

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
Jan. 6, 2011

Speed Read

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BOSS PROGRAMS WIN GOLD

The garrison's Better Opportunities for Single Soldiers programs won presidential gold and silver for events in 2010. **8**

ART EXHIBIT JAN. 15

The Heidelberg Arts and Cultural Center announces the opening of the art exhibition "Reflections of Generosity: Toward Restoration and Peace" at 7 p.m. Jan. 15 in the Patrick Henry Village Pavilion. **13**

TAR HEELS COACH

Heidelberg women soccer players had an opportunity Sunday to learn from one of the most successful women's soccer coaches, University of North Carolina's Anson Dorrance. **17**

Cities seeing salt shortages

Staff Report

Heavy snow fall in Europe has resulted in a shortage of salt throughout the local area, officials said.

"We have to use our salt scarcely," said Werner Knon, Mannheim's chief of roads and grounds who said his facility's supply was low in mid-December. He indicated the problem isn't confined to Mannheim.

"According to suppliers, there is a serious shortage of salt which causes delivery delays for weeks," he said. The cause is the immense usage of salt to keep the highways open for traffic, he said.

In Heidelberg, Michael Kraft, head of winter service and city cleaning (Winterdienst und Stadtreinigung) said the situation is the same.

Extreme weather conditions forced roads and grounds crews to double their efforts to keep roads and walkways cleared compared to the winter in 2009.

Knon said that to ensure that rush hour traffic can flow, major roads will be cleared only in the morning and only one lane will be completely cleared and salted. Should snow continue during the day, it will be pushed to the side.

Refuse pickup is also affected by the weather. In some areas, large vehicles can't get through, causing delays.

"Residents are asked to support us by moving their refuse bins to street corners that are still accessible for our trucks. They are also asked to clear roads and access ways to the containers for us. We are asking for understanding and hope that the situation improves soon," said Helmut Seeber, Mannheim's director of waste management.



Teaching how to give

Courtesy photo
From left, Heidelberg Middle School seventh grade teacher Sylvia Rausch, German Army Reservist Uwe Ventur, Brian Rausch and German Army Reservist Hagen Beier load boxes of donated items collected by students and bound for a school and hospital in Eger, Hungary.

Middle school donates to Hungarians in partnership with foreign reservists

Heidelberg Middle School

Students at Heidelberg Middle School learned the lesson that giving to others who are in need gives the holidays an extra sense of meaning.

The teachers comprising Heidelberg Middle School's seventh grade team B led by Sylvia Rausch have been doing charity work since the early 1990s.

Last year, teachers expanded their charitable reach by forming a partnership with German, Hungarian and French military reservists. Through this partnership, they have sent transports of much-needed basic items to the com-

munity of Eger, Hungary.

"The teachers, staff and students of HMS collected twice the amount of goods as last year," Rausch said.

Among the items collected were sheets, towels, blankets and kitchen wares for a local hospital. School supplies, numerous boxes of shoes, clothing, and toys and several bicycles were donated.

Last June, Rausch and her husband went to Eger, Hungary, to meet the people benefitting from these deliveries.

Rausch spent quite a bit of time with the principal of the Hungarian high school that the collections support and also met with

a former teacher.

Rausch also "spent a wonderful evening with the lady who is in charge of distributing clothing, toys, etc. to the many large, needy families. This woman was in tears thanking me for all our kids did," she said.

"We continue to send pictures back and forth, with the hopes that we may some day even have a student exchange between the schools," Rausch added.

She said she hopes that giving to those in this less fortunate community will remind the students how fortunate they are and of all they have to be thankful for.

Glucose test strips recalled, diabetics should check supplies

ERMC Public Affairs

Medical officials in Heidelberg are advising diabetics who receive blood glucose test strips from U.S. military pharmacies in Europe to check their supplies.

The U.S. Food and Drug Administra-

tion announced Dec. 22 that Abbott Diabetes Care has voluntarily recalled 359 lots of Abbott Diabetes Care glucose test strips manufactured from January to September 2010. The voluntary recall relates to the test strips' inability to absorb enough blood for monitoring, possibly resulting in a low false reading.

"The majority of glucose test strips dispensed at our pharmacies are the Abbott Precision Xtra product that may be subject to recall," said Lt. Col. Ronald Foley, Bavaria MEDDAC pharmacy chief.

"Though not all of them may give see **GLUCOSE** page 12

Defense Details

SUICIDE PREVENTION

A suicide prevention task force for troops and veterans has been added to a national alliance that officials hope will bring attention to the issues and provide solutions in the future. The National Action Alliance for Suicide Prevention last week announced that troops and veterans – identified as a high-risk group – were added because of their increased suicide rates. The alliance was launched last year by Defense Secretary Robert M. Gates and Health and Human Services Secretary Kathleen Sebelius, with input from public and private sector stakeholders.

www.defense.gov

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COMMENTARY

BOSS looks back

Spc. William H. Perkins
HEIDELBERG BOSS PRESIDENT

The New Year is upon us and this is a time to take stock of what each of us has accomplished throughout the past 365 days. We look both back at where this past year has taken us and ahead to what the year has to offer us.

The Heidelberg BOSS Program is no different. We can collectively take stock of the great events we organized, led and participated in. This BOSS program is only as good as you, the Soldiers, make it. I am here to tell you that you made it amazing.

Achieving over 2,000 volunteer hours collectively is a huge number. This is the number of hours our volunteers spent working to better both the Army community and the German community. One of the pillars of BOSS, community service is an outstanding way for our soldiers to give back. Whether it was serving Thanksgiving dinner to the wounded warriors at the Landstuhl USO Warrior Center, volunteering with kids at Patrick Henry Elementary School or increasing fitness awareness through the Commissary Family Fitness Day, BOSS stepped up and gave back.

Spain, London and Ireland are some amazing places. We are fortunate to be stationed in Germany where Paris is a short distance west and Prague a short distance east. BOSS Recreation and Leisure trips were a way to relax. Whether it was skydiving, or sunning on the beach in Spain, we were all able to step back from our jobs, take a deep breath, and enjoy all that Europe has to offer.

I want to give special thanks U.S. Army Garrison Baden-Württemberg Commander Col. Bill Butcher and Command Sgt. Major Annette Weber for their continuing and absolute support of the BOSS program.

Most importantly, though, I want to thank the Soldier who volunteers free time and then makes all the recreation trips memorable. Don't forget that this is your program, and you have the power to make it bigger, better and more impactful.

I look forward to working with you all in the year 2011.

BOSS Strong!

Herald Post welcomes letters

Readers who would like to submit a letter to the editor should follow these guidelines.

Include your full name, mailing address and telephone number for verification purposes. Names are published in the paper with accompanying letters but addresses and phone numbers are not published. We do not accept anonymous letters.

We request letters be no more than 250 words. The editor reserves the right to reject letters or edit for clarity, brevity, good taste and accuracy and to prevent libel. We don't accept poetry, attacks on private individuals or letter-writing campaigns.

Letters may be mailed to the Herald Post, PAO, Unit 29237, APO AE 09102. Letters also may be e-mailed. E-mailed letters must include full name, mailing address and telephone number as well.

Letters to the editor are purely the opinion of the writer and do not reflect endorsement by the Herald Post and its Public Affairs Office or the U.S. Army Garrison Baden-Württemberg.

LEGAL ASSISTANCE**Simple strategy to keeping legal affairs in order****Patton Law Center**

There's a lot more to keeping your legal affairs in order than just having a last will and testament.

Likewise, keeping your legal affairs in order is not something to put off until a deployment, or until you retire or until you get sick.

Many people do not like to think about things like death or serious illness but putting off completing documents like last wills and testaments, living wills, medical powers of attorney or financial powers of attorney can cause service members and families a lot of stress and trauma if personal disasters occur.

Keeping these affairs in order is more a function of being organized and less about dying or getting ill. Service members who wait until an emergency occurs may not be legally competent to execute the documents needed and family members are left to carry on as best they can.

If the spouse or father or mother is not able to help because of mental or physical issues, then family members cannot access the documentation that will help them because

Legal assistance offices see cases every year in which family members have no idea where assets are located or how to access them.

the paperwork hadn't been prepared ahead of time.

Legal assistance offices see numerous cases every year in which family members have no idea where a spouse's or father's or mother's assets are located or how the family members can obtain access to those assets.

A good first step is to gather up important personal, financial, and legal information and organize it so it is accessible to caregivers, survivors, family or friends.

After that, think about doing a last will and testament and other kinds of legal documents mentioned in this article. Many can be done without expiration dates so they can exist for long periods of time if you wish them too. A legal assistance office can provide counseling and document preparation for any need.



www.facebook.com/BWnow
<http://myBWnow.ning.com>

DISCUSSION BOARD**Find out what your garrison commanders and members of your community are saying in the BWnow virtual community**

Question: We published an article in the Dec. 16 edition of the Herald Post about cyberbullying discussing how local high schools respond to the issue. What are your thoughts on cyberbullying?

I would have to say the biggest problem is parents not being aware of what their kids are doing online.

If you allow your child to have a computer in the privacy of their own rooms and you have not established clear rules for them then what do you expect to happen? I know that we all hope that teaching our kids to be kind, loving and caring human beings will be enough but basically we all have to realize that is not the case at all.

I try to teach my girls to be kind to everyone no

matter what. I always tell them, "If someone feels the need to put you down just remember that is their opinion only and don't make them feel the way they just made you feel." I am a total believer in kill them with kindness. It is kind of hard to continue being mean to someone who is ignoring your efforts and holding a hand out to you at the same time.

—Susan, BWnow Facebook fan



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

All decked out

18th Engineers enlarge Lion's Den

By Pfc. David Huddleston
18TH ENGINEER BRIGADE PUBLIC AFFAIRS

Heidelberg students now have a bigger and better after-school hang-out thanks to the Soldiers of the 18th Engineer Brigade who designed and constructed a new deck for the facility.

The brigade's technical headquarters section took over the project from Child, Youth and School Services to help improve the area.

Employing an automated computer design program, site surveys and other resources, the engineers designed and constructed the deck using basic tools such as saws and drills.

"Prior to starting the design we first conducted a site survey to see what actually existed in the area," said technical engineer noncommissioned officer Staff Sgt. Shaun Emmett, from Pittsburg, Pa.

The deck was designed to extend from the back of the Lion's Den to the the concrete masonry wall used by students as a graffiti wall.

However, during the survey, they discovered the wall was not at a 90-degree angle from the building which would cause difficulty in the construction process.

"The biggest problem I had while

drafting and designing the deck was working with the European metric system rather than the U.S. standard system for measuring," said Pfc. Billy Joe Johnson III, from Salem, Ore.

"I started designing it in standard board sizes and units but then we had to switch to metric sizes. I had to re-draft what I had already done using the metric system which I was not accustomed to," Johnson said.

The Soldiers then took the project through the acquisition process.

"This is where we received approval and attained the funds and all the materials that were needed in order to begin the construction," Emmett said.

As a 12T technical engineer, Emmett's job usually stops at the design or acquisition phase. But, having the unit construct the deck allowed them to compare the end result to their original designs, an advantage of projects like this.

"Some of the greater problems we came across were the result of nothing being really square," said Emmett.

"We had to cut the wood at different angles and we made custom forms so we could cover the entire surface of the working space since there weren't any already made for that size and shape," he said.



Technical Engineer Staff Sgt. Robert Owens with the 18th Engineer Brigade and a native of Hornbeck, La., uses a power drill to assemble the deck frame for the Lion's Den on Patrick Henry Village in Heidelberg. Staff Sgt. Shaun Emmett

Look out! Information you post tells bad guys a lot

USAREUR Public Affairs

One of the foundations of force protection is to always keep the bad guys guessing. Letting them know where you are and what you're doing is never a good idea.

These days, with smart technology finding its way into almost everyone's pockets, and social media keeping the global information highways buzzing, guarding your actions can be tricky.

Geotagging and "location-based social networking" are two technological challenges that worry Army and U.S. Army Europe antiterrorism and force protection experts.

Geotagging is a function of many of today's digital cameras and smartphones with GPS capabilities. Geotagging embeds geographical information into a photo's metadata that can be used to determine exactly where the photo was snapped.

One popular story that il-

lustrates the problems of geotagging involves Adam Savage, co-host of the Discovery Channel's "Mythbusters" program.

In August, Savage used his smartphone to shoot a picture of his Land Cruiser parked in front of his house and then posted it on Twitter with the note, "Now it's off to work." Little did he know that the photo was geotagged, and that he had just told the world exactly where he lives, what he drives, and when he leaves for work – practically an open invitation to potential thieves.

Army officials say the information that geotagging can add to photos – and videos, Web sites and SMS messages – "is the equivalent of adding a 10-digit grid coordinate to everything you post on the Internet."

And, they add, many people don't even know the geotagging function exists. They suggest that owners check their instruction manuals for

"Something as simple as loading a photo of your bunk in Afghanistan ... can bring a mortar right into your area of operation."

–U.S. Army briefing on geotagging

information on a device's GPS capabilities and how to turn them off.

A related concern, officials add, is that photos uploaded to public sharing sites such as Flickr and Picasa can also be tagged with an exact location, regardless of whether the cameras that took them have GPS functions. For example, they said, a simple search for "Afghanistan" on one site can reveal thousands of tagged images.

Of equal concern to security experts is location-based social networking, which has spawned a growing number of applications to satisfy users' desires to let people know where they are. Several of these sites offer "rewards" – or

invite businesses or other organizations to offer incentives – to users who "check in" at various locations. Others offer opportunities to hook up with old friends or meet and make new friends. Of course these applications can also tell bad guys where you are or where you will be.

The dangers, experts say, are that these location-revealing functions allow potential bad guys to watch your movements and uncover patterns in your behavior; reveal the exact locations of places, such as your home or office, where you will be (or not be); and help enemies to determine potential Army targets and classified locations.

An Army briefing on geo-

tagging warns: "Something as simple as loading a photo of your bunk in Afghanistan ... can bring a mortar right into your area of operation."

"Soldiers deploy to areas all over the world. Some locations are public, others are classified. Soldiers should not tag their uploaded photos with a location.

"Publishing photos of classified locations can be detrimental to mission success and such actions are in violation of the Uniform Code of Military Justice."

USAREUR antiterrorism officials add a reminder that users should never discuss military or government information while using social media sites. For more on the dangers of geotagging and location-based social networking, visit www.hqusareur.army.mil/vigilance. For case studies and step-by-step ways to disable geotagging functions, go to www.icanstalkyou.com.

Making it safe to walk the earth

By Capt. Jennifer Dyrzc
18TH CSSB PUBLIC AFFAIRS

TALLINN, Estonia – U.S. Ambassador to Estonia Michael C. Polt presented a \$845,000 training and equipment package to Estonia here Dec. 9.

Three 702nd Explosive Ordnance Disposal Company Soldiers conducted a weeklong training in the city of Tallinn for representatives of Estonia's EOD centers on upgraded versions of the Vallon Detectors.

The detectors enable an EOD technician to run sensors over the ground and map out possible locations of unexploded ordnance, or UXO, to precise locations and proportions.

"The system upgrade we are training the Estonians on will give them greater capabilities for UXO searching and will take them to places they previously could not get to," said Staff Sgt. Geoff Dewitt, a native of Yeehaw Junction, Fla., a 702nd EOD Company team leader.

Along with the Vallon Detectors and training, the Estonian EOD center received personal protection equipment for 15 people, seven Caliber bomb robots and training in the United States worth \$750,000 and an additional \$95,000 in awareness products and technology equipment.

Polt emphasized in his speech



Jennifer Dyrzc

Spc. Stephanie Beachley, a native of Frederick, Md., and an Explosive Ordnance Disposal technician, stands with one of the U.S. State Department donated Caliber bomb robots donated to the Estonian Explosive Ordnance Disposal center. The U.S. government donated seven of the robots and training in the United States worth \$750,000 plus \$95,000 in awareness products and IT equipment.

to members of the Estonian EOD centers, Estonian rescue board, U.S. and local government agencies and the press how Estonia has turned from a consumer of EOD resources into a producer as evidenced by their civil-military collaborations in Georgia, Iraq and Afghanistan.

"These machines are great aides

to the brave experts in the rescue board of Estonia who use their skill, training and equipment to make Estonia and other parts of the world safer. We of the United States are very grateful and very proud, and we look forward to many, many more years of collaboration in walking the earth safely," Polt said.

Rabbit hunt continues

Staff Report

The German Federal Forestry Agency will change the hours it conducts controlled rabbit hunts on Patrick Henry Village starting Monday. Hunts will take place 7-10 a.m. and 3-6 p.m. Mondays and Fridays through the end of February.

Rabbits fall under German federal hunting law and population control is managed by the Federal Forestry Agency. Because PHV is fenced, rabbits are protected from natural enemies such as martens, ferrets and foxes. As a result, the area becomes overpopulated.

Hunting is conducted by licensed hunters given specific authorization to hunt on PHV. Only three hunters move through the area at any time. They wear orange hunting jackets or orange vests and are accompanied by a supervisor. Residents with concerns should contact the Heidelberg Outdoor Recreation and Rod and Gun Chief at DSN 388-9282, civ. 06221-338-9282.

transformation UPDATE

Frequently Asked Questions

Have a transformation-related question you'd like answered?

E-mail usaghd.post@eur.army.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/transformation.

As a retiree I have a mail box at the post office. What will happen when the area closes down?

Retirees are authorized a general delivery post office box in Community Mail Rooms or Postal Service Centers. A retiree's box is a Box R general delivery, and the retirees are authorized to receive and send mail as long as the weight of the single piece doesn't exceed 16 ounces. If the Mannheim mail room closes, then patrons have the option of establishing a retiree mail box in Heidelberg, Kaiserslautern or Wiesbaden.

Facilities Operations Changes

Mannheim Work Orders – The Heidelberg Directorate of Public Works has taken over the Mannheim service order and work reception functions. This shouldn't be noticeable to the customer because the current Mannheim phone numbers will be automatically forwarded until May. Customers may use the current Mannheim phone numbers or call the Heidelberg work reception at DSN 387-3310, civ. 06221-4380-3310, www.bw.eur.army.mil under public works/work reception.

Military Personnel Division – Mannheim's Military Personnel Division will transfer functions to Heidelberg Jan. 18. Included are Soldier actions, reassignments processing, transition services, Army Career and Alumni Program, casualty and memorial affairs, community in and out processing and retirement services. Passports, ID cards/DEERS and Installation Access Control services remain in Bldg. 255 on Sullivan Barracks in Mannheim until a later date to be determined. The community will be notified when these services relocate to Heidelberg. Heidelberg MPD chief: DSN 370-3347, civ. 06221-57-3347. Heidelberg MPD is in the Community Support Center on the Shopping Center Kaserne. GPS Address: Czernyng 14, 69115 Heidelberg, www.bw.eur.army.mil/DHR/DHR_milpa.html.

Retirement Services – Mannheim's Retirement Services Office will transfer to Heidelberg Jan. 18. To receive the U.S. Army Garrison Baden-Württemberg Retiree Newsletter, call civ. 06224-52-741. Area retirees or surviving spouses of retirees needing assistance should call Monday-Friday 8 a.m.-2 p.m. DSN 370-8236, civ. 06221-57-8236. An alternate number is DSN 370-8399, civ. 06221-57-8399. The RSO is located in the Community Support Center on the Shopping Center Kaserne. GPS Address is Czernyng 14, 69115 Heidelberg.

Vehicle Inspection – A new, consolidated vehicle inspection station for the Heidelberg and Mannheim communities will open for business on Spinelli Barracks in Mannheim Jan. 18. The new station will replace the vehicle inspection stations at Heidelberg's DPW compound and Taylor Barracks in Mannheim. The Spinelli Barracks operation will be the single-service location for all customers requiring vehicle inspections in Heidelberg and Mannheim. For minimal disruption to service, the consolidation will take place Jan. 14-17 during the four-day weekend. New telephone numbers are: vehicle registration manager DSN 384-6100, civ. 0621-730-6100; support DSN 384-6911, civ. 0621-17-6911; fax for vehicle registration DSN 384-6127, civ. 0621-730-6127; vehicle inspection DSN 384-6120, civ. 0621-730-6120. The GPS address is: Spinelli Barracks 1587, 68259 Mannheim-Freudenheim.

Self-Help and SORT Center – Mannheim's Self-Help Center is now located in Bldg. 804 and the SORT center in Bldgs. 804 and 806 on Funari Barracks. New telephone numbers for the Self-Help Center are DSN 380-4435, civ. 0621-730-4633. New numbers for the SORT center are DSN 380-4242, civ. 0621-730-4652.

www.bw.eur.army.mil/transformation

BW now VIDEO BLOGS



This Week's Focus:
Vehicle Inspection consolidation at Spinelli Barracks

Use your smart phone to connect directly to the video with the above quick response code.

www.youtube.com/BWnow

Legal center wins awards

21st TSC Public Affairs

The 21st Theater Sustainment Command's Kaiserslautern Legal Services Center was awarded the Chief of Staff Award for Excellence in Legal Assistance for fiscal year 2009 and the claims service office received the Judge Advocate General's Excellence in Claims award.

Applicants for the legal assistance award are evaluated on the quality of legal assistance provided to clients, innovations to provide better assistance at the installation for deployment preparation and for deployed forces, professional development of legal assistance personnel and the quality of the preventive law program.

KLSC has the largest Overseas Deployment Training program for Reserve Judge Advocates and paralegals in U.S. Army Europe. The program lets reserve Soldiers do their annual training at the center.

Applicants for the claims assistance award were judged on compliance with regulatory standards and demonstrated innovation in providing outstanding claims service. The claims assistance office at the KLSC is successful largely because of customer interaction.

The claims examiners and OSJA employees understand handle customers with a caring hand, said Col. Claes Lewenhaupt 21st TSC Staff Judge Advocate.

The KLSC has won the Army Chief of Staff Award for Excellence in Legal Assistance 18 times since 1991. The claims assistance office has been awarded the Judge Advocate General's Excellence in Claims Assistance six times since 2003.

Faces of the community: American Red Cross



Donna Walker

Station Manager Peter Buttner and Field Office Coordinator Mickey Royer make up the staff of the American Red Cross office in Heidelberg. The Red Cross provides emergency communications, health and safety classes, volunteer programs and other services on a case by case basis. The office is in the Heidelberg Shopping Center, Bldg. 3850, room 263 and is open 8 a.m.-4:30 p.m. Monday-Friday. DSN 370-1760, civ. 06221-57-8711, redcrossheidelberg@eur.army.mil. The Mannheim office is on Sullivan Barracks, Bldg. 242 (across from the U.S. Post Office) and is open 8 a.m.-4:30 p.m. Monday-Friday. DSN 385-1760, civ. 0621-730-1760, mail.rcm.redcrossmhn@eur.army.mil.

Three military police units experience Vigilant Freeze



Sgt. Adrienne Killingsworth

A 5-ton vehicle belonging to the 18th Military Police Brigade warms up for the snowy drive from Grafenwoehr, Germany, to brigade headquarters in Mannheim Dec. 7. The brigade's Headquarters and Headquarters Company acted as higher command for Vigilant Freeze.

By Sgt. Adrienne Killingsworth
18TH MP BRIGADE PUBLIC AFFAIRS

GRAFENWOEHR, Germany – Three military police units participated in the Vigilant Freeze exercise at the Joint Multinational Simulation Center here Nov. 27- Dec. 7.

Soldiers from the 92nd MP Battalion, 4th Maneuver Enhancement Brigade, from Fort Leonard Wood, Mo., participated with the Headquarters and Headquarters Company, 18th MP Brigade, from Mannheim and Headquarters and Headquarters Detachment, 709th MP Battalion, from Grafenwoehr.

The exercise was organized to provide training or certification for all three units in three separate areas.

Vigilant Freeze was the culminating training event for the 92nd MP Battalion before the unit deploys to Afghanistan.

It was a re-certification for the 709th MP Battalion for full-spectrum operations following their redeployment, and it acted as an opportunity for the brigade to validate its Command Post

of the Future systems while acting as higher command for both battalions' certifications.

Few units get the opportunity to travel to Europe for their culminating training event prior to a deployment so when the 92nd heard about the training opportunity, they jumped at the chance.

Maj. Anna Slempe, 92nd executive officer, said "the chance to participate, just made sense because it was the most specific to what we would be doing just like the unit that we were going to replace."

Not only was the 92nd able to get training tailored to the military police mission in Afghanistan, they were able to get first hand information from Soldiers they will replace.

A team from the 95th MP Battalion currently deployed to Afghanistan flew to Germany for Vigilant Freeze to make sure the 92nd MP Battalion was getting the best information possible for its upcoming deployment.

The experiences of the 95th MP Battalion were invaluable when it came to creating and injecting scenarios into

the 92nd's exercise.

The boots on the ground experience the 95th MP Battalion provided, combined with communication between the two battalions prior to the exercise, meant that the 92nd was able to really shine throughout Vigilant Freeze.

"I think they're leaving better prepared, and I think they're going to hit the ground better prepared just because of the information that we've been pushing to them this whole time," said Warrant Officer Richard Smith, the property book officer for 95th MP Battalion.

The 709th also came ready for their re-certification. Its staff came to JMSC prior to Vigilant Freeze to give them a chance to get their feet wet and get a battle rhythm.

But with the brigade acting as the higher command, it added another level to the training that they didn't experience in prior runs, said Maj. Rebecca Hazelett, 72nd executive officer.

"It's nice to have someone else giving us the scenarios," Hazelett said, "so we can truly test the staff – we can really challenge them."



Illustration by Brandon Spagnis

Single Soldiers give back 2,000 hours

BOSS programs earn national recognition, win gold and silver

USAG Baden-Württemberg BOSS

The year of 2010 was notable for the U.S. Army Garrison Baden-Württemberg Better Opportunity for Single Soldiers program, and nowhere is that more evident than in the national recognition of the BOSS programs in all three communities.

Heidelberg and Kaiserslautern's programs won the Presidential Volunteer Gold Service Awards and Mannheim won the Silver Service Award. In addition, Heidelberg won first place in the Installation Management Command-Europe competition for best BOSS installation program and first place for best BOSS event.

Community Service

Community service is defined as voluntarily participating in community programs or projects that make a difference in the lives of others, in the community and ultimately in the volunteers themselves. The Heidelberg BOSS program clocked in more than 2,000 volunteer hours in 2010.

Throughout the year, Heidelberg BOSS program was involved at locations such as Frankfurt, area schools, Landstuhl and the German Englischs Insti-

tut Grundschule.

"Single Soldiers get involved with community service through BOSS in order to help others, but they are also helping themselves," said Spc. William Perkins, BOSS President.

The Heidelberg BOSS Incentive Program recognizes those who make a commitment to volunteer in the community. The program is tiered to motivate Soldiers to volunteer to achieve awards ranging from BOSS coins to Army Achievement Medals to a Meritorious Outstanding Volunteer Service Medal.

"While there were many outstanding events through the year, a few stand out as truly exemplary community service opportunities," Perkins said. One was Make A Difference Day when soldiers traveled to the Kinderfeld Children's Cemetery in Frankfurt. They cleaned the graves of the children lost to service members years ago.

"Make a Difference Day is different from all our other community service events because these are headstones of family members of Soldiers who paved the way for us young Soldiers today. They deserve nothing less," said Spc. Andrea Robinson of the Heidelberg Medical and Dental Activity.

Another event brought a class of young German students to Tompkins Barracks to spend the day on team-building exercises and to experience the ropes course tower. "I really enjoyed the chance to be there

and get the children involved in the ropes course. I

could tell the children had a lot of fun. I hope to have more programs similar to this in 2011," Pfc. Albert Hutson said.

"2010 was a milestone year and 2011 will be just as great. Look for events geared towards Germans, such as helping out at a special needs institute, spending time at a retirement center, volunteering at homeless shelters, and spending the day at the local children's cancer foundation," Perkins said.

Recreation and Leisure

One of the ways to enhance the morale of Soldiers is to provide recreation and leisure programs. Paint balling, skydiving, scuba diving, snowboarding and skiing were some recreation events made possible by BOSS.

Throughout 2010, Heidelberg BOSS organized more than 35 recreation events to 10 countries in Europe. The largest excursion was the annual escape to Lloret de Mar, Spain, which took Soldiers to the beaches of Spain as well the cobblestone streets of Barcelona. BOSS also enjoyed a trip to Normandy, France, during the D-Day anniversary. Other visits included Italy, Belgium, Ireland and Switzerland.

Partnerships with Family and MWR, Heidelberg Outdoor Recreation and United European Airline "Great Days Out Bus Tours" made the experiences possible. Planned trips for 2011 are to Egypt, Denmark, Poland and Switzerland.

Photo top left, BOSS Soldiers and children tend graves at a children's cemetery in Frankfurt for Make a Difference Day. Center, BOSS soldiers don their SCUBA gear at a Kronau, Germany, lake near Heidelberg. Right, Spc. Peter Janoski helps facilitate games during recess at Patrick Henry Elementary School in Heidelberg.



Spc. Raymond Quintanilla

Sgt. Michell Spinazzola, 1st Infantry Division Band, practices a musical piece with students from the Peace Through Art Academy in Basra, Iraq, Dec. 16.

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Sgt. Heather Denby/Close

Sgt. Timothy Hanck leads members of a special reaction team as they assess damage to military housing after a tornado touched down on Fort Leonard Wood, Mo., Dec. 31. Hanck, a military policeman, is assigned to the 252nd Military Police Detachment, 4th Maneuver Enhancement Brigade.

A U.S. Army noncommissioned officer prepares to lower the American flag during a transfer-of-authority ceremony at Observation Post Mace, as U.S. and Afghan National Army troops watch on Kunar province, Afghanistan, Dec. 21. The Soldiers are assigned to the 101st Airborne Division's 1st Squadron, 32nd Cavalry Regiment, 1st Brigade Combat Team. OP Mace is the northernmost observation post in Afghanistan's Kunar province which borders Pakistan.



Petty Officer 2nd Class Michael James

Afghan National Army soldiers prepare to fire a 122mm howitzer for the second time since the founding of the Artillery School at Kabul Military Training Centre, Afghanistan, Dec. 26.

773rd becomes first civil support team in Europe

By Staff Sgt. John Gribble
7TH CSC PUBLIC AFFAIRS

Imagine this scenario. Early one morning a personnel holding area in Kaiserslautern was evacuated after several Soldiers became ill, exhibiting difficulty breathing, vomiting, diarrhea and weakness.

Emergency Medical Service transported them to Landstuhl Regional Medical Center. Because the illness was of an unknown origin, officials were concerned of a possible chemical, biological, radioactive or nuclear hazard.

The 773rd Civil Support Team, 7th Civil Support Command, has the training and resources to discover the answers. Based here in Germany, it can deploy to the site with the proper equipment and a mobile laboratory.

The scenario is one of several the 773rd CST was evaluated on Dec. 6-15 to receive their CST validation. The 773rd is now the first and only CST in Europe.

The unit's mission is to enter a suspected contaminated area and find out if there is contamination and what it might be. The unit can advise on how the substance may spread and what the best response might be in case it does spread.

The 773rd CST can be deployed to support civilian and federal agencies. Under the Incident Command Sys-

tem they would report to and work for the incident commander on scene.

The 773rd CST is designed to operate as a self sufficient entity for short durations. If involved in a large scale operation, the CST must be resupplied, allowing them to focus on the primary mission of defining the details of what and how the community may be affected.

The CST program was initiated in 1998 in response to federal legislation designed to help prepare the U.S. for possible terrorist attacks that could involve the use of Weapons of Mass Destruction.

Now, there is a team in every state across the nation, thus providing local support for all possible situations from terrorist attacks to industrial accidents. With a highly trained staff and state of the art capabilities, the team stands ready to respond in Europe.

"It's a big area as opposed to stateside teams that have more concentrated areas of responsibility," said Sgt. First Class Anthony Anderson, the chemical, biological, radiological and nuclear reconnaissance noncommissioned officer for the 773rd CST.

Anderson trains the survey team members and assists in command and control when the team is on a mission.

The 773rd CST has been training for this evaluation



Staff Sgt. John Gribble

Recon team members of the 773rd Civil Support Team, 7th Civil Support Command, are helped into suits during a training exercise for their upcoming evaluation on Rhine Ordnance Barracks in Kaiserslautern Dec. 10. Representatives from U.S. Army North, as the Joint Force Land Component Command and the Army Service Component Command to U.S. Northern Command, are present to help evaluate the 773rd CST for their validation. Once this process is completed, the 773rd CST becomes the one and only Army Reserve civil support team stationed outside of the continental U.S. and its territories.

since its formation in September 2009. In addition to training together, unit members had to complete service schools at various military bases to be certified.

Evaluators from U.S. Army North evaluated the 773rd CST in all critical areas from communications and decontamination to medical knowledge.

"We are an external agency

the commander can use as a resource to train his folks collectively," said John Nonemaker the deputy director for civil support training activity, ARNORTH, Fort Sam Houston, Texas.

"We are here to set conditions for the team to train, and then test out. We are proving that the team can go out, make an assessment, and provide advice to an incident

commander," said Nonemaker.

"They go grab samples, come back with a 90 percent or better surety of what they are dealing with on a biological, chemical or radiological hazard," he added.

The 773rd CST is unique in that it is the first U.S. Army Reserve CST and the first to be stationed off U.S. soil with a responsibility to cover the

Though mild, flu season yet to hit peak

ERMC Public Affairs

Though the number of confirmed cases of influenza has been below average this year, health officials urge those eligible to get vaccinated.

"Historically, the peak of the flu season comes in January and February," said Col. Carl Heinz Stokes, Force Health Protection Officer for the U.S. Army Europe Regional Medical Command.

He urged early vaccination because it does not become effective until one to two weeks after it is administered.

Vaccine is still available for those who need it. According to Stokes, "More than 95 percent of Soldiers have been vaccinated."

The focus now, he said, was on families, school age children and high risk beneficiaries. "Children in school

are at the highest risk of contracting influenza and should receive the vaccine. The vaccine is also mandatory for students attending Department Of Defense schools," Stokes said.

According to the U.S. Centers for Disease Control, the flu vaccine is updated every year to combat the flu viruses that research indicates are most likely to cause illness during the upcoming season.

The 2010-11 flu vaccine is being made in the same way as seasonal vaccines have been made for decades. It will protect against the 2009 H1N1 virus that caused so much illness last season, and two other influenza viruses (an H3N2 virus and an influenza B virus). High risk categories include:

- Children 6-23 months old
- Adults 50 years and older
- Women who are pregnant during

the influenza season

- Persons 2-49 years old with underlying chronic medical conditions. These include pulmonary illnesses such as emphysema, chronic bronchitis or asthma; cardiovascular illnesses such as congestive heart failure; chronic metabolic diseases including diabetes mellitus; renal dysfunction; sickle cell disease; or immunosuppression (including immunosuppression caused by medications or by human immunodeficiency virus, HIV)
- Children 6 months to 18 years on chronic aspirin therapy for rare conditions such as Juvenile Rheumatoid Arthritis or coronary artery abnormalities caused by Kawasaki's disease
- Health care workers involved in direct patient care
- Out-of-home caregivers and household contacts of children less than 6 months or any other high risk person

Prevent the flu

- ♦ **Avoid close contact** – Keep your distance from others to protect them from getting sick, too.
- ♦ **Stay home** – You will prevent others from catching your illness if you stay home. Flu symptoms include: high fever, headache, extreme tiredness, cough, sore throat, runny or stuffy nose, muscle aches, nausea, vomiting and diarrhea (more common among children).
- ♦ **Cover your mouth and nose** – It may prevent those around you from getting sick if you cover your mouth and nose with a tissue or your elbow.
- ♦ **Clean your hands** – Washing hands every time you cough or sneeze fends off germs. Wash with soap and warm water 15-20 seconds. Or, use alcohol-based hand wipes or gel sanitizers. Gel doesn't need water to work. The alcohol kills germs that cause colds and flu.
- ♦ Avoid touching your eyes, nose or mouth.
- ♦ Get plenty of sleep.
- ♦ Engage in physical activity.
- ♦ Manage stress.
- ♦ Drink lots of water, eat healthy foods, limit alcohol consumption and don't smoke.

Re-upping



U.S. Army photo

Staff Sgt. Brian J. Pehrson shakes the hand of Gen. David Petraeus, the commanding general of the International Security Assistance Force and U.S. Forces Afghanistan, after Pehrson reenlisted at Petraeus' office in Kabul, Afghanistan. Pehrson received a \$5,300 reenlistment bonus. He is assigned to the 18th Military Police Brigade and stationed in Bamberg with his wife Dana and 4-year-old son Jaydann. Pehrson currently serves on the general's personal security team in Afghanistan. He said the Army is something he loves, and he wants to continue to be a part of the Army and the 18th MP Brigade.



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www.facebook.com/BWnow

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Veterinary medical detachment prepares for deployment

30th MEDCOM Public Affairs

BAUMHOLDER, Germany – The 64th Medical Detachment (Veterinary Services) engaged in a mission rehearsal exercise here Dec. 7 to prepare for deployment to Afghanistan this month.

The purpose of the MRE is to evaluate and certify the unit's readiness and validate their ability to perform their war time mission.

Soldiers of the detachment exercised their critical tasks in clinical and tactical scenarios, and they performed Army warrior tasks such as convoy live fire operations and Improvised Explosive Device reaction scenarios.

"This event was intended to test every task the detachment was likely to encounter during their upcoming deployment. It included multiple convoys, veterinary service missions, simulated public affairs interviews and command post relocations," said Lt. Col. Jason Wieman, 421st Multifunctional Medical Battalion commander.

"All of the protective clothing and equipment was extremely helpful to us in the cold winter weather conditions," said Sgt. Ann Alexander, a veterinary food inspector and unit safety noncommissioned officer.

The mission of the 64th Med Det (VS) is to provide comprehensive veterinary service support to

ensure food safety and defense, veterinary preventive medicine, supportive care to military working dogs and public health support in a theater of operations.

The 64th Med Det (VS) returned from a deployment in support of Operation Iraqi Freedom just one year ago.

"With re-deployment operations running straight into pre-deployment preparations and the huge turnover of personnel, this group of Soldiers was amazing in how quickly they came together with their skills and experience," said Lt. Col. Tami Zalewski, 64th Med Det (VS) commander. "They are well prepared and I am proud to be a part of this unit."

GLUCOSE

continued from page 1

incorrect blood glucose readings, some of them may be in affected lots subject to the recall."

U.S. military pharmacies have not yet been directed to contact individual diabetic patients.

However, public announcements from the FDA and Abbott are posted online instructing patients what to do if they have test strips affected by the recall.

If notification require-

ments change, individual diabetic patients may be contacted directly by U.S. Army health facilities.

Diabetic patients in Europe should call or visit their local U.S. military health clinic pharmacy if their glucose test strips are among those affected by the recall.

They can also contact Abbott Diabetes Care at www.precisionoptimuminfo.com or U.S. phone number 800-448-5234 to determine if their test strips are among those recalled

or to request replacement strips.

The FDA announcement at <http://tinyurl.com/2d3bmum> includes a link to questions and answers about the Abbott glucose test strip recall. The question and answer Web page is located at <http://tinyurl.com/29boy2>.

Landstuhl clinics, Heidelberg Medical Department Activity and Bavaria MEDDAC are currently assessing the number of unaffected

Abbott Precision Xtra glucose test strips in their respective areas and will "cross-level" unaffected supplies between clinics and dispense them to beneficiaries as available.

Army pharmacies will dispense either Precision Xtra test strips unaffected by the recall or a different kind of meter and strips.

The U.S. Army Medical Materiel Center-Europe has ordered 500 sets of a different, but comparable, glucose meter and test strips which should

arrive soon to fill health clinic orders.

"The Europe Regional Medical Command is committed to patient safety and satisfaction. Beneficiaries affected by the Abbott recall should talk to their pharmacist first," said Col. Octavio Mont, the ERM Command Web site at <http://ermc.amedd.army.mil>. The Abbott Diabetes Care home page is www.abottidiabetescare.com/index.htm.

"If additional information or blood glucose meter instruction is needed, our pharmacists will coordinate with healthcare providers," he added.

Web links

Announcements from Abbott and the FDA are posted online instructing patients what to do if they have test strips affected by the recall. Recall updates will be posted on the Europe Regional Medical Command Web site at <http://ermc.amedd.army.mil>. The Abbott Diabetes Care home page is www.abottidiabetescare.com/index.htm.

REFLECTIONS *of Generosity* TOWARD RESTORATION AND PEACE



Exhibit presents power of art as facilitator of healing

Heidelberg Arts and Cultural Center

The Heidelberg Arts and Cultural Center announces the official opening of its upcoming art exhibition "Reflections of Generosity: Toward Restoration and Peace" at 7 p.m. Jan. 15 in the Patrick Henry Village Pavilion in Heidelberg.

The exhibit continues through Jan. 30. It features the works of over 50 Soldier and civilian artists from Heidelberg, Kaiserslautern and Mannheim, the United States and around the world.

"As Soldiers and their families come to grips with

ongoing deployments, the need for emotional and spiritual healing is greater than ever," said Sgt. Ron V. Kelsey, exhibition curator and creative director.

The traveling exhibition is about the power of painting, sculpture and song to facilitate restoration through generosity, community and beauty.

"The artwork and performances reflect the spirit of ongoing generosity demonstrated by the military. The event honors and remembers the men and women who have sacrificed their lives as a result of ongoing conflicts," Kelsey said.

Kelsey has organized previous showings on Sept.

11, 2009, at Fort Drum, N.Y., and Sept. 11, 2010, in Ansbach. He wrote the book "Reflections of Generosity" which, like the exhibit, is affiliated with International Arts Movement in New York city.

"The works are reflective of the cathartic role of art in bringing about emotional and spiritual release in a creative and expressive manner that can be shared by all," said Heidelberg Arts and Cultural Center Director Edward Codina.

"Since its beginning on 9/11, the exhibition aims to bring art to all Soldiers and civilians living in Army communities around the world," he added.

GERMAN NEWS

Snowball fight called off

Organizers of a giant annual New Year's snowball fight in Berlin have been forced to call it off after around 8,000 people signed up online for the next battle, according to city authorities. The event called "Kreuzberg versus Neukölln," named after rival Berlin neighborhoods popular with hipsters, drew about 500 snow-wielding rivals for the inaugural battle on Jan. 10, 2010. Organizer Ruwen Warnke advertised the Jan. 1 follow-up on Facebook, YouTube, Twitter and MySpace and generated huge interest with a video from last year's scrum. Some 8,000 said they would attend. Due to the size, Warnke sought official approval to use Hasenheide Park but to no avail. In late November, a playful snowball fight in the eastern city of Leipzig turned into a violent melee involving more than 500 people with fireworks, bottles and stones thrown into the mix.

Tourists rescued from crocs

Four German tourists had to be rescued Monday after they ignored warning signs and got their car stuck in a crocodile-infested river in northern Australia. The German group was stranded in Kakadu National Park to the west of flood-ravaged Queensland where residents are battling rising waters described by one official as biblical. Kakadu, an area made famous by the film "Crocodile Dundee," has also experienced heavy rainfall and police said the Germans were lucky their car was not washed away. The group ignored warning signs and tried to cross Magela Creek on the Oenpelli Road in Australia's far-north Arnhem Land on Monday. The river crossing, which is about 100 metres wide, was under about a metre of water. The floods have affected an area the size of Germany and France combined.

Dioxin Scare

The dioxin contamination scare gripping Germany's farming industry was caused by an animal food manufacturer's mistake in using fatty acids meant for industrial purposes in chicken feed, officials said Tuesday. Despite the existence of clear warning labels, the feed manufacturer in the state of Schleswig-Holstein used fatty acids intended only for technical industrial uses such as making lubricants, a spokesman for the Federal Office of Consumer Protection and Food Safety told the daily Westfalen-Blatt. The manufacturer at the centre of the scandal, Harles & Jentzsch, based in the city of Uetersen, admitted it had made a mistake.

SOURCE: www.thelocal.de



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

I am a Soldier with two tours under my belt. I feel like I have to continue to be strong and not let my guard down. I am falling apart mentally and don't really know how much longer I can keep up the "I'm okay deal." I am one snap away from losing it. I can't fall apart - too many people are counting on me and trust that God will bring me out of this.

However, my job and people are driving me crazy. If I say something I am afraid I will lose my clearance and job because they may not trust my judgment anymore.

The only wounds that are being recognized are the visible ones. What can I do without being seen as weak?

Active Duty

Dear Active Duty,

Many are dealing with combat related stress reactions. You are not weak, you are human. My goodness, you've had two combat tours. Research shows multiple deployments increase the op-

portunity for combat stress and rightfully so.

I'm concerned about you emotionally, mentally and physically. You must let your guard down so you can take care of yourself.

I'm not sure where you are located but you can start with your primary care manager. If you are near a post with a behavioral health clinic, please make an appointment immediately. I will send you other resources that can help.

You have done a great job taking care of so many people. You have to take care of yourself, too. Many women come forward expressing the same feelings. You are not alone.

I'm not sure if receiving mental health services will adversely affect your career. Conversely, letting problems increase and get worse can definitely have an adverse effect.

Please seek help today, don't delay.

Dear Ms. Vicki,

I am the mother of a Soldier currently deployed. Recently he has been writing us that he may be considering a divorce from his wife of 14 months.

His reason seems to be a "feeling" he has that she doesn't love him anymore. The feeling comes from very minor events that happen when they talk online.

For example, she was talking online and had to go. She didn't say "good bye" or "talk to you later" or close the conversation in a manner he felt appropriate. I feel he is over-reacting and being petty. He is way out in left field, saying he doesn't want her there when he returns this spring and he's thinking of divorce.

I know this young woman and she definitely loves my son but I'm

afraid that he will do something to damage their marriage before it even has a chance.

How can his father or I convince him to wait until he's home before he says anything or makes any major decisions about his life? Because of the stress and strain he is experiencing, now is not the time to make major life changing decisions.

Or am I wrong?

This is not the first time this has come up. It's always over minor issues. Please, if you have any helpful suggestions, I'd appreciate them.

Thank you for all you do.

Worried Mom

Dear Mom,

You are absolutely right, now is not the time to make major decisions.

I must say you are the first in-law to write me and show support for the daughter-in-law. Your son is experiencing a full range of emotions at this time - from being sensitive about everything and even paranoid.

This is very normal given his recent experiences. Trust will be a major issue for him.

You are right for assuring him of his wife's devotion and commitment to the marriage. When he returns this spring, this will allow time for the couple to reconnect, mend and heal from the long separation.

Marriage counseling sessions will be to their advantage as well as a marriage retreat. Your son has to be hyper-vigilant right now. As a result, he is often paying attention to everything his wife says or doesn't say.

Encourage your daughter-in-law to continue to show support and understanding and not become resentful. Hopefully your son will have a smooth reintegration upon his return.

Heidelberg Tax Center set to open Jan. 31

Patton Law Center

Tax season is here and with it comes time for the opening of the Heidelberg Tax Center. Preparing and filing your own tax return can be a time-consuming and frustrating endeavor. Tax laws change every year and trying to figure out or understand the changes can be overwhelming.

The Heidelberg Tax Center is staffed with service members and civilians who have received extensive training from an IRS representative and are certified tax preparers. Tax preparers can prepare and file state and federal tax returns electronically or through the mail.

You can make an appointment or walk-in on one of the designated walk-in days to have your tax return prepared for you.

Here are a few reminders to help you start to organize and gather your documents to ensure you get the most complete assistance. Bring, at a

minimum, your DOD-issued ID card and official documentation of social security number for you and your dependents, all W-2 forms received from employers and, if interested in electronic filing, a voided check.

You should also bring any other relevant financial information from the tax year (e.g. investment statements, rental reports, medical expenses, charitable contributions, etc.) When in doubt, ask what you need to bring with you when you make your appointment. Also, please remember that if filing for your spouse you will need to bring a Power of Attorney.

You can have your return prepared for you and filed electronically. However, if you prefer to prepare your own return, the trained staff is available to review your return before you submit it.

Or, if you don't feel like waiting, you can drop off your tax documents and we will contact you once it has been prepared.

This year's filing deadline is Monday, April 18. Remember that as a U.S. taxpayer living and working in Germany, although you are entitled to an automatic two month extension to file your taxes, there is not an extension to pay any taxes that you may owe.

So, if you owe taxes and you decide to wait until after April 18 to file your tax return, you potentially could accrue interest, fees and penalties. Therefore, filing taxes by April 18 could prevent you from having to pay any additional money.

The Heidelberg Tax Center opens Jan. 31 on the Heidelberg Shopping Center Kaserne. Operating hours will be 10 a.m.-5 p.m. Mondays, Wednesdays and Fridays from and 10 a.m.-7 p.m. Tuesdays and Thursdays.

Appointments can be made by calling DSN 370-7510, civ. 06221-57-7510.

Walk-in hours are also available 10 a.m.-6 p.m. Thursday.

GET OUT!

area events

More events online at <http://myBWnow.ning.com>

January 7

The Lion, the Witch and the Wardrobe – C.S. Lewis' beloved and magical "Chronicles of Narnia: The Lion, the Witch and the Wardrobe" will be presented at the Roadside Theater on Patton Barracks at 7:30 p.m. Jan. 7, 8, 14, 15, 21 and 22 and a special family matinee at 3 p.m. Jan. 9. Tickets: www.roadside-theater.com.

January 8

Levi Strauss Museum – This interactive museum gives visitors an intriguing look at the life of Levi Strauss who was born and raised in Buttenheim. Strauss would later go on to become a world-famous fashion icon and one of the wealthiest men on the planet. Discover the man behind the brand. Civ. 09545442602. <http://www.levi-strauss-museum.com/english/levi-strauss.htm>.

Amsterdam – Explore beautiful Holland during this day-long excursion. Visit a wooden-shoe maker and cheese farm where you can see how shoes and cheese are made and enjoy a short orientation of downtown Amsterdam before exploring the city on your own. <http://affiliates.usa.org/Kaiserslautern/>

January 9

Tango Passion – The tango company "Tango Pasión" is coming to Mannheim's Rosengarten at 7 p.m. Tickets: Civ. 0621-10-1011. www.rheinneckarticket.de or www.bb-promotion.com or local ticket offices.

January 14

Ski Trip – Enjoy some fun at the Matterhorn, Switzerland, during a Better Opportunities for Single Soldiers ski and snowboarding adventure. Open to all US ID card holders and guests. \$249 includes round trip for skiing, snowboarding, lodging and breakfast. Contact Heidelberg Outdoor Recreation for details and reservations.

Trekki Party – Boldly go forward and have some fun. U.S. Army Garrison Kaiserslautern hosts a Star Trek party Jan. 14 at Armstrong's club on Vogelweh housing. Must be 18 or older to attend. Top three Trekki costumes will win a prize. www.mwrgermmany.com.

Polish Pottery – Travel to Poland for all the beautiful Polish pottery designs you've been admiring. This is strictly a shopping tour. The tour guide has an effective itinerary designed to maximize shopping time. You'll be able to purchase Polish pottery, as well as other Polish gift items. <http://affiliates.usa.org/Kaiserslautern/>

January 15

Art Exhibition – The Heidelberg Arts and Cultural Center hosts the art exhibition

"Reflections of Generosity: Toward Restoration and Peace" 7 p.m. in the Patrick Henry Village Pavilion in Heidelberg featuring the works of over 50 Soldier and civilian artists from the Heidelberg, Kaiserslautern and Mannheim communities as well as from the United States and around the world. The artwork and performances reflect the spirit of ongoing generosity demonstrated by the military and honors the men and women who have sacrificed their lives as a result of ongoing conflicts.

Brussels - Brussels is an international city with flair bustling with activity, beautiful shops and a myriad of museums. Experience Brussels starting with a city tour featuring the main square, La Grand'Place, the famous statue Manneken-Pis and much more. There will be time to stop at a Belgian lace shop, shop, explore the sights or grab a bite to eat.

January 19

English Theatre Frankfurt - The English Theatre Frankfurt is continental Europe's largest English-speaking theater. Each season, more than 60,000 visitors enjoy its wide range of classics, comedies, thrillers and musicals. The theater's auditorium boasts state-of-the-art audio-visual technology. The house bar, James, has two floors outfitted with plush contemporary furniture helping provide the English Theatre with its unique atmosphere. Find it at Gallus Anlage 7, Frankfurt am Main 60329. Civ. 0692-423-1620. <http://www.english-theatre.org/>

Cheap Eats - Heidelberg's Better Opportunities for Single Soldiers has a treat planned for their latest Cheap Eats event. Enjoy a fabulous Fondue spread of cheeses, fruits, meat variations and more starting at 6 p.m. at the Warrior Zone on Patton Barracks in Heidelberg.

January 20

Latino Palace Chango – At the Latino Palace Chango you will find a range of Latino inspired acts regularly performing, an outdoor party area, restaurant and of course plenty of space for you to dance the night away along with many more exciting activities for you to join in spread over two large floors. The club is on Münchener Straße 57, 60329 Frankfurt am Main. Civ. 0692-722-0807. www.latinpalace-chango.de.

January 22

Chocolate Factory Tour – The Wawi Chocolate Factory in Pirmasens offers a treat for every age. Sample, savor and share chocolate confections and purchase a few to carry home. This 90-minute tour can only be described as delicious. The factory is located at Unterer Sommerwaldweg 19-20,

Pirmasens, 66953. Civ. 06331-239-990. <http://www.wawi-euro.de/eng/index.php>.

Military History Tour – Hitler and his paladins selected the old imperial city of Nürnberg to become the party center and the setting for their pageantry during the party rallies that were held every September from 1934 until 1938. These gatherings were pompous spectacles, theatrical demonstrations of every branch of the National Socialist Party hierarchy. This tour takes you to the relics of the staged presentations and to a documentation center presenting an in-depth portrait of this period of German history. <http://affiliates.usa.org/Kaiserslautern/>

January 24

Wax Museum - Since the doors of Madame Tussauds world famous waxwork museum first opened over 200 years ago in London, millions of visitors have flocked to see the incredible likenesses of real life celebrities and historical persons. Check out the museum's Berlin location and discover your favorite celebrity heroes and the process behind how the waxwork figures are made. You can also snap a photo with Barack Obama, Angelina Jolie, the Queen of England, David Beckham, Madonna and many more. The museum is located at Unter den Linden 74, 10117 Berlin. Civ. 0180-554-5800.

January 29

Dance Classes - Cut a rug with your fanciest dance steps or at least learn how at the Lamade dance school in Mannheim. The school offers many classes, courses, special nights and events to get you on the floor whether it's hip hop or the Viennese waltz. Civ. 0621-10-3040.

Flea Market - Cuijk is the site of the Netherlands' largest antique and flea market held every Saturday in an exhibition center outside town. The center's four halls are fully covered and heated and packed with antique furniture, used paintings, clothing, household goods, crafts, antique reproductions, furniture and more junk and treasures than you could ever imagine. With more than 1,500 stalls and a huge food court, Cuijk has always been an insider's flea market. <http://affiliates.usa.org/Kaiserslautern/>

Ongoing

Kaiserslautern Ice – Head down to the heart of K-town for some winter time fun through Feb. 13. Glide across 600-square feet of ice under a cozy decorated tent. €2 for children, €3 for adults 9 a.m. - 9 p.m. weekdays and 9 a.m. - 10 p.m. weekends. The rink is An der Kalaue 9, 67659 Kaiserslautern. <http://www.kl-on-ice.de/>.

coming to THEATERS

LITTLE FOCKERS

(Robert DeNiro, Jessica Alba) The test of wills between Jack Byrnes and Greg escalates to new heights. It has taken 10 years, two little Fockers with wife Pam and countless hurdles for Greg to finally get "in" with his tightly wound father-in-law, Jack. When Greg and Pam's entire clan – including Pam's lovelorn ex, Kevin – descends for the twins' birthday party, Greg must prove to the skeptical Jack that he's fully capable as the man of the house. Rated PG-13 (mature sexual humor throughout, language and some drug content) 98 minutes.



PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

Jan. 6 - LITTLE FOCKERS (PG-13) 7 p.m.
 Jan. 7 - TRUE GRIT (PG-13) 7 p.m.; SKYLINE (PG-13) 9 p.m.
 Jan. 8 - TRUE GRIT (PG-13) 4 p.m.; SAW 3D (2D Version) (R) 7 p.m.; PARANORMAL ACTIVITY 2 (R) 9 p.m.
 Jan. 9 - TRUE GRIT (PG-13) 4 p.m.; SKYLINE (PG-13) 7 p.m.
 Jan. 10 - SAW 3D (2D Version)(R) 7 p.m.
 Jan. 11 - SKYLINE (PG-13) 7 p.m.
 Jan. 12 - TRUE GRIT (PG-13) 7 p.m.
 Jan. 13 - PARANORMAL ACTIVITY 2 (R) 7 p.m.

Mannheim, Schuh

Jan. 7 - LITTLE FOCKERS (PG-13) 7 p.m.
 Jan. 8 - GULLIVER'S TRAVELS (PG) 4 p.m.; SKYLINE (PG-13) 7 p.m.; PARANORMAL ACTIVITY 2 (R) 9 p.m.
 Jan. 9 - GULLIVER'S TRAVELS (PG) 4 p.m.; SAW 3D (2D Version) (R) 7 p.m.

Vogelweh, Galaxy

Jan. 7 - SKYLINE (PG-13) 4 p.m.; SAW 3D (2D Version)(R) 7 p.m.
 Jan. 8 - GULLIVER'S TRAVELS (PG) 4 p.m.; LITTLE FOCKERS (PG-13) 7 p.m.
 Jan. 9 - GULLIVER'S TRAVELS (PG) 4 p.m.; LITTLE FOCKERS (PG-13) 7 p.m.

Ramstein, Gateway Movieplex

Jan. 6 - JACKASS 3D (2D Version)(R) 11 a.m., 1:30 p.m., 4 p.m., 7:15 p.m.; RED (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; HEREAFTER (PG-13) 12 p.m., 3:30 p.m., 6:30 p.m.
 Jan. 7 - TRUE GRIT (PG-13) 12 p.m., 3 p.m., 6 p.m., 9 p.m.; PARANORMAL ACTIVITY 2 (R) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m., 9:30 p.m.; SKYLINE (PG-13) 11 a.m., 1:15 p.m., 3:30 p.m., 6:45 p.m.; SAW 3D (R) 11:30 a.m., 1:45 p.m., 4 p.m., 7:15 p.m.
 Jan. 8 - TRUE GRIT (PG-13) 12 p.m., 3 p.m., 6 p.m., 9 p.m.; PARANORMAL ACTIVITY 2 (R) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m., 9:30 p.m.; SKYLINE (PG-13) 11 a.m., 1:15 p.m., 3:30 p.m., 6:45 p.m.; SAW 3D (R) 11:30 a.m., 1:45 p.m., 4 p.m., 7:15 p.m.
 Jan. 9 - TRUE GRIT (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; PARANORMAL ACTIVITY 2 (R) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m.; SKYLINE (PG-13) 11 a.m., 1:15 p.m., 3:30 p.m., 6:45 p.m.; SAW 3D (R) 11:30 a.m., 1:45 p.m., 4 p.m., 7:15 p.m.
 Jan. 10 - TRUE GRIT (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m.; SKYLINE (PG-13) 11 a.m., 1:15 p.m., 3:30 p.m., 6:45 p.m.; SAW 3D (R) 11:30 a.m., 1:45 p.m., 4 p.m., 7:15 p.m.
 Jan. 11 - TRUE GRIT (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m.; SKYLINE (PG-13) 11 a.m., 1:15 p.m., 3:30 p.m., 6:45 p.m.; SAW 3D (R) 11:30 a.m., 1:45 p.m., 4 p.m., 7:15 p.m.
 Jan. 12 - TRUE GRIT (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m.; SKYLINE (PG-13) 11 a.m., 1:15 p.m., 3:30 p.m., 6:45 p.m.; SAW 3D (R) 11:30 a.m., 1:45 p.m., 4 p.m., 7:15 p.m.
 Jan. 13 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m.; SKYLINE (PG-13) 11 a.m., 1:15 p.m., 3:30 p.m., 6:45 p.m.; PARANORMAL ACTIVITY 2 (R) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
 Schuh Theater, Mannheim, 0621-730-1790
 Galaxy Theater, Vogelweh, 0631-50017
 Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions

community HIGHLIGHTS

Care Call Center

The European Regional Medical Command Care Call Center has changed its hours. Families in the Coleman, Mannheim and Heidelberg areas can make appointments 6:30 a.m.-5 p.m. by calling DSN 371-2622, civ. 06221-17-2622 or toll free 00800-3762-2273.

Teen Clinic

The Teen Clinic at Heidelberg High School will be closed for approximately six weeks until late January due to staffing issues at the Heidelberg Health Center. Closure of the clinic allows increased provider availability in the pediatric clinic. The Heidelberg Medical Department Activity will coordinate with the high school to ensure unforeseen medical needs are met. HMEDDAC thanks you for your patience during this time.

Ammunition Amnesty

The 21st Theater Sustainment Command has scheduled an amnesty day 8 a.m. to 2:30 p.m. Jan. 11 at the Theater Logistics Support Center – Europe's Ammunition Supply Point 9 at Miesau Army Depot in Kaiserslautern to allow individuals to turn in ammunition and explosives. DSN 481-3516, civ. 06372-842-3664.

Soldier Show

The U.S. Army Soldier Show is accepting nominations through Jan. 14 for performers and technicians for the 2011 show. Nominations are being accepted for vocalists, dancers, musicians, specialty acts and technicians for lighting, audio, video, costuming and stage. DSN 379-7667, civ. 06202-80-7667.

EEO and Sexual Harassment

There will be Equal Employment Opportunity and sexual harassment training 1-3 p.m. Jan. 19 and Feb. 16 at the Community Training Center on Patton Barracks in Heidelberg Bldg. 104. This training is required for every civilian employee and any military or local national who supervises civilian employees. Employees must have the classroom training every other year and the online version on the alternating year. http://www.bw.eur.army.mil/training_security.html. Additional class dates are: March 16, April 20, May 18, June 15, July 20, Aug. 17 and Sept. 14. Reservations: DSN 373-5494.

AFAP Issues

Issues for consideration at the Mannheim-Heidelberg AFAP conference in February will include any submitted before Feb. 1. Issues can be Heidelberg, Mannheim, Installation Management Command or Department of the Army wide. Pick up forms at the Mannheim or Heidelberg ACS offices or download one from the Mannheim Web site, www.home.mannheim.army.mil or the Baden-Württemberg Web site, www.bw.eur.army.mil.

local EMPLOYMENT

Volunteer Opportunities

Mannheim USO is seeking customer service representatives to work in the office noon-5 p.m. Tuesdays and Thursdays. DSN 385-3195.

The Mannheim American Red Cross and Health Clinic is seeking council members to enhance patient and family-centered care at the clinic and promote patient and family advocacy and involvement. Civ. 0621-730-2759.

KAISERSLAUTERN

Community

♦ **Kleber Health Clinic** – Ongoing renovations to the clinic will not reduce services at the Kleber clinic in Kaiserslautern. Until renovations are complete medical services will continue in Bldg. 3287a 6:30-7 a.m. for sick call, 7-8 a.m. for in-processing, 7:30 a.m.-noon and 1 p.m.-4 p.m. Mondays-Thursdays and 7:30 a.m.-noon Fridays. DSN 483-1750, civ. 0631-411-1750.

♦ **Winter Term Scholarships** – Submit applications by Jan. 14 for KMC Armed Forces Communications and Electronics Association's winter term scholarships for active duty junior officers, enlisted, civil service and family members currently employed or residing in the Kaiserslautern Military Community and pursuing a degree in an information technology related field. Scholarships are up to \$200 for those eligible for tuition assistance and \$400 for those ineligible for tuition assistance. Applications: www.kmcafea.org/kmcscholarship.

♦ **Business Club Scholarship** – The American German Business Club offers €1,000 scholarships to business majors who live in the Kaiserslautern area. Applicants must be studying business or business-related courses at an accredited university, be living in the Kaiserslautern, Pirmasens, Saarbrücken, Koblenz, Mainz area and have at last one year remaining before completion of degree. kaiserslautern@agbc.de.

♦ **Kinder Music** – SKIES Unlimited is now offering "ABC Music and Me" for children enrolled in a child care or pre-K program for literacy development through music. DSN 493-4516, civ. 0631-3406-4516.

♦ **Certified** – Certified Mechanics are available at Pulaski Auto Skills in Kaiserslautern and at Landstuhl. General maintenance and specialized services are also available. Pulaski: civ. 0631-350-2323, Landstuhl: 06371-4931-628.

♦ **Tow Services** – Pulaski Auto Skills now offers tow services 10 a.m.-5 p.m. Monday-Friday and after hours for an additional fee. DSN 493-4167, civ. 0631-3406-4167.

HEIDELBERG

Education

♦ **ACS Classes** – Families Learning About Germany 9 a.m.-2 p.m. Jan. 10-12; Field trips 8:30 a.m.-1:30 p.m. Jan. 13 and 15; Federal Web-Based Application (Resumix) 9-11 a.m. Jan. 11; FRG Leader 101 2-3:30 p.m. Jan. 11; Volunteer Orientation 10-11 a.m. Jan. 12; Financial Readiness Training 10-11 a.m. Jan. 13; How to Have a Good Night's Sleep 10 a.m.-12 p.m. Jan. 13, Nachrichten Kaserne, Bldg. 3622, Company B Conference Room.

♦ **FAST Class** – Functional Academic Skills Training to reinforce basic math

or reading skills will be held 8 a.m.-noon Jan. 19 - Feb. 8 at the Patton Education Center in Heidelberg. DSN 373-6226.

♦ **University of Maryland** – Registration for the UMUC spring session takes place through Jan. 16 including a text book sale. Register by Feb. 20 for the March field study courses. DSN 370-6762.

♦ **University of Phoenix** – Pursue a master's of business administration at the Patton Barracks Education Center starting Jan. 25. Civ. 06371-46-6876.

♦ **Pre-retirement Briefing** – There will be a pre-retirement briefing for Soldiers 8:30 a.m.-4 p.m. Feb. 9 at Army Community Service in room 172 on the Heidelberg Shopping Center Complex. Reservations: DSN 370-3283.

♦ **Central Texas College** – Registration has begun for Central Texas College offering: Fundamentals of Fire Protection, Emergent Literacy for Early Childhood, Crime in America, Criminalistics I, Emergency Medical Technology – Basic Certification Course. DSN 373-8660, civ. 06221-17-8660.

Community

♦ **Work Orders** – The Directorate of Public Works no longer accepts walk-in work requests. All requests will be accepted through phone calls, fax or Internet. DSN 387-3240, civ. 6221-4380-3240, www.bw.eur.army.mil under Public Works.

♦ **Volksmarches** – The Heidelberg International Wandering Club is registered Jan. 8-9 in Langenbrand-Schoenberg (south of Pforzheim) and Bretzenheim/Nahe (north of Bad Kreuznach). Trips are open for Groszliederstroff in January. www.hiwv.de.

♦ **Family and MWR** – All Family and MWR facilities will close at 3 p.m. Jan. 9 for a staff function. Normal hours resume Jan. 10. DSN 373-9867, civ. 06221-17-5006.

♦ **Village Grille Bingo** – The Village Grille restaurant will host a bingo game every Monday at 7 p.m. on Patrick Henry Village starting Jan. 10. Win big cash prizes. Game is for players 18 and older.

♦ **Theater Auditions** – The Roadside Theater will hold auditions for "All My Sons" 7 p.m. Jan. 11-12 for men and women ages 20-plus and boys ages 7-11. No experience required. Pick up a script at the Roadside Theater prior to the auditions, www.mwgermany.com

♦ **Martin Luther King Breakfast** – Martin Luther King Jr. holiday prayer breakfast with the Installation Management Command-Europe chaplain as the keynote speaker will be at the Patton Barracks dining facility 7:30-9 a.m. Jan. 13. DSN 373-6469.

♦ **BOSS Meeting** – The next Better Opportunities for Single Soldiers meeting will be 3 p.m. Jan. 19 at

the Heidelberg BOSS Headquarters on Patton Barracks Bldg. 104. DSN 373-5275.

♦ **Taste of Soul** – Celebrate Black History Month with a beautiful art exhibition, soul food tasting, poetry readings and live music by Jimmy's Soulquity 6-11 p.m. Feb. 5 at the Patrick Henry Village Pavilion. Participate in the Soul Food Competition by signing up at the Arts and Cultural Center. Prizes awarded for best dish. DSN 373-7414.

♦ **Theater Auditions** – Be a part of the Roadside Theater's upcoming production of "On the Verge" 7 p.m. Feb. 15-16 at the Roadside Theater on Patton Barracks. Auditions call for three women and one man over the age of 18. Auditions are open and no experience is required. DSN 373-5020, www.roadside-theater.com for more details.

♦ **Town Hall Meeting** – The next U.S. Army Garrison Baden-Württemberg Town Hall meeting will be 6 p.m. Feb. 16 at the Patrick Henry Village Pavilion.

♦ **Spouses Club Scholarships** – High school seniors may apply through Feb. 16 for \$1,000 scholarships awarded by the Heidelberg Community Spouses Club for the best essay submitted. Applications: www.hcsc-heidelberg.com/scholarship, or scholarship@hcsc-heidelberg.com.

♦ **Right Arm Night** – Legends hosts Right Arm Night 5-7 p.m. on the third Friday of the month on Patton Barracks. Enjoy free admission and finger foods. The next Right Arm Night is scheduled for Jan. 21.

♦ **Girl Scouts** – The Girl Scouts are looking for community-minded volunteers. Training and mentoring are provided. Girls 5-17 years old are invited to become Girl Scouts. HeidelbergGS@yahoo.com.

♦ **Karaoke** – Legends on Patrick Henry Village hosts karaoke and line dancing at 7 p.m. every Friday. Get free dancing instructions from 7-9 p.m. and then sing your heart out on the karaoke microphone.

MANNHEIM

Education

♦ **ACS Classes** – Intro to MS Publisher 10 a.m.-12 p.m. Jan. 7; Families Learning About Germany 9 a.m.-2 p.m. Jan. 10-12; Field trips 8:30 a.m.-1:30 p.m. Jan. 13 and 15; AFTB Instructor Training 9 a.m.-2 p.m. Jan. 10-12; Hearts Apart Brown Bag Lunch on Creating a Scrapbook 11:30 a.m.-1 p.m. Jan. 11; Spouse Career Assessment 9-10 a.m. Jan. 12; Resume Writing 10 a.m.-12 p.m. Jan. 12; FRG 101 9-11 a.m. Jan. 13.

♦ **American Red Cross** – Health and Safety Courses will be 8 a.m.-5 p.m. Jan. 8 for Adult, Child and Infant CPR, AED and First Aid; and Community CPR Instructor course 8 a.m.-5 p.m. Jan. 11-15 at the Red Cross on Sullivan Barracks, Bldg. 242. DSN

385-1760, civ. 0621-730-1760.

♦ **Financial Planning Workshop** – Learn planning strategies to secure your financial future 4-5 p.m. Jan. 18 at the Sullivan Library. DSN 385-2688, civ. 0621-730-2688.

♦ **Pre-retirement Briefing** – There will be a pre-retirement briefing Jan. 25 8:30 a.m.-4 p.m. in the USO conference room Bldg. 254 on Sullivan Barracks. Contact DSN 385-3487.

♦ **Pre-separation Briefing** – There will be a mandatory pre-separation briefing for Soldiers separating from the Army in the basement of Bldg. 258 on Sullivan Barracks 8:30 a.m.-4 p.m. Feb. 1. DSN 385-3487.

Community

♦ **Commissary and PX Hours** – The commissary and AAFES Post Exchange are now closed on Mondays. Popeyes and Taco Bell located next to the PX are now open 11 a.m.-3 p.m. on Mondays.

♦ **Subway** – The Subway and John's Best Barbeque restaurants on Benjamin Franklin Village are now open 10 a.m.-5 p.m. Monday – Friday.

♦ **Time for Tea** – The youth center will host a tea tasting 6-7:30 p.m. Jan. 13, 20 and 27 at the Youth Center on Benjamin Franklin Village Bldg. 696. www.mwgermany.com.

♦ **School Advisory Committee** – The high school's School Advisory Committee will meet 3:15 p.m. Jan. 20 in the media center.

♦ **Volunteer Opportunities** – The Mannheim ACS Army Volunteer Corps encourages the community to consider Martin Luther King, Jr. Day as a day of service. You can visit www.milkday.gov for great volunteer activities.

♦ **Yearbook Congratulations Ads** – Student dedication ads are now available for the yearbook, the last for Mannheim high school before its closure in June. Individuals and organizations can dedicate ads for students or as a community farewell in general. Design is provided. DSN 380-4092, civ. 0621-730-4092.

♦ **Fashion Show** – The Warrior Zone on Coleman Barracks is looking for Soldier models to walk the runway at its winter fashion show Jan. 29. All clothing will be provided by AAFES. DSN 382-4410, civ. 0621-730-4410.

♦ **Walking Group** – The Mannheim ACS New Parent Support Group hosts a Walking Group 10-11 a.m. Tuesdays and Thursdays at the track behind the clinic. No cost. Just bring strollers and your babies. DSN 385-2027, civ. 0621-730-2027.

♦ **Auto Skills** – The Auto Skills center on Spinelli Bks, Bldg. 1577, has a new DSN 384-6023. The civilian number is the same: 0173 200-0642.

♦ **Library volunteers** – The Sullivan Library is seeking a volunteer to organize and lead story hour on 10:30-11:30 a.m. Thursdays. Civ. 0621-730-3101.



Wendy Aldcroft

University of North Carolina women's soccer coach Anson Dorrance was at Heidelberg High School Sunday to teach European lady soccer players some of the winning techniques he uses to coach the Tar Heels, UNC's women's soccer team.

UNC women's soccer coach holds Heidelberg clinic

Heidelberg U.S. Youth Soccer

Heidelberg women soccer players had a rare opportunity Sunday to learn from one of the most successful women's soccer coaches in the United States.

University of North Carolina women's soccer coach Anson Dorrance hosted a U15 and U18 girls' soccer clinic at Heidelberg High School.

Over 50 girls from as far away as Italy attended the clinic.

"This was so cool. I mean who gets to do things like this? Getting training from a guy like Coach Anson is probably one of the coolest things that has ever happened to me. Not only did I get to learn a lot, but he's like, a real person," said Heidelberg middle school student Rachel Braun.

U.S. Youth Soccer Europe arranged two sessions for girls 13-18 years old to expose them to stateside coaches, said Wendy Aldcroft, Heidelberg district U.S. Youth Soccer vice president of publicity and marketing.

Anson Dorrance has one of the most successful coaching records

"This was so cool. I mean who gets to do things like this? Getting training from a guy like Coach Anson is probably one of the coolest things that has ever happened to me. Not only did I get to learn a lot, but he's like, a real person."

—Rachel Braun, Heidelberg middle school student

in the history of athletics, Aldcroft said. The Tar Heels record under Anson Dorrance is 696-36-22.

Coaches involved applauded the event.

"Having Coach Dorrance, an icon in the sport of soccer who coached Mia Hamm, probably the most famous female soccer player in U.S. history, coach our U.S. Youth Soccer girls teams, is a once in a lifetime opportunity without paying \$500 for a camp," said Heidelberg Select President Paul Guelle.

"As a coach I was exposed to a new training style and ideas from one of the best coaches in the world. As a parent it was good to have a better understanding of

the opportunities a program like USYS can offer to my soccer player," said TerriLynn Braun USYS Heidelberg U15 girls' coach.

"Most female soccer players dream of just being given the chance to meet Anson Dorrance let alone having the chance to participate in one of his training sessions," said Carrie Scallan, U17 and U13 girls coach and Catawba College division II women's varsity soccer player.

"I think I can speak for all when saying we were honored he took the time to put Heidelberg on his calendar," Scallan added.

Those interested in U.S. Youth Soccer Europe should e-mail usys-heidelberg@googlemail.com.

staying ACTIVE

Road Closed

The highway to the Heidelberg Rod and Gun Club (B-291) will be closed periodically through Jan. 7 for tree trimming. Access to the club will be limited during that time. Civ. 0620-25-1193.

Unit Basketball

Upcoming unit-level basketball games scheduled at the Thompkins Fitness Center are: NATO vs. U.S. Army Europe at 6 p.m., 43rd Signal vs. 4th Air Support Operations at 7 p.m. and U.S. Army Garrison Baden-Württemberg vs. MEDCOM at 8 p.m. Jan. 10. DSN 373-6110, civ. 06221-17-6110.

Patton Gym Re-opens for MLK

The Patton Fitness Center basketball court in Heidelberg reopens for the Martin Luther King Jr. men's and women's basketball tournament. The new center court logo will be unveiled at the start of the tournament at 4 p.m. Jan. 14 featuring the U.S. Army Europe Band and Chorus. DSN 373-8032, civ. 06221-17-8032, www.mwrgermany.com.

Marksmanship Team

The Heidelberg and Mannheim High Schools Marksmanship teams compete 9 a.m.-1:30 p.m. Jan. 8 in Baumholder against Patch and Baumholder high schools 9 a.m.-1:30 p.m. Jan. 15 at Patch.

High School Basketball

Heidelberg girls' and boys' basketball teams play at home Jan. 14-15 against Hohenfels. Junior Varsity girls play at 4 p.m., JV boys play at 5:30 p.m., Varsity girls play at 7 p.m. and Varsity boys at 8:45 p.m. Jan. 14. JV girls play at 10 a.m., JV boys at 11:30 a.m., Varsity girls play at 1 p.m. and Varsity boys at 2:45 p.m. Jan. 15.

Wrestling

Heidelberg and Mannheim High Schools Wrestling teams compete 10 a.m. Jan. 15 at Ansbach against Patch, Hohenfels, Vilseck, Bamberg.

Winter Hunting Course

Register by Jan. 15 for Heidelberg's Rod and Gun Club winter hunting course Jan. 26 through March 19 from 6-8 p.m. Wednesdays, Thursdays and Fridays and 9 a.m.-5 p.m. Saturdays. The course is open to ID-card holders 18 and above. It covers the history of European hunting traditions and game animals in Germany. Upon completion, students get paperwork to obtain German hunting licenses via the local German courthouse and will have the ability to purchase and store firearms at their homes. Civ. 0620-25-1193.

Sullivan Gym Free Classes

Mannheim's Sullivan Gym now has free zumba classes at 7 p.m. Thursdays. Classes will be free until Feb. 1. Additional classes will be added at 5 p.m. Mondays and Wednesdays starting in January. Also, starting Jan. 10, two free interval cardio training classes that include nutritional information. The class will be held 7:15 a.m. and noon Mondays and Wednesdays. DSN 385-3149, civ. 0621-730-3149.

Heidelberg Golf Club

The Heidelberg Golf Club an der Bundestrasse 291 in Oftersheim has closed its restaurant for renovation in January and February and reopen March 1. Civ. 06202-537-67.

Coaches Needed

Volunteer coaches are needed for winter sports teams in Mannheim and Heidelberg. The new fee policy allows all family members of the head coach to play for free and one family member for the assistant coach. DSN 388-9397, civ. 06221-388-9397. DSN 380-9135, civ. 0621-730-9132.

More Photos Online
www.flickr.com/heraldpost

**Everyone has a role
in preparedness.**

- Help your community more effectively prepare and respond to emergencies.
- Get involved by training, volunteering and sharing preparedness with others.

Get Involved In Your Community!



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