### Vol. 36, No. 32

**AFN Europe** 

satellite

George A. Smith

AFN TV.

AFN EUROPE PUBLIC AFFAIRS

moving to new

AFN's satellite delivery platform is changing, requiring viewers who have an AFN de-

coder and satellite dish in their home to make some changes by July 31 to continue to get

"We're doing all we can to help viewers

make the necessary adjustments. We've set

up a toll-free help desk, on-line manuals and

how-to videos to facilitate a smooth transi-

tion to the new satellite," said AFN Europe

The AFN help desk will be manned through

July 31 from 1-9 p.m. Tuesday-Friday and

10 a.m.-8 p.m. Saturdays (central European time). Viewers from Germany, Italy, Belgium,

the UK and most other European coun-

tries will be able to call the toll-free number,

Commander Col. Bill Bigelow.

www.bw.eur.army.mil



Speed Read

### **HERALD POST EARLY**

The Herald Post will publish one week early next week, on Wednesday instead of lune 2, due to the German holiday

### **MAY I KISS YOU?**



Sexual assault awareness training was presented to Kaiserslautern Soldiers by Mike Domitrz, author of "May I Kiss You." 3

### **PATTON DINING FACILITY**

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18th Engineer Brigade Soldiers visit Heidelberg Middle School once a week to help teachers and interact with students. 8



### Defense Details

### **CYBERSECURITY SHARING**

In line with an agreement between the department secretaries last fall and a recently released White House proposal, the Defense Department is sharing cybersecurity information, capabilities and expertise with the Homeland Security Department, a Pentagon official said Monday in Washington, D.C. Four senior officials testified before the Senate Committee on Homeland Security and Governmental Affairs about the Obama administration's legislative proposal to protect the nation's computer networks. Under the plan, Homeland Security would lead the effort to protect Americans, the nation's critical infrastructure and the federal government's computer networks and the Defense Department would retain protections over its "dot-mil" domain.

www.army.mil/news www.defense.aov

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## **Golden Days**

HeraldPOS

Serving the communities in U.S. Army Garrison Baden-Württemberg



U.S. military members, Defense Department civilians and their dependents don't count toward the German population, and see ZENSUS page 12

Mannheim student Kadedra Lea is all smiles as she approaches the finish line and the victory in the girls 4x100 meter relay during the Department of Defense Dependents Schools Europe Track and Field Championships in Rüsselsheim Saturday. Lea and teammates, Jackie Headley, Grace Gonzalez and Infinity Baisden wanted to win the gold medal for Mannheim in tribute to its last year as a school in U.S. Army Garrison Mannheim which deactivates Tuesday. See more results on page 17.

00800-2362683662 (00800-afnantenna). Since the process of setting up a dish and re-adjusting a decoder varies according to decoder model, location and other variables, the help desk and on-line materials are especially critical. AFN Europe has posted manuals and how-to-videos in English, German and Italian at www.afneurope.net. Click on the Eurobird 9A icon.

Direct-to-home viewers will need to reconfigure their home decoders and realign their satellite dishes from the current satellite Hotbird 6/9 at 13 degrees East to the new satellite, Eurobird 9A (EB9A) at 9 degrees East.

The move to the EB9A satellite positions AFN to better serve the audience in the future. For information about whether the change affects you, visit www.afneurope.net or call the AFN help desk

See page 12 for frequently asked questions.

### Knock, knock... It's 'Zensus' time

### **USAREUR** Public Affairs

The German government is conducting a nationwide Zensus, German for census, to collect information and population data about residential buildings to help plan for its future.

### COMMENTARY

# Senior NCOs provide leadership, put Soldiers above selves, re-invigorate the art of garrison leadership

Europe senior enlisted Soldier speaks about mentoring

Command Sgt. Maj. Thomas Capel USAREUR

During my Army career, I've seen a lot of changes. Uniforms have changed. The way we fight and the enemy we're fighting has changed significantly.

Just about the entire way we do business in the Army has changed. This just goes to show how well our Soldiers adapt.

But there are a few things that shouldn't change, like the basics of how we coach, mentor and teach our Soldiers. This is why our senior noncommissioned officers have to step up now.

Unfortunately, our Army has been running at a very high operations tempo for a long time and some of these basics have been put on the back burner along the way.

Our Soldiers are spending much



Garrison leadership is simply ensuring good order and discipline, recognizing and taking steps toward risk reduction, taking a good hard look at your Soldiers and their families' well being and providing professional development.

more time training and deploying than they are on what's been called "garrison leadership."

Garrison leadership is simply ensuring good order and discipline, recognizing and taking steps toward risk reduction, taking a good hard look at your Soldiers and their families' well being and providing professional development.

The 2010 Army Health Promotion, Risk Reduction and Suicide Prevention Report covers these issues in the chapter entitled "The Lost Art of Leadership in Garrison."

To sum it up, the report states what we know to be true: "The combination of Army transformation coupled with prolonged, recurring combat rotational requirements has resulted in young and mid-level leaders whose only command experience is meeting the demands of the deployment-to-combat-to redeployment cycle."

Our NCOs have emphasized

combat, technical and tactical training and focused on readiness, pre-deployment and reset cycles. All of this doesn't leave much time

for NCOs to do much else.

This culture shift has created a generation of young NCOs who are incredible warriors, the kind of Soldiers I would want beside me any day on the field of battle.

But because all their Army experience has been with our Army at war, they are unaccustomed to taking care of Soldiers in a garrison environment.

The report backs this up by showing statistics on the rise in Soldier suicides, criminal activities and other risk-taking behaviors.

This is where our senior NCOs come into the picture. Those of you who have 18, 20 or more years in the Army have that seasoned leadership experience.

You know what right looks like. One of our basic missions is to provide for the welfare of our Soldiers.

This is something we have to demonstrate with our actions, not just words. You have to set and enforce the standards.

Counsel your Soldiers regularly, hold accountability formations, do health and welfare inspections of your Soldiers' rooms and conduct risk assessments when your Soldiers are going on leave.

As noncommissioned officers, we put our Soldiers' needs above our own.

Just because they're not in a combat zone doesn't mean they don't need looking after. All Soldiers are entitled to outstanding leadership and we must provide that leadership.

If you're interested in reading the Army Health Promotion, Risk Reduction and Suicide Prevention Report, you can find it at www. army.mil/-news/2010/07/28/42934army-health-promotion-riskreduction-and-suicide-preventionreport/index.html.



www.facebook.com/BWnow http://myBWnow.ning.com

### DISCUSSION BOARD Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

"Congratulations to MHS's Girls 4x100 relay team that brought home the GOLD from Europeans. Excellent work from Jackie Headley, Grace Gonzalez, Infinity Baisden and Kadedra Lea. We are proud of you!" -Lt. Col. Lisa Griffin, USAG Mannheim Commander

"Awesome work girls! MHS is movin' on in style." — Vernell Rixner, USAG Mannheim Facebook fan "A new week with hopefully more information on the hiring freeze (that actually doesn't exist). Doesn't anybody here even care about the people hanging in mid-air? To me, it doesn't look it. Because if they would actually care, wouldn't they keep us informed?

-Eric Parks, BWnow Facebook fan

"We understand and share your concerns. Regrettably, garrisons and the IMCOM Region are not in the driver's seat, and we, too, are eagerly looking forward to additional policy information on the hiring issue as soon as the HQ IMCOM commander in San Antonio approves it."

-BWnow Facebook Administrator



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, darity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

## May I Kiss You?





Staff Sgt. Iramel Garrett

Mike Domitrz, author of the critically acclaimed book "May I Kiss You" and a public speaker, addresses the Soldiers of the 21st Theater Sustainment Command at the Kaiserslautern Community Activity Center on Daenner Kaserne May 12.

Sgt. William Henry, an automated logistics specialist and Pvt. Jazmine King, a human resources specialist, both with the 21st Theater Sustainment Command, participate in a role play segment of "May I Kiss You" at the Kaiserslautern Community Activity Center on Daenner Kaserne May 12.

## Sexual assault awareness training presented by acclaimed book author

By Staff Sgt. Tramel S. Garrett 21ST TSC PUBLIC AFFAIRS

The Soldiers of the 21st Theater Sustainment Command participated in a sexual assault prevention class with a special instructor.

The class entitled, "May I Kiss You," was held at the Kaiserslautern Community Activity Center on Daenner Kaserne May 12.

Mike Domitrz, author of the critically acclaimed book "May I Kiss You" and a public speaker, has traveled all over the world to teach sexual assault awareness.

He addressed the Soldiers of the 21st TSC on the topics of consent, bystander intervention and supporting the victims of sexual assault. Years ago, a life changing moment

occurred in Domitrz's life.

While in college, he received a phone call from his mother informing him his sister had been sexually assaulted. The event resulted in Dormitrz focusing a majority of his time and effort on educating the public on sexual assault awareness.

According to Domitrz, it was not until 1990, after listening to someone speak publicly on the same subject, that he realized he could also speak out.

As a result, he travels across continents speaking at schools and universities. However, more than anything else, he loves to address servicemembers.

"I love working with the military. The military is a great audience because they really appreciate an engaging presentation," said Domitrz.

During his presentation Domitrz involved the audience in discussions on the subjects of dating, communication, respect and sexual assault awareness. Additionally, he discussed the importance of respect between marital partners and how to help your family and friends.

"If you are single or married, you should ask your loved one questions and respect the answers they give you," said Sgt. Tierra Brown, an automated logistics specialist with the 21st TSC.

Our culture does not teach us how

### "Our culture does not teach us how to talk about intimacy."

–Mike Domitrz, "May I Kiss You" author

to talk about intimacy. It (our culture) tells us to be respectful but does not give us the skills," said Dormitrz during his lecture.

Dormitrz feels this particular class is important for everybody.

"There are three things I want the audience to get out of this training," said Domitrz. "(Show respect and) ask first, stop the (sexual) predators and open the doors for those you love."

## Murder mystery lunch for military spouses a big hit

### ACS Marketing

U.S. Army Garrison Baden-Württemberg Army Community Service and community volunteers recently conducted an entertaining Murder Mystery Lunch featuring the production, "Death Bemoans Her" to honor military spouses.

"The event was a huge success," said Yeritza Nocera, ACS outreach program coordinator. "We had 57 spouses in attendance plus the 11 talented cast members who had fun performing for our spouses. In the end everybody walked out with prizes."

"It is important to celebrate and recognize accomplishments and military spouses accomplish great things every day," said Dawn Sykulla, ACS marketing specialist.

"They succeed every day. They do kind things, and they do things consciously and on purpose. This was a fun way for ACS and the rest of the community to publicly recognize their efforts," she said. The interactive luncheon held at the Arts and Culture Center on Patrick Henry Village allowed participants to gather clues, investigate theories and interrogate characters all while trying to solve the mystery and proving they were innocent.

"It was a fun way to celebrate the day for Military Spouses. Thanks ever so much," said Anna Campbell, military spouse and participant.

President Barack Obama designated the day with an

official presidential proclamation.

It states: "Military spouses serve as steady and supportive partners to the heroes in uniform who protect and defend our great nation every day.

"Across America and around the world, military spouses serve our country in their own special way, helping families and friends through the stress of a deployment, caring for our wounded warriors, and supporting each other when a loved one has made the ultimate sacrifice.

"Our servicemembers and their families seldom ask for support or recognition. They carry out their duties to family and country with the quiet courage and strength that has always exemplified the American spirit.

"On Military Spouse Appreciation Day, we have an opportunity to not only honor the husbands and wives of our servicemembers, but also thank them by actively expressing our gratitude in both word and deed."

### Dining facility closes Wednesday

### **Staff Report**

The Patton Barracks Dining Facility operated by the V Corps Special Troops Battalion will close Wednesday, June 1, as part of transformation and the pending move of V Corps from Heidelberg to Wiesbaden.

The last meal served at the Patton Dining Facility will be 11:30 a.m.-1 p.m. May 31 featuring a soul food lunch.

For dining options, Soldiers may visit the Kantine on Patton Barracks or travel off the installation to local restaurants in the area.

Other choices in the Heidelberg area are restaurants, Exchange shoppettes and food courts on Campbell Barracks and the Shopping Center Kaserne. DSN: 314-373-6262, civ. 06221-17-6262.

### **Transformation Information**

### Get the latest news in Heidelberg,

Mannheim and Wiesbaden on the AFN podcast from the May 18 Openline on transformation at *afneurope.net* under 'radio,' or go to garrison websites for information: USAG Baden-Württemberg transforma-

tion update – www.bw.eur.army.mi/sites/ transformation/index.htm, www.facebook. com/bwnow and http://mybwnow.ning.com USAG Wiesbaden transformation update - www.wiesbaden.army.mil/sites/directorates/ transformation.asp, www.facebook.com/people/Garrison-Wiesbaden/100000433291260 and http://witter.com/#!/usagwiesbadenp USAG Kaiserslautern - www.facebook.com/ army.kaiserslautern and http://twitter.com/#!/ USAG K

U.S. Army Europe – www.facebook.com/ USArmyEurope and http://twitter.com/#!/ USArmyEurope

## transformation **UPDATE**

### **Frequently Asked Questions**

Have a transformation-related question you'd like answered? E-mail usaghd.post@eur.army.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/transformation.

### When will 18th Military Police Brigade and the 95th MP Battalion move to Sembach?

Both units have begun to move personnel and occupy space at Sembach but the majority of the families scheduled to move will do so when school is out so their children can finish the school year in Mannheim and be settled in their new homes in the Kaiserslautern community before the new school year begins. Both units will be officially moved from Mannheim to Sembach in August.

### When are Patrick Henry Village and the PHV Shoppette closing? I've heard 2012, 2013 and 2015. Which date is actual?

The plan is for PHV and PHV Shoppette to close in late 2014. However, residents are asked to keep in mind that while this is the plan, a lot can change in the three years which could affect the closure date.

#### Is there enough base housing in Wiesbaden?

Wiesbaden has enough Army family housing to meet the U.S. Army Europe housing policy, which is 100 percent of key and essential personnel, 100 percent of staff sergeants and below and 10 percent of sergeants first class and above, excluding key and essential personnel.

### Is it true that family housing in Wiesbaden is not protected by security perimeters and ID checks? Will security gates be installed and when? If no, please explain why.

Three of the family housing areas, Aukamm, Crestview and Hainerberg, are open. They are patrolled by Military Police and the German Polizei. All three of these housing areas are located in German communities with public streets maintained by the city of Wiesbaden. An access control point for Hainerberg is programmed for construction in 2013 and then the entire Hainerberg housing area will have controlled access. Personnel will have the option of living in the controlled housing areas on Wiesbaden Army Airfield and Hainerberg as quarters become available. U.S. Army Europe has approved allowing the other two housing areas to remain open with the ability to close them upon high threat conditions.

### **Facilities Operations Changes**

Mannheim Red Cross – The Red Cross office in Mannheim will close June 30 and all services will be transferred to the Heidelberg station, Bldg. 3850, on the Shopping Center kaserne. The Mannheim Station will have limited services beginning June 15. In cases of a family emergency in which a emergency communication message is needed, the Heidelberg number will reach an emergency caseworker. The Heidelberg Station is open Monday-Friday 8a.m.-4:30p.m. DSN 370-1760, civ. 06221-57-1760.

Heidelberg Vehicle Registration – The last business day for Heidelberg's vehicle registration office is tomorrow, May 27. On Wednesday, June 1, the Mannheim vehicle registration office will extend its hours and serve customers 7:30 a.m. -5:30 p.m. in issuing license plates and registrations for the Mannheim and Heidelberg communities. On June 1, Heidelberg will offer a satellite vehicle registration office at the Military Police station on Patrick Henry Village, Bldg. 4511. This office will also have extended hours from 7:30 a.m.-4:30 p.m. to provide limited services that do not require a vehicle inspection. The Mannheim vehicle registration office is in Bldg. 1567 on Spinelli Barracks in Mannheim. The vehicle inspection point is located directly next to vehicle registration, a convenience for those who must get vehicles inspected and registered at same time. DSN 384-6100, civ. 0621-730-6911/6900. GPS Am Aubuckel, 68259 Feudenheim.

Mannheim Optometry – The Mannheim Optometry Clinic on Benjamin Franklin Village no longer offers routine eye examinations, walk-in physicals or screenings. Optometry care has transferred to the local economy, the Heidelberg Health Center Optometry Clinic or, for aviation personnel, Coleman Barracks, Mannheim Soldiers can still receive vision screening and routine physicals at the Mannheim clinic. Aviation personnel may complete the vision portion of select flight physicals in Mannheim, but must first collect paperwork at the Coleman clinic. Family members and retirees who require glasses quickly and cannot obtain an appointment in Heidelberg or Mannheim can visit German opticians who prescribe glasses for older children and adults at no cost, but glasses must be purchased from them. The Mannheim medical operations center is open for walk-ins 8-11 a.m. Mondays, Wednesdays and Fridays. Appointments: 800-914-6133 (toll-free), DSN 371-2622, civ. 06221-17-2622. The Heidelberg Optometry Clinic will remain open for eye care; however, due to staff transitions from July 1 through Sept. 30, services will be limited to active duty and active duty family members only.

Mannheim Health Clinic – The health clinic on Benjamin Franklin Village in Mannheim will close this December. Servicemembers living in Mannheim will be seen at the Coleman Barracks clinic. Family members will receive services from the Heidelberg Health Center on Nachrichten Kaserne in Heidelberg. A shuttle bus is available for those who need transportation to Heidelberg. The number of providers in Mannheim will stay the same until December. Patient liaisons will remain in Mannheim to help community members schedule medical appointments on the economy. There are four patient liaisons on staff and one at the Mannheim Klinikum. Civ. 0621-730-9534/9543/9777. For help after hours, call civ. 06221-17-2605, or the nurse advice line DSN 0800-825-1600, civ. 0800-825-1600 or 00800-4759-2330. Mannheim Clinic hours are 8 a.m.-noon and 1-4:30 p.m. Mondays through Thursdays and 8 a.m.-noon Fridays. Central appointments: DSN 371-2622, civ. 0621-730-2622.

Mannheim Base Operations – With the impending inactivation of Mannheim there are two names for community members to keep in mind – Mr. Ralph Santaliz, Base Operations Manager, DSN 385-2774, civ. 0621-730-2774, *arfael.santaliz@eur.army.mil*, and Master Sgt. Romeo Satsatin, Base Operations NCOIC, DSN 385-2588, civ. 0621-730-2588, *romeo.satsatin@eur.army.mil*. They are located in Bldg. 245 on Sullivan Barracks and are ready to assist the Mannheim community.

Mannheim Transportation Motor Pool – The TMP at Spinelli Baracks will discontinue operations May 31. Effective immediately, general dispatch users and customers with recurring assigned vehicles should use the Heidelberg Transportation Motor Pool on Patton Barracks, Bldg. 157. DSN 373-8550, civ. 06221-17-8350.

Mannheim DEERS, ID Cards, Passports – The DEERS, ID cards and passports offices have relocated to Bldg. 246, room 101 on Benjamin

### Franklin Village.

Mannheim Education Center – The Education Center on Sullivan Barracks will be open from May through July with classes running as long as class minimums are achieved. The center will be open Monday-Friday (except USAREUR training holidays). A counselor will be on site 8:30 a.m.-12:30 p.m. and remote counseling will be available 1:30-4:30 p.m. The center is closed 12:30-1:30 p.m. A night monitor will open and close the education center for evening classes 6-10:30 p.m.

Mannheim Personal Property Processing - The Mannheim Personal Property Processing office, also known as the Transportation office, is closed. Mannheim customers will use the Heidelberg Personal Property Processing Office on the Shopping Center, Bldg. 3850, room 267. The hours for the Heidelberg PPPO changed May 2: 9 a.m.-4 p.m. Monday, Tuesday, Wednesday and Friday and 10 a.m.- 4 p.m. Thursday. The office is closed daily 11:30 a.m.-1 p.m.

Exiting Mannheim – The exit gate at Friendship Circle on Benjamin Franklin Village in Mannheim has changed hours for traffic leaving the installation. The gate opens for exiting traffic and pedestrians (exiting and entering) at 6 a.m. and closes at 6 p.m.

Mannheim Customs Field Office – The Customs office in Mannheim is now located in Bldg. 256 (the Military Police station).

Mannheim Army Community Service – Army Community Services will move from Bldg. 255 into Bldg. 246 before June 1. The ACS Lending Closet services have relocated to Bldg. 246, room 110.

Mannheim Drivers Testing – Mannheim's Drivers' Testing Station located on Sullivan Barracks, Bldg. 253, has closed. All drivers' testing services are offered in Heidelberg on the Shopping Center, Bldg. 3850, room 136, with operating hours 7:30–11:30 a.m. and 12:30–4:30 p.m. Monday-Friday. DSN 370–7889, civ. 06221 57–6681.

**Burger King** – Burger King on the Shopping Center in Heidelberg will close Monday, May 30.

Mark Twain Village Shoppette – The shoppette on Mark Twain Village in Heidelberg will close June 3. The Campbell Barracks shoppette will expand its hours on weekends – 10 a.m.-5 p.m. Saturdays and Sundays – to support the Soldiers and family members who live on MTV.

Subway – The Subway restaurant on Sullivan Barracks in Mannheim has closed. It will reopen on the Shopping Center in Heidelberg June 20.

AAFES Gas Station – The gas station in Mannheim on Benjamin Franklin Village South will change its operating hours June 1. New hours will be 7 a.m.-8 p.m. Monday-Friday, 8 a.m.-8 p.m. Saturdays and 9 a.m.-7 p.m. Sundays.

Popeyes and Taco Bell – Starting June 20, Popeyes on Benjamin Franklin Village South in Mannheim will be closed Mondays. Taco Bell will remain open on Mondays until further notice.

Spinelli furniture – The furniture store on Spinelli Barracks in Mannheim will close June 27. Some furniture has moved into the Exchange on Benjamin Franklin Village South.

## ACS receives installation award of excellence

### ACS Marketing

U.S. Army Garrison Baden-Württemberg Army Community Service was awarded the Installation Award of Excellence last month at the 2011 Installation Management Command Symposium in San Antonio, Texas.

Other winners included Fort Bragg and West Point.

"This is a great achievement," said Christina Callaghan, USAG-BW ACS division chief.

"Our outstanding team who is motivated and focused, along with continued support from our leadership all contributed to this accomplishment. We are honored to receive such an award of achievement," Callaghan said.

As the Heidelberg and Mannheim communities consolidate, both ACS centers have been working closely to merge into one office with two locations while continuing to provide exemplary programs and services to its clients. These efforts are recognized as an Army-wide model of excellence that other ACS centers may strive toward.

"I am very proud of the outstanding work and commitment this group of individuals has demonstrated. The ACS team is extremely dedicated to providing benchmark programs, along with excellent customer service to our Soldiers and our community," said Berry Patrick, director of Family and Morale, Welfare and Recreation.

Visit www.mwrgermany. com or www.facebook.com/ BWACS for information on ACS programming and events Faces of the community: Patton Shoppette



### Join BWnow on Facebook

•Get up-to-date announcements, news and community events •Share your opinion with others in the community and find out what they think in the discussion boards, www.facebook.com/bwnow

#### Brandon Brown, shift supervisor at the Shoppette on Patton Barracks in Heidelberg, assists Liudmila Stajduhar, a vendor with S&K, with her purchase. S&K provides products like candles, ice cream and cosmetics for stores throughout Heidelberg. The shoppette is open 8 a.m.-7 p.m. Monday-Friday and 10 a.m.-4p.m. Saturday-Sunday.

## Plan your escape, don't get caught in the labyrinth

Be cautious in public places especially on long weekend

### **DES Fire Protection Services**

Whenever you visit a nightclub, restaurant, bar or other public place whether on or outside of a military installation, don't get caught up in a labyrinth if a fire occurs. Plan your escape ahead of time.

Every day, Soldiers, family members and civilians wake up, go to work or school and take part in social events. Every so often the unexpected happens. A fire, an act of terrorism or some other disaster. Routines change drastically, and people are suddenly aware of how fragile their lives can be.

Each disaster can have lasting effects. People may be seriously injured or killed and devastating and costly property damage can occur. **Before you enter** 

•Take a good look. Does the building appear to be in a condition that makes you feel comfortable? Is the main entrance wide and does it open outward to allow easy exit? Is the outside area clear of materials stored against the building or blocking exits? •Have a communication plan Identify a relative or friend to contact in case of emergency, or if you are separated from your group.

•Plan a meeting place. Pick a place outside to meet those with whom you are attending the function. In the event of an emergency, be sure to meet them there.

### When you enter

Locate exits immediately.
When you enter a building you should look for all available exits. Some exits may be in front and some in back of you. Be prepared to use the closest exit. You may not be able to use the main exit.
Check for clear exit paths. Make sure aisles are wide

enough and not obstructed by chairs or furniture. Check to make sure your exit door is not blocked or chained. If there are not at least two exits or exit paths are blocked, report the violation to management and leave the building if it is not immediately addressed.

Contact the directorate of emergency services to report violations on military installations or the municipal authority (*Ordnungsamt*) to report violations off-post.

•Do you feel safe? Does the building appear to be overcrowded? Are there fire sources such as candles burning, pyrotechnics or other heat sources that may make you feel unsafe? Are there safety systems in place such as alternative exits, sprinklers, emergency lighting and smoke alarms? Ask the management for clarification on your concerns. If you do not feel safe in the building, leave immediately.

### In an emergency

•React immediately. If an alarm sounds, you see smoke or fire or other unusual disturbances immediately exit the building in an orderly fashion.

•Get out, stay out. Once you have escaped, stay out. Under no circumstances should you ever go back into a burning building. Let trained firefighters conduct rescue operations.

## Soldiers help fifth graders at middle school

### By Spc. Aislinn M. Amig

**18TH ENGINEER BRIGADE PUBLIC AFFAIRS** 

Up until a few weeks ago, many Soldiers from the 18th Engineer Brigade thought they were smarter than a fifth grader.

The Soldier are familiar with the popular television show and usually know all the answers. That was until they began volunteering at Heidelberg Middle School as part of the Adopt-A-School program.

Soldiers assigned to the unit began visiting the school on a weekly basis in early March to provide extra teaching assistance to the faculty while interacting with the students.

The program was developed to enhance the students learning environment and improve their quality of education by drawing on the resources and expertise of the Army.

Single Soldiers sometimes miss the comforts of home and family and enjoy spending time with children. When they heard about the Adopt-A-School program, many were excited about the opportunity to help children educationally and socially while

Army Family

after this one.

Action

Plan

showing off their various talents. As it turns out, the students in Glenda Johnson's sixth grade class had plenty of knowledge to share with them.

"Most of the time the kids end up teaching me a thing or two about math," said Spc. Daniel Rubio, a transportation specialist for 18th Engineer Brigade from Southampton, N.Y., and whose strengths are in science and history. "It's fun. I'd really like to get the chance to do science experiments with them sometime."

Not every experience at the school is strictly educational though. A lot of the students are dealing with frequent moves, deployed parents and stressors within the military community. They just need someone to talk to or share their stories with.

"He was good company," said Hunter Sheppard, a sixth grade student from Brandon, Fla., referring to his mentor Sgt. Richard Boudreaux, a technical engineer specialist with the 18th Engineer Brigade from New Iberia, La. Sheppard said he enjoys the opportunity to concentrate and do his homework over

The Mannheim

and Heidelberg com-

munities identified major is-

sues of concern at the February AFAP

conference. The command prioritized 13

issues. One issue was featured in the Herald

Post each week. There are no more AFAP issues

What do you think?

Spc. Aislinn Amig, an 18th Engineer Brigade Public Affairs Soldier, works with Robin Cole, a sixth grade student at Heidelberg Middle School and son of Sgt. Bradley Cole on completing algebra equations as part of the Adopt-A-School program April 27. Soldiers from the 18th Engineer Brigade partner with the school and routinely visit to assist students with assignments and to provide mentorship.

his lunch period so that he can relax and read books after school.

"I found that if I can provide a time for my students to do their homework during the day, over their lunch period, getting homework turned in on time isn't a problem," said Johnson, a native of St.

Simons Island, Ga.

While it may be easy for the faculty at Heidelberg Middle School to witness the benefits Soldiers bring to their students, few people are fortunate enough to see the benefits the children have on the hearts of the Soldiers.

"They love it!" Johnson

said. "I saw one of my students smile for the first time this year when she was interacting with the Soldiers. This program does wonders for the kids' self esteem."

Sot. 1st Class Aleiandro Deprat

"This shows the community that we care about their children and their futures," Rubio added.



Scope

Servicemembers and families incur additional expenses when transitioning into government controlled quarters.

Due to 110/220 voltage differences between Continental United States and outside of CONUS, servicemembers must purchase transformers or compatible appliances. This creates inequalities of cost between residents of 220 volt-only units and those who live in 110 volt-only units.

### Recommendation

Amend the overseas Common Table of Allowances to include transformers for servicemembers and families required to live in government controlled quarters.

### **Command position**

"We provide light bulbs, extension cords and other kinds of adapters so this request for transformers makes sense for those living on post in quarters with only 220 electricity," said U.S. Army Garrison Baden-Württemberg Commander Col. Bill Butcher.

Express your opinion of this issue on Facebook (www.facebook.com/bwnow) and BWnow (http://myBWnow.ning. com) by answering the Question of the Week: Should the government provide transformers to Americans living in 220-volt only Army family housing units?

### BWnow feedback on last week's issue: Healthy food options at local facilities

What healthy food options would you like to see offered at Exchange shoppettes and in on post restaurants?

the local Village Grille are frozen pre-cut mixes." -Bettina Corter, BWnow Facebook fan

" ... A soup/salad/potato bar is usually pretty popular."

-Susanne Little, BWnow Facebook fan

"I would like to see a smoothie bar like the one in Virginia Beach's NEX."

-Saunya ODwyer, BWnow Facebook fan "It would be nice to see more family sit down restaurants where some light healthy meals can

offered as well as the rest." –Karian Bullard, BWnow Facebook far "A nice salad bar."

-Alexia Russey, BWnow Facebook fan

"Fresh ingredients would be nice, the vegetables at



Kenneth Harker, compound bow silver medalist, draws his arrow during the Archery Finals of the 2011 Warrior Games at the Olympic Training Center in Colorado Springs, Colo., May 19. Harker took second place in the compound-bow competition.



Soldiers and Airmen from the Joint Base Lewis-McChord Better Opportunities for Single Service members program and members of Graham-Kapowsin High School JROTC program clean one of the 1,800 headstones at the Washington Soldiers Home Cemetery in Orting, Wash., May 14.

OURARNY around the world

For more Army news, visit www.army.mil



Left, Sgt. Drew Hilliard with Klinger the horse and his rider, Spc. Chris Ewing of the 3rd U.S. Infantry, The Old Guard, stand next to a modified saddle that Gen. George B. McClelland designed, called the "split tree," which takes the weight of the rider off of the horse's spine Monday at Joint Base Andrews, Md.



International Security Assistance Force Gen. David H. Petraeus, third from left, commander of U.S. and international forces in Afghanistan, visits Regional Command West in Afghanistan, May 16. The command includes Badghis, Farah, Ghor and Herat provinces.



Sgt. 1st Class Kyle Silvernale, Company C, 1st Battalion, 501st Infantry Regiment, yells commands to his troops during air assault training in Alaska's Chugach Mountain Range May 12.



U.S. Navy Petty Officer 1st Class Chad J. McNeeley

Cadets celebrate their graduation following commencement exercises at Virginia Military Institute in Lexington, Va., May 16.

### 11

## SURVIVOR OUTREACH SERVICES

OUR PURPOSE is to deliver on the Army's commitment to Families of the Fallen. Survivor Outreach Services connects you with people who can help you find the right support.

Survivor Outreach Services provides support services for Active, Reserve and Army National Guard Families.







for Mannheim and Heidelberg DSN 370-6975, civ. 06221-57-6975

Survivor Outreach Services is an ARMY FAMILY COVENANT COMMITMENT: Keeping the Promise

For more information, visit ARMYOneSource.com, click on "Family Programs and Services" for the Surviving Families link.

### HotBird to EuroBird Satellite Frequently Asked Questions (continued from page 1)

### Why did AFN change satellites?

Contractual circumstances dictated we change our satellite delivery platform; therefore we are moving the AFN signal from the Hotbird satellite to the Eurobird satellite.

### What contractual circumstances? Did AFN lose the contract? Why did we have to shift?

As with all contracts, the government negotiated in its best interests, and over the time of the contract, cost savings were realized.

#### What is this shift costing AFN?

While there are some additional up-front costs during the change-over year, we will realize cost savings over time.

### What do I have to do to continue to watch AFN TV?

If you watch AFN-TV via a decoder in your living quarters and a personal satellite dish, you will need to re-point your satellite dish and change the settings on your decoder.

#### When will I have to realign my satellite dish and reconfigure my decoder? By July 31.

By July 31.

### What happens if I do nothing?

If you watch AFN TV via a decoder in your living quarters and a personal satellite dish, your decoder will display "No signal" after July 31.

### What are the requirements for readjusting my satellite dish?

We have a variety of tips for you to re-adjust your dish on line at *www.afneurope.net*, to include tools you need and safety tips. For the best reception, your dish should be at least 80 centimeters for one user and 90 centimeters for multiple users. The LNB must be able to receive high band frequencies (range 11.7-12.75 GHz, local oscillator 10.6 GHz), downlink frequency 12.34125 GHz.

#### What is the toll free AFN help desk number and when may I call?

It's 00800-2362683662 (00800 afnantenna) from Germany, Belgium, Italy, the UK and most other countries in Europe. The desk is open from 10 a.m.- 9 p.m. Tuesday-Friday and 10 a.m.-8 p.m. Saturday (Central European Time). Someone will take your call and, if necessary, call you back to provide assistance. **Does the toll free number work from anywhere in Europe?** 

No. The toll free number will not work for people calling from Albania, Bosnia/Herzegovina, Iceland, Moldova, Monaco, Montenegro, Serbia and Slovakia. People from these countries should call DSN 314-389-4299 to be transferred to the AFN help desk. **Do I have to pay to realign my satellite dish?** Not if you do it yourself. AFN is providing extensive

how-to-videos, a help desk and on-line manuals so you have all the tools to realign your dish and reconfigure your decoder. Unfortunately it will cost you time, for which we apologize. If you decide to do the work yourself, follow all the on-line safety tips and consult with the owner of the property. I don't want to do it myself, I'd rather pay

### someone to set up my dish and reconfigure my decoder. Who can I call?

There is a list of satellite system installers in your area for informational purposes only at *www.afneurope. net*. However, DOD, American Forces Radio and Television Service and American Forces Network cannot endorse any installers or their services and assume no responsibility or liability for any installations or serviceS you may ask them to perform. Where can I find how-to videos and instruc-

tional manuals? Go to www.afneurope.net and click on the Eurobird

icon. What kind of how-to-videos and manuals do

### you have? There are videos and instructional manuals in English, German and Italian on how to realign your dish and reconfigure your decoder. Keep in mind there are different models of decoders and different factors for

different models of decoders and different factors for dishes. The manuals and videos cover these variables. Is there a choice to physically moving my satellite dish?

There are some commercial solutions available. While AFN does not endorse any commercial vendors, some may carry a clip-on satellite device that, in some areas, could allow you to tune in AFN's new satellite without physically moving the dish, but you would still need to access the dish and clip a device on it, then reconfigure your decoder.

### Does the model number of the AFN decoder make a difference in set up?

Yes. The different models have different screen set-up screens for parameters that must be changed. For example, with the newest model decoder, the D9865, you must follow our more current instructions on-line, not the manual in the decoder box. I live off-base in a single-tenant house. I rented/bought an AFN decoder. Do I need to realign my satellite dish and readjust my decoder? Yes. I live off-base. Military housing issued me a decoder and satellite dish for my use. Will I have to realign my satellite dish and readjust my decoder? Yes, you will.

If I live on-base and get my TV via TKS cable or other host nation cable provider, do I need to do anything? No.

I live off-base in Europe in government leased quarters. I have a decoder in my living quarters, but I do not maintain the satellite dish. The multi-tenant house I live in has more than four tenants and we all use the same dish. Who will realign my dish and readjust my decoder? This is what is called an "L-Band distribution" system. In this case, you do not need to realign the satellite dish; someone will do that for you. You will need to readjust the decoder in your living quarters in conjunction with dish realignment.

## I serve in Iraq/Afghanistan. Will I need to realign my satellite dish and readjust my decoder?

No, unless you personally bought or rented a decoder and dish.

#### I work for the State Department at an embassy/consulate. Will I need to realign my satellite dish and readjust my decoder?

You do not need to realign government owned dishes and decoders. If you have a satellite dish and decoder in your private living quarters, you will need to realign the dish and readjust the decoder, regardless if you bought or rented it, or the State Department issued it to you.

### ZENSUS

continued from page 1

they're exempt from the *Haush-altebefragung*, household survey. Persons should identify themselves as individuals with NATO Status of Forces Agreement status by showing their ID card to the census interviewer.

U.S. military members and Defense Department civilians who own property in Germany will receive the *Gebäude-und Wohnungszählung*, census of buildings and housing. This form must be completed, but U.S. personnel don't answer question W1 on page three.

The answer for question W9 on page three is *Diplomatenwohnung/ Wohnung der Auslaendischen*, a diplomat's dwelling/dwelling of foreign armed forces.

U.S. military members and Defense Department civilians that have rented their property in Germany to tenants without NATO SOFA status must answer question W1, and their answer for question W9 is Keines von Beiden, or none of the two.

A read-only English version of the survey is available at *www.ze-nsus2011.de*.

Military members and retirees may contact their local military legal office for assistance with the surveys.

## **Garrison Safety Day**



Mark Heeter

Pfc. Alexander Skeen, a combat medic with the 212th Combat Support Hospital, talks shop with emergency medical technician Steffen Theobald with the German Red Cross in Kaiserslautern during the annual U.S. Army Garrison Kaiserslautern Safety Stand-Down day on Rhine Ordnance Barracks May 18. Skeen was one of roughly 850 people who attended the event and took advantage of a wide variety of training topics including fire, water, barbecue and vehicle safety. To see more photos from the event, go to the photo stream at www.flickr.com/ usag\_kaiserslautern.

### **ENVIRONMENTAL MESSAGE**

## Dispose of hazardous wastes in the right places

**Construction Sites** 

asbestos roofing materials

asbestos-containing flooring

asbestos-containing wall panels

thermal insulation (mineral glass wool)

treated wood

lead based paint

Improper disposal harms people, water, animals, environment

### **DPW Environmental Division**

When it's time to move, residents have a lot of belongings to throw away and sometimes they include hazardous substances.

Hazardous waste can be defined as materials or substances that carry the risk of injuring or impairing the health of humans or animals, the pollution of waters, or that can result in an unacceptable environmental impact if improperly handled, treated or disposed.

At U.S. Army Garrison Baden-Württemberg, hazardous waste is generated in motor pools, through hazardous material abatements and by households. Examples are listed in the table above. A more comprehensive list of household hazardous wastes can be found at http://www.epa.gov/osw/ conserve/materials/hhw.htm).

Due to health (life and safety) and the environmental impacts of these wastes, they cannot be thrown in commercial refuse containers.

These wastes should also not be abandoned in unused sheds, containers, behind buildings or poured down drains or into storm sewers.

Under German and U.S. laws, hazardous wastes are subject to special

handling and disposal requirements. Improper disposal violates both German and U.S. laws and violators face administrative action as appropriate under both U.S. Army and German laws.

**Motor Pools** 

waste oil and empty oil containers

expired chemicals

toner cartridges

lead acid batteries

fluorescent lights

antifreeze

Hazardous items generated on Army installations must be properly disposed of so that certified contractors can safely take them off-post to be processed.

Disposing of hazardous waste such as paint, gasoline, computer ink cartridges or batteries in the trash can lead to spills, chemical reactions and dangerous or harmful situations for Soldiers and civilians. These substances shouldn't be left outside or dumped inside abandoned buildings.

In Heidelberg, a free hazardous waste turn-in point is available for those living in Army family housing at the Recycling Center on Patrick Henry Village.

In Mannheim, hazardous waste can be taken to the SORT Center on Funari Barracks in Bldg. 804-806.

Hazardous waste purchased from the local economy can be returned to the point of purchase.

### **Disposing of hazardous waste**

If you have hazardous waste and are uncertain how to dispose of it, or if you are unsure whether or not a substance is hazardous, contact the Directorate of Public Works environmental division to arrange for a pickup or for information on proper disposal. For Heidelberg or Mannheim, the DPW environmental division can be reached at DSN 373-5388, civ. 06221-17-5455, or *environmental@hdpw.eur.army.mil.* 



These abandoned items are examples of improperly disposed hazardous materials. They should be taken to the Recycling Center on Patrick Henry Village in Heidelberg or the SORT Center on Funari Barracks in Mannheim. For information, contact DPW environmental division DSN 373-5388, civ. 06221-17-5455, environmental@hdpw.eur.army.mil.



**Households** 

paint and paint cans

flammable liquids (gasoline)

ink cartridges

engine oil

compact fluorescent lights (CFLs)

dry cell batteries

### FAMILY & CULTURE



### **National Night Out**

The National Association of Town Watch reports the 28th Annual National Night Out (NNO), a unique crime/drug prevention event sponsored by NATW, has been scheduled for Tuesday, August 2, 2011. Last year's National Night Out campaign involved citizens, law enforcement agencies, civic groups, businesses, neighborhood organizations and local officials from over 15,000 communities from all 50 states, U.S. territories, Canadian cities and military bases worldwide. In all, over 37 million people participated in National Night Out 2010. To find out more on NNO and how to register, go to www.nationalndwnwatch.org/ no/about.html.

### **Explosives Uncovered**

The Local website reports German police evacuated 12 buildings in the northern German city of Kiel after finding a large stash of home-made explosives Monday. After rescue services made a routine call to the apartment of a 55-year-old man, they alerted police to the presence of large quantities of suspicious materials. Police officers discovered 60 liters of chemicals, several kilograms of home-made explosives, as well as items needed to build explosive devices. Around 50 neighborhood residents were evacuated from their homes for three hours. The authorities allowed them to return after they had removed the dangerous materials. They arrested a 36-year-old man, who was temporarily living with the older man. The police said they do not believe there is a political motivation for his bombmaking proocupation.

### E-coli Outbreak

Two people in Germany have died from an outbreak of virulent enterohaemorrhagic E. coli (EHEC) bacteria, as potentially deadly diarrhea continues to spread across the country. Many of those infected are fighting for their lives in intensive care units. A 83-year-old woman from the Diepholz area in Lower Saxony who had been hospitalized with bloody diarrhea since May 15 died last Saturday, the state Health Ministry confirmed on Tuesday. And Bremen authorities confirmed that a young woman died Monday night after suffering typical EHEC symptoms. Laboratory work is currently being carried out to see what her infection actually was. More than 350 cases of suspected cases have been registered, with several of those affected in critical condition. One patient is in a coma.



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at *dearmsvicki@yahoo.com*.

#### Dear Ms. Vicki,

I was graced with twins last December with my husband who's in active status. I stayed with my parents while he stayed in our home on base because my doctor was there and I trust him.

After a month, my husband was able to come and stay with me. It was awesome having him around, getting to spend that much time with him and the children. It's been three months since he left and we've only gotten to see each other once.

When Easter weekend came up, he drove to my hometown, and I cooked a huge Easter dinner. I was wondering if it's normal after you've been away from each other for so long, to feel almost not in love anymore.

I still love him dearly, but I wonder if when I finally move back to our home on base, will I have to relearn how to love him. Is this normal?

### Dear Normal,

Your feelings are probably normal given the situation and your recent experiences. Let's take a look at them: You gave birth to twins about five months ago. As a result your hormones are still readjusting to child birth, not to mention the stress of caring for twins, wanting to get back to your normal size or weight and perhaps saying, "Will my life ever be the same again?"

Moreover, you have seen your husband once since you gave birth. From your report it was great having his support to help with the children and then you recently saw him again during the Easter holiday. In some ways you and your husband have experienced a separation. Even if it wasn't due to marital discord, separation can cause emotional isolation just the same. A lot has happened that can cause you stress and it can stress your relationship.

I think you are still in love with your husband and you must work quickly to restore the intimacy and the connection with him. The emotional gap will continue to increase. I think counseling will help with your feelings about being a new parent and with your marriage. If not counseling, consider the New Parent Support Program. They can help you develop a great support system, decrease stress and improve the communication between you and your husband. Contact social work services on base or family services and they will give you the contact information for the program. Congratulations on the birth of your twins.

*Response to previous column: Dear Ms. Vicki*,

Why do girlfriends and fiancées call and write to you wondering about "their" benefits?

What do they mean "their" benefits? When did a girlfriend or a fiancée start deserving benefits? It makes me so mad when you get letters like the one you received last week.

The girlfriend or fiancé wants to be the wife when it comes to the henefits. You can't do that. They don't get any benefits, that's the answer you should give them. Next time don't try to sugar coat it or be nice about it. Just tell them point blank. The military doesn't take care of spouses, either. Somehow we manage to commit to our marriages and cope with the pain of deployments and separations. We take care of our children, home school and even work in jobs and have careers. Military spouses to do not spend time asking, "Where are my benefits" and "Who will take care of me?"

The girlfriend or fiancé would never put in the hard work to be a wife and a mother. They want to be just what they are – a "wannabe wife. Get your own benefits and stop complaining to Ms. Vicki.

Retired Widow writes:

Just wanted to let you know that the old myth, "Don't worry, you will get my military retirement when I die" is so bogus. My late husband told me that for 32 years and then he died.

Well, that wasn't true. As the Department of Defense told me if he didn't pay into an account for his widowed spouse then I wouldn't get any of his retirement. I would be getting a widow's pension of \$400 before taxes.

Please alert your readers about this issue. It's always a shock when you lose someone but when confronted with financial matters, this is a big part of survival. People need to know before not after. I now am trying to make it on so little and have applied for food stamps and any government assistance I can qualify for. Thanks, Vicki.

SOURCE: www.thelocal.de

## Vaccination reduces risk of measles, other diseases

#### **ERMC Public Affairs**

Though a recent measles outbreak in Europe has some parents concerned, most have nothing to fear – as long as children have been vaccinated.

"We have not seen an outbreak in military communities in Europe due to the high level of measles immunization among our beneficiaries," said Col. Evelyn Barraza, preventive medicine consultant for the Europe Regional Medical Command.

Barraza said incidences of measles are reportable through military preventive health systems.

A single case was reported in November involving a military beneficiary who was too young for the measles vaccination, she said

The Centers for Disease Con-

trol and Prevention recommends a measles, mumps and rubella vaccination for children at 12 months and a second dose at four years. The second dose may be administered before age four if at least four weeks have elapsed since the first dose.

<sup>4</sup>Immunizations have contributed to a significant drop in the incidence of communicable diseases in both children and adults," ERMC Force Health Protection officer Col. Carl-Heinz Stokes said.

Measles, also known as rubeola, is a highly communicable infectious disease. It is transmitted by airborne droplets, direct contact with nasal or throat secretions of infected persons, and less commonly by articles freshly soiled with nose and throat secretions. Infected persons are usually contagious from four days before the onset of symptoms until four days after. The measles virus can remain active and contagious for up to two hours in the air and on surfaces following coughing or sneezing.

Preventive medicine specialists encourage parents to make sure their children are up to date on all their vaccinations.

"Parents should discuss travel plans with their providers if their children have not been fully immunized, or if they have an infant less than 12 months," said Barraza.

France reported 4,937 measles cases between January and March, almost equal to the 5,090 total cases for all of 2010. Spain reported two ongoing outbreaks since October 2010, primarily affecting the Andalusia region in the south. Rising numbers have been reported in Britain, Germany, the Netherlands, Romania, Russia, Switzerland, Bulgaria and Belgium.

In Germany, at least 300 cases have been reported this year with a large number occurring in the state of Baden-Württemberg, which includes Heidelberg and Mannheim.

Over the past three years, the annual number of cases in Germany ranged from 571 to 912. In 2006, a significant outbreak affected the eastern part of the country with more than 2,300 cases.

European public health officials describe many of the reported cases as occurring among unimmunized individuals. In France, among cases with known immunization status, 81 percent were unvaccinated.

### **GET OUT!** area events More events online at http://myBWnow.ning.com

### **May 27**

KMC Onstage – Mel Brooks' musical The Producers plays May 27-29 and June 3-5 at KMC Onstage on Kleber Kaserne in Kaiserslautern. The show carries a self-imposed R rating, but has been toned down to PG-13. DSN 483-6626, civ. 0631-411-6626. www.mwrgermany.com. Art Exhibit – The exhibit Zev Paul: Kachinas and Other Lovers: A New Look at World Iconography runs through May 29 at the Arts and Cultural Center on Patrick Henry Village in Heidelberg. DSN 388-9418, civ. 06221-338-9418.

• Crazy for You – The Roadside Theater presents "Crazy For You" 7:30 p.m. May 27-28 and June 3-4, 10-11, 17-18 and 6 p.m. June 5 on Patton Barracks. Special family matinees show 3 p.m. May 29 and June 12. DSN 373-5020, civ. 06221-17-5020, www. mwrgermany.com.

Formula 1 Motorsport Adventure – Get tickets now at a special price for German, British and American troops to a Formula 1 race July 21-24 at Nürburgring, Nürburgring Boulevard 1, 53520 Nürburg. Children up to 14 years old are admitted free if accompanied by a ticketed adult. Those 15-17 get half off the ticket price.

Those 15-17 get half off the ticket price. Camping is available. For tickets, go to www.bist-du-schnell-bist-du-dabei.de/ Buchung\_F1\_2011\_eng.pdf and click on the English pdf icon to navigate to the fillable form which must be faxed in with a valid e-mail address.

### June 1

U.S. Army Soldier Show - The 28th annual Soldier Show will be 7 p.m. June 1 at the Patrick Henry Village Pavilion in Heidelberg. The show also plays 7 p.m. June 8 at the Fitness Center on Vogelweh Housing in Kaiserslautern. The show is sponsored by the Army G1's Sexual Harassment and Assault Response and Prevention Program and the Navy Federal Credit Union. www.mwrgermany.com. English Stammtisch – The monthly English Language Stammtisch will 6:30 p.m. June 1 at Hotel Ritter St. George, Hauptstrasse 178 in the Heidelberg Altstadt with open discussions on Sex and Politics and the Arab Spring and Osama bin Laden. The meeting is open to the public. Civ. 06221-80-4976, lirica100@yahoo.com.

### June 4

Rock Am Ring – Experience the Rock am Ring/Rock im Park 2011 open air twin festival June 3-5 at Nürburgring, the racetrack in the Eifel hills, and simultaneously at Nuremberg's Zeppelinfeld park, featuring System Of A Down, Coldplay and Kings Of Leon as top acts and more than 80 other bands. For a complete lineup, visit www. bb-promotion.com/de/veranstaltungen/ rock-am-ring. Check for ticket availability at 0621-10-1011, online at www.rheinneckarticket.de or www.bb-promotion.com and at local ticket agents. Summer Bazaar – Over 100 vendors from around the world will be at this giant

Strollers are welcome and food and beverages are available. Take the kids to play on the hippity-hop, merry-go-round or stop at the petting zoo. Hours are 10 a.m.-8 p.m. Friday, 10 a.m.-7 p.m. Saturday and 10 a.m.-5 p.m. Sunday. Follow the bazaar signs on Rhine Ordnance Barracks, Bldg. 237. Segway Tours- See the sights of Nürnberg on a Segway tour. Segways are two-wheeled electrically powered vehicles

that are operated by shifting your weight forwards and backwards to control speed and direction. Segway tour Nürnberg is located at Weißgerbergasse 10, 90403 Nürnberg in the center of town and offers two tours. Call civ. 0911-93-3250 to book a tour. www.segwaytour-nuernberg.de/ index.html.

### June 5

A Fascinating Mineral Event – The Freisen Mineral Club holds its 28th annual international mineral fair 9 a.m.-5 p.m. in the Bruchwaldhalle (Town Hall) in Freisen about 5 miles from Baumholder. For centuries, the Idar-Oberstein, Baumholder and Freisen regions have been known for exceptional mineral deposits. The mining of gemstones – agates, rock crystals, amethysts and many other splendid stones - was a major factor in the development of Idar-Oberstein. The event motivates mineral collectors and demstone lovers to admire beautiful and remarkable minerals and jewelry. Exhibitors will be from European countries and the local area. The club's mineral museum, located 200 meters away from the town hall. will be open to the public. There will be directional signs posted guiding motorists to the fair. Entrance €2, free for children under 14

### June 12

Sky Diving – Sign up now to go sky diving in Bitburg with Heidelberg Outdoor Recreation, Bldg. 4540 on Patrick Henry Village. DSN 388-9282, civ. 06221-338-9282 or Kaiserslautern Outdoor Recreation on Pulaski Barracks DSN 493-4117, civ. 0631-3406-4117.

Japanese Gardens – Within the heart of Kaiserlautern lie the Japanese Gardens, renowned for providing tranquility and an insight to Japanese culture in the middle of a city. Free admission for children under 12. Open 10 a.m.- 6 p.m. Lauterstrabe 18. Kaiserslautern 67657. www. japanischergarten.de.

Helicopter Tours – For a thrilling experience, take a helicopter flight over the famous Heidelberg Castle, monuments and the Neckar Valley with its ancient villages, black forests and spectacular views of the ruined monastery at Heiligenberg, medieval forts at Dilsberg and the baroque gardens in Schwetzingen. Hours: 10 a.m.-4 p.m. Civ. 06221-16-4215 Klingelhüttenweg 9, 69118 Heidelberg.

### June 17

### White Water Rafting and Canyoning

– A fun family experience (for older children) happens in Landeck, Austria, June 17-20. Reserve with Heidelberg Outdoor Recreation on Patrick Henry Village DSN 388-9282, civ. 06221-338-9282 or Kaiserslautern Outdoor Recreation on Pulaski Barracks DSN 493-4117, civ. 0631-3406-4117.

River Cruises – Take a two to three-hour boat ride along the Neckar and marvel at the beauty of the Neckar Valley. Cruise past castles, quaint villages and thick forests. Most boats are open-topped. Hours: May-Sept. 10 a.m.–5 p.m. Untere Neckarstraße 17, Heidelberg 69117, www. rnf-schifffahrt.de.

### Ongoing

Gospel Choir Festival – Make plans now to join the first International Gospel Choir Festival in Berlin in 2012. The date is next May 19, 2012, at the Universal Hall Berlin with a workshop on Friday for all participating choirs. More information is available at www.eventtours.nl/Gospel\_ Choirfestival\_Berlin\_2012.htm. Think Christmas in May - Paul Carrack and SWR Big Band promise "A Soulful Christmas" when they play Mannheim's Rosengarten 8 p.m. Dec 6. Carrack, billed as one of the most beautiful voices in pop music history, teams up with one of Germany's most renowned big bands to play a festive concert. Tickets: www.bbpromotion.com or www.rheinneckarticket. de and at all local ticket agents. Frankfurt Children's Museum - The Children's Museum is part of the Frankfurt Historical Museum and develops and presents exhibitions especially for children on tonics of local historical and cultural relevance. It offers direct access to authentic historical objects and hands-on learning experiences. In all exhibits, visitors are encouraged to play an active role. Touching, testing, trying out

active role: rouching, testing, it ying out independent thinking and an autonomous learning environment are central to the Children's Museum. The museum is located at An der Hauptwache 15, Frankfurt, Germany, 60313. Civ. 06921235154. www. buzzoffbase.com.

### coming to THEATERS

### PIRATES OF THE CARIBBEAN

(Johnny Depp, Penelope Cruz, Ian McShane) When Captain Jack Sparrow crosses paths with Angelica, he's not sure if it's love or if she's a ruthless con artist who uses him to find the Fountain of Youth. When she forces him aboard the legendary pirate Blackbeard's ship, Jack finds himself on an adventure. (PG-13 for intense sequences of violence and action, disturbing images and brief strong language). 137 minutes.



### (Simon Pegg, Seth Rogen)

Paul, an alien, escapes from a top-secret military base by sneaking into an RV that contains outcasts Graeme and Willy. The two nerds hatch a fumbling escape plan to return Paul to his mothership, and as a result they become intergalactic heroes. (R for language including sexual references and some drug use). 104 minutes.

### **PLAYING THIS WEEK**

Heidelberg, Patrick Henry Village May 26 - PRIEST (PG-13) 7 p.m. May 27 - PIRATES OF THE CARIBBEAN 4 (PG-13) 7 p.m., 10 p.m. May 28 - PIRATES OF THE CARIBBEAN 4 (PG-13) 1 p.m., 4 p.m., 7 p.m., 10 p.m. May 29 - PIRATES OF THE CARIBBEAN 4 (PG-13) 1 p.m., 4 p.m., 7 p.m. May 30 - PAUL (R) 7 p.m. May 31 - PIRATES OF THE CARIBBEAN 4 (PG-13) 7 p.m. June 1 - BATTLE: LOS ANGELES (PG-13) 7 p.m. June 2 - PIRATES OF THE CARIBBEAN 4 (PG-13) 7 p.m. Vogelweh, Galaxy May 27 - PRIEST (PG-13) 7 p.m. May 28 - BATTLE: LOS ANGELES (PG-13) 4 p.m.; PAUL (R) 7 p.m. May 29 - BATTLE: LOS ANGELES (PG-13) 4 p.m. (Theater closed May 30 - June 2) **Ramstein, Gateway Movieplex** May 27 - PIRATES OF THE CARIBBEAN 4 (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m., 8:45 p.m.; BATTLE: LOS ANGELES (PG-13) 11:30 a.m., 2:15 p.m., 5 p.m., 7:45 p.m., 10 p.m.; PAUL (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m., 10 p.m. May 28 - PIRATES OF THE CARIBBEAN 4 (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m., 8:45 p.m.; BATTLE: LOS ANGELES (PG-13) 11:30 a.m., 2:15 p.m., 5 p.m., 7:45 p.m., 10 p.m.; PAUL (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m., 10 p.m May 29 - PIRATES OF THE CARIBBEAN 4 (PG-13) 11:30 a.m., 3 p.m., 6:30 p.m.; BATTLE: LOS ANGELES (PG-13) 11 a.m., 2 p.m., 5 p.m., 7:45 p.m.; PAUL (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m. May 30 - PIRATES OF THE CARIBBEAN 4 (PG-13) 11:30 a.m., 3 p.m., 6:30 p.m.; BATTLE: LOS ANGELES (PG-13) 11 a.m., 2:15 p.m., 5 p.m., 7:45 p.m.; PAUL (R) 11 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m. May 31 - PIRATES OF THE CARIBBEAN 4 (PG-13) 11:30 a.m., 3 p.m., 6:30 p.m.; BATTLE: LOS ANGELES (PG-13) 11 a.m., 2:15 p.m., 5 p.m., 7:45 p.m.; PAUL (R) 11 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m. June 1 - PIRATES OF THE CARIBBEAN 4 (PG-13) 11:30 a.m., 3 p.m., 6:30 p.m.; BATTLE: LOS ANGELES (PG-13) 11 a.m., 2 p.m., 5 p.m., 7:30 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m June 2 - PIRATES OF THE CARIBBEAN 4(PG-13) 11:30 a.m., 3 p.m., 6:30 p.m.; BATTLE: LOS ANGELES (PG-13) 11 a.m., 2 p.m., 5 p.m., 7:30 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m.

### THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238 Galaxy Theater, Vogelweh, 0631-50017 Gateway Cineplex, Ramstein, 06371-47-5550 Visit www.aafes.com for updated listings and more movie descriptions Mannheim, CinemaxX, P4 13, 68161 Mannheim, civ. 01805-62-5466, www.cineplex.de

Mannheim, CinemaxX - English Language movies May 26 through 31 - PIRATES OF THE CARIBBEAN 3D (PG-13) 3:30 p.m., 7 p.m., 10:45 p.m. June 1 - Double Feature: THE HANGOVER AND THE HANGOVER PART II (R) 8 p.m.

### community HIGHLIGHTS

### UMUC Europe Scholarship

University of Maryland University College Europe is offering a \$500 military family member scholarship exclusively for military spouses and dependents of active duty servicemembers to be used toward UMUC tuition and textbook fees for the summer 2011 session. For active-duty enlisted servicemembers, UMUC is also offering the \$100 Orkand Family Military Book Award. DSN 314-370-6762, civ. 06221-3780, www. ed.umuc.edu/financial\_aid, www.ed.umuc.edu.

### 9/11 Remembrance

AFN Heidelberg is looking for Americans and Germans living and working in the USAG Baden-Württemberg community who were significantly affected by the terrorist attacks of Sept. 11, 2001. To share your story, go to *afneurope.net*, click on the publicity request form and send it to *www.hbg\_traffic@afn. dma.mil* with the subject line 9/11 Remembrance. Make sure to provide a valid a phone number and e-mail. DSN 382-5073, civ. 0621-779-5073.

### **Kaiserslautern Housing**

All Soldiers will now receive their initial housing brief every Mondays at Kleber Kaserne, Bldg 3245, room 006, or Wednesday at the Inprocessing Training Center on Daenner Kaserne, Bldg 3109, at 1 p.m. Appointments: DSN 483-8342, civ. 0631-411-7372. Soldiers will no longer receive the briefing at the housing office. Vogelweh Housing: DSN 489-6671, civ 0631-536-6671; Ramstein: DSN 480-3140, civ. 06371-47-3140.

### **Pharmacy Refills**

Patients who need refills on prescriptions at the Heidelberg Health Center must now use the phone-in automated system to order refills and then pick them up the next day. The call-in system can be reached at DSN 486-5601, civ. 06371-86-5601.

### **Communicating with Commissary**

Commissary customers seeking the fastest resolution for a local commissary concern should contact their local store director via e-mail on the store's web page. To access your local commissary page, go to www.commissaries.com.

### **EEO and Sexual Harassment**

There will be Equal Employment Opportunity and sexual harassment training 1-3 p.m. June 15 at the Community Training Center on Patton Barracks, Bldg. 104, in Heidelberg. This training is required for all civilian employees and military or local nationals who supervise civilians. Employees must have the classroom training every other year and the online version in the alternating year. http://www.bw.eur. army.mil/training\_security.html.

## 

### Massage Therapist

Heidelberg Sports and Fitness is looking for a registered massage therapist to work as a contractor at Campbell Fitness Center or Patrick Henry Village Stronghold Gym. DSN 370-6489, civ. 06221-57-6489.

### **On the Spot Hiring**

Child, Youth and School Services will hire on the spot for Army facilities 10 a.m.-2 p.m. June 7 at Armstrong's Club on Vogelweh Housing. Bring resume, references. DSN 493-4371, civ. 0631-3406-4371.

## **ANNOUNCEMENTS**

### KAISERSLAUTERN Community

• Landstuhl Community Club – Landstuhl Community Club will be closed for renovations through July 4. All weekly and monthly events are cancelled.

 Men's Glee Club – See the Miami University Men's Glee Club 3-4:30 p.m. May 29 at Armstrong's Club ballroom, Bldg. 1036, on Vogelweh Housing. Civ. 0631-351-4311.
 Real Ryder and Power Yoga – EDGE youth will be introduced to a combination of RealRyder bikes and power yoga for an ultimate workout 4-6 p.m. May 31 at the Landstuhl Physical Fitness Center, Bldg. 3720. DSN 493-4516, civ. 0631-4122, www.mwrgermany.com.

• Change of Command – The 212th Combat Support Hospital will conduct a change of command between Col. Richard A. Jordan and Col. Ann M. Sammartino at the Miesau Army Ammo Depot Sports Field 10 a.m. June 14. In indement weather, the ceremony will be in the Miesau Gym.

 Kleber Library Closed – Kleber Library will be closed June 2, 13 and 23. The Kaiserslautern Main and Miesau Branch Libraries will be open. www.mwrgermany.com.

• Summer Apprenticeships – Applications are being accepted through June 3 for summer youth apprenticeships for teens 15-18. DSN 486-8915, civ. 0631-86-8915, www.mwrgermany.com.

+ Flag Day Retirement - A flag day proclamation and honorable flag retirement ceremony will be held 4 p.m. June 14 at the Berlin Wall Memorial between the Ramstein Officers Club and the U.S. Air Forces Europe headquarters. Those wishing to retire unserviceable flags may bring them between 3 to 3:30 p.m. • Ouilt Club – Rheinland Pfalz Ouilt Guild will meet 6 p.m. every fourth Thursday in May, June, July and August at the KLSA building on Pulaski Barracks. Stitch n' Gab meet 10 a.m.-5 p.m. day on Fridays at the Kapaun Chapel Annex.

 Midnight Bingo – Start at 7 p.m. with free finger food and stay for midnight bingo 9 p.m.-midnight at the Kazabra Club on Vogelweh. DSN 489-7261, civ. 0631-536-7261, www.mwgermany.com.

#### HEIDELBERG Education

ACS Classes – Intro to MS Power-Point, 9 a.m.-noon May 31; Sexual Assault Prevention and Response Program and Family Advocacy Program Briefing, 9:30-11 a.m., May 31, Patrick Henry Village Theater; Sexual Assault Prevention and Response Program and Family Advocacy Program Briefing, 1:30-3 p.m. May 31, PHV Theater, Coping Strategies for Uncertainties in Life, 10 a.m.-noon June 2, Nachrichten Kaserne, Bldg. 3622, Company B conference room. • Time Management – The

University of Phoenix will hold a Time Management Workshop at the Patton Barracks Education Center,

Torom 118, 6-7 p.m. May 31. DSN 373-7650, civ. 06221-17-7650.
 UMUC Europe Registration – University of Maryland University College Europe announces registration for the summer session for on site, face-to-face courses through June 5 with classes beginning June 6. Registration for Europe online courses continues through June 12, with classes starting June13. DSN 314-370-6762, civ. 06221-3780.
 Upcoming field study courses include The Cultural History of London II July

30-Aug. 6 in England and Picasso in Paris Aug. 6-13 in France. www. ed.umuc.edu/fieldstudy. • Babysitter's Training — The American Red Cross offers babysitter's training 8:30 a.m.-3:30 p.m.

June 4 in Bldg. 3850, room 272. Register: *www.redcross.org* by June 2. Civ. 06221-57-1760. **Community** 

 Vehicle Auction – Place bids through May 27 on vans, a Ford Focus, a Mercedes bus, a Mercedes wrecker and more. Check out the vehicles on the Patrick Henry Village Lemon Lot. Submit sealed bids at the tax relief office in the Village Pavilion by May 27. www.mwrgermany.com. • CYSS Registrations – Parents wishing to register or re-register their children with Child. Youth and

School Services need to sign in at Parent Central Services a minimum of 30 minutes before closing time. Parent Central Services on Patrick Henry Village, Bldg. 4443, is open 8 a.m.-4:30 p.m. Mondays, Wednesdays and Fridays and 8 a.m.-3:30 p.m. Thursdays. DSN 388-9240, civ. 06221-338-9240.

◆ Memorial Day – A wreath ceremony will honor fallen Soldiers 10 a.m. May 30 at the Patrick Henry Village Pavilion.

• Volksmarches – The Heidelberg International Wandering Club is registered at Michelbach/Wald June 1-2 and Ober-Ramstadt and Langenbrand June 4-5. www.hiwc.de.

 Midsummer Read – Registration begins June 1 for A Midsummer Knight's Read, a summer reading program, will be held for preschoolers and kindergartners 11 a.m. Wednesdays, for first-fifth

graders 11:30 a.m. Thursdays and for sixth-12th graders 2 p.m. Tuesdays June 29-July 28 at the Patrick Henry Village Library.DSN 370-1740, civ. 06221-57-1740.

• Yard Sale – A community yard sale will be held in the park on Patrick Henry Village and in local housing areas June 4. Rent tables from Outdoor Recreation. The Recycle and Reuse Center will be open until 6 p.m. to drop-off unwanted items. DSN: 388-9282, civ. 06221-338-9282. www.mwraermany.com.

 Sky Diving – BOSS takes a sky diving trip June 4-5. Sign up at Patrick Henry Village Outdoor Recreation.
 DSN 373-5275, www.mwrgermany.

 All You Can Eat Pizza – Take the family for all the pizza they can eat and all the bowling they want at the Patrick Henry Village Bowling Center 6-8 p.m. Mondays from June 6-Aug. 29. DSN 388-9040, civ. 06221-338-9040.

• Spiritual Fitness – A spiritual fitness breakfast will be held 7 a.m. June 9 in the Casablanca room on Campbell Barracks in honor of the Army's 236th birthday. Reservations: DSN 370-7385.

• Legends – Join the hip hop party 9 p.m. June 11 at Legends on Patrick Henry Village. DSN: 388-9570, civ. 06221-57-9570.

• Inspirations – The Arts and Cultural Center on Patrick Henry Village opens the Sandra Walker: Inspirations from Nature Art exhibition 7 p.m. June 11. It remains on display through June 26. DSN 388-9418, civ. 06221-338-9418.

• Slot Machines Unavailable – Effective June 12, the slot machines located in the Rod and Gun Club will be removed. DSN 388-9282, civ. 06221-338-9282.

• Cheap Eats – Join the barbecue and cookout 6-8 p.m. June 15 at the Warrior Zone on Patton Barracks. DSN 373-5221, civ. 06221-17-5221. • Summer Mind Fest – Child,

Youth and School Services sponsor a Summer Fitness Fest for Mind, Body and Soul featuring games, food and father/child events 1-6 p.m. June 18 at the Patrick Henry Village High School Sports Field. DSN 388-9396, civ. 06221-338-9396.

 Father's Day – Take dad out for brunch 10 a.m.-2 p.m. June 19 at the Village Pavilion on Patrick Henry Village. DSN 388-9098, civ. 338-9098.
 Good Will Project – Youth need to turn in permission slips by June 13 to the Lion's Den on Patrick Henry Village for the Child, Youth and School Services good will project 8 a.m.-5 p.m. June 20-24. Teens will work with German youth clubs to restore a Jewish cemetery and learn about the Holocaust. DSN 388-9396, civ. (06271-338-9396.

 Boat Cruise, Castle Fire – The Rhein-Neckar Silver Chapter Warrant Officers Association is hosting its River Boat Cruise and Castle Fireworks July 30 and the Wounded Warrior Heidelberg Castle Illumination on Sept. 3. DSN 370-5101, civ. 06221-57-5101, www.rhein-neckarsilver.com.

 Military History – The Military History Round Table, an informal group of German and Americans interested in WWII history is open to anyone who has an interest in military equipment, uniforms, patches and memorabilia. The club normally meets 7 p.m. at the Heidelberg Rod and Gun Club once a month on the third Thursday. DSN is 370-8686, civ. 06221-57-8686, e-mail 2973-634@ online.de.

### MANNHEIM

Education • ACS Classes – Care Team Training, 9-11:30 a.m. May 31, Resume Writing, 10 a.m. -noon June 1; Green Baby Group, 1-2:30 p.m. June 1, Bldg. 254; Pregnancy Support Group, 1-2:30 p.m. June 2, Bldg. 251, Room 113.

•Red Cross – The Mannheim Red Cross will offer Community Adult, Child and Infant CPR, AED and First Aid 8 a.m.-5 p.m. June 4. Registration is required: DSN 385-1760, civ. 0621-730-1760, www.redcross.org. Community

• Self Service Supply – The SSSC has temporary operating hours through July 5 – 8 a.m.-noon and 1-3 p.m. Tuesdays and Thursdays. DSN 384-6810, civ. 0621-730-6810.

 CVSS Registrations – Parents wishing to register or re-register their children with Child, Youth and School Services need to sign in at Parent Central Services a minimum of 30 minutes before closing time. Parent Central Services in Bidg. 696 is open 8 a.m.-4 p.m. Monday-Friday. DSN 388-9240, civ. 06221-338-9240. Schools Out Early – All

Mannheim schools will be released 10:45 a.m. June 1 for teacher in-service training. No lunch will be served to students.

 Holiday Park – Spinelli Outdoor Recreation bus leaves 9 a.m. June 5 from the Schuh Theater for Holiday Park, an amusement center with rides, water shows and more. Preregistration: DSN 384-6300. Moving On – Mannheim Middle School and Mannheim High School will host a "Moving On" celebration 11:30 a.m.-1:30 p.m. June 9 on Woods Field. Entertainment will be provided by the U.S. Army Europe band, both schools' bands and drama students

 Blood Drive – sponsored by the Mannheim Health Clinic and the American Red Cross 10 a.m.-3 p.m. June 14 at the Sullivan Gym. Appointments: www.militarydonor. com/index.cm?group=op&hgid=1.
 Blue Sunday – Enjoy blues, oldies and DJ Big Money at the Top Hat Club 5-9 p.m. June 19. DSN 380-9370, civ. 0621-730-9370, www. mwrgermany. com.

 Kletterwald – Youth need to turn in permission slips by June 20 to the Lion's Den on Patrick Henry Village to go to the Kletterwald high ropes course 2-5 p.m. June 29. Open to Heidelberg and Mannheim teens.

### **SPORTS**



Heidelberg High School student Aaron Tribble-Knowles, center, runs the 110-meter high hurdles ahead of the pack and with a winning time of 16 minutes, 11 seconds at the Department of Defense Dependents Schools Europe Track and Field champion-ships in Rüsselsheim Saturday. Heidelberg boys took the Division I title.

## Baden-Württemberg high schools win at track, field championships

Heidelberg, Mannheim and Kaiserslautern finished strong in the 2011 Department of Defense Dependents Schools Europe Track and Field championships in Rüsselsheim Saturday.

Heidelberg boys won took home the title in a close competition earning 102 points ahead of Vilseck with 97 points and Ramstein with 89.

Kaiserslautern girls won the Division I race with 97 points followed by Ramstein with 88 and Patch with 52.

Mannheim girls finished second in the Division II contest behind AFNORTH and Naples.

Heidelberg's Aaron Tribble-Knowles won the 110-meter high hurdles with a time of 16 minutes, 11 seconds. Andre Brown took the 100-meter sprint with a time of 11.25 and David Hoke won the 300-meter hurdles. The 4x400 boys relay team won in a breath-holding finish. 12 seconds behind Vilseck.

Mannheim's girls won the 4x100 meter relay with team Jackie Headley, Grace Gonzalez, Infinity Baisden and Kadedra Lea. Veronique Henry won the 100-meter hurdles.

Kaiserslautern's Ashley Santos won the girls 300-meter hurdles with teammate Ruby Plummer finishing second. The girls won the sprint medley relay and the 4x800 relay with team Colleen Davis, Ruby Plummer, Ashley Santos and Rio Harris. Harris won the 800 and 400-meter runs.

SOURCE: Stars and Stripes



Rebeccah Steil prepares to release the discus for a throw of 86 feet 8 inches, a season best that put her in sixth place at the DODDS Europe Track and Field championships in Rüsselsheim Saturday.

### staying ACTIVE

### Hole in One Club

**Gerd Böegel** made a hole in one at the Heidelberg Golf Club May 16 on hole number four using a 7-iron from 110 yards.

### Heidelberg High School

Baseball and softball teams compete in the European Championships May 26-28 at Ramstein/Kaiserslautern.

### Family, Fitness, Fun Festival

Find nutritious food from the farmers market while kids work up a sweat in the bouncing inflatables or play basketball toss. Adults can join the Zumba Fitness Party, get personal trainer assessments or tips on staying fit 8 a.m.- 3 p.m. May 28 at the Family, Fitness and Fun Festival in the commissary parking lot on Benjamin Franklin Village in Mannheim. Civ. 0621-728-3626.

### **Mannheim Bowling**

Join the Memorial Day nine-pin bowling tournament 2-5 p.m. May 30 at the Benjamin Franklin Village Bowling Center. DSN 380-9528, civ. 0621-730-9528.

### Liberty Tour

Pedal through history and celebrate D-Day on the Liberty Tour June 3-5. The tour begins in Bastogne, Belgium. Must have a road bike and be able to bike at least 80 miles per day. DSN 373-6489, civ. 06221-57-6489.

### AUSA Golf

The Association of the U.S. Army will host a golf tournament in honor of the U.S. Army's 236th birthday June 10 at the Heidelberg course. Format will be four-person, best-ball scramble with an 8 a.m. start. Registration is limited to the first 24 teams.

### **Army Birthday Runs**

A 5-kilometer run and walk for the 236th Army birthday will take place June 11 at the Patrick Henry Village Pavilion in Heidelberg with registration at 8:30 a.m. and race start at 9 a.m. DSN 314-370-6489, civ. 06221-57-6489. An Army Birthday Community Run will be held 6 a.m. June 10 on Rhine Ordnance Barracks, Bldg. 370, in Kaiserslautern. DSN 493-2088, civ. 0631-3406-2088.

### Soccer Officials Clinic

Ansbach, Germany, and Vicenza, Italy, will host this year's soccer officials clinics June 14–18 to train future officials for military youth sports events. Register for Germany: DSN 379-7667, civ. 06202-80-6574.

### **Beach Volleyball**

An all-day Beach Volleyball Tournament will be held June 18 at the Tompkins Barracks volleyball complex and is open to ID-card holders over 18 years old. DSN 379-7700.

### **Youth Soccer Coaches Wanted**

The U.S. Youth Soccer Olympic Development Program needs board members and coaches for the Europe wide soccer development program that meets two Sundays per month. http://usysa.goalline.ca/news2.php?news\_id=406082&team\_ id=138974&lang= or usysheidelberg@googlemail.com.

### **Women Golfers Need Rally Volunteers**

The Heidelberg Women's Golf Association seeks volunteers for its Rally For the Cure – Pink on the Green Fore Breast Cancer Awareness Annual Golf Tournament June 18 at the Heidelberg Golf Club in Oftersheim. Civ. 0152-2767-2405, *qmstr1@googlemail.com*.

### Heidelberg Tennis Center

Seasonal memberships are available at the Patrick Henry Village Tennis Center. Fee includes balls, court time, locker room facilities and discounted lessons. DSN 373-7998, civ. 06221-17-7998.

> See Photos Online www.flickr.com/heraldpost