How Loud Is To^o Loud on the Farm?

140-165 Shotgun firing, firecracker



110 Grain dryer, chain saw



Regular exposure of more than 1 minute at or above 110 decibels risks permanent hearing loss.



Personal stereo at maximum level



100 Tractor without a cab, woodshop, pig squeals



No more than 15 minutes of unprotected exposure at or above 100 decibels is recommended.

95 Grain auger



85 Tractor with closed cab, crowded school cafeteria

Prolonged exposure to any noise at or above 85 decibels can cause gradual hearing loss.

70 Chicken housing



60 Normal conversation

- **50** Quiet barn
- SO Whisper

• Smallest sound a person with normal hearing can detect

Why Protect Your Hearing?

Noise-induced hearing loss:

- Can build over time.
- Is permanent.
- Is preventable.

How to Protect Your Hearing:

- Wear hearing protectors, such as earplugs or earmuffs.
- Move away from the noise.
- Lower the volume.



www.noisyplanet.nidcd.nih.gov

800-241-1044

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