

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
Jan. 20, 2011

Speed Read

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HIGH SCHOOL BASKETBALL

Heidelberg High School's girls and boys basketball teams won at home Friday and Saturday against Hohenfels. 17

Defense Details

RICHARD HOLBROOKE

President Barack Obama Friday praised the life of veteran U.S. diplomat Richard Holbrooke. Obama and other dignitaries gathered to honor Holbrooke during a memorial service at the Kennedy Center. Holbrooke, special U.S. envoy to Afghanistan and Pakistan, died Dec. 13 following two operations to repair a torn aorta he suffered Dec. 10. He was 69.

www.defense.gov

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MLK Jr. basketball tournament

Grafenwöhr men, Spangdahlem women earn championships

By Dijon Rolle

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Some of Europe's best ballers made their way to Patton Barrack's fitness center for the 14th annual Martin Luther King Jr. basketball tournament held in Heidelberg Friday-Monday.

A combined total of 19 male and female teams played but only two won the coveted championship trophies. Top honors went to Grafenwöhr's men's team and Spangdahlem's women's team.

The Grizzlies secured a 75-66 win over Schweinfurt while Spangdahlem shut down the Stuttgart ladies in a 39-30 victory.

The Martin Luther King Jr. tournament is one of the oldest in Europe and Michael Criswell, U.S. Army Garrison Baden-Württemberg chief of sports and fitness, explained why community support for the event has remained so strong.

"It gathers the top basketball athletes from all around Europe and top athletes like to play top athletes. They come and they know they're going to play the best in Europe," he said.

Criswell added the tournament has now become more important than ever for the teams and for the community.

"Because of the draw-down, there's less bases and there's less funding and to have an outlet for the Soldiers and Airmen and service members to participate is enormous," he said.

As transformation efforts pick up, communities like Mannheim are feeling the effects directly. USAG Mannheim is slated to deactivate in May.

"It's safe to say that this will be Mannheim's last time here," said Theodus Green, USAG Mannheim chief of sports and fitness. Green has been coaching the Mustangs since 2005 and said there are talks of merging the Heidelberg and Mannheim teams into one but nothing has been officially decided.

"It's really sad. We've talked about it and a lot of the guys are sad about it but life goes on and I think the camaraderie between the Heidelberg Generals and the Mannheim Mustangs, becoming one team would be a smooth see **MLK** page 17



Way Holan

Kaiserslautern's Kenny Stewart (34) goes up against Schweinfurt players in the semi-final game of the Martin Luther King Jr. basketball tournament Jan. 17 on Patton Barracks in Heidelberg. Schweinfurt won 60-53.



Dijon Rolle

Center court logo unveiled

Brandon Spragins, USAG Baden-Württemberg Web master and graphic artist, helped unveil his design for the new basketball floor at Patton Barracks Fitness Center in Heidelberg Friday. Spragins and Family and Morale, Welfare and Recreation officials introduced the new logo before the start of the annual Martin Luther King Jr. basketball tournament. The court floor was completely replaced and repainted and new indoor lights were added as part of a recent remodeling project. Spragins' design will also adorn the basketball court at the Campbell Barrack's fitness center.

Tricare young adult program announced

OASD Public Affairs

The Department of Defense announced Jan. 13 its introduction of the premium-based Tricare Young Adult Program for eligible military family members to the age of 26.

Expected to be in place later this spring, TYAP implements the National Defense Authorization Act of fiscal 2011. Premium costs for TYAP are not yet finalized, but the NDAA specifies rates must cover the full cost of the program.

The Patient Protection and Affordable Care Act of 2010 required civilian health plans to offer coverage to adult children until age 26. Tricare previously met or exceeded key tenets of national health reform, including restrictions on annual limits,

lifetime maximums, "high user" cancellations, or denial of coverage for pre-existing conditions – but did not include this expanded coverage for adult children. Dependent eligibility for Tricare previously ended at age 21 or see **TRICARE** page 12

COMMENTARY

Now grown up, remember your childhood promise

By Jacqui Haggerty
BWNOW MEMBER

I started thinking about all the cool stuff we used to do as children and that led me to wonder why we don't them anymore as adults. Think about it: when we were kids (and yes, I am dating myself and my entire generation with this post), there was a ton of stuff we absolutely loved to do, so much so, we swore that once we were the grown-ups and we had all the money, we'd do them every day and no one could ever tell us to stop.

Indulge me for a minute or two. I would say, "Close your eyes and remember when you were young. Remember when television had only three channels to choose from, back before computers, cell phones and dating at the ripe old age of eight." I'll just set the stage by saying, "Once upon a time..."

Once upon a time, there were no laptops, cell phones, smart phones or PSPs. Children's toys were considered a gift or a reward instead of the norm. Once upon a time, children of all ages played freely in their yards, the neighbor's yards or went to the nearest playground. We left our homes before 9 a.m. and didn't come home until the street lights came on.

Once upon a time, children had to invent their own games, create their own fantasy play and learn how to go more than an hour without television or some other form of entertainment. Back then, sometimes the simplest things would bring us delight for hours on end -- drawing pictures on the sidewalk using a twig and some water from a nearby puddle... blowing bubbles... climbing trees, finding frogs and catching caterpillars. Playing pirate and making the undergrowth of the nearest group of shrubbery our 'dungeon,' boys would alternate between being on the big bad pirate crew

and playing the hero of the day, while girls would almost always be the damsels in distress with an occasional evil queen or wicked witch thrown into the mix.

Once upon a time, chasing the ice cream truck on your Huffy bicycle with the banana seat was the bomb. We'd even chase the trucks that went around in the summer time, spraying the trees for bugs (Mom would close the house windows, we would ride in the spray.) Maybe that's why I don't remember having many mosquito bites as a kid. Come to think of it, maybe that explains why I don't remember much of anything anymore, especially when it comes to where I last left my CAC card and car keys!

We'd go to the corner store and spend our lunch money on candy necklaces, belly buttons and wax teeth. We'd crawl into bed with filthy feet from being barefoot all day and not think twice about it (ewwww). We would sing along with the radio and, if we were lucky, we'd get the latest 45 once we were old enough for mom and dad to trust us with a turntable.

Once upon a time, we swore we would never grow-up. But, if the inevitable did happen, we would never forget what it was like to be a kid. We certainly wouldn't come home grumpy and in a bad mood because, well, there was no way we would forget to play during the day. No way were we going to turn into our parents. Not. Going. To. Happen. Because once it became our turn to be in charge -- things were gonna change.

Once upon a time...

Now, I don't advocate staying trapped in a time warp. Not at all! Change is the only constant, and our world is better connected, more technologically advanced than at any other time in history. And while this ushering in of a new age has incredible potential, it also brings with it incredible risks.

We swore that once we were the grown-ups and we had all the money, we'd do them every day and no one could ever tell us to stop.

But we're not going to go into that today.

I would, however, like to propose the following New Year's resolution.

Now that we are the grown-ups, let us never forget our childhood promises. Buy a bottle of bubbles and, once in a while, sit outside on your break and just let them fly. Keep a stash of candy necklaces in your desk, along with a couple sets of wax teeth and break into them whenever things seem to be getting a little tense in the work place. If you don't already have one -- buy a bike. I know they all have those torturously uncomfortable hard little seats nowadays, but I'm willing to bet that we could find the good old banana seats somewhere online. Order one. Go riding after work. On Saturday morning, get outside. Grab some pirate gear or witches costume (Fasching stuff is out in abundance this time of year) and make it a point to put on the eye patch or grab a broom and let your inner villain out. Pick-up a tiara or a cowboy hat and let your inner hero shine through. Sit on the ground near a puddle, grab a twig and paint to your heart's content.

After all, we are the ones in charge and we swore that once we were the grown-ups and we had all the money, we'd do them every day and no one could ever tell us to stop."

Jacqui Haggerty posted this blog on myBWNOW (<http://myBWNOW.ning.com>) on Jan. 9.



www.facebook.com/BWnow
<http://myBWNOW.ning.com>

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

BWnow Facebook fans commented on a Stars and Stripes article about smoking banned in Kaiserslautern's stairwell housing units.

I... would love to see Heidelberg follow suit. Just wondering, then would it mean that smoke would just flow through whenever my neighbors have to go outside to smoke? No real win-win situation in

stairwell housing, but I know I don't like my bedroom smelling of smoke when I lay down some nights!

—Rachel Moxley Madsen, BWnow Facebook fan

I hope that Mannheim follows suit and that they start enforcing the no smoking within 50 feet of buildings here. I am so tired of seeing the cigarette butts everywhere -- including my garden. Would be

very nice if Mannheim would just enforce some of the rules they already have.

— Ashley Benjamin, BWnow Facebook fan

I hope that Heidelberg housing will follow. Question: Is smoking allowed on and around playgrounds?

—Mihaela Froehlich, BWnow Facebook fan



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Nine-year old inspires at MLK Jr. prayer breakfast



By Sgt. Fabian Ortega
USAG BW PUBLIC AFFAIRS

Not many nine-year olds are up at the crack of dawn preparing to deliver one of the most memorable speeches in civil rights history.

Jordan Coney, a third-grade student at Mark Twain Elementary in Heidelberg school, is a modest, soft-spoken young boy by nature, but when his mother, a member of the Equal Opportunity committee in Heidelberg, asked if he'd like to give King's "I Have a Dream" speech, Jordan jumped at the opportunity.

"I know he has a talent for remembering things really well and he truly wanted to do it," Coney's mom, Sgt. 1st Class Edith M. Taylor, the Equal Opportunity adviser for the European Medical Command said. "I told him he had to feel a passion for it."

Jordan, who's fond of history, said the meaning of the speech and the significance of the man who gave it touched him.

"Everybody should be able to do whatever they want (in life)," he said.

The prayer breakfast held

Jan. 13 at the Patton Barracks dining facility, began routinely. After the invocation, a soulful vocalist belted out various musical selections for those in attendance.

Others, still moving their heads along with the music, flipped through the program to see what was next on the schedule. In the back dining area, a giddy Staff Sgt. Marvin Taylor and his wife, Edith, stood, scanning for Jordan.

Right on cue, the vocalist handed the microphone to a young man dressed in a suit.

"I have a dream," Jordan recited proudly, channeling King's inspirational eloquence.

Jordan finished the recital to a huge round of applause and said he was glad he took the chance to pay tribute to one of history's heroes.

The boy, whose sharp memory allowed him to recite King's speech word for word, "really catapulted the prayer breakfast," said Master Sgt. Mark Jordan, the equal opportunity advisor for U.S. Army in Europe.

Col. Douglas K. Kinder, who followed the speech recital with one of his own, said the young, well-spoken boy was inspiring.

"He was a tough act to follow."

-Col. Douglas K. Kinder, IMCOM-E Chaplain

"Those were some powerful words," Kinder said. "It's intimidating to get up in front of all these people and recite things from memory. He was a tough act to follow," he said.

Kinder, the chaplain for Installation Management Command-Europe, capped off the prayer breakfast and said observances of King's birthday and other holidays are important to military communities because they're teaching tools for younger generations.

"It's a classic reminder of the road that was paved for us to give us equality and freedom," said Kinder. "There is another generation ready to take their dream and realize it."

As for what Jordan wants to do later in life, he said, "I'm not sure, I never thought about that. Maybe (become) a doctor," he said.

Note: Mannheim observes Martin Luther King Jr. day with a prayer breakfast 7:30 a.m. today in Bldg. 725 on Benjamin Franklin Village.

Construction team cases colors in Schwetzingen

243rd readies for deployment to Afghanistan

By Pfc. David Huddleston
18TH ENGINEER BRIGADE PUBLIC AFFAIRS

The 243rd Construction Management Team, 18th Engineer Brigade, cased its colors Jan. 6 at Tompkins Barracks in Schwetzingen in preparation for its upcoming deployment to Afghanistan.

The 18th Engineer Brigade deployed the 54th Engineer Battalion and the 15th Engineer Battalion within the last few months. Following the 243rd CMT deployment, the brigade headquarters will also deploy.

It has taken many months of training for the small unit to be fully prepared to deploy. The 243rd CMT Soldiers ex-

ecuted realistic mission readiness exercises by providing survey support to future land owners.

"A key focus of our training was project management since we aren't actually the ones swinging the hammers or pushing the dirt with the bulldozers," said Maj. Aaron Wolf, the 243rd CMT commander who is from Poynette, Wis.

"We are the ones who make the big plan and then do the quality control," Wolf said.

When the 243rd CMT receives a mission, the team of Soldiers must first survey the area they are working in. This involves getting accurate elevation readings via global positioning systems.

From there, the team uploads the data and generates map information of the terrain. Once they have an accurate map, they can begin the design process. When their mission is complete, the cus-



Maj. Aaron Wolf, left, commander of the 243rd Construction Management Team, and Sgt. 1st Class Scott Mays, the detachment sergeant, case the unit colors during its deployment ceremony Jan. 6 on Tompkins Barracks in Schwetzingen.

tomter has a design and a set of experts to provide an additional set of eyes for quality control.

"We plan on using our expertise to make upgrades and improvements to the facili-

ties," said Sgt. 1st Class Scott Mays, the detachment sergeant who is from Beckley, W. Va.

The improvements will increase the size and therefore the occupancy and quality of

living on select forward operating bases in Afghanistan.

This will be the 243rd CMT's second deployment. It reactivated Dec. 16, 2006, for its first deployment in 2007 to Iraq.

Transition services merge

By Dijon Rolle
USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Change is nothing new for the employees of the Army Career and Alumni Program office in Heidelberg. They see it every day in the steady stream of clients coming to their doors for help with their transition back to civilian life. Earlier this week, the ACAP office underwent a transition of its own.

On Tuesday, the Heidelberg office took over all administrative functions and support for the Mannheim ACAP office.

All Soldiers stationed in Mannheim who are retiring or separating from the Army, will now use the ACAP office in Heidelberg to schedule appointments, see counselors and attend classes and briefings.

Mike Von Millanich, transition services manager Europe ACAP region – west, has kept a close eye on the entire process and wants Mannheim customers to know the staff here are doing everything it can to ensure the transition is a seamless one.

“We’re communicating on all levels with Mannheim units,” Von Millanich said. The ACAP staff is also coordinating with the military personnel office, expanding its services and scheduling activities around the new Mannheim to Heidelberg shuttle service schedule. (See related story).

Assuring Soldiers receive the help they need is a personal mission for Von Millanich, who retired from the Army as a command sergeant major in 1980 after 29 years of service.

“There was no ACAP in 1980. You just got out and looked for a job,” he said. “The ACAP program is here to support the Soldiers and to help them get a good start towards their future.”

Staff members are also looking towards the future when they welcome their new Mannheim clients. Prior to the transition, employees had to handle several key details behind the scenes.

“It’s been very busy but I think we’re managing it very well,” said

Julie Hodge, contract installation manager.

“My staff is fabulous. Everyone’s working together and picking up slack where other people are doing other things like for example, cleaning out an office and getting rid of all the paper and supplies that we just didn’t have room for here in Heidelberg. So that’s been a challenge but everyone has pulled together,” Hodge said.

One major change that all ACAP clients may notice is the introduction of a new counseling requirement.

Soldiers will now also receive a 30-minute individual counseling session in addition to their 90-minute mandatory pre-separation briefing.

The extended counseling is designed to help counselors better assess clients needs and offer the appropriate referrals when necessary.

The ACAP staff has already visited units on Sullivan Barracks in Mannheim and they plan to visit more units on Coleman Barracks.

The visits are being used to help provide a personal touch and give Mannheim Soldiers an opportunity to ask questions or voice any concerns.

“The strongest message we want to send to everyone is that it’s going to be okay. We will be flexible and work things out. There are going to be some things that I’m sure we’ll have to tweak as we go along and learn what their needs are and how we can accommodate them, but we will make it work,” Hodge said.

Hodge urged Mannheim Soldiers and units to keep the lines of communication open and if they notice problems with ACAP specifically or challenges that their unit is experiencing, to please contact her office.

For information on the ACAP program or to schedule an appointment, call DSN 370-7545, civ. 06221-57-7545.

The Heidelberg and Mannheim ACAP office is located in Bldg. 3850 on the Shopping Center Kaserne in Heidelberg.

Shuttle bus runs expand for military services

Staff Report

Mannheim’s community shuttle bus service has expanded to include a stop at the in and out-processing center now serving Mannheim members in Heidelberg at the Central Processing Facility.

The U.S. Army Garrison Baden-Württemberg Central Processing Facility is located on the Shopping Center Kaserne in Heidelberg and now serves both Mannheim and Heidelberg military members. The CPF is in the Community Support Center Bldg. 3850.

The bus stop at the Heidelberg Community Support Center also serves as the hub for the Heidelberg Community shuttle bus that serves Tompkins Barracks, Patrick Henry Village, Mark Twain Village and Patton Barracks.

Shuttle buses will run four times a day, Monday through Friday, from Coleman, Spinelli and Sullivan Barracks and the hotel on Benjamin Franklin Village to the Shopping Center Kaserne in Heidelberg and the Heidelberg Medical Clinic on Nachrichten Kaserne.

Bus stop schedules cannot be published because of force protection issues but interested riders can get schedules at various locations (see “shuttle bus schedules” below), and those with a computer access card can view it at <http://tinyurl.com/Mannheim-Shuttle-Bus>.

Signs are posted in the bus stops indicating departure times and routes. The bus stop on Spinelli Barracks is at Bldg. 1481; on Coleman Barracks at Bldg. 39; on Sullivan Barracks at Bldg. 254 (USO) and Bldg. 200 (bachelor enlisted quarters; on Benjamin Franklin Village at the hotel. The stop on Nachrichten Kaserne is at Bldg. 3611.

The shuttle is an appropriated-fund service to provide transportation for Soldiers to conduct official business during the duty day. However, if space is available, family members and civilians can also ride the buses. The service does not run on weekends or U.S. holidays. DSN 373-6410, civ. 06221-17-6410.

transformation UPDATE

Frequently Asked Questions

Have a transformation-related question you’d like answered?

E-mail usaghd.post@eur.army.mil. We’ll find the answer for you and share it in the Herald Post and on the garrison’s transformation Web page at www.bw.eur.army.mil/transformation.

Facilities Operations Changes

Mannheim Military Personnel Division – Mannheim’s MPD has transferred to U.S. Army Garrison Baden-Württemberg MPD. There is a shuttle bus service between the Mannheim and Heidelberg communities. Some services will physically relocate to Bldg. 3850 at the Heidelberg Community Support Center on the Shopping Center Kaserne. Mannheim services that will relocate include community in and out-processing, reassignments processing, Soldier personnel actions, military personnel records updates, transition services, ACAP, casualty and memorial affairs and post retirement services. Mannheim services that will remain in Bldg. 255 on Sullivan Barracks are the passports and ID card services and ration card services for authorized civilian employees, contractors, Soldiers and family members. An announcement of when these services will relocate to Heidelberg will be made at a later date to be determined. Some personnel services such as Soldier readiness processing, pre-deployment processing, re-deployment re-integration and unit group out-processing will be conducted in the community most convenient for Soldiers. These activities will be coordinated between units and the supporting garrison. DSN 370-3347, civ. 06221-57-3347, Czernyng 14, 69115 Heidelberg. A listing of the MPD services is found at www.bw.eur.army.mil/DHR/DHR_milpo.html.

Mannheim In and Out Processing – Mannheim personnel will in-process and out-process through the U.S. Army Garrison Baden-Württemberg Central Processing Facility in Heidelberg. When in-processing, the Sponsorship Bus (S-Bus) from the Frankfurt Gateway Reception Center no longer stops at the Mannheim CPF on Sullivan Barracks. Personnel assigned to Mannheim units will be transported to the Patrick Henry Village Guest House, Bldg. 4527, in Heidelberg. DSN: 388-9387, civ. 06221-33-89387. GPS: Grasweg, 69124 Heidelberg. S-Buses depart the Frankfurt FGRC at approximately 11 a.m. (arrive 12:30 p.m.) and 2:30 p.m. (arrive 4 p.m.). Before the S-Bus arrives in Heidelberg, units will be contacted by the Baden-Württemberg CPF staff for sponsors to greet newly-arrived personnel. Both the unit sponsor and Baden-Württemberg CPF representative will meet the newly arrived personnel at the PHV Guest House. When out-processing, Soldiers leaving Mannheim will coordinate out-processing through the USAG Baden-Württemberg CPF in Heidelberg and will out-process through Heidelberg agencies. The CPF is located in room 180, Bldg. 3850, at the Community Support Center at the Heidelberg Shopping Center Kaserne. The CPF is open daily 8 a.m.-noon and 1-4 p.m. In-processing: DSN 370-6711, civ. 06221-57-7687. Out-processing: DSN 370-8480, civ. 06221-57-6711, usaghd.cpf@eur.army.mil, www.bw.eur.army.mil/DHR/DHR_milpo.html. GPS: Czernyng 14, 69115 Heidelberg.

Retirement Services – Mannheim’s Retirement Services Office has transferred to Heidelberg. To receive the U.S. Army Garrison Baden-Württemberg Retiree Newsletter, call civ. 06224-52-741. Area retirees or surviving spouses of retirees needing assistance should call Monday-Friday 8 a.m.-2 p.m. DSN 370-8236, civ. 06221-57-8236. An alternate number is DSN 370-8399, civ. 06221-57-8399. The RSO is located in the Community Support Center on the Shopping Center Kaserne. GPS Address is Czernyng 14, 69115 Heidelberg.

Find more information about
transformation on the garrison’s
Web site at www.bw.eur.army.mil/transformation

Shuttle Bus Schedules

Bus schedules have been placed throughout the community. Here’s where to get them.

- Schedules have been provided to all units through non-commissioned officer channels.
- All personnel in-processing receive a copy of the schedule.
- Building coordinators have been provided shuttle schedules.
- The hotel on Benjamin Franklin Village has schedules available.
- Schedules will be available at the next U.S. Army Garrison Baden-Württemberg town hall meeting 6 p.m. Feb. 16 at the Patrick Henry Village Pavilion in Heidelberg.
- Those with a CAC card can view the schedule at <http://tinyurl.com/Mannheim-Shuttle-Bus>.

Pharmacies manage diabetic supplies after voluntary recall

ERMC Public Affairs

Pharmacies at Army health facilities in Europe continue to manage stocks of glucose test strips and monitoring meters in the wake of a voluntary recall of diabetes care products.

On Dec. 22, the FDA announced that Abbott Diabetes Care had voluntarily recalled 359 different lots of glucose test strips manufactured between January and September 2010, prompting military and civilian pharmacies worldwide to order replacements.

Following the recall, the U.S. Army Medical Materiel Center Europe received and distributed 600 packages of Precision Xtra test strips to military health facilities in Europe.

As of Jan. 12, 209 replacement Abbott "Freestyle" test meter kits and 1,044 boxes of glucose test strips for them are on hand.

An additional 3,000-box order of Precision Xtra test strips is expected to arrive around Jan. 19.

Each box has 50 test strips.

Available supplies are being dispensed carefully so that patients' needs will be met.

Depending on availability of unaffected Abbott Precision Xtra test strips, patients may receive either a full or a partial refill. If Abbott test strips are not available, a different kind of meter and test strips may be dispensed for new and refill

prescriptions.

The voluntary recall is related to the test strips' inability to absorb enough blood for monitoring, possibly resulting in a false low reading.

Medical officials advise diabetics who receive blood glucose test strips from U.S. military pharmacies in Europe to check their supplies.

Abbott Diabetes Care has offered to replace affected test strips free of charge.

They can contact Abbott Diabetes Care at www.precisiontiuminfo.com or U.S. phone number 800-448-5234 to determine if their test strips are among those recalled or to request replacement strips.

Diabetic patients in Europe may also call or visit their local U.S. military health clinic pharmacy if their glucose test strips are among those affected by the recall or to check on available supplies.

The FDA announcement at <http://tinyurl.com/2d3bmum> includes a link to questions and answers about the Abbott glucose test strip recall. The FDA's Q&A Web page is located at <http://tinyurl.com/29boym2>.

"We encourage diabetic patients to talk to their local military pharmacist if they have difficulty getting resupplied," said Col. Octavio Mont, pharmacy consultant for the Europe Regional Medical Command. "We will assist them as we all work through this problem together."

Faces of the community: Military Clothing Sales



Donna Walker

Spc. Brandi Burgie, 7th Theater Tactical Signal Brigade, looks for gloves and receives assistance from Olga Mendez, supervisor at the Military Clothing Sales Store in Bldg. 3850 on the Shopping Center Kaserne in Heidelberg. The store is open 10 a.m.-6 p.m. Monday-Friday and 10 a.m.-5 p.m. Saturdays. The store in Mannheim now located at Coleman Barracks in Bldg. 23 (next to the Shopette) is open 10 a.m.-6 p.m. Monday-Friday. In Kaiserslautern, the store on Kleber Kaserne in Bldg. 3231 is open 9:30 a.m.-5:30 p.m. Monday-Friday and 10:30 a.m.-2 p.m. Saturdays.

Behavioral health service available

HMEDDAC Public Affairs

Behavioral health services at the Heidelberg Health Center are currently open and available again to family members and civilians.

Previously, services were limited to active duty Soldiers for a temporary period of time due to staffing shortages.

"We are excited to once again be able to offer services to family members who may need to speak with a therapist," said Lt. Col. Tony Elder, acting chief of Behavioral Health for the Heidelberg Medical Department Activity.

"We realize the stresses of military life, and we don't want family members to feel like they can't get help from us if they need it," he said.

Services in behavioral health include social work services, psychiatry and psychology. Patients can have one-on-one counseling sessions to help

deal with any emotional issues they may be having.

There are also child, adolescent, marriage and family counseling services available, as well as group counseling that focuses on stress and anger management, depression and post deployment related issues, including post-traumatic stress disorder.

"We recognize we've had periods of time where we haven't had the capability to see everyone due to circumstances beyond our control," said Col. P.K. Underwood, HMEDDAC Commander.

"At this time we are able to open appointments again. However, we ask for patience as there may be a time in the future when we have to limit appointments again. We will always keep our beneficiaries informed of any changes," she said.

For information on behavioral health services, call DSN 371-2557, civ. 06221-17-2557.

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VIDEO BLOGS



This Week's Focus:

**Vehicle Inspection
Consolidation on
Spinelli Barracks**

Use your smart phone to connect directly to the video with the above quick response code.

www.youtube.com/BWnow



Linda Steil

Seniors from Heidelberg High School and Mannheim High Schools work together Tuesday to prepare arguments for a resolution on human rights in anticipation of their trip to the Model United Nations conference at the Hague in the Netherlands Sunday. Students pictured from left are Austin Harvill, Iman Karnabi, Alexius Pinerio, Doug Dub, Sarah Atchinson, Jocelin Howard, Tre Simmons, all from Mannheim, and Dan Meader and Rebecca Steil (seated) from Heidelberg.

Students join forces for model UN

Staff Report

Mannheim High School's Model United Nations team went to Heidelberg Tuesday to practice formal debate with high school students there in anticipation of a trip to the Hague International Model United Nations conference Jan. 23-28 in the Netherlands.

The students prepared together for two reasons.

"We wanted the kids to practice a mock simulation of the event but we had the double-fold purpose of having them get to know one another before they come over here next year," said Linda Miller, Heidelberg High School registrar and Model UN director.

Mannheim students will attend Heidelberg high school next school

year as a result of the closure of the Mannheim garrison in May.

Teams consist of 12 members but Mannheim could field only nine, so three Heidelberg students will join the Mannheim team. Heidelberg High School will travel with a 13-member delegation and will represent the Syrian Arab Republic. Mannheim will represent Turkmenistan.

Heidelberg senior Rebecca Steil attended last year's event and said she's excited to again be among the 3,000 students from across the globe.

"You meet people from all over the world. You can meet someone from Peru and they represent India, or Myanmar (students) might be represent Kenya. There are all different accents and everyone is so well-versed on their topic," she said.

Many high schools offer a Model United Nations class and Mannheim is one of them. Students at Heidelberg High School must join a club to be part of the experience.

"Even though it's not a class at our school, it's an invaluable learning experience," Steil said. "You learn a lot about world policy. I hope one day to go into some form of government."

The teams worked well together, Miller said and the joint Mannheim-Heidelberg mini-UN conference got them ready for the trip Sunday. In her fourth year traveling with students to the event, Miller believes it's an enriching experience.

"They really come away with an appreciation of different cultures and viewpoints that they're not always privvy to, in high school," Miller said.

your local connection



U.S. Army Garrison Baden-Württemberg's command information program

Local Information:

www.BW.eur.army.mil

Get the latest news and information about the Heidelberg, Mannheim and Kaiserslautern communities

Herald Post Newspaper:

www.BW.eur.army.mil

Pick up a paper copy in high-traffic areas in your community or access the pdf version online – a new edition is published every Thursday

Virtual Community:

<http://myBWnow.ning.com>

Blog about your experiences, ask and answer questions about life in Europe, search for on- and off-post events, make friends, share photos

Photo Gallery:

www.flickr.com/heraldpost

View, download and share photos from community events

YouTube:

www.youtube.com/BWnow

See the video version of local news

Families, Soldiers build strong bonds

By Pfc. David Huddleston
18TH ENGINEER BRIGADE PUBLIC AFFAIRS

GARMISCH, Germany – Soldiers seeking a weekend getaway and a chance to enrich their marriages and families as well as their own lives are being provided just that when they attend "Strong Bonds" retreats.

Each month, retreats are held at the Edelweiss Lodge and Resort, either for single Soldiers, families or married couples.

Staff Sgt. Shairese Smith-Banks, the 18th Engineer Brigade chaplain assistant from Chicago, said that each retreat has a different purpose, noting that the marriage and family retreats "focus on communi-

cation and issues families may have, while the single Soldier retreats focus on finding somebody that is right for them."

An additional retreat offered for families of deployed service members is designed to help the families cope with their loved ones being deployed and focus them on staying connected.

"In preparing for deployment, time with the family becomes a premium," said Capt. Orlando Fraser, 18th Engineer Brigade intelligence officer.

"Learning ways to appreciate each other helps to enrich the limited time before deployment," Fraser said.

Each retreat offers six hours

of mandated training that is introduced through group discussions, videos and personality tests.

The training is typically conducted on the first and last day of the retreat, giving Soldiers optimum time to explore the town of Garmisch or relax at the lodge on the other days.

Soldiers like Staff Sgt. Larry Soto, a brigade information assurance manager from Los Angeles, are able to see many interesting sites while attending the retreats. Soto and his family visited the Zugspitze, the highest point in Germany, and the Linderhof Palace.

Food, travel and lodging are provided at each retreat.



Tina Sanders

Strong Bonds programs in Germany are held at the Edelweiss Lodge and Resort in Garmisch. Strong Bonds is a unit-based, chaplain-led program to increase individual Soldier and family member readiness through relationship education and skills training. The retreat provides a fun and safe environment to address the impact of relocations, deployments and military life style stressors.

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Sgt. Cooper T. Cash

(Above) Pfc. Ryan B. Stuart of Brooklyn Park, Minn., assigned to Company D, 2nd Battalion, 30th Infantry Regiment, 4th Brigade Combat Team, 10th Mountain Division, Task Force Storm, provides security for Afghan National Security Forces in Kharwar District Jan. 16. Soldiers of Company D and ANSF recovered two caches and detained four people during the two-day operation.



U.S. Army Photo

(Left) Chief of Staff of the Army Gen. George W. Casey Jr. and Sgt. Maj. of the Army Kenneth O. Preston lead participants of the Senior Enlisted Advisors Conference in a "moment of silence" for those lost in the recent Tucson, Ariz., tragedy.

A U.S. Army Cultural Support Team Soldier assigned to Combined Joint Special Operations Task Force-Afghanistan takes aim during maneuvers at a range on Bagram Airfield Afghanistan Jan. 15.



U.S. Air Force Staff Sgt. Michael Zimmerman



U.S. Air Force Senior Airman Andrew Lee

Vice President Joe Biden, speaks to a crowd of more than 200 service members and civilians about the partnership with the Iraqis and his appreciation for military members and their families Jan. 13 on Camp Victory, Iraq. The vice president said he brought a word of thanks from the American people to the military members in the fight for Operation New Dawn.



Annie Chambers

Sgt. Chris Hansen, 101st Airborne Division, Air Assault, Fort Campbell, Ky., was recognized during the Chicago Bears Third Quarter Military Salute, Sunday, at Soldier Field. Hansen, a lifelong Bears fan from Indiana, has been in the Army for 14 years. Hansen has done four combat tours, two in Iraq and two in Afghanistan. Hansen and team mate Spc. Josh Stoffregen drove up from Fort Campbell for the game. Both are huge Bears fans.

Tell Me A Story



Federica LeMauk

Kathy Tone, left, a member of the Heidelberg-Mannheim Parent to Parent team reads "More Than Anything Else" to Toneka Johnson with 2-year-old son Jacob, Anna Wurm with 4-month-old son Gabriel and Stephanie Yarbrough with 2-year-old Hunter. The book will be given to each family that attends the Tell Me A Story event at Mannheim Elementary School 3-5 p.m. Feb. 13. The guest speaker is Lt. Gen. John W. Morgan III, Heidelberg Allied Forces Commander. Admission is free but reservations are requested by Feb. 7 to ptop.heidelberg@militarychild.org.

Parent to Parent presents event for black history month

Staff Report

Tell Me a Story returns to Mannheim 3-5 p.m. Feb. 13 at Mannheim Elementary School featuring Heidelberg Allied Forces Commander Lt. Gen. John W. Morgan III reading "More Than Anything Else," a story by Marie Bradby about Booker T. Washington and his desire to read.

"I am very excited about the book we are using for Tell Me A Story this year because Booker T. Washington tells children about the magical power of reading in a way that even small children can understand," said Cherie Shivers, Parent to Parent team member for Mannheim and Heidelberg.

Parent to Parent is partnering with the U.S. Army Garrison Mannheim to conduct this year's TMAS in conjunction with black history month

celebrated in February. Each family that attends will receive the featured book about Booker Taliaferro Washington who lived from 1856 to 1915.

He was an American educator, author, orator, political leader and a dominant figure in the African American community. He was representative of the last generation of black leaders born in slavery and spoke on behalf of blacks living in the South.

"As I try to teach my children the importance of education I find inspiration in Washington's strong belief that education leads to success," Shivers said.

"When I think of the challenges that military children face every time they move with their parents, I try to remind myself and my children that Washington said, 'I have learned that success is to be measured not so much by the

position that one has reached in life as by the obstacles which he has had to overcome while trying to succeed,'" she added.

TMAS was created by the Military Child Education Coalition to empower military children by using literature and their own stories in a way that fosters skills of resilience, strong peer and parent connections, a sense of pride and accomplishment and a caring community.

"TMAS is a wonderful opportunity for the children in our community to hear a story told by a caring leader. The activities that accompany each story do a lot to reinforce the message in the book and our children always enjoy them. It is nice to bring the children of our community together for an activity that reinforces how important they are. Cavan and Mi-

"As I try to teach my children the importance of education I find inspiration in Washington's strong belief that education leads to success."

—Cherie Shivers, Parent to Parent

kaely have enjoyed the last two TMAS events and they especially like the activities that reinforce the story's message," said Lt. Col. Elizabeth Griffin, U.S. Army Garrison Mannheim commander.

The Military Child Education Coalition is a worldwide nonprofit organization that identifies the challenges highly mobile military children face, increases awareness of these challenges in military and educational communities and develops and implements programs to meet these challenges.

MCEC's goal is to level the educational playing field for military children wherever they are located.

TMAS also trains parents to help their own children become strong readers. Kids who read and who are read to, do better academically.

Each family attending receives a copy of the book and activities and snacks are provided.

Admission is free but those interested should make reservations by Feb. 7 via e-mail to ptop.heidelberg@militarychild.org.

Art Exhibit Opens



Brandon Spragins

Lisa Peters and daughter Elizabeth discuss photographer Richard Brummet's work at the "Reflections of Generosity: Toward Restoration and Peace" grand opening Saturday in Heidelberg. The traveling military art exhibit created and directed by Sgt. Ron V. Kelsey and hosted by the Heidelberg Arts and Cultural Center opened with fanfare including introductions, praises, an unveiling of an original piece by Andrew Washington and a performance of "Ave Maria" by Kyla Kelsey. The walls of the main gallery were transformed into a giant quilt with works from multiple artists exhibiting pieces in a variety of mediums. "Over 50 artists and 120 individual works of art with approximately 30 being local artists participated," said Edward Codina, center director who called the event a huge success. The transformed halls of the pavilion featuring the exhibit are available for public viewing through Jan. 30 at the Village Pavilion in Heidelberg.

TRICARE

continued from page 1

age 23 for full-time college students.

The fiscal 2011 NDAA now gives the DoD the authority to offer similar benefits to young adults under Tricare.

"We've been working hard to make sure we could put Tricare Young Adult on a fast track," said Tricare Deputy Director, Rear Admiral Christine Hunter.

"Fortunately for our beneficiaries concerned about health care coverage for their adult children, the law signed by the president includes opportunities for military families to elect this new premium-based plan retroactive to Jan. 1," she said.

Beginning later this spring, qualified, unmarried dependents up to age 26 will be able to purchase Tricare coverage on a month-to-month basis

as long as they are not eligible for their own employer-sponsored health coverage.

"This program has the potential to extend Tricare coverage to several hundred thousand additional beneficiaries," said Hunter.

"The premium allows us to provide this excellent benefit to our military families while responsibly addressing the impact of health care costs on the DOD budget," she added.

January is cervical health awareness month

By **Kristen Marquez**
HMEDDAC PUBLIC AFFAIRS OFFICER

Women looking for a New Year's resolution that's easy to keep and could help save their life should think about January's theme of Cervical Health Awareness Month.

Cervical cancer is one of the most preventable cancers in women – but they must take the necessary precautions in order to prevent it.

"We urge our female population to schedule their yearly well-woman exam to ensure they are – and remain – in good health," said Col. P.K. Underwood, Heidelberg Medical Department Activity Commander.

According to the National Cancer Institute, the year 2010 could have seen 12,200 new cases of invasive cervical cancer diagnosed and about 4,210 women dying from cervical cancer. Some researchers also estimate that non-invasive cervical cancer – cancer that is only in one location – occurs about four times more often than invasive cervical cancer, according to the

American Cancer Society.

Though cervical cancer once was one of the most common causes of cancer death for American women, that death rate declined by almost 70 percent between 1955 and 1992.

The reason? The increased use of the Pap test, the screening procedure that can find changes in the cervix before cancer develops.

The Pap test can also find cervical cancer early, while it is in its most curable stage. Each year, the death rate from cervical cancer continues to decline by nearly 3 percent, according to the American Cancer Society.

Cervical cancer is almost always caused by human papillomavirus infection. A vaccine is available for females ages 9 to 26 that protects against two types of HPV infection that cause cervical cancer.

"Because early cervical cancers usually don't cause symptoms, it is important to get screened on a regular basis," Underwood said.

For information, talk to your health care provider, or visit www.cancer.gov or www.cdc.gov/cancer/cervical.

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FOR MORE ON 2010 TAXES OR TO FIND YOUR LOCAL TAX CENTER, GO TO WWW.HQUSAREUR.ARMY.MIL/LIFE

Tax Center

The Heidelberg Tax Center opens Jan. 31 on the Shopping Center Kaserne in Bldg. 3860. It will provide services to the Mannheim and Heidelberg communities. The tax center is staffed with trained personnel who are up to date on changes in the tax laws. One change is taxpayers have until April 18 to file their returns and pay tax due. This has no impact on the automatic overseas extension deadline, which remains June 15. DSN 370-7510, civ. 06221-57-7510.

Initially, the benefit offered will be a premium-based Tricare standard benefit.

Eligible family members who receive health care between now and the date the program is fully implemented may want to purchase TYAP retroactively and should save their receipts. Premiums will have to be paid back to Jan. 1 in order to obtain reimbursement.

Adults who are no longer

eligible for Tricare, but need health insurance coverage, may wish to explore the Continued Health Care Benefit Program, a premium-based program offering temporary transitional health coverage for 18 to 36 months.

Coverage must be purchased within 60 days of loss of Tricare eligibility.

For more information on TYAP and CHCBP visit www.Tricare.mil.



Illustration by Brandon Sprague



Neolithic times to the last occupation by the British Empire. Phoenicia, Egypt, Rome, Byzantium and the Ottoman empires have all left their marks with varied architecture

found and yet to be discovered on this ruin crowded isle.

There was a group of archaeologists at the temple of Venus while I visited and I pondered what the worship of Venus entailed. St. Paul visited Cyprus near Paphos as described in Acts 13. Down below my mountain perch, the Byzantines built a Christian basilica over pagan ruins, yet neither remain intact. The basilica entry fee was just €1.50, and the upper part is free. The beauty of Cyprus invited me, but its strategic location has created a sad history, the scars of which remain in its capital Nicosia.

Nicosia is a drab, but lively city stuck in the '50s with oppressive cement block construction. Cyprus was divided in two by a civil war following a colonial struggle against the British starting in 1955. The divided city's north end still has shell damage from the cessation of fighting in 1973. I walked the line literally as I crossed into the Turkish Republic of North Cyprus through a barrier that cannot be photographed and past convoys of glaring TRNC troops.

The wall is just a simple dirt road with two walls, yet it is extensively concealed. North Nicosia



Photos by C.J. Wood

The oceanfront resort in Limassol, Cyprus, shows the beauty of the island. Ancient market ruins near the temple of Venus in Limassol, above, and Byzantine ruins, below, hark of the history of the captivating spot.

Off season weather still balmy in Cyprus

By C.J. Wood
DECA

Like the siren's song of yore, Cyprus captivates those who travel to its sun-dappled shores and mountains dotted with ancient ruins. It's all here for the tired traveller – delicious seafood, warm water year around and more history than this weary wanderer could absorb in one trip.

I stayed in the Jasmine Hotel Apartments (www.jasminehoteltaps.com, civ. 357-2532-9828) a threadbare (and affordable) relic from the '70s replete with loud black drapes and fluorescent pink furniture.

The beach in Limassol, a trendy coastal city guarded by a large fleet of anchored freighters, is fine black sand set apart from the city with a large eucalyptus lined pedestrian park. The warm swimming contrasted nicely with my nightly seafood gluttony.

The food, while expensive, is similar to Greek seafood and includes the usual fare of octopus and calamari grilled to perfection in exotic sauces. The Jasmine is just €50 a night (not in a package). It is a bare three-star rating. In the old city next to the old Ottoman bazaar is a small cheap guest house (the Luxor Guesthouse-www.luxorlimassol.com, civ. 357-2536-2265) with original 1900 furnishings and conveniences for only €15 a night and clean. The hotel rates cited here are from 2010 and might change in the new year.

Nearby is the mountain temple of Aphrodite, also known as Venus, the Roman goddess of love. Large ritual washbasins framed the beach below and reminded me of the great antiquity of Cyprus. The history of Cyprus has been carefully preserved from

Cyprus captivates those who travel to its sun dappled shores and mountains dotted with ancient ruins.

in the TRNC is a model of decay with only the central mosque, a former church bedecked with TRNC flags as a point of interest. While in Nicosia, I briefly visited the Pregnancy Care Centre, a Christian ministry which successfully works with the problems besetting the poor women of the city. Despite its trendiness, poverty is evident in Cyprus.

Package tours to Cyprus during the summer are above average for Europe, but off season the weather is still balmy and vacation prices make Cyprus an attractive travel option.



GERMAN NEWS

Winter weather costs add up

The hard winter suffered so far this season could be particularly expensive for Germany, according to parts of a confidential report by Transportation Minister Peter Ramsauer released on Monday. Expenses and damages are currently at "a level that no one can estimate," daily Bild quoted from the report. Repeated snowstorms that led to transportation chaos across the country will have serious financial ramifications, the report said. "A transportation system that also functions smoothly even in extreme weather conditions doesn't come free," it added. But because this was clearly not the case, Germany would need to conduct "societal debate and compromise over how much it's worth to us all," Bild quoted. Meanwhile transportation policy spokesman for the pro-business Free Democrats Patrick Döring warned that Germans may be burdened with a "pothole tax" or "winter fee" to help pay for damages caused this winter.

Gauging Germany's 'happiness index?'

Earlier this week, German politicians began investigating ways to gauge the country's quality of life and prosperity as a way to complement gross domestic product figures in Europe's top economy. Following in the footsteps of other major European economies such as Britain and France, a cross-party committee headed by speaker of parliament Norbert Lamert will issue its recommendations in two-and-a-half years. The so-called "Progress Index" will measure Germany's economic wealth, as well as advancements in education, environment and quality of life. "This indicator should become a compass for policy-makers in order to show where our society stands, and if people are better or worse off," said MP Daniela Kolbe in Berlin. A growing number of nations have decided GDP figures alone cannot fully describe the standard of living a particular society offers.

SOURCE: www.thelocal.de



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

I am the wife of a Marine. Life has been very stressful for me. I'm not asking for you to give me advice, but just to listen. I think you have little tolerance for affairs.

It is a lonely life for me, but I do love my husband. I know what I signed up for when I said "I do" over 10 years ago. I tried to get my husband to get out of the Corps, but he wouldn't. I knew it was causing a lot of resentment in me, because he was gone all of the time. I became more and more distant with every deployment and it's like he never noticed.

Then I decided to put my degree to use and found a great job with great people who are very supportive. My boss is very supportive, which is why

Ms. Vicki's Online Talk Show

Don't get enough Ms. Vicki in the Herald Post? Now you can tune in for her Internet radio show at www.blogtalkradio.com/dearmsvicki to hear her talk about teen dating violence, helping military children have a smooth transition, relationships and more. You can also visit her online at www.dearmsvicki.com.

he is now my lover. I did not ask for this to happen, it just happened. I am in love with this man, but I still want my marriage to work and I know what I am doing is not right.

The secrecy is exhilarating and gives me a high, but it is exhausting all the same. I want to stop the affair, the sex, the presents, the late nights, especially since my husband will return in two months. This man does not want to stop. I must admit this "itch" I have for him is often uncontrollable because I say I won't see him anymore only to end up doing it again.

How do I stop? What was fun in the beginning is not fun now. Ms. Vicki, please consider this urgent.

Fun Girl

Dear Fun Girl,

At first you said you did not want my advice, so I guess you changed my mind. You are going to have to "cool your burning loins" if you intend to control this "itch."

How do you do this? You just stop, and stop now, unless you are telling me you are being harassed and need a restraining order (which it doesn't sound like).

You should also resign from this position immediately. Using your degree is good, but letting your

hormones use you is not good. Seek employment elsewhere, and don't be led by your feelings of loneliness and frustration.

From your reports you have enjoyed the fun while it lasted, and now you want to save your marriage as your husband is coming home soon.

I'm going to send you some resources for supportive counseling. I think this would be a great time to start discovering why this affair happened in the first place and how you contributed to it.

Dear Ms. Vicki,

I enjoy reading your column and want to acknowledge the awesome military advice you provide Soldiers and their families.

I appreciate that though you are a woman, your responses are not partisan to female military dependent issues and explain things from a birds-eye perspective. I am aware that Soldiers (primarily male) sometimes give themselves a bad name by their actions, but your responses show that you are not quick to judge someone because of it. That is why I enjoy reading your responses.

Happy belated New Year.

How to get compensated for loss, damaged goods

By **Capt. David L. Adamson**
PATTON LAW CENTER

Every year thousands of Soldiers and civilian employees seek compensation for property loss through the U.S. Army Claims Service. These claims are frequently for missing or damaged household goods shipments and unaccompanied baggage shipments associated with a permanent move.

Claimants can file a claim directly with the carrier under the Full Replacement Value Program or through the local Military Claims Office. If the carrier is part of the Defense Personal Property System, an FRV claim must be initiated through the DPS online system before filing with your MCO.

Notice

The first deadline is 75 days from the date of delivery. Claimants have no control over whether or not the

transportation service provider who moved their goods uses DPS. They are provided a DD Form 1840-1840R upon delivery. The 1840 is for damage noticed at delivery and the 1840R is for damage noticed after the movers left.

This form indicates whether or not the claimant is in the DPS system. If in the DPS system, the claimant must satisfy the 75 day notice requirement online through DPS.

Claimants not in DPS may come to the Patton claims office and claims personnel will process the notice of loss.

Claimants are encouraged to unpack in a timely fashion and inspect all goods because the carrier will not pay for a missing or damaged item if they were not put on timely notice.

Full value

Claimants who either are in the DPS system or who aren't in the DPS system but elect to file their claim with the car-

rier are eligible for FRV. This program pays a claimant to replace an item that has been lost or destroyed even if it is several years old. The claims office however, pays depreciated value.

For example, if a four year old television is lost in shipment and a claimant files for FRV then the claimant will be compensated the price of a new television whereas if filing with the MCO the claimant will receive less money to account for the age of the item.

Claimants must weigh the tradeoffs involved when deciding to file FRV or not. If a claimant is going to have most of the items repaired then they will receive no benefit from FRV because the MCO will pay for repair costs. Also, your local MCO will provide more timely customer service than the carrier.

Filing a claim

All DPS claimants and non-DPS claimants who

elect to seek FRV must file their claim within 9 months of the date of delivery. For DPS claimants this is an online process and Patton Claims provides help with this process. Non-DPS claimants often work with the carrier by telephone, e-mail and traditional mail. Each carrier is different so the processes for filing a claim varies with each move. Those claimants who elect to have the MCO adjudicate their claims must file within two years of delivery by signing a DD Form 1842. The MCO helps the claimant all the way through this process.

Ensuring your rights

Claimants may achieve the best of both worlds by first filing with the carrier and then, if unhappy with either the customer service or the settlement offer, pulling the claim and filing with the MCO.

DPS claimants must start the process with the carrier

and non-DPS claimants may elect to start the process with the carrier. Once the claim is actually filed the claimant must give the carrier 30 days to make an offer before filing a claim.

Claimants who elect to do this keep all documentation they receive during the process. At first adjudication, the MCO will pay only depreciated value.

However, then the file will go to recovery specialists in Mannheim who will attempt to receive compensation. If they recover more money than depreciated value, the claimant will receive the difference. This way claimants receive the benefit of FRV compensation through MCO customer service.

The Patton Law Center Claims Office in Bldg. 107 on Patton Barracks in Heidelberg can assist customers in filing claims. DSN 373-5263, civ. 06221-17-5263.

GET OUT!

area events

More events online at <http://myBWnow.ning.com>

January 20

Latino Palace Chango – At the Latino Palace Chango you will find a range of Latino inspired acts regularly performing, an outdoor party area, restaurant and, of course, plenty of space for you to dance the night away along with many more exciting activities for you to join in spread over two large floors. The club is on Münchener Straße 57, 60329 Frankfurt am Main. Civ. 0692-722-0807. www.latinopalace-chango.de.

January 21

Free concert – Allstar Weekend is an American pop and rock band which gained its popularity after debuting "Suddenly" on the Disney channel television network. See them at no cost at the Galaxy Theater on Vogelweh Housing in Kaiserslautern. Doors open 6 p.m., concert starts at 7 p.m.

The Lion, the Witch and the Wardrobe – C.S. Lewis' beloved and magical "Chronicles of Narnia: The Lion, the Witch and the Wardrobe" will be presented at the Roadside Theater on Patton Barracks in Heidelberg at 7:30 p.m. Jan. 21 - 22. Tickets: www.roadside theater.com, www.mwrgermany.com.

Cadence Call Competition – Bring your best cadence caller plus a team of up to four performers (march, step, etc.) to the Right Arm Night Cadence Call competition 5-8 p.m. at the Top Hat Club on Benjamin Franklin Village in Mannheim. Winner receives \$150 for their FRG, unit or directorate. DSN 380-9370, civ. 0621-730-9370, www.mwrgermany.com.

Hip Hop Night – Hop over to the Recovery Room on Nachrichten Kaserne in Heidelberg for Hip Hop night starting at 9 p.m. and hosted by disc jockey Pat. DSN 371-2762, civ. 06221-17-2762, www.mwrgermany.com.

January 22

Military History Tour – Hitler and his paladins selected the old imperial city of Nürnberg to become the party center and the setting for their pageantry during the party rallies that were held every September from 1934 until 1938. These gatherings were pompous spectacles, theatrical demonstrations of every branch of the National Socialist Party hierarchy. This tour takes you to the relics of the staged presentations and to a documentation center presenting an in-depth portrait of this period of German history. <http://affiliates.uso.org/Kaiserslautern/>.

January 23

Thionville France Antique Market - The town of Thionville, France hosts an open air

flea market and brocante at Place de la Liberté 6 a.m.-noon. There you will find more than 200 private dealers selling a wide variety of items and antiques. The market is held every second and fourth Sunday of the month. Free entry. While you're in Thionville you can also visit the famous Maginot Line. Place de la Liberté, 57970 Yutz, France. www.buzzoffbase.com.

Flea Markets – Check out area flea markets for those hard-to-find bargains in Mannheim, Kaiserslautern, Frankfurt and Stuttgart. For details on locations, times and addresses, visit www.meine-flohmarkt-termin.de and click on the link for the 6000-6999 zip code (PLZ).

Disney's Beauty and the Beast – KMC Singing tea pots, swinging candle sticks, chomping wolves, a beautiful maiden, and of course, the Beast himself appear on KMC Onstage on Kleber Kaserne. Saturday performances are at 7:30 p.m. and Sunday performances are at 3 p.m. For tickets stop by the KMC Onstage or visit the One Stop Shop in the Kaiserslautern Library on Landstuhl Post, Bldg. 3810.

January 24

Wax Museum - Since the doors of Madame Tussauds world famous waxwork museum first opened over 200 years ago in London, millions of visitors have flocked to see the incredible likenesses of real life celebrities and historical persons. Check out the museum's Berlin location and discover your favorite celebrity heroes and the process behind how the waxwork figures are made. You can also snap a photo with Barack Obama, Angelina Jolie, the Queen of England, David Beckham, Madonna and many more. The museum is located at Unter den Linden 74, 10117 Berlin. Civ. 0180-554-5800.

January 26

Xocoatl Chocolate Shop - Sample the huge array of white, dark and milk chocolates during a trip to the Xocoatl chocolate shop in Wiesbaden. Enjoy a hot mug of their special cocoa as you explore the shelves for delicious treats. The shop is located at Grabenstraße 24, 65183 in Wiesbaden. Civ. 06113-41-7364.

January 28

Life Upon the Wicked Stage – Catch KMC Onstage Jan. 28 and 29 for the dinner theater production of "Life Upon the Wicked Stage." This cabaret features award-winning actress and vocalist Jeanne Ragonese accompanied by pianist Hatem Nadim. Get tickets at the KMC Onstage box office on Kleber Kaserne, Bldg. 3232, or the One Stop Shop in the Kaiserslautern Library on Landstuhl Post, Bldg. 3810.

January 29

Fashion Show – Watch the Winter Fashion Show and Airbrush Army NYC starting at 9 p.m. at the Warrior Zone on Coleman Barracks in Mannheim. DSN 382-4410, civ. 0621-730-4410, www.mwrgermany.com.

Dance Classes - Cut a rug with your fanciest dance steps or at least learn how at the Lamade dance school in Mannheim. The school offers many classes, courses, special nights and events to get you on the floor whether its hip hop or the Viennese waltz. Civ. 0621-10-3040.

Cologne - Cologne (Köln) is one of the largest and oldest metropolitan cities of Germany. Spend the day shopping and enjoying some of the city's historic sights and modern wonders. Experience Cologne for yourself. <http://affiliates.uso.org/Kaiserslautern>.

Luxembourg - Visit one of Europe's most historical capital cities: Luxembourg. The tour begins with a morning visit to the American War Memorial Cemetery and the grave of Gen. George Patton outside of Luxembourg. After a lunch break enjoy a tour of the city and a visit to the Cathedral of Our Lady and other landmarks. <http://affiliates.uso.org/rheinmain/files>.

February 1

Azur Water World – The Azur Water World swimming complex is one of the most popular attractions in the region and provides year-round indoor/outdoor water recreation for all ages. Open Monday-Sunday. The complex is located at Schernauer Straße 50, Ramstein-Miesenbach, Germany, 66877. Civ. 06371-71500. www.freizeitbad-azur.de.

February 4

Auction – Join the Heidelberg Community and Spouses Club for "Denim and Diamonds" 6-10:30 p.m. Feb. 4 at the Village Pavilion. Shoppers have scoured all over Europe for antiques, furniture and other items to be auctioned. Doors open at 6 p.m. and the auction begins at 7 p.m. The evening includes dinner, live auction, silent auction and raffles. Proceeds benefit the community through scholarships, welfare grants and donations. Reservations required by Jan. 28: www.hcsc-heidelberg.

February 5

Outlet Shopping – Take a trip to the Metzgingen Outlet City and find deals on some of your favorite brands like Timberland, Nike, Hugo Boss, Miss Sixty, Calvin Klein and more. Enjoy tons of stores housed in one place. There will also be time to eat lunch and explore the city of Metzgingen. <http://affiliates.uso.org/rheinmain/files>.

coming to THEATERS

FOR COLORED GIRLS

(Kimberly Elise, Janet Jackson) Based on Ntozake Shange's award-winning 1975 play, which consists of a series of poems performed through a cast of nameless women, known only by a color. It deals with such subjects as love, abandonment, rape, and abortion. Rated R (some disturbing violence including a rape, sexual content and language) 133 minutes.

MORNING GLORY

(Rachel McAdams, Noah Bean) Newly hired as a producer on a national morning-news program called "Daybreak," Becky Fuller decides to revitalize the low-rated show by bringing in legendary anchorman Mike Pomeroy. But things don't go as planned and Becky struggles to save her relationship, her job and "Daybreak" itself. Rated PG-13 (some sexual content including dialogue, language and brief drug references) 107 minutes.



PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

Jan. 20 - PARANORMAL ACTIVITY 2 (R) 7 p.m.
Jan. 21 - THE GREEN HORNET (PG-13) 7 p.m.; FOR COLORED GIRLS (R) 9 p.m.
Jan. 22 - THE GREEN HORNET (PG-13) 4 p.m.; MORNING GLORY (PG-13) 7 p.m.; FOR COLORED GIRLS (R) 9 p.m.
Jan. 23 - FOR COLORED GIRLS (R) 4 p.m.; THE GREEN HORNET (PG-13) 7 p.m.
Jan. 24 - MORNING GLORY (PG-13) 7 p.m.
Jan. 25 - THE GREEN HORNET (PG-13) 7 p.m.
Jan. 26 - FOR COLORED GIRLS (R) 7 p.m.
Jan. 27 - THE GREEN HORNET (PG-13) 7 p.m.

Mannheim, Schuh

Jan. 21 - FOR COLORED GIRLS (R) 7 p.m.
Jan. 22 - MORNING GLORY (PG-13) 4 p.m.; SKYLINE (PG-13) 7 p.m.; FOR COLORED GIRLS (R) 9 p.m.
Jan. 23 - MORNING GLORY (PG-13) 4 p.m.; FOR COLORED GIRLS (R) 7 p.m.

Vogelweh, Galaxy

Jan. 22 - THE LAST AIRBENDER (PG) 4 p.m.; EASY A (PG-13) 7 p.m.
Jan. 23 - THE SORCERER'S APPRENTICE (PG-13) 4 p.m.; PREDATORS (R) 7 p.m.

Ramstein, Gateway Movieplex

Jan. 20 - MEGAMIND (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; DUE DATE (R) 12 p.m., 2:30 p.m., 5 p.m., 7:30 p.m.; ALICE IN WONDERLAND (PG) 1 p.m., 4 p.m., 7 p.m.
Jan. 21 - THE GREEN HORNET (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; FOR COLORED GIRLS (R) noon, 3 p.m., 6 p.m., 9 p.m.; MORNING GLORY (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:30 p.m.
Jan. 22 - THE GREEN HORNET (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; FOR COLORED GIRLS (R) noon, 3 p.m., 6 p.m., 9 p.m.; MORNING GLORY (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:30 p.m.
Jan. 23 - THE GREEN HORNET (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; FOR COLORED GIRLS (R) noon, 3:30 p.m., 7 p.m.; MORNING GLORY (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7:15 p.m.
Jan. 24 - THE GREEN HORNET (PG-13) 11 a.m., 1:45 p.m., 4:45 p.m., 7:45 p.m.; FOR COLORED GIRLS (R) noon, 3:30 p.m., 7 p.m.; MORNING GLORY (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7:15 p.m.
Jan. 25 - THE GREEN HORNET (PG-13) 11 a.m., 1:45 p.m., 4:45 p.m., 7:45 p.m.; FOR COLORED GIRLS (R) noon, 3:30 p.m., 7 p.m.; MORNING GLORY (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7:15 p.m.
Jan. 26 - THE GREEN HORNET (PG-13) 11 a.m., 1:45 p.m., 4:45 p.m., 7:45 p.m.; FOR COLORED GIRLS (R) noon, 3:30 p.m., 7 p.m.; MORNING GLORY (PG-13) 11:30 p.m., 2 p.m., 4:30 p.m., 7:15 p.m.;
Jan. 27 - RAMONA AND BEEZUS (G) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; FOR COLORED GIRLS (R) noon, 3:30 p.m., 7 p.m.; MORNING GLORY (PG-13) 11:30 p.m., 2 p.m., 4:30 p.m., 7:15 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
Schuh Theater, Mannheim, 0621-730-1790
Galaxy Theater, Vogelweh, 0631-50017
Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions

community HIGHLIGHTS

Kaiserslautern PX

The Kaiserslautern Military Community Center, the large mall and exchange on Ramstein Air Base, will be closed all day Jan. 27 for inventory. All other establishments in the mall including the concessionaires, bookstore, shoppette and restaurants will remain open.

AFAP Issues

Issues for consideration at the Mannheim-Heidelberg AFAP conference in February should be submitted before Feb. 1. Issues can be Heidelberg, Mannheim, Installation Management Command or Department of the Army wide. Pick up forms at the Mannheim or Heidelberg ACS offices or download one from the Mannheim Web site, www.home.mannheim.army.mil or the Baden-Württemberg Web site, www.bw.eur.army.mil.

NCO Induction

The 7th Theater Tactical Signal Brigade will host a Brigade NCO Induction Ceremony at 1:30 p.m. Feb. 4 at the Schuh Theater in Mannheim.

EEO and Sexual Harassment

There will be Equal Employment Opportunity and sexual harassment training 1-3 p.m. Feb. 16 at the Community Training Center on Patton Barracks in Heidelberg Bldg. 104. This training is required for every civilian employee and any military or local national who supervises civilian employees. Employees must have the classroom training every other year and the online version on the alternating year. http://www.bw.eur.army.mil/training_security.html. Additional class dates are: March 16, April 20, May 18, June 15, July 20, Aug. 17 and Sept. 14. Reservations: DSN 373-5494.

Scholarship Available

Applications are being accepted through April 30 for a Military Police Regimental Association scholarship awarded to children and spouses of active duty and retired members of the association. Applicants must write a 500 word essay on how the scholarship will be used to further their education. Awards range from \$250-\$1,500. Students must be planning to enroll in, or are already enrolled in an accredited college or university in a program of undergraduate studies. www.mpraonline.org.

COLA Going Down

The Cost of Living Allowance rate set by the Department of Defense for January will result in most service members seeing a 2-4 percent decrease in the end of January pay based on their locality. The decrease is a result of the stronger U.S. dollar against most foreign currencies. Here is a link to query the COLA rate of any service member regardless of rank: www.defensetravel.dod.mil/site/colaCalc.cfm.

local EMPLOYMENT

ACAP Counselor

The Army Career and Alumni Program is seeking a part-time ACAP Counselor for the ACAP Center in Heidelberg. Applicants must have a master's degree, logistical support, be computer literate, and have a minimum of two years experience in job assistance, career or employment counseling, teaching, training or a related field. Submit resume to Julie.e.hodge@eur.army.mil. Civ 06221-57-7545, DSN 370-7545.

KAISERSLAUTERN

Community

♦ **Scrapbooking** – Learn how to scrapbook 9 a.m.-3 p.m. Jan. 22 at the Kaiserslautern Library on Landstuhl, Bldg. 3810. Bring four to five photos. All basic materials provided. DSN 486-7322, civ. 06374-86-7322.

♦ **Credit Union Open All Week** – The Service Credit Union will expand its hours Jan. 24 and be open seven days a week 10 a.m.-6 p.m. DSN 493-4382, www.servicécu.org.

♦ **Business Club** – The Kaiserslautern American German Business Club will hold a "Why is the Russian economy progressing so well?" presentation 6:30 p.m. Jan. 27 at the Lauter Wirtshaus, Im Bahnheim 17C, 67663 Kaiserslautern, Civ. 0631-74400, kaiserslautern@agbc.de

♦ **Soups and Stews** – EDGE! Program provides youth in grades 6-12 opportunities to learn about soups and stews 4-6 p.m. Jan. 27. Register at Parent Central Services DSN 493-4516, civ. 0631-3406-4516. EDGE Coordinator: DSN 486-8991, civ. 06371-86-8991. Jan. 28-30

♦ **Outdoor Rec** – Enjoy a Grasergerhen Ski Weekend and Ski-X, Sonthofen, on Jan. 28-30 or take the Prague Express Jan. 29 with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117, www.mwgermany.com.

♦ **Quilt Guild Retreat** – Sign up and pay by Feb. 1 for the Rheinland Pfalz Quilt Guild spring retreat March 4-6 at Maria Rosenberg Hotel in Waldfishbach. Price includes meals, lodging and work space. The cost is €115 for single room, €105 to share a double room. E-mail: infor@rpgg.eu. The guild meets 9:30 a.m. the third Thursday of the month in the Ramstein North Chapel and 6 p.m. the fourth Thursday of the month in the Kaiserslautern Landstuhl Spouses Association building on Pulaski Barracks. Stitch n' Gab 10 a.m.-6 p.m. Fridays at the Kapaun Chapel Annex.

♦ **Family Bingo** – Stop by the Kazabra Club on Vogelweh Housing, Bldg. 2057, 3-6 p.m. Feb. 6 for bingo and a coloring contest for the kids with free hot dogs, soft drinks and prizes. DSN 489-7261, civ. 0631-536-7261.

♦ **Kinder Music** – SKIES Unlimited is now offering "ABC Music and Me" for children enrolled in a child care or pre-K program for literacy development through music. DSN 493-4516, civ. 0631-3406-4516.

♦ **Certified** - Certified Mechanics are available at Pulaski Auto Skills in Kaiserslautern and at Landstuhl. General maintenance and specialized services are also available. Pulaski: civ. 0631-350-2323, Landstuhl: civ. 06371-4931-628.

♦ **Tow Services** – Pulaski Auto Skills now offers tow services 10 a.m.-5 p.m. Monday-Friday and after hours for an additional fee. DSN 493-4167,

civ. 0631-3406-4167.

HEIDELBERG

Education

♦ **ACS Classes** – Federal Web-Based Application (Resumix) 9-11 a.m. Jan. 24; Smooth Move 10-11 a.m. Jan. 25; Anger Management 10-11 a.m. Jan. 26; Investment Basics 12-1:30 p.m. Jan. 26; Smart Banking 9-11:30 a.m. Jan. 27; Time Management 10 a.m.-12 p.m. Jan. 27 on Nachrichten Kaserne, Bldg. 3622, Company B conference room.

♦ **University of Phoenix** – Pursue a master's of business administration at the Patton Barracks Education Center starting Jan. 25. Civ. 06371-46-6876.

♦ **Red Cross** – The American Red Cross will offer a CPR/AED Adult class plus Child and Infant CPR and Standard First Aid 8 a.m.-5 p.m. Feb. 13. Prepayment of \$45 is required by Feb. 9. DSN 370-1760, civ. 06221-57-8711.

♦ **Central Texas College** – Registration has begun for Central Texas College offering Fundamentals of Fire Protection, Emergent Literacy for Early Childhood, Crime in America, Criminalistics I and Emergency Medical Technology – Basic Certification Course. DSN 373-8660, civ. 06221-17-8660.

Community

♦ **MLK Commemoration** – The NAACP's Rhein-Neckar branch and the German-American Institute will co-sponsor the 25th annual International commemoration of the life and legacy of Dr. Martin Luther King, Jr., beginning 6 p.m. Jan. 21 with a panel discussion at the German-American Institute, followed the next day by the commemoration at 6 p.m. Jan. 22 with keynote speaker Stanford University Professor Dr. Clayborne Carson and German speaker Dr. Jörg Nagler, professor at the Friedrich Schiller University of Jena at the Providenz Kirche (Providence Church) Hauptstrasse 90a.

♦ **Vehicle Sale** – Family and Morale, Welfare and Recreation is auctioning off vehicles 9 a.m.-3 p.m. Jan. 24-27 at the NAF Warehouse on Patton Barracks, Bldg. 156. Vehicles can be viewed at www.mwgermany.com by clicking on vehicle auction. All bidders and purchasers must have a valid USAREUR driver's license. Civ. 0170-636-8104.

♦ **Clothing Drive** – The Kontakt Club is holding a clothing drive for two homeless shelters, Waermestube in Schwetzingen and SKM 11 a.m.-4 p.m. Feb. 5. Sleeping bags, blankets, long underwear, warm clothes, shoes and boots are needed. Civ. 0171-537-8380.

♦ **Taste of Soul** – Celebrate black history month with an art exhibition, soul food tasting, poetry readings and live music by Jimmy's Soulquity

6-11 p.m. Feb. 5 at the Patrick Henry Village Pavilion. Participate in the soul food competition by signing up at the Arts and Cultural Center. Prizes awarded for best dish. DSN 373-7414.

♦ **Mars versus Venus** – Child, Youth and School Services teen program will host a Mars versus Venus event 5-7 p.m. Feb. 10 at the Lion's Den on Patrick Henry Village. DSN 388-9003, civ. 06221-338-9003, www.mwgermany.com.

♦ **Tell Me A Story** – Reserve space by Feb. 7 for the Parent to Parent Tell Me a Story event 3-5 p.m. Feb. 13 at Mannheim Elementary School featuring Heidelberg Allied Forces Commander Lt. Gen. John W. Morgan III reading "More Than Anything Else," a story about Booker T. Washington and his desire to read. Each family attending receives a copy of the book and activities and snacks are provided. Reservations: ptop.heidelberg@militarychild.org.

♦ **Theater Auditions** – Auditions for "On the Verge" will be held 7 p.m. Feb. 15-16 at the Roadside Theater on Patton Barracks. The show calls for three women and one man over the age of 18. No experience is required. DSN 373-5020, www.roadside-theater.com.

♦ **Town Hall Meeting** – The next U.S. Army Garrison Baden-Württemberg Town Hall meeting will be 6 p.m. Feb. 16 at the Patrick Henry Village Pavilion.

♦ **BOSS Trip** – Escape to Laax-Flims Feb. 18-21. \$229 includes round trip for skiing, snowboarding, lodging and breakfast. Call Heidelberg Outdoor Recreation to reserve your space. DSN 388-9282, civ. 06221338-9282.

♦ **Spouses Club Scholarships** – High school seniors may apply through Feb. 16 for 51,000 scholarships awarded by the Heidelberg Community Spouses Club for the best essay submitted. Applications: www.hcsc-heidelberg.com/scholarship, or scholarship@hcsc-heidelberg.com.

♦ **Karaoke** – Legends on Patrick Henry Village hosts karaoke and line dancing at 7 p.m. every Friday. Get free dancing instructions from 7-9 p.m. and then sing your heart out on the karaoke microphone.

MANNHEIM

Education

♦ **ACS Classes** – AFTB Level II 9 a.m.-2 p.m. Jan. 24-26; VMIS Training 1:30 p.m. Jan. 26 at ACS.

♦ **German classes** – Beginner, intermediate and advanced instruction in German begin at the Vierheim Volkshochschule Jan. 31. Civ. 06201-988-402 or 06201-13942.

Community

♦ **Martin Luther King** – A prayer breakfast in honor of Dr. Martin Luther King Jr. will be held 7:30 a.m. Jan. 20 in Bldg. 725 on Benjamin

Franklin Village. DSN 380-5577, civ. 0621-730-5577.

♦ **Developmental Screenings** – Educational and Development Intervention Services will not be able to offer developmental screenings Jan. 26 due to a deployment briefing in Bldg. 725.

♦ **Time for Tea** – The youth center will host a tea tasting 6-7:30 p.m. Jan. 20 and 27 at the Youth Center on Benjamin Franklin Village Bldg. 696. www.mwgermany.com.

♦ **Yearbook Congratulations Ads** – Student dedication ads are available for the yearbook. Individuals and organizations can dedicate ads for students or as a community farewell in general. Design is provided. DSN 380-4092, civ. 0621-730-4092.

♦ **Fashion Show** – The Warrior Zone on Coleman Barracks is looking for Soldier models to walk the runway at its winter fashion show Jan. 29. All clothing will be provided by AAFES. DSN 382-4410, civ. 0621-730-4410.

♦ **Library volunteers** – The Sullivan Library is seeking a volunteer to organize and lead its story hour on 10:30-11:30 a.m. Thursdays. Civ. 0621-730-3101.

♦ **Lending Closet Hours Change** – The Army Community Service lending closet in Bldg. 253 on Sullivan Barracks has new hours: 1-3:30 p.m. Monday-Friday and closed weekends. If you are new to the community and reside on Patrick Henry Village in Heidelberg, you can visit either lending closet for items (Heidelberg ACS is on the Shopping Center Kaserne). DSN 385-3101, civ. 0621-730-3101.

♦ **Pfennig Bazaar** – The German American Women's Club is collecting items for the annual Penny Bazaar. Collection days are 10 a.m.-3 p.m. Jan. 29 and 10 a.m.-6 p.m. Jan. 31 at the Rosengarten. Sale days are 11 a.m.-6 p.m. Feb. 3-4 and 10 a.m.-2 p.m. Feb. 5.

♦ **Cancer Screenings** – January is cancer awareness month and the clinic wants Mannheim members to stay healthy by scheduling a breast, cervical or colorectal screening. Central appointments: DSN 371-2622, civ. 06221-17-2622.

♦ **Tax Center** – The Tax Center on Taylor Barracks is closed. Please contact the Heidelberg Tax Center in Bldg. 3860 on the Shopping Center Kaserne in Heidelberg at DSN 370-7510, civ. 06221-57-7510.

♦ **Walking Group** – The Mannheim ACS New Parent Support Group hosts a Walking Group 10-11 a.m. Tuesdays and Thursdays at the track behind the clinic. No cost. Just bring strollers and your babies. DSN 385-2027, civ. 0621-730-2027.

♦ **Auto Skills** – The Auto Skills center on Spinelli Barracks, Bldg. 1577, has a new DSN 384-6023. The civilian number is the same: 0173-200-0642.

Heidelberg Lions



Photos by Wray Holan

Jumping for a layup, Heidelberg Lion Chase Boone, left, helps lead the team to victory in Friday's and Saturday's games in Heidelberg. Right, Marcel Simon adds to the score with a rim shot. The boys defeated the 2010 European Division II runners-up 70-51 and 70-32, and the girls held the Lady Tigers to a combined 20 points in 49-14 and 45-6 victories. The Lions remain undefeated through four games of Region III play and 6-0 overall. The girl's rout of Hohenfels make five straight wins since their 1-point loss to Kaiserslautern in the season opener. Yet, the Lady Lions remain undefeated in Region III play with a 4-0 record.

MLK

continued from page 1

transition and we'll be stronger and move forward," he added.

As for his own future plans, Green admitted this would probably be his last year coaching but he does plan to continue on as chief of sports and fitness and do "whatever God has for me to do."

This year's tournament kicked off with the unveiling of the brand new center-court logo designed by U.S. Army garrison Baden-Württemberg employee and Web master Brandon Spragins.

The orange, yellow and blue court logo, featuring stars, a basketball and the city of Heidelberg was just one of several improvements made to the basketball gym during its recent remodeling.

The entire gym floor and lighting system were also replaced and the walls and lines on the court were repainted. The tournament was the first chance for the public to see the new additions and for players to christen the brand-new hardwood. Spragins' design will also be featured on the basketball



Wray Holan

Heidelberg Lady Generals Kerry-Ann Raney (10) outpaces a Naples player during the Martin Luther King Jr. basketball tournament held Friday-Monday on Patton Barracks in Heidelberg. Naples beat Heidelberg 48-47.

court at the Campbell Barrack's fitness center.

Members of the U.S. Army Europe band entertained the crowd as spectators awaited the first tip-off. Heidelberg Family and MWR gave away prizes each day.

The MLK tournament is held each year on the long weekend accompanying the Martin Luther

King Jr. holiday.

Named the event's most valuable player among the women was Javita Cotton from Spangdahlem; and Sean Johnson from Grafenwöhr among the men.

For information on upcoming tournaments call the Heidelberg sports and fitness office at DSN 373-8032, www.mwrgermany.com.

staying ACTIVE

Marksmanship Team

The Heidelberg and Mannheim High Schools Marksmanship teams compete 9 a.m.-1:30 p.m. Jan. 22 at Patch in Stuttgart. European championships are 9 a.m.-4:30 p.m. Jan. 29 in Baumholder.

Heidelberg High School Basketball

Heidelberg girls' and boys' basketball teams play at home Jan. 21-22 against Black Forest Academy and Jan. 28-29 against Bamberg. On Jan. 21 - Junior Varsity girls play at 4 p.m., JV boys play at 5:30 p.m., varsity girls play at 7 p.m. and varsity boys play at 8:45 p.m. On Jan. 22 - JV girls play at 10 a.m., JV boys play at 11:30 a.m., varsity girls play at 1 p.m. and varsity boys play at 2:45 p.m. On Jan. 28 - JV girls play at 4 p.m., JV boys play at 5:30 p.m., varsity girls play at 7 p.m. and varsity boys play at 8:45 p.m. On Jan. 29 - JV girls play at 10 a.m., JV boys play at 11:30 a.m., varsity girls play at 1 p.m. and varsity boys play at 2:45 p.m.

Wrestling

Heidelberg and Mannheim high schools Wrestling teams compete 10 a.m. Jan. 22 at Bamberg and 10 a.m. Jan. 29 at Black Forest Academy in Kandern.

Heidelberg Unit Basketball

Upcoming unit-level basketball games scheduled at the Patton Barracks Fitness Center are: 4th Air Support Operations vs MEDCOM AT 6 P.M., U.S. Army Europe vs. 43rd Signal at 7 p.m. and NATO vs. U.S. Army Garrison Baden-Württemberg at 8 p.m. Jan. 24. Games played on Jan. 26 are: USAG B-W vs. 4th ASAG at 6 p.m., MEDCOM vs. USASREUR at 7 p.m. and 43rd Signal vs. NATO at 8 p.m. DSN 373-6110, civ. 06221-17-6110.

Little League Officials Clinic

Veteran Umpire Jack Conway of Florham Park, N.J., will again present this year's Little League baseball and softball officials clinics in Germany and Italy. The clinic in Germany will be 11 a.m.-6 p.m. Feb. 7-11 at the Tompkins Barracks in Schwetzingen, Bldg. 4233. The certification schedule is 9 a.m.-6 p.m. Feb. 8-10 with training 9 a.m.-1 p.m. Feb. 11. In Italy, the clinic will be 6-9 p.m. Jan. 31- Feb. 4 at the Villaggio CDC Conference Bldg. 703. DSN (314) 379-6038, civ. 06202-80-6038. The clinic teaches how to become officials or clinic instructors for Child, Youth and School Services and provides selectees follow up clinics at local garrisons. Jack Conway has officiated at two Little League World Series and has taught clinics for 10 years in Williamsport, Pa. He worked for 20 years as an NCAA baseball official in Division I, II and III and 30 years as a high school umpire. He is the current president of the American Legion Baseball, Babe Ruth Baseball and Florham Park LL umpires. He is a graduate of the Pro-Image umpire school, Little League Umpire Academy and has served as an instructor since 1993. During the training, clinic attendees will learn current rules, proper signaling, points of emphasis, rule changes, plate and field mechanics and procedures.

Kaiserslautern Youth Sports

Starting Feb. 15, youth ages 8-15 can sign up for track and field, tennis, bowling and golf; youth 7-15 can sign up for indoor rock climbing and youth ages 4-15 can sign up for T-ball, softball, or baseball. Interested participants must currently be enrolled with Child, Youth and School Services. Register at Parent Central Services, Bldg. 2898 on Pulaski Barracks, or online at <https://webtrac.mwr.army.mil>.

Heidelberg Golf Club

The Heidelberg Golf Club on der Bundesstrasse 291 in Oftersheim has closed its restaurant for renovation in January and February and is scheduled to reopen March 1. Civ. 06202-537-67.

More Photos Online
www.flickr.com/heraldpost