

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
Sept. 20, 2012

Speed Read

SPIRITUAL RESILIENCY

Army chaplains offer their programs and services to Soldiers of all beliefs to help build spiritual resiliency in the ranks. 2

PREVENTION RESOURCES

Local Army agencies provide resources to help Soldiers, civilians and families celebrate life during the Army's Suicide Prevention Month. 3

COLEMAN CLINIC SICK CALL

Coleman Troop Medical Center in Mannheim will no longer offer sick call services effective Sept. 28. 4

FINAL FAMILY FEST

Service members, civilians and family members from Allied Force Command Heidelberg, hold their final Family Fest in Heidelberg Sept. 5. 6



Communities kick off Combined Federal Campaign

World's largest charity campaign runs through Nov. 16 across U.S. Army Europe

USAREUR Public Affairs

The 2012 Combined Federal Campaign-Overseas program, the world's largest charity campaign impacting the lives of military personnel and family members, runs through Nov. 16.

In its 51st year, the 2012 CFC-O theme is "Serve to Honor Your Country.

Give Because You Care."

CFC-O offers federal employees the opportunity to improve the quality of life in communities throughout the U.S. Army in Europe by making a donation to more than 2,500 charitable organizations.

An option unique for overseas donors, donations made to Family Sup-

port and Youth Programs go directly to overseas military communities to help fund quality of life programs in local communities.

One hundred percent of donations made to FSYP come back directly to the installation where the contributor lives and works.

see **CFC** page 9

U.S. Army Europe 'stands together' to spotlight suicide prevention efforts

By Lynn Davis
USAREUR PUBLIC AFFAIRS

Army officials have designated September as Suicide Prevention Month, and U.S. Army Europe Soldiers will take the opportunity to educate personnel on risk factors and warning signs, and raise awareness and understanding of the joint effort required to successfully eliminate suicide within the ranks.

Suicide prevention is first and foremost considered a leadership responsibility, and remains a top priority for the Army.

According to top Army officials, seeking help is a sign of strength and consistent with the Army Values; having this prevention month empowers leaders to intervene and save lives.

To emphasize the commitment to eliminate suicide within the ranks, USAREUR will host a suicide prevention Stand-Down Day, Sept. 20. The theme for the day is "Shoulder to Shoulder, We Stand up for Life." The day will include events focused on providing training to Soldiers, family members and Department of the Army civilians, as well as encourage use of key Army support services available to aid in this effort.

USAREUR is committed to ensuring all Army families and civilians have access to training and resources needed to stay resilient.

Its leadership remains committed to aggressively seeking methods to reduce the stigma, to better identify

see **USAREUR** page 9

Shoulder to Shoulder



Rick Scavetta

Charlene Sanchez-Licciardi and Sgt. 1st Class Danny Licciardi, a military couple at U.S. Army Garrison Kaiserslautern, were recently recognized for helping a Soldier who attempted suicide. Sept. 20 is Suicide Awareness Stand Down Day for U.S. Soldiers in Europe.

Soldier, wife offer lifeline to suicidal Soldier

By Rick Scavetta
USAG KAISERSLAUTERN PUBLIC AFFAIRS

One evening in late July, military police called Sgt. 1st Class Danny Licciardi saying that a Soldier whom he knew needed help.

The Soldier had called stateside, telling friends goodbye. Fortunately,

those friends called Military OneSource, a service that counsels Soldiers and families during difficult times. They alerted military police in Kaiserslautern – but they didn't know where to look.

Licciardi, the non-commissioned officer in charge of the garrison's

religious support office, tried the Soldier's cell phone. No answer. He and his wife, Charlene, got into their car – not knowing where to go. Licciardi called again and again. After 15 calls, he heard the Soldier answer in sturred words.

"Don't hang up,"

see **LIFE** page 9

Defense Details

HISPANIC HERITAGE

National Hispanic Heritage Month gives members of the Department of Defense, an opportunity to recognize the significant contributions made by the nation's Hispanic-Americans, said Stephanie Miller, DOD's Diversity Management director. The observance, which began Sept. 15 and runs through Oct. 15, also provides the department an opportunity to reflect on diversity and inclusiveness.

Defense Secretary Leon E. Panetta has said diversity is important to the department's mission success and inclusion for military and civilian workers, Miller added. Not only does that bring a variety of background skills, language, cultural competencies DOD will need in the 21st century, she said, but diversity also fosters an environment where people feel they can achieve whatever they want.

"There are no barriers standing in the way of their personal success," Miller said. Census figures for 2009 show more than 50 million Hispanics live in the United States, making them the largest minority group. In 2011, Hispanics comprised 11 percent of active-duty military and nearly 17 percent of new recruits, Miller said. Pentagon officials are excited about the growth of Hispanic-Americans and what they will continue to achieve, she added. National Hispanic Heritage Month dates back to 1968's Hispanic Heritage Week.

www.defense.gov
www.army.mil/news

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COMMENTARY

Overcoming our deepest fears

Chaplains help Soldiers focus on spiritual resiliency

By Chaplain (Maj.) R. D. Swanson
FAMILY LIFE CHAPLAIN

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented, and fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

These lines quoted from the poem entitled "Our Deepest Fear," by author Marianne Williamson, emulate and echo the meaning of true spiritual resiliency with God.

Spiritual resiliency is the God given tenacity and personal power to respond to any given situation or circumstance whether it is physical, mental, legal, moral or financial.

It is the capacity to recover readily from illness, depression, adversity or any such traumatic events. It is the ability to grow and thrive in the face of challenges and bounce back from adversity.

Soldiers can build their spiritual resiliency by regularly participating in activities, such as worship opportunities, counseling sessions and

Strong Bonds retreats.

Regardless of their beliefs, the chaplaincy provides a full spectrum of worship and fitness opportunities for Soldiers and families from worship services to spiritual resiliency fitness training.

The worship experience gives Soldiers the opportunity to impart thanksgiving unto God, their creator. Soldiers can cast their cares, worries, stresses and anxieties upon God who is the creator and sustainer of life.

Chaplains and other counselors can help Soldiers obtain coping skills or mechanisms to handle life's problems. Professional counseling can provide Soldiers of all faiths with the tools they need to get through difficult periods in their life.

Soldiers can obtain spiritual resiliency by regularly participating in Strong Bonds retreats. Strong Bonds is a unit-based, chaplain-led program which assists commanders in building individual resiliency by strengthening the Army Family.

The core mission of the Strong Bonds program is to increase individual Soldier and family member readiness through relationship education and skills training.

Strong Bonds is conducted at an offsite location or retreat in order to maximize the training effect. The program provides a fun, safe and secure environment in which Soldiers can address the impact of relocations, deployments and military lifestyle stressors.

The Chaplain's office is located in Bldg. 101 on Patton Barracks in Heidelberg. Call DSN 373-6190 or civ. 06221-17-6190.

COMMAND MESSAGE

So what is a suicide prevention stand down?

By David Vergun

Vice Chief of Staff of the Army Gen. Lloyd J. Austin III ordered an Army-wide suicide "stand down," scheduled for Sept. 27 (Sept. 20 for Army installations in Europe), as a way to empower leadership to prevent further loss of life due to suicide.

The stand down is meant to familiarize all members of the Army family with the health promotion, risk reduction, suicide prevention, and comprehensive Soldier and family fitness resources available in the Army.

The stand down will also focus on how to improve the health and discipline of the force and reducing the stigma associated with seeking care for behavioral health issues.

The stand down was issued after Austin visited installations around the Army and listened to Soldier feedback and suggestions, said Walter O. Morales, chief of the Army Suicide Prevention Program.

"He realized more work was needed to address the issue of suicides in the Army and to ensure the awareness and training momentum continues," Morales said.

The last Army-wide suicide prevention stand down took place in 2009. During that event, Morales said, the Army used the "chain teach" approach to push information down to Soldiers ...

Editor's Note: U.S. Army Garrison Baden-Württemberg will host its suicide stand down day Sept. 20 in conjunction with United States Army Europe and USAG Kaiserslautern. A health fair is scheduled for 12:30 -5:30 p.m. today at the Patton Fitness Center in Heidelberg and Better Opportunities for Single Soldiers will host a night walk 7 p.m. at the Heidelberg commissary.



www.facebook.com/BWnow

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

"Here is a very small way you can combat suicide: Invite somebody to dinner this month. Being invited to eat with another family makes one know they are thought about."

— Marsha Dale Keating, BWnow Facebook Fan

"Who do we contact if we would like to have a food booth at the Holiday Bazaar Oct. 5-7?"

— Kenya Davis, BWnow Facebook Fan

"Kenya, for more details please visit www.hcsc-heidelberg.com/bazaar_main.html"

— BWnow Administrator

"The Heidelberg High School Teacher Parent Student Organization (PTSO) is now on Facebook at <https://www.facebook.com/HEIDELBERGPTSO>."

— Kathy Burrell, BWnow Facebook Fan

"Because of end-of-year financial processing, the Department of Public Works reception desk will only be able to accept emergency or life-threatening service orders beginning Sept. 17. We will be able to accept all calls again Oct. 1. We regret this inconvenience and thank you for your understanding."

— Richard Glass, BWnow Facebook Fan



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday. Only spots results from the weekend will be accepted until noon on Monday.

Celebrating life during Suicide Prevention Month

By Diane E. Pierre
ACS SPECIALIST

USAG Baden-Württemberg Army Community Service in Heidelberg plans "A Celebration of Life" as part of the theme for Suicide Prevention Month in September.

ACS officials aim to celebrate life by supporting the USAG-BW Stand Down Day today. As part of the event, ACS will offer prevention education strategies including financial counseling, interactive training, recruitment for volunteer programs and information about resources that promote a healthy lifestyle.

Suicide affects everyone, including Soldiers, family members and civilian employees. According to Army statistics, 191 Soldiers have taken their lives in 2012. This is a very serious problem.

In the U.S., 34,000 people take their own lives each year. When an individual takes his or her life, everyone who had a relationship with that person is affected as a result of the suicide and loss of a loved one.

People who attempt suicide and survive may have serious physical injuries or experience depression and other mental health problems as a result of attempting suicide.

Below are supporting programs that are offered by Army Community Service:

♦**Family Advocacy Program**

This program is committed to strong Army families and the prevention and treatment of family violence. Its coordinated efforts are designed to promote healthy family life and to prevent and intervene in cases of family distress for all U.S. Forces ID cardholders.

♦**Mobilization and Deployment**

Includes program and support activities designed to assist leaders at all levels and Soldiers and their families to successfully manage the challenges of mobilization and deployments before, during and after they occur.

♦**Financial Readiness Program**

This program provides comprehensive educational and counseling programs in personal financial readiness. The primary priority of this program is to support Soldiers and their families in maintaining a healthy financial lifestyle.

♦**Army Emergency Relief**

This program provides assistance for unexpected

financial stress to include: travel, housing, car repair, utilities, medical expenses, funeral costs and disaster relief. AER is offered as part of the continuum of services in Financial Readiness.

♦**Exceptional Family Member Program**

A mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, personnel and respite care services to families with special needs.

♦**The Relocation Readiness Program**

This program is designed to assist Soldiers and families with transfers and relocations throughout the tour cycle.

♦**The Employment Readiness Program**

This program provides employment assistance to active duty, reserve component, transitioning and retired Soldiers, family members, and Department of Defense civilian employees in acquiring skills, networks and resources that will allow them to participate in the work force and develop career and work plans.

♦**The Army Volunteer Corps**

This program is an umbrella that encompasses all volunteers and organizations using volunteers. No matter where individuals volunteer in the Army community their common goal is to improve the quality of life for Soldiers and family members.

♦**Army Family Team Building**

This program, originally designed by spouses for spouses, is a family training and readiness program that provides participants with an understanding of Army culture and the skills and resources they need to become self-reliant, self-sufficient members of the military community.

♦**Army Family Action Plan**

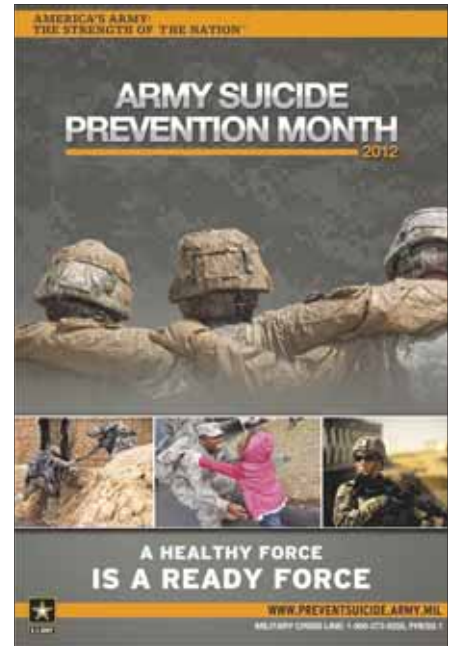
This program is a grassroots, Army-wide initiative that provides a way for community members to identify quality of life issues and propose recommendations for improvement of policies and programs which affect the well-being of the Army community.

♦**The Soldier and Family Assistance Center**

This program provides specialized services to support the needs of Warriors in Transition and their families. The SFAC provides a relaxed environment where Soldiers and their families can gather for physical, spiritual and mental healing.

♦**Survivor Outreach Services**

A multi-agency approach which embraces and



Public Health Fair

In support of Army Suicide Prevention Month, a public health fair will be held 12:30-5 p.m. today at the Fitness Center on Patton Barracks in Heidelberg

reassures survivors that are continually linked to the Army family. SOS fosters resiliency and ensures access to all entitled benefits, financial counseling, planning and long term support.

♦**Outreach Services**

These services are designed to link a variety of military and civilian support services with Soldiers, DOD civilian, and their families.

♦**The Information and Referral Program**

This program serves as a centralized point of contact for information regarding both military and civilian agencies, services and programs, crisis intervention and in-processing.

For additional information about ACS programs call DSN 370-6883, civ. 06221-57-6883.

Kits help parents, educators spot signs of suicide

The Signs of Suicide curriculum, currently in use in all Department of Defense Education Activity middle and high schools, is designed to teach middle and high school students to Acknowledge, Care, and Tell if they suspect a peer might be depressed and considering suicide.

A 2007 study found that when properly implemented, SOS led to a 40 percent reduction in self-reported suicide attempts. Recently, the kits were updated and expanded to include new materials and information specially designed for military teenagers.

The cornerstone of the SOS kits is an educational video entitled "Friends for Life: Preventing Teen Suicide." When DoDEA and military impacted schools order an SOS kit from Military Pathways, they will receive a special military version of the video. The video comes with a discussion guide that school counselors can use to facilitate group discussions about recognizing the signs of suicide in teenagers.

The SOS Kit includes:

♦An implementation guide. The guide includes training materials, tips on partnering with installation agencies, case studies and lesson plans.

♦An educational DVD and discussion guide, titled "Friends for Life: Preventing Teen Suicide."

♦The Brief Screening for Adolescent Depression. A student version of this tool is included as well as a version for parents to fill out based on the behaviors they have observed in their child.

♦The SOS Student Newsletter which reinforces the program content of the SOS curriculum in a teen-friendly format. The newsletter addresses topics such as bullying via social media, stress management and alcohol abuse.

♦The SOS Parent Newsletter. This resource seeks to raise awareness among adults of the signs of teen suicide. One study found that 86 percent of parents were unaware of their child's intention to commit suicide. The newsletter helps parents identify the

differences between a moody teen and a depressed teen.

♦"After A Suicide," an intervention for schools dealing with suicide.

The materials in middle school kits are designed for a younger audience. The middle school video is entitled "Get into the ACT (Acknowledge, Care, Tell.)" The middle school kits also include the parent newsletter and a middle school version of the student newsletter, plus a host of posters in English and Spanish, wallet cards, and brochures. In addition, the Military Pathways program offers a self-harm component for high schools called "Signs of Self-Injury." This program can be used in conjunction with SOS or as a stand-alone curriculum.

School administrators can request copies of the kits by calling Military Pathways direct at civ. 781-239-0071.

Information Courtesy of DoDEA Safe Schools Newsletter

transformation UPDATE

Updates To Transformation Page

This weekly page is updated as we receive the latest information. To ensure its accuracy, all community members and organizations are encouraged to e-mail any transformation updates to usaghdpost@eur.army.mil or usarmy.badenwur.usag.mbx.pao@mail.mil for publication in the Herald Post.

BWnow Social Media Site Transitions

U.S. Army Garrison Baden-Württemberg has taken yet another step in its transformation by transitioning from BWnow as our primary social media site to exclusively using our BWnow Facebook page. The BWnow social media site was discontinued due to personnel and budget constraints Aug. 26. The garrison Public Affairs Office ensures that all current, useful quality information is available on the garrison's Facebook page at <http://www.facebook.com/bwnow>.

Frequently Asked Questions

Have a transformation-related question you'd like answered? E-mail usarmy.badenwur.usag.mbx.post-newspaper@mail.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/news/personnel.htm.

NEW – During the Sept. 7 garrison town hall meeting, a community resident voiced a complaint about the safety of playground equipment located behind Bldg. 4451 on Patrick Henry Village in Heidelberg.

On Sept. 7 Luis Rosariofebus, Heidelberg Housing Division Facilities Branch Chief, inspected the three playground areas behind the building. Two playgrounds were found to be in good condition while one showed signs of damage and vandalism. An assessment is being conducted on the vandalized playground. Officials will decide whether the equipment can be repaired before winter or have to be removed. Parents are asked to use one of the other two playgrounds available in the same area until a decision is made. Area coordinators are encouraged to monitor these areas and report vandalism immediately to the MP station and to the housing office. Community members are encouraged to submit service orders for minor repairs by using the online form found at <http://www.bw.eur.army.mil/dpw/serviceorder>.

NEW – During the Sept. 7 garrison town hall meeting, a community resident voiced a complaint about excess trash and abandoned household items being dumped in vacant storage spaces in Bldg. 4451 on Patrick Henry Village in Heidelberg.

On Sept. 7 Luis Rosariofebus, Heidelberg Housing Division Facilities Branch Chief, conducted an investigation into the complaint. A follow-up inspection with Garrison Command Sgt. Maj. Kenneth Kraus was conducted Sept. 11. The inspection revealed that several attic rooms were unsecured and unknown persons used them to dump trash and abandoned household items. Members of the Housing Division plan to clean and secure the areas. Stairwell and building coordinators are encouraged to inform the Housing Office of any other locations.

"My spouse is an O-4 (major) on active duty. If we are moved to Wiesbaden, will we be put into on-post housing, or will we have the option to move off-post? Also, we were told we cannot claim our unborn child until after she is born, which we understand, but she will be two months old when we move. Is it possible to get on the Automated Housing Referral Network referral list for off-post housing prior to her birth?"

The decision for housing assignments will be made based on availability of on-post quarters at the time of your arrival. Housing officials will project and assign quarters based on their ability to provide one bedroom for each child (including an unborn child.) Therefore, there would be no need for the AHRN referral list, unless it is determined that you cannot be housed on post. Based on the current housing assignment policy, families would be housed on post if housing officials can do so within 60 days. The housing policy can be viewed at www.wiesbaden.army.mil. From the homepage (left side) click on "commander" and then on "commander's policies." Soldiers who are under Inter-Theater-Transfers or Continuous Overseas Tours and are within 60 days of reporting can forward their orders and be placed on a waiting list for on-post housing. To do this, just visit the Wiesbaden garrison website and click on the "Newcomers" link, then "Housing."

Visitors will find an info e-mail address that can be used to forward orders along with family member information (if they are not already listed on the sponsor's orders.)

"What do residents need to do to clear their apartments? I've heard different answers from the housing office."

The Heidelberg housing office has a detailed checklist explaining everything residents must do to clear their government quarters. Residents living on Patrick Henry Village and Mark Twain Village do not need to paint when moving out, but all government furniture and appliances need to be cleaned prior to vacating the quarters. Residents are also advised to check basement storage rooms to ensure all items are removed. All hazardous materials (paint, cleaning items, batteries etc.) should also be disposed of properly and not left in the apartment. Housing officials also recommend any loaner furniture requests be submitted at least three working days in advance, or before household furniture is picked up.

Facilities Operations Changes and Closures Mannheim

UPDATED – Base Operations – The Mannheim Base Operations office has relocated from Bldg. 246 on Sullivan Barracks to Bldg. 1408 on Coleman Barracks, Room 101. For assistance, residents should call Gilbert Buster at DSN 382-4724, civ. 0162-272-8632.

BFV South Closure – Public access to Benjamin Franklin Village South is no longer available. The area and the access gate have been sealed off and the **Exchange main store, gas station, food court and concessionaires are closed**. Any items left on the installation have been impounded by the Military Police. Access to the area may only be arranged through the Provost Marshal Office at DSN 388-2222/2223, civ. 06221-678-2222/2223.

NEW – Coleman Cleaners and Alterations – The Coleman Cleaners with Alterations concession is closed due to low patronage. Laundry and dry cleaning services are available in Heidelberg on Patrick Henry Village, at Campbell Barracks and the Heidelberg Shopping Center. Alteration service remains available at the Heidelberg Shopping Center. DSN 431-3458, civ. 0703-1439-5100.

UPDATED – Coleman Clinics – The Coleman Troop Medical Clinic has ended full patient care, dental and pharmacy services. Dental services for the Mannheim-Coleman Soldier population are available at the Patrick Henry Village Dental Clinic in Heidelberg. Sick call will end **Sept. 28**. Soldiers assigned to Coleman Barracks and requiring sick call services will be seen at the Heidelberg Clinic beginning **Oct. 1**. DSN 371-3130, civ. 06221-17-3130.

UPDATED – Community Bank – The Community Bank on Sullivan Barracks is closed. Banking services are available at the Heidelberg Branches on the Shopping Center, Campbell Barracks and in Mannheim on Coleman Barracks. Shopping Center: DSN 370-8580, civ. 06221-60-0862. Campbell Barracks: DSN 370-8335, civ. 06221-34-4610. Coleman Barracks: DSN 382-4187, civ. 0621-784-158.

UPDATED – Facility Closures – Army Community Service, the bowling center, Burger King, Benjamin Franklin Chapel, the Child Development Center, the commissary, the community center, the customs office, the fitness center, Grant Circle, the self-help store, the tax relief office, the military police station, Sullivan Express Shoppette, The Top Hat Club and Woods Field are closed.

UPDATED – Hazardous Waste Disposal Center – The Household Hazardous Waste Disposal Center on Sullivan Barracks, Bldg. 249A (previously the Funari Sort Center) will close **Sept. 27**. A temporary Hazardous Waste Disposal Center will be open 10 a.m. – noon Nov. 9 (only) on Coleman Barracks (location will be announced). The Patrick Henry Village Recycle Center located in Bldg. 4485 in Heidelberg remains open to provide disposal services to community members. DSN 373-5396, civ. 06221-17-5396.

Postal Office Hours Change – Mannheim postal facilities have new operating hours. The finance window at Postal Service Center 418 on Coleman Barracks is now open 10 a.m. - 5 p.m. Monday, Wednesday

and Friday. The community mail room is open 11 a.m. - 6 p.m. Monday, Wednesday and Friday and closed Tuesdays and Thursdays.

UPDATED – Service Credit Union – The Service Credit Union on Sullivan Barracks is closed. The Heidelberg Branch Office is located on the Community Support Center, Bldg. 3850. DSN 370-7138, civ. 06221-57-7138.

UPDATED – WIC Office – The Women, Infants and Children Overseas office is closed. Community members can be seen at the Heidelberg office on Patrick Henry Village in Heidelberg 7:30 a.m. - 4 p.m. Monday-Friday in Bldg. 4531 (near guest housing).

Heidelberg

Airport Shuttle Buses – The free shuttle service for service members, Department of Defense civilians and their families departing Germany from Ramstein Air Base on the Patriot Express departs Heidelberg once a week from the Patrick Henry Village Guest House. For details on the shuttle schedule, call U.S. Army Garrison Baden-Württemberg Central Processing Facility, Room 180, Bldg. 3850, at the Heidelberg Shopping Center. DSN 370-7343/6711, civ. 06221-57-8399, usarmy.badenwur.usag.mbx.cpf@mail.mil.

NEW – Army Post Offices – The Patrick Henry Village Army Post Office in Bldg. 4794 has discontinued APO (out-going mail) services permanently. The building will remain open only for temporary general mail delivery to Community Mail Room 432 and Postal Service Center 437 customers. All customers can receive APO services at the Heidelberg Shopping Center APO until the new PHV consolidated Postal Service Center opens in Bldg 4503 **Oct. 15**. The Shopping Center APO is now open Mondays 10 a.m. - 4 p.m. The facility is also open 10 a.m. - 4 p.m. Tuesday, Wednesday, Friday, Saturday and 11 a.m. - 5 p.m. Thursday.

Audiology – Audiology services at the Heidelberg Health Center have been reduced due to limited staff. Medical technicians will still be able to provide screening and hearing conservation services. All other audiology services will be referred to host nation providers or Landstuhl Regional Medical Center.

Chapels – All chapel services have transferred to Patrick Henry Village and Nachrichten Kaserne. For more information on new service times and locations, call DSN 373-6190, civ. 06221-17-6190.

Community Mail Rooms – Community Mail Room 419 (Patton Barracks), CMR 420 (Campbell Barracks) and CMR 432 (Tompkins Barracks) and Postal Service Center 437 (Sullivan Barracks) will relocate to the consolidated Heidelberg Postal Service Center in Bldg. 4503 on Patrick Henry Village effective **Oct. 15**. CMRs 419 and 420 will cease postal operations at their current locations **Oct. 12**. CMR 432 and PSC 437 will cease operations at their current locations **Sept. 15**, with optional general delivery mail services available at CMR 419 until **Oct. 12**. Customers can choose to have mail forwarded to the new postal center on PHV, receive mail at Coleman Barracks (PSC 418) or begin forwarding mail to the gaining location. E-mail questions to usarmy.badenwur.usag.mbx.cmr419@mail.mil, or contact your local postal customer service representative.

UPDATED – Dental Clinic – Sick call and exam hours for the Patrick Henry Village Dental Clinic have changed to 7:30-10:30 a.m. Monday-Friday. All dental care and records from Nachrichten Kaserne Dental Clinic, except oral surgery and periodontal dental services, were transferred to the PHV dental clinic. DSN 388-9500, civ. 06221-338-9500.

Dental Clinic – The Nachrichten Kaserne dental clinic, is closed All referred care and remaining dental records will be transferred to the Patrick Henry Village Dental Clinic. DSN 388-9500.

Health Center Shoppette – The Exchange Shoppette on Nachrichten Kaserne is closed.

Allied Force Command Heidelberg celebrates last family fest

By Capt. Tamara Gonzales
NATO PUBLIC AFFAIRS

Hundreds of Allied Force Command Heidelberg service members, their families and guests of the command took part in the annual Family Fest event Sept. 5. Fest goers enjoyed each other's company and experienced the variety of culture in the organization at the International Security Kaserne in Heidelberg.

"This is the last Family Fest for Allied Force Command Heidelberg and a great opportunity to recognize all the wonderful work done by this headquarters," said Lt. Gen. John W. Morgan III, the commanding general as he opened the event.

Volunteer representatives welcomed guests to tents from Belgium, Canada, Croatia, the Czech Republic, Denmark, Estonia, Finland, France, Germany, Hungary, Italy, the Netherlands, Norway, Poland, Slovakia, Spain, Sweden, Turkey, and the United States. There was also a booth from the NATO Spouses Club.

"All the nations of this headquarters were engaged and represented their countries in the best way," said Commandant Eric De Vilder, the chief of the Family Support Center and staff officer Morale and Welfare Activities who oversaw the preparations and execution of the event.

Each nation shared samples of

their country's food and beverages. The French tent served a variety of meats, cheeses, wine and champagne. The Scandinavians offered appetizers, drinks and regional candy, while the Czech tent provided homemade, traditional foods including meats and breads.

"It is amazing that we're here and our families can meet and get to know each other," said Lt. Col. Joseph Podoba from the Czech Republic. "We can try different country's food and drinks and learn about their countries and culture," Podoba said.

The U.S. tent offered barbecue and side dishes while visitors learned about American history. Adults and children alike had an opportunity to throw a football through a hanging car tire, a unique experience for many.

A well-advertised lottery at the Italian tent benefited a local charity for children and rewarded winning participants with gift baskets from local donors. The tent also featured different types of pasta with freshly sliced parmesan cheese from a cheese wheel.

There were activities for the kids including a climbing tower bouncing castle, a rodeo duck, bungee trampoline, clown show and even pony rides.

Throughout the event, "The Providers," a band made up of headquarters members, played live music while the Heidelberg Army Airfield Fire and Emergency Services offered partici-



Capt. Tamara Gonzales

Allied Force Command Heidelberg service members receive various prizes during the Italian Lottery at the headquarters' Family Fest Sept. 5. Money from the lottery was donated to "Die Waldpiraten," a local camp for children with cancer.

pants a lift in their fire truck ladder overlooking the festivities.

"It is so fun to see every nation here," said Manuela Van Sambeek from the Netherlands, a member of the NATO Spouses Club. "Everyone is in such a good mood and enjoying the wonderful food."

"This was a common effort of the Family Support Center, the Forward Support Element and the NATO Spouses Club and the nations to accomplish the mission in the best way," De Vilder said. "Pride was our business."



Staff Sgt. Dwight Chaney

Lyric Wickline plays on a bungee trampoline at Allied Force Command Heidelberg's annual Family Fest Sept. 5.

Army garrison launches renewable energy project

By Rick Scavetta
USAG KAISERSLAUTERN PUBLIC AFFAIRS

Energy from new photovoltaic panels atop warehouses at U.S. Army Garrison Kaiserslautern will soon provide enough energy for 500 homes and save roughly \$50,000 annually.

The renewable energy project benefits both the U.S. military and German communities. Jeffrey Crisp, deputy to the garrison commander, joined German officials at Rhine Ordnance Barracks to mark the project's start Sept. 10. Under a blinding sun, they hoisted the first panels into place.

"It's an important project that we've been working on for some time," Crisp said. "Now, we're working with the Army Corps of Engineers to add this to plans for all new buildings. It costs a little more up front, but costs us less in the long run."

Solar panels come in two types – photovoltaic for electricity or thermal panels for heat and hot water, said Paul Lindemer, of the garrison's public works directorate. Roofs at Rhine Ordnance Barracks and Miesau Army Depot will have the former installed.

It's the first time the U.S. Army has installed photovoltaic panels on such a large scale overseas. On average, the panels will generate roughly 2.1 million megawatt hours of electrical energy annually – enough to power a village of 500 houses, Lindemer said.

"We're putting so much on the top of these roofs that we will generate about 2,200 kilowatt peak, electrical power," Lindemer said. "When the sun is fully shining, the panels generate about 950 kilowatts in



Rick Scavetta

From left to right, Jeffrey Crisp, deputy to the garrison commander, Rainer Gruner, managing director of Wasser-und Abwassermanagement GmBH, Alois Border, Bundesanstalt für Immobilienaufgaben administrative affairs director, Anne Kosel, Installation Management Command – Europe and Paul Lindemer, of the garrison's public works directorate help install the first photovoltaic panels atop a warehouse at U.S. Army Garrison Kaiserslautern Sept. 10.

an hour."

Americans living in Germany are familiar with "sun farms" and towering windmills upon hilltops. Faced with high energy prices, the German government embraced renewable energy projects several years ago, even offering subsidies for those who install solar panels at home.

Now, the U.S. Army is also pursuing cost-saving efforts on overseas installations, to include renew-

able energy efforts in the Kaiserslautern Military Community. Garrison planners began the current project more than two years ago, Lindemer said.

"Everybody who wants to use renewable energy is looking for space, to put solar panels up on roofs," Lindemer said. "Roofs are rare. But, we have some big roofs to offer."

The U.S. Army maintains huge warehouses. Some hold supplies and ammunition. Others are used for pre-deployment or community activities. Each one offers 36,600 square feet of roof space – enough for 900 panels. They will cover 10 roofs – six at Rhine Ordnance Barracks and four at Miesau – a total of roughly 366,000 square feet. That's about the size of an IKEA store and larger than six football fields.

The buildings, however, belong to Germany. So garrison planners worked through Germany's federal real estate office to negotiate with local energy providers. Once complete, local investors earn 50 percent and the German government earns 25 percent. In turn, the U.S. Army earns 25 percent as a deduction from its energy bill. Depending on the weather, that could mean saving the Army up to \$50,000 annually.

The garrison also installed solar thermal panels on the Soldiers' dining facility at Kleber Kaserne, to support the kitchen's hot water needs, and at Wilson Barracks in Landstuhl.

At Sembach Kaserne, where the garrison is renovating Soldiers' barracks and buildings for new community services, renewable energy efforts are also planned with both thermal and photovoltaic panels for rooftops, Lindemer said.



Spc. Joshua Edwards

Spc. Ryan Dietrich, an Expert Field Medical Badge candidate with the 2nd Cavalry Regiment, runs to the next location in a testing lane during the Expert Field Medical Badge Competition at the Grafenwöhr Training Area Sept. 12.



Spc. Alexandra Campo

Sgt. 1st Class Jeremiah Savage, right, teaches 1st Lt. Jesselyn Oledan the proper form for firing an M9 Beretta pistol at the firing range on Forward Operating Base Shank in Logar province, Afghanistan, Sept. 14. Soldiers with the 173rd Special Troops Battalion qualified on the M9 Beretta and the M4 carbine.



U.S. Army

Sgt. William "Billy" Pitsiladis of the North Dakota National Guard's 1st Battalion, 112th Aviation Regiment, kisses his son Madden in Bismarck, N.D., after returning home from a NATO peacekeeping mission in Kosovo Sept. 13.

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U.S. Navy Petty Officer 1st Class Chad J. McNeeley

Defense Secretary Leon E. Panetta, President Barack Obama and Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff render honors during the National Anthem at a ceremony commemorating the terrorist attacks on the Pentagon, Sept. 11.



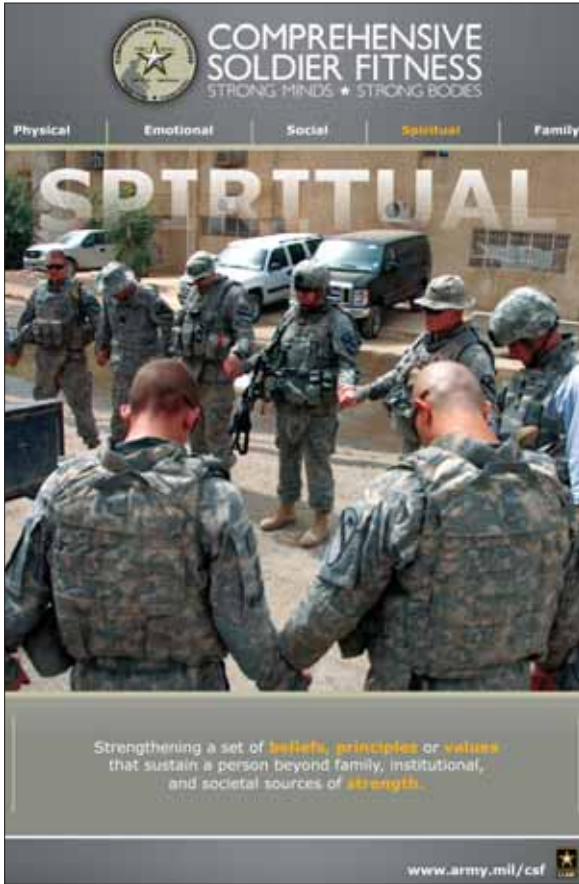
Air Force Tech. Sgt. Michael R. Holzworth

Combat medics Staff Sgt. Tony Gonzalez and Staff Sgt. Joseph Lollino, respond to a simulated vehicle attack as part of the 2012 Pacific Regional Medical Command Best Medic Competition Aug. 28 at Schofield Barracks, Hawaii.



Mollie Miller

Soldiers, family members and friends of the 1st Infantry Division gather Sept. 11 at the Global War on Terrorism Monument in front of the U.S. Cavalry Museum for a Patriot Day Commemoration Ceremony at Fort Riley, Kansas.



Health officials mark World Rabies Day

By Chanel S. Weaver
U.S. ARMY PUBLIC HEALTH COMMAND

Sept. 28 marks World Rabies Day, a global health observance that seeks to raise awareness about rabies and enhance prevention and control efforts.

After the death of a Soldier from rabies last year, Army public health officials are reiterating the need for Soldiers to stay vigilant and protect themselves from the deadly disease.

They warn Army personnel to be aware of the risk of rabies during travel or deployments to less developed countries, and to seek prompt medical treatment if they have a bite or scratch from an animal while deployed.

"In a deployed environment, it's best to treat every animal as potentially rabid," said Col. Steven Cersovsky, senior physician epidemiologist at the U.S. Army Public Health Command.

Soldiers who deploy are educated about how to prevent the disease during routine pre-deployment medical threat briefings. These prevention measures include not approaching, feeding or handling animals, and not adopting animals as pets or mascots. Educational tools such as posters and cards also are available from the USAPHC Web site for use before and during deployment.

Department of Defense

health officials are also continuing to ensure that medical providers are trained on rabies evaluation and treatment protocols, and that Soldiers understand what they should do if they are exposed to a bite or scratch from a wild animal.

"Individuals who receive bites from animals should wash the wound thoroughly with soap and water, and promptly seek medical attention," said Cersovsky.

If medical treatment is warranted, the Soldier will receive a series of shots in the arm over a period of several weeks.

"If individuals obtain medical treatment promptly following a potential rabies exposure, nearly all cases of rabies can be prevented," said Cersovsky.

Most recently, DOD officials have updated the Post-Deployment Health Assessment and Post-Deployment Health Reassessment forms-health questionnaires that Soldiers complete after returning from a deployment.

"We have always asked Soldiers about animal bites on these questionnaires, but now there is a more specific question on these forms that asks redeploying personnel to identify if they have been bitten or scratched by an animal while deployed," said Cersovsky.

Cersovsky also said there is still a space on the form for Soldiers to write in information about a possible

rabies exposure, or any other health concern they may have.

These free-text fields are now more easily accessible to Army medical providers.

Many Soldiers may fear coming forward to report animal bites because they may be reprimanded for not following the U.S. Central Command's general order to avoid contact with wild and stray animals. But Army medical personnel say fear of punishment should not prohibit a Soldier from coming forward.

"It is vital that everyone with potential exposures receive immediate medical evaluation," said Cersovsky. "Rabies is a fatal disease, and it should be taken seriously."

The rabies virus infects the central nervous system, ultimately causing disease in the brain and death.

Rabies is rare in the United States, due to an active vaccination program for pets. The vast majority of human rabies cases that occur in the United States each year are the result of contact with wild animals like raccoons, skunks, bats and foxes.

But in the developing world, dog bites are the most common cause of human infection, causing more than 99 percent of the estimated 55,000 human deaths from rabies each year.

CFC

continued from page 1

In 2010, USAREUR Soldiers, families and civilian employees contributed approximately \$2.2 million, with more than \$91,000 designated for the FSYP. Last year, USAREUR's campaign contributed more than \$2.4 million to the overall \$14.2 million raised by the CFC-O.

Contributors have the

opportunity to give using the traditional paper pledge card or through eGiving, both of which can be done on the website.

For more details on CFC-O, visit the USAREUR CFC-O webpage, or call the U.S. Army Europe Component Manager at DSN 370-4608 or civ. 06221-57-4608 and the Installation Management Command-Europe Component Manager at DSN 370-7888, civ. 06221-57-7888.

USAREUR

continued from page 1

and reduce high-risk behaviors; ultimately eliminating suicides within its ranks.

USAREUR employs a holistic, multidisciplinary approach to suicide prevention that includes health promotion and risk reduction. Ensuring prompt access to quality health care is an essential component to the Army's approach to suicide prevention.

Join USAREUR's observance of Suicide Prevention Month by contacting local garrisons to find out what events and training are happening in your community.

Visit the suicide prevention Web site at <http://www.armygl.army.mil/hr/suicide/default.asp>.

LIFE

continued from page 1

Licciardi said. "Stay on the line."

An hour earlier, the Soldier had parked in an isolated area and overdosed on pills.

Barely conscious, the Soldier could not tell Licciardi where the car was. Time was running out. If Licciardi couldn't keep the Soldier awake and figure out where the car was, it might be too late. That's when suicide prevention training kicked in, he said, allowing him to stay focused.

"Danny was very calm, totally in control. I was really impressed," said Charlene Sanchez-Licciardi, who works at the garrison's Army Community Service. "We had to ask leading questions because we didn't know where the Soldier was."

Training and suicide prevention

awareness information helped the Licciardis as they drove along a wooded road behind Ramstein Air Base. Nerve wracking minutes passed as they kept the Soldier talking.

"Stay awake," he told the Soldier. "Don't close your eyes."

Danny had an idea where the Soldier was. Meanwhile, Charlene called the military police – telling them about the pills and the Soldier's location. Out of the corner of his eye, using what Charlene described as a sixth sense, Danny spotted the Soldier's car.

"When we got there it was even more nerve wracking," Danny Licciardi said. "The MPs and the ambulance arrived about five minutes later."

The Soldier was taken to Landstuhl Regional Medical Center and afterward went to the U.S. for further treatment. For their efforts, the Army's Installation Management Command recently recog-

nized the Licciardis as heroes. During a teleconference, Joe Capps, IMCOM's executive director, told the Licciardis how proud the command was of their dedication.

"What distinguishes a great leader is that they are intimately involved and care about Soldiers. They do not let time or distance stand between them and the people they lead," Capps said. "The Army owes you a lot for that type of leadership."

Each September the U.S. Army recognizes Suicide Prevention Awareness Month. U.S. Army Europe observes suicide prevention stand down day Sept. 20. Soldiers in the Kaiserslautern Military Community will undergo training to alert them to suicidal behavior and direct them to resources for help. U.S. Army Garrison Kaiserslautern will hold a health promotion fair 12:30-5 p.m. today at Armstrong's Club on Vogelweh.

GET OUT!

area events

More events online at www.facebook.com/BWnow

September 21

London – Visit the Tower of London, Buckingham Palace, Westminster Abbey, the Globe Theater, and St. Paul's Cathedral during a special city tour. There will also be time for shopping and sightseeing. DSN 370-7924 www.usa.org/rheinmain.

September 22

WWI Art and Impressions – Metz is the capital of the Lorraine Region of France and birthplace of Gregorian Chant. Start the day at the Lorraine American Cemetery and Monument. Then continue on to Centre Pompidou for a special exhibit of art from the end of WWI. DSN 370-7924, www.usa.org/rheinmain.

Oldtimer Classic – Car enthusiasts can speed over to the Hockenheim Race Track for the 35th annual Hockenheim Classics car show. Shows are 8:30 a.m.–7 p.m. Sept. 22 and 8:30 a.m.–6 p.m. Sept. 23. www.hockenheimring.net.

Oktoberfest – Travel to Munich's number one festival with Heidelberg Outdoor Recreation. Known the world over, Oktoberfest draws more than six million visitors each year to enjoy local beer, meet people from all over the world and celebrate the royal marriage of King Ludwig I to Princess Therese of Saxony-Hildburghausen. Bus departs 6 a.m. from Patrick Henry Village Park and Ride and returns about 3 a.m. the next morning. Trip includes round trip transportation only. Second trip planned for Sept. 29. www.mwrgermany.com.

Hitscherhof Farm Festival – This festival features a farmers and crafts market with pumpkin soup, corn on the cob with butter, Tarte Flambee, wines, marinated pork steaks and bratwurst, waffles, cake, coffee and more for sale. Kids can enjoy a corn maze and picking their own pumpkin for Halloween. Hitscherhof Pumpkin Farm is located at Hitscherhof 3, 66506 Maßweiler in the Saar-Pfalz area of Germany. For more information, call the farm shop, civ. 06336-839-989. www.hitscherhof.com.

September 23

Pumpkin Fest – If you have a soft spot for pumpkins, then the Pumpkin Exhibition (Kürbis Fest) at Ludwigsburg's Blühendes Barock Garden provides 500,000 of them. See pumpkin sculptures, pumpkin fountains, a Fairy Tale Park and other displays. Enjoy a stroll through the palace gardens decked out in autumn colors. Visitors can also sample pumpkin soup, pumpkin spaghetti, pumpkin wine and other pumpkin delights for lunch. <http://affiliates.usa.org/Kaiserslautern/>

Sunday Shopping – Enjoy Sunday shopping and a children's festival in Schwetzingen. Downtown shops will open 1–6 p.m. and the kids-for-kids event will kick off with a soccer tournament at 11 a.m. Other activities include a hands-on kids circus, stage performances, guided tours of the Schwetzingen palace gardens, bouncy castle, bicycle course and town rally. The Kleine Planken pedestrian district and the square in front of the palace will turn into a sports and display arena.

September 25

Nickelback Concert – Canadian band Nickelback plays at Hanns-Martin-Schleyer-Halle in Stuttgart at 8 p.m. with opening act Daughtry. www.eventim.de.

September 28

School House Rock – Razz Ma-Tazz Family Theater presents School House Rock Live at the Ramstein Community Theater 6:30 p.m. Tickets: DSN-480-6600, civ. 06371-47-6600.

Hannover Oktoberfest – The Oktoberfest in Hannover takes place annually around the end of September and the start of October, and runs through Oct. 14. Fest features more than 160 rides and inns, with two large beer tents that can seat over a thousand people each and numerous stands offering food, beer and refreshments. www.buzzoffbase.com.

Autumn Craft Market – Visit a colorful array of arts and crafts stalls with products such as wine, herbs, oils, candles, jewelry, flowers, window frames and more during the Wiesbaden Autumn Craft Market. Enjoy a children's program, games, a marching band and a child's carousel. The market opens 10 a.m.–8 p.m. Sept. 28–29 and 10 a.m.–6 p.m. Sept. 30 in the pedestrian zone downtown. www.buzzoffbase.com.

Cannstatter Volksfest – Stuttgart holds its 167th annual people's festival through Oct. 14. Beer gardens, wine tents, rides and traditional foods will be available as well as a huge fireworks show on the final evening. www.cannstatter-volksfest.de.

September 29

Art Exhibit – Artist Robert Thompson shares his work with the public, during the grand opening of his exhibit 7–9 p.m. in the Copper Lounge in the Village Pavilion Community Center on Patrick Henry Village. Guests can enjoy music, wine and cheese during the event. Exhibit and sale end Oct. 21. www.mwrgermany.com.

Belgium – Spend the day in Brussels – one of Europe's capitals and an international city with flair. Beautiful shops and a myriad of museums await visitors as they tour the area. Stroll through the city's beautiful main

square, shop, explore the sights, sample international cuisine. <http://affiliates.usa.org/Kaiserslautern/>

Comedy Show – GMD Entertainment presents a Mega Comedy Show starring Pierre Edwards. Show starts 9 p.m. at Armstrong's Community Club on Vogelweh Community Center. Civ. 0631-354-9986, www.mwrgermany.com.

Medieval Market – Travel back in time to the middle ages for games, food and music during the Bad Dürkheim Medieval Market 10 a.m.–8 p.m. €3 for children and €10 for families. Ruine Hardenburg, 67098.

Fall Fest – Savor the sights and sounds of the fall season during the Heidelberg Fall Fest downtown 11 a.m.–11 p.m. Enjoy a medieval market, arts and crafts, events for kids and live bands.

September 30

Tongeren Flea Market – Tongeren is the oldest town in Belgium and home of the largest and most famous antique and flea market. Find everything from simple household goods to rare works of art. DSN 370-7924, www.usa.org/rheinmain.

October 2

International Jazz Festival – Enjoy Jazz, The International Festival for Jazz and More, will present top-class arrangements and extremely diverse performances focusing on jazz but also on bordering genres, such as classical music, pop, rock, hip-hop and electronic music. Program runs through Nov. 10 in Heidelberg, Mannheim and Ludwigshafen. www.enjoyjazz.de.

October 7

Sunday Shopping – Enjoy Sunday Shopping in downtown Speyer 1–6 p.m.

October 10

English Language Stammtisch – Members of the English Language Stammtisch will host a meeting 6:30 p.m. at the Zum Gueldenen Schaf in Heidelberg. The discussion will focus on the European Union, its future, its currency and the ramifications of the Sept. 12 decision made by the German Constitutional Court. Hauptstrasse 115, Heidelberg Altstadt.

Upcoming concerts

Lionel Richie – Lionel Richie performs at the Frankfurt Festhalle in Frankfurt 8 p.m. Oct. 8. www.bb-promotion.com.

Jennifer Lopez – JLo's Dance Again World Tour comes to Berlin Oct. 13 at O2 World Berlin. www.eventim.de.

coming to THEATERS

KATY PERRY: PART OF ME

(Katy Perry) Singer Katy Perry offers her fans a backstage pass, front row seat and an intimate look into her popstar life. Journey into the fun, glamorous, heartbreaking, inspiring, crazy, magical, passionate and honest world of the international popstar shared in her personal diary. (Rated PG for some suggestive content, language, thematic elements and brief smoking) 93 minutes.



THE COLD LIGHT OF DAY

(Henry Cavill, Bruce Willis,) After his family is kidnapped during their sailing trip in Spain, a young Wall Street trader is confronted by the people responsible: intelligence agents looking to recover a mysterious briefcase. (Rated PG-13 for intense sequences of violence and action, and language) 93 minutes.

PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

Sept. 20 - THE COLD LIGHT OF DAY (PG-13) 7 p.m.

Sept. 21 - RESIDENT EVIL: RETRIBUTION (R) 7 p.m.; RESIDENT EVIL: RETRIBUTION (R) 10 p.m.

Sept. 22 - KATY PERRY: PART OF ME (PG) 4 p.m.;

RESIDENT EVIL: RETRIBUTION (R) 7 p.m.;

ABRAHAM LINCOLN: VAMPIRE HUNTER (R) 10 p.m.

Sept. 23 - KATY PERRY: PART OF ME (PG) 4 p.m.;

RESIDENT EVIL: RETRIBUTION (R) 7 p.m.

Sept. 24 - ABRAHAM LINCOLN: VAMPIRE HUNTER (R) 7 p.m.

Sept. 25 - KATY PERRY: PART OF ME (PG) 7 p.m.

Sept. 26 - RESIDENT EVIL: RETRIBUTION (R) 7 p.m.

Sept. 27 - RESIDENT EVIL: RETRIBUTION (R) 7 p.m.

Vogelweh, Galaxy

Sept. 21 - THE COLD LIGHT OF DAY (PG-13) 4 p.m.;

TYLER PERRY'S MADEA'S WITNESS PROTECTION (PG-13) 7 p.m.

Sept. 22 - BRAVE (PG) 4 p.m.; SAVAGES (R) 7 p.m.

Sept. 23 - TYLER PERRY'S MADEA'S WITNESS PROTECTION (PG-13) 7 p.m.

Ramstein, Gateway Cineplex

Sept. 20 - THE COLD LIGHT OF DAY (PG-13) 11 a.m., 2 p.m., 5 p.m., 7:30 p.m.; TYLER PERRY'S MADEA'S WITNESS PROTECTION (PG-13) 11:30 a.m., 2:15 p.m., 4:45 p.m., 8 p.m.; SAVAGES (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.

Sept. 21 - RESIDENT EVIL: RETRIBUTION (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; KATY PERRY: PART OF ME (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.;

ABRAHAM LINCOLN: VAMPIRE HUNTER (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.

Sept. 22 - RESIDENT EVIL: RETRIBUTION (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.;

KATY PERRY: PART OF ME (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.;

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Sept. 25 - RESIDENT EVIL: RETRIBUTION (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.;

KATY PERRY: PART OF ME (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7 p.m.;

ABRAHAM LINCOLN: VAMPIRE HUNTER (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.

Sept. 26 - RESIDENT EVIL: RETRIBUTION (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.;

KATY PERRY: PART OF ME (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7 p.m.;

ABRAHAM LINCOLN: VAMPIRE HUNTER (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.

Sept. 27 - RESIDENT EVIL: RETRIBUTION (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.;

KATY PERRY: PART OF ME (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7 p.m.;

ABRAHAM LINCOLN: VAMPIRE HUNTER (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238

Galaxy Theater, Vogelweh, 0631-50017

Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions

Mannheim Cineplex (P4 13), CinemaxX (N7, 17), Mannheim, civ. 01805-625466, www.cineplex.de

Mannheim, CinemaxX, Cineplex - English Language movies

Sept. 21 - 22 BOURNE IDENTITY (R) 11 p.m. at Cineplex

Sept. 23 - THINK LIKE A MAN (PG-13) 8 p.m. at CinemaxX

Sept. 23 - EXPENDABLES 2 (R) 10:15 p.m. at CinemaxX

Sept. 26 - TO ROME WITH LOVE (R) 8:30 p.m. at Cineplex

community HIGHLIGHTS

Combined Federal Campaign

The Combined Federal Campaign—Overseas program, the world's largest charity campaign impacting the lives of military personnel and family members, runs through Nov. 16. This year's theme is "Serve to Honor Your Country. Give Because You Care." For details on CFC-O in Heidelberg, call DSN 370-7687, civ. 06221-57-7687.

U.S. Virgin Islands Residents

U.S. Virgin Islands military and overseas voters will have additional time and options to send in ballots for the Nov. 6 General Election. All military and overseas voters from the U.S. Virgin Islands that request a ballot by Sept. 22 for the Nov. 6 General Election will be sent an absentee ballot using an express delivery service and will be offered the option of receiving their ballot by email or fax. The U.S. Virgin Islands will provide all military and overseas voters with the option of returning their ballot by email, fax or express delivery service at no cost. For questions or assistance, residents can call the Supervisor of Elections in St. Croix at civ. 340-773-1021 or St. Thomas at civ. 340-774-3107 or send an email to electionsys@unitedstates.vi.

ASAP Training

The Army Substance Abuse Program's annual training requirement is four hours for Soldiers and two hours for civilians, per Army Regulation 600-85. The ASAP Prevention and Education Branch will offer a class 9-10 a.m. and 1:30-2:30 p.m. Sept. 25 in Bldg. 128 on Patton Barracks in Heidelberg. Registration required. DSN 370-6068, civ. 06221-57-6068.

Military Council of Catholic Women

The Military Council of Catholic Women European Regional Board invites women who are stationed on U.S. military facilities in Europe to attend the annual MCCW European Regional Conference Oct. 18-21 in Ettal with guest speakers Anne Trufant and Bishop F. Richard Spencer. Register now through Oct. 4 at www.mccweurope.com.

Annual AFAP Conference

U.S. Army Garrisons Baden-Württemberg, Kaiserslautern and Baumholder community members are encouraged to send their Army Family Action Plan issues to www.MyArmyOneSource.com by Oct. 8. The tri-community Armed Forces Action Plan Conference is scheduled for Oct. 23-26 at the Kaiserslautern Community Activity Center on Daenner Kaserne. USAG Kaiserslautern: DSN 493-4357, civ. 0631-3406-4357; USAG BW: DSN 370-6883, civ. 06221-57-6883 and USAG Baumholder: civ. 0678-36-8188. www.mwrgermany.com.

Directorate of Public Works Survey

The U.S. Army Garrison Baden-Württemberg Directorate of Public Works would like feedback and input on the community's perception and future use of the Re-use Center within the SORT compound on Patrick Henry Village. The Interactive Customer Evaluation may be completed at <http://ice.disa.mil/index.cfm?fa=card&sp=127774&s=22&dep=D0D8sc=8>.

Absentee Voting Mobile Website

The Department of Defense's Federal Voting Assistance Program has launched a mobile website for overseas citizens at www.fvap.gov/mobile that includes news and election dates. Users will automatically be directed to the mobile website when they visit www.FVAP.gov from a mobile browser.

KAISERSLAUTERN

Education

• **SKIES Unlimited Music Lessons** – SKIES Unlimited offers voice, piano, music and violin lessons for ages 18 months to 18 years with weekly, private or group sessions available. Register with Parent Central Services in Bldg. 2898 on Pulaski Barracks (DSN 493-4516, civ. 0631-3406-4516) or at the Landstuhl One Stop Shop, Bldg. 3810 (DSN 486-8943, civ. 06371-86-8943.)

Community

• **Operation Rising Star** – U.S. Army Garrison Kaiserslautern's Operation Rising Star competition has been canceled due to low registration. Applicants who are still interested in competing can participate in auditions at USAG Baumholder's Hilltop Theater 6 p.m. Oct. 2. Finals are scheduled for 7 p.m. Oct. 10.

• **LRMC Clinic Closures** – Most outpatient clinics at Landstuhl Regional Medical Center will be closed Sept. 20 during the U.S. Army in Europe Suicide Prevention Training Day. Primary care clinics (Family Practice, Pediatrics and Internal Medicine) will have a limited number of appointments for urgent care available. Pharmacy, Lab and Radiology will be open 8 a.m.-5 p.m. The Emergency Room will remain open. DSN 590-8144, civ. 06371-9464-8144.

• **Karaoke Competition** – Armstrong's Club on Vogelweh hosts a karaoke competition 9 p.m. Sept. 21. Choose a song from the disc jockey's selection list to sing. Winners will be selected by crowd applause. Prizes for 1st, 2nd and 3rd place.

• **Merengue Contest** – Show off your best dance moves during a special Salsa night featuring a Merengue Contest 9 p.m. Sept. 22 at Armstrong's Community Club. Winners will be selected by crowd applause.

• **Rocktober Fest** – Dimmer's Eye band will play, and there will be a prize for the best rock costume, an air guitar contest and a lip-synch contest during Rocktober Fest 9 p.m.-2 a.m. Sept. 29 in Armstrong's Club, Bldg. 1036 on Vogelweh Housing. Civ. 0631-354-9986.

• **National Banned Books Week** – Kaiserslautern Libraries will celebrate Banned Books Week Sept. 30-Oct. 6. Patrons can take the banned or challenged book quiz for a chance to win a prize bag. www.mwrgermany.com.

• **College Night** – Family and Morale, Welfare and Recreation and Ramstein High School will present College Night for ID cardholders 6-8:30 p.m. Oct. 4 in the Special Events Center in Bldg. 237 on Rhine Ordnance Barracks. Attendees can learn about education opportunities from more than 100 accredited U.S. and European colleges and universities. Food and beverages available

while supplies last. DSN 493-4123, civ. 0631-3406-4123.

• **Bruno Pasta Bar** – Bruno's Pasta Bar, located inside of the Landstuhl Community Club is now closed on Sundays. The Landstuhl Community Club in Bldg. 3780 will open on Sunday for reservations. For events call DSN 486-6107.

• **Tow Services** – Vehicle tow services are now available through Pulaski Auto Skills Monday – Friday, 10 a.m.-5 p.m. Services are also available after hours for an additional fee. For pricing and appointments call DSN 493-4167, civ. 0631-3406-4167.

• **Landstuhl Car Wash** – The Landstuhl Car Wash is open 7 days a week, Monday-Sunday, 10 a.m.-3 p.m. Closed on federal holidays. Regular service, \$8; full service \$9. Located on Landstuhl Post, Bldg. 97370. DSN 486-5153, civ. 06371-86-5193

HEIDELBERG

Education

• **ACS Classes** – International Cooking Class 10:30 a.m.-1 p.m. Sept. 21, PHV Commissary; Army Emergency Relief Commanders and First Sergeants Briefing, 10-11 a.m. Sept. 21, Army Community Service, Community Support Center, Bldg. 3850, Room 172; Key Caller Training, 2:30-4 p.m. Sept. 21, ACS, Community Support Center, Bldg. 3850, Room 250B; Pregnancy Support Group, 1-2:30 p.m. Sept. 22, ACS Annex, PHV, Bldg. 4531, Conference Room; Volunteer Management Information System Training, 10-11 a.m. Sept. 26, ACS, Community Support Center, Room 250B.

• **Financial Peace University** – Dave Ramsey's Financial Peace University will come to the Patrick Henry Village Chapel 6-8:30 p.m. Wednesdays starting Sept. 26. DSN 388-9050, civ. 06221-338-9050.

• **UMUC Europe Field Study** – Students can explore fascinating locations and come face-to-face with captivating history in Europe while earning university credit with University of Maryland University College Europe's field study program in Cambridge, England, and Dublin, Ireland, Oct. 13-20. Register until Sept. 30. DSN 370-6762, civ. 06221-3780, www.ed.umuc.edu/fieldstudy.

• **UMUC Europe Book Award** – University of Maryland University College Europe offers a military book award for active duty service members and their spouses and dependents. Both new and current students are eligible to apply. UMUC Europe also offers a new student scholarship to help students with book and tuition costs. DSN 370-6762, civ. 06221-3780, www.ed.umuc.edu/financialaid.

Community

• **Facility Closure** – The Installation

Access Control office in Bldg 3850 in the Shopping Center, will be closed until further notice. The main IACS office located across the street from the Shopping Center in the Department of Public Works compound in Bldg. 3962, Rm 113 (next to Self Help) will be open to provide IACS service. Operating hours are Monday, Wednesday and Friday 8 a.m. - 4 p.m. and Thursday 10 a.m. - 4 p.m. Closed on U.S. federal holidays. Phone DSN 370-3311, civ. 06221-57-3311. Visit the Service directory http://www.bw.eur.army.mil/contacts/HD_IL.html.

• **Public Health Fair** – A public health fair to ensure Soldiers, civilians, family members and local nationals are provided pertinent information and viable resources to build individual and collective resiliency will be held 12:30-5 p.m. Sept. 20 at the Patton Barracks Community Center on Patton Barracks in Heidelberg. The program is part of the U.S. Army Europe suicide prevention stand down.

• **Suicide Prevention** – Better Opportunities for Single Soldiers hosts a suicide prevention night walk 7 p.m. Sept. 20 beginning at the Patrick Henry Village Commissary parking lot.

• **Army Health Clinic** – The Heidelberg Army Health Clinic will be minimally staffed Sept. 20 due to U.S. Army in Europe's Suicide Prevention Training Day. Acute appointment availability will still be offered. DSN 590-7181, civ. 06371-9464-7181.

• **Coffee With The Principal** – Parents are invited for coffee with the Patrick Henry Village Elementary School principal 8:30 a.m. Sept. 20 at the school. Parent/Parent representatives will also speak about the importance of parental involvement. DSN 388-9054, civ. 06221-338-9054.

• **Messy Tots Art** – Children ages 2-5 can use paint, brushes, nature, paste, paper and more to create fun yet messy art projects 10-10:45 a.m. Sept. 20 and 27 at the Arts and Cultural Center on Patrick Henry Village. DSN 388-9421, civ. 06221-338-9421.

• **Right Arm Night** – Supervisors and their "right arms" can enjoy free finger food 5-7 p.m. Sept. 21 at the Copper Lounge in the Village Pavilion Community Center on Patrick Henry Village. www.mwrgermany.com.

• **Parent's Night, Day Out** – Parents can enjoy some kids-free time 7 p.m.-midnight Sept. 21 and 10 a.m.-4 p.m. Sept. 22 during Parent's Night, Day Out for infants through fifth graders. Register with Parent Central Services, Bldg. 4443 on Patrick Henry Village. DSN 388-9340, civ. 06221-338-9341, www.mwrgermany.com.

• **Indoor Flea Market** – A non-appropriated funds sale and indoor flea market that includes NAF property, home goods and toys will be held 9 a.m.-2 p.m. Sept. 22 in the Village Pavilion Community Center on

Patrick Henry Village. ID cardholders can rent tables to sell their wares (pre-registration recommended.) DSN 388-9438, civ. 06221-338-9438.

• **Community Bank** – Due to mandatory training, the Community Bank branch on the Heidelberg Shopping Center will be open 9:30 a.m.-1 p.m. Sept. 26. The Campbell Barracks Community bank will be open for normal business hours 9:30 a.m. - 4 p.m.

• **Housing Office** – The Heidelberg Housing Office will be closed Sept. 27 for their annual staff outing.

• **Quilters And Stitchers Retreat** – A retreat for quilters and stitchers, with sewing, prizes, potluck and more, will be 9 a.m.-5 p.m. Sept. 27, 28 and 9 a.m.-11 p.m. Sept. 29. Attend all three days or Saturday only. DSN 388-9421, civ. 06221-338-9421, www.mwrgermany.com.

• **Biodegradable Waste** – The city of Heidelberg is emptying biodegradable waste bins weekly until Sept. 28. Customers may put out their bins at the regular location.

• **Library Hours** – Beginning in October, the library will have new operating hours; Monday -Closed; 11 a.m.-7 p.m. Tuesday -Thursday and 11 a.m.-6 p.m. Friday - Sunday. Story Time is back at the Patrick Henry Village library. Story time for ages 3-5 is 11 a.m. every Wednesday and 11 a.m. Thursdays for babies and toddlers. Parents are also invited to this free activity.

• **Holiday Bazaar** – The Heidelberg Holiday Bazaar, hosted by the Heidelberg Community and Spouses' Club, will be held 10 a.m.-8 p.m. Oct. 5, 10 a.m.-7 p.m. Oct. 6 and 11 a.m.-5 p.m. Oct. 7 in the Village Pavilion Community Center on Patrick Henry Village for U.S. and NATO ID cardholders (with shopping privileges). www.hsc-heidelberg.com/bazaar_main.html.

• **Homecoming Bonfire** – A Heidelberg High School homecoming bonfire will be 7:30 p.m. Oct. 5 in the Patrick Henry Village Library parking lot. DSN 388-9152, civ. 06221-338-9152.

• **CIF Closure** – The Heidelberg Central Issue Facility Bldg. 3850, located on the shopping center will close Oct. 31. This closure is mandated due to the reduction in staffing and the drawdown of customer service facilities within the Heidelberg area. CIF in Mannheim Bldg. 1515, on Spinelli Barracks, will remain open to provide customer service.

• **Bowling Breakfast** – The Patrick Henry Village Bowling and Entertainment Center Strike Zone now offers breakfast, including French toast, hash browns, eggs, sausage, bacon, ham and pastries 7-10 a.m. Monday-Friday. www.mwrgermany.com.

43rd Signal Battalion celebrates Organization Day

By 1st Lt. Paul Murray
181ST SIGNAL COMPANY EXECUTIVE OFFICER

The 43rd Signal Battalion celebrated their Organization Day Aug. 30 at the Patrick Henry Village park in Heidelberg.

The event was designed to give all Soldiers, Department of the Army civilians, local nationals and their family members an opportunity to enjoy a day of fun and games. "It was a time for camaraderie, a chance to catch up with our busy lives and a chance to meet new people," said Spc. L.C. Johnson III from 181st Signal Company.

Throughout the day, events such as dodgeball, volleyball, soccer, and tug of war tournaments were held and three teams competed for the coveted "Commander's Cup."

Participants included the Headquarters and Headquarters Detachment from Heidelberg; the 181st Signal Company from Landstuhl and DA civilians from Heidelberg, Mannheim, Kaiserslautern and Sembach as well as local national employees from the battalion.

Command Sgt. Maj. Verne J. Washington Sr. provided opening remarks encouraging everyone to spend quality time together and instructing everyone to meet a Soldier that he or she had never met before within the battalion.

The event was also an opportunity for family members and Soldiers to make new friends through organizational sports and a barbecue.

As the day progressed, HHD



1st Lt. Paul Murray

Battalion Commander Lt. Col. Corey Brumsey hails the Commander's Cup champions, Headquarters and Headquarters Detachment, from Heidelberg at the 43rd Signal Battalion Organization Day held at Patrick Henry Village park Aug. 30.

quickly clinched first place in dodgeball, the 181st Signal Company was awarded 1st place in volleyball and tug of war and DA civilians dominated the soccer field. Spirits were high and tensions rose as each team struggled to beat the others.

Towards the end of the day, a tie breaker between all three teams was required. The Battalion Commander, Lt. Col. Corey Brumsey, decided that penalty kicks between the three teams would be the deciding factor for the winner of the Commander's Cup.

With anxious fans looking on, HHD placed first in penalty kicks

between 181st Signal Company and the civilian team and was awarded the Commander's cup as the overall champions.

"I thought it was a great event. We need more events like this to bring 181st and HHD together; there are a lot of Soldiers that do not know each other," said Sgt. Alex Santiago.

As the day concluded, Brumsey conducted a safety briefing for all Soldiers prior to their departure for the holiday weekend.

Throughout the day, the risk assessment for the event was on display and Soldiers were reminded of the importance of safety in fun activities as well as the workplace.

Heidelberg Golf Club tee time process



Heidelberg FMWR

All authorized users of the Heidelberg Golf Club may reserve tee times using the Family, Morale, Welfare and Recreation online tee time reservation system, in person or by

calling the club's pro shop.

Online users will receive login credentials and details on how the system works by following the link to the Heidelberg Golf Club at www.mwrgermany.com.

Patrons can reserve weekday tee times either in person, on the phone or via the internet using their login credentials.

However, weekend and holiday tee times are assigned through the use of a lottery. Up to ten days prior, patrons can apply for tee time slots. The lottery process is run for a Saturday (or Friday holiday) on the Tuesday prior and for a Sunday (or a Monday holiday) on the Wednesday prior to the

play day.

The internet-based tee time reservation system randomly assigns tee times and an email is sent to all registered patrons with an email listed in their profile.

Patrons not registered in the online system can call the pro shop for information on assignments. To apply for a lottery tee time you must have a minimum of two players and a maximum of four.

Active duty military priority is established by restricting the first three of six tee times to active duty service members and their dependents.

Active duty military also have equal consideration for all other tee slots during the random lottery process.

If you do not desire to be registered in the tee time system and prefer to call the pro shop for tee times, and you are active duty, please let the staff know so that they can insure you receive military priority.

Once the lottery process is run, all open times may be reserved on a first-come first-served basis.

For more information, call the pro shop at DSN 370-5946 or civ. 06202-53767 or visit www.mwrgermany.com.

staying ACTIVE

Army-Air Force Golf Tournament

The 16th annual challenge match golf event between Army and Air Force personnel is scheduled 9 a.m. Sept. 23 at the Heidelberg Golf Club. Teams will compete for the "The Willi Geck Trophy," receive team uniforms and enjoy free food. DSN 370-5946, civ. 06202-53767.

Heidelberg International Ski Club

The Heidelberg International Ski Club will have its first meeting 7 p.m. Sept. 26 at the Gasthaus Zum Goldenen Lowen in Eppelheim. Sign up for the trip to Obergurgl over the Thanksgiving weekend. More information and directions to the restaurant can be found at www.heidelbergski.com.

Bundesliga Soccer

Catch a home game of TSG 1899 Hoffenheim e.V. when the soccer team plays Hannover 96, 5:30 p.m. Sept. 28 at the Rhein-Neckar Arena in Sinsheim. Tickets can be purchased online at www.achtzehn99.de.

Outdoor Recreation Skydiving Trip

Join Outdoor Recreation Sept. 30 at the former Bitburg Airbase for a skydiving adventure. Trip departs 7:30 a.m. from Kaiserslautern Outdoor Recreation on Pulaski Barracks, Bldg. 2905. Cost is \$269 and includes transportation, tandem jump instruction and fees. Sign up by Sept. 26. Call Heidelberg ODR DSN 388-9282, civ. 06221-338-9282. www.mwrgermany.com.

Autofree Bike Ride

Join Kaiserslautern Outdoor Recreation for an auto-free biking day in the Salm river valley Sept. 30. Trip departs 8 a.m. from Pulaski Barracks, Bldg. 2905 and returns about 4 p.m. Cost is \$29 (or \$39 if bike rental and helmet are needed.) www.mwrgermany.com.

Edge! Indoor Tennis

Fit Edge indoor tennis begins Oct. 1 at the St. Ilgen Indoor Tennis Hall in Leimen. Instruction runs 4-6 p.m. Mondays, Wednesdays and Thursdays by age level. Call Edge for more information at DSN 388-9240, civ. 06221-338-9240 or register at Parent Central Services.

Salsa Dancing

The Arts and Cultural Center offers salsa dancing 5-7 p.m. Saturdays in October. Learn to dance Salsa, Bachata, Merengue, Cumbia, Rumba, Mambo. You'll learn to do all those fancy steps in no time while getting a workout and having fun. Sign up at the Arts and Cultural Center in the Village Pavilion. Cost is \$20, ages 16 and up. DSN 388-9421.

Ice Hockey Game

Adler Mannheim play the Düsseldorf EG at 4:30 p.m. Oct. 7 at the SAP Arena in Mannheim. Tickets are available online at <https://tickets.saparena.de>.

Kleber Sports And Fitness Closure

The Kleber Sports and Fitness Center main gym in Bldg. 3235 on Kleber Kaserne in Kaiserslautern is closed until late October for facility renovations. DSN 483-7610, civ. 0631-411-7610.

Personal Trainer Services

Personal trainer services are available at Heidelberg fitness centers. Call DSN 370-7506 or civ. 06221-57-7506 for more information.

Send the Herald Post Your Photos

If you have photos from sporting events, e-mail them along with the details of the event and names of those pictured to usaghd.post@eur.army.mil or usarmy.badenwuer.usag.mbx.post-newspaper@mail.mil. Deadline is noon Monday.