Vol. 36, No. 41

www.bw.eur.army.mil

THURSDAY July 28, 2011

Speed Read

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SUMMER THEATER



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TEEN TRACK STAR

Heidelberg Middle School student Joshua McGowen continues his quest for gold at the United States of America Track and Field National Junior Olympics. 17

Defense Details

COMMUNITY CHALLENGE

First Lady Michelle Obama and Dr. Jill Biden, wife of Vice President Joe Biden, unveiled a new program this week intended to celebrate Americans going above and beyond to improve military families' lives. The Joining Forces Community Challenge will award prizes to people and organizations that have demonstrated exceptional military family support. People can nominate citizens, communities, schools, nonprofit and philanthropic organizations, faith-based institutions and local governments by visiting the Challenge website at http:// joiningforces.challenge.gov. Winners will be honored at an event in Washington D.C. next year. Entries will be accepted through Sept. 30 and should include details on how the nominee positively affects military families.

www.defense.gov

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Warrior's welcome for V Corps

Serving the communities in U.S. Army Garrison Baden-Württemberg

Herald**POS**



International Security Assistance Force Joint Command G6 Col. Derek Orndorff hugs his wife Kristina during a ceremony at Campbell Barracks in Heidelberg July 16. More than 100 Soldiers, all assigned to V Corps were welcomed back by friends and family after a year-long tour in Afghanistan. See "Wait is over for V Corps Soldiers and families" on page 12.

Acute Care Clinic to close in September

HMEDDAC Public Affairs

The Heidelberg Health Center Acute Care Clinic on Nachrichten Kaserne in Heidelberg will close Sept. 30 as a part of the ongoing transformation in the Heidelberg community.

Starting Oct. 1, enrolled beneficiaries who need acute care can be seen at the Family Practice Clinic during normal duty hours.

All emergency and after-hours urgent care will be provided in the Heidelberg community by host-nation providers.

In addition, beginning Aug. 1, the ACC operating hours will change to 10 a.m.-7 p.m. Monday - Saturday.

"The changes with the ACC allow me to realign resources in a way that better supports the community," said Col. Telita Crosland, U.S. Army Medical Department Activity Heidelberg commander.

The Heidelberg Health Center has provided acute (urgent) care for Soldiers, family members, retirees and civilians since the end of World War see ACUTE page 12



Col. Paul M. Paolozzi, commander of the 18th Engineer Brigade and Command Sqt. Maj. David M. Clark uncase the colors during the transfer of authority ceremony on Forward Operating Base Sharana, Afghanistan, June 29. The 176th Eng. Bde., Task Force Hammer, cased its colors and transferred authority to the 18th Eng. Bde., Task Force Sword

18th Engineers take command

By Pfc. David Huddleston TASK FORCE SWORD PUBLIC AFFAIRS

PAKTIKA PROVINCE, Afghanistan - Soldiers from the 18th Engineer Brigade, Task Force Sword, out of Heidelberg assumed responsibility of Afghanistan's North Engineer Region, consisting of Regional Command-East, Capital and North, in a transfer of authority ceremony at Forward Operating Base Sharana June 29.

see SWORD page 12



COMMENTARY

High school graduate lives life in limbo during summer, waiting for college to start

By Max Lancaster

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Throughout my entire senior year when my time was not spent fighting to finish a bombardment of school work for my Advanced Placement classes, much of my free time was spent writing college essays for applications and scholarships.

The essays were honest, but they may have sugarcoated many different feelings for how I feel about heading off to college for the first time. The truth is, in the simplest explanation possible, I am very excited about going to college and a little bit scared about the new, unknown life that awaits me.

Now I could drag this article on with my feelings about college, but my feelings of excitement and fear for the unknown doesn't make for an original article. Every future college student could write about how excited and scared he or she is about college.

I personally find the most stressful and emotionally taxing time for a future college student is that unavoidable limbo of summer that balances itself right between your senior year of high school and freshmen year of college. Your senior summer before college Your senior summer before college represents a sort of purgatory of academia, an unavoidable dimension of so so.

represents a sort of purgatory of academia, an unavoidable dimension of so so.

I'm not saying that your senior summer before college is a lost cause, it's really not that bad, but it's really not that great, either.

Now I am not a cynic and I will be the first to admit that the first month of summer is by far one of the most exciting and memorable you will ever have.

You walk out of your graduation with your cap and gown in tow, adorned with a fresh new perspective that says, "Look out world here comes (insert name here)," and for that first month you will continue to be that unstoppable force of fun and excitement – until you meet that unmovable object that is reality, the reality that the curtain must close on the show that

is high school.

Old friends will leave, parent's stress levels will rise and you will find that most of your time will be spent working on getting ready to leave instead of making a few more memories before you leave.

Those last couple months feel more like an intermission then an actual show. You're excited about moving on to the next act, but a little sad that the such a good first half has to end.

However like any intermission or act of waiting it has to end eventually, and soon enough your departure will near and the waiting will finally come to an end.

As my final days in Heidelberg come to an end I am able to look at this summer as an experience to learn from.

Your final summer before college is a time of waiting, a final transition before college, and, at times, that waiting can be unbearable knowing that you are ready to leave but unable to go.

Despite the fact that the allure of what made high school so special is gone, I've decided to take the waiting as a positive thing, for at least I'm waiting for something as important as my future, and waiting for the future is always better than living in the past.

Join BW's virtual community – BWnow

•Get a complete and up-todate list of community events, announcements and news.

 Share your opinion with others in the community and find out what they think in the forum discussion boards.

*Let the command group know your thoughts on hot topics through the Question of the Week, and you might see your answer in the Herald Post.

QUESTION OF THE WEEK:

PCS season is in full swing ... What info would you give to newcomers to the BWnow community? What are some things you wish someone had told you and your family when you were fresh off the plane?

To join, go to *mybwnow.ning.com*.



www.facebook.com/Bwnow http://myBWnow.ning.com

DISCUSSION BOARD Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

" BWnowers, PCS season is in full swing around these parts and at many other military installations around the world. What info would you give to newcomers to the BWnow community? What are some things you wish someone had told you and your family when you were fresh off the plane?"

—BWnow Facebook Administrator " Get out. No, not out of Europe - out INTO Europe! This is a once-in-a-lifetime opportunity - don't waste it. Travel! (Quick tip: www.ryanair.com) ... Be aware that not everything in the BW community is centrally located on one installation. Chances are good you'll be doing some traveling to get things done, so, get your USAREUR license ASAP! ... If you live in on-post housing, be a responsible neighbor: Quiet hours begin at 10PM - respect that... If you have a dog - "Pick Up The Poo"... If you see something wrong - report it ... Things change rapidly in Mannheim and Heidelberg (service availability), due to the impending closure. Be patient! Read The Herald Post ... listen to AFN (American Forces Network), and try to stay on top of all the changes ... "

—Jacqui Haggerty, BWnow Facebook fan Note: *Read Jacqui's other tips at mybwnow.ning.com*.



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Advertising:

All requests for advertising must be made to the publisher's sales office at Schwetzingerstrasse 54, Heidelberg-Kirchheim, telephone 06221-603039; www. hp-ads.de.

The Public Affairs Office and Herald Post staff may not accept advertising.

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Editorial content is edited, prepared and

provided by the USAG Baden-Württemberg Public Affairs Office. Printed circulation: 15,000.

The Herald Post offices are in Building 107, Patton Barracks, Heidelberg, Military address: Herald Post, PAO, U.S. Army Garrison Baden-Württemberg, Unit 29237, APO AE 09014. Civilian address: Herald Post, Patton Kaseme, Gebäude 107, Kirchheimerweg 4, 69124 Heidelberg. E-mail address: usaghd.post@eur. army.mil.

Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, darity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

German emergency services respond to Sembach standoff

Training event offers real-world experience through simulated scenerios

By Rick Scavetta and Helen Tesfai USAG KAISERSLAUTERN PUBLIC AFFAIRS

During recent training, German police negotiators practiced negotiating the surrender of a masked hostage-taker from U.S. Army Garrison Kaiserslautern's fire station on Sembach Kaserne.

At Kaiserslautern Army Depot, a nearby garrison installation, German firefighter trainees got hands-on experience with an emergency situation among Army tanker trucks and heavy equipment.

Events like these represent a longstanding cooperation between the garrison's department of emergency services and local German police and firefighters, said Juergen Stegner, the garrison fire chief.

"It's all about team work. When we practice together it shows the great relationship," Stegner said. "We have 100 percent cooperation with German authorities and in case we need them, we have their support."

Lt. Col. Lars Zetterstrom, commander of U.S. Army Garrison Kaiserslautern, agreed and thanked those involved for making the exercises successful.

"The garrison's partnership and friendship with our German hosts is critical, but none can be more important than our mutual emergency services' efforts to protect our families, friends and neighbors," Zetterstrom said.

During the simulated Sembach standoff, a faceless criminal held a fake knife to garrison firefighter Wolfgang Zell's neck, shouting his demands to German hostage negotiators.

A SWAT team from the Rhineland Pfalz state police held positions nearby, waiting for orders to move in.

Under current status of forces agreements, German police respond to major crimes on post – to include high threat situations such as hostage takers, said Horst Mehlinger, a German police liaison who has worked closely with U.S. forces for three decades.

Based in nearby Enkenbach-Alsenborn, the team would likely be the police experts called upon should a crisis arise in the Kaiserslautern area, he said.

Police teams often become familiar with their own training area. Holding an exercise in an area they don't know well, such as the Sembach firehouse, better tests their abilities and created a more realistic scenario, he said.

"It's important for our team to know and be aware of the area in case an incident were to happen," Mehlinger said. "We try to use a lot different installations – places where something might happen." Meanwhile, at the depot, soon-tobe German firefighters ran long hoses across a remote corner of post, where the Theater Logistics Support Center Europe parked its green camouflagedcolored Army trucks.

The garrison has fire stations in Sembach, Miesau and in the east end of Kaiserslautern.

In each area, the garrison maintains mutual aid agreements with local German communities to support each other when fires or other emergencies occur.

The TLSC-E, a garrison tenant organization, routinely supports German firefighters during the hands-on part of the three-month basic training, giving them space and equipment to simulate emergency situations.

"On this installation, we have all kinds of possibilities," said Kaiserslautern Fire Chief Achim Mueller.

"We don't bother anyone. We can train on a tanker truck or on any other vehicle," Mueller said.

Sweating inside fireproof uniforms and helmets under the midday sun, trainees took turns dragging comrades over gravel, simulating a rescue as instructor Mark Denzer barked orders.

The exercise is designed to push trainees to their limit, physically and mentally, Denzer said.

The firefighters are thankful to be able to train at U.S. Army Garrison Kaiserslautern, Denzer said.

"It is great that this is working so well," Denzer said "We hope to keep up a good cooperation."



A state police SWAT team from Rhineland Pfalz holds a position outside the U.S. Army Garrison Kaiserslautern fire station on Sembach Kaserne awaiting orders to apprehend a criminal during a recent training exercise.



German firefighter trainees at Kaiserslautern Army Depot get hands-on experience responding to an emergency situation using Army tanker trucks and heavy equipment.

Mannheim health clinic, SATO to close in August

The final day for physical therapy services in Mannheim will be Aug. 11, according to health clinic officials there.

Currently, Physical Therapy only serves the active duty population, but after Aug. 11 everyone will have to go to Heidelberg for this treatment.

Social Work Services have moved from Sullivan Barracks into the Health Clinic on Benjamin Franklin Village.

The phone numbers remain the same: DSN 385-3118, civ. 0621-730-3118.

Have a transformation-related question you'd like answered?

E-mail usaghd.post@eur.army.mil. We'll find the answer for you and

share it in the Herald Post and on the garrison's transformation Web

We have a question and hopefully it can be answered. I read

get orders to go there if they are just going to move us?

about the base starting to close between 2011-2015. Why did we

Frequently Asked Questions

page at www.bw.eur.army.mil/transformation.

accomplish the mission.

Also scheduled to close in Mannheim in August is the SATO office.

The last day of operation for the SATO travel office will be Aug. 24.

SATO handles travel for official and leisure purposes and also books car rentals, hotels, cruises, day trips and bus tours.

Customers can still use the SATO offices in Heidelberg on the Shopping Center and on Campbell Barracks.

The SATO office on the Shopping Center is in the

transformation **UPDATE**

Facilities Operations Changes

New – Spinelli Auto Skills – Effective Aug. 1, Spinelli Auto Skills will have new hours of operation. It will be closed Mondays, Sundays and U.S. holidays and open 11 a.m.-7 p.m. Tuesday-Friday and 9 a.m.-5 p.m. Saturday and training holidays. DSN 373-5196, civ. 06221-17-5196.

Security Office – The Security office for USAG-Baden Württemberg has moved to Bldg. 110, Room 104, on Patton Barracks.

Mannheim Middle School – Mannheim seventh and eighth grade

students will attend Heidelberg Middle School on Patrick Henry Village next school year which begins Aug. 29. Sixth grade students either will attend school in Mannheim at the elementary building in a self-contained fifth/ sixth grade classroom or go to Heidelberg Middle School. DDDDS-E has been watching enrollments

 which
 See Heidelberg District

 de
 Superintendent Frank Roehl

 d school
 discuss the Mannheim Middle

 entary
 School change on the BWnow

 ed fifth/
 command video blog at www.

 go to
 youtube.com/BWnow.

Video Blog

and noted a steady decline in registered students and it became clear the best possible educational program for these students would be at Heidelberg Middle School. The middle school is a 25-minute bus ride from Mannheim. A separate bus will take high school students to Mark Twain Village to attend Heidelberg High School.

Mannheim TMP – Due to customer demand the Mannheim Transportation Motor Pool is now open 8 a.m.-noon and 1-3:30 p.m. Tuesdays and Thursdays. Customers can also use the Heidelberg Transportation Motor Pool, open 7:30 a.m.-noon and 1-4 p.m. Monday-Friday. Both offices are closed on American and German holidays. Mannheim TMP is located in Bldg. 1563 on Spinelli Barracks in Mannheim. DSN 384-6353, civ. 0621-730-6353. Heidelberg TMP is located in Bldg. 157 on Patton Barracks in Heidelberg. DSN 373-8350, civ. 06221-17-8350.

Patrick Henry Village Commissary Gate – The gate near the commissary on Patrick Henry Village has reduced hours due to a reduction in the number of guards. New hours are 6 a.m.-6 p.m.

Heidelberg Barber Shops – Hours of operation at Tompkins and Patton Barracks Barber Shops have changed. Services are now offered at the Patton Barber Shop in Heidelberg 10 a.m.-5 p.m. Mondays, Wednesdays and Fridays. The Tompkins shop in Schwetzingen serves customers 10 a.m.-5 p.m. Tuesdays and Thursdays.

Army Emergency Relief – The Army Emergency Relief office in Mannheim now processes requests for emergency travel only. All other AER requests are processed at Army Community Service in Heidelberg on the Shopping Center, Bldg. 3850, Room 250. DSN 370-6883, civ. 06221-57-6975. American Red Cross after hours service for emergency travel in Heidelberg: DSN 370-1760, civ. 06221-57-1760 and civ. 001-877-272-7337.

Mannheim Red Cross – The Red Cross office in Mannheim is now closed and all services have transferred to the Heidelberg station, Bldg. 3850, on the Shopping Center. In cases of a family emergency when a Community Support Center, Bldg. 3850, and is open 8 a.m.-5 p.m. Monday-Friday and closed on German holidays). DSN 370-6949, civ. 06221-57-6949.

SATO on Campbell Barracks is in Bldg. 31 and is open 8 a.m.-4:30 p.m. Monday-Friday and closed on both German and American holidays. DSN 370-6615, civ. 06221-985-0690. www.satovacations.com.

SATO in Mannheim until Aug. 24: DSN 380-4694, civ. 0621-727-680.

SOURCE: Mannheim Health Center and USAG BW DOL

communication message is needed, the Heidelberg number will reach an emergency caseworker. The Heidelberg Station is open 8 a.m.-4:30 p.m. Monday-Friday. DSN 370-1760, civ. 06221-57-1760.

Vehicle Registration and Inspection – Heidelberg's vehicle registra-

tion office is closed. Heidelberg offers a satellite vehicle registration office at the Military Police station on Patrick Henry Village, Bldg. 4511. This office is open 8 a.m.-4 p.m. to provide limited services. Civ. 06221-678-2586. The Mannheim vehicle registration office on Spinelli Barracks, in Bldq.

Video Blog

See Director of Emergency Services Melvin Jones discuss vehicle registration on the BWnow command video blog at www.youtube.com/BWnow.

1567 directly next to vehicle inspection, has extended its hours to serve customers 7:30 a.m.-5 p.m. in issuing license plates and registrations for the Mannheim and Heidelberg communities. Please bring checks or money orders for transactions at vehicle registration. Cost is \$30 per year per transaction. A consolidated vehicle inspection station for the Heidelberg and Mannheim communities is available on Spinelli Barracks in Mannheim. Telephone numbers are: vehicle registration manager DSN 384-6100, civ. 0621-730-6100; support DSN 384-6111, civ. 0621-17-6911; fax for vehicle registration DSN 384-6120, civ. 0621-730-6127; vehicle inspection DSN 384-6120, civ. 0621-730-6120. GPS: Am Aubuckel, 68259 Feudenheim.

Mannheim Base Operations – With the deactivation of Mannheim there are two names for community members to keep in mind – Ralph Santaliz, Base Operations Manager, and Master Sgt. Romeo Satsatin, Base Operations NCOIC. They are located in Bldg. 245 on Sullivan Barracks and are ready to assist the Mannheim community. DSN 385-1500, civ. 0621-730-1510, *rafael.santaliz@eur.army.mil*, *romeo.satsatin@eur.army.mil*.

Mannheim DEERS, ID Cards, Passports – The DEERS, ID cards and passports offices have relocated to Bldg. 246, room 101 on Benjamin Franklin Village.

Mannheim Personal Property Processing - The Mannheim Personal Property Processing office, also known as the transportation office, is closed. Mannheim customers now use the Heidelberg Personal Property Processing Office on the Shopping Center, Bldg. 3850, Room 267. The hours for the Heidelberg PPPO have changed to 9 a.m.-4 p.m. Monday, Tuesday, Wednesday and Friday and 10 a.m.-4 p.m. Thursday. The office is closed daily 11:30 a.m.-1 p.m. daily and on American holidays.

Subway – The Subway restaurant on Sullivan Barracks in Mannheim has closed and reopened on the Shopping Center in Heidelberg.

Burger King – Burger King on the Shopping Center in Heidelberg has closed.

Popeyes and Taco Bell – Popeyes on Benjamin Franklin Village South in Mannheim is now closed Mondays. Taco Bell will remain open on Mondays until further notice.

www.bw.eur.army.mil/news/transformation

Yes, our community is indeed undergoing transformation and is scheduled to close between 2011-2015. That is a fact and that could very possibly mean another move for you and your family, depending on your unit and where exactly you will be stationed. We recommend you contact your unit sponsor or first sergeant to find out the unit transformation plans and how that impacts you and your family. The transformation is being conducted in phases and each case may be different. However, the command is committed to doing its best to take care of people during the transformation while simultaneously proceeding expeditiously to built

When are Patrick Henry Village and the PHV Shoppette closing? I've heard 2012, 2013 and 2015. Which date is actual?

The plan is for PHV and PHV Shoppette to close in late 2014. However, residents are asked to keep in mind that while this is the plan, a lot can change in the three years which could affect the closure date.

Some say that all those reasons for the (Heidelberg to Wiesbaden) move that were there in 2003 are no longer valid. Why has it not been reversed?

As we move forward with the requirements of Round 56 announced in July 2010, many people question the reasoning behind them, but it is left to the garrison to execute the mission with integrity and professionalism. The response to why the move is happening is that consolidating the headquarters in Wiesbaden will optimize command and control, intelligence and signal capabilities; provide a more responsive organizational structure; offer better force protection options than at the current location in Heidelberg; and provide access to a nearby Army airfield. In terms of cost savings, the Department of Defense's planning for consolidation of U.S. Army Europe headquarters with its military intelligence and signal assets at Wiesbaden goes back to 2003-04. DOD's review in summer 2009 made a valid operational and business case to continue consolidation in Wiesbaden with estimated net annual recurring savings of \$112 million. Savings will be achieved by about 2016. The 2009 review also found that initial savings estimates were high, but using DOD Base Realignment and Closure rules including adding the cost of moving 1AD headquarters to Fort Bliss, results indicate a lower, but still positive, net savings. The review concluded that closing three communities and consolidating onto one site will mean major savings resulting from fewer gates, more efficient schools, lower operating costs and decreased support personnel.

I keep hearing different dates for when Tompkins Barracks is scheduled to close – 2015 was put out last year when base closures were announced, but now I have heard 2012. Can you shed some light on this for me?

Tompkins Barracks will close no later than November 2012. Prior to that time, closures of facilities will take place. Nearby Kilbourne Barracks is scheduled to be vacated by December.

Army seeking means to become lean and "green"

By Jane Gervasoni PUBLIC HEALTH COMMAND PUBLIC AFFAIRS

Do you buy "green?" The Army does. Buying green isn't just the latest marketing tool or fad. It's mandated by presidential executive orders all the way down

tive orders all the way down to Army policy, according to Pat Rippey, environmental scientist in the U.S. Army Public Health Command (Provisional) Army Institute of Public Health's Groundwater and Solid Waste Program.

The Army policy, Establishment of the Army Green Procurement Program, detailing buying green, was developed by Beth Martin, GWSW program manager.

The Army Installation Green Procurement Guide, also authored by Martin, was issued last December as a policy alert by the Office of the Deputy Assistant Secretary of the Army for Procurement.

The guide provides implementation guidance, explained Martin.

It suggests responsibilities, contains information on finding green products, and assists contract developers in defining contract requirements that satisfy green procurement mandates and objectives.

Most people are not sure what green means, but Rippey explained that a green product provides environmental and health benefits over a traditional product.

"For example," she said, "a product may contain fewer hazardous ingredients, use materials extracted from the waste stream or conserve resources.

"Some examples are biobased cleaning products, mercury-free medical devices, recycled-content paper and energy-efficient light bulbs."

Experts also said that buying green is good for overall employee health.

"Occupational exposures can result from the use of hazardous materials and cleaners.

By purchasing green clean-

"Choosing green products to replace hazardous or inefficient ones provides a healthier, more sustainable environment for Soldiers, civilians and their families."

- Pat Ripley, environmental scientist

ers for use in appropriate areas of our hospitals, we may be able to prevent exposures and better protect our employees' health," said Linda Baetz, Hazardous and Medical Waste Program manager.

"The Army Medical Command has established a headquarters sustainability team and is examining sustainability ideas.

Reducing energy use and switching to greener cleaning products are just two of the initiatives being investigated," Baetz said.

"Our role is to help by developing policy and guidelines to help installations and medical facilities make good choices."

Green procurement refers to the federal programs that afford designated products preferred procurement and aligns well with the Army's triple bottom line of mission, community and environment, Rippey said.

"Choosing green products to replace hazardous or inefficient ones provides a healthier, more sustainable environment for Soldiers, civilians and their families," she continued.

The bottom line, according to Rippey, is that buying green means more time for the mission and a healthier place to live and work.

For additional information on the Army's ongoing efforts to protect the environment and tips on buying green, visit www.sustainability.army.mil/index.cfm.

Faces of the community: Property Book Office



Dijon Roll

Bernard Young, left,warehouse manager and Ernest Jeffery, supply technician, inspect boxes of newly arrived computers at the U.S. Army Garrison Baden-Württemberg Installation Property Book Office located in Bldg. 116 on Patton Barracks in Heidelberg. The facility performs handreceipt transactions, purchase requests, in and out processing and also serves as a turn-in point for equipment. Employees also issue equipment to unit hand-receipt holders. The office is open 7:30 a.m.-noon and 1-4 p.m. Monday-Friday and closed on U.S. holidays.

Music legend Bob Dylan to play in Mannheim in October

BB PROMOTION

Tickets are now on sale for the rock concert of the decade.

Rock legends Bob Dylan and Mark Knopfler have united for a joint tour, coming to Mannheim's SAP Arena 7:30 p.m. Oct. 25.

Bob Dylan, "the man who did to popular music what Einstein did to physics," according to Newsweek magazine, and Mark Knopfler, famous for his unique style of guitar playing, will tour Germany this fall.

The tour is scheduled for Oct. 23-Nov. 7, stopping at Oberhausen, Mannheim, München, Leipzig, Berlin, Hamburg, Hannover and Nürnberg.

As the trailblazer of folk and rock music, Dylan became the voice of the youth of the 1960s channeling the generation's ideals, fears and sentiments through his poetic songs.

Removing the banalities from rock music as the incarnation of counterculture, the American musician has become known as the most important protagonist of rock history.

Knopfler, who attained world fame as the guitarist, singer and songwriter of the Dire Straits, will accompany Dylan on stage.

The Scottish born musician is not only a brilliant storyteller who possesses the ability



to convey fate in a few verses, but his unique guitar sounds are sure to fill the arena and help make each concert a performance to remember.

Tickets and information on concert dates can be found at civ. 0621-10-1011, www.bbpromotion.com, www.rheinneckarticket.de.

Summer theater workshop

Children learn team building skills, expressive movements, how to dance, sing and put on a production

By Farrah Hamlett

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

From a Tony nominated actor to young thespians gracing the stage for the first time, the Roadside Theater on Patton Barracks in Heidelberg has seen its share of talent since its inception in 1957.

Unique to Army communities, the theater provides families with a much-needed outlet for expression. This summer, it is serving children participating in back-to-back theater workshops for which slots were sold out 30 minutes after being offered.

"Since 1989, when I began working for military theater, I have been amazed at the amount of talent in the military community," says Andrew

in Heidelberg.

Meredith, director of the Off Main Street Theater on Coleman Barracks in Mannheim.

Meredith believes that the amount of variety that is in a military community keeps the Roadside Theater intriguing and interesting. As children practice for their upcoming play, "Annie Jr.," chant, "It's a hard knock life for us,"

Meredith and Arianna Heck, director of the Summer Musical Theater Program sponsored by the Child, Youth and School Services, acknowledge the sacrifice and countless hours the actors, staff and family members put into making productions a success.

"I love theater and that enthusiasm is contagious," says Heck. "I like kids to see that hard work will pay off. They

learn to put on a show in eight days and the finished product is amazing. Many of the youth in the upcoming production are off book after receiving their script only five days ago."

Meredith is sad to see the community theater slowly fizzle as families transition out of Heidelberg and the surrounding communities.

Meredith has already seen the effects of the change. As director of the Mannheim community theater, he now works at the Roadside Theater until the final curtain call.

The theater on Coleman Barracks is scheduled to put on two more shows but after that will close.

Meredith came to Germany in the '80s with aspirations to backpack around Europe but by sheer accident ended up getting a job building scenery on Sullivan Barracks in Mannheim.

"It was on a Saturday that I got involved with the Army theater program and never stopped. I volunteered for two years and a position opened up and was offered to me on the spot. I was at the right place at the right time," says Meredith.

Since then, volunteers have preserved the Roadside, recording more than 1,000 hours of time annually. They include a host of dedicated families that "are truly remarkable in the work they put in," says Heck.

She warns that this summer camp is not for the faint of heart.

Summer Theater Details

The Summer Musical Theater Camp is sponsored by Heidelberg's Child Youth and School Services. The two-week camp is open to youth ranging in ages from 6-18 years old. The first camp began July 21 and ended Friday with the culminating performance of Annie Jr. The second camp began Monday and continues through Aug. 5 when participants present Into the Woods Jr. at 7 p.m. Details for the workshop next summer will be available at www.mwrgermany.com. The Roadside Theater is on Patton Barracks in Heidelberg, Bldg. 109. DSN 373-5020, civ. 06221-17-5020, www.roadsidetheater.com.

> "It's an intensive workshop where kids have to learn to work in an ensemble and use team skills to put on a show in a limited amount of time." Heck explained.

> Military families are familiar with team skills, she said, because they are often required to work together to get through deployments and duty assignments. Those circumstances create changes just like those portrayed in "Annie Jr.," the culminating play performed Friday night by workshop theater participants.

> "Many family members like to be involved when spouses are downrange because it gives them an outlet and they get to participate in something fun," Meredith said.







Maj. Dan Browne, World Class Athlete Program distance runner, leads the way in the second semifinal heat of the men's 10,000-meter run at the 5th International Military Sports Council World Games at the Olympic Stadium in Rio de Janeiro July 20. Browne finished ninth with a time of 31 minutes, 7.16 seconds and advanced to the final.



U.S. and Afghan forces march toward Gerekheyl village during an early morning patrol in Nangarhar province, Afghanistan, July 14. The Soldiers are assigned to the 101st Airborne Division's Bravo Troop, 1st Squadron, 61st Cavalry Regiment, 4th Brigade Combat Team.



British Colour Sgt. Christopher Wright gets ready to jump into St. Mere Eglise drop zone from a UH-60 Black Hawk at Fort Bragg on July 12. Wright is one of 40 paratroopers from the United Kingdom training with the U.S. Army Civil Affairs and Psychological Operations Command (Airborne) prior to a deployment to Helmand Province, Afghanistan.

Soldiers light up the night by firing illumination rounds from their M777A2, 155 millimeter Howitzer at suspected enemy movements from Forward Operating Base Pasab in Zharay district in Afghanistan's Zabul province July 20. The Soldiers are assigned to Bravo Battery of the Automatic Battalion, 2nd Battalion, 8th Field Artillery Regiment.



OUTARMY around the world

For more Army news, visit www.army.mil

Employees complete cost benefit analysis course

By Jennifer L. King 405TH AFSB PUBLIC AFFAIRS

Employees of the 405th Army Field Support Brigade completed a week-long cost benefit analysis course. The course was taught by professors from St. Ambrose University July 15 at the Kaiserslautern Community and Activity Center.

The training, which is designed to teach employees how to financially compare the cost of a mission versus the benefit, was funded by the U.S. Army Sustainment Command.

More than 30 Soldiers, civilians and host nation employees from the brigade headquarters, the Directorate of Logistics, the 21st Theater Sustainment Command, the 409th Contracting Support Command, the Joint Multinational Training Command and the Theater Logistics Support Center-Europe attended the training.

"In order to host this training, we had to collaborate with multiple Army units, including ASC, the 21st TSC and TLSC-E," said Carroll Randall, who works in the brigade S-3 and was the lead coordinator for the course. "There was a lot of detailed planning involved, but the benefits far outweighed the challenges because so many personnel throughout the European theater were able to take advantage of this training," Randall said.

The training, which included a real-time execution of the CBA process, covered a variety of brigade operations, such as determining the best mix of support to future deployments of the 173rd Airborne Brigade Combat Team and determining the best source of repair for the Joint Military Training Center.

The training included slide building, criteria evaluation and courses of action development.

Each team also briefed their final product, including an executive summary and decision matrix, to either Maj. Gen. Patricia McQuistion, the commander of the 21st TSC, Scott Welker, the ASC deputy commander, Col. Ronald Green, the commander of the 405th AFSB or Helmut Haufe, the TLSC-E director.

"The training was incredibly successful because we were able to focus on current brigade operations and determining the best course of action for missions we currently support," Randall said. "This made the training directly relevant to our daily tasks."

Green believes that this training is particularly neccessary due to the recent changes in the brigade's mis-

sion.

"This training was especially important as we move forward to fully integrate the DOLs into our operations," Green said. "In addition to the training that the personnel received, we were also able to learn more about the DOL mission, and DOL personnel were able to learn more about the Army Materiel Command mission."

The 405th AFSB accepted operational control of the DOLs in the European theater from the U.S. Army Installation Management Command-Europe earlier this year.

The brigade will accept full control of the DOLs in 2012.

Kaiserslautern wins safety award

By Rick Scavetta

USAG KAISERSLAUTERN PUBLIC AFFAIRS

During a recent award ceremony, Kathleen Marin, Installation Management Command Europe acting director, presented the Army Safety Composite Risk Management Award to U.S. Army Garrison Kaiserslautern.

Scott Livingston, the garrison safety manager, accepted the award from Marin who commended his spirit and passion for safety that helped coach and mentor garrison staff to safety excellence. In Kaiserslautern, safety is not a program, but a culture, Marin added.

"You infuse that spirit into your home here at U.S. Army Garrison Kaiserslautern," Marin said. "Continue to be role models for the installation management community."

The garrison provides services to support 42 tenant commands to include fire and emergency response, law enforcement, religious programs, public affairs and information technology. Marin highlighted how the garrison supported nine railhead missions with no injuries and how the garrison's logistics directorate reduced vehicles accidents by 50 percent.

Garrison programs also offer recreational facilities and services to Soldiers, families and civilians to include parks, libraries, child care and youth services, fitness centers, restaurants and auto hobby shops. The directorate of Family and Morale, Welfare and Recreation held 135 community events, serving more than 25,000 Soldiers and families, with no accidents or incidents, Marin said.

"Your overall garrison accident and injury rate is 25 percent below the Army norm. That doesn't happen by accident," Marin said.

Warrior Response



Army, Air Force and German emergency services personnel respond to a simulated terrorist attack at the Sembach Commissary during Warrior Response 2011, a U.S. Army Garrison Kaiserslautern force protection exercise held July 21 on Sembach Kaserne.

Wait is over for V Corps Soldiers and families

By Todd Oliver

USAREUR PUBLIC AFFAIRS

Families, friends and fellow Soldiers welcomed home nearly 100 V Corps Soldiers during a ceremony at Campbell Barracks in Heidelberg Saturday, after the headquarters group completed a year-long deployment to Kabul, Afghanistan.

^aWe have two little boys and we're all very excited that he's coming back today," said Brandi Wolfgang, while anxiously awaiting her husband's return. "I've been awake since about 5 a.m., ready to go. I just couldn't sit at home any longer."

Other spouses echoed those sentiments.

"I was excited and nervous," said Bobbi Miller, whose husband Craig was among those redeploying. "It's kind of like Christmas. You're so excited that they're coming back. You just can't wait to experience it."

After the formation was dismissed and the Soldiers reunited with their loved ones, the talk turned to well-earned vacation plans.

"We're looking forward to going down to Italy and spending a few weeks on the beach, relaxing and just spending some time together," said Miller's husband Capt. Craig Miller, who counts this as their second year-long deployment.

"Parts of it (the deployments) are hard. It will

eventually be over, you'll eventually be home, you just have to keep your eye on that fact," Craig Miller said.

"You just get through it. It's not easy but you just get through the days," Bobbi Miller agreed.

The V Corps Soldiers deployed last summer from Heidelberg to fill key positions in the International Security Assistance Force Joint Command Headquarters in Kabul.

They will spend the next few months reintegrating into the Heidelberg community and taking leave.

Afterwards, most will rotate to new assignments throughout the Army.

Ugandan Journalists Visit AFN



George Smith, right, public affairs officer for American Forces Network Europe explains the AFN mission to a group of Ugandan journalists during a tour at AFNE Headquarters on Coleman Barracks in Mannheim July 20. The journalists, guests of AFRICA Command, visited the organization to find out how AFN serves its audience.

ACUTE

continued from page 1

II. However, as the Army's transformation plan has reduced the active duty population in the area, the scope of medical services has been reduced as well.

"As the transformation of the Heidelberg community progresses, I am committed to the deliverance of safe quality health care and maintaining clinical services as long as it is feasible. Once a service closes, we will continue to leverage the German network and other military medical facilities to meet the needs of our patients," Crosland explained.

Host nation emergency room information is listed in the Heidelberg Health Center's "Guide to Host Nation Health care" available at the TRICARE Service Center inside the Heidelberg Health Center. The guide is also available online at *https://ermc.amedd. army.mil/heidelberg/index.cfm*. The books include information on getting health care on the economy, as well as maps and driving directions to hospitals in the Heidelberg and Mannheim areas.

SWORD

continued from page 1

Col. Paul M. Paolozzi, commander of the 18th Engineer Brigade, Task Force Sword, assumed authority from Brig. Gen. Lester Simpson, commander of the 176th Engineer Brigade, TF Hammer, Texas Army National Guard.

Lt. Gen. David M. Rodriguez, Commander of the International Security Assistance Force Joint Command, thanked Simpson and the Soldiers of TF Hammer for their hard work and told the incoming Soldiers that they have big shoes to fill.

Not only did TF Hammer hand over authority but they also handed over responsibility of improving and expanding partnerships across the region.

We're eager not to just assume a

mission but to make enormous strides and leaps forward with our Afghan partners," Paolozzi said.

TF Sword will provide engineering oversight planning and conduct combat, construction and partnership engineering operations throughout the region, which consists of the northeastern half of the country.

The key to the new task force's suc-

cess will be continuing existing partnerships while creating new ones with Afghans to enable them to operate independently of coalition forces.

Paolozzi closed his speech with, "I'll boldly state to our senior leaders, American and Afghan, we will meet and exceed your expectations. We are honored to be a part of Afghanistan's success."

Hockenheim ropes in American style rodeo

Staff Report

Krämer Pferdesport, an equestrian supplier, is organizing its second annual Western Days Aug. 5-6 in Hockenheim.

The popular event includes western riding shows, special sales and American food.

About 2,000 spectators attended the event last year.

Approximately 80 cowboys and cowgirls from the United States, Germany and Belgium are expected to perform in the disciplines bull riding, saddle bronc riding and bareback riding.

"The extent of the success was very unexepected as rodeo is not very known in Germany," Frank Schmeckenbecher, the manager of Krämer Pferdesport, said.

The event evolved from a few casual riders who were interested in western-style riding.

The trick riding show will include the western disciplines of the barrel race, pole bending, a flag race and calf roping.

As a special highlight, the Indian Stunt Show demonstrates the close relationship between the horse and the Native American rider while hunting and in combat. The grand opening is 6:30 p.m. Aug. 5 with cattle work, followed by the the rodeo at 7 p.m. and live country music with a disc jockey at 9 p.m.

At 10 a.m. Aug. 6, cowboys will work with their cattle and the riders will compete in the Krämer Trail Cup for entry into the finale in Florstadt.

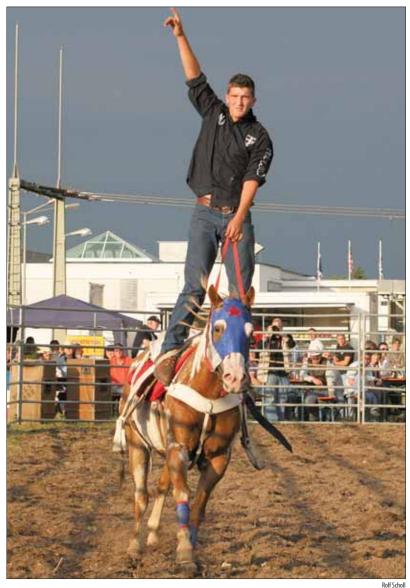
"Anyone with a little experience can sign up for the Krämer Trail Cup until Aug. 1," despite the date posted on the website, Schmeckenbecher said.

At the finale in Florstadt on Sept. 24 the winner of the Krämer Trail Cup will compete against the finalists from five other Krämer cups across Germany with the chance of winning a professional saddle worth €2,859.

The second rodeo begins at 4 p.m. and the festivities will conclude with a country party with live music by T-Bone and Moni at 7 p.m.

Entry to the actual rodeo at 7 p.m. on Friday and 4 p.m. on Saturday is €12 for adults, €6 for children ages 6-16 and €30 for families, which includes two adults and three children. All other events are free.

For information visit www. rodeo-america.de or www. kraemer.de.





A rider stands upright on a galloping horse during the Trick Riding portion of Western Days in Hockenheim last August. Trick riding includes stunts like standing upright on a horse or hanging upside down while attached to a strap. The second annual event, held Aug. 5-6, is sponsored by local equestrian supplier Krämer Pferdesport. The trick riding show includes the western disciplines of the barrel race, pole bending, a flag race and calf roping. Participants will compete in the Krämer Trail cup for entry into the finale in Florstadt Sept. 24.



Far left, a man wearing football gear for protection fights to keep his balance on a bull during the Barrel Racing event at last summer's Western Days in Hockenheim. Typically, barrel racing involves a horse and rider attempting to complete a clover-leaf pattern around preset barrels in the fastest time, but historically men attempted a similar event on bulls and the women performed the barrel racing on horses.

Left, a Western Days rider manages to stay atop a bull while onlookers cheer. Bull riding in its earliest form has existed for thousands of years. In the United States, riders must stay on top of their bulls for eight seconds while tightly fastening one hand to the bull with a long braided rope. Officials choose the rider and bull at random before the start of the competition.

FAMILY & CULTURE

German News

Norway Shooting

Marcel Gleffe, a 32-year-old German who has lived in Norway the past few years, was vacationing Friday directly opposite the island of Utoeya when he heard shots that were later identified as a mass shooting at a youth camp that ultimately claimed the lives of dozens of victims. Gleffe determined the sounds were gunfire and jumped into a boat to help those who managed to escape. Despite the danger and freezing temperatures, Gleffe rescued about six at a time over multiple trips, for a total of about 30 survivors in all, and continued to do so after police showed up at the island an hour after the shooting began. The alleged shooter, Anders Behring Breivik, a Norwegian far-right nationalist, has also admitted responsibility for the same-day bombing in Oslo.

€100 million for Libya

Germany said Sunday it would make up to €100 million (\$144 million) in loans available to the Libyan rebel National Transitional Council for civilian and humanitarian purposes. Libya has been wracked by a civil war since a violent uprising against Muammar Qaddafi, in power for more than four decades, swept the country five months ago. The decision followed a meeting that saw western and regional powers boost the Libyan rebels by designating them country's legitimate rulers, a move that gives them access to vital funds.

Bundeswehr now voluntary

The Bundeswehr recently switched from conscription to voluntary service, but many recruits are quitting after just a few days of military training. Prospective Soldiers can leave at any time during a six month probation period, but according to newspaper reports, 14 percent of recruits in a battalion in Lower Saxony quit in the first few weeks and at a Berlin battalion, the drop-out rate was 10 percent. The Bundeswehr said official numbers nationwide aren't yet available, but that about 30 percent of the people who quit, did so for medical reasons or because they could not quickly get physically fit. The remainder left for personal reasons such as feeling overwhelmed or believing they could never qet used to barracks life.

Police IDs, Jewish Stars Comparison

Reiner Haseloff, the conservative state premier of Saxony-Anhalt, is facing fierce criticism after allegedly comparing forcing German police to wear name tags to how Jews had to display the Star of David under the Nazis. Haseloff, a member of chancellor Angela Merkel's center-right Christian Democratic Union, is a strong opponent of requiring uniformed police to wear name tags or identification numbers, something Berlin started requiring its officers to do this week in order to increase accountability. Police identification requirements have been a controversial issue in the last few months with police unions and some officers arguing that name tags will make them and their families the targets of criminals.

Polar bear's body on ice

The body of Knut, the Berlin Zoo's beloved polar bear who died March 19 by drowning after collapsing in his enclosure due to a virus that caused brain inflammation, remains in a special icy fluid to prevent decay. Scientists are still investigating the virus, while researchers are looking to ensure any exhibition is sensitively handled. Shortly after his death, the zoo where Knut lived and the Natural History Museum sparked outrage by those who believed it was exploitation soley for commercial benefit when plans were made to stuff the bear's corpse and put it on display. It now appears unlikely that the body will be made available before at least 2012. A smaller sculpture of Knut is being considered for the bear enclosure at the zoo, where during his four-year life, Knut attracted more than 11 million fans.



spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

My wife is in the military and I recently found out she cheated on me during her last deployment. She tells me she regrets it and is truly sorry.

I asked her why she put herself in that situation, and she tells me she knows it was wrong but the guy was giving her attention and she enjoyed it.

I find her hiding little things from me now and it upsets me. I asked her why and she tells me it's because she knows I will get upset and she is afraid to tell me. We recently had a talk and I told her to tell me everything, no matter what. I would rather find out now than down the road, but I don't know if she is being truthful and not hiding anything.

How do I forgive her, trust her and move on? I know when I question her and snoop it bothers her, and it starts fights. I love her and want to trust her but I am scared to be hurt again. I need some advice and help. Thank you.

Dear Infidelity,

Thanks so much for writing me about this big dilemma. From the tone of your letter it's obvious this is causing you emotional stress.

You said you love your wife and you want to trust her, but you're at an impasse because you still believe she is hiding things from you. You can't build trust on that.

Moreover, you have become a snooper. This is not good for two reasons: first, it will ruin your self-esteem and self-worth and it's stressful. Secondly, you will constantly have to stay two steps ahead of her to find out what she is doing, and you have to ask yourself this question. 'If I discover more infidelity while snooping what decisions will I make?'

In other words you can't find out that your spouse is still cheating and simply store this information in the back of your mind and pretend it's not still happening.

This type of relationship will rob you of your life. You said you love your wife, but does she love you? How did you find out about the affair? Did she willingly disclose the information, or did you find out by snooping?

Listen, marriages can survive infidelity; many marriages do so with honesty and counseling. I truly hope she is being honest with you right now or you have some serious decisions to make. I would love to hear that your marriage is working out for the best and that trust and true intimacy has emerged.

I think no matter what, you should think of yourself as a 10. If your wife doesn't want to be with a 10, trust me there are many women who would. Keep in touch and let me know how you are doing.

Dear Ms. Vicki,

I served side by side with my military ex-husband for 25 years, who is now living large with lots of money. I am 50 and receive none of his military retirement benefits. I got ripped off by a civilian attorney and now cannot get my divorce papers rewritten to get what I should.

I am living on \$600 a month, I'm on food stamps and I also live with my daughter. I have tried to get help from a military lawyer, but I can't find anyone.

Is there an organization of divorced wives? I need help.

Listen ladies: Do not trust your military husband to look out for you even if you spent your life raising your children, paying all the bills and running a household. No one will help you even if your cause is true.

Make sure you take care of your divorce before you move on. Nobody out here cares what you and your

children sacrificed for their freedom. Sincerely, Ex-Wife

Dear Ex,

I'm very sorry to hear about your current situation. Regretfully, I hear from spouses who have experienced the same all too often.

I'm glad you wrote your letter. It will bring credence to the situation and enlighten others. I may not have the information you need but other readers may.

I'm not aware of any resources to help, other than to suggest you seek the help of a different lawyer. I know you are thinking, "I can't afford another attorney," but maybe you should contact the legal aid society in your area and see if they could help pro-bono.

I'm sure you did a great job as a supportive wife and mother. It doesn't seem fair that after 25 years of traveling and putting yourself last that you should end up 50 and penniless.

From the tone of your letter I see this has been devastating for you, and it sounds as if you have been experiencing some depression. This is all normal and I only hope you can be empowered to find your way back to financial stability if you are in good health and can do so.

Please keep in touch and let me know how you are doing. Take care.

Dear Ms. Vicki,

I need your help. I was married for 19 months and have a 2-year-old son with my wife.

We separated (not legally) prior to my leaving for Iraq and have not yet filed for divorce.

Our agreement was that I would continue to send her all of my paycheck to support my son in the hopes she would allow me to talk with him when I could, but that didn't happen a lot. I sent her over 50K during my year away.

Upon my return she gave me half of what was saved. Now my spouse is engaged to another man and is pregnant with her third child. She lost custody of her first child to her first ex-husband. I've had the pleasure of being with my son and it's been wonderful.

I have no money as I did not want to be known as a deadbeat dad, and I wanted to do what was right. I need money to get my life back. What are my rights to receive my repayment? Also, I want at least 50/50, if not 100 percent, custody of my son due to her erratic and irresponsible lifestyle. Help me please? From: A Sergeant

Dear Sergeant, First of all let me say that I'm glad you're back. I know you hear this all the time, but I truly thank you for your service and your sacrifice to our country.

Sergeant, why did you marry her if you knew she was so erratic? Why did you continue to fund the account if you knew she was not being accountable with the money?

I'm not trying to beat you down. It's just that I hear this story all the time. Servicemembers come home to a spouse who has drained every account, left them in debt and is pregnant with someone else's child or a male spouse has impregnated someone else. You truly deserve better.

Please start quickly with your legal office on base. They will let you know if anything can be done about your money and if you can get custody of your son.

They should also let you know if you should work with a civilian attorney. I really hope everything works out in your favor.

This is a very emotional subject that could lead to ire. Please be careful and try to have as little contact with your wife as possible. That could lead to an explosion and I don't want you to be involved with any physical or verbal conflict with her.

Please keep in touch with me and let me know how everything turns out. Turn to close family and friends for support, OK? I wish you only the best.

GET OUT! area events More events online at http://myBWnow.ning.com

July 28

Arena of Mobility - Baden-Württemberg celebrates a Summer of Cars. The Karlsruhe Center for Art and Media will showcase approximately 50 works of art, all themed around automobiles and the love of cars The Medienmuseum is located at Lorenzstrasse 19, 76135 in Karlsruhe, Civ. 0721-35-2360, www.buzzoffbase.com. U.S. Car Show - This U.S. car show takes place in the second largest beer garden in the Stuttgart area at the Schwabengarten in Leinfelden-Echterdingen. More than 300 cars and motorcycles will be on display.

July 29

Sommerfest – One of Munich's most anticipated public festivals, the Sommerfest includes tons of free concerts, tasty food. cold beer, an absolutely enormous Ferris wheel, other carnival rides and spectacular fireworks. The festival lasts for nearly a month, providing plenty of opportunities to immerse yourself in German culture and kick up your heels, Bavarian-style. Festival runs through Aug. 21 at Olympiapark, Spiridon-Louis-Ring 21, 80809 Munich. www.buzzoffbase.com

July 30

Lichterfest Schwetzingen – The U.S. Army Band and Chorus Pop and Rock ensemble, USAREUR Groove, will perform 8 p.m. at Schwetzingen's Festival of Lights celebration which takes place 5-11 p.m. in Schwetzingen. www.schlossschwetzingen.de/de/schloss-schwetzingen/ Lichterfest/396047.html.

International Beer Festival – Düsseldorf's Bierboerse is part of a beer festival that is held annually in nine cities across Germany. Visitors can sample up to 1,000 different types of beer from over 75 countries Food, wine and entertainment also provided. Free entry but fest goers must pay for beer. Catch the festival at Fussgangerzone, Erich-Muller-Str. 2, 40597 in Düsseldorf. www.buzzoffbase.com. Crystal and More – Don't miss the great bargains in the Czech Republic. Sign up now for a shopping trip in Cheb and Karlovy Vary with Outdoor Rec on Patrick Henry Village in Heidelberg. DSN 388-9282, civ. 06221-338-9282, www.mwrgermany.com.

July 31

Student Prince - Don't miss the final performance of the Student Prince, a beloved Heidelberg operetta to be shown in Heidelberg for the last time this summer. The show has been performed in the city since 1936 and has become part of the city's culture. The last show is at 8:30 p.m. in the Heidelberg Castle courtyard. www.theater.

heidelberg.de.

Tongeren Flea Market – Join Kaiserslautern Outdoor Recreation for an excursion to the Tongeren Flea Market in Belgium. DSN 493-4117, civ. 0631-3406-4117. Farmer's Market – Sample and shop for farm fresh vegetables, cheese, eggs and meat at the Kaiserslautern farmer's market. The market is held 7 a.m. -1 p.m. at the Stiftsplatz located in the center of Kaiserslautern

August 2

Evita – The musical production by Sir Andrew Lloyd Webber and Tim Rice, which follows the life of Argentine political leader Eva Perón, will be performed in English by the stars of the London West End theatre company at the National Theatre in Mannheim Aug. 2-7. Civ. 0621-168-0150, www.nationaltheater-mannheim.de.

August 5

Backfischfest - A fish fest with live music, fireworks and rides is open daily at 3 p.m. Aug. 5-14 (except Aug. 4 at 6 p.m. and Aug. 10 at 2 p.m.) in Ketsch. GPS: Festgelände im Bruch, 68775 Ketsch Summer Nights – Visit this traditional Sommernachtsfest on the lake in Murrhardt-Fornsbach. The night festival runs through Aug. 8 at the Waldsee and also features amusements.

August 13

Bratkartoffelfest - The U.S. Army Europe Chorus will perform at 9 p.m. in the Sommerfesthalle in Otterstadt (near Spever).

Burgspiele Landstuhl – The Nanstein Castle Play, or Burgspiele, is held annually now through August at the castle in Landstuhl. A troupe of performers act out comedy sketches in the old, local dialect Enjoy music and lots of food and drinks. This year's play is The Count, based on the novella The Clothes Make the Man by Gottfried Keller. Admission is €8 for adults and reduced rates are available for students and children. For dates and times check www.burgspiele-landstuhl.de.

August 14

Backfischfest - The U.S. Army Europe Chorus will perform at 4 p.m. in the fest tent in Ketsch

Rothenburg ob der Tauber – Spinelli Outdoor Recreation offers a trip to the famous medieval German town. The Middle Ages come alive when costumed townspeople participate in pageants and colorful markets. Visit the Master Builder's House, Meat and Dance House and the Old Forge. Bus departs 8 a.m. from the

Mannheim Schuh Theater. DSN 384-6300, civ. 0621-730-6300, www.mwrgermany.

August 20

In Mark Twain's Footsteps - The annual tour is being offered in English 3 p.m. Aug. 20 starting at the Lion Fountain on the University Square in Heidelberg. The tour starts at the Student Prison and the festive Alte Aula auditorium following in the footsteps of Mark Twain and other famous personalities from England and America. The meeting place is on the Grabengasse. or Moat Alley, just off of Hauptstrasse. Buses 31 and 32 go directly there (bus stop at Universitätsplatz) from Bismarckplatz or from the Hauptbahnhof. The tour takes about two hours and costs $\notin 7$ (Students $\notin 5$) plus a fee of €3 for the Student Prison and the Alte Aula. Civ. 06221-43-6880.

August 21

Army Fest Band - The U.S. Army Europe Band and Chorus' Fest Band will perform at 8 p.m. in the fest tent in Markgröningen (in greater Stuttgart area).

August 24

Sesame Street - The Sesame Street/USO experience for military families introduces Katie, a military kid on Sesame Street who is moving to a new place 4:30 and 7:30 p.m. Aug 24-25 at KMC Onstage on Kleber Kaserne in Kaiserslautern. To get free tickets, send an e-mail with your name, number of tickets, performance date and time to kmconstage@eur.army.mil. DSN 483-6626, civ. 0631-41-6626.

August 27

Open Air Music Fest - Lots of music will be played 4-10 p.m. in an open air concert at the Warrior Zone on Coleman Barracks in Mannheim Money Head and Dizzle Don Johnson will feature hip hop and Koiak for fest goers who like alternative rock. DSN 382-4410, www.mwrgermany.com.

September 9

Wurstmarkt Wine Festival - Even though it's called a Wurstmarkt (sausage market), Bad Dürkheim claims to host the biggest wine festival in the world through Sept. 13 and Sept. 16-19 on the fest grounds. GPS: Auf den Brühlwiesen, 67098 Bad Dürkheim.

September 25

Volksfest - The U.S. Army Europe Fest Band performs at 4:30 p.m. at the Bürgerhaus in Wiesbaden-Frhenheim

coming to THEATERS

CAPTAIN AMERICA: THE

FIRST AVENGER (Chris Evans, Hayley Atwell) Steve Rogers volunteers to participate in an experimental program that turns him into the Super Soldier known as Captain America. As Captain America, Rogers joins forces with Bucky Barnes and Peggy Carter to wage war on the evil HYDRA organization, led by the villainous Red Skull. (PG-13 for intense sequences of sci-fi violence and action) 118 minutes.

BRIDESMAIDS

(Kristen Wiig, Maya Rudolph) When she finds out her best friend is engaged, Annie must serve as Lillian's maid of honor. Lovelorn and broke, she bluffs her way through expensive and bizarre rituals with one chance

to get it perfect. (R for strong sexuality and language) 125 minutes.

PLAYING THIS WEEK

Heidelberg, Patrick Henry Village July 28 - HARRY POTTER AND THE DEATHLY HALLOWS - PART 2 (PG-13) 7 p.m. July 29 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 7 p.m., 10 p.m. July 30 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 4 p.m., 7 p.m.; THOR (PG-13) 10 p.m. July 31 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 1 p.m., 4 p.m.; BRIDESMAIDS (R) 7 p.m. Aug. 1 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 7 p.m. Aug. 2 - BRIDESMAIDS (R) 7 p.m. Aug. 3 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 7 p.m. Aug. 4 - THOR (PG-13) 7 p.m. Vogelweh, Galaxy July 29 - HARRY POTTER AND THE DEATHLY HALLOWS - PART 2 (PG-13) 7 p.m. July 30 - THOR (PG-13) 4 p.m.; BRIDESMAIDS (R) 7 p.m. July 31 - THOR (PG-13) 4 p.m. **Ramstein, Gateway Movieplex** July 28 - HARRY POTTER AND THE DEATHLY HALLOWS - PART 2 (PG-13) 10:30 a.m. 1:30 p.m., 4:45 p.m., 7:45 p.m.; JUMPING THE BROOM (PG-13) 11:15 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; PRIEST (PG-13) 11:30 a.m., 1:30 p.m., 3:45 p.m., 7 p.m., 8:15 p.m. July 29 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; THOR (PG-13) 11:15 a.m., 2 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; BRIDESMAIDS (R) 11:30 a.m., 2:30 p.m., 5:15 p.m. July 30 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; THOR (PG-13) 11:15 a.m., 2 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; BRIDESMAIDS (R) 11:30 a.m., 2:30 p.m., 5:15 p.m. July 31 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; THOR (PG-13) 11:15 a.m., 2 p.m., 4:30 p.m., 7:15 p.m.; BRIDESMAIDS (R) 11:30 a.m., 2:30 p.m., 5:15 p.m. Aug. 1 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; THOR (PG-13) 11:15 a.m., 2 p.m., 4:30 p.m., 7:15 p.m., BRIDESMAIDS (R) 11:30 a.m., 2:30 p.m., 5:15 p.m. Aug. 2 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; THOR (PG-13) 11:15 a.m., 2 p.m., 4:30 p.m., 7:15 p.m.; BRIDESMAIDS (R) 11:30 a.m., 2:30 p.m., 5:15 p.m. Aug. 3 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; THOR (PG-13) 11:15 a.m., 2 p.m., 4:30 p.m., 7:15 p.m., BRIDESMAIDS (R) 11:30 a.m., 2:30 p.m., 5:15 p.m. Aug. 4 - CAPTAIN AMERICA: THE FIRST AVENGER (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; THOR (PG-13) 11:15 a.m., 2 p.m., 4:30 p.m., 7:15 p.m., BRIDESMAIDS (R) 11:30 a.m., 2:30 p.m., 5:15 p.m.

> THEATER INFORMATION Patrick Henry Village, Heidelberg, 06221-27-238 Galaxy Theater, Vogelweh, 0631-50017 Gateway Cineplex, Ramstein, 06371-47-5550 Visit www.aafes.com for updated listings and more movie descriptions Mannheim, CinemaxX, P4 13, 68161 Mannheim, civ. 01805-62-5466, www.cineplex.de

Mannheim, CinemaxX - English Language movies July 28 - Aug. 3 - GREEN LANTERN (PG-13) 5:45 p.m.; HARRY POTTER AND THE DEATHLY HALLOWS-PART 2 (PG-13) 2 p.m., 5 p.m., 8 p.m. July 28 - Aug. 3 - CARS 2 (G) 4 p.m.





COMMUNITY

community HIGHLIGHTS

Technology Expo

The 43rd Signal Battalion will host a free exposition with more than 50 exhibitors with the latest in emerging technologies at Campbell Barracks fitness center in Heidelberg 10 a.m.-2 p.m. July 29. To preregister visit www.FederalEvents.com.

Heidelberg Road Closures

The Heidelbergman triathlon is scheduled for 9:30 a.m.-1:30 p.m. July 31 in downtown Heidelberg. More than 1,000 athletes are expected to participate and drivers traveling to or near the area should expect temporary street closures and detours. The event will also affect traffic on B37 on the southern bank of the Neckar River for most of the morning. Drivers bound for the Neckar valley should seek alternate routes.

HMEDDAC Soldier Medicine Team

The Heidelberg Health Center on Nachrichten Kaserne has opened a Soldier Team Clinic for all active duty military, located on the second floor of Bldg. 3617, co-located with the Physical Exams clinic. Hours are 7:30 a.m.-4 p.m. Monday-Wednesday, Friday and 8 a.m.-4 p.m. Thursday. Appointments can be booked through the ERMC Care Call Center at DSN 371-2622, civ. 06221-17-2622 or through www. *Tricareonline.com*.

European Adjutant Generals Ball

Members of the Human Resources and Adjutant General community, as well as active duty, retired personnel and guests are invited to the European Adjutant General's Regimental Ball 6 p.m.- midnight Aug. 20 at the Patrick Henry Village Pavilion in Heidelberg. DSN 370-8057, civ. 06221-57-8057.

Equal Employment Opportunity

All civilian employees, military members or local nationals who supervise civilian employees are required to attend biennual classroom Equal Employment Opportunity training. Next sessions will be held 1-2 p.m. Aug. 17 and Sept. 14 on Patton Barracks, Bldg. 128, Room 208. Seating is limited. DSN 373-5494, civ. 06221-17-5215.

Acute Care Clinic

The Heidelberg Health Center's Acute Care Clinic is now closed on all Sundays and all federal holidays. If you are in need of urgent or emergent care on those days, please go to the nearest host nation emergency room. Maps and driving directions are available at the HMEDDAC staff duty desk in the pharmacy area on Nachrichten Kaserne.

ACS Job Fair

Army Community Services hosts a career fair 10 a.m.-2 p.m. Aug. 27 at the Patrick Henry Village Pavilion in Heidelberg. Recruiters include the Exchange, Microsoft and Family and Morale, Welfare and Recreation's business division. Applicants should be prepared to interview on the spot.

Central Texas College

Central Texas College is seeking adjunct faculty for classes in early childhood professions, automotive technology and emergency medical technology. Classes are taught evenings and weekends. Requirements include an associate's degree and experience in the field. DSN 382-5560, civ. 0621-779-5560, www. europe.ctd.edu.

ANNOUNCEMENTS

KAISERSLAUTERN

Community • Quilt Club – Rheinland Pfalz Quilt Guild will have combined meetings the fourth Thursday in August starting at 6 p.m. in the Kaiserslautern Landstuhl Spouses Association building on Pulaski Barracks. • Vacation Bible School –

Registration bile School – Registration for Pandamania: Where God is Wild About You vacation Bible school is open. Pandamania is from 9 a.m.-noon now-July 29 at Landstuhl Elementary and Middle School and 9 a.m.-4 p.m. Aug. 3-4 at the Daenner Chapel. DSN 493-4660, civ. 0631-3406-4660

 Disneyland Express – Join Outdoor Recreation Aug. 6 for Disneyland Express in Paris. DSN 493-4117, civ. 0631-3406-4117.

• Military Officers Association – • Military Officers Association – The first European chapter of the Military Officers Association of America invites active duty, guard, reserve, former and retired commissioned and warrant officers to a picnic at the Kaiserslautern Pulaski Park lower pavilion (next to the running track) 11:30 a.m. –1:30 p.m. Aug. 6.

• Caracalla Day Spa – Spend Aug. 7 at the Caracalla Day Spa in Baden-Baden with Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

• Summer Adventure – Registration is open for the youth Summer Adventure program. Weekly activities continue through Aug. 26. DSN 486-8656, civ. 06371-86-8658.

 Miesau Library Closed – The Miesau Branch library is closed through Aug. 31. Patrons can visit the Kaiserslautern Main Library, Landstuhl Post, Bldg. 3810. DSN 486-7322, civ. 06371-86-7322.

 Operation Rising Star – Singers can compete for a chance to win an all expenses paid, three-day professional recording studio experience in Hollywood, Calif. A capella auditions are 6:30 p.m. Sept. 1 at KMC Onstage, Bldg. 3232, on Kleber Kaserne. Sign-up required. DSN 483-6626, civ. 0631-411-626.

CYSS Apprenticeship Program

- Teens 15-18 should register now-Sept. 16 for the Child, Youth and School Services apprenticeship program, to help them prepare for college and the workforce. Fall term begins Sept. 26 in Bldg. 2898 on Pulaski Barracks. DSN 493-4516, civ. 0631-3406-4516.

 Newcomers Housing Brief – Initial housing briefs for incoming active duty Soldiers are now 8 a.m. Mondays on Kleber Kaserne, Bldg. 3245, Room 006 and 1 p.m. Wednesdays on Daenner Kaserne, Bldg. 3109, except holidays, DSN 483-7372.

 Library Tour - Join the Kleber Branch library to discover all the ways to use your Army Europe library card. The library offers free tours 11-11:30 a.m., 2-2:30 p.m. and 4:30-5 p.m. every last Wednesday of the month. No sign-up required. • SKIES Unlimited – SKIES Unlim-

ited is offering ABC Music and Me. The ongoing class focuses on early language and literacy development through music and story time. Program open for children enrolled in a child care or pre-K program. DSN 493-4516, civ. 0631-3406-4516.

HEIDELBERG

Education • ACS Classes – Buying Your First Home, noon-1 p.m. Jul. 29; Exploring the Heidelberg Job Market, 9-11 a.m. Aug. 1; Introduction to Microsoft Word, 9-11 a.m. Aug. 2-3; Active Parenting Teens (three sessions) 2-4 p.m. Aug. 3, 10 and 24; Working in Teams, 2-4 p.m. Aug. 4, Nachrichten Kaserne, Bldg. 3622, Company B conference room; After "1 do," 7:15-8:15 p.m. Aug. 5, Aug. 26, Sept. 16 and Sept. 30, Patrick Henry Village, Bldg. 4461. • UMUC Europe Registration – Upcoming field study courses include the culturel Microw of London II ludy

the Cultural History of London II July 30-Aug. 6 in England and Picasso in Paris Aug. 6-13 in France. www. ed.umuc.edu/fieldstudy. Community

Arts And Cultural Center The center is closed for inventory
now- July 31. DSN 388-9418, civ.
06221-338-9418.

• White Water Rafting – Better Opportunities for Single Soldiers goes rafting and canyoning in Austria July 29-31. DSN 388-9282, civ. 06221-338-9282.

 Sports Physicals – By appointment only, school sports physicals will be conducted at the Heidelberg Health Center in Bldg. 3617 for dependents ages 6-18 years old July 30. Pre-participation questionnaires are required prior to scheduling. DSN 371-2622, civ. 06221-17-2622.
 Dungeons and Dragons – Play a marathon game of Dungeon and

Dragons noon-10 p.m. July 30 at the Warrior Zone on Patton Barracks. DSN 373-5190, civ. 06221175190. • Vacation Bible School – Register now for Kingdom of the Son, A Bruwe Schol upcation Rible school 0.

Prayer Safari vacation Bible school 9 a.m.-noon Aug. 1-5 at Patrick Henry Elementary School. • BOSS Meeting – Better Op-

portunities for Single Soldiers will host a meeting 3:30 p.m. Aug. 3 and 17 in Bldg.104 on Patton Barracks. DSN 373-5275.

 Parents Night Out – Child, Youth and School Services offer parents night out 7 p.m.-midnight and parents day out 10 a.m.-4 p.m. Aug. 5-6, and 19-20, Sept. 16-17, Oct. 21-22, Nov. 4-5, 18-19, Dec. 2-3, 16-17. Parent Central Services: DSN 388-9241, civ. 06221-338-9240.

• Berlin Beer Festival – Take a trip to Berlin for a unique beer festival. Enjoy 300 breweries in 86 countries all in a one mile stretch with live entertainment Aug. 5-7. DSN 388-9282, civ. 06221-338-9282.

• EFMP Camp – The Exceptional Family Member Program will host a summer camp Aug. 8-12 for enrolled members in grades one through eight. Camp includes field trips and space is limited. DSN 370-6883, civ. 06221-57-6883.

 Paris Trip – Better Opportunities for Single Soldiers will tour Paris, and visit Versailles Palace, Aug. 19-21. Bus leaves evening of Aug. 18. DSN 388-9282, civ. 06221-338-9282. **Krakow, Poland and Auschwitz** – Visits Krakow, Poland and Auschwitz Concentration Camp

Auschwitz Concentration Camp Aug. 19-21. Bus departs evening of Aug.18. DSN 388-9282, civ. 06221-338-9282.

C.A.R.E Fair and Career

Fair – The Community Activities Registration and Education Fair offers free food, games and big prizes at the Patrick Henry Village Pavilion 10 a.m.-2 p.m. Aug. 27.

 All You Can Eat Pizza – Take the family for all the pizza and bowling they want at the Patrick Henry Village Bowling Center 6-8 p.m. Mondays through Aug. 29. DSN 388-9040, civ. 06221-338-9040, www. mwrgermary.com.

+ Volksmarch Volunteers - Volunteers of various skills and commitment levels are needed for the 37th annual Volksmarch held Sept. 24-25 at the International Gesamtschule in Heidelberg-Hasenleiser. Free T-shirt and food and drink coupons. Civ. 06227-841226. www.hiwc.de. • Military History – The Military History Round Table, an informal group of Germans and Americans interested in World War II is open to anyone who has an interest in military equipment, uniforms, patches and memorabilia. The club meets 7 p.m. at the Heidelberg Rod and Gun Club monthly on third Thursdays. DSN 370-8686, civ. 06221-57-8686. • Commissary Gate - Access hours for the gate near the commissary on Patrick Henry Village are now 6 a.m.-

Shooter's Bar and Grill has new hours: 6-9 p.m. Wednesday, 6-10 p.m. the second Thursday of the month, 10 a.m.- 8 p.m. Saturday, 9:30 a.m.-3 p.m. Sunday, closed Mondays, Tuesdays and Fridays. Civ. 06202-927-9315.

• Security Office – The security has relocated to Bldg. 110, Room 104 on Patton Barracks.

MANNHEIM Education

ACS Classes – Pregnancy Support

Group, 1-2:30 p.m. Aug. 4. Community

 Free Bowling – Kids play free July 28 when accompanied by an adult bowler at the Benjamin Franklin Village Bowling Center. DSN 380-9528, civ. 0621-730-9528.

◆ Country and Western Night – Enjoy music and videos hosted by disc jockey Cadillac Country 8 p.m.-1 a.m. July 28 at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370, www. mwraermanv.com.

• European Comedy Tour – Hear Long Horn the Comedian, seen on Last Comic Standing, 10 p.m. July 29 at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370, www.mwrgermanx.com.

+ Spinelli Auto Skills - Beginning Aug. 1, Spinelli Auto Skills has new hours: closed Sunday, Monday and U.S. holidays; 11 a.m.-7 p.m. Tuesday-Friday and 9 a.m.-5 p.m. Saturday and training holidays. DSN 373-5196, civ. 06221175196. + Board Game Night - Test your skills in chess, UNO, Pictionary and other board games 4:30-10 p.m. Aug. 1 and every Monday at the Warrior Zone on Coleman Barracks. DSN 382-4410, www.mwrgermany.com. • EFMP Camp – The Exceptional Family Member Program will host a summer camp Aug. 8-12 for enrolled members in grades one through eight. See Heidelberg listing. DSN 3385-3101, civ. 0621-730-3101.

• Rothenburg ob der Tauber – Depart from Schuh Theater 8 a.m. Aug. 14 for one of Germany's most famous medieval towns. Costumed towns people participate in pageants and colorful markets. Also visit the Master Builder's House. Meat and Dance House, the Old Forge and more. Pre-registration required. DSN 384-6300 www.mwraermany.com • Warrior Zone – The Warrior Zone on Coleman Barracks has new hours: closed Mondays, Tuesdays and U.S. holidays, 5-10 p.m. Open Wednesdays and Thursdays, 4-10 p.m. Fridays and Saturdays, 4-9 p.m. Sundays. DSN 382-4410, civ. 0621-779-4410, www. mwrgermany.com. + Salsa Lessons - Learn to salsa 6-7 p.m. for level one and 7-8 p.m. for level two Wednesdays at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370, www. mwrgermany.com.

Summer Specials – Spinelli Outdoor Recreation, Bldg. 1570, offers monthly summer discounts now through September. DSN 384-6300, civ. 0621-730-6232, www. mwrgermany.com.

 Youth of the Chapel – Youth of the Chapel meet 3:30 p.m. (junior high) and 6 p.m. (high school) Wednesdays at the Sullivan Barracks Chapel across from the gym. Groups meet 6 p.m. Sundays.

SPORTS



Joshua McGowen completes a triple jump during the Regional Championships in Albuquerque, N.M. He earned a gold medal in the triple jump and three more silver medals in the 200 meter, long jump and the 4X400m relay events. McGowen went on to secure a second place finish in the pentathlon on the first day of competition July 7. Only the top five in each event can qualify for the USA Track and Field National Junior Olympics in Wichita, Kan.

Student goes to Junior Olympics

By Max Lancaster

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Heidelberg Middle School student Joshua McGowen competed Tuesday in the United States of America Track and Field National Junior Olympics. The games will continue through Sunday in Wichita, Kan., where McGowen will go for gold.

McGowen's participation in the USATF National Junior Olympics comes as the result of his stellar performances in the past month. At the Border Championship in El Paso, Texas, on June 25, he received gold medals in the pentathlon, triple jump, long jump, and 200-meter run, and silver in the 4x400-meter relay. Those wins sent him through to the regional meet in Albuquerque.

The subsequent Regional Track and Field Championships in Albuquerque, N.M., on July 10, which garnered McGowen a gold medal in the triple jump and silver in the pentathlon, the 200, long jump, and the 4x400m relay, qualified him for the USATF National Junior Olympics.

When not competing, McGowen is training for his next meet. "He's been practicing since early March two times a day for an hour and a half each practice," his father Tommy McGowen said.

Joshua McGowen's qualification into the USATF National Junior Olympics is even more notable due to the fact that this is only his second year running track.

"I'm just overjoyed that my son has been able to achieve all he has in only his second year," his father said.

Despite his talent McGowen does not let it get to his head. "Joshua is such a great and humble kid and is always selflessly looking to better his teammates and we are so excited that he has found success in something he enjoys doing," his mother Emma said.

Olympic Development Program



Max Lancaster

Olympic Development Program Soccer Coach Pierre Whassom coaches local Heidelberg high school soccer player Andrew Guelle on proper technique at the Colonels Housing soccer field on Patrick Henry Village July 12 in Heidelberg. Whassom holds soccer practice for all ODP hopefuls 11 a.m. every Wednesday and Saturday on the housing soccer field.

staying ACTIVE

Hole in One Club

Terry Allen Davis made a hole in one on Heidelberg Golf Club's hole number seven July 24 using a 9 iron from 144 yards.

Rod and Gun Club

The Rod and Gun Club in Oftersheim will host an American skeet competition 10 a.m. Aug. 6, a hunter's meeting 7 p.m. Aug. 10, bluegrass night 7 p.m. Aug. 11, handgun safety course 5 p.m. Aug. 12, trap course 1 p.m. Aug. 13, a needle shoot 9 a.m. Aug. 20 that requires a hunting license, fun shoot 10 a.m. Aug. 21 and shotgun safety course 5 p.m. Aug. 26. Civ. 06202-51-193.

Flag Football Officials Tournament

A flag football officials clinic and tournament will be held Aug. 9-13. Official's classroom instructions will be 6-9 p.m. Aug. 9-12 at the Heidelberg Sports Office on Patton Barracks and the tournament is Aug. 13. Free entry for the first four unit-level teams that register. DSN 373-8032, civ. 06221-17-8032.

Sports Physicals

Heidelberg – School sports physicals will be conducted by appointment only at the Heidelberg Health Center in Bldg. 3617 for dependents ages 6-18 years old July 30. Students should wear shorts and bathing suit tops for physicals. Immunizations will be given if you have a current (updated) immunizations card. Parents must complete age/grade specific pre-participation questionnaires prior to scheduling appointments (available at of the clinics. Karlsruher Str 144, 69214 Heidelberg. DSN 371-2622, civ 06221-17-2622.

Landstuhl – The Department of Pediatrics at Landstuhl Regional Medical Center will offer increased availability in July and August for sports physicals for all children 5-18 enrolled with the LRMC Pediatric Clinic. The primary care manager-booked appointment is to fulfill the school requirement for a sports physical. The appointment will not include medication refills, acute appointments, sick child visits, lab work or immunizations. Appointments: DSN 486-5762, civ. 06371-86-5762.

Off-ice Hockey Officials

Die Players Liga is the largest non-official hockey league in Germany. DPL's inline hockey season is currently underway and the league is searching for off-ice officials. No prior knowledge is required, just an interest in hockey and the desire to be part of the team. English is the main language spoken and five military hockey teams play in the league. All games are played weekends at the Friedrichspark (previous home to the Mannheim Adler) next to the Mannheim University Schloss in Mannheim. Contact: civ. 0172-6263642, *info@dpliga.com*.

Bowlopolis

Children under 17 can bowl June 16-Aug. 29 with a Bowlopolis card good for \$1 games and \$1 shoe rental before 5 p.m. daily at the Patrick Henry Village Bowling Center in Heidelberg. DSN 388-9040, civ. 06221-338-9040, www.mwrgermany.com.

20-20-20

Landstuhl Fitness offers a three-part class: 20 minutes cardio, 20 minutes body sculpt with Yoga and Pilates moves and 20 minutes resistance training 9:30-10:30 a.m. Tuesdays and Thursdays, on Landstuhl Post, Bldg. 3720, in Kaiserslautern. DSN 486-7172, civ. 06371-86-7172.

Cosmic Bowling or Kids Free

The Bowling Center on Benjamin Franklin Village offers Cosmic Bowling 7 p.m.-1 a.m. Saturdays. Kids bowl free every Thursday in July. DSN 380-9528, civ. 0621-730-9528, www.mwrgermany.com.

Prenatal Fitness Classes

Prenatal fitness classes include cardio, resistance training and gentle stretching for expectant and new mothers, 11 a.m.-noon Tuesdays and Thursdays, Landstuhl Fitness Center, Bldg. 3720. DSN 486-7172, civ. 06371-86-7172.

