

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
Sept. 6, 2012

Speed Read

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VIETNAM SOLDIERS

The Department of Defense Prisoners of War and Missing Personnel Office announced Aug. 27 that the remains of three servicemen, missing in action from the Vietnam War, were recently identified and returned to their families for burial with full military honors. Army Sgt. 1st Class William T. Brown of La Habra, Calif., Sgt. 1st Class Donald M. Shue of Kannapolis, N.C., and Sgt. 1st Class Gunther H. Wald of Palisades Park, N.J., were buried as a group Aug. 30, in a single casket representing the three Soldiers, in Arlington National Cemetery. On Nov. 3, 1969, the men and six Vietnamese soldiers were part of a Special Forces reconnaissance patrol operating near the Vietnam-Laos border when the patrol was ambushed by enemy forces and all three Americans were wounded. In 2007, a Vietnamese citizen led investigators to human remains that he had discovered and buried near the site of the ambush. In April 2010, joint teams excavated a hilltop area near Huong Lap Village, recovering additional human remains, military equipment, another military identification tag for Brown and a Zippo lighter bearing the name "Donald M. Shue" and the date "1969."

www.defense.gov

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Community hosts town hall Friday

Staff Report

Members of U.S. Army Garrison Baden-Württemberg will hold their third quarterly town hall meeting 11 a.m. Friday at the Village Pavilion Community Center in Heidelberg.

The meeting will also air live on American Forces Network Europe television and video from the event will be streamed live on the garrison's website at www.bw.eur.army.mil.

Visitors can click on the Community Life section and scroll down to the Town Hall link located on the left side of the page to view the stream.

During the meeting, a panel of garrison representatives will discuss transformation concerns and answer questions on issues like housing, schools, health care and the newest changes to the current transformation timeline.

Community members can visit the garrison's Facebook page to ask questions or send an e-mail to usarmy.badenwur.usag.mbx.post-newspaper@mail.mil prior to the meeting.

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Human resources nominations open

By **Sgt. Michael Reinsch**
U.S. ARMY EUROPE PUBLIC AFFAIRS

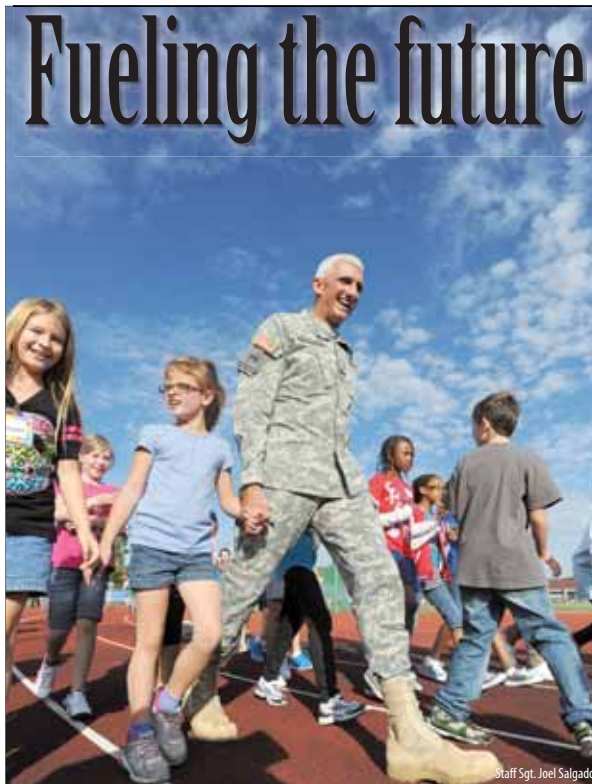
U.S. Army Europe commanders will have until Nov. 15 to nominate their top performing human resources personnel for the 3rd Annual USAREUR G1 Frederick E. Vollrath Human Resources Award for Excellence.

The program was developed to focus on human resources achievement and was named for Retired Lt. Gen. Frederick E. Vollrath, who served his entire 35-year career in the adjutant general corps and was only the second adjutant general officer to be promoted to lieutenant general.

"First, the human resources business is nothing but a service business. The only reason we exist is to take care of other people by providing good service," Vollrath said.

"Just giving somebody what they would like isn't, in my experience, a definition of good service. The key to good service is the 'how.' In the human resource business, you have to pay

see **AWARDS** page 9



Staff Sgt. Joel Salgado

Campaign promotes nutrition, wellness

By **Staff Sgt. Joel Salgado**
U.S. ARMY EUROPE PUBLIC AFFAIRS

U.S. Army Europe kicked off a new campaign to help members of the USAREUR community eat healthier with a visit from USAREUR commander Lt. Gen. Mark Hertling to the Patrick Henry Village Elementary School in Heidelberg Aug. 28.

The general's visit marked the official start of the "Fueling the Future" program designed to promote nutrition and wellness among school-aged children and help them carry that message to their families and communities.

Hertling has a master's degree in physical education and has long been known as a champion of nutrition and fitness. He said he thinks "Fueling The Future" is important because it will help children learn to develop a healthy lifestyle.

During the school visit, Hertling and his wife Sue talked to students about the objectives of the program and the values of making healthy choices and participating in regular physical activities. Sue, a fitness instructor, led the students in indoor exercises before they joined the general for a few laps around the school track. A special nutrition guide was handed out to parents, teachers and pupils, along with healthy snacks provided by the Heidelberg commissary.

Nicole Leth, a public health volunteer helping to lead the effort here, said the program should pay off by improving students' wellness.

"Research has shown that increasing the amount of nutrition and physical activity education children receive can improve their intake of healthy foods, increase

see **FUTURE** page 9

U.S. Army Europe commander Lt. Gen. Mark Hertling leads Patrick Henry Village Elementary School students on a trip around the school track during the kickoff of USAREUR's "Fueling the Future" program in Heidelberg, Aug. 28.

COMMAND MESSAGE

Partnership source of security, healing during Sept. 11 attacks

By Lt. Gen. Mark Hertling
USAREUR COMMANDING GENERAL

A couple of weeks ago, Sue and I had the fantastic opportunity to join 57 Wounded Warriors from the U.S. and our European Coalition partners on a bicycle ride at Bostalsee. It was an inspirational event.

We now not only train and fight alongside our allies, but also heal and rebuild our confidence together.

As our long trail of bikes curved around the beautiful lake, I was reminded of how far we have come in the last decade since our national – and international – tragedy on Sept. 11.

Eleven years ago, four planes deliberately crashed on our homeland and brought terror to our people.

What we didn't know then was how many other nations also experienced tragedy and loss in the World Trade Center, the Pentagon and in Pennsylvania.

What we also didn't know at the time is how our partners, our allies, would come to our side to support our efforts and join the fight.

More than 90 percent of the International Security Assistance

What we didn't know then was how many other nations also experienced tragedy and loss in the World Trade Center, the Pentagon and in Pennsylvania.

Force in Afghanistan comes from the European Theater. It is with these partners that we now fight, and it is with these partners that we will heal as the fighting comes to an end. And it is with these partners that we will continue to bring peace and security to the world in the future.

As we remember those who have fallen and think of those who are deployed on this tragic anniversary, Sue and I ask you to also remember our partners who have made significant sacrifices and endured hardships equal to our own.

Together, we will continue to fight for the dignity of mankind and together we will defend the liberties of people around the world.

God bless you all.

Army Family Action Plan Conference

By Dawn Sykulla
ARMY COMMUNITY SERVICE MARKETING

Army Family Action Plan time is here. Leaders at all levels are continuously seeking solutions to the concerns of their communities.

The AFAP process provides a means for Soldiers, family members, retirees and civilian employees to identify readiness and quality of life concerns to leadership.

In the coming months, U.S. Army Garrison Baden-Württemberg community members will have the opportunity to voice their concerns about issues impacting their community and the Army.

The AFAP conference is the forum where working groups of community representatives strategize, develop recommendations and prioritize the issues.

The prioritized issues are forwarded to local leaders for resolution or elevated to a higher level, if the issue cannot be resolved at the local level.

In the past, major changes in Army programs and services have resulted from ideas originating at local levels.

This year's Tri-Community Armed Forces Action Plan conference will be a combined effort between the Heidelberg, Kaiserslautern and Baumholder Garrisons.

The conference will be held Oct. 23-26 at the Kaiserslautern Community Activity Center on Daenner Kaserne. A separate conference for teens from these communities will also be conducted during an overnight lock-in, Oct. 19-20.

Volunteers are needed to serve as delegates. As a team, delegates will serve as representatives of the community to recommend solutions for issues identified as most critical.

Conference assistants who perform various support duties are also needed. Deadline to volunteer is Oct. 1.

For details, to submit an issue, to register to become an AFAP Conference delegate or to volunteer, visit the 2012 Tri-Community AFAP Conference site at www.mwrgermany.com.

Heidelberg specific questions may be e-mailed to the AFAP Staff at HD_ACS_AFAP@mwrgermany.com.

Deadline for submissions is Oct. 8.



www.facebook.com/BWnow

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

"Could anyone tell me when the next yardsale on Patrick Henry Village will be?"

— Ramona Kinlaw, BWnow Facebook Fan

"Ramona, there will be a Non Appropriated Funds and indoor Flea Market 9 a.m. - 2 p.m. Sept. 22 at the Patrick Henry Village Pavilion in Heidelberg. Visitors can check out toys, NAF items and more during

the event. To sell items at the flea market, call civ. 06221-338-9438."

— BWnow Administrator

"With Heidelberg closing soon, this may be the last chance to experience Oktoberfest. If you're interested in going Sept. 24, call DSN 370-8879. 5-8 seats available in Hacker-Festzelt Tent."

— Peter Buttner, BWnow Facebook Fan

"United States Youth Soccer Heidelberg Select try outs Sept. 9 on the field near the Patrick Henry Village Bowling Center. Tryouts are 2-4:45 p.m. for different age groups. For more info, email usysheidelberg@googlemail.com."

— USYS Heidelberg Select, BWnow Facebook Fan



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday. Only spots results from the weekend will be accepted until noon on Monday.

Vets honor 5th Signal Command Soldier

Master Sgt. Matthew Coulter selected as 'All-American Commander'

By **Kristopher Joseph**
5TH SIGNAL COMMAND PUBLIC AFFAIRS

WIESBADEN – 5th Signal Command’s senior maintenance noncommissioned officer and Veterans of Foreign Wars Department Commander in Europe has achieved the most prestigious honor given by the VFW.

During a VFW convention July 23 in Reno, Nev., Master Sgt. Matthew Coulter was one of only 22 VFW department commanders selected world-wide for “All-American Commander.”

“The criteria for this honor [is] based on outstanding achievements in membership growth and participation in other VFW programs that benefit veterans and their communities,” said Richard DeNoyer, VFW national commander, in a VFW news release.

Coulter, a member of the VFW since

returning from the first Gulf War, has been active in the VFW Department of Europe, serving in numerous leadership and service positions.

“It’s a great honor for me to serve the Soldiers, veterans and their families as a member of the largest combat veteran’s organization in the world,” Coulter said.

“With over 2.1 million members, VFW and auxiliary members can make a difference in their lives just by providing the help and support that is deserved for their sacrifices. Some gave all during times of war and continue to serve our great country even now. Let’s help them in all that they do.”

The VFW is a nonprofit veteran’s service organization composed of combat veterans and those currently serving in uniform.

For more information, visit the VFW website at www.vfw.org.



Master Sgt. Matthew Coulter (right), 5th Signal Command’s senior maintenance noncommissioned officer, is honored as an “All-American Commander” by Richard DeNoyer, national commander of the Veterans of Foreign Wars organization during their national convention in Reno, Nev., July 23. Coulter is the Department of Europe VFW commander.

Annual Garrison study deems drinking water safe

By **Sabine Salamon**
DIRECTORATE OF PUBLIC WORKS TECHNICAL BRANCH

The latest tap water samples analyzed by members of the Public Health Command Region-Europe found that the drinking water within U.S. Army Garrison Baden-Württemberg is safe to drink.

This was proven by the standard annual exami-

nation carried out in accordance with the German Final Governing Standard.

Many tested parameters are even below the possible detection limits. All samples, tested in Heidelberg, Mannheim, Schwetzingen and Germersheim, showed values well below the authorized highest concentrations. (Tested parameters were inorganic and physical parameters, metals, pesticides, organic

compounds, polycyclic aromatic hydrocarbons and trihalomethans.)

A continuous program of monitoring is conducted to ensure the safety of our drinking water.

For questions about water, contact the Directorate of Public Works’ Operation and Maintenance Division, Technical Branch at DSN 387-3213, civ. 06221-4380-3213.

The camera's other side



Television host Anna-Lena Dörr of the German television station Südwest Rundfunk-TV interviews broadcast journalist Sgt. Russell Toof inside an American Forces Network-Europe radio booth in Mannheim Aug. 29 while Bettina Krzczal operates the camera. SWR is producing a segment about AFN for their “Expedition in die Heimat” (“Expedition to the homeland”) episode that is set to air in October.

Mass Communications Specialist 2nd Class Dmitry Chepusov

transformation UPDATE

Updates to Transformation Page

The weekly Herald Post Transformation Page is updated as we receive the latest information. To ensure its accuracy, all community members and organizations are encouraged to e-mail any transformation updates to usaghdpost@eur.army.mil or usarmy.badenwur.usag.mbx.pao@mail.mil for publication in the Herald Post.

BWnow Social Media Site Transitions

U.S. Army Garrison Baden-Württemberg has taken yet another step in its transformation by transitioning from BWnow as our primary social media site to exclusively using our BWnow Facebook page. The BWnow social media site was discontinued due to personnel and budget constraints Aug. 26. The garrison Public Affairs Office ensures that all current, useful quality information is available on the garrison's Facebook page at <http://www.facebook.com/bwnow>.

Frequently Asked Questions

Have a transformation-related question you'd like answered? E-mail usarmy.badenwur.usag.mbx.post-newspaper@mail.mil. We'll find the answer for you and share it in the Herald Post and on the Garrison's transformation Web page at www.bw.eur.army.mil/news/personnel.htm.

Now that the Heidelberg Medical Activity has deactivated, what will my family and I do for health care? Will the health center be closing sooner now?

The deactivation will not affect future health care services or appointment availability for beneficiaries. The clinic has transitioned under Landstuhl Regional Medical Center for command and control functions previously provided by HMEDDAC. The clinic is projected to close in June 2013. Community members are also encouraged to become familiar with host nation health care resources by reviewing the "Guide to using host nation health care." A copy of the guide is available at the Heidelberg Health Center website (**new URL**): <http://ermc.amedd.army.mil/heidelberg/HNguide>.

Facilities Operations Changes and Closures Mannheim

ACS – The Army Community Service office located in Bldg. 246 on Sullivan Barracks is closed.

UPDATED – Base Operations – The Mannheim Base Operations office has relocated from Bldg. 246 on Sullivan Barracks to Bldg. 1408 on Coleman Barracks, Room 101. For assistance, residents should call Gilbert Buster at DSN 382-4724, civ. 0162-272-8632.

BFV South Closure – Public access to Benjamin Franklin Village South is no longer available. The area and the access gate have been sealed off and the Exchange main store, gas station, food court and concessionaires are closed. Any items left on the installation have been impounded by the Military Police. Access to the area may only be arranged through the Provost Marshal Office at DSN 388-2222/2223, civ. 06221-678-2222/2223.

Bowling Center – The bowling center on Sullivan Barracks is closed.

Burger King – The Burger King on Sullivan Barracks is closed.

Child Development Center – The Child Development Center on Sullivan Barracks is closed.

Chapel – The chapel on Benjamin Franklin Village is closed. All on-post religious services were transferred to the Heidelberg community.

NEW – Coleman Cleaners and Alterations – The Coleman Cleaners with Alterations concession will close Sept. 15 due to low patronage. Laundry and dry cleaning services are available in Heidelberg on Patrick Henry Village, at Campbell Barracks and the Heidelberg Shopping Center. Alteration service remains available at the Heidelberg Shopping Center. DSN 431-3458, civ. 0703-1439-5100.

UPDATED – Coleman Clinics – The Coleman Troop Medical Clinic has ended full patient care, dental and pharmacy services. Dental

services for the Mannheim-Coleman Soldier population are available at the Patrick Henry Village Dental Clinic in Heidelberg. Sick Call hours at Coleman Barracks will change starting Sept. 10 based on usage and availability of medical staff. The new hours will be 9-10 a.m. Monday-Friday. DSN 371-3130, civ. 06221-17-3130.

UPDATED – Community Bank – The Community Bank on Sullivan Barracks is closed. Banking services are available at the Heidelberg Branches on the Shopping Center and Campbell Barracks. Shopping Center: DSN 370-8580, civ. 06221-60-0862. Campbell Barracks: DSN 370-8335, civ. 06221-34-4610.

Community Center – The Mannheim community center in Bldg. 2011 in Grant Circle is closed.

Customs – The customs office on Sullivan Barracks is closed.

UPDATED – Facility Closures – The Commissary, the Top Hat Club, Woods Field and the Fitness Center are closed.

Hazardous Waste Disposal Center – The Household Hazardous Waste Disposal Center has moved to Sullivan Barracks, Bldg. 249A (previously the Funari Sort Center.) The center is open to military ID card holders 10 a.m.-noon Monday, Wednesday. No bulky items like furniture, electronics, trash or recyclables will be accepted; these may be turned in 8 a.m.-4 p.m. Monday-Saturday to the Patrick Henry Village Recycle Center in Bldg. 4485. DSN 373-5396, civ. 06221-17-5396.

Military Police Station – The Military Police station is scheduled to close Sept. 7.

Postal Office Hours Change – Mannheim postal facilities have new operating hours. The finance window at Postal Service Center 418 on Coleman Barracks is now open 10 a.m.-5 p.m. Monday, Wednesday and Friday. The community mail room is open 11 a.m.-6 p.m. Monday, Wednesday and Friday and closed Tuesdays and Thursdays. At Postal Service Center 437, finance is open 10 a.m.-5 p.m. Tuesday and Thursday and 10 a.m.-4 p.m. Saturday. The community mail room is open 11 a.m.-6 p.m. Tuesday and Thursday, 10 a.m.-4 p.m. Saturday and closed Mondays, Wednesdays and Fridays.

Self-Help Store – The Mannheim Self-Help Store is closed.

UPDATED – Service Credit Union – The Service Credit Union on Sullivan Barracks is closed. The Heidelberg Branch Office is located on the Community Support Center, Bldg. 3850. DSN 385-2216, civ. 0621-730-2216.

Shuttle Bus – The community shuttle bus no longer stops at the Benjamin Franklin Village guest house, but a stop was added on Funari Barracks. The schedule is available from shuttle bus drivers or at the Central Processing Facility in Heidelberg or by calling DSN 373-8350, civ. 06221-17-8350.

UPDATED – Sullivan Express Shoppette – The Sullivan Express Shoppette is closed.

Tax Relief Office – The Tax Relief Office on Sullivan Barracks is closed. Contact the Heidelberg office located in Bldg. 4507 on Patrick Henry Village for assistance. DSN 388-9586, civ. 06221-338-9586.

WIC Office – The Women, Infants and Children Overseas office further reduced office hours due to transformation and reduced base population. The Mannheim office is open 9 a.m.-2 p.m. Tuesdays and 7:30 a.m.-4 p.m. Thursdays.

Heidelberg

Airport Shuttle Buses – The free shuttle service for service members, Department of Defense civilians and their families departing Germany from Ramstein Air Base on the Patriot Express departs Heidelberg once a week from the Patrick Henry Village Guest House. For details on the shuttle schedule, call U.S. Army Garrison Baden-Württemberg Central Processing Facility, Room 180, Bldg. 3850, at the Heidelberg Shopping Center. DSN 370-7343/6711, civ. 06221-57-8399, usarmy.badenwur.usag.mbx.cpf@mail.mil.

Audiology – Audiology services at the Heidelberg Health Center have been reduced due to limited staff. Medical technicians will still be able to provide screening and hearing conservation services. All other audiology services will be referred to host nation providers or Landstuhl Regional Medical Center.

Chapels – All chapel services have transferred to Patrick Henry Village and Nachrichten Kaserne. For more information on new service times and locations, call DSN 373-6190, civ. 06221-17-6190.

NEW – Community Mail Room – Community Mail Room 419 (Patton Barracks), CMR 420 (Campbell Barracks) and CMR 432 (Tompkins Barracks) and Postal Service Center 437 (Sullivan Barracks) will relocate to the consolidated Heidelberg Postal Service Center in Bldg. 4503 on Patrick Henry Village effective Oct. 15. CMRs 419 and 420 will cease postal operations at their current locations Oct. 12. CMR 432 and PSC 437 will cease operations at their current locations Sept. 15, with optional general delivery mail services available at CMR 419 until Oct. 12. Customers can choose to have mail forwarded to the new postal center on PHV, receive mail at Coleman Barracks (PSC 418) or begin forwarding mail to the garrison location. E-mail questions to usarmy.badenwur.usag.mbx.cmr419@mail.mil, or contact your local postal customer service representative.

UPDATED – Dental Clinic – Sick call and exam hours for the Patrick Henry Village Dental Clinic have changed to 7:30-10:30 a.m. Monday-Friday. All dental care and records from Nachrichten Kaserne Dental Clinic, except oral surgery and periodontal dental services, were transferred to the PHV dental clinic. DSN 388-9500, civ. 06221-338-9500.

Health Center Shoppette – The Exchange Shoppette located on Nachrichten Kaserne is closed.

Optomtry Clinic – The Heidelberg Health Center's optometry department has reduced care to provide services only for active duty military and their family members who are enrolled in TRICARE Prime. Dependents or Department of the Army and Department of Defense civilian employees and contractors can obtain services via host nation providers.

NEW – Pediatrics – The Pediatrics section of the Heidelberg Army Health Clinic will be consolidated under Family Practice beginning Sept. 14. The change is part of continuing transformation efforts toward next June's closure of the clinic on Nachrichten Kaserne in Heidelberg.

Pharmacy Hours – The Heidelberg Health Center Pharmacy has changed its operating hours. The pharmacy is open 8 a.m.-5 p.m. Monday-Friday and closed weekends and federal holidays.

NEW – Single Soldier Housing – The Single Soldier Housing Office in Bldg. 3850 on the Community Support Center will relocate to Bldg. 3980 (Housing Office) Sept. 10. DSN 387-3346, civ. 06221-4380-3346.

Teen Clinic – The Teen Clinic at Heidelberg High School is closed. Teens can be seen at the Heidelberg Health Center. DSN 371-2622, civ. 00800-376-22273.

UPDATED – Thrift Shop – The Thrift Shop on Patrick Henry Village has relocated to Bldg. 4455. The shop is also now open 10:30 a.m.-2:30 p.m. Saturdays.

UPDATED – Tompkins Gym – The Fitness Center on Tompkins Barracks in Schwetzingen is closed. DSN 370-9193, civ. 06221-57-9193.

UPDATED – Tompkins Retail Store – The Tompkins retail store is closed.

Tompkins Strip Yard Closure. The Tompkins strip yard is closed. Vehicle donations will no longer be accepted at Tompkins Auto Crafts. All patrons must go to Spinelli Auto Skills, Bldg. 1570 on Spinelli Barracks in Mannheim to donate vehicles. DSN 384-6023, civ. 0621-730-6023.

Wood Shop – The Wood Shop on Patton Barracks will remain open until the garrison deactivates. DSN 373-5195, civ. 06221-17-5195.

Fueling programs promote good nutrition across Europe

By **Spc. Joshua Leonard**
U.S. ARMY EUROPE PUBLIC AFFAIRS OFFICE

In 2011, U.S. Army Europe began a program designed to help Soldiers incorporate good nutrition into their lifestyles. Now, that initiative is flourishing and reaching out beyond dining facilities.

The program, called "Fueling the Team," aims to educate patrons of USAREUR's 21 dining facilities and encourage and help them eat performance-enhancing foods to "fuel" themselves.

It does that in a variety of ways, but the front line of the program is the dining facility serving line, where patrons can now find a wider range of healthy foods and use a variety of educational tools to help them make informed choices about good nutrition.

While some less-healthy options are disappearing from dining facilities, program officials stressed that their goal is not to take away "bad foods," but to encourage people to make healthier choices and eat better, said Chief Warrant Officer 5 Jack Vanzanten, USAREUR's food advisor. For instance, he said, baked chicken is now offered as an alternative to fried.

The program was put into place by USAREUR commander Lt. Gen. Mark Hertling, who initiated a similar effort for Army basic training units while deputy commander of the Army Training and Doctrine Command.

Dining facility customers enjoy the new menu choices because they want to eat healthier, and the program is helping them reach that goal, said Sgt. 1st Class Jose Pineda, manager of the dining facility at Clay Kaserne in Wiesbaden.

Under the guidelines of the fueling program, Pineda and his crew have implemented fresh ideas like replacing short order lines offering burgers and fries with sandwiches and salad bars; baking certain foods instead of frying them and offering vegetarian meals and new menu items that make vegetables more appealing.

And they've gone a step further, he added, to help customers understand how the new direction is a healthy –



Staff Sgt. Joel Salgado

Sgt. Albert Penarejo bakes chicken during lunch preparations in the dining facility Aug. 29, 2011 at the Heidelberg Health Center. As part of U.S. Army Europe's "Fueling The Team" program, dining facilities are offering more baked foods as healthier alternatives to fried food.

and tasty – direction.

"One of the biggest changes was educating the customers and making vegetables and salads more appealing," Pineda said.

"I've had some great comments about our new sandwich and chicken ranch salad bar, and some Soldiers mention how this is really helping them stay within the Army height and weight standards."

In fact, dining facility customers across USAREUR appear to have embraced the changes. Vanzanten said the steady stream of patrons in the command's dining facilities has not decreased since the fueling program began phasing in just over a year ago.

While it might seem that making major changes to dining facilities' operations, equipment and menus is a costly proposition, Vanzanten said it costs no more to prepare and serve healthier food.

While "Fueling the Team" is a strictly USAREUR effort at the moment, program officials and dining facility managers hope it will catch on across the Army.

"I think it would be great to see this go Armywide, because it will help many Soldiers that struggle with their weight throughout their Army career,"

Pineda said. "It's a new program, and people have to get used to it, but I think it has been a success and people are adapting to it nicely."

The program was never intended to be confined to dining facilities alone.

From the start, program officials looked at ways to use other venues to educate the entire Army in Europe community – civilian employees and family members as well as Soldiers – about the value of incorporating good nutrition into their catalog of healthy lifestyle choices.

As a result, a new initiative, "Fueling the Future," was recently kicked off to encourage everyone in the USAREUR community to include good nutrition and regular physical activity in their way of life.

That effort began in schools in USAREUR's footprint, but is designed to spread further.

"This is a communitywide focus on nutrition and wellness that will help to make our military families stronger," said Nicole Leth, a public health volunteer who is among those leading the effort.

Leth works alongside a variety of agencies whose goal is to emphasize the importance of good nutrition and physical activity to students, and

to involve the whole community in efforts to help children eat better and get more exercise.

The payoff, she said, is twofold. First, students who eat better and participate in more physical activity do better in school and maintain a healthier body weight.

Second, students involved in the program will bring its message home to their families and help foster a healthier home environment.

Because Soldiers are getting this message through the "Fueling the Team" initiative and other military venues, Leth said, the combined efforts of the fueling programs and related projects should help create stronger military families.

One example of those related efforts comes from the Army and Air Force Exchange Service Europe Region, which operates the school lunch programs at Department of Defense Dependents Schools across the theater.

An Aug. 14 AAFES Europe news release announced changes to school lunch menus to make them more nutritious.

"The Exchange will be serving healthy meals for DoD schools that meet new federal nutrition standards, ensuring that the meals are well balanced and provide students all the nutrition they need to succeed at school," Al Tagab, AAFES Europe Senior Restaurant Program Specialist, said in the release.

The changes will give students more options for choosing healthy food items, AAFES officials said, and offer menu items (including milk, fruit, vegetables, meat, meat alternatives and grains) that follow strict limits for calories and saturated fat.

"I think the members of the community are receptive to this message, but they just need the information and the tools to help them be their very best," Leth said.

"My hope is that all of our military communities will focus not just on properly fueling Soldiers and educating them about the importance of healthy living, but also focus on properly fueling and educating the entire military family," she said.

Heidelberg Clinic consolidates pediatrics care

By **Stefan Alford**
LRMC PUBLIC AFFAIRS

The Pediatrics section at the Heidelberg Army Health Clinic will fall under Family Practice Sept. 14 as part of continuing transformation efforts toward next June's Nachrichten Kaserne clinic closure.

"We believe this realignment of our pediatrics services should be transparent to most of our beneficiaries," said

Lt. Col. Rachele Smith, health clinic commander.

As the pediatrics section downsizes to one pediatrician who will continue to see children from birth to 5 years of age, those over 5 will be seen by the general practitioners and Family Practice doctors, all of whom are all qualified to provide health care to those age groups.

The remaining pediatrics doctor will also continue to see older children

with chronic illnesses, those with Attention Deficit Hyperactivity Disorder and those enrolled in the Exceptional Family Member Program.

"If appointments at the clinic are not readily available to ensure timely, quality health care, then host nation referral will remain the quality alternative," Smith added.

"As our providers and services decrease, such referrals will increase to maintain the standard of care to which

our beneficiaries are accustomed.

"We have a tremendous working relationship with local host nation providers and have referred our patients to these facilities for a long time.

"As we right-size, many services rendered by American military care providers will shift to our host nation partners as we continue to provide our community with the quality health care they expect and deserve," Smith said.



Mass Communication Specialist 1st Class Chad J. McNeely

Soldiers wait to take photos of President Barack Obama at Fort Bliss, Texas, Friday. During his visit, Obama addressed service members assigned to the base and spent time with troops and their families.



Sgt. Rashawn D. Price

Sgt. Lee Savoy, with the 256th Brigade Special Troops Battalion, Louisiana Army National Guard, evacuates a child from a flood caused by Hurricane Isaac in LaPlace, La., Aug. 30.

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George Kale

Soldiers wait for members of the Alaska Army National Guard to transport them after detonating an unexploded avalanche artillery shell found near Anchorage, Alaska, Aug. 29.



Navy Lt. Benjamin Addison

Staff Sgt. Joshua White, a member of the Farah Provincial Reconstruction Team, leads a security team during a key leader engagement in Farah, Afghanistan, Aug. 29. The Farah PRT security force is made up of Alaska Army National Guardsmen who are responsible for ensuring the safety of everyone assigned to the PRT.



D. Myles Cullen

Gen. Martin E. Dempsey, middle, the chairman of the Joint Chiefs of Staff, reviews Irish honor guard members at Cathal Brugha Barracks in Dublin Friday.

AWARDS

continued from page 1

attention to the ‘how,’ not the ‘what.’”
 “Second is leadership,” he said.

“True leaders figure out how to create change. If you want people to follow you, you have to do things differently. You have to take a risk and that is the key to leadership. Look for innovative ways to get out in front and take care of Soldiers and their families.”

Last year’s winners were: Capt. Thomas Cho, U.S. Army NATO Brigade; Chief Warrant Officer 3 Laura Gentry, V Corps; Staff Sgt. Alex Casaretto, 21st Theater Sustainment Command, Spc. Tavia Shelton, V Corps; John Spillman, USAREUR G1.

For more information on the program and nomination requirements, call the USAREUR G1 Awards and Actions Branch at DSN 370-8396, civ. 06221-57-8396.

Nomination Requirements:

- 8 inches by 10 inches head and shoulder photo
- Officer Record Brief or Enlisted Record Brief
- Army Physical Fitness Test scorecard
- Commissioned and warrant officers: A narrative describing the understanding of Lt. Gen. Timothy J. Maude’s contributions to the Army, his values and how they seek to emulate him
- Enlisted Soldiers: A narrative demonstrating the nominee’s understanding of Sgt. Maj. Larry L. Strickland’s contributions to the Army, his values and how they seek to emulate him
- Civilians: A narrative showing examples of how he or she demonstrated achievement in Army human resources
- Recommendation memo from a lieutenant colonel or above in the nominee’s chain of command
- Endorsement from the recommended nominee’s supporting senior adjutant general human resources officer on post, or at higher headquarters

FUTURE

continued from page 1

their physical activity levels, and improve their performance in school,” said Leth.

But the ultimate goal, Leth added, is to spread the word to all members of the Army in Europe.

To aid that effort she is working alongside a variety of agencies whose goal is to promote the value of good nutrition and physical activity and involve the whole community in efforts to help people eat better and get more exercise.

One example of related community involvement comes from the Army and Air Force Exchange Service Europe Region, which operates the school lunch programs at Department of Defense Dependent Schools across the theater.

This month, AAFES Europe announced it will make changes to

school lunch menus to make them more nutritious.

The “Fueling The Future” program rounds out the USAREUR “Fueling The Team” program, a parallel initiative which began just over a year ago and aims to get Soldiers to eat healthier, make healthy lifestyle choices and improve their overall fitness and performance.

That program is an extension of the Soldier Fueling Initiative started by Hertling during his tenure as deputy commander of the Army Training and Doctrine Command to improve nutrition at basic training units.

Read about the year-old Soldier Fueling Initiative on page 6 of this issue.

For more information on the fueling programs, visit <http://goo.gl/eavoB>.

QUESTIONS

continued from page 1

Several community members have already submitted questions for consideration; these are listed below.

Q: I am a civilian employee, and our supervisors are telling us there is a good chance we will be laterally transferred to a position in Kaiserslautern or Wiesbaden.

How long will it be before we receive confirmation that our positions will be transferred?

A: Each organization has its own reality and its own business rules to address that reality. Some organizations are closing, while others are relocating, so the rules for each are different.

Employees should consult with their supervisor or chain of command for information specific to their organization.

Q: What is going to happen to civilians who came on Permanent Change of Station orders here less than three years ago? Will they be moved within Germany, or will they be made to return to the United States?

A: That depends on individual situations and requirements. Some personnel may relocate, while others will execute return rights to previous Continental United States assignments or seek other employment.

Employees should consult with their supervisor or chain of command for information specific to their organization.

Q: How will the garrison handle all these moves at once? Will there be a long wait list for, say, household goods pickup and other moving-related resources?

A: During the peak season of moves, the Directorate of Logistics should have no issues handling the majority

of moves.

Since the directed moves will be scattered and not all in one month, DOL will have the capacity to move on average about 500 to 600 personnel per month without a long wait list.

During summer months, DOL usually averages about a two to three week notice for most moves.

Q: My spouse is active duty, and we haven’t received orders to move yet. When should we become concerned about this?

A: The lead time for the receipt of orders needed to execute a PCS move varies depending upon the type of move (e.g. PCS to CONUS versus Inter-theater Transfer or Unit Move, Unaccompanied versus Accompanied, etc.)

The Garrison Military Personnel Division prioritizes the production of PCS orders based on several factors, to include the report date (in essence, earlier report dates first.)

Soldiers are advised to consult with their Human Resources Office, S1 or chain of command on all PCS issues.

Unit HR and S1 offices will work with the assignment authority (for example, U.S. Army Europe G1) and the Garrison Military Personnel Division on issues relating to the production of PCS orders.

Q: I’ve noticed that American Forces Network Heidelberg is now known as AFN Stuttgart. What happened to the station, and what will happen to our AFN Europe television and radio services here in the Heidelberg community?

A: AFN Heidelberg was re-designated as AFN-Stuttgart in August as part of ongoing transformation efforts in the Heidelberg community.

AFN-Heidelberg and its personnel have relocated to Stuttgart to continue

their broadcast mission for the families, service members and Department of Defense civilians living there.

However, the move will not affect the availability of television and radio service for community members living in Mannheim and Heidelberg.

AFN Wiesbaden, AFN Kaiserslautern and the Regional Media Center at AFN Europe headquarters on Coleman Barracks now support the Mannheim and Heidelberg communities.

Listeners in Heidelberg and Mannheim can now choose to listen to AFN Kaiserslautern on FM 104.6 and 1143 AM or to AFN Wiesbaden on 98.7 FM or 873 AM.

A low-power FM service is still broadcasting in Mannheim on 107.3 FM, but is scheduled to go off the air Sept. 30.

Q: If there are still families living in Mannheim, why were the remaining support facilities closed by Sept. 1 (commissary, banks, fitness center and others?)

A: All Army Family Housing and Unaccompanied Personnel Housing in Benjamin Franklin Village will be vacated no later than Sept. 30, 2012.

Personnel still living in the Mannheim community are encouraged to utilize the Heidelberg services and those on Coleman and Spinelli Barracks. Mannheim support agencies needed to shut down in order to clear their facilities to meet the Sept. 30 closure date for Benjamin Franklin Village and Sullivan Barracks.

Q: What military facilities and installations are projected to remain in the Heidelberg and Mannheim communities after September 2013?

A: After September 2013, three worksites in Mannheim will remain until follow-on facilities in Sembach,

Kaiserslautern and Wiesbaden are completed in 2014: Spinelli Barracks to support warehouse operations; Funari Barracks for the USAREUR Theater Network Operations Security Center and Coleman Barracks for AFN-E and the confinement facility.

All Heidelberg facilities will be closed. All personnel who require life support will be moved to their gaining location by August 2013, where support services will be readily available.

Q: When the closure was first announced in 2010, Heidelberg and Mannheim were going to close much later. Why were the dates accelerated? Why can’t we go back to the original closure dates that were put out?

A: The original announcement provided “no later than” closure dates.

Through planning, lessons learned from previous closures, and business based actions, it was determined that the best course of action was to close Heidelberg and Mannheim facilities by Sept. 30, 2013 with the exception of the three worksites.

The primary factor in accelerating the closures of Patrick Henry Village and the Heidelberg Community Shopping Center was the desire to ensure all personnel would receive a quality of life equal to the quality of their service under the Army Family Covenant.

This quality of life would not have been possible on PHV for 2014 with the limited workforce and personnel that would have remained. The quality of life at gaining locations clearly meets the promise of the Army Family covenant.

Read more transformation questions in future Herald Post issues, on the garrison Facebook page at www.facebook.com/bwnow and on the garrison website at www.bw.eur.army.mil.

GERMAN NEWS

Murderer Found After 13 Years

A convicted murderer who had been on the run 13 years was arrested Saturday on luxury cruise ship MCS Poseia in northern Germany after assuming he was untouchable since the boat was flying under a Panamanian flag. German authorities checking the manifest of the ship coming from Norway found the 65-year-old Austrian's name on the list. The man had deliberately not left the ship in Kiel, thinking that because it had a foreign flag, he was on foreign territory. The man was convicted in Essen of murder, robbery and breaking gun laws, and was sentenced to life in prison. It was not revealed how he escaped. He is currently in a Kiel jail.

Man Dies During Playground Dare

An unnamed 20-year-old German was flung from a playground roundabout and died Sunday afternoon in Bavaria. His three friends, who face involuntary manslaughter charges, taped him down, tied the roundabout to a car and drove off as quickly as they could, sending the carousel spinning at a dangerously high speed, police in the Niederviehbach area said. But the tape came undone, causing the man to fly off. He suffered severe head injuries and died at the scene. His friends were taken to the hospital and were treated for shock. A Bavarian police spokesman said there were no children on the playground when the accident happened, and that it was in a quiet area.

Child Ear-Piercing Challenged

A civil court in Berlin has called for clarification about whether ear-piercing of youngsters constitutes bodily harm after parents of a 3-year-old girl sued a practitioner. After the piercing, it was determined an ear was not punctured correctly, and the child was in pain. Three days later, when she was taken to the doctor, the girl still showed signs of a traumatic reaction. In a legal ruling, the judge said it was doubtful the decision to allow the piercing was in the child's best interest, and the fact that the studio did not refuse to do the piercing might also constitute an offense. The salon owner agreed to pay €70 in damages, and the case may now be handed over to prosecutors. President of the German Association of Pediatricians recently called for a ban of children's ear piercing. "Any encroachment on the healthy body of a child is problematic. It could lead to severe inflammation. Ear-piercing, tattooing and other forms of piercing, from our point of view, constitute bodily harm." SOURCE: www.thelocal.de



Vicki Johnson is a military spouse and clinical social worker with more than 13 years experience working with families in crisis. Contact Ms. Vicki by e-mail: dearmsvicki@yahoo.com, follow her on Twitter @dearmsvicki, or visit www.dearmsvicki.com.

Dear Ms. Vicki,

I think I'm being sexually harassed. My company commander keeps putting his hands on me. He likes to touch my shoulders or my back. Let me give you an example. When I'm on the computer, he will walk up behind me and put his hands on my shoulders and rub them like he's giving me a massage.

A couple of times he's rubbed my back. I try to move my posture in a way to let him know to get his hands off me. It's like he doesn't get it. He has never said anything sexual to me, but I don't like the way he touches me.

I don't want to get in trouble or be black-listed, but this is getting very creepy. I joined the Army so I could be successful, not to have an affair with some creepy old man who is at least 35 years old.

If you were in my shoes, how would you handle it? Would you report it, and to whom? I'm afraid to talk to anyone in the unit about this. I don't trust anyone.

— Fear of Failure

Dear Fear of Failure,

You shouldn't have a fear of failure, though you have every right to be concerned about reprisal for reporting your concerns.

Your commander is out of line with all the touching and massaging. He knows it's unprofessional and crosses serious boundaries.

I won't belabor the point. There are unit representatives you could speak with, but it sounds like you are uncomfortable discussing this with anyone in your unit.

Two things: I think you should document dates and times of these occurrences. Secondly, you can speak with an Army Community Service Victim Advocate, who are there to offer guidance and support. They can give advice on how to handle this situation. They can speak with you by phone or meet you at a location that's away from your unit.

Dear Ms. Vicki,

My husband is a sergeant major and a deacon in our church. I thought he was a man of great morals. We grew up together and started dating when we were 14. Our families know each other well, and were very happy when we got married 15 years ago. He is my "first" everything. I found out three months ago that my husband has been living a lie. Our marriage has been a farce, and now I have egg in my face. You see, my husband the "moral deacon" has been cheating on me. He has a son, whom I've seen but had no idea was fathered by my husband. My husband submitted to paternity testing, and the child is definitely his.

This home-wrecking hussie has ruined my marriage. Out of all the men out there, why did she have to go after my husband? There is more: she is a member of my church. She is active duty and stationed at the same post as my husband, but not in the same unit.

My husband keeps crying, telling

me he made a mistake and that he wants to save our marriage. How can we explain to our children they have a brother who was fathered by another woman while their father was married to me? I don't think I can get over the embarrassment and shame. My husband said the affair is over and that he is a changed man. How can I believe that? I love him, but I don't think I can get over this. — Still in Shock

Dear Still in Shock,

In your wildest dreams, you would never think he would have an affair and father a child. I think you would like to save your marriage, but you don't know how. It will take a lot of healing, and it has to begin quickly. The longer the resentment and guilt festers, the wider the gap will grow between you and your husband. I'm not blaming you in any way, and you didn't deserve this.

I have one sign that tells me when a marriage is surely over: when the forgiveness stops. I won't be critical if you cannot forgive your husband; it's up to you. It will also take some intensive counseling. There are reasons for this affair, and your husband has to be honest and willing to discuss why and how it happened.

I think you need to attend another church. I just don't think the healing will happen as long as you have to look across the pews at the woman who had a sexual relationship and child with your husband.

Remember, none of the children asked for this. I know it will be hard, but take the high road and don't lash out at this woman or the child. Contact Military OneSource (U.S. civ. 800-342-9647.) They will connect you with a local provider who specializes in marriage and family therapy. This is difficult, but I have seen marriages survive situations like yours. With a lot of work, the marriages have emerged much stronger.

Deciphering how much alcohol is too much

By Patricia Tooson

ASAP-BW PREVENTION COORDINATOR

Alcohol (beer, wine and distilled spirits) is a socially accepted way of celebrating achievements, but for some, it's also an accepted way of drowning sorrows and disappointments.

But how much is too much? Army Regulation 600-85 defines alcohol abuse as any irresponsible use of an alcoholic beverage that leads to misconduct, unacceptable social behavior or impairment of an individual's performance of duty, physical or behavioral health, financial responsibility or personal relationships.

This is a very busy time of year for our community, with permanent change of station moves to the United States and elsewhere, kids headed to college, relocations within U.S. Army Europe and

more. These things can create additional stresses and feelings of loss.

Oftentimes, alcohol is used to take the edge off, relax, have fun, take a breather and to de-stress.

Alcohol can also be used to mask personal pain and the self-medication of physical pain. As you continue with your many tasks, plans and activities, is alcohol becoming a problem? Are you concerned that you or someone you know has an alcohol problem, may be drinking too much or is abusing alcohol?

If so, take the CAGE test for alcohol addiction. This simple test is surprisingly accurate. Answer yes or no to each question.

•Have you ever felt you should Cut down on your drinking?

•Have you ever been Annoyed when people have commented on your drinking?

•Have you ever felt Guilty or badly about your drinking?

•Have you ever had an Eye opener (drink) first thing in the morning to steady your nerves or get rid of a hangover?

Score one point for each yes answer.

•If you scored 1, there is an 80 percent chance you're addicted to alcohol.

•If you scored 2, there is an 89 percent chance you're addicted to alcohol.

•If you scored 3, there is a 99 percent chance you're addicted to alcohol.

If you scored 4, there is a 100 percent chance you're addicted to alcohol.

For help or more information, visit the Army Substance Abuse Program at 104 Romerstraße (behind Ford Auto Joncker), or call DSN 370-1710, civ. 06221-57-1710.

GET OUT!

area events

More events online at www.facebook.com/BWnow

September 6

Stuttgarter Weindorf – The city of Stuttgart hosts the annual Stuttgarter Weindorf through Sept. 9. The event is one of the biggest and most eagerly anticipated wine festivals in Europe, where more than one million visitors come to sample some of the very best in Swabian wines and food. There are more than 120 stalls and 250 different Baden-Württemberg wine varieties for tasting at the wine village, set up each year on and around the marketplace and the Schillerplatz. The festival also features an array of local arts and crafts, beer gardens and entertainers dressed in traditional Swabian folklore costumes. Schillerplatz, 70173 Stuttgart. www.buzzoffbase.com.

Fantasy FilmFest – Founded in Berlin, but now extending across all of Germany, the Fantasy FilmFest is an annual event with screenings in five other cities from Hamburg to Munich. Festival dates for 2012 include Frankfurt Sept. 5-12; Cologne Sept. 6-13 and Nuremberg Sept. 6-13. Visit www.fantasyfilmfest.com for program and tickets.

September 7

Stadtfest – Landstuhl hosts its annual Stadtfest, or city festival, featuring a musical program, car show, children's activities, food, drink and Sunday shopping. More than 15 bands will perform on three stages on the Alter Markt near the Rathaus. Visitors can taste a variety of culinary specialties in tents throughout the fest. A fireworks display closes out the fest around 10 p.m. Sept. 9. Kaiserstraße, 66849 Landstuhl. www.buzzoffbase.com.

Dürkheimer Wurstmarkt – Enjoy more than 150 different wines at over 50 different stands at one of the largest wine festivals in Germany, Sept. 7-11 and Sept. 14-17. The fest features wine, food and entertainment including live music and fair rides. A special bus and train service will be available, with return trips until late, especially on weekend nights. Look for the Wurstmarkt ticket at Deutsche Bahn ticket machines. www.duerkheimer-wurstmarkt.de.

Folklore Festival – The city of Karlsruhe hosts the 2012 International Dance and Folklore Festival in the Friedrichsplatz through Sept. 9. Festival starts 6 p.m. Sept. 7 and all day Sept. 8-9. www.folkloria.de.

Crafts Market – Take a stroll through Mannheim's Crafts and Farmers Market at Herzogenriedpark, Max-Joseph-Straße 64 beginning 11 a.m. through Sept. 9.

September 8

Metzingen Shopping – Enjoy a shopping trip to Metzingen 8 a.m. - 6 p.m. Visit a factory outlet and enjoy discounts from 30 to 80 percent off at 80 different stores including Adidas, Burberry, Nike, Swarovski, Diesel,

Max Mara and more. Reservations: DSN 388-9438, civ. 06221-338-9438.

Latin Night – Enjoy music by Disc Jockey Bello NYC and mojitos in celebration of Hispanic Heritage Month at the Village Grille After Hours on Patrick Henry Village in Heidelberg, 9 p.m.-close. www.mwrgermany.com.

September 12

Coldplay Concert – British rockers Coldplay promote their 5th studio album *Mylo Xyloto* in Munich at Olympiastadion München at 7 p.m. www.eventim.de.

September 15

Street Fest – Enjoy food, music and games during the Plankstadt Street Fest on Ladenburger Straße 11 a.m.-midnight Friday and 11 a.m.-9 p.m. Saturday and Sunday.

Latin Flavors – Enjoy food, dancing, music and art at the Village Pavilion Community Center in Heidelberg in celebration of Hispanic Heritage Month, 7-11 p.m. Tickets available from the Arts and Cultural Center in advance or at the door. Open to all ages. Call DSN 388-9421, civ. 06221-228-9421, www.mwrgermany.com.

Weinheim Shopping – Weinheim hosts Sunday Shopping along the city's Hauptstraße 10 a.m.-4 p.m. Sept. 15 and 11 a.m.-6 p.m. Sept. 16.

Kinderfest – Gather your little ones for a day of fun at Luisenpark in Mannheim during Kinderfest. Gartenschauweg 12. Festival starts 2 p.m.

Roter Faden Shopping – Enjoy a variety of special samples and discounts from participating stores in the quaint side streets of the old town in Heidelberg, 11 a.m.-4 p.m. Pre-registration is required. Additional shopping dates are scheduled for Oct. 20 and Nov. 17. Limited spaces available. DSN 370-7924. www.uso.org/rheinmain.

September 22

Oktoberfest – Travel to Munich's number one festival with Outdoor Recreation.

Known the world over, Oktoberfest draws more than six million visitors each year to enjoy local beer, meet people from all over the world and celebrate the royal marriage of King Ludwig I to Princess Therese of Saxony-Hildburghausen. Bus departs 6 a.m. from Patrick Henry Village Park and Ride and returns about 3 a.m. the next morning. Trip includes round trip transportation only. Subsequent trip planned for Sept. 29. www.mwrgermany.com.

Hitscherhof Farm Festival – This festival features a farmers and crafts market with pumpkin soup, corn on the cob with butter, Tarte Flambee, wines, marinated pork steaks and bratwurst, waffles, cake, coffee

and more for sale. Kids can enjoy a corn maze and picking their own pumpkin for Halloween. Hitscherhof Pumpkin Farm is located at Hitscherhof 3, 66506 Maßweiler in the Saar-Pfalz area of Germany. For more information, call the farm shop, civ. 06336-839-989. www.hitscherhof.com.

September 23

Sunday Shopping – Enjoy Sunday shopping and a children's festival in Schwetzingen. Downtown shops will open 1-6 p.m. and the kids-for-kids event will kick off with a soccer tournament at 11 a.m. Other activities include a hands-on kids circus, stage performances, guided tours of the Schwetzingen palace gardens, bouncy castle, bicycle course and town rally. The Kleine Planken pedestrian district and the square in front of the palace will turn into a sports and display arena. www.schwetzingen.de/pb/site/Schwetzingen/get/params_Datattachment/372145/Programm-Faltblatt.pdf (German language only.)

September 25

Nickelback Concert – Canadian band Nickelback plays at Hanns-Martin-Schleyer-Halle in Stuttgart at 8 p.m. with opening act Daughtry. www.eventim.de.

September 28

Cannstatter Volksfest – Stuttgart holds its 167th annual people's festival through Oct. 14. Beer gardens, wine tents, rides and traditional foods will be available as well as a huge fireworks show on the final evening. www.cannstatter-volksfest.de.

September 29

Fall Fest – Savor the sights and sounds of the fall season during the Heidelberg Fall Fest downtown 11 a.m. - 11 p.m. Enjoy medieval market, arts and crafts, events for kids and live bands.

October 2

International Jazz Festival – Enjoy Jazz, The International Festival for Jazz and More, will present a nearly seven-week period of top-class arrangements and extremely diverse performances focusing on jazz but also on bordering genres, such as classical music, pop, rock, hip-hop and electronic music. Program runs through Nov. 10 at locations in Heidelberg, Mannheim and Ludwigshafen. www.enjoyjazz.de.

Upcoming concerts

Jennifer Lopez – JLo's Dance Again World Tour comes to Berlin Oct. 13 at O2 World Berlin. www.eventim.de.

coming to THEATERS

SPARKLE

(Whitney Houston, Jordan Sparks) Musical prodigy Sparkle struggles to become a star while overcoming issues that are tearing her family apart. From an affluent Detroit area and daughter to a single mother, she tries to balance a new romance with music manager Stix while dealing with the unexpected challenges her new life will bring as she and her two sisters strive to become a dynamic singing group during the Motown era. (Rated PG-13 for mature thematic content involving domestic abuse and drug material and for some violence, language and smoking) 98 minutes.



PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

Sept. 6 - BRAVE (PG) 7 p.m.
Sept. 7 - LAWLESS (R) 7 p.m.; MAGIC MIKE (R) 10 p.m.
Sept. 8 - THE AMAZING SPIDERMAN (PG-13) 4 p.m.; THE POSSESSION (PG-13) 7 p.m.; LAWLESS (R) 10 p.m.
Sept. 9 - THE AMAZING SPIDERMAN (PG-13) 4 p.m.; MAGIC MIKE (R) 7 p.m.
Sept. 10 - THE POSSESSION (PG-13) 7 p.m.
Sept. 11 - LAWLESS (R) 7 p.m.
Sept. 12 - MAGIC MIKE (R) 7 p.m.
Sept. 13 - THE AMAZING SPIDERMAN (PG-13) 7 p.m.

Vogelweh, Galaxy

Sept. 7 - PREMIUM RUSH (PG-13) 4 p.m.; SPARKLE (PG-13) 7 p.m.
Sept. 8 - BRAVE (PG) 4 p.m.; HIT & RUN (R) 7 p.m.
Sept. 9 - TED (R) 7 p.m.

Ramstein, Gateway Cineplex

Sept. 6 - PREMIUM RUSH (PG-13) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m.; SPARKLE (PG-13) 2:30 p.m., 5:30 p.m.; HIT & RUN (R) 11:30 a.m., 8:30 p.m.; TED (R) 2 p.m., 7 p.m.; BRAVE (PG) 11 a.m., 4:30 p.m.
Sept. 7 - THE POSSESSION (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.; LAWLESS (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2:30 p.m., 5:30 p.m., 8:30 p.m.; MAGIC MIKE (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.;
Sept. 8 - THE POSSESSION (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.; LAWLESS (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2:30 p.m., 5:30 p.m., 8:30 p.m.; MAGIC MIKE (R) 11 a.m., 5 p.m., 8 p.m.
Sept. 9 - THE POSSESSION (PG-13) 11 a.m., 1:30 p.m., 2 p.m., 5 p.m., 7:30 p.m.; LAWLESS (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; MAGIC MIKE (R) 2 p.m., 5 p.m., 7:30 p.m.
Sept. 10 - THE POSSESSION (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 8:30 p.m.; LAWLESS (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; MAGIC MIKE (R) 11 a.m., 2 p.m., 5 p.m., 7:30 p.m.
Sept. 11 - THE POSSESSION (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 8:30 p.m.; LAWLESS (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; MAGIC MIKE (R) 11 a.m., 2 p.m., 5 p.m., 7:30 p.m.
Sept. 12 - THE POSSESSION (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 8:30 p.m.; LAWLESS (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; MAGIC MIKE (R) 11 a.m., 2 p.m., 5 p.m., 7:30 p.m.
Sept. 13 - THE POSSESSION (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 8:30 p.m.; LAWLESS (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; THE AMAZING SPIDERMAN (PG-13) 2 p.m., 7:30 p.m.; MAGIC MIKE (R) 11 a.m., 5 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
Galaxy Theater, Vogelweh, 0631-50017
Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions

Mannheim Cineplex (P4 13), CinemaxX (M7, 17), Mannheim, civ. 01805-625466, www.cineplex.de

Mannheim, CinemaxX, Cineplex - English Language movies

Sept. 6-7, 10-12 - THE EXPENDABLES 2 (R) 11 p.m. at CinemaxX
Sept. 7-8 - THE LOST STEVE JOBS INTERVIEW (Unrated) 6:30 p.m. at Cineplex
Sept. 9 - MAGIC MIKE (R) 8 p.m. at CinemaxX

community HIGHLIGHTS

Holiday Greetings

The Joint Hometown News Service team will tape greetings in English or Spanish that will be broadcast by local TV stations in the U.S. during the holiday season, 11 a.m.-7 p.m. Sept. 9-10 at the Patrick Henry Village Commissary in Heidelberg. Service members should wear duty uniform. Family members should be accompanied by the sponsor, unless the sponsor is deployed. DSN 373-1400, civ. 06221-17-1400.

Operation Rising Star Auditions

Screenings for Operation Rising Star will be held 6:30 p.m. Sept. 13 at KMC Onstage, Bldg. 3232 on Kleber Kaserne in Kaiserslautern. Auditions are mandatory in order to compete 7 p.m. Sept. 22. Winners will go to San Antonio to compete for the grand prize. Registration required. DSN 493-6626, civ. 0631-411-6626.

U.S. Army Officer Candidate School

Completed Officer Candidate School board packets must be submitted by Sept. 16 to the Military Personnel Division in Bldg. 3245 on Kleber Kaserne in Kaiserslautern. U.S. Army Garrison Kaiserslautern will host a structured interview (local board) for OCS 9 a.m. Sept. 21 in the Command Conference Room, Bldg. 2933 on Pulaski Barracks. The Human Resources Command OCS selection board will be conducted Jan. 7-11, 2013. DSN 483-8062/7333, civ. 0631-411-8062/7333, <https://www.hrc.army.mil/site/protect/branches/officer/operations/accessions/OCS/index.htm>.

Combined Federal Campaign

The Combined Federal Campaign will kick off noon Sept. 17 at the community chapel in Bldg. 135 on Patton Barracks in Heidelberg. CFC-Overseas, the world's largest charity campaign, impacts lives of military personnel and family members. The campaign will run until Nov. 16. DSN 370-7687, civ. 06221-57-7687-6711.

Equal Opportunity Training

The U.S. Army Garrison Baden-Württemberg Equal Opportunity Office recommends supervisors attend annual Equal Employment Opportunity classroom training. The next class is 1-2 p.m. Sept. 19 in Bldg. 128 on Patton Barracks in Heidelberg. Employees must have classroom training every year and the online version, found at www.bw.earmy.mil/Directories/EO/Training/EO/NoFEAR.pdf, during the alternate year. Submit completion certificate to EEO. DSN 373-5494, civ. 06221-17-5494.

ASAP Training

The Army Substance Abuse Program's annual training requirement is four hours for Soldiers and two hours for civilians, per Army Regulation 600-85. The ASAP Prevention and Education Branch will offer a class 9-10 a.m. and 1:30-2:30 p.m. Sept. 25 in Bldg. 128 on Patton Barracks in Heidelberg. Registration required. DSN 370-6068, civ. 06221-57-6068.

Retiree Appreciation Day

An Army in Europe Retiree Appreciation Day will be held 8 a.m.-3 p.m. Oct. 13 at the Village Pavilion Community Center in Heidelberg. Guest speakers will be U.S. Army Europe Commander Lt. Gen. Mark Hertling and retired Sergeant Major of the Army Kenneth O. Preston, co-chairman of the Army Chief of Staff Retiree Council. The Association of the U.S. Army will also host an ice-breaker starting 6 p.m. Oct. 12 at the Pavilion. DSN 370-8399, civ. 06221-57-8399.

KAISERSLAUTERN

Education

• **imAlone Program** – Child, Youth and School Services will offer the free imAlone Program, where youth can learn how to stay safe, handle emergency situations and more, 4-6 p.m. Sept. 11-19 at the School Age Center, Room 9-10 in Bldg. 17 on Sembach Kaserne. Parents who wish to enroll their children are required to attend a workshop 5-6 p.m. Sept. 10 at the SSAC. Parent Central Services: DSN 493-4156, civ. 0631-3406-4516.

Community

• **BOSS Meeting** – Better Opportunities for Single Soldiers meets 1:30 p.m. Sept. 6 and first and third Thursdays at Java Café, Bldg. 273 on Rhine Ordnance Barracks.

DSN 493-4215, civ. 0631-3406-4215.

• **Music Café** – KMC Onstage in Bldg. 3232 on Kleber Kaserne presents the Music Café starting 7 p.m. Sept. 7. The event is an opportunity to relax with fellow music lovers, grab a bite to eat at the Java Café, listen to local musicians or even join in. Registration required to perform. DSN 483-6626, civ. 0631-411-6626.

• **Deployed Warrior Wall** – Landstuhl Regional Medical Center will unveil its Deployed Warrior Wall during a ceremony 5:15 p.m. Sept. 11 in the hallway outside Heaton Auditorium. Photos honoring deployed LRMCC medical personnel will be displayed on the wall as a reminder of the continued sacrifice made by deployed Soldiers assigned to LRMCC. The ceremony follows the 9/11 memorial ceremony that begins 4:30 p.m. in the auditorium. DSN 590-8144/7181, civ. 06371-9464-8144/7181.

• **Indoor Flea Market** – Buy or sell treasures at an indoor flea market 8 a.m.-2 p.m. Sept. 15 at the Special Events Center, Bldg. 237 on Rhine Ordnance Barracks. Space and tables available to rent from Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

• **Sembach Java Café** – The Sembach Kaserne Java Café's grand opening will be 1 p.m. Sept. 18 in Bldg. 109. Hours will be 7 a.m.-5 p.m. Monday-Friday and 7:30-2 p.m. on training holidays. DSN 496-7130, civ. 06302-67-7130.

• **Rocktober Fest** – Dimmer's Eye band will play, and there will be a prize for the best rock costume, an air guitar contest and a lip-synch contest during Rocktober Fest 9 p.m.-2 a.m. Sept. 29 in Armstrong's Club, Bldg. 1036 on Vogelweh Housing. Civ. 0631-354-9986.

• **College Night** – U.S. Army Garrison Kaiserslautern Family and Morale, Welfare and Recreation and Ramstein High School present College Night for ID cardholders 6-8:30 p.m. Oct. 4 in the Kaiserslautern Special Events Center in Bldg. 237 on Rhine Ordnance Barracks. Attendees can

learn about education opportunities from more than 100 accredited U.S. and European colleges and universities. Food and beverages available while supplies last. DSN 493-4123, civ. 0631-3406-4123

HEIDELBERG

Education

• **ACS Classes** – Culture College, 8:30 a.m.-1 p.m. Sept. 10-13, Army Community Service, Community Support Center, Bldg. 3850, Room 172; Microsoft Office Workshop (Word and Excel Basics), 10 a.m.-noon Sept. 11, Village Pavilion Community Center, PHV, Bldg. 4507; Microsoft Office Workshop (PowerPoint and Publisher Basics), 10 a.m.-noon Sept. 12, Village Pavilion Community Center; Army Community Service Volunteer Orientation, 10-11 a.m. Sept. 12, ACS, Community Support Center, Room 250B; Pregnancy Support Group, 1-2:30 p.m. Sept. 12, ACS Annex, PHV, Bldg. 4531, Conference Room; English as a Second Language, 6-7:30 p.m. Mondays, ACS Annex, PHV, Bldg. 4531; Financial Readiness Briefing (computer-based training; mandatory for first-term Soldiers.) Registration is required. DSN 370-6883/6975, civ. 06221-57-6883/6975.

• **American Red Cross** – An adult and pediatric first aid, cardiopulmonary resuscitation and automated external defibrillators course will be offered by the American Red Cross 8 a.m.-4 p.m. Sept. 15 in Bldg. 3850, Room 263, on the Community Support Center. Registration required. DSN 370-1760, civ. 06221-57-1760, heidberg@redcross.org.

• **Bringing Baby Home** – A free class featuring the new parent support program home visitor and a German midwife can provide parents with information about delivering a baby in a German hospital, newborn care, community resources and more 5:30-8:30 p.m. Sept. 19 in the Army Community Service Annex, Bldg. 4531 on Patrick Henry Village. Registration required. DSN 370-6883, civ. 06221-57-6883.

• **UMUC Field Study Program** – Students can explore fascinating locations and come face-to-face with captivating history in Europe while earning university credit with University of Maryland University College Europe's field study program in Cambridge, England, and Dublin, Ireland, Oct. 13-20. Register until Sept. 30. DSN 370-6762, civ. 06221-3780, www.ed.umuc.edu/fieldstudy.

• **UMUC Military Book Award** – University of Maryland University College Europe offers a military book award for active duty service members and their spouses and dependents. Both new and current students are eligible to apply. UMUC Europe also offers a new student scholarship to help students with

book and tuition costs.

DSN 370-6762, civ. 06221-3780, www.ed.umuc.edu/financialaid.

Community

• **Playgroup** – Parent 2 Parent hosts a playgroup 9:30-11 a.m. Sept. 7 and every Friday at the Patrick Henry Village Child Development Center. Parents and their babies, toddlers and preschoolers can make crafts, listen to stories, sing songs and more. DSN 388-9241, civ. 06221-338-9241.

• **Story Time** – The Patrick Henry Village Library hosts story time with a craft for parents and their toddlers 11 a.m. Sept. 7 and every Thursday. Preschoolers can enjoy story time 11 a.m. Sept. 12 and every Wednesday. DSN 370-1740, civ. 06221-57-1740.

• **Parent's Night, Day Out** – Parents can enjoy some kids-free time 7 p.m.-midnight Sept. 7, 21 and 10 a.m.-4 p.m. Sept. 8, 22 during Parent's Night, Day Out for infants through fifth graders. Register with Parent Central Services, Bldg. 4443 on Patrick Henry Village. DSN 388-9340, civ. 06221-338-9341, www.mwrgermany.com.

• **Community Yard Sale** – Sell or buy personal items during a community yard sale 10 a.m.-2 p.m. Sept. 8 at the Patrick Henry Village Park. The Recycle and Reuse Center will be open until 4 p.m. for items that do not sell. Tables and canopies available for rent from Outdoor Recreation.

DSN 388-9282, civ. 06221-338-9282.

• **Cub Scout Pack 284 Picnic** – Cub Scout Pack 284 will host a welcome back picnic 3 p.m. Sept. 8 at the Patrick Henry Village Park. New Scouts may register at the picnic and meet their new den leaders. Civ. 06222-318-1502.

• **Youth Center Grill And Chill** – High schoolers enrolled in the Heidelberg Youth Center are invited to a Grill and Chill party 6-10 p.m. Sept. 8 at the Village Pavilion Community Center. DSN 388-9003, civ. 06221-338-9003.

• **Portrait Painting** – Ages 12 and older can learn basic elements of oil and acrylic portrait painting in a 4-part class 5-7 p.m. Sept. 11, 12, 18 and 19 in the Arts and Cultural Center on Patrick Henry Village.

DSN 388-9421, civ. 06221-338-9421.

• **HSCS Luncheon** – The Heidelberg Community and Spouses' Club will host a Welcome Aboard Luncheon 10 a.m.-2 p.m. with lunch served 11 a.m. Sept. 13 in the Village Pavilion Community Center ballroom. There will be raffles, vendors and surprises for new members. Child care available through Child, Youth and School Services. Reservations required: www.hscs-heidberg.com/reservations.html.

• **Caracalla Day Spa** – Join Army Outdoor Recreation on a trip to Caracalla Day Spa in Baden-Baden Sept. 16. DSN 388-9282, civ. 06221-338-

9282, www.mwrgermany.com.

• **Youth Center Europa Park** – High schoolers enrolled in the Heidelberg Youth Center can sign up by Sept. 19 for a trip to Europa Park 8 a.m.-8 p.m. Sept. 22. DSN 388-9003, civ. 06221-338-9003.

• **BOSS Meeting, Cheap Eats** – Better Opportunities for Single Soldiers meets 3:30 p.m., followed by free barbecue dinner for all military personnel 5 p.m. Sept. 19 at the Patton Warrior Zone. DSN 373-5275, civ. 06221-17-5275.

• **Right Arm Night** – Supervisors and their "right arms" can enjoy free finger food 5-7 p.m. Sept. 21 at the Copper Lounge in the Village Pavilion Community Center on Patrick Henry Village. www.mwrgermany.com.

• **Prague Express** – Join Army Outdoor Recreation on a trip to Prague, the Czech Republic, Sept. 22. DSN 388-9282, civ. 06221-338-9282.

• **Indoor Flea Market** – A non-appropriated funds sale and indoor flea market that includes NAF property, home goods and toys will be held 9 a.m.-2 p.m. Sept. 22 in the Village Pavilion Community Center on Patrick Henry Village. ID cardholders can rent tables to sell their wares (pre-registration recommended.) DSN 388-9438, civ. 06221-338-9438.

• **Biodegradable Waste** – The sustained high temperatures have prompted the Heidelberg city utilities to remind their customers that through Sept. 28, the bins for biodegradable waste are emptied on a weekly basis. This break from the regular two-week cycle applies during the summer months to prevent irritations and comes at no extra charge. Customers may put out their bins on the regular pick up day at the regular location.

• **Robert Thompson Art** – Enjoy the art of Robert Thompson with music, wine and cheese during the grand opening of his exhibition 7-9 p.m. Sept. 29 in the Copper Lounge in the Village Pavilion Community Center on Patrick Henry Village. Show and sale end Oct. 21. www.mwrgermany.com.

• **Holiday Bazaar** – The Heidelberg Holiday Bazaar, hosted by the Heidelberg Community and Spouses' Club, will be held 10 a.m.-8 p.m. Oct. 5, 10 a.m.-7 p.m. Oct. 6 and 11 a.m.-5 p.m. Oct. 7 in the Village Pavilion Community Center on Patrick Henry Village for U.S. or NATO ID cardholders (with shopping privileges.) Pay cash or credit in U.S. dollars. www.hscs-heidberg.com/bazaar_main.html.

• **CMR 419** – The 24-hour Automatic Package Pickup system in Community Mail Room 419 is no longer available. Packages must be picked up at the customer service window 11 a.m.-6 p.m. Monday-Friday (closed federal holidays.) The automatic locker system will be moved to a new facility. DSN 370-6611, civ. 06221-57-6611.

Outdoor Recreation summer water sports



Andy Murray

Participants enjoy an advanced white water rafting trip on the Inn river in Austria with Kaiserslautern Outdoor Recreation during Memorial Day weekend. Outdoor Recreation sponsors a variety of outdoor trips around Europe each month.



Photos by Jason Proctor

Newcomers to the sport of canyoning learn how to rappel down waterfalls on a Labor Day weekend trip with Kaiserslautern Outdoor Recreation. The trip took participants to the Lower Auerklamm gorge near Ötztal, Austria. According to ODR, canyoning is essentially hiking the bottom of a canyon and involves rappelling down cliffs with the waterfalls and jumping into alpine pools.

staying ACTIVE

Pilates Fitness Classes

Pilates fitness classes have begun at the Patrick Henry Village Activity Center. Session one runs 3:30-4:30 p.m. Wednesdays Sept. 5-Dec. 12; Session two runs 9-10 a.m. Thursdays Sept. 6-Dec. 13. Cost is \$78 for 14 classes and must be paid at the first class. DSN 370-6489, civ. 06221-57-6489.

Fall Bowling Leagues

Fall bowling leagues are forming at Heidelberg Bowling and Family Entertainment Center. Mixed league meeting and registration is 7 p.m. Sept. 7 and juniors league starts Sept. 8. www.mwrgermany.com.

Freedom 5K Fun Run

Registration for the 5th annual U.S. Army Garrison Baden-Württemberg Freedom run and walk starts 8:30 a.m. Sept. 8 at the Patrick Henry Village Library in Heidelberg. Run starts 9 a.m. Free T-shirt while supplies last. www.mwrgermany.com.

Heidelberg Volksmarch

The Heidelberg International Wandering Club hosts its 38th and final volksmarch 7 a.m. Sept. 8-9 in Heidelberg. Choose from 5 km, 11 km and 22 km routes through the hills above Heidelberg. Registration is at the Internationale Gesamtschule Hasenleiser in Rohrbach. www.hiwc.de.

Youth Soccer Tryouts

United States Youth Soccer will hold tryouts Sept. 9 at the Patrick Henry Village Bowling Center soccer field for select boys' and girls' traveling soccer teams. Tryouts for the under-9 and under-11 teams are scheduled for 2-2:45 p.m.; the under-13 and under-15 squads from 3-3:45 p.m. and the high-school-level squad from 4-4:45 p.m. Civ. 0173-326-1109.

BOSS Scuba Diving

Try scuba diving in Kronau with Better Opportunities for Single Soldiers Sept. 22. Sign up with Outdoor Recreation by Sept. 14. Cost is \$75. DSN 373-5275, civ. 06221-17-5275.

Fall Fishing Course

A fall fishing course is scheduled 9 a.m.-4:30 p.m. Sept. 15-16 at the Heidelberg Rod and Gun Club. For more information, call civ. 06202-51193. www.mwrgermany.com.

Army-Air Force Golf Tournament

The 16th annual challenge match golf event between Army and Air Force personnel takes place 9 a.m. Sept. 23 at Heidelberg Golf Club. Teams will compete for the "The Willi Geck Trophy," receive team uniforms and enjoy free food. DSN 370-5946, civ. 06202-53767.

Skydiving Trip with Outdoor Recreation

Join Outdoor Recreation Sept. 30 at the former Bitburg Airbase to experience one of the world's greatest thrills. Trip departs 7:30 a.m. from Kaiserslautern Outdoor Recreation on Pulaski Barracks, Bldg. 2905. Cost is \$269 and includes transportation, tandem jump instruction and fees. Sign up by Sept. 26. Contact Heidelberg ODR DSN 388-9282, civ. 06221-338-9282. www.mwrgermany.com.

Bundesliga Soccer

Catch a home game of Turn-und Sportgemeinschaft 1899 Hoffenheim e.V. when they play Hannover 96, 5:30 p.m. Sept. 28 at the Rhein-Neckar Arena in Sinsheim. Tickets can be purchased online at www.achtzehn99.de.

Send the Herald Post Your Photos

If you have photos from sporting events, e-mail them along with the details of the event and names of those pictured to usaghd.post@eur.army.mil or usarmy.badenwurt.usag.mbx.post-newspaper@mail.mil. Deadline is noon Monday.