

# HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

**HP THURSDAY**  
May 31, 2012

**Speed Read**

**EARLY PUBLICATION**

The Herald Post will publish one day earlier due to the German holiday. The next edition will hit stands June 6.

**WELCOME TO THE VIPER PIT**



U.S. Army Europe Soldiers host a combat life saver course for German soldiers, NATO and reserve units and German Polizei. 3

**KLEBER JAVA CAFÉ**



Customers enjoy espresso, coffee, pastries and more at the new Java Café on Kleber Kaserne in Kaiserslautern. 6

**ARMY OLYMPIC WRESTLER**

National wrestling champion and five-time world team leader Spc. Justin Lester makes his Olympic debut Aug. 7 in London. 13



## Local youth workers honored for hard work, faithful service

By Mindy Campbell  
USAG KAISERSLAUTERN PUBLIC AFFAIRS

Recognized for their dedication, long hours and hard work, youth workers and teachers were recently celebrated during a nation-wide salute.

In early May, U.S. Army Garrison Kaiserslautern celebrated National Teacher Appreciation Week, dedicated to men and women who educate children, said Janice Broccoli, a Family, Morale, Welfare and Recreation partner specialist in Landstuhl.

In the past, each of the Child, Youth and School Services' facilities created their own events to thank the teachers. This year, each facility honored the teachers in a uniform way, Broccoli said.

see **YOUTH** page 14



## All The Difference

Mindy Campbell

Laura Welsh-Stack, who works at the Landstuhl Child Development Center 2, shares a moment with one of the children under her care. Welsh-Stack was recognized as a standout staff member during National Teacher Appreciation Week.

## Spotlighting the past United States Army Europe staff, Soldiers travel to Normandy

USAREUR Public Affairs

The U.S. Army Europe Commanding General, Lt. Gen. Mark Hertling, spent time training his subordinate commanders and staff via a staff ride on the Normandy Breakout battlefields near Caen, France, May 18.

Hertling led 45 USAREUR Soldiers and several guests on the historical tour, focusing on building the Army of tomorrow by learning from the past about trust, relationships, communications, logistics, and combined arms and

joint combat.

"The history associated with the Staff Ride is a point of departure," Hertling said. "The history is important, but we should use it as a springboard for thinking about the future."

Participants included the honorable Robert A. Mandell, Ambassador of the United States of America to the Grand Duchy of Luxembourg; U.S. Air Force Lt. Gen. Craig A. Franklin, Commander, 3rd Air Force; Brigadier (United Kingdom) Ben

Bathurst OBE, Director of Training - Army, United Kingdom and journalists Jennifer Griffin of Fox News and Robert Fox of the Evening Standard (London).

Participants also included USAREUR Deputy Commanding General, Maj. Gen. Jim Boozer; Maj. Gen. Aundre Piggee, 21st Theater Sustainment Command commanding general; Maj. Gen. David Elmo, USAREUR Deputy Chief of Staff for Mobilization and Reserve Affairs; Kathleen Marin, Installa-

see **STAFF** page 14

## Coleman Clinic to transition June 1

HMEDDAC Public Affairs

The Coleman Troop Medical Clinic in Mannheim will cease full patient care services June 1 and transition to sick call support beginning June 4.

The reduction in services for Soldiers supporting Coleman Barracks is part of the Army's overall transformation process in Europe and began with the closure of the dental clinic May 1.

Beginning in June, Soldiers assigned to the Coleman TMC will be automatically enrolled at the Heidelberg Health Center.

Pharmacy services will also transition to the health center, although officials are looking to keep a small supply of non-prescription, over-the-counter medications such as Motrin and cold packs available to dispense at Coleman as necessary. The sick call sign-in hours at Coleman TMC beginning June 4 will be 8 - 9:30 a.m. The sick call service will be reassessed on a monthly basis to determine continuation based on use.

For more information, call the clinic at DSN 371-3130 or civ. 06221-17-3130.

**Defense Details**

**HELPING MILITARY VETS**

Americans must remember the sacrifices made on their behalf and reinforce those memories with action, Defense Department leaders said at the Memorial Day observance in Washington, D.C., Monday. Defense Secretary Leon E. Panetta and Army Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, both called for Americans to support veterans, especially those from the past 10 years of war and help the families of those who paid the ultimate cost of those wars. "Arlington and all the men and women who rest here is a constant reminder that freedom is not free," Panetta said during the ceremony at the Memorial Amphitheater. Dempsey said that the Memorial Day ceremonies across America are manifestations of "the sacred bonds of trust between the military family and our larger American family. But what really counts is how we nurture that bond with those still here, and how we turn that memory into action."

www.defense.gov

**What's Inside**

Transformation Update.....	4
Our Army .....	8
Dear Ms. Vicki .....	10
GET OUT! .....	11
Movies... ..	11
Announcements.....	12
Sports.....	13

## LEGAL ADVICE

# Understanding the Uniformed Services Former Spouses' Protection Act: addressing common misconceptions'

Patton Law Center

Congress passed the Uniformed Services Former Spouses' Protection Act in 1982, which allowed state courts to treat military retired pay as marital property in divorce cases if the state chose to do so.

Another provision of the USFSPA established procedures by which a former spouse could receive all of or a portion of the court ordered retired pay division as a direct payment from the military's Defense Finance and Accounting Services.

Despite being in existence for about 30 years, there are still many misconceptions in the military and retired communities about the act. The USFSPA does not direct state courts to divide military retired pay; it merely permits them to do so.

Thus, state law must always be considered when a divorce potentially involves a retired military pay division issue. The way an Alabama court treats the division of the military pension may differ from the way the same case would be handled in California. Federal law also stipulates that only "disposable" military retirement pay may be divided.

Disposable military retired pay is gross monthly retired pay minus cer-

tain authorized deductions.

These deductions include forfeitures and other debts owed to the government and disability pay, but not federal or state income tax withholding amounts.

Moreover, understanding the distinction in the USFSPA between the provision that authorizes a state court to divide military retired pay and the provision that allows direct payment of divided retired pay to a former spouse is essential.

Two common misconceptions about the USFSPA are that the parties must have been married at least 10 years for the former spouse to become eligible for any division of the retired pay or that upon 10 years of marriage, which overlaps with 10 years of military service, the spouse is entitled to 50 percent of the retired pay. Both of these misconceptions are incorrect. Only the state of Alabama requires a marriage of 10 year's duration before dividing military retired pay under the USFSPA.

And while there are several different formulas states use to divide military retired pay, a 10-year marriage would likely result in the former spouse being awarded around 25 percent of the retired pay in most circumstances.

The USFSPA does have a 10-year

marriage rule, but this relates to the ability of the former spouse to receive direct payment of his or her portion of the military retired pay from DFAS.

To qualify for direct payment from DFAS, the state court order must be in a format recognized by DFAS, and the former spouse must have been married to the service member during at least 10 years of the member's service creditable for retired pay.

Generally it is in a former spouse's interest to provide the necessary court orders to DFAS to receive direct payment. That way the spouse is sure of the monthly payment and need not keep track of the retiree or wait for the retiree to send the monthly payment.

The USFSPA also stipulates that DFAS may not send more than 50 percent of the service member's disposable retired pay as a direct payment, unless there are additional garnishments for alimony or child support due to the former spouse. Then up to 65 percent of the service member's disposable pay may be sent to the former spouse as a direct payment. These percentage provisions of the USFSPA do not mean the former spouse is limited to these percentages in all cases.

Since state courts use state law to determine the amount of retired pay

to which a former spouse may be entitled, a state court could order a service member's entire military retired pay go to a former spouse.

In that situation, DFAS would send the previously provided percentages, and the former spouse would have to make other arrangements, such as direct payment from the retired service member for the remaining portion of the retired pay.

When more than one spouse has been awarded division of the retired pay, payments are handled on a first-come, first-served basis by DFAS.

Also, remarriage of the former spouse does not affect the former spouse's right to the court-ordered division of the retired pay or direct payment from DFAS.

Finally, DFAS only recognizes U.S. state court orders. All foreign court orders, including those from German courts, would have to be recognized by a U.S. court or issued as a U.S. state court order to be honored by DFAS.

In many divorces involving service members and their spouses, military retired pay may be the most important property that could be divided between the parties.

Understanding the USFSPA is critical to both service members and spouses.



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## DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

"Playgroup meets 9:30 a.m. to 11 a.m. every Friday at Patrick Henry Village Child Development Center in Heidelberg. Crafts, songs, stories, resources for babies, toddlers and preschoolers presented by Parent to Parent."  
—BWnow Administrator

"Do you have to sign up?"

—Dawn Hopkins Bedford, BWnow Facebook Fan

"Dawn, you will need to sign up. You can call DSN 388-9241, civ. 06221-338-9241 for more details."  
—BWnow Administrator

"Looking for a reputable pet shipping service to get our dog from Frankfurt to Washington, D.C. in July. The airline price quotes we have gotten seem really

high ..."

—Marty Dean Johnson, BWnow Facebook Fan

"There is Pet Air, but I am not sure about their prices. Here is the link: <http://www.petair.de/html/home.html>. There is also Petshipping: <http://www.petshipping.com/en>."  
—Alexia Russey, BWnow Facebook Fan



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Office. Printed circulation: 15,000.

The Herald Post offices are in Building 107, Patton Barracks, Heidelberg. Military address: Herald Post, PAO, U.S. Army Garrison Baden-Württemberg, Unit 29237, APO AE 09014. Civilian address: Herald Post, Patton Kaserne, Gebäude 107, Kirchheimerweg 4, 69124 Heidelberg. E-mail: [usarmy.badenwur.usag.mbx.postnewspaper@mail.mil](mailto:usarmy.badenwur.usag.mbx.postnewspaper@mail.mil).

Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday. Only spots results from the weekend will be accepted until noon on Monday.

## Welcome to the viper pit: Bundeswehr, German police learn CLS

By Sgt. Michael Reinsch  
USAREUR PUBLIC AFFAIRS

WIESBADEN – U.S. Army Europe Soldiers from the 421st Multifunctional Medical Battalion, 30th Medical Command, hosted a combat life saver course for Bundeswehr service members, NATO, Reserve units and German Polizei May 12. The CLS course was held at the “Viper Pit,” a medical training facility in Wiesbaden.

The course teaches the basics of first aid and how it can be the difference between someone living or dying on the battlefield. The Viper Pit teaches combat life saver skills, allowing trainees to employ those skills in a room that simulates the most stressful conditions possible.

“[The Viper Pit] is a stress inoculation training center,” said creator Staff Sgt. John Lacroix, a support operations staff and medical plans noncommissioned officer with the 421st MMB.

“Stress inoculation is basically [personnel] injecting threat stress scenarios into our training and then recreating them over and over again, making them increasingly more stressful.”

In the Viper Pit, dummies with simulated wounds are situated across the floor of the dim, fog-laden room.

Trainees must crawl across the floor of the garage-sized room, with the sounds of gunfire, wailing sirens and instructors yelling commands through a megaphone; find their simulated patients, treat their wounds and bring them to safety.



Sgt. Michael Reinsch  
Bundeswehr soldiers rush into the Viper Pit during Combat Live Saver training May 12 in Wiesbaden. The Viper Pit is a room designed to inflict stress by bombarding trainees with loud commands, sirens, smoke, sounds of gunfire and large amounts of fake blood.

Bundeswehr Reserve Oberleutnant (1st Lt.) Oliver Oswald worked with Lacroix to get the Bundeswehr involved with the training.

“It’s incredible. It gives very good scenarios shown in a very small room under physiological pressure,” Oswald said.

“It’s not routine; you’ve got smoke, yelling, explosions and gunfire. It’s not something you usually have in a normal CLS course or in a classroom.”

Through the Viper Pit, the 421st MMB personnel take an unconventional approach to teaching combat life saving techniques.

“It’s not a realistic scenario; it’s just as many stressors as we can give them,” Lacroix said. “We start off very

basic and then progress to increasingly more stressful scenarios.”

Lacroix added that following each scenario, trainees recap how they did and how to make it better next time.

Lacroix approached his battalion with the idea more than a year ago, and construction was completed in May 2011. Since November, Lacroix has trained more than 1,000 service members from eight major commands and three different countries.

“Our ultimate goal is to provide as much of a stressful environment as possible so they can mitigate that stress when they encounter the real-life stress of their fellow service members being injured,” Lacroix said.

The \$22,000 facility is equipped

with several 180-pound dummies, fog machines, an infrared camera system and medical supplies, some of which were donated by service members and medical professionals.

“Since the Bundeswehr is part of NATO and also an allied partner of the United States, we have common missions together,” Oswald said.

“It should be mandatory for us to have a common language on the mission, and that is what we found here. We can exchange positive and negative ideas every time we do training like this,” he said.

Even though Lacroix led the training, Bundeswehr Leutnant (2nd Lt.) Lars Hönig, a medical student at the University Medical Center in Mainz, assisted and conducted a German basic emergency medical technician training on the last day.

“In places like Afghanistan, it’s much harder than this,” Hönig said.

“I think it’s important to learn these techniques, to know what to do when someone is hurt, the medical procedures, to get used to the material.”

Training alongside allied nations ensures good relations for future missions and a mutual understanding, both on and off the battlefield.

“It’s absolutely amazing training with the Bundeswehr. I learn something new from them every time,” Lacroix said. “It’s long training, but it’s a good partnership, and I think that’s right in line with [Lt.] Gen. [Mark] Hertling’s intent for USAREUR partnership.”

## 7th CSC supports international shooting competition

By Spc. Glenn Anderson  
221ST PUBLIC AFFAIRS DETACHMENT

WACKERNHEIM – In partnership with the Reservistenkameradschaft (Association of Reservist of the German Armed Forces – RK Geisel), U.S. Army Reserve Soldiers from the 7th Civil Support Command in Kaiserslautern supported the 29th Annual Monte Kali Pokal shooting competition May 10-12.

The event was open to military units throughout NATO and other Partnership for Peace nations in the European community.

The contest had more than 2,000 competitors and offered members a chance to fire different weapons from several different nations.

“Only here can these Soldiers have a real chance to pick up other weapons from other countries and learn

their operation,” said Andreas Kern, president and event coordinator.

“The only other way would be in a wartime environment, and that may not be enough time to really learn how each weapon works,” Kern added.

“We have invited Army members from all over Europe to participate in this yearly event,” Kern said. “We are proud to have the 7th Civil Support Command assisting us for the first time this year.”

The 7th CSC provided the range and the medical and range safety personnel.

“We brought a small group of top caliber Soldiers with us to help out here,” said Master Sgt. Greg Doles, the noncommissioned officer in charge of brigade operations for the 361st CA Bde. “We hope to bring calm to this friendly competition by offering our knowledge and experience of range safety.”

Several tents were set up to display various weapons from several different countries, along with a military disc jockey playing music next to the simulated grenade range.

“This is a great event, and we are enjoying our day out here,” Staff Sgt. David Barracks, a rifleman with the 177th Field Artillery Battalion in Schweinfurt, said on the first day of the event.

Barracks, along with three other members of his unit, participated in the Monte Kali competition.

“Although there are some really long lines to fire some of these weapons here, it is going very smoothly,” Barracks said.

“We hope that we can place within the top five firing the Glock 17 from the Netherlands. But we will have to wait and see what happens.”

Some military members used the opportunity to famil-



Spc. Glenn M. Anderson  
Soldiers from the 557th Area Support Medical Company and German soldiers receive a handling course on the Glock 17 pistol from a British non-commissioned officer during the 29th Annual Monte Kali Pokal shooting competition at Wackernheim Regional Range, May 11.

iarize themselves with NATO and other partner countries’ weapons they might experience on future joint deployments or operations.

“The partnerships that we are forming with other countries are really important,” said Italian Army Sgt. Marcello Er-

baggio, an airborne specialist with the Folgore Parachute Brigade, 186th Regiment.

“I remember that I was deployed with the Spanish Army as well as the Americans, and I did not know anything about their weapons at the time ... now I do.”

## transformation UPDATE

### Frequently Asked Questions

#### Have a transformation-related question you'd like answered?

E-mail [usarmy.badenwur.usag.mbx.post-newspaper@mail.mil](mailto:usarmy.badenwur.usag.mbx.post-newspaper@mail.mil). We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at [www.bw.eur.army.mil/news/personnel.htm](http://www.bw.eur.army.mil/news/personnel.htm).

#### **NEW** – “Are there any new developments concerning the issue of yard maintenance in the Mannheim community? There are still areas here that have not been mowed or maintained properly?”

The garrison is aware of the problem and is working to resolve this issue as quickly as possible. Mannheim residents are urged to contact their installation coordinator or base operations immediately to report the problem and its location. Base Operations is located in Bldg. 245 on Sullivan Barracks. Sgt. 1st Class Damien R. Hunt, Base Operations noncommissioned officer in charge, can be reached at DSN 385-1610, civ. 0621-730-1610, civ. 07622-70-0535 or [damienn.r.hunt@mail.mil](mailto:damienn.r.hunt@mail.mil). Bob Isbell, Mannheim Base Operations Manager, can be contacted at DSN 385-3944, civ. 0621-730-3944 or [robert.n.isbell2.civ@mail.mil](mailto:robert.n.isbell2.civ@mail.mil).

#### **“With Clinic services closing, we have been told that we can get reimbursed for travel to doctor appointments that are very frequent in Landstuhl. Is that true? And if so, who do we contact about that?”**

The Medical Travel Reimbursement Process is applicable to active duty service members and their dependents through a Competent Medical Authority statement. The CMA is a memorandum provided to an active duty service member or their dependent, which authorizes the reimbursement of funds for travel to a medical treatment facility outside of their permanent duty station. This is defined as a greater than 45-minute commute to a medical treatment facility to which a patient has been referred for continuity of care. Actual cost of transportation use includes public transportation cost, or, if using a privately owned vehicle, gasoline, parking fees and other incurred expenses associated with travel for medical treatment. After completing the appointment at the MTF or civilian facility to which they were referred, patients can report to the Patient Administration in Bldg. 3613, Room 1047 with their paperwork and identification. Dependents of active duty Army or Air Force, enrolled in TRICARE Prime, will have their CMAs further processed here in the budget office of Heidelberg Medical Activity. Dependents of Marines or Sailors enrolled in TRICARE Prime, can proceed to the sponsor's unit for reimbursement. For more questions regarding Competent Medical Authority statements, call the Patient Affairs Office at DSN 371-3095, civ. 06221-17-3095.

#### **“I'm wondering who needs to be contacted to have the waste containers around the playgrounds on Benjamin Franklin Village emptied? We have children who still play at these playgrounds on a regular basis and they are overflowing and are extremely unsanitary.”**

The first step would be to contact your building or stairwell coordinator for your housing area to report the problem. You may also contact officials from the Mannheim base operations office located in Bldg. 245 on Sullivan Barracks. DSN 385-1610/3944 or civ. 0621-730-1610.

### Facilities Operations Changes Mannheim

**Barber Shop** – The Benjamin Franklin Village Barber Shop is now closed. The Coleman Barber Shop is open 10 a.m.-4:30 p.m. Tuesday-Friday. The Coleman Barber Concessionaire has agreed to remain open until 5 p.m. if customer traffic increases.

**Base Operations** – For assistance, residents should contact Sgt. 1st Class Damien R. Hunt, who is now the Base Operations noncommissioned officer in charge located in Bldg. 245 on Sullivan Barracks, DSN 385-1610, civ. 0621-730-1610, civ. 07622-70-0535, [damienn.r.hunt@mail.mil](mailto:damienn.r.hunt@mail.mil), or Bob Isbell, Mannheim Base Operations Manager, DSN 385-3944, civ. 0621-730-3944, [robert.n.isbell2.civ@mail.mil](mailto:robert.n.isbell2.civ@mail.mil).

**Bowling Center** – The bowling center located on Sullivan Barracks is scheduled to close **June 22**.

**Burger King** – The Mannheim Burger King located on Sullivan Barracks is scheduled to close **July 28**.

**Chapel** – The chapel on Benjamin Franklin Village is now closed. All on post religious services have been transferred to the Heidelberg community.

**Coleman Clinics** – The Coleman Troop Medical Clinic will cease full patient care services **June 1**, to include pharmacy services, and will transition to sick call support beginning **June 4**. In addition, all dental support at the Coleman Dental Clinic, to include dental sick call services, ended **May 1**. Dental services for the Mannheim-Coleman Soldier population have transferred to the Patrick Henry Village Dental Clinic in Heidelberg. The sick call sign-in hours at Coleman TMC beginning **June 4** will be 8-9:30 a.m. Sick call service will be reassessed on a monthly basis to determine continuation based on use. DSN 371-3130, civ. 06221-17-3130.

**Commissary** – Deli and bakery services are no longer available at the commissary. Sandwiches are still available in the grab 'n go section and customers can special order select items and purchase hot rotisserie chicken. The commissary operating hours are 11 a.m.-7 p.m. Wednesday-Sunday. The commissary is slated to remain open through August. DSN 385-3940, civ. 0621-728-3611.

**Community Bank** – The Community Bank on Sullivan Barracks is closed Mondays. It is open 9:30 a.m.-4 p.m. Tuesday through Friday and 10 a.m.-1:30 p.m. Saturday.

**Facility Closures** – The Mannheim main post exchange, gas station, laundrette, Popeyes, Taco Bell and concessions area are scheduled to close **June 15**.

**NEW** – The Top Hat Club, Woods Field, Army Community Service, Value Added Tax office, Child Development Center and School Age Center are scheduled to close no later than **Sept. 1**.

**Gas Station** – The gas station on Benjamin Franklin Village is closed Mondays to coincide with the operating hours of the Exchange, which is also closed Mondays. There is no access to BFV South (PX gate) on Mondays.

**Postal Office Hours Change** – Mannheim postal facilities have new operating hours. The finance window at Postal Service Center 418 on Coleman Barracks is now open 10 a.m.-5 p.m. Monday, Wednesday and Friday. The community mail room is open 11 a.m.-6 p.m. Monday, Wednesday and Friday and closed Tuesdays and Thursdays. At Postal Service Center 437, finance is open 10 a.m.-5 p.m. Tuesday and Thursday and 10 a.m.-4 p.m. Saturday. The community mail room is open 11 a.m.-6 p.m. Tuesday and Thursday, 10 a.m.-4 p.m. Saturday and closed Mondays, Wednesdays and Fridays.

**Self-Help** – The Self-Help Store on Funari Barracks at the recycle center compound is open 10 a.m.-6 p.m. Tuesdays, 10 a.m.-2 p.m. Saturdays and closed German and U.S. holidays. DSN 380-4435, civ. 0621-730-4633.

**Sexual Assault Hotline Consolidated** – The 24-hour sexual assault and domestic violence hotline for Mannheim and Heidelberg is civ. 0170-609-2862.

**Shuttle Bus** – The community shuttle bus will no longer stop at the Benjamin Franklin Village guest house, but a stop was added on Funari Barracks. The new schedule is available from any shuttle bus driver, at the Central Processing Facility in Heidelberg or by calling DSN 373-8350, civ. 06221-17-8350.

**Sullivan Fitness Center** – The Sullivan Fitness Center is scheduled to close by **Sept. 1**.

**Tax Relief Office** – The Tax Relief Office on Sullivan Barracks has the following hours: 10 a.m.-3 p.m. Monday, Wednesday and Friday, closed Tuesdays, Thursdays, weekends and U.S. holidays. DSN 385-1780, civ. 0621-730-1780.

**UPDATED – WIC Office** – The Women, Infants and Children Overseas office further reduced office hours due to transformation and reduced base population. As of **May 18**, the Mannheim office is now open 9 a.m.-2 p.m. Tuesdays and 7:30 a.m.-4 p.m. Thursdays.

### Heidelberg

**Airport Shuttle Buses** – The free shuttle bus service for service members, Department of Defense civilians and their families departing Germany from Ramstein Air Base on the Patriot Express departs Heidelberg once a week from the Patrick Henry Village Guest House in Heidelberg. For details on the shuttle schedule, call U.S. Army Garrison Baden-Württemberg Central Processing Facility, Room 180, Bldg. 3850, at the Heidelberg Shopping Center. DSN 370-7343/6711, civ. 06221-57-8399, [usarmy.badenwur.usag.mbx.cpf@mail.mil](mailto:usarmy.badenwur.usag.mbx.cpf@mail.mil).

**UPDATED – The shuttle bus to the Frankfurt Airport** – The shuttle bus service from Heidelberg Patrick Henry Village Guest House to Frankfurt Airport is no longer available. The cancellation of the service is a result of the implementation of the Patriot Express channel flights that depart Ramstein Air Base. DSN 370-8399, civ. 06221-57-8399.

**UPDATED – Chapels** – The last religious services at the Mark Twain Village chapel will be held **June 3**. The area where the chapel is located will be closed by September 2012. Chapel services will transfer to Patrick Henry Village and Nachrichten Kaserne. The 10:45 a.m. Protestant service will move to Nachrichten Chapel; the 12:30 p.m. Gospel service will move to PHV Chapel and start at 8 a.m.; Catholic Mass will consolidate on PHV, with a 5 p.m. vigil on Saturdays and noon Mass Sundays and noon weekday Masses. Weekday Masses will begin June 4. The Lutheran service will move to Nachrichten (from PHV), with no change in time. Jewish services will take a brief recess, and resume at sunset June 22 on PHV. For more information on new service times and locations call DSN 373-6190, civ. 06221-17-6190.

**UPDATED – Dental Clinic** – The sick call and exam hours for the Patrick Henry Village dental clinic are now 8:30 - **10:30** a.m. Monday-Friday. DSN 388-9500.

**NEW – Optometry Clinic** – The Heidelberg Health Center's optometry department has reduced care to provide services only for active duty military and their family members who are enrolled in TRICARE Prime. The change is necessary, as the optometry staff is down to only one provider and can no longer accommodate all previously-seen beneficiaries. As a result, the optometry clinic will no longer provide care for dependent parents or Department of the Army and Department of Defense civilian employees and contractors. Optometry services for these beneficiaries can be obtained via host nation providers.

**Pharmacy Hours** – The Heidelberg Health Center Pharmacy has changed its operating hours. The pharmacy is open 8 a.m.-5 p.m. Monday-Friday and closed weekends and federal holidays.

**Teen Clinic** – The Teen Clinic at Heidelberg High School will cease on-location support at the end of the school year. Teens can be seen at the Heidelberg Health Center. DSN 371-2622, civ. 0800-376-2273.

**UPDATED – Thrift Shop** – The Thrift Shop on Patrick Henry Village is temporarily closed to prepare for its relocation to Bldg. 4455 (directly across the street from the PHV Recycling Center and Outdoor Rec Center). The thrift shop is scheduled to reopen at its new location **June 7**.

# Where there's coffee, there's community



Rick Scavetta

Soldiers, civilians and family members order coffee drinks at the new Java Café on Kleber Kaserne in Kaiserslautern, May 14. The new facility also offers pastries, smoothies, hot chocolate, tea and other specialties.

**By Rick Scavetta**

U.S. ARMY GARRISON KAISERSLAUTERN

Inside the new Java Café at Kleber Kaserne, earthy smells of ground espresso brewing and sweet-smelling desserts entice customers as sounds of hot steaming frothy milk compliment blenders crushing ice and juice into smoothies. But the Java Cafés at U.S. Army Garrison Kaiserslautern are more than just places

for Soldiers, civilians and family members to sip coffee drinks and eat snacks. In the Kaiserslautern Military Community – the largest overseas U.S. military area – Java Cafés offer a place for the community to bond, said Kassi Piggee, spouse of the Kaiserslautern Military Community's senior Army leader.

"This is a way to bring us all together, into one place, to be able to socialize in

fellowship and get to know each other, so we don't lose those bonds that we normally have at home," Piggee said. "We develop [our] own Army family here in the Kaiserslautern community."

Kleber's Java Café opened May 14 inside the recently renovated KMC Onstage – Kaiserslautern's award winning community theater program – which opened its production of "Dirty Rotten

Scoundrels" with a free coffee drink of the same name.

Behind the counter on opening day, barista Dominique Coleman, 26, prepared frozen coffee lattes, finishing them with drizzled caramel over whipped cream. Already, customers expressed gladness over having a coffee shop at Kleber Kaserne, she said.

"They like the new renovations, they like that we have good coffee, they are impressed and amazed," Coleman said. "They are happy to not have to go very far for coffee."

Piggee, whose husband, Maj. Gen. Aundre Piggee, commands the 21st Theater Sustainment Command headquartered at Panzer Kaserne, said family members hoped to have such a place on the east side of Kaiserslautern. "I think this a good addition for the Kleber and Panzer community," Piggee said.

USAG Kaiserslautern is committed to improving the lives of service members and their families in the KMC, to include access to great coffee, said Lt. Col. Lars Zetterstrom, the garrison commander.

The garrison's Directorate of Family, Morale, Welfare and Recreation already established Java Cafés at Landstuhl

Regional Medical Center and Rhine Ordnance Barracks. In the near future, wireless Internet will be available, he said.

"Now we have one in Kaiserslautern East, as part of the multi-purpose theater that we have here," Zetterstrom said. "It's a great place to relax and enjoy a delicious cup of coffee and something to eat while socializing with some of your comrades."

Also, in the fall, a Java Café will open at Sembach Kaserne, said Steve Pelletier, the garrison's Family and MWR director. Last year, at the Army Family Action Plan conference, community members raised the issue of limited on-post eateries at Army posts in the east end of Kaiserslautern. The new Java Café helps respond to that community need, Pelletier said.

Java Cafés sport a theme and setting not unfamiliar to Americans who frequent popular coffee chains like Starbucks, Pelletier said. Java Café staff members go through specialized customer service training. On the job, baristas then learn to know customers by name and can start their orders without asking.

## Faces of the Community: Suicide Awareness



Elizabeth Behring

Spc. Katherine Glavaris, U.S. Army Garrison Baden-Württemberg Better Opportunities for Single Soldiers president, gives a crisis card and gummy bears to T. Green, USAG BW Chief of Sports and Fitness, May 24. The Army Substance Abuse Program and BOSS handed out more than 980 suicide risk cards to commuters in Heidelberg and Mannheim. The Military Crisis Line in Europe is toll-free DSN 118, civ. 00800-1273-8255, [www.MilitaryCrisisLine.net](http://www.MilitaryCrisisLine.net).

## 409th changes command

**By Rachel Clark**

409TH CONTRACTING SUPPORT BRIGADE

The 409th Contracting Support Brigade held a change of command ceremony on the Panzer Parade Field at Panzer Kaserne in Kaiserslautern May 10, welcoming the new commander, Col. William Bailey, and wishing a fond farewell to the outgoing commander, Col. Debra Daniels.

Brig. Gen. Theodore Harrison, the commanding general of the Expeditionary Contracting Command, presided over the ceremony.

After the passing of the colors, Harrison publicly praised Daniel's leadership and accomplishments.

"Under Deb's leadership, the 409th CSB has matured into a world-class organization.

"She developed a newly organized military workforce while simultaneously physically relocating the brigade headquarters and other key essential contracting offices across Germany, and she did this all while the brigade executed one-third of the ECC's overarching

mission," said Harrison.

Harrison also shared words of welcome for Bailey.

"Bill is highly respected and understands, promotes and values teamwork. He brings with him great insight, energy and enthusiasm," Harrison said.

Bailey expressed appreciation to Daniels and also addressed the Soldiers and staff of the 409th CSB on his plans as the new commander.

"I see that future as extremely bright, not because of what I will do but because of what the Soldiers and civilians of the 409th can accomplish," Bailey said.

Some of Bailey's contracting assignments include Executive Officer to the Principal Military Deputy to the Assistant Secretary of the Army (Acquisition, Logistics and Technology), Senior Service College Fellow at the University of Texas at Austin and commander, 902nd Contingency Contracting Battalion.

Daniels is scheduled to deploy to Afghanistan for her next assignment, where she will assist NATO forces with contracting.



# Got your back.

Don't wait for a disaster to strike—Include your pets in your family emergency plan.

- Include pet supplies in your emergency kit.
- Plan what to do if you evacuate.
- Make sure your pet has identification tags.
- Keep a photo as proof of ownership.

It's up to you. Prepare Strong.



A U.S. Soldier plays with a boy in Naco, Honduras, where Soldiers participating in Beyond the Horizon 2012 built a latrine for school children May 18. Beyond the Horizon is a Chairman of the Joint Chiefs of Staff-directed, U.S. Southern Command-sponsored joint and combined field training humanitarian exercise in which troops specializing in engineering, construction and health care provide services to communities in need while receiving deployment training and building relationships with partner nations.



Sgt. Sarah Lupescu



Spc. Bailey Jester

Soldiers from 1st Squadron, 7th Cavalry Regiment, 1st Brigade Combat Team, 1st Cavalry Division, conduct a best medic competition on Camp Buehring, Kuwait, May 19.



Nathan Goodall

Spc. Jordan Henyo, an M249 light machine gunner with Alpha Battery, 1st Battalion, 84th Field Artillery Regiment, 170th Infantry Brigade Combat Team, carries a bag of antennae slated for inspection and transfer to Task Force Harvest May 21, in Baumholder. Soldiers with the brigade combat team were turning in all equipment on their property books in preparation for the unit's inactivation, scheduled for October.



Staff Sgt. Teddy Wade

Vice President Joe Biden shakes hands with cadets during the Class of 2012 graduation at the U.S. Military Academy at West Point, N.Y., Thursday after delivering the keynote speech where he encouraged graduates to lead their country.

**our**ARMY  
around the world

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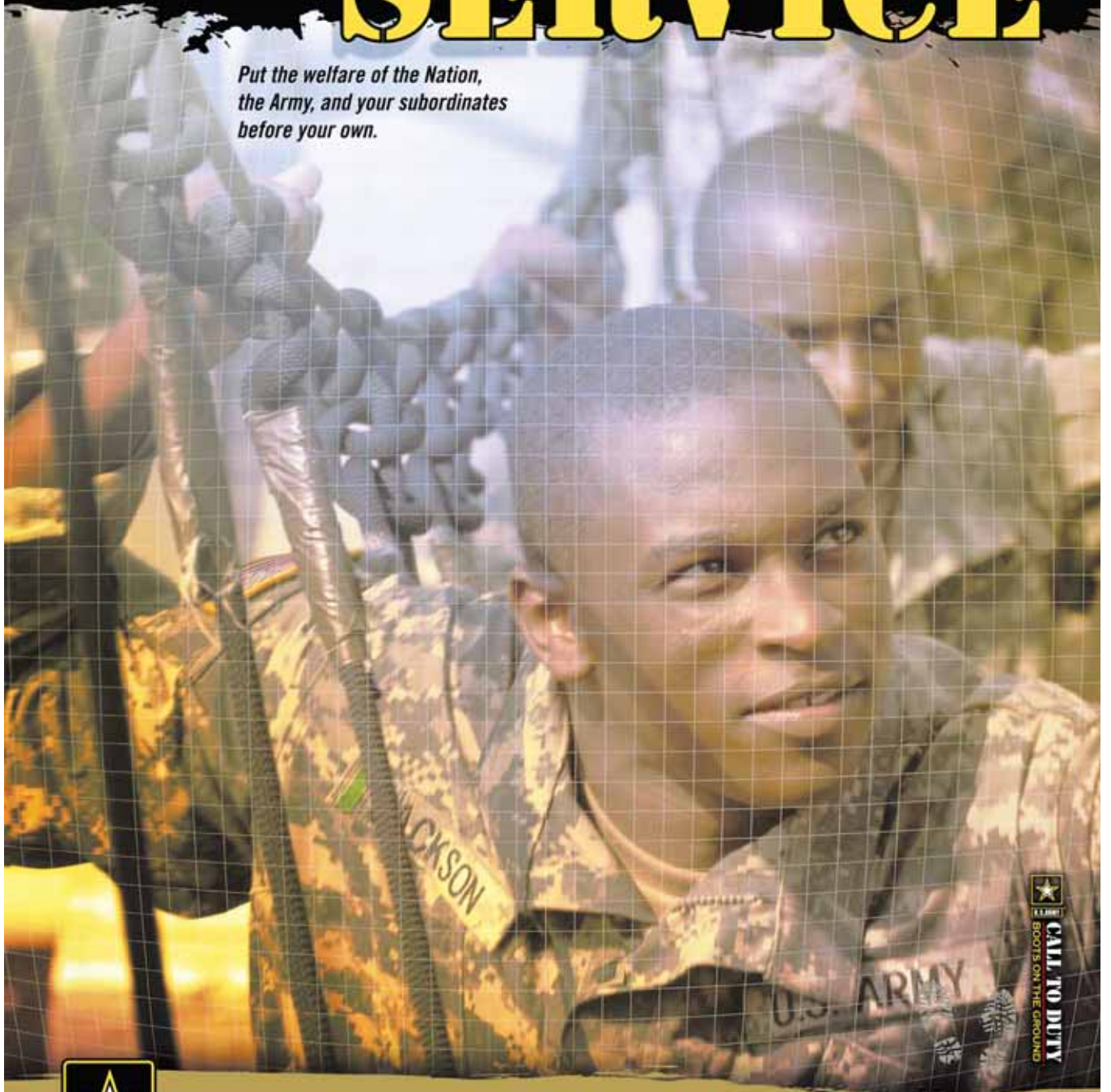
Sgt. Matt Young

Spc. Cassandra Butkos paints the Combined Task Force Arrowhead crest at the landing zone outside of the base tactical operations center at Forward Operating Base Masum Ghar, Kandahar province, Afghanistan, May 20.

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## GERMAN NEWS

### Couple's House Blown Away

A retired Bremerhaven couple who went to Berlin for the weekend returned to find their house gone. As their 68-year-old neighbor opened the door Sunday morning to check on the house and water the plants, the house exploded, burying him in rubble. Emergency services dug him out after hearing his calls for help, but he was seriously injured and was flown to Hamburg for treatment. Two children playing outside nearby were slightly hurt by flying debris but did not need hospital treatment. Authorities have launched an investigation, but it is thought a gas leak led to the enormous explosion sparked by the neighbor as he turned on a light. Several houses in the same row were also damaged by the explosion. The Bild newspaper reported Tuesday that the couple were staying in a nearby hotel and have been offered psychological counseling.

### Nazi War Criminal Dies At Large

A Nazi war criminal who escaped from a Dutch jail in 1952 died Thursday at the age of 90 in Ingolstadt in Bavaria, it was confirmed Sunday. Klaas Carel Faber, a former member of the Nazi SS unit known as Silver Fir, had been originally sentenced to death by a Dutch court in 1947 and was second on the Simon Wiesenthal Center's list of Nazi criminals still at large. In 1957, a German court threw out all charges for lack of evidence, and Bavarian authorities said the Netherlands must produce new evidence before Faber could be arrested again, which they did in November 2010. Faber worked at Westerbork transit camp from 1943 to 1944, where Dutch schoolgirl Anne Frank, whose diary became world-famous, was held before being sent to her death at Bergen-Belsen concentration camp.

### Stair Climbing Champ Prevails

Thomas Dold, a 27-year-old German man, beat 280 contestants from 15 countries Sunday in a stair climbing contest. Participants climbed 39 floors of Berlin's Hotel Park Inn. Dold, from the Black Forest, climbed 770 stairs in 3:39 minutes. He also climbed New York's Empire State Building's 1,050 stairs in 10:28 minutes. That was the 35th Annual "Empire State Building Run-Up," where Dold beat more than 700 competitors.

SOURCE: [www.thelocal.de](http://www.thelocal.de)



Vicki Johnson is a military spouse and clinical social worker with more than 13 years experience working with families in crisis. Contact Ms. Vicki by e-mail: [dearmsvicki@yahoo.com](mailto:dearmsvicki@yahoo.com), follow her on Twitter @dearmsvicki, or visit [www.dearmsvicki.com](http://www.dearmsvicki.com).

**Dear Ms. Vicki,**

*I have a very important situation I would like to discuss with you, but I don't want my letter to appear in the paper. If I write you, can I remain anonymous, or will other people read the letter? Anonymous*

**Dear Anonymous,**

I regularly get letters from people who wish to remain anonymous. It's your choice. However, the letters from those who want to remain anonymous are often more serious in nature, and the writer really needs help. I try to help as much as I can with advice and referrals to other resources, and I highly encourage you to seek other professional help, depending on the nature of your disclosure. I look forward to hearing from you soon.

**Dear Ms. Vicki,**

*My husband is in trouble, and I hope you can tell me who we can go to for help before they put him out of the Army. If this happens, I just don't know what we will do. We would be destitute if this happens.*

*My husband hit his first sergeant about a month ago. This happened after more than a year of abuse by this first sergeant, who thinks he is God. The commanding officer lets him get away with it, too. I've asked the first sergeant to stop mistreating and harassing my husband, but he wouldn't. My husband has been denied leave and more, for no reason at all. This guy just doesn't like him. My husband finally hit his breaking point when they got into a shouting match, and my husband hit him.*

*My husband might face a court-martial, and I don't think it's fair. I think his first sergeant is an out-of-control maniac, but I don't want my husband to get out of the Army. It's all we have right now to support our family. I don't work, and I don't have an income of my own. I'm scared and can't believe this is happening. Both of our parents have problems of their own and can't help us. I hope you give me some advice on what to do.*

**This Is Just Too Much**

**Dear Too Much,**

I truly regret this happened. From your report, the first sergeant continuously harassed your husband and finally pushed his last button. I've worked for some bullies before myself, and it's no picnic. However, the first sergeant has the law on his side right now, and it's your husband who is accused of violence.

Hopefully, your husband won't

be court-martialed, but he should be made aware of the legal action he is facing, and he should seek legal counsel. This will provide an opportunity for him to speak about his work environment.

Secondly, it sounds like you and your husband are experiencing a lot of financial and family stress right now. Anger management classes could help your husband, and stress management classes may help you both. I'm not blaming you, but we should embrace every opportunity for personal growth.

All the stress has built up, and the first sergeant's actions has helped exacerbate the problem. This is not totally placing the blame on your husband, but these classes should address assertiveness and communication skill building.

I also teach anger management classes. One lesson I give is, "We can only control ourselves, not the other person." Your husband has to take some responsibility.

I commend you for supporting him, and for your willingness to defend him, but it's not your responsibility to talk to the first sergeant. I hear you, but it's not your role.

Most first sergeants I know are very professional and place their Soldiers first. Also, most commanders I know have an open door policy for Soldiers to talk to them at any time. I regret this was not your husband's experience.

I recommend you contact Military OneSource for support. You can speak to someone by phone, or they can connect you with a professional counselor in your local area. Contact them at U.S. civ. 800-342-9647.

# Increased heart attack, stroke risk for diabetics

By Leslie Mittag, RN

HEIDELBERG HEALTH CENTER MANAGER

Heart disease and strokes are the number one causes of death and disability among people with Type 2 diabetes.

In fact, at least 65 percent of people with diabetes die from some form of heart disease or stroke, and adults with diabetes are two to four times more likely to have heart disease or a stroke than adults without diabetes.

The American Heart Association considers diabetes as one of six major controllable risk factors for cardiovascular disease. Diabetes is treatable, but even when glucose levels are under control, it greatly increases the risk of heart disease and stroke.

That's because people with diabetes, particularly Type 2, often have the following conditions that contribute to their risk for developing cardiovas-

cular disease:

• **Hypertension**, or high blood pressure, has long been recognized as a major risk factor for cardiovascular disease. Studies report a positive association between hypertension and insulin resistance. When patients have both hypertension and diabetes, which is common, their risk for cardiovascular disease doubles.

• **Abnormal Cholesterol and high triglycerides.** Patients with diabetes often have unhealthy cholesterol levels including high LDL ("bad") cholesterol, low HDL ("good") cholesterol and high triglycerides.

This triad of poor lipid counts often occurs in patients with premature coronary heart disease. It is also characteristic of a lipid disorder associated with insulin resistance called atherogenic dyslipidemia, or diabetic dyslipidemia in those patients with diabetes.

• **Obesity** is a major risk factor for cardiovascular disease and has been strongly associated with insulin resistance.

Weight loss can improve cardiovascular risk, decrease insulin concentration and increase insulin sensitivity. Obesity and insulin resistance also have been associated with other risk factors, including high blood pressure.

• **Lack of physical activity** is another modifiable major risk factor for insulin resistance and cardiovascular disease. Exercising and losing weight can prevent or delay the onset of Type 2 diabetes, reduce blood pressure and help reduce the risk for heart attack or stroke.

• **Poorly controlled blood sugars (too high) or out of normal range.** Diabetes can cause blood sugar to rise to dangerous levels. Medications may be needed to manage blood sugar.

• **Smoking** puts individuals, whether or not they have diabetes, at high risk for heart disease and stroke.

Individuals with insulin resistance or diabetes in combination with one or more risk factors are more likely to fall victim to heart disease or stroke. However, by controlling these risk factors, diabetes patients may avoid or delay the development of heart and blood vessel disease.

Your Primary Care Manager will do periodic testing to assess whether you have developed any of these risk factors associated with cardiovascular disease.

Lastly, make annual appointments and more often if needed with your PCM. The Heidelberg Health Center appointments line is DSN 371-2622, civ. 06221-16-2622.

More information can be found at [www.heart.org/HEARTORG/Conditions/Diabetes/WhyDiabetesMatters](http://www.heart.org/HEARTORG/Conditions/Diabetes/WhyDiabetesMatters).

# GET OUT!

## area events

More events online at <http://myBWnow.ning.com>

### June 1

**Sensapolis** – This indoor theme park near Stuttgart offers adventure for the whole family to discover all under one roof. Sensapolis combines a leisure park, science center and action zone for all age groups. Explore the park's 16 mega-slides, space ship, fun shooters and high ropes course. Visitors can also navigate the dark secret passages in the king's fairytale castle or sail across the Seven Seas in a pirate ship. Sensapolis is located right next to the A81 Stuttgart-Singen motorway and can easily be reached using the Böblingen-Hulb exit (number 24). Melli-Beese-Straße 1, Sindelfingen, Baden-Württemberg, 71063. Civ. 07031-2048-530. [www.sensapolis.de/index\\_en.php](http://www.sensapolis.de/index_en.php)

**Bazaar** – More than 90 vendors from around the world converge on Rhine Ordnance Barracks in Kaiserslautern for a giant bazaar. Strollers are welcome and there will be food and beverages available, kid friendly activities, a merry-go-round and petting zoo. Bazaar is open 10 a.m.-8 p.m. June 1, 10 a.m.-7 p.m. June 2 and 10 a.m.-5 p.m. June 3. ID cardholders only.

**Wiesbaden Street Festival** – The 35th annual Wilhelmstrassenfest takes place Friday and Saturday in Wiesbaden. Live music on four stages, jugglers, street musicians and more than 140 vendors selling handcrafts will line Wilhelmstraße. Festival starts 4 p.m. and features Wiesbaden dancing schools and street entertainers and continues through June 2. [www.wiesbaden.de](http://www.wiesbaden.de)

### June 2

**Castle Illumination** – Each year, the city of Heidelberg hosts castle illuminations using fireworks to commemorate the destruction of the Heidelberg castle by the French. The fireworks are ignited from the Old Bridge, which is closed for pedestrian traffic starting at 5 p.m. The city also hosts a concert before each illumination at 6:15 p.m. in the Heiliggeistkirche (Church of the Holy Spirit) on Market Square. Tickets: Civ. 06221-582-0000. The first illumination of the year is scheduled to start 10:30 p.m. [www.heidelberg-marketing.de](http://www.heidelberg-marketing.de)

**Wine Festival** – Assmannshausen, a picturesque medieval town located on the Rhine, is famous for its Pinot Noir. During this one-day festival, wine connoisseurs can enjoy the Assmannshäuser red wine as well as local dishes and entertainment. There's also a fireworks show on the river banks. Visitors can book a boat tour and enjoy seating in the lounge of the boat, live music on board and fireworks. [www.assmannshausen-am-rhein.de](http://www.assmannshausen-am-rhein.de), [www.buzzoffbase.com](http://www.buzzoffbase.com)

**Casino Night** – Better Opportunities for Single Soldiers presents Vegas Casino Night, with blackjack, roulette tables and poker

starting 6 p.m. June 2 on the Warrior Zone patio on Patton Barracks in Heidelberg. Free finger food provided. DSN 373-5275, civ. 06221-17-5275.

### June 6

**English Language Stammtisch** – The Stammtisch meets 6:30 p.m. at Zum Güldenen Schaf, Hauptstraße 115, Heidelberg Altstadt. Civ. 06221-20879. The discussion topic is recent elections in France, Greece and Germany and the gains of socialists and far right parties. Open to the public.

### June 7

**ADAC Bavaria Historic** – There will be a classic car show at Schloss Maxlrain near Bad Aibling (southeast of Munich), 10 a.m. - 6 p.m. [www.bavaria-historic.de](http://www.bavaria-historic.de). (German language only).

### June 8

**Black Sabbath 2012 Reunion Tour** – Ozzy Osbourne and original band members play 8 p.m. at Westfalenhalle in Dortmund. Tickets: [www.concertboom.com/dortmund/2012/june/black-sabbath-in-dortmund](http://www.concertboom.com/dortmund/2012/june/black-sabbath-in-dortmund)

### June 9

**Tutankhamen Tomb and Treasures** – Take a trip to see the world's only museum-quality replica of mankind's most fascinating tomb and its treasures. Tour includes round trip transportation, tickets and audio guide. Sign up by June 1. [www.mwgermany.com](http://www.mwgermany.com)

**Amsterdam Express** – Take a tour of Amsterdam, known as the "Venice of the north." Tour includes breakfast, demonstrations of cheese and wooden shoe making, shopping at the DeSimonehoeve Cheese Factory, a sightseeing tour of all the main sights in Amsterdam and free time to enjoy the city on your own. <http://affiliates.usa.org/rheinmain/files/einebrucke32012web.indd.pdf>

### June 10

**Freisen Mineral Fair** – The Freisen Mineral Club holds its Annual Mineral Fair 9 a.m. - 5 p.m. at the Bruchwaldhalle (town hall) in Freisen town, about 5 miles from Baumholder. Exhibitors and sellers from various European countries and the local area present their minerals and jewelry.

### June 14

**Concert** – The Belgian "Royal Symphonic Bands of the Guides" will host a concert at the Heidelberg Congress Center 8-10:30

p.m. Doors open 7:30 p.m. Band will perform classical works by Mozart, Brahms and Tchaikovsky and other compositions. Tickets are €12-25 and can be purchased at Zigarren Grimm in Heidelberg, Sofienstraße 11. Proceeds go to charity. Neckarstraden 24, 69117.

### June 16

**ACS Outing to Luisenpark** – Luisenpark is one of Mannheim's best-kept secrets. This beautiful park has many attractions including a conservatory, Japanese tea garden, aquarium, butterfly house and bird sanctuary. Children love the Gondoletta boat ride, the mini-farm petting zoo and the many large playgrounds. Meet at Army Community Service in Heidelberg at 9 a.m. and take public transportation. [www.mwgermany.com](http://www.mwgermany.com)

### June 23

**Playmobil Park** – The Playmobil fun park in Zirndorf features pirate ships, tree houses, castles, enchanted fairies, jungle ruins and other surprises. Brandstätterstraße 2-10, 90513 Zirndorf. Civ. 0911 966 6455. [www.playmobil-funpark.de/en](http://www.playmobil-funpark.de/en)

### Upcoming concerts

**Jay-Z and Kanye West** – The rap duo performs at Lanxness Arena in Köln at 9 p.m. June 16. Tickets at [www.eventim.de](http://www.eventim.de)

**Bobby McFerrin** – Ten-time Grammy Award winning vocalist and conductor Bobby McFerrin plays the Alte Oper in Frankfurt 8 p.m. June 19. Tickets available online at [www.germanticketoffice.com](http://www.germanticketoffice.com)

**Billy Idol** – Punk sensation Billy Idol plays the Porsche-Arena in Stuttgart 8 p.m. July 8. Information and tickets at [www.billyidol.net](http://www.billyidol.net)

**Lady Antebellum** – The Grammy award winning country music group plays the Jahrhunderthalle in Frankfurt 7 p.m. July 20. Tickets: [www.germanticketoffice.com](http://www.germanticketoffice.com)

### Ongoing

**Mannheim Planetarium** – The Mannheim Planetarium offers visitors the chance to view a variety of visual displays about the universe and science. Show times are 10 a.m. and 3 p.m. Tuesdays; 3 p.m. and 8 p.m. Wednesdays and Fridays; 3 p.m. Thursdays and 5-7 p.m. Saturday-Sunday. Admission is €6 for adults and €3 for children. Seckenheimer Straße 200, 68165 Mannheim.

**Fun Forest Adventure Park** – The Fun Forest Adventure Park, located in Homburg, offers outdoor fun for all ages. The park features six different courses, two zip lines, a Tarzan Swing, snowboarding in the trees and climbing walls. Kleintotweilerstraße 148, Homburg, Germany, 66424. Civ. 0684-170-30257.

## coming to THEATERS

### MEN IN BLACK

(Will Smith, Tommy Lee Jones) Agent J and K are back ... in time. J has seen some inexplicable things in his 15 years with the Men In Black, but nothing, not even aliens, perplexes him as much as his wry, reticent partner. But when K's life and the fate of the planet are put at stake, Agent J will have to travel back in time to put things right. J discovers there are secrets to the universe that K never told him – secrets that will reveal themselves as he teams up with the young Agent K to save his partner, the agency and the future of humankind. (PG-13 for sci-fi action violence and brief suggestive content) 97 minutes.



### PLAYING THIS WEEK

#### Heidelberg, Patrick Henry Village

May 31 - A THOUSAND WORDS (PG-13) 7 p.m.  
 June 1 - MEN IN BLACK 3 (PG-13) 7 p.m.; MEN IN BLACK 3 (PG-13) 10 p.m.  
 June 2 - MIRROR MIRROR (PG) 4 p.m.; MEN IN BLACK 3 (PG-13) 7 p.m.; MEN IN BLACK 3 (PG-13) 10 p.m.  
 June 3 - MIRROR MIRROR (PG) 4 p.m.; MEN IN BLACK 3 (PG-13) 7 p.m.  
 June 4 - MEN IN BLACK 3 (PG-13) 7 p.m.  
 June 5 - MIRROR MIRROR (PG) 7 p.m.  
 June 6 - MEN IN BLACK 3 (PG-13) 7 p.m.  
 June 7 - MIRROR MIRROR (PG) 7 p.m.

#### Vogelweh, Galaxy

May 31 - DARK SHADOWS (PG-13) 7 p.m.  
 June 1 - BATTLESHIP (PG-13) 7 p.m.  
 June 2 - SPY KIDS 4: ALL THE TIME IN THE WORLD (PG) 4 p.m.; A THOUSAND WORDS (PG-13) 7 p.m.  
 June 3 - CHRONICLE (PG-13) 4 p.m.

#### Ramstein, Gateway Movieplex

May 31 - BATTLESHIP (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; A THOUSAND WORDS (PG-13) 11:15 a.m., 1:30 p.m., 3:45 p.m., 6 p.m., 8:15 p.m.; THE PRINCESS AND THE FROG (G) 11:30 a.m., 2 p.m.; UNDERWORLD: AWAKENING (R) 4:30 p.m., 7:30 p.m.  
 June 1 - MEN IN BLACK 3 (PG-13) 11:15 a.m., 1:45 p.m., 4 p.m., 6:30 p.m., 8:45 p.m.; MIRROR MIRROR (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m.  
 June 2 - MEN IN BLACK 3 (PG-13) 11:15 a.m., 1:45 p.m., 4 p.m., 6:30 p.m., 8:45 p.m.; MIRROR MIRROR (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m.  
 June 3 - MEN IN BLACK 3 (PG-13) 11:15 a.m., 1:30 p.m., 3:45 p.m., 6:15 p.m., 8:30 p.m.; MIRROR MIRROR (PG) 11 a.m., 1:30 p.m., 4 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.  
 June 4 - MEN IN BLACK 3 (PG-13) 11:15 a.m., 1:30 p.m., 3:45 p.m., 6:15 p.m.; MIRROR MIRROR (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m.  
 June 5 - MEN IN BLACK 3 (PG-13) 11:15 a.m., 1:30 p.m., 3:45 p.m., 6:15 p.m.; MIRROR MIRROR (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.  
 June 6 - MEN IN BLACK 3 (PG-13) 11:15 a.m., 1:30 p.m., 3:45 p.m., 6:15 p.m.; MIRROR MIRROR (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.  
 June 7 - MEN IN BLACK 3 (PG-13) 11:15 a.m., 1:30 p.m., 3:45 p.m., 6:15 p.m.; MIRROR MIRROR (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.

#### THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238  
 Galaxy Theater, Vogelweh, 0631-50017  
 Gateway Cineplex, Ramstein, 06371-47-5550

Visit [www.aafes.com](http://www.aafes.com) for updated listings and more movie descriptions

Mannheim Cineplex (P4 13), CinemaxX (N7, 17), Mannheim, civ. 01805-625466, [www.cineplex.de](http://www.cineplex.de)

#### Mannheim, CinemaxX, Cineplex - English Language movies

May 31-June 3- SNOW WHITE AND THE HUNTSMAN (PG-13) 2 p.m.; 5 p.m.; 8 p.m.; 11 p.m. at CinemaxX  
 May 31-June 5 MEN IN BLACK 3 (3-D) 8 p.m.; 10:45 p.m. (June 6 only) at CinemaxX  
 May 31 - June 2, 5-6 - AVENGERS (PG-13) 4:15 p.m. at CinemaxX

## community HIGHLIGHTS

### American Forces Network Radio

American Forces Network Europe will begin streaming music June 1 on [www.afneurope.net](http://www.afneurope.net). The service, "AFN 360," allows listeners the opportunity to hear music on wireless mobile devices or home computers, and to get the name of the song and artist as it streams. "AFN 360" features a mix of music shows from the network's AFN The Eagle and Power Network services as top of the hour radio news. It will be available in countries where AFN broadcasts radio programming over terrestrial transmitters, including Germany, Italy and Belgium. AFN Europe hopes to eventually expand the service to include local station live morning and afternoon shows. Free AFN Europe mobile app downloads are available on the web site.

### Mark Twain Village Chapel

June 3 is the last day for Sunday service at Mark Twain Village Chapel in Heidelberg, with Catholic Mass at 9 a.m., general Protestant service at 10:45 a.m. and gospel Protestant service at 12:30 p.m. The chapel is open to the public.

### Army Birthday Ball

United States Army Europe will present the Army Birthday Ball 6 p.m. June 14 in the Community Activity Center on Patrick Henry Village in Heidelberg for ages 18 and above. Military dress is the Army Service Uniform, Dress Blues or Greens with bow tie. Civilian dress is Black Tie. Price per person includes dinner and entertainment: \$25 for E1-E6 and GS-7 (or equivalent) and below; \$35 for E7-O5 and GS-9 (or equivalent) and above; \$40 for O6, general officers and Senior Executive Service civilians. Tickets available 9 a.m.-4 p.m. Monday-Friday until June 8 in the USAREUR Protocol Office, Room 215, Bldg. 1 (Keys Building), on Campbell Barracks in Heidelberg. Checks must be made out payable to "USAREUR Army Birthday Ball." DSN 377-4507/4521/4520, civ. 06221-394507/4521/4520.

### Displaced, Nondisplaced Briefings

The Department of Defense Transition Programs Office will sponsor a briefing that familiarizes nondisplaced overseas employees with the basic policies and procedures of the Priority Placement Program 10 a.m.-noon June 11 at the Patrick Henry Village Theater in Heidelberg. The briefing will allow participants to make informed decisions regarding their participation in the program. The displaced personnel briefing is scheduled for 1-3 p.m. June 11 in the PHV Theater. DSN 370-3347, civ. 06221-57-3347.

### Local National Assembly

The semi-annual local national personnel assembly is scheduled for 1 p.m. June 11 in the Village Pavilion Community Center on Patrick Henry Village in Heidelberg. The assembly will include information about the closure of U.S. Army Garrison Baden-Württemberg. Managers are required to release their local national employees to attend the assembly. DSN 373-6006, civ. 06221-17-6006.

### Straight From CSM

U.S. Army Europe's Command Sgt. Maj. David S. Davenport Sr. presents "Straight from the CSM," a prerecorded two-minute radio show on American Forces Network's Morning News Watch and throughout the day Wednesdays on AFN's PowerNet. The show is also for viewing online at [www.afneurope.net](http://www.afneurope.net), [www.facebook.com/USAREURCSM](http://www.facebook.com/USAREURCSM) and [www.eur.army.mil/leaders/csm](http://www.eur.army.mil/leaders/csm).

### KAISERSLAUTERN Education

• **Hello America** – Family members who have never been to the United States can attend a free class to learn about American customs, courtesies and traditions 10 a.m. June 7 in the Yellow Ribbon Room, Bldg. 2926 on Pulaski Barracks. Registration required. DSN 493-4203, civ. 0631-3406-4203.

• **Couples Communication** – Family Advocacy now offers a two-part Couples Communication series that teaches the keys to better communication, effective listening and understanding 5:30-7:30 p.m. June 7 and 14 in Bldg. 2917 on Pulaski Barracks. Registration required. Civ. 0631-3406-4203.

• **EDGE! Spanish and German** – Youth in grades 5 through 8 can learn German or Spanish by immersion 4-5 p.m. Fridays until June 8 at the Landstuhl Library, Bldg. 3810. Register no later than the Friday prior with Parent Central Services, DSN 493-4516, civ. 0631-3406-4516, or Landstuhl One Stop Shop, DSN 486-8943, civ. 06371-86-8943.

• **Security Clearances** – Army Community Service Financial Readiness offers a hands-on workshop about how to obtain and maintain a security clearance and how to establish a sound financial future 3 p.m. June 11 in the Heaton Auditorium on Landstuhl Post. DSN 493-4151, civ. 0631-3406-4151.

• **Bank Account Management** – Learn how to establish a budget, track spending and maximize savings to increase net worth 9-11 a.m. June 12 in Bldg. 2891 on Pulaski Barracks. Registration required. DSN 493-4151, civ. 0631-3406-4151.

• **Resume Writing Workshop** – Learn what employers look for on resumes and practice an interview 10 a.m. June 12 in Bldg. 2917 on Pulaski Barracks. DSN 493-4029, civ. 0631-3406-4029.

• **Budgeting for Baby** – Learn how to understand the cost of raising a child 1:30 p.m. June 12 in Bldg. 2891 on Pulaski Barracks. Registration required. Civ. 0631-3406-4203.

### Community

• **HUGS Playgroup** – HUGS (Help Us Grow Securely) playgroup, for parents and their children ages birth to 4 years, meets 10-11:30 a.m. June 1 and Fridays at the Vogelweh Community Center. Parents can make friends and enjoy conversation while their children develop socialization skills and enjoy educational activities. This is especially valuable for moms who worked full time prior to the baby's birth and are feeling isolated at home. DSN 493-4203, civ. 0631-3406-4203.

• **Dirty Rotten Scoundrels** – KMC Onstage presents Dirty Rotten Scoundrels 7:30 p.m. June 1, 2, 8

and 9 and 3 p.m. June 3 and 10 at KMC Onstage, Bldg. 3232 on Kleber Kaserne. Purchase tickets at the Landstuhl One Stop Shop. DSN 486-8943, civ. 06371-86-8943.

• **Country Nights** – Check out Germany's largest country party and ride the mechanical bull 8 p.m.-4 a.m. June 2 and Saturdays at the Kazabra Club, Bldg. 2057 on Vogelweh. DSN 489-7261, civ. 0631-536-7261, [www.mwrgermany.com](http://www.mwrgermany.com).

• **National Donut Day** – Receive a complimentary donut with purchase of a beverage at the Rhine Ordnance Barracks Java Café, Bldg. 273, 10 a.m.-6 p.m. June 3. DSN 493-2623, civ. 0631-3406-2623.

• **Cinema Sunday** – Watch "The Incredibles" while snacking on free popcorn 2:30-6:30 p.m. June 3 at Armstrong's Club, Bldg. 1036, Vogelweh Housing. Free snack bags available for children 12 and under. Civ. 0631-536-6000.

• **BOSS Amsterdam Trip** – Better Opportunities for Single Soldiers departs for Amsterdam by bus 10 a.m. June 15 from Army Outdoor Recreation, Bldg. 2905 on Pulaski Barracks, returning June 16. Trip is open to single and married service members, geographical bachelors and spouses accompanied by their service member ages 18 and older. Registration required by June 8. DSN 493-4117, civ. 0631-3406-4117.

• **Army Birthday Bunco** – ID card holders 18 and older can celebrate the Army's birthday by playing Bunco for prizes with fellow community members 6-9 p.m. June 5 in Bldg. 201 on Sembach Kaserne. Entry fee includes potato bar and beverages. Registration not required.

• **Independent, Foreign Films** – There will be a free showing of the film "The Human Resource Manager," about a manager trying to prevent the publication of a defamatory article on the largest industrial bakery in Israel, 5:30 p.m. June 6 at Kleber Branch Library, Bldg. 3205. Refreshments provided. DSN 493-4558, civ. 0631-3406-4558.

• **Family Fun Days** – Spend a quality family afternoon playing darts, virtual bowling, shooting pool, video games and more 3-6 p.m. June 10 and 24 at Armstrong's Club, Bldg. 1036, on Vogelweh Housing. Civ. 0631-354-9986, [www.mwrgermany.com](http://www.mwrgermany.com).

• **Summer Reading Program** – The Summer Reading Program at the Kaiserslautern Main Library, Bldg. 3810 on Landstuhl Post, begins June 14 and is open to all ages. DSN 486-7322, civ. 06371-86-7322.

• **Mystery Shopper** – Mystery shoppers perform customer service reviews throughout the garrison and through various Family and Morale, Welfare and Recreation programs. [www.mwrgermany.com](http://www.mwrgermany.com).

### HEIDELBERG Education

• **ACS Classes** – Army Community Service Volunteer Orientation, 10-11 a.m. June 6; English as a Second Language, 6-7:30 p.m. Mondays, ACS Annex, PHV, Bldg. 4531; Reintegration Briefing, 9 a.m. Tuesdays. Registration is required. Classes are in the Community Support Center, Bldg. 3850, on the Shopping Center unless noted. DSN 370-6975, civ. 06221-57-6975.

• **German Classes** – The USO will offer level one German 10 a.m.-11:30 a.m. Tuesday, Thursday at Campbell Barracks, and 6:15-7:45 p.m. Tuesday, Thursday in Bldg. 3850 on the Shopping Center July 31-Oct. 25. The USO will offer level two German 10-11:30 a.m. Tuesday, Thursday on Campbell Barracks and 6:15-7:45 p.m. in Bldg. 3850 on the Shopping Center Aug. 1-Oct. 26. Registration and purchase of textbook required. DSN 370-7924, civ. 06221-57-7924.

### Community

• **Playgroup** – Parent 2 Parent hosts a playgroup 9:30-11 a.m. June 1 and Fridays at the Patrick Henry Village Child Development Center. Parents and their babies, toddlers and preschoolers can make crafts, sing songs and more. DSN 388-9241, civ. 06221-338-9241.

• **BOSS Garage Sale** – Better Opportunities for Single Soldiers is collecting household items until June 1 to sell at the Community Yard Sale June 2. Proceeds go toward the "Stronger" conference, which provides training on suicide prevention, sexual assault awareness and overcoming addiction. The fundraising goal is \$5,000. Items can be dropped off at the BOSS office, Bldg. 104 on Patton Barracks or given to unit BOSS representatives. DSN 373-5275, civ. 06221-17-5275.

• **Line Dance Instruction** – Learn how to line dance 7-9 p.m. and stay for a karaoke and dance party 9 p.m.-close June 1 and Fridays at Legends on Patrick Henry Village. DSN 388-9570, civ. 06221-338-9570.

• **Great American Trailer Park** – The Roadside Theater on Patton Barracks presents "The Great American Trailer Park" musical 7:30 p.m. June 1 and 2 and a special family matinee 3 p.m. June 3. Reservations recommended. DSN 373-5020, civ. 06221-17-5020, [www.roadside-theater.com](http://www.roadside-theater.com).

• **Introduction To Sewing** – ID card holders 16 and older can attend Intro to Sewing and Your Machine 11 a.m.-1 p.m. June 2 to learn basic tools and techniques of sewing and the workings of a sewing machine at the Arts and Cultural Center on Patrick Henry Village. Class is required in order to use the center's sewing machines. Materials included in fee.

DSN 388-9421, civ. 06221-338-9421.

• **Introduction To Quilting** – Ages 16 and older can learn basic quilting techniques, including basic tools and usage, cutting, piecing and binding, 1:30-7 p.m. June 2 in the Arts and Cultural Center on Patrick Henry Village. Prerequisite is the Introduction to Sewing and Your Machine class. Materials not included in fee. DSN 388-9421, civ. 06221-338-9421.

• **Watercolor Workshop** – Ages 12 and older can attend a 6-part watercolor workshop noon-2 p.m. June 5, 6, 12, 13, 19 and 20 and learn basic color mixing, flat and gradient washes, brush strokes, dry and wet-on-wet techniques, including discussion on materials to include types of paper, paints and brushes. Supplies not included in fee. DSN 388-9421, civ. 06221-338-9421.

• **Cultural Club** – The Heidelberg Cultural Club meets 6:30 p.m. June 14 and second Thursdays at the Arts and Cultural Center on Patrick Henry Village. Members 18 and older visit various cultural sites and more. DSN 388-9418, civ. 06221-338-9418.

• **ITR** – Information, Tickets and Reservations, now in the Village Pavilion Community Center, can assist with booking Outdoor Recreation trips, registration for Rod and Gun Club classes, event tickets and more. Hours are 8:30 a.m.-4:30 p.m. Monday, Wednesday-Friday, 10 a.m.-6 p.m. Tuesdays and closed U.S. holidays. DSN 388-9438, civ. 06221-338-9438, [www.mwrgermany.com](http://www.mwrgermany.com).

• **Trivia Challenge Season** – Bring a team or join one for trivia 7-9 p.m. Thursdays until Aug. 3 at Legends on Patrick Henry Village. The team that gathers the most points will win a prize. DSN 388-9570, civ. 06221-338-9570, [www.mwrgermany.com](http://www.mwrgermany.com).

### MANNHEIM

#### Community

• **Battlefield Night** – Team up with friends and play Battlefield online on X-Box or PlayStation 3 4:30-10 p.m. May 31 and Thursdays at the Warrior Zone on Coleman Barracks. DSN 382-4410, civ. 0621-779-4410.

• **TGIF Buffet** – Enjoy a buffet 6:30 p.m. and stay for variety music 9 p.m.-2 a.m. June 1 and every Friday at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370.

• **Story Time** – Parent to Parent and the Mannheim Library Support Office offers its final toddlers and preschoolers stories and a craft 10:30-11:30 a.m. June 6 in the Army Community Service Satellite Office, Bldg. 246, on Sullivan Barracks. DSN 385-2688, civ. 0621-730-2688.

• **BOSS Meeting** – Better Opportunities for Single Soldiers meets 3:30 p.m. June 6 and first Wednesdays at the Warrior Zone, Bldg. 86 on Coleman Barracks. DSN 382-4148,

# Army wrestler's one goal: gold medal from London

By Tim Hipps  
IMCOM PUBLIC AFFAIRS

IOWA CITY, Iowa – U.S. Army World Class Athlete Program Greco-Roman wrestler Spc. Justin Lester has just one goal remaining on the mat.

“One goal and one goal only,” Lester said. “An Olympic medal. Not even an Olympic medal; I need gold.”

Lester, a five-time U.S. national champion and five-time U.S. world team member, will make his Olympic debut Aug. 7 in London. He will accept nothing less than getting his hand raised and hearing “The Star-Spangled Banner” played at the end of the day.

Lester, 28, a native of Akron, Ohio, who is stationed at Fort Carson, Colo., heads to England as USA Wrestling’s reigning Greco-Roman Wrestler of the Year. That honor was bestowed upon Lester on the eve of his victory in the 66-kilogram or 145.5-pound finals of the 2012 U.S. Olympic Team Trials at Carver-Hawkeye Arena on the University of Iowa campus.

A two-time bronze medalist at the World Championships, Lester has more than ample motivation to succeed at the Olympics.

“I’ve had two bronze medals, and they’re all right, but I need an Olympic gold medal,” he said. “That’s eating at me more than anything, that I don’t have that gold medal.”

Lester dedicated this mission to family members lost along his long journey.

In January 2007, Lester lost his grandmother, Savannah, and niece, ShawRica, within a 24-hour span. ShawRica, 18, was leaving a nightclub in Akron when she got caught in the crossfire of rival gangs.

“She was basically like my sister, because all of my siblings are much older,” said Lester, the youngest of six children. “She was closer to being my sister than my actual sisters, so that was real hard. I was always close with [ShawRica and Savannah] growing up. We grew up in the same household. So I would like to accomplish this for both of them.”

Lester still has plenty of family support. “My dad and my sister are at every tournament,” he said. “They jump in the car and drive to wherever. If I have a tournament in California and they can’t get a flight in time, they’ll jump in the car. I can tell them two days before, and they’ll drive straight out.”

As if that is not incentive enough, Lester has still another reason to triumph in London.

“The only thing I can think about, honestly, since I’ve had my daughter, is taking a picture with my gold medal around her neck,” Lester said of Zuriana, his 2-year-old daughter. “When it comes down to it, I know my daughter is everything to me.



Tim Hipps

U.S. Army World Class Athlete Program Spc. Justin Lester earns an Olympic berth with a 2-0, 1-2, 1-0 victory over Minnesota Storm’s C.P. Schlatter in the 66-kilogram 145.5-pound Greco-Roman finals of the 2012 U.S. Olympic Wrestling Trials at Carver-Hawkeye Arena in Iowa City, Iowa.

“I think of giving everybody handshakes and hugs, and I’m sure there’s going to be tons of crying, but the only thing I can picture out of everything is putting it around her and holding her up and walking her around. That’s it.”

Lester came close to competing in the 2008 Beijing Games, but he lost at the U.S. Olympic Team Trials to 18-year-old Jake Deitchler, the first high school wrestler to make the U.S. Olympic wrestling team in 32 years.

Deitchler has since retired from wrestling. Lester, on the other hand, has been wrestling 21 years. He realizes that winning at the World Championships is considered more difficult than winning at the Olympics, where the fields are smaller but the pressure is immense.

“I’ve never been to an Olympics,” Lester said. “I’ve heard the World Championships, competition-wise, is a harder tournament, but at the Olympics, you’ve got way more pressure on you. Obviously, the Olympics are more important to me. If they weren’t, I wouldn’t still be going. That’s how I look at it.”

For more information, visit [www.thearmywcap.com](http://www.thearmywcap.com).

## staying ACTIVE

### Volksmarch

A volksmarch is planned near Saarbrücken 7 a.m.-2 p.m. June 2 and 7 a.m.-1 p.m. June 3. Start at Bisttalhalle on Peater-Lorson-Straße in Differten. Walks are 6, 10, 15 and 20 km. [www.kaiserslauternamerican.com](http://www.kaiserslauternamerican.com).

### Happy Mosel Cycling Fun Day

Enjoy 80 km of car-free cycling along the Mosel River between Schweich and Reil June 3. Food stands will be set up to greet hungry cyclists along with live entertainment and children’s games. More information at [www.happy-mosel.com](http://www.happy-mosel.com) (German language only).

### Family 5k Fun Run

Family and Morale, Welfare and Recreation hosts a 5k family fun run June 9 in honor of the Army’s 237th Birthday. Registration begins at 8:30 a.m. and run begins at 9 a.m. from the commissary at Patrick Henry Village in Heidelberg. The event is open to all ages and is stroller friendly. Dogs must be on a leash. [www.mwrgermany.com](http://www.mwrgermany.com).

### Heidelberg on Skates

Skate 30 km through downtown Heidelberg at the annual Heidelberg on Skates event. Dates are June 11 (inclement weather date Jun 18) and July 9 (inclement weather date July 16). Start at the parking lot of the Tiergarten Schwimmbad, Im Neuenheimer Feld at 7:30 pm. The event is free. Complete safety protection is required (helmet, elbow, knee and hand protection). [www.rhein-neckar-skater.de](http://www.rhein-neckar-skater.de). (German language only).

### Inline Skating at Hockenheim Ring

With its smooth asphalt and wide, graded track, Hockenheim racetrack can also serve as an ideal place for inline skating. The track is open to skate, scooter and bike enthusiasts June 12 and most Tuesdays from 6-11 p.m. through September. Cost is €4 for adults and €2 for children. More information available at Civ. 06205-104-820 or email [frank.welter@fw-promotion.de](mailto:frank.welter@fw-promotion.de).

### Brazilian Jiu-Jitsu

ID card holders 18 and older can learn Brazilian Jiu-Jitsu while staying fit with this time-honored self-defense technique 5-7 p.m. Wednesdays and Fridays at the Arts and Cultural Center on Patrick Henry Village in Heidelberg. The course emphasizes physical fitness, mental and spiritual focus, self-discipline and personal enhancement through camaraderie and respect. No experience necessary. DSN 388-9418, civ. 06221-338-9418, [www.mwrgermany.com](http://www.mwrgermany.com).

### Paintball Play Days

ID card holders ages 16 and up and non-ID card holders 18 and up can play paintball rain or shine at the Rod and Gun Club in Oftersheim, an der Bundesstraße 291. Units and groups: noon-4:30 p.m. Wednesdays and Fridays; open play 10 a.m.-4:30 p.m. Saturdays and 10 a.m.-1:30 p.m. Sundays. Field fees include marker, mask and goggles. DSN 06202-51193, civ. 06202-605644, [www.mwrgermany.com](http://www.mwrgermany.com).

### Archery Range

Located behind the Rod & Gun Club, the Archery Range contains a 14-target archery course as well as two tree stands with a random number of 3D targets scattered all across the range. The range is open to all ages and equipment is available for rent. For more information call Reiner Krämer at civ. 06205-14-309. [www.mwrgermany.com](http://www.mwrgermany.com).

### Send the Herald Post your photos

If you have photos from sporting events, e-mail them along with the details of the event and names of those pictured to [usaghd.post@eur.army.mil](mailto:usaghd.post@eur.army.mil) or [usarmy.badenwur.usag.mbx.post-newspaper@mail.mil](mailto:usarmy.badenwur.usag.mbx.post-newspaper@mail.mil).

### Unit Level Softball League Games

(all games at Patton Barracks in Heidelberg)

6 p.m.	529th MP vs. AFN	June 4	6 p.m.	E-TNOSC vs. USAREUR	June 11
7 p.m.	30th MED vs. USAREUR	June 4	7 p.m.	NATSOG vs. 60th ENG.	June 11
8 p.m.	E-TNOSC vs. 60th ENG.	June 4	8 p.m.	30th MED. Vs. USACA-E	June 11
6 p.m.	USACA-E vs. AFN	June 6	6 p.m.	E-TNOSC vs. 60th ENG.	June 12
7 p.m.	30th MED vs. 529th MP	June 6	7 p.m.	USAREUR vs. USACA-E	June 12
8 p.m.	60th ENG. vs. AFN	June 6	8 p.m.	529th MP vs. NATSOG	June 12

MP – Military Police  
AFN – American Forces Network  
MED – Medical Command  
E-TNOSC – Europe Theatre Network Operations Security Center  
ENG – Engineers  
USACA-E – U.S. Army Correctional Activity - Europe  
USAREUR – U.S. Army Europe  
NATSOG – 4th Aerial Support Operations Group

## YOUTH

continued from page 1

The events were designed to celebrate the hard work the teachers do at CYSS, said Ellen Harris, CYS Services coordinator.

“Our teachers are very talented, that undergo strict training and truly love working with kids,” Harris said.

Each facility created journals for each teacher that parents could write notes in to thank their children’s teacher.

“Parents are recognizing teachers by writing notes thanking them for what they have done and what they mean to the children and parents,” Harris said. “One parent even asked for extra sheets to write notes for teachers that have already moved away because they made such a difference in their life.”

In addition to the journals, staff members were given certificates to leave work 59 minutes early and another signed by the garrison commander thanking them for their service to child care.

Each facility also hosted a luncheon for their staff, Broccoli said.

With more than 400 children in regular full-time child care and several thousand more that are in part-time, hourly or sports programs spread from Miesau to Sembach Kaserne, the CYSS staff spends a lot of hours with the Kaiserslautern Military Community children, Harris said.

“The time, effort and care our staff put into their jobs is awe-inspiring,” Harris said. “They do make a difference in their lives.”

## STAFF

continued from page 1

tion Management Command -Europe Region Director; Larry Gottardi, USAREUR G-1; Brig. Gen. Michael Bills, USAREUR G-3 and USAREUR Command Sergeant Major, Command Sgt. Maj. David Davenport.

Many of the participants were assigned to “role-play” significant decision makers such as Gen. Eisenhower, Field Marshal Montgomery, Lt. Gen. Patton and key corps and division commanders.

Players focused their character sketches and operational vignettes on transitions, contingencies, leadership and cross talk, values and discipline, political considerations, and the media. Primary references for the participants were the U.S. Army Center of Military History’s comprehensive volume from the European Theater series “Breakout and Pursuit,” by Martin Blumenson and the USAREUR prepared senior leader staff ride battlebook.

## Outstanding Teachers

Each of the U.S. Army Garrison Kaiserslautern Child, Youth and School Services facilities were asked to nominate one teacher and list some of the reasons for their selection.

### **Maria Rodriguez, Kleber Child Development Center:**

“Maria has outstanding teaching abilities, which is evident because the children are excited to see her everyday as they always greet her with a smile. She loves the children and is always going the extra mile to plan interactive and interesting lesson plans to keep them interested and eager to see what she has planned next...”

### **Marcia Bisco, Landstuhl Child Development Center 1:**

“Marcia has gone above and beyond in her program such as doing special gardening projects, presenting a “Writing without Tears” workshop/training and designing and replacing all of the center’s intercom number signs.”

### **Laura Welsh-Strack, Landstuhl Child Development Center 2:**

“Although Laura has an Masters of Business Administration, she went to a job fair and decided to give childcare a try. Since then, she has taken every chance available to learn and grow in this field. She has completed her foundation level training in less than a year. She often asks for extra resources for parents and herself for things going on in the room. She is a real team player and always offers to help or stay late when needed.”

### **Karen Vernon, Landstuhl Youth Center:**

“Karen is a positive individual who has a strong work ethic and is extremely competent. Karen has developed strong relationships with both parents and youth. Consequently, this has helped bring more youth into the program. Karen has also helped secure several Boys and Girls Clubs of America grants for the program. These grants include a Triple Play grant in the amount of \$2,500 and a technology grant in the amount of \$5,000.”

### **Shernett Bailey, Miesau Child Development Center:**

“Shernett has been working for Miesau Child Development Center since October 1998. Shernett started out as a FLEX Child, Youth and School Services Program Assistant floater, in 2000 moved up to a full time CYPA assigned to the toddler classroom, promoted to Lead Teacher in 2001 and finally became the Supervisory Program Specialist in 2010. In her time at Miesau, she has worked for four CYSS coordinators, 10 directors, seven assistant directors and five training and curriculum specialists...”

### **Kurt Nusshag, Youth Sports:**

“Kurt Nusshag has been with CYSS for the past four years. His knowledge in sports and fitness was truly a valuable asset to the KMC community. He has worked many hours as a volunteer for CYSS and was recently recognized with a presidential volunteer service award.”



U.S. Army in Europe commanders and staff listen as Maj. Gen. (Ret.) Bill Stofft recaps the Normandy Breakout Staff Ride at the Mémorial de Coudehard-Montormel near Chambois, France, May 18. Courtesy Photo