

# HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

**HP THURSDAY**  
Oct. 7, 2010

## Speed Read

### WARRIOR ZONE OPENS

Community members now can enjoy the new Warrior Zone located on Coleman Barracks at the site of the former Coleman Club. 3

### SEMBACH KASERNE

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German police from the Heidelberg area and Germersheim met with the USAG Baden-Württemberg commander and U.S. law enforcement personnel to discuss common issues and to strengthen partnerships. 12

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American Idol season 8 winner Kris Allen makes a stop in Kaiserslautern as part of a USO overseas tour to entertain military communities in Europe. 12

## Defense Details

### EUROPE TRAVEL ALERT

The State Department alerts U.S. citizens to the potential for terrorist attacks in Europe. Current information suggests that al-Qa'ida and affiliated organizations continue to plan terrorist attacks. European governments have taken action to guard against a terrorist attack and some have spoken publicly about the heightened threat conditions. U.S. citizens are reminded of the potential for terrorists to attack public transportation systems and other tourist infrastructure. Terrorists have targeted and attacked subway and rail systems, as well as aviation and maritime services. U.S. citizens should take every precaution to be aware of their surroundings and to adopt appropriate safety measures to protect themselves when traveling. If you notice any suspicious activity around your community, report it online at [www.bw.eur.army.mil/iwatch](http://www.bw.eur.army.mil/iwatch).

Army news: [www.army.mil](http://www.army.mil)  
Defense news: [www.defense.gov](http://www.defense.gov)

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## COMMAND MESSAGE

### IMCOM commander calls for better safety efforts

By Lt. Gen. Rick Lynch  
IMCOM COMMANDER

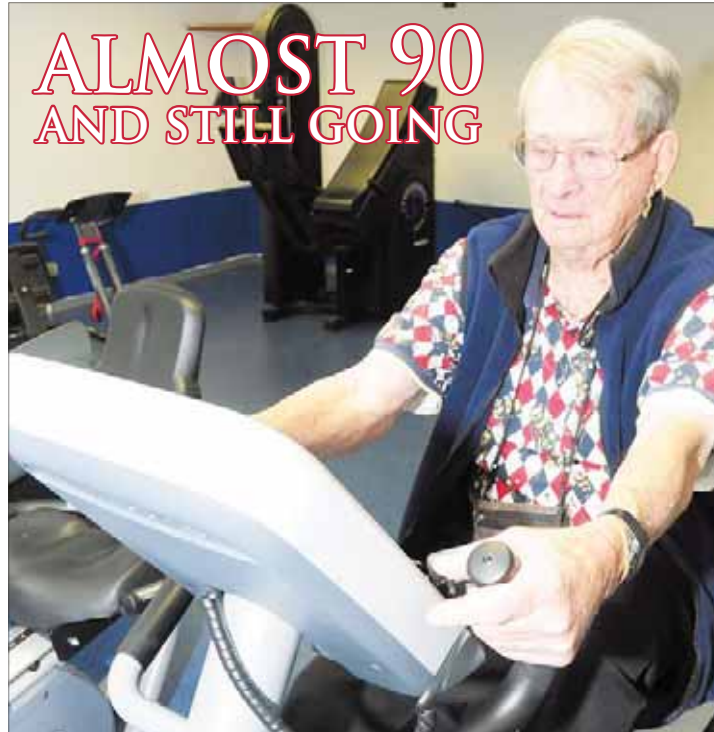
As commanding general of Installation Management Command, assistant chief of staff for Installation Management and co-chair of the Services and Infrastructure Core Enterprise, my installation management and safety responsibilities extend beyond IMCOM.

My commander's intent is to provide the facilities, programs and services required to support Army readiness, sustain the all-volunteer force and provide the infrastructure for current and future mission requirements. Safety is key to accomplishing my intent. It involves the prevention of material loss, but the focus is really on saving lives. Each loss, whether in combat or in the garrison, has an impact on our force.

In September I spoke at the Army Senior Safety Tactical Symposium. It was my opportunity to say "thank you" to almost 500 safety professionals for the work they do to keep Soldiers, civilians and families safe. Their work impacts the conditions in which we train, work, live and play, both on and off duty. This includes driver training, home safety, child and family safety, weather conditions assessment, fire prevention, hazardous material handling, and weapons and range safety, to name just a few ways in which their work touches our daily lives.

I thanked them for their continuing diligence, their continuing efforts to monitor trends and address issues to prevent loss. A recent example was a six-month Army-wide fire safety campaign in 2009. The campaign was launched to reverse the increasing number of military housing and facility fires, and succeeded in netting

see SAFETY page 16



Rex Gribble, U.S. Army Garrison Baden-Württemberg's oldest employee, rides the recumbent bike at Patton Fitness Center. The 89-year-old man, who has been in Europe since 1951, works at the Heidelberg Golf Course and maintains an active social life in the community.

## Years of experience rack up for garrison's oldest employee

By Dijon Rolle  
USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

If you've ever ventured out to the Heidelberg Golf Course for a round or two of golf, there's a good chance you've laid eyes on Rex Gribble.

Most often you'll find him patrolling the lush green courses in his golf cart or on foot assisting players while decked out in his customary canary-yellow jacket.

Gribble's been a familiar fixture around the community since the early 1950s.

He's worked as a starter marshal for the club since his retirement in 1988, first as a volunteer and now as a part-time employee of U.S. Army Garrison Baden-Württemberg and at age 89, he's also the garrison's oldest employee.

However, Gribble himself will be the first to tell you he really had no plans to pick up a second career quite so soon but his wife of 53 years, Rachel, "wanted him out of the house" and graciously "volun-

All of us say if we're at that age and we can be like that, we'd be very happy. He's just like a regular guy in his 40s."

-Carlos Villanueva, recreation assistant

teered" his services to the club where he's been ever since.

"I meet all kinds of people, and it keeps me going," Gribble said. "At the golf course everybody calls me Rex - Germans and Americans. Now I'm 89, and my memory is not as good. Oftentimes I can't remember their name, but I know their face and I know them. I just can't say the name, but I say hi and we laugh and we talk and have a good time."

Carlos Villanueva is a recreation assistant at the Heidelberg Golf Course and he's see REX GRIBBLE page 16

## LEGAL ASSISTANCE

**FLIPLs can cost you your pay****Patton Law Center**

The loss of an entire month's pay can devastate any military family. That risk is a possibility under the military's Financial Liability Investigation of Property Loss procedure used by all of the military services to take money from pay for loss or damage to government property caused by negligence or willful misconduct.

Service members, civilian employees and government contractors are all subject to this process. The attorneys at legal assistance can review the process for compliance and help tell your side of the story.

The FLIPL process favors the Soldier. Many rules assure a fair investigation. All too frequently, organizations that try to establish liability through this procedure don't have the time to comply with all rules, and take inappropriate short cuts. Anyone recommended for liability should seek legal assistance for help.

Many FLIPLs start with a Soldier being asked to sign a statement of charges for lost or damaged Army equipment. Any time any Soldier is asked to sign such a statement for any significant amount of money, he should immediately seek advice. If you sign a statement of charges, you waive all your rights including a right to a fair review. No one can order you to sign it, although there is often a great deal of pressure to do so.

The first and most significant rule in this process is that the FLIPL can only take a month's pay for the loss of or

damage to any government property. There are exceptions to this rule, but the exceptions are fairly uncommon.

To establish financial liability, the investigation must prove four things: 1) you had responsibility for the equipment; 2) your conduct in caring for it was culpable; 3) your conduct caused the loss; and 4) there was a loss and the government has accurately established the value of the loss.

The FLIPL system does not recover money for the Department of Defense to replace lost or damaged equipment. Indeed, none of the money recovered from Soldiers or civilian employees goes to the Department of Defense. It is paid to the federal treasury, with no offsetting adjustments to unit budgets or to the Army.

The sole purpose of the FLIPL process is to identify and fix weak places in the military property accountability system. The devastating loss of a month's pay to a military family is not the principal focus of the process.

Investigators are individuals who do these investigations as an additional duty. Their knowledge of the process is frequently learned "on the job." Unfortunately, errors and mistakes are common. Anyone recommended for financial liability owes it to themselves to seek help from their legal assistance office.

Heidelberg and Mannheim community members can get legal assistance at the Patton Law Center on Patton Barracks, DSN 373-5058, civ. 06221-17-5058.

**How domestic violence impacts children**

- Child abuse is 15 times more likely to occur in families where domestic violence is present.
- 85 percent of children living in a home with domestic violence will become a perpetrator or victim of domestic violence.
- 70 percent of children living in a home with domestic violence are physically and emotionally abused as well.
- Children who witness domestic violence are six times more likely to commit suicide.

**Domestic violence****Strong, healthy families key to prevention****Kaiserslautern Family Advocacy**

Approximately one of every four married Army couples reports at least one incident of physical violence each year. Frequent relocation of families, living in foreign countries, deployments and reunifications create special stresses on military personnel and their families.

Any incident of domestic violence is one too many, but a hidden tragedy of domestic violence involves the children of perpetrators and victims.

The best cure for domestic violence is prevention. Domestic violence is less apt to occur in strong and healthy families. Families become strong and healthy by improving their interpersonal communication skills

and learning the techniques of stress and anger management.

October is Domestic Violence Prevention Month. Take advantage of the many community resources to help you and your family become strong and healthy.

Contact your Family Advocacy Program or unit chaplain for information regarding upcoming classes and retreats.

Developing and growing strong and healthy families is the key to preventing domestic violence.

To encourage the empowerment of women, Heidelberg Army Community Service will host the first Women's Conference in support of domestic violence awareness month 8 a.m.-4 p.m. Oct. 14 at the Patrick Henry Village Pavilion in Heidelberg. Child care is available. Register online at [www.mwrgermany.com](http://www.mwrgermany.com) or call DSN 370-6883.

If you are a victim of domestic violence, call Kaiserslautern: civ. 01515-765409; Heidelberg and Mannheim: civ. 0170-609-2862.



[www.facebook.com/BWnow](http://www.facebook.com/BWnow)  
<http://myBWnow.ning.com>

**DISCUSSION BOARD****Find out what your garrison commanders and members of your community are saying in the BWnow virtual community**

October 23rd is designated as National "Make A Difference Day", and garrisons around the world will be coming-out in force to pull weeds, collect non-perishable goods and 'make a difference' in their communities.

I guess my question is: "Why just one day?"

When the movie "Pay It Forward" came out, it was the single most talked-about film in years. Not because

of the performances ... but because of the 'story .. and what it could mean for our world if everyone decided to 'Pay It Forward'.

Fast forward to today. No one even remembers the movie, unless someone just happens to mention it in passing. "Oh yeah," they say, "I remember that -- that was a great movie!"; and then they turn right around and go back to their everyday life ... not noticing

(or making a conscious decision not to notice) those around them who might need a little help.

I guess my thought is, if we're going to observe and participate in "Make A Difference Day"... why not push the envelope and make an individual, conscious decision to make a difference every day? What's stopping us?

-Jacqui Haggerty, BWnow member



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

# In the Zone



Sieg Heppner

During the grand opening of the new Warrior Zone on Coleman Barracks Sept. 28, community members enjoy amenities provided to include pool tables, large-screen televisions, video games, a mini movie theater and full food and beverage services.

## Mannheim opens Warrior Zone on Coleman Barracks

By Jacqui Haggerty  
MANNHEIM FAMILY AND MWR

Despite cool temperatures, rain and wind, more than 250 Soldiers, civilians and retirees attended the grand opening of the U.S. Army Garrison Mannheim Warrior Zone Sept. 28.

Located in what was formerly known as the Coleman Club on Coleman Barracks, the Warrior Zone comes complete with five flat screen televisions across the bar, four flat screens with reclining chairs for gaming, two large flat screens featuring the Wii gaming system, six individual computer stations, pool table, ping pong, and a mini movie theater complete with 12 plush recliners with built-in beverage holders.

The project began in November, with several sites under consideration. From the old Army Community Service Welcome Center located at Friendship Circle to Mike's Pub in the Coleman Bowling Center, sites were viewed and subsequently rejected, largely due to the cost of renovations.

"When the Coleman

**"This place is designed to provide them with a safe, reasonable outlet for some of that pent-up energy."**

-Spc. Damien Jaquez, BOSS vice president

Club was mentioned as a possible location we thought it was perfect," said Family and Morale, Welfare and Recreation Director Christopher Clements. "The space was in great shape and only used for special catering events. With the bulk of our single Soldiers located on Coleman Barracks, it was an easy decision. After that, the project just took off."

Better Opportunities for Single Soldiers Vice President Spc. Damien Jaquez, began working closely with Clements and John Mann, Family and MWR automation specialist, to create a unique space where Soldiers could unwind, relax, keep in touch with friends and family, as well as engage in various activities designed to bring them out of the seclusion of their barracks rooms.

"So many of our Soldiers return from down-range with the adrenaline still pumping," Jaquez

said. "This place is designed to provide them with a safe, reasonable outlet for some of that pent-up energy."

One might wonder why a non-enduring installation slated for closure, would go through the time and \$200,000 expense of opening a new facility.

"(Leaders) feel it is of paramount importance to continue our commitment to Soldiers," Clements said. "And as long as Soldiers are here, the Warrior Zone will continue to stand."

Decorated in classic red, black and grey, the interior offers an inviting space for individual and group activities. During the grand opening, Soldiers played highly physical games on the Wii system, while others quietly composed e-mails and surfed the net not 5 feet away. Still others jammed with the U.S. Army Europe Rock Band on the dance floor, and enjoyed a sampling of various items that

will be available through the complete food and beverage service, such as chicken wraps, ribs and more.

The movie room was packed with folks taking in the latest DVD action release of the summer blockbuster, "Iron Man 2," while a few steps away Soldiers were kicked back at the gaming stations, taking advantage of the hottest games on the market.

Attendee's comments ranged from, "This place rocks," to "I can tell I'll be spending a lot of time here - heck, I can eat dinner, check my mail, knock out a few games, and beat everyone else at pool ... all in one night."

One even remarked on the wall designs - freestyle works of art featuring The Beatles, Kiss, Run DMC, Michael Jordan and Biggie, saying, "This is what I'm talkin' about. A place of our own that's not just a replica of just another government office."

The Warrior Zone is open 4:30-11 p.m. Monday-Thursday, 4:30 p.m.-1 a.m. Friday, noon-midnight Saturday and Sunday DSN 382-4410, civ. 0621-779-4410.

## DPW obligates \$12 million for Heidelberg projects

USAG Baden-Württemberg DPW

U.S. Army Garrison Baden-Württemberg's Directorate of Public Works has obligated more than \$12 million for area projects, critical improvements needed to support the Heidelberg population.

"Even though the (closure) announcement talks about 2015, we still have residents and families living and working here tomorrow and we need to continue our efforts to improve their areas," said Richard Glass, DPW engineering division chief.

The additional projects will enhance the living and working conditions in Heidelberg and Germersheim. The newly funded projects include interior repairs to Building 15, Campbell Barracks, fire door replacements at the Civilian Personnel Advisory Center, stairwell façade repairs on Mark Twain Village and exterior repairs to Slapshots on Patton Barracks.

"My staff worked closely again this year with customers, Resource Management and Contracting Command to posture us for success. We have crafted an aggressive and effective program that will serve the residents of this community for their remaining tours," Glass said.

Facilities at Germersheim and Grünstadt Depot will undergo repairs and upgrades thanks to a targeted funding approach by the Army. Design will begin for the repair of the AAFES Food Testing Lab and significant improvements to the heating and cooling systems will be made.

"We were able to get infrastructure funds to help us posture those two installations for future tenants and continued use," Glass said.

The projects there will include central utility monitoring and control stations, explosion resistant building construction, new office construction impacted by transformation relocation and total renovations of three large warehouses. All of the projects will include the newest energy efficient components and higher insulation values.

The garrison will continue to improve its force and life-protection posture as additional features will be added to the Patton gate and sprinklers and alarms throughout the community repaired or replaced.

"It's still a great year to be an engineer. The true joy and satisfaction comes when these projects are completed and the residents, employees and visitors to Heidelberg are enjoying the improvements" Glass said. "I do want to remind everyone to be patient with us over the course of the next 12 months as we complete these projects. There will be some inconvenience and discomfort until we're completed."

# Army takes over Sembach



Rick Scavetta

Rumbling fire truck engines began a new chapter in Sembach history Friday as U.S. Army Garrison Kaiserslautern assumed base operations at the former U.S. Air Force installation. Civilian firefighters drove in Army fire trucks, replacing Air Force trucks, during an early morning event that included an Airman handing over keys to the fire house. Afterward, a new sign identifying the fire station as a U.S. Army operation was fixed onto the building. Sembach's military history dates back to a French airfield following World War I. In 1951, it became a U.S. air base. In January U.S. Army Installation Management Command-Europe Region received Army approval to accept the transfer of the base, located just northeast of Kaiserslautern in the German state of Rheinland-Pfalz. The transfer of the base, now called Sembach Kaserne, is primarily based on the future Army stationing needs as required to support Army in Europe transformation. In December, the 230th Military Police Company relocated from Rhine Ordnance Barracks to Sembach. No final decisions have been made as to what other organizations and units will permanently relocate to Sembach.

## Finance detachment preps for deployment

By **Sgt. Fay Conroy**  
21ST TSC PUBLIC AFFAIRS

Detachment D, 106th Finance Management Company held a unit guidon casing ceremony at Kleber Kaserne's gym in Kaiserslautern Sept. 23 in preparation for its upcoming deployment to Kuwait to provide financial support for Soldiers assigned to Operation New Dawn.

Operation Iraqi Freedom became Operation New Dawn earlier this year to reflect the reduced role U.S. troops will play in securing the country as troop levels fall and the U.S. military's combat role in Iraq draws to a close.

"The Soldiers who stand before us are an incredible asset to the Army. Few in numbers, they accomplish great things on and off the battlefield," said Maj. Michael Mourisen, commander of the 106th FM Company. "In and around Kaiserslautern, their efforts keep thousands of Soldiers receiving the proper pay and entitlements with which they may provide for their families at home and while deployed."

The unit falls under the 16th Sustainment Brigade, 21st Theater Sustain-



Sgt. Fay Conroy

**Capt. Philip Kaberline, commander of Detachment D, 106th Finance Management Company, and Sgt. 1st Class Charles Moten, noncommissioned officer in charge, case the unit's guidon in preparation for the unit's deployment to Kuwait in support of Operation New Dawn. The unit will be deployed for one year.**

ment Command. For the majority of the Soldiers in Detachment D, this will be their first deployment.

"I hope that they all grow, that they learn," said Sgt. 1st Class Charles Moten, noncommissioned officer in the charge of the detachment. "Being that

70 percent of our Soldiers are new, this actually gives them the opportunity to learn their jobs and become proficient in their craft."

The detachment is scheduled to be deployed to Kuwait in support of Operation New Dawn for one year.

## transformation UPDATE

### AFN Openline

If you have questions about transformation, you will have the opportunity to ask the experts on an AFN Openline call-in radio show at 9 a.m. Oct. 13. Baden-Württemberg Garrison Commander Col. Bill Butcher will be joined by representatives from the Department of Defense Dependents Schools-Europe Heidelberg District and AAFES to discuss changes that will be happening in Heidelberg, Mannheim and Kaiserslautern in the future. E-mail questions to [openline@afn.dma.mil](mailto:openline@afn.dma.mil) or call DSN 389-4595, civ. 0621-46085-595 during the show. You can tune in on the PowerNet at 1143 AM or listen to the show streaming online at [www.afneurope.net](http://www.afneurope.net).

### Frequently Asked Questions

Have a transformation-related question you'd like answered?

E-mail [usaghdpost@eur.army.mil](mailto:usaghdpost@eur.army.mil). We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at [www.bw.eur.army.mil/transformation](http://www.bw.eur.army.mil/transformation).

### Facility Operations Changes

**Coleman Vision Center** - The Coleman Vision Center remains open for patient care until Oct. 15. After this date, the center will move to Panzer Mall in Panzer Barracks in Stuttgart. Appointments: civ. 0621-770-3100.

**Mannheim USO** - The USO on Sullivan Barracks will close Oct. 31. The USO Heidelberg on the shopping center kaserne will have expanded hours beginning Nov. 1 to include open hours 10 a.m.-5 p.m. Saturdays. The Heidelberg location will continue to support the community via tours, programs and classes. Additionally, The USO will offer the opportunity to sign up for tours and classes and purchase tickets noon-5 p.m. every Tuesday and Thursday in the previous USO Mannheim location on Sullivan Barracks. DSN 335-5105, civ. 0611-712-02-880.

**Mannheim Village Grille** - The Mannheim Village Grille will close as of Nov. 14. The Top Hat Club remains open as does the restaurant in the Bowling Center. Community members will still have access to a variety of dining alternatives in Mannheim such as Burger King, the food court next to the PX, Subway, John's Best BBQ on Sullivan Barracks, the dining facility, a German kantine on Funari Barracks, and a number of commercial restaurants and pizzerias near Benjamin Franklin Village.

**IG Support** - Inspector General support to the Mannheim community will be provided by USAREUR IG. DSN 370-5070, civ. 06221-57-7317.

[www.bw.eur.army.mil/transformation](http://www.bw.eur.army.mil/transformation)

## 21st TSC OSJA lawyers visit supreme court in Koblenz

### 21st TSC OSJA

The 21st Theater Sustainment Command's Office of the Staff Judge Advocate traveled to Koblenz Sept. 20 to visit the Rheinland-Pfalz State Supreme Court.

President of the Court Ralf Bartz invited Col. Claes Lewenhaupt and the 21st TSC's OSJA staff after discussing the possibility of meeting together in Koblenz during this year's Law Day legal liaison event at Kleber Kaserne in Kaiserslautern. The 21st TSC's OSJA hosted the Law Day.

During the visit the delegations discussed German and U.S. rules of evidence in criminal cases.

"This was a great opportunity for my officer attorneys to learn about the German legal system, especially from the senior judges, who are responsible for the implementation and oversight of the system," Lewenhaupt said. "I think the judges also learned some new perspectives on our system. Maybe most important, though, is that these meetings improved our already very good working relationships with judiciary of Rheinland-Pfalz."

The exchange highlighted a significant difference in the two systems' approaches to the evidentiary issues.

In Germany, evidence that in the U.S. system might otherwise be kept from the jury is allowed to come before the court.

Under the U.S. system, trial and defense counsel must be very much aware of these exclusionary rules and anticipate their application as they prepare and present their cases.

The 21st TSC's chief of justice, Maj. Rob Abbott, said the discussions were value added for his prosecutors.

"This visit was excellent because it helps my trial counsel understand the expectations of German police officers when they are called to testify in a court martial," Abbott said. "This gives my team an important new perspective on our different systems."

The 21st TSC OSJA and the Rheinland-Pfalz State Supreme Court should continue discussing and comparing systems on a regular basis, Bartz said.

## Faces of the community: 529th Military Police Company



Brandon Spragins

Sgt. Patrick Shepherd, in front of a crowd of military police Soldiers, demonstrates on Pfc. Edward Pfeifer, how to correctly detain and handcuff an individual during a procedure training held in the Patton Gym in Heidelberg Sept. 28.

## 21st TSC recognizes IG sergeant major

By Sgt. Fay Conroy  
21ST TSC PUBLIC AFFAIRS

Soldiers and civilians of the 21st Theater Sustainment Command gathered at a retreat and retirement ceremony at Panzer Parade Field in Kaiserslautern Sept. 30 to recognize a local sergeant major.

The 21st TSC holds a retreat and retirement ceremony once a month, and the 21st TSC Inspector General Office's Sgt. Maj. John Reynolds was the retiree honored at this month's ceremony.

"Throughout his 24 years of selfless service Sgt. Maj. Reynolds, his wife, Rafaella, and their five children have been a vital part of our Army. For their dedication and selfless service we honor them at this retreat here today," said Col. Thomas Evans, commander of the 18th Military Police Brigade and the guest speaker at the ceremony.

"Sgt. Maj. Reynolds – on behalf of the entire nation, our Army and the 21st Theater Sustainment Command, we thank you and your family for their commitment, dedication and selfless service to our nation, our Army and most importantly congratulations on a well-deserved retirement."

Reynolds, a native of South Bend, Ind., received the Meritorious Service Medal from Maj. Gen. Patricia McQuiston, commanding general of the 21st TSC in recognition of his service.

"It's nice to keep the traditions rolling, so I think that's one thing that the 21st TSC does well – the traditions and esprit de corps, and I think that's one of the most important things in the military," Reynolds said.

For Reynolds, his retirement from the Army will not end his service to the nation. "This is just a transition



Staff Sgt. Michael Taylor

Maj. Gen. Patricia E. McQuiston, commander of 21st Theater Sustainment Command, salutes Sgt. Maj. John Reynolds, sergeant major of the 21st TSC's inspector general's office, during a retreat and retirement ceremony at Panzer Parade Field Sept. 30.

for me, and I thought that I could serve the Army and the Department of Defense in another facet of life, so it doesn't always have to be in uniform. You can do it out of uniform," Reynolds said.

"I'm not really retiring. I'm just transitioning into another lifestyle and work."

Reynolds will move to Daegu, South Korea, to work in the inspector general's office there.

## Diversity, resiliency highlight international chaplains' conference

By Staff Sgt. Patricia Deal  
USAREUR PUBLIC AFFAIRS

GARMISCH, Germany – Priests, rabbis, imams – chaplains all – added a diverse and multi-national flavor to a gathering for U.S. Army Europe chaplains and chaplain assistants.

The 2010 Religious Support Operations Leadership Training held here Sept. 20-30 gave participants the opportunity learn different customs and practices from military chaplains of various faiths.

“Diversity is important ... for several reasons,” said USAREUR Chaplain (Col.) Ray Bailey. “As the Army becomes more diverse and more varied, we try to replicate that in the chaplaincy.

“We all have different spiritual journeys and practices, we’re in different geographical locations, and we’re exposed to different cultures. It’s essential that we broaden our experiences, so we are empowered to better serve the different needs of our Soldiers and their families.

“It’s a rare opportunity when we have so many diverse groups represented in one setting, allowing everyone to build relationships and freely exchange ideas,” he said.

Lt. Col. Taavi Laanepere, chief of chaplains, Estonia Defense Forces, said he appreciated the opportunity to meet and share ideas with the various members of the Army chaplaincy.

“Estonia is a young country, and we have a young chaplaincy. We don’t have the experience the U.S. Army has,” he said, “but it is comforting to know that our problems are not unique.”

He added that while he certainly learned a lot from his American counterparts, he thought that it was beneficial for them to learn about Estonia and the cultural differences.

“We are in the same fight and there may be a time that U.S. Army chaplains may have to support the religious needs of (the Estonian) military forces,” he said.

The Reverend Dr. David Coulter, principal, Armed Forces Chaplaincy Centre in the United Kingdom, agreed it was important for different nations to learn about the other’s religious support.

“We have British and American Soldiers serving side by side, and, therefore, we have chaplains serving closely together. Our service members are suffering the same stressors and traumas. We have British and American Soldiers attending each other’s services in Afghanistan and Iraq,” he said.

“We can certainly learn from each other, as we have the same goal – to help our war fighters cope with the stresses of combat, deployments, and also to help their families,” Coulter added.

Not only should chaplains and chaplain assistants learn about diversity in multinational cultures, it’s also important for them to learn about the religious diversity within their ranks, Bailey said.

Participants had a rare opportunity to learn about Muslim faith and practices from Heidelberg-based Maj. Khalid Shabazz, the only imam in theater.

“I’m new to USAREUR so not everyone may be aware



Lt. Col. Taavi Laanepere, chief of chaplains, Estonia Defense Forces, discusses his experiences providing religious support to his country’s military members with U.S. Army chaplains and chaplain assistants at the 2010 Religious Support Operations Leadership Training conference Sept. 20- 30 in Garmisch, Germany. Laanepere attended the conference as part of continuing efforts to strengthen alliances and friendships between USAREUR and its allies.

Keith Wright

that I’m available to help them support the religious needs of any Muslim Soldiers in their communities. I can’t be everywhere at once, but I can let them know I’m certainly a resource and can help them develop a plan they can implement as a means to support their Muslim Soldiers,” Shabazz said. “I can also learn from them as they relate the challenges they face in their efforts to support those Soldiers’ needs.”

While the tenets and practices are definitely different, Shabazz said, the goal is the same for all faiths – to make Soldiers feel they matter, and the Army supports them in their beliefs.

Besides educating the unit ministry teams on diversity and ways to broaden their minds and skill sets, the training serves another purpose, Bailey said.

### More information

USAREUR chaplaincy: [www.hqusareur.army.mil/chaplain/index.htm](http://www.hqusareur.army.mil/chaplain/index.htm)  
RSOLT conference: [www.facebook.com/USAREURCHAPLAIN](http://www.facebook.com/USAREURCHAPLAIN)

“This is their time to rebuild, reflect and renew,” he said. “Not only do they learn about building resiliency, they actually put it into practice at this conference. After taking this time for themselves, they leave here with a fresh perspective and go back better prepared to serve their communities.”

Caregivers often become so focused on helping their Soldiers and families deal with the stresses that it can take a toll on their own well-being, according to Dr. Robert Wicks, professor from Loyola University Maryland.

In his presentation on building resiliency, Wicks, a published psychologist with expertise in preventing sec-

ondary stress, emphasized that caregivers need to take time for themselves or they will eventually find themselves emotionally drained and unable to care for those they want to support.

“I could truly relate to what Dr. Wicks was saying,” said Maj. Kevin Sears, garrison chaplain from Garmisch. “With my schedule, I don’t always have the time to do all the things I want to do, like take time out for myself, let alone learn more about religious diversity within the chaplaincy or within different cultures.

“This conference forces me to take that time, and I know it only makes me better for having done so.”

## Depression Awareness Month: 'Depression is treatable – get screened – seek care'

By Jerry Harben  
U.S. ARMY MEDICAL COMMAND

National Depression Awareness Month occurs in October with the theme “Depression is Treatable – Get Screened – Seek Care.”

Clinical depression is a serious medical condition that, if left untreated, may

lead to other complicated medical conditions. Seeking treatment for a medical condition is not a sign of weakness. It may prevent a good Soldier from becoming a casualty.

Signs and symptoms of depression may include sadness, loss of interest in things you once enjoyed, feelings of guilt or worthlessness, restlessness,

withdrawing from friends and family, or trouble concentrating or making decisions.

Depression also may produce body aches and pains, irritability, anxiety, overeating or loss of appetite or thoughts of suicide or death.

Unfortunately, two-thirds of people who suffer from depression fail to

seek care.

More than 80 percent of clinical depression cases can be treated effectively with medication, psychotherapy or both.

Anonymous depression screenings are available at [www.militarymentalhealth.org](http://www.militarymentalhealth.org) and [www.mentalhealth.va.gov/depression.asp](http://www.mentalhealth.va.gov/depression.asp).



Sgt. Albert L. Kelley

Sgt. Adam M. Hawes, of Pittsburgh, Pa., a squad leader with the military police platoon, Headquarters and Headquarters Company, 1st Special Troops Battalion, Task Force Spartan, launches a Raven remotely piloted aircraft at Combat Outpost Garcia Saturday. Hawes was one of several Soldiers taking part in a certification class for the Raven and Puma RPAs.

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Staff Sgt. John Gribble

Spc. Stephen Steinbrugge and Staff Sgt. Ralph Lahens, chemical, biological, radiological and nuclear specialists with the 773rd Civil Support Team, unpack a detector used to monitor dangerous chemicals during a training exercise at Rhine Ordnance Barracks Sept. 16. The 773rd CST is the only active Army Reserve civil support team stationed outside of the continental U.S. and its territories and is capable of deploying in support of U.S. Army Europe's response to a chemical, biological, radiological or nuclear incident.



Sgt. Adrienne Killingsworth

Staff Sgt. Brady Cramer, noncommissioned officer in charge of the color guard, 529th Military Police Company, leads the way as the colors are posted to begin the Military Police Corps Regiment's 69th Anniversary Ball at the Village Pavilion on Patrick Henry Village in Heidelberg Sept. 25. More than 850 military police, family members and friends from throughout Europe came together to celebrate the history of the MP Corps.



Pvt. Hong Joon-sung

Seoul's Gangnam District and 8th Army co-hosted the 8th International Peace Marathon in Seoul Sunday.

## Police meetings strengthen host nation partnerships

### Staff Report

Building relationships and working together as a team were the focus of last week's German-American police meeting at the Patrick Henry Village Pavilion in Heidelberg.

German police representing the four precincts surrounding the Heidelberg military community as well as officers from Germersheim came together with members of the garrison Directorate of Emergency Services and the community military police to find out how their respective groups were organized and how each organization could better

work together.

"It's ever important that we put our heads together and continue to cooperate, support and assist one another to keep our communities safe," said U.S. Army Garrison Baden-Württemberg Commander Col. Bill Butcher. "It's our obligation to continue to foster and grow relationships."

Those relationships help not only in solving crimes but also in preventing and deterring disturbances. For instance, in Mannheim, military police go on joint patrols with German police.

"A local club owner was getting complaints from residents in the club's vicinity about the noise.

He asked if we could just show a presence around closing time," said USAG Mannheim DES Capt. Lamar Madison. "We not only helped him, but we helped keep our Soldiers from getting into trouble."

These meetings are just the first step toward developing a stronger partnership, Butcher said.

"We rely on German police capabilities to respond in a crisis," he said. "We need to understand how we differ in processes, in law, and how the Status of Forces Agreement affects our interaction. If we ever have an incident, I want to make sure we've talked together and trained together."

## American Idol in Kaiserslautern

### Kris Allen makes stops in Europe

By Rick Scavetta

USAG KAISERSLAUTERN PUBLIC AFFAIRS

American Idol winner Kris Allen energized hundreds of fans Friday at Vogelweh's Kazabra Club, the third stop on a week long tour of U.S. military bases in Europe.

The tour, sponsored by the United Service Organizations, began in Brunssum, the Netherlands. Other stops in Germany included Army garrisons in Schweinfurt and Bamberg. Visiting the Kaiserslautern area gave Allen a chance to connect with a chapter of his wife Katy's childhood, he said.

"My wife lived in Ramstein. When she was a kid, her dad was in the Air Force," Allen said.

During season eight, Allen, 25, of Conway, Ark., edged out Adam Lambert to win the widely-watched television singing contest. When the USO recently asked Allen and his band to take on an overseas tour to play for service members and their families in Europe, he said it was a "no-brainer."

"We were like, absolutely, we'll do it," Allen said. "It's just an honor for us to come over here and hopefully offer some entertainment. These guys give a lot for our country and this is the least we can do."

During the show, Allen played his own hits and covered tunes such as "Gangsta's Paradise" and "Everybody Wants To Rule The World." He expressed sentiments to military members and their



Rick Scavetta

American Idol winner Kris Allen entertains Kaiserslautern community members Friday at the Kazabra Club.

families, thanking them for their service.

"You're away from family and I know that's really hard. So, I'd like to thank you so much for what you do," Allen said. "Just keeping working hard, it means a lot to people in America."

Some fans, like Courtney Amundsen, 25, of Florida, got to meet Allen backstage for autographs thanks to a contest run by the American Forces Network. She drove from her husband's Army base in Baumholder to meet Allen.

In all, five winners were chosen and each could bring a friend along. Allen signed photos and T-shirts backstage, chatting with the fans before the show.

Amundsen's husband was going through Army basic training in May 2009, when Allen won American Idol, she said. She remembers voting for him

and watching him win. She and her friend Brittney Dickerson, whose husband is also a Soldier in Baumholder, are new to the military life overseas. They were glad to learn that top entertainers are often invited to perform on bases.

"We are homesick," Amundsen said. "To bring someone who sings music we know to places we can easily access, it means a lot."

U.S. Army Garrison Kaiserslautern's Directorate of Family and Morale, Welfare and Recreation supports a variety of touring entertainers.

On Oct. 15, Family and MWR hosts comedian Maria Costa and her Cuban conga band at Kaiserslautern's Kleber Kaserne. On Oct. 22, JC and the All-Stars perform at the Kazabra Club. For information, visit [www.mwrgermany.com](http://www.mwrgermany.com).

BW now VIDEO BLOGS

This Week's Focus:

Energy Awareness

Use your smart phone to connect directly to the video with the above quick response code.

[www.youtube.com/BWnow](http://www.youtube.com/BWnow)

## Club honors former employee, volunteer

By Jennifer L. King

HEIDELBERG ROD AND GUN CLUB

The name Frank Soares was well-known around the Heidelberg Rod and Gun Club for the three decades he served there. Now, even though he has moved, his name endures.

The Heidelberg Rod and Gun Club dedicated its classroom to Soares Sept. 17 in the presence of American and German club members and Soares himself, who traveled from the United States.

Soares, who had no idea that the room dedication would be taking place, seemed stunned and humbled.

"I really don't know what to say," Soares said. "This is something I never expected. I did what I did because I enjoyed it and I believed in it. I never did it for recognition or praise."

Heidelberg Rod and Gun Club Advisory Council President Col. Armon Cioppa cited Soares' long-time service to the club, first as an employee and then as a dedicated volunteer.

"Frank was not just a volunteer here," Cioppa said. "He is an institution. He spent countless hours teaching hunting courses, planning hunting course graduation ceremonies, and in general, encouraging and supporting anyone who showed an interest in our activities."

Soares was also recognized for his support and coordination of numerous programs that benefited our host nation friends.

"Frank also spearheaded the program that we still have in place today – charity events in support of the Mannheim Children's Cancer Hospital," Cioppa continued. "His dedication to building strong friendships with our German members and giving something back to the German community has continued to be a part of the day-to-day mission of our club."

Cioppa ended his comments by pledging to keep Soares' work at the club alive, even though he no longer resides in Germany.

"I hope every future student who passes through these doors remembers the legacy of Frank Soares and his devotion to this club and to our German friends," Cioppa said. "His memory should serve as a guide to the rest of us as we continue to lead this club into the future."





## Energy Awareness Month

The answers to the following quiz can be found in U.S. Army Baden-Württemberg command policies as well as environmental articles published in the Herald Post. Quiz answers result in a phrase.

Submit the phrase by Oct. 28 to [environmental@hdpw.eur.army.mil](mailto:environmental@hdpw.eur.army.mil) for a chance to win one of several prizes in observance of Energy Awareness Month.

- Government department whose mission is to advance energy technology and promote related innovation in the United States:
  - Department of Energy
  - Department of Mission Technology Advancement
  - Environmental Protection Agency
  - National Park Services
- Appliances which continue to draw power when switched off are referred to as \_\_\_\_\_ appliances.
  - Werewolf
  - Vampire
  - Zombie
  - Frankenstein
- Name the main element in fossil fuel used to generate electricity.
  - Heidelbergium
  - Hydrogen
  - Carbon
  - Unobtainium
- Which renewable energy source provides the United States with the most energy?
  - nuclear
  - wind turbines
  - hydropower
  - solar
- According to the Department of Energy, to prevent heat loss from your hot water heater and hot water pipes, do this to them:
  - Spray with black paint
  - Enlarge them
  - Insulate
  - Heat with a blower dryer
- According to Policy Memorandum #23C, Illegal Dumping of Trash, possible administrative actions from illegal dumping can be:
  - Loss of logistical support
  - Memorandum of Warning
  - Community service
  - g, m, n and i
- Bringing trash from off post onto an installation for disposal is not allowed. True or False?
- According to the Herald Post article on car idling (June 18, 2009), one hour of idling burns how much gasoline?
  - 1 Liter
  - ½ Liter
  - 1 Gallon
  - ½ Gallon
- Choose two USAG Baden-Württemberg Environmental Management System objectives.
  - Water Conservation
  - Energy Conservation
  - Halloween Candy Conservation
- According to Command Policy Memorandum #21, a current EMS initiative is to have what default setting on printers?
  - Power saving mode on monitors
  - Double-sided printing
  - Web browser
- According to the Command Policy Memorandum #11C, where can vehicles be washed? (2 correct answers)
  - At Speedy Lube
  - The baseball field
  - In front of your home
  - Personal car wash area behind Speedy Lube

On Oct. 20, 2010, from 20:10 until 22:20, Heidelberg community members are requested to practice what?

# NATO days



Sgt. 1st Class Andrea Howard  
Capt. Philip C. Wolfe, Emergency Management Assessment Team commander, fits a child with a self-contained breathing apparatus during NATO days in the Czech Republic Sept. 17.

## Engineers head to Czech Republic for annual event

By Spc. Aislinn Amig  
18TH ENGINEER BRIGADE PUBLIC AFFAIRS

OSTRAVA, Czech Republic – Members of the 18th Engineer Brigade's Emergency Management Assessment Team participated in NATO days in the Czech Republic Sept. 17-19, sharing their capabilities with the local people and other NATO forces here.

Throughout the three-day event, members of the team demonstrated numerous Soldier EMAT tasks to include how to properly don a self-contained breathing apparatus and an M40 mask, as well as how to don and operate in a fully-encapsulated suit.

The team also displayed and demonstrated the use of multiple pieces of equipment used to detect and identify the presence of

chemical, biological, radiological and nuclear hazards.

The event was important not only for the brigade team but also for the other forces that participated, said Sgt. Adam Mautino, an explosive ordnance disposal team leader for EMAT and a native of Tulsa, Okla.

"It gave them the chance to meet us, see who we are and know that we're knowledgeable in what we do," Mautino said.

Mautino demonstrated the capabilities of the PackBot to the many Czech people and NATO service members present.

The PackBot is an unmanned tactical mobile robot used by explosive ordnance disposal technicians to assist in remote reconnaissance.

"It all goes hand in hand. Our partnership with the

**"It all goes hand in hand. Our partnership with the Czech army and other NATO forces is more solid now."**

-Staff Sgt. Lonzo Shelley, medic

Czech army and other NATO forces is more solid now," said Staff Sgt. Lonzo Shelley, a senior medic for EMAT and a native of Los Angeles, when asked about the benefits of the event.

NATO days allowed the team to form a stronger partnership with not just the Czech forces but also with Belgian and Austrian military forces, he said.

NATO days in the Czech Republic was the second such event that EMAT participated in this year.

The brigade team also participated in Czech Ground Forces day in June.

## REX GRIBBLE

continued from page 1

worked with Gribble for the past 11 years.

"He's very easy going," Villanueva said. "When it comes to the job, he's extremely well-versed in keeping the times of golfers."

As a starter marshal, it's Gribble's responsibility to control the speed of play on the golf course.

"He's extremely good at what he does, even at 89 years old," Villanueva said. "We joke all the time. He's got a good sense of humor, and I like to play tricks with him. If I see a picture of a World War II pilot or biplane I always write the name Rex over it and put in the guard shack. I say 'Rex I think I saw you.' All of us say if we're at that age and we can be like that, we'd be very happy. He's just like a regular guy in his 40s."

When Gribble's not working the greens, you might catch a glimpse of him at Patton Barracks Fitness Center where he routinely works out about four days a week. Up until last year, you could catch him zipping down a pair of snowy ski slopes, before his wife made him hang up the hobby out of fear he'd injure himself.

He served as president of the Heidelberg International Ski Club for several years and he organized ski trips known as the "Great Gribble Getaways." He still attends the club meetings.

Gribble said every morning he starts his day in front of his computer moni-

toring the financial markets and his investments, getting the news, checking his e-mail and catching up on the latest sports scores.

Despite having nearly nine decades of experience under his belt, Gribble's memory and wit have remained razor-sharp. The former pilot and journalist vividly recalled everything from his days as a P-38 fighter pilot flying missions in the Pacific, to developing photographs in the basement of what is now the Heidelberg Health Center.

Gribble served in the Army Air Corps from 1943-1946 and flew 106 combat missions, but surprisingly he never shot anyone down.

"It was a tie, zero to zero, but let me tell you it's better than winning four to one. I shoot four of them down and they shoot me down," he said.

On Aug. 30, 1945, the young first lieutenant was selected as one of eight pilots to fly to Tokyo to represent all of the fighter pilots in the Pacific as part of Gen. Douglas MacArthur's "Air Honor Guard."

Just a few days later, MacArthur accepted Japan's formal surrender aboard the battleship the USS Missouri. The original surrender announcement came Aug. 14. Both dates are referred to as Victory in Japan Day.

"It was a lot of fun being there after the war; it was nothing like what people have to go through now in Afghanistan. The war was over," Gribble said, who called the event "his day in the sun."

"It's different now from the time I

## As his 90th birthday creeps closer, Gribble credits daily exercise, family and a beer or two as the main keys to his legendary longevity.

was in (the military). All these deployments down range are difficult. It's a war and it's not a war, and there are always risks. I've always had a lot of respect for the military and what they're doing. I have a nephew in Afghanistan, and I worry about him."

Gribble left the military in February 1946 and began studying journalism at the University of Nebraska at Lincoln. He fondly remembered conversations with one of his fellow college classmates who would go on to become a late-night television legend.

"I was there when Johnny Carson was a student there. He gave me and another fellow the best advice you could ever give anybody, and we didn't take it. He was in the radio and he said, 'Hey guys get over here to my building. Television is around the corner.' I saw him all the time and he was from Nebraska, too," he said.

After school, Gribble went to work for the Lincoln Star Newspaper, the third biggest newspaper in Nebraska at the time, for about three years before packing his bags and heading back overseas, this time to Germany.

The Nebraska native arrived in Heidelberg on a slow boat Aug. 6, 1951. He took a job in the office of public information at U. S. Army Europe headquarters where he would later go on to

become chief of what is now the Public Affairs Office.

Gribble married Rachel, now a retired special education teacher, in 1957, and the couple later had two girls.

He admitted he and Rachel are just about ready to move back to the States permanently.

As his 90th birthday creeps closer, Gribble credits daily exercise, family and a beer or two as the main keys to his longevity. For those looking to follow in his footsteps, he offers this advice: "Don't become a couch hound watching TV. You've got to get up and get out in the morning and go do something."

When asked if he thought he'd be fortunate enough to live such a long and full life, Gribble seemed slightly unfazed.

"You know I never really thought about it. To me I just want to keep going as long as I can, full bore ahead," he said. "I had two brothers, younger, and they both died a few years ago, and I'm out here at 89. I keep wondering. It's genes a lot of it. I'm convinced."

Gribble also continues to keep his journalism skills sharp as a sports writer for the Herald Post where he submits articles on golf tournament action.

He will celebrate his 90th birthday in March and currently has no plans to retire (again) anytime soon.

## SAFETY

continued from page 1

more than \$20 million in cost avoidance in the second half of the year. An ongoing example is a motor vehicle and motorcycle traffic safety program that is contributing to a downward trend in accidental fatalities. We are at the lowest level in more than seven years, and other military services are looking at our model.

So we can point to examples of how our safety program is working. However, as I said to the safety professionals, for whose work I am truly grateful, we can never become complacent or act as if what we are doing is good enough, as long as we are still losing lives through senseless, preventable accidents.

Everyone is a safety officer. Everyone has an obligation to look out for themselves and the Soldiers, civilians and families around them. The requirements are in place – we have the Army Safety Program and IMCOM's Safety Program – so we need to make sure we act on them. In order to improve our safety efforts,

there are six things I ask us all to consider:

First, we will not cut corners or funds to save money at the expense of our safety program. It is fundamentally unwise to do so. Why would we want to negatively affect a program that saves lives? Rather than cutting corners to save money, we should put money toward the right resources in order to improve the safety program. In doing so, we will have a positive impact in keeping the Army Family in tact.

Second, when we allocate resources for safety programs, we need to make sure to reach all members of the Army Family, not just active-duty Soldiers. Funds need to be allocated for our safety programs to reach Soldiers of all components, retirees, civilians and their families. Only by reaching every member of our communities can we instill a culture that puts safety first – a culture that protects our Army Family and keeps the Army mission ready.

Third, everyone must support the senior commanders

as they are responsible for the life of every Soldier, civilian and family member on their installation. Everyone must embrace the safety program and be actively involved. While the commander is the one ultimately responsible for mission accomplishment and the safety of people and resources assigned to him or her, all of us must know the safety program and carry it out to standard. The safety program is the commander's program and all of us are safety officers.

Fourth, I have been a motorcycle driver my entire adult life and have never had a motorcycle accident. I firmly believe it is not a matter of luck, but preparation. I drive my motorcycle only if I have the right frame of mind, the right protective equipment and a planned route.

Many people label motorcycles as unsafe. However, it is not the motorcycle that is unsafe, it is the driver. That is why leaders need to make sure the appropriate safety training is available prior to a new rider driving a motor-

cycle. It is not smart for an untrained motorcycle driver to drive his new motorcycle on post in order to learn how to operate it properly. Motorcycle driving simulators are necessary and should be made available at every IMCOM installation.

Fifth, the Installation Management Campaign Plan 2.0 is being launched this month at the Garrison Commanders' Conference in San Antonio. The plan's line of effort on safety charges commanders and other leaders to lead the way in changing behavior to prevent accidents, and to empower Soldiers, civilians and families at all levels to speak up when they see someone ignoring safety rules or doing something risky. Safety is everyone's business, and it is our responsibility to ensure safe performance in all we do. Everyone will be held accountable for accident prevention. The LOE calls for providing effective vehicle safety programs; heightening safety awareness; employing hazard control measures; requiring and promoting safe, healthy

practices; and support for the senior commander.

Sixth, I challenge all of you to look at the IMCP's Safety LOE and ask yourselves, "What are we missing?" I often mention the 80 percent solution as being good enough to proceed, but this LOE is an instance when we need to keep aiming for 100 percent. We cannot be satisfied as long as we have a single accident. If safety requirements are not adequate, we will improve them. If we are doing something ineffective out there, we will stop. But if no one tells me, we cannot correct the issue. I need your input.

When we think about the safety program, we should not focus on saving money. We should not concentrate our efforts on finding different ways to reduce costs, but on how to make our safety program better. It is about saving the lives of our Army Family. That is the passion every individual must pursue. When you practice safety and teach others about safety, you are saving lives – and I cannot think of a higher calling.



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- Include pet supplies in your emergency kit.
- Plan what to do if you evacuate.
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- Keep a photo as proof of ownership.

**READY ARMY**  
GET A KIT • MAKE A PLAN • BE INFORMED

It's up to you. Prepare Strong.

## GERMAN NEWS

### Chaos at Oktoberfest

Oktoberfest shuts off its taps on Monday evening after Munich's beer festival welcomed record numbers of visitors to its 200th anniversary celebration. But along with the crowds came chaos this weekend. Police in the Bavarian capital told daily "Süddeutsche Zeitung" that during the annual autumn festival's final weekend they observed an unprecedented flow of visitors not only on the Wiesn, but also in the city's streets. On Sunday, beer tents, beer gardens in the area, and the special historical area set up in honor of the anniversary had to be closed for several hours due to overcrowding. Oktoberfest organizer Gabriele Weishäupl told the paper the festival visitors, which police estimated to be as many as 800,000 on Saturday, had "spilled over."

### German navy thwarts pirates

A German naval warship thwarted an attack by pirates on a vessel off the coast of Somalia, the Defense Ministry said Monday. The Web site of news magazine "Der Spiegel" reported that the frigate "Köln" received a distress call from a Liberian flagged ship on Sunday, sparking the Germans to launch a helicopter that stopped the assailants by firing warning shots. The soldiers then searched the boat of the suspected pirates, but they had by that time thrown any damning evidence such as weapons overboard, making it impossible to arrest them. The aborted attack took place in the Gulf of Aden off the northern coast of Somalia, where piracy has become rife.

### Germany celebrates reunification

Germany Sunday celebrated the 20th anniversary of its reunification, when the capitalist West and communist East merged after decades of Cold War division that ended with the fall of the Berlin Wall. Bremen hosted the celebrations this year led by Chancellor Angela Merkel, who was brought up in East Germany. The reunification treaty was signed on Oct. 3, 1990, just under a year after the Berlin Wall was pulled down in a bloodless revolution, and brought the two halves of the country together. In a recent poll, 84 percent of Germans said they believed national unification after four decades of division had been the right decision.

SOURCE: [www.thelocal.de](http://www.thelocal.de)



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at [dearmsvicki@yahoo.com](mailto:dearmsvicki@yahoo.com).

**Dear Ms. Vicki,**

*I don't have any questions; I just want to encourage you to keep giving good advice to the military community.*

*I am a retired military man and sound advice is hard to find.*

*From: Pastor Alexander*

**Dear Ms. Vicki,**

*I am also a social worker and spouse of a currently deployed service member. I am writing after having read your articles. I am very proud to see that your education and experience are being used to help others.*

*All the best with your Ph.D. and continued success!*

*From: Jewel*

**Dear Ms. Vicki,**

*My husband recently was injured in Afghanistan.*

*I wanted to write to ask you to pass the word to your readers about*

*how important it is to have all of your documents and birth certificates and passports in order in the worst or second worst-case scenario.*

*I received a call telling me I would be traveling to Germany at the Department of Defense's expense to meet my husband.*

*However, the process was going to be minimally delayed because I have no passport. I was granted an emergency passport from the U.S. consulate's office in Washington, D.C.*

*I would highly recommend that all spouses/parents of Soldiers have these documents ahead of time. In your time of crisis, this is the last thing you want to be dealing with. We should all be prepared for the worst and hope and pray for the best.*

*On a positive note, my husband is recovering well.*

*From: Thankful*

**Dear Ms. Vicki,**

*From reading a few of the letters sent to ask Vicki, it seems most of your questions are about relationships. My spouse will be retiring next August and we want to move back to Texas to be closer to family.*

*I am a little nervous because I feel I need to find a better paying job. My plan was to start applying in Texas, but recently we found out what we would get for selling our house, and it will not be enough to break even.*

*I have some ideas to make extra money with a great business idea but I am not sure how to put it into play. I don't have a clue where I should start. I have a lot of questions and don't know where to get the answers.*

*I would like to be a consultant for the military. I have knowledge from*

*working in my current job now that I feel will be very helpful to a lot of active duty personnel. I was told to go to the Small Business Administration, which I have done, but I really still don't have the information I need to get started. I know I need to write a business proposal, but I am not sure how to start that.*

*Any suggestions you have will be greatly appreciated. Thanks.*

*From: A little nervous*

**Dear Nervous,**

*I think becoming a consultant for the military and starting your own business venture is a wise decision.*

*The SBA is a good association to get information from, but if you are thinking of becoming a contractor/consultant for the Department of Defense then I think you should visit its Web site. There is a link for future contractors and getting started. It could be a long process, but it's worth it in the long run.*

*Most cities or counties offer classes and workshops about starting your own business, so visit the Web sites of the county or city you are relocating to. Lastly, check out the National Military Spouse Network Web site. It is also on Facebook. Sue Hoppin is the contact.*

*This organization is doing some great things with providing great resources and helping spouses network and do the things they are really passionate about. It could have information to help you.*

*I really wish you the best, and whatever you do don't give up your ideas and your dreams. Please stay in touch and share information you discover, it will be helpful to me and other readers.*

# Smoke alarms: time-tested, life-saving devices

## IMCOM Headquarters

SAN ANTONIO, Texas – Fire Prevention Week runs through Saturday, but Installation Management Command safety officials, from headquarters to garrison level, say such concerns remain a constant priority.

That's especially true this year as Army installations experienced more than 300 reportable fire incidents in the first three quarters of fiscal year 2010 – resulting in three deaths, nine injuries and \$18 million in damages.

"We are committed in keeping Soldiers and their families prepared and safe whether deployed or at home ... every day, every week, every month, every year," said Gerald Adams, IMCOM fire protection specialist.

"We really emphasize safety and prevention during Fire Prevention Week, but it's something that needs to be a year-round concern," noted Steve Collins, fire chief at Fort Rucker, Ala. "It doesn't matter if it's in the home or at a workplace, fire

prevention is essential."

This year's theme is "Smoke Alarms! A Sound You Can Live With" to educate people on the importance of smoke alarms while encouraging everyone to take the steps to update and maintain their home smoke alarm protection.

"If you were asleep and a fire broke out in your home, do you think the smoke would awaken you? If you think so, you may be dead wrong," Adams said. "In fact, fire and smoke are sedatives that will only put you into a deeper sleep while the squelching sound of a smoke alarm will awaken you."

He made these suggestions:

- Install and maintain a smoke alarm on every level of your home.
- Never remove or disable smoke alarms.
- Test smoke alarms at least monthly by pushing the test button.
- If an alarm "chirps," the warning the battery is low. Replace the battery right away.

Some smoke alarms have strobe lights, also called visible notification appliances, which signal people

with hearing loss. Replace batteries at least twice a year if you own a battery-operated smoke detectors, such as when you change to daylight savings time.

Collins added that having a working smoke alarm in all buildings is a first step to preventing possible disaster.

Collins believes the smoke alarm is a time-tested, proven life-saving device no home or business should be without.

"When an alarm goes off, people should react accordingly," he said. "The device gives plenty of warning, and that has saved numerous lives over the years."

Fire Prevention Week was established to remind folks of the importance of fire safety and the lessons learned following the Great Chicago Fire that killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures and destroyed a business empire. In 1920, President Woodrow Wilson issued the first National Fire Prevention Day proclamation, and FPW has been observed since 1922.

# GET OUT!

## area events

More events online at <http://myBWnow.ning.com>

### October 8

**Holiday Bazaar** - Shop till you drop at Heidelberg's annual Holiday Bazaar through Oct. 10 at the Patrick Henry Village Pavilion. [www.mwrgermany.com](http://www.mwrgermany.com).

**Oktoberfest at the Irish Pub** - Celebrate at the Irish Pub inside Armstrong's Club on Vogelweh Housing 7 p.m.-2 a.m. Bring your friends for beer, grilled bratwurst, a live disc jockey and karaoke. DSN 489-6000, civ. 0631-354-9986.

### October 9

**Stuttgart Beer Festival** - Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

**Salzburg Weekend** - Head to Austria with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

### October 10

**Midnight Bingo** - Bring your dabber sticks for a chance to win two guaranteed \$1,000 games starting at 9 p.m. in the Kazabra Club on Vogelweh. Doors open at 7 p.m. DSN 489-7261, civ. 0631-536-7261.

**Haunted Europa Park** - Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

### October 15

**Photo Exhibit** - A photography exhibit shot by photographer Laura Boston Thek entitled, "Ladenburg... Eine Amerikanische Perspektive," will be shown at the Ladenburg Rathaus. Doors open at 7 p.m. with a distinguished visitor night. Exhibit runs through Nov. 29. [www.bostonthekimager.com](http://www.bostonthekimager.com).

**Maria Costa's Macho Men and the Women Who Love Them** - Backed by a Cuban conga band and sultry singers and dancers, Maria Costa is a comedic genius who will dance and joke her way into your heart. Don't miss this Armed Forces Entertainment production at 7:30 p.m. at KMC Onstage in Kaiserslautern. DSN 483-6626, civ. 0631-411-6626.

**Paris Weekend and Auto Show** - Join Kaiserslautern Army Outdoor Recreation through Oct. 17. DSN 493-4117, civ. 0631-3406-4117.

### October 16

**Weinheim** - Rolling hills with castles, exotic forests, parks and vineyards are typical of Bergstrasse Hills which has as its center the town of Weinheim. Tour the two castles, and the romantic Market Square with its Mediterranean flair with Heidelberg ACS. "This is where Germany starts turning into Italy," said Emperor Josef enthusiastically in 1764 on his way from Frankfurt to Vienna. Cost is €5. Open to all ID card holders. [www.mwrgermany.com](http://www.mwrgermany.com).

[mwrgermany.com](http://www.mwrgermany.com).

**Preseason Ski Express** - Head to Sölden, Austria, with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

### October 17

**Pumpkin Fest** - If you have a soft spot for pumpkins, then the Pumpkin Exhibition or Kurbis Fest at Ludwigsburg's Blühendes Barock Garden provides 500,000 of them. There are more than 450 pumpkin varieties, and you'll find them all here. Fun and surprises around every corner for both kids and adults. <http://affiliates.usa.org/Kaiserslautern>.

### October 20

**BOSS Cheap Eats** - Enjoy Cheap Eats - German food Oktoberfest style at 6 p.m. at the Warrior Zone on Patton Barracks in Heidelberg. Learn how to cook quick and healthy meals on a budget and get your fix of schnitzel, wursts, potato/noodle salads and pommes. Open to service members and their guests ages 18 and over and family readiness group members.

### October 22

**Matthew JC and the All Stars** - Top of the line performers join two-time Emmy Winning Matthew JC for this Runway Rock Show featuring the JC Models at 8 p.m. in the Kazabra Club in Kaiserslautern. Free CDs will be handed out for Operation Rock the Troops. DSN 489-7261, civ. 0631-536-7261, [www.mwrgermany.com](http://www.mwrgermany.com).

### October 28

**Family Fright Night** - Join Kaiserslautern's Army Community Service for Family Fright Night 5-8 p.m. Oct. 28 at Vogelweh Skate Express. Bring the whole family for free skating, a tattoo booth, arts and crafts, games and a family photo area. Put on your best costume and take part in the "Costume Bragging Rights" competition. Sign up by Oct. 22. DSN 493-4015, civ. 0631-3406-4015, [www.mwrgermany.com](http://www.mwrgermany.com).

### October 27

**David Garrett** - Violinist David Garrett will perform at Mannheim's SAP Arena 8-11 p.m. Tickets for his "Classic Romance" tour are available at [www.rheinneckarticket.de](http://www.rheinneckarticket.de).

### October 29

**Halloween Karaoke Party** - Armstrong's Club in Kaiserslautern is kicking off Karaoke Night with a "spooky" Halloween party, live disc jockey and costume contest 9 p.m.-2

a.m. Prizes will be awarded to the top three best costumes. DSN 489-6000, civ. 0631-354-9986, [www.mwrgermany.com](http://www.mwrgermany.com).

**Evil Dead the Musical** - You won't want to miss this campy musical based on a mixture of 80s horror movies at 7:30 p.m. Oct. 29-30 and Nov. 5-13 at KMC Onstage in Kaiserslautern. Tickets: DSN 483-6626, civ. 0631-411-6626.

### October 30

**Halloween Costume Party** - Check out the Cosmic Bowling Halloween Costume Party 8 p.m.-1 a.m. at the Heidelberg Bowling and Entertainment Center on Patrick Henry Village. Win prizes for best youth and adult costumes and stop by the bowling center and vote for which wild and crazy costume you want the bowling center manager to wear.

**Frankenstein Castle Halloween Party** - Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

**Kazabra's Halloween Bash** - Come dressed in your best costume for Kazabra's spooktacular costume contest. Enjoy great games, fun and prizes for the best costume 10 p.m.-4 a.m. at the Kazabra Club in Kaiserslautern. DSN 489-7261, civ. 0631-536-7261, [www.mwrgermany.com](http://www.mwrgermany.com).

**Harvest Festival** - The Landstuhl chapel will hold its second annual Harvest Festival at 2 p.m. at the Landstuhl Regional Medical Center Chapel. There will be games, crafts, snacks and other fun activities for families to enjoy.

**Chili Challenge** - The Heidelberg Middle School PTSA is hosting the Best Chili Challenge and Pumpkin Carving contest 11 a.m.-2 p.m. at the PHV Pavilion. Registration: [Heidelbergmsspts@gmail.com](mailto:Heidelbergmsspts@gmail.com). Schools, educators, units, organizations and community are welcome.

### October 31

**Halloween Special** - The Mannheim Warrior Zone on Coleman Barracks will host a horror movie marathon 2 p.m.-midnight and a Resident Evil tournament beginning at 6 p.m. Everyone who comes in costume will receive a raffle ticket for a free BOSS trip.

**Strike It Rich Bingo** - Let your daubers roll in this overall bingo game 3-6 p.m. at the Kazabra Club in Kaiserslautern. Ten guaranteed \$1,000 "strikes" to be made and \$13,500 is waiting to be won. [www.mwrgermany.com](http://www.mwrgermany.com).

### November 3

**Harry Potter Costume Party** - Dress up as your favorite Harry Potter character at 6 p.m. and join the celebration of the motion picture release of the movie "Harry Potter and the Deathly Hallows Part I" at the PHV library. Event is for students in grades K-12.

## coming to THEATERS

### THE SOCIAL NETWORK

(Jesse Eisenberg, Andrew Garfield) On a fall night in 2003, Harvard undergrad and computer programming genius Mark Zuckerberg sits down at his computer and heatedly begins working on a new idea. In a fury of blogging and programming, what begins in his dorm room soon becomes a global social network and a revolution in communication. A mere six years and 500 million friends later, Mark Zuckerberg is the youngest billionaire in history, but for this entrepreneur, success leads to both personal and legal complications. Rated PG-13 (language, drug and alcohol use and sexual content) 121 minutes.

### PLAYING THIS WEEK

#### Heidelberg, Patrick Henry Village

Oct. 7 - LEGENDS OF THE GUARDIANS: THE OWLS OF GA'HOOLE (G) 7 p.m.  
Oct. 8 - THE SOCIAL NETWORK (PG-13) 7 p.m.; CHARLIE ST. CLOUD (PG-13) 9 p.m.  
Oct. 9 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 4 p.m.; CHARLIE ST. CLOUD (PG-13) 7 p.m.; THE SOCIAL NETWORK (PG-13) 9 p.m.  
Oct. 10 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 4 p.m.; THE SOCIAL NETWORK (PG-13) 7 p.m.  
Oct. 11 - CHARLIE ST. CLOUD (PG-13) 7 p.m.  
Oct. 12 - THE SOCIAL NETWORK (PG-13) 7 p.m.  
Oct. 13 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 7 p.m.  
Oct. 14 - THE SOCIAL NETWORK (PG-13) 7 p.m.

#### Mannheim, Schuh

Oct. 8 - LEGENDS OF THE GUARDIANS: THE OWLS OF GA'HOOLE (PG) 7 p.m.  
Oct. 9 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 4 p.m.; CHARLIE ST. CLOUD (PG-13) 7 p.m.; LEGENDS OF THE GUARDIANS: THE OWLS OF GA'HOOLE (PG) 9 p.m.  
Oct. 10 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 4 p.m.; LEGENDS OF THE GUARDIANS: THE OWLS OF GA'HOOLE (PG) 7 p.m.

#### Vogelweh, Galaxy

Oct. 8 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 4 p.m.; CHARLIE ST. CLOUD (PG-13) 7 p.m.  
Oct. 9 - LEGENDS OF THE GUARDIANS: THE OWLS OF GA'HOOLE (PG) 4 p.m.; CHARLIE ST. CLOUD (PG-13) 7 p.m.  
Oct. 10 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 4 p.m.; LEGENDS OF THE GUARDIANS: THE OWLS OF GA'HOOLE (PG) 7 p.m.

#### Ramstein, Gateway Movieplex

Oct. 7 - SALT (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; CYRUS (R) 11:45 a.m., 2:15 p.m., 4:45 p.m., 7:45 p.m.; RAMONA AND BEEZUS (G) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.  
Oct. 8 - THE SOCIAL NETWORK (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:30 a.m., 2:15 p.m., 4:20 p.m., 6:30 p.m., 8:45 p.m.; CHARLIE ST. CLOUD (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.  
Oct. 9 - THE SOCIAL NETWORK (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:30 a.m., 2:15 p.m., 4:20 p.m., 6:30 p.m., 8:45 p.m.; CHARLIE ST. CLOUD (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.  
Oct. 10 - THE SOCIAL NETWORK (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:15 p.m.; CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:30 a.m., 2:15 p.m., 4:20 p.m., 6:30 p.m.; CHARLIE ST. CLOUD (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.  
Oct. 11 - THE SOCIAL NETWORK (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.; INCEPTION (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m.; CHARLIE ST. CLOUD (PG-13) 11:30 a.m., 2:30 p.m., 7:45 p.m.; CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:45 a.m., 2:45 p.m., 5:15 p.m., 8 p.m.  
Oct. 12 - THE SOCIAL NETWORK (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.; INCEPTION (PG-13) 11 a.m., 2:15 p.m., 5:30 p.m.; CHARLIE ST. CLOUD (PG-13) 11:30 a.m., 2:30 p.m., 7:45 p.m.; CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:45 a.m., 2:45 p.m., 5:15 p.m., 8 p.m.  
Oct. 13 - THE SOCIAL NETWORK (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.; CHARLIE ST. CLOUD (PG-13) 11:30 a.m., 2:30 p.m., 5 p.m., 7:45 p.m.; CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:45 a.m., 2:45 p.m., 5:15 p.m., 8 p.m.  
Oct. 14 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 11:30 a.m., 2:15 p.m., 4:20 p.m., 6:30 p.m.; CHARLIE ST. CLOUD (PG-13) 11:15 a.m., 2 p.m., 4:45 p.m., 7:30 p.m.; INCEPTION (PG-13) 11 a.m., 2:30 p.m., 5:45 p.m.

#### THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238  
Schuh Theater, Mannheim, 0621-730-1790  
Galaxy Theater, Vogelweh, 0631-50017  
Gateway Cineplex, Ramstein, 06371-47-5550

Visit [www.aafes.com](http://www.aafes.com) for updated listings and more movie descriptions

## community HIGHLIGHTS

### Vehicle Auction

Interagency Fleet Management System Europe will hold a public auction of used U.S. government vehicles Oct. 8-17. Bidding will be done through a live Internet auction. The public inspection period will be 9 a.m.-3 p.m. Oct. 13 at the EURO IFMS Consolidated Vehicle Processing Center, McCully Barracks in Wackerheim. Vehicle photos, descriptions, and minimum bid starting prices can be found at [www.vebeg.de/web/en/auktionen/index.htm](http://www.vebeg.de/web/en/auktionen/index.htm). DSN 334-4268, civ. 0160-714-5520.

### Influenza Vaccines Available

#### Heidelberg

- ♦ Family Practice/Immunization Clinic: Walk-in hours Monday-Thursday, 7:40 a.m.-noon and 1-4 p.m.; Friday, 7:40 a.m.-noon
- ♦ Pediatrics Clinic: walk-in hours Monday-Thursday, 1-3 p.m.
- ♦ Oct. 8-9, 10 a.m.-2 p.m., at the Holiday Bazaar Patrick Henry Village Pavilion
- ♦ Oct. 16, 10 a.m.-3 p.m., at Retiree Appreciation Day, PHV Pavilion (Retirees only)

#### Mannheim

- ♦ Family Practice/Immunization Clinic: Walk-in hours Monday-Thursday 8:30 a.m.-noon and 1-4:30 p.m., and Friday 8:30 a.m.-noon

### Women's Conference

Heidelberg Army Community Service will host the first annual Women's Conference in support of Domestic Violence Awareness Month 8 a.m.-4 p.m. Oct. 14 at the Patrick Henry Village Pavilion in Heidelberg. Child care is available. Register: [www.mwrgermany.com](http://www.mwrgermany.com). Open to the first 100 registrants. DSN 370-6883.

### Signal Warrant Officer Meeting

There will be a recruiting and information briefing for Soldiers interested in becoming signal warrant officers at 2 p.m. Oct. 15 in the G-6 conference room on Campbell Barracks in Heidelberg. DSN 370-3098.

### Retiree Appreciation Day

The Army in Europe Retiree Appreciation Day Oct. 16 begins at 9 a.m. (registration starts at 8 a.m.) in the Patrick Henry Village Pavilion with services opening at 10 a.m. Guest speakers will be Brig. Gen. Paul Wentz, USAREUR G4 deputy chief of staff, and Maj. Gen. Patricia McQuiston, commander, 21st Theater Sustainment Command. Also the Association of the U.S. Army is sponsoring and hosting an ice-breaker for the retirees Oct. 15 in the Copper Room at the Village Pavilion at 6 p.m.

### SAFER Exposition for Families

The U.S. Army Garrison Baden-Württemberg Soldiers and Families Evaluating Risk exposition will be held 8 a.m.-5 p.m. Oct. 21 at the Patrick Henry Village Pavilion in Heidelberg. Information booths and demonstrations will be set up with free items, tips and information, flu immunizations and winter driving training. There will also be a drunk driving simulator from AAFES and a SMART motorcycle simulator and a DUI goggles cart course. Mannheim's SAFER exposition will be 8 a.m.-4 p.m. Oct. 28 at the Schuh Theater.

## local EMPLOYMENT

### Child Care Professionals

The Family Child Care programs in Heidelberg and Mannheim are recruiting family members who want a professional career with the benefit of working in their home. Training and assistance are provided at no cost. Civ. 06221-338-9378.

### KAISERSLAUTERN Community

#### ♦ Domestic Abuse Awareness

**Workshop** - In support of Domestic Abuse Awareness Month, an interactive workshop, "My Hands Are Not For Hitting," will be held 10-11 a.m. Oct. 8 at Landstuhl Library-Programming Room. Children ages 3-7 will learn healthy ways of expressing their negative feelings. Parents will be offered a separate workshop to learn the impact of domestic abuse on children who witness it and how they can help a friend prevent it. [www.mwrgermany.com](http://www.mwrgermany.com).

**♦ Auditions for "Beauty and the Beast"** - Auditions for this family musical are open to ages 10 and above and will be held at 6 p.m. Oct. 12-13 at KMC Onstage. Show dates are Dec. 10-12, 18-19 and Jan. 7-9, 14-16. DSN 483-6626, civ. 0631-411-6626.

**♦ CAUSE Meeting** - "Speak Through Pictures" will be the theme of the next CAUSE support group meeting 6-7 p.m. Oct. 12 at Vogelweh Elementary School library. This meeting will provide parents with a communication enhancement tool used to assist children diagnosed with autism and Asperger's Syndrome. DSN 493-4016.

**♦ Amnesty Day** - The 21st Theater Sustainment Command will host an amnesty day 8 a.m.-2:30 p.m. Oct. 12 to allow individuals to turn in ammunition and explosives at the Theater Logistics Support Center - Europe's Ammunition Supply Point 9 at Miesau Army Depot.

**♦ Dental Clinic** - The Landstuhl Dental Clinic will start seeing family members on a space available basis starting Oct. 15. Family with a sponsor assigned to the clinic, located at LRMCC, will now be seen at clinic. For more information call either the Pulaski Dental Clinic at civ. 0631-3406-4443, or the Landstuhl Dental Clinic at civ. 06371-86-8136.

**♦ Free Movie** - In recognition of Domestic Violence Awareness Month, Army Community Service will have a free showing of the movie, "Precious," at 2 p.m. Oct. 21 in Galaxy Theater on Vogelweh. Attendees must be 18 years of age or older. DSN 493-4615, civ. 0631-3406-4615.

**♦ Army Family Action Plan Conference** - The AFAP Conference will take place at the Kaiserslautern Community Activity Center Oct. 27-29. To submit issues or to volunteer to work at the conference, call DSN 493-4357, civ. 0631-3406-4357.

**♦ Family Fright Night** - Join Army Community Service for Family Fright Night, 5-8 p.m. Oct. 28 at Vogelweh Skate Express. Bring the whole family to enjoy this night of Halloween fun. There will be free skating, a tattoo booth, arts and crafts, games and a family photo area. Put on your best costume and take part in the "Costume Bragging Rights" competition. Deadline to sign up is Oct. 22.

Space is limited. DSN 493-4015, civ. 0631-3406-4015.

**♦ Quilt Guild** - Rheinland Pfalz Quilt Guild meetings are held at 9:30 a.m. the third Thursday of each month in the Ramstein North Chapel. Stitch n' Gab are all day 10 a.m.-6 p.m. Fridays at the Kapaun Chapel Annex.

### HEIDELBERG Education

**♦ ACS Classes** - Time Management and Goal Setting, 1-3 p.m. Oct. 12; Commander and First Sergeant Domestic Violence Training, 9 a.m.-4 p.m. Oct. 13 Campbell Barracks, Casablanca Room; Volunteer Orientation, 10-11 a.m. Oct. 13; Investment Basics, 12-1:30 p.m. Oct. 13; Financial Readiness Training, 8:30 a.m.-12:30 p.m. Oct. 14; Goal Setting, 10 a.m.-noon Oct. 14; ACS Outing to Weinheim, 10:45 a.m.-3 p.m. Oct. 16; English as a Second Language Beginner, 9-10:30 a.m. Tuesdays; Intermediate, 11 a.m.-12:30 p.m. Tuesdays; Advanced, 1-2 p.m. Tuesdays and Community Orientation Briefing, noon-3 p.m. every Monday. [www.mwrgermany.com/hd/acs](http://www.mwrgermany.com/hd/acs).

#### Community

**♦ TRICARE Closure** - The TRICARE Service Center located at the U.S. Army Health Center will be closed Friday Oct. 8 for training. It will reopen at 8 a.m. Oct. 12.

**♦ Handel's Messiah** - The Heidelberg Community Chapel Chorus seeks singers for the Handel's Messiah production happening Dec. 11. Rehearsals are ongoing every Monday night (including holiday weekends) at 7 p.m. in the Fellowship Hall of Mark Twain Village Chapel. Civ. 06221-301269.

**♦ Immunization Clinic Moved** - The Heidelberg Health Center is in the process of moving the Immunization Clinic from the first floor to the third floor of Building 3617. Signs will be posted directing beneficiaries to the new location and services will still be available during the move.

**♦ Maintenance Service and Work Orders** - Service orders, used for small jobs beyond the scope of self-help and for emergency work such as broken plumbing or electrical failures, can be initiated over the phone, via e-mail ([so.hd@eur.army.mil](mailto:so.hd@eur.army.mil)) or through the garrison Web site. Work orders, used for maintenance and repair or minor construction projects exceeding the scope of a service order, are initiated through a DA form 4283 sent via e-mail (by appointed work order officers only to [wa.hd@eur.army.mil](mailto:wa.hd@eur.army.mil)). DSN 387-3310, civ. 06221-4380-3310, [www.bw.eur.army.mil/dpw/serviceorder](http://www.bw.eur.army.mil/dpw/serviceorder).

**♦ Jummah Service** - A new Jummah worship service for the Muslim soldiers and family members in the community will be held every Friday at 1 p.m. starting Oct. 8 at the Patrick

Henry Village Chapel. The worship service includes a short sermon, prayer and a question and answer service for all family members and supervisors. DSN 373-6190.

**♦ Community Bank Closure** - Due to mandatory staff training, the Community Bank at the Heidelberg Shopping Center will only be open 9:30 a.m.-noon Oct. 13. The Campbell Barracks location will be open 9:30 a.m.-4 p.m.

**♦ HCSC Luncheon** - The Heidelberg Community and Spouses Club will have its monthly luncheon at 10 a.m. Oct. 13 at the Village Pavilion. There will be bingo, activities tables and more. Cost is \$15. Reservations by Oct. 8: [www.hcsc-heidelberg.com](http://www.hcsc-heidelberg.com).

**♦ Parent Support Groups** - There will be a breastfeeding support group meeting at 10 a.m. Oct. 13 and a cloth diaper group meeting at 10 a.m. Oct. 21, both in the Yellow Ribbon Room in Bldg. 4531 on Patrick Henry Village. DSN 370-6883.

**♦ Tell Me a Story** - There will be a "Tell Me a Story" event 3-5 p.m. Oct. 17 at the Patrick Henry Elementary School. Featured guest reader Gen. Carter Ham will read the book "How to Bake an American Pie" by Karma Wilson. This event is free, but space is limited. Deadline to register is Oct. 11. Reservations: [HeidelbergParent2Parent@yahoo.com](mailto:HeidelbergParent2Parent@yahoo.com).

**♦ Blood Drive** - The Army Community Service Army Volunteer Corps and Armed Services Blood Program will hold a blood drive for Make a Difference Day 10 a.m.-2 p.m. Oct. 23 at Campbell Barracks in the Casablanca Room.

**♦ St. Hubertus Feast** - The German and American communities will gather at Mark Twain Village Chapel for the St. Hubertus Feast at 5 p.m. Oct. 23. St. Hubertus is the patron saint of hunters and, in his honor, a Catholic mass is celebrated. The church will be decorated with greens and branches. The centerpiece of the decoration is the symbol of St. Hubertus, a stag with a cross above. A highlight is the music of the hunting horn. After the mass, the community is invited for refreshments at the Rod and Gun Club in Oftersheim. Civ. 06202-51193.

**♦ Make a Difference Day** - Join Heidelberg Better Opportunities for Single Soldiers during Make A Difference Day Oct. 23. The group will travel to Frankfurt to help maintain the American service members' children's cemetery there. The group will meet at the park and ride at 7 a.m. outside the PHV commissary gate.

**♦ Insurance Health Benefits** - Talk directly to insurance carriers. Discuss health benefits with representatives from Blue Cross Blue Shield, Foreign Service Benefit Plan and Mailhandlers 12:30-2:30 p.m. Oct. 26 at the Heidelberg Civilian Personnel Advisory Center.

**♦ Culinary Challenge** - U.S. Army

Europe G4 Food Service will host the 2010 Culinary Warrior of the Year Award Ceremony at 1 p.m. Oct. 28 at the Village Pavilion. Installation Management Command-Europe will also present the 2010 Philip A Connelly award to the large and small garrison winners and runner ups.

**♦ Developmental Screenings** - Heidelberg Milestones and More Developmental Screenings for children birth to 5 years will be 8:30 a.m.-12:30 p.m. Nov. 4 at the Patrick Henry Village Lion's Den. Children's motor, communication, cognitive, social-emotional, and adaptive skills will be assessed, as well as hearing and dental screenings. Appointments: DSN 371-2738, civ. 06221-172738. Walk-ins are accepted.

### MANNHEIM

#### Community

#### ♦ Construction at Friendship

**Circle** - Construction on the streetcar crossing at Friendship Circle is affecting traffic in and out of Benjamin Franklin Village South. Phase 1 (through Oct. 10) provides access to BFV South via Friendship Circle, however all exiting traffic must use a temporary gate by the guest house onto Gorkheimer Strasse/B38. Phase 2 (Oct. 11-15) provides access to BFV South via Gorkheimer Strasse (parallel to B38) and all traffic exiting BFV South must use the Friendship Circle exit. DSN 385-2541, civ. 06211-730-2541.

**♦ Women's Health Week** - The Mannheim Health Clinic will conduct a Women's Health initiative Oct. 18-22. Appointments: civ. 06221-172622.

**♦ Voting Materials** - Through Oct. 25 Mannheim Postal Service Centers will allow U.S. non-military post office privileged patrons the ability to mail election materials at the Benjamin Franklin Village entrance gate by the POND guard station near the Post Exchange.

**♦ Hallelujah Festival** - There will be a Hallelujah Festival 4-8 p.m. Oct. 30 at the BFV Chapel grounds. Enjoy candy, food and drinks.

**♦ PWOC Meetings** - The Protestant Women of the Chapel will meet 9:30 a.m.-noon and 6-8 p.m. every Tuesday through Dec. 14 in the BFV Chapel basement. Women of all faiths are welcome to join PWOC for Bible study, discussion, singing and prayer. Free pre-school aged child care.

**♦ Road Construction** - Construction has started for Waldstrassenbrücke, the bridge over the railroad next to the "Bauhaus Store" on the main route from Benjamin Franklin Village to Coleman Barracks. Completion date is November 2011. Traffic lanes will be cut back to one for each direction and occasional complete, short-term closures will occur. Anticipate traffic jams. Public transportation is affected as well.

## HHS cross country teams take second

The Heidelberg Lions cross country team placed second at Patch High School in Stuttgart Saturday.

Both the boys and girls teams challenged Patch on their home course and they also faced off against Vilseck and Munich International.

Leading the Lady Lions over

Vilseck and Munich was senior Olivia Darrow who finished fourth overall. Other top Lady Lions included Janell Delgado, Lindsey Duckworth, Stephanie Barlow, Priscilla Steele and Hannah Mayfield.

Four boys placed in the top 10. Leading the boys this week was senior Jaron Henninger who also

placed fourth overall. Other top 10 boys included Kyle Swords in sixth, Brian Hannum in eighth, and Jacob Brainerd in ninth. Not far behind was Jeremy Allen in 11th place.

The team heads to Ramstein this week for its first ever Friday meet.

SOURCE: Sharon Brady

## Lions tame Panthers



Wray Holan

Heidelberg Lion Chris Cuthbert (1) runs the ball during a football game against Patch High School on Patrick Henry Village Saturday. The Lions shut out the Panthers 21-0.

## Heidelberg wins U.S. Forces Boxing Invitational

The Heidelberg Boxing Club won first place overall in the 2010 U.S. Forces Boxing Invitational Sept. 25 at Wiesbaden Army Airfield.

Veteran boxer Thomas Adams (250 wins, 20 losses) coaches the team.

The German boxing team from Ludwigshafen dazzled the crowd with a two out of three victory.

Winners are: Lightweight bout, Prabhpreet Aujla, Ludwigshafen; Middleweight bout, Eugene

Nuschny, Bruchsal; Light Heavyweight bout, Tyrone Lindsey, Grafenwöhr; Light Heavyweight bout, John Rene, Heidelberg; Super Heavyweight bout, Michael Penington, Wiesbaden.

The event was in celebration of Hispanic Heritage Month. Local salsa band Luis Cortes and Borinkuba entertained.

Heidelberg's Boxing Club meets Mondays, Wednesdays and Thursdays, 5-7 p.m. at Campbell Barracks gym.

SOURCE: Shaheed Simms



Shaheed Simms

Referee Edward Hickman announces Heidelberg's John Rene as the winner in a match against Wiesbaden's Travis Sprlinger during the 2010 U.S. Forces Boxing Invitational in Wiesbaden.

### staying ACTIVE

#### Pilates

Heidelberg has three Pilates instructors who offer classes in two locations. Each class lasts one hour. Come a little early to your first class and speak with the instructor about your experience with Pilates. Pilates classes are offered in sessions ending in December. At PHV activity center: Tuesdays and Thursdays at 9 a.m., Wednesdays at 4 and 6 p.m. At Campbell Fitness Center, Thursdays at 5:45 p.m. [www.mwrgermany.com](http://www.mwrgermany.com).

#### Basketball Tournament

Put your game face on and get your team in signed up for the 2nd Annual Columbus Day Basketball Tournament Oct. 9-11 at the BFV Sports Arena in Mannheim. Cost is \$250 entry fee per team. Free entry for all spectators. Register: DSN 385-3164, civ. 0621-730-3164.

#### Strongman Run in France

Get ready for the Strongman Run in La Bresse, France, Oct. 17. This is no ordinary run. It's 13 kilometers of running through hills of tires, climbing over hay walls, crawling under ropes, and mud, sweat and maybe some tears. Start training now with Heidelberg Sports and Fitness to be prepared for this fun and challenging run. [www.mwrgermany.com](http://www.mwrgermany.com), [www.strongmanrun.fr](http://www.strongmanrun.fr).

#### 5K Red Ribbon Run

To spread awareness on drug prevention, join U.S. Army Garrison Kaiserslautern at 10 a.m. Oct. 30 for the 5-kilometer Red Ribbon Run. Walkers, runners and families are welcome. The race will be held at the Java Café on Rhine Ordnance Barracks. Registration is 8:30-9:30 a.m. Register: DSN 493-2088, civ. 0631-3406-2088.

#### Registration For Kaiserslautern Fall Sports

Kaiserslautern Parent Central Services is accepting sign up for 5-18 year olds for the following youth sports: soccer, flag football, cheerleading and tackle football. Visit the office on Pulaski Barracks 9 a.m.-5 p.m. Monday-Friday. DSN 493-4516, civ. 0631-3406-4516.

#### Wii Sports and Wii Fit

Wii Sports and Wii Fit are available for free at Rhine Ordnance Barracks Gym and Landstuhl Fitness Center. [www.mwrgermany.com](http://www.mwrgermany.com).

#### NFL Sundays

**Heidelberg** - Watch football on the big screen at Slapshots on Patton Barracks. First game starts at 7 p.m. and second game starts at 10 p.m. DSN 373-5194, [www.mwrgermany.com](http://www.mwrgermany.com).

**Kaiserslautern** - Catch the latest grid-iron action from your favorite football teams on the big screen at Armstrong's Club 7-10 p.m. every Sunday through Dec. 26. DSN 489-6000, civ. 0631-536-6000.

**Mannheim** - NFL Tail Gate Party throughout NFL season, every Thursday night at BFV Bowling Center starting at 6 p.m. Free finger foods, chance to win a NFL Bowling Ball and free games. Wear your team jersey and get a free game of bowling. DSN 380-9528.

#### Tai-Chi Classes

Center your mind and bring awareness to your body with Tai-Chi, 6-7 p.m. Tuesdays and Thursdays. Classes are \$8 each or \$40 for a book of eight. DSN 493-2241, civ. 0631-3406-2241.

#### Personal Trainers Available

You can begin training with a personal trainer. Trainers are available at Rhine Ordnance Barracks Fitness Center, Landstuhl Fitness Center and at Kleber Fitness Center. DSN 483-7610, civ. 0631-411-7610.

#### Taekwondo Classes

Family and Morale, Welfare and Recreation's SKIES Unlimited Taekwondo classes are now being offered at the Landstuhl Fitness Center 5-6 p.m. for beginners and 6-7 p.m. for yellow belts and up on Mondays, Wednesdays and Fridays. Parents are welcome. Call Central Enrollment and Registration at DSN 493-4156, civ. 0631-3406-4516.