

# HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

**HP THURSDAY**  
August 23, 2012

**Speed Read**

**WELCOME BACK, STUDENTS**

Monday is the first day for Department of Defense Dependents Schools-Europe.

**KISS AND DROP**

Kiss and Drop at Patrick Henry Village Elementary School in Heidelberg will be implemented starting Monday. 3



**SCHOOL LUNCHES**

Meals for Department of Defense Dependents Schools students that meet new federal nutrition standards will be served starting with the new school year. 10

**GARRISON TOWN HALL**

U.S. Army Garrison Baden-Württemberg will host a town hall 11 a.m. Sept. 7 in the Village Pavilion Community Center in Heidelberg, to discuss the garrison's closure next year. Questions may be submitted in advance to [usarmy.badenwurttemberg.usag.mbx.post-news-paper@mail.mil](mailto:usarmy.badenwurttemberg.usag.mbx.post-news-paper@mail.mil) or asked on the USAG BW Facebook page: [www.facebook.com/bwnow](http://www.facebook.com/bwnow).

**Defense Details**

**NATIONAL PARKS PASSES**

Service members and their families can enter America's national parks free of charge for a year under an initiative announced this spring. The pass – the America the Beautiful National Parks and Federal Recreation Lands Annual Pass, which normally costs \$80 – is available to service members and their families. The pass allows the holder and passengers in a single private vehicle access to some 2,000 sites that charge per vehicle. At sites where entrance fees are charged per person, it covers the pass owner and three adults age 16 and older. Military personnel can get the passes at any national park or wildlife refuge that charges an entrance fee by showing military ID. Family members can also obtain their own pass, even if the service member is deployed or if they are traveling separately. The pass will be accepted at National Park Service, U.S. Fish and Wildlife Service, Bureau of Reclamation, Bureau of Land Management, U.S. Forest Service and U.S. Army Corps sites that charge entrance or standard amenity fees. The free pass will be made available for activated members of the National Guard and Reserve, but not for military veterans or retirees, who have other opportunities for free or reduced admission.

[www.defense.gov](http://www.defense.gov)

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## Garrison hosts final change of responsibility



Dijon Rolle

Outgoing U.S. Army Garrison Baden-Württemberg Command Sgt. Maj. Annette R. Weber.

By Kierra Ho

USAG BW PUBLIC AFFAIRS INTERN

Family members, friends, special guests and other members of U.S. Army Garrison Baden-Württemberg attended the garrison's final Change of Responsibility ceremony on Patton Barracks in Heidelberg Friday.

As Eppelheim Mayor Dieter Mörlein and others watched, Command Sgt. Maj. Annette R. Weber passed the colors to Col. Bryan D. DeCoster, USAG Baden-Württemberg commander, who in turn passed them to incoming Command Sgt. Maj. Kenneth J. Kraus Jr. and appointed him as the garrison's last command sergeant major. DeCoster also presided over the ceremony.

The ceremony was also a time for garrison community members to say goodbye to Weber, who had served the garrison for three years. DeCoster then thanked Weber for her expertise in managing garrison affairs. "CSM Weber, it's been my privilege to have you as my right hand, my battle buddy and my compass of what right looks like, and even as my children sometimes call you, 'Daddy's boss,'" DeCoster said in his speech to an audience, who laughed at the reference to the sergeant major.

First Sgt. Tony Hockensmith of Headquarters and Headquarters Compa-

ny saw Weber's openness to her Soldiers as her unique trait. He worked with her daily and witnessed her receptivity first-hand. "[When] I had issues, I was able to go in and ... cry on her shoulder, and she would listen to me. And then ... she would tell me, 'Okay, you need to go home and go talk to your wife. [Or, you] need to go talk to your son,'" Hockensmith said about Weber's supportive nature.

Nina Richter, Director of USAG BW Resource Management, said Weber's kindness was memorable. After long work days, Weber used to check on her and other garrison employees on the third floor of their building. "Are you guys all right? Is everything going well up here? Is

see **CHANGE** page 16

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see **CHANGE** page 16

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Dijon Rolle

U.S. Army Garrison Baden-Württemberg Command Sgt. Maj. Kenneth J. Kraus Jr.

## Best Warriors, Junior Officer named

By Sgt. Michael Reinsch

U.S. ARMY EUROPE PUBLIC AFFAIRS

The winners for the Best Warrior and Junior Officer competition were announced during an award luncheon Aug. 16 in Heidelberg.

Staff Sgt. Mathew Senna, an instructor at the 7th Army Noncommissioned Officer Academy, and Pvt. 1st Class Richard Shepard, an intelligence analyst for 21st Theater Sustainment Command, earned their titles after competing against 16 other noncommissioned officers and Soldiers at the 2012 USAREUR BWC hosted at the Grafenwöhr Training Area, July 30-Aug. 3. "To find yourself working and competing with and alongside those individuals and being named above them is staggering," said Senna, a Sacramento, Calif., native.

"[Winning Best NCO for USAREUR] feels good," Sen-



Sgt. Michael Reinsch

Lt. Gen. Mark Hertling, U.S. Army Europe Commander, left, and Command Sgt. Maj. David Davenport, USAREUR Senior Enlisted Advisor (far right), congratulate the USAREUR Best Warrior and Junior Officer winners Aug. 16 in Heidelberg. First Lt. Jeremy Gilbert, 2nd Cavalry Regiment, was named best Junior Officer, while Staff Sgt. Mathew Senna, 7th Army Noncommissioned Officer Academy and Pvt. 1st Class Richard Shepard, 21st Theater Sustainment Command, won Best Warrior.

na added. "I don't think of myself as better than anybody else," said Shepard, a San Diego native.

"Everybody strives to be the best and it's how you push yourself to get there."

First Lt. Jeremy Gilbert,

2nd Cavalry Regiment and a Jackson, N.J., native, earned his title after competing with 11 other junior officers, July 23-27.

The winners of the BWC will represent USAREUR at the Department of the Army-level competition,

**"Everybody strives to be the best, and it's how you push yourself to get there."**

-Pvt. 1st Class Richard Shepard, Best Warrior competition winner

where they will compete at Fort Lee, Va., with NCOs and Soldiers stationed with Army commands around the globe.

"I hope our leaders see that the biggest take away is that our Soldiers are physically fit," said USAREUR Senior Enlisted Advisor Command Sgt. Maj. David Davenport.

"I think the USAREUR Soldiers will win the Department of the Army competition because our competition stressed them mentally and physically, and it reinforced the warrior tasks and battle drills," Davenport added.

## SAFETY MESSAGE

## Remember these bus safety "do's" and "don'ts"

By Otto Mueller

DISTRICT TRANSPORTATION SUPERVISOR, KAISERSLAUTERN

Instruction begins for Department of Defense Dependents Schools in Europe Monday. As a reminder, here are some "do's" and "don'ts" when riding the bus to keep children safe.

### When meeting children at the bus stop:

- DO wait on the same side of the street as the bus stop. DO go to your child at the bus stop.
- DO NOT wait in a parked car. DO NOT wait in a building. DO NOT allow your child to come to you.
- Bottom line: When you meet your child at the bus stop, take charge of the situation. You are the adult; only you can reduce the risk and control the danger.

### Getting on and off the bus:

- Be on time – walk, do not run to the bus stop.
- When waiting for the bus, take at least three large steps away from the curb.
- Take your seat and stay in it while the bus is moving. Use seatbelts if available.
- When getting off the bus, take three large steps away from the curb and wait for the bus to leave before crossing the street.
- Never cross the street in front of or behind the bus.

### Danger zones:

Educate your child on the danger zones as shown on the picture below. We ask that you and your child take extra precautions when near a school bus. Teach them to never cross in front of or behind a bus. Remember: traffic in Europe does not stop for loading and unloading of school buses.

### DODEA behavior standards for students:

Stress good behavior on the bus – good behavior and safety go hand-in-hand. On or around buses, students must conduct themselves in accordance with

these school bus rules:

- Obey the driver or adult.
- Enter and exit the bus safely and always show your bus pass.
- Stay properly seated and use seat belts when available.
- Keep your hands, feet and other body parts to yourself.
- Do not throw things inside or outside the bus.
- Remain quiet and do not disturb the driver or others.
- No profanity, indecency, smoking, prohibited items or vandalism.
- Do not eat, drink or chew gum.
- Be responsible and be safe.



## ATTENTION BNowers!

Don't miss out on the action!

BNow is transitioning to Facebook...

### August 26, 2012

- Connect with community members
- Get transformation information
- Discuss local issues
- Search for events
- Share photos and more!



Like us and join the discussion!



[www.facebook.com/bnow](http://www.facebook.com/bnow)



[www.facebook.com/BNow](http://www.facebook.com/BNow)  
<http://myBNow.ning.com>

## DISCUSSION BOARD

### Find out what your garrison commanders and members of your community are saying in the BNow virtual community

"Get the latest on what's happening with Department of Defense Dependents Schools Europe, from the director and her senior subject matter experts live on AFN radio 10 a.m.-noon Aug. 22.

DoDDs Europe Director Dr. Nancy Bresell and other experts will answer questions on transformation, student athletics, new math requirements, innovative education techniques and whatever other

questions listeners come up with.

AFN will air the show live on AFN The Eagle and Power Network Radio, as well as streaming on AFN-360 Internet Radio. Listeners may call in their question to DSN 389-4595, civ. 0621-46085-595 or e-mail [openline@afn.dma.mil](mailto:openline@afn.dma.mil).

– BNow Administrator

"PHV Elementary School will roll out newly-designated Drop Zones for parents to safely drop off their children. Laminated signs placed on portable barriers will alert the community members of the Kiss and Drop zone at San Juan Hill and South Gettysburg and Little Big Horn and South Lexington. Community members are asked to take extra care when driving near the designated area and the school."

– BNow Administrator



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday. Only spots results from the weekend will be accepted until noon on Monday.

# Fence removal symbolic of joint unity

By Rick Scavetta

U.S. ARMY GARRISON KAISERSLAUTERN PUBLIC AFFAIRS

KAISERSLAUTERN – In the woods behind Kapaun Air Station, Airman 1st Class Michael Callaghan snipped barb wire from fencing as Airman 1st Class Nicholas Diibon dug out fence posts.

Nearby, on Vogelweh's main street, fellow 786th Civil Engineer Squadron Airmen tore through concrete on a Cold War-era guard shack. Their goal: open the area for pedestrians and vehicles to move freely between the two Air Force bases and Pulaski Barracks, said Tech Sgt. Leonard Collins, who oversaw the project.

"It's about two miles' worth of fences and three guard shacks that needed to be removed," said Collins, 28, from Riverside, Calif. "It's a pretty big project."

Eight Airmen worked for more than a month to complete the removal, collecting 100 tons of debris from the guard shacks, Collins said. Roughly 150 fence posts were recycled.

Passing by, Lt. Col. Lars Zetterstrom watched the crews removing the barriers and thought the Army should do likewise.

"This effort is indicative of the overall relationship we have here in the Kaiserslautern Military Community," said Zetterstrom, commander of U.S. Army



Rick Scavetta  
Airman 1st Class Michael Callaghan helps fellow 786th Civil Engineer Squadron Airmen remove fences from Kapaun Air Station, part of an effort to open up the area between Army and Air Force bases in Kaiserslautern.

Garrison Kaiserslautern, who ordered the garrison's public works directorate to remove 885 feet of fencing from Pulaski Barracks, near the traffic circle linking the Army post to Vogelweh and Kapaun.

Blurring physical lines is more than just aesthetics; it's symbolic of the Army and Air Force together-

ness, Zetterstrom said.

"Tearing down fences between two Air Force bases and an Army installation represents what's happening in our community," Zetterstrom said.

"The Army and the Air Force are really starting to cooperate together, to find better ways to provide for our joint service members and their families."

In the past, both services built fences to deter external threats. But those physical barriers eventually had an impact on Army and Air Force cooperation, Zetterstrom said.

In fact, the demarcation had more to do with the KMC's past than the current joint community, where Army and Air Force live side by side and use the same on-post services, he said.

With the barriers now removed, heavy trucks making deliveries now move more easily through roadways. Airmen on Kapaun have a direct path to the commissary, bowling alley and eateries. Service members can also use the area for short hikes.

"These three installations are now integrated into a joint community that should appear seamless to the public," Zetterstrom said.

"It really makes the whole area look more visually appealing."

To hear more about the history of Pulaski, Kapaun and Vogelweh, visit <http://soundcloud.com/army-kaiserslautern>.

# Top cops prep for Kiss and Drop program



Dijon Rolle

Maj. Tulip Frazier and Maj. Joseph Hissim examine the signage on orange traffic barriers near Patrick Henry Elementary School in Heidelberg Aug. 15. The barriers will be used to set up the Kiss and Drop Zone beginning Monday. A Military Policeman and a PHV staff member will monitor the zone as parents drop off and pick up their children each school day.

By Dijon Rolle

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

With only a few days remaining, Maj. Tulip C. Frazier and Maj. Joseph E. Hissim, both from U.S. Army Garrison Baden-Württemberg's Provost Marshal's Office, check and re-check the final few details needed for the launch of the garrison's Kiss and Drop program at Patrick Henry Village Elementary School in Heidelberg Monday, the first day of school.

On Aug. 15, the pair checked the

signage on a set of orange barriers Military Police will use to direct traffic near the school during the key pick-up and drop-off hours of 7:15-8:15 a.m. and 2:15-3:15 p.m. each school day.

Nearby, new blue and white Kiss and Drop signs were posted in the housing areas by the school to inform residents of the change in the flow of traffic (before and after school).

According to Frazier, Military Police and safety officials have already conducted a series of rehearsals to ensure everything goes as planned next week.

Information flyers and maps were also sent to PHV residents informing them of the change in traffic flow due to the Kiss and Drop program.

In March, Frazier – along with the garrison commander, command sergeant major, school officials and several members of the garrison staff – began talks to create a program designed to increase the safety of students by reducing traffic and congestion near the school during peak drop-off and pick-up hours.

The result was the creation of the Kiss and Drop program, where parents can drop their children off safely inside a specially-designated zone close to the school without impeding traffic or parking illegally in residential spaces.

The Kiss and Drop zone will be located at the intersection of South Gettysburg and Little Big Horn on PHV near the school.

Military Police and a staff member from Patrick Henry Village Elementary School will monitor the intersection as parents drive up to drop-off their children.

Parents then make a left turn onto Little Big Horn and head out toward the South Lexington intersection, where they can turn either left or right.

Frazier added that working collectively to create and carry out the program's concept was a bonus for everyone involved.

"Safety was the overall concern," she said. "But through this process, we've

also been able to build a relationship with the elementary school. The only relationship I had with the elementary school as the Provost Marshal was the DARE program and having the fire inspectors going in the school conducting training with the kids, but we didn't have a bond between the Military Police station and the elementary school staff. So I think the Kiss and Drop will be a benefit we're all going to reap from," Frazier said.

Despite the obvious safety benefits to the community and its members, Frazier is aware the program may still have some critics.

"We're trying to satisfy everyone by keeping nonresidents out of the residential parking spaces and keep traffic flowing, but of course we understand that we are not going to satisfy everyone."

"There are going to be residents that may be a little upset because we're changing the traffic flow, and some parents may not like the exact location of the Kiss and Drop. But again, our number one concern is the safety of the children," Frazier said.

Even with the new program in place, she urged drivers, pedestrians and parents to remain vigilant by obeying the speed limit, continuing to watch for children crossing the street outside of designated areas, following directions from Military Police who will be on site and allowing for extra time to reach destinations during peak school

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## transformation UPDATE

### Updates to Transformation Page

The weekly Herald Post Transformation Page is updated as we receive the latest information. To ensure its accuracy, all community members and organizations are encouraged to e-mail any transformation updates to [usaghdpost@eur.army.mil](mailto:usaghdpost@eur.army.mil) or [usarmy.badenwur.usag.mbx.pao@mail.mil](mailto:usarmy.badenwur.usag.mbx.pao@mail.mil) for publication in the Herald Post.

### BWNow Social Media Site Transitions

U.S. Army Garrison Baden-Württemberg will take yet another step in its transformation, when we transition from BWnow as our primary social media site to exclusively using our BWnow Facebook page. The BWnow social media site will be discontinued due to personnel and budget constraints by **Aug. 26**. BWnow was developed in 2009 prior to the rise in popularity of Facebook. The site has more than 2,000 members who have come to trust BWnow as an up-to-date, quick and reliable means of information regarding anything important going on in the Garrison. The garrison Public Affairs Office ensures that all current, useful quality information found on BWnow, will also be available on the garrison's Facebook page at <http://www.facebook.com/bwnow>.

### Frequently Asked Questions

**Have a transformation-related question you'd like answered?**

E-mail [usarmy.badenwur.usag.mbx.post-newspaper@mail.mil](mailto:usarmy.badenwur.usag.mbx.post-newspaper@mail.mil). We'll find the answer for you and share it in the Herald Post and on the Garrison's transformation Web page at [www.bw.eur.army.mil/news/personnel.htm](http://www.bw.eur.army.mil/news/personnel.htm).

**NEW – Now that the Heidelberg Medical Activity has deactivated, what will my family and I do for health care? Will the health center be closing sooner now?**

The deactivation will not affect future health care services or appointment availability for beneficiaries. The clinic has transitioned under Landstuhl Regional Medical Center for command and control functions previously provided by HMEDDAC. The clinic is projected to close in **June 2013**. Community members are also encouraged to become familiar with host nation health care resources by reviewing the "Guide to using host nation health care." A copy of the guide is available at the Heidelberg Health Center website (**new URL**): <http://ermc.amedd.army.mil/heidelberg/HNGuide>.

### Facilities Operations Changes Mannheim

**ACS** – The Army Community Service office located in Bldg. 246 on Sullivan Barracks is closed.

**UPDATED – Base Operations** – The Mannheim Base Operations office has relocated from Bldg. 246 on Sullivan Barracks to Bldg. 1408 on Coleman Barracks, Room 101. For assistance, residents should call Gilbert Buster at DSN 382-4724, civ. 0162-272-8632.

**BFV South Closure** – Public access to Benjamin Franklin Village South is no longer available. The area and the access gate have been sealed off and the **Exchange main store, gas station, food court and concessionaires are closed**. Any items left on the installation have been impounded by the Military Police. Access to the area may only be arranged through the Provost Marshal Office at DSN 388-2222/2223, civ. 06221-678-2222/2223.

**Bowling Center** – The bowling center on Sullivan Barracks is closed.

**Burger King** – The Burger King on Sullivan Barracks is closed.

**Child Development Center** – The Child Development Center on Sullivan Barracks is closed.

**Chapel** – The chapel on Benjamin Franklin Village is closed. All on-post religious services were transferred to the Heidelberg community.

**UPDATED – Coleman Clinics** – The Coleman Troop Medical Clinic has ended full patient care, dental and pharmacy services. Dental services for the Mannheim-Coleman Soldier population are available at the Patrick Henry Village Dental Clinic in Heidelberg. Sick Call hours at Coleman Barracks will change from 8-9:30 a.m. starting **Sept. 10** based on usage and availability of medical staff. The new hours will be **9-10 a.m. Monday-Friday**. DSN 371-3130, civ. 06221-17-3130.

**Commissary** – Deli and bakery services are no longer offered at the commissary. Sandwiches and hot rotisserie chicken are still available in the grab 'n go section, and customers can special order select items. Hours are 11 a.m.-7 p.m. Wednesday-Sunday. The commissary is scheduled to close by **Sept. 1**. DSN 385-3940, civ. 0621-728-3611.

**UPDATED – Community Bank** – The Community Bank on Sullivan Barracks will permanently close noon Aug. 31. DSN 385-2615, civ. 0621-725-147.

**Community Center** – The Mannheim community center in Bldg. 2011 in Grant Circle is closed.

**Customs** – The customs office on Sullivan Barracks is now closed.

**Facility Closures** – The Commissary, Community Bank, Service Credit Union, the Top Hat Club, Woods Field, Coleman Clinics and the Fitness Center are scheduled to close no later than **Sept. 1**.

**Hazardous Waste Disposal Center** – The Household Hazardous Waste Disposal Center has moved to Sullivan Barracks, Bldg. 249A (previously the Funari Sort Center). The center is open to military ID card holders 10 a.m.-noon Monday, Wednesday. No bulky items like furniture, electronics, trash or recyclables will be accepted; these may be turned in 8 a.m.-4 p.m. Monday-Saturday to the Patrick Henry Village Recycle Center in Bldg. 4485. DSN 373-5396, civ. 06221-17-5396.

**Military Police Station** – The Military Police station is scheduled to close **Sept. 7**.

**Postal Office Hours Change** – Mannheim postal facilities have new operating hours. The finance window at Postal Service Center 418 on Coleman Barracks is now open 10 a.m.-5 p.m. Monday, Wednesday and Friday. The community mail room is open 11 a.m.-6 p.m. Monday, Wednesday and Friday and closed Tuesdays and Thursdays. At Postal Service Center 437, finance is open 10 a.m.-5 p.m. Tuesday and Thursday and 10 a.m.-4 p.m. Saturday. The community mail room is open 11 a.m.-6 p.m. Tuesday and Thursday, 10 a.m.-4 p.m. Saturday and closed Mondays, Wednesdays and Fridays.

**Self-Help Store** – The Mannheim Self-Help Store is closed.

**Shuttle Bus** – The community shuttle bus no longer stops at the Benjamin Franklin Village guest house, but a stop was added on Funari Barracks. The schedule is available from shuttle bus drivers or at the Central Processing Facility in Heidelberg or by calling DSN 373-8350, civ. 06221-17-8350.

**Sullivan Fitness Center** – The Sullivan Fitness Center is scheduled to close by **Sept. 1**.

**UPDATED – Sullivan Express Shoppette** – The Sullivan Express Shoppette will remain open until **Sept. 1**.

**Tax Relief Office** – The Tax Relief Office on Sullivan Barracks is closed. Please contact the Heidelberg office located in Bldg. 4507 on Patrick Henry Village for assistance. DSN 388-9586, civ. 06221-338-9586.

**WIC Office** – The Women, Infants and Children Overseas office further reduced office hours due to transformation and reduced base population. The Mannheim office is open 9 a.m.-2 p.m. Tuesdays and 7:30 a.m.-4 p.m. Thursdays.

### Heidelberg

**Airport Shuttle Buses** – The free shuttle service for service members, Department of Defense civilians and their families departing Germany from Ramstein Air Base on the Patriot Express departs Heidelberg once a week from the Patrick Henry Village Guest House. For details on the shuttle schedule, call U.S. Army Garrison Baden-Württemberg Central Processing Facility, Room 180, Bldg. 3850, at the Heidelberg Shopping Center. DSN 370-7343/6711, civ. 06221-57-8399, [usarmy.badenwur.usag.mbx.cpf@mail.mil](mailto:usarmy.badenwur.usag.mbx.cpf@mail.mil).

**Audiology** – Audiology services at the Heidelberg Health Center have been reduced due to limited staff. Medical technicians will still be able to provide screening and hearing conservation services. All other audiology services will be referred to host nation providers or Landstuhl Regional Medical Center.

**Chapels** – All chapel services have transferred to Patrick Henry Village and Nachrichten Kaserne. For more information on new service times and locations, call DSN 373-6190, civ. 06221-17-6190.

**NEW – Community Mail Room** – Community Mail Room 419 (Patton Barracks), CMR 420 (Campbell Barracks) and CMR 432 (Tompkins Barracks) and Postal Service Center 437 (Sullivan Barracks) will relocate to the consolidated Heidelberg Postal Service Center in Bldg. 4503 on Patrick Henry Village effective **Oct. 15**. CMRs 419 and 420 will cease postal operations at their current locations **Oct. 12**. CMR 432 and PSC 437 will cease operations at their current locations **Sept. 15**, with optional general delivery mail services available at CMR 419 until **Oct. 12**. Customers can choose to have mail forwarded to the new postal center on PHV, receive mail at Coleman Barracks (PSC 418) or begin forwarding their mail to the gaining location. Email questions to [usarmy.badenwur.usag.mbx.cmr419@mail.mil](mailto:usarmy.badenwur.usag.mbx.cmr419@mail.mil), or contact your local postal customer service representative.

**UPDATED – Dental Clinic** – Sick call and exam hours for the Patrick Henry Village Dental Clinic have changed to 7:30-10:30 a.m. Monday-Friday. All dental care and records from Nachrichten Kaserne Dental Clinic, except oral surgery and periodontal dental services, were transferred to the PHV dental clinic. DSN 388-9500, civ. 06221-338-9500.

**Health Center Shoppette** – The Exchange Shoppette located on Nachrichten Kaserne is closed.

**Optometry Clinic** – The Heidelberg Health Center's optometry department has reduced care to provide services only for active duty military and their family members who are enrolled in TRICARE Prime. As a result, the optometry clinic will no longer provide care for dependents or Department of the Army and Department of Defense civilian employees and contractors. Optometry services for these beneficiaries can be obtained via host nation providers.

**Pharmacy Hours** – The Heidelberg Health Center Pharmacy has changed its operating hours. The pharmacy is open 8 a.m.-5 p.m. Monday-Friday and closed weekends and federal holidays.

**Teen Clinic** – The Teen Clinic at Heidelberg High School is closed. Teens can be seen at the Heidelberg Health Center. DSN 371-2622, civ. 0800-376-22273.

**UPDATED – Thrift Shop** – The Thrift Shop on Patrick Henry Village has relocated to Bldg. 4455 (directly across the street from the PHV Recycling Center and Outdoor Recreation Center). **The shop is also now open 10:30 a.m.-2:30 p.m. every Saturday.**

**UPDATED – Tompkins Gym** – The Fitness Center on Tompkins Barracks in Schwetzingen will close **Sept. 1**. Hours are 5:30 a.m.-8 p.m. Monday-Friday, closed Saturdays, Sundays and U.S. holidays and is also open 10 a.m.-4 p.m. training holidays.

## Faces of the community: CYSS Teen Center



Samantha Smith

Marisa Gearhart, Heidelberg Child, Youth and School Services Teen Center supervisor lead, helps middle-schooler James Dempsey sign into the computer. The Teen Center, located next to the middle school on Patrick Henry Village in Heidelberg, now serves middle and high school students. The Center is open 3-6 p.m. Monday-Friday and 1-6 p.m. on days school is not in session. DSN 388-9003, civ: 06221-338-9003.



## 'Safe people, safe places' key message for child safety

*Teaching children to avoid 'strangers' no longer considered effective*

By Michele Barber

ARMY COMMUNITY SERVICE FAMILY ADVOCACY PROGRAM MANAGER

Child abduction is every parent's nightmare, and with recent incidents in the Kaiserslautern Military Community, many are talking about "stranger danger" and what the U.S. Army Garrison Baden-Württemberg community is doing to protect children.

While there are many safeguards in place, parents are the first line of defense in keeping children safe. Here are some tips for parents:

1. Teach your children to use the telephone and to dial the local emergency numbers (DSN 114, civ. 06221-57-114). If you have speed dialing, pre-program and test the number.

2. Teach your children not to go anywhere alone, but to go with a friend or sibling instead. Also, teach them not to take shortcuts through the woods, empty lots or back streets, but to follow the safe path that you have established with them.

3. Talk to your children about "safe people, safe places" and how they can stay safe when you are not around. Most often, children are abducted or molested by people they know. They need to know how to protect themselves, both with strangers and with people they know and trust. It's important to let them know about "safe places" where they can go for help, perhaps the Military Police station, the Village Pavilion Community Center in Heidelberg or the school. They also need to know who the "safe people" in the community are, those who can provide help, like their teacher, a neighbor or a close friend.

4. Create a family rule that prohibits making changes to plans or getting into anyone's car unless

you have approved it. There is no need to specify a stranger or a stranger's car. Children often don't think of friendly and nice-looking people as strangers, and teaching children to avoid "strangers" is no longer considered effective.

5. Create a "no secrets" rule in your family. Children are generally helpful, seek adult approval and are responsive to adult directives. Often they can be tricked by adults seeking to abuse them. Help your children feel comfortable in telling you anything, so if something does happen, they will tell you.

6. Teach children to kick and fight, and yell out, "No. Go away. I don't know you" if they feel threatened by someone they don't know. This will alert others to the situation. Have them practice shouting this phrase; it will help them remember it and find their voice in the critical moment.

The most important step to protecting children is following the U.S. Army Europe Child Supervision Guidance summarized at right. The guidance was written considering the developmental needs of children and provides the minimum appropriate supervision that is required for children from birth through 12th grade.

Parents who provide supervision based on their maturity level are protecting their children's safety and well-being. The military police enforce this guidance, which is briefed at in-processing. Violations can result in a citation and a report of child neglect to the Family Advocacy Program.

Children need to be taught safety skills and empowerment to keep themselves safe with positive messages that build their self confidence. Allow your children to attend the "Child Safety" classes that will be taught at the elementary schools this fall, and follow up with them at home using the parent's guide and student's workbook that they bring home. These educational materials will also be available at the C.A.R.E. Fair Saturday at the Village Pavilion Community Center on Patrick Henry Village.

Children don't need to be taught that the world is a dangerous place; most people they will encounter

are basically good. Most importantly, children need to know their parents and other trusted adults are there for them if they are in trouble, and they should be encouraged to seek help from "safe people, safe places."

For additional information or training on child safety for your unit or group, call Army Community Service at civ. 06221-57-6883.

### Child Supervision Guidelines

**Newborn through age 4** – May not be left alone at home, in cars or outside, even when playing.

**Kindergarten through Grade 5** – May not be left home alone and may not baby-sit, even siblings. They may be left outside unattended in yards or playgrounds if they are within sight or hearing distance and have immediate access to adult supervision. Kindergartners may not walk alone to or from school or other activities. Those in grades 1 through 5 may walk to and from school and other Department of Defense-sanctioned activities alone. Parents must consider the distance to be walked, school building opening times, hours of darkness and the child's maturity. Kindergarten through grade 3 may not be left unattended in cars. Fourth and fifth-graders may be left unattended in cars for up to 10 minutes if the keys have been removed and the handbrake is applied.

**Grades 6 and 7** – May be left at home alone for up to 6 hours in a 24-hour period with ready access to adult supervision, but not overnight. They may be left outside unattended for up to 6 hours and may be left unattended in cars. Baby-sitting restrictions: Sixth graders may baby-sit siblings (but not others) up to 3 hours. Seventh-graders may baby-sit siblings or others up to 6 hours. Neither group may baby-sit overnight and may only baby-sit with ready access to adult supervision.

**Grades 8-10** – May be left at home alone but not overnight, and may be left unattended outside or in cars. Baby-sitting restrictions: They may baby-sit (with ready access to adult supervision) siblings or others up to 12 hours, but not overnight.

**Grades 11 and 12** – May be left at home alone and may be left unattended outside or in cars. They may be left alone overnight up to 48 hours, but an adult neighbor or adult friend must check in on them at least every 12 hours. Minors must have telephone access to a neighbor in case of an emergency and must know where at least one parent is.



Sgt. Michelle Brown

A Mongolian Armed Forces soldier lands during a parachute demonstration as part of the opening ceremony of Khaan Quest 2012 at the Mongolian Armed Forces Peace Support Center near Ulaanbaatar, Mongolia, Aug. 12. Khaan Quest is an annual multinational operational exercise co-sponsored by the Mongolian armed forces and U.S. Pacific Command that is executed by U.S. Army Pacific with support from the U.S. State Department.



Staff Sgt. Shejal Pulivarti

Maj. Gen. Rob Baker, center, the Combined Joint Task Force-Horn of Africa commander, receives a walking tour from Kenya Defense Forces leadership highlighting the enhancements phase four provided the Amani Peace Operations Training Village before its inauguration ceremony held at the International Peace Support Training Centre Nairobi, Kenya, Aug. 8.

## our ARMY around the world

For more Army news,  
visit [www.army.mil](http://www.army.mil)

Staff Sgt. John Nunn, with the Army World Class Athlete Program, participates in the 50k race and walk competition during the 2012 Summer Olympics in London, Aug. 11. Nunn came in 43rd with a time of 4:03:28.



Gary Sheftick



Pfc. Jordan Fuller

Spc. Isaac McFarland, with the Falcons Observer Controller team, Joint Multinational Readiness Center, looks out of a UH-60 Black Hawk helicopter during a mission rehearsal exercise at the Joint Multinational Readiness Center in Hohenfels Aug. 8. The exercise was designed to prepare units for deployment to Afghanistan.



Staff Sgt. Teddy Wade

Gen. Ann E. Dunwoody and Col. James C. Markert inspect troops during Dunwoody's retirement ceremony at Joint Base Myer-Henderson Hall, Va., Aug. 15. Dunwoody retired after 38 years of service and was the first woman in the U.S. military to achieve the rank of four-star general.

## GERMAN NEWS

### Walker Unearths Spy Tunnel

Werner Sobolewski's afternoon stroll in the northern countryside a few weeks ago was interrupted when he came across a wide section of corrugated metal pipe poking out of the ground. The curve of steel stirred a distant memory for the 62-year-old, who had worked at an East German army base in the Mecklenburg-Western-Pomerania area. He remembered recruits running through the tunnel during training, but had a feeling there was more to it than that. He was right; the two-meter diameter tube had once been part of a tunnel built by western intelligence agencies from their part of Berlin to directly under the East Berlin telephone exchange used by the Soviets. Dubbed "Operation Gold" by the 300 American and British agents operating it, the 450-meter-long tunnel was stuffed with tapping equipment and was said to have enabled spies to listen to 440,000 phone calls in the year they used it. Until now, historians believed most of the tunnel dug up from under the eastern side of the city had been lost, as there was a chance the top-notch steel was melted down or reused.

### Far-Right Activists Stage Protest

Hundreds of police were braced for clashes Saturday when around 50 members of the Pro Deutschland group displayed the provocative cartoon alongside banners reading "Stop Islamization." A police spokesman said around 100 far-left and anti-Nazi activists staged a counter-protest nearby, with fears the two sides could descend into violence. Several years ago, an infamous Danish cartoon of the Prophet Mohammed prompted a violent reaction around the world, as his depiction is prohibited under Islamic law. Nevertheless, Berlin's administrative court granted Pro Deutschland the right to march following an appeal by three mosque congregations "to prevent the citizens' movement Pro Deutschland from showing so-called Mohammed caricatures in front of their premises." The court said the cartoons were protected as "artistic freedom" and could not legally be considered as abuse of a religious group. "Simply showing the Mohammed cartoons does not qualify as a call to hatred or violence against a specific segment of the population," it ruled.

SOURCE: [www.thelocal.de](http://www.thelocal.de)



Vicki Johnson is a military spouse and clinical social worker with more than 13 years experience working with families in crisis. Contact Ms. Vicki by e-mail: [dearmsvicki@yahoo.com](mailto:dearmsvicki@yahoo.com), follow her on Twitter @[dearmsvicki](https://twitter.com/dearmsvicki), or visit [www.dearmsvicki.com](http://www.dearmsvicki.com).

**Dear Ms. Vicki,**

*My husband cheated, and he blames me. He said I'm not attentive, I'm not sexy, I'm too involved with the children and I don't want to romance him. I guess he is saying these women provide his every need?*

*Then why is he staying married to me? If the other women are making him so happy, then why doesn't he stay with them permanently? Instead he comes home and tries to crawl in bed with me.*

*He is making me sick, and I don't think I can forgive this. My mother said, "He's a man." What does that mean? Does it mean that men don't know how to respect their wives?*

*I didn't ask for this. Yes, I'm tired because I work, take care of the children and take care of the house, and he doesn't do anything to help.*

*Maybe if he got off the video games, stopped watching TV and*

*helped me around the house, I wouldn't be so tired and maybe I would feel sexy and romantic. He doesn't compliment me and make me feel pretty. Everything is a complaint. I've gained too much weight; I look old; blah, blah, blah.*

*Am I supposed to be responsible for everything, even his cheating? I'm Heartbroken*

**Dear Heartbroken,**

It's not your fault your husband is cheating. However, from your report it appears your marriage has some issues that could definitely cause marital problems. I'm not saying your husband should cheat, but I think there is a disconnection between the two of you.

In counseling sessions with couples who have experienced infidelity, the one who cheated always reports an emotional disconnection from their partner. In their mind, it's a reason to seek that affection from someone else.

Listen, I'm not blaming you; I'm just saying perhaps you and your husband could benefit from marriage counseling and gain insight into your behaviors.

I have seen marriages survive infidelity, but your husband can't blame you. He has to accept responsibility for his behavior and stop being condescending and making degrading remarks. He should also help with the children and the housework. It's only fair.

Check for marriage counseling options on base or contact Military OneSource or Tricare. They will connect you to a therapist in your local community. Hang in there.

**Dear Ms. Vicki,**

*My husband cannot seem to get his bearings since he redeployed from Afghanistan. He was wounded*

*by an improvised explosive device, and he lost one of his legs and has some injuries to both arms and scarring all over his body. He feels like he is used goods, yesterday's leftovers.*

*I totally understand how he feels. He was quickly isolated from his unit like he had a disease, and his battle buddies quickly forgot about him. He's had numerous surgeries trying to restore his skin and the function in his hands and arms.*

*Trying to get the right prosthetic for his leg was a nightmare. It's like no one cares anymore. My husband has been tossed aside because he is not useful to his country any longer. But when he was capable of serving 24/7, he was important.*

*Ms. Vicki, I know you get a lot of letters. Surely we are not the only couple who feels this way. I want to help my husband, but I feel lost, too.*

*From: Soldier and wife both dumped by their country*

**Dear Wife,**

I know this is a very difficult time for you and your husband. No one is to blame, and your feelings are normal. You have been stressed, overwhelmed and you are grieving many losses: your husband's previous level of functionality, his military career and the zest for life that you both previously had before his injuries.

It sounds like your husband is being taken care of medically, but it's important you both reach out for support from family, friends and spiritually. I also recommend therapy. I know it's hard, but your husband defines himself based on his injuries and you are doing the same. He is still a great man.

Visit [www.dcoe.health.mil](http://www.dcoe.health.mil) and [www.woundedwarriorproject.org](http://www.woundedwarriorproject.org) or call Tricare, U.S. civ. 877-874-2273 for resources to help you.

## Exchange school meals to meet new nutrition standards

### Army and Air Force Exchange Service

MAINZ KASTEL – Students will find new healthy school cafeteria choices on bases in Germany, the United Kingdom, Italy, Belgium, the Netherlands and Turkey that will be provided by the Army and Air Force Exchange Service.

"The Exchange will be serving healthy meals for [Department of Defense Dependents Schools] that meet new federal nutrition standards, ensuring that the meals are well-balanced and provide students all the nutrition they need to succeed at school," said Al Tagab, Senior Restaurant Program Specialist for the Exchange's Europe Region.

School meals offer students milk, fruit, vegetables, meat, a meat alternative and grains, and they must meet strict limits for calories and saturated fat.

"We're always working to offer students in the Europe Region healthier, tastier choices, and Capt. Kate Schrumm, Registered Dietician, Exchange HQ in Dallas, provides us direct guidance and expertise to ensure menus offered meet all United States

Department of Agriculture nutrition standards," Tagab said.

"In addition to meeting new nutrition standards, we're spicing up our school lunch menu with items that have been specifically chosen for their mass appeal and that we can make with less sodium and reduced fat.

"We'll also unveil a new program logo, signage, menu board and uniforms," Tagab added.

A few new selections students will see this fall include black bean quesadillas, chicken parmesan, turkey hot dogs and frozen fruit juice swirl cups, Tagab said.

Some whole grain choices added this year are whole wheat tortillas (also in tomato and spinach flavors), whole grain pirogues and whole grain chicken egg rolls, along with many other selections.

Starting this fall, school lunches will meet additional standards requiring:

- Age-appropriate calorie range
- Larger servings of vegetables and fruit (students must take at least one serving of fruit or vegetables)
- A wider variety of vegetables, including le-

gumes, dark green, red or orange varieties

- Fat-free or one-percent milk (flavored milk must be fat-free)

- More whole grains

- Less sodium

Other changes for the school lunch program in the fall include a new application that allows parents to track their child's school lunch balance.

The Meal Pay Plus site where parents paid for their children's school lunch has been changed to My Meal Payment Plus and can now be found at [www.mypaymentsplus.com](http://www.mypaymentsplus.com). The old Meal Pay Plus site address automatically defaults to the new address.

As an option to paying their children's balance online, parents can also go to any Exchange customer service department at their main Exchange store to add funds or make changes to their child's lunch account.

To find out more about the school meals served by the Exchange, log onto [www.shopmyexchange.com](http://www.shopmyexchange.com), go to Community Info at the bottom of the page and click on the school lunch program.

# GET OUT!

## area events

More events online at <http://myBWnow.ning.com>

### August 23

**Wine Festival** – The 80th annual Mainz Wine Festival takes place in the Mainz municipal park and rose garden. Enjoy a variety of wines and other surprises. [www.mainz.de](http://www.mainz.de).

**Nuremberg Herbstvolksfest** – Come out and enjoy a fun day at the Nuremberger Herbstvolksfest. Sample a wide range of delicious fest foods, cold beverages and shop market booths, play games, enjoy carnival rides and more. Wednesdays are special family discount days. [www.volksfest-nuernberg.de](http://www.volksfest-nuernberg.de).

**Bierbörse** – Bierbörse is a chain of annual beer festivals held in 11 cities across Germany. Sample up to 1,000 different types of beer from 75 countries. Bierbörse 2012 can be found in Bonn, Dorsten, Düsseldorf-Benrath, Frankfurt, Hückeswagen, Karlsruhe, Köln, Leipzig, Leverkusen-Opladen, Mainz, Schwerin and Viersen-Dulken. Free entry. Fest runs through Sept. 2. [www.bierboerse.com](http://www.bierboerse.com).

**Art Exhibit** – Artist Franz Erhard Walther hosts an exhibition of his paintings at the Museum Pfalzgalerie in Kaiserslautern through Aug. 26. Museum is open 11 a.m.-8 p.m. Tuesdays, 10 a.m.-5 p.m. Wednesdays-Sundays and is closed Mondays. [www.mpk.de](http://www.mpk.de).

### August 24

**Summer in the City** – Mainz features its annual Summer in the City concert series with performances by Chris De Burgh 8 p.m. Aug. 24 at the Kurfürstliches Schloss, Joan Armatrading 8 p.m. Aug. 30 at the Kurfürstliches Schloss and Runrig 7 p.m. Sept. 1 at the Zitadelle. Visit [www.kurfuerter-hof-mainz.de](http://www.kurfuerter-hof-mainz.de) for tickets and information on concerts.

### August 25

**Mirabelle Fruit Festival** – Discover the beautiful French city of Metz with its cathedral famous for its stained glass windows, the oldest church in France, remnants of its former protective wall and more. This weekend, Metz celebrates its annual Mirabelle or yellow plums fruit festival. <http://affiliates.usa.org/Kaiserslautern/>.

**Potato Festival** – Eppingen hosts a potato festival at Marktplatz 1 through Aug. 26.

**Balloon Festival** – Mannheim's Luisenpark hosts an International Hot Air Balloon Festival at 4 p.m.

### August 31

**Prague** – Spend Labor Day weekend in the

beautiful city of Prague. After breakfast, enjoy a city tour, free time and an optional traditional Czech dinner (not included). Tour will also visit the Prague Castle, Charles Bridge and the Jewish Quarter. DSN 370-7924, [www.usa.org/rheinmain](http://www.usa.org/rheinmain).

### September 5

**Stammtisch** – The "English Language Stammtisch" will begin its 2012-2013 season 6:30 p.m. Sept. 5 at the Zum Gülden Schaf restaurant in Heidelberg Altstadt, Hauptstraße 115. The topics will be the presidential election and the candidates, the August Republican and Democrat conventions and the Tea Party candidates for U.S. Senate seats. Event is open to the public. Civ. 06221-80-4976.

### September 7

**Folklore Festival** – The city of Karlsruhe hosts the 2012 International Dance and Folklore Festival in the Friedrichsplatz through Sept. 9. Festival starts 6 p.m. Sept. 7 and all day Sept. 8-9. [www.folkloria.de](http://www.folkloria.de).

**Crafts Market** – Take a stroll through Mannheim's Crafts and Farmers' Market at Herzogenriedpark, Max-Joseph-Straße 64 11 a.m. through Sept. 9.

### September 8

**Metzingen Shopping** – Enjoy a shopping trip to Metzingen 8 a.m.-6 p.m. Visit a factory outlet and enjoy discounts from 30-80 percent off at 80 different stores including Adidas, Burberry, Nike, Swarovski, Diesel, Max Mara and more. Reservations: DSN 388-9438, civ. 06221-338-9438.

### September 15

**Weinheim Shopping** – Weinheim hosts Sunday Shopping along the city's Hauptstraße 10 a.m.-4 p.m. Sept. 15 and 11 a.m.-6 p.m. Sept. 16.

**Kinderfest** – Gather up your little ones for a day of fun at Luisenpark in Mannheim during Kinderfest. Gartenschauweg 12. Festival starts 2 p.m.

**Roter Faden Shopping** – Explore the quaint side streets of the old town. The Roter Faden in Heidelberg is comprised of about 60 owner-directed shops, all of which take pride in their individuality, quality and customer service. Enjoy a variety of special samples and discounts from participating stores 11 a.m.-4 p.m. Preregistration is required. Additional shopping dates are scheduled for Oct. 20 and Nov. 17. Limited spaces available. DSN 370-7924, [www.usa.org/rheinmain](http://www.usa.org/rheinmain).

### September 23

**Sunday Shopping** – Enjoy Sunday shopping and a children's festival in Schwetzingen. Downtown shops will open 1-6 p.m. and the kids-for-kids event will kick off with a soccer tournament at 11 a.m. Other activities include a hands-on kids circus, stage performances, guided tours of the Schwetzingen palace gardens, bouncy castle, bicycle course and town rally. The Kleine Planken pedestrian district and the square in front of the palace will turn into a sports and display arena, keeping children busy and allowing parents a chance to shop. Food and drinks will be available. [www.schwetzingen.de/pb/site/Schwetzingen/get/params\\_Datattachment/372145/Programm-Faltblatt.pdf](http://www.schwetzingen.de/pb/site/Schwetzingen/get/params_Datattachment/372145/Programm-Faltblatt.pdf) (German language only).

### September 29

**Fall Fest** – Savor the sights and sounds of the fall season during the Heidelberg Fall Fest downtown 11 a.m.-11 p.m. Enjoy medieval market, arts and crafts, events for kids and live bands.

**Fantasy FilmFest** – Founded in Berlin, but now extending across all of Germany, the Fantasy FilmFest is an annual event with screenings in five other cities from Hamburg to Munich. Festival dates for 2012 include Berlin Aug. 21-29; Hamburg Aug. 22-29; Munich Aug. 29-Sept. 6; Stuttgart Aug. 29-Sept. 5; Frankfurt Sept. 5-12; Cologne Sept. 6-13 and Nuremberg Sept. 6-13. This year, films from Spain, the U.S., Cuba, France and Great Britain will be shown. Visit [www.fantasyfilmfest.com](http://www.fantasyfilmfest.com) for program and tickets. [www.buzzoffbase.com](http://www.buzzoffbase.com).

### Upcoming concerts

**Lady Gaga** – Tickets on sale now at the Vogelweh Community Center (near Kaiserslautern) for Lady Gaga's Monster Ball Tour. The singer will perform at the Lanxess Arena in Cologne 7 p.m. Sept. 4. Ticket price includes transportation to and from show. DSN 489-7626, civ. 0631-536-7626.

### Ongoing

**Jazz Boat** – Enjoy views of major historical Prague monuments during the Jazz Boat's live jazz, swing and blues concert through Sept. 30. See landmarks like the Charles Bridge, Prague Castle and the National Theater. A gourmet restaurant onboard serves a wide range of meals, as well as beer, spirits and wine. The boat is air-conditioned in the summer to ensure a comfortable voyage. [www.buzzoffbase.com](http://www.buzzoffbase.com).

## coming to THEATERS

### THE CAMPAIGN

(Will Ferrell, Zach Galifianakis) When long-term congressman Cam Brady commits a major public gaffe before an upcoming election, a pair of ultra-wealthy CEOs plot to put up a rival candidate and gain influence over their North Carolina district. Their man: naive Marty Huggins, director of the local tourism center. At first, Marty appears to be the unlikely possible choice, but, with the help of his new benefactors' support, a cutthroat campaign manager and his family's political connections, he soon becomes a contender who gives the charismatic Cam plenty to worry about. (Rated R for crude sexual content, language and brief nudity) 118 minutes.



### PLAYING THIS WEEK

#### Heidelberg, Patrick Henry Village

Aug. 23 - THE BOURNE LEGACY (PG-13) 7 p.m.  
 Aug. 24 - THE ODD LIFE OF TIMOTHY GREEN (PG) 7 p.m.; THE EXPENDABLES 2 (R) 9:30 p.m.  
 Aug. 25 - THE ODD LIFE OF TIMOTHY GREEN (PG) 4 p.m.; PARANORMAN (PG) 7 p.m.; THE EXPENDABLES 2 (R) 9:30 p.m.  
 Aug. 26 - THE ODD LIFE OF TIMOTHY GREEN (PG) 4 p.m.; THE EXPENDABLES 2 (R) 7 p.m.  
 Aug. 27 - PARANORMAN (PG) 7 p.m.  
 Aug. 28 - THE ODD LIFE OF TIMOTHY GREEN (PG) 7 p.m.  
 Aug. 29 - THE EXPENDABLES 2 (R) 7 p.m.  
 Aug. 30 - PARANORMAN (PG) 7 p.m.

#### Vogelweh, Galaxy

Aug. 24 - THE CAMPAIGN (PG-13) 4 p.m.; THE BOURNE LEGACY (PG-13) 7 p.m.  
 Aug. 25 - SNOW WHITE AND THE HUNTSMAN (PG-13) 4 p.m.; PROMETHEUS (R) 7 p.m.  
 Aug. 26 - MADAGASCAR 3: EUROPE'S MOST WANTED (PG) 4 p.m.; THE DICTATOR (R) 7 p.m.

#### Ramstein, Gateway Cineplex

Aug. 23 - HOPE SPRINGS (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; THE CAMPAIGN (R) 11:30 a.m., 2:30 p.m., 7 p.m.; THE BOURNE LEGACY (PG-13) 11:15 a.m., 2:15 p.m., 7:30 p.m.  
 Aug. 24 - THE ODD LIFE OF TIMOTHY GREEN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m., 10:15 p.m.; PARANORMAN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m., 10:15 p.m.; THE EXPENDABLES 2 (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:30 p.m.; THAT'S MY BOY (R) 9 p.m.;  
 Aug. 25 - THE ODD LIFE OF TIMOTHY GREEN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m., 10:15 p.m.; PARANORMAN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m., 10:15 p.m.; THE EXPENDABLES 2 (R) 11:30 a.m., 2:30 p.m., 5 p.m., 7:30 p.m.; THAT'S MY BOY (R) 9 p.m.  
 Aug. 26 - THE ODD LIFE OF TIMOTHY GREEN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m.; PARANORMAN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 6 p.m., 8:30 p.m.; THE EXPENDABLES 2 (R) 11:30 a.m., 2:30 p.m., 5 p.m., 7:30 p.m.; THAT'S MY BOY (R) 7 p.m.  
 Aug. 27 - THE ODD LIFE OF TIMOTHY GREEN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m.; PARANORMAN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 6 p.m., 8:30 p.m.; THE EXPENDABLES 2 (R) 11:30 a.m., 2:30 p.m., 5 p.m., 7:30 p.m.; ROCK OF AGES (PG-13) 7 p.m.  
 Aug. 28 - THE ODD LIFE OF TIMOTHY GREEN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m.; PARANORMAN (PG) 11 a.m., 1:15 p.m., 3:45 p.m., 6:15 p.m., 8:45 p.m.; THE EXPENDABLES 2 (R) 11:30 a.m., 2:30 p.m., 5 p.m., 7:30 p.m.; ROCK OF AGES (PG-13) 7 p.m.  
 Aug. 29 - THE ODD LIFE OF TIMOTHY GREEN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m.; PARANORMAN (PG) 11 a.m., 1:15 p.m., 3:45 p.m., 6:15 p.m., 8:45 p.m.; THE EXPENDABLES 2 (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 7 p.m.; ROCK OF AGES (PG-13) 7 p.m.  
 Aug. 30 - THE ODD LIFE OF TIMOTHY GREEN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m., PARANORMAN (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m.; THE EXPENDABLES 2 (R) 11:30 a.m., 2:30 p.m., 5 p.m., 7:30 p.m.

#### THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238  
 Galaxy Theater, Vogelweh, 0631-50017  
 Gateway Cineplex, Ramstein, 06371-47-5550

Visit [www.aafes.com](http://www.aafes.com) for updated listings and more movie descriptions

Mannheim Cineplex (P4 13), CinemaxX (M7, 17), Mannheim, civ. 01805-625466, [www.cineplex.de](http://www.cineplex.de)

#### Mannheim, CinemaxX, Cineplex - English Language movies

Aug. 23, 28 - KATY PERRY: PART OF ME (PG) 8 p.m. at CinemaxX  
 Aug. 25, 26 - MAGIC MIKE (R) 2:30 p.m. at CinemaxX  
 Aug. 23-29 - THE DARK KNIGHT RISES (PG-13) 8:30 p.m. (also 10:30 p.m. Aug. 24, 25) at Cineplex



## community HIGHLIGHTS

### Privately-Owned Vehicle Lot

Starting Sept. 5, U.S. Army Garrison Baden-Württemberg will have one central vehicle resale lot (located across from the dental clinic and the Military Police station on Patrick Henry Village in Heidelberg) for privately-owned vehicles. The resale lot will be the only authorized location in USAG BW to park a U.S. Army Europe-plated POV for resale. Vehicles that are parked with "for sale" signs elsewhere in the garrison will be ticketed for policy violation. Patrons are required to register with Family and Morale, Welfare and Recreation in the Village Pavilion Community Center and obtain a permit. For detailed instructions on the POV resale lot, view policy number 68 on [www.bw.eur.army.mil/about/policies.html](http://www.bw.eur.army.mil/about/policies.html). DSN 388-9438, civ. 06221-678-9438.

### Holiday Greetings

The Joint Hometown News Service team will tape greetings in English or Spanish for loved ones stateside that will be broadcast by local TV stations in the U.S. during the upcoming holiday season, 11 a.m.-7 p.m. Sept. 9-10 at the Heidelberg Commissary. Service members should wear duty uniform; if on leave, a uniform top and T-shirt should be worn for the taping. Family members should be accompanied by the sponsor, unless the sponsor is deployed. DSN 373-1400, civ. 06221-17-1400.

### Operation Rising Star Auditions

A Capella screenings for Operation Rising Star will be held 6:30 p.m. Sept. 13 at KMC Onstage, Bldg. 3232 on Kleber Kaserne in Kaiserslautern. Auditions are mandatory in order to compete 7 p.m. Sept. 22. Winners will go to San Antonio to compete for the grand prize. Registration required. DSN 493-6626, civ. 0631-411-6626.

### U.S. Army Officer Candidate School

Completed Officer Candidate School board packets must be submitted no later than Sept. 16 to the Military Personnel Division, Room. 111 in Bldg. 3245 on Kleber Kaserne in Kaiserslautern. U.S. Army Garrison Kaiserslautern will host a structured interview (local board) for OCS 9 a.m. Sept. 21 in the Command Conference Room, Bldg. 2933 on Pulaski Barracks. The Human Resources Command OCS selection board will be conducted Jan. 7-11, 2013. DSN 483-8062/7333, civ. 0631-411-8062/7333, <https://www.hrc.army.mil/site/protect/branches/officer/operations/accessions/OCS/index.htm>.

### Equal Opportunity Training

The U.S. Army Garrison Baden-Württemberg Equal Opportunity Office recommends supervisors attend annual Equal Employment Opportunity classroom training. Next class is 1-2 p.m. Sept. 19 in Bldg. 128 on Patton Barracks in Heidelberg. Employees must have classroom training every other year and the online version, found at [www.bw.eur.army.mil/Directorates/EEO/Training/EEONoFEAR.pdf](http://www.bw.eur.army.mil/Directorates/EEO/Training/EEONoFEAR.pdf), during the alternate year. Submit completion certificate to EEO. DSN 373-5494, civ. 06221-17-5494.

### Retiree Appreciation Day

An Army in Europe Retiree Appreciation Day will be held 8 a.m.-3 p.m. Oct. 13 at the Patrick Henry Village Pavilion in Heidelberg. Guest speakers will be U.S. Army Europe Commander Lt. Gen. Mark P. Hertling and retired Sergeant Major of the Army Kenneth O. Preston, co-chairman of the Army Chief of Staff Retiree Council. The Association of the U.S. Army will also host an ice-breaker starting 6 p.m. Oct. 12 at the Pavilion. DSN 370-8399, civ. 06221-57-8399.

### KAISERSLAUTERN Education

♦ **imAlone Program** – Child, Youth and School Services will offer the free imAlone Program, where youth can learn how to stay safe, handle emergency situations and more, 4-6 p.m. Sept. 11-19 at the School Age Center, Room 9-10 in Bldg. 17 on Sembach Kaserne. Parents who wish to enroll their children are required to attend a workshop 5-6 p.m. Sept. 10 at the SSAC. Parent Central Services: DSN 493-4156, civ. 0631-3406-4516.

### Community

♦ **Pinkalicious The Musical** – KMC Onstage presents Pinkalicious the Musical 7 p.m. Aug. 24 and 25 and 3 p.m. Aug. 26 at KMC Onstage, Bldg. 3232, on Kleber Kaserne. DSN 483-6626, civ. 0631-411-6626.  
♦ **Summer Fun Family Barbecue** – Enjoy old-fashioned fun with games, food and entertainment for the whole family at the Summer Fun Family Barbecue 2-8 p.m. Aug. 25 at Armstrong's Club, Bldg. 1036 on Vogelweh Housing. Price includes barbecue and game tickets. Civ. 0631-354-9986.

♦ **Game-A-Ganza** – The Kaiserslautern Community Activity Center offers "Game-A-Ganza," with 9-Ball and 8-Ball tournaments, chess tournaments, Texas Hold 'Em, poker, spades and board game competitions 2-6 p.m. Aug. 25 and last Saturdays. DSN 483-6500, civ. 0631-411-6500.

♦ **Hairspray Auditions** – KMC Onstage in Bldg. 3232 on Kleber Kaserne will hold open auditions for actors, singers, musicians and technicians for the large-scale musical "Hairspray" 7 p.m. Aug. 28-29. DSN 483-6626, civ. 0631-411-6626

♦ **Save-A-Life Tour Campaign** – The Save-A-Life Tour Campaign will be conducted 8 a.m.-noon and again 1-5 p.m. Aug. 29-31 in Bldg. 237 on Rhine Ordnance Barracks. The event is reserved seating and invitation-only, and will count toward annual Army Substance Abuse Program training. Each certified attendee will receive a certificate for four ASAP training hours. DSN 486-6254, civ. 06371-86-6254, [www.savealifetour.com](http://www.savealifetour.com).

♦ **Karaoke Shootout** – Bring your "right arm," wingman or boss to an organizational-level karaoke shootout 5-9 p.m. Aug. 31 at Armstrong's Club, Bldg. 1036 on Vogelweh Housing. A representative from each unit or organization will select and sing a song, and winners will take home a trophy and gift coupon. The free event also features snacks, door prizes and more. Civ. 0631-354-9986.

♦ **Midnight Bingo** – Kazabra Club in Bldg. 2057 on Vogelweh offers Midnight Bingo 9 p.m.-midnight Sept. 2. Doors open at 7 p.m. DSN 489-7261, civ. 0631-534-7261.

♦ **Cologne Zoo** – Army Outdoor Recreation visits the Cologne Zoo Sept. 3. Registration required.

DSN 493-4117, civ. 0631-3406-4117, [www.mwgermany.com](http://www.mwgermany.com).

♦ **Job Fair** – Family, Morale, Welfare and Recreation will hold a non-appropriated funds job fair for FMWR jobs 10 a.m.-2 p.m. Sept. 5 at Armstrong's Club, Bldg. 1036 on Vogelweh Housing. Applicants should bring resume, valid passport, social security card, transcripts and military or civilian service records, if applicable. Civ. 0631-3406-4009.

♦ **BOSS Meeting** – Better Opportunities for Single Soldiers meets 1:30 p.m. Sept. 6 and first and third Thursdays at Java Café, Bldg. 273 on Rhine Ordnance Barracks. DSN 493-4215, civ. 0631-3406-4215.

♦ **Music Café** – KMC Onstage in Bldg. 3232 on Kleber Kaserne presents the Music Café starting 7 p.m. Sept. 7. The event is an opportunity to relax with fellow music lovers, grab a bite to eat at the Java Café, listen to local musicians or even join in. Registration required to perform. DSN 483-6626, civ. 0631-411-6626.

♦ **Tonger Antiques Market** – Kaiserslautern Army Outdoor Recreation visits the Tongeren Antiques Market in Belgium Sept. 9. DSN 493-4117, civ. 0631-3406-4117.

♦ **Bruno's Pasta Bar** – Bruno's Pasta Bar, located inside Landstuhl Community Club, Bldg. 3780, is now closed Sundays, unless reserved. DSN 486-7244, civ. 01371-86-7244.

♦ **Mystery Shopping Program** – Help make a difference in Army Garrison Community and Family and Morale, Welfare and Recreation programs by performing customer service reviews and being a paid mystery shopper. [www.mwgermany.com](http://www.mwgermany.com).

♦ **Wounded Warriors** – KMC Onstage in Bldg. 3232 on Kleber Kaserne offers free programming to wounded warriors and their guests at the Fisher House. Landstuhl patrons may be able to obtain transportation to and from KMC Onstage. DSN 483-6626, civ. 0631-411-6626.

♦ **Pulaski VAT Office** – The Pulaski Barracks Value Added Tax office's new hours are 8 a.m.-3:30 p.m. Monday-Friday. DSN 493-4035, civ. 0631-346-4035.

♦ **Housing Offices** – The housing offices on Vogelweh and Ramstein have new customer service hours: 8 a.m.-3:30 p.m. Monday-Thursday and 8 a.m.-2:30 p.m. Friday. Housing accepts appointments and express service for walk-in customers. Also, initial housing briefings in Kaiserslautern are 8 a.m. Monday, Thursday in Bldg. 3245 on Kleber Kaserne. DSN 489-6671, civ. 0631-536-6671.

♦ **Landstuhl Car Wash** – The Landstuhl car wash in Bldg. 97370 on Landstuhl Post is open 10 a.m.-3 p.m. Monday-Sunday and is closed federal holidays. DSN 486-5153, civ. 06371-86-5193.

♦ **Sembach Warrior Zone** – The all-new Warrior Zone located in the bowling center in Bldg. 104 on Sembach Kaserne is now open 7 a.m.-8 p.m. Monday-Friday and 11 a.m.-5 p.m. Saturday, Sunday. DSN 496-6342, civ. 06302-67-6342.

### HEIDELBERG

#### Education

♦ **ACS Classes** – Volunteer Management Information System Training, 10-11 a.m. Aug. 29; Family Readiness Group Funds Training, 2:30-4 p.m. Aug. 30; Financial Readiness Briefing (computer-based training; mandatory for first-term Soldiers. Call ACS at DSN 370-6883/6975, civ. 06221-57-6883/6975 for details.) Registration is required. Classes are held at Army Community Service, Bldg. 3850 on the Community Support Center.

♦ **UMUC Military Book Award** – University of Maryland University College Europe offers a military book award for active duty service members and their spouses and dependents. Both new and current students are eligible to apply. UMUC Europe also offers a new student scholarship to help students with book and tuition costs. DSN 370-6762, civ. 06221-3780, [www.ed.umuc.edu/financialaid](http://www.ed.umuc.edu/financialaid).

♦ **UMUC Field Study Program** – Students can explore fascinating locations and come face-to-face with captivating history in Europe while earning university credit with University of Maryland University College Europe's field study program in Cambridge, England, and Dublin, Ireland, Oct. 13-20. Register until Sept. 30. DSN 370-6762, civ. 06221-3780, [www.ed.umuc.edu/fieldstudy](http://www.ed.umuc.edu/fieldstudy).

#### Community

♦ **New Student Orientations** – Heidelberg Middle School will host orientation for families of students in grades 6-8 new to the Heidelberg area 10:30 a.m. Aug. 24 in the school's multipurpose room. DSN 388-9310, civ. 06221-678-9310.

♦ **C.A.R.E. Fair** – The Community Activities Registration and Education Fair will be 10 a.m.-2 p.m. Aug. 25 at the Patrick Henry Village Pavilion Community Center. Several local organizations and agencies will be available to answer questions and provide information to community members. [www.mwgermany.com/special\\_events/CARE\\_fair.html](http://www.mwgermany.com/special_events/CARE_fair.html).

♦ **Country Shindig Party** – Dance to and enjoy the music of country video disc jockey Cadillac Country while snacking on free appetizers, peanuts and more 9 p.m.-close Aug. 25 at Village Grille After Hours (formerly Legends) on Patrick Henry Village. DSN 388-9570, civ. 06221-338-9570, [www.mwgermany.com](http://www.mwgermany.com).

♦ **Roadside Theater Auditions** – Open auditions for [Title of Show],

a musical, are 7 p.m. Aug. 28, 29 at the Roadside Theater, Bldg. 109 on Patton Barracks, with show dates Oct. 12, 13, 19, 20, 21, 26, and 27. Perusal scripts available at the Roadside Theater. No experience required, but a prepared musical number with sheet music is requested. Musicians, technical staff and crew are also needed. DSN 373-5020, civ. 06221-17-5020, [www.roadside-theater.com](http://www.roadside-theater.com).

♦ **Santa Susanna, Spain** – Heidelberg Outdoor Recreation goes to Santa Susanna, Spain, for Labor Day weekend Aug. 30-Sept. 3. DSN 388-9282, civ. 06221-338-9282.

♦ **International Cooking Class** – Learn how to cook international-style barbecue 10:30 a.m.-1 p.m. Aug. 31 at the Patrick Henry Village Commissary. DSN 370-6883, civ. 06221-57-6883, [www.mwgermany.com](http://www.mwgermany.com).

♦ **Latin Flavors** – Tickets are on sale for Latin Flavors, a dining, entertainment, music and art extravaganza 7 p.m. Sept. 15 in the Village Pavilion Community Center Ballroom on Patrick Henry Village. This multi-cultural event for the entire family features Latin dancing followed by a Hispanic dinner. Art exhibition entry forms are available online and in the Arts and Cultural Center. DSN 388-9421, civ. 06221-338-9421.

♦ **Cub Scout Pack 284 Picnic** – Cub Scout Pack 284 will host a welcome back picnic 3 p.m. Sept. 8 at Burger King Park on Patrick Henry Village. New Scouts may register at the picnic and meet their new den leaders. Civ. 06222-318-1502.

♦ **Single Soldier Housing** – The Single Soldier Housing Office in Bldg. 3850 on the Community Support Center will relocate to Bldg. 3980 (Housing Office) effective Sept. 10. DSN 387-3346, civ. 06221-4380-3346.

♦ **Biodegradable Waste** – The sustained high temperatures have prompted the Heidelberg city utilities to remind their customers that through Sept. 28, the bins for biodegradable waste are emptied on a weekly basis. This break from the regular two-week cycle applies during the summer months to prevent irritations and comes at no extra charge. Customers may put out their bins on the regular pick up day at the regular location.

♦ **Legends Closure** – Legends on Patrick Henry Village is closed. The Village Grille will introduce a new program called "after hours," featuring a new dining menu and night club-style entertainment. DSN 388-9570, civ. 06221-338-9570.

### MANNHEIM

#### Community

♦ **Board Game Night** – Play board games 4:30-10 p.m. Mondays at the Warrior Zone on Coleman Barracks. DSN 382-4410, civ. 0621-779-4410.

# Final hunters competition held in Oftersheim

By **Dominic Knoll**  
USAREUR DJV CHAIRMAN

Held annually for more than 25 years, the last American Deutsche Jagdschutz Verband Hunters Competition Shoot took place at the Heidelberg Rod and Gun Club in Oftersheim Aug. 11.

More than 40 participants com-

peted in rifle shooting disciplines including both stationary and moving targets at 100 and 50 meters, as well as shooting trap and skeet targets with a shotgun.

United States Army Europe DJV Chairman and shoot organizer Dominic Knoll noted that many shooters came from far away, including the Black Forest, Rhein-

land Pfalz, Bavaria and Hessen for the annual American Large Gold competition. After the shoot, participants enjoyed a grillfest of steaks, bratwurst and hamburgers cooked to order by grillmeisters Brad Tauch and Mike Sinnema.

At the closing ceremony, Knoll thanked a host of volunteers, both German and American, who assisted in running registrations and ranges, noting that without them, it would be impossible to hold these shoots.

Among the many volunteers were Gisela Vierling, Gabriele Caudell-Knoll and Anna Nance, who kept registrations straight, as well as and Heinrich Vierling, Ernst Nagel, Martin Loercher, Bob Nicholson, Ed Puterbaugh, Tom Winkel and Gerry Clayton, who kept events running smoothly on the range. Their many years of experience and dedication to the sport helped make the event a success.

Knoll then presented three gold, five silver, and five bronze American DJV pins to shooters who qualified. In addition, on behalf of the Rod and Gun Club Advisory Council, Brad Tauch presented the Council Silver Certificate to Mike Sinnema for his volunteer work over the last several years, noting that he will soon be departing to join his wife Jennifer King-Sinnema in Alabama.

Heidelberg Rod and Gun Club hunters continue to hone their shooting skills as competition winds up for the American Forces Team of the top six shooters to attend the DJV Bundesmeisterschaft (German Nationals) to be held early September near Hamburg.

For information on the Rod and Gun Club, visit [www.mwrgermany.com/rodandgunclub.html](http://www.mwrgermany.com/rodandgunclub.html).



Jennifer King-Sinnema

Dominic Knoll draws down on a skeet target during the American Deutsche Jagdschutz Verband Hunters Competition Shoot that took place at the Heidelberg Rod and Gun Club in Oftersheim Aug. 11.

# Heidelberg Golf Club Championship

By **Rex Gribble**  
HEIDELBERG GOLF COURSE



Four golfers won championships at the annual Club Championship at the Heidelberg golf course Saturday and Sunday.

Twenty-year-old Martin Mahler shot rounds of 78-75 to win the men's title by a single stroke over Marco

Armbruster. The latter shot a two-under-par 34 with an Eagle 3 on the 8th hole for a two-stroke lead over Mahler at the turn Sunday, but Mahler played the final four holes in one-under-par to win after Armbruster bogeyed the final hole.

Paul Walzenbach won the senior men's division by

three strokes over Carsten Straetz with 152 from the up-front senior's tees, after his wife Roswitha beat Gudrun Kugelmann in a playoff for the senior ladies title. Both women had 187. Anna Zilli won the ladies division with 180.

Net winners (without handicap) in the four divisions were Gunther Birkel in the men's, Tom Powell for senior men's, Young Hi (ladies) and Gudrun Kugelmann (senior ladies.)

Long drive winners were William Price, Charles Addison, Sy Daranouvong, James McKay, Roswitha Walzenbach, Gudrun Kugelmann, Un Hui Braun and Claudia Bohl. Closest to the pin winners were McKay, Armbruster, Karl-Heinz Knieriem, Helga Worm and Claudia Bohl.

Club Director Ed Galvan conducted the awards ceremony, thanking his staff and participants for taking part in the hottest weekend of the summer.

## staying ACTIVE

### Trout Fishing Trip

Kaiserslautern Outdoor Recreation will sponsor a trout fishing trip to Borfink Aug. 25. Adults, \$59; youth 6-12, \$39; children 5 and under, \$15. Cost includes transportation, entry fees and fishing gear. Contact Outdoor Recreation at DSN 493-4117 or civ. 0631-3406-4117. [www.mwrgermany.com](http://www.mwrgermany.com).

### Pistol Shoot

Heidelberg Rod and Gun Club will hold a pistol shoot Aug. 25. Cost is \$35. A fall fishing course is scheduled 9 a.m.-4:30 p.m. Sept. 15-16. For more information, call civ. 06202-51193. [www.mwrgermany.com](http://www.mwrgermany.com).

### Rafting and Canyoning Trip

Heidelberg Outdoor Recreation will sponsor a rafting and canyoning trip in Landeck, Austria, Aug. 31-Sept. 3. Cost is \$349 and includes transportation, camping fees and equipment. Contact Outdoor Recreation for more information. DSN 388-9282, civ. 06221-338-9282. [www.mwrgermany.com](http://www.mwrgermany.com).

### Heidelberg Volksmarch

The Heidelberg International Wandering Club hosts its 38th and final volksmarch 7 a.m. Sept. 8-9 in Heidelberg. Choose from 5 km, 11 km and 22 km routes covering the hills above Heidelberg. Registration takes place at the Internationale Gesamtschule Hasenleiser in Rohrbach. [www.hiwc.de](http://www.hiwc.de).

### BOSS Scuba Diving

Try scuba diving in Kronau with Better Opportunities for Single Soldiers Sept. 22. Sign up with Outdoor Recreation by Sept. 14. Cost is \$75. DSN 373-5275, civ. 06221-17-5275, [www.mwrgermany.com](http://www.mwrgermany.com).

### Spintastic Spin Classes

Kaiserslautern Sports and Fitness offers spin classes on Kleber Kaserne 11:45 a.m.-12:45 p.m. Mondays and Wednesdays. Cost is \$4 per class. Reservations recommended. DSN 483-7610, civ. 0631-411-7610, [www.mwrgermany.com](http://www.mwrgermany.com).

### CYSS Fall Sports Registration

Registration is open for Child, Youth and School Services fall sports programs in Heidelberg and Kaiserslautern. Register at <https://webtrac.mwr.army.mil> or at Parent Central Services.

### Personal Trainer Services

Personal trainer services are available at Heidelberg fitness centers. Call DSN 370-7506 or civ. 06221-57-7506 for more information.

### Fitness Instructors Needed

The U.S. Army Garrison Kaiserslautern sports office is looking for group fitness, martial arts instructors and personal trainers for Army fitness facilities. DSN 486-8317, civ. 06371-86-7172.

### Coaches Needed

Heidelberg Sports and Fitness is seeking head coaches for community soccer, basketball, softball and volleyball teams. Call DSN 373-8032, civ. 06221-17-8032 for more information.

### Gymnastics Classes

Kaiserslautern Family and Morale, Welfare and Recreation's SKIESUnlimited offers youth gymnastics classes. For class offerings, times and prices, call Parent Central Services. DSN 493-4156, civ. 0631-3406-4516.

### Send the Herald Post Your Photos

If you have photos from sporting events, e-mail them along with the details of the event and names of those pictured to [usaghd\\_post@eur.army.mil](mailto:usaghd_post@eur.army.mil) or [usarmy.badenwuer.usag.mbx.post-newspaper@mail.mil](mailto:usarmy.badenwuer.usag.mbx.post-newspaper@mail.mil). Deadline is noon Monday.

## Sembach Soldiers 'kick back' at new Warrior Zone

By **Capt. Daniëlle Hamer**  
30TH MEDCOM RESERVE PUBLIC AFFAIRS OFFICER

SEMBACH – The smell of new leather embraces Soldiers who walk into the renovated Warrior Zone in the bowling alley on Sembach Kaserne.

Soldiers entering the Warrior Zone are welcomed by tall coffee-shop style tables, magazines to read, couches to sink into in front of a multitude of TVs and gaming systems and neatly positioned remote controls on each side table ready to comply with their users' endless demands.

The space evokes a sense of coziness that feels like a living room, with its plush couches and flowers on the tables.

"We want Soldiers to feel at home here. This is a VIP lounge for everybody," said Gert Lindenau, recreational aide for Family and Morale, Welfare and Recreation.

The updated Warrior Zone features six flat screen TVs with cable and DVD players, six XBOX 360 systems, eight computers, a pool table and free Wi-Fi

through three different hubs. Soldiers can also enjoy snack bar foods from the bowling alley portion, which has 12 bowling lanes.

"I think the Wi-Fi is really great, and it's just a comfortable place to kick back and watch a movie," said Spc. Julie Brinko of 30th Medical Command, who has worked on Sembach two weeks.

"I go eat at the bowling alley in the morning and then I use it," Brinko said of the Warrior Zone and free Wi-Fi.

Brinko said it's a nice recreation point for Soldiers to relax.

It is not just tenant unit Soldiers who enjoy the center. Soldiers who live on other installations in the area use the facilities with the same ease.

"I come here during lunch or whenever I am on Sembach," said Spc. Anthony Stokes of the 95th Military Police Battalion who lives on Vogelweh but works and often spends time with friends on Sembach Kaserne.

"My favorite part is the couches," Stokes said.

The Warrior Zone may not have seen much use



Sgt. 1st Class Randall Jackson

Free use of computers and Wi-Fi entice Michael Sevigny at the new Warrior Zone on Sembach Kaserne, Aug. 15.

yet, but that is not likely to last. With several more units moving to Sembach Kaserne bringing many young Soldiers, the Warrior Zone is set up to meet their social needs.

## Save A Life Tour coming to KMC next week

**USAG Kaiserslautern Public Affairs**

The Save a Life Tour, which uses giant simulators to explain the consequences of driving while drinking or on drugs, will be at Rhine Ordnance Barracks in Kaiserslautern Aug. 29-31.

"It's a unique opportunity for our young Soldiers to have a greater understanding and experience simulated "drunk and drugged driving" situations in the hope that they will not have one in reality," said Sandra Magill, the garrison's Employee Assis-

tance Program Coordinator.

There are two shows each day at 8 a.m. and 1 p.m. Units must reserve seats, and Soldiers in pay grade E-4 and below are encouraged to attend.

The event counts toward annual Army Substance Abuse and Preven-

tion training, Magill said.

An Intoxiclock will demonstrate how intoxication changes with increasing alcohol levels, and ADAC will have a "roll over" car at the event.

Call civ. 06371-86-6254 for reservations.

## Kaiserslautern community members share coupons, coffee



Helen Tesfai

Financial Readiness Assistant Charlene Sanchez-Liccardi announces the winner of the couponing starter kit during a raffle at the coupon class held recently at Rhine Ordnance Barracks in Kaiserslautern.

By **Helen Tesfai**

USAG KAISERSLAUTERN PUBLIC AFFAIRS

At half past noon at the Java Café on Rhine Ordnance Barracks, the smell of freshly-brewed coffee filled the air as sounds from the espresso ma-

chine and milk foamer mixed with the blender crushing ice.

A few ladies who arrived for U.S. Army Garrison Kaiserslautern's couponing class ordered their blended coffees and white chocolate mochas. All who attended the

couponing class sponsored by the Army Community Service Financial Readiness Program got 10 percent off the original price – a special offer from the garrison's directorate of Family and Morale, Welfare and Recreation.

They grabbed their cups and headed to couches in a cozy corner.

Waiting there was Tedy Washington, 45, from Omaha, Neb., who remembered vividly the day she started couponing.

"On April 1 this year, I officially started couponing," Washington said. "I quit my job on March 29, thinking that we were [moving], and the orders didn't come down, so I had to start figuring out where to cut some expenses."

Now she's a successful so-called "extreme couponer," who spends roughly 40 hours each week organizing her coupons, shopping all three area commissaries and volunteering to share experiences with community members.

"I save \$300 to \$400 a month, compared to what I used to spend on groceries," Washington said, emphasizing her point with a nod and a smile.

Lori Sweazey, of St. Louis, read about the class on ACS's monthly e-mail. Within the first few minutes, she was ex-

cited about the program.

"My husband is deployed right now and my daughter and I keep ourselves busy," Sweazey said. "So this is something that we could do together."

To make sure everyone was off to a good start, Charlene Sanchez-Liccardi, a garrison financial readiness assistant, explained where to find coupons, how to organize them and discussed local coupon policies.

"We want to promote savings; we're trying to show people how to save money, how to find extra money in their pocket," Sanchez-Liccardi said.

"We want to make sure that the Soldiers are mission-ready. If you're not financially ready, you're not going to be mission-ready."

The ACS Financial Readiness Program offers a couponing class every second Tuesday of the month. The next class is Sept. 11.

For more information, call DSN 493-4015 or civ. 0631-3406-4015.

# PLAY IT SAFE

LEADERS  
SOLDIERS  
FAMILIES



- Wear sunglasses with total UV protection
- Wear wide-brimmed hats, long sleeved shirts and pants
- Avoid direct sun exposure as much as possible during peak UV radiation hours between 10:00 a.m. and 3:00 p.m.

# IN THE SUN!



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ARMY SAFE IS ARMY STRONG



## 30th Medical Command Headquarters settles in Sembach

By **Capt. Daniëlle Hamer**  
30TH MEDCOM RESERVE PUBLIC AFFAIRS OFFICER

SEMBACH – The 30th Medical Command has nearly finished unpacking the last boxes after a summer-long move to the unit's new home at Sembach Kaserne.

The 30th MEDCOM provides medical support for combat, humanitarian assistance and training missions for U.S. European Command, U.S. Army Europe, U.S. Africa Command and Operations Enduring Freedom and Kosovo Force. The unit's move from Heidelberg is part of the U.S. Army's ongoing transformation effort in Europe.

"Planning started over a year ago when former commander Col. John Cho toured the buildings on Sembach. We began the physical move in July," said Maj. Richard Floyd, 30th MEDCOM's deputy logistics officer.

The unit's greatest challenges were timing the relocation and whether or not the buildings would be ready for the unit to occupy, Floyd said. The move consisted of two major components, equipment and personnel.

"Moving desks and computers was the easy part, but personnel are more complex," Floyd said.

To reduce uncertainty for Soldiers and their families, the unit encouraged families to be involved through town hall meetings and social media forums. For Staff Sgt. Michael Linder, relocating went very well, he said.

"I liked living in Heidelberg; the town was really great," Linder said. "But it's nice here. And the move was easy and quick."

A brief call to Heidelberg's housing office was all it took, he said. A moving truck arrived and could deliver his household goods in two days. His new daily commute, from Vogelweh to Sembach, is similar to his commute from Patrick Henry Village in Heidelberg to Nachrichten Kaserne, where 30th MEDCOM was previously located.

The 421st Multifunctional Medical Battalion Headquarters, one of 30th MEDCOM's direct reporting units, also relocated this summer from Wiesbaden to Baumholder. Several of its subordinate companies and detachments joined them from various locations throughout Germany. For more information, visit [www.30thmed.army.mil](http://www.30thmed.army.mil).



Capt. Daniëlle Hamer

A 30th Medical Command Soldier finishes unpacking in Sembach, Aug. 9. The 30th MEDCOM recently completed a summer-long relocation to the Kaiserslautern Military Community as part of the Army Transformation in Europe.

## CHANGE

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everything going well up here? Is there anything you guys need?' ... [That] was the personal touch she gave us, the caring ... it was coming from her heart," Richter said.

But even the sergeant major needed help at times.

When it appeared the senior non-commissioned officer was staying late at work, Hockensmith said to her, "You need to go home and cook [for your family] tonight."

With a Master of Arts in Human Resource Development from Webster University, Weber understood the dynamics between people and organizations, and knew how to lead and interact with others based on the situation.

This keen understanding helped her run USAG Baden-Württemberg, and it will help her in her next assignment as the command sergeant major of the Soldier Support Institute at Fort Jackson, S.C.

In leaving Heidelberg, Weber said she was confident Kraus is the right candidate to help DeCoster with the garrison's 2013 inactivation.

"He has been in the unit ... and got an opportunity to see the services that a garrison provided. Now he gets an opportunity to see ... [up close] the big picture of what a garrison provides," Weber said about Kraus.

"He's the visual [who] will help the commander go through the transformation process, so I think it's great that he's coming on board and [helping] the commander out with that mission, that tough mission," she added.

The next large-scale ceremony will be when the garrison stands up USAG Kaiserslautern as a direct-reporting garrison.



Dijon Rolle

Left, Command Sgt. Maj. Kenneth J. Kraus Jr. receives the colors from Col. Bryan D. DeCoster, USAG Baden-Württemberg commander, while outgoing Command Sgt. Maj. Annette R. Weber looks on during the Garrison's final Change of Responsibility ceremony on Patton Barracks in Heidelberg Friday. Weber will be the command sergeant major of the Soldier Support Institute at Fort Jackson, S.C.

# DLA Troop Support welcomes new leadership

## DLA Strategic Communications

Defense Logistics Agency Troop Support Europe and Africa senior leaders, employees and partners from across the region gathered to welcome the new commander during an Assumption of Command ceremony Aug. 8 in Kaiserslautern.

Army Lt. Col. Patrick E. Taylor comes to DLA Troop Support Europe and Africa from the U.S. Army Europe G4, where he served as the deployment operations chief in the Mobility Operations division.

DLA Troop Support Acting Commander Navy Rear Adm. Patricia Wolfe, who presided over the ceremony, praised Taylor for his accomplishments and shared her excitement for his new assignment.

"Congratulations to you, Lt. Col. Taylor, for being selected to command this outstanding and crucial organization," she said.

"Your logistics experience on multiple deployments, including Iraq and Afghanistan assignments to key positions of increased responsibility ... all indicate to me the high-quality leader you are."

A member of the Army since 1987, Taylor has served in numerous transportation and logistics positions and has received many awards and honors.

He received his commission as a transportation officer from East Carolina University in Greenville, N.C., and has received many honors and awards, including the Bronze Star.

Being new to DLA Troop Support as well, Wolfe stated that the key to success is the camaraderie and network built with the various organizations that came to welcome Taylor.



Delia Mann

Army Lt. Col. Patrick E. Taylor, center, the new Defense Logistics Agency Troop Support Europe and Africa commander, receives the organization's colors from DLA Troop Support Acting Commander Navy Rear Adm. Patricia Wolfe, left, during his Assumption of Command ceremony Aug. 8 in Kaiserslautern.

"I'm quite new to Troop Support," Taylor said. "And as I begin to make fascinating discoveries about the complexity of the work you all do here, there is one single theme that strikes me, that weaves its way through every aspect of our collective work. And that is the importance of relationships."

Wolfe noted that Taylor's knowledge and experi-

ence will make him an asset to the organization.

"I view DLA Troop Support Europe and Africa as the hub of all these organizations," Wolfe said. "Lt. Col. Taylor, you're now at the center of these relationships: ensuring communications, collaboration, clarification and focus. We're all lucky to have you as part of the team."

## DROP

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hours.

Initially, violators who fail to heed the Kiss and Drop instructions will receive verbal or written warnings and citations can be issued for blatant violations.

As the community braces for the new change, Frazier is busy preparing for one of her own.

Earlier this month, she handed over the reins of the Provost Marshal's Office to Hissim, her replacement.

Hissim arrived here a little over a month ago from Fort Bragg, N.C., where he served as Deputy Provost Marshal for the 18th Airborne Corps Headquarters.

"I'm excited about this opportunity, and my family is excited to be in Europe. I've been in the Army almost 20 years, and we have been trying to get over here the whole time," Hissim said.

"All the services that the MP have been providing have been excellent, and I've had a really good transition with Maj. Frazier.

"Everything has been smooth, including the operations, and I look forward to trying to maintain that level of support that they have been

providing in the past," he said.

As the garrison's top cop, Hissim is now responsible for managing the garrison's force protection assets, Installation Access Control System, the Fire Department, Vehicle Registration, the access control points, daily MP patrols, incident responses and MP station operations.

Added to that is the fact he'll still be carrying out his duties in the midst of the garrison's deactivation next year.

"I think transformation is going to be the biggest challenge, for me especially.

"Shutting down while making sure we provide the same level of support and services to the community will be a challenge," Hissim said.

Even though he officially took over Aug. 15, Frazier will remain at his side until early September to answer questions and ensure the transition remains seamless.

Afterward, Frazier plans to take leave and be reassigned within the Garrison.

For questions or more information on the Kiss and Drop program, community members can call the Military Police Desk Sergeant at civ. 06221-157-114 or DSN 388-2333 or DSN 388-2349, civ. 06221-678-2349.

## Nurse Summer Training



Chuck Roberts

Cadet Stephanie Savino recently checks the temperature of a Soldier at Landstuhl Regional Medical Center. Savino is one of 10 Army ROTC students participating in the Nurse Summer Training Program that allows college juniors to participate in a four-week clinical internship.