

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
June 30, 2011

Speed Read

CHANGE OF COMMAND

U.S. Army Garrison Baden-Württemberg Commander Col. Bill Butcher will relinquish command to Col. Bryan DeCoster in a ceremony 10 a.m. July 7 on the Patrick Henry Village Green in Heidelberg.

SOLDIER 360

Soldier 360 provides NCOs outlets for physical, psychological challenges to build strength, resiliency and wellness. 3

CENTRAL TEXAS COLLEGE



Ninety-five local and deployed students earned degrees from Central Texas College Europe June 15. 6

VETERINARIANS

Preparing military working dog teams for deployment involves veterinary support. 8

FOURTH OF JULY

Festivities take place 4 p.m.-dusk July 4 behind the library on Patrick Henry Village in Heidelberg. 12-13

SADE CONCERT

Sensational reviews and enormous demand have resulted in additional Sade concerts in Europe this fall. 13

HEIDELBERG OPEN

At 15, Hurly Long is the youngest golfer ever to win the Heidelberg Open held at the golf course in Oftersheim Friday through Sunday. 17



Working with the locals

U.S. Army

Air Force Staff Sgt. Kyle Capps, center, Army Maj. David Troutman, operations officer for the 903rd Contingency Contracting Battalion in Kaiserslautern, and Brandon McAlexander, right, contracting officer's representative, speak with local Afghans about a contracting project to help rebuild the area in Salerno, Afghanistan, June 6. All three are team members of the Salerno Regional Contracting Center.

Contracting center helps build a better Afghanistan

By Rachel Clark

409TH CONTRACTING SUPPORT BRIGADE

FORWARD OPERATING BASE SALERNO, Afghanistan – Working in a combat zone presents challenges in the intricate world of expeditionary contracting.

Even with those challenges, one contracting office continues to work toward improving relations with the local population in Afghanistan.

Maj. David Troutman, an operations officer for the 903rd Contingency Con-

tracting Battalion in Kaiserslautern, is the FOB Salerno Regional Contracting Center chief on the ground in Afghanistan.

Working under counterinsurgency contracting guidance from Gen. David H. Petraeus, the commander of

the International Security Assistance Force and U.S. Forces Afghanistan, Troutman and his team of professionals support contracting actions for Task Force Duke, 3rd Brigade, 1st Infantry Division.

see **CONTRACTING** page 12

Laser surgery available



By Staff Sgt. Kevin Conroy
LRMC PUBLIC AFFAIRS

Advancements in refractive surgery have made it possible for those with vision problems to get rid of their eye glasses and contact lenses.

Qualified active duty, Guard and Reserve servicemembers may be eligible for a corrective laser see **LASER** page 12

Public can watch World Cup

Staff Report

As the number one ranked U.S. women's soccer team goes up against Colombia Saturday in the Women's World Cup, public viewings in Heidelberg will allow everyone to see the game that actually takes place in Sinsheim.

The Marstall Café downtown Heidelberg opens at 9 a.m. and closes at midnight and will show all the games.

The GPS is 69117 Heidelberg, Marstallhof 1-5.

For information on World Cup games, see www.fifa.com/women-sworldcup.

"We encourage Americans to support our national team but remind them to take safety precautions," said U.S. Army Garrison Baden-Württemberg Emergency Manager David Simpson.

"Enjoy these events but

remain vigilant and be smart," Simpson said. "Remain aware of your surroundings at all times and be wary of suspicious activity."

Simpson advised spectators to wear clothing that allows them to blend in, to be aware of egress routes in case of emergency and to avoid actions or appearances that draw attention. For information, see www.bw.eur.army.mil/iwatch.

Defense Details

CONFIDENCE IN MILITARY

Americans continue to express high confidence in the armed forces, with more than three-quarters of those surveyed in a recent Gallup poll reporting higher confidence in the military than in other national institutions for the 14th consecutive year. Seventy-eight percent of the 1,020 respondents in the poll, taken earlier in June and released last week, reported high esteem for the military.

www.defense.gov

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COMMAND MESSAGES



Hertling sends Independence Day message

By Lt. Gen. Mark Hertling
USAREUR COMMANDER

The 4th of July is one of my favorite holidays.

On this day, we celebrate the birth of our nation by spending time with friends at cookouts, going to parades and watching fireworks.

But it's also important to reflect on the significance of this day, when we declared independence and stood up for the dignity and freedom of man.

This is a day for us to relax, but it's also a day to reflect on those

brave Americans who helped shape our nation. It's a day for us to reflect on how we can best uphold the same ideals of life, liberty and the pursuit of happiness that drove our founding fathers to sign the Declaration of Independence on July 4, 1776.

Benjamin Franklin, one of our most respected founding fathers, jokingly reminded his fellow patriots during the signing of the Declaration of Independence, "We must, indeed, all hang together, or most assuredly we shall all hang separately."

He was reminding them that they needed to stick together as a team, fight for what was right, and he wanted them to stay safe in the pursuit of their cause.

I'd ask all Soldiers, civilians and family members to do the same ... stick together as

members of a team every day, fight for what is right when you have the opportunity and always stay safe ... especially on holidays.

It's your duty to keep an eye on one another and take care of those within our Army Family, and it requires personal courage to stand up and be loyal to one another. Remind each other to buckle up in the car or grab a cab, plan ahead so you don't find yourself in an unwelcome situation, and don't let your ego get the best of you.

Patriots gave their lives in securing the freedoms we enjoy today – don't waste yours unnecessarily.

Sue and I thank you and your families for all you do in defense of our great nation. You represent the very best the United States has to offer.

Butcher invites community to Heidelberg celebration

By Col. Bill Butcher
USAG BADEN-WÜRTTEMBERG COMMANDER

Fourth of July festivities loom throughout the United States and it's no different here in the U.S. Army Garrison Baden-Württemberg.

Our Family and Morale, Welfare and Recreation folks, with support from many others in our garrison, have put together a great evening of events for people of all ages.

If you've never taken part in the happenings on Patrick Henry Village for the Fourth of July, you don't know what you're missing.

But you still can enjoy the experience Monday. It's all there: barbecue, games, prizes, live music

and, of course, fireworks. We're also running shuttle buses to and from our local installation to include Mannheim so everyone who wants to can enjoy this special day.

It is a testament to our strength as a country that we celebrate 235 years under the same Declaration of Independence.

Shortly after July 4, 1776, when our forefathers signed that historic document that gave us our freedom from oppressors, the same men gathered to draft the Constitution of the United States, the document that every Soldier and Department of Defense employee swears to uphold and defend.

I'm proud to be American and to serve alongside the members of USAG Baden-Württemberg.

A list of events is on page 13 of this issue of the Herald Post and a Mannheim-Heidelberg shuttle bus schedule is on page 12.

Sandra and I send our thanks to all of you – Soldiers, family members and civilians, including our local national employees without whom we couldn't be successful.

We look forward to spending the day with friends in celebration of this great day that means so much to our nation.

Whether you decide to spend the day on Patrick Henry Village in Heidelberg or to pursue your own plans traveling and enjoying our host nation's culture, we wish you a happy and safe Fourth of July.



www.facebook.com/BWnow
<http://myBWnow.ning.com>

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

"I asked for an update regarding the chicken pox outbreak at the Heidelberg CDC recently and you responded saying that there were only 2 cases reported ... the CDC ... lady reported that there had been many more cases than that, and that now they are making all the kids there get re-immunized for chicken pox ... please advise. thanks."

—Ellie Bunker, BWnow Facebook fan

"... You can help us kill some of the rumors ... There was, indeed, one other case of a child being diagnosed with chicken pox (probably) linked to the other two cases. Because (of that) intake of new children of that age (was) suspended for two weeks. That helps health officials ensure that when this string of cases has been broken, the whole episode is pretty much ended ... The health team

from Heidelberg clinic vaccinated 24 other children who were still considered at risk. For some, it was a first inoculation. For others, it was a second - either a recommended second vaccination for some age groups or as a precautionary booster ... For information on the standards for child and infant vaccinations, visit www2a.cdc.gov.

—Phil Tegtmeyer, ERMCC Public Affairs



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

Soldier 360 gives NCOs tools to lead, understand, improve overall wellness for selves, Soldiers

Two-week course provides Soldiers outlets for physical, psychological challenges to build strength and resiliency

By Angelika Lantz
21ST TSC PUBLIC AFFAIRS

Call it tool time. Soldier 360 is a leader's comprehensive fitness course, but "tools" is the buzzword used by several of the 45 non-commissioned officers who graduated from the two-week class at the Kaiserslautern Community Activity Center June 16.

"This course has given us a number of tools we can put in our toolbox and retrieve whenever we need them," said Sgt. 1st Class Neil Lamont III, a platoon sergeant with Headquarters and Headquarters Company, 170th Infantry Brigade Combat Team.

The tools Lamont refers to are the methods, procedures and techniques being taught and practiced during Soldier 360.

The course aims to enhance NCOs leadership skills, increase their self-awareness and understanding, facilitate their stress, anger and anxiety management and improve their overall wellness and resilience.

Col. Mary S. Lopez, the course director, calls Soldier 360 a franchise concept.

"It can be replicated everywhere. We take a small team and add existing resources," she said.

"Every time you reach a Soldier it is like saving a starfish," Lopez said to the students. She told a story of a boy who tackled the never-ending task of throwing hundreds of starfish that had washed ashore back into the sea so they wouldn't die.

When a passerby asked the boy how he could possibly make a difference, the boy threw a starfish into the ocean and said, "I made a difference for that one."

The current period of sustained combat opera-

tions and resultant multiple deployments and increased operational tempo places considerable strains on servicemembers and their families, Lopez explained.

The Army is adopting a more holistic approach to help them face the ensuing physical and psychological challenges and build their strength and resiliency.

"Soldier 360 teaches them different modalities to handle different situations. They practice their own self-care," said Maj. Glen Wurglitz, a clinical psychologist who co-facilitated the course.

"You can't give what you haven't got," added Wurglitz, meaning a Soldier has to know how to take care of him or herself before he or she is able to take care of others.

The range of topics and techniques in the course include stress and anger management, biofeedback, relaxation, yoga, meditation, physical fitness and conditioning.

It also included injury prevention, pain management, relationships, communication, conflict resolution, nutrition, sleep, combat stress, post-traumatic stress and alcohol management.

According to the testimonials given by 14 NCOs at the graduation ceremony, they got it.

"Today I am a better leader," said Sgt. Shaun Newman, a shop foreman with the 21st Theater Sustainment Command's 18th Military Police Brigade.

"I was a bit skeptical at first, but I have learned a lot about myself and about leadership," Newman said.

"The most important lesson I've learned here is that I have to take care of myself so I can take care of my Soldiers. This course has given me the tools to do so," said Staff Sgt. Judi Hart, the non-commis-



Angelika Lantz

Soldier 360 students practice yoga, which is part of the curriculum of the two-week long course billed as a leaders' comprehensive fitness course. The class was held at both the Rheinlander Club in Baumholder and the Kaiserslautern Community Activity Club in Kaiserslautern June 6-16 and was attended by 45 non-commissioned officers.

sioned officer in charge at the personnel services section of the 21st TSC's Special Troop Battalion.

NCOs were impressed with how different the curriculum and delivery was from their more traditional military training.

"I had no idea what to expect, but this is the best class I've ever attended in my career," said Sgt. Shariece Summers, a cadre member of the 21st TSC's Forward Operating Base.

"It (Soldier 360) needs to be incorporated in all NCO schools and should be an annual class at every unit," she said.

Soldier 360 targets career NCOs with combat experience who are nominated by their commanders. The course equips them as first line leaders with the tools necessary to identify Soldier issues, intervene if needed and provide prompt referrals.

"Every exercise we did seemed surprising at first. Then after you learned what it was all about and why we did it, it was like a light bulb came on," added Hart. "Soldier 360 is very powerful, very impressive."



Angelika Lantz

Students balance on their elbows in the yoga move designed to lead up to a hand stand during Soldier 360, a comprehensive fitness course held at the Kaiserslautern Community Activity Center on Daenner Kaserne in Kaiserslautern June 15.

"The most important lesson I've learned here is that I have to take care of myself so I can take care of my Soldiers. This course has given me the tools to do so."

—Staff Sgt. Judi Hart, Personnel Services NCO, 21st TSC Special Troop Battalion

transformation UPDATE

Frequently Asked Questions

Have a transformation-related question you'd like answered?
E-mail usaghd.post@eur.army.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/transformation.

Some say that all those reasons for the (Heidelberg to Wiesbaden) move that were there in 2003 are no longer valid. Why has it not been reversed?

As we move forward with the requirements of Round 56 announced in July 2010, many people question the reasoning behind them. Whatever the "going explanation," it is left to the garrison to execute the mission with integrity and professionalism. The response to why the move is happening is that consolidating the headquarters in Wiesbaden will optimize command and control, intelligence and signal capabilities; provide a more responsive organizational structure; offer better force protection options than at the current location in Heidelberg; and provide access to a nearby Army airfield. In terms of cost savings, the Department of Defense's planning for consolidation of U.S. Army Europe headquarters with its military intelligence and signal assets at Wiesbaden goes back to 2003-04. DOD's review in summer 2009 made a valid operational and business case to continue consolidation in Wiesbaden with estimated net annual recurring savings of \$112 million. Savings will be achieved by about 2016. The 2009 review also found that initial savings estimates were high, but using DOD Base Realignment and Closure rules including adding the cost of moving 1AD headquarters to Fort Bliss, results indicate a lower, but still positive, net savings. The review concluded that closing three communities and consolidating onto one site will mean major savings resulting from fewer gates, more efficient schools, lower operating costs and decreased support personnel.

Facilities Operations Changes

New – Mannheim Middle School

Mannheim seventh and eighth grade students will attend Heidelberg Middle School on Patrick Henry Village next school year which begins Aug. 29. Sixth grade students either will attend school in Mannheim at the elementary building in a self-contained fifth/sixth grade classroom or go to Heidelberg Middle School. DODDS-E has been watching enrollments and noted a steady decline in registered students and it became clear the best possible educational program for these students would be at Heidelberg Middle School. The middle school is a 25-minute bus ride from Mannheim. A separate bus will take high school students to Mark Twain Village to attend Heidelberg High School.

NEW – Mannheim TMP – Due to Customer demand the Mannheim Transportation Motor Pool is now open 8 a.m.-noon and 1-3:30 p.m. Tuesdays and Thursdays. Customers can also use the Heidelberg Transportation Motor Pool, open 7:30 a.m.-noon and 1-4 p.m. Mondays-Friday. Both offices are closed on American and German holidays. Mannheim TMP is located in Bldg. 1563 on Spinelli Barracks in Mannheim. DSN 384-6353, civ. 0621-730-6353. Heidelberg TMP is located in Bldg. 157 on Patton Barracks in Heidelberg. DSN 373-8350, civ. 06221-17-8350.

Patrick Henry Village Commissary Gate – The gate near the commissary on Patrick Henry Village will reduce hours starting tomorrow, July 1, due to a reduction in the number of guards. New hours will be 6 a.m.-6 p.m.

Heidelberg Barber Shops – Hours of operation at Tompkins and Patton Barracks Barber Shops have changed. Services are offered at the Patton Barber Shop in Heidelberg 10 a.m.-5 p.m. Mondays, Wednesdays and Fridays. The Tompkins shop in Schwetzingen serves customers 10 a.m.-5 p.m. Tuesdays and Thursdays.

Spinelli Auto Skills – The Auto Skills shop on Spinelli has new hours: 11 a.m.-7 p.m. Mondays, Wednesdays and Fridays, noon-7 p.m. Thursdays and 9 a.m.-5 p.m. Saturdays and training holidays. Closed Sundays and holidays. DSN 384-6023, civ. 0621-730-6023.

Army Emergency Relief – The Army Emergency Relief office in Mannheim now processes requests for emergency travel only. All other AER requests are processed at Army Community Service in Heidelberg on the Shopping Center, Bldg. 3850, room 250. DSN 370-6883, civ. 06221-57-6975. American Red Cross after hours service for emergency travel in Heidelberg: DSN 370-1760, civ. 06221-57-1760 and civ. 001-877-272-7337.

Mannheim Red Cross – The Red Cross office in Mannheim will close today, June 30, and all services will be transferred to the Heidelberg station, Bldg. 3850, on the Shopping Center. In cases of a family emergency when a communication message is needed, the Heidelberg number will reach an emergency caseworker. The Heidelberg Station is open 8 a.m.-4:30 p.m. Monday-Friday. DSN 370-1760, civ. 06221-57-1760.

Vehicle Registration and Inspection – Heidelberg's vehicle registration office is closed. Heidelberg offers a satellite vehicle registration office at the Military Police station on Patrick Henry Village, Bldg. 4511. This office is open 8 a.m.-4 p.m. to provide limited services. Civ. 06221-678-2586. The Mannheim vehicle registration office on Spinelli Barracks, in Bldg. 1567 directly next to vehicle inspection, has extended its hours to serve customers 7:30 a.m.-5 p.m. in issuing license plates and registrations for the Mannheim and Heidelberg communities. Please bring checks or money orders for transactions at vehicle registration. Cost is \$30 per year per transaction. A consolidated vehicle inspection station for the Heidelberg and Mannheim communities is available on Spinelli Barracks in Mannheim. Telephone numbers are: vehicle registration manager DSN 384-6100, civ. 0621-730-6100; support DSN 384-6911, civ. 0621-17-6911; fax for vehicle registration DSN 384-6127, civ. 0621-730-6127; vehicle inspection DSN 384-6120, civ. 0621-730-6120. GPS: Am Aubuckel, 68259 Feudenheim.

Mannheim Base Operations – With the deactivation of Mannheim there are two names for community members to keep in mind – Mr. Ralph Santaliz, Base Operations Manager, and Master Sgt. Romeo Satsatin, Base Operations NCOIC. They are located in Bldg. 245 on Sullivan Barracks and are ready to assist the Mannheim community. DSN 385-1500, civ. 0621-730-1510, rafael.santaliz@eur.army.mil, romeo.satsatin@eur.army.mil.

Mannheim DEERS, ID Cards, Passports – The DEERS, ID cards and passports offices have relocated to Bldg. 246, room 101 on Benjamin Franklin Village.

Mannheim Personal Property Processing – The Mannheim Personal Property Processing office, also known as the Transportation office, is closed. Mannheim customers will use the Heidelberg Personal Property Processing Office on the Shopping Center, Bldg. 3850, room 267. The hours for the Heidelberg PPPO changed: 9 a.m.-4 p.m. Monday, Tuesday, Wednesday and Friday and 10 a.m.-4 p.m. Thursday. The office is closed daily 11:30 a.m.-1 p.m. daily and on American holidays.

NEW – Subway – The Subway restaurant on Sullivan Barracks in Mannheim has closed and reopened on the Shopping Center in Heidelberg.

Burger King – Burger King on the Shopping Center in Heidelberg has closed.

Popeyes and Taco Bell – Popeyes on Benjamin Franklin Village South in Mannheim is now closed Mondays. Taco Bell will remain open on Mondays until further notice.

Spinelli furniture – The furniture store on Spinelli Barracks in Mannheim is now closed.

Mannheim Customs Field Office – The Customs office in Mannheim is now located in Bldg. 256 (the Military Police station).

Mannheim Army Community Service – Army Community Services and the ACS Lending Closet have moved into Bldg. 246.

Mannheim Drivers Testing – Mannheim's Drivers' Testing Station

located on Sullivan Barracks, Bldg. 253, has closed. All drivers' testing services are offered in Heidelberg on the Shopping Center, Bldg. 3850, room 136, with operating hours 7:30-11:30 a.m. and 12:30-4:30 p.m. Monday-Friday. DSN 370-7889, civ. 06221 57-6681.

Exchange Gas Station – The gas station in Mannheim on Benjamin Franklin Village South has changed its operating hours. New hours are 7 a.m.-8 p.m. Monday-Friday, 8 a.m.-8 p.m. Saturdays and 9 a.m.-7 p.m. Sundays.

Sexual Assault Hotline – The 24-hour sexual assault and domestic violence hotline is for Mannheim and Heidelberg. The Mannheim-specific number is no longer valid. The hotline for both communities is civ. 0170-609-2862.

Coleman Shoppette – The shoppette on Coleman Barracks in Mannheim has expanded its hours to 7 a.m.-8 p.m. Monday-Friday and 10 a.m.-8 p.m. Saturday-Sunday and U.S. holidays.

Mark Twain Village Shoppette – The shoppette on Mark Twain Village in Heidelberg has closed. The Campbell Barracks shoppette expanded hours on weekends – 10 a.m.-5 p.m. Saturdays and Sundays – to support the Soldiers and family members who live on MTV.

Mannheim Education Center – The Education Center on Sullivan Barracks will be open through July with classes running as long as enrollment minimums are reached. The center will be open Monday-Friday (except USAREUR training holidays). A counselor will be on site 8:30 a.m.-12:30 p.m. and remote counseling will be available 1:30-4:30 p.m. The center is closed 12:30-1:30 p.m. A night monitor will open and close the education center for evening classes 6-10:30 p.m.

Mannheim Optometry – The Mannheim Optometry Clinic on Benjamin Franklin Village no longer offers routine eye examinations, walk-in physicals or screenings. Optometry care has transferred to the local economy, the Heidelberg Health Center Optometry Clinic or, for aviation personnel, Coleman Barracks. Mannheim Soldiers can still receive vision screening and routine physicals at the Mannheim clinic. Aviation personnel may complete the vision portion of select flight physicals in Mannheim, but must first collect paperwork at the Coleman clinic. Family members and retirees who require glasses quickly and cannot obtain an appointment in Heidelberg or Mannheim can visit German opticians who prescribe glasses for older children and adults at no cost, but glasses must be purchased from them. The Mannheim medical operations center is open for walk-ins 8-11 a.m. Mondays, Wednesdays and Fridays. Appointments: civ. 800-914-6133 (toll-free), DSN 371-2622, civ. 06221-17-2622. The Heidelberg Optometry Clinic will remain open for eye care; however, due to staff transitions from July 1 through Sept. 30, services will be limited to active duty and active duty family members only.

Mannheim Health Clinic

The health clinic on Benjamin Franklin Village in Mannheim will close this December. The number of providers in Mannheim will remain adequate to serve the population's needs.

Patient liaisons will remain in Mannheim to help community members who receive medical appointments on the economy. There are three patient liaisons on staff. Civ. 0621-730-9534/9543/9777. Patient liaisons don't schedule host nation appointments. However, Tricare can schedule host nation appointments: DSN 380-9399/9505, civ. 0621-730-9399/9505. Servicemembers living in Mannheim will be seen at the Coleman Barracks clinic and family members will receive services from the Heidelberg Health Center on Nachrichten Kaserne in Heidelberg. A shuttle bus is available for those who need transportation to Heidelberg. For help after hours, call civ. 06221-17-2605, or the nurse advice line civ. 0800-825-1600. Mannheim clinic hours are 8 a.m.-noon and 1-4:30 p.m. Mondays through Thursdays and 8 a.m.-noon Fridays. Central appointments: DSN 371-2622, civ. 0621-730-2622.

Video Blog

See Heidelberg Medical Department Activity Commander discuss health center changes on the BWnow command video blog at www.youtube.com/BWnow.

FDA advises parents avoid some teething pain medicines

By Kimberly Jeffery-Wolfert
HMEDDAC PUBLIC AFFAIRS

Teething medication commonly purchased over the counter could possibly be life threatening, according to a warning the Food and Drug Administration issued in April.

Popular teething medications that contain benzocaine are used to relieve pain.

This medication has been known to cause methemoglobinemia, a rare but serious condition.

It can cause the amount of oxygen carried through the blood stream to be greatly reduced.

In the most severe cases, according to the FDA, methemoglobinemia can result in death.

The symptoms associated with methemoglobinemia may be paleness, gray or blue colored skin, lips and nail beds, a rapid heart rate, head-

aches, lightheadedness and shortness of breath or persistent fatigue. Symptoms may occur within minutes to hours after applying the medication.

The FDA provided the following recommendations.

- ◆Benzocaine products should not be used on children less than two years of age, except under the advice and supervision of a healthcare professional.

- ◆Adult consumers who use benzocaine gels or liquids to relieve pain in the mouth should follow the recommendations in the product label.

- ◆Consumers should store benzocaine products out of reach of children.

The FDA encourages consumers to talk to their healthcare professional about using benzocaine.

For more information visit the FDA website at www.fda.gov/safety/medwatch/safetyinformation or contact your local health care provider.

Faces of the community: Heidelberg Power Zone



Donna Walker

Exchange employee Michael Harris serves customer Regina Abrigo-Hingtgen at the Power Zone on the Shopping Center in Heidelberg June 10. The Power Zone sells electronics, music, televisions, sound systems, cameras and accessories. Hours of operation are 10 a.m.-7 p.m. Mondays-Saturday, 10 a.m.-6 p.m. Sunday and holidays. Civ. 06221-16-1870/1420. In Mannheim at the main Exchange, call civ. 0621-718-4865. In Kaiserslautern, call civ. 06371-407-9242.

Central Texas College holds commencement ceremony

Staff Report

Ten students participated in Central Texas College Europe Campus' annual commencement ceremony on Coleman Barracks in Mannheim June 15.

"If I could do back flips, I would do one now," said graduate Angela Lattimore-Williams.

A total of 95 students earned degrees this year but the majority could not make the ceremony due to work requirements or deployments, said Lindsay Bibus, marketing and instructional materials manager at CTC on Coleman Barracks.

The college established its first military contract in Europe in 1974 and currently offers education programs for community members stationed in Europe and those deployed to Kosovo, the Sinai Peninsula, Kuwait, Iraq, Afghanistan, Qatar and Djibouti.

"(The college) also held joint graduation ceremonies

with other tri-service contract colleges and universities at Education Centers at sites in the Mediterranean and Afghanistan," Bibus explained.

Field representatives are present at each site to help students with enrollment and guide them through their coursework.

The guest speaker for the commencement was chancellor Dr. James R. Anderson, who adopted the theme "they were the best of times and the worst of times," from Charles Dickens' "A Tale of Two Cities."

"Your presence here today means you are a doer. It means you are a leader. It means you are enjoying, at least for the moment, the best of times," Anderson said.

Anderson added that today's graduates will be called upon to help solve America's military, economic and political challenges. He implored graduates to continue their education at the next academic level.

"What I urge you to do is



Dudley House

From left, Central Texas College Europe Campus graduates Amanda Arceneaux, Alyshia Lana, Donald LeBlanc and Christopher Motley line up for diplomas before the commencement ceremony on Coleman Barracks in Mannheim June 15.

to continue to do just that, and to be part of the legions of educated people looking for solutions," he said.

According to graduates like Jennifer Shilo, who received an associate degree in Early

Childhood Professions, her degree will allow her to do just that.

"(Receiving this degree) has opened doors for me, and lets me use the learning I've achieved in my day to day

professional life right here in the military community," she said.

CTC boasts more than 140,000 enrollments per year, and in addition to its undergraduate programs, it adapts its programs and services on a routine basis to continue to provide education support for administrative assistants, test examiners, Learning Center operators, language program managers, facility administrators, automation technicians and counselor aides. The college also provides foreign language instructors for tutorial instruction, Headstart and Refresher Maintenance and Interoperability courses and awards maximum credit for military education, training and credit transfers. It also helps students achieve residency through its distance education courses.

Students often choose to complete their degree with a combination of face-to-face locally-hired instructors and online courses, Bibus said.

New IDs put social security numbers on a 'need to know' basis for Exchange shoppers worldwide

Exchange Public Affairs

DALLAS – Social Security numbers are enjoying the top-secret clearance they have always deserved as the Department of Defense has removed the nine digit number from identification cards issued after June 1.

Authorized Exchange shoppers who receive the new ID will notice some changes when writing a check, putting something on layaway or making a return at an Exchange facility.

The absence of the social security number, the only number used by DOD for financial transactions to recover lost funds, means that cashiers will scan the new IDs to facilitate certain financial transactions.

“We’ve spent a great deal of time upgrading our systems to recognize the new IDs and provide these services without interruption,” said the Exchange’s senior enlisted advisor Chief Master Sgt. Jeffrey Helm.

“The scanning process not only is

more convenient, but also helps protect service members’ personal data. So whether the ID is old or new, authorized shoppers have the proper ‘security clearance’ to exercise their Exchange benefit and shop with peace of mind,” he said.

While not a new process, scanning for the DOD ID number to complete select transactions assists in guarding the investment authorized shoppers make in their communities.

A military command with a retail

mission, two-thirds of Exchange earnings are paid to Family and Morale, Welfare and Recreation programs. Procedures that protect assets helped the Exchange to contribute more than \$2.4 billion to quality-of-life improvements over the past decade in support of youth services, Armed Forces Recreation Centers, arts and crafts, aquatic centers, golf courses and more.

Information concerning DOD’s new Smart Card is available online at dmdc.osd.mil/smartcard.

Man and beast work in teams in hot Arizona desert

By Col. Bob Vogelsang

PUBLIC HEALTH COMMAND PUBLIC AFFAIRS

Yuma Proving Ground, Ariz., can get to 115 F in the summer and can get down to 13 F in the winter.

The military uses this huge piece of otherwise desolate land for testing munitions or vehicles ... but one thing many don’t hear about that happens at YPG and another hot, dry installation – 29 Palms Marine Corps Base, Calif. – is the military working dog training and veterinary support.

A mock town dubbed “K9 Village” was built at YPG complete with mud-brick houses, shops and improvised explosive devices.

The idea is to mimic the deployed environment to ensure more realistic training. Dog teams attend YPG for two to four weeks of pre-deployment training.

However, one thing initially missing from the plan was veterinary care.

The YPG veterinary section is small with one Veterinary Corps officer and three animal care specialists. This section also is responsible for the food protection and animal care missions not only at the Army proving ground but also the Marine Corps Air Station close to Yuma.

The veterinary staff provides first-aid instruction to dog handlers during the training.

This three-day training covers preventing, recognizing and treating heat injuries, treating wounds, plac-

ing IVs and giving fluids, snake and arthropod bites/stings and general dog care.

The final day is centered around a hands-on evaluation of the handlers, during which they wear all their gear and body armor while performing care on dog mannequins.

The importance of this veterinary training was demonstrated during one summer training exercise.

A working dog collapsed with heat exhaustion. His body temperature was 110 F.

The vet staff immediately took control, starting IVs and cooling.

They then contacted the Marines at the air station to coordinate a medical evacuation of the dog to San Diego where more definitive care could be delivered.

Everybody worked together and in the end the dog survived.

At 29 Palms, Marines conduct a four-week field training exercise which includes dog teams that must participate and become certified prior to deploying with their battalions.

Generally, 13 to 26 dogs accompany each battalion. However, 29 Palms also is the place the III Marine Expeditionary Force houses their large dog platoon kennel for about 40 dogs, so the work at 29 Palms can be consistently busy.

Like YPG, the veterinary section at 29 Palms is small with one officer and one animal care specialist. This unit also has the civilian pet mission and the veterinary



Sgt. Samantha Mullen

Military Working Dog teams line up for an evening 8-mile rucksack march at Yuma Proving Ground, Ariz. The teams participated in several ruck marches during training to simulate patrols they will perform when deployed.

officer is responsible for food protection duties.

The veterinarians at these duty sites are frequently brand new graduates and brand new officers so they have to learn fast.

Their technicians are usually in similar circumstances, not having had more than one or two other assignments before YPG or 29 Palms. Sometimes it is their first duty site.

These sites and their unique contributions to the military working dog program are a little known but important part of the new Public Health Command.



Sgt. Samantha Mullen

Capt. Emily Pieracci, right, officer-in-charge at Yuma Proving Ground, Ariz., tests Tech. Sgt. Timothy Evans, U.S. Air Force dog handler, on the clinical signs of gastric dilatation and volvulus in military working dogs using one of the training dummy dogs. Handlers are trained how to perform all needed procedures to stabilize military dogs for transport to the nearest veterinary facility.



Mike Bowers

Staff Sgt. Micah Bowman, left, and Spc. Christopher Porth, 702nd Explosive Ordnance Disposal Company, 18th Combat Sustainment Support Battalion, 16th Sustainment Brigade, observe munitions stacking by Romanian demolition students preparing for a demolition shot at the Jegalia Army Proving Ground, Romania, June 13. The Soldiers were part of a four-man EOD team that provided the Romanian Armed Forces with U.S. demolition techniques to help eliminate the country's excess stockpiled munitions.



U.S. Army

Staff Sgt. Matthew Easley prepares to plot a waypoint during the land navigation event at the Army Reserve Best Warrior competition at Fort McCoy, Wis., June 21. Easley, a native of Sacramento, Calif., is representing the 807th Medical Deployment Support Command at this year's competition. Driving rain and strong winds added an additional element of difficulty to the event that started at 3 a.m. and finished six hours later.



Tommy Gilligan

A West Point cadet receives a haircut from the school barber during Reception Day 2011 activities Monday. Cadets endure a long day of in-processing that includes uniform and equipment issue, haircuts and learning how to march and salute while in squads, platoons and companies. The annual event culminates with the cadets participating in a swearing-in ceremony later that evening.



Fred W. Baker III

Spc. Rachel Kirkey catches her first chicken for deworming by veterinarians assigned to Task Force Bon Voizen who were conducting a veterinary clinic in Desdunes, Haiti, June 18. Kirkey is an Army reservist assigned to the task force.

ourARMY
around the world

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visit www.army.mil

7th CSC shares experiences with German airborne unit

By Spc. Glenn M. Anderson
221ST PUBLIC AFFAIRS DETACHMENT

The 7th Civil Support Command, the only Army Reserve command stationed in Europe, held a host nation partnership event with members of the German 26th Saarland Airborne Brigade at Daenner Kaserne in Kaiserslautern June 7.

The event's intention was to build a relationship between U.S. and German military medical systems and integrate programs associated with the U.S. Army's Warrior Transition Battalion and Medical Transient Detachment's operations into the German military.

This was the first opportunity for the German unit to see how the WTB and MTD conduct business.

The WTB and the MTD are a few of the tools available to help with the recovery of U.S. servicemembers who are wounded in Iraq or Afghanistan.

When Soldiers in the Bundeswehr, or German Army, are injured abroad, they are sent to a civilian hospital and given a few days to recover from their injuries whether they are primarily physical or mental.

Servicemembers are then sent home for the remainder of the recov-

ery period due to medical coverage falling mostly under a civilian medical system.

Lt. Col. Michael Richardson, the commander of the Warrior Transition Battalion-Europe briefed Brig. Gen. Eberhard Zorn, the commanding general of the 26th Saarland Airborne Brigade and members of his medical team, while Maj. Thomas Hrabal, the 7th CSC medical planner of the Office of the Surgeon, translated.

"We are very interested in learning how the Americans treat battlefield casualties," said Lt. Col. Dr. Volker Heinz, a German Reserve Soldier and a medical advisor with the 26th Saarland Airborne Brigade.

"I was astonished to learn about American Soldiers returning to active duty with missing limbs," Heinz said.

The two partner units traveled from Daenner Kaserne to Landstuhl Regional Medical Center to take part in a tour given by Capt. Douglas Erdley, the commander of the Medical Transition Detachment at LRMCC.

"The objective was to see how the U.S. Army deals with wounded Soldiers from operations abroad," Zorn said.

"We want to take these experiences with us to restructure our brigade and battalion medical levels in order to use experiences you have in your Army for our Soldiers," he added.

The parties also visited one of two Fisher Houses at LRMCC.

The Fisher House program is a unique private-public partnership that supports America's military in a time of need.

"I think these programs are fantastic," Zorn said. "I think that the (U.S.) Army has learned from its long experiences in all the operations abroad. I am very convinced that this program is moving in the right direction and we (German Army) should learn from your experiences."

At the conclusion of the formalities, German and Americans sat down together to enjoy an American style barbecue of ribs, chicken and beverages at the Armstrong Club on Vogelweh.

"The Germans saw how committed the Army is to essentially supporting the Soldier," Hrabal said. "Gen. Zorn was impressed with the fact that we don't call these Soldiers who have received some sort of injury 'injured' or 'hurt,' but we refer to them as warriors."



Spc. Glenn Anderson

Seventh Civil Support Command Brig. Gen. Jimmy Jaye Wells, center, talks to Brig. Gen. Eberhard Zorn, left, the commanding general of the 26th Saarland Airborne Brigade and Capt. Douglas Erdley, right, the commander of the Medical Transition Detachment at Landstuhl Regional Medical Center June 7 about programs to help Soldiers recover from wounds sustained in battle.

Hazardous Material Reuse Center takes it in, gives it away

USAG Baden-Württemberg DOL

The Hazardous Material Reuse Center has on hand hazardous materials that can be reused by units with the added benefit of saving money.

The center has recovered over \$103,162 in reusable hazardous materials and has reissued over \$43,603 worth of materials back to units since last October.

Units can benefit by contacting the center before buying hazardous materials or before disposing of them.

All reissued material is free. The HMRC doesn't order or purchase hazardous materials for units or activities. Its inventory and stock come from units that turn in excess materials that were purchased previously.

In U.S. Army Garrison Baden-Württemberg, hazardous waste is generated by military units, households, motor pools and at construction sites. Hazardous materials may include batteries, chemicals, paint, oil, adhesives, cleaning compounds and detergent.

Excess property is usually material no longer needed to perform certain maintenance and operation procedures. Sometimes units over-order a certain product, or they deploy, inactivate or relocate.

The HMRC is a central collection and distribution point for excess hazardous materials which relieves the units of having to store large quantities of them.

The center is also a one-stop-shop to turn in excess materials, get shelf life extension information and receive free hazardous materials for reuse.

The center's service ultimately reduces health and safety hazards associated with hazardous material management.

It stores material in an environmentally responsible manner, reduces the number of satellite storage locations, reduces unit expenditures by offering reuse material to units at no cost.

It will also submit samples for testing for serviceability and is the central facility for material safety data sheets.

Consider the HMRC as the

Recycling Center Heidelberg	SORT Center Mannheim	Hazardous Material Reuse Center Mannheim
Patrick Henry Village, 4489 Alamo Circle	Funari Barracks Bldgs. 804-806	Spinelli Barracks Bldg. 1560, Bay 5
DSN 388-9321, civ. 06221-338-9321	DSN 380-4242, civ. 0621-730-4652	DSN 384-6607, civ. 0621-730-6606
8 a.m.-noon and 1-4 p.m. Monday-Saturday	8 a.m.-noon Monday, 8 a.m.-4:15 p.m. Tuesday-Friday 8 a.m.-noon and 12:30-3:30 p.m. Saturday	Turn-in and issue 8 a.m.-3 p.m. Monday-Friday
		Screening Property 8 a.m.-4 p.m. Monday-Friday

first source of supply or give the HMRC a "wish list" of items your unit uses or needs.

Help the unit by turning in excess hazardous property in a timely manner and by protecting the property while it is in storage. A deteriorated container usually indicates whether the substance should be declared waste.

The reuse center supports military units, civilian organizations and other activities in Heidelberg, Mannheim and Kaiserslautern.

Hazardous Material Reuse Center

- Provides an introduction to the Hazardous Material Reuse Center during the first visit
- Accepts excess hazardous materials
- Redistributes excess material to units at no cost
- Provides shelf life information for hazardous materials, and submits samples for testing to extend shelf life
- Is a centralized facility for material safety data sheets
- Picks up and delivers hazardous materials
- Gives away labels and placards when in stock
- For information, contact HMRC Manager Dave Refosco at DSN 384-6606, civ. 0621-730-0607



4th of July shuttle schedule for Mannheim, Heidelberg

Mannheim Routes

4:30 p.m. Benjamin Franklin Village Guest House;
4:55 p.m. Coleman Barracks Bldg. 39;
5:30 p.m. Patrick Henry Village Transformer bus stop.

5:55 p.m. BFV Guest House;
6:20 p.m. Coleman Barracks Bldg. 39;
6:55 p.m. PHV Transformer bus stop.

7:30 p.m. BFV Guest House;
7:55 p.m. Coleman Barracks Bldg. 39;
8:30 p.m. PHV Transformer bus stop.

9:30 p.m. PHV Transformer bus stop;
9:55 p.m. BFV Guest House;
10:30 p.m. Coleman Barracks Bldg. 39

11:20 p.m. PHV Transformer bus stop;
11:50 p.m. Coleman Barracks Bldg. 39;
12:15 a.m. BFV Guest House;
12:20 a.m. Spinelli Barracks.

Heidelberg Routes

4:10 p.m. Patton Barracks bus stop;
4:25 p.m. Mark Twain Village bus stop Bldg. 3720;
4:40 p.m. Heidelberg Health Center bus stop;
4:50 p.m. Tompkins Barracks bus stop;
5 p.m. PHV Transformer bus stop.

5:10 p.m. Patton Barracks bus stop;
5:25 p.m. MTV Bus stop Bldg. 3720;
5:40 p.m. Heidelberg Health Center bus stop;
5:50 p.m. Tompkins Barracks bus stop;
6 p.m. PHV Transformer bus stop.

7:10 p.m. Patton Barracks bus stop;
7:25 p.m. MTV bus stop Bldg. 3720;
7:40 p.m. Heidelberg Health Center bus stop;
7:50 p.m. Tompkins Barracks bus stop;
10 p.m. PHV Transformer bus stop.

10:10 p.m. Patton Barracks bus stop;
10:25 p.m. MTV bus stop Bldg. 3720;
10:40 p.m. Heidelberg Health Center bus stop;
10:50 p.m. Tompkins Barracks bus stop;

11 p.m. PHV Transformer bus stop;
11:20 p.m. PHV Transformer bus stop;
11:35 p.m. Tompkins Barracks bus stop;
11:50 p.m. Heidelberg Health Center bus stop;
midnight MTV bus stop Bldg. 3720;
12:10 a.m. Patton Barracks bus stop.

CONTRACTING

continued from page 1

Troutman's team is made up of Army and Air Force servicemembers, contractors and Afghan local nationals. They have been instrumental in providing the best contracting service possible to more than 40 forward operating bases and combat outposts in Task Force Duke's area of operation.

The RCC also coordinates with various units in their area regarding contracting intelligence, plans and operations and the development of new

partnerships.

One specific effort of the RCC is the execution of monthly training sessions with local vendors to help develop and improve local businesses. These sessions help set up a dialogue to improve future business relations.

More specifically, RCC has teamed with the Air Force's Expeditionary Prime Base Engineer Emergency Force Squadron on sharing lessons learned throughout the region as well as providing hands on training in the area of construction.

"The RCC strives to hold training sessions with groups of 10 or less to foster more interaction and ensure the contractors feel comfortable asking questions," Troutman said. "The training helps promote that one on one mentoring."

The session focus is on construction and contract administration. The RCC is able to learn the various problems contractors are having with the contracts and statements of work in addition to sharing issues they have seen on various projects.

The sessions are an integral piece to help build the infrastructure and ensure an economically viable future for Afghanistan.

"Our contracting has improved the lives of many Afghans, enhanced infrastructure, delivered essential services, supported local businesses, increased employment, and fostered economic development," according to Petraeus in his COIN Contracting Guidance.

In 2010, the Salerno contracting office wrote contracts for more than \$80 million.

LASER

continued from page 1

procedure through the Warfighter Refractive Eye Surgery Program. Each service branch has a specific set of guidelines that effect individual eligibility for this program.

For interested personnel within U.S. European Command, the surgery is performed at Landstuhl Regional Medical Center with pre-operative and follow-up care provided by the servicemember's local optometry clinic.

The Warfighter Refractive Eye Surgery Program has performed approximately 150,000 corneal refractive

surgeries with more than 99 percent of patients achieving a visual acuity of 20/40 or better at six months.

While the surgery is elective, it is supported by the military in order to increase individual readiness and safety by freeing them from dependence on glasses.

However, please note that any elective surgery requires approval by the individual's commander. Servicemembers usually return to duty less than one week after surgery, although there are some limitations. Active Duty members will not be deployable for three months after their sur-

gery.

"If you have any particular concerns about duty limitations such as driving, jumping, diving, etc., you should discuss this with your eye provider during the pre-operative workup," said Staff Sgt. Kevin Conroy, noncommissioned officer for the Warfighter Refractive Eye Surgery Program at LRMC.

Laser eye surgery performed at a military facility is provided free to qualified servicemembers. The procedure is not a TRICARE covered benefit and any costs associated with the procedure are not reimbursed to the mili-

tary member if the procedure is done by a civilian provider.

If the surgery is performed by a civilian provider on the local economy, regular leave must be taken for any absences from work, and members will still be subject to military medical standards for vision, eye conditions, etc.

How do servicemembers apply for surgery? The servicemember must first be examined by their local optometrist.

Once deemed a possible candidate, a consult to the Landstuhl Refractive Surgery Center is generated and the required paperwork is sent to

the servicemember.

After final evaluation, chart review and approval by the surgeon, surgery will be scheduled. Each patient requires an escort on the day of surgery and for the one-week follow-up appointment.

Patients are not cleared to drive until after the one-week appointment. Please note all travel, lodging and sustenance expenses are the patient's responsibility.

For questions about refractive surgery, please contact your local optometry clinic or a health benefits advisor at your local military treatment facility.



BB Promotion

Sade wows German crowds

Tickets on sale for three appearances in Germany including Mannheim

Staff Report

Sensational reviews and enormous demand have resulted in additional Sade concerts in Europe this fall during the worldwide tour.

One of the three German concerts will be in Mannheim's SAP Arena on Nov. 16. The others are scheduled in Leipzig's Arena on Nov. 15, and Dortmund's Westfalenhalle on Nov. 19.

Not having toured in Germany for 17 years, Sade's success this spring exceeded all expectations. Playing to sold out venues in 21 locations, the

band thrilled audiences of 150,000.

In a unique show, Sade combines classic songs with extravagant visual effects by Sophie Muller turning the show into an unforgettable event.

The set list showcases the best tunes of a 25-year career from "Smooth Operator" all the way to "Jezebel."

Yet, it doesn't stop there, as Sade seamlessly blends in new material from the "Soldier of Love" album. Ever since the release of "Diamond Life," the first studio album in 1984, all five studio albums reached the Billboard Top Ten and sold over 55

million copies so far.

"Soldier of Love" alone has sold 2.5 million copies to date, soaring to number one on the U.S. album charts immediately after release and lingering there for more than three weeks.

Sade kicked off the American leg of her 54-concert world tour in Baltimore June 16.

Shows have earned rave reviews from both critics and fans, and media worldwide has begun to hail Sade as the concert sensation of the year.

Sade has been nominated for the American Music Awards and MTV

Video Music Awards and earned four Grammy awards since 1986.

Tickets and information can be found at civ. 0621-10-1011, www.bb-promotion.com, www.rheinneckarticket.de and at local ticket outlets such as Zigarren Grimm on Bismarckplatz in Heidelberg, Rhein-Neckar-Zeitung in Neugasse in Heidelberg, Mannheim tourist information (m:con) at the Rosengarten or the Hauptbahnhof in Mannheim, the Morgenforum at O 6, 1 in Mannheim or Mannheimer Morgen at P 3, 4-5 in Mannheim.

Translation: Thomas Heiss

Monday, July 4

4pm - Dusk at PHV Park! (behind the library)



4th of July



HEIDELBERG 2011

- ★ Food & beverage booths or bring your own picnic!
- ★ Bumper cars, kid's carousel, kid's games, beach party, kid's pie-eating contest, dunking booth & more!
- ★ Live music by Crazy, Jimmy's Souliquity & the USAREUR Chorus
- ★ Tons of Prizes! Mega Mini Giveaway!
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HeidelbergMWR
and BWNOW

GERMAN NEWS

Cannabis Rabbits

Police in Brandenburg who discovered a large plot of cannabis called on the neighboring house only to find an 84-year-old woman who had been feeding her rabbits the plants. The woman told officers who questioned her in the village of Golzow near Belzig, according to Saturday's Tagesspiegel that the rabbits really like it. A police officer had seen the healthy, meter-high plants from the road on his way to work and told his colleagues, who visited the plot's owner — the elderly woman. She told them that she had not grown the plants herself, but that they had simply started growing there and had proven to be excellent rabbit food. Not only did the rabbits love eating the plants, they grew back very quickly after she cut them down, she told the investigating officers.

Bombs for Libya

Germany will supply bombs and weapons technology to NATO for the military intervention into Libya despite its stated opposition to the mission, according to a media report. The website of news magazine Der Spiegel reported Monday night that NATO, facing a shortage of bombs, approached all its members last week about contributing the components and technology for bombs and other weapons. Berlin has agreed and Defense Minister Thomas de Maizière has approved the measure. The Bundeswehr will supply bomb parts and complete shells to the NATO Maintenance and Supply Agency, the magazine reported.

Phones in Biscuit Tins

A German chemicals company said on Monday its managers have begun keeping their mobile phones in biscuit tins during meetings in order to guard against industrial espionage. Mobile phones are being eavesdropped on, even when they are switched off, Alexandra Boy, spokeswoman for Essen-based speciality chemicals maker Evonik told AFP. Biscuit tins have a so-called Faraday cage effect that blocks electromagnetic radiation and prevents people from hacking into mobile phones, not only for calls but also to obtain e-mails. The firm, with 34,000 employees and sales of €13 billion (\$18.5 billion), is not alone in wanting to defend itself against what experts warn are increasingly sophisticated methods of industrial espionage.

SOURCE: www.thelocal.de



DEAR MS.
Vicki

Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

My husband recently got deployed for a year to a fairly safe area with access to plenty of computers so we'd be able to talk quite often, if we could actually talk to each other.

I don't want to sound like I'm complaining, because I know there are hundreds of wives who don't get to talk to their husbands for weeks on end, but I don't know what to do.

Every time we try to talk to each other we say a few words and the conversation just stops, usually because there's nothing to keep the conversations going. It seems like the only time he ever wants to actually talk is when he's craving something and still loves me enough to come to me instead of going out and finding some other girl.

He blatantly refuses to answer my questions about what he's doing that day or how things are going

wherever he is (which I don't know if it's to spite me or he just likes being a pain) and then complains about how I never talk about anything or how I ignore him.

It's barely been a month into this deployment, so I know I've got to try and get this straightened out or this will really divide us.

On a separate note, since he's been gone I've found my energy levels have severely dropped, and I could sleep all day if I wanted to. Also, my fuse has shortened and I don't have nearly as much patience as I used to.

I know it's not depression because I can motivate myself to do things and I'm a pretty happy person, but I don't know what on earth it could be. I'm healthy, a non-smoker, I don't drink, I try and eat a fairly healthy diet, and nothing much has changed recently except his deployment and my move back home.

Any advice you could give would be great. Thank you.

Dear Wife,

The first month of deployment can be the toughest because it's the initial separation and both you and your husband face a new situation.

You are trying to establish your own rhythm and getting along without him and he is trying to get into a rhythm while adjusting to being with the same people every day.

This has been stressful for the both of you. The conversations will be up and down during the deployment. However, try to avoid conflict. Keep it light.

Even though you don't think your low energy levels is depression, you should make an

appointment to see your primary care manager just to make sure everything is ok. I'm not a medical doctor but I think it's just the stress of the first month of deployment.

Things should get better along with the communication. I hope you have a lot of support. I had many ups and down during my husband's deployments. I had many close friends and family to help me through.

Response to previous column:

Dear Ms. Vicki,

I have been married to a Vietnam vet for almost 23 years and though I didn't know him when he served in the Army in the 1st Cavalry in 1968-69, the military life, attitudes, actions and post traumatic stress that he has experienced are still a part of his life.

God has healed many of those wounds and he has worked through much of it. The scars won't go away, but he is much better than he was when I first met him in 1983.

Sure, we still have to work at our marriage, as does anyone, but I find it helpful to read your articles and those from www.milspouse.com and www.spousebuzz.com.

Reading how other wives are not only coping but thriving through their experiences with their husbands is a big help to me.

I highly recommend a book for both military and non-military families called "Heroes at Home: Help and Hope for America's Military Families" by Ellie Kay.

Thanks again for all you are doing and I look forward to hearing back from you soon.

Have a blessed day.

Health command catches foreign invaders

Lt. Col. Robert Richards
U.S. ARMY PUBLIC HEALTH COMMAND

Army entomologists often receive requests for insect identification. Occasionally these insects pose significant concerns.

Last December, entomologists at the U.S. Army Public Health Command's Region West were asked to identify two large hornets found by a Joint Base Lewis-McChord, Wash., public works pest controller.

Entomologist 1st Lt. Stefan Tonsberg and biologist William Irwin examined the 1-inch long insects. Tonsberg described them as red-brown with vivid yellow markings on the face and abdomen, and he saw similarities to

some wasp species he had encountered in Asia.

The insects, according to the pest controller who found them, were recovered alive from redeployed helicopters, and both Tonsberg and Irwin realized the importance of determining the significance and status of the insect in the United States.

After examining the insects, Tonsberg determined that they were likely Oriental Hornets which are not native to the United States and may be public health pests.

"Larval hornets require an animal protein source and the adults require carbohydrates. Bee hives possess ample amounts of both of these food sources and are therefore primary targets of

the Oriental hornet," explained Tonsberg.

Because they can cause high rates of mortality in bee colonies, these hornets can have an indirect impact on pollination and agriculture, he continued.

In addition to these problems, these alien invaders can sting multiple times and are aggressive when near a nest of a food source. Control of these insects can entail the use of medically and environmentally dangerous chemicals, according to studies in technical journals.

Because of these public health concerns about the insect, PHCR-West personnel recommended that the U.S. Department of Agriculture be notified about the hornet.

In response to the confirmation identification, Paul Courneya, USDA representative, immediately incorporated information on the Oriental Hornet into U.S. Army Central Command's customs border clearance agent training program.

"The ability to recognize foraging adults and to locate their nesting sites will give military CBCAs the early detection edge they require to protect against hornets contaminating cargo waiting redeployment," said Courneya.

However, even with all the appropriate measures taken by PHCR-West and others, there remains a risk for potentially invasive species such as the Oriental Hornet



The male *Vespa orientalis* (Linnaeus), the Oriental Hornet, is 1-inch long, with vivid yellow markings on the face and abdomen.

to be imported, said Irwin. These insects have the ability to seek out and occupy protective areas within equipment and aircraft that are often concealed from visual inspection, he said. Vigilance and surveillance will continue along with communication with the USDA, to ensure appropriate prevention and response programs are in place, Tonsberg added.

GET OUT!

area events

More events online at <http://myBWNOW.ning.com>

June 30

Heidelberg Schlossfest – Be sure your plans include a visit to the summer festival at the Heidelberg Castle to catch some of the concerts, operas, dramas, reading, all in an open air setting before it ends Aug. 1. For details of each Heidelberg Schlossfestspiele event and ticket information, visit www.theaterheidelberg.de. The web page also offers a complete program of this year's castle festival as a pdf download.

Circus – Numerous events are located all around the circus tent at the Festplatz Friedrichsau in Ulm/Neu Ulm through July 2. More than 70 performances by international artists will be featured. www.ulmerzelt.de.

July 1

Costume Parade – Visitors are welcome to spectate or dress up and join the fun during a costume parade and festival on the banks of the River Rhine in Eltville am Rhein. Locals, musicians and performers enchant and entertain in historical costumes. The festivities conclude with a fireworks display July 4. www.rheingau.de/feste/sekfest.

July 2

Fourth of July in Paris – Book now for two overnight stays in Paris with Kaiserslautern USO. See the famous sights of the city of lights or while away the hours amidst art and culture with a museum access pass. <http://affiliates.uso.org/kaiserslautern>.

Switzerland – Visit Bern, the romantic capital of Switzerland. A beautiful city with its famous bear pit, clock tower, fountains, and quaint specialty shops, Bern is an unspoiled jewel of medieval architecture. During a guided tour through Bern's old town, you'll see the bear pit, cathedral, Houses of Parliament, prison tower and famous Zytglocken clock tower. You'll have time to shop for Swiss chocolate, cheeses, watches and other souvenirs on the 6-kilometer long arched shopping promenade, the largest in Europe. From Bern, we travel to the Emmental to visit a Swiss cheese factory in Affoltern where you can buy cheese and other Swiss specialties. <http://affiliates.uso.org/kaiserslautern/>.

July 4

Independence Day – Join the Fourth of July fun 4-11 p.m. July 4 behind the library on Patrick Henry Village in Heidelberg. The event features rides, games, fireworks and music by Crazy, Jimmy's Souliquity and the USAREUR Groove. DSN 373-7414, civ. 06221-17-7414, www.mwrgermany.com.

July 7

Berlin Fashion Week – Mercedes-Benz Fashion Week comes to Berlin. An eclectic mix of fashion designers will showcase their latest spring and summer collections in Germany's capital. Event registration available at <http://www.mercedes-benz-fashionweek.com/>.

USAREUR Band and Chorus – The U.S. Army Europe Band and Chorus will host a summer concert 6:30-8:30 p.m. July 7 in the courtyard of the Heidelberg Castle. The free performance is part of the Heidelberg Schloßfestspiele. The band will perform a mix of American and German musical favorites.

July 9

Castle Illumination – To commemorate the destruction of the castle by the French, a colorful and awe-inspiring castle illumination bathes the ramparts in fiery light. Not only is the exterior of the castle aglow with Bengali torches, a festive fireworks display also covers the entire Old Town in an impressive panoply of light. You can enjoy a fantastic view of the spectacular illuminations aboard a ship on the Neckar.

River Cruises – Take a two to three hour boat ride along the Neckar and marvel at the beauty of the Neckar Valley. Cruise past castles, quaint villages and thick forests 10 a.m.-5 p.m. May through September. Untere Neckarstraße 17, Heidelberg 69117, www.rmff-schiffahrt.de.

Cologne Lights – Every year, in the middle of July, the city center of Cologne comes to life with a massive, free fireworks display which is called the Cologne Lights, or Kölner Lichter. The main location for the event is right in the middle of the city, between the Hohenzollern and Zoobrücke bridges. The fireworks displays are set to music, which is broadcast over large public address systems set up along both sides of the river. The fireworks start at 11:30 p.m. and the spectacular display lights up the river and the buildings including Cologne's famous cathedral. It lasts 30 minutes and is finished by midnight. www.buzzoffbase.com.

July 10

Mosel Castles – Stray off the beaten path to Burg Eltz and Burg Cochem, two majestic castles in the scenic Mosel River Valley. Enjoy a guided tour and travel back in time through the middle ages. <http://affiliates.uso.org/rheinmain>.

July 16

Cable Car Ride – What could be better than a cruise on the Rhine River? How

about a cable car ride high above the river? Experience the Rhine River from a brand new perspective during the German Federal Garden Show in the beautiful city of Koblenz, one of Germany's oldest cities. <http://affiliates.uso.org/kaiserslautern>.

July 22

Standup Comedian – The USO presents standup comedian Bengt Washburn 8:30 p.m. at the Warrior Zone on Patton Barracks in Heidelberg. Washburn has appeared on Comedy Central, The Late Late Show with Craig Ferguson and the Bob and Tom show. Open to servicemembers and their guests over 18. DSN 373-5190, civ. 06221-17-5190, www.mwrgermany.com.

Farmer's Market – Sample and shop for farm fresh vegetables, cheese, eggs and meat at the Kaiserslautern farmer's market. The market is held 7 a.m. - 1 p.m. at the Stiftsplatz located in the center of Kaiserslautern.

July 28

Sommerfest – One of Munich's most anticipated public festivals, the Sommerfest includes tons of free concerts, tasty food, cold beer, an absolutely enormous Ferris wheel and other carnival rides, and spectacular fireworks. The festival lasts for nearly a month, so there are plenty of opportunities to immerse yourself in German culture and kick up your heels, Bavarian-style. Festival runs through Aug. 21 at Olimpiapark, Spiridon-Louis-Ring 21, 80809 Munich. www.buzzoffbase.com.

July 30

Crystal and More – Don't miss the great bargains in the Czech Republic. Sign up now for a shopping trip in Cheb and Karlovy Vary with Patrick Henry Village Outdoor Rec in Heidelberg. DSN 388-9282, civ. 06221-338-9282, www.mwrgermany.com.

Ongoing

Flea Markets – For a complete list of flea markets and locations, see www.meine-flohmaktermine.de and click on the 7000 zip code link.

Mannheim Parks – Mannheim parks summer hours are in effect through October for Luisenpark and Herzogenriedpark in Mannheim. Both open at 9 a.m. and box offices close at 9 p.m. through August. Summer hours for the tea house are 1-6 p.m. weekdays except Tuesdays and 11 a.m.-7 p.m. Sundays and holidays. Earlier closure is possible in case of inclement weather. Summer opening hours for the green house are 10 a.m. - 6:30 p.m. now through September.

coming to THEATERS

BAD TEACHER

(Cameron Diaz, Justin Timberlake)
A comedy centered around a foul-mouthed, junior high teacher who, after being dumped by her sugar daddy, begins to woo a colleague – a move that pits her against a well-loved teacher. (Rated R for sexual content, nudity, language and some drug use). 92 minutes.

RIO

(Anne Hathaway, Jesse Eisenberg)
When Blu, a domesticated macaw from small-town Minnesota, meets the fiercely independent Jewel, he takes off on an adventure to Rio de Janeiro with this bird of his dreams. (Rated G). 96 minutes.



PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

June 30 - GREEN LANTERN (PG-13) 7 p.m.
July 1 - CARS 2 (G) 7 p.m.; BAD TEACHER (R) 10 p.m.
July 2 - CARS 2 (G) 4 p.m.; RIO (G) 7 p.m.; BAD TEACHER (R) 10 p.m.
July 3 - CARS 2 (G) 1 p.m.; RIO (G) 4 p.m.; MADEA'S BIG HAPPY FAMILY (PG-13) 7 p.m.
July 4 - "Closed for Independence Day"
July 5 - SOUL SURFER (PG) 7 p.m.
July 6 - BAD TEACHER (R) 7 p.m.
July 7 CARS 2 (PG) 7 p.m.

Vogelweh, Galaxy

July 1 - GREEN LANTERN (PG-13) 7 p.m.
July 2 - SOUL SURFER (PG) 4 p.m.; MADEA'S BIG HAPPY FAMILY (PG-13) 7 p.m.
July 3 - RIO (G) 4 p.m.

Ramstein, Gateway Movieplex

June 30 - GREEN LANTERN (PG-13) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.; SOURCE CODE (PG-13) 11:15 a.m., 1:45 p.m., 4 p.m., 6:15 p.m.; SCREAM 4 (R) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7 p.m.
July 1 - CARS 2 (G) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m., 9:45 p.m.; BAD TEACHER (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:30 p.m.; SOUL SURFER (PG) 11:15 a.m.; MADEA'S BIG HAPPY FAMILY (PG-13) 1:45 p.m.
July 2 - CARS 2 (G) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m., 9:45 p.m.; BAD TEACHER (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:30 p.m.; SOUL SURFER (PG) 11:15 a.m.; MADEA'S BIG HAPPY FAMILY (PG-13) 1:45 p.m.
July 3 - CARS 2 (G) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.; BAD TEACHER (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; SOUL SURFER (PG) 11:15 a.m.; MADEA'S BIG HAPPY FAMILY (PG-13) 1:45 p.m.
July 4 - CARS 2 (G) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.; BAD TEACHER (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; RIO (G) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:30 p.m.; MADEA'S BIG HAPPY FAMILY (PG-13) 1:45 p.m., 2:15 p.m., 4:45 p.m., 7:15 p.m.
July 5 - CARS 2 (G) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.; BAD TEACHER (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; RIO (G) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; SOUL SURFER (PG) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.
July 6 - CARS 2 (G) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.; BAD TEACHER (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; RIO (G) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:30 p.m.; MADEA'S BIG HAPPY FAMILY (PG-13) 1:45 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m.
July 7 - CARS 2 (G) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.; BAD TEACHER (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; SOUL SURFER (PG) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
Galaxy Theater, Vogelweh, 0631-50017
Gateway Cineplex, Ramstein, 06371-47-5550
Visit www.aafes.com for updated listings and more movie descriptions
Mannheim, CinemaxX, P4 13, 68161 Mannheim, civ. 01805-62-5466, www.cineplex.de

Mannheim, CinemaxX - English Language movies

June 30 through July 7 - LARRY CROWNE (PG-13) 5:45 p.m.
July 6 - THE TREE OF LIFE (PG-13) 8 p.m.

community HIGHLIGHTS

Technology Expo

The 43rd Signal Battalion will host a free technology exposition at Campbell Barracks fitness center in Heidelberg 10 a.m.-2 p.m. July 29. The Expo will have more than 50 exhibitors demonstrating the latest in emerging technologies. There will be refreshments and giveaways while supplies last. To pre-register visit www.FederalEvents.com, click on the Campbell Barracks link and select the pre-register button.

American Forces Network Decoders

AFN's satellite delivery platform is changing and at-home viewers must make changes to satellite dishes and decoders through July 31 to continue to receive AFN TV. The help desk is manned 1-9 p.m. Tuesday-Friday and 10 a.m.-9 p.m. Saturday via a toll-free number, civ. 00800-2362683662 (00800-afnantenna) through July 31. How-to videos in English, German and Italian are available at www.afneurope.net.

Estate Claims

Anyone having any claims on or obligations to the estate of Lt. Col. Omer Ozguc of the Warrior Transition Battalion-Europe should contact summary court officer, Capt. Earl Tsuneyoshi at DSN 371-2065.

Phone Outage at Sembach

All Defense Switched Network military telephone numbers (496-XXXX) on Sembach Kaserne will be temporarily out of service from noon-4 p.m. June 30. Sembach Kaserne will be temporarily isolated from the DSN for approximately four hours while the Army telephone switch is brought online replacing the current Nortel telephone switch. DSN (496-XXXX) telephone numbers will not change. Kaiserslautern community "496" prefix DSN customers will experience interruptions of telephone service during the switch cutover. Emergency numbers will be restored immediately. Emergency numbers available 7:30 a.m.-4 p.m. July 1, 5 and 6 are DSN 496-3680, civ. 06302-67-3681. If trouble is experienced making a call to or from Sembach thereafter, dial 119, civ. 06302-67-1119 or use 119 online at <https://119.eur.army.mil> to report the problem. The 43rd Signal Battalion will have technicians standing by to assist. DSN 483-1640.

ESSO Cards

ESSO fuel cards, like any debit or credit card, have expiration dates. The Exchange doesn't send out reminders about expirations. To avoid card use denials while traveling, customers should renew cards prior to expiration. The expiration date is on the front of the card in the lower right hand corner. If expired, return the card to a fuel card issuing location where the Exchange will replace it. Fuel cards are valid for three years, and the expiration dates are not related to your vehicle registration date. For information contact the local Exchange customer service desk.

local EMPLOYMENT

Central Texas College

Substitute and part time positions are available for Central Texas College at the Patton Barracks Army Education Center in Heidelberg. Contract positions include administrative assistant sub, test examiner sub, facility administrator sub and counselor aide sub. Applicants are subject to security checks and must be able to acquire an AKO email address. Training is provided. DSN 373-6176, civ. 06221-17-6176.

KAISERSLAUTERN

Education

♦ **Free German Lessons** – Learn German from noon-1 p.m. Tuesdays at Landstuhl and Miesau Libraries and Fridays at Kleber Library. Landstuhl Library: DSN 486-7322, civ. 06371-86-8390. Miesau Library: DSN 481-3755, civ. 06372-842-4355. Kleber Library: DSN 483-1740, civ. 06371-411-1740.

♦ **Prenatal Fitness Classes** – Classes include cardio, resistance training and gentle stretching for expectant and new mothers, 11 a.m.-noon Tuesdays and Thursdays, Landstuhl Fitness Center, Bldg. 3720. DSN 486-7172, civ. 06371-86-7172.

♦ **SKIES Unlimited** – SKIES Unlimited is now offering "ABC Music and Me." The class will focus on early language and literacy development through music and story time. Program open for children enrolled in a child care or pre-K program. DSN 493-4516, civ. 0631-3406-4516.

Community

♦ **Gate Closure** – The Ramstein East Gate is scheduled to close 8 p.m. July 1 and will reopen 4 a.m. July 5. The closure will mark the beginning of an ongoing construction project on county road L369 scheduled between July 1 and Aug. 14. The project will significantly impact traffic in the area.

♦ **Basic scrapbooking** – Learn basic scrapbooking 11:30 a.m.-4:30 p.m. June 30 at Kleber Library, Bldg. 3205. Bring photos. Basic materials will be provided. DSN 486-1740, civ. 06371-411-1740.

♦ **Landstuhl Community Club** – Landstuhl Community Club will be closed for renovations through July 4.

♦ **Youth Fishing** – Youth can learn fishing skills while being outdoors 4-6 p.m. July 6, 13, 20 and 27. Open to grades 1-12. Must be enrolled in Child Youth Service to participate. DSN 493-4516/4122, civ. 0631-4122.

♦ **Bring Your Boss Night** – Enjoy a relaxing evening with the boss, co-workers, and friends 4-7 p.m. July 8 at Armstrong's Club on Vogelweh. Civ. 0631-354-9986.

♦ **Vacation Bible School** – Pandamania: Where God is Wild About You vacation Bible school will be held 9 a.m.-noon July 25-29 at Landstuhl Elementary and Middle School and also 9 a.m.-4 p.m. Aug. 3-4 at the Daenner Chapel. DSN 493-4660, civ. 0631-3406-4660.

♦ **Summer Adventure** – Registration is open for the youth Summer Adventure program. Weekly activities continue through Aug. 26. DSN 486-8656, civ. 06371-86-8658.

♦ **Quilt Club** – Rheinland Pfalz Quilt Guild will meet 6 p.m. the fourth Thursday in June, July and August at the Kaiserslautern Landstuhl Spouses Association building on

Pulaski Barracks. Stitch n' Gab meet 10 a.m.-5 p.m. Fridays at the Kapaun Chapel Annex.

♦ **Library Tour** – Join the Kleber Branch library to discover all the ways to use your Army Europe library card. The library offers tours 11-11:30 a.m., 2-2:30 p.m. and 4:30-5 p.m. every last Wednesday of the month. No sign-up required.

♦ **Room Rental** – Armstrong's Club offers room rental for holiday, office, and birthday parties. Bldg. 1036 on Vogelweh Housing. Civ. 0631-354-9986. www.mwrgermany.com.

♦ **Care** – During the month of July receive free windshield wiper fluid refills with an oil change at Pulaski Auto Skills, Bldg. 2859. DSN 489-6162, civ. 0631-536-6162.

HEIDELBERG

Education

♦ **ACS Classes** – Applying for a Federal Job, 9-11 a.m. July 5-6, ACS, Community Support Center, Bldg. 3850, room 250a; How to Have a Good Night's Sleep, 2-4 p.m. July 7, Nachrichten Kaserne, Bldg. 3622, Company B conference room; Community Orientation Briefing, noon-3:15 p.m. Mondays, Community Support Center, Bldg. 3850, room 141; Re-integration Briefing, 9 a.m. Tuesdays; Exceptional Family Member Program Teen Social, 7-9 p.m. first Fridays, Panther's Place on Patrick Henry Village; PCS Briefing, 1:30-3:15 p.m. on the first and third Tuesdays, Community Support Center, Bldg. 3850, room 141.

♦ **UMUC Europe Registration** – Upcoming field study courses include the Cultural History of London II July 30-Aug. 6 in England and Picasso in Paris Aug. 6-13 in France. www.ed.umuc.edu/fieldstudy.

Community

♦ **Commissary Gate** – The access hours for the gate near the commissary on Patrick Henry Village will be reduced beginning July 1 due to a reduction in the number of guards. New hours will be 6 a.m.-6 p.m.

♦ **Legal Office Closed** – The Patton Legal Assistance Office on Patton Barracks will be closed on July 5 and July 7 for training. Regular hours will resume on July 6 and 8.

♦ **Shooter's Bar and Grill** – Shooter's Bar and Grill has new hours: 6-9 p.m. Wednesday, 6-10 p.m. the second Thursday of the month, 10 a.m.-8 p.m. Saturday, 9:30 a.m.-3 p.m. Sunday, closed Mondays, Tuesdays and Fridays. Civ. 06202-927-9315.

♦ **Midsummer Read** – Register now for A Midsummer Knight's Read, a summer reading program to be held for preschoolers and kindergarteners 11 a.m. Wednesdays, for first-fifth graders 11:30 a.m. Thursdays and for sixth-12th graders 2 p.m. Tuesdays June 28-July 28 at the Patrick Henry Village Library. DSN

370-1740, civ. 06221-57-1740.

♦ **Escape to England** – Better Opportunities for Single Soldiers, BOSS, goes to England for a two-night stay July 1-4. DSN 373-5275, civ. 06221-17-5275.

♦ **Escape to Lloret de Mar and Barcelona, Spain** – BOSS goes to Lloret de Mar and Barcelona for a three-night stay July 1-4. DSN 373-5275, civ. 06221-17-5275.

♦ **Texas Hold'em Tournament** – Buy-in begins 6 p.m. with first deal at 7 p.m. July 2 and 16 at Legends on Patrick Henry Village, DSN 379-6139, civ. 06221-338-9570.

♦ **Europa Park** – Permission slips are due July 5 for the Lion's Den trip to Europa Park 8 a.m.-8 p.m. July 7. DSN 388-9396, civ. 06221-338-9396.

♦ **Casualty Assistance** – Eligible sergeants first class and above, captains and above and chief warrant officers 2 and above can receive certification as trained casualty assistance officers and non commissioned officers starting 9 a.m. July 13-14 on the Shopping Center, Bldg. 3850, room 272. DSN 370-8000, civ. 6221-57-8392.

♦ **Cooking Class** – Free cooking class at the commissary in Heidelberg 10 a.m.-1 p.m. July 15. Registration is required. Call ACS to sign-up DSN 370-6883 or civ. 06221-57-6883.

♦ **Köln Chocolate Factory** – Permission slips are due July 19 for the Lion's Den trip to Köln Chocolate Factory 8 a.m.-6 p.m. July 13. DSN 388-9396, civ. 06221-338-9396.

♦ **Hunting Course** – There will be a hunting course July 20-August 27 on Wednesdays, Thursdays and Fridays from 6-8 p.m. and Saturdays from 9 a.m.-5 p.m. at the Rod & Gun Club in Ostersheim. Cost is \$150.00 per student. Ages 18 and older. Must be a U.S. citizen with U.S. ID card.

♦ **Geocaching** – Army Community Service will set up caches and post the coordinates on the ACS Facebook Page at www.facebook.com/BWACS. Participants can also enter into the ACS birthday drawing to for a chance to win a pair of Holiday Park tickets. Winners will be announced July 25. www.mwrgermany.com.

♦ **ACS Outing** – Army Community Service will host a group outing to Mannheim's Luisenpark 9 a.m.-3 p.m. July 23. Group will meet at ACS and take public transportation to the park. DSN 370-6883.

♦ **Swimming at Aquadrome** – Permission slips are due July 24 for the Lion's Den trip to the Aquadrome 11 a.m.-5 p.m. July 28.

♦ **Catapult Contest** – A closing party and egg catapult contest wraps up the library's teen summer reading program, A Midsummer Knight's Read, 2 p.m. July 26 at the Patrick Henry Village library. DSN 370-1740, civ. 06221-57-1740.

♦ **Vacation Bible School** – Adult

and teens can sign up now to be part of Kingdom of the Son, A Prayer Safari vacation Bible school 9 a.m.-noon Aug. 1-5 at Patrick Henry Elementary School. travelingtays@gmail.com.

♦ **Military History** – The Military History Round Table, an informal group of Germans and Americans interested in World War II is open to anyone who has an interest in military equipment, uniforms, patches and memorabilia. The club meets 7 p.m. at the Heidelberg Rod and Gun Club monthly on third Thursdays. DSN 370-8686, civ. 06221-57-8686.

♦ **All You Can Eat Pizza** – Take the family for all the pizza and bowling they want at the Patrick Henry Village Bowling Center 6-8 p.m. Mondays through Aug. 29. DSN 388-9040, civ. 06221-338-9040, www.mwrgermany.com.

MANNHEIM

Community

♦ **Midsummer Knight's** – The Sullivan Library hosts A Midsummer Knight's Read 10:30-11:30 a.m. through July 20. DSN 380-1740, civ. 0621-730-1740.

♦ **Top Hat Club** – Listen to urban music and the latest hip-hop with videos provided by Dev Rico 10 p.m.-4 a.m. July 3 at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370, www.mwrgermany.com.

♦ **Legoland** – A complete family adventure with over 40 attractions awaits at Legoland. Spinelli Outdoor Recreation takes you there, departing 7:30 a.m. July 4 from the Schuh Theater. DSN 384-6300, civ. 0621-730-6300, www.mwrgermany.com.

♦ **Vacation Bible School** – Students and volunteers can sign up July 3-24 for the God is Good vacation Bible school 10 a.m.-noon Aug. 8-12 at the Benjamin Franklin Village Chapel. DSN 380-9448, civ. 0621-730-9448.

♦ **Salsa Lessons** – Learn to salsa 6-7 p.m. for level one and 7-8 p.m. for level two on Wednesdays at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370, www.mwrgermany.com.

♦ **Summer Specials** – Spinelli Outdoor Recreation, Bldg. 1570, offers monthly summer discounts now through September. DSN 384-6300, civ. 0621-730-6232, www.mwrgermany.com.

♦ **Free Bowling** – Kids bowl free every Thursday in July when accompanied by an adult bowler at the Bowling Center on Benjamin Franklin Village. DSN 380-9528, civ. 0621-730-9528.

♦ **Youth of the Chapel** – Youth of the Chapel meet 3:30 p.m. (junior high) and 6 p.m. (high school) Wednesdays at the Sullivan Barracks Chapel across from the gym. Groups meet 6 p.m. Sundays.

Beach Volleyball



Rogelio Feliciano

The U.S. Army Garrison Baden-Württemberg Open Beach Volleyball Tournament was held at the Tomkins Volleyball Complex in Schwetzingen June 18. Teams from throughout Europe, including Ramstein, Wiesbaden, Spangdahlem, Baumholder and Aviano, Italy, competed in the event. The divisions for the tournament were two-person and four-person. The two-person division consisted of eight teams that competed in a double elimination tournament. The four-person division consisted of four teams that competed in a round robin tournament.

SOURCE: Heidelberg Sports and Fitness

Winners

Two-Person Champions – Donald Boozer, Detachment 1, 786 Force Support Squadron, Stuttgart, and Charles Parada, U.S. Africa Command, Stuttgart

Two-Person Runners-up – Faye Fox, Child Youth and School Services, Baumholder, and Paul Solomon, Child Youth and School Services, Baumholder

Four-Person Champions – Donald Boozer, Detachment 1, 786 Force Support Squadron, Stuttgart; Charles Parada, AFRICOM, Stuttgart; Derek Morris, Delta 52nd, Wiesbaden; Bethemy Helsley, U.S. Army Garrison Wiesbaden,

Four-Person Runners-up – Alyson Harlan, 5-7 Air Defense Artillery, Ramstein Airbase; Josh Herrington, 5-7 ADA, Ramstein Airbase; Eric Sifers, 52nd Civil Engineers' Squadron, Spangdahlem Airbase; Brad Bloom, 31 Fighters Wing, Aviano, Italy

SOURCE: Heidelberg Sports and Fitness

staying ACTIVE

Heidelberg Men's Softball

Tryouts for Summer Slam – The Heidelberg community level men's softball tryouts and practices take place July 5, 7, 11, 12 and 13 to organize a unit level All-Star team for the 20th annual Summer Slam Softball Invitational July 15-17 at Patton Sports Field.

Championship Tournament – The unit level softball championship tournament will be held July 25-Aug. 1 on the Patton Barracks sports field.

Fishing Course

A fishing course for ages 8 and older will be held 9 a.m.-5 p.m. July 9 and 9 a.m.-2:30 p.m. July 10 at the Heidelberg Rod and Gun Club in Oftersheim. Civ. 06202-51193.

Kaiserslautern Golf Scramble

The Kaiserslautern Sergeants Major Association will sponsor a four-person golf scramble July 15 at the Woodlawn Golf Course on Ramstein Air Base. Tournament starts at 8 a.m. with check-in at 7 a.m. Register: DSN 484-7329, civ. 0631-413-8766, KMCSGMA@hotmail.com.

Summer Slam

Summer Slam will be held 4-11 p.m. July 15, 9 a.m.-11 p.m. July 16 and 9 a.m.-7 p.m. July 17 at Campbell, Tompkins and Patton Barracks fitness centers. Entry fees are \$250 for basketball and softball teams, \$10 per person for volleyball, \$15 for racquetball for the first event and \$10 for additional events. Softball and basketball entry deadline is July 8 and racquetball is July 13. Volleyball signup starts at 8 a.m. July 16. DSN 373-8032, www.mwrgermany.com.

Bowlopolis

Children under 17 can bowl June 16-Aug. 29 with a Bowlopolis card good for \$1 games and \$1 shoe rental before 5 p.m. daily at the Patrick Henry Village Bowling Center in Heidelberg. DSN 388-9040, civ. 06221-338-9040, www.mwrgermany.com.

Cosmic Bowling or Kids Free

The Bowling Center on Benjamin Franklin Village offers Cosmic Bowling 7 p.m.-1 a.m. Saturdays. Kids bowl free every Thursday in July. DSN 380-9528, civ. 0621-730-9528, www.mwrgermany.com.

Stroller Blast

Get fit, spend quality time with your little ones, push the baby stroller and get a full body workout in 60 minutes. The Stroller Blast class incorporates the environment and resistance tubing. Children must sit in stroller for an hour for safety reasons. Only strollers with clean, non-marking wheels may be used for indoor classes in case of inclement weather. Classes are Tuesdays and Thursdays at Miesau Physical Fitness Center, Bldg. 1220, on Miesau Army Depot in Kaiserslautern. DSN 493-2087, civ. 0631-3406-2087.

Off-ice Hockey Officials

The DPL (Die Players Liga) is the largest non-official hockey league in Germany. Its inline hockey season is currently underway and the league is searching for off-ice officials. No prior knowledge is required, just an interest in hockey and the desire to be part of the team. English is the main language spoken and five military hockey teams play in the league. All games are played weekends at the Friedrichspark (previous home to the Mannheim Adler) next to the Mannheim University Schloss in Mannheim. Contact: civ. 0172-6263642, info@dpliga.com.

20-20-20

Landstuhl Fitness offers a three-part class: 20 minutes cardio, 20 minutes body sculpt with Yoga and Pilates moves and 20 minutes resistance training 9:30-10:30 a.m. Tuesdays and Thursdays, on Landstuhl Post, Bldg. 3720, in Kaiserslautern. DSN 486-7172, civ. 06371-86-7172.



Ted Long

Hurly Long, center, who at 15 is the youngest winner ever to win the Heidelberg Open, accepts his trophy Sunday at the Heidelberg Golf Course in Oftersheim. Club manager Ed Galvan, left, and Superintendent Stu Yowler, right, were on hand to congratulate Long.

Heidelberg Open produces youngest winner to date

Over 140 golfers competed in the annual Heidelberg Open, at the Heidelberg Golf Course in Oftersheim Friday through Sunday boasting the youngest winner to date.

Fifteen-year-old Hurly Long won the tournament with rounds of 72-74-73 for a total of 219 strokes leaving him three over par. Fellow teenager Martin Mahler, a close second, was beaten by four strokes having rounds of 71-77-75. Dana Williams took third place in the top flight with a total of 227 strokes.

In flight B, 20-year-old Eric Strauss, who had a total of 225 strokes, placed first. Strauss and Mahler were the only contestants who respectively shot sub-par rounds of 70 and 71.

The packed awards ceremony on the terrace of the golf club was presided over by club manager Ed Galvan.

Golfers Benjamin Antonik and Joshua Woodfox took first and second place respectively in the Long Drive contest.

Other flight winners included Stefan Botzenhardt, 239 for flight

C; Philip Wannenmacher, 248 for flight D; Roger Verville, 253 for flight E; Adrian Schlager, 256 in flight F; Norman Cotter, 255 for flight G; Richard Krueger, 294 for flight H.

At the ceremony special mention was made by club official Lamar Porter of the three lady golfers who took part in the tournament.

PGA professional Ted Long presented former volunteer starter at the golf club, Phil Gatschell, a plaque for his long-time service to the club.

SOURCE: Rex Gribble

PLAY IT SAFE

**LEADERS
SOLDIERS
FAMILIES**

- Propane and charcoal BBQ grills should only be used outdoors.
- The grill should be placed well away from any structures or trees.
- Keep children and pets away from the grill area.
- Keep your grill clean.
- Keep fire under control.
- Never leave your grill unattended.



AT THE COOKOUT!





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