions</u>
Referrals from social workers or individuals preferred when client lives outside of NE Washington. Proof of residency and ID required in order to be served.
ID required, referrals preferred, must be in need.
No restrictions mentioned
Referrals from other agencies preferred; ID and proof of residency & income required. Appointments preferred.
Referrals not required. Proof of residency required
Referrals not required. Proof of residency, ID required. Clients screened by staff before admission
Referrals not required. No transportation assistance.
Homeless only, brief registration required.

<u>Restrictions</u>
Clients must live in Fairfax County. We don't serve the Route 1 Corridor.
No more than one bag per family per month. Emergency Financial Services cannot receive more than \$50/year per client.
For the mentally ill, elderly, and homeless
Referrals required from Virginia Williams Family Resource Center. 25 M Street, SW 202-863-1370
PG County residents only
Referrals from social workers or social agencies required
Referrals from United Planning Organization, caseworkers, or social service agencies preferred. Proof of residency required.
Substance abuse must be primary diagnosis, dually diagnosed clients must be stable, and on medication at time of admission
Written referral from agency, facility, or church member who can certify need of client required. Proof of residency required (may be included in referral from other agency).

<u>Restrictions</u>
Photo ID required. Referrals from Prince George's County hotline or DSS required. Proof of residency (rent receipt or eviction notice) and screening required
RAP certificate, detailed interview, and confirmation of Prince George's County residency essential
Proof of PG County residency required
Must meet income criteria
No restrictions mentioned
Most referrals are through the Fairfax/Falls Church Community Services Board
No restrictions mentioned
Referrals from City or social service agencies required for all DC residents. ID and proof of residency required.

<u>Restrictions</u>
Referrals from social service agencies preferred for shelter.
Referrals not required
Women only
Referrals from other agencies preferred, but not required for community residents. Proof of residency is required to participate in temporary emergency food assistance program. Please call prior to visit.
No restrictions mentioned
Referrals from APRA, homeless, and HIV/AIDS service providers, and from the criminal justice system
No restrictions mentioned

<u>Restrictions</u>
<p>Provides some emergency service. Application process. Majority of work is done in April of each year. Call for applications: 202-362-1611; Emphasis on helping the elderly- -all care for free.</p>
<p>Clothes for anyone. Referrals for other services.</p>
<p>No restrictions mentioned</p>
<p>Walk-in services for food and community outreach. Appointments and applications required for all other programs.</p>
<p>Referrals not required. Proof of residency and children required.</p>
<p>Clients must live within city limits of Rockville.</p>
<p>Referrals not needed, be needy, be hungry, behave</p>
<p>Referrals not required. ID required</p>

<u>Restrictions</u>
Referrals from DHS or other referring agencies; no immediate shelter.
Referrals preferred
No restrictions mentioned
Referrals not required
Must be willing to wait in line. Numbers for place in line are distributed from 6am to adults only; one number per family
Referrals not required. ID required
Referrals are not required.
No restrictions mentioned
Intake on M and F. Must be clean and sober for at least 72 hours before admittance. No detox services
Individuals must be able to participate in the work therapy element of the program.

<u>Restrictions</u>
Services by appointment only. Call Helpline to determine eligibility and schedule appointments.
Referrals from DSS of another agency required for housing program. Proof of residency required.
Referrals from Arlington DHS preferred. Proof of residency required.
Referrals not required
Clients must provide proof of income, picture ID, social security cards or birth certificates for other household members. Client should make appointment in advance
Appointments required; ID and proof of residency required
Referrals from social service caseworkers or other emergency agencies preferred but not required. Proof of residency required. ID required
No restrictions mentioned
No restrictions mentioned

<u>Restrictions</u>
Women ages 18-30, with no more than 4 children. Must have been drug free for minimum of 6 months prior to interview
Please call Samaritan Inns to inquire about each program and phase criteria
No restrictions mentioned
No restrictions mentioned
Referrals from other agencies welcome, but not required
Referrals from other agencies welcome, but not required
Proof of residency and photo ID required. Voluntary program. Must be willing to follow program rules. Cannot be a danger to self or to others

<u>Restrictions</u>
Referrals from social service organizations, agencies, preferred. ID required.
No wheelchair transportation available
No persons who have a criminal history in sex, assault, or child offenses. Must have ID.
No restrictions mentioned
Must be in need
Referrals not required if in referral area, other persons in Virginia may be eligible for assistance if referred by social worker
Referrals not required; proof of residency required
Referrals from Fairfax County DFS

<u>Restrictions</u>
Referrals not required except for eye clinic
ID required
Referrals not required
No restrictions mentioned
Must be eligible for Section 8. Must be drug and alcohol free. Must be able to live independently. Must be at least 18 years old.
Referrals not required
Appointments preferred
Referrals required from the Crisis Center of Montgomery County. 8pm curfew, no passes or overnights.
No restrictions mentioned

<u>Restrictions</u>
Only for Senior Citizens. Referrals for other agencies or organizations required for non-Southwest residents. Proof of residency and ID required
Referrals preferred from social service agencies. All services are rendered through an appointment.
Referrals not required
Referrals not required
Must be 18 years of age or with parent, sober, and able to physically and mentally care for oneself. Referrals required from social service agencies, social service organizations, congregations, etc.
Prince George's County residents; limited spaces available
No restrictions mentioned
Referrals not required

<u>Restrictions</u>
Women and their families. (Men, if they are apart of a family unit or are single fathers.) Must be able to work. No women who are over 5 months pregnant unless already employed. No admittance after 10pm. No single men. Referrals not required
Legal matters must involve gender-based violence and immigration law.
Handicap accessible. Referrals not required. ID and or proof of residency/income required for some programs.
Referrals must come in through PG County hotline
Mothers must be 19 years of age or older, and have physical custody of their children. Must meet HUD homeless definition and BARN applied criteria
No restrictions mentioned

<u>Restrictions</u>
For food and housing assistance: proof of income (DSS notice of decision, letter or current medical assistance card, determination of unemployment benefits, or pay stubs for past 30 days), ID, birth certificate or social security cards for children, and p
Referrals not required. Proof of residency required (mail with name and local address). No transients.
Referrals not required
No restrictions mentioned
Must be DC resident
District residents with proof of residency only
No restrictions mentioned

<u>Restrictions</u>
Only active duty military and family members.
Referrals may be required. Please call for bed availability
Women and children, Prince George's County residents only.
Social security number, picture ID. Referrals not required
Referrals not required
Call for exact services and hours
Prince George's County residents
No restrictions mentioned.
Referrals not required. Not always taking new patients for some services. Must call for appointment, 9am-12 noon.

<u>Restrictions</u>
No restrictions mentioned
No restrictions mentioned
Clients MUST call first to be referred to an intake site. Homeless/at-risk individuals and families only.
Must be age 60 or above and a DC resident
No restrictions mentioned
Referrals from social workers or medical professionals necessary for some services
Adults only, no alcohol, drugs, or weapons

Restrictions

An initial interview is required for counseling and support groups.

Referrals not required

Referrals from social service agencies preferred for food.