

# HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

**HP THURSDAY**  
Jan. 27, 2011

## Speed Read

### AFAP

Members of the Heidelberg and Mannheim communities with concerns about local community life, services, and programs have until Feb. 1 to submit issues for resolution at the annual Army Family Action Plan conference for both garrisons. **3**

### GREEN TO GOLD

Soldiers interested in becoming officers may want to look into what the Army's Green to Gold program has to offer. **4**

### BEST WARRIOR

 A Public Health Command Region-Europe NCO took top honors in U.S. Army Public Health Command (Provisional)'s Best Warrior competition at Aberdeen Proving Ground, Md. **8**

### HOME SCHOOLERS

The Benjamin Franklin Village home school group met at the Sullivan Library in Mannheim for their first "Meet the Author" experience with local writer G. Lewis "Rob" Robinson. **8**

### MARIENBAD

Marienbad, a quiet spa town in the Czech Republic, is known for its 40 springs and healing waters, great shopping and entertainment. **13**

### ROAD CONDITIONS

Road level conditions green, amber, red and black are good ways for drivers to assess whether they can safely proceed in their cars during bad weather. **14**

## Defense Details

### VIRTUAL HELP

The Department of Defense launched a computer-based virtual world last week where Soldiers can anonymously learn about the symptoms of Post Traumatic Stress Disorder and where to get help. Creators of the Virtual PTSD Experience at the National Center for Telehealth and Technology, hope the program will cut down on stigma associated with PTSD and Traumatic Brain Injury.

[www.defense.gov](http://www.defense.gov)  
[www.army.mil/news](http://www.army.mil/news)

## What's Inside

Transformation Update.....	4
Our Army Around the World .....	10
Dear Ms. Vicki .....	14
GET OUT! .....	15
Movies .....	15
Announcements.....	16
Sports.....	17



## Best and brightest compete in spelling bee

By Sgt. Fabian Ortega  
USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Pestilence. That's the word that won Joseph Krapf, a fourth grader at Patrick Henry Elementary School, the title at the 2011 PTA Spelling Bee Friday.

A nervous energy from parents filled the school's multipurpose room as 47 contestants prepared to go head-to-head spelling words many adults haven't even heard of. Participants took a shot at over 120 words in the competition.

To prepare for the spelling bee, PTA spelling bee chair Jennifer Crawford, said students had to study a see **SPELLING** page 12

Patrick Henry Elementary fourth grade student Joseph Krapf competes in the annual spelling bee Friday. Linda Steil

## Apartments on PHV get face lift

### Staff Report

Some housing units on Patrick Henry Village in Heidelberg have been upgraded under the Super Vacant Quarters Maintenance program.

"Doing (maintenance) on a building only for it to be returned to the host nation does not make sense. However, if we can use the building for a few years and raise the quality of life for service members and their families before returning it to the host nation, then it does make sense," said Chief of Housing Don Meyer.

The projects were funded in fiscal year 2008 and 2009, went through the formal bidding process and were awarded to contractors.

"It makes sense for us to provide the best possible housing to our community," said U.S. Army Garrison Commander Col. William Butcher. "We have a commitment through the Army Family Covenant to provide those who sacrifice a commensurate see **HOUSING** page 12



Dr. Aurora Alva, Mannheim's dental clinic, checks Mannheim Elementary School student Ashley Hartman's oral health Friday, one of four days Alva, Patricia DeLand and Spc. Heather Camacho spent at the school with students in kindergarten through fifth grade showing them proper brushing and flossing as part of Children's Dental Health Month. Brandon Spragins

## Dental health focuses on prevention

By Col. Theresa S. Gonzales  
BAVARIA DENTAL ACTIVITY

Children's Dental Health Month began as a one day event in 1941 in Cleveland, Ohio, and has evolved into a month-long national celebration.

The campaign promotes awareness of good dental health and prevention of dental disease in children.

Recent studies have shown that tooth decay is one of the most common chronic diseases of childhood see **DENTAL** page 12

## LEGAL ASSISTANCE

# Don't put government clearance in jeopardy

*New credit card rules cause users to exercise more caution with transactions*

**Patton Law Center**

Proper credit management is critical for Soldiers, civilian employees, retirees and their family members. Every year many individuals are stripped of security clearances or even eliminated from the Army because of poor debt management skills.

New credit rules mean consumers must now exercise even greater caution when using credit. Consider these tips when thinking about getting new credit cards or seeking credit.

First, the Credit Card Accountability, Responsibility, and Disclosure Act is now fully

implemented, and it provides many needed protections against confusing billing cycles, interest-rate hikes without warning, credit offers to college students and other questionable practices.

But this protection comes at a price.

Most unsecured credit issuers, such as credit cards and lines of credit, have added or increased annual fees, increased their interest rates and lowered available credit limits as a result of the credit card act.

Consumers should carefully review all the information provided by credit card issuers to ensure they fully understand all the rules pertaining to the account.

If you are a consumer who does not carry a monthly balance on credit cards, you may want to review the card's rules to see if you should cancel the card to reduce annual fees.

Second, watch your credit score. Under previous rules, you needed a credit score of 700 or more to secure the best rates. Now most lenders are looking for scores above 750.

The two primary drivers of your credit score are your debt to total available credit ratio (keep it below 30 percent) and your number of late payments. A single 30-day late notice can cause your credit score to plummet 100 points.



Finally, know some of the credit myths.

For instance, many people believe that if you apply for credit card, but never activate it, it will not only not hurt your credit score, but actually increase your credit standing.

This is not true. The simple act of applying for a credit card will cause your credit score to drop by approximately 5 points.

So be very cautious about applying for new credit cards, especially just

before you intend to make a major purchase such as a car or house – when your credit score may be important to you in securing the most favorable interest rate possible.

If you have credit problems, your local legal assistance office can help.

Additionally, many Army Community Service offices offer extensive financial planning and management services.



[www.facebook.com/BWnow](http://www.facebook.com/BWnow)  
<http://myBWnow.ning.com>

## DISCUSSION BOARD

**Find out what your garrison commanders and members of your community are saying in the BWnow virtual community**

**QUESTION OF THE WEEK: How are your New Year's resolutions going? Are you still making good on your promises or have you already thrown in the towel?**

I always think it is funny or maybe just annoying that just after the first of January I have trouble getting a treadmill at the gym only because everyone has

made their resolutions and yet in a few weeks, if that, they are all gone ... As for my resolutions and keeping them, I always make the same one every year and that is – try to remember that no matter how mean, frustrating or ignorant people can be, always just treat them with the utmost respect that I would want to be treated with. I guess sometimes I just hope that being nice to someone who may even just like to be

hateful it might make a small bit of difference ...

–Susan, BWnow member  
I started getting up at 0400hrs and going to the gym at 0500hrs in 1999 ... if anyone had told me at 17, or 27 for that matter, that I'd actually want to get up at 0400 and hit the gym at 0500...I'd have laughed myself into a hernia.

–Walter Christian Mattil, BWnow member



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Editorial content is edited, prepared and

provided by the USAG Baden-Württemberg Public Affairs Office.

Printed circulation: 17,000.

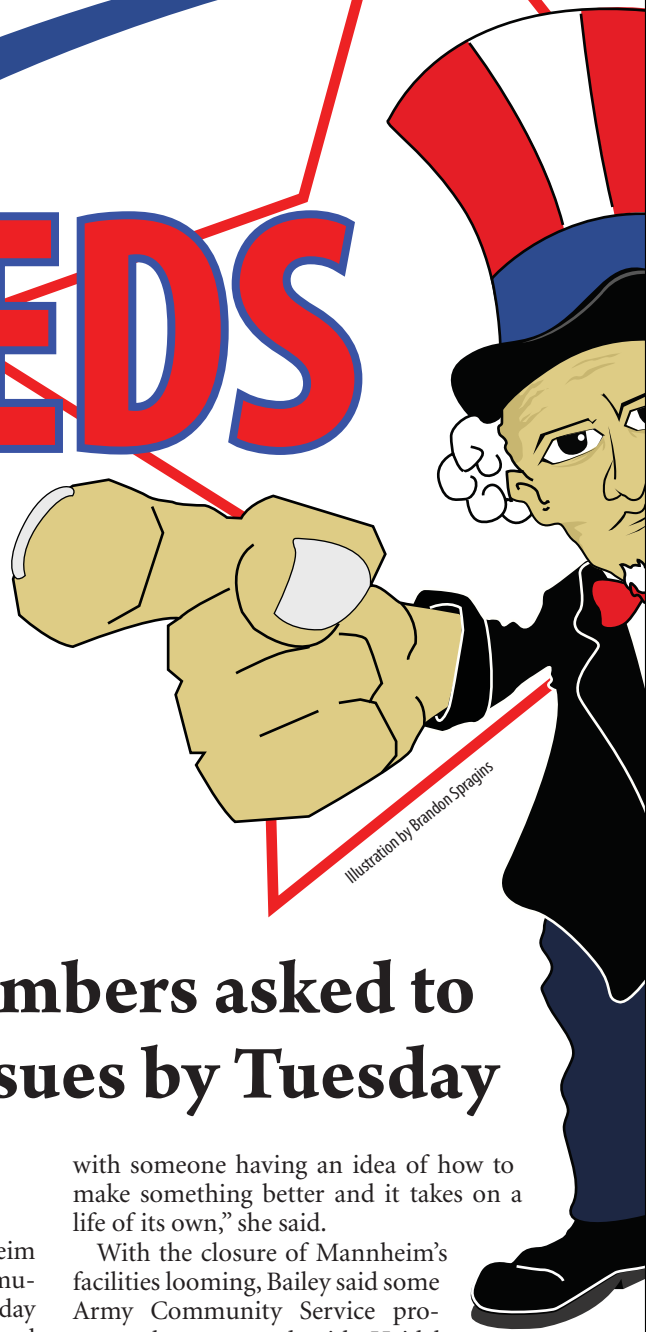
The Herald Post offices are in Building 107, Patton Barracks, Heidelberg. Military address: Herald Post, PAO, U.S. Army Garrison Baden-Württemberg, Unit 29237, APO AE 09014. Civilian address: Herald Post, Patton Kaserne, Gebäude 107, Kirchheimerweg 4, 69124 Heidelberg. E-mail address: [usaghd.post@eur.army.mil](mailto:usaghd.post@eur.army.mil).

Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.



# AFAP Army Family Action Plan Conference

# NEEDS You!



## Community members asked to submit AFAP issues by Tuesday

By Sgt. Fabian Ortega  
USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Members of the Heidelberg and Mannheim communities with concerns about local community life, services, and programs have until Tuesday to submit any issues for resolution at the annual Army Family Action Plan conference for both garrisons.

Delegates, 50 in all, representing a cross-section of both communities, will voice those issues at the AFAP conference at the Village Pavilion on Patrick Henry Village Feb. 15-17.

“Through AFAP, you have the opportunity to improve life throughout the Army, as well as the standard of living in your community,” said Karen Bailey, AFAP program manager for U.S. Army Garrison Mannheim.

This is chance for those with innovative ideas to contribute to the local community or the army as whole, Bailey said.

Many popular Army programs and benefits are a result of past AFAP conferences, Bailey said, and it starts at the grass roots level with individuals submitting their issues to local garrison AFAP representatives.

The Post 9/11 GI Bill, the Better Opportunities for Single Soldiers program and the increase in Servicemembers Group Life Insurance coverage are a few notable results.

“The most amazing thing to me is it just starts

with someone having an idea of how to make something better and it takes on a life of its own,” she said.

With the closure of Mannheim’s facilities looming, Bailey said some Army Community Service programs have merged with Heidelberg so that services remain uninterrupted.

“With this unique opportunity to combine talents and resources, we will be able to maximize and focus our efforts to better serve the Baden-Württemberg community,” she said.

Spouses, civilians and active duty members are encouraged to become involved in the AFAP process, said Bailey.

“The backbone of this process is at the installation level,” said Bailey, who also manages the Army Family Team Building program for Mannheim.

Issue submission forms are available at local ACS centers or can be downloaded from the Baden-Württemberg Web site, [www.bw.eur.army.mil](http://www.bw.eur.army.mil), the Mannheim site, [www.home.mannheim.army.mil](http://www.home.mannheim.army.mil), or Family and MWR, [www.mwrgermany.com](http://www.mwrgermany.com).

### AFAP Timeline and Results

- 2009 ♦ Distribution of Montgomery GI Bill benefits to dependents
  - ♦ Noncompetitive appointment authority for spouses of active duty, disabled service members and un-remarried widow or widower of a service member killed on active duty
  - ♦ Tax credit for employers who pay a salary differential to mobilized reservists
  - ♦ Mandates states charge no more than in-state tuition rates for military personnel and their dependents
- 2008 ♦ Increased military annual leave carryover from 60-75 days
  - ♦ Expanded Exceptional Family Member Program respite care
- 2007 ♦ Toll-free Wounded in Action phone number; improved communication to families
  - ♦ Funded Family Readiness Support Assistants to battalion level
- 2006 ♦ Extended educational benefits for surviving spouses.
  - ♦ Authorized dental and vision insurance coverage for federal employees.
- 2005 ♦ Lodging and subsistence for family members of hospitalized service members
  - ♦ Phase-in of full 55% SBP benefit for surviving spouses
- 2004 ♦ Reformed military pay table (targeted pay raises)
- 2003 ♦ Established School Liaison Officers
- 2002 ♦ TRICARE for Life for Medicare eligible retirees
  - ♦ Established military Thrift Savings Plan
- 2001 ♦ Funded student travel (OCONUS) extended to age 23
- 1998 ♦ Authorized dental insurance plan for Retirees and selected reservists
- 1997 ♦ Developed first policy for the Better Opportunities for Single Soldiers, or BOSS, program
- 1996 ♦ Guaranteed Cost of Living Adjustment for Retirees
- 1992 ♦ Reserve Component retirement orientation program
- 1991 ♦ Servicemembers Group Life Insurance increase
  - ♦ Authorized Reserve Component Family Member ID card
- 1985 ♦ Established installation volunteer coordinators
- 1984 ♦ Established minimum standards for Army child care
- 1983 ♦ First Army-wide AFAP conference

### Conference Details:

- ♦ When: Conference will be held 9 a.m.-2 p.m. Feb. 15-17.
- ♦ Where: Village Pavilion in Patrick Henry Village in Heidelberg.
- ♦ Bus transportation will be provided from Sullivan Barracks to the conference site in Heidelberg.
- ♦ Contact: ACS at DSN: 385-3101, civ. 0621-730-3101
- ♦ Child care will be provided.

# You're an Essential Piece

## Green to Gold program provides enlisted members a path to officership

*Tuition-paid program leads to college degree, commission*

By Sgt. Fabian Ortega  
USAREUR PUBLIC AFFAIRS

Soldiers interested in becoming officers may want to look into what the Army's Green to Gold program has to offer.

The program puts enlisted Soldiers on a path to officership by taking them off active duty and sending them to school as full time students.

"Green to Gold is the only program where you can complete a degree and earn a commission. You can also do green to gold while pursuing a master's degree," said Capt. Scott Smith, the full-time Green to Gold adviser for the U.S. Army Cadet Command, Fort Drum, N.Y.

Soldiers seeking to trade their current military obligation for a degree and the responsibility of being an Army officer can choose from three options: the Green to Gold scholarship option, the Green to Gold non-scholarship option and the Green to Gold non-scholarship active-duty option.

In the first and most competitive option, the Green to Gold scholarship, the Army pays for full tuition, books, and other expenses.

The second and most commonly used Green to Gold program is the two-year, non-scholarship option. It is widely used because Soldiers who have completed at least two years of college get into the Green to Gold program without having to compete for a slot, Smith said.

It can also be more financially beneficial, he added.

"Believe it or not, with the post 9/11 GI Bill and combined with other programs, it is the option that gives the cadet the most financial gain," said Smith.

The last is the non-scholarship active duty option. Soldiers remain on active-duty and make permanent-change-of-station moves to a university as full-time Army ROTC cadets.

In short, Soldiers who choose this option receive current pay and allowances while they go to college, Smith said. Those eligible for the Montgomery G.I. bill or Army College Fund can use them to



offset the cost of tuition for non-scholarship options.

To qualify for the active duty option, Soldiers must be within 21 months of completing their bachelor's or master's degrees.

There is also another opportunity for a scholarship called the Division Commander's Hip Pocket Scholarship.

The option still falls under the two to four-year Green to Gold scholarship program, but the discretion to grant the scholarship is up to the applicant's commanding general.

Soldiers apply and submit their Green to Gold Hip Pocket scholarship packets through their division's personnel office, and the division commander subsequently reviews the packet.

"Last year V Corps received five (Hip Pocket scholarship) packets and all five were approved," said James Miller, a personnel officer with the U.S. Army in Europe Human Resources division. V Corps is one of four USAREUR units authorized to grant Hip Pocket scholarships.

The 21st Theater Support Command, 1st Armored Division and Joint Multinational Training Command are other USAREUR units participating in the Green to Gold Hip Pocket program.

"I would encourage Soldiers to apply," said Miller.

Jonathan Sheehan, a Green to Gold ROTC cadet and former infantryman with 4th Brigade Combat Team, 4th Infantry Division, Fort Hood, Texas, did just that almost four years ago.

"Apply if you have the opportunity. It is one of the most invaluable experiences that I have had the good fortune to be a part of," said Sheehan, who is pursuing a

history degree at Texas Christian University with a four-year Green to Gold ROTC scholarship.

"After talking with my platoon leader and company commander, we decided I should get my degree and earn a commission," Sheehan said.

Sheehan's active duty and deployment experience gave him an advantage over other cadets his freshman and sophomore years of school, he said.

"An enlisted background is an extremely valuable thing," said Sheehan. "I guarantee as prior enlisted you will be shown a great amount of respect when you walk in, something that your peers will not have."

"Also, a lot of the stuff we learned in ROTC the first two years is second nature to you ... by your third and fourth year it gets challenging but you still have a great leg up."

As an ROTC cadet, Sheehan's daily life involves physical training, class and homework. Other than that he said, "The time is pretty much yours."

"You're just another student but with the benefit of having school paid for up front," Sheehan said. "I have to admit, it's a pretty cushy life."

Getting in the Green to Gold program can be challenging, but Sheehan said the benefits outweigh the sometimes-frustrating process.

"Keep working at it," he said. "Even if you don't get accepted the first time, keep trying. It may be a pain to get in but once you are it is very much worth it."

For information on eligibility and service requirements see your local personnel office or visit [www.goarmy.com/rotc/enlisted-soldiers.html](http://www.goarmy.com/rotc/enlisted-soldiers.html).

### transformation UPDATE

#### Frequently Asked Questions

Have a transformation-related question you'd like answered?

E-mail [usaghd.post@eur.army.mil](mailto:usaghd.post@eur.army.mil). We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at [www.bw.eur.army.mil/transformation](http://www.bw.eur.army.mil/transformation).

#### Facilities Operations Changes

**Mannheim to Heidelberg Shuttle Buses** – Mannheim's community shuttle bus service now stops at the U.S. Army Garrison Baden-Württemberg Central Processing Facility is located on the Shopping Center Kaserne in Heidelberg in the Community Support Center Bldg. 3850. The bus stop at the Heidelberg Community Support Center also serves as the hub for the Heidelberg Community shuttle bus that serves Tompkins Barracks, Patrick Henry Village, Mark Twain Village and Patton Barracks. Shuttle buses run four times a day, Monday through Friday, from Coleman, Spinelli and Sullivan Barracks and the hotel on Benjamin Franklin Village to the Shopping Center Kaserne in Heidelberg and the Heidelberg Medical Clinic on Nachrichten Kaserne. Signs are posted in the bus stops indicating departure times and routes. Schedules are available at the in and out processing center, from building coordinators, at the hotel on Benjamin Franklin Village and, for those with a computer access card, at <http://tinyurl.com/Mannheim-Shuttle-Bus>. The shuttle is an appropriated-fund service to provide transportation for Soldiers to conduct official business during the duty day. However, if space is available, family members and civilians can also ride the buses. The service does not run on weekends or U.S. holidays. DSN 373-6410, civ. 06221-17-6410.

**Mannheim Military Personnel Division** – Mannheim's MPD has transferred to U.S. Army Garrison Baden-Württemberg MPD. Mannheim services that have relocated include community in and out-processing, reassignments processing, Soldier personnel actions, military personnel records updates, transition services, ACAP, casualty and memorial affairs and post retirement services. Mannheim services that will remain in Bldg. 255 on Sullivan Barracks are the passports and ID card services and ration card services for authorized civilian employees, contractors, Soldiers and family members. An announcement of when these services will relocate to Heidelberg will be made at a later date to be determined. Some personnel services such as Soldier readiness processing, pre-deployment processing, re-deployment re-integration and unit group out-processing will be conducted in the community most convenient for Soldiers. These activities will be coordinated between units and the supporting garrison. DSN 370-3347, civ. 06221-57-3347, Czernyng 14, 69115 Heidelberg. A listing of the MPD services is found at [www.bw.eur.army.mil/DHR/DHR\\_milpo.html](http://www.bw.eur.army.mil/DHR/DHR_milpo.html).

**Mannheim In and Out Processing** – Mannheim personnel will in-process and out-process through the U.S. Army Garrison Baden-Württemberg Central Processing Facility in Heidelberg. When in-processing, the Sponsorship Bus (S-Bus) from the Frankfurt Gateway Reception Center no longer stops on Sullivan Barracks. Personnel assigned to Mannheim units will be transported to the Patrick Henry Village Guest House, in Heidelberg. DSN: 388-9387, civ. 06221-33-89387. GPS: Grasweg, 69124 Heidelberg. S-Buses depart the Frankfurt FGRC at approximately 11 a.m. (arrive 12:30 p.m.) and 2:30 p.m. (arrive 4 p.m.). Before the S-Bus arrives in Heidelberg, units will be contacted by the Baden-Württemberg CPF staff for sponsors to greet newly-arrived personnel at the PHV Guest House. When out-processing, Soldiers leaving Mannheim will coordinate through the USAG-BW CPF at the Community Support Center at the Heidelberg Shopping Center Kaserne. The CPF is open daily 8 a.m.-noon and 1-4 p.m. In-processing: DSN 370-6711, civ. 06221-57-7687. Out-processing: DSN 370-8480, civ. 06221-57-6711, [usaghd.cpf@eur.army.mil](mailto:usaghd.cpf@eur.army.mil), [www.bw.eur.army.mil/DHR/DHR\\_milpo.html](http://www.bw.eur.army.mil/DHR/DHR_milpo.html). GPS: Czernyng 14, 69115 Heidelberg.

[www.bw.eur.army.mil/transformation](http://www.bw.eur.army.mil/transformation)



## Ethanol gasoline coming

MAINZ-KASTEL, Germany – A change is on the way for exchange gasoline customers in Germany.

Currently all gasoline sold in Germany, including exchange facilities in Germany, contains up to 5 percent ethanol, also known as E5 fuel. In compliance with a German law amending the German Federal Pollution Control Act, the Army and Air Force Exchange Service is required to add another type of gasoline to its facilities in Germany.

This new formula will be designated as Super E10, which con-

tains up to 10 percent ethanol.

While all makes and models of gasoline-fueled automobiles are able to use E5 gasoline, there are some automobiles which can't use E10 gasoline.

According to Ruth Wagner, the exchange-Europe ESSO fuel card manager, "Customers must check with their car manual or manufacturer to determine if 10 percent ethanol gasoline is safe to use in their car."

Both exchange and ESSO gas stations in Germany will clearly label their pumps dispensing E10 fuel.

Some ESSO stations have already started selling E10, and customers can purchase it using their Germany fuel ration card.

All exchange gas stations in Germany plan to offer Super E10 starting early February and most will continue to offer E5 gasoline in the grades of super and super plus where possible.

The price for super E10 will be based on the current weekly U.S. Department of Energy average price of regular fuel, plus incremental costs associated with providing gasoline overseas.

## Soldier killed in car accident

### LRMC Public Affairs

A soldier assigned to C Company at Landstuhl Regional Medical Center died at approximately 3 a.m. Jan. 18 from injuries related to a car accident.

Spc. Erich Sandley, 23, of Sairhope,

Ala., worked in the neurology clinic at Landstuhl. He is survived by his parents Joseph Sandley of Valdosta, Ga., and Anne Massey of Dallas, Texas.

The accident is under investigation. Memorial services were held Tuesday in Landstuhl.

## Rabbit hunt schedule expanded

### Staff Report

The hours for rabbit hunting on Patrick Henry Village in Heidelberg have expanded to include Wednesdays and Sundays. The schedule, ef-

fective through the end of February, is 6:15-9:15 a.m. and 4-6:30 p.m. Mondays, 4-6:30 p.m. Wednesdays, 6:15-9:15 a.m. and 4-6:30 p.m. Fridays and 6:15-9:15 a.m. Sundays. DSN 388-9282, civ. 06221-338-9282.

## Faces of the community: John's Best BBQ



Brandon Spragins

Ingrid C. Davis prepares a plate with shredded pork, greens and spicy beans at John's Best BBQ located on Sullivan Barracks next to the education center in Mannheim. New hours of operation are 10 a.m.-5 p.m. Monday through Friday.

## 409th talks mission support at Africa command contracting conference

### Story by Rachel Clark

409TH CSB PUBLIC AFFAIRS

STUTTGART, Germany – At the semi-annual U.S. Africa Command Contracting Conference, representatives from the Kaiserslautern-based 409th Contracting Support Brigade discussed current events, initiatives and issues relevant to contracting activities in support of AFRICOM.

"Our presence at this conference was integral because of the role the 409th plays in AFRICOM's support," said Lt. Col. Roy Manuis, the 409th CSB director of strategic initiatives.

As a stakeholder in AFRICOM's concept of support, the 409th CSB is closely engaged with the AFRICOM Operations and Logistics Directorate to influence the development and im-

plementation of AFRICOM's Service component operational contract support strategy.

"Since we play a large part in AFRICOM's contracting business, it was important for us to inform our audience as to whom the 409th CSB is, what we do and how we do it," Manuis said.

Some of the more significant discussions included the combatant commander's role in coordinating and synchronizing operational contract support and other contracting requirements on the continent. Mitigation of "collateral damage" was a common theme in the discussions.

Collateral damage was the term used when one contracting activity adversely impacts the local resources and infrastructure of another service or agency requirement.

For example, a U.S. Navy requirement for bulk fuel for helicopter operations in support of an exercise may tax local supplies thus driving up gasoline prices for local users and vendors.

AFRICOM will work toward developing and implementing policies and guidance to delineate contracting support and sources in order to mitigate the occurrence or impacts of this collateral damage.

"This was a great opportunity to meet with the AFRICOM staff and our service component and interagency counterparts," said Lt. Col. Patrick Badar, the 409th CSB's contracting support operations officer. "The outcome was a better understanding of how they operate and the means in which we can offer mutual support."

One presenter at the conference, Maj.

Christopher Foster who is a contracting officer with the 649th Contingency Contracting Team and deployed in support of operations in AFRICOM, spoke to the audience about best business practices for eastern Africa where the 409th CSB is augmenting a U.S. Navy contingency contracting office.

"I addressed some of the challenges we have operating with the local vendor bases located throughout the continent," said Foster.

The 409th executes sustainment, operational and expeditionary contracting in support of U.S. Army Europe and to U.S. European Command and AFRICOM. In addition, the 409th CSB executes command and control of subordinate contingency contracting teams and other Army contracting assets deployed in support of USAREUR.



## Best Warrior



Christina Graber

Sgt. Raymond R. Stanford, U.S. Army Public Health Command's NCO of the Year, prepares to compete in weapons qualification before winning the Best Warrior title in December.

### Medical Soldier excels in contest

U.S. Army Public Health Command (Provisional)

A Public Health Command Region-Europe NCO took top honors in U.S. Army Public Health Command (Provisional)'s Best Warrior competition in December at Aberdeen Proving Ground, Md.

Sgt. Raymond R. Stanford, a medical laboratory specialist, bested NCOs from USAPHC (Prov)'s headquarters and subordinate commands around the globe. He goes on to compete for all-Medical Command NCO of the Year honors in early 2011.

## Home schoolers meet book author

By **Tanja McCuen**  
BFV HOMESCHOOL GROUP

The Benjamin Franklin Village home school group met Jan. 7 at the Sullivan Library in Mannheim for their first "Meet the Author" experience.

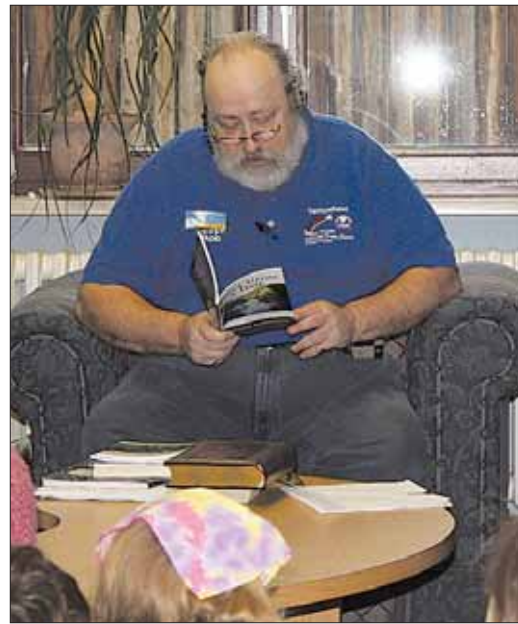
Local author G. Lewis "Rob" Robinson read his first published book, "The Talking Duck," which takes place in Garmisch.

Robinson has since published three more books – "The Worm King" set in Imbler, Oregon and "The Baker's Granddaughter and the Gingerbread Cat" set in Linkenheim, Germany.

"Each is a fairy tale short story in children's book form, about 50 pages each," he said.

Robinson also has just submitted for proofing a historical photo story book, "The Americans in Darmstadt 1945."

"This one should be on the market by mid-February," he said. "My next fairy tale is



Kris Wheeler

Local Family and MWR employee and book author George Robinson reads to a group of home school students at the Sullivan Library on Benjamin Franklin Village in Mannheim Jan. 7.

the 'Butterfly Princess' which takes place in Inis, Ireland.

In addition to being an author, Rob is also a partnership specialist with Mannheim's Family and Morale, Welfare and Recreation and a program specialist for the SKIES Unlimited instructional program.

After reading to the

group of more than 36 people, Robinson shared his experience on what it takes to become a published author. "My motivation and inspiration for writing is my family," he said.

This was Robinson's first official book reading.

"I had a blast!" he said. "Although this

event was only supposed to be an hour, it lasted two hours. I was really surprised and pleased that the students were so eager to learn more."

The children were so inspired that they have decided to write their own group story this spring. Each student will either write or illustrate two pages and then pass the story on to the next student to continue. They will publish their story in May.

When asked what the best thing about the day was, Rebekah McCuen said, "This was great because now I feel encouraged to write more."

Based on the success of this first "Meet the Author," a new Mannheim EDGE activity has been launched called "Short Story – Tall Tales," available for registration via WebTrac and open to students in grades 6-12 or equivalent.

E-mail [BFVHome-school@yahoo.com](mailto:BFVHome-school@yahoo.com).

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civ. 0621-730-6545

**Kaiserslautern**  
Kleber Kaserne  
Bldg. 3225  
DSN 483-8675  
civ. 0631-411-8672





Cpl. Sean Connell launches a Raven, an unmanned aerial vehicle, providing a demo to Army Chief of Staff Gen. George W. Casey Jr. at the National Training Center on Fort Irwin, Calif., Saturday. The center's mission is to provide realistic, joint and combined arms training in multinational venues in a contemporary operating environment to assist commanders and soldiers by presenting current problem sets.

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Gregory Jones

U.S. President Barack Obama, left, Colonel David P. Anders, Commander of the 3rd U.S. Infantry Regiment (The Old Guard), and President Hu Jintao of China, right, acknowledge the crowd of honor guards and guests, as they pass in review on the grounds of the White house during an Armed Forces Full Honor Arrival ceremony Jan. 19.



Matthew Montgomery

Computer Numeric Controlled Instructor Bruce Walker puts the final touches on a brass wagon wheel spindle cap for The Old Guard's caisson wagons, which are used to perform more than 1,700 full-honors ceremonies yearly. The wagons are almost 100 years old and 95 percent original, so replacement parts are obsolete and must be manufactured when needed.



Spc. Roland Hale

Chief Warrant Officer 3 Clifford Rakes shuts down his aircraft's systems following a mission near Baghdad Jan. 12. Rakes is a Black Hawk pilot assigned to the 1st Infantry Division's Company A, 2nd General Support Aviation Battalion, 1st Aviation Regiment, Enhanced Combat Aviation Brigade. Rakes and other Black Hawk crews transport military and civilian VIPs to U.S. bases around the Iraqi countryside.





Malcolm Carpenter  
Chaplain (Maj.) Dr. Khallid M. Shabazz speaks with audience members following his participation in a panel discussion Friday in Heidelberg in remembrance of the Rev. Dr. Martin Luther King Jr.

## King's works remembered

By Malcolm Carpenter  
RHEIN-NECKAR BRANCH NAACP

Local U.S. Army Baden-Württemberg Chaplain (Maj.) Dr. Khallid M. Shabazz joined with Germans and Americans in remembering the Rev. Dr. Martin Luther King Jan. Friday at the German-American Institute in Heidelberg.

Shabazz participated in a panel discussion that was part of a two-day commemoration of the 25th annual international observance of Dr. Martin Luther King, Jr. sponsored by the Heidelberg Rhein-Neckar Branch of the National Association for the Advancement of Colored People and the German-American Institute.

The purpose of the panel was to bring people closer to an understanding of King and his concern for social transformation. The panel explored how the religious quest for social transformation was relevant in King's time and still is today.

The main event of the two-day program took place Saturday at the Providence Church in Heidelberg with keynote speaker

Professor Dr. Clayborne Carson, a renowned King historian from Stanford University.

Carson told how, as an 19-year-old college student, he hitchhiked half-way across the country to attend the 1963 March on Washington. The march was to promote civil rights and economic equality for African Americans. He heard King's "I Have a Dream" speech.

But looking back, Carson proposed that King might not have seen that event as the high point of his life had he lived to be 82. Rather Carson believed that King would have seen himself as part of an effort to transform the people in the world who were without basic civil rights into full citizens.

Dr. Carson said that King and Ghandi, whose doctrine of non-violent protest to achieve political and social progress King also embraced, were the greatest symbols of the movement that affected people in the 20th century.

The event was attended by about 200 people. The theme of the program was "Hope, Faith, and Shattered Dreams: The Challenges We Still Face Today."

## Honoring a man who marched for freedom

By Mark Heeter  
USAG KAISERSLAUTERN PUBLIC AFFAIRS

Slipping into an impassioned impersonation of the Reverend Dr. Martin Luther King, Jr., retired Command Sgt. Maj. Charles Eggleston mixed quotes from famous sermons and speeches with the story of the iconic minister and civil rights leader.

"He was a leader of a people who were thirsty and hungry for freedom and equality," Eggleston said, while delivering the keynote address at the MLK observation and commemorative march at the Galaxy Theater on Vogelweh in Kaiserslautern Jan. 19.

The event was a cooperative effort organized by the equal opportunity advisors from the U.S. Army Garrison Kaiserslautern, 21st Theater Sustainment Command and 7th Civil Support Command.

Eggleston began his remarks by inviting the roughly 100 people in the theater to share a "handshake of fellowship and brotherhood."

While performing excerpts from King's "I have a dream" and "I see the promised land and I've been to the mountaintop" speeches, Eggleston took the audience on a historical "march of a dream."

Recalling his own childhood in Gulfport, Miss., Eggleston painted a picture of the segregationist system against which King and his followers fought, calling on his memory of a "... shabby, one-room, leaky school house in which one teacher taught five different grades at the same time."

"It was a system that fostered the



Mark Heeter  
Soldiers, civilians and airmen from the Kaiserslautern Military Community participate in a march commemorating The Rev. Dr. Martin Luther King Jr., in Kaiserslautern Jan. 19, an event, which also included musical performances and a keynote address, coordinated by the Equal Opportunity Advisors from the USAG Kaiserslautern, 7th Civil Support Command and 21st Theater Sustainment Command.

beliefs of racial segregation," he said. "These are the systems Dr. King sought to defeat."

The commemorative event marked the 25th anniversary of the first federal holiday honoring King who was assassinated during a trip to support striking sanitation workers in Memphis, Tenn., in April 1968. Eggleston noted, however, that it was not until 2000

that all states observed the holiday.

"The holiday for me is a time that I can give thanks back for the sacrifices that Dr. King, my grandparents, many others who participated in the civil rights movement - to honor them - for the sacrifices that they made," Eggleston said, following the 1.3-mile march through Vogelweh and Kapaun Air Station.

A display of King works, biographies, and other literature related to American history and the civil rights movement filled one corner of the theater lobby.

"All history is good history. It's just learning about where you come from," said Sgt. Ottonio Fletcher, from the 21st TSC, while browsing the books and scanning a book about heroes.





Brandon Spragins

Spc. Heather Comacho of the MEDCOM Dental Clinic Mannheim has Tyler Ginn demonstrate how to properly brush on Dudley the puppet as a part of National Children's Dental Health week.

## DENTAL

continued from page 1

– five times more common than asthma and seven times more chronic than hay fever.

It is a widespread, chronic infectious disease that affects the hard tissues of the teeth. By 17 years of age, almost 80 percent of Americans have had a cavity.

While the overall severity of dental caries in children and adolescents has steadily declined in the last 30 years, the disease remains prevalent among low-income Americans.

A full 25 percent of children living at or below the poverty level have not seen a dentist prior to entering kindergarten.

According to the National Center for Education in Maternal and Child Health, over 80 percent of tooth decay is on chewing surfaces of teeth that dental sealants can protect but only 18.5 percent of children and adolescents have at least one sealed permanent tooth.

One of the most important factors related to the development of dental caries, or “cavities” as they are

commonly known, is the consumption of carbohydrates or sugar.

In truth the development of dental caries depends more on how often a child consumes sugary foods rather than on the amount of sugar consumed at any one time.

In children who still drink from a bottle, a frequent cause of decay is putting the child to bed with a bottle.

Milk and juice contain sugar which remains on the teeth overnight resulting in the formation of “nursing bottle caries.”

Aside from the pain and discomfort associated with the cavities, the treatment can also be extensive. In extreme cases the teeth cannot be salvaged and have to be removed.

The dental profession works to prevent cavities in children and to create a home care regimen that serves to simultaneously improve oral hygiene and decrease the frequency of sugar consumption.

As long as the spaces between the teeth are wide enough to allow toothbrush

access, flossing is not absolutely necessary. When the spaces disappear, regular, daily flossing should begin.

In spite of intensive education campaigns to the contrary, many parents still regard the primary dentition as “expendable” and consciously elect not to invest in prevention and maintenance of their children’s “baby” teeth.

This is shortsighted as the primary teeth must last several years and can significantly impact the health and sequential eruption of the permanent teeth.

The primary teeth also serve as space maintainers or “placeholders.”

Preserving the integrity of the dental arch serves to minimize crowding of the erupting permanent teeth.

The permanent teeth are designed to last a lifetime and the maintenance of the dentition will dramatically impact our quality of life.

The majority of dental problems could be alleviated or prevented by regular brushing, flossing and periodic visits to a dental health care professional.

## HOUSING

continued from page 1

level of service and SVQM is an example of that level of service.”

SVQM fixes apartment interiors in the most cost efficient manner, Meyer said and may include new bathrooms, new kitchens, floors and closets.

“Although USAG Baden-Württemberg is going through transformation we are still doing SVQM work on several building in Patrick Henry Village to help raise the quality of life for service members and their families,” Meyer said. “The buildings that were selected were ones that we will be using until

the housing area closes and provides the best return on the government’s investment.”

No other apartment face lifts are planned or funded for this fiscal year, Meyer said. “The garrison must look at each project very carefully to ensure that money is not being wasted for projects that will not provide a return on the government’s investment,” he said.

Housing assignments generally follow the USAREUR housing policy which states enlisted service members E-6 and below must live on post and E-7 and above may choose to live off

post.

Housing appointments for incoming personnel assigned to USAG BW are now handled in Heidelberg at the Community Support Center, Bldg. 3850 on the Shopping Center Kaserne.

Appointments can still be made in Mannheim to clear quarters and to work housing issues, but this will change when the Mannheim housing office closes and the USAG Baden-Württemberg housing office assumes housing functions and operations.

“The Mannheim community will be informed when this change is scheduled to take place and will be notified

when their housing files are transferred to the USAG Baden-Württemberg housing office,” Meyer said. “We ask Soldiers and families to remain flexible. There will be changes in both communities as we move through transformation.”

Information about housing is available on the garrison Web site at [www.bw.eur.army.mil/Newcomer\\_Information/housing.html](http://www.bw.eur.army.mil/Newcomer_Information/housing.html); on the transformation page (on the right side of the home page under Hot Topics); or by e-mailing the housing office, [hsginfo@hdpw.eur.army.mil](mailto:hsginfo@hdpw.eur.army.mil). DSN 387-3302, civ. 06221-4380-3302.

## SPELLING

continued from page 1

Scripps National Spelling Bee word list of several hundred words. “Success of this event goes to the students but also to all of the parents, teachers and community volunteers,” Crawford said.

After the initial excitement, a comfortable tone carried contestants through two rounds before the words really escalated. Ever heard of a toxicosis? How about affectation?

Students who made it to rounds three, four or five

faced eighth grade level words, said Crawford.

Overall, the spelling bee took six rounds with Joseph Krapf victorious and Margaret Blazek, also a fourth grader, coming in second.

Blazek managed to make it through five rounds before succumbing to the word “hypochondria” in the final round.

Catherine McKean, third grade, and Vance Troil, fifth, represented their grade levels in the final rounds.

“It is not easy to get up

in front of your peers and a room full of 150 spectators and spell a challenging word with all those eyes upon you,” Crawford said.

“The students should be proud,” she added.

All participants received a certificate and a book of their choice donated by the PTA Scholastic Books committee.

Blazek received a \$30 gift card and bowling and movie passes. The spelling bee champion, who received a \$50 Army and Air Force Exchange Service gift card and bowl-

ing and movie passes, will go on to compete at European Regional Spelling Bee at the Ramstein Elementary School in Kaiserslautern March 12. The winner there will compete at the Scripps National Spelling Bee in Washington, D.C., in June.

Crawford said the community’s involvement and donations from local organizations created a buzz for this year’s bee.

“This year’s spelling bee truly was a community event with participation from lead-

ers and students throughout the community,” said Crawford. “The more people that are involved, the more a collective excitement builds around the event. The more excitement there is, the more challenged the students are to do their very best.”

Crawford said more students participated this year than last, and hopes to see that trend continue in 2012.

“I hope all of this year’s third and fourth grade participants are already thinking about next year’s bee.”



# Finding the cure

## Little known Czech town known for healing waters, mineral springs

By Lt. Col. Lon Walker  
OPM

Marienbad in the Czech Republic is a small city relatively untouched by World War II and full of old world charm.

A spa town, it moves at a relaxing and easy pace. The city of 15,000, only 15 kilometers inside the Czech border and three-and-a-half hours from Mannheim, is a mecca for those searching for a peaceful weekend at an affordable price.

Marienbad is its German name, Mariánské Lázně, its given Czech name. Known for its 40 springs and healing waters, it's quiet and conveniently located in rural Czech

Republic.

It is an easy town to tour on foot with impressive architecture, fountains, colonnades, parks, churches, a casino and some great shopping.

The colonnade, an impressive structure, houses some wonderful shops and a public fountain that pours the healing waters for which Marienbad is famous. The speciality of Mariánské Lázně, according to literature about it, is the treatment of kidney and urinary tract disorders.

The nearby Catholic church dates back over 200 years and though small, is majestic as it stands near the center of the city.

While the city itself was

not destroyed, or really even damaged in the second world war, the local synagogue was destroyed in 1938 by the Germans during the "crystal night" and never rebuilt.

The allied forces took the city without resistance in 1945 and was the home to members of the 16th Armored Division for several months after the end of the war.

We recently visited the town after first staying there in 1990 just after the Berlin Wall came down. This trip, we found a charming city alive with shopping opportunities (even on Sunday) at low costs compared to most European cities.

Euros were accepted

everywhere at what appeared to be a good exchange rate so changing money to the local currency, crowns, was not necessary.

There are several hotels, many with spas to choose from, all situated around the heart of the city. Our four star hotel, the Continental, was located on the main street through town making exploring on foot easy. The mini-suite room, with breakfast, was only €59 and comfortable.

Dinner at the hotel was outstanding and less than €30 including a bottle of wine.

The local beer, Budwar, is available for about €1 a bottle.

The border is open making crossing easy and there are



Locally made spa wafers have been produced in Marienbad since 1856. The light wafers have a round shape and are best served fresh and warm.

no travel restrictions or travel passes to buy since the trip is not on autobahns or restricted motorways.

Learn more at a Web site in English at [www.marianske-lazne.info/en](http://www.marianske-lazne.info/en).



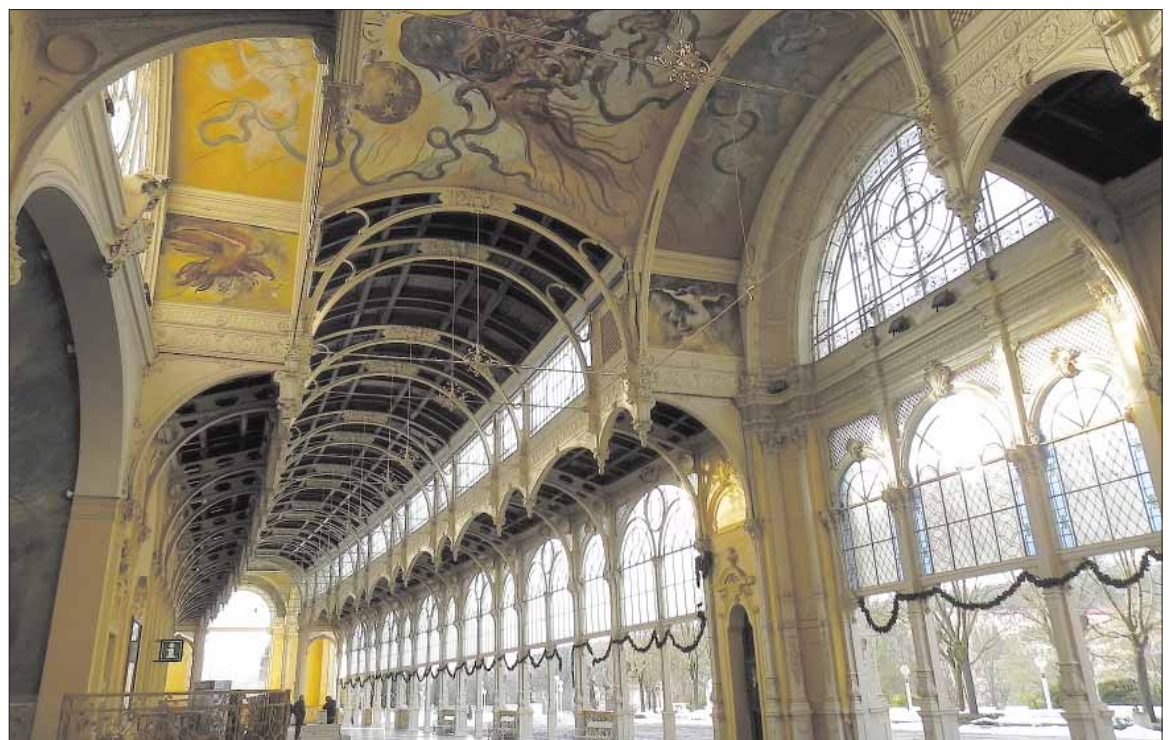
One of the area's many accommodations, the Danubis health spa resort, left, sits near the city center and reflects the image of the historic Church of the Assumption, a small but majestic structure. A short walk away are the colonnades, also shown below, where visitors can find lots of locally produced goods at reasonable prices, including handbags, clothing and trinkets.



Photos by Donna Walker



A main structure in the city is the Kolonada, a place to draw the mineral waters once winter passes.



The colonnades have always been the center of the spa life. The dominant attraction of Mariánské Lázně is the main colonnade, an impressive cast iron structure full of stores and open on Sunday. The curing waters are available for tasting here.



## GERMAN NEWS

### Facebook

Under pressure from German privacy watchdogs, Facebook has agreed to beef up privacy protections in its Friend Finder feature, the data protection supervisor in Hamburg said this week. Johannes Caspar said Monday Facebook has agreed to inform its members that it had obtained e-mail addresses from their accounts and to give them the option of forbidding their usage. The Friend Finder feature allows Facebook to search potential users and register or even import their entire e-mail address books without notifying them. If users opt out of appearing in Facebook's directory, the site agreed with Germany to encrypt their e-mail addresses, so that they would not resurface later, Caspar said. Facebook is the second Internet giant to make concessions in a country particularly sensitive to privacy concerns. Germany is the only country given the choice of having their houses blurred before Google's "Street View" launch. Elsewhere, residents had to wait until photos went online to request their withdrawal.

### German Navy

More serious allegations about conditions on the German navy training ship "Gorch Fock" emerged Tuesday, with sailors reporting excessive drinking, death threats, sexual assault and unprofessional conduct by officers on board. Cadets who trained on the ship detailed incidents for a team of investigators under Hellmut Königshaus, the German parliamentary liaison to the military, news magazine Der Spiegel reported. The nine-page document includes descriptions of officers drinking "without restraint," then forcing cadets to scrub their vomit from the ship's deck.

### Egypt Wants Bust

Egypt's antiquities chief said Monday that Cairo has demanded that Germany return the 3,400-year-old bust of fabled Queen Nefertiti, 98 years after it was uncovered on the banks of the Nile. The demand was sent in a letter to Hermann Parzinger, president of the Prussian Cultural Heritage Foundation, the governing body of the Neues Museum in Berlin where the piece has pride of place, he said. But the German government, which has always refused to return the bust, unearthed in 1912 by German archaeologist Ludwig Borchardt, was unmoved.

SOURCE: [www.thelocal.de](http://www.thelocal.de)



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at [dearmsvicki@yahoo.com](mailto:dearmsvicki@yahoo.com).

### Dear Ms. Vicki,

*I have become aware of a situation which I feel needs immediate action.*

*There is a 16-year-old girl who looks up to me a great deal. She is like a little sister to me. She was proud to tell me that she was joining the Army. I was supportive of her decision because I was in the Army briefly and my husband is going on 10 years of service. A few days after breaking the news that she was joining the Army she began talking about her recruiter.*

*He is in his late 20s, early 30s, divorced with four children. He was the football coach at the high school where this girl is a cheerleader, but was relieved of his position there because the school found it inappropriate for him to have the football players on his Facebook friends list and didn't like him attempting to recruit their football players. He is currently coaching football at another local high school.*

*My concern began when the girl*

*told me that she thought he was possibly hitting on her because he told her that she looked "hot" in one of her Facebook pictures. I got the feeling that she enjoyed the compliment and it made me uneasy. It is not ever appropriate for a grown man to tell a 16-year-old child she is "hot."*

*Over the past weekend I witnessed this girl receiving numerous text messages that she told me were from him, though I did not actually read any of them. One night she was at my house on the phone for two hours with someone. The conversation didn't end until 2 a.m. When she got off the phone she told me she had been talking to the recruiter and he was telling her stories about how his ex-girlfriends and ex-wife cheated on him.*

*I know this breaks UCMJ for appropriate recruiter-prospect conversation. This evening while having dinner, he again texted her and asked what she was doing. People at our table made comments about what a 30-something-year-old man is doing concerning himself with what a 16-year-old girl is doing. She showed me the text message where she told him that she didn't know why everyone was on her back because it wasn't like she was going to marry the guy. What appeared to be a flirtatious string of texting ensued.*

*She forwarded me the text he responded with. In it he stated that he was "disappointed for a minute," followed by lol jk. She then told me she sent him a message saying that it was no one's business. He responded that he was sure her dad would love to hear she was talking about marrying a man so much older. She replied saying that she would be 18 in a year and a half and it wouldn't be any of his business either. When*

*she told me this I realized that this situation is getting very bad, very quickly.*

*I don't want to destroy the trust in the relationship I have with this girl.*

*More importantly, I do not think this man has any business recruiting or coaching high school kids or being around children in general. I have the contact information for the lieutenant colonel above him, but is that going too far? Should I attempt to contact him myself first? I really am at a loss here.*

Worried

### Dear Worried,

This recruiter is being sexually inappropriate and professionally inappropriate. He knows he should have better boundaries. He should not be on Facebook, tweeting and texting such messages to a 16-year-old. Moreover, were she a 21-year-old grown woman, the recruiter would still be inappropriate.

I'm a clinical social worker and I facilitate many therapy sessions. I should not be on Facebook with my clients. I could lose my license.

Here's the deal. Sometimes we have to do the "harder right." It's too easy to look the other way and do nothing.

This recruiter is taking advantage of people over whom he has authority. He is in a position of power and he is using his influence the wrong way. He is the reason many recruiters get a bad name.

By all means, contact his superiors and let them know about his behavior.

I would also contact her father. She intends to be a professional soldier. This is no way for her to start. She may be angry with you but that's okay. Hopefully, she will come to understand the decision you made.

## Road conditions announcements help drivers safely judge

By Sgt. Fabian Ortega

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Road level conditions are good way for drivers to assess roads.

Cold and rainy conditions can make roads a nightmare for motorists on their way to school or work. Community members have several options for up-to-the-minute weather information and road conditions.

The Heidelberg, Mannheim and Kaiserslautern garrisons Web sites have "Current Road Conditions" links under Hot Topics.

Users can also visit [afneurope.net](http://afneurope.net) and click on road conditions. These links connect to the U. S. Army Europe road conditions Web page.

Military Police update the Web information as the road and weather conditions change.

"Patrols on road from the provost

marshal's office are the ones out there at 3 and 4 in the morning assessing the road conditions," said Wray Holan, the director of safety for U.S. Army Garrison Baden-Württemberg. "Then they publish conditions through the USAREUR road conditions Web site."

While the road condition levels are meant only for military vehicles, Holan said the levels are also a good way for operators of privately owned vehicles to evaluate the road without having to venture out.

"If the roads are in question, the posted road levels are good standards to follow," he said.

AFN radio listeners can tune in to get updates at least several times per hour on live FM and AM radios shows.

Red and black road conditions and any delays or closures will be on radio

and run as a crawl on AFN Prime Atlantic.

Another option is to call community road condition hotlines. Heidelberg: DSN 388-2223, civ. 06221-678-2223; Mannheim: DSN 373-1530 or DSN 388-2223; Kaiserslautern: DSN 493-4173, civ. 0631-340-64173.

Holan said motorists should take caution when driving in less-than ideal road conditions.

"Make sure your vehicle is prepared for what you're possibly going to get into," he said.

### ROAD CONDITIONS

**Green:** Unrestricted vehicle dispatches are authorized. Ideal road, temperature and visibility conditions exist. Drivers will observe normal precautions and speed limits.

**Amber:** Ideal road, temperature and visibility conditions do not exist. Road, temperature and visibility

conditions may be wet; snow may be packed or slushy; may have patches of ice; less than 4 inches of snow accumulation; visibility is between 65.5-164 feet; temperature 30-35 degrees Fahrenheit.

**Red:** Only mission-essential and emergency-essential vehicle dispatches are authorized. Road, temperature and visibility conditions may be flooded; snow may drift; might have sheets of ice; between 4-8 inches of snow accumulation; visibility is between 50-65 feet; temperature 10-30 degrees Fahrenheit.

**Black:** Only emergency-essential vehicle dispatches are authorized. Road, temperature and visibility conditions may be heavily flooded; heavy snow drift; extreme sheets of ice; more than 8 inches of snow accumulation; visibility less than 50 feet; temperature is less than 10 degrees Fahrenheit.



# GET OUT!

## area events

More events online at <http://myBWnow.ning.com>

### January 27

**Wax Museum** - Since the doors of Madame Tussauds world famous waxwork museum first opened over 200 years ago in London, millions of visitors have flocked to see the incredible likenesses of real life celebrities and historical persons. Check out the museum's Berlin location and discover your favorite celebrity heroes and the process behind how the waxwork figures are made. You can also snap a photo with Barack Obama, Angelina Jolie, the Queen of England, David Beckham, Madonna and many more. The museum is located at Unter den Linden 74, 10117 Berlin. Civ. 0180-554-5800.

**GigaSaurier** - Children and adults will love the breathtaking exhibit, GigaSaurier - Giants from Argentina. This amazing dinosaur show is a spectacular and worldwide unique collection of 22 types of dinosaurs. Enjoy a fascinating overview of the prehistoric era of the dinosaurs and a colorful program of lights and sound effects as well as activities for children which make the GigaSaurier an unforgettable adventure for the whole family. Exhibit runs through Jan. 30 at the Senckenberg Natural History Museum in Frankfurt.

**Xocoatl Chocolate Shop** - Sample the huge array of white, dark and milk chocolates during a trip to the Xocoatl chocolate shop in Wiesbaden. Enjoy a hot mug of their special cocoa as you explore the shelves for delicious treats. The shop is located at Grabenstraße 24, 65183 in Wiesbaden. Civ. 06113-41-7364.

### January 28

**Life Upon the Wicked Stage** - Catch KMC Onstage Jan. 28-29 for the dinner theater production of "Life Upon the Wicked Stage." This cabaret features award-winning actress and vocalist Jeanne Ragonese accompanied by pianist Hatem Nadim. Get tickets at the KMC Onstage box office on Kleber Kaserne, Bldg. 3232, or the One Stop Shop in the Kaiserslautern Library on Landstuhl Post, Bldg. 3810.

### January 29

**Fashion Show** - Watch the Winter Fashion Show and Airbrush Army NYC starting at 9 p.m. at the Warrior Zone on Coleman Barracks in Mannheim. DSN 382-4410, civ. 0621-730-4410, [www.mwrgermany.com](http://www.mwrgermany.com).

**Dance Classes** - Cut a rug with your fanciest dance steps or at least learn how at the Lamade dance school in Mannheim. The school offers many classes, courses, special nights and events to get you on the floor whether its hip hop or the Viennese waltz. Civ. 0621-10-3040.

**Cologne** - Cologne (Köln) is one of the largest and oldest metropolitan cities of

Germany. Spend the day shopping and enjoying some of the city's historic sites and modern wonders. Experience Cologne for yourself. <http://affiliates.uso.org/Kaiserslautern>.

**Luxembourg** - Visit one of Europe's most historical capital cities: Luxembourg. The tour begins with a morning visit to the American War Memorial Cemetery and the grave of Gen. George Patton outside of Luxembourg. After a lunch break enjoy a tour of the city. <http://affiliates.uso.org/rheinmain/files>.

### February 1

**Azur Water World** - The Azur Water World swimming complex is one of the most popular attractions in the region and provides year-round indoor/outdoor water recreation for all ages. Open Monday-Sunday. The complex is located at Schernauer Straße 50, Ramstein-Miesenbach, Germany, 66877. Civ. 06371-71500. [www.freizeitbad-azur.de](http://www.freizeitbad-azur.de).

### February 4

**Auction** - Join the Heidelberg Community and Spouses Club for "Denim and Diamonds" 6-10:30 p.m. at the Village Pavilion. Shoppers have scoured all over Europe for antiques, furniture and other items to be auctioned. Doors open at 6 p.m. and the auction begins at 7 p.m. The evening includes dinner, live auction, silent auction and raffles. Proceeds benefit the community through scholarships, welfare grants and donations. Reservations required by Jan. 28. [www.hcsc-heidelberg.com](http://www.hcsc-heidelberg.com).

### February 5

**Outlet Shopping** - Take a trip to the Metzingen Outlet City and find deals on some of your favorite brands like Timberland, Nike, Hugo Boss, Miss Sixty, Calvin Klein and more. Enjoy tons of stores housed in one place. There will also be time to eat lunch and explore the city of Metzingen. <http://affiliates.uso.org/rheinmain>.

### February 6

**BOSS Super Bowl Party** - The sixth annual Better Opportunities for Single Soldiers Super Bowl Party kicks off 9 p.m. - 4 a.m. at the Kazabra Club on Vogelweh Housing. Tickets can be purchased at the One Stop Shop, Bldg. 3810, Landstuhl Post or call DSN 493-4344, civ. 0631-3406-4344.

### February 8

**Tutankhamun Exhibit** - In 1922, the archaeologist Howard Carter discovered the burial chambers of the ancient

Egyptian king Tutankhamun with its vast treasures - an event that caused a worldwide sensation. The exhibition, on through March 20, shows the world's only museum-quality replica of mankind's most fascinating tomb and its treasures. The exhibition is not designed to replace the presentation of original artifacts, but it allows visitors to experience the tomb just as it was and to re-live the magical moment of discovery as if they had been there themselves. Expo XXI - Expocentre, Gladbacher Wall 5, 50670 Cologne. [www.tut-ausstellung.com](http://www.tut-ausstellung.com).

### February 12

**Wine and Cheese Tour** - Experience the fine wines of the Neckar Valley in romantic Heidelberg. Restaurant Sudpfanne, is a traditional Heidelberg restaurant located in the old town, only a few steps from the central market square and the old bridge. There you will receive a guided tasting-tour of six Neckar Valley wines, accompanied by locally produced cheeses. Following the wine tasting is a delicious two-course dinner included in the cost. <http://affiliates.uso.org/rheinmain>.

**Der Teesalon Mannheim** - Der Teesalon (English Tea Room), Mannheim is a pretty venue which is known as the British Tea House. Enjoy a cup of tea or a homemade scones, perfect for those who fancy trying out the British tradition of afternoon tea. There's also a large variety of coffees, pasta, snacks, chocolates, sandwiches and even fine whiskeys if you prefer something a little stronger. The Teesalon is located at M3 7, 68161 in Mannheim. Civ. 06213709497. [www.buzzoffbase.com](http://www.buzzoffbase.com).

**Paris** - Enjoy a day-long excursion to the city of romance - Paris - just in time for Valentine's day. During the tour you'll have a chance to sightsee, shop and sample some of the city's famous cuisine. You can also marvel at the City of Lights and its river banks on an evening boat cruise on the Seine River. <http://affiliates.uso.org/Kaiserslautern>.

### February 19

**Belgium Overnight** - Travel to Belgium for sight seeing, shopping and chocolate during a visit Brugge and Brussels, two bustling cities. <http://affiliates.uso.org/rheinmain>.

**Art Exhibit** - The Heidelberg Arts and Cultural Center opens Andrew Washington's exhibit "The World is my Canvas: Celebrating Black History Month" and "A taste of Soul" 7 p.m. at the center on Patrick Henry Village in the Village Pavilion. Washington has appeared in the AFN feature "Painter in the Park" by AFN reporter, Michelle Michaels. DSN 388-9421, civ. 06221-338-9421.

## coming to THEATERS

### UNSTOPPABLE

(Denzel Washington, Chris Pine)  
A veteran engineer and a young conductor try frantically to stop a freight train carrying enough combustible liquids and poisonous gas to wipe out a nearby city. Rated PG-13 (sequences of action and peril and some language) 98 minutes.



### NO STRINGS ATTACHED

(Natalie Portman, Ashton Kutcher) Lifelong friends Emma and Adam take their relationship to the next level by having sex. Afraid of ruining their friendship, the new lovers make a pact to keep things purely physical, with no fighting, no jealousy and no expectations. Rated R (sexual content, language and some drug material) 130 minutes.

### PLAYING THIS WEEK

#### Heidelberg, Patrick Henry Village

Jan. 27 - THE GREEN HORNET (PG-13) 7 p.m.  
Jan. 28 - NO STRINGS ATTACHED (R) 7 p.m.; UNSTOPPABLE (PG-13) 9 p.m.  
Jan. 29 - HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 4 p.m.; NO STRINGS ATTACHED (R) 7 p.m.; UNSTOPPABLE (PG-13) 9 p.m.  
Jan. 30 - HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 4 p.m.; NO STRINGS ATTACHED (R) 7 p.m.  
Jan. 31 - UNSTOPPABLE (PG-13) 7 p.m.  
Feb. 1 - NO STRINGS ATTACHED (R) 7 p.m.  
Feb. 2 - HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 7 p.m.  
Feb. 3 - NO STRINGS ATTACHED (R) 7 p.m.

#### Mannheim, Schuh

Jan. 28 - THE GREEN HORNET (PG-13) 7 p.m.  
Jan. 29 - HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 4 p.m.; UNSTOPPABLE (PG-13) 7 p.m.; THE GREEN HORNET (PG-13) 9 p.m.  
Jan. 30 - UNSTOPPABLE (PG-13) 4 p.m.; HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 7 p.m.

#### Vogelweh, Galaxy

Jan. 28 - UNSTOPPABLE (PG-13) 4 p.m.; RESIDENT EVIL: AFTERLIFE (R) 7 p.m.  
Jan. 29 - UNSTOPPABLE (PG-13) 4 p.m.; THE GREEN HORNET (PG-13) 7 p.m.  
Jan. 30 - THE GREEN HORNET (PG-13) 4 p.m.; INCEPTION (PG-13) 7 p.m.

#### Ramstein, Gateway Movieplex

Jan. 27 - RAMONA AND BEEZUS (G) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; FOR COLORED GIRLS (R) noon, 3:30 p.m., 7 p.m.; MORNING GLORY (PG-13) 11:30 p.m., 2 p.m., 4:30 p.m., 7:15 p.m.  
Jan. 28 - NO STRINGS ATTACHED (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 11:15 a.m., 3 p.m., 6:15 p.m.; UNSTOPPABLE (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:45 p.m.  
Jan. 29 - NO STRINGS ATTACHED (R) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 11:15 a.m., 3 p.m., 6:15 p.m.; UNSTOPPABLE (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:45 p.m.  
Jan. 30 - NO STRINGS ATTACHED (R) 11 a.m., 1:45 p.m., 4:45 p.m., 7:45 p.m.; HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 11:30 a.m., 3 p.m., 6 p.m.; UNSTOPPABLE (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.  
Jan. 31 - NO STRINGS ATTACHED (R) 11 a.m., 1:45 p.m., 4:45 p.m., 7:45 p.m.; HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 11:30 a.m., 3 p.m., 6 p.m.; UNSTOPPABLE (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.  
Feb. 1 - NO STRINGS ATTACHED (R) 11 a.m., 1:45 p.m., 4:45 p.m., 7:45 p.m.; HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 11:30 a.m., 3 p.m., 6 p.m.; UNSTOPPABLE (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.;  
Feb. 2 - NO STRINGS ATTACHED (R) 11 a.m., 1:45 p.m., 4:45 p.m., 7:45 p.m.; HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 11:30 a.m., 3 p.m., 7 p.m.; UNSTOPPABLE (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.  
Feb. 3 - MARMADUKE (PG) 11 a.m., 2 p.m., 5:15 p.m., 7 p.m.; HARRY POTTER AND THE DEATHLY HALLOWS - PART 1 (PG-13) 11:30 a.m., 3 p.m., 6 p.m.; UNSTOPPABLE (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.

#### THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238  
Schuh Theater, Mannheim, 0621-730-1790  
Galaxy Theater, Vogelweh, 0631-50017  
Gateway Cineplex, Ramstein, 06371-47-5550

Visit [www.aafes.com](http://www.aafes.com) for updated listings and more movie descriptions



## community HIGHLIGHTS

### NCO Induction

The 7th Theater Tactical Signal Brigade will host a Brigade NCO Induction Ceremony at 1:30 p.m. Feb. 4 at the Schuh Theater in Mannheim.

### Technology Expo

Technology solutions will be presented at expositions in Heidelberg and Kaiserslautern. The 43rd Signal Battalion will host a Technology Expo 10 a.m.-2 p.m. Feb. 10 in the Casablanca Room on Campbell Barracks in Heidelberg. USAFE/A6 will host its Winter Technology Expo 10 a.m.-2 p.m. Feb. 11 at the officers club on Ramstein. Exhibits include military and Homeland Security equipment, business intelligence and data warehousing, Internet platforms and Web services, training and distance learning, information assurance and security, consulting and systems integration, signal analysis, video and multimedia presentation, computers and networking equipment and decision support systems. Register online at [www.federalevents.com](http://www.federalevents.com). For the Heidelberg expo, click "Campbell Barracks" and for the Ramstein expo, click "Ramstein." Then click "To Attend."

### EEO and Sexual Harassment

There will be Equal Employment Opportunity and sexual harassment training 1-3 p.m. Feb. 16 at the Community Training Center on Patton Barracks in Heidelberg Bldg. 104. This training is required for every civilian employee and any military or local national who supervises civilian employees. Employees must have the classroom training every other year and the online version on the alternating year. [http://www.bw.eur.army.mil/training\\_security.html](http://www.bw.eur.army.mil/training_security.html). Additional class dates are: March 16, April 20, May 18, June 15, July 20, Aug. 17 and Sept. 14. Reservations: DSN 373-5494.

### Unit Victim Advocate

A 40-hour Unit Victim Advocate training series will be held 8 a.m.-5 p.m. Feb. 22-25 and 28 at the Mannheim USO, Bldg. 254 in the ballroom. Reservations and UVA appointment orders are required. DSN 385-3336, civ. 0621-730-3336.

### COLA Going Down

The Cost of Living Allowance rate set by the Department of Defense for January will result in most service members seeing a 2-4 percent decrease in the end of January pay based on their locality. The decrease is a result of the stronger U.S. dollar against most foreign currencies. Here is a link to query the COLA rate of any service member regardless of rank: [www.defensetravel.dod.mil/site/colaCalc.cfm](http://www.defensetravel.dod.mil/site/colaCalc.cfm).

## local EMPLOYMENT

### Job Fair

Bring two letters of reference and dress to impress for the Job Fair 10 a.m.-2 p.m. Feb. 1 at the Youth Center on Landstuhl Post, for on-the-spot interviews and hiring. Positions are open only to US ID card-holders or NATO family members (excluding Germany).

### ACAP Counselor

The Army Career and Alumni Program is seeking a part-time ACAP Counselor in Heidelberg. Applicants must have a master's degree, be computer literate and have a minimum of two years experience in job assistance, career or employment counseling, teaching or training. DSN 370-7545, civ. 06221-57-7545.

### KAISERSLAUTERN Education

♦ **ACS Classes** – Anger Management Class session 11 a.m. Jan. 31 and 3 p.m. Feb. 2; Stress Management 4 p.m. Feb. 2. Both classes are in Bldg. 2917 on Pulaski Barracks. DSN 493-4332, civ. 0631-3406-4332.

♦ **Deployed Spouses Focus Group** – Army Community Service Mobilization and Deployment office will conduct a focus group for spouses of deployed personnel 3-4 p.m. Feb. 1 in the Yellow Ribbon Room, Bldg. 2926, on Pulaski Barracks. This is an opportunity to share with other spouses and enhance your network of support.

♦ **C.A.U.S.E. Support Group** – Join ACS and Autism Consultant for DoDDS Europe Chuck York 6-7:30 p.m. Feb. 8 in an interactive discussion at Vogelweh Elementary School on Vogelweh Housing.

### Community

♦ **Cards for troops** – Youth in grades 6-12 can help the create cards for deployed troops or Soldiers at Landstuhl Regional Medical Center 4-6 p.m. Feb. 2, at Kaiserslautern Library, Bldg. 3810, on Landstuhl Post, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Family Bingo** – Stop by the Kazabra Club on Vogelweh Housing, Bldg. 2057, 3-6 p.m. Feb. 6 for bingo and a coloring contest for the kids with free hot dogs, soft drinks and prizes. DSN 489-7261, civ. 0631-536-7261, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Mardi Gras** – Celebrate Mardi Gras New Orleans style 9 p.m.-2 a.m. Feb. 11 at Armstrong's Irish Pub on Vogelweh Housing. Civ. 0631-354-9986, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Auditions** – Adults 18 and older can try out for "Doubt, a Parable" 7 p.m. Feb. 15-16 at KMC Onstage on Kleber Kaserne, Bldg. 3232. DSN 483-6626, civ. 0631-411-6626.

♦ **AGBC Meeting** – The Kaiserslautern American German Business Club will host its annual membership meeting and dinner at 6:30 p.m. Feb. 24 at the Hotel-Restaurant Rosenhof, Am Koehlwaldchen 16, 66877 Ramstein. The price for the buffet is €20 per person for non-members. Deadline to RSVP is Feb. 17 at [kaiserslautern@agbc.de](mailto:kaiserslautern@agbc.de).

♦ **Kinder Music** – SKIES Unlimited is now offering "ABC Music and Me" for children enrolled in a child care or pre-K program for literacy development through music. DSN 493-4516, civ. 0631-3406-4516.

♦ **Certified** – Certified Mechanics are available at Pulaski Auto Skills in Kaiserslautern and at Landstuhl. General maintenance and specialized services are also available. Pulaski: civ. 0631-350-2323, Landstuhl: civ. 06371-4931-628.

♦ **Tow Services** – Pulaski Auto Skills now offers tow services 10 a.m.-5 p.m. Monday-Friday and after hours for an additional fee. DSN 493-4167,

civ. 0631-3406-4167.

♦ **Parents Night Out** – Mark your calendars for a night out. The Parents Night Out schedule is now available online to [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Quilt and Stitch** – The Quilt Guild meets 9:30 a.m. the third Thursday of the month in the Ramstein North Chapel and 6 p.m. the fourth Thursday of the month in the Kaiserslautern Landstuhl Spouses Association building on Pulaski Barracks. Stitch 'n' Gab meets 10 a.m.-6 p.m. Fridays at the Kapaun Chapel Annex.

### HEIDELBERG Education

♦ **ACS Classes** – Intro to MS Excel 9 a.m.-4 p.m. Jan. 28 at the Nachrichten Kaserne Hospital IMD Lab; Federal Web-Based Application (Resumix) 9-11 a.m. Jan. 31; Exploring the Job Market 9-11 a.m. Feb. 1; Life in Balance 1-3 p.m. Feb. 1; Intro to MS Publisher 9-11 a.m. Feb. 2; Life in Balance 10 a.m.-12 p.m. Feb. 3 on Nachrichten Kaserne, Bldg. 3622, Company B conference room; EFMP Teen Social is held 7-9 p.m. the first Friday of the month at the Panther's Place on Patrick Henry Village.

♦ **Red Cross** – The American Red Cross will offer a CPR and AED Adult class plus Child and Infant CPR and Standard First Aid 8 a.m.-5 p.m. Feb. 13. Prepayment of \$45 is required by Feb. 9. DSN 370-1760, civ. 06221-57-8711.

### Community

♦ **Clothing Drive** – The Kontakt Club and Better Opportunities for Single Soldiers are teaming up to hold a clothing drive for two homeless shelters, Waermestube in Schwetzingen and SKM, 11 a.m.-4 p.m. Feb. 5 in front of the Patrick Henry Village Chapel. Sleeping bags, blankets, long underwear, warm clothes, shoes and boots are needed. DSN 373-5275, civ. 0171-537-8380.

♦ **Taste of Soul** – Celebrate black history month with an art exhibition, soul food tasting, poetry readings and live music by Jimmy's Souliquity 6-11 p.m. Feb. 5 at the Patrick Henry Village Pavilion. Participate in the soul food competition by signing up at the Arts and Cultural Center. Prizes awarded for best dish. DSN 373-7414.

♦ **Slapshots Party** – Watch the history of NFL before the Super Bowl 9 p.m. Feb. 6 at Slapshots on Patton Barracks. DSN 373-5194.

♦ **Mars versus Venus** – Child, Youth and School Services teen program will host a Mars versus Venus event 5-7 p.m. Feb. 10 at the Lion's Den on Patrick Henry Village. DSN 388-9003, civ. 06221-338-9003, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Theater Auditions** – Auditions for "On the Verge" will be held 7 p.m. Feb. 15-16 at the Roadside Theater on Patton Barracks. The show calls for three women and one man

over the age of 18. No experience is required. DSN 373-5020, [www.roadside-theater.com](http://www.roadside-theater.com).

♦ **Town Hall Meeting** – The next U.S. Army Garrison Baden-Württemberg Town Hall meeting will be 6 p.m. Feb. 16 at the Patrick Henry Village Pavilion.

♦ **Right Arm Night** – A right arm night will take place 5-7 p.m. Feb. 17 at Legends on Patrick Henry Village. Bring your coworkers out for a fun happy hour with finger food. DSN 388-9570, civ. 06221-338-9570, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Spouses Club Scholarships** – High school seniors may apply through Feb. 16 for \$1,000 scholarships awarded by the Heidelberg Community Spouses Club for the best essay submitted. Applications: [www.hcsc-heidelberg.com/scholarship](http://www.hcsc-heidelberg.com/scholarship), or [scholarship@hcsc-heidelberg.com](mailto:scholarship@hcsc-heidelberg.com).

♦ **Cheap Eats** – Join BOSS at 6 p.m. Feb. 16 at BOSS headquarters on Patton Barracks and learn how to make delicious sticky foods that are fast, easy, cheap and healthy. DSN 373-5275, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Cosmic Bowling** – Late Night Cosmic returns to the Bowling and Entertainment Center 10 p.m.-1 a.m. Feb. 17 on Patrick Henry Village. DSN 388-9040, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **BOSS Trip** – Escape to Laax-Flims Feb. 18-21. \$229 includes round trip for skiing, snowboarding, lodging and breakfast. Call Heidelberg Outdoor Recreation to reserve a space. DSN 388-9282, civ. 06221338-9282.

♦ **Masquerade Ball** – A costume ball brings out the creative streak 9 p.m. Feb. 19 at Slapshots on Patton Barracks. DSN 373-5194.

♦ **Crazy Bowling** – A three-game tournament including bowling with a cue stick, on a ramp and from a chair is open to all ages starting at 1 p.m. Feb. 27 at the Bowling and Entertainment Center on Patrick Henry Village. DSN 388-9040, [www.mwrgermany.com](http://www.mwrgermany.com).

### MANNHEIM Education

♦ **ACS Classes** – Intro to MS Excel 10 a.m.-12 p.m. Jan. 28; Federal Web-Based Application (Resumix) 10 a.m.-12 p.m. Jan. 28. The Green Baby Group meets 1-2:30 p.m. the first Wednesday of the month in Bldg. 251 on Sullivan Barracks; SNAP meetings are 1 p.m. the first and third Wednesdays at the Mannheim clinic on Sullivan Barracks; the Pregnancy Support Group meets 1-2:30 p.m. the first and third Thursdays in Bldg. 251 on Sullivan Barracks; Mommy and Me Signing class meets 3-4 p.m. Tuesdays in Bldg. 251 on Sullivan Barracks.

♦ **German classes** – Beginner, intermediate and advanced instruction in German begin at the Viernheim Volkshochschule Jan. 31. Civ. 06201-988-402 or 06201-13942.

### Community

♦ **Town Hall meeting** – The next community information forum and Town Hall meeting will be 6 p.m. Feb. 2 at the Schuh Theater.

♦ **Tell Me A Story** – Reserve space by Feb. 7 for the Parent to Parent Tell Me a Story event 3-5 p.m. Feb. 13 at Mannheim Elementary School featuring Heidelberg Allied Forces Commander Lt. Gen. John W. Morgan III reading "More Than Anything Else," a story about Booker T. Washington and his desire to read. Each family attending receives a copy of the book and activities and snacks are provided. Reservations: [ptop.heidelberg@militarychild.org](mailto:ptop.heidelberg@militarychild.org).

♦ **Iron Chef Soup Cook Off** – Parents can team with children in the Iron Chef Homemade Soup Cook-off Feb. 7-11. The three-day event includes choosing the recipe, practicing and the final cook off. Interested participants and volunteer judges should contact the middle school Teen Center. DSN 380-4864, civ. 0621-730-4864, [www.mwrgermany.com](http://www.mwrgermany.com).

♦ **Penny Bazaar** – The German American Women's Club is collecting items for the 30th annual Penny Bazaar, a giant indoor flea market. Collection days are 10 a.m.-3 p.m. Jan. 29 and 10 a.m.-6 p.m. Jan. 31 at Rosengarten Convention Center next to the Water Tower. Sale days are 11 a.m.-6 p.m. Feb. 3-4 and 10 a.m.-2 p.m. Feb. 5 in the Rosengarten Variohall.

♦ **Cancer Screenings** – January is cancer awareness month and the clinic wants Mannheim members to stay healthy by scheduling a breast, cervical or colorectal screening. Central appointments: DSN 371-2622, civ. 06221-17-2622.

♦ **Tax Center** – The Tax Center on Taylor Barracks is closed. Please contact the Heidelberg Tax Center in Bldg. 3860 on the Shopping Center Kaserne in Heidelberg at DSN 370-7510, civ. 06221-57-7510.

♦ **Library volunteers** – The Sullivan Library is seeking a volunteer to organize and lead its story hour on 10:30-11:30 a.m. Thursdays. Civ. 0621-730-3101.

♦ **Lending Closet Hours Change** – The Army Community Service lending closet in Bldg. 253 on Sullivan Barracks has new hours: 1-3:30 p.m. Monday-Friday and closed week-ends. Those new to the community who reside on Patrick Henry Village in Heidelberg can visit either lending closet for items (Heidelberg ACS is on the Shopping Center Kaserne). DSN 385-3101, civ. 0621-730-3101.

♦ **Walking Group** – The Mannheim ACS New Parent Support Group hosts a Walking Group 10-11 a.m. Tuesdays and Thursdays at the track behind the clinic. No cost. Just bring strollers and your babies. DSN 385-2027, civ. 0621-730-2027.



# Weekend Sports

Photos by Wray Holan  
 Heidelberg cheer team members Caisley Ladd, left, Da'Von Loney holding Shannon Miller, center, and Cydne Harris, right, rouse the crowd at Friday and Saturday games in Heidelberg. Below left, Lions Eugene Jones outruns his opponent. The Lions junior varsity boys won against Black Forest Academy 35-12 Friday and 48-11 Saturday. Varsity boys won 60-31 Friday and 62-33 Saturday. Below right, Lady Lions player Rebecca Luna goes for a lay up. The girls junior varsity team won 19-16 Friday but fell to Black Forest Academy 24-21 Saturday. Varsity girls won Friday 47-27 and Saturday 41-18.



## Results

**Installation Management Command-Europe Volleyball officials clinic tournament held in Heidelberg Saturday.**

**Women's division single elimination**

- Bamberg vs. Mannheim (15-4, 15-11)
- Wiesbaden vs. Schweinfurt (15-2, 15-2)
- Bamberg vs. Heidelberg (8-15, 15-10, 15-12)

**Third Place**

Schweinfurt vs. Heidelberg (12-15, 15-11, 15-12)

**Championship**

Wiesbaden vs. Bamberg (15-12, 15-12)

**Co-ed Division Round-Robin**

- Heidelberg vs. Schweinfurt (15-12, 15-9)
- Schweinfurt vs. Mannheim (15-13, 5-15, 15-9)
- Mannheim vs. Heidelberg (15-11, 15-13)

**Championship**

Heidelberg vs. Mannheim (11-15, 17-15, 15-9)

SOURCE: Thomas Benson, Sports and Fitness

## Kaiserslautern Eagles win title

By Ken Robinson  
 A4 NEWS

The Kaiserslautern Eagles won their third straight USAFE Ice Hockey Championship. The Eagles finished first out of 10 teams competing. The final game against the Canadian GK Flyers (Air Force) ended with a dominating 6-2 victory.

The 19th annual USAFE tournament was held in Garmisch-Partenkirchen at the Olympic stadium. Teams in the competition were the Baden Bruins (Army), Bayern Rangers (Army), Shape Shields (NATO), Ansbach Choppers (Army), Bit-burg Bears (Air Force), Aviano

Dragons (Air Force), Stuttgart Mustangs (NATO) and the KMC Adlers (Air Force).

The biggest surprise of the tournament was the strength of the newly-formed Ansbach Choppers who gave the top two teams in their pool a run for their money, losing to the second place GK Flyers (0-2) and coming within one against the fourth place Bruins.

The Army, Air Force Adler Alliance, A4, offers a chance to win Adler Mannheim tickets for all Mannheim Adler home games at [www.adleralliance.com](http://www.adleralliance.com). The team recently signed Steven Reinprecht from the Florida Panthers.

## staying ACTIVE

### Community Basketball Results

The Mannheim Mustangs won against the Heidelberg Generals Sunday 63-48 at the Patton Fitness Center in Heidelberg. Leading scorers were Mannheim's Antonio Serano with 13 points and Heidelberg's James Welch with 10.

### Heidelberg High School Basketball

Heidelberg girls and boys basketball teams play at home Jan. 28-29 against Bamberg. On Jan. 28 – Junior varsity girls play at 4 p.m., JV boys play at 5:30 p.m., varsity girls play at 7 p.m. and varsity boys play at 8:45 p.m. On Jan. 29 – JV girls play at 10 a.m., JV boys play at 11:30 a.m., varsity girls play at 1 p.m. and varsity boys play at 2:45 p.m.

### Wrestling

Heidelberg and Mannheim high schools Wrestling teams compete 10 a.m. Jan. 29 at Black Forest Academy in Kanders and 10 a.m. Feb. 5 at home.

### Unit Basketball

Upcoming unit-level basketball games scheduled at the Patton Barracks Fitness Center are 43rd Signal vs. MEDCOM at 6 p.m., NATO vs. 4th Air Support Operations at 7 p.m., U.S. Army Garrison Baden-Württemberg vs. U.S. Army Europe vs. at 8 p.m. Jan. 31. Games played on Feb. 2 are 43rd Signal vs. USAG B-W, at 6 p.m., NATO vs. MEDCOM at 7 p.m. and 4th ASOG vs. USAREUR at 8 p.m. DSN 373-6110, civ. 06221-17-6110.

### Little League Officials Clinic

Veteran Umpire Jack Conway of Florham Park, N.J., will again present this year's Little League baseball and softball officials clinics in Germany and Italy. The clinic in Germany will be 11 a.m.-6 p.m. Feb. 7-11 at Tompkins Barracks in Schwetzingen, Bldg. 4233. The certification schedule is 9 a.m.-6 p.m. Feb. 8-10 with training 9 a.m.-1 p.m. Feb. 11. The clinic teaches selectees how to become officials or clinic instructors for Child, Youth and School Services and provides follow up clinics at local garrisons. Jack Conway has officiated at Little League World Series and has taught clinics for 10 years in Williamsport, Pa. He worked for 20 years as an NCAA baseball official in Division I, II and III and 30 years as a high school umpire. During the training, clinic attendees will learn current rules, proper signaling, points of emphasis, rule changes, plate and field mechanics and procedures. DSN (314) 379-6038, civ. 06202-80-6038.

### Kaiserslautern Youth Sports

Starting Feb. 15, youth ages 8-15 can sign up for track and field, tennis, bowling and golf; youth 7-15 can sign up for indoor rock climbing and youth ages 4-15 can sign up for T-ball, softball, or baseball. Interested participants must currently be enrolled with Child, Youth and School Services. Register at Parent Central Services, Bldg. 2898 on Pulaski Barracks, or online at <https://webtrac.mwr.army.mil>.

### Indoor Triathlon

Stay fit this winter and compete in the first indoor triathlon Feb. 26 at the Campbell Barracks Fitness Center. Event includes a .6-mile row, 12.4-mile bike and a 3.1-mile run. Sign up at Campbell Fitness Center by Feb. 23. Start times will be staggered. Participant will receive start times prior to race day. DSN telephone: 370-6489/06221-57-6489.

### Heidelberg Softball Players

Community softball players are needed for the men's and women's teams. Practices are held Tuesdays and Thursdays evenings at the Patton Fitness Center sports field in Heidelberg. DSN 373-8032, civ. 06221-17-8032.

**More Photos Online**  
[www.flickr.com/heraldpost](http://www.flickr.com/heraldpost)



## Mannheim Middle School



Tina Sanders

Above, Mannheim's Jerrel Elder outpaces Dalton Simmons from AF-NORTH International School last weekend bringing home the win for the "2" team with a 21-14 score. Right, Mannheim's Starr Sanders battles Angel Espinoza from Brussels leading to a Mannheim 19-15 victory.



## Flu, norovirus active this winter

### ERMC Public Affairs

Some familiar viruses are active in Europe this winter and Heidelberg medical officials are encouraging preventive measures to stop their spread.

Norovirus, H1N1 influenza and other flu-like illnesses are getting attention in host nation civilian and U.S. military communities.

"It is common to

see viral activity during winter months, so people should not be alarmed. But we do encourage prevention and vaccination to slow the spread of these viruses," said Col. Evelyn Barraza, preventive medicine consultant for the Europe Regional Medical Command.

The ERMC Force Health Protection office reports that, as of Dec. 28, 98 percent of active

duty Army personnel in U.S. Army Europe have received seasonal flu vaccine. Though mandatory for military personnel, seasonal flu vaccine – which this year helps prevent H1N1 and two other flu strains – is optional for family members and beneficiaries.

This school year, seasonal flu vaccine was added to the list of required immunizations

for students, significantly increasing the number of vaccinated beneficiaries in our military communities.

"Prevention makes a difference. It is not too late to get a seasonal flu vaccine," said Col. Barraza. Unfortunately, there is no vaccine for Norovirus, so following basic preventive measures, especially hand hygiene, becomes even more important."

## German Honor Society



Kim Kravitz

Heidelberg High School reactivated its German Honor Society Jan. 18. Seven high school students were inducted into the society. The club's advisor Linda Steil is shown here, far left, with new society members Rebeccah Steil, Lindsey Duckworth, Benjamin Steil, Julie Stehling, Katerina Hladikova, Laurel Robbins, Katherine Clark. The German Honor Society is a service organization for students at the high school who excel in German as well as overall academically.

## Cell phone, headphone use prohibited while driving



while



equals



- ◆ Driving while operating a cell phone is now right up there with drinking and driving, driving while fatigued and driving while distracted.
- ◆ This also includes operating a motor vehicle, jogging or walking while using headphones that cover both ears.
- ◆ If both ears are covered, a person cannot hear warning devices such as sirens or horns which presents a danger to vehicles on the road.
- ◆ It is legal to use a cell phone while driving if you use a cellular telephone hands-free device such as a "blue tooth" earphone which covers only one ear or is connected to your car radio.
- ◆ Any person detected by military police, using a cell phone while driving or using headphones, will be stopped and cited for the offense.
- ◆ The offense will be forwarded to commanders to take the appropriate administrative actions against the violators.
- ◆ Family members and dependents are subject to this as well, and those actions will reflect on sponsors and their units.
- ◆ In the event that you receive a call while driving, pull to the side of the road safely, engage your hazard lights, and take the call.