## How Loud Is To<sup>o</sup> Loud on the Farm?

**140-165** Shotgun firing, firecracker



**110** Grain dryer, chain saw



Regular exposure of more than 1 minute at or above 110 decibels risks permanent hearing loss.



Personal stereo at maximum level



**100** Tractor without a cab, woodshop, pig squeals



No more than 15 minutes of unprotected exposure at or above 100 decibels is recommended.

**95** Grain auger



85 Tractor with closed cab, crowded school cafeteria

Prolonged exposure to any noise at or above 85 decibels can cause gradual hearing loss.

**70** Chicken housing



60 Normal conversation

- **50** Quiet barn
- SO Whisper

• Smallest sound a person with normal hearing can detect

## Why Protect Your Hearing?

Noise-induced hearing loss:

- Can build over time.
- Is permanent.
- Is preventable.

## How to Protect Your Hearing:

- Wear hearing protectors, such as earplugs or earmuffs.
- Move away from the noise.
- Lower the volume.



www.noisyplanet.nidcd.nih.gov

## 800-241-1044

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