# HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg



Joel Salga

Spc. Matthew Hendricks, a cook with U.S. Army Europe's 16th Sustainment Brigade, grills salmon, the meal that won them accolades at the Army Culinary Arts Competition on Fort Lee, Va., at the Patrick Henry Village Pavilion in Heidelberg June 15.

# Event salutes top chefs

By Sgt. Joel Salgado
USAREUR PUBLIC AFFAIRS

U.S. Army Europe and the Installation Management Command Europe honored the top Army chefs in Europe when it saluted the USA REUR/IMCOM-E Culinary Arts Team at a luncheon and recognition ceremony in Heidelberg June 15.

The event at the Patrick Henry Village Pavilion recognized the chefs for their accomplishments at see CHEFS page 18

# Where it's @

# E-mail addresses changing across Europe

**5th Signal Command Public Affairs** 

WIESBADEN, Germany – Those using @eur.army.mil will be migrating to the global e-mail system called Enterprise E-mail, changing to @mail.mil starting in July.

Fifth Signal Command (Theater), headquartered on Wiesbaden Army Airfield, will oversee the Enterprise Email transition in U.S. Army Europe, U.S. Army Africa, European Command and African Command.

This move will bring improvements and perks to the overall e-mail experience, including:

- •The global address list will be expanded to include all Department of Defense forces. All DOD users of Enterprise E-mail will be able to locate anyone in any branch of the military directly from their Microsoft exchange address book.
- •Outlook mailbox increases to four gigabytes.
- Everyone is assigned a new e-mail address that will stay with them wherever they go, to include changes of duty station and unit relocations.
- ◆Examples: active duty john.mi.doe. mil@mail.mil; civilian – john.mi.doe. civ@mail.mil; contractor – john.mi.doe. ctr@mail.mil
- •Anytime, anywhere access from any authorized, CAC (Common Access Card) enabled computer.



"The single most helpful action you can take in preparation for this e-mail migration is to reduce the size of your e-mail mail box to less than 50 megabytes prior to migration."

—Paul Woolston, network operations analyst, 102nd Signal Battalion.

•Sharing of individual, organizational and resource calendars across the enterprise.

Enterprise E-mail is one part of the Army chief of staff's goals to transform and consolidate LandWarNet computer services, networks and data into one secure and well-organized environment.

"This migration will improve Army and eventually all DOD, operations and mission effectiveness by significantly increasing e-mail storage, enabling see E-MAIL page 18

#### WEDNESDAY June 22, 2011

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#### **JULY FOURTH**

Patrick Henry Village in Heidelberg is the place to be to celebrate the Fourth of July 4 p.m.- dusk behind the library. 12-13

#### **10-MILER QUALIFIER**

U.S. Army Garrison Grafenwöhr will host the Army 10-Miler qualifier July 9. **17** 

#### **Defense Details**

#### **FMWR SURVEY**

Defense Department officials intend to use input gained from customer satisfaction surveys to bolster Family and Morale, Welfare and Recreation programs and to meet the needs of servicemembers and families. Officials are electronically sending 600,000 surveys to military installations worldwide. The survey is the first of its kind to collect input from all components of the U.S. military, including the National Guard and Reserve. Officials hope to have survey data returned in about three weeks.

www.defense.gov

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# Goodbye beret, welcome back cap

#### **USAREUR Public Affairs**

Yesterday was the effective date for wearing the Army Combat Uniform patrol cap as the primary headgear for U.S. Army Europe Soldiers, officials announced June 14.

USAREUR Commander Lt. Gen. Mark

P. Hertling announced the effective date for Soldiers in Europe to ensure commanders had enough time to explain the uniform changes to Soldiers prior to implementation.

The ACU patrol cap will replace the beret as the standard headgear for ACU's throughout the Army, according to Army Directive 2011-11 from the Secretary of the Army.

Commanders can now authorize wear of patrol cap throughout Europe. Also changing are options for how Soldiers can attach items to ACU shirts. See related story on page 11.



C. Todd Lope

Changes to the Army Combat Uniform involve allowing Soldiers to sew on items to the uniform in lieu of using the standard Velcro.

#### COMMENTARY

# What right looks like: living Army values

Lt. Gen. Mark P. Hertling
USAREUR COMMANDER

In every job I've been assigned, I've taken about 30-60 days to look at the organization, assess strengths and weaknesses and then communicate messages about expectations. This is the first of the "What Right Looks Like" messages.

WRLLs are my thoughts on the profession, on training and on skills or attributes that I personally believe contribute to building a great team. They will usually be positive, but at times they will also address issues I feel we are failing at as an organization.

WRLLs will cover a range of topics. These will be generated by discussions with you, by contact with members of the commands or our families or by random thoughts during physical training.

My expectation is that when you receive them you circulate them, keep them on file and use them in professional discussion with members of your team.

This first WRLL is about something I believe to be at the base of everything we do as professionals: the inculcation of and adherence to values.

In 1997, Chief of Staff of the Army Gen. Dennis J. Reimer began a study focused on values. Later he named the core values he thought contributed best to our professional competence: loyalty, duty, respect, selfless service, honor, integrity and personal courage, so listed to form the acronym LDRSHIP. He asked commanders to reinforce the understanding of these values as part of our professional ethos.

While there were parts of Reimer's campaign that were mocked (especially the printing of these values on dog tags and the requirement to place posters addressing values everywhere), I believe the campaign was critical in forcing us to relook at who we were and what we stood for. The campaign contributed to the Army we are today.

Being part of any profession – whether medical, legal, religious, or military – means more than just saying "I'm a professional ... hoaah!" It means you do all you can to commit to a prescribed set of professional values.

But values are the core of everything our Army is and does.

In my last job leading Initial Military Training, we significantly advanced the way we "trained" values. We made interactive videos, ensured drill sergeants were teaching classes on values and incorporating values in all other skills they trained. Everything a drill sergeant did was tied to the inculcation of values in 10 weeks.

What I heard from Soldiers who left basic training was the training they received on values began fading

in Advanced Individual Training, and by the time they reached their first unit of assignment there was hardly a mention of values at all.

I'm asking you to help me turn that around.

We all know values are not just for our new Soldier, they are for all of us who wear the uniform. Leaders especially must be accountable to modeling and mentoring these values on and off duty.

I believe that reminding ourselves and our teams of values will exponentially improve our professionalism.

But I also believe a campaign to adhere to our values has a significant effect on counteracting most of the disciplinary issues that plague us.

Sexual assault? That's a violation of loyalty to fellow Soldiers, a lack of respect for who each individual is and shows a lack of personal courage (to not step in and stop a violation if we see it).

- •Driving Under the Influence? That's a violation of doing our duty (how many briefings have we been to that tell us what our standards should be in this area?) and a failure of honoring our uniform.
- ◆Toxic leadership in the organization? That's usually a result of a lack of selfless service to Soldiers and the personal courage of people to speak up. ◆Fraud, waste and abuse (using cell phones or computers for unauthorized activities)? That's clearly a viola-

tion of the value of integrity.

Placing emphasis on living the Army values might be the element which contributes to better individual and unit discipline. It could certainly strengthen families, and it will contribute to trust, which allows us to build strong teams.

You all have been seeing and hearing Command Sgt. Maj. Capel and me on AFN commercials on this topic. This was our attempt to start the discussion that Soldiers in U.S. Army Europe live our values.

This campaign will continue, and you'll soon see Soldiers discussing specific values – and how these values (in combat, training and while wearing civilian clothes) contribute to the strength of our profession.

Command Sgt. Maj. Capel and I both believe that if all of our command teams continue to reinforce values – and remind Soldiers, civilians and family members of their professional responsibility – we'll not only be a stronger team, but we'll also eliminate or reduce some of the problems that plague us in combat and in garrison. And we'll also contribute to the strength of our nation.

We feel if we get back to the core of who we are as America's Army – celebrating the pride of our Army values – we will see positive results in how people conduct themselves and make ethical decisions in all aspects of their lives.



www.facebook.com/BWnow http://myBWnow.ning.com

#### **DISCUSSION BOARD**

# Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

"What is the GPS address for Spinelli Barracks car inspection/registration? Also, if I get my car inspected there, can I renew my registration in Heidelberg?" —Heather Thomas, BWnow Facebook fan

"Heather....we just followed the 656 and then sign to Spinelli...we are going back up tomorrow to transfer the BMW." -Cathy Conley Richards, BWnow Facebook fan

"Cathy, the GPS address is Spinelli Barracks 1587, Mannheim-Feudenheim, 68259 and your registration must also be done at Spinelli. For more questions or info you can call DSN 384-6100 or civ. 0621-730-6120. For more GPS addresses or info on recent changes please visit our Transformation page at www.bw.eur.army.mil/news/transformation.htm."

—BWnow Facebook Administrator

NOTE: A video blog about the Heidelberg satellite office for vehicle registrations and the Spinelli Barracks location for registrations and inspections will be posted Monday on the garrison website at www.bw.eur.army.mil.

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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

# **Keeping Soldiers SHARP**

New program combines sexual harassment, assault courses into one with aim to increase reporting, decrease incidences, eventually eradicate cases

Elizabeth Casebeer

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

They disrupt day-to-day operations, wreak turmoil, create a climate of fear and distrust, and victims' lives are all but changed forever.

In recent years, the Army has stepped up its efforts to eventually eradicate incidences that studies indicate are only reported about 33 percent of the time.

On the front line helping to stop the enemy in its tracks is the Sexual Harassment/Assault Response and Prevention program, a comprehensive integration with the current Sexual Assault Prevention and Response and Prevention of Sexual Harassment programs.

SHARP is still in its infant stages and is not expected to be fully implemented in fiscal year until 2012, said Michelle L. Fonseca, SHARP program specialist at Headquarters, U.S. Army Europe G1.

In recent years, the Deputy Chief of Staff of the Army, G1, determined sexual harassment is a potential precursor to sexual assault instead of the two being separate issues.

"The Army realizes a lot of incidences start from disparaging comments and sexist remarks, and some people are motivated to sexually assault," Fonseca said.

Furthermore, the blame of the assault or harassment has now shifted from the victim, whom Fonseca, a former active duty equal opportunity advisor, stressed should never be made responsible, regardless of the scenario.

"No one deserves to be attacked, yet society tends to blame the victim, especially if alcohol is involved," she said.

In fact, Fonseca explained booze, more so than date rape drugs, is what perpetrators tend to use to lower the victim's threshold to where he or she cannot give consent.

"These people target individuals whom they perceive to be vulnerable, and it's usually someone the victim knows. Why would you ever think your friend or coworker or somebody else you know would do this?" Fonseca said.

"We tend to believe it's a stranger who breaks into the apartment in the middle of the night or corners someone in a dark alley, but it's almost always somebody the victim knows pretty well or associates with in some manner," she added.

Sexual harassment and assault are perhaps not common, but they do occur – even one time is too many.

As such, the Army's biggest goal with the new program is to increase reporting and decrease incidences to hopefully one day eradicate the need for either.

"We want to decrease the numbers, definitely, and increase education, awareness and reporting. We are realistic, though, that no matter how much we push forward to the community, it still will occur," said Fonseca.

Reasons for underreporting may never be fully realized, but Fonseca said it ultimately depends on whether or not the individual Soldier wants to take specific action.

"They may not want anybody to know, or they may not have trust in leadership, or they may fear retaliation, particularly if the perpetrator is in the same unit or senior to them, in which case they may fear reprisal. It could be any number of things," Fonseca said.

What the program hopes to achieve is the ability for



Elizabeth Casebeer

Staff Sgt. Sylvester Grady, a unit supply specialist with 43rd Signal Battalion on Campbell Barracks in Heidelberg, describes a scenario in which he participated during the Sexual Harassment/Assault Response and Prevention, SHARP, Mobile Training Team's class on Patrick Henry Village June 14. MTTs are in the process of training more than 17,000 command-selected unit SHARP personnel to prepare for the upgrade and integration of the Prevention of Sexual Harassment and Sexual Assault Prevention and Response training programs in all Professional Military Education and Civilian Education System courses during fiscal year 2012.

"We tend to believe it's a stranger who breaks into the apartment in the middle of the night or corners someone in a dark alley, but it's almost always somebody the victim knows pretty well or associates with in some manner."

-Michelle Fonseca, SHARP program specialist

Soldiers to have a contact to talk to about any form of unwanted sexual acts without compromising their privacy. And often, the victim is unsure of what to do immediately after the incident.

"Å lot of times, the (victims) are in shock initially and not even quite sure what they want to do, much less think about how they want to handle it. And whether they are sexually assaulted or raped, the power is taken away from them," Fonseca said.

While POSH and SAPR have restricted and unrestricted reporting available, Soldiers sometimes have reported what they mistakenly perceived as harassment to EO, which does not have confidentiality.

Once it reaches that level, what is in fact assault must be reported to law enforcement to account for those who commit these crimes, perhaps even against the victim's

wishes.

The merging of the programs will erase that uncertainty and Soldiers will be free to retain their confidentiality with someone they trust while seeking forms of justice and the care they deserve, said Fonseca.

"With that option, they still get the power they need and that enables them to be able to decide how they want to handle their case. It's a great option because they still get the help they need and they can still handle it privately and discretely. Some really don't want anybody to know about it," Fonseca said.

New counselors (the majority of whom are sergeants first class or above) within Baden-Württemberg finished intensive 80-hour training from Mobile Training Teams based in Washington, D.C. on Patrick Henry Village in Heidelberg Thursday.

The hand-picked leaders were chosen by their

commands after thorough screenings and background checks as well as criteria met in Army Regulation 600-20: Army Command Policy, Sexual Assault Prevention and Response Program.

Throughout 2011 and 2012, MTT will train more than 17,000 SHARP personnel. Within USAREUR, the training also recently wrapped up in Bamberg, Kaiserslautern, Wiesbaden, Grafenwöhr, Ansbach and Vicenza and is heavily backed by USAREUR Commander Lt. Gen. Mark Hertling and Command Sgt. Maj. Thomas Capel.

Depending on the ranks available within an organization, majors and above and General Schedule 11 civilians and above may also serve as SHARP specialists.

Currently, the positions are collateral duty but by 2015 those in brigade and higher positions will be permanent, Fonseca said.

4 NEWS Wednesday, June 22, 2011

# New plan for Mannheim as student population decreases

#### Staff Report

Department of Defense Dependents Schools-Europe announced June 13 that Mannheim seventh and eighth grade students will attend Heidelberg Middle School next school year which begins Aug. 29.

Sixth grade students may choose to attend school in Mannheim at the elementary building in a self-contained fifth/sixth grade classroom or to attend Heidelberg Middle School.

Parents were notified

June 13 of the revised plan which originally called for all Mannheim Middle School students to attend school in the elementary building which would have been reconfigured as a kindergarten through eighth grade school.

Heidelberg District Superintendent Frank Roehl presented a number of options to the affected families at a meeting June 9 and conducted a survey.

Based on the results, the course of action identified is an adaptation of the most popular option, said

a DODDS-E press release which also referred to the accelerated movement of school aged children out of the Mannheim area resulting in smaller than optimal class-room sizes.

"We've been watching enrollments carefully over the last couple months and have noticed a steady decline in the registered students. A number of issues have impacted the community. It's a closing community and the numbers got to a point where it was clear the best possible program for these students would be at Heidelberg Middle School," Roehl said.

The middle school is a 25-minute bus ride from Mannheim.

"Our overall concern was for each child to have access to the best possible educational opportunity," Roehl said.

"We believe this solution allows for that. We have plenty of capacity available at the Heidelberg schools and there, we'll be able to provide them a full range of academic, athletic and extracurricular activities," Roehl added.

#### **Video Blog**

See Heidelberg District Superintendent Frank Roehl discuss the Mannheim Middle School change on the BWnow command video blog at www.bw.eur.armv.mil.

Mannheim High School and Mannheim Middle School are closed now that the school year is ended.

High school students will also be bused to Mark Twain Village in Heidelberg next year. A separate bus will take middle school students to Patrick Henry Village.

## transformation **UPDATE**

#### **Frequently Asked Questions**

Have a transformation-related question you'd like answered? E-mail usaghd.post@eur.army.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/transformation.

Some say that all those reasons for the (Heidelberg to Wiesbaden) move that were there in 2003 are no longer valid. The going explanation in the community is that a general had an argument with then-mayor of Heidelberg, and then the decision was made. Why has it not been reversed?

As we move forward with the requirements of Round 56 announced in July 2010, many people question the reasoning behind them. Whatever the "going explanation," it is left to the garrison to execute the mission with integrity and professionalism. The response to why the move is happening is that consolidating the headquarters in Wiesbaden will optimize command and control, intelligence and signal capabilities; provide a more responsive organizational structure; offer better force protection options than at the current location in Heidelberg; and provide access to a nearby Army airfield. In terms of cost savings, the Department of Defense's planning for consolidation of U.S. Army Europe headquarters with its military intelligence and signal assets at Wiesbaden goes back to 2003-04. DOD's review in summer 2009 made a valid operational and business case to continue consolidation in Wiesbaden with estimated net annual recurring savings of \$112 million. Savings will be achieved by about 2016. The 2009 review also found that initial savings estimates were high, but using DOD Base Realignment and Closure rules including adding the cost of moving 1AD headquarters to Fort Bliss, results indicate a lower, but still positive, net savings. The review concluded that closing three communities and consolidating onto one site will mean major savings resulting from fewer gates, more efficient schools, lower operating costs and decreased support personnel.

#### **Facilities Operations Changes**

New — Patrick Henry Village Commissary Gate — The gate near the commissary on Patrick Henry Village will reduce hours July 1 due to a reduction in the number of guards. New hours will be 6 a.m.-6 p.m.

Heidelberg Barber Shops — Hours of operation at Tompkins and Patton Barracks Barber Shops have been changed. Services are offered at the Patton Barber Shop in Heidelberg 10 a.m.-5 p.m. Mondays, Wednesdays and Fridays. The Tompkins shop in Schwetzingen serves customers 10 a.m.-5 p.m. Tuesdays and Thursdays.

Spinelli Auto Skills – The Auto Skills shop on Spinelli has new hours: 11 a.m.-7 p.m. Mondays, Wednesdays and Fridays, noon-7 p.m. Thursdays and 9 a.m.-5 p.m. Saturdays and training holidays. Closed Sundays and holidays. DSN 384-6023, civ. 0621-730-6023.

**Army Emergency Relief** – The Army Emergency Relief office in Mannheim now processes requests for emergency travel only. All other

AER requests are processed at Army Community Service in Heidelberg on the Shopping Center, Bldg. 3850, room 250. DSN 370-6883, civ. 06221-57-6975. American Red Cross after hours service for emergency travel in Heidelberg: DSN 370-1760, civ. 06221-57-1760 and civ. 001-877-272-7337

Mannheim Red Cross – The Red Cross office in Mannheim will close June 30 and all services will be transferred to the Heidelberg station, Bldg. 3850, on the Shopping Center. In cases of a family emergency in which a emergency communication message is needed, the Heidelberg number will reach an emergency caseworker. The Heidelberg Station is open 8 a.m.-4:30 p.m. Monday-Friday. DSN 370-1760, civ. 06221-57-

Heidelberg Vehicle Registration — Heidelberg's vehicle registration office is closed. Heidelberg offers a satellite vehicle registration office at the Military Police station on Patrick Henry Village, Bldg. 4511. This office is open 8 a.m.-4 p.m. to provide limited services. Civ. 06221-678-2586. The Mannheim vehicle registration office has extended its hours to serve customers 7:30 a.m.-5 p.m. in issuing license plates and registrations for the Mannheim and Heidelberg communities. The Mannheim vehicle registration office is in Bldg. 1567 on Spinelli Barracks in Mannheim located directly next to vehicle inspection. Please bring checks or money orders for transactions at vehicle registration. Cost is \$30 per year per transaction. DSN 384-6100, civ. 0621-730-6911/6900. GPS: Am Aubuckel, 68259 Feudenheim.

Mannheim Base Operations — With the deactivation of Mannheim there are two names for community members to keep in mind — Mr. Ralph Santaliz, Base Operations Manager, and Master Sgt. Romeo Satsatin, Base Operations NCOIC. They are located in Bldg. 245 on Sullivan Barracks and are ready to assist the Mannheim community. DSN 385-1500, civ. 0621–730-1510, rafael.santaliz@eur.army.mil, romeo.satsatin@eur.army.mil.

Mannheim Transportation Motor Pool — The TMP at Spinelli Barracks has discontinued operations. General dispatch users and customers with recurring assigned vehicles should use the Heidelberg Transportation Motor Pool on Patton Barracks, Bldg. 157. DSN 373-8350, civ. 06221-17-8350.

Mannheim DEERS, ID Cards, Passports – The DEERS, ID cards and passports offices have relocated to Bldg. 246, room 101 on Benjamin Franklin Village.

Mannheim Personal Property Processing - The Mannheim Personal Property Processing office, also known as the Transportation office, is closed. Mannheim customers will use the Heidelberg Personal Property Processing Office on the Shopping Center, Bldg. 3850, room 267. The hours for the Heidelberg PPPO changed: 9 a.m.-4 p.m. Monday, Tuesday, Wednesday and Friday and 10 a.m.-4 p.m. Thursday. The office is closed

daily 11:30 a.m.-1 p.m. daily and on American holidays.

NEW — Subway — The Subway restaurant on Sullivan Barracks in Mannheim has closed. It will reopen on the Shopping Center in Heidelberg June 23. NOTE- this is a change from the originally scheduled June 20 opening.

**Burger King** — Burger King on the Shopping Center in Heidelberg has

Popeyes and Taco Bell — Popeyes on Benjamin Franklin Village South in Mannheim is now closed Mondays. Taco Bell will remain open on Mondays until further notice.

**Spinelli furniture** – The furniture store on Spinelli Barracks in Mannheim will close Monday (June 27).

**Mannheim Customs Field Office** – The Customs office in Mannheim is now located in Bldg. 256 (the Military Police station).

**Mannheim Army Community Service** – Army Community Services and the ACS Lending Closet have moved into Bldg. 246.

Mannheim Drivers Testing — Mannheim's Drivers' Testing Station located on Sullivan Barracks, Bldg. 253, has closed. All drivers' testing services are offered in Heidelberg on the Shopping Center, Bldg. 3850, room 136, with operating hours 7:30–11:30 a.m. and 12:30–4:30 p.m. Monday-Friday. DSN 370-7889, civ. 06221 57-6681.

**AAFES Gas Station** – The gas station in Mannheim on Benjamin Franklin Village South has changed its operating hours. New hours are 7 a.m.-8 p.m. Monday-Friday, 8 a.m.-8 p.m. Saturdays and 9 a.m.-7 p.m. Sundays.

One number, two communities – The 24-hour sexual assault and domestic violence hotline is now valid for Mannheim and Heidelberg. The Mannheim-specific number is no longer valid. The hotline for both communities is civ. 0170-609-2862.

**Coleman Shoppette** – The shoppette on Coleman Barracks in Mannheim has expanded its hours to 7 a.m.-8 p.m. Monday-Friday and 10 a.m.-8 p.m. Saturday-Sunday and U.S. holidays.

Mark Twain Village Shoppette — The shoppette on Mark Twain Village in Heidelberg has closed. The Campbell Barracks shoppette expanded hours on weekends — 10 a.m.-5 p.m. Saturdays and Sundays — to support the Soldiers and family members who live on MTV.

www.bw.eur.army.mil/news/transformation



Rick Scavetta

Cpl. Tiffany Ruff, 26, who serves with the 406th Human Resource Company at Daenner Kaserne, was among the U.S. Army Soldiers Show performers onstage June 8 at Vogelweh.

# Soldier's curtain call a homecoming

By Rick Scavetta

USAG KAISERSLAUTERN PUBLIC AFFAIRS

Early one cold January morning as Cpl. Tiffany Ruff drove her black Honda Civic down the autobahn to weekend Army Reserve drill, she wasn't thinking about entertaining fellow Soldiers in Kaiserslautern.

Yet, a few months later, Ruff was doing just that – singing and dancing with the U.S. Army Soldier Show – a traveling troupe of enlisted entertainers who performed June 1 in Heidelberg and June 8 in Kaiserslautern, the final stop of the show's European tour.

For Ruff, 26, who serves with the 406th Human Resources Company at Daenner Kaserne, the Kaiserslautern show was a special performance, she said.

"This is my dream," Ruff said. "I'm fulfilling my dream."

At age 5, Ruff's began singing in church back home in Memphis, Tenn., where her family was known for musical talents.

But Ruff also had aspirations to become a Soldier, she said. After high school, she joined the Army and was assigned as a cook with the Ansbachbased 2nd Battalion, 159th Aviation Regiment.

While in uniform, she sought opportunities to perform. In 2007, while deployed to Balad, Iraq, Ruff sang at the base chapel.

Upon returning to Germany, she

joined the Army Reserve and in 2010 auditioned for the Soldier Show.

The eight-month tour began April 29. The European leg began in mid-May and included stops in Grafen-wöhr, Schweinfurt, Wiesbaden, Baumholder, Oberammergau, Ansbach and Stuttgart. By the tour's end, the Soldiers will have performed more than 100 times at U.S. Army garrisons worldwide.

The show's carnival-like atmosphere wowed the crowds at the Vogelweh gym. Musical numbers ranged from covers of Charlie Daniels' "Devil Went Down to Georgia" to Lady Gaga's "Bad Romance." Performances also included international songs from Africa, Latin America, Nepal and Samoa.

Denise Miller, U.S. Army Garrison Kaiserslautern deputy commander, was impressed with performance, especially the variety of music, singing and dancing.

"This show was absolutely awesome," Miller said. "It always amazes me, how much talent we have in the Army, Soldiers from all walks of life. They put on a first-class Broadway show."

Toward the end of the show, when Ruff announced she was from Kaiserslautern, the audience roared with applause.

"My heart started racing," Ruff said.
"It felt wonderful to come back home to a crowd of warm people. I was ec-

# Faces of the community: Java Café



Elizabeth Casebeer

Angelee Aurillo, operations assistant and supervisor, prepares a latte for a customer at the Java Café on Patrick Henry Village. Aurillo, a chef by trade, joined the U.S. Army Garrison Baden-Württemberg team June 6 and contributed a restaurant review in the June 16 Herald Post. The Java Café is open 6 a.m.-8:30 p.m. Monday, 6 a.m.-6 p.m. Tuesday-Friday, 8:30 a.m.-6:30 p.m. Saturday-Sunday and 8 a.m.-4 p.m. American holidays. Civ. 06221-76-2164.

### New Twitter site gives tips, facts on Army life in Europe

**USAREUR Public Affairs** 

"Coming to U.S. Army in Europe and want some info? Or, are you looking for tips on making the most of your European tour? Ask EURMama!"

That's what visitors to U.S. Army Europe's new site on the social media platform Twitter will see right at the top. Visitors will also see a picture of EURMama, a fictional woman who could be from any of the countries in Europe where U.S. Army personnel are stationed.

"EURMama represents a welcoming and wise figure who will always have information and advice for those who need tips and facts about life in U.S. Army in Europe – whether they are on orders to a new assignment here, are new to

the command, or have been here quite some time and have a question," said Col. Bryan Hilferty, U.S. Army Europe's chief of public affairs.



**EURMAMA** 

But unlike your own mom, EURMama doesn't know everything. So this site, like most social media sites, will be a place for everyone in the community to post their own tips and tidbits about life in U.S. Army in Europe.

To ask EURMama a question, pick up some tips, or give some of your own, find EURMama by searching for @EURMama on www. Twitter.com.

NEWS Wednesday, June 22, 2011

# Soldiers' teamwork creates symbol of friendship

By Rick Scavetta

USAG KAISERSLAUTERN PUBLIC AFFAIRS

BRUCHMÜHLBACH-MIESAU – Kaiserslautern Soldiers recently transformed an ugly concrete wall at Miesau Army Depot into a mural honoring a longstanding friendship between Germans and Americans.

Last year, because of security concerns, the Army diverted depot traffic and built a blast-resistant wall, said Col. Richard Jordan, commander of the 212st Combat Support Hospital. Jordan knew the wall provided protection but never like the way it looked. He envisioned it covered with children's artwork.

"We took advantage of the situation to paint a picture of unity that stands as a memento to our community," Jordan said. "We're saying 'this belongs to us."

Jordan's vision reached local German and American schools, where children drew ideas of friendship between their countries. Hans Schenkel, a local German artist, combined their sketches to design the mural, Jordan said.

Spc. Peter Oratowski, an operating room specialist with an art background, oversaw the painting. One night in late May, Oratowski, of Brooklyn, N.Y., began the project using a computer projector to trace the concept onto the wall. Since then, volunteers from the 212th CSH and Sol-

diers from the garrison's Better Opportunities For Single Soldiers program put in long hours, mostly during their free time after work.

"It's been great to get my hands in paint again," Oratowski said. "It's been a real challenge to paint. But we've got a great team and it's been a lot of fun."

During a June 10 ceremony, U.S. and German officials unveiled the mural – a symbol of German and American friendship. Denise Miller, deputy to the garrison commander, said the effort says something important about those who serve in our Army.

"There's a lot of hidden talent," Miller said. "The whole team did a lot of work pulling all the different types of artwork together and that really stands out."

For the past two years, Jordan's unit was busy – redesigning their hospital to mobilize quickly and partnering with medical units from Britain, Germany, Bulgaria and Romania. The command's relationship with the local community, however, remained a priority, Jordan said.

For decades, the Army maintained good relations with Bruchmühlbach-Miesau, to include longstanding support of the community's annual horse show. Earlier this year, Jordan's Soldiers raised money for a German kindergarten to buy developmental tows



Rick Scavetta

Spc. Nicholas Yoncher, 24, of Nikiski, Alaska, a medic with Company B, 212th Combat Support Hospital, joined volunteers from U.S. Army Garrison Kaiserslautern's Better Opportunities for Single Soldiers, BOSS, program to paint a friendship mural at Miesau Army Depot.

Bruchmühlbach-Miesau Mayor Werner Holz said he welcomed Jordan's idea to paint the blast wall.

"The fact that American and German students joined together for an artistic event is a great expression of cooperation and a very suitable tool for fostering relationships."

For the Soldiers who worked on the mural, the job was a chance to do something outside their normal duties.

Pfc. Patrick Crowe stumbled upon the painting crew one evening. The 25-year-old medic from Augusta, Ga., never painted before, Oratowski said.

"He grabbed a brush and has been coming out to help ever since," Oratowski said.

Wearing faded desert camouflage cutoffs and a BOSS T-shirt, Spc. Nicholas Yoncher, 24, a Company B medic, grabbed a pizza slice in one hand and dipped his paintbrush with the other. He reminisced about murals he helped paint for church back home in Nikiski, Alaska.

"Art has always been an interest. Before now, I didn't do it much in the Army," Yoncher said. "We should do more things like this."

Storm clouds were the Soldiers' enemy. They defended their artwork from sudden rainstorms – scrambling over the wall to drape plastic sheeting over the emerging mural. Soaked amid sun showers, they laughed and joked with each other. Painting was tough at times, but each agreed that it was a lot fun.

Working through suppertime, the Soldiers frequented the pizzeria just outside the depot gate. There, they practiced speaking German and learned an important word, Mannschaft - the German word for "team."

"It's been a lot of hard work," Oratowski said. "But we did it as a team."

#### LEGAL ASSISTANCE

## Risk, fun of buying, selling second hand cars in Germany

**Patton Law Center** 

German contract law governs all transactions of purchasing a used car in Germany, whether from the internet, a dealer or a friend.

What rights does a buyer have against a seller if repairs become necessary? Generally, German law says that the seller of an item is responsible for defects for two years. With certain limitations, this warranty law applies to secondhand car purchases, making the seller responsible for defects.

With used cars, a distinction must be drawn between what constitutes a mechanical defect and what can be considered being normal wear and tear. Even if it impairs the function of a used car, normal wear and tear does not usually constitute a legally relevant defect. Normal wear and tear is determined by considering the age and condition of the car. The older the car, the more likely the problem is considered to be ordinary wear and tear. Often, only an appraiser can draw the line between a defect and wear and tear.

Also, many buyers learn the twoyear warranty period can be excluded in a written agreement or at least shortened to one year. When buying a car from a private individual, it is permissible in a contract to exclude any warranties. Often such contracts may say that the car was bought "as is."

In such a case, the risk is shifted entirely to the buyer, who can go after the seller only if it can be proven that the seller knew the defect existed and purposefully did not disclose it to the buyer. A little more protection is guaranteed if you are buying from a professional car dealer. Here the normal two-year warranty period cannot be eliminated but it can be reduced to one year.

If your new used car starts having problems, you must first establish that the mechanical problem qualifies as a defect, and you must show the defect was present when the car was transferred to you. Then, your first option is to request the seller repair the car free of charge. You can cancel the contract and request a refund – taking into account used mileage – only if the seller fails to fix the problem.

How can you avoid such problems?

If possible, before the sale is complete, the buyer should have the car thoroughly checked out and tested by another garage or an official appraiser. Although not free, it creates clarity and allows for the option to negotiate the price.

Make sure that all terms are in writing and signed by both parties. Beware that a clause such as "inspection guaranteed" only means that the seller must make sure that the car is in such a condition that it passes inspection.

Passing inspection is not a guarantee that the vehicle will remain reliable.

When you are selling or buying a secondhand vehicle, carefully consider all aspects of the transaction to prevent it from becoming a problem.



Sgt. Johnathan Oberholz, an infantryman with Charlie Troop, 2nd Squadron, 106th Cavalry Regiment, crosses a one-rope bridge during an infantry subject matter expert exchange in Constanza, Dominican Republic June 8. The exchange involved trainers and experts from the Dominican Republic and the United States working together to share infantry tactics, techniques and ideas in a jungle environment.



U.S. Air Force Master Sqt. Dawn M. Price

Capt. Jill Lynn, a veterinarian assigned to Combined Joint Task Force-Horn of Africa, 402nd Civil Affairs Battalion Functional Specialty Team, deployed to Camp Lemonnier, Djibouti, conducts an examination on a donkey during a veterinary civic action project in the rural village of Kagamongole, Uganda June 6. This is the first of a three phase VETCAP sponsored through the collaborative efforts of CJTF-HOA, the Ugandan government and the U.S. Embassy in Uganda.



Sgt. 1st Class Kelly Jo Bridgwater

Spc. Daniel Nagel, foreground, an engineer diver, prepares for a surface supply dive as Spc. Rodrigo Novoa, left, checks the KM-37 Diving Helmet, at Aberdeen Proving Ground, Md. June 2. Both Soldiers are assigned to  $the \, 74 th \, Engineer \, Dive \, Detachment, \, Special \, Troops \, Battalion, \, 7 th \, Sustainment \, Brigade. \, The \, group \, of \, 85 \, Army \, Army \, Color \, Army \, Color$ engineer divers assigned to the 74th, 86th, 511th, 544th and 569th Engineer Dive Detachments traveled from Joint Base Langley-Eustis, Va. to conduct Deep Blue, an annual deep water diving exercise.



Staff Sgt. Keith Ericson, a squad leader assigned to the Headquarters Support Company, 834th Aviation Support Battalion, checks the cable connection of a vehicle stranded in water during a training exercise while mechanic Spc. Andrew Miller steers the vehicle from its cab at Camp Ripley, Minn., June 8.



Soldiers from the 19th Engineer Battalion react to a simulated rocket-propelled grenade attack during a platoon certification exercise at Fort Knox, Ky. The exercise, which took place June 1-10, included troop leader procedures in different environments at Zussman Urban Combat Training Center and Wilcox Range.

## **ourARMY** around the world

For more Army news, visit www.army.mil



# optional, patrol cap default headgear, but beret stays with ASU

By C. Todd Lopez ARMY NEWS SERVICE

WASHINGTON – The voice of the Soldier has been heard: the Army announced the patrol cap will replace the black wool beret as the default headgear for the Army Combat Uniform.

Also changing are the options for how Soldiers can attach certain items to their ACU shirts.

Army Chief of Staff Martin E. Dempsey said Soldiers will soon be able to sew on name tapes, service tapes, rank insignia and skill badges instead of using Velcro.

The changes were made after Dempsey received input from Sgt. Major of the Army Raymond F. Chandler III, who had been tasked to gather opinions from Soldiers in the field.

"I am a scout for Gen. Dempsey, who asked me to look into everything a Soldier wears from the top of his head to the bottom of his feet," Chandler said. "These are changes that the field said they wanted to see."

Typically, uniform changes come as a result of a board that meets twice a year.

But Chandler said issues surrounding both the ACU headgear and the use of Velcro were changes the Army chief of staff wanted to bring to the Secretary of the Army immediately.

Chandler said he spoke with several thousand Soldiers and also received comments via social media sites, like Facebook.

"I have also discussed this with my board of directors – the most senior sergeants

#### **Full Details**

Soldiers should read Army Directive 2011-11 for full details

major of our Army," Chandler said.

Post-deployment combat uniform surveys were used as a basis for the changes.

The number one and number two issues, Chandler said, involve the beret and Velcro.

"The Soldiers didn't like the fact that the beret was hot – it was not something that they wore the majority of the time," he said.

"And they didn't like the fact it didn't shade the sun and it took two hands to put on. And they didn't like to carry two pieces of headgear to do different functions during the day," Chandler added.

The beret has been the standard headgear for the Army's ACU – the camouflage uniform worn by most Soldiers.

But most Soldiers still needed to switch to the patrol cap based on the work they were doing – in a motor pool or in the field, for instance.

Those Soldiers would have to carry two pieces of headgear with them, one in each pocket and switch depending on what they was

In the field, they put on the patrol cap. Back on base, they'd have to switch to the beret.

The new policy will make the patrol cap the standard. But the beret isn't going anywhere. It will remain as the standard for the Army Service Uniform and as an optional uniform item with the ACU – at the discretion of commanders.

"They could choose to say for an event, like change of command, that they want them to wear the beret," Chandler said.

The change in the beret policy will save the Army about \$6.5 million over the lifecycle of the ACU. New Soldiers had been issued two berets. Now they will be issued one.

Chandler pointed out that Soldiers didn't ask to eliminate the beret – just to change when it's worn.

"Soldiers said we don't want to wear it with this uniform, but they do feel they look very professional wearing it with the Army Service Uniform," Chandler said.

The ACU, a replacement for the Battle Dress Uniform, featured many design changes.

Included among those were a different cut for the fabric, new placement for pockets and a new digital color pattern.

Also included were Velcro fasteners that allowed pockets to be sealed shut, sleeves to be cinched down and rank insignia, name tapes, service tapes, patches and skill badges to be added and removed at will — without time-consuming and sometimes costly trips to clothing alterations.

Still, some Soldiers were displeased with Velcro on the uniform, Chandler said.

The Army's new policy on attaching accourrements to

"The Soldiers didn't like the fact that the beret was hot – it was not something that they wore the majority of the time. And they didn't like the fact it didn't shade the sun and it took two hands to put on. And they didn't like to carry two pieces of headgear to do different functions during the day."

-Sgt. Major of the Army Raymond F. Chandler III

the ACU will allow Soldiers to sew on rank insignia, the name tape and the service tape.

Additionally, skill badges such as the Airborne, pathfinder, combat action, combat infantryman and expert infantryman badge will also be authorized for sewing.

Currently, those badges are provided in painted metal and have to be pinned to the uniform.

Pinning badges to the uniform can be a lengthy process because they have to be aligned using a ruler. The new policy will allow Soldiers to sew those badges to the uniform.

Combat and unit patches on the left and right sleeve and the U.S. flag will remain Velcro-only, the SMA said.

Additionally, the ACU will continue to come with Velcro in the same locations it is now

If Soldiers are authorized to sew something on, they will sew it on top of the

Chandler also said Soldiers asked for changes to how

cargo pockets are fastened. Velcro had been used – now, ACUs are available with buttons used to keep the pockets closed.

A similar change is being discussed for how sleeve cuffs are fastened, but Chandler said that decision will be made by the July uniform board.

A more localized uniform decision will affect Soldiers assigned to the Army's headquarters at the Pentagon in Washington, D.C.

There, Soldiers had been wearing the ACU as their daily uniform.

By as early as October, those Soldiers will show up to work in the Army service uniform, Chandler said.

"Our perspective is that this is the corporate part of the Army," he said.

"The business-part of the Army is done in the Pentagon, and as a professional there are certain standards of attire associated with certain activities," Chandler said.

"For the business aspect of the Army, it is the Army service uniform," Chandler added.

# Midsummer knights keep reading skills sharp

By Megan Clancy PATRICK HENRY VILLAGE LIBRARY

One can't help but be enchanted by fairy tales while living in Germany, where many fairy tales originated such as those by the Brothers Grimm.

The library's 2011 Summer Reading Program, themed "A Midsummer Knight's Read," is a perfect complement to the area's castles, medieval cities and dark forests.

This year's program aims to keep kids' reading skills sharp by bringing the world of knights, dragons, damsels in distress and medieval siegecraft to life through the magic of books.

The program will be fun and educational for children and teens, Melissa Laplante, public services librarian, said.

"You use it or lose it," Mary Slattery-Green, reading specialist at the Heidelberg Middle School said emphatically about the importance of maintaining reading skills over the summer.

"Research shows that we lose our skill or talent if we don't use it, and summer is 10 weeks long for the kids which

is almost a quarter of a year," Slattery-Green said. "We have to regenerate the skill again ... We want to get kids to love books.

The goal is to keep kids reading through the summer, Laplante said.

'I like to celebrate reading," Laplante said. "I want to bring the medieval theme to life to kids through books, puppets, crafts, and more.'

The program begins today in Mannheim and continues through July 20.

In Heidelberg, the program is split into age groups. For preschool children, activities will include singing songs, reading books, making crafts and watching fairy-tale puppet shows. Weekly sessions are 60-90 minutes long and will run June 29-July 28.

For children in first to fifth grades, activities will include guest speakers, a Shakespeare puppet show and medievalthemed crafts such as medieval costumes and decorations. The closing party will include games, refreshments and prizes.

For teens in sixth-12th grades, the program runs June 28-July 26 in Heidelberg ending with an egg catapult contest and a raffle drawing for prizes including an iPod

The teens will meet only twice and are expected to independently read up to two books per week. There is an online option for teens on vacation or at camp.

New to this year's teen program is the optional egg catapult contest. Teens are invited to work in teams to create a homemade catapult throughout the summer.

The contraption that propels an egg the furthest at the closing party will earn a prize. The PHV library has an egg catapult on display for inspiration, surrounded by several new books about how teens can build their catapult.

"I try to use intrinsic rewards to get kids reading," Slattery-Green said, citing examples such as enjoyment, knowledge and a greater understanding of the world. However, Slattery-Green sometimes uses extrinsic rewards, like those of the summer reading program's parties and prizes, to encourage kids to read. Overall, both Laplante and Slattery-Green



Dmitri Karin, a library technician at the Patrick Henry Village library, demonstrates June 9 how his model catapult, made from recycled wood, works. The library will host a closing party and egg catapult contest 2 p.m. July 26 to coincide with "A Midsummer Knight's Read," the summer reading program for children in preschool through 12th grade.

hope the chance to win a prize helps kids learn that books can be fun and contain rewards of their own. Registration remains open until the day before the closing parties.

For information, call the

library on Patrick Henry Village in Heidelberg at DSN 370-1740, civ. 06221-17-1740. Or call the library on Sullivan Barracks in Mannheim at DSN 380-1740, civ. 0621-730-





### Shuttle Bus Schedule

### **Heidelberg Route**

4:10pm Patton BKS Bus Stop

4:25pm MTV Bus Stop Bldg. 3720

4:40pm Heidelberg Health Center Bus Stop

4:50pm Tompkins BKS Bus Stop 5:00pm PHV Transformer Bus Stop

5:10pm Patton BKS Bus Stop

5:25pm MTV Bus Stop Bldg. 3720

5:40pm Heidelberg Health Center Bus Stop

5:50pm Tompkins BKS Bus Stop

6:00pm PHV Transformer Bus Stop

7:10pm Patton BKS Bus Stop

7:25pm MTV Bus Stop Bldg. 3720

7:40pm Heidelberg Health Center Bus Stop

7:50pm Tompkins BKS Bus Stop 10:00pm PHV Transformer Bus Stop

10:10pm Patton BKS Bus Stop

10:25pm MTV Bus Stop Bldg. 3720

10:40pm Heidelberg Health Center Bus Stop

10:50pm Tompkins BKS Bus Stop 11:00pm PHV Transformer Bus Stop

11:20pm PHV Transformer Bus Stop

11:35pm Tompkins BKS Bus Stop

11:50pm Heidelberg Health Center Bus Stop

12:00am MTV Bus Stop Bldg. 3720 12:10pm Patton BKS Bus Stop

### Mannheim Route

4:30pm BFV Guest House

4:55pm Coleman BKS Bldg. 39

5:30pm PHV Transformer Bus Stop

5:55pm BFV Guest House

6:20pm Coleman BKS Bldg. 39

6:55pm PHV Transformer Bus Stop

7:30pm BFV Guest House

7:55pm Coleman BKS Bldg. 39

8:30pm PHV Transformer Bus Stop

9:30pm PHV Transformer Bus Stop

9:55pm BFV Guest House

10:30pm Coleman BKS Bldg. 39

11:20pm PHV Transformer Bus Stop

11:50pm Coleman BKS Bldg. 39

12:15am BFV Guest House

12:20am Spinelli Barracks















#### Moghul Tandoori Restaurant

#### Where to find it

Brückenkopfstraße 1 69120 Heidelberg, Germany 06221-47-4855

#### **Hours of Operation**

11:30 a.m.-3 p.m. and 4 p.m.-midnight Monday-Saturday

#### **Price Range**

Appetizers – €4-9 Dinner – €16-€28

#### Review

I have found that the best way to try a new restaurant is to go for lunch. The atmosphere is more relaxed and the prices are cheaper.

The Indian restaurant Moghul Tandoori is located just across the Theodor-Heuss Brücke overlooking the Neckar River and Heidelberg. Take the first right after the bridge and park along the river. You have to walk up an exterior flight of stairs to reach the restaurant. They have a beautiful deck framed with fresh flowers where you can enjoy your meal. Or you can dine inside in their lavishly gilded dining room.

The menu is filled with options for carnivores and vegetarians alike. For starters they offer several soups including the classic lentil Mulligatawny, Samosas/Pakoras and Bhaji. The Keema Naan, spicy meat filled Naan bread, was fantastic and reasonably priced at only  $\mathsf{e}\mathsf{S}-$  and perfect for sharing. They also serve a prawn cocktail like none other: poached shrimp with fresh mango and honey melon in a cognac cocktail sauce that is unique, refreshing and perfect on a hot summer day.

Moghul prides itself on its Tandoori specialties. They include choices of beef, lamb, chicken, fish or shrimp, all marinated in yogurt and spices for 24 hours before being cooked in their Tandoori oven. They present a gentle balance of extreme flavor finished with the cooling effect of a yogurt.

The chicken, beef and seafood options are abundant and familiar with dishes like Madras, Vindaloo, Korma and Masala. For vegetarians options are so bountiful, it will be difficult to choose one. For something different and sublime, try the Chicken Dansek: chicken cooked with lentils, spices and coconut will awaken your palate and keep you wanting more.

Another standout dish is the Shrimp Madras. Shrimp marinated in spicy Madras spices simmered with mushrooms and coconut is one of the most delicious shrimp dishes I have eaten. Is it obvious that I love coconut? My favorite vegetarian dish is the Palek Paneer which is house made cheese cooked with spinach, onions, tomatoes, spices and yogurt. The portions are large and can be easily shared.

In addition to their full lunch menu (a bit pricey), the restaurant has a small selection of daily lunch specials such as Tandoori salmon and chicken or Chicken Masala and Vegetable Korma. All are served with Jasmine rice and range in price from 67 to 69.

Everyone spends so much time on the castle side of Heidelberg that the other side of the river gets forgotten. So take the trip and give Moghul Tandoori Indian restaurant a try.

www.moghul-heidelberg.de

SOURCE: Angelee Aurillo



#### Dear Ms. Vicki,

I've been best friends with my high school sweetheart for 32 years. We've been married almost 22 years and have six beautiful children together.

I never read the paper but for some reason I picked it up and saw your column. It must have been God answering a prayer. I instantly felt better when I started reading about other women who felt the same as

I have faithfully supported and stood by my husband as he continues to pursue his dreams and goals in the military. Meanwhile, I've raised six kids by myself because from the beginning of the marriage I've been alone 75 percent of the time.

I think that's why I had so many babies; they kept me busy and feeling worthwhile. My husband has recently been promoted again to a job of great rank, and I stand there by his side as people congratulate him for his well job done. He takes it

and goes with it as if I'm not there. I've had to say, "Hey, that's not right, acknowledge me. You didn't do this by yourself. I helped you get there, and you should say, 'Thanks, but I couldn't have done this without the support of my wife."

He'll say to me, "Oh, I know I

He'll say to me, "Oh, I know I couldn't." OK, well, say that to the next person who acts like you are the only one standing there.

Talk about the sex life. It sucks. I want the man I fell in love with not this man who walks around talking about what his money bought. Hey, I earned it too. I should be given a degree in homemaking.

My love for him seems like a habit love. I've loved so long and for the kids that I don't know how to love him as a wife. Several deployments have just messed us up. I'm so tired of the respect that he shows other female Soldiers and women and just talks to me any old kind of way, so disrespectful.

How do you suggest marriage counseling to someone who feels only others should have it but not him? I want to love him again, but there's already another separation scheduled in another year.

When he is away I want him here for the kids' sake but when he is here all I want is for him to leave again. How sad is that? So tell me am I tripping? Highly Stressed

#### Dear Stressed,

No, you are not tripping. It sounds like your marriage is in trouble. I receive so many letters from military couples, and I meet many who divorce after many years of marriage.

When the servicemember retires and the children are adults and away from home the couple looks at each other and realizes they have nothing in common, they have grown apart, they admit they haven't been in love with each other for a long time, and their sex life has been non-existent for years.

It is common for me to work with even young couples in their 20s who are making love once or twice a year. You are right, deployments are tough on relationships. However, it can be a time of personal growth and growth as a couple, too. It takes two to keep a marriage strong and healthy.

Something is important in your letter. You said your husband does not recognize you and you also feel that he has respect for other females but none for you. This is not good.

It's time for you to do some soul searching about what you're passionate about. Whether it's attaining higher education or starting a business, it's time for you to start accomplishing some of your dreams, too.

It's honorable for a woman or man to stay at home and be the housewife or house dad. But it doesn't mean you don't deserve a life.

Secondly, it's time to pursue marriage counseling. Let your husband know how you feel. If he doesn't agree to marriage counseling then consider individual counseling for exploration, insight and support.

Check on base for services or contact Military OneSource for a provider in your local community. The services are free.

Another option is a clinical social worker, therapist or counselor that you pay. I think you are super great lady

# Buying tax-free fuel in Netherlands

USAG Schinnen's Public Affairs

SCHINNEN, Netherlands – Procedures for purchasing rationed fuel in the Netherlands impact personnel stationed outside the country by requiring special paperwork and authorizations before tanking up.

Individuals not stationed in the Netherlands must be on official travel or leave orders to purchase fuel in the Netherlands, according to Army in Europe Regulation (AER) 550-35. This regulation clarifies fuel purchasing procedures for the paper/coupon-based system in the Netherlands.

"AER 550-35 provides clear procedures for personnel stationed in Germany to buy rationed fuel in the Netherlands and, most important, complies with authority granted from the Netherlands government," said Tom Budzyna, USAG Schinnen's Public Affairs

Officer

When the new automated fuel ration card arrived in 2009, personnel assigned outside Germany had to obtain AE Form 550-175L from a Military Police station in Germany, provide their identification card, vehicle registration and current leave/pass or temporary duty orders in order to receive a temporary ration to purchase fuel when traveling in Germany.

A similar procedure applies for personnel assigned outside the Netherlands who wish to purchase tax-free fuel in the Netherlands.

Individuals in Germany who wish to obtain rationed fuel in the Netherlands must complete AE Form 600-17A, which serves as the authority document for their supplemental fuel ration. Once approved, the individual then presents the form to the USAG Schinnen MP Station along with

an ID card, vehicle registration, and TDY orders, leave document or military pass.

The leave document should be the multi-purpose OPM Form 71 (if civilian) or a DA Form 31 (for Army). The MP will then issue AE Form 550-35B with a temporary (limited) ration authorization that can be used to purchase fuel coupons at the Schinnen Main Exchange or fill-up directly at the Exchange gas station on USAG Schinnen.

"It's important to get your paperwork in order because the changes that took effect in 2009 also mean that customers cannot buy Netherlands fuel coupons from Exchange operations outside the Netherlands. So if you're driving to USAG Schinnen and planning on buying fuel, you need to arrive with your documents in order," Budzyna said.

# **GET OUT!**

#### area events

More events online at http://myBWnow.ning.com

#### **June 22**

Biker Weekend – This meeting of motorcycles June 22-26 in Wolftal in Wolfach includes 39 guided tours through the southern Black Forest to Lake Constance, into the Alsace region of France and more. Tours start daily between 8-10 a.m. Riders should have reservations beforehand. www. wolfach.de.

Circus – Numerous events are located all around the circus tent at the Festplatz Friedrichsau in Ulm/Neu Ulm through July 2. More than 70 performances by international artists will be featured. www. ulmerzelt.de.

#### June 24

Munich Film Festival – The Munich Film Festival, established in 1983, is one of Germany's largest film festivals with more than 1,300,000 admissions to date. Each year approximately 250 new films are screened. While the evenings are devoted to films, the earlier parts of the day are reserved for the Kinderfilmfest, showcasing the best cartoons and children's movies from around the globe. Many of the films shown are in German, but English and international films are also showcased. The festival runs through July 2. http://www. filmfest-muenchen.de/rc/ffm\_en/home/. Heidelberg Schlossfest - Be sure your plans include a visit to the summer festival at the Heidelberg Castle to catch some of the concerts, operas, dramas, reading, all in an open air setting before it ends Aug. 1. For details of each Heidelberger Schlossfestspiele event and ticket information, visit www.theaterheidelberg.de. The web page also offers a complete program of this year's castle festival as a pdf download.

#### **June 25**

Rose Market — More than 100 vendors and gardeners present hundreds of different rose species and thousands of roses in Laupheim. The market is located at the Schloss Grosslaupheim, Arkadenhof and the Kulturhaus.

**Dutch Fabric Market** – This market in Offenburg features 140 different fabric vendors from Holland. The newest textiles and sewing accessories will be offered at the Messegelände 8 a.m. -8 p.m.

#### June 25

Carlos Santana — Guitar legend Carlos Santana will bring his international tour through Bavaria 8 p.m. June 25 with a stop in Schlossplatz Coburg, Neustadt bie Coburg. Santana is currently promoting his new album, Guitar Heaven, featuring classic covers such as Smoke on the Water, Back in Black and Sunshine of Your Love. Show

starts at 8 p.m. www.buzzoffbase.com. Cloister Festival — This medieval festival is set within the walls of the old abbey in Maulbronn. Jesters, jugglers and jousters will entertain visitors.

**Village Festival** – This festival will be held on the Steinenbronn village square at the town hall.

**Danube Festival** – This international festival is located at the Donaupark in the center of Tuttlingen.

#### June 26

Midsummer Festival – Experience warm weather, good food and a few other surprises during this city festival located in the Waldenbuch center of town. Visitors can also enjoy Sunday shopping 1-6 p.m.

#### June 28

Farmer's Market — Sample and shop for farm fresh vegetables, cheese, eggs and meat at the Kaiserslautern farmer's market. The market is held at the Stiftsplatz located in the center of Kaiserslautern 7 a.m. -1

German Cooking Class—Learn how to prepare a full-course German meal 9 a.m.- noon at the Vogelweh Chapel kitchen. Cost is \$25 and all ingredients are provided. Sign-up available at the USO office on Vogelweh. http://affiliates.uso. ara/kaisers/autern

#### June 30

Rock Werchter Belgium— Rock Werchter is a huge music festival held in Wertcher, Belgium annually. This year's lineup features Kings of Leon, Linkin Park, Queens of the Stone Age, Coldplay, Bruno Mars, James Blake, and The Black Eyed Peas. For tickets visit http://www.rockwerchter.be/en/tickets/index.aspx.

#### July 1

Costume Parade — Visitors are welcome to spectate or dress up and join the fun during a costume parade and festival on the banks of the River Rhine in Eltville am Rhein. Locals, musicians and performers enchant and entertain in historical costumes. The festivities conclude with a fireworks display on July 4. www.rheingau. de/feste/sektfest.

#### July 2

Fourth of July in Paris — Book now for two overnight stays in Paris with Kaiserslautern USO. See the famous sights of the city of lights or while away the hours amidst art and culture with a museum access pass. http://affiliates.uso.org/ kaiserslautern.

#### July 4

Independence Day – Join the Fourth of July fun 4-11 p.m. July 4 behind library on Patrick Henry Village in Heidelberg featuring rides, games, fireworks and live music by bands Crazy, Jimmy's Souliquity and the USAREUR Groove. DSN 373-7414, civ. 06221-17-7414, www.mwrgermany.com.

#### July 7

Berlin Fashion Week — Mercedes-Benz Fashion Week comes to Berlin. An eclectic mix of fashion designers will showcase their latest Spring and Summer collections in Germany's capital. Event Registration available at http://www.mercedes-benz-fashionweek.com/.

USAREUR Band and Chorus – The U.S. Army Europe Band and Chorus will host a summer concert 6:30-8:30 p.m. July 7 in the courtyard of the Heidelberg Castle. The free performance is part of the Heidelberg Schloßfestspiele. The band will perform a mix of American and German musical favorites.

#### July 9

Castle Illumination — To commemorate the destruction of the castle by the French, a colorful and awe-inspiring castle illumination bathes the ramparts in fiery light. Not only is the exterior of the castle aglow with Bengali torches, a festive fireworks display also covers the entire Old Town in an impressive panoply of light. You can enjoy a fantastic view of the spectacular illuminations aboard a ship on the Neckar. River Cruises - Take a two to three hour boat ride along the Neckar and marvel at the beauty of the Neckar Valley. Cruise past castles, quaint villages and thick forests. May-Sept. 10 a.m.-5 p.m. Untere Neckarstraße 17, Heidelberg 69117, www.rnf-schifffahrt.de.

#### July 10

Mosel Castles — Stray off the beaten path to Burg Eltz and Burg Cochem, two majestic castles in the scenic Mosel River Valley. Enjoy a guided and travel back in time through the middle ages.

#### July 22

Standup Comedian – The USO presents standup comedian Bengt Washburn 8:30 p.m. at the Warrior Zone on Patton Barracks in Heidelberg. Washburn has appeared on Comedy Central, The Late Late Show with Craig Ferguson and the Bob and Tom show. Open to servicemembers and their guests over 18. DSN 373-5190, civ. 06221-17-5190, www.mwrgermany.com.

# coming to **THEATERS**

#### **GREEN LANTERN**

(Ryan Reynolds, Blake Lively)

A test pilot is granted a mystical green ring with otherworldly powers and membership into a squadron tasked with keeping peace in the universe. (Rated PG-13 for intense violence and action). 105 minutes.

#### **SOURCE CODE**

(Jake Gyllenhaal, Michelle Monaghan)
An American Army helicopter pilot wakes up
on a commuter train and discovers he's assumed the identity of another man. (Rated PG13 for violence and language). 115 minutes.



#### **PLAYING THIS WEEK**

#### Heidelberg, Patrick Henry Village

June 22 - SUPER 8 (PG-13) 7 p.m.

June 23 - ARTHUR (PG-13) 7 p.m.

June 24 - GREEN LANTERN (PG-13) 7 p.m.; GREEN LANTERN (PG-13) 10 p.m.

June 25 - GREEN LANTERN (PG-13) 4 p.m.; GREEN LANTERN (PG-13) 7 p.m.;

GREEN LANTERN (PG-13) 10 p.m.

June 26 - GREEN LANTERN (PG-13) 4 p.m.; GREEN LANTERN (PG-13) 7 p.m.

June 27 - SOURCE CODE (PG-13) 7 p.m.

June 28 - GREEN LANTERN (PG-13) 7 p.m.

June 29 - SCREAM 4 (R) 7 p.m.

June 30 - GREEN LANTERN (PG-13) 7 p.m.

#### Vogelweh, Galaxy

June 24 - SUPER 8 (PG-13) 7 p.m.

June 25 - SOURCE CODE (PG-13) 4 p.m.; SCREAM 4 (R) 7 p.m.

June 26 - BATTLE: LOS ANGELES (PG-13) 4 p.m.

#### Ramstein, Gateway Movieplex

June 22 - SUPER 8 (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; ARTHUR (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7 p.m.; HANNA (PG-13) 11:30 a.m., 2:15 p.m., 5 p.m., 7:30 p.m.; YOUR HIGHNESS (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m. June 23 - SUPER 8 (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; HANNA (PG-13) 11:30 a.m., 2:15 p.m., 5 p.m., 7:30 p.m.; YOUR HIGHNESS (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m. June 24 - GREEN LANTERN (PG-13) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m., 9:45 p.m.; SOURCE CODE (PG-13) 11:15 a.m., 1:45 p.m., 4 p.m., 6:15 p.m., 9 p.m.; SCREAM 4 (R) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:30 p.m., 9:45 p.m. June 25 - GREEN LANTERN (PG-13) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m., 9:45 p.m.; SOURCE CODE (PG-13) 11:15 a.m., 1:45 p.m., 4 p.m., 6:15 p.m., 9 p.m.; SCREAM 4 (R) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:30 p.m., 9:45 p.m. June 26 - GREEN LANTERN (PG-13) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.; SOURCE CODE (PG-13) 11:15 a.m., 1:45 p.m., 4 p.m., 6:15 p.m.; SCREAM 4 (R) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:30 p.m. June 27 - GREEN LANTERN (PG-13) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.; SOURCE CODE (PG-13) 11:15 a.m., 1:45 p.m., 4 p.m., 6:15 p.m.; SCREAM 4 (R) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:30 p.m.; GNOMEO & JULIET (G) noon, 2:15 p.m., 4:30 p.m., 7 p.m. June 28 - GREEN LANTERN (PG-13) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.; SOURCE CODE (PG-13) 11:15 a.m., 1:45 p.m., 4 p.m., 6:15 p.m.; SCREAM 4 (R) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:30 p.m.; GNOMEO & JULIET (G) noon, 2:15 p.m., 4:30 p.m., 7 p.m. June 29- GREEN LANTERN (PG-13) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.; SOURCE CODE (PG-13) 11:15 a.m., 1:45 p.m., 4 p.m., 6:15 p.m.; SCREAM 4 (R) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:30 p.m.; GNOMEO & JULIET (G) noon, 2:15 p.m., 4:30 p.m., 7 p.m. June 30 - GREEN LANTERN (PG-13) 11 a.m., 1:30 p.m., 4:15 p.m., 7 p.m.;

SOURCE CODE (PG-13) 11:15 a.m., 1:45 p.m., 4 p.m., 6:15 p.m.; SCREAM 4 (R)

#### THEATER INFORMATION

Patrick Henry Village, Heidelberg , 06221-27-238 Galaxy Theater, Vogelweh, 0631-50017 Gateway Cineplex, Ramstein, 06371-47-5550 Visit www.aafes.com for updated listings and more movie descriptions Mannheim, CinemaxX, P4 13, 68161 Mannheim, civ. 01805-62-5466, www.cineplex.de

Mannheim, CinemaxX - English Language movies
June 22- PIRATES OF THE CARIBBEAN 4 in 3D (PG-13) 7:45 p.m.
June 23-29 X-MEN 1ST CLASS (PG-13) 10:30 p.m.
June 23-26 and 28 THE HANGOVER 2 (R) 11 p.m.

11:30 a.m., 2:15 p.m., 4:45 p.m., 7 p.m.

#### HP

## Community

#### **Estate Claims**

Anyone having any claims on or obligations to the estate of Lt. Col. Omer Ozguc of the Warrior Transition Battalion- Europe should contact summary court officer, Capt. Earl Tsuneyoshi at DSN 371-2065.

#### **Phone Outage at Sembach**

All Defense Switched Network military telephone numbers (496-XXXX) on Sembach Kaserne will be temporarily out of service from noon-4 n m. June 30. Sembach Kaserne will be temporarily isolated from the DSN for approximately four hours while the Army telephone switch is brought online replacing the current Nortel telephone switch. DSN (496-XXXX) telephone numbers will not change. Kaiserslautern community "496" prefix DSN customers will experience interruptions of telephone service during the switch cutover. Emergency numbers will be restored immediately Emergency numbers available 7:30  $a.m.\hbox{-}\ 4$  p.m. July 1, 5 and 6 are DSN 496-3680, civ. 06302-67-3681. If trouble is experienced making a call to or from Sembach thereafter, dial 119, civ. 06302-67-1119 or use 119 online at https://119. eur.army.mil to report the problem. The 43rd Signal Battalion will have technicians standing by to assist.

#### **ESSO Cards**

ESSO fuel cards are like any other debit or credit card and have an expiration date. The Exchange does NOT send out reminders to customers in advance of their fuel card expiration dates. To avoid card use denials while traveling and the substantial costs of paying economy fuel prices, fuel card customers should ensure cards are renewed well prior to their expiration dates. The expiration date is found on the front of the fuel card in the lower right hand corner. To avoid interruption of service check the expiration date and verify the month and year of expiration. If expired, return the card to a fuel card issuing location where the Exchange will replace it. Fuel cards are valid for three years, and the expiration dates are not related to your vehicle registration date. For information contact your Exchange customer service desk.

#### **Acute Care Clinic**

The Heidelberg Health Center's Acute Care Clinic is now closed on all Sundays and all federal holidays. If you are in need of urgent or emergent care on those days, please go to the nearest host nation emergency room. Maps and driving directions are available at the HMEDDAC staff duty desk in the pharmacy area on Nachrichten Kaserne.

### EMPLOYMENT

#### **Mystery Shopping Program**

Help make a difference in your community and the programs offered there by taking part in the Family and Morale, Welfare and Recreation Mystery Shopping Program. Work with BARE International to perform customer service reviews and become a paid mystery shopper. E-mail garrison services@bareinternational.com, www.mwrgermany.com.

#### **Aerobics Instructors Needed**

The USAG Kaiserslautern Sports and Fitness Centers are looking for instructors for power pump, hip-hop aerobics, step turbo kick, Latin aerobics, hi-low step, martial arts, combatives and kickboxing. Olivia Kuntz, DSN 493-2086, civ. 0631-3406-2086, www.mwrgermany.com.

### **ANNOUNCEMENTS**

#### KAISERSLAUTERN

Education

- PowerPoint Class Attend a free class on how to create dynamic PowerPoint slides 1-1:45 p.m. (bring lunch) and 5-6 p.m. June 28. No sign-up required. Kleber Branch Library, Bldg. 3205. DSN 483-1740, civ. 06371-411-1740.
- ◆Free German Lessons Learn German from noon-1 p.m. Tuesdays at Landstuhl and Miesau Libraries and Fridays at Kleber Library. Landstuhl Library: DSN 486-7322, civ. 06371-86-8390. Miesau Library: DSN 481-3755, civ. 06372-842-4355. Kleber Library: DSN 483-1740, civ. 06371-411-1740.

#### Community

- Delicious With Apples Youth in grades 1-12 enrolled in Child, Youth and School Services use simple ingredients to make a quick snack 4-6 p.m. June 23 at the Landstull Child Development Center, Bldg. 93802.

  DSN 493-4516, civ. 0631-3406.
- Basic scrapbooking Learn basic scrapbooking 11:30 a.m. 4:30 p.m. June 30 at Kleber Library, Bldg. 3205. Bring photos. Basic materials will be provided. DSN 486-1740, civ. 06371-411-1740
- **◆Landstuhl Community Club**
- Landstuhl Community Club will be closed for renovations through July 4.
- Kleber Library Closed Kleber Library will be closed June 23. The Kaiserslautern Main and Miesau Branch Libraries will be open.
- Outdoor Skills Youth in grades 6-12 enrolled in Child, Youth and School Services can learn outdoor skills for camping and survival, including basic use of a compass, emergency shelters in the wild, setting up a tent and hiking tips 4-6 p.m. June 23 at the Landstuhl Youth Center, Bldg. 3819. DSN 493-4122, iv 0631-3406-4122
- ◆Summer Adventure Registration is open for the youth Summer Adventure program. Weekly activities continue through Aug. 26. DSN 486-8656, civ. 06371-86-8658.
- Vacation Bible School Pandamania: Where God is Wild About You vacation Bible school will be held 9 a.m.-noon July 25-29 at Landstuhl Elementary and Middle School and also 9 a.m. -4 p.m. Aug. 3-4 at the Daenner Chapel. DSN 493-4660, civ., 0631-3406-4660.
- ◆ Quilt (Lub Rheinland Pfalz Quilt Guild will meet 6 p.m. the fourth Thursday in June, July and August at the Kaiserslautern Landstuhl Spouses Association building on Pulaski Barracks. Stitch n' Gab meet 10 a.m.-5 p.m. Fridays at the Kapaun Chapel Annex.
- Midnight Bingo Start at 7 p.m. with free finger food and stay for midnight bingo 9 p.m.-midnight at the Kazabra Club on Vogelweh.

DSN 489-7261, civ. 0631-536-7261, www.mwraermanv.com.

◆ Prenatal Fitness Classes — Classes include cardio, resistance training and gentle stretching for expectant and new mothers, 11 a.m.-noon Tuesdays and Thursdays, Landstuhl Fitness Center, Bldg. 3720. DSN 486-7172, civ. 06371-86-7172.

#### **HEIDELBERG**

**Education** 

- ACS Classes Resume Writing
  101, 10 a.m.-noon June 27; Exploring
  the Heidelberg Job Market, 9-11 a.m.
  June 28; Interviewing Techniques
  9-11 a.m. June 29; Volunteer
  Management Information System,
  10-11 a.m. June 29; Family Readiness
  Group 101, 2:30 p.m. June 29; Smart
  Banking, 9-11:30 a.m. June 30; EFMP
  Teen Social, 7-9 p.m. July 1, Panther's
  Place on Patrick Henry Village.
- Unduc Europe Registration —
  Upcoming field study courses include
  the Cultural History of London II July
  30-Aug. 6 in England and Picasso
  in Paris Aug. 6-13 in France. www.
  ed. umuc.edu/fieldstudy.

#### Community

- Shooter's Bar and Grill Shooter's Bar and Grill has new hours: closed Monday-Tuesday and Friday, 6-9 p.m. Wednesday, 6-10 p.m. second Thursday of each month, 10 a.m.-8 p.m. Saturday and 9:30 a.m.-3 p.m. Sunday. Civ. 06202-9779315
- Customs Office Due to German holidays, the U.S. Forces Customs field office will be closed June 23.
- Waste collection The upcoming German holiday will change waste collection pickups. Corpus Christi (June 23) moves Mark Twain Village waste collection to June 24 and Patrick Henry Village collection to June 25. The Recycling Center is closed on German holidays. DSN 387-3180. civ. 06221-4380-3180.
- Rio for Scouts The Heidelberg Girl Scouts and Cub Scouts are hosting a matinee 1 p.m. June 25 at the Patrick Henry Village movie theater featuring Rio. Scouts who show up in uniform get in for \$5 including popcorn and a drink.
- ◆ Volksmarches The Heidelberg International Wandering Club is registered in Meckesheim June 25 and Bad Dürkheim June 29. www. hiwr. de
- ◆Inspirations The Arts and Cultural Center on Patrick Henry Village displays the Sandra Walker: Inspirations from Nature art exhibition through June 26. DSN 388-9418, civ. 06221-338-9418.
- Environmental Officer Meeting

   An Environmental Officer Town Hall
  meeting will be 1:30 p.m. June 28 on
  Patton Barracks in the NATO room.

DSN 373-5455. civ. 06221-17-5455.

◆ Midsummer Read — Register now for A Midsummer Knight's Read, a summer reading program to be held for preschoolers and kindergarteners 11 a.m. Wednesdays, for firs-fifth graders 11:30 a.m. Thursdays and for sixth-12th graders 2 p.m. Tuesdays June 28-July 28 at the Patrick Henry Village Library. DSN 370-1740, civ. 06221-57-1740.

- Property Board Meeting The Real Property Planning Board will convene 1:30 p.m. June 29 in the Village Pavilion on Patrick Henry Village to review accomplishments, project updates and proposed installation changes and closures. DSN 387-3060.
- Escape to England Better Opportunities for Single Soldiers, BOSS, goes to England for a two-night stay July 1-4. DSN 373-5275.
- ◆Escape to Lloret de Mar and Barcelona, Spain BOSS goes to Lloret de Mar and Barcelona for a three-night stay July 1-4. DSN 373-5275.
- ◆Texas Hold'em Tournament Buy-in begins 6 p.m. with first deal at 7 p.m. July 2 and 16 at Legends on Patrick Henry Village, DSN 379-6139.
- ◆Europa Park Permission slips are due July 5 for the Lion's Den trip to Europa Park 8 a.m.-8 p.m. July 7. DSN 388-9396, civ. 06221-338-9396.
- ◆ Fishing Course Ages 8 and up learn how to fish 9 a.m.-5 p.m. July 9 and 9 a.m.-2:30 p.m. July 10 at the Rod and Gun Club in Oftersheim. Civ. 06202-51193.
- Casualty Assistance –
   Eligible sergeants first class and above, captains and above and chief warrant officers 2 and above can receive certification as trained casualty assistance officers and non commissioned officers starting 9 a.m. July 13-14 on the Shopping Center, Bldg. 3850, room 272. DSN 370-8000, civ. 6221-57-8392.
- Köln Chocolate Factory Permission slips are due July 19 for the Lion's Den trip to Köln Chocolate Factory 8 a.m.-6 p.m. July 21. DSN 388-9396. civ. 06221-338-9396.
- VISO Comedy Show Adults only can attend this USO-sponsored comedy show headlining Bengt Washburn 8:30 p.m. July 22.
  Washburn has appeared on Comedy Central, The Late Late Show with Craig Ferguson on CBS and the Bob and Tom Show
- ◆Swimming at Aquadrome Permission slips are due July 24 for the Lion's Den trip to the Aquadrome 11 a.m.-5 p.m. July 28.
- ◆Catapult Contest A closing party and egg catapult contest wraps up the library's teen summer reading program, A Midsummer Knight's Read, 2 p.m. July 26 at the Patrick Henry Village library. DSN 370-1740, civ. 06221-57-1740.
- Vacation Bible School Adult and teens can sign up now to be part of Kingdom of the Son, A Prayer Safari vacation Bible school 9 a.m.-noon Aug. 1-5 at Patrick Henry Elementary School. travelingtayls@gmail.com.

- Military History The Military History Round Table, an informal group of Germans and Americans interested in World War II is open to anyone who has an interest in military equipment, uniforms, patches and memorabilia. The club meets 7 p.m. at the Heidelberg Rod and Gun Club once a month on the third Thursday. DSN 370-8686, civ. 06221-57-8686.
- All You Can Eat Pizza Take the family for all the pizza and bowling they want at the Patrick Henry Village Bowling Center 6-8 p.m. Mondays through Aug. 29. DSN 388-9040, civ. 06221-338-9040, www.mwreermany.com.

#### MANNHEIM

Education

- ◆ACS Classes Family Readiness Group Key Caller, 9-11 a.m. June 24; Mommy and Me Signing Time, 3-4 p.m. June 28, Bldg. 251, room 113; Anger Management, 1-3 p.m. June 28, Bldg. 251, room 107.
- ◆ Midsummer Knight's The Sullivan Library hosts A Midsummer Knight's Read 10:30-11:30 a.m. through July 20. DSN 380-1740, civ. 0621-730-1740.
- ◆Top Hat Club Listen to urban music and the latest hip-hop with videos provided by Dev Rico 10 p.m.-4 a.m. July 3 at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370, www.mwragermany.com.
- ◆Legoland A complete family adventure with over 40 attractions awaits at Legoland. Spinelli Outdoor Recreation takes you there, departing 7:30 a.m. July 4 from the Schuh Theater. DSN 384-6300, civ. 0621-730-6300, www.mwrgermany.com.
- ◆Self Service Supply The SSSC has temporary operating hours through July 5 8 a.m.-noon and 1-3 p.m. Tuesdays and Thursdays. DSN 384-6810, civ. 0621-730-6810.
- ◆Vacation Bible School -
- Students and volunteers can sign up July 3-24 for the God is Good vacation Bible school 10 a.m.-noon Aug. 8-12 at the Benjamin Franklin Village Chapel. DSN 380-9448, civ. 0621-730-9448.
- ◆ Salsa Lessons Learn to salsa 6-7 p.m. for level one and 7-8 p.m. for level two on Wednesdays at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370, www. mwrgermany.com.
- ◆Summer Specials Spinelli Outdoor Recreation, Bldg. 1570, offers monthly summer discounts now through September. DSN 384-6300. www. mwrgermany.com.
- Free Bowling Kids bowl free every Thursday in July when accompanied by an adult bowler at the Bowling Center on Benjamin Franklin Village. DSN 380-9528, civ. 0621-730-9528.

### Army 10-Miler qualifier set for July 9

#### **IMCOM-E Family and MWR**

U.S. Army Garrison Grafenwöhr will host the annual Army 10-Miler qualifier July 9 and the stakes are high.

The top six U.S. Army men's and women's Soldier-runners to meet qualifying times will be nominated to represent U.S. Army Europe at the Army 10-Miler in the nation's Capital Oct.
9. They are "nominated because although they are one of the top finishers they will still need the commander's approval to be

placed on orders" according to IMCOM-Europe sports and fitness director Jim Mattingly.

Last year's Commander's Cup in Washington D.C. results: the men's IMCOM-E/USAREUR team placed second losing to team Hawaii. Maj. Keith Matiskella of Grafenwöhr finishel 20th overall crossing the finish line at 51 minutes, 28 seconds.

On-line registration is available via the USAG Grafenwöhr website at https://webtrac.mwr.army.mil/webtrac/Grafenwoehrrectrac.html.

#### **Helpful Information**

**Troop Billets** – Accommodations are available on a first-come, first-served basis. Contact the USAG Grafenwöhr recreation division at DSN 475-9024, civ. 09641-83-9024. **Camping** – Camping sites are available. Contact Outdoor Recreation Vilseck at DSN 475-8402, civ. 09641-83-8402.

**Pre-registration** — Participants must register on the Grafenwöhr Webtrac at https://webtrac.mwr.army.mil/webtrac/Grafenwoehrrectrac.html by following these steps.

Step 1: Register with Family and MWR online services - click on Start a new Pre-Registration

Step 2: Upon receipt of password, enroll in applicable 10-miler category

Step 3: Sign in on Grafenwöhr Webtrac and click on the 10-miler icon at the top of the front page for quick access to register. DSN 379-6574, civ. 06202-80-6574.



Kelly Schrote

Wylder Raney keeps his eye on the ball during the high school level event at the Summer Junior Open June 11 at the Tennis Center on Patrick Henry Village in Heidelberg, Raney went on to win the event.

### Tennis center hosts summer junior open

The Heidelberg Tennis Center hosted a double-elimination tournament June 11 on Patrick Henry Village.

Most participants are in the junior level program of the Child, Youth and School Services program.

A few advanced players at the high school level battled to the end with Wylder Raney earning first place, Gaby Tersigni placing second and newcomer Myles Lacy taking third.

At the intermediate, middle school level, first place went to Sarah Guilot, second place to Patrick Whalen and Brycen Edwards captured third.

Adel Ismail, the center director, currently trains all those who participated, either with the CYSS EDGE! Tennis Program or private lessons.

This was the first time many had participated in an organized tennis competition. The youngest player was 8 years old. Tennis center director Ismail plans another junior tournament in August.

For information, contact the tennis center at DSN 388-9037, civ 06221-338-9037, civ. 0176-24568225.
SOURCE: Kelly Schroter

## staying **ACTIVE**

#### **Heidelberg Men's Softball**

Tryouts for Summer Slam — The Heidelberg community level men's softball tryouts and practices take place July 5, 7,11,12 and 13 to organize a unit level All-Star team for the 20th annual Summer Slam Softball Invitational July 15-17 at Patton Sports Field.

**Championship Tournament** – The unit level softball championship tournament will be held July 25-Aug. 1 on the Patton Barracks sports field.

Results as of June 8 – NATO/4th Air Support Operations Group won nine games; U.S. Army Europe six; 529th Military Police, six; V Corps, five; Medical Command, three; and Heidelberg Medical Department Activity, one. DSN 370-6645, civ. 06221-57-6645, 0157-336-5742

#### Mannheim King of the Hill

A scratch event for the best bowlers takes place 1 p.m. June 25 at the Bowling Center on Benjamin Franklin Village. DSN 380-9528, civ. 0621-730-9528.

#### **Fishing Course**

A fishing course for ages 8 and older will be held 9 a.m.-5 p.m. July 9 and 9 a.m.-2:30 p.m. July 10 at the Heidelberg Rod and Gun Club in Oftersheim. Civ. 06202-51193.

#### **Kaiserslautern Golf Scramble**

The Kaiserslautern Sergeants Major Association will sponsor a four-person golf Scramble July 15 at the Woodlawn Golf Course on Ramstein Air Base. Tournament starts at 8 a.m. with check-in at 7 a.m. Register: DSN 484-7329, civ. 0631-413-8766, KMCSGMA@hotmail.com.

#### Summer Slam

Summer Slam will be held 4-11 p.m. July 15, 9 a.m.-11 p.m. July 15 and 9 a.m.-7 p.m. July 17 at Campbell, Tompkins and Patton Barracks fitness centers. Entry fees are \$25 for basketball and softball teams, \$10 per person for volleyball, \$15 for racquetball for the first event and \$10 for additional events. Softball and basketball entry deadline is July 8, racquetball is July 13 and volleyball is July 15. DSN 370-6350/7506, www.mwrgermany.com.

#### **Bowlopolis**

Children under 17 can bowl June 16-Aug. 29 with a Bowlopolis card good for \$1 games and \$1 shoe rental before 5 p.m. daily at the Patrick Henry Village Bowling Center in Heidelberg. DSN 388-9040, civ. 06221-338-9040, www.mwrgermany.com.

#### **Cosmic Bowling or Kids Free**

The Bowling Center on Benjamin Franklin Village offers Cosmic Bowling 7 p.m.-1 a.m. Saturdays. Kids bowl free every Thursday in July. DSN 380-9528, civ. 0621-730-9528, www.mwrgermany.com.

#### Stroller Blast

Get fit, spend quality time with your little ones, push the baby stroller and get a full body workout in 60 minutes. The Stroller Blast class incorporates the environment and resistance tubing. Children must sit in stroller for an hour for safety reasons. Only strollers with clean, non-marking wheels may be used for indoor classes in case of inclement weather. Classes are Tuesdays and Thursdays at Miesau Physical Fitness Center, Bldg. 1220, on Miesau Army Depot. DSN 493-2087, civ. 0631-3406-2087.

#### **Off-ice Hockey Officials**

The DPL (Die Players Liga) is the largest non-official hockey league in Germany. Its inline hockey season is currently underway and the league is searching for off-ice officials. No prior knowledge is required, just an interest in hockey and the desire to be part of the team. English is the main language spoken and five military hockey teams play in the league. All games are played weekends at the Friedrichspark (previous home to the Mannheim Adler) next to the Mannheim University Schloss in Mannheim. Contact: civ. 0172-6263642, info@dpliga.com.



# Youth Soccer

Heidelberg sophomores, Vinnie Harrington, left, and Andrew Guelle, center, play soccer Sunday at the Sportschule Bitburg during the U.S. Youth Soccer Region I Identification Camp. Both were selected to attend the Olympic Development Program Region 1 camp at Fitchburg State College in Massachusetts July 24-29. The camp is an avenue to identify national and regional team players. In addition, Harrington and Guelle will fly to San Diego to take part in a large soccer college showcase, the Surf Cup July 30-Aug. 1, which provides an opportunity for overseas players to be of scouted by stateside schools. Two other European students from the Department of Defense Dependents Schools, Ben Jacks from Sigonella and Cris Turain from Ramstein, were also selected to attend the camp and the Surf Cup. SOURCE: Wendy Aldcroft

#### CHEFS

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this year's U.S. Army Culinary Arts Competition held on Fort Lee, Va.

The team showed off its skills by preparing its award-winning field meal in an Army mobile kitchen trailer on site and serving it to a group of senior U.S. Army Europe and Installation Management Command Europe leaders.

"Our purpose today is to highlight the accomplished skills executed by our Soldiers," said Chief Warrant Officer 2 Victor Martinez, the culinary team captain.

"Today our team has prepared their field competition meal. We hope that this demonstration of skills will provide our leadership with an experience of the senses," Martinez said.

Following the meal, awards were presented to the Soldiers for their achievements on Fort Lee, Va.

Each was presented with an Army Achievement Medal and a plaque in honor of the team winning 21 medals in the competition earlier this year.

"We had a rough start trying to get the team together," said Robert Shamberger, IM-COM-E food program manager.

"For them to go and compete and come back with 21 medals – these are things that don't come easy – they take a lot of hard work, and it shows. I'm really proud of them," Shamberger said.

Participating in the competition provides the team members with more than just medals and plaques, however. Competing is also a chance for them to broaden and hone their skills as chefs.

"There are a great bunch of veterans from the culinary competitions, but also more importantly, young Soldiers who have never done it before," said USAREUR Commander Lt. Gen. Mark Hertling.

"When they come together on these teams, they learn so much more about their skills and the things that they do as cooks. That takes their skills to the next higher level," Hertling said.

The team's journey to Fort

"For them to go and compete and come back with 21 medals – these are things that don't come easy. They take a lot of hard work, and it shows. I'm really proud of them."

—Robert Shamberger, IMCOM-E food program manager

Lee began at a U.S. Army Europe culinary arts training workshop in Grafenwöhr in January.

At that event 12 were chosen to represent USAREUR and IMCOM-E during the Army-level competition. The group then spent two months training and preparing before deploying to Virginia for the monthlong contest.

The team earned medals in every event they entered, bringing home seven gold, five silver, nine bronze and two "commendable" medals.



Sgt. Joel Salgado

Lt. Gen. Mark Hertling, commander of U.S. Army Europe, does a 'cook's bump' with Pfc. Lakisha Green, 16th Sustainment Brigade, at the Patrick Henry Village Pavilion in Heidelberg June 15. Green and her fellow chefs of the USAREUR/Installation Management Command Europe culinary arts team prepared the meal that won them accolades at this year's Army Culinary Arts Competition on Fort Lee, Va.

#### E-MAIL

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access to a global DOD address list, providing a permanent e-mail address regardless of location or station, saving millions of dollars in fiscal year 13 and beyond by eliminating and consolidating hardware and data storage redundancies," said Brig. Gen. Jeffrey G. Smith, Jr., commander, 5th

Signal Command.

Users can prepare for this e-mail service change by contacting their information management officer, submitting a 119 help desk ticket and reading information provided on the 5th Signal Command Web site at www.5sigcmd.army.mil.

The European Enterprise service desk website has instructional docu-

ments and videos to help users get ready for these aspects of migration.

"The single most helpful action you can take in preparation for this e-mail migration is to reduce the size of your e-mail mail box to less than 50 megabytes prior to migration," said Paul Woolston, network operations analyst with the 102nd Signal Battalion. "The process works best with small mail-

boxes.

Woolston also said it is important to "make a note for your recurring calendar events and names of those you invite to those events if you use and manage calendars."

"After migration you will have to re-invite people to your events. You will have to reset the recurring schedule for these events as well." he said.