

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
April 21, 2011

Speed Read

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GAT SURVEY

Within the next couple of weeks, Soldiers will begin to see reminders that they must re-measure their resiliency and psychological health by taking the Global Assessment Tool survey again.

www.defense.gov
www.army.mil/news

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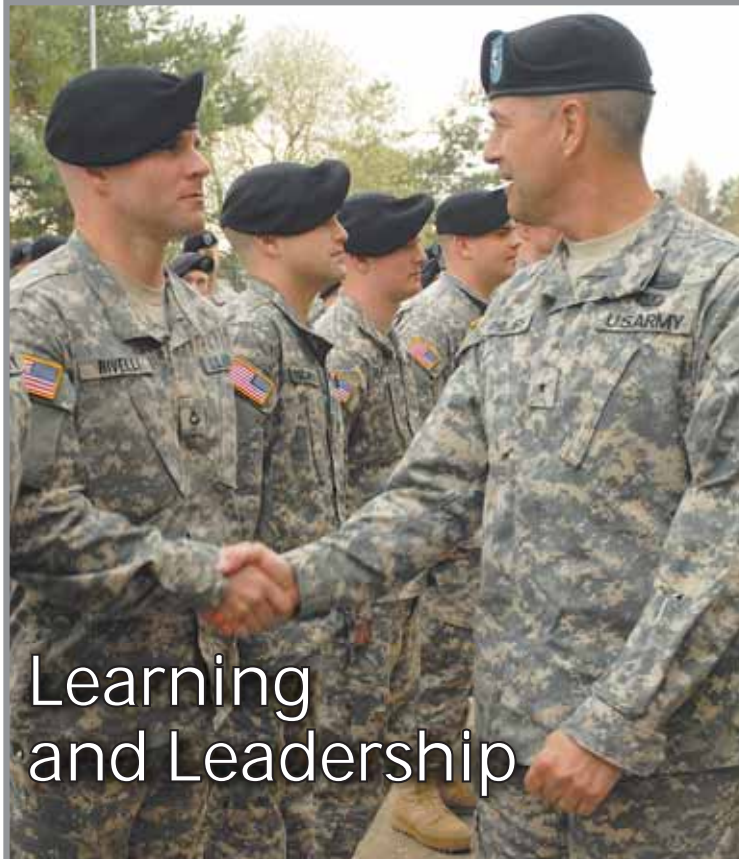
Lt. Gen. Rick Lynch
IMCOM COMMANDER

ARLINGTON, Va. – The Army first observed the Month of the Military Child in 1986, to honor the youngest members of the Army community.

As we celebrate it 25 years later and in the 10th year of ongoing conflict, recognition of the sacrifices and strength of our military children is more vital than ever.

The life of military children has always had its challenges, foremost among them being frequent relocations. Every time families move, children have to make new friends, get used to new schools, and find new clubs and teams to join.

A lot of military children take these changes in stride and some even thrive on them, but it is hard - kids have to rebuild their world every time and find see **CHILDREN** page 18



Learning and Leadership

MP commandant sets direction for corps

By Sgt. Adrienne Burns
18TH MILITARY POLICE BRIGADE PUBLIC AFFAIRS

The ability to balance leadership and learning has been the mark not only of our greatest leaders, but also of our greatest Soldiers.

Brig. Gen. David D. Phillips, the commandant of the U.S. Army Military Police School, emphasized the importance of both leadership and learning during his visit to the 18th Military Police Brigade in Mannheim March 29-April 1.

Phillips travelled throughout Germany to the brigade's subordinate units to meet with Soldiers and talk to them on a personal level. Setting aside the formality of formations during his visits, Phillips had troops gather around, get comfortable, and pepper him with questions and feedback.

An important goal for Phillips was to learn what the "boots on the ground" Soldiers felt were some of their most pressing issues. Soldiers were eager to offer up their experiences with different tactical vehicles, weapons and equipment.

As a bonus, Soldiers also had a chance to hear what the Army and the regiment have in store for future improvements and changes – changes, Phillips said, that will come with direct input from Soldiers.

Phillips noted how important it is to give Soldiers the opportunity to voice their thoughts and, more importantly, to know they are being heard by the top leadership in their regiment.

Leadership was a key talking point for Phillips not only in his casual see **POLICE** page 18

U.S. Army Military Police School Commandant Brig. Gen. David D. Phillips congratulates Pfc. Anthony Rivelli, a military police Soldier with the 230th Military Police Company, 95th MP Battalion, during Phillips' visit to Sembach March 31. (Photo by Sgt. Adrienne Burns)

Housing survey continues

USAREUR Public Affairs

U.S. Army Europe officials in Heidelberg announced the deadline to complete the Overseas Housing Allowance utility and recurring maintenance survey has been extended to April 30.

William A. Gordon, USAREUR G1 deputy chief of military pay, said the participation rate must be over 30 percent to validate the survey. The current participation rate is 19 percent.

Military members who have lived in a privately leased dwelling under the OHA program for at least the past six months may take the on-line survey at www.defensetravel.dod.mil/ss/wsb.dll/s/eg4a. The Department of Defense uses data from the survey to determine the utility and recurring maintenance allowance for military members residing in the survey country.

COMMENTARY

Case for prayer: freedom from hatred

World War II veteran provides the answer to, 'Why pray?'

By **Chaplain (Col.) Chris Wisdom**
 INCOM-E CHAPLAIN

Why might you pray?

If you had to endure a plane crash, exposure and starvation in the open sea, air attacks and shark attacks, would you pray?

If one of your buddies died on your raft, would you pray?

If you were captured and imprisoned for the next two years, and watched your body turn into a diseased, vermin-bitten, parasite-infested sagging bag of bones, would you pray?

One wounded warrior did. And his testimony is that prayer helped to heal his heart of hatred.

Louis Zamparini's story is as true as it is amazing. I recently finished reading the book "Unbroken – A World War II Story of Survival, Resilience and Redemption" by Laura Hillenbrand. But this article is not a book review or a book plug. It is my take on how a wounded warrior learned to pray, and how it helped

him to heal.

Louis Zamparini today is a surviving 94-year-old World War II Army Air Corps veteran. Louie ran a 4:16 mile in the 1936 Olympics. After his WWII military service and all his suffering, 53 years later he ran a leg in the Olympic torch relay at the 1998 Olympics in Nagano, Japan, for his 81st birthday. He carried the torch through the country where for two years he had known only starvation, torture and humiliation.

He carried his healing back to Japan where he met with, openly forgave and even embraced his now imprisoned captors.

But it was not always so. Louie Zamparini had come home from WW II a hero but was tormented in his dreams by his hated captors. He went on spending sprees to feel better and drinking binges to drown his pain.

He lost his sobriety, his money and, nearly, his family. During one of his nightmares, he awoke to find himself on top of his pregnant wife with his hands around her neck, choking her.

He was handed trial separation papers that portended divorce.

At his estranged wife's request he attended a gospel meeting with her. The preacher spoke of being forgiven and the freedom to forgive others.

Louie walked out in anger. But

During one of his nightmares, he awoke to find himself on top of his pregnant wife with his hands around her neck, choking her.

he reluctantly went to the meeting again in an attempt to reunite his family. He heard once more the promise of forgiveness and freedom from hatred.

He stood up to leave. The preacher told him to sit down so others could come forward.

At that moment, Louie remembered a prayer he had prayed. He was suddenly back on the raft, where he had promised God, "If you ever get me out of this, I will serve you forever."

Louie got out of it and so, he reasoned, God must have heard his prayer. So Louie Zamparini began to pray again. And so he began his new life of forgiveness and freedom from hatred that continues to this very day.

Wounded warriors who pray are heroes whose hearts can be healed. God heard the cry of Louie Zamperini, and He hears your cries too. How has your heart been wounded? Why might you pray?

"Let us pray."

Join BWnow on Facebook

♦ Get up-to-date announcements, news and community events delivered directly to your Facebook account.

♦ Share your opinion with others in the community and find out what they think in the discussion boards.

♦ Let the command group know your thoughts on hot topics through the Question of the Week, and you might see your answer in the Herald Post.

QUESTION OF THE WEEK:
 Have been you ever been denied access to an Internet service or product in Germany that was readily accessible in the United States?



www.facebook.com/BWnow
<http://myBWnow.ning.com>

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

"We are moving to Germany and our son is staying in Tennessee to finish college. We are trying to figure out how he can call us using his cell phone without it costing a fortune. What is the best way to work this out? Thanks."

—Beth Boothe Dycus, BWnow Facebook fan

"A friend of mine here in Germany has a Vonage

phone that works here. It has a North Carolina number so her parents in NC can call her for free. I'd check into Vonage in Tennessee. She loves it!"

—Pam Nelson, BWnow Facebook fan

"Mannheim's Got Talent update: Saivone Sanchious (10) got the night off to a great start with her rendition of "If I Were A Boy." Kaitlin Laws (15),

a former 'Idol' competitor, showed off newly acquired guitar skills. Lisa Benjamin threw down the gauntlet for the adults with her rendition of Duffy's hit single 'Mercy.' Next week's competitors – Look out!"

—Mannheim Idol, BWnow Facebook fan



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Army Emergency Relief helps a mom meet expenses

By Rick Scavetta
USAG KAISERSLAUTERN

The electric bill Spc. Anesha Medley opened stated in German that she owed €1,600 – an unexpected expense she could not afford.

The 23-year-old Kaiserslautern Soldier was caring for a newborn daughter plus her younger brother and sister. Her husband was in the states undergoing treatment for cancer.

The electricity bill added a layer of stress to her growing list of worries.

She went to her computer and used an online translator to decipher the rest. Phrases jumped from her screen: “due by this date” and “going to shut off.”

“I can’t have my lights turned off with three kids in the house,” Medley said. “I went to my chain of command and said, ‘I need help.’”

At times of financial crisis, Soldiers can turn to Army Emergency Relief, a private nonprofit organization that has provided emergency financial assistance to Soldiers since 1942. Last year in Kaiserslautern, AER offered more than \$24,700 in 51 grants to Soldiers. Also, they granted 206 loans, a total of \$321,000.

Each spring, AER conducts its contribution campaign. Soldiers donate to AER through their unit representative. In the first six weeks of the 2011 campaign, Army units in the Kaiserslautern Military Community collected nearly \$35,000. But,

local AER campaign organizers say that’s far from this year’s goal.

With just a month left in the campaign, events are planned to boost contributions. On May 12, the Kaiserslautern Sergeants Major Association will hold a drawing for tickets to an upcoming Shakira concert in Mannheim and a golf tournament will be held on Ramstein. Proceeds will go toward the AER campaign.

Funds collected during the campaign make the financial assistance possible, supporting Soldiers like Medley when they need it most.

“AER is a big help,” Medley said. “They’ll help you. You don’t have to feel like you’re stuck.”

As a teen, Medley promised to care for her younger brother and sister, who were without parents. In 2005, she joined the Army Reserve. In 2008, she married Spc. Kenneth Medley, went on active duty, and reported to the 5th Quartermaster Detachment at Rhine Ordnance Barracks where she serves as a logistics specialist. A few days after her arrival, Medley found out she was pregnant.

Determined to keep her promise, she went to North Carolina, picked up her siblings and moved into a house in Landstuhl. That August, her daughter Serenity was born. Unfortunately, the joy of a newborn lasted only a short while.

By October, Kenneth was diagnosed with cancer and went stateside for treatment at Womack

Army Medical Center. Alone in a foreign country, Medley faced mounting expenses. Her supervisors steered her toward AER. At the AER office, Medley didn’t know what to expect. She received some money as a grant and some as a loan.

“I was so relieved,” Medley said. “I went straight to the bank to pay that electric bill.”

During a recent AER event at Landstuhl, U.S. Army Garrison Kaiserslautern Command Sgt. Maj. Richard Jessup mentioned Medley’s story during his remarks.

“This was a Soldier in need,” Jessup said. “AER was there to help.”

Medley has since taken steps away from further financial peril. The situation was a wakeup call, she said, on how much she spends and the importance of budgeting. While money is still tight, she was able to move into housing on post – alleviating her from monthly housing and utilities costs.

Now, she stays busy with work, the kids and online college courses. But she hasn’t forgotten how AER helped her when life’s challenges nearly overwhelmed her and her family.

“Back then it was tears, stress and lonely nights with a baby,” Medley said. “Now, I’m fine and don’t worry about bills. Now, it’s a feeling of relief.”

For information, to include Shakira tickets and the golf tournament, contact your unit AER representative or call 0631-3406-4262.



When Spc. Anesha Medley, 23, pictured with her daughter Serenity, needed emergency financial assistance, she turned to Army Emergency Relief. The program is holding its annual fund campaign until May 15.

Right turn only when leaving Patton Barracks

Staff Report

The ongoing development of Heidelberg’s new Bahnstadt suburb entails a remodeling of a piece of Speyerer Strasse, the four-lane road just outside the Patton Barracks gate.

This causes temporary changes in traffic patterns for vehicles entering and exiting Patton Barracks which are expected to last until the end of May.

After exiting Patton gate, you can no

longer make a direct left turn toward Schwetzingen and Patrick Henry Village or the A5 autobahn. Drivers must turn right, go to the next stop light and make a U-turn there.

Traffic authorities recommend that drivers bound for the autobahn turn left at the second stop light and drive past the Shopping Center and DPW compound, turn right over the bridge and left again to catch A5.

As only three lanes will be available

near the construction site, an alternating pattern was designed to best accommodate the bulk of traffic. From 7 p.m. until 1 p.m. the next day, two lanes will be open for inbound traffic (towards downtown Heidelberg) and one for the opposite direction. From 1-7 p.m. each day, two lanes will be available for traffic from downtown towards autobahn A5, PHV and Schwetzingen and one lane for inbound vehicles.

The same construction has also changed the access to Patton Barracks for drivers from Heidelberg as the road toward the airfield has been closed. Left turns are not allowed at the intersection so drivers must go to the next stoplight near the Holiday Inn, turn left and follow the Umleitung (detour) signs. Police and traffic authorities urge drivers not to make a U-turn, but go the extra 200 yards to the circle near ADAC for a safe turn.



U.S. Army Garrison Baden-Württemberg Commander Col. Bill Butcher, left, and Eppelheim Mayor Dieter Mörlein sign friendship documents Saturday in Eppelheim while Dr. Karl Lamers stands by. Sabine Geschwill

German American friendship proclaimed

Staff Report

Local dignitaries and Army officials assembled at Eppelheim City Hall Saturday to sign a proclamation of friendship.

Eppelheim Mayor Dieter Mörlein said Aristotle's "Equality is the spirit of freedom" quote defines the "everlasting friendship" between Eppelheim and U.S. Army Garrison Baden-Württemberg.

He provided a brief history of the decades long relationship that began after World War II.

"The children who were born during and after WWII admired

the big, comfortable cars which tried to find their way through the narrow lanes and some girls fell in love with an American boy ... or American boys lost their hearts in Germany and got settled here. For decades it seemed quite normal that there were American barracks, to hear neighbors speaking English, to meet Americans at stores or local festivities. But all of sudden we had to learn that the times of living together will end before long," Mörlein said.

Butcher agreed that the shared friendship will last well beyond the American presence in Germany.

transformation UPDATE

Frequently Asked Questions

Have a transformation-related question you'd like answered?
E-mail usaghd.post@eur.army.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/transformation.

I keep hearing different dates for when Tompkins Barracks is scheduled to close – 2015 was put out last year when base closures were announced, but now I have heard 2012. Can you help shed some light on this for me?

Tompkins Barracks will close no later than November 2012. Prior to that time, closures of facilities will take place. Nearby Kilbourne Barracks is scheduled to be vacated by December.

I am wondering how in the world everybody is going to move around once we get into Erbenheim? Given the traffic situation outside the gate right now there's practically a standstill in the city. Moving everybody up there (to Wiesbaden) seems to make as much sense to me as relocating the forces to midtown Manhattan. So what's the plan to move everybody around?

The garrison is working with the city of Wiesbaden and the Hessen traffic planners to improve the exit from B455 to accommodate more vehicles. Design is underway for a new access control point, which will have four lanes, plus a separate truck inspection lane. Construction is scheduled to be completed in the fall of 2012. On post, a ring road around the installation is being constructed to facilitate the flow of traffic and a 1,100-space parking structure will be completed by November. Another 900-space parking structure is being designed to support the remaining two facilities that will be constructed.

How is Wiesbaden preparing to accommodate the additional people?

Wiesbaden has a lot of construction ongoing including a large facility that will be a 1,200 work station operational facility called the Command Battle Center to host all of the headquarters elements. It is scheduled to be completed in March of next year and ready for occupancy in the summer of 2012. Renovations of existing facilities have taken place over the past three years and most of the military intelligence and signal units have moved into them. Some additional renovations are ongoing for the anticipated arrival of USAREUR and V Corps elements. In the design phase are two more facilities, one for intelligence and one for signal, that will start construction later this year if funded by the U.S. Congress. For more information about Wiesbaden construction, see <http://www.wiesbaden.army.mil/hunion/Archive/WebAug2709/Transformation.htm>.

Is there enough base housing in Wiesbaden?

Wiesbaden has projects ongoing that are quality of life improvements

that were due at this time regardless of who was going to be there. A family entertainment bowling center has been completed and a new Army lodging facility has opened. There have been numerous housing renovation projects and a new 326 dwelling unit housing area that's being built on the southern edge of the airfield. The coming year will see the start of a new Exchange complex.

There are individuals who are not receiving LQA currently. If they move to Wiesbaden, will they be eligible for LQA, based on the management-directed reassignment?

Management directed reassignments have certain components associated with them. Regarding Living Quarters Allowance, no determination has been made, but it is being considered as plans to inactivate move forward. Once more is known about LQA for management-directed moves, we will get the information out in the Herald Post and on our Facebook (<http://www.facebook.com/bwnow>) and BWNOW websites (<http://mybwnow.ning.com>).

I just got hired for a new position in Heidelberg. I'm currently living in Kaiserslautern. The cost of living in Heidelberg is considerably higher than in Kaiserslautern and I'm led to believe that this is largely associated with LQA that is provided to some people. When people move from Heidelberg to Wiesbaden, I'm sure rents in that area will increase considerably once the local renters know that the government is paying the rent for the employees. I'm wondering if they consider giving even a half LQA to those of us that don't receive it and that have to move to higher rent areas?

It's true that Wiesbaden is a considerably higher rent district for housing. While there are no regulatory provisions for granting pro-rated Living Quarters Allowance at the present time, individuals need to take this through the chain of command and make sure their concerns are understood. Garrison and housing officials are working together to make sure appropriate controls are in place to ensure Americans are treated equally as far as rent payments go.

How will the relocation affect the five-year rotation if the employees are willing to move to Wiesbaden? Will they be required to enroll in PPP, utilize their return rights, or will they be allowed to extend? If they're allowed to extend, how long will they be allowed to extend?

Individuals who have reached the end of their five-year terms normally enter the Priority Placement Program or exercise their return rights, if any, unless for some reason an extension is granted to the five-year period. Extensions are a management decision. The length of an extension is also normally a management decision. In relation to transformation, management will look at individual situations closely to determine the best course of action. Individuals should talk to their supervisors to

ensure they understand each individual case.

With all the personnel moving to Wiesbaden, is there any plan to either expand the medical clinic there or to build a new one? Many of the patients from there who come to Heidelberg complain the Wiesbaden clinic is much too small and access to care for civilians is limited.

The Wiesbaden medical facilities are being reviewed to determine how to best support the projected increase in population. Efforts are underway to increase the number of exam rooms to improve efficiency for primary care, but the number of Primary Care Managers also drives capacity. The clinic encourages family members to see their assigned Primary Care Managers for optimum quality of care, but sometimes patients cannot see their PCMs on the date or time they wish. The priority of effort goes to active duty and active duty family members but civilians and retirees not enrolled to a PCM always have the option of using the space available option.

For Soldiers currently authorized to live in off post housing – will this still be authorized when we move to the Wiesbaden area or will they be forced back into military housing?

Housing assignments generally follow the USAREUR housing policy which states enlisted service members E-6 and below must live on post and E-7 and above may choose to live off post. Housing appointments for incoming personnel assigned to USAG BW are now handled at the Community Support Center, Bldg. 3850 on the Shopping Center Kaserne in Heidelberg.

Facilities Operations Changes

Mannheim DEERS, ID Cards, Passports – The DEERS, ID cards and passports offices will be closed April 29 to relocate to Bldg. 246, room 101. They will re-open 8 a.m. May 2. The Passport office will re-open 1 p.m. May 2 for walk-ins.

Mannheim Education Center – The Education Center on Sullivan Barracks will be open from May through July with classes running as long as class minimums are achieved. The center will be open Monday-Friday (except USAREUR training holidays). A counselor will be on site 8:30 a.m.-12:30 p.m. and remote counseling will be available 1:30-4:30 p.m. The center is closed 12:30-1:30 p.m. A night monitor will open and close the education center for evening classes 6-10:30 p.m.

Mannheim Personal Property Processing - The Mannheim Personal Property Processing office, also known as the Transportation office is closed. Mannheim customers will use the Heidelberg Personal Property Processing Office on the Shopping Center, Bldg. 3850, room 267. The hours for the Heidelberg PPPPO will change May 2: 9 a.m.-4 p.m. Monday, Tuesday, Wednesday and Friday and 10 a.m.-4 p.m. Thursday. The office is closed daily 11:30 a.m.-1 p.m.

Submit summer hire program applications by May 22

USAREUR Public Affairs

The Civilian Human Resources Agency Europe Region will accept applications through May 22 for summer employment across Europe for military family members ages 14-22.

The 2011 Summer Hire program, which runs from June 20 through July 29, provides jobs in clerical, labor and child development positions. Online applications are available at the CHRA-E website, <https://cpolrhp.cpol.army.mil/eur>, under "employment." Applicants must also submit hard copies of employment documents directly to the Civilian Personnel Advisory Center that services their community.

Applicants for summer hire positions must be unmarried family members of active duty service members or DOD civilian employees. The applicant must have reached their 14th birthday prior to June 20 and must not reach their 23rd birthday prior to the end of the program July 29.

"The Summer Hire program is designed to provide young people an opportunity to gain meaningful job experience and prepare for their future education and career goals," said Clarence "Sonny" Acklin, from the CHRA-E Director's Office, the theater-wide human resources service provider. "The summer hire program benefits both the young workers and the community."

Faces of the community: Speedy Lube and Car Wash



Brandon Spragins

Bob Doman logs a vehicle from the Transportation Motor Pool in the care of Sgt. Robert Morales who is getting it washed at the Speedy Lube and Car Wash on Patton Barracks in Heidelberg. The car wash is open 10 a.m. to 6 p.m. Monday through Saturday and is closed on Sundays. Civ. 06221-17-5196, www.mwrgermany.com.

Seminar introduces new approach to crisis response

By Rick Scavetta

USAG KAISERSLAUTERN PUBLIC AFFAIRS

An oil tanker explodes outside Fort Buchanan, Puerto Rico. A C-130 crashes near Camp Darby, Italy. A shooter opens fire at Fort Hood, Texas. An earthquake hits Japan.

These emergency scenarios, which actually happened on or near U.S. Army garrisons, added depth to a recent U.S. Army Garrison Kaiserslautern force protection seminar.

During the two-day event at Daenner Kaserne, garrison leaders were joined by representatives of the German police, Landstuhl Regional Medical Center and the 21st Theater Sustainment Command. The program offered garrison staff its first look at how the U.S. Army Installation Management Command will now conduct force protection training, said Director of Plans, Training, Mobility and Security Jeff Crisp.

"It's something new," Crisp said. "The seminar allowed us to fine tune our current plans and link them with

other agencies."

When taking an "all-hazards" approach, garrisons should have standard responses to a variety of emergencies, from natural disasters and accidents to criminal actions and terrorism.

Knowing each other's roles is important for garrison's first responders, supporting staff and outside partners, said Ray Graham, a former Army garrison commander in Wiesbaden, who led the discussions.

"A crisis is a come-as-you-are event. If you have relationships established, things can go smoother," Graham said.

Crisis response training in the Army is now aligned with the Federal Emergency Management Agency's Homeland Security Exercise and Evaluation program. In 2009, the Army created a new regulation, AR 525-27, Army Emergency Management Program.

IMCOM Commander Lt. Gen. Rick Lynch has directed garrisons to hold annual exercises under this new method. The training team introduces new IMCOM orders and familiarizes garrisons with the 30 emergency response



Rick Scavetta

Master Sgt. Kenneth Pryor, 37, the U.S. Army Garrison Kaiserslautern provost sergeant, listens to discussions during an April 6 force protection seminar held at Daenner Kaserne.

capabilities that they must now train.

A tabletop exercise included a scenario in which a serious incident occurred at one of the garrison's 15 installations. Staff brainstormed reactions to

a terrorist act.

"We had a chance to discuss amongst key players how we would do certain functions," Crisp said. "That's important."

Local moms participate in Great Cloth Diaper Change

Staff Report

Local cloth diaper advocates will participate in the Great Cloth Diaper Change Saturday at 6 p.m. to coincide with their stateside counterparts who will attempt to set a world record by simultaneously changing their babies' cloth diapers.

"For more than 40 years, Earth Day has been a catalyst to bring change to the lives of individuals and their communities seeking to improve their environment and their lives. The diaper

challenge is an extension of this movement," said Angela Torres, co-leader of the Heidelberg Cloth Diaper Support Group.

"Cloth diapering isn't what it used to be. Cloth diapers are easy, even fun, to use. The benefits of cloth diapers reach far beyond the individual families who chose to make the switch," Torres said.

Advocates say if half of the world's approximately 312,152,800 children under the age of 2 use single-use, throwaway diapers, 867,000 diapers

will enter landfills during the one minute it will take to change diapers at the Great Cloth Diaper Change.

At least 39,000 tons of diaper waste (representing enough diapers to go all the way to the moon) would enter landfills on that day alone.

"By choosing to use reusable cloth diapers we greatly improve the lives of our families by reducing our children's exposure to chemicals and toxins, saving renewable resources like water and trees and non-renewable resources such as petrochemicals," Torres said.

"Reusable diapers reduce waste and our carbon footprint," she added.

Lower cost and landfill friendly, cloth diapers make sense, she said.

"When you consider that research shows a single disposable diaper may take up to 500 years or longer to completely break down it is clear that changing into just one reusable diaper makes a difference," Torres said.

The Great Cloth Diaper Change will take place 6 p.m. at the Mehrgenerationenhaus, Heinrich-Fuchs-Strasse 85, 69126 Heidelberg.

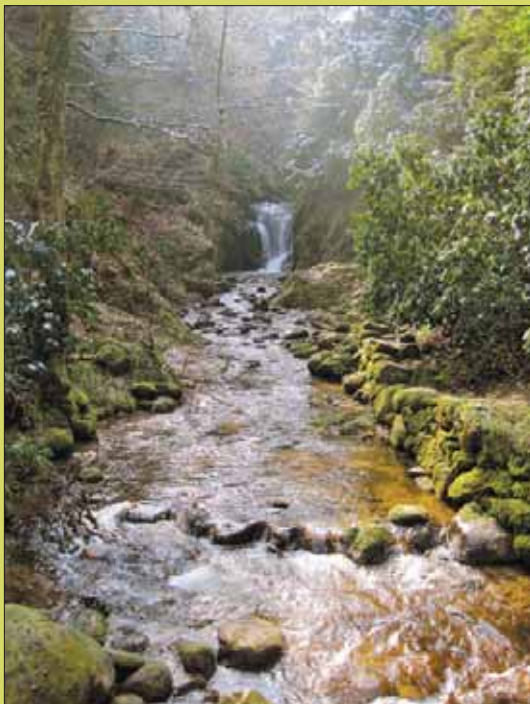
Into the Forest...

Earth Week Photo Contest: The Results

DPW Environmental Division

Judging for the Earth Week photo contest took place Tuesday with 30th Medical Command, U.S. Army Garrison Baden-Württemberg Judge Advocate General and V Corps participating.

Into the Forest was chosen as this year's theme to support and bring awareness to the United Nations' naming of 2011 as the International Year of the Forests. Germany's forests have been the lifeblood of people for thousands of years, providing resources like water filtration, timber and habitat for game. For more information on how forests shape our world, visit the U.N. International Year of the Forests website, www.un.org/en/events/iyof2011.



First Place

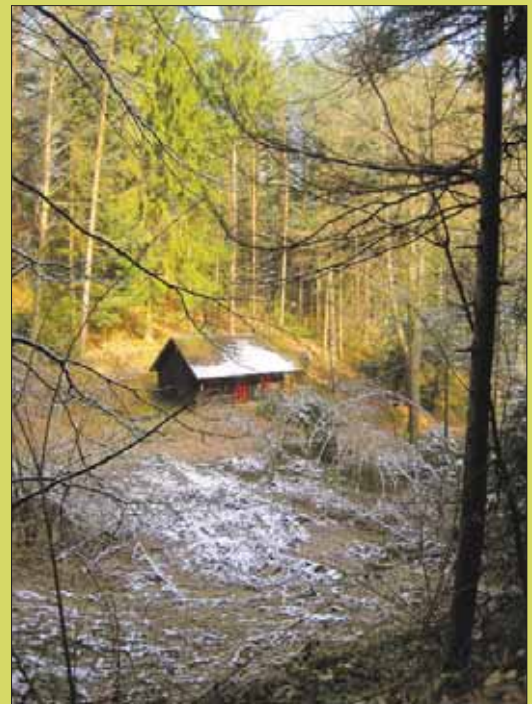
Above, "Watchu lookin' at?" by Alayna Gallardo

Second Place

Left, "Waterfalls" by Nicholas Gallardo

Third Place

Right, "Hidden Cabin" by Nicholas Gallardo





Sgt. Michael J. MacLeod

our ARMY

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visit www.army.mil

First Lt. Andrew McKinley, a logistics officer with the 82nd Airborne Division's 1st Brigade Combat Team, high-crawls through a mud pit obstacle as he and his team of officers complete a testing course or "lane" during a Prop Blast, a traditional team-building event that welcomes new officers to the division April 8, at Fort Bragg, N.C. Following a seven-mile run, participants completed four lanes of two hours each.

Right to left, Army Staff Sgt. Christopher Kleven, Air Force Staff Sgt. Sam Wagner and Senior Airman Casey Pritchard, pass sandbags to members of the North Dakota National Guard quick response force team near Kindred, N.D., April 14. Kleven is assigned to the 1st Battalion, 188th Air Defense Artillery Regiment. Wagner and Pritchard are assigned to the 119th Civil Engineer Squadron.



U.S. Air Force Senior Master Sgt. David Lipp



Elaine Sanchez

First Lady Michelle Obama greets a crowd of National Guard and local families during a "Joining Forces" community event in Columbus, Ohio, April 14. The event was the final stop on Obama and Biden's two-day "Joining Forces" tour around the nation to spotlight communities doing outstanding work to support military families.



U.S. Army

Sgt. Derric Byrd, a sling load technician with the 35th Combat Sustainment Support Battalion, Okinawa, Japan, sling loads a pallet of water to a UH-60 Black Hawk helicopter at Ishanomki, Japan, April 11. The sling load that Byrd and his other Soldiers prepared was delivered to residents in some of the most remote areas of the tsunami ravaged areas of Japan.



U.S. Army

Darrell Macklin, 55th Medical Group, signals victory to the crowd during the Area IV Better Opportunities for Single and Unaccompanied Soldiers Combatives Tournament at Camp Carroll, South Korea, April 16.



Pfc. Michael Syner

A Soldier pauses at a photo of one of 20 fallen servicemembers at the Combined Joint Task Force Paladin Fallen Comrade Memorial April 5.

Task Force Paladin holds memorial for fallen comrades

By Staff Sgt. Todd Pouliot
TASK FORCE FALCON

BAGRAM AIRFIELD, Afghanistan – Combined Joint Task Force Paladin honored fallen comrades who made the ultimate sacrifice during the past 12 months during a ceremony here April 5.

The lives of 20 service-members – 10 Soldiers, eight Marines and two Airmen – were honored in the sixth annual Fallen Comrade Memorial.

"The memorial is important for two reasons," said Command Sgt. Maj. Robert Hockstedler. "First, it begins the healing process for friends and family members; and second, it provides closure."

The fallen heroes had come to Paladin from all over the United States; from Alaska, the West Coast, the Northeast, the Midwest, the Great Plains and the South. They were husbands, fathers, sons, brothers and friends. They were Eagle Scouts, star athletes, hunters, outdoorsmen and extreme sports enthusi-

asts.

Among the honored was U.S. Army Staff Sgt. Eric S. Trueblood, 27, of Alameda, Calif., assigned to 720th Explosive Ordnance Company, 391st Combat Sustainment Support Battalion, 16th Sustainment Brigade, based in Mannheim who died March 10 of wounds suffered when enemy forces attacked his unit with an improvised explosive device.

Each spring, EOD members past and present gather at Eglin Air Force Base, Fla., to commemorate those who have made the ultimate sacrifice. Twenty names will be added to the 238 that are currently enshrined on the memorial's wall.

"It's a special breed of (servicemember) who does what we do," said Command Sgt. Maj. Larry Cushing, Task Force Paladin South and 63rd Explosive Ordnance Disposal Battalion command sergeant major, and a native of Gadsden, Ala. "We accept the inherent danger to protect others."

Col. Thomas Langowski,

CJTF Paladin commander, and a native of Port Edwards, Wis., asked attendees to ponder what it is that makes someone a hero. He then read off the names of each of the 20 fallen EOD service members, noting when and where they were killed and adding a personal message for each one.

"All of these men are without a doubt, heroes," said Langowski. "They all displayed a special courage, not a courage that is absent fear; but a courage that each of them came by as they all judged that something else was more important than fear, and they lived their lives in control of that fear as they rendered safe explosive hazards designed to harm and injure others indiscriminately. And courage is a faith in something worth dying for. And fear is nothing more than our faith on trial."

"So honor the sacrifice of these 20 heroes tonight by living your life to the fullest, but when you reflect on the freedom that you enjoy, remember their sacrifice. We remember."

AFAP Heidelberg and Mannheim AFAP issues

Army Family
Action
Plan

The Mannheim and Heidelberg communities identified major issues of concern at the February AFAP conference. The command prioritized 13 issues. One issue is featured in the Herald Post each week. **Next week:** victim advocacy program for minors

Issue: DODDS lunch programs

Scope

Students are not eating all of their food every day because of unsatisfactory food quality. According to subject matter expert Jim Ruehmling, Department of Defense Dependents Schools guidelines state that students receive the full nutritional value only if they eat the full meal offered in the cafeteria each day. The quality of the food affects consumption, which can lead to deficiency in nutrition, in turn causing poor health and poor participation in school related activities.

Recommendation

◆Update DoDDS nutritional guidelines and standards to enhance the quality of all components of the school lunch program.

Command position

"With obesity being a major issue among American children, we need to find solutions that offer students alternatives at lunch time that include a nutritious and healthy lunch option," said U.S. Army Garrison Baden-Württemberg Commander Col. Bill Butcher.

What do you think?

Express your opinion of this issue on Facebook (www.facebook.com/bwnow) and BNow (<http://myBNow.ning.com>) by answering the Question of the Week: Does your child eat all of the school lunch provided? Why or why not?

BNow feedback on last week's issue: IP Addresses for Soldiers overseas

Have you ever been denied access to an Internet service or product in Germany that was readily accessible in the United States?

"Absolutely, and it's so frustrating! We wanted to stream Netflix and purchased a blu-ray just for this

purpose but because of our IP address, we can't do it. This is only one of our many experiences of this problem."

— Donna Durbin Kendall, BNow Facebook fan

"A lot of TV Canals websites deny access due to the

overseas IP and (now it gets really funny) I can't watch some German channels online either since they think I am in the states. Lol!"

— Bettina Corter, BNow Facebook fan

"This IP Address also affects some online game

consoles i.e. XBOX360. I have an XBOX and some of the features like the ability to stream Netflix is not possible. Also some maps or 'extras' for games are not allowed for download because we are in Germany..."

—Jonathan P. Tan, BNow Facebook fan



Get your football fix in Germany

Photos by Mark Turney

Head Linesman Andy Stehle observes the end of a kickoff return by Hanover College's Jeremy Cook as he touches the out of bounds line during a 2010 friendship game between Hannover and the Stuttgart Scorpions of the German Football League.

Pads slam, tackles crush, refs rule, players hit hard in American football

By Mark Turney
USAG BADEN-WÜRTTEMBERG MEMBER

The German Football League plays real American style football right in your neighborhood yet many Americans remain unaware of it. The season has just begun and continues through September.

The American Football Verband of Germany was established in 1982 and currently has over 228 clubs with nearly 21,000 members dedicated to playing American football throughout Germany.

They have everything from the flagship GFL to women's tackle, adult and youth flag football teams.

Currently, Bavaria leads the nation with the most teams (50) while the AFV North and Hamburg have a mere five teams each.

In Baden-Württemberg alone, there are over 20 tackle football teams.

Games are played by NCAA

rules with minor modifications such as the number of non-German and American players allowed on the field at a time.

Other than small rule changes the game is exactly like watching a college game back home.

If you are interested in participating or just watching a game, look to your local area for teams. Teams encourage Americans to get involved.

German Football League, www.gfl.info, has full schedules and lists of teams in your area.

You can also visit American Football Verband Deutschland at www.afvd.de for current news, lists of teams and team schedules throughout Germany.

Another website is American Football Verband Baden-Württemberg Schiedsrichter, www.afv-bawue-refs.de, which provides information on becoming a football official in Baden-Württemberg.



The Stuttgart Scorpions cheerleaders welcome the home team to the field prior to their game with Hanover College from Indiana. Hanover went on to win 34 to 17.



Jeremy Cook, right, number 25, is stopped for a loss on third and three. Cook and his teammates from Hanover College in Indiana visit Germany every two years to compete against Germany's best football players.

GERMAN NEWS

Neo-Nazis

Violent neo-Nazis are growing in number, the head of the domestic intelligence agency said Monday, confirming a troubling trend of recent years. Heinz Fromm, head of the Federal Office for the Protection of the Constitution, or Verfassungsschutz, told the daily Neue Osnabrücker Zeitung that the number of right-wing extremists had risen steadily over the past decade. In 2010, numbers grew by 600 to 5,600 people. In the year 2000, there were only about 2,200 such neo-Nazis. This is despite the fact that the overall number of neo-Nazis in Germany is falling, according to the intelligence agency. The figure fell by 1,600 to 25,000.

Nuclear Power in Germany

Yellow and red badges bearing the slogan "Nuclear Power? No Thanks" have again become ubiquitous in Germany since Japan's nuclear disaster. But anti-nuclear activist Wolfram Scheffbuch has taken to removing his whenever he comes to the small village of Neckarwestheim in the southwest of the country. Neckarwestheim is home not just to one nuclear reactor, but two – Germany's oldest, in service since 1976, and its newest, up and running since 1989. The villagers are vehemently opposed to shutting them down. The spewing of radiation by Japan's stricken Fukushima plant since March 11's earthquake and tsunami has shaken faith in nuclear power in Germany perhaps more than other European countries. Recent weeks have seen huge demonstrations calling for Germany to stop using nuclear power, culminating on March 26 in a mass demonstration in towns around the country which organizers said involved a quarter of a million people. The next day, Chancellor Angela Merkel's conservatives were turfed out of power in the southwestern state of Baden-Württemberg, home to Neckarwestheim, after 58 years in charge.

Booming Economy

The booming economy is pumping windfall money into German government purses, with the tax intake in March a whopping 16.5 percent higher than the same month last year, media reported Monday. Business daily Handelsblat, citing government sources, reported that federal and state tax income is soaring – a fact that could fuel renewed calls for tax cuts.

SOURCE: www.thelocal.de



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

My fiancé and I have been engaged for two years since before he deployed to Iraq. I waited faithfully, worked full time, paid off bills (many were bills he incurred before I met him), stayed in contact with his mother and other family members and had a home ready for him when he returned from Iraq.

Boy, was I stupid. He was getting phone calls in the middle of the night. He said it was a wrong number. Long story short, I found out by reading his e-mails that he was cheating on me with another Soldier in Iraq. I have since met the girl who confirmed it. He has apologized and assures me it won't happen again.

I feel betrayed because I know I don't deserve what he did to me. Lying about it and keeping me in the dark makes it worse. I often asked if he was cheating and he made me feel like I was going crazy and that it was just my imagination.

I postponed the wedding until

next year. Do you think I should still marry him?

Fiancé Cheated

Dear Fiancé,

I think postponing the wedding is a good thing. Why should you marry someone who is already cheating? It's like the red lights are flashing right in front of you.

I don't think you should ignore your fiancé's actions. Since you ask, I'll give you the short answer. No, don't marry him. Not now or next year. However, if you relent, I would not do so without premarital counseling. I think his actions are just a sign of what's to come after you marry him. Proceed with caution.

Responses to previous columns:

Dear Ms. Vicki,

I am writing in response to the husband who wanted his wife, who was sexually abused, to be more responsive to his sexual advances. I understand where he is coming from because my husband and I had the same issues.

I myself had been sexually abused from the age of 4 until I was 15 and I learned through counseling, self-discovery, facing my demons and confronting the bastard that hurt me that it was not my fault.

And with the help of a loving and wonderful man whom I was blessed to meet and marry, I realized that not every man is a pervert, not every man wants to hurt you, and most importantly, not every man is your abuser.

I want to strongly encourage this Soldier to talk to his wife, express his love in exaggerated ways, tell her he loves her every day, and treat her as if she is his one and only concern.

Ask her to go to a counselor or even talk to him about her issues. It took me having a yelling fit with my

husband to realize he was actually serious about marrying me – me!

I was convinced by the man who abused me that I was not worth any man's attention and if he was interested, he only wanted one thing.

I never thought that a man would want to spend the rest of his life with me because he truly loves me.

Maybe his wife needs to realize the same. I am a proud, strong survivor of sexual abuse. My abuser did not win, nor will he ever.

Survivor

Dear Ms. Vicki,

This is to: "Husband Wants Issues Resolved." I was so angry reading this letter, I had to write.

How dare you expect your wife to just "get over" what happened to her so you can satisfy your needs? You say you're good looking and have women fawning all over you, then go ahead and just leave and be with those women. Your wife deserves someone much better than you.

Your wife deserves someone who is compassionate, empathetic, caring, loyal and patient. According to your letter, you do not fit this bill.

Let me tell you something. People who were abused do not view sex in the same manner as someone who wasn't abused. You have no idea what this violation does to emotional health, physical health and the soul.

My mother was sexually abused for a long time and she's still not "over it." Fortunately, her husband has all those qualities that I listed and has been by her side for over 30 years. Sometimes she still breaks down and cries when she remembers what happened or when she smells a specific cologne. Yes, it's that serious.

I really feel for her and I hope that in time she can learn to cope with the violations that she had to endure.

Compassion is the virtue of life

Carnival atmosphere of Soldier Show provides getaway

By **Tim Hips**
FMWRC PUBLIC AFFAIRS

FORT BELVOIR, Va. – The carnival concept of the 2011 U.S. Army Soldier Show will take Heidelberg and Kaiserslautern audiences on a globe-spanning journey to more fun-filled venues in 90 minutes than some folks experience in a lifetime.

The Soldier Show comes to Heidelberg 7 p.m. June 1 at the Patrick Henry Village Pavilion and plays in Kaiserslautern 7 p.m. June 8 at the Fitness Center on Vogelweh Housing.

From a boardwalk to a fun house to a circus to a county fair to a time machine, Soldier-entertainers will take their guests on a song and dance tour of carnivals across America and beyond.

"It's an opportunity to actually take

the audience on a journey with us," Soldier Show director Victor Hurtado said. "And not just to the continental United States – we have a great international scene."

Africa, Samoa, Latin America, Nepal, with influences from India, Thailand and China are represented in the song-and-dance extravaganza that plays to the strengths of cast members from several countries. Each international scene will feature authentic music from that locale.

This Soldier Show cast features strong instrumentalists on the violin, drums, guitar, keyboards and bass who will keep the performers on the move as they dance from scene to scene. One central character will help keep the show moving by introducing each scene.

"There are a lot of dancers, a lot

of movement in the show," Hurtado said. "But there are some great voices as well – and some great stage presence. We have some great rappers and spoken-word guys, so we have quite a bit of that driving the show."

Patriotism is woven throughout the show that does not so much resemble a military production.

"With MWR, we're in the business of taking families and Soldiers away from the trials and tribulations of what they're going through, so I think this will definitely inspire the patriotism, but really help you escape and take you to places you wouldn't go all in one day," Hurtado said. "You wouldn't go to the circus, a boardwalk, a country fair, a fun house – in four different areas of the world – and a Fourth of July celebration, all in one day."

"You could never physically do that, but you're going to be able to do that at this show."

"Entertainment for the Soldier, by the Soldier" is the working motto of Army Entertainment Division, which will launch the 106-performance Soldier Show tour from Fort Belvoir, Va., to 61 installations, garrisons and other venues around the United States, Germany and Korea.

"As a group, they've really become very cohesive," Hurtado said. "We've really been able to get the show together quickly. They've been very engaged. It's pretty amazing where they are already, as far as rehearsals go."

The U.S. Army Soldier Show's tour will conclude at Fort Sam Houston, Texas, the future home of Army Entertainment Division.

Admission to all shows is free.

GET OUT!

area events

More events online at <http://myBNow.ning.com>

April 21

Munich Ballet Weeks – The annual Munich Ballet Weeks showcases the talents of the Bavarian State Ballet. This year's main performance will be a new variation of the classic Swan Lake, inspired by King Ludwig, the "mad" Bavarian king who built Neuschwanstein Castle. The event runs through April 30. Performances take place at the Nationaltheater located at Max-Joseph-Platz 1, 80539 in Munich. www.buzzoffbase.com.

Frankfurt Fair – Millions of people will be at the first open air fair of the year on the Festplatz am Ratsweg for Frankfurt's Spring Dippemess Fair. There is a huge fireworks displays, carousels, a rollercoaster, wine, beer and food. The fair is open 8 a.m. - 5 p.m. through May 8 at Festplatz am Ratsweg, Am Bornheimer Hang 4, 60386 Frankfurt.

Munich Spring Beer Festival – Think Oktoberfest, then shrink it. The Munich Spring Festival is sometimes called the "Kleine Wiesn" (Little Oktoberfest) or the "Kleine Schwester des Oktoberfestes" (Oktoberfest's Little Sister). The fest runs until May 2 and takes place on Munich's Theresienwiese. www.buzzoffbase.com.

Formula 1 Motorsport Adventure – Get tickets now at a special price for German, British and American troops to a Formula 1 race July 21-24 at Nürburgring, Nürburgring Boulevard 1, 53520 Nürburg. Children up to 14 years old are admitted free if accompanied by a ticketed adult. Those 15-17 get half off the ticket price. Camping is available. For tickets, go to www.bist-du-schnell-bist-du-dabei.de/Buchung_F1_2011_eng.pdf and click on the English pdf icon to navigate to the fillable form which must be faxed in. Providing a good e-mail address is essential.

April 22

Bayreuth Easter Festival – The annual Bayreuth Easter Festival features symphony concerts in the historic Margravial Opera House over Easter Weekend. Guests can also enjoy jazz nights and other events during the festival which runs through May 1. Proceeds are donated to the Klinikum Bayreuth's cancer ward for children.

Salsa Party – Dance to the Latin Rhythms of Disc Jockey Spike and show off some of your best salsa moves at the Top Hat Club in Mannheim 9 p.m. - 4 a.m.

Trey Songz Concert – Rhythm and Blues singer Trey Songz will perform 8 p.m. at Huxley's Neue Welt in Berlin. Tickets are still available at www.worldticketshop.com.

April 23

Easter Market – Slip into spring at the Kaiserslautern Easter Market. Discover

decorative and traditional arts and crafts such as wooden eggs, ceramics, lanterns made out of glass and leather goods. The market is located at Stadtmitt, Fackelstr. 1, 67655 Kaiserslautern.

Dinner and Wine Tasting – Discover medieval half-timbered houses surrounded by vineyards and dominated by the mighty 13th century castle Landshut. After a city orientation, you'll have time for shopping, exploring, and a light snack. Later on pay a visit to a family-owned Weingut where you'll be served a traditional German meal and given a tour of the vineyards. <http://affiliates.uso.org/kaiserslautern>.

April 25

Segway Tours – See the sights of Nürnberg on a Segway tour. Segways are two-wheeled electrically powered vehicles that are operated by shifting your weight forwards and backwards to control speed and direction. Segway tour Nürnberg is located at Weißerberggasse 10, 90403 Nürnberg in the center of town and offers two different tours. Call civ. 0911-93-3250 to book a tour. www.segwaytour-nuernberg.de/index.html.

April 27

Roxette Concert – Tickets are now on sale for the Roxette concert. The Swedish pop duo will play the SAP Arena in Mannheim, 8 p.m. Oct. 16. Tickets are on sale now at civ. 0621-1010 11, online at www.rhein-neckarticket.de or www.bb-promotion.com and at local ticket agents.

April 28

Frankfurt Children's Museum – The Children's Museum is part of the Frankfurt Historical Museum and develops and presents exhibitions especially for children on topics of local historical and cultural relevance. It offers not only direct access to authentic historical objects, but also a hands-on oriented learning experience. In all its exhibits the visitors are encouraged to play an active role. Touching, testing, trying out: independent thinking and an autonomous learning environment are central to the Children's Museum. The museum is located at An der Hauptwache 15, Frankfurt, Germany, 60313. Civ. 06921235154. www.buzzoffbase.com.

Holland Tulip Tour – Enjoy the beauty of Holland during tulip season. During this guided tour, take a visit to a wood-shoe maker, a cheese farm, an old fishing village and shop for the world famous Delft ware, lace and other Dutch specialties or visit the harbor and have lunch. <http://affiliates.uso.org/kaiserslautern>.

Rihanna Concert – Tickets are now on sale for pop star Rihanna's Frankfurt concert at the Festhalle 8 p.m. Oct. 26. www.worldticketshop.com.

cert at the Festhalle 8 p.m. Oct. 26. www.worldticketshop.com.

April 30

Kiddie Volksmarch – To celebrate the Month of the Military Child, the Heidelberg International Wandering Club will host a free Kiddie Volksmarch on Patrick Henry Village in Heidelberg. Children receive a certificate upon completing the 5-kilometer trail. Children up to 12 years are invited to walk and must be accompanied by an adult. Start 9 a.m.-noon in front of the library. E-mail hiwc@yahoo.com, www.hiwc.de.

Sound of Music Tour – Come relive the magic of this all-time favorite movie during the 45th anniversary of its filming. Visit several of the sites made famous in the movie and enjoy the beauty of Salzburg and Berchtesgaden. <http://affiliates.uso.org/kaiserslautern>.

Stuttgart Spring Festival – Travel to Stuttgart for the Spring Festival, Europe's biggest and most attended festival that attracts 1.5 million guests to the Cannstatter Wasen fair grounds between mid April and the beginning of May. Enjoy modern and traditional fairground rides, side-shows, beer tents and catering stalls full of family fun and entertainment. <http://affiliates.uso.org/rheinmain/files>.

Maimarkt – Mannheim's May Fair, April 30 through May 10, boasts a tradition of over 400 years as a regional fair among Germany's largest. Over 1,400 vendors on the fairgrounds near Mannheim's SAP Arena offer everything from tools, building materials, livestock, home entertainment, travel information, sporting goods and farm supplies. The fair is open 9 a.m.-6 p.m. daily. Advance tickets are now on sale. A good bargain is the VRN Maimarkt ticket which combines a public transportation return ticket from anywhere inside the VRN network available at more than 300 outlets in the region. www.maimarkt.de.

May 1

German National Museum – View a huge collection of international and local artwork depicting Germany's colorful history. The museum houses ancient artifacts and sculptures, musical instruments and special items to entice even younger visitors. Admission is free on Wednesdays. Hours are Tuesday through Sunday 10 a.m. - 6 p.m., Wednesday 10 a.m. - 9 p.m.

May 5

Sade Concert – Sade's European tour comes to Germany. The legendary songstress Sade and her band perform at the Festhalle Messe in Frankfurt 8 p.m. Tickets: www.worldticketshop.com.

THEATERS

I AM NUMBER FOUR

(Alex Pettyfer, Timothy Olyphant)
He is number four – an extraordinary young man, John Smith, is a fugitive on the run from ruthless enemies sent to destroy him. Changing his identity, moving from town to town with his guardian Henri, John is always the new kid with no ties to his past. In the small Ohio town he now calls home, John encounters unexpected, life-changing events – his first love, powerful new abilities and a connection to the others who share his incredible destiny. (Rated PG-13 for intense sequences of violence and action, and for brief language). 110 minutes.



PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

April 21 - ARTHUR (PG-13) 7 p.m.
April 22 - RIO (PG) 7 p.m.; JUST GO WITH IT (PG-13) 9 p.m.
April 23 - RIO (PG) 4 p.m.; I AM NUMBER FOUR (PG-13) 7 p.m.; JUST GO WITH IT (PG-13) 9 p.m.
April 24 - RIO (PG) 4 p.m.; I AM NUMBER FOUR (PG-13) 7 p.m.
April 25 - JUST GO WITH IT (PG-13) 7 p.m.
April 26 - RIO (PG) 7 p.m.
April 27 - I AM NUMBER FOUR (PG-13) 7 p.m.
April 28 - RIO (PG) 7 p.m.

Vogelweh, Galaxy

April 22 - ARTHUR (PG-13) 7 p.m.
April 23 - JUST GO WITH IT (PG-13) 4 p.m.; I AM NUMBER FOUR (PG-13) 7 p.m.
April 24 - I AM NUMBER FOUR (PG-13) 4 p.m.

Ramstein, Gateway Movieplex

April 21 - ARTHUR (PG-13) 11 a.m., 1:40 p.m., 4:30 p.m., 7:15 p.m.; THE EAGLE (PG-13) 11 a.m., 1:45 p.m., 4:15 p.m., 7 p.m.; THE ROOMMATE (PG-13) 11:30 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.
April 22 - RIO (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.; JUST GO WITH IT (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m., 9:45 p.m.
April 23 - RIO (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.; JUST GO WITH IT (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m., 10 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m., 9:45 p.m.
April 24 - RIO (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; JUST GO WITH IT (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m.
April 25 - RIO (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; JUST GO WITH IT (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m.; DESPICABLE ME (PG) 11:45 a.m., 2:30 p.m., 5:15 p.m., 7:30 p.m.
April 26 - RIO (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; JUST GO WITH IT (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m.; DESPICABLE ME (PG) 11:45 a.m., 2:30 p.m., 5:15 p.m., 7:30 p.m.
April 27 - RIO (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; JUST GO WITH IT (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m.; DESPICABLE ME (PG) 11:45 a.m., 2:30 p.m., 5:15 p.m., 7:30 p.m.
April 28 - RIO (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; JUST GO WITH IT (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; I AM NUMBER FOUR (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
Galaxy Theater, Vogelweh, 0631-50017
Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions
Mannheim, CinemaxX, P4 133, 68161 Mannheim, civ. 01805-62-5466, www.cineplex.de

Mannheim, CinemaxX

April 21-25 - PAUL (R) 5:30 p.m.
April 21-27 - SANCTUM (R) 6 p.m.
April 27 - FAST AND THE FURIOUS FIVE (PG-13) 8:15 p.m.

community HIGHLIGHTS

Optical Shop Closes Mondays

The Optical Shop on the Shopping Center in Heidelberg announces a temporary closure of the shop on Mondays until further notice. It will return to regular hours of operation as soon as possible. Civ. 06221-60-2146.

Community Bank Closes

Due to the upcoming Easter holidays, all Community Banks will be closed April 22-25. Automatic tellers, telephone and online banking are available. DSN 370-8580, civ. 06221-60-0862. Also, the Community Bank on Campbell Barracks will open at noon April 27 due to training. DSN 370-8335, civ. 06221-34-4612.

West Virginia Residents

On May 14, West Virginia will hold a special primary election for governor to fulfill the unexpired term through Jan. 13, 2013, of former Governor Joe Manchin who was elected to the U.S. Senate. West Virginia counties of Harrison and Upshur will have local questions on the ballot. Voting Assistance Officers should assist West Virginia voters with absentee ballots. Applications must be postmarked April 25.

Heidelberg Health Center

The Heidelberg Health Center Same Day Surgery department closes May 1, and the Acute Care Clinic will be closed Sundays beginning April 24. Pick up a host nation healthcare guide at the TRICARE service center inside the Heidelberg Health Center or go to <https://ermc.amedd.army.mil/heidelberg/index.cfm>.

Tournament of Plays

The actors, directors and crews of 21 theater shows gather 6 p.m. April 30 at the Patrick Henry Village Pavilion to recognize theatrical achievements and receive the Topper Awards. RSVP: DSN 373-5020, civ. 06221-17-5052.

Prescription Refills

Effective May 1, patients who need refills on prescriptions at the Heidelberg Health Center must use the phone-in automated system to order refills and then pick them up the next day. The call-in system can be reached at DSN 486-5601, civ. 06371-86-5601.

SAFER Exposition

The Mannheim and Heidelberg Soldier and Families Evaluating Risk Exposition and Summer Safety Day will be held 8 a.m.-4 p.m. May 5 at the Patrick Henry Village Pavilion in Heidelberg. The day promotes healthy lifestyles among Soldiers, civilians, students and family members by presenting safety training and information. DSN 373-1670, civ. 06221-17-9082.

Communicating with commissary

Commissary customers seeking the fastest resolution to a local commissary concern should contact their local store director via e-mail on the store's web page. To access your local commissary page, go to www.commissaries.com.

local EMPLOYMENT

Volunteer Wanted

The American Red Cross Heidelberg is seeking a Health and Safety Services chairman to deliver health and safety educational programs and materials. Volunteers are also needed in other areas. Stop by Bldg. 3850 on the Heidelberg Shopping Center, room 263. DSN 370-1760, civ. 06221-57-1760.

KAISERSLAUTERN

Education

♦ **Classes** – Newcomers Class and Tour, 9 a.m. April 28-29 in Bldg. 2891 on Pulaski Barracks. DSN 493-4203, civ. 0631-3406-4203. Database Research – Landstuhl Library offers Researching Databases MyAccount 6 p.m. April 27. Laptops are encouraged. DSN 486-7322, civ. 06371-86-7322.

♦ **German** – Free German classes are offered noon-1 p.m. Tuesdays at Landstuhl Library, Bldg. 3810, and Miesau Library, Bldg. 132 and on Fridays at Kleber Library, Bldg. 3205. Landstuhl: DSN 486-7322, civ. 06371-86-8390. Miesau: DSN 481-3755, civ. 06372-842-4355. Kleber: DSN 483-1740, civ. 06371-411-1740.

Community

♦ **Zak the Zebra** – Zak the Zebra is looking his best for pictures 11 a.m.-6 p.m. April 23 at the Kids' Zone on Pulaski Barrack. DSN 493-4125, civ. 0631-3406-4125.

♦ **Rhythm and Blues** – Dance to all your favorite old school R&B 9 p.m.-2 a.m. April 23 at Armstrong's Club on Vogelweh Housing. Civ. 0631-354-9986, www.mwgermany.com.

♦ **Libraries Closed** – The Miesau and Kleber Libraries will be closed on April 25 for the German holiday.

♦ **Mother's Day Bazaar** – This bazaar 9 a.m.-6 p.m. April 25-28 in Heaton Hall, Landstuhl hospital, is designed to help you find the perfect Mother's Day gift.

♦ **Game-A-Ganza** – The Kaiserslautern Community Activity Center offers Game-A-Ganza 2-6 p.m. April 30 featuring pool, chess, cards and board games. DSN 483-6500, civ. 0631-411-6500, www.mwgermany.com.

♦ **Military Child Celebration** – Be treated to food and entertainment 11 a.m.-3 p.m. April 30 in Pulaski Park for the Month of the Military Child Celebration. DSN 486-8915, civ. 06371-86-8915.

♦ **U.S. Army Soldier Show** – The 28th annual Soldier Show will be 7 p.m. June 8 at the fitness center on Vogelweh Housing. www.mwgermany.com.

♦ **Salsa Night** – Learn to salsa with a free one-hour free salsa lesson 9 p.m.-2 a.m. April 30, 9 p.m.-2 a.m. at Armstrong's Club on Vogelweh. Civ. 0631-354-9986.

♦ **Knitting** – If you like to knit then stop by the Kaiserslautern Library at Landstuhl 5-6 p.m. Thursdays or 507 p.m. Thursdays on Kleber. Kaiserslautern Library: DSN 486-7322, civ. 06374-86-7322; Kleber DSN 483-1740, civ. 0631-411-1740.

♦ **Kazabra Karaoke** – Sing your favorite songs 8 p.m.-midnight Thursdays at the Kazabra Club on Vogelweh. DSN 489-7261, civ. 0631-536-7261.

HEIDELBERG Education

♦ **ACS Classes** – Army Family Team Building, 9 a.m.-3 p.m. April 25-29; Resume Writing, 9-11 a.m. April 26; Sexual Assault Prevention and Response Program and Family Advocacy Program, 9:30-11 a.m. April 26, PHV theater; Anger Management, 1-3 p.m. April 26; SAPRP and FAP, 1:30-3pm April 26, PHV theater; Volunteer Management Information System, 10-11 a.m. April 27; Working in Teams, 10 a.m.-noon April 28, on Nachrichten Kaserne, Bldg. 3622, Company B conference room.

♦ **FAST Class** – A Functional Academic Skills Training to reinforce basic math and reading skills and to improve General Technical scores for reclassification or re-enlistment will be held 8 a.m.-noon April 27-May 17 at the Patton Education Center on Patton Barracks. The mandatory pre-test will be offered April 26. DSN 373-6176.

Community

♦ **Detour** – Construction on the road outside of Patton Barracks, Speyerer Strasse, will cause traffic deviations April 18 until the end of May. A right turn onto the road by the German Fire Station followed by a u-turn will no longer be possible. Motorists will need to travel to the next spotlight and use the traffic circle near ADAC to go back to Patton. Also, the lanes of traffic on Speyerer Strasse will be reduced to one in both directions depending on the time of day.

♦ **Line Dance Lessons** – Legends on Patrick Henry Village offers free line dance lessons 7-9 p.m. April 22 and every Friday. DSN 388-9447.

♦ **Earth Week Hemp Jewelry** – Arts and Cultural Center on Patrick Henry Village teaches how to make hemp jewelry 4:40-7 p.m. April 22 for ages 12 and up.

♦ **Earth Day Block Party** – Celebrate the earth at Slapshots on Patton Barracks 4-9 p.m. April 23 with live band "Crazy," food and drinks.

♦ **Volksmarches** – The Heidelberg International Wandering Club is registered for walks in Cleebrohn April 23-24 and in Oberstenfeld, Bockenu and Wiesbaden-Frauenstein (Sunday only) April 30 and May 1. www.hiwc.de.

♦ **Graffiti Wall Contest** – Teens compete 4-7 p.m. April 23 for the best spray-painted eco-theme on the graffiti wall at the Lion's Den on Patrick Henry Village.

♦ **Easter Worship** – Catholic Mass will be 6 p.m. at Mark Twain Village chapel and Episcopal service will be 6 p.m. at Nachrichten Kaserne chapel April 21. Stations will be 3 p.m. at the Mark Twain Village chapel, Mass will be 6 p.m. at the Patrick Henry Village chapel and Episcopal service will be 6 p.m. at Nachrichten Kaserne chapel April 22. Easter Vigil will be 8 p.m. April 23 at Nachrichten Kaserne chapel. Services on Easter Sunday are at regular times.

Easter Egg Hunts

Kaiserslautern kids can hunt for eggs 11 a.m. April 23 at Pulaski Park on Pulaski Barracks.

Mannheim will host an Easter Egg hunt 10 a.m. April 23 on the Sullivan Gym Field.

Heidelberg's Easter egg hunt is 12:30 p.m. April 24 at the Patrick Henry Village Pavilion in Heidelberg.

♦ **Trash Pick Up** – The Easter holidays will change pick up dates for all trash and recyclables in Heidelberg housing areas and economy housing. Pick up in the pre-Easter week will be one day earlier than usual, i.e. if scheduled for Monday, April 18, pick up will be made Saturday, April 16 and so on. Accordingly, in the week after Easter, pick up will be postponed by one day ending with the Friday pick up April 30.

♦ **Easter Brunch** – Easter Sunday Brunch 10 a.m.-2 p.m. April 24 at the Patrick Henry Village Pavilion comes complete with a German-American breakfast buffet. DSN 388-9098, civ. 06221-338-9098.

♦ **Climb the Ropes** – Heidelberg BOSS, Better Opportunities for Single Soldiers take on the challenge of the Tompkins Barracks Ropes Course 10 a.m.-3:30 p.m. May 4. DSN 373-5275, civ. 06221-17-5275.

♦ **Summer Academics** – Parent to Parent is presenting the workshop "Preventing the Summer Slide: How to Keep Children Academically Engaged over the Summer" 8:30 a.m. May 6 at Patrick Henry Elementary School and 8:30 a.m. May 19 at Heidelberg Middle School. All parents are welcome.

♦ **Panther's Place** – The Middle School multipurpose room is the place for the Spring Fling dance 7-10 p.m. May 6. DSN 388-9396.

♦ **Bike Maintenance** – The library on Patrick Henry Village will host a basic bicycle maintenance and repair workshop 2-4 p.m. May 7. Bring your bike. DSN 370-1740.

♦ **Crazy for You** – The Roadside Theater presents "Crazy For You" 7 p.m. May 20-June 12 on Patton Barracks. DSN 373-5020, civ. 06221-17-5020, www.mwgermany.com.

♦ **Right Arm** – Right Arm Night for April is cancelled. The next Right Arm Nights are 5-7 p.m. May 20, June 16, July 15, Aug. 18 and Sept. 16 at Legends on Patrick Henry Village.

♦ **Normandy** – Travel the Memorial Day weekend to Omaha Beach, Normandy, France, with Outdoor Recreation. DSN 388-9282, civ. 06221-338-9282, www.mwgermany.com.

MANNHEIM

Education

♦ **ACS Classes** – Budget Management, 9-10 a.m. April 25; Mommy

and Me Signing Time, 3-4 p.m. April 26, Bldg. 251, Soldier & Family Assistance Center; Active Parenting Teens, 2-4 p.m. April 27, May 4, 11 and 18, Youth Center Resume Writing, 10 a.m.-noon April 29. Classes are at ACS unless noted.

Community

♦ **Mannheim's Got Talent** – Mannheim's Got Talent is open to all ages and talents 6 p.m. April 23 and 30 at the Top Hat Club. DSN 380-9370, civ. 0621-730-9370, www.mwgermany.com.

♦ **Easter Worship** – On Holy Thursday, Good Friday and Holy Saturday, Catholic Mass will be 6 p.m. On Easter Sunday, a 6:30 a.m. sunrise service will be at the Benjamin Franklin Village chapel. Sunday services are at regular times.

♦ **Month of the Military Child Exhibit** – See how children express themselves through art 3:30-5:30 p.m. April 22 at the School Age Center, Bldg. 737. DSN 380-4321, civ. 0621-730-4321.

♦ **Snow White** – Mannheim's children perform in the Missoula Children's Theater production of "Snow White," 6 p.m. April 23 at Mannheim Elementary School.

♦ **Month of the Military Child Barbecue** – Wrap up the Month of the Military Child 11 a.m.-noon April 29 at a barbecue at the School Age Center, Bldg. 737.

♦ **Community Yard Sale** – Buy or sell at the community yard sale 8 a.m.-2 p.m. April 30-May 1 on Benjamin Franklin Village. Residents may set up in front of quarters except residents on Washington and Lincoln Streets who must set up in front of the Sports Arena. Rent tables from Spinelli Outdoor Recreation or on-site (at the Sports Arena). DSN 385-3169, civ. 0621-730-3169.

♦ **Cinco De Mayo** – The Youth Center will celebrate one of the best days of the year, Cinco De Mayo, 4-7 p.m. May 5. DSN 380-4864, civ. 0621-730-4864.

♦ **Stuttgart Zoo** – Spinelli Outdoor Recreation takes you to one of Germany's largest zoos in Stuttgart May 8, departing the Schuh Theater at 8 a.m. DSN 384-6300, civ. 0621-730-6300, www.mwgermany.com.

♦ **Blue Sunday** – Enjoy blues, oldies and DJ Big Money at the Top Hat Club 5-9 p.m. May 15. DSN 380-9370, civ. 0621-730-9370, www.mwgermany.com.

♦ **Miramar Schwimmbad** – The Youth Center sponsors a trip to the local Miramar Schwimmbad 9 a.m.-6 p.m. May 21. DSN 380-4864, civ. 0621-730-4864.

♦ **Moving On** – Mannheim Middle School and Mannheim High School will host a "Moving On" celebration 11:30 a.m.-1:30 p.m. June 9 on Woods Field. Entertainment will be provided by the USAREUR band, both school bands and drama students.

Army wrestlers get Greco crown

By Tim Hippias
FMWR PUBLIC AFFAIRS

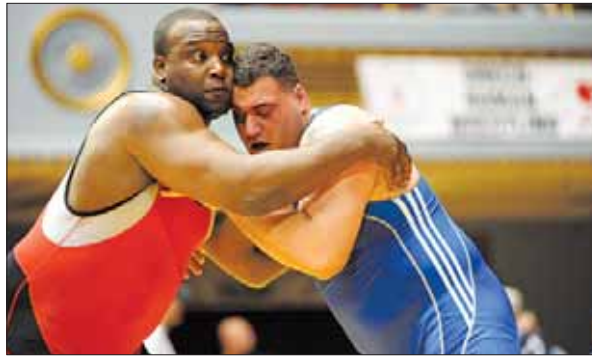
CLEVELAND – Two first-year Soldiers helped veteran Army World Class Athlete Program wrestlers win their sixth consecutive Greco-Roman team title at the 2011 ASICS U.S. Open Wrestling Championships April 8-9 at Public Hall.

Spcs. Spenser Mango and Justin Lester both won their third national championship and Sgt. 1st Class Dremiel Byers captured his ninth national crown in the heavyweight finale.

Mango, a 2008 Olympian and 2009 U.S. World Team member, won by technical fall with a 6-0, 6-0 victory over Minnesota Storm's Paul Tellgren for the 55-kilogram/121-pound crown.

Lester, a two-time bronze medalist at the World Championships, prevailed 2-2, 1-0 over WCAP teammate and two-time national champion Sgt. Glenn Garrison in the 66-kilogram/145.5 pound finals.

Byers, a 2008 Olympian and the only U.S. Greco-Roman wrestler to win gold, silver and bronze medals at the World Championships, defeated WCAP teammate Spc. Timothy Taylor for the 120-kilogram/264.5-pound division crown.



Sgt. 1st Class Dremiel Byers, left, goes head to head with U.S. Army World Class Athlete Program teammate Spc. Timothy Taylor for the 120-kilogram/264.5-pound Greco-Roman title at the U.S. Open Wrestling Championships April 9 in Cleveland. With the victory, Byers won his ninth national championship.

Byers approached the tournament with a businesslike attitude. He launched a big throw en route to a 6-0, 1-0 first-round victory over Sunkist Kids' Peter Kowalczyk. In the quarterfinals, he pinned Gunston's Michael Delaney in 1 minute, 12 seconds. He gutted out a 6-0, 2-0 semifinal decision over Steve Andrus of Michigan Wrestling Club. Mango and Lester joined the Army after the 2010 edition of this tournament and missed several months on the mat while attending Basic and Advanced Individual Training. Lester also spent a year away

from competitive wrestling before deciding to enlist. They were determined to prove themselves Army-worthy in Cleveland.

"They have the best program in the nation," said Mango, 24, a two-time Missouri high school state champion from St. Louis who finished eighth at the Olympic Games in Beijing. "If you want to be the best, you have to train with the best. I came to a crossroads and I felt like the Army was the best program for me. Now I'm part of the machine. They welcomed me with open arms."

New PT test gets six-month trial

Army News Service

Last week, the new Army Physical Readiness Test, or APRT, was given to a pilot unit at Fort Leonard Wood, Mo. Taking it with them was Maj. Gen. Richard Longo, deputy commanding general for initial military training, U.S. Army Training and Doctrine Command. "A lot of people ask, 'Hey, what's the standard, how many push-ups do I have to do?' We have no idea at this stage," Longo said. "We're going to be giving this test in pilot form to 10,000 Soldiers between now and September."

The new test will still be given twice a year, according to current plans, and the new Army Combat Readiness

Test – run in battle gear with weapon – may be used only as a pre-deployment measurement tool.

But one thing's for certain: Short duration does not equate to easy, especially when performing push-ups.

"There's a reason why we teach precision of movement," said Frank Palkoska, director of U.S. Army Physical Fitness School at Fort Jackson, S.C.

"In the past, we didn't enforce much precision and exercise prescription as we do today. There's an important aspect in that we teach the correct motor pattern in a controlled environment so that when Soldiers have to execute that same motor pattern in an uncontrolled environment that we

call combat, they have a proper motor pattern to revert to. This also helps us avoid injury," Palkoska said.

Under the new test, the Soldier must place their hands in an anatomically correct position. This exhibits the maximum force by virtue of hand placement, Palkoska said.

"We're testing their ability for one-minute's worth of muscular endurance and this becomes a true muscular endurance assessment. In the old APFT, the two minutes of push-ups wasn't a true muscular endurance assessment because we allowed you to rest," Palkoska said.

The new test is aligned with the new PT manual, TC3-22.20, which replaced FM21-20.



Sgt. 1st Class Amanda Kokkonen, a drill sergeant based at Fort Monroe, Va., demonstrates the push-up during a simulated Army Physical Readiness Test April 7 at the Pentagon Athletic Center. The APRT increases the pace of push-ups by not allowing any rests, but also reduces the length of the event from two minutes to one.

In the coming weeks, U.S. Army Forces Command will identify those units where pilot testing will occur through September. Implementation may be as early as October.

staying ACTIVE

Heidelberg High School

Boys and girls baseball and softball teams play a double header at Stuttgart April 23 at 10 a.m. and 12:30 p.m. Soccer teams play at Stuttgart April 23 with varsity girls at 10 a.m., varsity boys at noon, junior varsity girls at 2 p.m. and junior varsity boys at 3:30 p.m. The Track and Field team goes to Ramstein April 23 and competes at 10 a.m. against Ramstein, Patch, Frankfurt International School, Kaiserslautern and Wiesbaden.

Rod and Gun Club

The Heidelberg Rod and Gun Club an der Bundestrasse 291 in Oftersheim sponsors shotgun safety, 5 p.m. April 29; skeet, 1 p.m. April 30. Civ. 06202-51193.

Heidelberg Volleyball

Heidelberg unit-level volleyball games are scheduled for 6:30 p.m. – the Roughnecks vs. U.S. Army Europe – and 7:30 p.m. – 4th Air Support Operations Group vs. Heidelberg Medical Department Activity April 27.

Heidelberg Softball Officials Clinic

The Softball officials' clinic and tournament has been rescheduled for April 26-30. Classroom instruction will be 6-9 p.m. April 26-29 in the sports office, Bldg. 128, on Patton Barracks in Heidelberg. The tournament will be April 30. DSN 373-8032, civ. 06221-17-8032.

Youth Tackle Football Camp

Registration for tackle football camp is ongoing through May 1 for the camp June 22-25 on the Rhine Ordnance Barracks sports field. The event is open to 9-18 year olds and those interested must be enrolled with Kaiserslautern Child, Youth and School Services. Register at Parent Central Services on Pulaski Barracks or <https://webtrac.mwr.army.mil>.

Heidelberg Unit-Level Softball

The registration deadline for Heidelberg Softball leagues is May 4 for the season May 11-Aug. 1. Open to military assigned to Heidelberg who are over 18 years and not in high school. Teams may register at the Campbell, Patton and Tompkins Barracks fitness centers. DSN 373-8032, civ. 06221-17-8032.

Dog, Human 5-K Run, Fitness Fest

Dogs and owners can run or walk 5 kilometers May 21 at the Campbell Barracks Fitness Center. Registration starts at 8:30 a.m. and the event begins at 9 a.m. Non-dog owners can participate. The event is conducted in conjunction with the commissary's Family Fitness Festival which offers family friendly activities all day. DSN 370-6489, civ. 06221-57-6489, www.mwrgermany.com.

Family, Fitness, Fun Festival

Find nutritious foods from the farmers market while kids work up a sweat in the bouncing inflatables or play basketball toss. Adults can join the Zumba Fitness Party, get personal trainer assessments or tips on staying fit 8 a.m.-3 p.m. May 28 at the Family, Fitness and Fun Festival in the commissary parking lot on Benjamin Franklin Village in Mannheim. Civ. 0621-728-3626.

Heidelberg Golf Club

Head over to the Wednesday night scramble at 6 p.m. through May 25 at the Heidelberg Golf Club. Registration starts at 4 p.m. Open to eligible users with verifiable handicap. DSN 379-6139.

Head Coach Wanted

The Heidelberg sports office is accepting resumes for the position of Heidelberg Community Men's Softball Head Coach. Contact Heidelberg sports. DSN 373-8032, civ. 06221-17-8032.

Community Softball Coaches

The Heidelberg men's and women's community softball teams are conducting tryouts and practices 6-9 p.m. Tuesdays and Thursdays at the Patton sports field in Heidelberg. Heidelberg and Mannheim players are invited. DSN:373-8032, civ. 06221-17-8032.

POLICE

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conversations with Soldiers, but also during the State of the Regiment address at Coleman Chapel in Mannheim March 30.

MPs from throughout the brigade and across Germany attended the event, with some Soldiers traveling hundreds of miles to hear the address. MPs from all skill specialties within the regiment – dog handlers, corrections specialists, military police and Criminal Investigation Command agents – were on hand to hear the latest information.

While Phillips went through the standard figures and statistics from

within the regiment, he made a point to put special emphasis on the responsibilities and duties of the leaders within the regiment that are needed to continue moving the organization forward in a positive direction.

With an end to combat operations in Iraq and talk of downsizing the number of troops in Afghanistan, there is the potential for many changes to the mission of MPs worldwide.

“Up until about a year and a half ago, the military police corps regiment did not have a mission statement,” Phillips pointed out.

With a consistent combat mission to draw from and a mission statement in place, Phillips said the emphasis in the

MP mission now focuses on staying relevant to what the rest of the Army needs from MPs, which has been primarily law enforcement and detainee operations.

Dividing military police skills into separate “M” and “P” functions, for the traditional garrison and combat roles respectively, Phillips pointed out the balance between the two areas has become lopsided.

“Since 2003 there has not been a single (request for forces) – not one – to deploy military police forces to do anything other than our ‘P’ skills as MPs: law enforcement, police intelligence ops and detention operations,” Phillips said.

“No one is asking us to use our ‘M’ skills,” he continued.

In order to round out the skills of military police, Phillips suggested that in the future there will be more emphasis on experience in Directorate Emergency Services positions, in order for Soldiers to be recommended for promotion to senior NCO ranks.

Through his interactions and the State of the Regiment address, Phillips’ visit effectively underscored the two key qualities – leadership and learning – the MP Corps needs from its Soldiers and leaders to continue moving the regiment in the right direction and making its forces indispensable to the Army.

Abracadabra



Brandon Spragins

Rob Lake the magician, left, teaches Kelfer Inglin, age 6, how to perform magic Friday at the Patrick Henry Village Pavilion in Heidelberg. The young magician astonished the large crowd as he made rabbits change colors before their eyes, of course, with a little help from Rob Lake and one of his assistants.

Shuttles run Saturdays

Staff Report

U.S. Army Garrison Baden-Württemberg Family and Morale, Welfare and Recreation offers a shuttle service that runs a continuous route Saturdays from Guest Lodging in Mannheim to the Heidelberg Shopping Center, the Heidelberg commissary and Heidelberg Guest Lodging 9:30 a.m.-5 p.m.

Cost is \$3 each way. For schedules, visit bus stop locations. The first pick up in Mannheim is 10:30 a.m. and last drop off there is 4 p.m.

CHILDREN

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their place in it.

Now, in this time of persistent conflict, the challenges are compounded. About 1.8 million children have a parent currently serving in the military. Since 2001, an estimated 900,000 children have had one or both parents deploy multiple times.

Our children deal with long and repeated separations from their parents. They deal with the happy but disruptive time when their parents come home and the family has to regain normalcy. Sometimes they have to deal with the worst, the death of a parent. In the face of all this, our children need and deserve our best efforts.

From the highest levels of leadership on down, the Army has committed to providing families with a quality of life that is commensurate with their service and sacrifice. For children, that includes a commitment to ensure excellence in schools, child care and youth services – to ensure they have the support and care they need to develop into strong, resilient, well-rounded young adults.

Child, Youth and School Services serves almost 300,000 children ages 6 weeks to 18. Through Child Development Centers, School Age Care and middle school and teen centers, CYSS provides enriching environments that help children grow mentally, physically, socially and emotionally.

For teens in particular, CYSS programs provide a world of topics to explore – fitness, health, arts, science and technology, leadership, citizenship, life skills and careers. In addition, CYSS runs a robust sports program, with more than 112,000 children participating in team and individual sports and sports clinics.

To meet the greater need for services, CYSS has constructed

150 new child care and 24 new youth centers since 2007. It has introduced innovative programs such as Neighborhood Activity Homes which provide places for older kids outside of traditional facilities.

CYSS has partnered with local providers and national organizations to serve families who live in areas far from an installation or in high-impact areas where need exceeds capacity. CYSS extends 16 hours of free care per month to families of deployed Soldiers, wounded warriors and fallen Soldiers, a total of more than 1.08 million hours in fiscal year 2010.

Increasing access decreases stress on the family. Parents know that when they are deployed, when they are working, when they are at medical appointments, their children are in a safe place. They can focus on what they need to do knowing that their children are well cared for.

Also, these programs provide our children with much needed support. They are in a caring environment with adults and peers who understand what they are experiencing, and they have the chance to pursue a wide range of interests and build their strengths.

CYSS also supports military children in school. Military children attend on average nine different schools before they graduate high school. The transition can be rough when there are incompatible requirements to enroll, to join extracurricular activities or to graduate. It can be tough for students to settle in when school personnel do not understand the issues – the stress of being the new kid again, the fear of separation, the disappointment that mom or dad is missing another game or recital.

Schools Liaison Officers at every garrison play an important role in helping students make a smooth transition and succeed at

their new school by working with families and school districts.

In a new two-year pilot program SLOs at seven garrisons will be joined by military student transition consultants. The consultants will be in school district offices and work with the SLOs to build understanding about the needs of military students and to support efforts which help students plug in to their new school. The consultants will be in place this May to support families through the summer PCS season.

Finally, CYSS provides special events and camps. On tutor.com, students get help anytime and anywhere. There are the Military Family Life Consultants who provide counseling to kids in school and the Child Behavioral Consultants who work with children in the afterschool programs when they have difficulties with their parent’s deployment.

Army CYSS’ comprehensive range of services is only possible with the support of a number of dedicated, longstanding partners including universities, nonprofit organizations and local and state governments. They conduct research on the needs of military children, draft policies and legislation in support of military families, develop curricula we use in our programs, provide training for educators, counselors who work with military kids and provide services to military children who do not live near an installation.

The Army does not confine its commitment to children to one month a year – we owe them more than that. They do not sign up for the challenges military life brings, and yet they are right there with us, making sacrifices every day. It’s our job to do the best by them we can, providing care, support and opportunities to thrive. Our children are our future: when they are strong, we are strong.