JENNI RIVERA AT PECHANGA



RODRIGO PEÑA/FREELANCE PHOTOGRAPHER Jenni Rivera performs at the Pechanga Resort and

Casino in Temecula on Wednesday.

anda queen Jenni Rivera performed at Pechanga Resort & Casino in Temecula on Nov. 23 on the heels of Prestadas," features banda and pop music.

Rivera, a former Corona resident, recently signed a deal with bilingual cable channel Mun2 for a second season of "I Love Jenni."



The banda and pop singer's new album is "Jovas Prestadas."

NSWC food drive benefits Settlement House

BY TROY CLARKE

Inland families hit by tough economic times got some holiday cheer thanks to a truckload of food collected by military and civilians based at the Naval Surface Warfare Center, Corona Division, and delivered Wednesday to Settlement House in Corona just in time for Thanksgiving.

Each year the Norco base conducts a food drive among its workforce of roughly 1,200 military and civilian scientists, engineers and contractors. The drive benefits the charity founded in 1912 by local women to aid migrant have been replaced by busi- the Inland region's populaworkers in the citrus orchards.



Greg Votjko/CONTRIBUTED IMAGE

NSWC Corona personnel unload donated food at the Settlement House in Corona.

nesses and homes, but the tion. need to help those less fortu-

Most of the orange groves nate has grown along with

"It's worse this year," said

and director of the non-profit chaired the event, said the charity Settlement House. a lot of people have lost jobs concern for struggling famiand it's just been hard on ev-

several holiday events aimed ness. "It feels good to help," at supporting the community, said Cmdr. Eric Ver Hage, commanding officer of NSWC Corona Division. "While we're providing ongoing mission support for the Navy and our troops de-need. Typical donations that also turn our attention to support those in our own community who are in need rice, plus cans of tuna, corn of a helping hand during this and green beans. holiday season."

drive provides an opportuni-"A lot of families are hurting, ty for the base to express its lies in a region that has been particularly slammed by un-The food drive is just one of employment and homelesshe said.

The Settlement House's food pantry is the agency's biggest program. Each day, volunteers provide 45 to 50 bags of food to people in ployed around the world, we are most popular include macaroni and cheese, peanut butter and jelly, beans and

Lorena Moreno, Settlement Navy Chief Petty Officer House office manager, said

Sally Carlson, chairperson Andra Hall, who again that donations are down this year as a reflection of a sluggish economy. She said 200 families were given a Thanksgiving turkey and all the trimmings. Some 600 other families will be aided with enough food to enjoy Christmas.

SETTING IT STRAIGHT

CORRECTION: A story in Thursday's edition about decorated Christmas trees used in a Habitat for Humanity fundraiser at The Promenade mall in Temecula misspelled the name of Menifee artist Edie Schmoll.

If You Think You Can't Lose Weight, YOU'RE DEAD WRONG!

And You Don't Need To Suffer With Starvation Diets, Grueling Work-Outs or Risky Surgery! FREE Seminar Reveals Why...

Stephanie Phillips, **Health Editor**

The fact is that obesity is approaching epidemic proportions. The result of this alarming trend is many are ready to give up hope. "I've already tried everything out there", laments the typical sufferer. "Surgery is the only option I have left."

Yet one doctor, right here in Riverside, offers a ray of hope to the discouraged and frustrated dieter. His patients are making their weight loss goals a realty. If Julianne Holland's result is any indication this doctor's insights shake the very foundation of the weight loss industry.

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"Julianne maintains her healthy weight because the Prather Power Principles corrects underlying conditions that caused her weight problems in the first place" says Dr. Prather, DC. "We help regulate your body to a new metabolic set point. My patients don't just lose weight, they lose the unconscious appetite that got them in trouble in the first place."

Don't be a "big loser" Be a weight loss achiever instead!

If you want to discover new hope for lasting weight-loss and how you can lose weight without risky surgery, starvation diets or grueling exercise its time to discover the Prather Power Principles for yourself.

But be warned, each New Hope



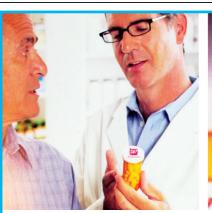
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-Julieann Before

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ing limitations you are encouraged

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Annual election period is Oct. 15

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- Annual enrollment is from October 15, 2011 through December 7, 2011
- Anyone enrolled in a prescription drug plan can switch to another plan for the following year
- Those who have missed their original deadline for enrolling in Part D can join the program
- Your medication needs may have changed since last year
- Many plans change their costs and coverage from one year to another
- The coverage you get from your current plan may look very different on January 1, so it is important to evaluate your plan each year!

Make an appointment to come in to Walgreens and we can print your plan comparison report that lists the plans in your area, as well as their costs and details customized for your medications.

Questions Your Plan Comparison Report Can Help Answer

- Is my current plan still the best plan option available?
- Are all or most of my current medications covered by the plan?
- What can I expect to pay each month for coverage?
- · What are my estimated annual drug costs?
- Does the plan offer any coverage during the Coverage Gap/"Donut Hole"?
- Any Walgreens store is happy to help you print your plan comparison report.
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