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www.bw.eur.army.mil

HeraldPOS⁻ Serving the communities in U.S. Army Garrison Baden-Württemberg

Saluting the Armed Forces Armed Forces Day, VROBLEWSKI, May 21

U.S. Army Garrison Baden-Württemberg community member Adam Wroblewski, 5, wearing the Army Combat Uniform, salutes Armed Forces members and their families in observance of Armed Forces Day to be celebrated Saturday with the theme "United We Stand."

Students welcome students

Schools Liaison Office

Heidelberg High School hosted a welcome orientation for students from Mannheim High School and Mannheim Middle School in their auditorium Friday.

Principal Kevin Brewer and the Student 2 Student sponsorship team led by teacher Kara Mittenzwey welcomed 112 Mannheim students who will attend Heidelberg High School next year.

After an introduction to the school's programs, students were led on a tour, participated in a question and answer session, and ate lunch in the school cafeteria. see **STUDENTS** page 12



Courtesy photo

Members of the Student 2 Student program lead Mannheim High School students on a tour of Heidelberg High School during a welcome event Friday. S2S members wear yellow T-shirts they created bearing the slogan "Mannberg-Heidelheim" to visually welcome Mannheim students who will attend Heidelberg High School next year following the closure of MHS this June.

Motorcycle River Ride May 26

Elizabeth Casebeer USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Ladies and gentlemen, get ready to start your engines.

The second annual Motorcycle Rally and River Ride is scheduled for May 26 at the Heidelberg Heliport and Heidelberg Rod and Gun Club.

The U.S. Army Garrison Baden-Württemberg event is for riders, both seasoned and new, to refresh safety skills, meet fellow enthusiasts and learn from each other, all in a fun atmosphere.

"The purpose of this event is to provide an opportunity that allows see MOTORCYCLE page 12



Speed Read

DEPLOYMENT BOOT CAMP



Students experienced what life is like for their military parents in a V Corps deployment boot camp Monday in Heidelberg. 3

ERIC BENET VISIT

Rhythm and blues singer Eric Benét will visit the Top Hat Club on Benjamin Franklin Village in Mannheim 5-6 p.m. Tuesday. 3

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UMUC GRADUATION

More than 1,100 University of Maryland University College Europe students earned their degrees May 7. 8



OLD IRONSIDES

The 1st Armored Division headquarters cased its colors in Wiesbaden Friday and will return to the states after nearly 40 years in Germany. 13

SPORT SHOOTING

AD

Tammy Moehlman

An update of U.S. Forces policy by German government officials grants approval for sport shooters to train and certify in an

Defense Details

WAR JOURNALISTS

Army Staff Sqt. James Hunter and 76 other fallen journalists were memorialized at the Newseum in Washington, D.C. Monday in the rededication ceremony of the Journalist's Memorial. The memorial honors 2,084 reporters, photographers, editors and broadcasters who died covering the news between 1837 and 2010. Of those reporters honored, 59 died in 2010 Hunter was an Army public affairs noncommissioned officer who was killed by a roadside bomb in June during a foot patrol in Afghanistan.

www.army.mil/news www.defense.gov

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COMMENTARY

Armed Forces Day expresses unified strength

On Aug. 31, 1949, Secretary of Defense Louis Johnson announced the creation of an Armed Forces Day to replace separate Army, Navy and Air Force days. The single-day celebration stemmed from the unification of the Armed Forces under one department – the Department of Defense.

Each of the military leagues and orders was asked to drop sponsorship of its specific service day to celebrate the newly announced Armed Forces Day.

The Army, Navy and Air Force leagues adopted the newly formed day. The Marine Corps League declined to drop support for Marine Corps Day but supports Armed Forces Day, too.

In a speech announcing the formation of the day, President Truman "praised the work of the military services at home and across the seas" and said, "It is vital to the security of the nation and to the establishment of a desirable peace."

In an excerpt from the Presidential Proclamation of Feb. 27, 1950, Truman stated, "Armed Forces Day, Saturday, May 20, 1950, marks the first combined demonstration by America's defense team of its progress, under the National Security Act, towards the goal of readiness for any eventuality. It is the first parade of preparedness by the unified forces of our land, sea and air defense."

The theme of the first Armed

Forces Day was "Teamed for Defense." It was chosen as a means of expressing the unification of all the military forces under a single department of the government.

Although this was the theme for the day, there were several other purposes for holding Armed Forces Day. It was a type of "educational program for civilians," one that would increase awareness of the Armed Forces.

It was designed to expand public understanding of what type of job is performed and the role of the military in civilian life. It was a day for the military to show "state-of-the-art" equipment to the civilian population they were protecting. It was also a day to honor and acknowledge the people of the Armed Forces of the United States.

According to a New York Times article published on May 17, 1952, "This is the day on which we have the welcome opportunity to pay special tribute to the men and women of the Armed Forces ... to all the individuals who are in the service of their country all over the world. Armed Forces Day won't be a matter of parades and receptions for a good many of them. They will all be in the line of duty and some of them may give their lives in that duty."

The first Armed Forces Day was celebrated by parades, open houses, receptions, and air shows. In Washington D.C., 10,000 troops from all branches of the military, cadets and veterans marched past the President and his party.

In Berlin, 1,000 U.S. troops paraded for the German citizens at Templehof Airfield.

In New York City, an estimated 33,000 participants initiated Armed Forces Day "under an air cover of 250 military planes of all types."

In the harbors across the country were the famed mothballed "battlewagons" of World War II, the Missouri, the New Jersey, the North Carolina and the Iowa, all open for public inspection.

Precision flying teams dominated the skies as tracking radar were exhibited on the ground.

All across the country, the American people joined together to honor the Armed Forces.

As they gathered to honor the Armed Forces on this occasion, so too did the country's leaders. Here are some of the more notable quotes of those leaders.

"The heritage of freedom must be guarded as carefully in peace as it was in war. Faith, not suspicion, must be the key to our relationships. Sacrifice, not selfishness, must be the eternal price of liberty. Vigilance, not appeasement, is the byword of living freedoms. Our Armed Forces in 1950 – protecting the peace, building for security with freedom – are "Teamed for Defense"

-Former Chairman of the Joint Chiefs of Staff Gen. Omar N. Bradley

"It is fitting and proper that we devote one day each year to paying special tribute to those whose constancy and courage constitute one of the bulwarks guarding the freedom of this nation and the peace of the free world."

–President Dwight D. Eisenhower, 1953

"Today let us, as Americans, honor the American fighting man. For it is he – the Soldier, the Sailor, the Airman, the Marine – who has fought to preserve freedom. It is his valor that has given renewed hope to the free world that by working together in discipline and faith our ideals of freedom will always prevail."

-Admiral Forrest P. Sherman

"...Word to the Nation: Guard zealously your right to serve in the Armed Forces, for without them, there will be no other rights to guard."

-President John F. Kennedy, 1962

"...Their contribution to our freedom and safety is measureless. Our national security depends on the maintenance of alert military forces as a deterrent to any possible aggressor."

–President Lyndon B. Johnson, 1964

SOURCE: www.defense.gov



DISCUSSION BOARD Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

We announced May 13 on Facebook: "Heidelberg Vehicle Registration closes May 27 and reopens June 1 in Mannheim on Spinelli Barracks, Bldg 1567. The Mannheim office will issue license plates and registrations for Mannheim and Heidelberg. Vehicle inspection is directly next to vehicle reg for one-stop service. Heidelberg will have a satellite vehicle reg office at the MP station on Patrick Henry Village with services that don't require inspection."

-BWnow Facebook Administrator "One has to ponder the logic of such a move seeing as how there are going to be people here in Heidelberg much longer than in Mannheim ... Seems to me that it makes more sense to have that stuff here in HD where the majority of us are."

– Orla Zuckerman, BWnow Facebook fan Feudenheim

"Although Spinelli is not an enduring installation, it will be open longer than either Mannheim or Heidelberg. Because Spinelli has large warehousing buildings, it can better accommodate some services such as the vehicle shipping and receiving."

-BWnow Facebook Administrator GPS: Spinelli Barracks 1567, 68259 Mannheim-

HP

Commander, U.S. Army Garrison Baden-Württemberg: Col. William C. Butcher Acting Public Affairs Officer: Regina Abrigo Editor: Donna Walker Social Media Chief, Reporter: Dijon Rolle Web Author, Graphic Artist: Brandon Spragins Reporters: Elizabeth Casebeer, Heidelberg Rick Scavetta, Kaiserslautern

Contact information:

Herald Post Building 107, Patton Barracks 373-7277/7243 or 06221-17-7277/7243 usaghd.post@eur.army.mil

Baden-Württemberg Public Affairs 373-1400/1600 or 06221-17-1400/1600 usaghd.pao@eur.army.mil

Kaiserslautern Public Affairs 493-4072 or 0631-3406-4062 usak.pa1@eur.armv.mil

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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, darity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

NEWS

Deployment Boot Camp





The daughter of a deployed Soldier, 9-year-old Ashton Craycraft, participates in an ammunition can carrying race during a physical fitness demonstration at the V Corps Deployment Boot Camp on Patrick Henry Village in Heidelberg Monday. Elementary and middle school children learned what life is like for their military parents.

Staff Sgt. Raymond Calixte, from Headquarters Support Command, U.S. Army Europe, guides a group of elementary and middle school students through the uses of night vision goggles minutes before taking them into a pitch-black tent during the V Corps and U.S. Army Europe's boot camp Monday on Patrick Henry Village in Heidelberg. The camp, which is geared for children of deployed or soon-to-be deployed parents, offers a hands-on chance to experience some of what life is like for their military parents. The children had the opportunity to taste meals-ready-to-eat, use camouflage face paint and talk on military radios while wearing military protective equipment from inside an up-armored high mobility multipurpose wheeled vehicle.

Memorial Day observed in Europe

USAREUR Public Affairs

Soldiers from U.S. Army Europe headquartered in Heidelberg will be taking part in Memorial Day events around Europe May 28-30.

The Soldiers will participate in ceremonies in honor of U.S. servicemembers who gave their lives fighting in World War I and World War II.

The events will be held in American cemeteries in Belgium, France, the Netherlands and Italy.

Below is a list of the times and locations of Memorial Day events in which USAREUR members are scheduled to participate.

Additional information about locations can be found on the American Battle Monuments Commission website at *www. abmc.gov.*

Presently there are 124,909 U.S. war dead interred at 24 American cemeteries on foreign grounds, 30,921 of World War I, 93,238 of World War II and 750 of the Mexican War.

May 28

•Luxembourg American Cemetery, 2 p.m.

•Ardennes American Cemetery,



Donna Walker One cross stands among many in the Ardennes American Cemetery in

the Ardennes American Cemetery in Belgium.

Neuville En Condroz, Belgium, 10 a.m.

•Henri Chapelle American Cemetery, Aubel, Belgium, 4 p.m.

May 29

Brittany American Cemetery, Saint James, France, 4 p.m.
Epinal American Cemetery,

Dinoze, France, 3 p.m. •Lorraine American Cemetery,

Saint-Avold, France, 11 a.m.

Memorial Day in Heidelberg

The American Legion and the U.S. Army Garrison Baden-Württemberg will host a Memorial Day wreath ceremony to honor fallen Soldiers 10 a.m. May 30 at the Patrick Henry Village Pavilion in Heidelberg. Local scouts will participate. The Eagle Scouts have completed a project to relocate the Memorial Park from the front of Bldg. 110 on Patton Barracks to the new location on Patrick Henry Village.

•Meuse-Argonne American Cemetery, Montfaucon, France, 3 p.m.

•Normandy American Cemetery, Colleville Sur Mere, France, 3 p.m.

• Oise-Aisne American Cemetery, Seringes et Nesles, France, 3 p.m.

•Ŝomme American Cemetery, Bony, France, 3 p.m.

Flanders Field American Cemetery, Waregem, Belgium, 3 p.m.
Netherlands American Cemetery, Margraten, Netherlands, 3 p.m.

May 30

•Florence American Cemetery, Florence, Italy, 11 a.m.



Eric Benét to visit Mannheim

Staff Report

Rhythm and blues star Eric Benét will visit the Top Hat Club on Benjamin Franklin Village in Mannheim 5-6 p.m. Tuesday.

Benet will sign autographs and pose for photos with anyone who is a ID card holder. Tickets to his concert May 25 at the MaiMarkt Halle in Mannheim will be available at a discounted price of \notin 25.

Eric Benét was born Eric Benét Jordan on October 15, 1966, in Mobile, Ala. He was raised in Milwaukee, Wis., and is the youngest of five siblings.

The one-time husband to actress Halle Berry has produced hits such as "I Wanna Be Loved," "Spiritual Thang," "Sometimes I Cry," "Georgy Porgy" and "Spend My Life With You," a duet with Tamia that reached number one on Billboard's R&B/Hip-Hop Songs chart and was nominated for a Grammy award in 2000.

DSN 380-9370, civ. 0621-730-9370, www.mwrgermany.com.

3

Photos by Todd Olive

Heidelberg vehicle registration to close May 27

Directorate of Emergency Services

The last business day for Heidelberg's vehicle registration office is May 27.

On June 1, the Mannheim vehicle registration office will issue license plates and registrations for the Mannheim and Heidelberg communities. The Mannheim vehicle registration office is located on Bldg. 1567 on Spinelli Barracks in Mannheim.

The vehicle inspection point is located directly next to vehicle registration which makes it convenient for those community members who must get their vehicles inspected and registered at the same time. On June 1, Heidelberg will also offer a satellite vehicle registration office at the Military Police station on Patrick Henry Village, Bldg. 4511.

This office will provide limited services that do not require a vehicle inspection. These services include temporary registrations, shipping license plates, non-operational license plates, sales of a vehicle (to any host nation person), assistance with clearing and registration of newly purchased vehicles (i.e. vehicles that have never been owned or registered previously or those that are being registered for the first time). DSN 384-6100, civ. 0621-730-6911/6900. GPS Am Aubuckel, 68259 Feudenheim.



Frequently Asked Questions

Have a transformation-related question you'd like answered? E-mail usaghd.post@eur.army.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/transformation.

When will 18th Military Police Brigade and the 95th MP Battalion move to Sembach?

Both units have begun to move personnel and occupy space at Sembach but the majority of the families scheduled to move will do so when school is out so their children can finish the school year in Mannheim and be settled in their new homes in the Kaiserslautern community before the new school year begins. Both units will be officially moved from Mannheim to Sembach in August.

When are Patrick Henry Village and the PHV Shoppette closing? I've heard 2012, 2013 and 2015. Which date is actual?

The plan is for PHV and PHV Shoppette to close in late 2014. However, residents are asked to keep in mind that while this is the plan, a lot can change in the three years which could affect the closure date.

Is there enough base housing in Wiesbaden?

Wiesbaden has enough Army family housing to meet the U.S. Army Europe housing policy, which is 100 percent of key and essential personnel, 100 percent of staff sergeants and below, and 10 percent of sergeants first class and above, excluding key and essential personnel.

Is it true that family housing in Wiesbaden is not protected by security perimeters and ID checks? Will security gates will be installed and when? If no, please explain why.

Three of the family housing areas, Aukamm, Crestview and Hainerberg, are open. They are patrolled by Military Police and the German Polizei. All three of these housing areas are located in German communities with public streets maintained by the city of Wiesbaden. An access control point for Hainerberg is programmed for construction in 2013 and then the entire Hainerberg housing area will have controlled access. Personnel will have the option of living in the controlled housing areas on Wiesbaden Army Airfield and Hainerberg as quarters become available. U.S. Army Europe has approved allowing the other two housing areas to remain open with the ability to close them upon high threat conditions.

Facilities Operations Changes

Mannheim Optometry – The Mannheim Optometry Clinic on Benjamin Franklin Village no longer offers routine eye examinations, walk-in physicals or screenings. Optometry care has transferred to the local economy, the Heidelberg Health Center Optometry Clinic or, for aviation personnel, Coleman Barracks, Mannheim Soldiers can still receive vision screening and routine physicals at the Mannheim clinic. Aviation personnel may complete the vision portion of select flight physicals in Mannheim, but must first collect paperwork at the Coleman clinic. Family members and retirees who require glasses quickly and cannot obtain an appointment in Heidelberg or Mannheim can visit German opticians who prescribe glasses for older children and adults at no cost, but glasses must be purchased from them. The Mannheim medical operations center is open for walk-ins 8-11 a.m. Mondays, Wednesdays and Fridays, Appointments: 800-914-6133 (toll-free), DSN 371-2622, civ. 06221-17-2622. The Heidelberg Optometry Clinic will remain open for eye care; however, due to staff

transitions from July 1 through Sept. 30, services will be limited to active duty and active duty family members only.

Mannheim Health Clinic – The health clinic on Benjamin Franklin Village in Mannheim will close this December. Servicemembers living in Mannheim will be seen at the Coleman Barracks clinic. Family members will receive services from the Heidelberg Health Center on Nachrichten Kaserne in Heidelberg. A shuttle bus is available for those who need transportation to Heidelberg. The number of providers in Mannheim will stay the same until December. Patient liaisons will remain in Mannheim to help community members schedule medical appointments on the economy. There are four patient liaisons on staff and one at the Mannheim Klinikum. Civ. 0621-730-9534/9543/9777. For help after hours, call civ. 06221-17-2605, or the nurse advice line DSN 0800-825-1600, civ. 0800-825-1600 or 00800-4759-2330. Mannheim Clinic hours are 8 a.m.-noon and 1-4:30 p.m. Mondays through Thursdays and 8 a.m.-noon Fridays. Central appointments: DSN 371-2622, civ. 0621-730-2622.

Mannheim Base Operations – With the impending inactivation of Mannheim there are two names for community members to keep in mind – Mr. Ralph Santaliz, Base Operations Manager, DSN 385-2774, civ. 0621-730-2774, *rafael.santaliz@eur.army.nil*, and Master Sgt. Romeo Satsatin, Base Operations NCOIC, DSN 385-2588, civ. 0621-730-2588, *romeo.satsatin@eur.army.nil*. They are located in Bldg. 245 on Sullivan Barracks and are ready to assist Mannheim community members.

Mannheim Transportation Motor Pool – The TMP at Spinelli Barracks will discontinue operations May 31. Effective immediately, general dispatch users and customers with recurring assigned vehicles should use the Heidelberg Transportation Motor Pool on Patton Barracks, Bldg. 157. DSN 373-8350, civ. 06221-17-8350.

Mannheim DEERS, ID Cards, Passports – The DEERS, ID cards and passports offices have relocated to Bldg. 246, room 101. on Benjamin Franklin Village.

Mannheim Education Center – The Education Center on Sullivan Barracks will be open from May through July with classes running as long as class minimums are achieved. The center will be open Monday-Friday (except USAREUR training holidays). A counselor will be on site 8:30 a.m.-12:30 p.m. and remote counseling will be available 1:30-4:30 p.m. The center is closed 12:30-1:30 p.m. A night monitor will open and close the education center for evening classes 6-10:30 p.m.

Mannheim Personal Property Processing - The Mannheim Personal Property Processing office, also known as the Transportation office, is closed. Mannheim customers will use the Heidelberg Personal Property Processing Office on the Shopping Center, Bldg. 3850, room 267. The hours for the Heidelberg PPPO changed May 2: 9 a.m.-4 p.m. Monday, Tuesday, Wednesday and Friday and 10 a.m.- 4 p.m. Thursday. The office is closed daily 11:30 a.m.-1 p.m.

Exiting Mannheim – The exit gate at Friendship Circle on Benjamin Franklin Village in Mannheim has changed hours for traffic leaving the installation. The gate opens for exiting traffic and pedestrians (exiting and entering) at 6 a.m. and closes at 6 p.m. Mannheim Customs Field Office – The Customs office in Mannheim is now located in Bldg. 256 (the Military Police station).

Mannheim Army Community Service – Army Community Services will move from Bldg. 255 into Bldg. 246 before June 1. The ACS Lending Closet services have relocated to Bldg. 246, room 110.

Mannheim Drivers Testing – Mannheim's Drivers' Testing Station located on Sullivan Barracks, Bldg. 253, has closed. All drivers' testing services are offered in Heidelberg on the Shopping Center, Bldg. 3850, room 136, with operating hours 7:30-11:30 a.m. and 12:30-4:30 p.m. Monday-Friday. DSN 370-7889, civ. 06221 57-6681.

One number, two communities – The 24-hour sexual assault and domestic violence hotline is now valid for Mannheim and Heidelberg. The Mannheim-specific number is no longer valid. The hotline for both communities is civ. 0170-609-2862.

AAFES Gas Station – The gas station in Mannheim on Benjamin Franklin Village South will change its operating hours June 1. New hours will be 7 a.m.-8 p.m. Monday-Friday, 8 a.m.-8 p.m. Saturdays and 9 a.m.-7 p.m. Sundays.

Popeyes and Taco Bell – Beginning July 1, Popeyes and Taco Bell on Benjamin Franklin Village South in Mannheim will be closed Mondays.

Coleman Shoppette – The shoppette on Coleman Barracks in Mannheim has expanded its hours to 7 a.m.-8 p.m. Monday-Friday and 10 a.m.-8 p.m. Saturday-Sunday and U.S. holidays.

Mark Twain Village Shoppette – The shoppette on Mark Twain Village in Heidelberg will close June 3. The Campbell Barracks shoppette will expand its hours on weekends – 10 a.m.-5 p.m. Saturdays and Sundays – to support the Soldiers and family members who live on MTV.

Burger King – Burger King on the Shopping Center in Heidelberg will close May 30.

Subway — The Subway restaurant on Sullivan Barracks in Mannheim will close May 20 and reopen on the Shopping Center in Heidelberg June 20.

Spinelli furniture – The furniture store on Spinelli Barracks in Mannheim will close June 27. Some furniture has moved into the Exchange on Benjamin Franklin Village South.

Mannheim to Heidelberg Shuttle Buses – Mannheim's community shuttle bus service now stops at the U.S. Army Garrison Baden-Württemberg Central Processing Facility located on the Shopping Center in Heidelberg in Bldg. 3850. The bus stop at the Heidelberg Community Support Center also serves as the hub for the Heidelberg community shuttle bus that serves Tompkins Barracks, Patrick Henry Village, Mark Twain Village and Patton Barracks. Shuttle buses run four times a day, Monday through Friday, from Coleman, Spinelli and Sullivan Barracks and the hotel on Benjamin Franklin Village to the Shopping Center in Heidelberg and the Heidelberg Medical Clinic on Nachrichten Kaserne. Signs posted in bus stops indicate times and routes. Schedules are available at the in and out processing center, from building coordinators and at the hotel on Benjamin Franklin Village.

Faces of the community: Heidelberg Cub Scouts



Max Gallant, left, a Pack 284 member, reads the opening remarks for the Webelos graduation ceremony while Pack Leader Patrick Thomas observes Saturday on Patrick Henry Village in Heidelberg. Seventy-four scouts took part in the graduation. The purpose of the Boy Scouts of America Cub Scout program is to provide a family-oriented program that builds character, improves physical fitness, teaches practical life skills and develops a spirit of community service for boys in first through fifth grades through regular, activity filled meetings and events such as the Pine Wood Derby, camping and hiking trips, recycling and garrison clean up projects.

Health officials issue Q fever advisory

ERMC Public Affairs

Recently, a member of the U.S. military community in Germany was diagnosed with Q fever, prompting Army health officials to issue a health advisory.

"An advisory is precautionary in nature," said Lt. Col. Kathy Ellis, chief epidemiologist for the Public Health Command Region – Europe. "There was an isolated case within the U.S. military community, and we simply want people to learn more about the disease."

Q fever is a worldwide disease caused by the bacteria *Coxiella burnetii*. Sheep, goats and cattle are the most frequent sources of human infection, but wild animals such as rodents and rabbits can also

spread the disease.

According to the Global Infectious Diseases and Epidemiology Network, Q fever was first recognized in Germany in 1947. Worldwide, 40 outbreaks were reported from 1947 to 1999.

Sheep were implicated in 24 of the outbreaks, and cattle in six. Incidences of Q fever in Germany have risen since the 1990's with the German state of Hesse (Wiesbaden area) experiencing the greatest increase.

Infection of humans usually occurs by inhalation of these organisms from contaminated aerosols.

While workers at slaughterhouses and meat processing plants are at greatest risk, some Soldiers returning from Iraq have also been diagnosed, Ellis said. In rare instances, human to human transmission can occur.

In the advisory, officials note the most common symptoms among U.S. military personnel deployed to Iraq have been fever, headache, chills, malaise (generalized feeling of discomfort, illness, or lack of well-being), fatigue and nausea.

Other reported symptoms include dry cough, muscle aches, vomiting, sweats, diarrhea, abdominal pain, shortness of breath and chest pain.

The disease is treatable and a timely diagnosis can minimize the risk of more severe complications.

Diagnosis usually requires a blood test at the onset of symptoms and "An advisory is precautionary in nature. There was an isolated case in the U.S. military community, and we simply want people to learn more about the disease."

> -Lt. Col. Kathy Ellis, Public Health Command Region-Europe chief epidemiologist

again upon recovery.

If you have questions or concerns regarding Q fever, talk to your healthcare provider.

conservation advice Conserve the essence of life

By Greg Machado DPW INTERN

In the fundamentals of economics, we're taught that we have unlimited wants, and there are limited resources to satisfy these needs.

The principle of scarcity applies because planet earth does not have an infinite amount of natural resources. How we choose to allocate our limited natural resources is up to us.

We're also taught that there is no such thing as a free lunch. As you spend each day living and working, take a moment to think about who is footing the bill when you turn on the lights, flush the toilet, or fill up at the pump.

Army installations require a large amount of energy and natural resources to manage daily operations.

As individuals we may feel our efforts are too small to matter in the grand scheme of things. However, it starts with us to be the first line of defense.

Be a leader and demonstrate to your family, friends, co-workers and fellow Americans how easy it is to take water saving steps.

Simple measures can be taken to conserve water around the household, at work, on vacation, anywhere and everywhere.

Follow these tips and be a good steward: •Report faulty plumbing, leaking (even minor) and any waste of water that you detect

Take a shower, not a bath

•Don't let the faucet run when you're brushing, shaving or washing

•Water your garden and lawn in the morning or evening when temperatures are cooler to minimize evaporation

•Refill aluminum bottles, canteens or plastic bottles to chill overnight for use the next day.

•Use a low flow shower head

• Use a bucket in the shower to collect water to flush toilets and water plants • Use low flow aerators on all faucets

•Use low flow toilets

•Use a commercial car wash center that recycles water

•Use drip irrigation for shrubs and trees that gives water directly to the roots

•Put leftover ice from takeout cups or dropped ice cubes in house plants

•When washing dishes by hand, fill one sink with wash water and the other with rinse water

•Run your clothes washer and dishwasher only when they are full

Conservation isn't complicated and it is crucial we avoid waste and inefficiency. Do your part, become conscientious, lead by example and conserve water.

Feedback, concerns, or questions you may have should be e-mailed to *environmental@hdpw.eur.army.mil* and we'll get a response back to you immediately.

More than 1,100 earn degrees, 200 cross stage

By Cristina Willard

UNIVERSITY OF MARYLAND UNIVERSITY COLLEGE

Approximately 200 students crossed the stage amongst cheers of "We love you" and "Way to go" at the 59th annual commencement ceremony of University of Maryland University College Europe held in Heidelberg.

The ceremony honored more than 1,100 graduates from across Europe, Africa and the Middle East. Worldwide, more than 7,000 were recognized.

UMUC Europe and its partner institution Bowie State University awarded nearly 90 master's degrees, more than 500 bachelor's degrees, and almost 550 associates degrees.

The guest speaker and honorary degree recipient was retired Gen. William T. Hobbins who formerly served as the commander of U.S. Air Forces in Europe. Hobbins emphasized the power of critical thinking in his keynote address, urging students to question effectively and to "use critical thinking skills to make a difference."

UMUC President Susan Aldridge encouraged the class to take what they have learned and engage the future with a sense of passion and purpose.

"With your special knowledge – hard won – and true conviction born of life experience, you will undoubtedly rise to the occasion to transform your communities, your country and your world," she said.

Aldridge also highlighted students who have persevered in the face of multiple deployments, injuries, family obligations and other responsibilities, such as mother and son team Denise and Milton Johnson. Denise, a contract civilian in Heidelberg, earned her master's degree from Bowie State Uni-

AFAI

With your knowledge – hard won – and true conviction born of life experience, you will undoubtedly rise to the occasion to transform your communities, your country and your world."

—Susan Aldridge, UMUC President

versity. Her son, Milton, an information assurance security officer, made the long journey from Iraq to receive his master's degree from University of Maryland University College and celebrate this special day with family and friends.

Other inspiring stories included Edward Hutcherson, who completed his associate's degree while recovering from multiple surgeries after being wounded in Iraq. Shawna Brabandt earned a bachelor's degree while balancing her Air Force career, downrange deployments and the responsibilities of being a single mother.

Each year, UMUC awards the William C. Bentley Memorial Award to the graduate with the highest grade point average.

The award was established in honor of Col. Bentley, who was instrumental in bringing UMUC to Europe and also the first student to earn a UMUC degree in Europe.

This year's award was presented to Silvia Taylor by Bentley's grandson and namesake, Lt. Col. William C. Bentley, who is currently a U.S. Marine with the European Command in



Twins Analisa and Yvette Calzadilla from Heidelberg took all the same classes together, studied together and graduated on the same day at the University of Maryland University College commencement ceremony in Heidelberg May 7. More than 1,100 graduates from Europe, Africa and the Middle East were honored and approximately 200 students crossed the stage to receive their diplomas.

Stuttgart.

The graduating class included active duty military students from the Army, Air Force, Navy and Marine Corps, as well as family members and civilians stationed abroad.

UMUC faculty members Deborah Griggs and Michael Apichella, nominated by students and selected to be the recipients of the 2011 Stanley J. Drazek Teaching Excellence Award, were also recognized at the ceremony in Heidelberg for distinguished excellence in teaching.

University of Maryland University College has awarded more than 60,000 degrees in Europe since 1949. In the 2010-2011 academic year, more than 25,000 students enrolled at 70 sites throughout Europe, Africa and the Middle East and 90,000 students enrolled with UMUC worldwide.

Heidelberg and Mannheim AFAP issues

Army Family Action

Plan

The Mannheim and Heidelberg communities identified major issues of concern at the February AFAP conference. The command prioritized 13 issues. One issue is featured in the Herald Post each week. **Next week:** Covered bicycle racks.

What do you think?

Issue: Healthy food options at Exchange facilities

Scope

After duty hours and in remote locations, Exchange facilities are often the only places available to eat. Army Regulation 600-9 requires servicemembers to maintain certain body fat and weight standards. The lack of available healthy food options at Exchange facilities increases the difficulty of meeting these standards. Limited accessibility of healthy food choices negatively impacts servicemembers' fitness and overall health.

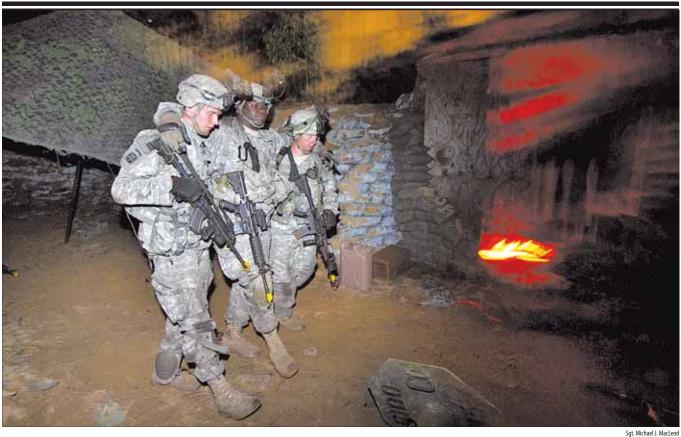
Recommendation

•Establish a standard which guarantees availability of healthy food options in all Exchange facilities.

Command position

"We encourage comprehensive fitness at all levels, including physical fitness, so when our Soldiers request we make more healthy food options available, we should try to accommodate that," said U.S. Army Garrison Baden-Württemberg Commander Col. Bill Butcher.

Express your opinion of this issue on Facebook (*www.facebook.com/bwnow*) and BWnow (*http://myBWnow.ning. com*) by answering the Question of the Week: What healthy food options would you like to see offered at Exchange shoppettes and in on-post restaurants?



During a training exercise on Fort Bragg, N.C., Army paratroopers help a Soldier playing the role of an injured servicemember to a casualty collection point after conducting an assault on an enemy mortar bunker May 7. The Soldiers are assigned to the 82nd Airborne Division's 1st Battalion, 504th Parachute Infantry Regiment.



Sgt. Timothy Heater, a medic with the National Guard's Warrior Training Center, completes the rower exercise, a modified crunch, as part of testing for the Army's new Physical Readiness Test at Fort Benning, Ga., May 10.

Soldiers help fight flood waters in Payneway, Ark., May 12. The Soldiers are assigned to the 875th Engineer Battalion of the Arkansas Army National Guard.



OULARMY around the world

For more Army news, visit www.army.mil



Sgt. 1st Class Chris Richey observes Malawi Defense Force medics during a field training exercise testing their combat lifesaver skills as part of a Medical Capabilities and Readiness Exercise in Lilongwe, Malawi, May 12. Richey is a medic assigned to the Army Reserve's 399th Combat Support Hospital.

Sgt. Jesse Houk

Shakira supports AER fund

Superstar donates tickets to emergency relief fund

USAG Kaiserslautern Family and MWR

U.S. Army Garrison Kaiserslautern closed its Army Emergency Relief campaign by surpassing its goal by more than \$17,000.

Helping to reach the goal was super star Shakira who donated tickets to her concert at the SAP Arena in Mannheim Saturday for USAG Kaiserslautern's Family and Morale Welfare and Recreation to raffle.

Shakira performed to a sold out arena. Sgt. 1st Class Danny Licciardi from the U.S. Army Garrison Chaplain's Office escorted Sgt. Juan Felixcruz, a rigger from 5th Quarter Master on Rhine Ordnance Barracks and Sgt. Jason Deiter, noncommissioned officer in charge of radiology diagnostic imaging at Landstuhl Regional Medical Center.

The Soldiers and their spouses received

VIP treatment and hung out with the band after the show.

Shakira, currently on the second leg of her "The Sun Comes Out" Tour, donated tickets in support of the Army Emergency Relief campaign.

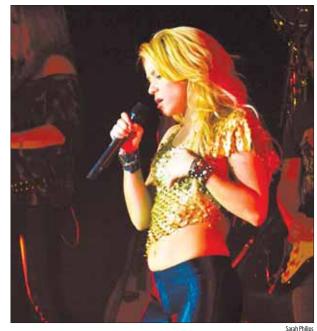
The Sergeants Major's Association, with the help of the BOSS (Better Opportunities for Single Soldiers) program and personnel from U.S. Army Garrison Kaiserslautern sold tickets for the drawing with all proceeds going directly to the AER Campaign.

The drawing took place immediately following the Army Emergency Relief golf tournament May 12.

David Lingo, the passport and ID supervisor in the military personnel division on Kaiserslautern's Kleber Kaserne won a pair of tickets and then gave them to Felixcruz who was celebrating his 13th wedding anniversary.

The Army Emergency Relief Campaign raised a total of \$77,469.69.

The campaign's motto is "Soldiers Helping Soldiers."



Superstar Shakira performs to a sold out crowd at the SAP arena in Mannheim Saturday.

American, British, German medical Soldiers build skills

By Sgt. 1st Class Chris Fincham 30TH MEDCOM PUBLIC AFFAIRS

HAMM, Germany – Soldiers of the U.S. Army Europe's 212th Combat Support Hospital, the United Kingdom's 1st Medical Regiment and the German Army's 22nd Medical Regiment conducted a joint medical training exercise here

Throughout the training, the coalition troops worked side-by-side, testing their ability to collectively provide Role III medical capabilities in support of any future fullspectrum operation.

May 2-13.

"This is designed for us to train as we fight. We are working together in missions abroad, and if we don't use the opportunity to train together here in Germany, we could fail in our future missions," explained Maj. Rene Grigat, the operations officer for the 22nd Medical Regiment.

During the exercise, Soldiers trained on a variety of tasks from loading and unloading patients from a UH-60 Blackhawk helicopter and different field ambulances, to triaging and treating simulated casualties at the hospital.

The training is helping to build familiarity between the two medical units, according to Sgt. Milfred Williams, an operating room noncommissioned officer who has served with an Army forward surgical team in Afghanistan.

"We're doing a lot of crosstraining within our sections. It's a great experience to be able to see how they run their

operating room and they get

to see how we run ours," he said. Lance Cpl. Paul James, a medic from the UK's 1st Medical Regiment, has served alongside American Soldiers in Iraq and said that the joint environment and overall training was useful.

"I've been in (the Army) seven and a half years and this is the first time that I've been able to do any training like this," James said. "We've gotten to practice a lot, and it's definitely been a good experience working with other armies."

A unique aspect of the exercise is the integration of the 212th Combat Support Hospital's 10-bed Early Entry Package into the German field hospital.

A highly mobile and adaptable Role III facility, the 10bed set up has the ability to provide surgical, pharmacy, lab, X-ray and resuscitative trauma care within 12-24 hours of arriving on site.

During this exercise the 10bed package attached onto the German facility, and the Soldiers were able to seamlessly

Sgt. 1st Class Christopher Fincham

German and British Soldiers load a simulated casualty into a field ambulance during a joint medical training exercise in Hamm May 12 that included Soldiers from the 30th Medical Command.

embed into the hospital.

"It actually just plugged in to the back of the German hospital," said Capt. Kyle White, the officer in charge of the 10-bed EEP.

"There is no curtailment of services, no disruption in medical care – it brings a lot of capability to the fight very quickly," he said.

"Integrating into their hospital allows us to develop a partnership and enables us to work through some of the problems that we're not just facing here, but challenges that are being seen regularly downrange," White said.

Overall, the joint medical training provided the German, American and British military medical units the opportunity to learn from each other and to grow as a cohesive team. The experience will undoubtedly pay dividends for potential joint operations in the future, according to Grigat.

"We cannot work alone. We are always depending on oth-

er nations as other nations are depending on us," said Grigat.

⁶The main opportunity here is to see if we are interoperable in terms of material and if we are interoperable in terms of personnel," Grigat said.

"I'm looking forward to having more joint and combined training. It has good value. As we say – train as you fight – and this is the way that we should do it every time to succeed in our missions," Grigat said.



tion of more foreign language

expertise, increased Advanced

Placement courses from 17 to

20 and the addition of a culi-

lenging and stressful, but I

think that the students will

find that they are coming to

a great school and will be wel-

comed warmly into the Hei-

delberg High School family,"

New students were remind-

ed to stay tuned to the Hei-

delberg High School's Web

based calendar so they do not

miss any opportunities to sign

up for sports or other activi-

ties which begin just before

"Transition is always chal-

nary arts program.

Ruehmling said.

MOTORCYCLE

continued from page 1

our community riders to get together and practice critical rider skills in a fun, organized and safe manner," said Randall Ross, safety specialist and one of the event's coordinators.

Throughout the morning, participants can test their skills swerving, breaking and cornering at various speeds. Riders can also learn more about safety features and apparel, courtesy of the Exchange, which will display several bikes for hands-on viewing. A rider safety briefing will start late morning.

"The rider safety training (will be)

STUDENTS

continued from page 1

Transition assistance staff and S2S students were easy to identify in their bright yellow "Mannberg-Heidelheim" Tshirts, a slogan developed by the S2S students at a recent Military Child Education Coalition sponsorship training.

Heidelberg district transportation officer, Karen Matlock reassured incoming students that the new transportation arrangements would be transparent. She said that between the Department of Defense Dependents Schools transportation office and U.S. Army Garrison conducted by certified MSF (Motorcycle Safety Foundation) rider coaches and offers the rider the opportunity to focus on those rider skills that prevent accidents and injuries. This type of event format allows for riders to learn from senior veteran riders and then execute those skills on a practical exercise ride," Ross said.

The rider safety training does not meet the MSF Experienced Rider requirements, so those riders must arrive with current MSF completion cards, Ross added.

At 12:15 p.m., a group of 20 riders (with a new group every five min-

Baden Württemberg Child

Youth and Schools Services

efforts, students would find it

easy to actively participate in

school events as well as CYSS

programs. The Schools Liai-

son Officer emphasized that

this transition will be a win-

win situation from which all

students will strengthen our

already strong athletic programs," said Jim Ruehmling,

Ruehmling noted the ad-

dition of seven transferring

Mannheim teachers will en-

hance the school's academic

programs through the addi-

The influx of Mannheim

students will benefit.

the USAG BW SLO.

utes) will leave from the Heidelberg Heliport and travel through cities along the river to Zwingenberg for a 20-minute break and to regroup. After the break the route will continue along the Neckar river and return to the Rod and Gun Club, Ross said.

May is recognized as Motorcycle Safety Awareness Month. The rally is free and open to all ID card holders.

Riders must register by Tuesday to participate in the River Ride portion of the event. To register, visit *www. bw.eur.army.mil* and click "Motorcycle Rally Registration" under "hot topics."

Motorcycle Rally

Who – all motorcycle riders in the U.S. Army Garrison Baden-Württemberg footprint

What – Motorcycle safety activities, safety checks and training, a group ride, barbecue and music

When – May 26, 8 a.m.-6 p.m.

Where – Heidelberg Heliport and the Heidelberg Rod and Gun Club in Oftersheim

Register - www.bw.eur.army.mil

(Click "motorcycle rally registration" under "hot topics")

school starts Aug. 29. m "The best way to fit in to a new school is to join activities like clubs and sports," Mitten-

zwey said. Student government elections will be delayed until the start of the school year in order to allow new students to participate.

Mark Twain Elementary School also held a transition event Friday, sending its first and second grade classes to Patrick Henry Elementary school for an orientation to the school they will attend next year. Third and fourth grades will travel to Patrick Henry Elementary School tomorrow for their orientation visit.

MTES fifth graders will go to the middle school for their orientation tomorrow as well.

"Being comfortable and feeling safe are critical to a good learning environment. These orientation visits are a great way to make sure that our students arrive at their new school ready to study and excel," said Principal Dolly Crooks.

Mark Twain Elementary School will close its doors at the end of the school and will be used to accommodate the increased student population at the high school next year.

Chaplain's program helps leaders balance life

By Sgt. Maj. Lisa M. Hunter USAREUR PUBLIC AFFAIRS

It's lonely at the top, especially in the Army's ranks where peers are few and the responsibilities are many. Hence the reason U.S. Army Europe Chaplain Col. Ray Bailey hosted resiliency training with 15 senior command sergeants major May 2-4.

At a Bad Kissingen hotel in Bavaria, Bailey gathered the command sergeants major to encourage them to practice what they teach.

"We, as leaders, make sure our Soldiers take care of themselves and their families, but we aren't setting the example," said Bailey.

Senior leaders do the opposite.

They continuously put the mission first, leaving their family and their personal lives on the back burner. This, Bailey explained, becomes the model for our Soldiers.

The challenge facing the senior command sergeants major during the training and every day - is to determine how to achieve balance between their professional and personal lives, USAREUR Command Sgt. Maj. Thomas Capel explained.

"We have this concept that if our Army mission fails, we fail. We have set that as our priority in life," Capel said. '(Senior leaders) give up a lot of family and personal time to make sure the mission doesn't fail."

Bailey developed the Resiliency Training Program at the request of the former USAREUR Commander Gen. Carter Ham. He entrusted Bailey with taking care of the USAREUR senior leaders, because they have no one looking after their well-being.

Bailey described the task using a phrase from Star Trek: "To boldly go where no man has gone before."

Bailey's resiliency training program has been so successful that it is now used as the blueprint for resiliency training plans that chaplains Army-wide will use to teach resiliency to their Soldiers.

Bailey explained that resiliency is the ability to recover rapidly from illness, change or misfortune. It's also the process of successfully adapting to a difficult or challenging life experience. Soldiers regularly experience events that require resiliency such as moving to new duty stations and starting a job in a new unit.

"As leaders, you have experienced an intensely high level of sacrifice to get where you are today," said Bailey.

The chaplain explained that leaders tend to bury themselves in the mission because that is where they feel a sense of control. This is usually the



Chaplain (Col.) Ray Bailey illustrates the results of the command sergeants major "life treasure hunt." The 15 participants tallied facts about their lives, including the number of permanent changes of station, military schools they attended, combat deployments and countries in which they've lived. The exercise illustrated how much experience they bring to the people in their lives.

root cause for senior leaders losing a sense of balance in their lives.

"In our family lives, we don't have control, so we tend to go back to work, where we have control," Bailey explained.

"We need to be able to say 'It's OK to take leave.' We have developed a self-expectation that we always have to be there," Capel added.

Capel pointed out the irony of how senior leaders take care of their Soldiers and the Soldiers' families, but they do not take care of themselves or their own families. Because of this, senior leaders often live with the regrets of family events they missed because of

missions.

Throughout, participants shared their views, illustrating how each of them was at a different level of balance or imbalance.

One stated that he combined a sense of spirituality with physical activity and tries to maintain a healthy mental outlook to keep his balance. But another participant said she only realized she needed to get her professional and personal lives back in balance after she experienced a significant loss.

"I realized I might be successful in my professional life, but not in my personal life," she said. "I think about all the things I've missed in my daughter's life. It's hard for a child to understand why you can't be there?

With a healthy dose of humorous videos and anecdotes, Bailey shared techniques participants could use to build resiliency and achieve a better sense of life balance.

He discussed strategies that would help the senior leaders. Bailey also encouraged the participants to find a sense of spiritual reflection by meditating, having a positive view or participating in the community. He also encouraged them to try to gain spiritual strength through forgiveness of yourself and others.

"If you don't forgive, that emotion is going to turn to anger, bitterness, depression and burnout," Bailey explained.

By developing resiliency, leaders learn they have a support network of peers, friends and family who can help them develop and maintain balance in their lives.

Bailey encouraged the senior leaders to conduct resiliency training with their subordinates.

"If you can shoot a rifle, you can teach someone else to shoot a rifle. The same is true with teaching resilience," Bailey concludes. He also reminded leaders that their unit chaplains could facilitate resiliency training for their Soldiers, too.

1st Armored Division cases colors

USAREUR Public Affairs

The 1st Armored Division headquarters under the command of Maj. Gen. Terry A. Wolff, cased its colors in a ceremony in Wiesbaden Friday to prepare for its return to the United States after nearly 40 years in Germanv.

Later in May, the headquarters, which consists of approximately 700 Soldiers, will uncase its colors at its new home on Fort Bliss, Texas.

Since moving to Germany in 1971, the division has been a key force for the U.S. Army, including helping to guard against Soviet attack along the inter-German border, leading VII Corps' flank during the Gulf War in 1991, leading U.S. forces across the Sava river into Bosnia in 1995, keeping the peace in Kosovo and its three deployments to Iraq supporting Operation Iraqi Freedom and Operation

New Dawn.

The division also known as Old Ironsides has also served as a springboard for Army leaders at the highest level.

The two past Sergeants Major of the Army - retired Sgt. Maj. of the Army Jack Tilley and retired Sgt. Maj. of the Army Kenneth Preston - both served as the division's command sergeant major.

The 36th and 37th chiefs of staff of the Army, retired Gen. George Casey and Gen. Martin Dempsey, respectively, and the current U.S. Army Europe commander, Lt. Gen. Mark Hertling, all have commanded the division.

This move is one of the last major actions in the transformation process U.S. Army Europe began in 2003.

USAREUR has reduced its size by one third, from 62,000 Soldiers in 2003 to an estimated 40,000 by October 2011, and it has closed nearly half of its remaining installations.

Following the departure of the 1st AD headquarters, the next major action in USAREUR's drive to be postured to respond to the wide range of challenges emerging in the 21st century, and to increase efficiency, will be the further consolidation of forces at Department of Defense designated Main Operating Bases in Germany and Italy.

While transforming, USAREUR will continue to develop more effective and efficient ways to strengthen U.S. ties with NATO and other partners in its 51-country area of responsibility, while providing full spectrum combat units and strategic enablers for global employment.

USAREUR is headquartered in Heidelberg and has forces throughout Germany as well as in Italy, Belgium, the Netherlands, Bulgaria, Kosovo, Romania and in Afghanistan and Iraq.

OURTROOM

On May 4, a general court-martial consisting of an enlisted panel convicted Command Sqt. Maj. Gary J. Bronson of one specification of violating Article 92 of the Uniform Code of Military Justice for failure to obey a lawful order or regulation, one specification of violating Article 93 of the Uniform Code of Military Justice for cruelty and maltreatment and one specification of violating Article 134 of the Uniform Code of Military Justice for adultery.

On May 15, a general court-martial consisting of an enlisted panel convicted Sgt. Darius Clark of two specifications of violating Article 134 of the Uniform Code of Military Justice for negligent homicide. Clark was sentenced to be reduced to the grade of E-3, to restriction for 45 days and to 45 days of hard labor without confinement.

The results of courts-martial associated with the Heidelberg. Kaiserslautern and Mannheim communities are published in cooperation with the V Corps and 21st Theater Sustainment Command Judge Advocate General

FAMILY & CULTURE

German News

Terrorist Intel

The German government is reportedly reassessing the amount of information it is passing to U.S. authorities after a German citizen was killed by a U.S. drone attack on the Afghanistan-Pakistan border last year. According to a report in news magazine Der Spiegel, the German interior ministry stopped passing information to the U.S. that could lead to the location of German citizens after last October's deadly attack. The attack killed three young Islamists in a Taliban camp in the border region of Waziristan. One of them, Bünyamin E., was a German citizen. Several German courts are investigating the charge of aiding and abetting Bünyamin E.'s murder, some of which are directed at the U.S. Secret Service and the ClA. Allegations have also been directed at the German secret service, the BND, which reportedly supplied information that led the US to the Islamists.

Immigrants Wanted

Frank-Jürgen Weise, head of the Federal Labour Agency (BA), said in an interview published Saturday that Germany needs two million qualified foreigners over the next few years to avoid a labour shortage. "It won't work out without targeted immigration," Weise told Die Welt newspaper, adding that some industries and regions were already suffering from a shortage of workers. Weise said that current prognoses suggested that by 2025, Germany will be lacking between six and seven million skilled workers. In March, Chancellor Angela Merkel's government approved legislation to recognize foreign qualifications, making it easier for non-EU people to find work in Germany. Unemployment is currently dipping to a historical low and is expected to go below three million people this month.

German Financial Aid

Germany is largely responsible for the G8's failure to keep its promises of financial aid to Africa, according to a new report by the development lobby group One. The leaders of the seven biggest industrialized economies met in Gleneagles, Scotland, in 2005 to agree a financial aid package for Africa. The agreement promised a staggered rate to sub-Saharan Africa, rising from \$17.5 billion to \$35.7 billion in 2010. According to One's new report, to be published this week, Germany's contribution to that was to be \$6.7 billion. In fact, according to a report in news magazine Der Spiegel, Berlin has delivered only half of the money. Canada and the U.S., by contrast, have exceeded their promises. One's German director Tobias Kahler said the government had to significantly increase its payments, or else "it will only reach its 2015 target - to invest 0.7 percent of the GDP in international development - by 2022." One was founded by rock stars Bono and Bob Geldof in 2002.



spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

I have a son who is a private first class in the Army. Although he was given a barracks room, he moved off base to live with his pregnant girlfriend with no housing allowance. He was told to get married. He is choosing to wait.

His daughter was born Jan. 6. He went to finance and filled out all the necessary forms and provided a copy of the baby's social security card. Finance told him it takes a while to process, but the pay increase would be retroactive.

He pays for everything for a family of three on a single Soldier's salary. He is not in good shape financially.

Today finance told him they rejected his increase for a dependent because he is not married and has a barracks room assigned to him.

Can they really do this? This is his baby!

Dear Baby,

This is a great question. I found a link regarding pay and dependents on the *military.com* website. It was printed by Kate on March 9 and provides great information for my readers: http://paycheck-chronicles. *military.com/2011/03/09/base-payis-base-pay-period*. seems that I do. The military does not pay people more money because they have dependents. There is no increase in pay for getting married or for having children. Base pay is base pay, period. There are three pays that can be affected by your dependency status: Basic Allowance for Housing, or BAH, Cost of Living Allowance, or COLA, and Family Separation Allowance, or FSH.

⁶There are two ways that BAH is affected by having dependents. First, if you not authorized BAH due to your rank, and you acquire a dependent, you are automatically authorized BAH. Second, if you are authorized BAH at the without dependent rate, and you acquire a dependent, then your BAH rate will change to with dependents."

I think your son should discuss this with finance again or even the legal office on his base.

Dear Ms. Vicki,

I have recently gotten back with my ex who was deployed to Iraq. We were separated for almost seven years, and we have worked through the issues that caused that separation.

We got back together after he was sent to Iraq, and I am having problems with being new to a military life and the separation. I do get to talk to him, but it is not the same. I try to stay strong, and not show how worried I get or how lonely I am, but I am having a hard time because I never saw him before he left.

The kids (his) and I have recently moved to a house in the town that he is from so when he gets his leave we can all be together. It also means that we have started over, which is good. But it also means that I am now in a new town and state, which is making the loneliness harder.

Our kids seem to be adjusting very well. It just seems to be me having a hard time with it all. I just would like to know if there is any help for girlfriends and fiancée s on how to deal with this. Hoping for your help,

M. Dear M.

From your report your children are progressing well in spite of the recent move to a new area. I applaud you for trying to take care of your children by making sure they are thriving emotional and adjusting well.

Your relationship with their father sounds difficult and stressful. I'm not sure what outcome you are hoping for with their father. In other words you have been with him for many years and you have children but if I understand you correctly you are not married, right?

I'm not judging but many military wives will agree with me on this issue: It's tough being a military spouse. Many wives often feel like the benefits do not make up for the multiple long deployments and other separations.

From your report, you have experienced many highs and lows in this relationship. Though you are back together after a separation you are still not residing together at this time.

Forgive me for rambling on. You did not write me to analyze your relationship, but you asked about help for girlfriends or fiancées.

Honestly, I don't know of any help or assistance for girlfriends or fiancées but I will say that many Family Readiness Groups will give information about the unit activities. They will invite any one to attend even a girlfriend or fiancé. Your fiancé should give your contact information to his unit's FRG leader for this to happen. At least you will feel some type of connection to his base or unit.

I hope your children are enrolled in DEERS so they can receive their entitlements. They should have military ID cards. In the meantime, you can Google information about the base and his unit for information about his current assignment. Continue to visit military websites to get information, too.

Kate writes: "I'm a little surprised that I have to write this, but it

Local moms set record in great cloth diaper change

By Angela Mayer

SOURCE: www.thelocal.de

GREAT CLOTH DIAPER CHANGE

For Earth Day everybody does as they can – athletes run, museums display "green" art, Disney shows a movie and mothers change their babies.

At 6:30 p.m. on a recent Saturday, mothers changed their babies using cloth diapers instead of the disposables used by most parents.

Exactly 26 mothers – and a few dads as well – attended the Great Cloth Diaper Change to bring attention to the environmental benefits of cloth diapers and to set a world record. At least 25 people had to be present and local advocates made it work.

"It had to be a public place and there were quite a few more things to consider. So, I think we did it right and our diaper change will be counted," said Angela Torres, co-leader of the Heidelberg cloth diaper support group, while the kids played in the yard of the Mehrgenerationenhaus in Rohrbach where the event was held.

The original support group has about a dozen members and began meeting since last year. The switch from disposable diapers to cloth diapers is a big decision but once made, most mothers are happy with the choice, explained Torres.

"It is definitely a learning curve – but when you become a mother, everything is," said Torres who has three children of her own who have all worn reusable diapers. "For instance, we know exactly what kind of material is used – and there are no chemicals involved that could harm the children."

As for the cost. "In the first two years, parents spend a minimum of \$1,600 on disposable diapers. A basic set of cloth diapers to last that long will cost you approximately \$600," Torres said. However, it is easy to spend more on the cute diapers that come in all colors and looks – even a blue jeans style.

"They are cute, they are more fun and they are easy to use," Torres said. Indeed, even inexperienced people can change a cloth diaper in less than two minutes.

"All the diapers changed April 23 at exactly 6:30 p.m. did not leave a single footprint on the environment. Compared to up to 500 years that a single disposable diaper takes to decompose, this endeavor sounds like a great success," Torres concluded.

GET OUT! area events More events online at http://myBWnow.ning.com

May 20

A Piece of My Heart – The Kaiserslautern production A Piece of My Heart shows 7:30 p.m. May 20-21 at Landstuhl Regional Medical Center's Heaton Auditorium. The show follows four nurses and two USO women during the Vietnam War and accounts how the war and the men they cared for affected their lives. The show is free to Fisher House residents and wounded warriors. DSN 489-7626, civ. 0631-536-7626.

KMC Onstage – Mel Brooks' musical The Producers plays May 20-21, 27-29 and June 3-5 at KMC Onstage on Kleber Kaserne in Kaiserslautern. The show carries a selfimposed R rating, but has been toned down to PG-13. DSN 483-6626, civ. 0631-411-6626. www.mwrgermany.com.

May 21

Giant Indoor Flea Market – Don't miss the giant indoor flea market 8 a.m.-2 p.m. on Rhine Ordnance Barracks, Bldg. 237, in Kaiserslautern. Purchase two tables and a bench from Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117. Art Exhibit – The exhibit Zev Paul: Kachinas and Other Lovers: A New Look at World Iconography runs through May 29 at the Arts and Cultural Center on Patrick Henry Village in Heidelberg. DSN 388-9418, civ. 06221-338,9418.

May 21

Trout Fishing – Fish for fresh water trout in Birkenfeld with Kaiserslautern Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117, www.mwrgermany.com.

Formula 1 Motorsport Adventure – Get tickets now at a special price for German, British and American troops to a Formula 1 race July 21-24 at Nürburgring, Nürburgring Boulevard 1, 53520 Nürburg. Children up to 14 years old are admitted free if accompanied by a ticketed adult. Those 15-17 get half off the ticket price. Camping is available. For tickets, go to www.bist-du-schnell-bist-du-dabei.de/ Buchung_F1_2011_eng.pdf and click on the English pdf icon to navigate to the fillable form which must be faxed in with a valid e-mail address.

May 25

Frankfurt Children's Museum – The Children's Museum is part of the Frankfurt Historical Museum and develops and presents exhibitions especially for children on topics of local historical and cultural relevance. It offers direct access to authentic historical objects and hands-on learning experiences. In all exhibits, visitors are encouraged to play an active role. Touchinq, testing, trying out independent thinking and an autonomous learning environment are central to the Children's Museum. The museum is located at An der Hauptwache 15, Frankfurt, Germany, 60313. Civ. 06921235154. www.buzzoffbase.com.

May 26

Japanese Gardens – Within the heart of Kaiserlautern lies The Japanese Gardens, renowned for providing tranquility and an insight to Japanese cultural in the middle of a city. Free admission for children under 22. Open 10 a.m. - 6 p.m. Lauterstrabe 18, Kaiserslautern 67657, www.

japanischergarten.de. **River Cruises** – Take a two to three-hour boat ride along the Neckar and marvel at the beauty of the Neckar Valley. Cruise past castles, quaint villages and thick forests. Most boats are open-topped. Hours: May-Sept. 10 a.m.-5 p.m. Untere Neckarstraße 17, Heidelberg 69117, www. rif-schiffdhrt.de.

May 27

Berlin – The Kontakt Club has seats available for its trip to Berlin leaving 5 a.m. from Patrick Henry Village May 27 and returning 9 a.m. May 30. See Berlin, Potsdam and Spreewald by boat. Civ. 0171 -537-8380, 0620-21-8071.

Omaha Beach – Travel May 27-29 to Omaha Beach in Normandy, France with Kaiserslautern Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117, www. mwrgermany.com.

June 1

U.S. Army Soldier Show – The 28th annual Soldier Show will be 7 p.m. June 1 at the Patrick Henry Village Pavilion in Heidelberg. The show also plays 7 p.m. June 8 at the Fitness Center on Vogelweh Housing in Kaiserslautern. The show is sponsored by the Army G1's Sexual Harassment and Assault Response and Prevention Program and the Navy Federal Credit Union. www.mwrgermany.com. Helicopter Tours – For a thrilling experience, take a helicopter flight over the famous Heidelberg Castle, monuments and the Neckar Valley with its ancient villages, black forests and spectacular views of the ruined monastery at Heiligenberg, medieval forts at Dilsberg and the baroque gardens in Schwetzingen. Hours: 10 a.m.-4 p.m. Civ. 06221-16-4215 Klingelhüttenweg 9, Heidelberg 69118.

June 4

Rock Am Ring – Experience the Rock am Ring/Rock im Park 2011 open air twin festival June 3-5 at Nürburgring, the racetrack

in the Eifel hills, and simultaneously at Nuremberg's Zeppelinfeld park, featuring System Of A Down, Coldplay and Kings Of Leon as top acts and more than 80 other bands. For a complete lineup, visit www. bb-promotion.com/de/veranstaltungen/ rock-am-ring. Check for ticket availability at 0621-10-1011, online at www.rheinneckarticket.de or www.bb-promotion.com and at local ticket agents.

Summer Bazaar – Over 100 vendors from around the world will be at this giant bazaar June 4-6 for ID cardholders only. Strollers are welcome and food and beverages are available. Take the kids to play on the hippity-hop, merry-go-round or stop at the petting zoo. Hours are 10 a.m.-8 p.m. Friday, 10 a.m.-7 p.m. Saturday and 10 a.m.-5 p.m. Sunday. Follow the bazaar signs to Rhine Ordnance Barracks, Bldg, 237. Segway Tours - See the sights of Nürnberg on a Segway tour. Segways are two-wheeled electrically powered vehicles that are operated by shifting your weight forwards and backwards to control speed and direction. Segway tour Nürnberg is located at Weißgerbergasse 10, 90403 Nürnberg in the center of town and offers two tours Call civ 0911-93-3250 to book a tour. www.segwaytour-nuernberg.de/ index html

June 5

A Fascinating Mineral Event – The Freisen Mineral Club holds its 28th annual international mineral fair 9 a.m.-5 p.m. in the Bruchwaldhalle (Town Hall) in Freisen about 5 miles from Baumholder. For centuries, the Idar-Oberstein, Baumholder and Freisen regions have been known for exceptional mineral deposits. The mining of gemstones - agates, rock crystals, amethysts and many other splendid stones - was a major factor in the development of Idar-Oberstein. The event motivates mineral collectors and gemstone lovers to admire beautiful and remarkable minerals and jewelry. Exhibitors will be from European countries and the local area. The club's mineral museum, located 200 meters away from the town hall, will be open to the public. There will be directional signs posted guiding motorists to the fair. Entrance €2, free for children under 14.

Ongoing

Think Christmas in May – Paul Carrack and SWR Big Band promise "A Soulful Christmas" when they play Mannheim's Rosengarten 8 p.m. Dec 6. Carrack, billed as one of the most beautiful voices in pop music history, teams up with one of Germany's most renowned big bands to play a festive concert. Tickets: www.bbpromotion.com or www.rheinneckarticket. de and at all local ticket agents.

THEATERS

PRIEST

(Paul Bettany, Cam Gigandet, Maggie Q) A legendary warrior priest from the last Vampire War now lives in obscurity amongst the other downtrodden human inhabitants in walled-in dystopian cities ruled by the church. When his niece is abducted by a murderous pack of vampires, Priest breaks his sacred vows to venture out on an obsessive quest to find her before they turn her into one of them. (PG-13 for intense sequences of violence and action, disturbing images and brief strong language). 87 minutes.



PLAYING THIS WEEK

Heidelberg, Patrick Henry Village May 19 - THOR (PG-13) 7 p.m. May 20 - PRIEST (PG-13) 7 p.m.; RED RIDING HOOD (PG-13) 9 p.m. May 21 - RANGO (PG) 4 p.m.; PRIEST (PG-13) 7 p.m.; RED RIDING HOOD (PG-13) 9 p.m. May 22 - MARS NEEDS MOMS (PG) 4 p.m.: RANGO (PG) 7 p.m. May 23 - RED RIDING HOOD (PG-13) 7 p.m. May 24 - PRIEST (PG-13) 7 p.m. May 25 - RANGO (PG) 7 p.m. May 26 - PRIEST (PG-13) 7 p.m. Vogelweh, Galaxy May 20 - THOR (PG-13) 7 p.m. May 21 - RANGO (PG) 4 p.m.; RED RIDING HOOD (PG-13) 7 p.m. May 22 - MARS NEEDS MOMS (PG) 4 p.m. (Theater closed May 23 - 26)

Ramstein, Gateway Movieplex May 20 - PRIEST (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m., 6:45 p.m., 9:15 p.m.; MARS NEEDS MOMS (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m., 10 p.m.; RANGO (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; RED RIDING HOOD (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m., 9:45 p.m. May 21 - PRIEST (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m., 6:45 p.m., 9:15 p.m.; MARS NEEDS MOMS (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m., 10 p.m.; RANGO (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; RED RIDING HOOD (PG-13) 11:15 p.m., 2 p.m., 4:45 p.m., 7:30 p.m., 9:45 p.m. May 22 - PRIEST (PG-13) 11:30 p.m., 2 p.m., 4:15 p.m., 6:45 p.m.; MARS NEEDS MOMS (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; RANGO (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; RED RIDING HOOD (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m. May 23 - PRIEST (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m., 6:45 p.m.; MARS NEEDS MOMS (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; RANGO (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; RED RIDING HOOD (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m. May 24 - PRIEST (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m., 6:45 p.m.; MARS NEEDS MOMS (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; RANGO (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; RED RIDING HOOD (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m. May 25 - PRIEST (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m., 6:45 p.m.; MARS NEEDS MOMS (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; RANGO (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m. May 26 - PRIEST (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m., 6:45 p.m.; RANGO (PG) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; RED RIDING HOOD (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238 Galaxy Theater, Vogelweh, 0631-50017 Gateway Cineplex, Ramstein, 06371-47-5550 Visit www.aafes.com for updated listings and more movie descriptions Mannheim, CinemaxX, P4 13, 68161 Mannheim, civ. 01805-62-5466, www.cineplex.de

Mannheim, CinemaxX May 19-25 – PIRATES OF THE CARIBBEAN: ON STRANGER TIDES 3D (PG-13) 7 p.m.,

COMMUNITY

Volunteer Management Information

System, 10-11 a.m. May 25; Conflict

Resolution for Warriors in Transition,

Kaserne, Bldg, 3622, Company B

• Babysitter's Training - The

American Red Cross offers babysit-

ter's training 8:30 a.m.-3:30 p.m.

June 4 in Bldg. 3850, room 272.

• FAST Class – A Functional

2. Čiv. 06221-57-1760.

Register: www.redcross.org by June

Academic Skills Training to reinforce

basic math and reading skills and to

improve General Technical scores for

reclassification or re-enlistment will

be held 8 a.m.-noon May 23-June

14 at the Patton Barracks Education

must be completed by June 13. DSN

+ Environmental Training – There

will be make-up sessions for man-

dated Environmental Management

Systems training 10 a.m. May 25 at

the Patrick Henry Village Theater and

10 a.m. May 26 at Coleman Barracks

Chapel. DSN 373-5454, civ. 06221-

• Community Bank - The Commu-

nity Bank on the Shopping Center kas-

erne will be open 9:30 a.m.-noon May

25 then close for afternoon training.

DSN 370-7205, civ. 06221-60-0862.

+ Crazy for You - The Roadside The-

ater presents "Crazy For You" 7 p.m.

May 20-June 12 on Patton Barracks.

DSN 373-5020, civ. 06221-17-5020,

• Right Arm - The next Right Arm

Sept. 16 at Legends on Patrick Henry

Nights will be held 5-7 p.m. May

20, June 16, July 15, Aug. 18 and

• Vehicle Auction – Place bids

through May 27 on vans, a Ford

Focus, a Mercedes bus, a Mercedes

wrecker and more. Check out the

vehicles on the Patrick Henry Village

Lemon Lot. Submit sealed bids at the

tax relief office in the Village Pavilion

by May 27. www.mwrgermany.com.

• Yard Sale – A community yard

sale will be held in the park on

Patrick Henry Village and in local

housing areas June 4. Rent tables

from Outdoor Recreation The Recycle

and Reuse Center will be open until

6 p.m. to drop-off unwanted items.

• Sky Diving – BOSS takes a sky div-

ing trip June 4-5. Sign up at Patrick

Henry Village Outdoor Recreation.

DSN 373-5275, www.mwrgermany.

• Spiritual Fitness – A spiritual

fitness breakfast will be held 7 a.m.

June 9 in the Casablanca room on

Campbell Barracks in honor of the

Army's 236th birthday. Reservations:

• Legends - Join the hip hop party

9 p.m. June 11 at Legends on Patrick

com.

DSN 370-7385

DSN: 388-9282, civ. 06221-338-

9282, www.mwrgermany.com.

www.mwraermanv.com

Village.

Center. The mandatory pre-test

373-6176.

17-5454.

Community

conference room

10 a.m.-noon May 26 on Nachrichten

community HIGHLIGHTS

Motorcycle Safety

The U.S. Army Garrison Baden-Württemberg Motorcycle Rally and River Ride will be 7:30 a.m.-3:15 p.m. May 26 at the Heidelberg Army Airfield. Riders will receive motorcycle safety training that includes hands-on range exercises, braking and cornering. The River Ride departs at 12:15 p.m. and is followed by a family and MWR barbecue and music at the Heidelberg Rod and Gun Club at 3:15 p.m. Pre-registration: www.bw.eur.army.mil (click on Hot Topics) DSN 373-1670, civ. 06221-17-1670.

Army Ball

The U.Ś. Army Europe will celebrate the U.S. Army's 236th birthday at the Army Birthday Ball 6 p.m. June 11 at the Patrick Henry Village Pavilion in Heidelberg. Tickets: DSN 377-4507, civ. 06221-39-4521.

9/11 Remembrance

AFN Heidelberg is looking for Americans and Germans living and working in the USAG Baden-Württemberg community who were significantly affected by the terrorist attacks of Sept. 11, 2001. To share your story, go to *afneurope.net*, click on the publicity request form and send it to *www.hbg_traffic@afn. dma.mil* with the subject line 9/11 Remembrance. Make sure to provide a valid a phone number and e-mail. DSN 382-5073, civ. 0621-779-5073.

Kaiserslautern Housing

All Soldiers will now receive their initial housing brief every Monday at Kleber Kaserne, Bldg 3245, room 006, or on Wednesday at the Inprocessing Training Center on Daenner Kaserne, Bldg 3109, at 1 p.m. daily. Appointments: DSN 483-8342, civ. 0631-411-7372. Soldiers will no longer receive the briefing at the housing office. Vogelweh Housing: DSN 489-6671, civ 0631-536-6671; Ramstein: DSN 480-3140, civ. 06371-47-3140.

Pharmacy Refills

Patients who need refills on prescriptions at the Heidelberg Health Center must now use the phone-in automated system to order refills and then pick them up the next day. The call-in system can be reached at DSN 486-5601, civ. 06371-86-5601.

Communicating with commissary

Commissary customers seeking the fastest resolution for a local commissary concern should contact their local store director via e-mail on the store's web page. To access your local commissary page, go to www.commissaries.com.

Massage Therapist

Heidelberg Sports and Fitness is looking for a registered massage therapist to work as a contractor at Campbell Fitness Center or Patrick Henry Village Stronghold Gym. DSN 370-6489, civ. 06221-57-6489.

On the Spot Hiring

Child, Youth and School Services will hire on the spot for Army facilities 10 a.m.-2 p.m. June 7 at Armstrong's Club on Vogelweh Housing. Bring resume, references. DSN 493-4371, civ. 0631-3406-4371.

Career Counselors

The Army Career and Alumni Program is seeking full-time and part-time career counselors for the ACAP Center in Heidelberg. DSN 370-7667, civ. 06221-57-7667.

ANNOUNCEMENTS

KAISERSLAUTERN Community

 Landstuhl Community Club – Landstuhl Community Club will be closed for renovations May 20-July 4. All weekly and monthly events are cancelled.

◆ Java Café — The Rhine Ordnance Barracks Java Café, Bldg. 273, will re-open May 24. DSN 493-2623, civ. 0631-3406-2623.

 Ready, Set, Action – EDGEI youth explore digital filmmaking and direct, film, edit and create a movie 4-6 p.m. May 19 and 26 at the Youth Center on Landstuhl Post.DSV 493-4516, civ. 0631-4122.
 Free Movie – A free showing of

the independent foreign film Bad Day to Go Fishing by Alvaro Brechner plays 6, m. May 19 at the Landstuhl Library. This is a Spanish film with English subtitles. DSN 486-7322, civ. 06371-86-7322.

Moving to Kindergarten – Parents with children entering kindergarten can learn about what to expect there from a school district representative and a kindergarten

teacher 6 p.m. May 24 at Landstuhl Elementary School. DSN 493-4123, civ. 0631-3406-4123. • Men's Glee Club – See the Miami University's Men's Glee Club 3-4:30

p.m. May 29 at Armstrong's Club ballroom, Bldg. 1036, on Vogelweh Housing. Civ. 0631-351-4311.

• Kleber Library Closed – Kleber Library will be closed June 2, 13 and 23. The Kaiserslautern Main and Miesau Branch Libraries will be open. www.mwrgermany.com.

• Art Explosion – Youth will learn to paint with oils, master the technique of blending and white washing 4-6 p.m. May 25 at the Landstuhl Youth Center, Bldg. 3819. Youth grades 6-12 must be enrolled in CYS Services. DSN 493-4516/4122, civ. 0631-3406/4122.

• Summer Apprenticeships – Applications are being accepted through June 3 for summer youth apprenticeships for teens 15-18. DSN 486-8915, civ. 0631-86-8915, www.mvgermany.com.

 Quilt Club – Rheinland Pfalz Quilt Guild will meet 6 p.m. every fourth Thursday in May, June, July and August at the KLSA building on Pulaski Barracks. Stitch n' Gab meet 10 a.m. 5 p.m. day on Fridays at the Kapaun Chapel Annex.

Midnight Bingo – Start at 7
 p.m. with free finger food and stay
 for midnight bingo 9 p.m.-midnight
 at the Kazabra Club on Vogelweh.
 DSN 489-7261, civ. 0631-536-7261,
 www.mwgermany.com.

HEIDELBERG Education

 ACS Classes – Funds Training, 2:30
 p.m. May 20; Applying for a Federal Job, 9-11 a.m. May 24-25; Anger Management, 1-3 p.m. May 24; Henry Village. DSN: 388-9570, civ. 06221-57-9570. • Inspirations – The Arts and

Cultural Center on Patrick Henry Village opens the Sandra Walker: Inspirations from Nature Art exhibition 7 p.m. June 11. It remains on display through June 26. DSN 388-9418, civ. 06221-338-9418.

• Good Will Project – Youth need permission slips by June 13 turned into the Lion's Den on Patrick Henry Village for the Child, Youth and School Services good will project 8 a.m.-5 p.m. June 20-24. Teens work with German youth clubs to restore a Jewish cemetery and learn about the Holocaust. DSN 388-9396, civ. 06221-338-9396.

 Boat Cruise, Castle Fire – The Rhein-Neckar Silver Chapter Warrant Officers Association is hosting its River Boat Cruise and Castle Fireworks July 30 and the Wounded Warrior Heidelberg Castle Illumination on Sept. 3. DSN 370-5101, civ. 06221-57-5101, www.rhein-neckarsilver.com.

 Mega Mini – Visit select facilities and events in U.S. Army Garrison Baden-Nürrttemberg May 1-Sept.
 30 to get an entry form for the Mega Mini-Cooper giveaway. Winner announced at the Holiday Bazaar Oct. 7. DSN 373-9867, civ. 06221-17-9867, www.mwrgermany.com.

MANNHEIM

Education ACS Classes – Car Seat Safety Checks May 23 by appointment, Bldg. 251; Army Family Team Building Instructor Training, 9 a.m.-2 p.m. May 24-26; Mommy and Me Signing, 3-4 p.m. May 24, Bldg. 251; Play Group, 10 a.m.-noon May 25, Bldg. 725; Volunteer Management Information System, 1:30-2:30 p.m. May 25: Mommy and Baby Wellness Group, 1-2 p.m. May 26, Bldg. 251. + Environmental Training – There will be a make-up session for mandated Environmental Management Systems at 1 p.m. May 25 in Bldg. 725 on Sullivan Barracks. DSN 373-5454, civ. 06221-17-5454,

 Red Cross – The Mannheim Red Cross will offer Community Adult, Child and Infant CPR, AED and First Aid 8 a.m.-5 p.m. June 4. Registration is required: DSN 385-1760, civ. 0621-730-1760, www.redcross.org. Community

• Miramar Swimmbad – The Youth Center sponsors a trip to the local Miramar Swimmbad 9 a.m.-6 p.m. May 21. DSN 380-4864, civ. 0621-730-4864.

◆ Car Wash – The U.S. Army Correctional Activity FRG and BOSS will sponsor a car wash and bake sale 10 a.m.-1 p.m. May 21 at the Sullivan wash rack.

• Holiday Park – Spinelli Outdoor Recreation bus leaves 9 a.m. June 5 from the Schuh Theater for Holiday

SSN# Removal

In June, the defense deparment will no longer print social security numbers on ID cards. These changes are being made to protect personal identity information of cardholders. Instead, a DOD ID number will be printed on ID cards, including all beneficiary ID cards. Cards with the SSN remain valid until replaced, so please don't request to replace them until within 30 days of expiration. Those cards with indefinite expiration dates may be replaced at any time. ID card services are available at the Heidelberg Community Support Center, Bldg. 3850, room 122 on the Shopping Center kaserne, open 8 a.m.-4 p.m. Monday-Friday, DSN 370-9804, civ 06221-57-7535. In Mannheim, Bldg. 246, room 121, on Sullivan Barracks, open 8 a.m.-4 p.m. Monday-Friday. DSN 385-3062, civ 0621-730-3062.

Park, an amusement center with rides, water shows and more. Preregistration: DSN 384-6300. • Moving On – Mannheim Middle School and Mannheim High School will host a "Moving On" celebration 11:30 a.m.-1:30 p.m. June 9 on Woods Field. Entertrainment will be provided by the U.S. Army Europe band, both schools' bands and drama students.

 Blood Drive – sponsored by the Mannheim Health Clinic and the American Red Cross 10 a.m.-3 p.m. June 14 at the Sullivan Gym. Appointments: www.militarydonor. com/index.cfm?group=op&hgid=1. Blue Sunday – Enjoy blues, oldies and DJ Big Money at the Top Hat Club 5-9 p.m. June 19. DSN 380-9370, civ. 0621-730-9370, www. mwrgermany. com.

 Kletterwald – Youth need to turn in permission slips by June 20 to the Lion's Den on Patrick Henry Village to go to the Kletterwald high ropes course 2-5 p.m. June 29. Open to Heidelberg and Mannheim teens.

 Midsummer Read – A five-week summer reading program, "A Midsummer Knight's Read," encourages children to love reading 10:30-11:30 a.m. June 22-July 20 at the Sullivan library. DSN telephone: 380-1740, civ, 0621-730-1740, www. mwrgermany.com.

• Salsa Lessons – Learn to salsa 6-7 p.m. for level one and 7-8 p.m. for level two on Wednesdays at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370, www.mwrgermary.com.

 Summer Specials – Spinelli Outdoor Recreation, Bldg. 1570, offers 15 percent off discounts May-September DSN 384-6300.

SPORTS

Youth Soccer

Aaron Steil, center, dribbles the ball past Carter Rasmussen in a Youth Services soccer game on Saturday on Patrick Henry Village in Heidelberg. The teams are in the 8-10 year old division. The Purple Dragons, a team with U.S. Army Garrison Baden-Württemberg's Child, Youth and School Services, won the game 5-0 and are undefeated this season.



Recreational sport shooting resumes in Germany

IMCOM-E Family and MWR

A thorough review and update of U.S. Forces policy by German government officials is paying off. Sport shooters can again train and certify in an English-language program.

The U.S. Forces sport shooting handbook needed extensive updates to comply with changes to German federal laws, said Dan Gasparino, recreation director for Family and MWR programs for IMCOM Europe Region in Heidelberg,

"We published the handbook in 2005, after gaining consent from host nation federal officials," said Gasparino. However, there were many changes to German federal weapons laws since 2005 that were not yet reflected in the handbook.

The program resumes with a caveat that the revised handbook will be reviewed and ratified by each German state government.

"It's important for all levels of host nation government (federal, state, and local) to be aware of the U.S. Forces program and the fact that we are in full compliance with all host nation laws," said Gasparino.

Even while the program has been on hold, individuals have

been able to practice, train and compete in recreational sport shooting events, according to Ulrich Sibbers, Europe Region Family and MWR program manager for hunting, fishing and sport shooting. "The only thing that has been on hold has been our ability to train and certify individuals on the required knowledge and test so they may legally register sport shooting firearms with the USAREUR registry and with the German federal government," said Sibbers.

Resumption of the program features a redesign in the training and certification process for the knowledge test required by German law. The new design will be a weekend event, conducted on an as-needed basis. Each garrison in Germany will have an opportunity to host sport shooting training and certification at least once per year.

"Sport shooters who are seeking certification will have the option to travel to nearby garrisons or wait until the weekend event happens closer to their duty station" said Sibbers. "In the meantime, the requirement for sport shooters to train or compete on a monthly basis (at a minimum) has not changed," added Sibbers. Based on all of the interest in resuming this program, Gasparino said that he expects many sport shooters to enroll in the first training weekend.

"The design of the program has always allowed individuals to train and compete at U.S. Forces facilities and at host nation sport shooting ranges," explained Sibbers. However, not having the ability to train and certify for the required knowledge test meant that participants would have to use equipment that was owned by others or keep their own (unregistered) firearms in the arms room of the sport shooting facility.

"We have resumed work with the USAREUR registry on processing weapons registration applications from U.S. Forces sport shooters," said Sibbers.

The redesigned training and certification class for U.S. Forces sport shooters will debut at USAG Grafenwöhr June 18-19. After that, said Sibbers, "The class will move to other Army garrisons and Air Force bases in Germany where U.S. Forces sport shooters need the training."

Individuals wishing to gain more information on U.S. Forces sport shooting in Germany should contact their garrison or base outdoor recreation program.

Women's World Cup coming to Germany, U.S. favored to win

USAREUR Public Affairs

The Women's World Cup will kick off at locations around Germany at the end of June in the Heidelberg area. The U.S. starts in a favored position, ranked number one in the world.

A highlight of the first round matches will be the United States

against Colombia July 2, played in the Sinsheim stadium, a quick 30-minute drive or train ride from Heidelberg.

The United States will face North Korea in its match June 26 in Dresden.

The final U.S. match in the group stage will be against Sweden in Wolfsburg July 6.

If the U.S. team places first or second in the first-round group, it will move on to direct elimination quarter and semi-final matches and perhaps all the way to the final.

For more information about the Women's World Cup, go to: www.fifa.com/womensworldcup/ index.html.

staying ACTIVE

Hole in One Club

Theresa Gonzales made a hole in one at the Heidelberg Golf Club on hole number four using a five-hybrid club from 107 yards.

Heidelberg High School

Baseball and softball play a double header at home against Bamberg with the first game at 10 a.m. and the second at 12:30 p.m. May 21. Track and Field teams compete at Wiesbaden, time tbd, in European Championships.

Women's Golf - Need Rally Volunteers

The Heidelberg Women's Golf Association seeks volunteers for its Rally For the Cure – Pink on the Green Fore Breast Cancer Awareness Annual Golf Tournament June 18 at the Heidelberg Golf Club in Oftersheim. Civ. 0152-2767-2405, qmstr1@googlemail.com.

Mannheim Youth Sports Camps

Registration for Mannheim middle school summer camps June 20-Aug. 26 is now open. Fees must be paid in advance by the Wednesday prior to the event. 380-9135, civ. 0621-730-9135, www.mwrgermany.com.

Best Ball Golf

Register by May 21 for the two-person best ball tournament 9 a.m. May 28 at the Heidelberg Golf Club an der Bundestrasse 291, Oftersheim. Players must have a verifiable handicap. DSN 379-6139.

Dog, Human 5-K Run, Fitness Fest

Dogs and owners can run or walk 5 kilometers May 21 at the Campbell Barracks Fitness Center. Registration starts at 8:30 a.m. and the event begins at 9 a.m. Non-dog owners can participate. The event is conducted in conjunction with the Heidelberg commissary's Family Fitness Festival which offers family friendly activities all day. DSN 370-6489, civ. 06221-57-6489.

Family, Fitness, Fun Festival

Find nutritious food from the farmers market while kids work up a sweat in the bouncing inflatables or play basketball toss. Adults can join the Zumba Fitness Party, get personal trainer assessments or tips on staying fit 8 a.m.- 3 p.m. May 28 at the Family, Fitness and Fun Festival in the commisary parking lot on Benjamin Franklin Village in Mannheim. Civ. 0621-728-3626.

Mannheim Bowling

Join the Memorial Day nine-pin bowling tournament 2-5 p.m. May 30 at the Benjamin Franklin Village Bowling Center. DSN 380-9528, civ. 0621-730-9528.

Liberty Tour

Pedal through history and celebrate D-Day on the Liberty Tour June 3-5. The tour begins in Bastogne, Belgium. Must have a road bike and be able to bike at least 80 miles per day. DSN 373-6489, civ. 06221-57-6489.

AUSA Golf

The Association of the U.S. Army will host a golf tournament in honor of the U.S. Army's 236th birthday June 10 at the Heidelberg course. Format will be four-person, best-ball scramble with an 8 a.m. start. Registration is limited to the first 24 teams.

Army Birthday Runs

A 5-kilometer run and walk for the 236th Army birthday will take place June 11 at the Patrick Henry Village Pavilion in Heidelberg with registration at 8:30 a.m. and race start at 9 a.m. DSN 314-370-6489, civ. 06221-57-6489. An Army Birthday Community Run will be held 6 a.m. June 10 on Rhine Ordnance Barracks, Bdlg. 370, in Kaiserslautern. DSN 493-2088, civ. 0631-3406-2088.

Soccer Officials Clinic

Ansbach, Germany, and Vicenza, Italy, will host this year's soccer officials clinics June 14-18 to train future officials for military youth sports events. Register for Germany: DSN 379-7667, civ. 06202-80-6574.