

# HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

**HP THURSDAY**  
Oct. 6, 2011

## Speed Read

### TOWN HALL MEETING

A town hall meeting is scheduled 6 p.m. Oct. 12 for the Heidelberg and Mannheim communities in Bldg. 725 on Benjamin Franklin Village in Mannheim.

### FIRE PREVENTION WEEK

Fire Prevention Week starts Sunday and continues until Oct. 15 with the theme Protect Your Family From Fire. 3

### POST WAR STRUGGLES



Live performance emphasizes the post war struggles of servicemembers returning from war and their effect on families. 6

### COMMUNICATION EXERCISE

A Kaiserslautern unit assisted in hosting the largest coalition communication exercise, Combined Endeavor, Sept. 9-23 in Grafenwöhr. 8



### CHANGE OF RESPONSIBILITY

During a change of responsibility ceremony at Kleber Kaserne in Kaiserslautern Friday, Command Sgt. Maj. Gene Canada assumed the role of senior enlisted leader for U.S. Army Garrison Kaiserslautern. 13

## Defense Details

### PANETTA VISITS EGYPT

Defense Secretary Leon E. Panetta said he has full confidence in Egypt's ability to transform itself to a civilian-led democracy following 26 years of being ruled under dissent-suppressing emergency law. Speaking at a news briefing Tuesday following meetings with Egyptian leaders, Panetta said such a transition would be a tremendous signal to the region about moving in a positive direction.

### CYBERSECURITY MONTH

On Monday President Barack Obama proclaimed October National Cybersecurity Awareness Month. Obama cited the American ingenuity that created the Internet, saying, "We must now harness that spirit of innovation to develop the next generation of accessible, secure technologies to build a safer, more prosperous future for all Americans."

[www.defense.gov](http://www.defense.gov)

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## Vehicle registration office to relocate in November

By **Dijon Rolle**

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

The vehicle registration office on Spinelli Barracks in Mannheim will relocate to a new facility Nov. 15.

The new location is directly across the street from the current one on Spinelli Barracks. In the past, customers who visited the Spinelli location had

complained about the lack of bathrooms, the wait time for transactions, the distance from the Heidelberg community and the small waiting area for customers.

The new vehicle registration office will be housed in what is currently the Mannheim Transportation Motor Pool Office in Bldg. 1563. The Mannheim TMP office will close Oct. 14 and all

vehicle dispatches will be done at the TMP office on Patton Barracks in Heidelberg.

The new office will have a bathroom, a larger waiting area and a numbering system to ensure customers are seen in the correct order. Employees will no longer conduct transactions from a counter; instead they'll be seated at see **VEHICLE** page 12

## Garrison educates community about abuse

IMCOM Europe Public Affairs

October is Domestic Violence Awareness month, and U.S. Army Garrison Baden-Württemberg's Army Community Service is sponsoring events all month long.

The theme for this year's campaign, "Together we can end domestic abuse: Act now!" zeros in on the idea that a focused Army community with focused individuals committed to building and maintaining physical, emotional, social and spiritual fitness can prevail over domestic abuse.

On Monday, Michele Barber, Family Advocacy Program Manager, along with five volunteers and four ACS employees, passed out purple rubber bracelets to drivers coming onto Tompkins Barracks in Schwetzingen, Sullivan Barracks in Mannheim and Patton and Campbell Barracks, Nachrichten Kaserne, Patrick Henry Village and the Shopping Cen-



ter in Heidelberg. Each armed with 100 bracelets and 100 megawatt smiles, the workers handed out nearly 1,000 bracelets to community members as they drove through the gate.

"We are providing these bracelets at the gate to help members of the community do their part. Just by wearing the bracelet they are showing their support for the prevention of domestic violence. We hope that if asked why they are wearing the bracelet they will say, 'To show my support for the prevention of domestic violence,'" Barber said.

"We are out here today to see **VIOLENCE** page 12



Elizabeth Casebeer  
Michele Barber, Family Advocacy Program Manager, hands a "stop the violence" bracelet to Lt. Col. Gregory Bobeck, U.S. Army Europe G3 and his wife, Bonnie, an animal care specialist with the Heidelberg Veterinary Clinic, as they drive onto Patrick Henry Village in Heidelberg Monday. Barber was one of 10 volunteers who passed out information to drivers in support of domestic violence awareness month. The top photo shows the purple bracelets and information cards on domestic violence awareness.

## Commitment to Army Family Covenant endures

By **Lt. Gen. Rick Lynch**  
IMCOM COMMANDER

Four years ago this month, the Army announced the Army Family Covenant,

which promised to provide Soldiers and families a quality of life commensurate with their service.

To help Soldiers and families stressed by years

of war, the Army substantially increased funding for programs in areas such as Soldier and family services, behavioral health, housing, child care, education and

employment.

Today, headlines about defense budget cuts are prompting people to ask whether the Army is going to see **COVENANT** page 12

## LETTER TO THE EDITOR

# Local national asks about employment issues due to garrison closure in September 2013

Dear Editor,

I am a local national employee with U.S. Army Garrison Baden-Württemberg and attended the Sept. 15 town hall meeting on the closure of USAG B-W on Sept. 30, 2013.

The briefing was good but could obviously not cover all the questions the local nationals have. We all expected more detailed briefings to follow but none have, so far.

On Sept. 29, we had to turn in our RIF questionnaires unless we requested an extension to this suspense. Well, a lot of us have turned them in, but we still have a lot of questions.

We were told in the town hall that we could contact the civilian personnel experts, but if they have to answer the questions every single USAG B-W employee has, their days are surely not long enough.

I think it would be a lot more effective to have another series of mass briefings on the various topics that concern the employees. The briefings and the question and answer sessions afterwards would probably answer 95 percent of the questions we all have.

Here are some of the topics that should be covered.

1. Potential transfer company – responsibilities, options, obligations, pay; what happens after the transfer

company (TASS, annulment contracts, unemployment).

2. Annulment contracts – timelines (until what date can you request an annulment contract); annulment contract versus termination; annulment contract and transfer company.

3. Retirement – timelines for annulment contract to jive with retirement date and receipt of retirement pay; and many more that I cannot think of right now.

All of these questions were answered for the Mannheim LN employees, and it should not be difficult for the CPAC LN team to dust off the information and provide it to the BW LNs.

Thank you for helping us get the information we need to make sound decisions for our future.

Best Regards,

–Susanne Fitzgerald

Dear Susanne,

As mentioned during the workforce town hall briefing, Civilian Personnel Advisory Center employees are available for individual appointments to answer any employee questions.

CPAC appointments will be made with as many individuals as are necessary so that all individual needs are met.

You are right in saying that all the

employees' questions were answered for Mannheim employees during their Reduction in Force, but that was done in individual briefings.

Experience has taught us that additional town hall meetings to provide "more details" more often than not, don't really meet employees' needs, since the detail is often hidden in the personal circumstances of the individuals and these circumstances are different for each employee.

This is especially true in regard to numbers two and three of your correspondence. Annulment contracts and retirements are too individual and would be better addressed in a personal appointment where we can give specific answers instead of general information concerning annulments (which has basically already been done).

In regard to question number one (concerning the transfer company), since we do not know, yet, whether a transfer company is going to be approved by U.S. Army Europe or not, as with annulments, specific answers to questions would best be addressed individually.

As we get closer to the closure of the garrison, there will be additional briefings from the German pension insurance, labor office, foreign forces

## For Information

The biannual personnel assembly will be held by the Works Council 1 p.m. Oct. 24 in the Patrick Henry Village Pavilion in Heidelberg.

## Civilian Personnel Advisory Center

For appropriated fund positions – DSN 370-8450, civ. 06221-17-8450

For non-appropriated fund positions – DSN 370-8572, civ. 06221-17-8572

For local national positions – DSN 370-6334/7847/7289, civ. 06221-57-6334/7847/7289

The CPAC website is <https://cpolrhp.cpol.army.mil/eur>.

Briefing slides from the three meetings held Sept. 15 for appropriated fund, non-appropriated fund and local national employees are posted on the U.S. Army Garrison Baden-Württemberg website at [www.bw.eur.army.mil/news/personnel.htm](http://www.bw.eur.army.mil/news/personnel.htm).

payroll office, etc.

–Scott Zambardi, Human Resources Officer, Civilian Personnel Advisory Center



[www.facebook.com/BWnow](http://www.facebook.com/BWnow)  
<http://myBWnow.ning.com>

## DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

USAG Baden-Württemberg's Dijon Rolle talks to Kathy Tone of the Mannheim and Heidelberg Parent 2 Parent program about Tell Me a Story 2 p.m. Oct. 23 at Patrick Henry Elementary School in Heidelberg: [www.bw.eur.army.mil](http://www.bw.eur.army.mil). Deadline to sign up is Oct. 17.

"How do you sign up?"

–Nicole Davis Willis, BWnow Facebook fan

"Nicole, you can send an email to [ptop.heidelberg@militarychild.org](mailto:ptop.heidelberg@militarychild.org)."

–BWnow Facebook Administrator

"Is anyone excited about the Holiday Bazaar at the Village Pavilion on Patrick Henry Village in Heidelberg this weekend? What will you be shopping for? Shoes? Handbags? Puppets? Polish pottery? Pewter? Tapestry or Persian Rugs? What is your annual favorite?"

–BWnow Facebook Administrator

"When are they doing the car drawing? When the bazaar opens or closes on the first day?"

–Bonnie Bobeck, BWnow Facebook fan

NOTE: The Mini-Cooper giveaway happens at the Holiday Bazaar opening 9 a.m. tomorrow at the Village Pavilion on Patrick Henry Village in Heidelberg.



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Editorial content is edited, prepared and

provided by the USAG Baden-Württemberg Public Affairs Office.

Printed circulation: 15,000.

The Herald Post offices are in Building 107, Patton Barracks, Heidelberg. Military address: Herald Post, PAO, U.S. Army Garrison Baden-Württemberg, Unit 29237, APO AE 09014. Civilian address: Herald Post, Patton Kaserne, Gebäude 107, Kirchheimerweg 4, 69124 Heidelberg. E-mail address: [usaghd.post@eur.army.mil](mailto:usaghd.post@eur.army.mil).

Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

# Garrison focuses on fire prevention this week

**Staff Report**

The National Fire Protection Association announced the theme for Fire Prevention Week as “Protect Your Family From Fire.”

Fire Prevention Week starts Sunday and continues through Oct. 15. NFPA has sponsored the fire prevention campaign since 1922, spreading

awareness of the dangers of fires and inspiring individuals to prevent the deaths, injuries and destruction they cause. This year’s theme focuses on how to protect your family from fire by planning ahead and integrating simple things into your everyday life.

“Parents and caregivers should also take the time to discuss and practice emergency plans with children in the

event of a fire,” said Mike Eberlein, fire protection specialist for the Directorate of Emergency Services. “Additionally, around the home, it is important to ensure smoke alarms, electronic appliances, machines and heating units operate properly.”

The U.S. Army Garrison Baden-Württemberg Fire Departments will have open houses, provide fire safety

classes and sponsor other activities to keep the focus on fire prevention throughout the week.

“With responsible use of fire indoors and outdoors – from safely disposing of matches and cigarettes to increased attention when cooking – we can avoid untold numbers of emergencies, injuries and lives lost to fire and its consequences,” Eberlein said.



The photo at right shows a kitchen in Bldg. 676 on Patrick Henry Village in Heidelberg following a fire caused by unattended cooking, the reason for 60 percent of fires in Army family housing units. The photo at left shows the National Fire Protection Association's prevention poster.



DATE	Germersheim DSN 378-3210/3800	Heidelberg DSN 373-5000/8400	Mannheim DSN 382-4669	Kaiserslautern DSN 483-8317/6333
<b>Sunday Oct. 9</b>	9 a.m.-noon-Open house, Fire Station, Bldg. 7834	10 a.m.-2 p.m.-Open house, Fire Station Heidelberg, Bldg. 209	10 a.m.-2 p.m.-Open house, Fire Station Coleman Barracks, Bldg. 21	No activities scheduled
<b>Monday Oct. 10</b>	9 a.m.-noon-Open house, Fire Station, Bldg. 7834	10 a.m.-2 p.m.-Open house, Fire Station Heidelberg, Bldg. 209	10 a.m.-2 p.m.-Open house, Fire Station Coleman Barracks, Bldg. 21	No activities scheduled
<b>Tuesday Oct. 11</b>	10:15 a.m.-Fire safety awareness class and extinguisher demonstration across from Bldg. 7977 2:15 p.m.-Fire fighting rescue demonstration performed by U.S. Fire Department at Bldg. 7986	9-10:30 a.m.-Fire truck display, Child Development Center, Bldg. 4442, on Patrick Henry Village 9:30-11:30 a.m.-Professional training class, Fire Station, Heidelberg 10-10:45 a.m.-Fire drill and evacuation exercise, Bldg. 152, Patton Barracks gym 1-3 p.m.-Fire evacuation drills, several buildings on Nachrichten Kaserne	10 a.m.-2 p.m.-Open house, Fire Station Coleman Barracks, Bldg. 21	9-9:30 a.m.-Sesame Street Puppet Show, Child Care Center on Kleber Kaserne 10:30-11 a.m.-Sesame Street Puppet Show, Child Care Center, Landstuhl I 11:30 a.m.-1 p.m.-Main Gate Landstuhl display, info and handout information 13:30-2 p.m.-Sesame Street Puppet Show, Child Care Center, Landstuhl II
<b>Wednesday Oct. 12</b>	10 a.m.-Fire safety training class, fire prevention training room Bldg. 7876 1 p.m.-Fire safety awareness class and extinguisher demo across Bldg. 7989	9-10 a.m.-Fire drill and rescue exercise, Bldg. 3796, on Mark Twain Village 10-11 a.m.-Fire truck display, CDC Bldg. 3797, Mark Twain Village	10:15-11:15 a.m.-Fire evacuation drill and rescue exercise, AFN-E Bldg. 23 Coleman Barracks	09:30-10:30 a.m.-Sesame Street Puppet Show, Child Care Center, Miesau and fire truck display 11:30 a.m.-1 p.m.-Main gate, Pulaski Barracks and ROB display, info and handout 1:30 p.m.-3 p.m.-Fire drills in various buildings, Rhine Ordnance Barracks
<b>Thursday Oct. 13</b>	10 a.m.-Fire safety awareness class and extinguisher demo across from Bldg. 7543 2:15 p.m.-Fire fighting rescue demonstration performed by U.S. Fire Department at Bldg. 7989	10-11 a.m.-Fire evacuation drill and rescue exercise at Bldg. 115, Patton Barracks	9-10 a.m.-Fire truck display at Child Development Center, Bldg. 699, on Benjamin Franklin Village 10:15-11:30 a.m.-Fire evacuation drill and rescue exercise, Bldg. 1270, on Coleman Barracks	9-11 a.m.-Fire drills in various buildings, Miesau 11:30 a.m.-1:30 p.m.-Main gate, Sembach Display, info and handouts 2-5 p.m.-Open House, Fire Station Sembach
<b>Friday Oct. 14</b>	9 a.m.-noon-Open house, Fire Station, Bldg. 7834 10 a.m.-Fire safety training class, Fire prevention training room, Bldg. 7876	11-11:45 a.m.-Fire evacuation drill, Bldg. 4101, Golf Club	9:30-10:30 a.m.-Helicopter crash exercise on Coleman Army Airfield	9-11 a.m.-Fire Drills in various buildings on Panzer Kaserne and hands on training 11:30 a.m.-1:30 p.m.-Main Gate Panzer and Kleber Kaserne display, info and handouts 2-5 p.m.-Open House, Fire Station, Kaiserslautern East
<b>Saturday Oct. 15</b>	9 a.m.-noon-Open house, Fire Station, Bldg. 7834	10 a.m.-2 p.m.-Open house, Fire Station Heidelberg, Bldg. 209	10 a.m.-2 p.m.-Open house, Fire Station on Coleman Barracks, Bldg. 21	10 a.m.-3 p.m.-Open House, Fire Station, Miesau

Fire evacuation drills will occur at Germersheim Army Depot during the week. Heidelberg will conduct courtesy fire inspections throughout the community. Kaiserslautern will announce additional activities locally as requested.

## transformation UPDATE

### Frequently Asked Questions

#### Have a transformation-related question you'd like answered?

E-mail [usaghd.post@eur.army.mil](mailto:usaghd.post@eur.army.mil). We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at [www.bw.eur.army.mil/transformation](http://www.bw.eur.army.mil/transformation).

#### Is there enough base housing in Wiesbaden?

Wiesbaden has enough Army family housing to meet the U.S. Army Europe housing policy, which is 100 percent of key and essential personnel, 100 percent of specialists and below and 10 percent of sergeants and above, excluding key and essential personnel.

#### Could you please tell us how long the laundrette in Mannheim on Benjamin Franklin Village can be expected to stay open?

The facility is scheduled to close in the summer of 2012.

#### When will the Mannheim commissary and Exchange close?

The Mannheim commissary and PX are scheduled to close in September 2012 and their actual closure dates will only be accelerated if customer demand or commissary and Exchange resources decline more rapidly than expected.

### Facilities Operations Changes Mannheim

**Auto Skills** – Spinelli Auto Skills has new hours of operation. It is closed Mondays, Sundays and U.S. holidays and open 11 a.m.-7 p.m. Tuesday-Fridays and 9 a.m.-5 p.m. Saturday and training holidays. DSN 373-5196, civ. 06221-17-5196.

**Base Operations** – For assistance in Mannheim, residents should contact the following individuals: Sgt. 1st Class Damien R. Hunt, who is now the Base Operations noncommissioned officer in charge located in Bldg. 245 on Sullivan Barracks, DSN 385-1610, civ. 0621-730-1610, civ. 07622-70-0535, [damiens.r.hunt@eur.army.mil](mailto:damiens.r.hunt@eur.army.mil); Bob Isbell, Mannheim Base Operations Manager, DSN 385-3944, civ. 0621-730-3944, [bob.isbell@eur.army.mil](mailto:bob.isbell@eur.army.mil); Ralph Santaliz, Interim Deputy Garrison Commander, [rafael.santaliz@eur.army.mil](mailto:rafael.santaliz@eur.army.mil); or Master Sgt. Romeo Satsatin, acting USAG Baden-Württemberg command sergeant major, [romeo.satsatin@eur.army.mil](mailto:romeo.satsatin@eur.army.mil), DSN 373-1300, civ. 06221-17-1310.

**Coleman Postal Service Center** – The Postal Service Center on Coleman Barracks in Mannheim has changed its hours. The new hours are 10 a.m.-1 p.m. and 2-5 p.m. Monday - Friday. The Consolidated Mail Room customer service package pick-up window hours remain the same: 11 a.m.-6 p.m. Monday-Friday.

**Customs Field Office** – The Customs office in Mannheim is in Bldg. 256 (the Military Police station) on Sullivan Barracks.

**Exchange Facilities** – New hours of operation at Mannheim exchange facilities are:

**Main Exchange** is open 11 a.m.-6 p.m. Tuesday-Sunday, closed Mondays.

**Burger King** is open 7 a.m.-7 p.m. Monday-Friday for drive through service and 7 a.m.-6 p.m. for dining room service, 10:30 a.m.-7 p.m. Saturday and closed Sundays.

**Anthony's Pizza** is open 4-6 p.m. Monday-Friday and closed Saturdays and Sundays.

**Popeyes and Taco Bell** is open 11 a.m.-6 p.m. Tuesday-Sunday and closed Mondays.

**Gas station** is open 7 a.m.-7 p.m. Monday-Friday, 8 a.m.-7 p.m. Saturday and 9 a.m.-7 p.m. Sunday.

**Shoppette** is open 8 a.m.-8 p.m. Monday-Friday, 9 a.m.-8 p.m. Saturday and 9 a.m.-7 p.m. Sunday.

**Franklin Guest Lodging** – The hotel on Benjamin Franklin Village is closed. Customers may use the guest house on Patrick Henry Village in Heidelberg or receive a certificate of nonavailability for housing on the economy on a case-by-case basis or if no rooms are available on PHV.

**Gate** – The Friendship Circle gate on Sullivan Barracks is closed although pedestrians may use it to exit the post. The pedestrian gate near Bldg. 254 (formerly the USO) remains open 24 hours a day for entry and exit with an ID card. DSN 385-3359, civ. 0621-730-3359.

**Health and Dental Clinics** – The Health and Dental Clinics on Benjamin Franklin Village in Mannheim have closed. TRICARE enrollment offices are on the Heidelberg Shopping Center in the Central Processing Facility and at the Heidelberg Health Center on Nachrichten Kaserne, Bldg. 3613, Room 2047. Both are open 8 a.m.-4 p.m. Monday-Friday. DSN 371-2445, civ. 06221-17-2445. Coleman Dental: DSN 382-5262, civ. 0621-779-5262. PHV Clinic: DSN 388-9500, civ. 06221-338-9500. Retirees and their family members have been disenrolled and may seek care at the Heidelberg Health Center on a space available basis. Retirees may pick up prescription medications at the Coleman pharmacy.

**Hours change for ID cards/DEERS and passports** – The Mannheim ID cards, DEERS and passport offices located in Bldg. 246 on Sullivan Barracks have closed. These services are available at the Heidelberg Community Support Center, Bldg. 3850, on the Shopping Center. DSN 370-9804, civ. 06221-57-9804. Reports of birth are by appointment only. For passports, SOFA Cards, reports of birth and other consular services, contact DSN 370-3921, civ. 06221-57-3921, [www.bw.eur.army.mil/Directorates/DHR/home.html](http://www.bw.eur.army.mil/Directorates/DHR/home.html).

**Library** – The library on Sullivan Barracks in Mannheim is closed. Computer support is available at ACS in Bldg. 246. The library in Heidelberg on Patrick Henry Village is open 10 a.m.-7 p.m. Tuesday, 10:30 a.m.-7 p.m. Wednesday and Thursday, 10 a.m.-6 p.m. Friday-Sunday and closed Mondays. Patrons can go online and check out, download and renew services at the MYACCOUNT on-line library service, [www.library.eur.army.mil](http://www.library.eur.army.mil). To set up an account, visit <http://mylibraryeu.fmwv.net/screens/firsttime.html>. Library staff at civ. 06221-338-9443 can answer questions, or assist in setting up an account when patrons visit the library. The IMCOM-Europe library is also available online at [www.library.ulinet.army.mil](http://www.library.ulinet.army.mil).

**Physical Therapy** – Physical Therapy serves the active duty population who must go to the Heidelberg Health Center on Nachrichten Kaserne for this treatment.

**SATO** – The SATO travel office in Mannheim is closed. Customers can use the SATO offices in Heidelberg on the Shopping Center and on Campbell Barracks. The SATO office on the Shopping Center in Heidelberg is in the Community Support Center, Bldg. 3850, and is open 8 a.m.-5 p.m. Monday-Friday and closed on German holidays. DSN 370-6949, civ. 06221-57-6949. SATO on Campbell Barracks is in Bldg. 31 and is open 8 a.m.-4:30 p.m. Monday-Friday and closed on German and American holidays. DSN 370-6615, civ. 06221-985-0690.

**School Age Center** – The School Age Center on Benjamin Franklin Village in Mannheim is in Bldg. 699 next to the elementary school. DSN 380-4321, civ. 0621-730-4321.

**Self-Help** – The Self-Help Store on Funari Barracks in Mannheim at the recycle center compound is open 10 a.m.-6 p.m. Tuesdays and 10 a.m.-2 p.m. Saturdays and closed on American and German holidays. DSN 387-3325.

**Social Work Services** – Social Work Services has moved to the Heidelberg Health Center on Nachrichten Kaserne. In Heidelberg, call DSN 371-2084, civ. 06221-17-2084.

**Tax Relief Office** – The Tax Relief Office on Sullivan Barracks has new hours. It is open 8 a.m.-4 p.m. Monday, Wednesday and Friday and closed Tuesdays, Thursdays, weekends and U.S. holidays. DSN 385-3616, civ. 0621-730-3616.

**New – Mannheim Transportation Motor Pool** – The Transportation Motor Pool on Spinelli Barracks will close Oct. 14. Vehicle dispatches will be at the Heidelberg TMP, Bldg. 157, on Patton Barracks in Heidelberg. DSN 373-8350, civ. 06221-17-8350, [www.bw.eur.army.mil/Directorates/DOL/TMP.html](http://www.bw.eur.army.mil/Directorates/DOL/TMP.html).

**Mannheim Veterinary Treatment Facility** – The vet office in Mannheim will close Dec. 22. Veterinary care will continue to be available through the Heidelberg Veterinary Treatment Facility on Patrick Henry Village. To prepare for closing, the Mannheim VTF has reduced its hours. It is open 8 a.m.-1 p.m. Monday for over-the-counter services

only, 11 a.m.-7 p.m. Wednesday and 8 a.m.-1 p.m. Friday for sick call and preventative medicine appointments. Clients requesting surgery will be referred to Heidelberg VTF or an off post veterinarian. Records remaining at the clinic after Dec. 22 will be transferred to Heidelberg. Those scheduled to PCS before that date should pick up their records at the clinic. DSN 385-2312, civ. 0621-730-2312.

**Work Orders** – All Star no longer responds to service order calls in Mannheim. Customers should call the Directorate of Public Works service order desk in Heidelberg at DSN 387-3310/3311/3312, civ. 06221-4380-3310/3311/3312.

### Heidelberg

**Army Emergency Relief** – AER requests are processed at Army Community Service in Heidelberg on the Shopping Center, Bldg. 3850, Room 250. DSN 370-6883, civ. 06221-57-6975. American Red Cross after hours service for emergency travel in Heidelberg: DSN 370-1760, civ. 06221-57-1760 and civ. 001-877-272-7337.

**Barber Shops** – Barber services are offered at the Patton Barber Shop in Heidelberg 10 a.m.-5 p.m. Mondays, Wednesdays and Fridays. The Tompkins shop in Schwetzingen serves customers 10 a.m.-5 p.m. Tuesdays and Thursdays.

**Commissary Gate** – The hours for the commissary gate on Patrick Henry Village are 6 a.m.-8 p.m. Monday-Saturday and 6 a.m.-6 p.m. Sunday. Commissary hours remain the same: 7:30-9 a.m. daily for early bird shopping, 9 a.m.-9 p.m. Monday-Saturday and 9 a.m.-8 p.m. Sunday.

**Drivers Testing** – All drivers' testing services are offered in Heidelberg on the Shopping Center, Bldg. 3850, Room 136, with operating hours 7:30-11:30 a.m. and 12:30-4:30 p.m. Monday-Friday. DSN 370-7889, civ. 06221 57-6681.

**Health Center** – The Acute Care Clinic on Nachrichten Kaserne is closed. Weekend services at the Heidelberg Health Center on Nachrichten Kaserne have ended. All emergency and after-hours urgent care will be provided in the Heidelberg community by host-nation providers. Normal hours are 7 a.m.-4:30 p.m. Monday-Thursday and 7 a.m.-noon Fridays. Pick up a "Guide to Host Nation Health Care" at the Heidelberg Health Center or visit <https://ermc.amedd.army.mil/heidelberg/index.cfm>.

**Mark Twain Village Shoppette** – The shoppette on Mark Twain Village and the Campbell Barracks shoppette are open 10 a.m.-5 p.m. Saturdays and Sundays to support the Soldiers and family members who live on MTV.

**New – Postal Finance and Official Mail Service** – Effective Nov. 1, the Postal Finance and Official Mail service at PSC 432 on Tompkins Barracks will be discontinued due to low patronage. Services will be relocated to the Heidelberg Shopping Center APO, Bldg. 3850, and the Official Mail and Distribution Center on Campbell Barracks, Bldg. 19, respectively. Consolidated mail room operations will continue at PSC 432 uninterrupted. DSN 370-7940, civ. 06221-57-7940.

**Recovery Room** – The Recovery Room on Nachrichten Kaserne is closed.

**Red Cross** – All Red Cross services have transferred to the Heidelberg station, Bldg. 3850, on the Shopping Center. In cases of a family emergency when a communication message is needed, the Heidelberg station number will reach an emergency caseworker. The Heidelberg station is open 8 a.m.-4:30 p.m. Monday-Friday. DSN 370-1760, civ. 06221-57-1760.

**Tompkins Gym** – The Fitness Center on Tompkins Barracks in Schwetzingen has new hours: 5:30 a.m.-8 p.m. Monday-Friday. The facility is closed Saturdays, Sundays and U.S. holidays. DSN 379-7700, civ. 06202-80-7700.

**Village Grille** – The Village Grille on Patrick Henry Village closes 3 p.m. Sundays.

[www.bw.eur.army.mil/news/transformation](http://www.bw.eur.army.mil/news/transformation)

## Protect information during cybersecurity awareness month

USAREUR Public Affairs

U.S. Army Europe information assurance officials want to remind members of the U.S. forces community in Europe that October is National Cybersecurity Awareness Month and it's everyone's duty to protect Army information and communications.

USAREUR cybersecurity experts say there is a real and ongoing war in cyberspace and America is constantly attacked by hostile governments, organizations and individuals, and everyone can contribute to defending the Army against such attacks.

Those contributions can include securing networks from hazards, staying up to date on threats, good online habits, training and setting an example for others to be cautious and vigilant as well.

President Barack Obama first declared October National Cybersecurity Awareness Month in 2010. USAREUR officials in Heidelberg said they will offer more cybersecurity information and resources throughout the month.

Information is available for computer users with access to the eur.army.mil domain at <https://portal.eur.army.mil/sites/iassure>.

## Faces of the community: University of Maryland University College



Brandon Spragins

Shayna Roberts, a marketing clerk with Family and Morale, Welfare and Recreation, seeks guidance from Dion Kinghorne, a field representative for University of Maryland University College, on how to complete a divisional transfer as she prepares to return to the states. UMUC is located in Heidelberg on Patton Barracks in the Education Center, Bldg. 106, and is open 8 a.m.-6 p.m. Monday through Friday and closed on federal holidays. DSN 373-8051, civ. 06221-17-6986.

## Live performance emphasizes post war struggles



Staff Sgt. Tramel S. Garrett

From left, Sameerah Luqmaan-Harris, Ben Rosenblatt, Brandon Jones and Jessi Blue Gormezano act as Soldiers during "ReEntry" at the Daenner Kaserne Chapel in Kaiserslautern Sept. 21. The play, part of suicide prevention training for U.S. Army Europe Soldiers, was also performed in Heidelberg Sept. 19.

By Staff Sgt. Tramel S. Garrett  
21ST TSC PUBLIC AFFAIRS

Soldiers gathered at the chapel on Daenner Kaserne in Kaiserslautern Sept. 21 for a unique presentation from a group of actors who performed scenarios centered around the post war struggles of service members returning home from war and the effect they have on families.

The live performance entitled "ReEntry" was created by Emily Ackerman and K.J. Sanchez, both of whom are sisters of combat veterans.

They interviewed numerous servicemembers and their families about the trials and challenges that occur following deployments and the effects they have on family life.

"I appreciate that they had the ability to bring up other important roles in a Soldier's life," said Amy Ortiz, a native of Rochester, N.Y., and the wife of Sgt. 1st Class Miguel A. Ortiz, the incoming 5th Quartermaster Detachment, 21st Theater Sustainment Command first sergeant.

"We often hear about the

spouse and the kids but we don't talk much about the mother and the other sibling at home," Ortiz added.

The play was part of suicide prevention training for Soldiers in U.S. Army Europe and was also performed in Heidelberg Sept. 19.

The goal was to get servicemembers and their families to discuss the impact deployments have on their lives and to increase awareness of the resources available to them.

"The performance was outstanding. I could relate to everything they talked about and the fact that it showed a positive intervention that worked," said Sgt. 1st Class Michael Short, a 21st TSC support operations ammunition and logistics non-commissioned officer.

"I hope Soldiers find an avenue to be able to speak about or confront any issues that they may have and be able to decide for themselves the best way to deal with them," said Ben Rosenblatt, one of the actors of the "ReEntry" presentation and a native of Astoria, N.Y.

# V Corps Tank



Lt. Col. David Laffam

The M-60 tank is moved by members of the 6966th Transportation Truck Terminal Company, 21st Theater Sustainment Command, Sept. 26 from its location in front of V Corps Headquarters in Heidelberg to Kaiserslautern where it will be refurbished and painted before moving to Wiesbaden, the new home of V Corps. The tank's turret had been securely sealed while on display and welders had to unseal it. The tank was also inspected to ensure no radiological material existed in the panel instruments. German laws require at least 30 days road clearance and a special truck and cranes were used to lift the tank and to allow it to pass under bridges and along roads.

## 40 nations join in largest communication exercise

By Staff Sgt. Michael J. Taylor  
21ST TSC PUBLIC AFFAIRS

The 23rd Ordnance Company from Miesau and the 635th Movement Control Team from Wiesbaden joined to assist the U.S. European Command in hosting the world's largest coalition communication exercise known as Operation Combined Endeavor Sept. 9-23 in Grafenwöhr.

Combined Endeavor is an annual exercise that drew nations from throughout Europe and North America for training focused on building and improving multinational communication and network inter-connectivity.

Participants included members from EUCOM components and more than 1,000 military and civilian personnel from approximately 40 nations. The overall goal was to build and improve network and communication methods and connectivity. The exercise also enabled partner nation's command and control systems and leadership to respond to disasters.

"The ultimate goal of the exercise is basically to ensure that all communication systems of all the partnership nations are able to communicate if the time comes to do so in

a hostile or disaster situation," said 1st Lt. Allen V. Fryman, the movement control coordinator for CE and a member of the 635th MCT.

In support of this year's exercise the 23rd Ord. Co. and 635th MCT were tasked to manage the transportation and movement control of equipment and personnel for all the countries participating.

Everything from scheduling buses and flights, coordinating transportation to and from airports, loading and unloading equipment and providing crucial supplies was placed on the shoulders of 10 personnel – five Soldiers from 635th MCT and five Soldiers from 23rd Ord.

"Our unit is out here performing a movement control mission for moving passengers, personnel and equipment. We transport personnel from the Munich International Airport and Nürnberg airport to the Grafenwöhr training area, as well as receiving their cargo and placing it within the training area it needs to go to," Fryman said.

"The actual mission for the 23rd Ord. is to provide all the material handling support," said Staff Sgt. Michael B. Hasbun, liaison officer between the 18th CSSB and CE. "We provided billeting, food, blan-



Staff Sgt. Michael J. Taylor

Spc. Jose A. Vega, an ammunition specialist with 18th Combat Sustainment Support Battalion's 23rd Ordnance Company, looks in his rear view mirror to locate his ground guide while moving equipment for military personnel from Finland in support of Operation Combined Endeavor Sept. 21. The 23rd Ordnance Company and 635th Movement Control Team, 39th Movement Control Battalion, lent support to the U.S. European Command during the world's largest coalition communication exercise Sept. 9-23 in Grafenwöhr.

kets, materials, wood, banding, basically anything they needed to conduct their operations we provided."

Working with different militaries and handling their equipment presented minor complications that took some creative thinking on the part of 21st Theater Sustainment Command personnel to assure mission success.

"The most complicated part was trying to use American equipment to offload and

onload everything, but not all of their equipment is standardized to American specs," said Hasbun. "We have for example Russian living containers out here and their slots for the forklift are not standard to ours so we had to use some thinking outside the box like utilizing additional cargo straps. So there was a lot of maneuvering equipment around and trying to adapt while also making sure we accomplished the mission

safely."

"We might have taken a little more time planning and rehearsing, but that's been the goal, getting it done but getting it done safely and making sure nothing was damaged," Hasbun stated. "We have been 100 percent successful in our mission. We have had zero damage and we have been ahead of every time frame because not one unit has had to sit for a minute longer than necessary."



U.S. Army

Cpl. Kristine Tejada, a truck commander for 1st Platoon, Higher Headquarters Battery, Task Force 2-82 Field Artillery Regiment, provides security at the ancient Ziggurat of Ur, Iraq, Sept. 24.



U.S. Air Force Staff Sgt. Ryan Crane

Capt. Brandon Delatorre, a civil affairs team leader, and Staff Sgt. Jason Roberts, both attached to the Laghman Provincial Reconstruction Team, walk with Afghan children in Mehtar Lam district, Laghman province, Afghanistan, Sept. 26 during a patrol with Afghan Uniform Police officers.

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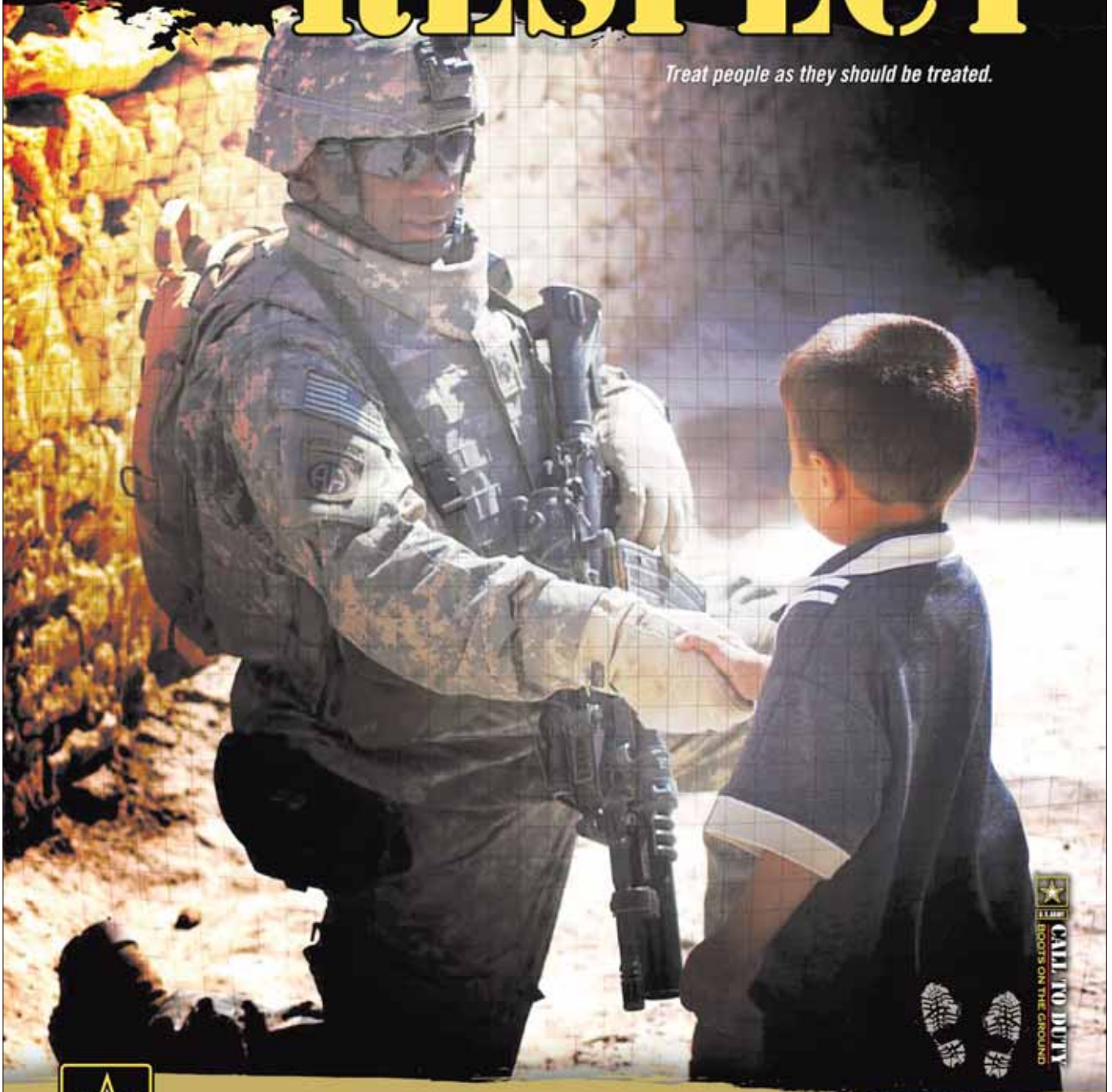


U.S. Navy Spc. 1st Class Chad J. McNeeley

Outgoing Chairman of the Joint Chiefs of Staff Navy Adm. Mike Mullen, center, and Col. David P. Anders, center left, the commander of the 3rd Infantry Regiment, The Old Guard, review troops during a ceremony honoring the admiral at Joint Base Myer-Henderson Hall, Va., Friday. Mullen retired after 43 years of service.

# RESPECT

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## ARMY VALUES



## VIOLENCE

continued from page 1

let the USAG B-W community know that domestic violence is a serious problem in the Army. It takes the entire community to stop domestic violence. We want everyone to know that there is a 24/7 hotline for victims of abuse and to participate in activities to show their support," Barber said.

The domestic violence 24/7 hotline is civ. 0170-609-2862.

According to its mission statement, the Family Advocacy Program is dedicated to the prevention, education, prompt reporting, investigation, intervention and treatment of spouse and child abuse. The mission is accomplished through a variety of methods, including seminars, workshops, counseling and intervention services. One service, victim advocacy, provides 24/7 non-clinical advocacy services, crisis intervention, safety planning, information, referral and sup-

**"Taking care of Soldiers, civilians and families is best achieved by community collaboration. Domestic violence is a challenge to our nation, one the military is not immune to ... Prevention programs help families cope with the stressors of transitions ..."**

—Brandi Stauber, IMCOM-E Family Advocacy Program manager

port.

"Taking care of Soldiers, civilians and families is best achieved by community collaboration. Domestic violence is a challenge to our nation, one the military is not immune to," said Brandi Stauber, Installation Management Command Europe, FAP manager.

"Our prevention and education programs, as well as the Army's mandated interventions when abuse has already occurred, are designed to help families cope with the stressors of transitions,

deployments and the innate challenges of military life and (are) aimed to improve prevention and response to domestic abuse."

Despite these extensive and ongoing prevention efforts, domestic abuse continues to occur, thus undermining family readiness and Army core values.

"For example, Soldiers and their family members may fail to recognize risk factors that affect their relationships," Stauber said. "Research shows that risk factors such as combat-related post traumatic

### Domestic Violence Awareness Activities

- **Book Club** – The Gift of Fear, 11:30 a.m.-1 p.m. Oct. 6, 13, 20 and 27, Army Community Services, Community Support Center, Bldg. 3850, on Shopping Center in Heidelberg
- **Movie Night** – The Secret Life of Bees, 6-8 p.m. Oct. 7, Warrior Zone, Patton Barracks in Heidelberg (open to servicemembers and their guests 18 and older)
- **Movie Night** – Sleeping with the Enemy, 6-8 p.m. Oct. 14, Warrior Zone, Coleman Barracks in Mannheim (open to servicemembers and their guests 18 and older)
- **Domestic Violence Intervention Course** – 8 a.m.-5 p.m. Oct. 17-21, Patrick Henry Village Pavilion in Heidelberg (military police and first responders)
- **Second Annual Women's Conference** – 8:30 a.m.-4 p.m. Oct. 25, Patrick Henry Village Pavilion in Heidelberg
- **For information** – call Army Community Service at DSN 370-6883, civ. 06221-57-6883 or visit [www.mwrgermany.com](http://www.mwrgermany.com).
- **Domestic Violence hotline** – available 24/7 for the Mannheim and Heidelberg communities at civ. 0170-609-2862.

stress, substance abuse, exposure to violent video games, pornography and behaviors related to risk taking and sensation seeking all play into and complicate the problem of domestic abuse," she added.

Prevention and intervention can be achieved through a variety of actions such as strengthening relationships

and connecting neighbors or family members experiencing problems to reporting point of contact and referral sources.

Stauber encourages Soldiers and families to participate in Domestic Abuse Prevention Month activities and utilize the resources available to prevent domestic abuse.

## VEHICLE

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desks to allow more privacy for customers.

"We figured it would be best to move into a bigger facility basically to handle customer capacity and the bathroom situation. This was supposed to be a temporary spot anyway," said Robert D. Peal, vehicle registration technician.

There are currently six employees to assist customers with vehicle registration renewals, transfers and shipping.

"Everything having to do with everyone's USAREUR plated vehicles

has to come through us. The vehicle processing center, inspection point and our office are all here and now that we've consolidated everything it's a lot easier for people when they come to vehicle registration if they have any immediate situations or problems," said vehicle registration clerk, Sgt. William Gano.

"We can direct them to immediate help and they don't have to drive halfway across town to find it," Gano added.

Peal and Gano both advised customers to first call or visit the official homepage for the U.S. Army Europe

Registry of Motor Vehicles to ensure they have the proper paperwork and fee amount for their particular transaction.

Customers are also encouraged to bring checks or money orders to pay any fees in the event that the credit card machine is not working.

"The bottom line is the customer and making sure they are comfortable and giving them the full service that they deserve," Peal said.

He added they are in the process of updating the USAREUR Registry of Motor Vehicles homepage to ensure their customers have the most up to

date information.

The satellite registration office on Patrick Henry Village in Heidelberg is scheduled to close Oct. 31. After that, the vehicle registration office on Spinelli will be the only location in the Mannheim and Heidelberg communities.

The Spinelli office is open 7:30 a.m.-5 p.m. Monday through Friday (including training holidays) and is closed federal holidays.

For information, call the Spinelli vehicle registration office at DSN 384-6909 or 384-6100 or visit [www.hqusa-reur.army.mil/rmv](http://www.hqusa-reur.army.mil/rmv).

## COVENANT

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keep its promises.

The short answer is yes. Leaders change and situations change, but the Army's commitment to Soldiers and families endures.

Under the covenant, the Army developed and enhanced programs that build Soldier and family strength, resilience and readiness. They include Survivor Outreach Services, Child, Youth and School Services, New Parent Support, the Military Spouse Employment Program, Strong Bonds and the Wounded Warriors Sports Program.

In addition, the Army has provided new and renovated housing for thousands of families and single Soldiers

and constructed more than 150 new child care and youth centers. The Army has increased the number of Military Family Life Consultants, who provide confidential non-medical counseling for Soldiers and families and the number of behavioral health care providers, who provide services before, during and after deployment.

The Army has worked hard to reach the whole Army family including geographically dispersed Soldiers and family members. Toward that end, the Army supports a number of services away from installations, such as community-based child care and Army National Guard Family Assistance Centers and provides

Army OneSource, which enables 24/7 access to services regardless of location.

The AFC has been the catalyst for enhancing and standardizing the quality of support for Soldiers and families. Now it is time to ensure our investment has made a difference in the lives of Soldiers and families.

Program review built into the Army Family Covenant from day one assesses program effectiveness and allows adjustments to ensure there is no overlap or gaps in programs.

The current fiscal situation does not change our course but it does put more gas in our tank. It intensifies the need to streamline and make

sure we continue to provide the most valuable programs.

For the programs under the AFC umbrella, customer feedback is a critical part of our evaluation.

We gather feedback by looking at which services are used most often, and partly by asking customers about their experiences through focus groups and surveys such as the Army OneSource Army Family Covenant survey completed Sept. 1.

We will ask for feedback again in January, when Soldiers, family members, civilians and retirees will receive a survey on their needs, usage and satisfaction with Family and Morale, Welfare and Recreation programs. I urge ev-

eryone to take this and every other opportunity to tell us about the programs and services that are valuable to you. Your feedback impacts decisions about programming.

Like every other government organization, every business and every family, we are taking a close look at our use of resources during this time of fiscal uncertainty.

We have to determine the most efficient, most effective ways to reach out to the entire Army Family and provide support in the areas of greatest need.

But we are starting from a clear, non-negotiable bottom line: the Army will keep its promise to Soldiers and families.

# Zombie Walk



Dee Crawford

Sgt. Jaret Smith, Heidelberg president of Better Opportunities for Single Soldiers and other Heidelberg zombies and BOSS Soldiers, take time to dance to the music of street performers during the Zombie Walk in downtown Heidelberg Sunday. The community joined together for a gruesome good time during the zombie walk, one of the activities that occur during fall and lead to Halloween costume parties and other festive gatherings.

# Who will win Mini Cooper?

## Family and MWR Marketing

The Family and Morale, Welfare and Recreation Mega Mini giveaway final drawing is 9 a.m. tomorrow at the grand opening of the Holiday Bazaar in the Village Pavilion on Patrick Henry Village in Heidelberg.

Winner hopefuls have visited Family and MWR facilities, participated in events, liked FMWR on Facebook and waited all summer to learn who will win a brand new 2011 Mini Cooper.

Saturday, 15 finalists' names were drawn at the community yard sale on Patrick Henry Village in Heidelberg.

Vying for the prize are Diana Kiehl, Eric Haas, John Dupeire, Grace Campbell, Linda Powers, Jeanie Petty, Anton Rivera, Yesenia Rivera, Sanja Horne, Bin Kimbrough, Tangela Calhoun, Mirabolfazal Hashimi, Kim Pierce, Laura Wills and Jenny Shannon.

"When I filled out my entry form, I said to myself, this is going to be my car," said Army spouse and finalist Tangela Calhoun.

Other finalists like John Dupeire said to win the car would be great since he's never won anything of this magnitude before. Sanja Horne said her 6-year-old daughter loves Mini Coopers and has been asking for one.

Family and MWR will have more prizes, more giveaways and the ribbon-cutting to start the holiday shopping weekend in Heidelberg.

# Kaiserslautern welcomes senior enlisted leader

By Rick Scavetta  
USAG KAISERSLAUTERN PUBLIC AFFAIRS

During a change of responsibility ceremony at Kleber Kaserne in Kaiserslautern Friday, Command Sgt. Maj. Gene Canada assumed the role of senior enlisted leader for U.S. Army Garrison Kaiserslautern.

Several senior leaders from Army and Air Force units in the Kaiserslautern Military Community attended the event, including Col. Bryan DeCoster, commander of U.S. Army Garrison Baden-Württemberg.

The highlight of the ceremony, held at the post gymnasium, was the traditional passing of the noncommissioned officer sword. Lt. Col. Lars Zetterstrom, commander of U.S. Army Garrison Kaiserslautern, thrust the blade toward Canada – pausing momentarily for serious, yet, softly spoken words.

"The NCO chain of responsibility and the role of the NCO is something that every military in the free world emulates," Zetterstrom said, during his remarks. "It's truly the backbone of

the Army and what makes our Army great."

Taking that responsibility in Kaiserslautern will be the most rewarding and challenging job in Canada's career, he said during his remarks.

"This responsibility is not only to Soldiers, but to their families and this great community," Canada said. "This job comes with the inherent responsibility to look past excuses and simply provide the best support ... as well as form and sustain strong relationships between all organizations within the KMC."

Canada, a native of Austin, Texas, began his career 24 years ago as an ammunition specialist. He's since held every leadership position from squad leader to command sergeant major. In addition to completing all levels of the Noncommissioned Officers' Education System, Canada also holds a degree of Business Administration from Columbia Southern University.

Canada arrived recently from the 4th Sustainment Brigade (Provisional), at Fort Hood, Texas, where he also served as command sergeant



Rick Scavetta

U.S. Army Garrison Kaiserslautern Commander Lt. Col. Lars Zetterstrom passes the noncommissioned officer sword to Command Sgt. Maj. Gene Canada during a change of responsibility ceremony Friday at Kleber Kaserne in Kaiserslautern.

major. Early in his career, Canada was assigned to the Kaiserslautern area, serving at Camp Dahn, not far from Pirmasens. He's also served overseas in Italy, Kosovo and Korea. Canada also deployed three times in support of Operation Iraqi Freedom.

Master Sgt. Kenneth Wilson has served as acting command sergeant

major following the July departure of Command Sgt. Maj. Richard Jessup. Wilson will now serve in the garrison's public works directorate.

"The firsthand knowledge and experiences I have gained from the position will stay in my tool bag throughout the rest of my career," Wilson said.

## GERMAN CUISINE

### Restaurant Review El Greco

#### Where to find it

Wald Haus El Greco  
Alte B 39 1  
68804 AltluBheim  
Civ. 06205-305-518 7

#### Hours of Operation

Lunch – 11:30 a.m.-3 p.m.  
Dinner – 5:30-10:30 p.m.  
Tuesday-Sunday

#### Price Range

€10 - €19

#### Review

Restaurants like El Greco are few and far between and its hard to find its equal for the price, food and ambiance.

Located next to the Tennis Club in AltluBheim and aptly named Wald Haus (Forest House), this beautiful, antiquated, ivy covered, renovated house is hidden by trees and comes with a surprising contemporary and modern interior. Beautiful chocolate leather chairs and candle light anchor the restaurant. Art deco wall finishes augment the contemporary décor.

Invite a date for an unforgettable, romantic dinner. Or go with a group and sit in the back room overlooking their alluring deck, where on Friday afternoons they have happy hour, offering all cocktails for €4.

Serving classic Greek cuisine, El Greco's menu offers ample options for vegetarians, seafood lovers and carnivores alike. Bountiful starters like the aubergine and corgettes served with tzatziki, saganaki grilled scampi skewers and grilled octopus are perfect for sharing and not too heavy for the entrées to follow. With starters costing €4 and €7, sharing a few then sharing an entrée can be satisfying yet reasonable.

As for entrées, tempting items such as the scampi with a tarragon and sherry sauce will permeate the senses as soon as it arrives. Dishes such as the mixed grill offer a variety of grilled lamb and meats with dipping sauces with your choice of sides.

One of my favorites is the gyros aus dem backofen, which is gyro meat baked with feta cheese and a metaxa (Greek cognac) sauce. Sublime, rich and decadent, it is sensational.

For seafood lovers, the mixed grilled seafood teller combines scampi, calamari, salmon and sea bass, each with their unique seasoning that cohere perfectly. Choose from sides such as rosemary-garlic potatoes, steak fries and rice pilaf to round out the plate. With all entrées being served with a saporous mesclun salad, expect to have leftovers.

#### Overall Impression

Be sure to make a reservation or expect to wait at least 45 minutes for a table. Relax, have a drink on the deck and wait for your table.

SOURCE: *Angelee Aurillo*

### Learn German Cuisine

Visit an organic food store or a typical grocery store with a registered dietician fluent in German and an expert on cultural nutritional differences. Call the Nutrition Care Division at the Heidelberg Health Center, DSN 371-2747, civ. 06221-17-2747.



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at [dearmsvicki@yahoo.com](mailto:dearmsvicki@yahoo.com).

#### Dear Ms. Vicki,

*My boyfriend has served in the Army for 8 years and has fortunately never been deployed to Iraq or Afghanistan. We have been together for two years, and since then the longest we have been apart was for four week periods when he was sent away for military training.*

*In April of this year he was promoted to staff sergeant and in May he received transfer orders that stated he was to report to Fort Bliss near El Paso.*

*He's expected to stay there throughout the rest of his contract, which ends in June 2013.*

*I spent 4th of July weekend with him when he came home in August to visit, and I plan on going to see him in October. His job is very demanding and has recently caused so much stress that it seems to be affecting our relationship. We have been arguing more, and I'm starting to wonder if I'm cut out for this.*

*I don't doubt that I love him; I can honestly say I truly believe we have both put in a ton of effort. When he talks about how overwhelmed he is, I feel like our relationship is an added stress that he's also struggling to deal with.*

*Then I wonder if I'm reading too much into it, and I have to remind myself that it's not about me. I just feel like he has no choice when it comes to his job, whereas with me he does. He can walk away from me.*

*I don't doubt that he loves me; I just want to know what I can do to help the situation. Is this what comes with a long distance relationship with a military person? From: Long Distance Situation*

#### Dear Long Distance,

It appears that you are trying to use good maturity and insight with the communication problems between you and your boyfriend.

It's very normal for you to question what is going on and if you are causing this extra stress. The overwhelming thing is the transition to a new location. If you look at a stress test, the ones where you answer a question about recent events like moving, loss of a job or a recent divorce, you will see that moving to a new location is a top five stressor.

Adding to what you said about a long distance relationship: they can be stressful, too.

You know what? You should just take it easy. Don't push the issue and don't push each other's buttons during phone conversations or during online chatting. Avoid the conversations that start arguments or friction. Just don't go there. Simply enjoy the moment of being in each other's company, even if it is across the miles.

During my husband's

deployments or times he was away for schools or training, I felt some resentment from time to time about the long absences and distance between us.

Of course, I wanted him all to myself, and we would have arguments about every little thing. Honestly, I was probably the instigator.

Now is the time for you to really think about what is it about his character that makes you want to continue in this long distance relationship?

People are into the physical, the financial status, the "who's-who," but a man's character is what matters in the end, because that is what will make you a better woman.

The deployments and long absences that I have experienced being married to my husband have made me love the man he is. I truly admire his commitment and his dedication to whatever he is facing. He makes me want to do the same.

I am concerned with how your boyfriend views this relationship. Hopefully, you have both defined the relationship and you know where it's going.

Don't stay on a train that's going nowhere. I'm not saying you need to rush and get married by any means. But I am saying don't settle for being the long-term date. I want you to know where this relationship is going before you invest so much into it.

In the meantime, continue to work on you. If you are working don't quit your job and continue with your education and your spiritual growth. I wish you an exciting life. It may have peaks and valleys but will be exciting just the same.

## Oct. 21 National Mammography Day

### HMEDDAC Public Affairs

In 2009, National Breast Cancer Awareness Month celebrated its 25th anniversary. Since its inception, NBCAM has been at the forefront of promoting awareness of breast cancer issues and has evolved along with the national dialogue on breast cancer.

NBCAM remains dedicated to educating and empowering women to take charge of their breast health with regular self-exams to identify any changes, scheduling regular visits and annual mammograms with their healthcare provider, adhering to prescribed treatment and knowing the facts about recurrence.

Every third Friday in October is National Mammography Day, first proclaimed by former President

Bill Clinton in 1993. On this day, and throughout the month, women are encouraged to make mammography appointments.

From 8 a.m.-noon Oct. 21, the radiology department Heidelberg Medical Department Activity will take walk-in asymptomatic mammography patients who meet screening criteria, which includes women 40 and older and those with a history of premenopausal breast cancer in a first degree relative.

Patients who find new breast lumps or other suspicious breast changes will be referred to their assigned clinic or primary care manager for evaluation and treatment.

To schedule an appointment, contact radiology at DSN 371-2748 or civ. 06221-17-2748 or the

### Walk-In Mammograms

8 a.m.-noon Oct. 21 – The Heidelberg Medical Department Activity radiology department will offer walk-in mammograms for women over 40 and those with a family history of breast cancer. DSN 371-2748 or civ. 06221-17-2748.

### Helpful Resources

The following websites offer resources in support of breast cancer awareness.

- [nbcam.org/patient\\_questions\\_answers.cfm](http://nbcam.org/patient_questions_answers.cfm)
- [nbcam.org/disease\\_mammogram\\_screening.cfm](http://nbcam.org/disease_mammogram_screening.cfm)
- [ww5.komen.org/BreastCancer/BreastSelf-Exam.html](http://ww5.komen.org/BreastCancer/BreastSelf-Exam.html)
- [ww5.komen.org/BreastCancer/BreastSelf-Awareness.html](http://ww5.komen.org/BreastCancer/BreastSelf-Awareness.html)

population health department at DSN 371-2383, civ. 06221-17-2382. Enrollment with a PCM is required.

# GET OUT!

## area events

More events online at <http://myBWnow.ning.com>

### October 6

**Paul Young** - Musician Paul Young will perform at 8 p.m. at the Kammgarn, Schoenstrasse 10, 67659 in Kaiserslautern. Tickets available at civ. 01805-57-0070.

**Pumpkin Festival** - Kaiserslautern's annual pumpkin festival will be held in the Gartenschau grounds until Halloween. More than 50,000 pumpkins pack the festival grounds along with festive decorations and an array of pumpkin flavored foods served at the Gartenschau restaurant. Grounds are located at An der Kalause 9, 67659 in Kaiserslautern. Civ. 0631710070. [www.gartenschau-kl.de/service-1/opening-hours](http://www.gartenschau-kl.de/service-1/opening-hours).

**Film Festival** - The 19th annual Filmfest Hamburg will showcase the works of nearly 120 national and international films. Films will be shown at multiple venues around the city. Ticket costs vary but most showings start at €6.50. The festival runs through Oct. 8. [www.filmfest-hamburg.de/en/information/karten.php](http://www.filmfest-hamburg.de/en/information/karten.php).

### October 7

**Gartenschau** - The second annual Gartenschau Oktoberfest will be held in Kaiserslautern 6 p.m. to midnight, 11 a.m. to 11 p.m. Oct. 8, 11 a.m. to 6 p.m. and 11 a.m. to 6 p.m. Oct. 9. <http://www.gartenschau-kl.de/service-1/ticket-info/day-tickets>.

**Holiday Bazaar** - The 47th annual holiday bazaar sponsored by the Heidelberg Spouses Club will be 10 a.m.-7 p.m. Oct. 7-8 and 11 a.m.-5 p.m. Oct. 9 at the Patrick Henry Village Pavilion in Heidelberg. Shop from more than 75 vendors selling food, toys, jewelry, furniture, clothing and more. The bazaar is open to U.S. and NATO ID card holders with shopping privileges. Credit cards are accepted. [www.hscs-heidelberg.com](http://www.hscs-heidelberg.com).

**Istanbul Trip for Soldiers** - Spend Columbus Day weekend in Istanbul, Turkey with the Heidelberg Better Opportunities for Single Soldiers, B05S, group Oct. 7-10. Bus departs Oct. 6. DSN 373-5275, civ. 06221-17-5275.

**Festival of One Act Plays** - The Roadside Theater again hosts the Festival of One Act Plays 9 a.m.-10 p.m. through Oct. 9, featuring a jam-packed weekend of more than a dozen one-act plays from around the world, guest performances, special events, classes, workshops and awards ceremony. DSN 373-5020, civ. 06221-17-5020. [www.roadsidetheater.com](http://www.roadsidetheater.com), [www.mwgermany.com](http://www.mwgermany.com).

### October 8

**Painting** - View famous paintings from renowned artists such as Rubens, Cranach, Teniers, or Kobell at the Reiss-Engelhorn-Museum in Mannheim, C5, through Jan. 8. Exhibition includes more than 130

paintings. [www.rem-mannheim.de/index.php](http://www.rem-mannheim.de/index.php).

**Alex Max Band** - Tickets are now on sale for the Alex Max Band Forever Yours Tour 2012 at the Capitol Mannheim, 8 p.m. Jan. 17. Tickets available at Civ. 0621-101011 or [www.bb-promotion.com](http://www.bb-promotion.com).

**Thriller** - This spectacular show of songs and dancing celebrates Michael Jackson as the King of Pop at the Rosengarten in Mannheim Feb. 10. Tickets: civ. 0621-101011, [www.bb-promotion.com](http://www.bb-promotion.com).

**Chris Rea Concert** - The British singer and songwriter will perform his Santo Spirito Tour 2012 at the Rosengarten in Mannheim Feb. 25. Concert starts at 8 p.m. Tickets available now: civ. 0621-101011, [www.bb-promotion.com](http://www.bb-promotion.com).

**Bryan Adams** - The singer and songwriter will perform at the SAP Arena in Mannheim March 29. Concert begins at 8 p.m. Tickets: civ. 0621-101011, [www.bb-promotion.com](http://www.bb-promotion.com).

### October 9

**Enjoy Jazz** - The 13th annual International Enjoy Jazz Festival is back. A variety of jazz musicians will give daily concerts at venues across Heidelberg, Mannheim and Ludwigshafen. Jazz matinees will be performed Oct. 9, 23 and Nov. 6, 13. Festival runs through Nov. 18. A listing of the concerts is available at [www.enjoyjazz.de](http://www.enjoyjazz.de) or [www.inkwire.de/enjoy-jazz.html](http://www.inkwire.de/enjoy-jazz.html). Tickets can be purchased online at [www.reservix.de](http://www.reservix.de), then click Enjoy Jazz 2011.

### October 12

**Frankfurt Book Fair** - The Frankfurt Book Fair is the largest book trade show in the world. The fair will be closed to the public during the week but on the final weekend the doors are open to thousands of visitors, who can buy and sell both old and new books and enjoy readings, discussions, films, concerts and more. Fair runs through Oct. 16. One day pass is €14 and €20 for the weekend. Messegelände, Ludwig-Erhard-Anlage 1, 60327 Frankfurt am Main.

### October 13

**Berlin Opera** - Located on Unter den Linden in the heart of Berlin, the Berlin State Opera is one of Germany's premier opera companies, with a rich history (the original building was commissioned in 1741) and a program that will delight connoisseurs as well as the curious. See world-famous ballets, operas and concerts by contemporary artists, or catch one of the inspired youth performances. Unter den Linden 7, Berlin, Germany, 10117. Civ. 030 2035 4555. [www.buzzoffbase.com](http://www.buzzoffbase.com).

### October 14

**Altstadt Tour** - Tour of the Altstadt in

Heidelberg will be available in German and English 10:30 a.m. Oct. 14 and 15. Group will meet at the Marktplatz, Rathaus Haupteingang (main entrance), 69117 Heidelberg. Get tickets directly from the tour guide or make reservations by phone at civ. 06221-1422-51/52, or email [touristinfo@heidelberg.de](mailto:touristinfo@heidelberg.de).

### October 15

**Flea Market** - Shop for big bargains for pint-sized prices during a special flea market for kids' items, 1-4 p.m. at the Arche Kindergarten, Wicherngemeinde, Glatzer Strasse 31, 69124 in Heidelberg.

**Black Forest Cake Tour** - Tour the Black Forest along the Schwarzwald Hochstrasse and visit the Allerheiligen waterfall, the "Mummelsee", a beautiful, glacier-carved lake and the famous Hohenrode Gasthaus in Saschwalden, where visitors can sample a slice of the world's largest Black Forest Cake or another treat to tantalize your taste buds and tummy. <http://affiliates.usa.org/rheinmain>.

### October 16

**Evening at The Theater** - Travel to Frankfurt for the English Theater's production of Oscar Wilde's *The Importance of Being Earnest*. Directed by Matthew Ryan, the play, set in England in the late Victorian era, follows two young gentlemen who decide to bend the truth in order to add some excitement to their lives. <http://affiliates.usa.org/kaiserslautern>.

### October 20

**Ramstein Haunted Tent** - Enjoy a night of fun and fright at the Haunted Tent City right outside of Ramstein Air Base. The tents are located near the West Gate. Creep along through huge tents, dimly lit buildings and spooky woods crawling with monsters and ghosts ready to spook out even the most fearless of souls. Refreshments and a snack bar will be available. Tent is open 6 p.m.-midnight Oct. 20-23 and 28-31. Visits by children under the age of 12 are not recommended. [www.buzzoffbase.com](http://www.buzzoffbase.com).

### October 22

**Frankenstein Castle** - If you love to be frightened, then don't miss the annual Halloween festivities at Frankenstein Castle near Darmstadt. Of course, it really wouldn't be Halloween without a haunted castle. You'll be able to walk through the Frankenstein Castle and see all kinds of horrific monsters, vampires, werewolves and ghosts in each room of the castle ruins, brave visitors will see different scenes of the macabre and experience fear at its finest. <http://affiliates.usa.org/kaiserslautern>.

## coming to THEATERS

### WHAT'S YOUR NUMBER?

(Anna Faris, Chris Evans, Blythe Danner)  
Ally Darling embarks on a quest to find the best "ex" of her life, by any means necessary, after she reads a magazine article warning that people who have had 20 or more relationships have missed their chance at true love. Now, with a little help from her mischievous neighbor, Ally is paying a visit to each of her exes in order to reel in the perfect catch. (Rated R for sexual content and language). 106 minutes.



### PLAYING THIS WEEK

#### Heidelberg, Patrick Henry Village

Oct. 6 - FRIENDS WITH BENEFITS (R) 7 p.m.  
Oct. 7 - WHAT'S YOUR NUMBER? (R) 7 p.m., 9:30 p.m.  
Oct. 8 - CRAZY, STUPID, LOVE (PG-13) 4 p.m.; CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 7 p.m.; WHAT'S YOUR NUMBER? (R) 9:30 p.m.  
Oct. 9 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 4 p.m.; CRAZY, STUPID, LOVE (PG-13) 7 p.m.  
Oct. 10 - WHAT'S YOUR NUMBER? (R) 7 p.m.  
Oct. 11 - CRAZY, STUPID, LOVE (PG-13) 7 p.m.  
Oct. 12 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 7 p.m.  
Oct. 13 - CRAZY, STUPID, LOVE (PG-13) 7 p.m.

#### Vogelweh, Galaxy

Oct. 7 - DOLPHIN TALE (PG) 7 p.m.  
Oct. 8 - WINNIE THE POOH (G) 4 p.m.; FRIENDS WITH BENEFITS (R) 7 p.m.  
Oct. 9 - WINNIE THE POOH (G) 4 p.m.

#### Ramstein, Gateway Movieplex

Oct. 6 - DOLPHIN TALE (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7 p.m.; WINNIE THE POOH (G) 11:15 a.m., 1:15 p.m., 3:15 p.m., 5:15 p.m., 7:15 p.m.; FRIENDS WITH BENEFITS (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.  
Oct. 7 - WHAT'S YOUR NUMBER? (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m., 9:15 p.m.; CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; CRAZY, STUPID, LOVE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 9 p.m. WINNIE THE POOH (G) 11:15 a.m., 1:15 p.m., 3:15 p.m.  
Oct. 8 - WHAT'S YOUR NUMBER? (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m., 9:15 p.m.; CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; CRAZY, STUPID, LOVE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; WINNIE THE POOH (G) 11:15 a.m.  
Oct. 9 - WHAT'S YOUR NUMBER? (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.; CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m.; CRAZY, STUPID, LOVE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; CARS 2 (G) 11:30 a.m., 2 p.m., 4:30 p.m.  
Oct. 10 - WHAT'S YOUR NUMBER? (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.; CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; CRAZY, STUPID, LOVE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; CARS 2 (G) 11:30 a.m., 2 p.m., 4:30 p.m.  
Oct. 11 - WHAT'S YOUR NUMBER? (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.; CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; CRAZY, STUPID, LOVE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; CARS 2 (G) 11:30 a.m., 2 p.m., 4:30 p.m.  
Oct. 12 - WHAT'S YOUR NUMBER? (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.; CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; CRAZY, STUPID, LOVE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; CARS 2 (G) 11:30 a.m., 2 p.m., 4:30 p.m.  
Oct. 13 - WHAT'S YOUR NUMBER? (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.; CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; CRAZY, STUPID, LOVE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.

#### THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238  
Galaxy Theater, Vogelweh, 0631-50017  
Gateway Cineplex, Ramstein, 06371-47-5550

Visit [www.aafes.com](http://www.aafes.com) for updated listings and more movie descriptions  
Mannheim Cineplex (P4 13), CnemaxX (N7, 17), Mannheim, civ. 01805-625466, [www.cineplex.de](http://www.cineplex.de)

#### Mannheim, CnemaxX, Cineplex - English Language movies

Oct. 6-12 - JOHNNY ENGLISH REBORN (PG) 5:30 p.m., 8 p.m., 10:45 p.m. (except Oct. 10 shows at 11 p.m.). Also shows Oct. 8-9 at 2:45 p.m. at Cineplex

## community HIGHLIGHTS

### Campaign Employee Assessment

Randomly selected employees are being asked to take an online Campaign Plan Employee Assessment to help determine the maturity of management practices and business results IMCOM wide. Those selected are encouraged to participate to help the command receive an accurate assessment of its execution of the Installation Management Campaign Plan. The CPEA is active through Oct. 31 and must be taken in one session. DSN 373-5183, civ. 06221-17-5068.

### Ammunition Amnesty

The 21st Theater Sustainment Command has scheduled an amnesty day to allow individuals to turn in ammunition and explosives 8 a.m.-2:30 p.m. Oct. 11 at the Theater Logistics Support Center - Europe Ammunition Supply Point 9 at Miesau Army Depot. Personnel who have acquired abandoned or unauthorized ammunition and explosives from a variety of sources - to include training ranges, military missions and uncovered military artifacts - could face disciplinary action if found with these dangerous items. The amnesty program allows anonymous turn in of these items with no repercussions. DSN 481-3516, civ. 06372-842-3516.

### Retiree Appreciation

A Retiree Appreciation Day will be held 8 a.m.-3 p.m. Oct. 15 at the Patrick Henry Village Pavilion in Heidelberg with services opening at 10 a.m. Registration begins at 8 a.m. and the official opening is at 9 a.m. Guest speakers will be U.S. Army Europe Deputy Commander Maj. Gen. James Boozar Sr. and retired Sgt. Maj. of the Army Jack Tilley, co-chairman of the Army Chief of Staff Retiree Council. The Association of the U.S. Army will host an ice-breaker 6 p.m. Oct. 14 at the Pavilion. DSN 370-8399, civ. 06221-57-8399.

### Army Family Action Plan

Army Community Services hosts the U.S. Army Garrison Baden-Württemberg Army Family Action Plan conference for all Kaiserslautern, Heidelberg and Mannheim families 8 a.m.-4:30 p.m. Oct. 19-21 at the Kaiserslautern Community Activity Center on Daerner Kaserne, Bldg. 3109. DSN 370-6975, civ. 06221-576975, [www.mwrgermany.com](http://www.mwrgermany.com).

### MacArthur Leadership Award

Through Nov. 1, U.S. Army Europe is accepting nominations for the Gen. Douglas MacArthur Leadership Award. Officers selected at the USAREUR level will move to the Department of the Army level, where only 25 officers and three warrant officers Army-wide will receive the award. [www.army1.army.mil/macarthur/default.asp](http://www.army1.army.mil/macarthur/default.asp).

### Special Elections

On Nov. 8, Oregon will hold a special primary election for the first congressional district. Also on Nov. 8, Arkansas will hold a special state-wide election for a \$575 million state highway bond renewal.

## local EMPLOYMENT

### DODDS Jobs

DoDDS Europe is looking for motivated, high performing and diverse U.S. citizens for paid and volunteer positions as special educational aids, substitute teachers and AVID tutors. Volunteers can inquire at child's school. DSN 338-7556, [www.eu.dodea.edu](http://www.eu.dodea.edu).

### KAISERSLAUTERN

#### Community

♦ **Miesau Library Closure** - The Miesau Library will remain closed until funding and staffing have been determined. Patrons may visit the Kaiserslautern Library on Landstuhl Post, Bldg. 3810, 10 a.m.-7 p.m. Monday-Thursday, 10 a.m.-5 p.m. Friday, 9 a.m.-4 p.m. Saturday, Closed Sundays and holidays; or the Kleber Branch Library on Kleber Kaserne, Bldg. 3205, Monday-Friday, closed 2-3 p.m. daily, weekends and holidays.

♦ **Pulaski Kids' Zone** - The Kids' Zone on Pulaski Barracks closed Oct. 1.

♦ **HUGS Program** - The HUGS program formerly at the Kids' Zone on Pulaski Barracks will begin meeting 10 a.m. Oct. 6 at the Kleber Physical Fitness Center.

♦ **College Night** - Parents and students can meet with more than 100 accredited college representatives from the United States and Germany 6-8:30 p.m. Oct. 6 at the Special Events Center on Rhine Ordnance Barracks, Bldg. 237.

♦ **Flu Shots** - FluMist and Fluzone immunizations will be available during College Night, 6 p.m. Oct. 6 on Rhine Ordnance Barracks; 2-6 p.m. Oct. 13-14 at Kaiserslautern High School and 4-7 p.m. Oct. 18, 20 and 26 in the Kaiserslautern Mall.

♦ **Bring Your Boss Night** - Invite your boss and co-workers to Boss Night 4-7 p.m. Oct. 7 at Armstrong's Club, Bldg. 1036, on Vogelweh Housing. Civ. 0631-354-9986.

### HEIDELBERG

#### Education

♦ **ACS Classes** - Book Club: The Gift of Fear, 11:30 a.m.-1 p.m. Oct. 6, 13, 20 and 27, Room 172 (registration required); Family Readiness Group 101, 2:30 p.m. Oct. 7, Room 250B; Exceptional Family Member Program teen social, 7-9 p.m. Oct. 7, Panther's Place, Patrick Henry Village; Army Community Service Volunteer Orientation, 10-11 a.m. Oct. 10; Applying for a Federal Job, 9-11 a.m. Oct. 11-12; Financial Readiness Training, 9 a.m.-1 p.m. Oct. 12; Community Orientation Briefing, noon-3 p.m. Mondays, Room 141; Re-integration brief, 9 a.m. Tuesdays. All classes in the Community Support Center, Bldg. 3850, unless noted.

♦ **FAST Class** - Schedule the mandatory pre-test for the Functional Academic Skills Test by Oct. 11 at the Patton Barracks Education Center. FAST is 8 a.m.-noon Oct. 12 and Nov. 1 and can reinforce basic math or reading skills resulting in improved General Technical scores for reclassification or re-enlistment purposes. DSN 373-6226, civ. 06221-17-6226.

♦ **University of Maryland** - University of Maryland University

College Europe announces registration for on-site and online courses for the fall session through Oct. 23. Classes start Oct. 24. Register by Dec. 16 for field study courses including Expatriate Writers in Paris: 1920s Jan. 7-14 in France, and Renaissance Art in Florence Jan. 7-14 in Italy. DSN 370-6762, civ. 06221-3780, [www.ed.umuc.edu](http://www.ed.umuc.edu).

#### Community

♦ **Why Catholic?** - Explore the catechism of the Catholic Church 6:30-8 p.m. Oct. 6, 13, 27, Nov. 3, 17 and Dec. 1, 8 in the chapel's multipurpose room on Patrick Henry Village and 9:30-11 a.m. Oct. 17, 24, Nov. 7, 14, 21 and Dec. 5, 8, 12 in the chapel's multipurpose room on Mark Twain Village. Civ. 01515-292-5550.

♦ **Parenting with a Purpose** - Register by Oct. 7 for Parenting with a Purpose 10:30 a.m.-12:30 p.m. Oct. 22, Bldg. 4531, Room 17, Patrick Henry Village. Free childcare available. DSN: 370-6975, civ. 06221-57-6975, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Natural History Museum** - Child, Youth and School Services sponsors a field trip to Frankfurt's Museum of Natural History 10 a.m.-4 p.m. Oct. 7. The group will leave from the Lion's Den. DSN 388-9396, civ. 06221-338-9396.

♦ **Flu Shots** - FluMist and Fluzone immunizations will be available 10 a.m.-2 p.m. Oct. 7-8 at the Heidelberg Holiday Bazaar at the Patrick Henry Village Pavilion; 8 a.m.-1 p.m. Oct. 12 and noon-3 p.m. Oct. 13 in the Casablanca Room on Campbell Barracks; 1-4 p.m. Oct. 14 at Heidelberg Middle School; 8-10 a.m. Oct. 15 at the Patrick Henry Village Pavilion; 10 a.m.-2 p.m. Oct. 15 at Retiree Appreciation Day (retirees only); 8:30 a.m.-2 p.m. Oct. 20-21 at Patrick Henry Village Elementary; 8 a.m.-1 p.m. Oct. 27 on Patton Barracks, Bldg. 113; 9 a.m.-noon Nov. 9 and noon-3 p.m. Nov. 10 in the Casablanca Room on Campbell Barracks.

♦ **Secret Life of Bees** - Servicemembers and guests 18 and older can watch the movie The Secret Life of Bees 6-8 p.m. Oct. 7 in the Warrior Zone on Patton Barracks. DSN: 370-6975, civ. 06221-57-6975, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Jewish Services** - Shabbat services, Bible classes and Holy Day services are canceled through October due to Rabbi Weiss' deployment. Holy day candle lightings will be held at Mark Twain Village chapel 6:34 p.m. Oct. 7; 6:24 p.m. Oct. 12, before 6:30 p.m. Oct. 14, 6:10 p.m. Oct. 19 and before 6:20 p.m. Oct. 21. Jewish military services are available at Ramstein Air Base, DSN 480-5753, civ. 06371-47-5753. Transportation is available through the chaplain's office. DSN 373-6190, civ. 06221-17-6190.

♦ **Customs Closure** - U.S. Forces

Customs Field office Heidelberg will be closed Oct. 10 due to the Columbus Day holiday.

♦ **Life Teen** - Catholic teens meet 10:30 a.m. Oct. 16, 30, Nov. 6 and Dec. 4, 11 at Patrick Henry Elementary School. Civ. 01515-292-5550.

♦ **Tell Me A Story** - Register by Oct. 17 for Tell Me A Story: Making Connections and Finding Support through Literature, 2-3:30 p.m. Oct. 23 at Patrick Henry Elementary. Lt. Gen. Mark P. Hertling, U.S. Army Europe commanding general, will read aloud and families will receive a copy of the featured book. [ptop.heidelberg/militarychild.org](http://ptop.heidelberg/militarychild.org).

♦ **Council of Catholic Women** - The Military Council of Catholic Women meets 6:30 p.m. Oct. 18 in the chapel's upper room on Mark Twain Village; 6:30 p.m. Nov. 15, Dec. 13 at the Mark Twain Village chapel and 9 a.m. Nov. 17, Dec. 15 at the Patrick Henry Village chapel. Civ. 01515-292-5550.

♦ **Headaches And You** - Headache sufferers can attend a class 1-2:30 p.m. the third Wednesday of every month starting Oct. 19 on Nachrichten Kaserne, Bldg. 3613, video teleconference room 2056. Open to all ID card holders. DSN 371-3392, civ. 06221-17-3392.

♦ **Parents Night Out** - Child, Youth and School Services offers parents night out 7 p.m.-midnight and parents day out 10 a.m.-4 p.m. Oct. 21-22, Nov. 4-5, 18-19, Dec. 2-3, 16-17. Parent Central Services: DSN 388-9241, civ. 06221-338-9240.

♦ **Frankenstein Castle** - Child, Youth and School Services sponsors a high school Lock-In and visit to Frankenstein's Castle 6 p.m. Oct. 21-8 a.m. Oct. 22. DSN 388-9396, civ. 06221-338-9396.

♦ **Civilian Insurance** - Civilian personnel can discuss health benefits with insurance representatives from Blue Cross Blue Shield, Foreign Service Benefit Plan and Mail Handlers Benefit Plan noon-2:30 p.m. Oct. 25 at the Civilian Personnel Advisory Center, Bldg. 3980, Room 010. DSN 370-6914, civ. 06221-57-6914.

♦ **Cloth Diapers** - The cloth diapering group will meet 10 a.m. Oct. 29, Nov. 17 and Dec. 15 at Child, Youth and School Services, Bldg. 4443, on Patrick Henry Village. Civ. 06221-73-67033.

♦ **Trunk or Treat** - Child, Youth and School Services hosts Trunk or Treat 6-8 p.m. Oct. 29 in the Panther's Place parking lot. DSN 388-9396, civ. 06221-338-9396.

♦ **Costume Party** - Dress up in your best costume and join the party 9 p.m. Oct. 29 at Legends on Patrick Henry Village. DSN 388-9570, civ. 06221-338-9570.

♦ **Financial Peace** - Dave Ramsey's Financial Peace Military Edition Course group study meets Tuesdays

6:30-8 p.m. through Nov. 22 at the Mark Twain Village chapel.

♦ **Patton Pedestrian Gate** - The Patton Barracks pedestrian gate is closed to all foot traffic until further notice. All pedestrian traffic should proceed through the main Patton Barracks access control point. DSN 388-2357, civ. 06221-338-2357.

♦ **Road Closure** - Drivers traveling to and from Tompkins and Kilbourne Barracks will experience delays due to road work of the Friedrichsfelder Strasse overpass across the new B535 highway north of Schweitzingen. Friedrichsfelder Strasse will remain closed to all traffic until April.

Friedrichsfelder Strasse is from the Avia gas station to Rheintalstrasse near the bowling center in the Hirschacker business district - it is not Friedrichsfelder Landstrasse which leads to Tompkins and Kilbourne Barracks. Detours are posted for long distance traffic via highways L597 and B36, while local traffic will be redirected through Essener and Bochumer Strasse.

♦ **Parent Central Services** - Parent Central Services in Bldg. 4443 on Patrick Henry Village has new hours: 8 a.m.-4:30 p.m. Monday-Wednesday; Friday: 8 a.m.-3:30 p.m. Thursday; and 8 a.m.-12:30 p.m. first Thursdays. DSN 388-9240, civ. 06221-338-9240.

### MANNHEIM

#### Education

♦ **ACS Classes** - Relationship Enrichment, 10 a.m.-noon Oct. 8; Teens in Action, 1-3 p.m. Oct. 8; English as a Second Language, 9:30-11:30 a.m. Wednesdays, Bldg. 246.

#### Community

♦ **Top Hat** - Celebrate Blue Sunday 5-9 p.m. Oct. 9 with oldies and blues and stay for All Nighter with Dev Rico 10 p.m.-3 a.m. Oct. 9 at the Top Hat Club on Benjamin Franklin Village. Coming up, the club will host a Halloween Costume Party 10 p.m.-3 a.m. Oct. 29 with disc jockey Big Money. DSN 380-9370, civ. 0621-730-9370.

♦ **Health Clinic Deactivation** - The Mannheim Health Clinic will host a community deactivation ceremony starting at 10 a.m. Oct. 14 at the sports arena. DSN 380-9504, civ. 0621-730-9504.

♦ **Movie Night** - Servicemembers and guests 18 and older can watch the movie Sleeping With the Enemy 6-8 p.m. Oct. 14 in the Warrior Zone on Coleman Barracks. DSN 370-6975, civ. 06221-57-6975, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Furniture Sale** - The hotel on Benjamin Franklin Village South, Bldg. 312, will sell its guest room furniture, TVs and small household items 9 a.m.-2 p.m. Oct. 15 to ID card holders only. Buyers must provide transportation and remove items the same day.



Tim Hipps

Cpl. Marshall Woods of Fort Bragg, N.C., delivers a grand slam that gives All-Army a 13-3 lead in the fifth inning against All-Air Force in the gold-medal game of the 2011 Armed Forces Softball Championships Sept. 22 at Naval Air Station Pensacola, Fla. All-Air Force won the game.

## Army silvers in Armed Forces Softball, Air Force wins

By Tim Hipps  
INCOM PUBLIC AFFAIRS

NAVAL AIR STATION PENSACOLA, Fla. – Thirteen-time All-Army softball player Dexter Avery said he “hadn’t been in one of those, ever – no, not like that” after opponent All-Air Force rallied from 10 runs down with six outs remaining in regulation for a 20-19 victory in the 2011 Armed Forces Softball Championships.

All-Army led 8-0 after three innings and 16-10 after six, thanks in part to a grand slam by Cpl. Marshall Woods of Fort Bragg, N.C., a two-run homer by pitcher DeRolf of Fort Gordon, Ga., and a solo shot by Staff Sgt. Maikeld Quarles of Yuma

Proving Ground, Ariz. All-Air Force’s six-run rally in the seventh. “Out of the 10 years that I’ve been here, this was the most emotional, most competitive tournament I’ve been in,” said All-Army catcher Sgt. 1st Class Michael Dochwat, an eight-time All-Army player.

“Out of all the silvers that I’ve taken, this one hurts the worst,” he said. “Extra innings, gold medal game, and we get beat by the 9-10-1 hitters of the Air Force, who were all rookies ... But the Army will be back.”

All-Air Force (7-2) took the gold medal, followed by silver medalist All-Army (6-3), All-Marine Corps (4-5) and All-Navy (1-8).

## Lions Volleyball



Rebecca Steil

Taylor Morgan, left, and Aneli Whitford, center, block a ball at the net while Rebecca Luna, right, covers. Heidelberg defeat SHAPE 3-1. The Lady Lions volleyball team remains undefeated (4-0) following victories Saturday in Mons, Belgium against RAF Lakenheath (25-8, 19-25, 25-20 and 25-8) and SHAPE (17-25, 25-22, 25-22, 25-18). Allison Gunsch recorded 12 kills and Taylor Morgan served 32 points including 15 unanswered aces. Strong net play by Whitford and Emma Roberts minimized the SHAPE attack while Whitford and Allison Gunsch killed 10 points each against SHAPE. Carrie Smith had nine aces and served 21 points. The team travels to Bamberg Saturday to face Vilseck and Patch.

SOURCE: Linda Steil

## Youth Soccer



Wendy Aldcroft

Heidelberg Select team captain Zach Peters controls the ball against Stuttgart Select while Jonathan Millet guards during one of three games hosted by Europe’s Olympic Development Program on Tompkins Barracks in Schwetzingen Sunday. Stuttgart prevailed 2-1.

## Heidelberg cross country team fares well

The Heidelberg cross country team faced off against Ramstein, Kaiserslautern, Wiesbaden and RAF Lakenheath Saturday in Ramstein minus many runners who were absent because they were taking the college entrance exam, the Scholastic Aptitude Test.

Leading the lady lions to a second place finish were sophomore Anna Seiferth, senior Tiffany Matthews and junior Hannah Mayfield, all finishing in the top 10. Other top Lady Lions were Priscilla Steele, Stephanie Barlow, Shanice Harmon and

RaeAnn Stark.

The boys team was led by Senior Brian Hannum who clocked the winning time of 17 minutes, five seconds. This was the third straight race Hannum finished first overall.

Sophomore Dustin Morton also ran a personal best of 17:55 to finish in the top 10. Other top Lion boys were Logan West, Sean McGlone and Ian Hall. The team heads to Ansbach Saturday for a showdown with Patch and Vilseck.

SOURCE: Sharon Brady

## staying ACTIVE

### Heidelberg High School Golf

The Heidelberg High School golf team triumphed Sept. 29 over Wiesbaden, Patch and Vilseck on Germany’s third best rated course, Golfplatz Schwanhof, in Vilseck. Both boys and girls teams won. Taking first place was women’s team member Celina Frye and in third place was Aileen Donnelly. First place for men went to Joe Patrick and second place to Nathan Johnson. Patrick was longest drive champion. Frye took closest to the pin for women and Harry Canon for men.

### Ofertsheim Construction, Hours

**Road Construction** – Road construction on B291 will make access to the Heidelberg Golf Course and the Rod and Gun Club possible only on B291 traveling from Ofertsheim-North. During construction, B291 will be closed to traffic traveling from Walldorf to Ofertsheim-North. The closure is expected to be completed by the end of October. **Hours Changing** – The Rod and Gun Club’s new hours are 5-8 p.m. Wednesday, Thursday, Friday; 9 a.m.-8 p.m. Saturday; 9 a.m.-2:30 p.m., noon-8 p.m. Sundays and Friday training holidays and closed Mondays, Tuesdays, U.S. and German holidays. Civ. 06202-51193.

### Heidelberg Unit Level Flag Football

In Heidelberg Unit Level Flag Football games played Sept. 26-29, Medical Command beat 565th Engineer Battalion (47-25) and 43rd Signal Battalion (33-19); 1-214th Aviation beat MEDCOM (24-13), Medical Department Activity (66-15) and 43rd Signal Bn.; NATO beat USAREUR (31-19) and 529th Military Police (20-19); 529th MP beat MEDDAC (42-6). **Upcoming games** will be played Oct. 12 – 529th MP vs. 1-214th Aviation at 6:30 p.m. and MEDDAC vs. 565th Eng. Bn. at 7:30 p.m.; Oct. 13 – NATO vs. USAREUR at 6:30 p.m. and 43rd Signal vs. MEDDAC at 7:30 p.m.; Oct. 17 – NATO vs. 529th MP at 6:30 p.m. and 565th Eng. Bn. vs. USAREUR at 7:30 p.m.; Oct. 18 – 43rd Signal vs. 565th Eng. Bn. at 6:30 p.m. and NATO vs. 1-214th Aviation at 7:30 p.m.; Oct. 19 – 565th Eng. Bn. vs. 1-214th Aviation at 6:30 p.m. and USAREUR vs. MEDDAC at 7:30 p.m.; Oct. 20 – 565th Eng. Bn. vs. 529th MP at 6:30 p.m. and 43rd Signal vs. 1-214 Aviation at 7:30 p.m. on the Patton Barracks sports field in Heidelberg. DSN 373-8032, civ. 06221-17-8032, [www.mwgermany.com](http://www.mwgermany.com).

### Kaiserslautern Fall Soccer Clinics

SKIES Unlimited soccer clinics taught by professional soccer coaches for youth aged 3-15 are ongoing through Oct. 14. Get 15 percent off for each additional sibling signed up. Enroll at the One Stop Shop on Landstuhl Post, Bldg. 3810, or Parent Central Services on Pulaski Barracks, Bldg. 2898, in Kaiserslautern. DSN 493-4516, civ. 0631-3406-4122, [www.mwgermany.com](http://www.mwgermany.com).

### Kaiserslautern 5K Red Ribbon Run

USAG Kaiserslautern will host a 5-kilometer Red Ribbon Run to raise awareness of drug prevention 10 a.m. Oct. 22 at Bldg. 237 on Rhine Ordnance Barracks. Registration is 8:30-9:30 a.m. Register early at Army dining facilities: 11 a.m.-1 p.m. Oct. 17 on Landstuhl, 11 a.m.-1 p.m. Oct. 18 on Rhine Ordnance Barracks and 11 a.m.-1 p.m. Oct. 19 on Kleber Kaserne.

### Halloween Fun Run

U.S. Army Garrison Baden-Württemberg will host the Halloween Fun Run 9 a.m. Oct. 29 at the Patrick Henry Village commissary in Heidelberg. DSN 370-6489, civ. 06221-57-6350.

### Turkey trot

A 5-kilometer fun run and walk to promote family health and wellness will loop around Patrick Henry Village in Heidelberg Nov. 19 starting at the commissary at 9 a.m. with registration beginning at 8:30 a.m. DSN 370-6489, civ. 06221-57-7294.

### Sunday Night Football

Watch your favorite football team on a big screen television 7-10 p.m. Sundays until Jan. 1 at Armstrong’s Club, Bldg. 1036, Vogelweh Housing. Civ. 0631-536-6000.