

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
July 12, 2012

Speed Read

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Heidelberg Medical Department Activity to case colors

Health care services, appointment availability not affected by upcoming deactivation

HMEDDAC PUBLIC AFFAIRS

After nearly 70 years as a unit and 67 years in Heidelberg at Nachrichten Kaserne, the Heidelberg Medical Department Activity will deactivate during a ceremony Aug. 3 at 10 a.m. on the Kaserne's helipad field (or in the Wilson Theater in case of inclement weather).

The deactivation of the Heidelberg Health Clinic's parent unit will be transparent to beneficiaries as health care services or appointment availability will not be affected. The HHC will transition under Landstuhl

Regional Medical Center for command and control functions previously provided by HMEDDAC until the center's projected closure in June 2013.

The deactivation ceremony culminates a lineage that began in 1942. Since that time, HMEDDAC has been known by three different names, been located in four different countries and provided medical support during several major wars.

"It's a very emotional undertaking to retire the colors of an organization with such a rich history of selfless service provided by the

many thousands of members who were a part of this outstanding health care team throughout eight decades," said Col. Telita Crosland, the 37th and final commander of the unit.

HMEDDAC was originally activated as the 130th Station Hospital at Camp Barkley, Texas, on Sept. 25, 1942. With World War II raging, the hospital was activated for the sole purpose of preparing itself for overseas duty in Europe. In August 1943, the fully trained and staffed hospital unit set sail for England. The unit was assigned to Camp Chisledan

in Wiltshire, approximately 70 miles west of London.

Nine days after the D-Day invasion at Normandy, France, on June 6, 1944, the unit was called to the Western Front. The 130th became a transient hospital in the line of evacuation. For the next 10 months, the unit treated more than 30,000 patients.

In April 1945, the hospital moved to Camp Lucky Strike in Le Havre, France, to provide dispensary medical care to repatriated American prisoners of war and to troops being redeployed

see HMEDDAC page 9

Medical Soldier takes home top safety award

By Ed Drohan

EUROPE REGIONAL MEDICAL COMMAND

A Heidelberg Medical Department Activity noncommissioned officer has been named to receive the top individual safety award in the U.S. Army Medical Command.

Staff Sgt. Lon Mullaney was named this year's recipient of the MEDCOM Individual Award of Excellence in Safety.

He has been the HMEDDAC safety NCO in charge since August 2011.

Mullaney was recognized for his efforts to improve safety programs for both HMEDDAC and U.S. Army Garrison Baden-Württemberg.

In addition to overseeing the safety programs for the Heidelberg Health Center, Stuttgart and Coleman Health Clinics, he also volunteers as manager of the Family and Morale, Welfare and Recreation Wood Shop on Patton Barracks, where he updated the safety program and volunteered hundreds of hours to keep the shop open

after the previous manager was injured in an accident.

According to Europe Regional Medical Command Safety Manager Carol Fontanese, Mullaney jumped right into the safety program after being selected for the position by his commander.

"He single handedly completed a 100 percent matrix of more than 300 fire extinguishers located at Heidelberg, Mannheim, Coleman and Stuttgart," Fontanese said. "He updated all of the building drawings, plans and maps to show the location of all fire extinguishers for all rooms in those facilities."

Fontanese added that Mullaney was a key player in improving and sustaining the HMEDDAC Motorcycle Mentorship Program, which is geared toward reducing accidents and injuries for licensed motorcyclists.

As part of the program, a certified Motorcycle Safety Foundation instructor teaches all facets of motorcycle safety to Soldiers, U.S. and local national citizens.

The group meets monthly see AWARD page 9



Ed Drohan

Staff Sgt. Lon Mullaney inspects a fire extinguisher on Nachrichten Kaserne in Heidelberg June 13. It's just one of more than 300 he is responsible for in Heidelberg, Stuttgart and Mannheim areas.

Defense Details

GIVING BACK TO VETS

More than 400 volunteers from children to adults descended on the grounds of Arlington National Cemetery in Washington, D.C., Monday for the 16th annual Renewal and Remembrance, to honor the nation's veterans and fallen service members by sprucing up the landmark's grounds. Members of PLANET -- the nonprofit Professional Landcare Network -- brought out 82 professional lawn care and landscape companies from around the U.S. for this year's Renewal and Remembrance. Volunteers lent their hands and donated materials and equipment to mulch, prune, aerate, irrigate, plant, spread lime and cable some of the trees for lightning protection on 150 of the cemetery's more than 560 acres. Since the annual Renewal and Remembrance landscaping event began, more than \$2 million has been contributed to the care of the national cemetery, according to a PLANET news release. The cemetery's 8,400 trees are maintained on a four-year pruning cycle. Some are more than 200 years old, cemetery officials said. About 25 of the volunteers' children, ranging in age from 3 to 12, pitched in on the beautification project.

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LEGAL ADVICE

Green Card for eligible relatives

U.S. immigration law allows citizens to petition for certain qualified relatives to live in United States.

Patton Law Center

In the spirit of family unity, United States immigration law allows U.S. citizens to petition for the legal status of their immediate relatives. Eligible immediate relatives include the U.S. citizen's spouse, unmarried child under the age of 21, or parent (if the U.S. citizen is over the age of 21).

Immediate relatives have special immigration priority and do not have to wait for a visa number to become available for them to immigrate since there are an unlimited number of visas for their particular categories. Other qualified relatives that fall outside the immediate relative categories must wait for an immigrant visa number before they may immigrate to the U.S. In some cases, this wait may take many years.

Examples of qualified family members who do not qualify as immediate relatives include unmarried sons and daughters over 21 years of age of the U.S. citizen, married sons and daughters of U.S. citizens and brothers and sisters of U.S. citizens as long as the sponsoring U.S. citizen is over 21 years of age.

In immigration law terminology these relatives are generally referred to as preference category relatives. Additionally, if the sponsoring person is not a

U.S. citizen and merely has Lawful Permanent Status, the so-called green card, no family member can qualify for immediate relative status and all family members are treated as preference category relatives. It is almost always preferable for the sponsoring person to become a U.S. citizen before trying to sponsor any family members for immigration.

For Soldiers and federal civilian employees who are U.S. citizens assigned overseas, the immigration visa process is comprised of two steps. First, the USCIS must approve the form I-130, Petition for Alien Relative. After the form I-130 is approved, the Department of State must give an immigrant visa number and place the visa in the immigrant's passport. The form I-130 is filed at the USCIS office with jurisdiction over the petitioner's place of residence.

For U.S. citizen Soldiers and federal civilian employees within Germany, the form I-130 is filed at the U.S. Consulate in Frankfurt so long as the sponsoring U.S. citizen has resided in Germany for a certain period ranging from 4 to 6 months. Several documents must be filed with the form I-130 as well as payment of a fee. The U.S. Citizenship and Immigration Services (www.uscis.gov) has the form I-130 and instructions for completing it on its website.

It is also possible to make an appointment with officials at the U.S. Consulate to submit the form I-130 or ask questions about its completion, through the INFOPASS system. This system can be accessed through the consulate's or the USCIS website or by visiting <http://infopass.uscis.gov>.

It generally takes a minimum of 60-90 days for the approval of form I-130. Your nearest legal assistance office can also provide advice and help in this area. In Heidelberg, contact Patton Law Center at DSN 373-5058, civ. 06221-17-5058.

Busy as a bee



Peter J. Gonzales

A honeybee searches for nectar on a cluster of purple flowers in front of the Java Café on Patrick Henry Village in Heidelberg June 8.



www.facebook.com/BWnow
<http://myBWnow.ning.com>

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BNow virtual community

I'm sure this has been covered before but I can't find the information. Why does it take so long to remove an abandoned vehicle from Patrick Henry Village after the orange sticker has been placed on it marking it as abandoned? There are two cars and two motorcycles parked at or near my building which has been there for a very long time."

—Russell Toof, BNow Facebook Fan

Russell, in accordance with the USAG-BW Command Policy Letter #66 - Removal of Abandoned Vehicles, once the orange sticker is placed on a vehicle by the Military Police the owner of the vehicle has 72-hours to correct the matter i.e., register the vehicle or remove the vehicle from the installation to an authorized location. After the 72-hours has passed, the vehicle is then scheduled to be towed. Towing occurs

on Mondays and Tuesdays, but towing services also cover Germersheim, Heidelberg and Mannheim. Towing is conducted according to when the information was placed in the Military Police blotter. For those vehicles that you mentioned on the PHV installation, they will be towed as soon as possible.

—BNow Administrator



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday. Only spots results from the weekend will be accepted until noon on Monday.

NATO Headquarters achieves milestone 1000 days DUI-free

By Sgt. 1st Class John S. Wollaston
USA NATO BRIGADE PUBLIC AFFAIRS OFFICE

It's Friday afternoon in the order room of the Headquarters and Headquarters Company of the U.S. Army NATO Brigade and 1st Sgt. Eurika Adams-Beaty is delivering the weekly safety briefing.

"Everyone here knows what I'm about to tell you, do not drink and drive," Adams-Beaty said. She emphasizes every word of the sentence, driving home the message once again to the Soldiers of her company. At the end of every week when the briefing is given, and those words are spoken, HHC adds another seven days to an impressive streak; more than one thousand days without a soldier or civilian in the unit being charged with driving under the influence.

One thousand days. Break it down and that equals roughly 142 plus weeks without a DUI. Twenty four thousand hours since a Military Police or German Polizei officer has called the company commander informing him that one of his Soldiers had been stopped for being drunk. Nearly one and a half million minutes since the First Sergeant has been notified to come to the MP station to pick up a Soldier for a DUI, and over two and a half years since the brigade commander has had to administer non-judicial punishment for a Soldier driving under the influence.

"This is well over two and a half years. In my eyes it is commendable," said NATO Brigade Safety Officer Martin Elliott. "I would argue that in Europe, one day without a DWI or DUI is an accomplishment."

One "commendable" day multiplied by nine hundred and ninety nine more days puts a tremendous pressure on the individual Soldiers not to be "that guy," the Soldier that breaks the streak. That pressure is multiplied if you're a new company commander who assumes responsibility for maintaining the consecutive days of the company being DUI free.

"Well of course I don't want to be the Commander that broke the thousand plus DUI free days, but I rarely think about it," said Capt. Richard C. Evans, who took over command of HHC in May. "I may joke about it during the safety brief, but I believe the Soldiers and civilians in the organization take pride in the DUI-free streak and are making the right decisions out there on the weekends. I have full confidence that this will continue no matter who is in command."

The Soldiers of HHC NATO Brigade are confident as well that the "DUI Free" streamer won't come off of their guidon for a while either. Besides knowing the consequences of being charged with a DUI, the Soldiers know they can always call another Soldier to pick them up, should they find themselves in a situation where they've had too much to drink.

"I enjoy when my Soldiers know what right looks like and what it truly means," Adams-Beaty said. "They take their lives and the lives of others seriously and it means more to me because we do not have selfish individuals in our unit. We look out for each other's well being and that's what means the most."

Friendship concert



Brigitte O'Preska

With the Heidelberg Castle as a backdrop, members of the U.S. Army Europe Band and Chorus bid farewell to the city of Heidelberg Saturday during a special concert. The unit is due to relocate to Sembach Kaserne later this year. Under the direction of Maj. Bruce Pulver, the unit performed for a standing-room only audience. Commanding General of U.S. Army Europe, Lt. Gen. Mark P. Hertling, thanked city officials for their hospitality over the last sixty years and for making Heidelberg a home away from home for so many.

Brigade builds Army leaders

By Sgt. 1st Class Matthew Chlosta
7TH CIVIL SUPPORT COMMAND PUBLIC AFFAIRS

GRAFENWÖHR – "Get on line," the team leader shouted through thick white smoke as an explosion rocked the green pine wood forest.

With the echo of gunfire still hanging in the air, Soldiers moved to engage two snipers; one hidden in a tree-house type nest; the other on a small hill above the six-man squad. Splitting into two groups, the squad simultaneously attacked and "neutralized" the two snipers on different sides of the road where the squad was conducting a foot patrol.

Immediately after the skirmish, the squad searched the "killed" or "captured" role-playing snipers as the smoke of battle dissipated. This scenario is one of many for the Army Reserve Soldiers of the 7th Warrior Training Brigade during their monthly battle assembly.

"This [exercise] is for leaders to learn how to train," said Army Command Sgt. Maj. Steve Schwartz, 2nd Battalion, 7th Warrior Training Brigade, 7th Civil Support Command, U.S. Army Reserve.

As a Total Army School System unit, the 7th WTB conducts professional military education for active and reserve component officers through the Command and Staff College Intermediate Level Education course. The 7th WTB also provides Mobile Training

Teams to conduct enlisted professional military education for deployed reserve component Soldiers through the Warrior Leader Course and home station, military occupational specialty training for human resource technicians.

When not teaching, Soldiers of the Army Reserve assigned to the 7th WTB attend monthly battle assemblies to retain and refresh their instructional certifications, as well as their tactical military skills.

During July's battle assembly, more than 30 7th WTB Soldiers and their command leadership were tested through Chemical, Biological, Radiological and Nuclear simulated training exercise lanes, or STX lanes.

Spc. Kenneth Van Epps, 7th WTB, 7th CSC, said, "It was good. I was surprised they had opposing forces out there. I think that was a good thing."

Van Epps works with military helicopters as a civilian for Raytheon Corporation in Hohenfels.

After clearing the first two STX lanes, the squad continued their movement as they walked in two single file lines until their observer controller dropped a smoke canister in the road to simulate a chemical attack.

As the soda-can sized container spewed plumes of green smoke, the squad moved quickly into the brush and donned their gas masks.

Squad leader Staff Sgt. Derrick Wilson, 7th WTB, 7th CSC, said



Sgt. 1st Class Matthew Chlosta

Left, Staff Sgt. Lamont Armstrong discusses training objectives with Sgt. 1st Class Joaquin Rendon prior to their unit's simulated training exercise Saturday in Grafenwöhr Training Area.

one of the "improves" for his team would be to work on communication, such as hand and arm signals when they move from point to point. Once his team donned their gas masks in the midst of heavy smoke and noise of gunfire, verbal communication was a challenge.

Immediately after the effects of the gas subsided the squad came together for the last time to conduct an after action review. The AAR was lead by Army Staff Sgt. Fidelis Oziegbe, 2nd Bn., 7th WTB, 7th CSC. The troops discussed the things they did well and what they could improve on for the future.

"I think they did pretty well," Oziegbe, said, "compared to how much time they had to practice."

transformation UPDATE

Frequently Asked Questions

Have a transformation-related question you'd like answered?

E-mail usarmy.badenwur.usag.mbx.post-newspaper@mail.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/news/personnel.htm.

"What will happen to the students at Heidelberg High School? My son graduates in 2014. Do we know when HHS will close?"

Heidelberg High School as we know it today on Mark Twain Village will close after the 2012-13 school year, but Department of Defense Dependents Schools may establish a combined high school and middle school on Patrick Henry Village for the 2013-14 school year if there are sufficient high school students remaining. Current projections of personnel remaining in the Heidelberg and Mannheim communities justify maintaining an elementary school, middle school and high school in Heidelberg through 2012-13. The determination of how the schools will be configured in Heidelberg on PHV for the 2013-14 school year will be based on the projected number of assigned personnel and school age children remaining. As we gain more fidelity on these projections, we will work closely with DODDS to determine how assigned personnel will receive DODDS school services. If there are DODDS schools on PHV for the 2013-14 school year, community members can anticipate that some schools will be combined (either elementary combined with middle school or middle school combined with high school) and curriculum, faculty and activities will be reduced given the much smaller population remaining in Heidelberg and Mannheim.

"With all of the closures going on in the Mannheim and Heidelberg areas, what are Soldiers supposed to do in regards to their equipment (helmets, sleep systems, etc.) and how long can Soldiers expect the local Central Issue Facilities to be here for them?"

The current plan is to keep the CIF on Spinelli Barracks in Mannheim open as long as possible to ensure continued support to the community and it is scheduled to remain open at least through June of 2013. The limiting factor will be employee availability. No CIFs will be closed without coordination and approval from U.S. Army Europe and the 21st Theater Sustainment Command.

There are individuals who are not receiving Living Quarters Allowance currently. If they move to Wiesbaden, will they be eligible for LQA, based on the management-directed reassignment?

Management directed reassignments have certain components associated with them. Regarding Living Quarters Allowance, no determination has been made, but it is being considered as plans to inactivate move forward. Once more is known about LQA for management-directed moves, we will get the information out in the Herald Post and on our Facebook (<http://www.facebook.com/bwnow>) and BWnow websites (<http://mybwnow.ning.com>).

Facilities Operations Changes Mannheim

ACS – The Army Community Service office located in Bldg. 246 on Sullivan Barracks is now closed.

UPDATED – Base Operations – The Mannheim Base Operations office has relocated from Bldg 246 on Sullivan Barracks to Bldg. 1408 on Coleman Barracks, Room 101. For assistance, residents should contact Gilbert Buster DSN 382-4724, civ. 0162-272-8632.

BFV South Closure – Public access to Benjamin Franklin Village South is no longer available. The area and the access gate have been sealed off and the **Exchange main store, gas station, food court and concessionaires are closed.** Any items left on the installation have been impounded by the Military Police. Access to the area may only be arranged through the Provost Marshal Office at DSN 388-2222/2223, civ. 06221-678-2222/2223.

Bowling Center – The bowling center located on Sullivan Barracks is now closed.

Burger King – The Mannheim Burger King located on Sullivan Barracks is scheduled to close **July 28.**

Child Development Center – The Child Development Center on Sullivan Barracks is scheduled to close **July 15.**

Chapel – The chapel on Benjamin Franklin Village is closed. All on post religious services have been transferred to the Heidelberg community.

Coleman Clinics – The Coleman Troop Medical Clinic has ended full patient care, dental and pharmacy services. Dental services for the Mannheim-Coleman Soldier population are available at the Patrick Henry Village Dental Clinic in Heidelberg. Sick call is available until **Sept. 1.** Sick call sign-in hours at the Coleman TMC are 8-9:30 a.m. DSN 371-3130, civ. 06221-17-3130.

Commissary – Deli and bakery services are no longer available at the commissary. Sandwiches are still available in the grab 'n go section and customers can special order select items and purchase hot rotisserie chicken. The commissary operating hours are 11 a.m.-7 p.m. Wednesday-Sunday. The commissary is scheduled to close by **Sept. 1.** DSN 385-3940, civ. 0621-728-3611.

Community Bank – The Community Bank on Sullivan Barracks is closed Mondays. It is open 9:30 a.m.-4 p.m. Tuesday through Friday and 10 a.m.-1:30 p.m. Saturday.

Community Center – The Mannheim community center in Bldg. 2011 in Grant Circle is now closed.

Customs – The customs office on Sullivan Barracks is now closed.

Facility Closures – The Commissary, Community Bank, Service Credit Union, the Top Hat Club, Woods Field and the Value Added Tax office are scheduled to close no later than **Sept. 1.**

Postal Office Hours Change – Mannheim postal facilities have new operating hours. The finance window at Postal Service Center 418 on Coleman Barracks is now open 10 a.m.-5 p.m. Monday, Wednesday and Friday. The community mail room is open 11 a.m.-6 p.m. Monday, Wednesday and Friday and closed Tuesdays and Thursdays. At Postal Service Center 437, finance is open 10 a.m.-5 p.m. Tuesday and Thursday and 10 a.m.-4 p.m. Saturday. The community mail room is open 11 a.m.-6 p.m. Tuesday and Thursday, 10 a.m.-4 p.m. Saturday and closed Mondays, Wednesdays and Fridays.

Shuttle Bus – The community shuttle bus no longer stops at the Benjamin Franklin Village guest house, but a stop was added on Funari Barracks. The new schedule is available from any shuttle bus driver, at the Central Processing Facility in Heidelberg or by calling DSN 373-8350, civ. 06221-17-8350.

Sullivan Fitness Center – The Sullivan Fitness Center is scheduled to close by **Sept. 1.**

UPDATED – Sullivan Express Shoppette – The Sullivan Express shoppette will remain open longer. The facility is now scheduled to close **Aug. 31.**

Tax Relief Office – The Tax Relief Office on Sullivan Barracks has the following hours: 10 a.m.-3 p.m. Monday, Wednesday and Friday, closed Tuesdays, Thursdays, weekends and U.S. holidays. DSN 385-1780, civ. 0621-730-1780.

WIC Office – The Women, Infants and Children Overseas office further reduced office hours due to transformation and reduced base population. The Mannheim office is open 9 a.m.-2 p.m. Tuesdays and 7:30 a.m.-4 p.m. Thursdays.

Heidelberg

Airport Shuttle Buses – The free shuttle bus service for service members, Department of Defense civilians and their families departing Germany from Ramstein Air Base on the Patriot Express departs Heidelberg once a week from the Patrick Henry Village Guest House in Heidelberg. For details on the shuttle schedule, call U.S. Army Garrison Baden-Württemberg Central Processing Facility, Room 180, Bldg. 3850, at the Heidelberg Shopping Center. DSN 370-7343/6711, civ. 06221-57-8399, usarmy.badenwur.usag.mbx.cpf@mail.mil.

Audiology – Audiology services at the Heidelberg Health Center have been reduced due to limited staff. Medical technicians will still be able to provide screening and hearing conservation services. All other audiology services will be referred to host nation providers or Landstuhl Regional Medical Center.

Chapels – All chapel services have transferred to Patrick Henry Village and Nachrichten Kaserne. For more information on new service times and locations, call DSN 373-6190, civ. 06221-17-6190.

Dental Clinic – The sick call and exam hours for the Patrick Henry Village dental clinic are now 8:30-10:30 a.m. Monday-Friday. DSN 388-9500, civ. 06221-338-9500.

Health Center Shoppette – The Exchange Shoppette located on Nachrichten Kaserne will close **July 28.**

NEW – HMEDDAC Deactivation – The Heidelberg Medical Department Activity deactivation ceremony is scheduled for 10 a.m.

Aug. 3 on the helipad field on Nachrichten Kaserne (or in the Wilson Theater in case of inclement weather). **The deactivation will not affect health care services or appointment availability for beneficiaries.** The clinic will transition under Landstuhl Regional Medical Center for command and control functions previously provided by HMEDDAC until the clinic's projected closure in **June 2013.**

Optometry Clinic – The Heidelberg Health Center's optometry department has reduced care to provide services only for active duty military and their family members who are enrolled in TRICARE Prime. As a result, the optometry clinic will no longer provide care for dependents or Department of the Army and Department of Defense civilian employees and contractors. Optometry services for these beneficiaries can be obtained via host nation providers.

Pharmacy Hours – The Heidelberg Health Center Pharmacy has changed its operating hours. The pharmacy is open 8 a.m.-5 p.m. Monday-Friday and closed weekends and federal holidays.

Teen Clinic – The Teen Clinic at Heidelberg High School is closed. Teens can be seen at the Heidelberg Health Center. DSN 371-2622, civ. 0800-376-22273.

UPDATED – Tompkins Gym – The Fitness Center on Tompkins Barracks in Schwetzingen will now close **Sept. 1.** Hours are 5:30 a.m.-8 p.m. Monday-Friday and closed Saturdays, Sundays and U.S. holidays and open 10 a.m.-4 p.m. training holidays. DSN 370-9193, civ. 06221-57-9193.

UPDATED – Tompkins Retail Store – The Tompkins retail store is scheduled to close **Aug. 31.**

NEW – Tompkins Strip Yard Closure. The Tompkins strip yard will close **July 15.** Vehicle donations will no longer be accepted at Tompkins Auto Crafts after **July 15.** All patrons must go to Spinelli Auto Skills in Mannheim to donate vehicles. Spinelli Barracks, Bldg. 1570. DSN 384-6023, civ. 0621-730-6023.

Wood Shop – The Wood Shop on Patton Barracks will remain open until the garrison deactivates. DSN 373-5195, civ. 06221-17-5195.

★ July 4th Celebration ★



Dijon Rolle
Col. Bryan DeCoster mans the dunk tank at the July 4th celebration at Patrick Henry Village in Heidelberg.



FMWR
A young girl enjoys the rides at the July 4th celebration in Heidelberg.



Dijon Rolle
Kimberly Johnson poses with her 14-month-old daughter, Heidi, at the July 4th celebration in Heidelberg.



Dijon Rolle
Boy Scout Troop 1 Scoutmaster, Lt. Col. Andrew J. McVeigh, serves sandwiches at the July 4th celebration at Patrick Henry Village park in Heidelberg.



Dijon Rolle
Sgt. 1st Class David Oliver cooks up barbecue at the July 4th celebration held at Patrick Henry Village park Wednesday.



FMWR
Participants enjoy a pie-eating contest at the July 4th celebration in Heidelberg.



Dijon Rolle
Community members enjoyed their share of food, fun and festivities during the garrison's July 4th celebration at Patrick Henry Village Park in Heidelberg. The annual event featured live music from the U.S. Army Europe Band and Chorus, amusement park rides, games, balloons, beach volleyball, face painting, prizes giveaways and a fireworks show.



Spc. Devin Kornaus

Spc. Edward Marshall of the 3rd U.S. Infantry Regiment (The Old Guard) walked his last walk as a sentinel at the Tomb of the Unknown Soldier in Arlington National Cemetery July 5. Marshall is one of only 602 Soldiers to have earned the Tomb of the Unknown Soldier Guard Identification Badge. An Army guard has guarded the tomb 24 hours a day, 7 days a week, 365 days a year for the last 75 years.

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Russell Shimooka

Staff Sgt. Casey Brantner, left, from the Asia Pacific Counter Improvised Explosive Device Fusion Center, critiques a dismounted patrol of a Royal Thai Army squad during Bilateral Army Exercise 2012 July 3 in Pranburi, Thailand.



Sgt. Michael J. MacLeod

A paratrooper with the 82nd Airborne Division's 1st Brigade Combat Team fires his M4 carbine at insurgents during a fire-fight June 30, Ghazni Province, Afghanistan. The vehicle he is using for cover is a Mine Resistant Ambush Protected vehicle.



Karl Weisel

Left to right: Col. D. Peter Helmlinger, commander of the U.S. Army Corps of Engineers, Europe District; Col. David Carstens, U.S. Army Garrison Wiesbaden commander; Col. (P) Bruce Crawford, commander of the 5th Signal Command; 5th Signal Command Sgt. Maj. Gerald Tyce and construction firm representatives break ground on the new Information Processing Center on Wiesbaden's Clay Kaserne, June 28.



Sgt. Shanika L. Futrell

A CH-47 Chinook pulls up a water-filled Bambi Bucket out of Lake Kyle during a wildland firefighting training exercise at Fort Campbell, Ky., June 28. This training prepares the Soldiers for possible real-life fires in the U.S.

AWARD

continued from page 1

during riding season and conducts classroom training and group rides. A medic by training, Mullaney said he'd never worked in the safety field before this assignment, but that his success is a reflection on the help he received from others in the field.

"The whole safety community helped out," Mullaney said. "If I needed help they would show me what to do."

Mullaney said he was shocked when his first sergeant told him he'd been selected for the MEDCOM award. "I thought he was joking. But this award is a reflection on everybody who helped me do my job."

HMEDDAC

continued from page 1

to the United States. Only three months after arriving in France, the unit was assigned to 7th Army. Once again the unit packed up and moved, this time to Rohrbach, a small town about three miles south of Heidelberg.

The unit moved onto Nachrichten Kaserne on Aug. 1, 1945. The kaserne had been built by the Germans between 1937 and 1939 to house and train a signal corps.

Shortly after arriving in Germany, the unit also attained its place in military history.

In December 1945, Gen. George S. Patton was involved in an automobile accident near Mannheim and was taken to the 130th Station Hospital for treatment.

An interdisciplinary team of providers, which included both Americans and Germans, provided medical assistance to Patton after the accident.

However, Patton was unable to recover and died from complications of his injuries on Dec. 21, 1945.

He died on the first floor of the hospital building in a patient room which has since been turned into a radiology exam room.

On Sept. 16, 1993, the 130th Station Hospital was re-designated the 95th Combat Support Hospital. However, the change was short-lived. On Nov. 16, 1994, the 95th CSH became HMEDDAC.

Over the years, there have been many outlying clinics that fell under the unit's command.

The clinics were smaller versions of an outpatient hospital intended to serve military communities outside of the immediate Heidelberg area.

The outlying clinics under HMEDDAC changed several times and at one point included the 3rd General Dispensary in Karlsruhe and the 13th Medical Detachment in Worms.

At its peak, there were nine outlying clinics reporting directly to HMEDDAC including clinics in Babenhausen, Buedingen, Butzbach, Coleman Barracks, Darmstadt, Friedberg, Hanau, Mannheim and Stuttgart.

However, with the Army's transformation in Europe, the numbers began to dwindle as communities closed.

Only the outlying clinic at Stuttgart remains fully operational and will transfer from HMEDDAC to fall under Landstuhl Regional Medical Center.

Missionaries of Charity



Janesse Renfro
The Missionaries of Charity or Sisters of Mother Theresa and community members from the Mannheim and Heidelberg areas participated in the "Day Away" event June 26 at the Stift Neuberger Benedictine Monastery in Heidelberg. Members of the American Catholic military community were also present to attend morning Mass at the Abbey Chapel, tour the chapel grounds, play games and eat lunch at the Klosterhof restaurant.

Traveling Around Europe?



You must carry a passport...

Outside the country where you are assigned by official DoD orders

Even when there are no checkpoints at border crossings

Don't Risk...

Detainment, Fines & Searches

A military I.D. is not a substitute for a passport

Contact your local passport office or go online:
www.eur.army.mil/organization/faq.htm

GERMAN NEWS

Housing Shortage Hits Cities

Germany's major urban areas, including Munich, Berlin and Hamburg are facing a housing shortage, the federal building minister says. Peter Ramsauer, German minister for transport, building and urban affairs, told the Welt am Sonntag newspaper, "We need more public housing." Most of the responsibility for the construction of public housing lies with individual states, but the federal government contributes €518 million per year. Ramsauer said the states of North Rhine-Westphalia, Hamburg and Bavaria took advantage of available funds, while Berlin, Brandenburg and Mecklenburg-Pomerania have not. A study by the Pestel-Institute in Hannover predicted that an extra 400,000 homes will be needed in Germany by 2017. Currently, there is a lack of 100,000 residences. "The good news is that the climate for new investors has noticeably improved," Ramsauer told the newspaper.

Romney Visit

U.S. presidential candidate Mitt Romney will reportedly visit Berlin this summer, echoing President Barack Obama's trip before the 2008 election. Romney plans to meet German Chancellor Angela Merkel during his visit, which would be part of a European summer tour. The U.S. website Politico reported July 5 that the visit was a way for Romney to differentiate himself from Obama on foreign policy, and to present himself as a potential world leader.

SOURCE: www.thelocal.de



Vicki Johnson is a military spouse and clinical social worker with more than 13 years experience working with families in crisis. Contact Ms. Vicki by e-mail: dearmsvicki@yahoo.com, follow her on Twitter @[dearmsvicki](https://twitter.com/dearmsvicki), or visit www.dearmsvicki.com.

Dear Ms. Vicki,

I would love your advice. I am a single mom with a daughter from a previous marriage, a returning adult student majoring in finance.

I have been dating a man who is a staff sergeant for 4 years now. We are ready to take our relationship to the next step which is marriage.

However, I have no idea of what to expect as a military spouse. We have never lived together and this will be my boyfriend's third deployment. I want to support him as much as possible and still keep my identity as well. My daughter from my previous marriage has a wonderful relationship with her father and I want to have another child. I am afraid of the unknown. I heard you move around a lot in the military and I worry about finding a job and being able to support myself and my child with moving so much. My boyfriend does not make a lot of money and I just want your advice on what to expect and what would you do in my situation.

My boyfriend who will be deployed again this year wants us to get married when he returns on leave, and then move in together when he gets back. I am not working in the field I want to work in now but I am comfortable because I have lived in this city all my life. Most of my family has moved away to different cities. I know a change may be good but I just worry about moving my daughter from place to place. Please, I really need your advice

From: Nervous

Dear Nervous,

Thank you for taking the time from your schedule to write to me and for reading the column. Well, you have a familiar story. There are many women and men who have walked in your shoes. To your advantage I think you are doing the right thing by taking it slow. I know you must love each other, but I still say what's the rush? My recommendation would be to wait until his next deployment is over before you get married. I think it would be to your advantage to have him home when you integrate into a military community. Not that it's scary, I just think it would be less stressful for you. I would also recommend pre-marital counseling when he returns. This is only going to help build a strong relationship. There are many spouses just like you who are new to military culture. I think it will be a wonderful experience, and the transition may not be as tough as you think. There are some websites I would like to recommend to you and some classes. My advice is to get involved as much as you can. I also think you should continue in your career field and continue to pursue your own personal goals too.

Weighing the cost: Experts say healthy options less expensive than junk food

Col. Heidi Warrington
U.S. ARMY PUBLIC HEALTH COMMAND

Obesity is linked to many serious health conditions, such as diabetes and cancer. Like other Americans, military warriors, past and present, and their families feel the effects of obesity through negative health impacts and out-of-pocket costs.

For example, the inability to meet service weight and physical fitness standards is a common reason for early discharge.

According to a recent Army study, "Too Fat to Fight," 27 percent of all Americans 17 to 24 years of age are too heavy to join the military.

Another major concern is the negative effect of obesity on force readiness.

We have an opportunity to improve the health and well-being of Warriors, past and present, military families and military communities as a whole.

To achieve this outcome, health promotion and wellness initiatives should be focused on influencing behavior throughout the "life space"—the 525,500 minutes in a year that Soldiers and retirees, their family members and Army civilians are not seeing a health care provider.

One critical component of this complex issue is ensuring the affordability of and access to healthier food options.

This initiative is aligned with the National Prevention Strategy's Healthy Eating strate-

gic priority.

The question of whether healthy foods are really more expensive is explored in the May 2012 U.S. Department of Agriculture Economic Research Service report titled, "Are Healthy Foods Really More Expensive? It Depends On How You Measure the Price."

In the report, authors Andrea Carlson and Elizabeth Frazão compare prices of healthy and less-healthy foods using three different measures: the price per calorie, the price per unit of edible weight and the price of an average portion.

They also calculate the daily cost of meeting the food group recommendations on the ChooseMyPlate.gov website.

For all metrics except the price of food per calorie, the authors find that healthy foods cost less than less healthy foods (defined for this study as foods that are high in saturated fat, added sugar, or sodium, or that contribute little to meeting dietary recommendations).

The fight against obesity can only be won by promoting environmental changes, wellness activities, policies that support healthy behaviors and staying engaged in current best practices that can help prevent and reduce obesity.

For more information on the USDA Economic Research Service report, visit:

U.S. Department of Agriculture, www.ers.usda.gov/publications/eib96/.



We're on Facebook!



- ◆ Connect with community members
- ◆ Discuss local issues
- ◆ Ask and answer questions
- ◆ Search for events
- ◆ Share photos and more!



Like us and join the discussion!

GET OUT!

area events

More events online at <http://myBWNnow.ning.com>

July 12

JazzOpen Stuttgart – Stuttgart's annual JazzOpen festival features a full week of musical performances by international jazz greats hosted at a number of different venues, including the city's Mercedes-Benz Museum, on Stuttgart's central Schlossplatz and in the BIX Jazz Club. Festival runs through July 14. <http://www.jazzopen.com>.

Castle Festival – Catch the annual Heidelberg Castle Festival. The city's famous castle serves as a backdrop for several music and theater performances through July 28. For details visit www.theaterheidelberg.de/festivals/festival/3.

Bierbörse – Bierbörse is a chain of annual beer festivals held in 11 cities across Germany. Sample up to 1,000 different types of beer from 75 countries. Bierbörse 2012 can be found in Bonn, Dorsten, Düsseldorf-Benrath, Frankfurt, Hückeswagen, Karlsruhe, Köln, Leipzig, Leverkusen-Opladen, Mainz, Schwerin and Viersen-Dulken. Free entry. Fest runs through Sept. 2. www.bierboerse.com.

Jazz Boat – Enjoy views of major historical Prague monuments during the Jazz Boat's live jazz, swing and blues concert. See landmarks like the Charles Bridge, Prague Castle and National Theater. A gourmet restaurant onboard serves a wide range of meals, as well as beer, spirits and wine. The boat is air-conditioned in the summer to ensure a comfortable voyage. Boat meets at Cechuv Bridge Pier 5 in Prague through Sept. 30 www.buzzoffbase.com.

July 13

Brass and Drum Festival – Catch the Brass and Drum Festival in downtown Ramstein through July 15. Enjoy live music on two stages. Free admission.

French Garden Party – Members of the Gartenschau in Kaiserslautern host "Savoir Vivre." This French picnic features French red wine, Tarte Flambee and other delights. Event begins 6 p.m. on the Gartenschau grounds.

July 14

Chicken Festival – The annual Chicken Fest (Hahnenfest) in Queidersbach will be held this weekend, with more than 400 chickens barbecued on beechwood grills starting at around 5 p.m. Coffee, cake and of course German beer will be available. Enjoy musical entertainment and beer mug lifting contest.

Castle Illumination – Each year, the city of Heidelberg hosts a series of castle illuminations using fireworks to commemorate the destruction of the

Heidelberg castle by the French. The fireworks are ignited from the Old Bridge, which is closed for pedestrian traffic starting at 5 p.m. The city also hosts a concert before each illumination at 6:15 p.m. in the Heiliggeistkirche (Church of the Holy Spirit) on Market Square. Tickets: Civ. 06221-584 - 0200. Illumination starts 10:30 p.m. www.heidelberg-marketing.de.

City Tour – Enjoy a guided tour of Würzburg's Old City. First, visit the Marienkapelle (Chapel of St. Mary) and its remarkable sandstone sculptures by Tilman Riemenschneider. Then continue on to the "Falkenhaus" featuring an elaborate Rococo façade, admire the historic town hall and the Romanesque cathedral St. Kilian. Enjoy fantastic views of the fortress Marienberg, the pilgrimage church Kappelle and the famous vineyards from the Alte Mainbrücke (Old Main River Bridge). Tour lasts approximately an hour and a half. Group meets at the tourist information office at Falkenhaus am Markt in Würzburg. www.buzzoffbase.com.

July 20

Paris Plages – This annual event sees the typically busy Paris streets along the Seine quickly become transformed into luxurious and relaxing beaches. Sand, deck chairs, beach balls and ice cream sellers are hauled in to complete the beach theme, which makes Paris Plages a total experience. Visitors will find these idyllic sandy beaches spread across two miles of the Seine. Live entertainment and sports are free. Enjoy the sun and fun through Aug. 17. www.buzzoffbase.com.

July 21

Blues and Jazz Festival – Travel to Luxembourg for the city's famous Blues and Jazz rally. This open-air music event takes place on numerous stages scattered around the old city center with a variety of musical acts playing every type of blues and jazz from Dixieland, to Latin-Jazz Fusion, to Mississippi Blues and more. http://affiliates.uso.org/theinmain/files/2012einebrucke_July_Aug_Sep.pdf.

July 28

Kaiserslautern City Tour – Visit Kaiserslautern's 12th century underground tunnels that are remnants of the time when the city was the sight of one of the imperial castles of Emperor Friedrich I, also known as Barbarossa – or "Red Beard." Come hear the legends of the Emperor and find out why the fish is the symbol of the city. There will also be time to stroll through the farmers' market to enjoy its sights and smells, or purchase some of the seasonal fruits and vegetables from the region. <http://affiliates.uso.org/Kaiserslautern/>.

<http://affiliates.uso.org/Kaiserslautern/>.

August 3

Mainfest Festival – Enjoy one of the largest folk festivals in Frankfurt. Festival takes place along the banks of the river and visitors can enjoy games, rides, food and fireworks through Aug. 6. www.frankfurt-tourismus.de.

August 14

Hidden Heidelberg – Visit some of the lesser known sights in the Heidelberg area during a special tour. Start the day with a train ride to Leutershausen, where visitors can journey to the pilgrimage church containing a statue of a Black Madonna, take a walk through the old city, visit the cop wine store and the oldest church in Heidelberg, containing 15th century frescoes. There will also be time to tour the "hidden castle" of Heidelberg, the Tiefberg and learn about its mysterious history. <http://affiliates.uso.org/rheinmain/>.

Upcoming concerts

Wiz Khalifa – Rapper Wiz Khalifa will perform at the Reitstadion in Stuttgart 7 p.m. July 14.

Lady Antebellum – The Grammy-award winning country music group plays the Jahrhunderthalle in Frankfurt 7 p.m. July 20. Tickets: www.germanicketoffice.com.

Beach Boys – Envision the sights and sounds of California surf and sand when the legendary rock band the Beach Boys perform 7 p.m. Aug. 4 at the Schleyerhalle in Stuttgart. www.concertboom.com/stuttgart/2012/august/beach-boys-in-stuttgart/.

Lady Gaga – Tickets on sale now at the Vogelweh Community Center (near Kaiserslautern) for Lady Gaga's Monster Ball. The singer will perform at the Lanxess Arena in Cologne 7 p.m. Sept. 4. Ticket price includes transportation to and from show. DSN 489-7626, civ. 0631-536-7626.

Ongoing

Haribo Factory Store – Some of the most famous gummy bears in the world come from Germany. Haribo Goldbaeren (gold bears) was founded in 1920 in Bonn and became the largest manufacturer of gummy sweets in the world. Visitors can't enter the factory itself, but they can visit the Haribo factory store close to the original factory, which features an exhibition 10 a.m.-6 p.m. Monday-Friday and 10 a.m.-4 p.m. Saturday. www.haribo.com.

coming to THEATERS

THE AMAZING SPIDERMAN

(Andrew Garfield, Emma Stone) In this latest installment of the Spider Man franchise, Peter Parker finds a clue that might help him understand why his parents disappeared when he was young. As Parker seeks to uncover the truth, his path puts him on a dangerous collision course with Dr. Curt Connors, his father's former partner. (Rated PG-13 for sequences of action and violence) 136 minutes.



PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

July 12 - THE AMAZING SPIDERMAN (PG-13) 4 p.m., 7 p.m.
 July 13 - THE AMAZING SPIDERMAN (PG-13) 7 p.m.; SAVAGES (R) 10 p.m.
 July 14 - THINK LIKE A MAN (PG-13) 4 p.m.; THE AMAZING SPIDERMAN (PG-13) 7 p.m.; SAVAGES (R) 10 p.m.
 July 15 - THE AMAZING SPIDERMAN (PG-13) 4 p.m.; DARK SHADOWS (PG-13) 7 p.m.
 July 16 - SAVAGES (R) 7 p.m.
 July 17 - SAVAGES (R) 7 p.m.
 July 18 - THE AMAZING SPIDERMAN (PG-13) 7 p.m.
 July 19 - THINK LIKE A MAN (PG-13) 7 p.m.

Vogelweh, Galaxy

July 13 - TYLER PERRY'S MADEA'S WITNESS PROTECTION (PG-13) 4 p.m.; RAVEN (R) 7 p.m.
 July 14 - THE PIRATES! BAND OF MISFITS (PG) 4 p.m.; SAFE (R) 7 p.m.
 July 15 - THE HUNGER GAMES (PG-13) 4 p.m.; RAVEN (R) 7 p.m.

Ramstein, Gateway Movieplex

July 12 - TYLER PERRY'S MADEA'S WITNESS PROTECTION (PG-13) 11:15 p.m., 2 p.m., 4:45 p.m., 7:30 p.m.;
 THE AMAZING SPIDERMAN (PG-13) 11 a.m., 1:15 p.m., 5:30 p.m., 8:30 p.m.; SAFE (R) 11 a.m., 2 p.m., 5 p.m., 7:15 p.m.
 July 13 - SAVAGES (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m., 8:30 p.m.; THINK LIKE A MAN (PG-13) 11:15 a.m., 2 p.m., 5 p.m.
 July 14 - SAVAGES (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m., 8:30 p.m.; THINK LIKE A MAN (PG-13) 11:15 a.m., 2 p.m., 5 p.m.
 July 15 - SAVAGES (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m., 8:30 p.m.; THINK LIKE A MAN (PG-13) 11:15 a.m., 2 p.m., 5 p.m.
 July 16 - SAVAGES (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m.; THINK LIKE A MAN (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 8 p.m.
 July 17 - SAVAGES (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m.; THINK LIKE A MAN (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 8 p.m.
 July 18 - SAVAGES (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m.; DARK SHADOWS (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 8 p.m.
 July 19 - SAVAGES (R) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; THE AMAZING SPIDERMAN (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m.; THINK LIKE A MAN (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 8 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
 Galaxy Theater, Vogelweh, 0631-50017
 Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions

Mannheim Cineplex (P4 13), Cinemax (M7, 17), Mannheim, civ. 01805-625466, www.cineplex.de

Mannheim, CinemaxX, Cineplex - English Language movies

July 12-16 - THE AMAZING SPIDERMAN 3D (PG-13) 4:45 p.m.; 7:45 p.m. at Cinemaxx
 July 13-14 - Cosmopolis (R) 10:45 p.m. at Cineplex

community HIGHLIGHTS

Organizational Day Hours

U.S. Army Garrison Baden-Württemberg postal facilities in Heidelberg, Mannheim and Germersheim will operate under reduced hours during the USAG-BW Organizational Day July 12. Community Mail Rooms 419, 420, 432 and Postal Service Center 437 will be open for customer service 9:30 -11:30 a.m. only and close for the afternoon. The Shopping Center and Patrick Henry Village Army Post Offices will be closed July 12. Official mail will open for customer service 7:30 -11:30 a.m. and close for the afternoon. The USAG-BW Military Personnel Division and passports office in Heidelberg will open for morning service hours and close for the afternoon. Customers are encouraged to call all local facilities prior to arrival to confirm operating hours for July 12. Service directory with phone numbers available at www.bw.eur.army.mil/contacts/HD_AD.html.

Office Closures

Effective July 15 and until further notice, U.S. Army Garrison Baden-Württemberg and Kaiserslautern Directorate of Resource Management offices will close every Wednesday 7:30 a.m. - noon for training.

Technology Expo

The Armed Forces Communications and Electronics Association Chapter 158 will host a summer technology expo 9 a.m. - 3 p.m. July 17 and 10 a.m. - 2 p.m. July 18 at the Officer's Club on Ramstein Air Base. Open to all military, government civilians and contractors. Preregister at www.kmcafea.org.

Health Clinic Hours

The Heidelberg Health Clinic will operate under reduced hours Aug. 3 in conjunction with the Heidelberg Medical Department Activity deactivation ceremony 10 a.m. Aug. 3 on Nachrichten Kaserne. Most of the clinic sections, including pediatrics, immunizations, the lab, radiology and optometry will open from 7:30 - 9 a.m. and close until 1 p.m. Afterwards, normal Friday operations clinic schedules will resume. The pharmacy will close 10 - 11 a.m. The deactivation of the HHC's parent unit will not affect health care services or appointment availability for beneficiaries beyond the deactivation ceremony schedule. The clinic will transition under Landstuhl Regional Medical Center for command and control functions previously provided by HMEADAC until the clinic's projected closure in June 2013.

Slooze Show

Parents and kids can enjoy a good sticky soak in green slime during the ultimate Slooze show noon-3 p.m. Aug. 3 at the Patrick Henry Village Park in Heidelberg. Slooze is a game where slime and ooze collide. Free community event open to all ID card holders. DSN 388-9408.

Sexual Assault Reporting

A revised Department of Defense directive allows dependents 18 and older who are eligible for military system health care to report sexual assault under the Sexual Assault Prevention and Response Program. Restricted reports allow victims to confidentially seek help and only report to selected individuals without starting an investigation. Unrestricted reports follow the same procedures, but a full investigation will be launched. The 24-hour sexual assault and domestic violence hotline for Mannheim and Heidelberg is civ. 0170-609-2862.

KAISERSLAUTERN

Education

♦ **English For Adults** – English as a Second Language for Adults classes are available at no cost in Bldg. 2891 on Pulaski Barracks. Beginner classes are 9:30 a.m. July 2 and Mondays; intermediate classes meet 9:30 a.m. Fridays. DSN 493-4203, civ. 0631-3406-4203.

♦ **Food Safety** – The next food safety seminar for volunteers is scheduled for Aug. 2 at the Learning Resource Center (Bldg. 3718) at Kirchberg Kaserne (near Landstuhl). Open to all military and civilian ID cardholders on the first Thursday of each month. A Food Handlers' Card is required for personnel responsible for organizing and supervising military community events (free or fundraising).

DSN 486-8489, civ. 06371-86-8489.

♦ **Coupon Class** – Join Army Community Service Financial Readiness for extreme couponing with a military twist. Learn how to save hundreds of dollars using coupons. 11:30 a.m. July 17 at the Java Café on Rhine Ordnance Barracks. Registration: DSN 493-4015, civ. 0631-3406-4015.

Community

♦ **Teen Shuttle** – Child, Youth and School Services have resumed their KMC teen shuttle service. Pick-up and drop-off points are located throughout Vogelweh, Vogelweh Housing, Ramstein, Landstuhl and the Melkerlei in Landstuhl Village. ID card, shuttle card and permissions slips are required to ride the shuttle. Apply for your shuttle card at Central Enrollment and Registration located on Pulaski Barracks, Bldg. 2898, DSN 493-4516, civ. 0631-3406-4516 and on Landstuhl Post, Bldg. 3810, DSN 486-8943, civ. 06371-86-8943. For shuttle schedule visit www.mwrgermany.com.

♦ **Karaoke Night** – Sing your favorite hit songs all night long 9 p.m.-2 a.m., July 13 and 27. Armstrong's Club, Bldg. 1036, Vogelweh Housing. Civ. 0631-354-9986.

♦ **Biker Bonanza** – The Harley Davidson Biker Bonanza, for ages 18 and older, is scheduled July 14 with rideout starting 1 p.m. Ride ends at Armstrong's Club on Vogelweh, and food, drinks and music will be offered starting 8 p.m. Registration for ride-out required. Civ. 0631-350-7919, www.mwrgermany.com.

♦ **Cowboy Appreciation** – Cowboy Appreciation Day, July 23, 11 a.m.-10 p.m. Enjoy cowboy movies while dining at Bruno's Pasta Bar. Spade's tournament starts 6 p.m. (registration 5 p.m.) \$50 gift card to winning team. Landstuhl Community Club, Bldg. 3780, DSN 486-7244, civ. 01371-86-7244.

♦ **Salsa Night** – Spice up your

night 9 p.m.-2 a.m. July 14 and 28. Dance lessons 9:30-10:30 p.m. Armstrong's Club, Bldg. 1036, Vogelweh Housing. Civ. 0631-354-9986.

♦ **KMC Onstage Auditions** – Open auditions for the musical "Pinkalicious" will be 6:30 p.m. July 17, 18 at KMC Onstage, Bldg. 3232 on Kleber Kaserne. Open to ages 6 and older. DSN 483-6626, civ. 0631-411-6626.

♦ **Expressions** – Community members can display their talent during Tuesday Night Expressions. Children can participate until 8 p.m. with parental supervision. Bring your own props, instruments and equipment. Free admission for performers. Open to U.S. ID card holders. 7-10 p.m. each Tuesday night. Landstuhl Community Club, Bldg. 3780, Landstuhl Post.

♦ **Warrior Zone** – Sembach Warrior Zone has extended operating hours. Soldiers can check out the all new facility 7 a.m. - 8 p.m. Monday-Friday and 11 a.m. - 5 p.m. Saturday and Sunday. Sembach Bowling Center, Bldg. 104, Sembach Kaserne.

♦ **KMC Onstage** – KMC Onstage offers free programming to Wounded Warriors and their guests at the Fisher House. Check out the season poster for current programming and contact KMC Onstage for tickets. For Landstuhl patrons, transportation may be arranged. Contact KMC Onstage before 2 p.m. on Friday if transportation is required for weekend shows. Kleber Kaserne, Bldg.3232, DSN 483-6626, civ. 0631-411-6626.

♦ **HUGS Playgroup** – HUGS (Help Us Grow Securely) playgroup, for parents and children birth to age 4, meets 10-11:30 a.m. June 29 and Fridays at the Vogelweh Community Center. DSN 493-4203, civ. 0631-3406-4203.

♦ **Kleber VAT Office** – The Kleber Kaserne Value Added Tax office in Bldg. 3205 has new hours: 10 a.m.-3 p.m. Monday-Friday. DSN 483-1780, civ. 0631-411-1780.

♦ **Pulaski VAT Office** – The Pulaski Barracks Value Added Tax office has new hours: 8 a.m.-3:30 p.m. Monday-Friday. DSN 493-4035, civ. 0631-346-4035.

HEIDELBERG

Education

♦ **ACS Classes** – Family Readiness Group leader training 2:30 - 4 p.m. July 13, Community Support Center, Bldg. 3850, Room 2508; Reintegration Briefing every Tuesday 9 a.m., Army Community Service Annex, Patrick Henry Village, Bldg. 4531; Exceptional Family Member Program Teen Social 6-8 p.m. third Wednesday of the month, Panther's Place, Patrick Henry Village. There will be no English as a Second Language classes during July or August. Classes will resume in September.

DSN 370-6975, civ. 06221-57-6975.

♦ **Conversational German** – Family, Morale, Welfare and Recreation offers four-session Conversational German 5:30-7 p.m. July 17, 19, 24 and 26 at the Village Pavilion Community Center on Patrick Henry Village. Learn words, phrases and helpful tips to effectively communicate in German. Registration required. DSN 388-9438, civ. 06221-338-9438.

♦ **German Classes** – The USO will offer level one German 10 a.m.-11:30 a.m. Tuesday, Thursday at Campbell Barracks and 6:15-7:45 p.m. Tuesday, Thursday in Bldg. 3850 on the Shopping Center July 31-Oct. 25. Level two German will be 10-11:30 a.m. Tuesday, Thursday on Campbell Barracks and 6:15-7:45 p.m. in Bldg. 3850 on the Shopping Center Aug. 1-Oct. 26. Registration and purchase of textbook required. DSN 370-7924, civ. 06221-57-7924.

♦ **Central Texas College** – Central Texas College Term 1 registration available now. Classes run Aug. 7 - Oct. 29. CTC is offering Criminal Justice classes on Patton and Coleman Barracks (two classes in the correctional facility). Microsoft certification classes also held monthly. Students can earn college credit for military education and training and use Tuition Assistance and financial aid. DSN 373-8660, civ. 06221-17-8660 or Email: Heidelberg@europa.ctcd.edu or visit www.europa.ctcd.edu.

Community

♦ **Traffic Delays** – Halle 02 in Heidelberg will celebrate 10 years of its existence with a "Bahnstadt Open Air" event July 12-15. Performances are scheduled to begin 7 p.m. Thursday and Friday and 4 p.m. Saturday and Sunday. Organizers have ensured that parking locations are available in the Bahnstadt construction area away from the shopping center, but traffic flow in the vicinity may still be affected.

♦ **Pool Party** – Summer Splash Pool Party noon-2 a.m. July 14 at the Slapshots Patio on Patton Barracks. Enjoy a potluck barbecue, tropical drinks, games, music and prizes.

♦ **Latin Night** – Dance to your favorite Latin music 9 p.m. July 14 at Legends on Patrick Henry Village. Listen to music provided by Disc Jockey Bello and sip mojitos.

♦ **Cheap Eats** – Cheap Eats pot luck dinner 5 p.m. July 18 in Patton Barracks Warrior Zone. Free event.

♦ **BOSS Meeting** – Better Opportunities for Single Service members meeting 3:30 p.m. July 18 Patton Barracks, Bldg. 104. DSN 373-5275, civ. 06221-17-5275.

♦ **Right Arm Night** – Right Arm Night 5-7 p.m. July 20 at Legends on Patrick Henry Village. Enjoy drinks and free appetizers.

♦ **Parent's Night Out** – Child, Youth and School Services parent's night out July 20 and parent's day out July 21. Contact Central Enrollment Bldg. 4443, Patrick Henry Village. DSN 388-9340, civ. 06221-338-9341.

♦ **Indoor Flea Market** – Sell, buy or trade collectibles and handmade crafts at an indoor flea market 9 a.m.-1 p.m. July 21 in the Washington Ballroom inside the Village Pavilion Community Center on Patrick Henry Village. Table rentals available: DSN 388-9438, civ. 06221-338-9438.

♦ **PHV Commissary Closed** – The Heidelberg Commissary will be closed July 25 for an organizational day. Normal operating hours will resume 7:30 a.m.-9 a.m. July 26 for Early Bird shopping and 9 a.m.-9 p.m. for regular shopping. DSN 388-9074, civ. 06221-759-3112.

♦ **Summer Reading Program** – The summer reading program at the Patrick Henry Village Library has begun. Preschoolers and kindergartners can participate 11 a.m. Wednesdays until July 25, and students in grades 1 through 5 can participate 11:30 a.m. Thursdays until July 19. DSN 388-9443, civ. 06221-338-9443.

♦ **Singles Patio Party** – Singles can enjoy fruity cocktails and meet new people noon-2 a.m. July 28 on the patio at Slapshots on Patton Barracks. DSN 373-8068, civ. 06221-17-8068.

♦ **Trivia Challenge Season** – Bring a team or join one for trivia 7-9 p.m. Thursdays until Aug. 3 at Legends on Patrick Henry Village. DSN 388-9570, civ. 06221-338-9570, www.mwrgermany.com.

♦ **ITR** – Information, Tickets and Reservations, now in the Village Pavilion Community Center, can assist with booking Outdoor Recreation trips, registration for Rod and Gun Club classes, event tickets and more. Hours are 8:30 a.m.-4:30 p.m. Monday, Wednesday-Friday, 10 a.m.-6 p.m. Tuesdays and closed U.S. holidays. DSN 388-9438, civ. 06221-338-9438, www.mwrgermany.com.

MANNHEIM Community

♦ **Board Game Night** – Play board games 4:30-10 p.m. Mondays at the Warrior Zone on Coleman Barracks. DSN 382-4410, civ. 0621-779-4410.

♦ **TGIF Buffet** – Enjoy a buffet 6:30 p.m. and stay for variety music 9 p.m.-2 a.m. July 13 and every Friday at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370.

♦ **Battlefield Night** – Team up with friends and play Battlefield online on X-Box or PlayStation 3 4:30-10 p.m. Thursdays at the Warrior Zone on Coleman Barracks. DSN 382-4410, civ. 0621-779-4410.

Army athlete battles for Olympic spot

Competitors turn up the heat during track, field trials in Oregon



Tim Higgs

U.S. Army World Class Athlete Program Capt. John Mickowski, center, finishes 11th in the men's 1,500-meter final with a time of 3 minutes, 44.17 seconds at the 2012 U.S. Olympic Track and Field Team Trials July 1 at Hayward Field in Eugene, Ore.

By Tim Higgs
INCOM PUBLIC AFFAIRS

EUGENE, Ore. — U.S. Army World Class Athlete Program miler Capt. John Mickowski came up 400 meters short in his bid for a berth in the London Olympic Games.

Mickowski was among the top three when the bell sounded, signaling the last lap of the men's 1,500 meters final on the last day of the 2012 U.S. Olympic Track and Field Team Trials before a record crowd of more than 20,000 at historic Hayward Field July 1.

"It's always a great three laps," quipped Mickowski, who set the pace during the third lap of the four-lap race but finished 11th in 3 minutes, 44.17 seconds.

"The plan was for Will Leer and [Jordan] McNamara to take the first two [laps], and I told them I wanted from 600 in. I just didn't have any gas with 400 to go. That's pretty much what happened," he said.

A pack of runners passed Mickowski on the backstretch of the final lap.

Mickowski battled through the third of three qualifying heats on June 28 and advanced to the semi-finals with a sixth-place finish in 3:41.18.

He was shoved in the final turn on the last lap and fell across the finish line, where he watched the replay screen to see if he advanced.

"McNamara pushed me way out on the curve, but that's part of racing," said Mickowski. "Everybody was bumping me. I think that's just the Oregon thing — they wanted to win the heat or something, but I advanced so I don't really care.

In the first of two semifinal heats on June 29, Mickowski advanced with a fifth-place finish in 3:51.71. William Leer won the race in 3:51.27, followed by Nike teammates Andrew Wheatling (3:51.40), David Torrence (3:51.43) and New Balance's Craig Miller (3:51.56).

"I keep running ugly," Mickowski said. "One of these days I'll get it. I just wasn't comfortable where I was at all today. . . ." he said. "Today was about survival. It goes like this: you work hard the first day; survival the second day; the last day, you go to win. That's my plan. In the final, I'm going to go for it because I've got nothing to lose."

Mickowski was disappointed with his performance in the final.

"I just thought I was going to run better," Mickowski added.

"... I had a tough year with injuries, but I thought I was in better shape than that. I honestly feel I'm talented enough to make the team. It's just a matter of things didn't break my way at all this year."

Mickowski missed a month of training in April because of injury, but he did not take a moral vic-

tory away from making the finals at the Olympic Trials.

"This was my sixth race of the year," he said. "I qualified for this meet at a last-chance [race] in Indiana. I just haven't had a season. That's my biggest issue. I haven't had a race where I haven't felt like I had a ton of pressure on me, but I can handle that. That's what I'm good at. But I've just had no consistency. I feel like I'm way more talented than what I showed."

Mickowski, 26, a 2008 graduate of the United States Military Academy at West Point, N.Y., has orders to depart Fort Carson, Colo., in August for duty in Korea.

"I might go over there for a year and get out, but I do know that I want to run," he said.

"I had a rough go of it this year. I don't want to make excuses because everybody that did make the team has had a rough go of it.

"I've got a whole month and a whole year to think about it. I know I'm going to keep running, and I want to run for 2016, for sure," Mickowski said.

Mickowski applauded the Army for WCAP's support.

"They've been great to me," he said. "My strength coach, coach [Sgt. 1st Class William] Jackson, has been there every step of the way with me and the office has been there every step of the way. Even though I'm the one running the race out there, this is a team effort."

staying ACTIVE

Golf Tournament

Armed Forces Communications and Electronics Association will host a golf tournament 9 a.m.- 3 p.m. July 17 and 10 a.m.-2 p.m. July 18 at the Heidelberg golf course. Registration: events@kmcacfea.org.

Tennis Championships

Registration available through July 16 for the 2012 European Championship U.S. Forces Tennis Championships. Event scheduled 9 a.m.-7 p.m. July 20-22. Open to U.S. and NATO ID card holders 18 years and older. Features singles and doubles play.

Softball Championships

Army unit softball teams will compete in the 2012 Kaiserslautern softball championship 6 p.m. July 17-20 at the Kaiserslautern Army Depot Field near Daener Kaserne. Free admission. DSN 493-2086, civ. 493-2086.

Heidelberg Open

Registration open for the 2012 Heidelberg Open golf tournament scheduled for July 27-29 in Ostersheim. Details and registration forms visit www.Heidelberggolf.com. Deadline to register is July 15. www.mwrgermany.com.

Youth Soccer

Registration is open for Child, Youth and School Services youth summer soccer league. Professional soccer coaches will provide instruction to players ages 3-15. To register call Parent Central Services on Pulaski Bks., Bldg. 2898. DSN 493-4516, civ. 0631-3404-4516.

Summer Bowling Leagues

Sign up available for summer bowling leagues at the Patrick Henry Village Bowling and Entertainment Center. Open to all skill levels. DSN 388-9040, civ. 06221-338-9040.

Fall Sports Registration

Registration is now available for Kaiserslautern Child, Youth and School Services fall sports. Register online at webtrac.mwr.army.mil or visit Parent Central Services, Bldg. 2898, Pulaski Barracks. DSN 493-4516, civ. 0631-3406-4516.

Bowlopolis

Now through Aug. 26 the Patrick Henry Village Bowling and Entertainment Center will give students ages 17 and under Bowlopolis discount cards for the summer. Cards allow students the chance to bowl every day before 5 p.m. for \$1 per game and \$1 for rental shoes.

Sembach Bowling Center

The Bowling Center located in Bldg. 104 on Sembach Kaserne has extended its hours. The center is now open 7 a.m.-8 p.m. Monday-Friday and 11 a.m.-5 p.m. Saturday - Sunday. DSN 496-7569, civ. 06302-67-7569.

Tennis Lessons

Indoor tennis lessons available. For private, semi-private and group lessons call DSN 388-903, civ. 0176-2456-8225.

Pump Iron

Use a weighted bar to burn calories and sculpt your physique during a Pump Iron workout. Classes meet noon Mondays, 6 p.m. Tuesdays and 6:30 a.m. Fridays at Campbell Fitness Center in Heidelberg, www.mwrgermany.com.

Send the Herald Post your photos

If you have photos from sporting events, e-mail them along with the details of the event and names of those pictured to usaghd.post@eu.army.mil or usarmy.badenwuer.usag.mbx.post-newspaper@mail.mil.