

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
Feb. 10, 2011

Speed Read

AFN OPEN LINE

American Forces Network will present an AFN Openline on transformation 9 a.m. Wednesday. Commanders of the three garrisons of Baden-Württemberg, Mannheim and Wiesbaden, along with leaders from the commissary, exchange and schools will be available to answer questions about their services and how they are changing. **3**

TOWN HALL MEETING

Upcoming town hall meetings in Heidelberg, Mannheim and Kaiserslautern seek input to improve communities. **3**

OHA SURVEY

Soldiers who live off post will be asked to complete a survey March 1-31 that will set a new allowance for utilities. **3**

CLOSURES

The Exchange announces changes due to transformation that will affect both Heidelberg and Mannheim communities. **4**

PICASSO, EINSTEIN

Soldiers bring Picasso and Einstein to life in "Picasso at the Lapin Agile" at KMC Onstage at Kleber Kaserne in Kaiserslautern. **17**



CULLIGAN COOL

The Culligan water plant in Grünstadt supplies water to facilities and homes across Europe. **11**

Celebrating African-American History Month



Donna Walker

The oil on canvas painting "Four Pearls" by Andrew Washington was one of many pieces of African-American art works displayed by area artists and student artists at the U.S. Army Garrison Baden-Württemberg's celebration of African-American History Month "Taste of Soul" Saturday at the Patrick Henry Village Pavilion. The event included a soul food tasting, poetry and performances. See more photos and the story on page 17.



Courtesy photo

AFN's Lance Milsted interviews Mannheim Bison football player Trey Arrich during the fall 2010 football season. AFN Heidelberg won the American Forces Network North station of the year award for 2010.

AFN Heidelberg – station of year

By **George A. Smith**
AFN EUROPE PUBLIC AFFAIRS

American Forces Network focus groups said they wanted to hear more about what's hap-

pening off-post on their radio and TV stations AFN Heidelberg responded by creating travel stories, talking about concerts at the SAP arena, see **AFN** page 16

Net Zero means no waste

By **Lt. Gen. Rick Lynch**
INCOM COMMANDER

The Army has a bold vision for managing natural resources on its installations: they will become net zero.

That is, as we go about the complex business of living, working and training on installations, our use and production of resources will balance out, so that in the end, we do not over-consume or waste. The most exciting part of the Army Net Zero vision is this: we all have a part to play in achieving it.

When the concept of net zero was first applied to installations, it was in terms of energy. A task force that grew out of a

2008 joint initiative of the Departments of Defense and Energy studied the possibility of net zero energy installations, or installations that produce as much energy on site as they use over the course of a year. Army Net Zero goes beyond energy. It also includes water and waste.

Army Net Zero's holistic approach increases our ability to achieve the larger goal of sustainable installations.

With an eye to all three, energy, water and waste, we are more likely to move beyond isolated projects, which carry the risk of succeeding in one area at the expense of another, to an integrated see **NET ZERO** page 16

Defense Details

SPECIAL OPERATIONS

Demand in Afghanistan for special operations forces is "insatiable," even as U.S. Special Operations Command increases its troop strength by a battalion a year, So-com's commander said Tuesday. Speaking at the National Defense Industrial Association's 22nd Annual Special Operations and Low-intensity Conflict Symposium, Navy Adm. Eric T. Olson discussed the effect nearly a decade of war has had on the Defense Department's most elite warriors.

www.defense.gov
www.army.mil/news

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COMMAND MESSAGE

Bystanders can intervene to prevent sexual assault

U.S. Army Europe Teammates,

In Iraq and Afghanistan, a Soldier will place himself or herself in danger to protect a comrade in harm's way. We need to apply that same instinct at our home stations and provide aid to a Soldier in the fight against sexual assault.

We have a unique opportunity to build on this culture through our bystander intervention programs and capitalize on this instinct to protect our fellow Soldiers, friends and families from becoming sexual assault victims.

Sexual assault is contrary to Army values, degrades mission readiness, is a crime and has no place in our Army. It tears apart the fabric of trust that bonds our units and communities.

I am very passionate about the Sexual Assault Prevention and Response program. This program reinforces our commitment to ensuring that victims receive quality services and perpetrators are held accountable.

We must continue working as a team to eliminate sexual assault from our ranks. Everyone, not just leaders, Sexual Assault Response Coordinators and victim advocates, has a responsibility to rid the Army of this crime.

It's important that we keep our focus on prevention. Our team must have an ingrained, values-based "gut reaction" against sexual assaults, sexually offensive language, comments and gestures that may create an environment of abuse. This reaction must compel all to act immediately to prevent a potential assault.

Our goal is elimination of sexual assault but until that happens we will continue treating victims with dignity and respect and providing quality care.

Sexual assault is contrary to Army values and we won't quit until it's gone from our ranks.

CARTER F. HAM
General, U.S. Army
Commanding

COMMENTARY

Seize opportunities in Germany

More moments await than leaves on a tree

By Richard Walker
USAG MANNHEIM MEMBER

Opportunities can come in many different forms; at the time you may not see them as opportunities.

Because of one such opportunity that emerged in my junior year of high school, I've learned to seize every opportunity. Now, opportunity fuels nearly every decision I make. My life is based on opportunity; it is the reason I am in college. It is the reason I'm writing this article.

In fact, if you're reading this, you've been blessed with the same opportunity as me – the most defining opportunity of my life.

I found out that my father had been requested to rejoin the Army and that he would return to my birth place and his former duty station: Germany.

Emotions flooded my mind, some that I had never felt before. It was exciting and terrifying.

However, living in Germany for a year opened my eyes to culture and even to life itself. To know what good means



requires the knowledge of bad; such was the case with virtually everything I had known in the past. I relearned everything by seeing it from another perspective. I was unaware of my own culture until I saw another, and I became enthralled by it.

I was somewhat interested in the concept of learning a new language before we moved, but it wasn't until I was immersed in it that I became fascinated. Just as I learned about my own culture through comparison, I learned more about English than I thought was possible, and it yielded a new appreciation for every sound that my lips make and every mark that my pen leaves behind.

My experience in Germany persuaded me to pursue a double major – German and engineering – at Penn State, a

Because of one such opportunity that emerged in my junior year of high school, I've learned to seize every opportunity.

sizeable undertaking.

Now I'm in my third year of German and the vast dimensions of a new language still lay before me.

The thought is exciting and frightening, just as the opportunity that led to it was. With this undertaking, though, comes countless other opportunities, each leading to others like a branch consisting of hundreds of leaves.

You might know one of those Soldiers on a base in Germany counting the days until he returns to the states. Meanwhile, I'm in Pennsylvania working day and night for the opportunity to return to Germany.

Outside your window in Germany lies a sight that most Americans won't ever have the privilege of seeing: an entire forest of opportunities. My advice... is to climb a tree.



www.facebook.com/BWnow
<http://myBWnow.ning.com>

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

QUESTION OF THE WEEK: What do you enjoy the most about living here in Europe and is there anything you really miss about living in the States?

"I love the opportunities that we have being over here. We can travel to many places we had never dreamed of going especially not for just a weekend.

I love that not only can we teach our kids about history but that we can actually show them a lot of history as well. It is such an amazing opportunity and I only hope that everyone makes an effort to take full advantage of it while they still have time."

– Susan, BWnow Facebook fan

"I love the slower pace of life, the beautiful country-

side, and the opportunity to immerse myself in so many different cultures/experience different points of view. Having just come back after two weeks stateside, I can honestly say that the only things I truly miss are my (grown) children, my sister and brother, and ... Wendy's."

– Jacqui Haggerty, BWnow Facebook fan



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

Town hall meetings seek input to improve community

Sembach barber shop stayed when Soldiers spoke up

By Rick Scavetta
USAG KAISERSLAUTERN PUBLIC AFFAIRS

Last year, military police Soldiers at Sembach Kaserne in Kaiserslautern frowned on a barracks' rumor – the post barber shop was going to close.

When Sgt. Sam Dagiau heard the scuttlebutt, and then had the rumors confirmed by barber shop staff, he wondered, "Where am I going to get my hair cut?"

The U.S. Army recently took over responsibility for Sembach, which had belonged to the U.S. Air Force. An Army unit was looking to occupy the building that housed the Sembach barber shop.

When a Soldier raised the concern at a community town hall, senior Army leaders stepped in. They funded renovations for a new barber shop, which opened in November near the post shopette.

"That's why we have town halls," said Capt. Josh Larson, 28, of Augusta, Ga., after get-

ting a buzz recently at the new barber shop.

"It's great that they kept this here. I don't have to drive all the way to Ramstein (Air Base) for a haircut," he said.

When Soldiers and other community members voice concerns, leaders within U.S. Army Garrison Kaiserslautern listen, said Patrick Rothbauer, the garrison's chief of plans, analysis and integration office.

As Army leaders prepare for an upcoming town hall, they hope the community speaks up.

"Town halls create a platform for voices from the community to be heard," Rothbauer said. "Commanders and senior community leaders get direct feedback from the people who we serve."

The event, held jointly by U.S. Army Garrison Kaiserslautern and the 21st Theater Sustainment Command, is March 2, at 1:30 p.m. at the at the Kaiserslautern Community Activities Center on Daenner Kaserne.

Lt. Col. Kevin Hutchison, U.S. Army Garrison Kaiserslautern commander, will be joined by garrison directors and special guests.

"The most important thing we gain from town hall meetings is input from the community," Rothbauer said. "This is the opportunity to voice your ideas on how to improve our community."

In the past, few community members were attending the town halls – often held in

Upcoming Town Hall Meetings

Heidelberg

Feb. 16

6 p.m.

Village Pavilion

Patrick Henry Village

Kaiserslautern

March 2

1:30 p.m.

Community Activities Center

Daenner Kaserne

Mannheim

March 16

6 p.m.

Bldg. 725

Benjamin Franklin Village

the evening. To make things easier, the command scheduled the meeting in the early afternoon.

"Also, people can submit ideas for discussion through the U.S. Army Garrison Kaiserslautern Web site," Rothbauer said. "There's a logo on the right-hand side of the homepage. Ideas submitted there will be addressed in March."

To increase attendance, the garrison is also leveraging social media sites and the American Forces Network to publicize the upcoming meeting.

"We live in an ever-changing community, where issues evolve and problems arise," Rothbauer said. "The command always needs community input to tackle current problems and issues," he said.



Rick Scavetta

Hair stylist Anja Junck puts the finishing touches on Capt. Josh Larson's haircut recently at Sembach Kaserne's new barber shop. When Soldiers raised their concerns at a town hall meeting about the former barber shop closing, community leaders worked to open a new one.

Utilities allowance survey set to begin March 1

USAREUR G-1

About 1,000 Soldiers in the U.S. Army Garrison Baden-Württemberg community who live off post are being asked to help set the rate of their utilities allowance.

The annual Overseas Housing Allowance Utilities Expense Survey for Germany will be conducted March 1-31. The survey is intended for all military personnel who reside off-post or off-base in privately leased or rental housing.

Starting March 1, the Web address for the on-line survey will be available on the USAG BW Web site and the U.S. Army Europe Web site under "Hot Topics."

Additionally, service members will receive an e-mail notification from the Defense Travel Management Office with a direct link to the survey.

Every year DTMO conducts a survey to identify how much service members spent during the previous year for utilities such as elec-

tricity, heating fuel, water, trash removal and sewer fees.

The data from this survey is used to determine utility allowances, which are part of the overseas housing allowance.

Collection of rental data is not part of this survey. DTMO obtains rental data directly from the pay system.

OHA is a cost-reimbursement based allowance. Members on active duty entitled to basic pay are authorized OHA based on the member's grade, dependency status and

permanent duty station location, unless otherwise specified.

The OHA Utility/Recurring Maintenance Survey offers the member the opportunity to have their utility expenses considered when the utility allowance is updated.

The survey is intended for all military personnel who reside in off-post privately leased housing.

Members may take the survey at home with their spouses. Spouses are authorized to

take the survey if the service member is deployed or unavailable.

Service members taking the survey are required to report the average monthly cost of utilities and routine maintenance from the past year.

To complete the OHA utilities expense survey, service members should have actual bills or records of their utilities and maintenance expenses. They will be expected to compute a monthly average for each of these expenses.

Exchange announces facilities changes

Heidelberg's Shoppette, Subway, Burger King, and Mannheim's furniture affected

Staff Report

Several service facilities in Mannheim and Heidelberg face relocation or closure in the coming months.

As the population at Mark Twain Village has decreased in the past few months, patronage at the shoppette there has also gone down, fueling the decision to close the store June 3.

To provide a place for the 848 Soldiers and family members, and 290 single Soldiers still living there, the shoppette at Campbell Barracks will expand hours to include weekends -10 a.m.-5 p.m. Saturdays and Sundays.

AAFES General Manager Frank Niccoll said that while AAFES' primary mission is to continue to provide service to Soldiers, civilians and family members, it must evaluate the efficiency of each operation.

"Those locations that from a business prospective can no lon-

ger sustain themselves are being looked at very closely," he said.

Niccoll said the MTV facility and equipment are outdated which impacts appearance and service level.

"Campbell provides a cleaner, brighter and more attractive operation to our valued customers living and working on Campbell and MTV," he said.

Also moving out of Heidelberg is the Burger King restaurant on the Shopping Center Kaserne May 30.

"Unfortunately as the community of Heidelberg enters its early phase of transformation, AAFES has the responsibility to minimize operational losses," Niccoll said. "As population decreases so does the labor pool shrink, which tends to make it more difficult to fill positions throughout the many directorates offering employment on the installations."

In Mannheim, the Subway restaurant on Sullivan Barracks will close May 20 and reopen on the

AFN Open Line on Transformation

American Forces Network will present an AFN OpenLine on transformation 9 a.m. Wednesday. The program will look at progress in the transformation of U.S. Army Europe as units leave Heidelberg and Mannheim for Wiesbaden and other locations. Commanders of the three garrisons of Baden-Württemberg, Mannheim and Wiesbaden, along with leaders from the commissary, exchange and schools will be available to answer questions about their services and how they are changing. The program will be aired live on 107.3 FM in Mannheim, 104.6 FM in Heidelberg and 1143 AM in Heidelberg and Mannheim. The show will also be streamed live on www.afneurope.net. Listeners can call in questions during the show or e-mail them in advance. DSN 389-4595, civ. 0621-46085-595, e-mail openline@afn.dma.mil.

shopping Center Kaserne June 13.

"By closing some of the smaller locations, AAFES retains some of its skilled labor and places them in larger operations which will continue their services until the completion of the Heidelberg transformation over the next few years."

In addition, the furniture store on Spinelli Barracks will close June 27. Options for furniture shopping include the Kaiserslautern shopping mall which includes a large furniture selection in the Exchange itself and a concessionaire in the mall.

Mortgage crisis affects service members

Patton Law Center

The current economic situation in the United States has affected a good number of military homeowners. As the value of their homes plummet and the ability to sell a home for at least the value of the mortgage becomes more difficult, many military families are caught in a crunch.

As mortgage companies are looking to take shortcuts in order to minimize their financial losses, service members may wish to review their mortgage contract and the Service Members Civil Relief Act.

Under this act, almost all loans incurred prior to active duty must be adjusted downward to a cap

of 6 percent once service members come onto active duty.

But one provision many are unaware of, to include even the most sophisticated banks and mortgage companies, requires a mortgage holder to get permission from the courts to foreclose against anyone on active duty with U.S. forces.

This provision is valuable in a majority of the states where the mortgage holder does not otherwise have to go to court to foreclose against a homeowner (a few require foreclosures to go through the courts). It gives the court significant authority to delay the foreclosure if such an action would be unfair to the service member.

Even in states that re-

quire judicial foreclosure, the civil relief act gives the court even more discretion in delaying the foreclosure action than state law alone would allow.

There is also a provision that if a Soldier's military service makes it difficult for him to tend to a court matter, the court must wait until the Soldier can attend.

While these provisions are not designed to get the service member out of obligations, they can be used to convince the mortgage holder to try to seek a more favorable resolution.

Mortgage companies loathe uncertainty and delay, and the SCRA brings both into foreclosure situations. So with the relief act on an active duty service member's

side, a more favorable credit report can be negotiated, or maybe the company will agree to forego a deficiency judgment against the individual in exchange for a deed. Or with the delay, the homeowner might gain just enough time to find a buyer.

But don't expect mortgage companies to automatically apply this law. Recent media reports suggest creditors tend to approach foreclosure with minimum of recognition of homeowners' rights. To expect anyone to honor your rights under the law, you must be prepared to aggressively assert those rights. In Heidelberg and Mannheim, contact legal assistance on Patton Barracks. DSN 373-5058, civ. 06221-17-5058.

transformation UPDATE

Frequently Asked Questions

Have a transformation-related question you'd like answered?

E-mail usaghd.post@eur.army.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/transformation.

Facilities Operations Changes

Mannheim Drivers' Testing – Mannheim's Drivers' Testing Station located on Sullivan Barracks, Bldg 253, will close Monday. All drivers' testing services will be offered in Heidelberg on the Shopping Center Kaserne, Bldg. 3850, Room 136, with operating hours 7:30-11:30 a.m. and 12:30-4:30 p.m. Monday-Friday. DSN 370-7889, civ. 06221-57-6681.

Patton Gym – Effective March 12, the fitness center on Patton Barracks in Heidelberg will have new weekend hours of operation. The center will be open 9 a.m.-4 p.m. Saturdays and Sundays. Week day hours will remain the same: 5:30 a.m.-9 p.m. Monday-Friday and closed on federal holidays. DSN 373-6110, civ. 06221-17-6110.

Nachrichten Recovery Room – Effective March 15, the Recovery Room on Nachrichten Kaserne, Bldg. 3608, will have new hours of operation. It will be open 5-10 p.m. Tuesday-Thursday, 5 p.m.-3 a.m. Friday-Saturday and closed Sunday-Monday. Please note that Mar. 12 will be the last day lunch will be served at the Recovery Room. DSN 371-2762..

Mannheim to Heidelberg Shuttle Buses – Mannheim's community shuttle bus service now stops at the U.S. Army Garrison Baden-Württemberg Central Processing Facility located on the Shopping Center Kaserne in Heidelberg in the Community Support Center Bldg. 3850. The bus stop at the Heidelberg Community Support Center also serves as the hub for the Heidelberg community shuttle bus that serves Tompkins Barracks, Patrick Henry Village, Mark Twain Village and Patton Barracks. Shuttle buses run four times a day, Monday through Friday, from Coleman, Spinelli and Sullivan Barracks and the hotel on Benjamin Franklin Village to the Shopping Center Kaserne in Heidelberg and the Heidelberg Medical Clinic on Nachrichten Kaserne. Signs are posted in the bus stops indicating departure times and routes. Schedules are available at the in and out processing center, from building coordinators, at the hotel on Benjamin Franklin Village and, for those with a computer access card, at <http://tinyurl.com/Mannheim-Shuttle-Bus>. The shuttle is an appropriated-fund service to provide transportation for Soldiers to conduct official business during the duty day. However, if space is available, family members and civilians can also ride the buses. The service does not run on weekends or U.S. holidays. DSN 373-6410, civ. 06221-17-6410.

Mannheim Military Personnel Division – Mannheim's MPD has transferred to U.S. Army Garrison Baden-Württemberg MPD. Mannheim services that have relocated include community in and out-processing, reassignments processing, Soldier personnel actions, military personnel records updates, transition services, ACAP, casualty and memorial affairs and post retirement services. Mannheim services that will remain in Bldg. 255 on Sullivan Barracks are the passports and ID card services and ration card services. An announcement of when these services will relocate to Heidelberg will be made at a later date to be determined. Some personnel services such as Soldier readiness processing, pre-deployment processing, re-deployment re-integration and unit group out-processing will be conducted in the community most convenient for Soldiers. These activities will be coordinated between units and the supporting garrison. DSN 370-3347, civ. 06221-57-3347, Czernyng 14, 69115 Heidelberg. A listing of the MPD services is found at www.bw.eur.army.mil/DHR/DHR_milpo.html.

www.bw.eur.army.mil/transformation

ADS

Landstuhl wins awards for patient satisfaction, best access to care

By **Chuck Roberts**
LRMC PUBLIC AFFAIRS

Landstuhl Regional Medical Center walked away with five Army Surgeon General awards at the recent military health system conference, among them top awards for access to care and for highest overall patient satisfaction.

The awards were accompanied by checks totaling \$440,000.

LRMC received recognition in the following areas:

- ◆ Best access to care in U.S. Army Medical Command (top medical center out of 34 military treatment facilities)
- ◆ Highest overall patient satisfaction (best U.S. Army Medical Center for the fourth consecutive six-month performance period)
- ◆ Second place in the command in total inpatient workload increase
- ◆ Fourth place in outpatient workload increase (29,000 more patients seen in the past six months versus the same six month period the prior year)
- ◆ The Surgeon General's Excalibur Award (in recognition for best-in-class excellence in indirect patient care)

The conference was held Jan. 24-27 in National Harbor, Md., and focused on breakthroughs performance in health care delivery, research, education and training.

Retention control points to change

USAREUR Public Affairs

more than one month.

New retention control points will take effect June 1. RCPs are the maximum years of active service authorized for regular Army and active Guard Reserve enlisted Soldiers at each rank.

For example, sergeants are allowed to serve 15 years under the current RCPs, but they will be allowed to serve only 13 years under the new RCPs.

Soldiers may perform active service up to their RCP or age 62 for regular Army and Army Reserve and age 60 for National Guard, whichever occurs first. Soldiers may not exceed their RCP by

These are the total years of active service authorized for: private through private first class, five years; corporal and specialist, eight years; corporal and specialist (promotable), 12 years; sergeant, 13 years; sergeant (promotable), 15 years; staff sergeant, 20 years; staff sergeant (promotable), 26 years; sergeant first class, 26 years; sergeant first class (promotable), 29 years; first sergeant and master sergeant, 29 years; first sergeant and master sergeant (promotable), 32 years; command sergeant major and sergeant major, 32 years.

Faces of the community: Kaiserslautern EDGE!



Rick Scavetta

Air Force spouse Stephanie Raneiri, left, helps Amanda Broccoli, 13, construct handmade cards for troops at Landstuhl Regional Medical Center Feb. 2. The EDGE! activity - Experience, Develop, Grow and Excel - offers teens after-school, school-out days and summer activities in partnership with garrison organizations. For EDGE events in Kaiserslautern, call DSN 486-8991, civ. 06371-86-8991; Heidelberg: DSN 388-9371, civ. 06221-338-9371; Mannheim: DSN 380-9135, civ. 0621-730-9132.

Scouts skype



Linda Steil

From left, Shane Colbert, Aaron Steil, Ryan Glazier and Conor Hughes from Pack 284 and Cub Scouts Den 12 talk via skype to Soldiers with the 86th Combat Support Hospital down range who had received cards and letters in Iraq for Christmas and 10 care packages filled with pancake mix, syrup and German chocolate. The base commander down range took part as well as one of the emergency room doctors, a physical therapist and a medic. The unit is from Ft. Campbell.

ADS

Valentine messages from deployed Soldiers

To: Mary, Michelle, Paul and David Grandabravo

M= ichelle, Paul y David
I= luminan mi existencia; pero mi vida no tiene
S= entido si me faltas TU Mary.
A= mo cada poro de tu piel;
M= e enloquece la miel de tus labios; y solo
O= bedezco a mi corazón hasta perder la
R= azón. Dios te Bendiga
E= sposa mia. Te amaré por
S= iempre.....!

From: Staff Sgt. Miguel Grandabravo, USA-REUR, (USFOR-A, NKC Afghanistan)

To: Kathy Farmer

To the bride of my youth,
Happy Anni-Valentine's Day! Today marks 291 months and I love you more than ever. I depend on your love each day to carry me through this deployment. I am madly and completely in love with you and honored to be your husband. I love and miss you with every ounce of my being. Your forever husband, Bill

From: Lt. Col. William Farmer, V Corps/USAREUR (ISAF IJC, Kabul, Afghanistan)

To: Tangela Calhoun

Tangela my queen,
Love ... bears all things, believes all things, hopes all things, endures all things (1 Corinthians 13:7). My love for you has no limits. My love for you never says, "You've gone too far, or I can't love you now. I will continue to love you steadfastly forever. Happy Valentine Day. Love, Your King, Stephon

From: Lt. Col. Stephon Calhoun, USAREUR (USFOR-A, Afghanistan)

To: Katiana S. Lopez and daughters Stephany, Victoria and Sulicza

I would like to tell my wife and daughters that you will always be my Valentines and that I love you with all my heart and I will be home soon. I love you and always will. Luis

From: Sgt. 1st Class Luis Lopez Jr., USAREUR (CSTC-A, Afghanistan)

To: Suyapa C. Guevara-Cryslar

Happy Valentine's Day Mi Amor. I hope that your Valentine's Day is a happy one. I love you and the children with all my heart. I cannot wait until R and R to be with you and the family. Happy Valentine's Day again, mi amor, and have a great day. You deserve it. Love you Jamie

From: Sgt. 1st Class Jamie R. Cryslar, V Corps (Afghanistan)

To: Veronica Yznaga and Son Louis Yznaga

To my darling wife of 21 years and wonderful son. Just letting you both know how much I love you. Have a wonderful Valentine's Day. Love, Daddy

From: Lt. Col. Vincent Yznaga, V Corps (IJC, Kabul, Afghanistan)

To: Jennifer Looney McCullough

To my true love: "For it was not into my ear you whispered, but into my heart. It was not my lips you kissed, but my soul." Happy Valentine's

Day. I'll be home soon. Forever
Yours, Mike

From: Lt. Col. Michael Stephen McCullough, USAREUR (U.S. Forces-Afghanistan(South))

To: Tanja Crowe

Tanja, you are the woman of my dreams whom I could not live without. You are my best friend and supporter. I knew at first sight 19 years ago that I wanted to be with you. There is no substitute for your love and kindness. I love you infinitely.

From: Sgt. 1st Class Daniel Crowe, 1st MI Battalion, 66th MI Brigade (Deployed with V Corps to Afghanistan)

To: Stefanie Clyburn

To my wife and best friend. I wish you a Happy Valentine's Day. Thanks for your support over these years and standing by me through good and bad times. I miss you very much and wait for the day we can be together again. Keep smiling and remember, when things get difficult "IWIIIIII" and it will all be fine. I love you, Your Husband

From: Maj. Terry Clyburn, HQ V Corps (Afghanistan)

To: Cristy E. Hunnicutt

Darling, I love and miss you with all my heart. Thoughts of you and the girls helps carry me through each day. Thank you for taking such good care of all of us throughout the years. You are my inspiration, my strength, my everything. I love you.

From: Lt. Col. Jack C. Hunnicutt, V Corps (Afghanistan)

To: Mila and Keighlani Trenergy

Happy Valentine's Day baby girls. I miss and love you both so much and I can't wait to get back to you two. Be good. Love, Daddy

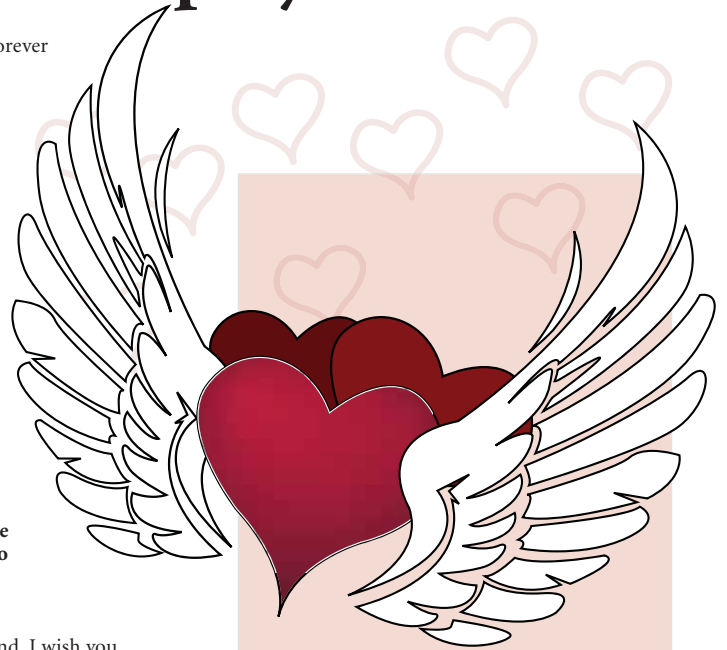
From: Spc. Paulmichael Trenergy, V Corps (IJC, Afghanistan)

To: All our deployed soldiers and their families

For all the coffee stained nights, the after hours chats, astronomical telephone bills, gastronomical displeasures and the other sacrifices for being far away from your loved one, thank you. Happy Valentine's Day.

From: Sandra Hernandez FRSA, USAREUR and V Corps

NOTE: Messages from USAREUR and V Corps deployed service members was coordinated with the USAREUR and V Corps Family Readiness Support Assistant to give deployed service members the opportunity to send messages to their loved ones in Germany.



Valentine's Day Events

Heidelberg

Legends – Celebrate Valentine's Day early on Saturday at the Valentine's Party at Legends on Patrick Henry Village 10 p.m. Feb. 12. Free admission and live music by "The Coldshots," an acoustic and Irish style folk music with mandolin and harmonica.

Village Grille – A Valentine's weekend supper special at the Village Grille on Patrick Henry Village 5 -10 p.m. Feb. 11, 4-10 p.m. Feb. 12 and 4-9 p.m. Feb. 13 includes Tuscan stuffed pork roulade served with a side and a dessert. The pork is stuffed with prosciutto, roasted red peppers and parmesan cheese and served with roasted new potatoes.

Slapshots – Find Your Valentine Weekend Feb. 11-12, 9 p.m. at Slapshots on Patton Barracks. Come out and socialize and find your sweetheart in time for Valentine's Day. Try speed dating 9 p.m. Feb. 11. Put your picture up on our singles wall. Experience a singles auction 10 p.m. Feb. 12. Get your bid on and win a date.

Mannheim

Warrior Zone – Come to a Valentine's Day Ball at the Warrior Zone on Coleman Barracks 9 p.m.-3 a.m. Feb. 12. Bring your sweetheart and dress to impress. Single? Come decked out in your hottest threads and maybe meet the love of your life. Free food for those in formal evening wear.

Kaiserslautern

Landstuhl Community Club – Valentine's Day Brunch 10 a.m.-3 p.m. Feb. 13. Bring your sweetheart to this love-filled meal.

SOURCE: www.mwrgermany.com

ADS



U.S. Army photo

Helicopter repairer Spc. Zachary Provenzano sprays down a Chinook helicopter in preparation for its return from Iraq to the United States. His unit, D Company, 2nd General Support Aviation Battalion, 1st Aviation Regiment, Enhanced Combat Aviation Brigade, 1st Infantry Division, is scheduled to redeploy to Fort Riley, Kan., this spring. Provenzano and other Chinook helicopter repairers are charged with breaking down the aircraft so that they can be inspected by customs officials and flown to the states.

Our ARMY around the world

For more Army news,
visit www.army.mil



U.S. Air Force photo by Senior Airman Melissa Harvey

Members of the Armed Forces Color Guard and drummers from the U.S. Air Force Band based in Washington, D.C., perform during the Super Bowl XLV game at Cowboys Stadium in Arlington, Texas, Sunday. The Green Bay Packers defeated the Pittsburgh Steelers 31-25.



U.S. Army photo

A young Afghan boy stops in the middle of the road with his tire as Soldiers assigned to 2nd Squad, 3rd Platoon, Company C, 1st Battalion, 66th Armored Regiment, 1st Brigade Combat Team, 4th Infantry Division, pass by the boy's road in the Arghandab district Jan. 31. The Soldiers were conducting a foot patrol to search orchards throughout the district and build rapport with the local population.



Department of Defense photo

U.S. Army Soldiers conduct squad training after unloading from a UH-60 Black Hawk helicopter at Joint Base Elmendorf-Richardson, Alaska, Jan. 26. The Soldiers, assigned to 164th Military Police Company, 793rd Military Police Battalion, 3rd Maneuver Enhancement Brigade, are preparing for an upcoming deployment to Afghanistan.



Naval Spc. 1st Class Eric S. Dehm

A Soldier from the U.S. Army 10th Mountain Division's 3rd Battalion, 6th Field Artillery battery based at Combat Outpost Qaisar, Afghanistan, stands guard along a river that runs through the village of Hazara Qala. The Qaisar battery was in Hazara Qala to assist the villagers by delivering barriers to help stop erosion caused by the river which had put various buildings, including a school and a mosque, at risk.

Culligan water plant keeps Europe refreshed



By Dijon Rolle
USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

An army of small blue plastic bottles stand at attention like tiny Soldiers, each perfectly erect and awaiting its turn to be washed and filled with one of the oldest substances known to man.

This plastic bottle procession is all a part of daily operations at the Culligan water plant in Grünstadt. The facility, located on the Exchange Depot, opened in 1996. It is responsible for purifying and packaging drinking water for the service members, Department of Defense civilians and families living and working in Europe.

At least 100,000 liters of water are filtered here each day from special wells in the city of Grünstadt, according to Sabine M. Adair, beverage plant manager.

Once the water reaches the plant it is filtered to remove sand, gravel and any other impurities before it taking a trip through water softening units and enduring another round of filtration.

Afterwards, calcium, magnesium and potassium are added for taste and ozone, a derivative of oxygen is used to oxidize inorganic, heavy metals and nitrates and any remaining impurities

Computerized machines help wash and sanitize each bottle before it is filled, capped, labeled, packaged and coded for distribution.

In another section of the



Dijon Rolle

Bags of ice made from Culligan water roll across a conveyor belt at the Culligan Water Plant in Grünstadt. The plant has provided water and ice to customers across Europe since 1996.

plant, workers use computerized machines to make ice cubes from gallons of the filtered Culligan water. After production both products have a shelf life of one year.

“We are here to supply all the American Soldiers and families with a safe product,” Adair said. “That’s so important to us. When they open a bottle we want them to enjoy it and to know that it is safe. We are proud to do be able to this and we are proud that we are doing it right here in Grünstadt.”

Culligan water and ice is shipped to homes, food facilities, filling stations, shoppettes and commissaries across Europe.

The water treatment plant operates from 6 a.m.-3:45 p.m. each day. Afterwards a cleaning and maintenance crew works until midnight to prepare the plant for the next day’s operations.

The facility also undergoes daily and annual inspections to ensure the plant and the final product, meet German and American safety regulations, to include those set by the Food and Drug Administration and the International Bottled Water Association.

The Culligan Water plant produces three types of water: drinking water in 1 gallon, 3.35 gallon, 5 gallon, 0.5 liter, 1.0 liter and 1.5 liter sizes; fluoridated water is available in 1 gallon, 5 gallon and 250 milliliter sizes, and purified is available in a 1 gallon size.

There is also a smaller Culligan water treatment plant in Vicenza, Italy. The Grünstadt plant is located on the Exchange depot (formally known as the Army and Air Force Exchange) in Grünstadt near Autobahn six between Mannheim and Kaiserslautern. Tours can be arranged by calling 06359-808-103.

A Culligan employee visually inspects a water bottle for debris before sending it through a sanitizing machine. Each 5-gallon Culligan water bottle is washed and sanitized with an ozonated water rinse before being refilled.

Dijon Rolle



Dijon Rolle

Rows of Culligan water bottles bound for distribution move through the computerized production line like Soldiers in procession at the water plant in Grünstadt. The plant filters at least 100,000 liters of drinking, fluoridated and purified water daily.



Dijon Rolle

An employee at the Culligan Water Plant in Grünstadt uses a forklift to move several 5-gallon bottles of water to a loading dock for distribution to customers throughout Europe. In 2009, the plant produced over 5 million gallons of water for Defense Department customers.

ADS

ADS



Central Issue Facility Locations

Heidelberg	Mannheim	Kaiserslautern
Shopping Center	Spinelli Barracks	Kleber Kaserne
Bldg. 3850	Bldg. 1515	Bldg. 3225
DSN 370-3339	DSN 384-6500	DSN 483-8675
civ. 06221-57-3340	civ. 0621-730-6545	civ. 0631-411-8672

**BW
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VIDEO BLOGS



This Week's Focus:

**American
Red
Cross**

Use your smart phone to connect directly to the video with the above quick response code.

www.youtube.com/BWnow

MREs Save



Justin Wagg

Maj. Jim Lee, a 409th Contracting Support Brigade training officer stationed in Kaiserslautern shows Maj. Serik Duimagambetov from Kazakhstan the benefits and perils of the Meal Ready to Eat in Yerevan, Armenia, at the Combined Endeavor 11 planning conference. As the business advisor and planner for Combined Endeavor 11, Lee recommends the MRE for the exercise as a cost effective solution to using additional contracted dining facilities.

Pharmacy prices change for non-TRICARE beneficiaries

Some drugs cost more, some less

ERMC Public Affairs

Though some medical beneficiaries in Heidelberg may see new pharmacy charges due to changes in Military Health System pharmaceutical pricing, they may not necessarily be higher.

"Periodic price adjustments on some prescription drugs are often lower," said Europe Regional Medical Command uniform business office Manager Jeffrey A. Roberts.

He advises beneficiaries who pay for their medications to do some comparison shopping.

The TRICARE management activity uniform business office has released a pharmacy rate update which was effective Friday.

"TMA's pricing methodology sets charges for pharmaceuticals at the same level TRICARE would reimburse for similar drugs under its retail pharmacy program," said Roberts.

Roberts said the new prices affect non-TRICARE eligible pay patients who use military treatment facilities on a space-available, reimbursable basis.

U.S. civilian employees, authorized DoDDS employees, contractors and other beneficiaries with or without their own insurance are among those charged for medical services and pharmaceuticals when using Army health clinics.

"TRICARE beneficiaries are not directly affected when using pharmacies at Army health clinics or Landstuhl Regional Medical Center," said Roberts.

"However, we use the same rates when billing their non-TRICARE medical insurance under the third party collection program," he said.

Roberts said the TRICARE Management

What new pharmacy prices mean for you

If you or your medical insurance company are billed for medicine received at an Army health clinic pharmacy, here's what you can expect:

- You may notice a price change in your current prescriptions. Although some pharmaceuticals you currently receive may be priced higher, the majority of prescription drugs will be available at the same or a lower price.
- About 53 percent of the current prices will remain the same and about 30 percent will be less.
- TRICARE Management Activity's Uniform Business Office continues to add a \$2 dispensing fee consistent with the average allowable dispensing fee under TRICARE retail pharmacy.
- Prices for most over-the-counter drugs will not change significantly.
- Of 130,586 national drug codes listed in the February's rate tables, 20,523 (15.7 percent) increased in price, 36,921 (28.3 percent) decreased in price and 65,544 (50.2 percent) remained unchanged from August 2010.
- There are 7,598 (5.8 percent) new additions.
- TRICARE beneficiaries can visit www.tricare.mil to learn about pharmacy benefits. Non-TRICARE patients should contact their medical insurance carrier.

SOURCE: ERMIC Uniform Business Office

Activity reminds beneficiaries that the military pharmacy may not always be the lowest cost option, and encourages patients to compare prices with other commercial pharmaceutical sources to ensure they receive the lowest cost.

ERMC's uniform business office offers TRICARE Management Activity's pharmacy pricing estimator tool through its web site at <http://tinyurl.com/36wr37c>.

Contact the ERMIC uniform business office by e-mail at eubo@amedd.army.mil.

Behavioral health study looks at existing disorders

Identifying problems before deployment prevents suicide, other problems

By Jerry Harben
U.S. ARMY MEDICAL COMMAND

Identifying Soldiers for behavioral-health problems before they deploy to a combat zone, and then coordinating continuing care for those Soldiers while they are overseas, can reduce suicidal thoughts, psychiatric disorders and other problems, according to a study published in the American Journal of Psychiatry.

The study was conducted with more than 20,000 Soldiers assigned to Multinational Division-Center in Iraq during 2007 and 2008.

Three brigade combat teams of the 3rd Infantry Division were screened for behavioral-health issues during pre-deployment processing at Fort Stewart, Ga. Three brigade combat teams from other installations did not receive the same screening and provided a comparison group.

Only 2.9 percent of the screened troops exhibited psychiatric or behavioral-health disorders in the first six months of deployment, compared to 13.2 percent of the comparison group.

These Soldiers also had lower rates of combat operational stress reactions (15.7 percent versus 22 percent), expressing thoughts of suicide (0.4 percent versus 0.9 percent) and gestures toward suicide (0.1 percent versus 0.2 percent).

Only 0.6 percent received duty restrictions for behavioral health reasons, and 0.1 percent were evacuated from the theater for those reasons, compared to 1.8 percent and 0.3 percent, respectively, in the comparison group.

The investigators for the study were Col. George N. Appenzeller, then division surgeon of the 3rd Infantry Division and now commander of the Army hospital in Alaska, and Maj. Christopher H. Warner, then the division's staff psychiatrist and now a student in the Army Command and General Staff College.

Assisting with the study were Capt. Jessica R. Parker, chief of the Warrior Restoration Center at Fort Stewart; Dr.Carolynn M. Warner, then surgeon for Fort Stewart's warrior transition unit; and retired Col. Charles W. Hoge, senior scientist at Walter Reed Army Institute of Research and The Army Surgeon General's consultant for neuropsychiatry.

Military behavioral health screening in past wars focused on identifying Soldiers who should not deploy. This process differed in attempting to improve care for Soldiers during their deployments.

"This system shifted away from the traditional mental health paradigm of attempting to predict future behavior or inability to cope. Rather, the purpose of this process was to ensure that we were not deploying unsafe Soldiers based on present conditions, and ensuring that we were linking those who were deploying with the in-theater assets so that they could stay in the fight. The result is an effective process that enhances Soldier and unit safety," Warner said.

Soldiers in the 3rd Infantry Division who were preparing to deploy to Iraq were evaluated by primary-care health professionals and asked about behavioral-health treatment, use of

"The purpose was to ensure that we were not deploying unsafe Soldiers based on present conditions, and ensuring that we were linking those who were deploying with the in-theater assets so that they could stay in the fight."

—Maj. Christopher Warner, psychiatrist

medications and suicidal or homicidal thoughts. Those who were identified as needing more screening were interviewed by a psychiatrist, psychologist or licensed clinical social worker.

They were evaluated using Department of Defense guidelines established in 2006 to ensure that Soldiers under treatment for behavioral-health conditions were stable for deployment and to facilitate ongoing care for those who required further treatment in the deployed environment. All care was coordinated through the unit health-care providers.

During the first six months of each brigade combat team's deployment, behavioral health problems were monitored using a standard mandatory reporting and tracking system used throughout Iraq.

The most important component of this program, according to the investigators, was the coordination of care in theater.

"A unique aspect to this study was the requirement for BCT surgeons and the division psychiatrist to track and monitor all of these Soldiers during their deployment and coordinate in-theater care for those on medications and those who received waivers," Appenzeller said. "This was accom-

plished through medical management by the unit-assigned primary-care providers who deployed with the Soldiers, to ensure ongoing Soldier confidentiality."

Of the 10,678 Soldiers who underwent the pre-deployment screening process, the screening process identified 819 (7.7 percent) who required an evaluation with a behavioral-health professional, including 347 (3.3 percent) who were taking a medication for a sleep or behavioral health problem.

After evaluation, only 48 (less than half a percent) were unable to deploy because of a serious behavioral health problem and 26 had their deployment delayed one to two months for behavioral health treatment. All of the remaining Soldiers with behavioral-health concerns deployed with ongoing support in theater.

Soldiers who needed ongoing care were seen regularly by unit medical providers. The program assisted Soldiers to complete the deployment successfully.

"The study is informing ongoing revisions to pre-deployment processes and the response to new ... requirements for pre and post-deployment mental health assessments," Hoge said.



Pinewood Derby

Larry Hochgesang, official derby car starter and his assistant Sonja Martin observe as Cub Scout Michael J. Moffett carefully places his derby car into the starting blocks for the annual Pine Wood Derby at Patrick Henry Elementary School in Heidelberg Saturday. The Pine Wood Derby is an event held throughout the worldwide scouting community when coaches and scouts gather to race the cars they design, carve, paint, weigh and refine. Over 100 children participated in the local event. First place went to Aiden Cates, second was awarded to Conner Cates and third was Adam Jost. Heidelberg's Better Opportunities for Single Soldiers members were judges, helped run the event and provided the manpower for set up and take down. The first Pinewood Derby® was held in 1953 by Cub Scout Pack 280C of Manhattan Beach, California.

AFN

continued from page 1

promoting the Family and MWR give away of Wladimir Klitschko boxing tickets and unveiling a show on off-post food, "Guten Appetit."

Giving their audience more of what they wanted helped AFN Heidelberg won the 2010 American Forces Network North station of the year award over seven other affiliates in Germany, Belgium and Portugal.

AFN Heidelberg journalists created quality reports on transformation closures and changes. And they gave live play-by-play of the Mannheim Bison's memorable last year of high school football, including their exciting Super 6 championship game with the Heidelberg Lions.

"Listening to and serving our audience is the most important thing we do," said Operations Manager Lance Milsted. "Caring about our stories is what builds our relationships within the community."

In 2010, AFN Heidelberg Soldiers and civilians broadcast live from major Mannheim, Stuttgart and Heidelberg events twice a month. They fielded players on community softball and basketball teams and volunteers gave Girl Scouts broadcast production skills, experience and training.

The station improved its radio sound, with Chief Engineer Sean Suttell eliminating frequent audio drop outs in the AFN The Eagle signal.

At first, the idea of winning station of the year seemed like a bit over-the-top. Heidelberg had never come close



Courtesy photo

AFN Heidelberg station commander Sgt. 1st Class Adam Shaw, right, discusses game specifics with Staff Sgt. Chad "The Hitman" Highland, left, as the two call play-by-play action at the Oct. 23 Mannheim Bison High School football game on Benjamin Franklin Village.

to winning and taking the title meant wresting the title from three-time winner and 2009 champion AFN Bavaria, located in Vilseck.

"No one thought we could do it when I first arrived here in March," says AFN Heidelberg Station Manager Sgt. 1st Class Adam Shaw. "But I wanted to instill the belief we could win if we worked hard and thought out of the box."

AFN North Commander Lt. Col. Carl Wooten said Shaw's vision was

key. "Sgt. 1st Class Shaw communicated a clear objective: win station of the year. Then he and operations manager Lance Milsted kept its very talented people focused on that objective. When you work as a team toward a common goal, success follows."

Shaw focused his team on honing their military skills, a category worth 25 percent of the overall points in the competition.

Eleven AFN Heidelberg Soldiers

earned 17 foreign badges including the German Schutzenschnur military proficiency badge and sports badge and the Austrian sports badge.

Shaw served as a level-three combat instructor for his station and AFN Europe regional headquarters.

Station of the Year is an annual award for an AFN North affiliate station with the best overall broadcast products, operational effectiveness, engineering proficiency, logistics expertise and military skills.

NET ZERO

continued from page 1

plan that balances benefits and costs across our operations.

Installations reach net zero through five interrelated steps: reduction, repurposing, recycling and composting, energy recovery, and disposal.

To achieve net zero energy, garrisons start with aggressive conservation efforts, to reduce the amount of energy being used in the first place.

Then they repurpose energy, or find secondary uses for building exhausts, boiler stack exhausts and other thermal energy streams and recover heat from the electricity generation process.

Once they have reduced their load through conservation and efficiency measures, they can meet their remaining requirements through renewable or alternative energy projects.

A net zero water installation limits the consumption of fresh water and returns

water back to the same watershed, so as not to deplete the groundwater and surface water resources of that region in quantity or quality. Similar to the process with energy, installations aiming for net zero water begin with rigorous conservation efforts.

Then they repurpose the water used in showers, sinks, washing machines and cooling towers, capture rainwater for on-site use and treat wastewater for recharging into groundwater aquifers.

They achieve net zero water by capturing, repurposing, and recharging an amount equal to what they consume.

A net zero installation reduces, reuses and recovers waste streams, converting them to resource values with zero landfill. In other words, a net zero waste installation aims to make disposal an unnecessary step.

Garrisons start by reducing the initial amount of waste, and then find ways to repurpose waste with minimal

processing. For example, they might crush construction rubble to use on trails. When they cannot reuse waste, they recycle or compost as much as they can or convert it to energy. They achieve net zero waste when they have nothing left to send to the landfill.

During my site visits over the past year, I have seen how our garrisons have taken steps—great strides in some cases—to manage our resources more efficiently.

I know there will be tremendous interest in an opportunity that the Assistant Secretary of the Army for Installations, Energy and Environment is launching this month.

The Army is asking garrisons to nominate themselves to become Net Zero Energy, Net Zero Water or Net Zero Waste installations, or all three, by 2020. Five will be selected in each category, with one to become all three.

These installations will receive long-term, in-depth training and support and

become showcases for the strategies, technologies and best practices of sustainable resource management.

I encourage every garrison to take on this challenge. It will require commitment and a lot of hard work. Not only do we have to learn about energy, water and waste management best practices and technologies, but we also have to learn the business practices that support them.

We have to build partnerships with those in the private sector and in non-governmental organizations who will join us in investing in the net zero vision. However, this is a prime opportunity to learn lessons we will be required to know in the future.

Everyone has a role to play in managing our resources. Maybe it seems like a small role—turning out the lights, adjusting the thermostat, or separating out recyclables at home.

Maybe it is more direct, such as running an installa-

tion waste management program or writing enhanced use leases or energy savings performance contracts. Every effort adds up, and what it adds up to is important—our future.

Energy efficiency and security is a critical issue for the Army. The Army depends on a reliable, safe, cost-effective supply of energy to accomplish its mission, as well as provide a good quality of life on installations worldwide.

To the extent that the supply and distribution of energy lay outside the Army's control, the ability to accomplish our mission is open to risk. The same can be said of water, or practically any of our resources.

If the Army is to accomplish its mission in the future, if we want to be good neighbors to those outside our gates and to leave a healthy world for our children and grandchildren, then we have to start operating sustainably today. It is the right thing to do.

Soldiers on stage bring Picasso, Einstein to life

By Rick Scavetta
USAG KAISERSLAUTERN PUBLIC AFFAIRS

Friends of Staff Sgt. Chuck Bailey wouldn't be surprised to hear him singing show tunes in the car after work as he makes his way to the theater on Kleber Kaserne in Kaiserslautern.

However, they might be surprised when Bailey plays art legend Pablo Picasso in KMC Onstage's upcoming performance of comedian Steve Martin's play, "Picasso at the Lapin Agile."

Bailey, 27, studied theater back home in Las Vegas but in 2004 joined the Army. He now cares for fellow Soldiers at Landstuhl Regional Medical Center. Last year, he attended a few productions and decided to try out for Kaiserslautern's community theater, one of U.S. Army Garrison Kaiserslautern's most successful morale activities.

"I didn't pursue acting as a career. I got into the medical field," Bailey said during break in rehearsal. "But I've always had a passion for theater. It's something I've always loved."

In the show, he portrays a 24-year-old version of Picasso, who meets genius Albert Einstein in a Paris bar, the Lapin Agile, which is a real place that Picasso painted in 1905.

"He's an eccentric person who

frequently gets distracted when he has a vision of a painting he wants to do or something that captures his attention," Bailey said of his character. "He's into women, like many 24-year-old single men. He's full of himself and likes to tell his story."

Director Liz Nye calls the show "magical realism" – unreal elements blended into an actual setting. That's clear when a certain hip-swinging 1950s rock and roll icon from Memphis travels back in time to chat with Einstein and Picasso.

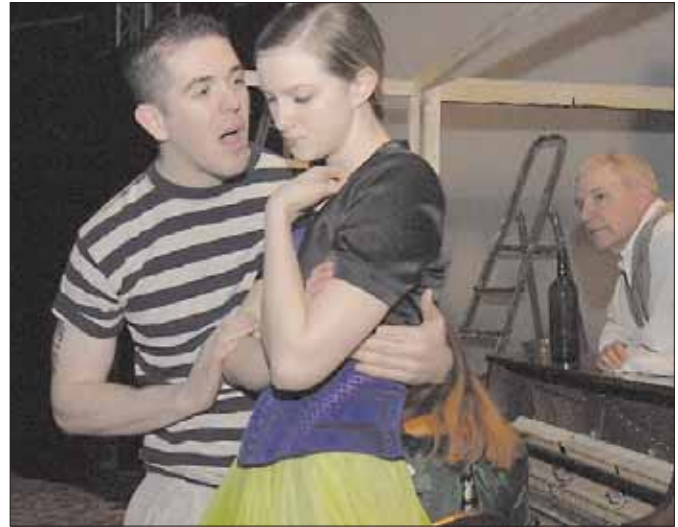
He's just one of several characters who come to the bar, adding to the punch lines. The audience will recognize the style of humor, Nye said.

"You'll definitely feel Steve Martin in the room," Nye said. "He has a very definitive comedic flair and that comes across in the play."

When rehearsals began a few weeks ago, Army Spc. Bonnie Hunt tagged along with a friend. One performer had to quit at the last minute, so Hunt auditioned and landed a part.

Hunt, 21, of Daytona Beach, Fla., a Soldier with the Miesau-based 8th Medical Logistics Company, has found that acting is not as easy as it appears, she said.

"I really underestimated actors and everything they do," Hunt said. "I was struggling, but I feel that I'm



Rick Scavetta
Actor David Schwab, right, listens as Spc. Bonnie Hunt and Staff Sgt. Chuck Bailey rehearse lines for "Picasso at the Lapin Agile," recently at KMC Onstage at Kleber Kaserne in Kaiserslautern. The play, written by comedian Steve Martin, is set in a Paris bar and features Albert Einstein and Pablo Picasso before they become famous.

progressing."

The show is being entered into the "Tournament of Plays," a theatrical competition sponsored by Installation Management Command-Europe.

KMC Onstage welcomes people of varying experience, said Nye, 26, of Omaha, a volunteer whose husband, Army Spc. John Nye, who serves with the 39th Transportation Battalion. In addition to actors, the theater looks for technical people to help with sets, lighting, costumes and props.

Auditions for "Doubt, A Parable,"

John Patrick Stanley's award winning drama, begin Tuesday. The play will run in late March and early April. Also, auditions from Mel Brooks' "The Producers" will be held at the end of March.

"It's great, especially for single Soldiers and spouses of deployed Soldiers. They come here and have a kind of a family," Nye said. "It's very tight-knit. That's an important thing to have in a military community, a place where you feel support."

KMC Onstage: Civ. 0631-411-6626.

'Taste of Soul' features art, food, drama, music

High school students play major role in celebration

Staff Report

The more than 80 works of art that complemented the "Taste of Soul" celebration Saturday at the Patrick Henry Village Pavilion included a good representation from Heidelberg High School students.

Students also performed for the event when JAAM, the Junior Association for the Advancement of Minorities, enacted "Harriet Tubman's Journey to Freedom." JAAM will perform again 1:30 p.m. Feb. 16 in the high school auditorium.

The soul food sampling was also a hit and prizes were awarded. The winners of the soul food tasting contest: main dish – Master Sgt. Keith Williams for his Cajun red beans; side dish – Latisha Dawkins for Momma Dee's mac and cheese; and dessert – Bonnie Ballard for her Nutty Dream Cake.



Photos by Tina Sanders
Jasmine Coney, left, stands next to Dominique Tolbert, Da'Von Loney and Jeremiah Miller who pose as riders on the Freedom Train as Devon Meachum, center, portrays Fredrick Douglass and Camille Jackson, right, portrays Harriet Tubman in "Harriet Tubman's Journey to Freedom" performed by the Junior Association for the Advancement of Minorities. Photo right, Jenee Harrison, Heidelberg High School, holds a self-portrait and stands in front of another of her works in graphite pencil.



GERMAN NEWS

Köln Karneval

Cologne may be the traditional heartland of Germany's Karneval, but city residents these days are looking a little less kindly on its booze-fueled shenanigans. Some are even saying the Rhineland has lost some of its renowned tolerance. At 11 a.m. every Nov. 11, an army of clowns descends on Cologne's Alter Markt, declaring the beginning of the city's fifth season, Karneval, which is celebrated with songs, silly hats and dangerous amounts of beer until Ash Wednesday. Or, as more and more people are saying these days, it is grudgingly endured. The level of tolerance has gone down in Cologne, said Klaus-Dieter Bischof, the president of one of the city's many Karneval associations, told the Süddeutsche Zeitung newspaper on Tuesday.

Laptop for freedom

Five policemen in the Philippines forced a German tourist to buy them laptop computers by threatening him with false drug and terrorism charges, a police chief said Tuesday. The incident, which took place in Manila's upscale financial district of Makati, is the latest embarrassment for the country's police force. Makati police chief Froilan Bonifacio said the policemen approached the German tourist at a shopping mall Jan. 29 and accused him of buying counterfeit goods. When he denied this, they accused him of illegal drug possession. When this failed to scare him, the policemen threatened to arrest the German for supporting terrorism. To prove his innocence, the policemen said he must buy laptops for their station. The policemen took the German man to a luxurious mall where he was forced to buy six laptop computers with his credit card, according to Bonifacio.

SOURCE: www.thelocal.de



From the COURTROOM

Estate Claims

Anyone having any claims on or obligations to the estate of Spc. Erich A. Sandley of Landstuhl Regional Medical Center, C Company, should contact summary court officer, Capt. Thomas O'Keefe. DSN 590-8079, civ. 06371-9464-8079.



DEAR MS. Vicki

Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

I have always been an independent person, only relying on a few friends and family members. I have always had trust issues with people and a strong feeling of abandonment stemming from my biological father never being in my life and my grandfather, who helped raise me, passing away at an early age.

I have a hard time letting people in, especially other Army wives. All I see and feel is the drama and the stress they exhibit.

I have let a few people in and they have turned out not to be the good friends I had hoped they would be. Living away from the family and friends that I love gets hard, especially with my husband working 12 hour days and going in and out of the field for weeks at a time. How do I learn to trust people and just let it go when they hurt me?

Isolated

Dear Isolated,

It's not easy being away from

close family and friends, especially when you are dealing with your husband's long work hours and deployments.

Along this journey as a military spouse, you will meet all types of people. Some of them you will stay connected with for the rest of your life.

Others will make you feel, "If I never see them for the rest of my life, it will be too soon." I've met good friends and I've met some mean, vindictive and low-down people along the way. That's okay, I'm still standing. You can stand strong, too, and I'm not saying it will be easy. I know I would have had the same experience if my husband had not been active duty and I lived tucked away in some other civilian community.

I encourage you to get some professional counseling about your unresolved grief and loss which are exacerbating your feelings of abandonment. You can start on base regarding counseling services or contact Military OneSource and they will connect you with a professional in your community.

I also think you should try to discover your niche and volunteer in your military or local community. There are tons of available opportunities.

I will say that I had many friends on base but I've had many civilian friends in the local community who have helped me and my family tremendously.

What about taking classes at your local community college? They have many degree and certificate programs available.

You can start taking little steps that will have a great impact.

Dear Ms. Vicki,

I've been reading your columns

for over a year. I think I'm the only one in my social group who gets the newspaper just to read your column.

Many of my friends and co-workers say that you are rude and crass. Remember, Ms. Vicki I like you and I like the advice you give, especially to these crazy women who are doing crazy things. I think you could get more readers if you would lighten up on the harsh tone, even though I think your tone is necessary.

Maybe it's just misunderstood. One co-worker thinks you're uptight and talk about sex so much because you don't get any.

I was wondering if your husband deployed or something. Could you be stressed out, Ms. Vicki? If so please take care of yourself, too. We need good people like you in our corner.

Dear Ms. Vicki,

I just want to thank you for being here for the entire world to dump their problems on. You are truly one of gods angels.

I'm a nana of six wonderful grandkids. I'm here on post taking care of two while mom and dad are at war. Military life is not all that bad or all that good. I'm just sad it's not all good. Military families should have the best. Their families are the heart of our country, and we lose Soldiers every day.

Why do they have to pay for child care? Why is it so high? I see families that work get help with child care and sometimes better care at the doctor. I talk to a lot of families and they say their spouses can't work because of daycare problems. It's not because they're lazy, they just can't pay a sitter. They live pay check to pay check. What should they do or what can they do?

Nana of six

Learn to think outside the box with 'Big Ideas'

By Sgt. Fabian Ortega

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Where do a parent's responsibilities end and their child's begin? Who is the most responsible person you know?

Kathy Tone tells her students, mostly middle school-age kids, "Philosophy doesn't have to be a serious, grown-up topic."

These types of questions often extend into a thoughtful discussion in Tone's philosophy class for kids, Big Ideas.

"This class is self-defense for the mind," said Tone, who also works as a member of the Heidelberg and Mannheim Parent to Parent team. "Kids learn to express themselves and give their opinions."

The course, which is held once a week at the Schools of Knowledge, Inspiration, Exploration and Skills – SKIES – building on Patrick Henry Village in Heidelberg, explores topics and issues many of her students identify with.

They're introduced to philosophers whose works and ideas deal with issues that cover everything from compassion and empathy to values and beliefs.

"Some of the topics are very personal," said Tone. "This teaches them to discuss these issues in a civil, respectful manner and that talking about ideas can be exciting."

Tone began teaching the class in 2007 at her son's elementary school after being fascinated by a book about children's philosophy, "Little Big

Minds" by Marietta McCarty.

"I became inspired by this book and my class is based on that," she said. "So it's not deep conceptual philosophy that I'm teaching."

She expanded her course the following year after many of her students wanted to take the class again.

Will Miller, an eighth grade student at Heidelberg Middle School, signed up for Big Ideas and said he enjoyed learning to "think outside the box."

"Some of the things that were discussed really made me think more about what certain things really mean," said the 14-year-old.

Miller, who has an appreciation for philosophy, said other class members contributed to discussions and that made for more interesting sessions.

"The class exceeded my expecta-

"This class is self-defense for the mind."

—Kathy Tone, "Big Ideas" instructor

tions," he said. "Some of the things put forth by the younger members of the class showed a lot of maturity and intelligence."

Besides self-confidence, philosophy teaches kids flexibility, tolerance and empathy "at an age when individual personalities are beginning to develop," Tone said.

Big Ideas is split in two six-week sessions and is available through Child Youth and School Services in Heidelberg. Sign up at Parent Central Services on Patrick Henry Village, Bldg. 4449. DSN 388-9240, civ. 06221-338-9240.

GET OUT!

area events

More events online at <http://myBWnow.ning.com>

February 11

Picasso at the Lapin Agile – Picasso at the Lapin Agile known as "Steve Martin's comedy" will be performed 7:30 p.m. Feb. 11-12, 18-19, 25-26 at KMC Onstage, Bldg. 3232, on Kleber Kaserne in Kaiserslautern. Tickets: DSN 483-6626, civ. 0631-411-6626.
Quilters – The Off Main Street Theater on Coleman Barracks in Mannheim presents dinner at 6:30 p.m. and "The Quilters," a musical story of a pioneer woman and her six daughters at 7:30 p.m. through Feb. 20. DSN 373-5020. Tickets: www.roadsidetheater.com, www.mwrgermany.com.

February 12

Wine and Cheese Tour – Experience the fine wines of the Neckar Valley in romantic Heidelberg. Restaurant Sudpfanne, is a traditional restaurant in the old town, a few steps from the central market square and the old bridge. Fee includes a guided tasting-tour of six Neckar Valley wines, accompanied by locally produced cheeses and followed by a two-course dinner. <http://affiliates.uso.org/rheinmain>.

Der Teesalon Mannheim – Der Teesalon (English Tea Room), Mannheim, is a pretty venue which is also known as the British Tea House. Enjoy a cup of tea or a homemade scones, perfect for those who fancy trying out the British tradition of afternoon tea. There's also a large variety of coffees, pasta, snacks, chocolates, sandwiches and even fine whiskeys if you prefer something a little stronger. The Teesalon is at M3 7, 68161 in Mannheim. Civ. 06213709497. www.buzzoffbase.com.

February 18

Chocolate – What could be more tempting than chocolate? If you're interested in learning more about chocolate, visit the special exhibition "Schokoladen-Welten" at the Museum im Schweizer Hof in Bretten. There you'll learn more about the history of the cocoa bean and how it found its way to Europe. A real chocolatier will demonstrate the art of crafting chocolate goodies such as Easter bunnies and Santa Clauses. Samples are included and admission is free. The museum is open 11 a.m. to 6 p.m. every Saturday, Sunday and on German holidays, through April 25.

February 19

Belgium Overnight – Travel to Belgium for sight seeing, shopping and chocolate during a visit to Brugge and Brussels, two bustling Belgian cities. <http://affiliates.uso.org/rheinmain>.

Art Exhibit – The Heidelberg Arts and Cultural Center opens Andrew Washington's exhibit "The World is my Canvas:

Celebrating Black History Month" 7 p.m. at the center on Patrick Henry Village in the Village Pavilion. Washington has appeared in the AFN feature "Painter in the Park." DSN 388-9421, civ. 06221-338-9421.

Cuckoo Clock Shopping – Spend a leisurely day enjoying the treasures of the Black Forest. Visit Cuckoo clock shops and learn the history behind them. <http://affiliates.uso.org/kaiserslautern>.

February 22

Heidelberg Tour – Are you new to the Heidelberg area or just curious about the city? Join USO Heidelberg for a walking tour through the Heidelberg Altstadt (old town). See, smell and sample some of the famous sights of this historic city and take a little time to do some exploring of your own. <http://affiliates.uso.org/rheinmain>.

February 26

Fasching – The International Fasching music festival "Guggenmusik," or Fasching music, festival is located thorough out the town of Schwäbisch Gmünd and features 20 bands from Switzerland, Lichtenstein and Germany. The event starts at noon on Saturday and 11 a.m. on Sunday.

March 4

Usher Concert – Rhythm and Blues singer Usher Raymond will perform at the Olympiahalle in Munich at 8 p.m. Tickets: www.worldticketshop.com.

Spring Bazaar – Over 100 vendors from around the world gather at Rhine Ordnance Barracks, Bldg. 237, in Kaiserslautern through March 6. Hours are 10 a.m.-8 p.m. March 4, 10 a.m.-7 p.m. March 5 and 10 a.m.-5 p.m. March 6. Follow the signs to the bazaar and find a merry-go-round and petting zoo for the kids.

Apassionata – Apassionata returns to Stuttgart through March 6 with its new show "In the Light of the Stars" featuring 40 breeds of horses. Spectators follow the adventurous journey of Leyla as she finds a fallen star and shares her luck with all of mankind. Tickets: www.apassionata.de.

March 5

Vampire Ball – The 37th Vampire Ball invites all creepy people to attend this spooky event at the Heidelberg Stadthalle (Kongresshall downtown near the river banks) starting 8:30 p.m. Live entertainment is offered including Renee Walker, the Freddy Wonder Combo, the Rocky Horror Picture Show on screen and as the "Time Warp". The club Havana located next to the Stadthalle invites you to disco dancing until dawn. Tickets can be purchased at the USO Heidelberg on the Shopping Center

Kaserne, downtown at Zigarren Grimm on the Bismarckplatz, www.ticketonline.com or ticket hotline, civ. 01805-447-0777.

March 10

Pfennig Bazaar – Heidelberg's German-American Women's Club holds its bargain bazaar through March 12 at the Internationale Gesamtschule, 69126 Heidelberg Hasenleiser. Hours are 11 a.m.-6 p.m. March 10, 10 a.m.-6 p.m. March 11 and 10 a.m.-2 p.m. March 12. Civ. 06221-41-2025, www.GAWC.de.

March 11

Heidelberg Theater – See the classic play, "All My Sons" about the life of a family after a World War II hero returns home 7 p.m. at the Roadside Theater on Patton Barracks in Heidelberg. Recommended for mature audiences. Tickets: www.roadsidetheater.com.

March 12

English Theatre – Frankfurt's English Theatre presents "Beauty and the Beast" about a strong-willed woman, Belle, who breaks the spell that turned a prince into a beast. The theater is at Gallusanlage 7. Park at Parkhaus am Theater, Kaiserplatz, Goetheplatz and Hauptbahnhof. Tickets: box-office@english-theatre.de, www.english-theatre.de, civ. 069-2423-1620.

March 27

Bruno Mars – Singer Bruno Mars hits the stage at 8 p.m. at the Die Röhre in Stuttgart. Tickets are available now. www.worldticketshop.com.

Ongoing

Greeters Available – The Mannheim and Heidelberg "Greeter's" Web sites are up and running and available in English and other languages. Book a greeter to discover these cities and their surroundings free of charge. Greeters are not professional tour guides but they provide personal and unique experiences for tourists, business travelers or residents. Civ. 0621-483-483-93, www.Mannheim-Greeter.de or www.Rheinneckar-Greeter.de.

Wax Museum – Since the doors of Madame Tussauds world famous waxwork museum first opened over 200 years ago in London, millions of visitors have flocked to see the likenesses of celebrities and historical persons. Check out the museum's Berlin location and discover your favorite celebrity heroes and the process behind how the waxwork figures are made. The museum is located at Unter den Linden 74, 10117 Berlin. Civ. 0180-554-5800.

coming to THEATERS

THE ROOMMATE

(Leighton Meester, Minka Kelly) Sara, a college freshman, finds her safety jeopardized after she's assigned to a dorm room with a deranged roommate. Rated PG-13 (violence and menace, sexual content, some language and teen partying) 93 minutes.



THE RITE

(Anthony Hopkins, Colin O'Donoghue) "The Rite" follows skeptical seminary student Michael Kovak, who reluctantly attends exorcism school at the Vatican. While he's in Rome, Michael meets an unorthodox priest, Father Lucas, who introduces him to the darker side of his faith, uncovering the devil's reach even to one of the holiest places on Earth. Rated PG-13 (language, brief nudity/sexuality, some violence and a drug reference) 130 minutes.

PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

Feb. 10 - THE RITE (PG-13) 7 p.m.
 Feb. 11 - THE ROOMMATE (PG-13) 7 p.m.; LOVE AND OTHER DRUGS (R) 9 p.m.
 Feb. 12 - TANGLED (PG) 4 p.m.; THE ROOMMATE (PG-13) 7 p.m.; LOVE AND OTHER DRUGS (R) 9 p.m.
 Feb. 13 - TANGLED (PG) 4 p.m.; LOVE AND OTHER DRUGS (R) 7 p.m.
 Feb. 14 - TANGLED (PG) 7 p.m.
 Feb. 15 - THE ROOMMATE (PG-13) 7 p.m.
 Feb. 16 - LOVE AND OTHER DRUGS (R) 7 p.m.
 Feb. 17 - THE ROOMMATE (PG-13) 7 p.m.

Mannheim, Schuh

For safety reasons, Schuh Theater is closed until further notice due to structural damage to the roof.

Vogelweh, Galaxy

Feb. 11 - LOVE AND OTHER DRUGS (R) 7 p.m.
 Feb. 12 - TANGLED (PG) 4 p.m.; THE RITE (PG-13) 7 p.m.
 Feb. 13 - THE RITE (PG-13) 4 p.m.

Ramstein, Gateway Movieplex

Feb. 10 - UP (PG) 11 a.m., 2 p.m., 5:15 p.m.; BURLESQUE (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.; THE NEXT THREE DAYS (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; STANDING OVATION (PG) (studio appreciation – free showing) 7 p.m.
 Feb. 11 - THE ROOMMATE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 9:45 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9 p.m.; LOVE AND OTHER DRUGS (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.; SOUL MEN (R) 10 p.m.
 Feb. 12 - THE ROOMMATE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 9:45 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9 p.m.; LOVE AND OTHER DRUGS (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.; SOUL MEN (R) 10 p.m.
 Feb. 13 - THE ROOMMATE (PG-13) 11 a.m., 3 p.m., 6 p.m.; TANGLED (PG) 11:30 a.m., 2:15 p.m., 4:30 p.m., 7 p.m.; LOVE AND OTHER DRUGS (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.
 Feb. 14 - THE ROOMMATE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.
 Feb. 15 - THE ROOMMATE (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; LOVE AND OTHER DRUGS (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.
 Feb. 16 - THE ROOMMATE (PG-13) 11 a.m., 2 p.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; LOVE AND OTHER DRUGS (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.
 Feb. 17 - TANGLED (PG) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; LOVE AND OTHER DRUGS (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.; THE GREAT DEBATERS (PG-13) noon, 4 p.m., 7 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
 Schuh Theater, Mannheim, 0621-730-1790
 Galaxy Theater, Vogelweh, 0631-50017
 Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions

community HIGHLIGHTS

Technology Expo

Technology solutions will be presented at exhibitions in Heidelberg and Kaiserslautern. The 43rd Signal Battalion will host a Technology Expo 10 a.m.-2 p.m. Feb. 10 in the Casablanca Room on Campbell Barracks in Heidelberg. USAF/A6 will host its Winter Technology Expo 10 a.m.-2 p.m. Feb. 11 at the officers club on Ramstein. Register at www.federalevents.com. For the Heidelberg expo, click "Campbell Barracks" and for the Ramstein expo, click "Ramstein."

TARP Training

Military and civilian employees are required to attend a Threat Awareness and Reporting Program training 10 a.m. in English and 1 p.m. in German Feb. 16 at the Patrick Henry Village Theater in Heidelberg.

Unit Victim Advocate

A 40-hour Unit Victim Advocate training series will be held 8 a.m.-5 p.m. Feb. 22-25 and 28 at the Mannheim USO, Bldg. 254 in the ballroom. Reservations and UVA appointment orders are required. DSN 385-3336, civ. 0621-730-3336.

Military Saves

Join the Super Saver Contest Feb. 20-24 by bringing a commissary receipt that shows the total dollar amount saved to Army Community Service and you could win a financial software package. Savings must be for a single shopping trip. Winner announced on Feb. 25. www.militarysaves.org.

Guess the cost

To focus on savings during Military Saves Week, visit the Army Community Service offices in Heidelberg and Mannheim Feb. 22-24 and guess the cost of food in each basket. If you're right, you get to take it home. Winner announced on Feb. 25.

Scholarships

The Germany alumni chapter of Kappa Alpha Psi Fraternity will accept scholarship applications from graduating DoDDS seniors through March 30 for \$1,000 and above scholarships. <http://kapsigermmany.com>.

local EMPLOYMENT

Career Fair

Heidelberg and Mannheim Army Community Service and the Association of the U.S. Army are sponsoring a Career Fair 10 a.m.-4 p.m. Feb. 21 at the Heidelberg Marriott Hotel, Vangerowstrasse 16, 69115 Heidelberg. Among the contractors registered to attend are Amazon.com, General Dynamics, Northrop Grumman, SAIC. Potential jobs range are in the fields of security and intelligence, health and medical, supplies and logistics, human resources, computer network and administration, office administration and automation, maintenance and contract administration. DSN 370-6883, civ. 06221-57-6975.

Mystery Shopping Program

Help make a difference in your community and the programs offered there by taking part in the Family and MWR Mystery Shopping Program. Work with BARE International to perform customer service reviews and become a paid mystery shopper. E-mail garrisonservices@bareinternational.com, www.mwrgermany.com.

KAISERSLAUTERN

Education

♦ **Diabetes Forum** — Get smart about successful ways for children and teens to live with diabetes and how to prepare healthy foods at a free forum 6-7:30 p.m. Feb. 16 in Bldg. 2891 on Pulaski Barracks. DSN 493-4091, civ. 0631-3406-4091, www.mwrgermany.com.

Community

♦ **Armstrong's Breakfast Buffet** — The Sunday brunch buffet at Armstrong's Club Bldg. 1036 on Vogelweh Housing has been discontinued.

♦ **Family Bingo** — Stop by the Kazabra Club on Vogelweh Housing, Bldg. 2057, 3-6 p.m. Feb. 6 for bingo and a coloring contest for the kids with free hot dogs, soft drinks and prizes. DSN 489-7261, civ. 0631-536-7261, www.mwrgermany.com.

♦ **Valentine's Day Brunch** — Treat the special ones in life to brunch 10 a.m.-3 p.m. Feb. 13 at the Landstuhl Community Club, Bldg. 3780. Reservations: DSN 486-6107, civ. 06371-86-6107, www.mwrgermany.com.

♦ **EDGE and Education** — The EDGE, Experience, Develop, Grow and Excel, education program offers classes for youth in grades 6-12 on prepatory resources 4-6 p.m. Feb. 14, 28 and March 7 at Kaiserslautern Library, Bldg. 3810, on Landstuhl Post. DSN 493-4516, civ. 0631-3406-4516, www.mwrgermany.com.

♦ **Mardi Gras** — Celebrate Mardi Gras New Orleans style 9 p.m.-2 a.m. Feb. 11 at Armstrong's Irish Pub on Vogelweh Housing. Civ. 0631-354-9986, www.mwrgermany.com.

♦ **Blood Drive** — The American Red Cross will conduct a blood drive 9:30 a.m.-2 p.m. Feb. 14 at the fitness center on Ramstein and 9 a.m.-2 p.m. Feb. 15 in the Kleber gym on Kleber Kaserne, Bldg. 3235. Appointments: www.militarydonor.com. DSN: 483-8702, civ. 0631-411-8702.

♦ **Auditions** — Adults 18 and older can try out for "Doubt, a Parable" 7 p.m. Feb. 15-16 at KMC Onstage on Kleber Kaserne, Bldg. 3232. DSN 483-6626, civ. 0631-411-6626.

♦ **Lapsit Story Time** — The Kaiserslautern main library on Landstuhl Post presents Lapsit Story Time for infants and parents 9:30-10 a.m. Feb. 15. Be ready to sing, dance and enjoy stories during this free four-week program. DSN 486-7322, civ. 06371-86-7322/8390, www.mwrgermany.com.

♦ **Free Movie** — Enjoy the free feature film "Bomber" a film by Paul Cotter 6 p.m. Feb. 17 at the Kaiserslautern Library on Landstuhl, Bldg. 3810.

♦ **President's Day Quiz** — All Kai-

erslautern libraries will test your knowledge with the President's Day Quiz Feb. 22-26. Must be at least 18 to participate. DSN 486-7322, civ. 06371-86-7322, www.mwrgermany.com.

♦ **German Story Time** — join us for bilingual story time 1 p.m. Feb. 23 at the Kaiserslautern Main Library. DSN 486-7322, civ. 06371-86-8390, www.mwrgermany.com.

♦ **AGBC Meeting** — Register by Feb. 17 for the Kaiserslautern American German Business Club membership meeting 6:30 p.m. Feb. 24 at the Hotel-Restaurant Rosenhof, Am Koehlwaldchen 16, 66877 Ramstein. kaiserslautern.agbc.de.

♦ **Bowling** — The Germany alumni chapter of Kappa Alpha Psi will hold a bowling tournament 5-10 p.m. March 11 and 1-6 p.m. March 12-13 at the Bowling Center on Vogelweh. Civ. 0151-2147-3269.

♦ **Quilt and Stitch** — The Quilt Guild meets 9:30 a.m. the third Thursday of the month in the Ramstein North Chapel and 6 p.m. the fourth Thursday of the month in the Kaiserslautern Landstuhl Spouses Association building on Pulaski Barracks. Stitch n' Gab meets 10 a.m.-6 p.m. Fridays at the Kapaun Chapel Annex.

HEIDELBERG Education

♦ **ACS Classes** — 1-2-3 Job Fair Ready 9-11 a.m. Feb. 14; Families Learning About Germany 5-9 p.m. Feb. 14-16; Field Trips 8:30 a.m.-1:30 p.m. Feb. 17 and 19; Networking and Interviewing Skills 9-11 a.m. Feb. 15; Care Team Training 2:30-4 p.m. Feb. 15; Buying your First Home 8:30 a.m.-12:30 p.m. Feb. 16; Resume Writing 9-11 a.m. Feb. 16; Effective Management of Volunteers 10-11 a.m. Feb. 16; Smart Banking 10-11 a.m. Feb. 17; Building Resiliency 10 a.m.-noon Feb. 17 on Nachrichten Kaserne, Bldg. 3622, Company B conference room.

Community

♦ **Theater Auditions** — Auditions for "On the Verge" will be held 7 p.m. Feb. 15-16 at the Roadside Theater on Patton Barracks. The show calls for three women and one man over the age of 18. No experience is required. DSN 373-5020, www.roadside-theater.com.

♦ **Town Hall Meeting** — The next U.S. Army Garrison Baden-Württemberg Town Hall meeting will be 6 p.m. Feb. 16 at the Patrick Henry Village Pavilion.

♦ **Right Arm Night** — A right arm night will take place 5-7 p.m. Feb. 17 at Legends on Patrick Henry Village. Bring your coworkers out for a fun happy hour with finger food. DSN 388-9570, civ. 06221-338-9570, www.mwrgermany.com.

♦ **Spouses Club Scholarships**

— High school seniors may apply through Feb. 16 for \$1,000 scholarships awarded by the Heidelberg Community Spouses Club for the best essay submitted. Applications: www.hcsc-heidelberg.com/scholarship, or scholarship@hcsc-heidelberg.com.

♦ **Cheap Eats** — Join BOSS at 6 p.m. Feb. 16 at BOSS headquarters on Patton Barracks and learn how to make delicious, easy and healthy meals. DSN 373-5275, www.mwrgermany.com.

♦ **Cosmic Bowling** — Late Night Cosmic returns to the Bowling and Entertainment Center 10 p.m.-1 a.m. Feb. 17 on Patrick Henry Village. DSN 388-9040, www.mwrgermany.com.

♦ **BOSS Trip** — Escape to Laax-Flims Feb. 18-21. \$229 includes round trip for skiing, snowboarding, lodging and breakfast. Call Heidelberg Outdoor Recreation to reserve a space. DSN 388-9282, civ. 06221338-9282.

♦ **Masquerade Ball** — A costume ball brings out the creative streak 9 p.m. Feb. 19 at Slapshots on Patton Barracks. DSN 373-5194.

♦ **Crazy Bowling** — A three-game tournament including bowling with a cue stick, on a ramp and from a chair is open to all ages starting at 1 p.m. Feb. 27 at the Bowling and Entertainment Center on Patrick Henry Village. DSN 388-9040, www.mwrgermany.com.

♦ **Village Grille** — A progressive bingo program with cash prizes will run Monday nights 6:30-9 p.m. starting Feb. 28 at the Village Grille on Patrick Henry Village. DSN 388-9447, www.mwrgermany.com.

♦ **Auditions** — Roadside Theater will hold auditions for "Crazy For You" 7 p.m. March 1-2 at the theater on Patton Barracks. The musical calls for 35 actors, singers and dancers ages 15 and up. DSN 373-5020, civ. 06221-17-5020, www.roadside-theater.com.

♦ **Pfennig Bazaar** — Heidelberg's German-American Women's Club will be collecting donations for its annual bargain bazaar 9 a.m.-3 p.m. March 5 and 10 a.m.-2 p.m. March 7 at the Internationale Gesamtschule, 29126 Heidelberg Hasenleiser. Items requested include kitchenware, jewelry, books and music. Please don't bring clothing or furniture. Civ. 06221-041-2025, www.GAWC.de.

♦ **Why Catholic** — Sessions of "Why Catholic? A Journey through the Catechism" is for adults and high school students to learn more about their faith. It takes place through April 10:30 a.m. Sundays and 6:30 p.m. Mondays at Patrick Henry Elementary School; 9:30 a.m. Mondays at Mark Twain Village Chapel and 7 p.m. Thursdays at Patrick Henry Village Chapel. DSN 370-8238, civ. 06221-57-8238.

MANNHEIM

Education

♦ **ACS Classes** — Play Date with Daddy 10 a.m.-noon Feb. 12, Bldg. 725; Car Seat Safety Checks by appointment only Feb. 14, Bldg. 251 parking lot; Families Learning About Germany 9 a.m.-2 p.m. Feb. 14-16; Hearts Apart Brown Bag Lunch 11:30 a.m.-1 p.m. Feb. 15 on Balancing Work and Family; Bringing Baby Home 5:30-8 p.m. Feb. 16; 1-2-3 Job Fair Ready 1-3 p.m. Feb. 17. English as a Second Language for beginners 9-11 a.m. Tuesdays; Intermediate and Advanced ESL 9-11 a.m. Wednesdays. Classes are at ACS in Bldg. 251 on Sullivan Barracks unless noted.

Community

♦ **Theater Closed** — For safety reasons, Schuh Theater is closed until further notice due to structural damage to the roof.

♦ **Black History Month** — The Stars of Orion Chapter 43 will hold a "Never Forget Our Past: As We Strive Forward" Black History Month celebration with a speaker, singing and praise dancing 3 p.m. Feb. 26 in Bldg. 725 on Sullivan Barracks.

♦ **Teen Ski Trip** — A trip for teens ages 13-19 leaves from Outdoor Rec on Spinelli Barracks, Bldg. 1570, Feb. 26. Prior sign up is required: Civ. 0170-451-4102.

♦ **Library volunteers** — The Sullivan Library is seeking a volunteer to organize and lead its story hour on 10:30-11:30 a.m. Thursdays. Civ. 0621-730-3101.

♦ **Lending Closet Hours Change** — The Army Community Service lending closet in Bldg. 253 on Sullivan Barracks has new hours: 1-3:30 p.m. Monday-Friday and closed weekends. Those who live on Patrick Henry Village in Heidelberg can visit either lending closet (Heidelberg ACS is on the Shopping Center Kaserne). DSN 385-3101, civ. 0621-730-3101.

♦ **Auto Skills** — The Auto Skills center on Spinelli Barracks, Bldg. 1577, has a new DSN 384-6023. The civilian number is the same: 0173-200-0642.

♦ **Reading Across Mannheim** — Children in the School Age Center will be actively involved in Reading Across Mannheim in conjunction with the National Education Association 3:30-5:30 p.m. March 1-5 at selected locations.

♦ **Readers Wanted** — Be a reader at Mannheim Elementary School's "Read Across America" March 2. Each year students celebrate author Dr. Seuss with a fun-filled morning of activities and guest readers. DSN 380-4212, civ. 0621-730-4212.

♦ **St. Patty's Party** — The Youth Center will host a St. Patrick's Day Party 5-8 p.m. March 17 at the center on Benjamin Franklin Village. DSN 380-4864, civ. 0621-730-4864.



Wray Holan



Wray Holan

Area Wrestling

Above, Mannheim Middle School wrestler Austin Macias grapples Heidelberg's middle school wrestler Andrew McVeigh in an exhibition match for the younger student athletes who are provided the opportunity to travel and practice with the high school teams and to prepare them for competition when they reach the secondary level. Left, Mannheim High School wrestler Wayne Hagan wrangles a Vilseck competitor Saturday in Heidelberg. Heidelberg won eight of the 13 weight groups to claim the victory over runner-up Vilseck, which claimed three individual titles. Bamberg finished third and Mannheim was fourth. Heidelberg wrestling coach Jason Duckworth told Stars and Stripes in an interview that he thinks for the first time in a long time Heidelberg has a chance to finish in the top three at the European championships. The next competition for the Heidelberg Lions and the Mannheim Bison wrestling teams will be 10 a.m. Feb. 12 in Vilseck.

U.S. Youth Soccer



Wendy Aldcroft

U.S. Youth Soccer players from Heidelberg, in red, Joshua Torres and goal keeper Brandon Brown watch the ball as Stuttgart player Bryan Glenn approaches during play in Wiesloch Sunday. USYS players are preparing for the upcoming European championships Feb. 19-21 at the Sports Arena on Benjamin Franklin Village in Mannheim.

Flying Lions



Wray Holan

Lions player Stirling Thomas flies over the heads of Weisbaden players as the Heidelberg team works its way to a 50-40 victory in Heidelberg Feb. 1.

staying ACTIVE

Soccer Coaches Clinic

The Kaiserslautern Officials Association is looking for soccer officials for the high school season which runs from mid-March through May. A rules and methods clinic will be held 10 a.m. Feb. 12 at Youth Services, Bldg. 3701, on Landstuhl Regional Medical Center. Interested athletes should contact DSN 484-7133, civ. 0173-301-3015.

Community Basketball

Grafenwöhr defeated Heidelberg 139-71 in Sunday's community-level basketball game at the Patton Fitness center in Heidelberg. Top Grafenwöhr scorers were James Young with 33 points and Darryl James, 24. Top Heidelberg scorers were George Watlington with 19 and Anthony Martin, 14. Upcoming games are 43rd Signal vs. NATO at 6:30 p.m. and U.S. Army Garrison Baden-Württemberg vs. 4th Air Support Operations Group 7:30 p.m. Feb. 14. Games played on Feb. 16 are NATO vs. 4th ASOG at 6:30 p.m. and 43rd Signal vs. MEDCOM at 7:30 p.m. DSN 373-6110, civ. 06221-17-6110.

Kaiserslautern Youth Sports

Starting Feb. 15, youth ages 8-15 can sign up for track and field, tennis, bowling and golf; youth 7-15 can sign up for indoor rock climbing and youth ages 4-15 can sign up for T-ball, softball, or baseball. Interested participants must currently be enrolled with Child, Youth and School Services. Register at Parent Central Services, Bldg. 2898 on Pulaski Barracks, or online at <https://webtrac.mwr.army.mil>.

Campbell Gym Closure

The Campbell Fitness Center in Heidelberg will be closed for extensive cleaning 10 a.m. Feb. 25 until 5:30 a.m. Feb. 28 at 5:30 a.m. The Patton Fitness Center will be open additional hours 9 a.m.-4 p.m. Feb. 26-27. DSN 370-6489, civ. 06221-57-6489.

Coleman Gym New Hours

The Coleman Gym in Mannheim has extended its operating hours effective immediately. New hours are 5:30 a.m.-9 p.m. DSN 385-3164, civ. 0621-730-3164.

Baseball, Softball Camp

Youth ages 7-14 have until March 4 to sign up for a baseball and softball spring training camp 9 a.m.-4 p.m. March 12 or 19 at Patrick Henry Village Middle School in Heidelberg. The camp is sponsored by the Heidelberg High School varsity baseball team and will teach skills including fielding, pitching and catching. HHSBaseball@yahoo.com.

Heidelberg Volleyball

A volleyball officials clinic and tournament will be held March 8-10 on Patton Barracks in Heidelberg. Classroom instruction will be held 6-9 p.m. at the sports office in Bldg. 128 and the tournament will be March 10. Free entry for the first four teams registered. DSN 373-8032, civ. 06221-17-8032.

Heidelberg Softball Players

Community softball players are needed for the men's and women's teams. Practices are Tuesday and Thursday evenings at the Patton Fitness Center sports field in Heidelberg. DSN 373-8032, civ. 06221-17-8032.

Bowling Tournament

Registration is now open for the Heidelberg Sergeants Major Association's nine-pin, no-tap bowling tournament March 26 at the Bowling Center on Patrick Henry Village. The \$20 per person entry fee includes three games, shoe rental and lunch. The tournament is open to 28 four-person teams. Proceeds will be donated to the Mannheim Children's Hospital Christmas and Easter programs. Register: DSN 370-8015, civ. 06221-57-3303, hsmagermany@gmail.com.

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