

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
Nov. 4, 2010

Speed Read

POWER HOURS SAVED

Heidelberg saved money Oct. 20 when it observed Power Hours 8:10-10:10 p.m. 3

HUBERTUS THE HUNTER

Germans and Americans gathered at Mark Twain Village Chapel Oct. 23 to celebrate the patron saint of hunters. 3

A COMING HOME OF SORTS

HMEDDAC's chief of facilities was born in the Heidelberg Hospital and has seen his own children born in the same city. 4



SEVERE WEATHER

Be ready this year with a list of phone numbers, Web sites and radio stations to refer to when severe weather strikes. 8

ARMY TEN-MILER

Twelve U.S. Army in Europe Soldiers comprised two running teams in the 2010 Army Ten-Miler Oct. 24 in Washington, D.C. The annual race starts and ends at the Pentagon and takes runners past the major Washington, D.C., landmarks. 8

FOOTBALL CHAMPS

U.S. Army Garrison Baden-Württemberg fans will share the bleachers in Baumholder Saturday when both Mannheim and Heidelberg high school football teams compete at the "Super Six" championships. 16

Defense Details

MILITARY FAMILY MONTH

President Barack Obama signed a proclamation designating November as Military Family Month. "We owe each day of security and freedom that we enjoy to the members of our Armed Forces and their families," Obama said. "During Military Family Month, we celebrate the exceptional contributions of our military families, and we reaffirm our commitments to these selfless individuals who exemplify the highest principles of our Nation. Across America, military families inspire us all with their courage, strength, and deep devotion to our country."

Army news: www.army.mil
Defense news: www.defense.gov

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Warrior care includes support to families

ERMIC Public Affairs

November is Warrior Care Month and leaders throughout the Army are planning events to recognize Warriors in Transition, their families and caregivers.

This year's Warrior Care Month theme is "Army Strong—Family Strong: Caring for Wounded, Ill and Injured Soldiers by Supporting their Families and Caregivers."

"The Army, U.S. Army Europe, the Army Medical Command and many others are grateful for the contributions of our warriors and their families, including local immediate family members as well as extended family members within and outside of Europe," said Lt. Col. Michael Richardson, Warrior Transition Battalion-Europe commander.

The mission of WTB-Europe is to provide command and control, primary care and case management for warriors in transition to establish the conditions for their transition and to promote their timely return to the force or to civilian life.

The job of Soldiers assigned to a Warrior Transition Unit is to return to active duty or to return to civilian life with skills acquired while part of the WTU designed to help their successful transition.

Richardson said the support and assistance of families and caregivers is an essential element of the healing and recovery process for every wounded, ill and injured Soldier.

"Families are so important for the successful

see **WARRIOR** page 12

Call 30-20-30

City provides rides to, from PHV

Staff Report

Heidelberg community members will be able to use public transportation to get into Heidelberg from Patrick Henry Village starting Nov. 8.

The new "ruftaxi," or call taxi, will be available

10 times a day Monday through Saturday and six times a day on Sundays. However, the taxi will not automatically stop at the new sheltered location just inside the commissary gate or at the main Heidelberg-Kirchheim stop.

Riders must call civ.

06221-302030 at least 30 minutes prior to the pick-up time to ensure a vehicle will be at the stops. The size of the vehicle – a car, van or bus – will depend on the number of passengers.

U.S. Army Garrison Baden-Württemberg see **RUFTAXI** page 12



Story tales come alive at school parade

By Dijon Rolle

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

A colorful cast of storybook characters came to life to take over the streets surrounding Mark Twain Elementary School in Heidelberg on Friday.

The lively procession included the likes of Snow White, Ramona Quimby, Optimus Prime, Wonder Woman, Pippi Longstocking, the Statue of Liberty, Cleopatra and several sets of bespectacled Harry Potters with spell books in tow.

Students, teachers and parents marched together during the school's annual book character parade held each year on the last Friday in October.

The event was designed to promote reading and allowed children to dress up as their favorite characters for the day.

U.S. Army Garrison Baden-Württemberg commander Col. William Butcher, dressed in a pirate see **PARADE** page 12

Da'Zha Loney wears an Egyptian princess costume for the Mark Twain Elementary School book parade in Heidelberg Friday. Children to dress up as favorite storybook characters to promote reading. Students, staff and parents marched in a procession around the school.

Dijon Rolle

COMMENTARY

Maintaining the standard

By Donna Walker

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

I've been editor of the Herald Post for a few weeks now under the tutelage of Kelli Bland who recently left to take a job at U.S. European Command. For the past three years, she has maintained the highest standards of journalistic integrity in the business.

How high? The newspaper currently defends the title of best in the Department of Defense, having won the 2010 Thomas Jefferson Award.

What it means is that I have big shoes to fill, and anyone who has met me will tell you, I'm a little person...5 foot 2 if I wear two-inch heels. My main goal as editor is to maintain the high standards Kelli and the staff have set.

While working here these past weeks, I've observed that the Herald Post's success belongs to a lot of people, mainly to you, the members of the Heidelberg, Mannheim and Kaiserslautern communities. The submissions we receive from parents, coaches, garrison agencies and public affairs

offices are what make the paper. We couldn't produce it without your support, and we are grateful for it.

I've also noticed an attitude pervades the Public Affairs and Herald Post staffs that contributes to their success and this is it: we want to help, and if we can't help the way you envision then perhaps there's another way.

So this is what I'm getting into: the highest standards in a newspaper, the best readers/submitters, and the most positive staff imaginable.

I'm proud to be part of this team, and I hope I measure up. I ask you to let me know how we're doing every now and then. In fact, I hope to hear from you.

Call me at DSN 373-7243, civ. 06221-17-7243 or e-mail usaghd.post@eur.army.mil. This address and phone numbers are always listed in our masthead at the bottom of this page.

And please, keep those photos, articles and announcements coming.

Guidelines for submitting information can be found at www.bw.eur.army.mil/news/submissions.html.

COMMENTARY

One year later: from Soldier to civilian

By Dijon Rolle

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

It's officially been a year since I hung up my boots and traded in my well-worn Army Combat Uniform for a smart yet stylish three-button cardigan, pearl earrings and ballerina flats (nope, I can't believe it either).

In all honesty not much has changed since I left the military which kind of surprised me.

Even as a civilian I still have a chain of command I report to although I no longer have to stand at parade rest or attention when speaking to them.

I will admit it took me a while to break the habit. Even now if I'm walking by and someone yells attention (or some other random word really loud), I still have to fight the urge to lockup. I still say sir or ma'am sometimes but that's only because I'm from the south and it's just something we do.

Yes, there are times when I do miss my old uniform particularly on Monday mornings. I never really had to put much thought into what to wear everyday or whether or not I've already worn these slacks earlier in the week, or wonder if anyone would even notice if I did. I really do own about four pairs of black slacks alone so technically it's not a repeat. Besides black goes with everything.

I still get up early to commute each day to Heidelberg from my house in Sembach either by car or train. Sometimes I do long for my old 20-minute ride home from work (10 without traffic), but I made the choice not to relocate for personal reasons.

As a civilian I still do physical training, but now I only do push-ups if I want to and it's extremely rare that I want to. In fact pigs

would probably fly attack helicopters before I felt the urge to knock out 20 just because. I will admit though, I'm no longer at my original 'fighting weight' and it's completely my own fault.

It really doesn't take long when you know you have the option of going out to run or rolling back over and hitting the snooze button.

Yep I've spent a lot of quality time with Ben and Jerry's lately and at the German bakery down the street from my house and this great little Italian place in Landstuhl, and, sadly it shows.

So these days, if you happen to see a pleasantly plump silhouette swaddled in a pink Nike warm-up suit moseying around the track or sweating it out at the local fitness center that would be me. I probably won't be able to wave hello to you because I have to focus every ounce of my energy on breathing and remaining upright.

Since I still work with the military, now as a civilian, I didn't face such a complete culture shock merging into the workplace. And judging from the current economic outlook, I just thank God everyday that I even have a job.

I've learned some valuable lessons over the course of this year: always keep a pair of flat shoes or sneakers under your desk (high heels hurt); bring your lunch it really is cheaper; death by Power Point still exists; and whether I'm a Soldier or civilian, my career and my life will only be what I make of it.

Overall I can say that one year later I'm still content with my decision to join the ranks of the civilian Army.



www.facebook.com/BWnow
<http://myBWnow.ning.com>

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

Question: What's the first thing you or your family do to begin preparing for the holiday season?

"Book tickets to fly back to the states! Nothing beats spending Christmas day with friends, family, food and FOOTBALL!"

-Gia Oney, BWnow Facebook fan

"Drag all the holiday decorations out of the basement... decide on a color scheme ... and then untangle the entire mess!"

- Jacqui Haggerty, BWnow Facebook fan

"Cleaning, shrubbing the place, looking up Christ-kindlemarkets and events in the area,"

-Bettina Corter, BWnow Facebook fan

"Plan the budget-The holidays are so much more enjoyable if you are not digging yourself into debt at the same time. It also keeps you from overspending if you are working off a set budget. Do they really need to have one of each or are they perfectly fine with just one?! ..."

-Susan, BWnow member



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

35,000 10-watt bulbs = energy saved Oct. 20 during Power Hours



Staff Report

U.S. Army Garrison Baden-Württemberg saved energy Oct. 20 when families, Soldiers and businesses participated in Power Hours.

"We had a depression of 350 kilowatts in Patrick Henry Village at approximately 8 p.m. It's not a lot of cost reduction but shows there are a lot of Soldiers who care and switched of their lights," said Dan Welch, USAG BW Facility Engineer.

Power Hours occurred in the two-hour span from 8:10-10:10 p.m. as a way to observe Energy Awareness Month. Environmental Division officials said the event was visibly successful.

"We had a big drop in usage," said Delphine Meeh, pollution prevention specialist who added that if older, higher voltage incandescent light bulbs were still being used, savings would have been impacted more.

"Using newer light bulbs

reduces the cost of electricity compared to the old incandescent lights so while energy savings were high, cost savings were low," she said.

"The energy-saving lights in housing are typically 11 watt or 7 watt. Therefore, this could be calculated as 35,000 lights with 10 watt each being switched off," Welch said.

Businesses encouraged observance of the Power Hours including the Bowling Center with cosmic bowling and AAFES Theater with an 8 p.m.

movie start time. Better Opportunities for Single Soldiers conducted its activities in the Warrior Zone with approximately 30 Soldiers there until 10 p.m.

Computerized tracking showed a sharp drop at 8:10 p.m., Welch said. Usage continued to drop followed by a notable spike about 10:10 p.m. when the observance ended. It then decreased steadily, assuming, Welch said, "that's when people were going to bed."



Linda Steil

Members of the Heidelberg Community Chapel Chorus practice for the upcoming chapel presentation of Handel's Messiah with director Ed Matthiessen and pianist Marco Cruz at Mark Twain Village chapel. The choir will be joined by soloists and a professional symphony orchestra for the performance at 7 p.m. Dec. 11. Anyone wishing to participate in this presentation may do so by joining the chorus on Monday evenings at 7 p.m. at MTV Chapel.

In Memoriam

Ty Alec Michael, 50, died at his home in Weinheim, Germany, Oct. 15. Ty was the son of the late Larry L. Michael and Peggy Davis Cole. He is survived by his wife Michelle Michael, son Keegan Michael of Weinheim, mother, Peggy Cole of Ada, Ohio, and brother Bo (Brittany) Michael of West Sand Lake, New York. Ty graduated from Ada High School in 1978 and Ohio Northern University in 1989. He was employed at the Mannheim Commissary. A memorial service was held at Colonial Golfer's Club in Ohio Oct. 30.

J.C. Gallow – A memorial service for J. C. Gallow, who for many years worked for the Army and Air Force Exchange Service in the Heidelberg community, took place Nov. 2 at the Mark Twain Village chapel.

Germans, Americans celebrate Hubertus the hunter

By Jennifer King
HEIDELBERG ROD AND GUN CLUB

The haunting notes of traditional hunting melodies filled the Mark Twain Village Chapel Oct. 23 as the Heidelberg community celebrated the St. Hubertus Mass.

With music provided by "jagdblaser," or hunting horns, the celebration of the

patron saint of hunters was led by Father (Lt. Col.) James Betz and attended by nearly 100 people.

"The Heidelberg community is the only American military community in Germany that has made the Mass a yearly event," said Col. Armon Cioppa, president of the Heidelberg Rod and Gun Club Advisory Council. "Our

mass is attended by both Germans and Americans, making it a very special event for both hunters and the American military community."

Mark Twain Village Chapel was decorated by volunteers to reflect the traditional decorations. Volunteers met early in the forest near St. Leon-Rot to gather branches and greenery for the chapel.

"The St. Hubertus Mass has been celebrated in Europe for more than 200 years," Cioppa explained.

"The Europeans use decorations from the forest in the chapels during the Mass, and we have followed that European tradition here by hanging wreaths and putting trees and garlands throughout the chapel," he said.

"The German community is very supportive of our annual Mass, and we receive special permission to enter the German forest and remove trees and greenery for use in our event," Cioppa said.

"I really enjoy being part of something that is so rich in tradition and history," said Erika Dietz-Ecsodi, one of the volunteers.

Testing the jaws of life



Chris Manser

Firefighter Dinnes Müller works with the Jaws of Life during training Oct. 29-31 at the Gernersheim Fire Station. Gernersheim firefighters and the Emergency Management Battalion from Marburg-Biedenkopf in the state of Hessen trained together Oct. 29-31 using real life scenarios of road accidents involving hazardous materials. The training was developed and conducted by Gernersheim Training Officer Capt. Oliver Hinterlang who also is a voluntary member of the Management Battalion when off duty. The objective was to work in an unknown environment with other units. Participants practiced effective handling of the Jaws of Life and new rescue techniques.

Former Heidelberg hospital baby now chief of facilities for medical activity

HMEDDAC Public Affairs

The current Heidelberg Health Center no longer delivers babies in its facility – but in years past, many babies were born in the former Heidelberg Army Hospital.

One of those babies, Mark Wentink, born Oct. 28, 1973, has since returned to his place of birth and now serves as the Chief of Facilities for the Heidelberg Medical Department Activity.

Wentink has now been in Germany for seven years – two in Wuerzburg, two in Wiesbaden and three in Heidelberg. He's worked for HMEDDAC since January of 2008.

"In a way, it is ironic – but somehow so fitting," he said. "I was born in this building way back in the 70s. Here we are in 2010. I have traveled full-circle back to the place of my birth. This is my house."

As chief of facilities, Wentink manages a team of engineers, technicians, quality control specialists and administrative professionals. "Our team manages all medical facilities in the HMEDDAC footprint – Heidelberg, Mannheim and Stuttgart," he said.

HMEDDAC Facilities manages an operations and maintenance program that ensures the safety and reliability of facilities and equipment; manages a program of construction and renovation projects that correct



Mr. Oluwaseyi Adeyemo

Newborn Mark Wentink with his mother Frances in front of the U.S. Army Hospital Heidelberg in October 1973.

deficiencies and improve the Environment of Care for HMEDDAC patients; and manages space utilization and allocation in all medical facilities.

"My favorite part about working at HMEDDAC is my daily interaction with my facilities team and our customers," he said.

Wentink admits there are obvious benefits to living in Europe.

"Easy travel to all those places you've always wanted to visit; easy access to so many cultures in a relatively small footprint; and excellent festivals including the food, beer and wine," he said were some of his favorites.



Retired LTC Michael J. Wentink

Mark Wentink, born in the Heidelberg Army Hospital and currently the HMEDDAC chief of facilities stands with wife Hayley and son Mark, Jr. in June 2008.

Thirty-seven years after entering the world in Heidelberg, Wentink says his favorite part of his current job and his biggest accomplishment here is simply providing inspiration.

"My biggest accomplishment at the Heidelberg Health Center is the daily motivation I can inspire in others," he said.

Wentink has also brought the family connection even more full-circle – he and his wife, Hayley, have had all three of their children in Heidelberg – Mark, Jr., born in 2008 and Annabella and Joseph born in 2010.

transformation UPDATE

Frequently Asked Questions Have a transformation-related question you'd like answered?

E-mail usaghd.post@eur.army.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/transformation.

Is everyone moving to Heidelberg?

At this point, new Mannheim Soldiers have the option of living in Mannheim or Heidelberg. Those with high school age students are encouraged to reside in Heidelberg. The following will be considered when the housing assignment is made: forecasted unit location, number of family members, number of school-age children and commute to school and commute for Soldier to place of work.

Are you closing Mark Twain Village?

The section to the left of the chapel, which includes buildings 3721-3728, will close once all the families currently living there have moved out of the Heidelberg area. No one will be forced to move; but housing in that section will not be back filled.

What services will stay in Mannheim for the time being?

Services staying in Mannheim include the Child Development Center, School age Services, Youth Sports, chapel, shoppettes (Coleman and Sullivan), bowling centers (Sullivan and Coleman), Army Community Service and the Top Hat Club. The closure of the library, movie theater and medical and dental clinics is dependent upon customer usage. There will be satellite offices for In and out processing, housing, ID cards, etc., until the customer base decreases. Then services will be available in Heidelberg.

Why are you moving so many services to Spinelli Barracks when it is closing, too?

Spinelli Barracks is one of the longer-term installations in the Baden-Württemberg footprint. It is a strategic move for us to move services there because it has a lot of warehousing available, and it will be one of the last installations to close.

When will the Mannheim PX close? Will there be transportation to other PX locations?

Closure has not been determined, but new hours will begin Jan. 3. The facility will be closed on Mondays and open 10 a.m.-8 p.m. Tuesdays-Saturdays and 10 a.m.-7 p.m. Sundays. The garrison is working on a shuttle service between the Heidelberg and Mannheim communities to ensure Soldiers and families have access to services in both communities.

www.bw.eur.army.mil/transformation

15th Trailer Transfer Detachment inactivates

By Capt. Joe Hall
15TH TTD COMMANDER

The 15th Trailer Transfer Detachment, 39th Transportation Battalion, 16th Sustainment Brigade, officially inactivated during a ceremony Oct. 15 at Kleber Kaserne in Kaiserslautern.

It was the last U.S. Army detachment of its kind in Europe.

The detachment's history dates back to 1955 when it was given the mission to assist with clearing the Port of Bordeaux, France, following World War II.

Three years later it was moved to La Rochelle, France, to again assist in clearing the port.

In 1963, the 15th TTD moved to Bremerhaven where it remained until 1970 when it moved to Russelsheim to perform its trailer transfer mission in support of line haul transportation operations in the central part of Germany.

With the advent of an air line of communication channel from the United States, the detachment was again relocated.

In 1977 it stood up operations at Rhein Main Air Base near Frankfurt where it cleared cargo from the air terminal, linking the aerial port of debarkation with truck line haul operations for the next 16 years.

In 1993, the detachment made what would be its final move to Kleber Kaserne in Kaiserslautern.

Throughout its tenure, the detachment played a critical role in the movement and transload of cargo and the maintenance of thousands of U.S. military line haul trailers, at one time a common site on the German autobahns.

The Soldiers said they were sad to leave such a close knit unit but proud of what they had accomplished.

All the Soldiers will remain in the 39th Transportation Battalion with the exception of the detachment first sergeant, Sgt. 1st Class Anthony Cluke-Mitchell, who will relocate soon.

Faces of the community: Patton Dining Facility



Brandon Sprajins

Pvt. Mathew Bolden chops cabbage, tomatoes, celery and green bell peppers for "Mexican Coleslaw" to serve during the Patton Dining Facility themed meals. The Patton DFAC is open Monday through Friday 7 a.m.–8:30 a.m. for breakfast, 11:30 a.m.–1 p.m. for lunch and is closed on training and federal holidays. The dining facility will serve a Thanksgiving meal 11 a.m.–2:30 p.m. Nov. 24.

Behavioral health campaign focuses on healing, recovery

By Steve Davis
ERMC PUBLIC AFFAIRS

The Europe Regional Medical Command has initiated a long-term behavioral health campaign focused on healing and recovery from behavioral health wounds.

The ERMC program implements the Army Medical Command's Comprehensive Behavioral Health System of Care to strengthen support services that sustain the physical and emotional well-being of Soldiers and families through deployment and redeployment.

The type and quality of behavioral health care a Soldier may get at Fort Bragg and in Europe will be the same, said Lt. Col. Jennifer Humphries, director of ERMC Soldier and Family Support Services.

The program synchronizes routine behavioral health

screenings with a unit's operational tempo. The Army recognizes that some Soldiers experience repetitive deployments into combat and high-stress environments and has developed these standards to maximize resources and effective treatment outcomes, Humphries said.

Dr. Maria Crane, a behavioral health specialist and director of the ERMC Traumatic Brain Injury program, said the Comprehensive Behavioral Health System of Care is a multi-disciplinary, cross-organizational approach that emphasizes identifying, preventing, treating and tracking behavioral health issues affecting Soldiers.

"In Europe, we are engaged with U.S. Army Europe, IMCOM-Europe and the Public Health Command Region Europe to integrate

all available assets to prevent and mitigate long-term behavioral health problems."

The "assets" include behavioral health and social services, Chaplain Corps programs, tele-behavioral health consultation and treatment interviews, Respect-MIL and unit behavioral health liaison teams, among others.

Crane said tele-behavioral health programs enable providers to treat Soldiers across combat theaters or close to home.

"Using tele-behavioral health will increase access to care and reduce wait times," she said.

Crane said an integrated and synchronized continuum of care and "compassionate leadership" will ensure that Soldiers receive front-line prevention and intervention services to re-

duce, identify, treat and heal their physical and "unseen" wounds, as required by law.

The 2010 National Defense Authorization Act requires mental health assessments for service members deployed in connection with a contingency operation.

Because most behavioral health problems do not become apparent until about three months after deployment, Crane said Soldiers will be routinely screened at least five times during the deployment and redeployment cycles and also tracked to make sure they are okay.

Crane said the intent of each screening is to identify post-traumatic stress disorder, suicidal tendencies and other behavioral health conditions or issues the Soldier may be having and determine if additional care and treatment is recommended.



U.S. Army photo

Twelve U.S. Army in Europe Soldiers represented USAREUR as part of two running teams in the 2010 Army Ten-Miler Oct. 24 in Washington, D.C. The annual race, which starts and ends at the Pentagon, takes runners past the major Washington, D.C. landmarks and memorials including the Washington Monument, the Kennedy Center and the Capitol.

USAREUR Soldiers run Army Ten-Miler

By Bruce Anderson
USAREUR PUBLIC AFFAIRS

WASHINGTON, D.C. – Twelve U.S. Army in Europe Soldiers represented USAREUR as part of two running teams in the 2010 Army Ten-Miler here Oct. 24.

The USAREUR men's team finished with a time of 3:42:09, getting second place in a field of 40 teams from across the Army. The USAREUR mixed team finished with a time of 4:41:25, placing 14th out of 46 mixed teams.

The annual race, which starts and ends at the Pentagon, takes runners past the major Washington, D.C. landmarks, such as the Lincoln and Jefferson memorials, the Washington Monument, the Kennedy Center and the Capitol. But many of the runners were concentrating so intently on the race that they didn't see much of the monuments.

"You've got to be able to focus on what you're doing when you're running up front," said Maj. Keith Matisckella, assigned to the Joint Multinational Training Command in Grafenwoehr. Matisckella was in-

deed running up front, finishing 20th overall with a time of 51:28.

Sgt. Katherine O'Dell, assigned to Headquarters, USAREUR, didn't see many of the monuments either, partly because of her focus and partly because of the large number of runners in the race.

"It was great to see so many people together, but it was kind of tough to find room to run," O'Dell said.

According to race organizers, the 30,000 registered runners made the 26th annual race the second-largest 10-mile race in the United States and the third-largest in the world.

The size of the race wasn't the only thing that impressed O'Dell. She said she was proud to participate in the race, and was especially humbled to run with competitors who had lost their legs and with runners carrying photos of fallen Soldiers.

"This is a good way to honor people who have made sacrifices in war," O'Dell said.

Matisckella, who first ran this race in 1997 and has competed nearly every year since, does so in part because it gives him a chance to catch up with people he has served with during his Army career.

"We're a big family here in the Army," Matisckella said. "Once you've served with someone, you remember them."

For more information about the race and complete results, visit www.armytenmiler.com.

USAREUR Men's Team

Maj. Keith E. Matisckella, Joint Multinational Training Command: 20th overall, 3rd in division, 51:28

Maj. Daniel E. Welsh, 172nd Infantry Brigade Combat Team: 55th overall, 11th in division, 55:30

Capt. Kyle A. Greenberg, U.S. Army Garrison Garmisch: 52nd overall, 20th in division, 55:16

1st Lt. Bradley W. Glosser, 12th Combat Aviation Brigade: 172nd overall, 25th in division, 59:55

1st Sgt. Walter L. Johnston, USAREUR Band: 312th overall, 25th in division, 1:02:50

Sgt. John J. Baeza, Bavaria Dental Activity: 607th overall, 126th in division, 1:06:32

USAREUR Mixed Team

Capt. Myra Galusha, 3-158th Aviation Regiment: 375th overall, 8th in division, 1:03:45

Chief Warrant Officer 5 Edgardo D. Academia, 7th Signal Brigade: 575th overall, 45th in division, 1:06:15

Staff Sgt. Alicia L. Anderson, 7th Army NCO Academy: 1,760th, 71st in division, 1:13:41

Spc. Kattie L. Lucido, Headquarters, V Corps: 7,186th overall, 428th in division, 1:28:46

Sgt. Katherine E. O'Dell, Headquarters, USAREUR: 2,798th overall, 46th in division, 1:17:44

Spc. Ekaterina I. Volsky, Headquarters, USAREUR: 4,015th overall, 201st in division, 1:21:22

Where do you turn when

Severe Weather hits?

For road condition information call:

USAG Heidelberg:

USAG Kaiserslautern:

USAG Mannheim:

DSN

388-2223

480-2653

385-2589

Civilian

06221-678-2223

06371-47-2653

0621-730-2589

Road, weather conditions, school closure information online:

<http://g3operations.hqusareur.army.mil/Divisions/OPS/ASGConditions/default.asp>

**A link can be found under the safety menu on the USAG Baden-Wurttemberg homepage: www.bw.eur.army.mil.

Listen to AFN for updates:

Heidelberg:

104.6 FM

AM 1143

Kaiserslautern:

100.2 FM

AM 1107

Mannheim:

107.3 FM

AM 1143

Via AFN decoders: FM signal is Channel 152. The AM signal is Channel 153.

**For duty schedule variations contact your chain of command.



U.S. Army Photo

Flares and artillery simulators light up the sky during the M4 Rifle Night Qualification event at the Department of the Army Best Warrior Competition at Fort Lee, Va., Oct. 21. The competition is the premier event to determine the top NCO and junior enlisted Soldier in the Army.



Capt. Andrew Frazzano

San Antonio, Texas, native 2nd Lt. Ronald Youngblood, a fire support officer with 2nd Battalion, 5th Cavalry Regiment, 1st Brigade Combat Team, 1st Cavalry Division, eats his lunch with the students at Leon Heights Elementary School as part of the Adopt-A-School Program Oct. 27.



U.S. Air Force Staff Sgt. Brian Ferguson

Escorted by dozens of children, Sgt. 1st Class Jeff Cesaitis exits the site of a future park in Qalat, Afghanistan, during a site visit Oct. 28. Sergeant Cesaitis is assigned to Provincial Reconstruction Team Zabul's security force.

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visit www.army.mil



Sgt. Michael J. Madeod

Indiana Army National Guard Col. Daniel McMillen, agricultural expert in 2-19th Agribusiness Development Team, hugs his daughter for the first time since returning home from a year-long deployment to Afghanistan Oct. 20 at Stout Army Airfield in Indianapolis. The ADT is a newer concept involving a culmination of subject matter experts in various fields of farming and business, training rural Afghan farmers to turn a profit from their crops and mentoring them on 21st century farming techniques.

RUFTAXI

continued from page 1

Commander Col. Bill Butcher worked closely with city officials to get the route up and running, so Soldiers and families living on PHV could have access to the city without having to drive.

"We're working to meet the needs of our community," Butcher said. "I talked with the city of Heidelberg and explained the need for public transportation closer to PHV. The Heidelberg lord mayor agreed to partner with

us and start this service."

Results from a community survey completed in August were used in the planning of the pick-up schedule.

"The city is willing to expand the service to a full bus stop sometime next year if it's warranted by the usage rate," Butcher said.

For the convenience of the riders, the garrison's Directorate of Public Works has added a pedestrian entrance in the fence near the commissary, so riders can park at the commissary and easily

walk to the stop.

For €1.50, passengers can ride from PHV to the streetcar and bus stop in Heidelberg-Kirchheim or back to PHV. From Heidelberg-Kirchheim passengers have direct access to Bismarckplatz on streetcar #26 or the city's main train station via bus #33.

Transportation on the streetcar or bus is not included in the ruftaxi fee. Individuals with student or yearlong public transportation passes will not have to pay the €1.50 fee.

Ruftaxi Schedule

From PHV to Kirchheim

Monday-Saturday: 6:50 a.m., 7:50 a.m., 8:50 a.m., 10:50 a.m., 11:50 a.m., 12:50 p.m., 2:50 p.m., 4:50 p.m., 6:50 p.m., 8:50 p.m.
Sunday: 11:50 a.m., 12:50 p.m., 2:50 p.m., 4:50 p.m., 6:50 p.m., 8:50 p.m.

From Kirchheim to PHV

Monday-Saturday: 6:30 a.m., 7:30 a.m., 8:30 a.m., 10:30 a.m., 11:30 a.m., 12:30 p.m., 2:30 p.m., 4:30 p.m., 7:30 p.m., 8:30 p.m.
Sunday: 11:30 a.m., 12:30 p.m., 2:30 p.m., 4:30 p.m., 7:30 p.m., 8:30 p.m.

Passengers MUST call the Ruftaxi at civ. 06221-302030 at least 30 minutes in advance for pick-up

PARADE

continued from page 1

costume and eye patch, and Command Sgt. Maj. Annette Weber, decked out in a pink Power Ranger suit, served as grand marshals for the event.

The two urged the students to do their best in school and to have fun during the parade as participants soaked up the unseasonably warm temperatures and sunny skies.

Seville Cress has participated in the parade for the past three years and this year the fourth-grader opted to go as Lady Liberty.

"I watched 'Ghost Busters' and then I decided the Statue of Liberty would be a great costume for me," Cress said. "I made it myself. The torch took a long time to make but the fire inside of it is fake."

The fourth-grader also revealed her distinct dress was actually a hospital gown she picked up during a doctor's visit.

"It was great parade this year and my friends and I had a lot of fun," she added.

Seville and her class mates weren't the only ones having a good time.

Third-grade teacher Linda Williams came dressed as Mrs. Potts from the Disney movie "Beauty and the Beast." She said she chose the outfit because of her affinity for hot tea.

"This is the best day of the whole

year. It beats out your birthday and it's fun to pretend to be someone else. The kids are so excited and we always have such a great time doing it," Williams said.

This was Williams' 15th parade and sadly it will also be the last one for her and the rest of the school's students and staff. The school is scheduled to close next year.

"It's sad but it's time. We've been expecting it because the classes our school has gotten smaller and smaller and we knew it was coming but it's still hard to hear that it's going to happen. These guys will shift over the Patrick Henry but all the teachers will be scattered over," Williams said.

The Pennsylvania native has nearly three decades of teaching experience and said she plans to continue.

School principal Dolly Crooks said although they would love for the school to remain open, there is a bright-side to the closure as well as an opportunity for the children to learn from it.

"Of course there's a sadness to it but also a realization that we want the children to experience. In life nothing stays the same and when we close that door, we know new opportunities will present themselves and it's time to get on. Yes there is regret, but there's also a sense of excitement to think that next year all of us will be in different



Dijon Rolle

Second-grader Brenna Demko, dressed as her favorite storybook character Pippi Longstocking, is all smiles as she waits to take part in the very last Mark Twain Elementary School book character parade in Heidelberg Friday.

places."

After winding around the parade route, the small Army of alligators, cowboys, robots, pirates and princesses trekked back into the school amid cheers from parents and staff frantically snapping photos of the very last book character parade.

The Mark Twain Elementary School is scheduled to permanently close its

doors in June as a part of ongoing transformation efforts.

The vacant space will be used to help accommodate the influx of high school students coming from Mannheim.

Crooks said the school plans to have a farewell celebration for students, faculty and alumni at the end of the school year

WARRIOR

continued from page 1

transition of our warriors. They have to be included in every step of our program," Richardson said. "We actively seek ways to give them a voice in warrior care programs and processes."

In their new role, many services traditionally focused on wounded, ill and injured Soldiers are expanding to support and involve families and caregivers as well, including social services, counseling, resiliency training and transition planning.

"We clearly have an obligation to rehabilitate and support Soldiers," said

Warrior Care Resources:

Army Wounded Warrior Program, www.aw2.army.mil
Wounded Warrior Resource Center, www.woundedwarriorresourcecenter.com
IMCOM-Europe Soldier and Family Assistance Centers, <http://tiny.cc/hcck7>

Maj. Thomas Fulton, WTB-E executive officer. "The Army also recognizes an obligation to support families and caregivers."

The need for increased family resili-

ence is addressed in the Army's Soldier Comprehensive Fitness Program and training for spouses and families. Caregiver legislation providing compensation, training and respite care was signed into law in May 2010 in the Caregivers and Veterans Omnibus Health Services Act. Soldier Family Assistance Centers operate at posts or garrisons throughout the United States and Europe for warriors in transition and their families to find information.

During Warrior Care Month, Warrior Transition Units in Bavaria, Heidelberg and the Kaiserslautern Mili-

tary Community will host a variety of events and activities to inform Warriors and community members about Warrior Care and resiliency.

These events will be announced on local Armed Forces Network affiliates and in garrison newspapers. Warrior Care Month and the Warrior Transition Battalion-Europe will be featured on an AFN-Europe "Openline" radio talk show Nov. 10 at 9 a.m. Questions can be e-mailed in advance to openline@afn.dma.mil or sent in during the show. Callers can phone questions to DSN 389-4595 or civilian 0621-46085-595 during the show.

community
HIGHLIGHTS

AAFES Gas Outage

The Army and Air Force Exchange Service will have a scheduled system outage which will impact the ESSO Fuel Ration Card System for Germany 5 a.m.-1 p.m. Nov. 7. Customers in Germany will not be able to purchase fuel at AAFES gas stations or use their fuel card at ESSO stations off-post. Also, AAFES will not be able to issue or replace fuel ration cards, do balance and ration inquiries or add money to fuel card accounts. This outage is on the first Sunday of November when the United States observes daylight-saving time. The outage resets the computer mainframe system clocks to standard time and allows for critical system maintenance and software upgrades.

Annual SAEDA Training

The Subversion and Espionage Directed Against the U.S. Army briefing will be Nov. 17 at the Patrick Henry Village Theater. Also provided will be Antiterrorism level 1 and iWatch training as follows: AT Level 1, 9 a.m.; English SAEDA, 10 a.m.; iWatch, 11:05 a.m. and German SAEDA, 1 p.m. Training is required annually for all employees. Future training dates are Feb. 16, May 11 and Aug. 10.

Denver Bronco Cheerleaders

The Denver Bronco Cheerleaders will visit the Landstuhl Regional Medical Center dining facility in Kaiserslautern 11 a.m.-1:30 p.m., and the Warrior Center 2-4 p.m. Known for their distinctive Colorado western uniforms, the ladies from Mile High Stadium will perform.

High Schoolers video tape

Ramstein High School juniors Aislinn Duffield and Brianna Serna won a trip to the Edelweiss Lodge for their entries in a U.S. Army Garrison Baden-Württemberg contest for public service announcements that highlight suicide prevention awareness. On Oct. 27, the U.S. Army Garrison Kaiserslautern command team recognized the teens' achievement with certificates and command coins in their classroom. The PSA may now be selected to run on American Forces Network.

Vehicle Registration Rules

Rules for registering new cars have changed to match what German law requires. Now, brand new cars can be registered for up to three years without an inspection, and owners may opt to register for one, two or three years. After that, an inspection is required with each registration renewal, and the owner may choose a one or two year registration until the car is 10 years old. At that point an annual inspection and registration is required.

Leaf Pick Up

The garrison and the city work together to clean up leaves in housing areas and streets in Heidelberg. In single family and duplex areas, leaves are an occupant responsibility. Residents should remove leaves from lawns and sidewalks and place them in the brown paper bags (available at the self-help store) Friday and Monday mornings. Large limbs should be cut into 3-foot lengths and placed beside leaf bags at curb side.

local
EMPLOYMENT

NAF Jobs

Looking for a job? Family MWR wants you! Visit www.mwrgermany.com and click on NAF Employment to find the job you've been searching for.

KAISERSLAUTERN

Community

♦ **Toy Shop 2010** – Donate a new, unwrapped toy to a child in the U.S. Army Garrison Kaiserslautern. Army Community Service is accepting donations through Dec. 15 at Bldg. 2891, Pulaski Barracks. DSN 493-4221, civ. 0631-3406-4221.

♦ **Family Bowling** – Army Community Service will sponsor an afternoon of family bowling 2-6 p.m. Nov. 7 to celebrate Military Families Appreciation Month. The first 75 people will receive tickets for a free game and shoes at the Bowling Center on Vogelweh. DSN 493-4331, civ. 0631-34064203.

♦ **Family Bingo** – Play bingo and get free hot dogs and drinks for the whole family 3-8 p.m. Nov. 7 at the Kazabra Club, Bldg. 2057. DSN 489-7261 or civ. 0631-536-7261, www.mwrgermany.com. Also, Army Community Service sponsors an afternoon of bingo 3-5 p.m. Nov. 21 at the Kazabra Club on Vogelweh to celebrate Military Families Appreciation Month. Hot dogs, coloring contest and prizes! DSN 493-4331, civ. 0631-3406-4203.

♦ **Daddy Boot Camp** – New dads are invited to Daddy Boot Camp 11 a.m.-1:30 p.m. Nov. 8 in Bldg. 2917 on Pulaski Barracks. New dads learn to build strong bonds with their newborns or young children, get answers to parenting questions from the perspective of a father, and share personal challenges and solutions. Register: civ. 0631-3406-4066.

♦ **Free Movie** – Army Community Service will be showing "Despicable Me" to celebrate Military Families Appreciation Month at noon Nov. 13 at the Galaxy Theater on Vogelweh. Get your free tickets from ACS by Nov. 12. DSN 493-4331, civ. 0631-34064203.

♦ **Kids' Zone** – The Kids' Zone hours will change Nov. 15. New hours of operation are Wednesday-Friday 11 a.m.-7 p.m., Saturday noon-8 p.m. and Sunday noon-6 p.m. closed Mondays and Tuesdays. DSN 493-4099, civ. 0631-3406-4099.

♦ **Right Arm Night** – Bring your right arm comrade to Armstrong's Club on Vogelweh Housing 4-7 p.m. Nov. 18 and relax with games and snacks. DSN 489-6000, civ. 0631-536-6000.

♦ **Basic Parenting** – This class will be 10 a.m.-5 p.m. Nov. 21 in Bldg. 2917 on Pulaski Barracks beginning with the recovery period following childbirth and covers basic baby care, bonding and attachment, what to expect after you bring your baby home and how to comfort a crying baby. Register: civ. 0631-3406-4058.

♦ **Free Tutoring** – Child, Youth and School Services provides free tutoring for high school students at the Lion's Den on Patrick Henry Village

in Heidelberg Monday-Thursday, on Friday by appointment only. DSN 388-9396, civ. 06221-338-939.

Tutoring is also available at the high school on Gold Days during seminar.

♦ **Green Business** – The American German Business Club will hold a Making Businesses and Communities Greener program 6:30 p.m. Nov. 22 in the conference hall of the Atlantic Academy, Lauterstrasse 2, 67657 Kaiserslautern. Reservations by Nov. 18: kaiserslautern@agbc.

HEIDELBERG Education

♦ **MBA Offered** – The University of Phoenix announces enrollment for the next Master of Business Administration face-to-face cohort starting in January. No graduate exams required. Civ. 06221-588 0492.

Community

♦ **New Drains** – The Directorate of Public Works is installing new drains along the vehicle entrance to the Community Support Center. Be aware of potential traffic lane shifts through Nov. 30. Barriers will be temporarily relocated but traffic volume access will not be affected.

♦ **Nov Serving Breakfast** – The Village Grille is now serving breakfast 10 a.m.-2 p.m. Saturdays and Sundays. On the menu are biscuits, eggs, bacon, sausage, French toast and pancakes. DSN 388-9447.

♦ **Veterans Day** – The American Legion Rhein Neckar Post Gr-03 Heidelberg will host a Veteran's Day ceremony 11 a.m. Nov. 11 at Memorial Park on Patton Barracks. Immediately afterwards there will be a second ceremony to mark the 40th anniversary of the American Legion in Heidelberg.

♦ **Parent Support Group** – There will be a breastfeeding support group meeting at 10 a.m. Nov. 10, and a cloth diaper group meeting at 10 a.m. Nov. 18, both in the Yellow Ribbon Room in Bldg. 4531 on Patrick Henry Village. DSN 370-6883.

♦ **MTV MOPS Meeting** – The Mark Twain Village Mother of Pre-Schoolers group will meet 9:30 a.m.-noon Nov. 10 upstairs at the MTV Chapel. The group meets on the second and fourth Wednesday of the month.

♦ **Veterans Bowling and Golf** – All veterans and active duty military get discounts on bowling, golf and food at the Heidelberg Bowling and Entertainment Center on Patrick Henry Village. www.mwrgermany.com.

♦ **SKIES Class** – SKIES Unlimited offers a "Big Ideas! Introducing Kids to Philosophy" class for youth in grades 6-8 about the exciting world of ideas and philosophers. Classes meet 3:15-4:15 p.m. on Tuesdays and Thursdays Nov. 9-Dec. 14 on Patrick Henry Village, Bldg. 4517. DSN 388-9399.

Town Hall Meeting

The next U.S. Army Garrison Baden-Württemberg Town Hall meeting is scheduled for 6 p.m. Nov. 17 at the Patrick Henry Village Pavilion in Heidelberg. Community members are invited to e-mail their questions ahead of time to usaghd.post@eur.army.mil or call them into the public affairs office, DSN 373-1400, civ. 06221-17-1400.

♦ **Spouses Harvest event** – RSVP by Nov. 12 for the The Heidelberg Community and Spouses Club "Heidelberg Harvest and Wein" event 5-10 p.m. Nov. 19 at the Village Pavilion. The evening begins with a wine and cheese tasting, followed by dinner, live music, specialty vendors and more. Reservations can be made at www.hcsc-heidelberg.com. Cost is \$20 for members, \$25 for non-members.

♦ **Thanksgiving Meal** - Heidelberg Health Center dining facility will offer a Thanksgiving meal 11 a.m.-2 p.m. Nov. 19. Cost is \$7 for military, civilians and guests, and \$5.95 for dependents of E1-E4. There will be Tuscan roasted turkey with gravy and glazed ham, along with a variety of appetizers, breads, vegetables, side dishes, desserts and drinks.

♦ **Advent Wreath Workshop** – In celebration of the Christian tradition of Advent, the Chaplains Office will host a community Advent wreath workshop 4-6 p.m. Nov. 21 at the Casa Blanca Room on Campbell Barracks. DSN 379-6488.

♦ **Angel Tree** – ACS Financial Readiness will sponsor the Angel Tree program Nov. 23-Dec. 7 to help children in need during the holiday season. Look for trees at the Community Bank on Campbell Barracks, ACS, Community Support Center and the Patrick Henry Village Library. Select an angel and purchase a gift that corresponds to the age and gender written on the back. Return the gift and its angel into drop boxes by Dec. 7. www.mwrgermany.com.

♦ **Christmas Tree Lighting** – The annual Schwetzingen Christmas tree lighting ceremony will be 4 p.m. Dec. 1 in front of Kilbourne Kaserne.

♦ **Handel's Messiah** – The Heidelberg Community Chapel Chorus seeks singers for the Handel's Messiah production happening Dec. 11. Rehearsals are ongoing every Monday night at 7 p.m. in the Fellowship Hall of the Mark Twain Village Chapel. Civ. 06221-301269.

MANNHEIM Community

♦ **Native American Heritage** – The 18th MP Brigade will sponsor events in observance of Native American Heritage Week 11:30 a.m.-1 p.m. Nov. 16 at the Top Hat Club on Benjamin Franklin Village.

Keynote speaker is Sgt. Sharon Tossie of the Navajo Nation. Song, dance and food samples from Native American heritage will be included.

♦ **Postal Center Volunteers** – Mannheim postal centers are asking for volunteers to help process holiday packages through Jan. 15. Holiday hours begin Nov. 13 at postal centers on Sullivan Barracks and Coleman Barracks. Open hours will be from 10 a.m.-6 p.m. Monday-Friday. DSN 384-6040.

♦ **Smoking Cessation** – The Mannheim Army Health Clinic is starting tobacco cessation classes to help smokers break the habit. The class will meet 1 p.m. every Tuesday until Nov. 23. Civ. 0621-730-9306.

♦ **PWOC Meetings** – The Protestant Women of the Chapel meet 9:30 a.m.-noon and 6-8 p.m. every Tuesday through Dec. 14 in the BFV Chapel basement.

♦ **Knit Together** – The Library Knitting Group meets 5-6 p.m. Wednesdays at Sullivan Library. DSN 385-2688. www.mwrgermany.com.

♦ **After School Reading** – The Sullivan Library After School Reading Program with Soldiers of the 2nd Platoon, 529th MP Company will be on hold Nov. 9-23, resuming Nov. 30 at 3:30 p.m. every Tuesday. Open to school age children. DSN 385-2688. www.mwrgermany.com.

♦ **Sullivan Library** – The library holds Story Hour for toddlers and preschoolers 10:30-11:30 a.m. Nov. 18; scrapbook club meets noon-3 p.m. Nov. 13 and 27; free movie shows from 4-5:30 p.m. Nov. 13 and 27.

♦ **Bowling Center** – The Benjamin Franklin Village Bowling Center has new hours effective Nov. 1. It's open Mondays, Wednesdays and Thursdays 11 a.m.-10 p.m., Fridays-Saturdays 11 a.m.-1 a.m., Sunday and holidays 2-9 p.m. and closed Tuesdays. DSN 380-9528.

♦ **Veterans Day** – Mannheim military community Veterans Day ceremony will be held 9 a.m. Nov. 11 at Veterans Park across from the commissary.

♦ **Strong Bonds Retreats** – Sign up at the Benjamin Franklin Village chapel by Dec. 6 for either the single Soldier retreat Dec. 17-19 or the family retreat Dec. 17-20 to the Edelweiss Lodge and Resort. Buses leave 7 a.m. from the Schuh Theater.

GERMAN NEWS

Google previews Street View program

Google presented Germany with a preview of its controversial Street View navigation program Tuesday, featuring six national landmarks, 10 Bundesliga football stadiums and a few streets in the country's southern Allgäu region. The company put the images online overnight to tantalize users ahead of its launch of the full service for Germany's 20 largest cities by the end of 2010. Street View offers street-level pictures of the facades of residences and businesses, allowing users to take a virtual walk through a city without actually being there. The images are taken by cameras mounted on cars that drive around the city.

New German ID cards

This week Germany introduced a new ID card that includes a chip containing a photo and personal data. Critics say the chip is too easily hacked. The credit card-sized ID card is valid for 10 years and includes a host of new features. The chip contains a photo, two fingerprints – on request only – and an 'eID' function that enables the card holder's details to be transmitted online via a digital reader that can be plugged into a home computer. The eID function, which can be disabled on request and is available only to people over 16, is meant to save trips to administrative offices, but authorities also say it will make online shopping safer and easier. The new cards are significantly more expensive than the old ones, costing €28.80 rather than €8. The card readers cost between €10 and €100. Public officials will be issuing the new ID cards from Nov. 1, though current cards will still be valid until their expiration date.

New brakes for Deutsche Bahn trains

Deutsche Bahn has announced that it will outfit its freight train fleet with quieter brakes to cut noise and the costs of protective walls in residential areas. The company plans to put whisper brakes on 1,250 of its 100,000 freight cars. With each car costing between €2,000 and €7,000, the German government has set aside some €7.5 million of the project, while the company will pay for the rest. The company has vowed that all new freight cars will be outfitted with the special brakes.

SOURCE: www.thelocal.de



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

I recently learned that my husband of 14 years and father of our three children had an affair while in Hawaii for two weeks. I would have never thought in a million years this would happen to us. While he is home now he is still carrying on with her over the phone, computer and a private post office box. He has not asked me for a divorce. My question: is this something that is punishable under military law? I don't want to see him lose his job if we divorce. He'll need the money to pay child support etc ... At the same time I feel that this is something his command should be aware of as well as his fellow officers.

Not sure where to tread on this. Thank you, J.P.

Dear J.P.,

I know this is tough for you and rightfully so. Sounds like you

are totally shocked and caught off guard about this affair. It will be interesting to know what has happened in your relationship with your husband since you initially wrote me the letter and also what you decided to do regarding appraising his command.

I'm not sure of the specific article or statute in the Uniformed Code of Military Justice but infidelity can be punishable. I have to be honest, I've never known anyone punished by their command or court martial. I'm not saying it cannot be done, I've never known it to happen in this case.

Conversely, many spouses do not want to report infidelity to the military because they often fear reprisal, loss of finances, support and benefits. Honestly, I have seen many marriages survive infidelity and become even stronger.

To make this happen it will take two people who are committed to making the marriage work. This cannot happen if your husband is not willing to do this. From your report, he is still continuing with the affair. He must cut off all contact with this woman. He cannot talk to her by phone, text, e-mail, Facebook, My Space.

No, he hasn't asked for a divorce, but his actions are not good. Why is he still having contact with this woman? I would definitely seek out counseling services on base.

If no services are available, then I would contact Military OneSource and they will connect you with a provider in the local community. I think you definitely need someone to confide in and someone who can provide support if nothing else.

Hopefully, your husband will agree to marital counseling. If he doesn't, you should still speak to a therapist. The number to One Source is 800-342-9647. The services are free.

Dear Ms. Vicki,

I just want to say HOOAH to you for such great words and for sharing your wisdom! You always do such a great job ... keep up the great work!

Hello Miss Vicki,

I think you over analyze too much when I think you should just give a straight answer. May the person who is giving this advice should just be a common every day ordinary person instead of some one with a professional degree. Just a thought.

Dear Ms. Vicki,

I think the military does a horrible job providing military spouse preference for spouses who must give up their jobs to PCS with their spouses. While I can appreciate your willingness to recommend alternatives to spouses, please encourage spouses to drop an e-mail to their congressman requesting federal laws that encourage MSP for all jobs. They say the hardest job in the military is being a spouse. If that's true why doesn't the military do as much to assist with job placement as they do for their veterans? This generation of military spouses has more education and experience than most active-duty senior officers. It's time for the military to recognize spouses for the significant contributions they can provide to the military community.

Thanks for listening.

Say boo to drugs



Rogelio Feliciano

Approximately 250 community members run, some in costume, in the Halloween 5-kilometer run and walk Saturday on Patrick Henry Village. Family and MWR sports and fitness along with the U.S. Army Garrison Baden-Württemberg Army Substance Abuse Program hosted the event to mark the end of Red Ribbon Week.

GET OUT!

area events

More events online at <http://myBWnow.ning.com>

November 4

Luisenpark in Mannheim – Before the beginning of traditional seasonal displays, come to the park to enjoy the colorful blooming of fall. There is a special exhibition through Nov. 7 at the Pflanzenschauhaus featuring a great variety of colors, trees, plants and flowers. Hours are 10:30 a.m.-4:30 p.m. with a November special entrance fee: adults €2.50 and children 6-15 years €1.
Fall Fest – The whole family can enjoy food, rides and fun at the Festplatz in Speyer through Nov. 11.

November 5

Holiday Bazaar – Shop until you drop with more than 100 European vendors and treasures, paintings, jewelry, wine and more 10 a.m.-8 p.m. Friday, 10 a.m.-7 p.m. Saturday and 10 a.m.-5 p.m. Sunday Nov. 5-7 at the Special Events Center on Rhine Ordnance Barracks in Kaiserslautern. DSN 493-4184, civ. 0631-3406-4184.

Titanic the Musical – Based on the story of the Titanic's fateful voyage, this show includes a full orchestra and cast. Show times are 7:30 p.m. Nov. 5, 6, 12, 13 and 3 p.m. Nov. 7 at the roadside Theater on Patton Barracks in Heidelberg. www.roadsidetheater.com

Evil Dead the Musical – Don't miss this gory and campy musical based on a mixture of 80s horror movies 7:30 p.m. Nov. 5-6 and 12-13 at KMC Onstage on Kleber Kaserne. Tickets: DSN 483-6626, civ. 0631-411-6626.

Karaoke Night – If you can sing, bring those vocals to Armstrong's Club, Bldg. 1036 on Vogelweh in Kaiserslautern 9 p.m.-1 a.m. Nov. 5 and 19. DSN 489-6000, civ. 0631-536-6000.

November 6

Prague Express – Head to the Czech Republic and enjoy one of Europe's most unique destinations with Kaiserslautern Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117 and Heidelberg Outdoor Recreation DSN 373-7889, civ. 06221-17-7889.

Old School R&B Night – Dance the night away to your favorite hits 9 p.m.-1 a.m. Nov. 6 and 20 at Armstrong's Club on Vogelweh in Kaiserslautern. DSN 489-6000, civ. 0631-536-6000.

Hip Hop Party – Disc jockey Shane will spin the hottest tracks 9 p.m.-4 a.m. at the Recovery Room on Nachrichten Kaserne in Heidelberg. Cover: \$6 www.mwgermany.com.

November 7

Enjoy Jazz 2010 – The 12th International Festival for Jazz and More continues

with Soil & "Pimp" Sessions at Alte Feuerwache, Mannheim, and Besaxung / Fifty Fingers Acoustic Orchestra 9 p.m. on Karlstor 1, 69117 Heidelberg. The jazz festival continues through Nov. 19. www.enjoyjazz.de

November 9

Enjoy Jazz 2010 – My favorite Things IV: Roger Willemsen puts on his favorite jazz records 8 p.m. at Alte Feuerwache, Mannheim. Tickets: www.enjoyjazz.de

November 11

Flea Market – Shop for treasures at the Flea Market on the Neuer Messerplatz, Maybachstrasse in Mannheim.

Ski Weekend – Head to Sölden through Nov. 14 with Kaiserslautern Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

November 13

All Night Party – Heidelberg's Better Opportunities for Single Soldiers hosts an All Night Hip Hop Party starting at 9 p.m. at the Recovery Room on Nachrichten Kaserne. Play spades, dominoes and pool then stay for breakfast while listening to hot tracks spun by disc jockey Shane. Fee: \$6. DSN 373-5275.

Smackdown – If you are a wrestling fan, Smackdown 2010 will be in the Mannheim SAP Arena at 7 p.m. You will see heavy-weight champion Jack Swagger, Highflyer Rey Mysterio, Straight Edge superstar CM Punk, Big Show and The Undertaker. Tickets: civ. 0621-101011.

Outdoor Rec – Visit Amsterdam, take the glacier ski express, go trout fishing or attend the WWE Wrestling event at the Mannheim SAP arena with Kaiserslautern Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

Speyer Sea Life Aquarium – Take a journey with Heidelberg Army Community Service through European and tropical waters where you'll encounter seahorses, sharks, stingrays and Marty, the enormous giant sea turtle all under one roof at the Speyer Sea Life Aquarium. DSN 370-6883, www.mwgermany.com.

November 17

Cheap Eats – Better Opportunities for Single Soldiers Heidelberg hosts Cheap Eats – A Taste of Home. Learn how to prepare traditional American dishes of the season – such as ham, turkey, casseroles, breads and pies at 6 p.m. at the Warrior Zone on Patton Barracks in Heidelberg.

It's quick and easy cuisine for those big hungry occasions. DSN 378-5275.

November 20

France for Christmas – Visit Valenburg Caves and the Aachen Christmas Market in France for A Charles Dickens Christmas. Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

Paris Express – Visit romantic Paris or take the ski express with Heidelberg Outdoor Recreation DSN 373-7889, civ. 06221-17-7889.

Christmas Market – There is an indoor Christmas Market with all handmade, inexpensive items 1-4 p.m. Nov 20-21 at the Vereinsheim Bassermann, Marstallstrasse 51, 68723 Schwetzingen. Shop for decorations then enjoy homemade German cakes in the cafeteria.

November 21

Caracalla Day Spa – Spoil yourself with this spa package in Baden Baden. Kaiserslautern Outdoor Recreation, DSN 493-4117, civ. 0631-3406-4117 and Heidelberg Outdoor Recreation DSN 373-7889, civ. 06221-17-7889.

November 22

Geocaching adventure - Join this GPS treasure hunt Nov. 22-28 for adventure seekers only. Heidelberg and Mannheim Army Community Service will post on the ACS Heidelberg Facebook page the coordinates of three different caches (hidden treasures). Put them in your GPS, locate the geocache(s) and share your experiences online. For every discovered cache, you get entered for a chance to win a geocaching GPS and other gear. Winners will be announced Nov. 30. Work as a group or individually. GPS units are available for check out on a first-come, first-served basis.

November 24

Mannheim Special Christmas Market – Cozy arts and crafts are on display through Dec. 23 near Engelhorn and Sturm downtown Mannheim, N4 Kapuzinerplanken.

December 4

Mannheim Christmas Market – Heidelberg ACS travels to Mannheim's Christmas Market 10:45 a.m.-3 p.m. Meander around the historic water tower through over 200 booths. Open to all ID cardholders. Cost for transportation is €5.

coming to THEATERS

Paranormal Activity 2

(Katie Featherston, Micah Sloat, Brian Boland) After a series of "break-ins," a family sets up security cameras around their home, only to realize that the events unfolding before them are more sinister than they seem. Rated R (some language and brief violent material) 90 minutes.



Expendables

(Sylvester Stallone, Jet Li) A group of mercenaries is hired to infiltrate a South American country and overthrow its ruthless dictator but once the mission begins, the men realize things aren't as they appear. Rated R (bloody violence throughout, language) 135 minutes.

PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

Nov. 4 - HEREAFTER (PG-13) 7 p.m.
 Nov. 5 - PARANORMAL ACTIVITY 2 (R) 7 p.m.; THE LAST EXORCISM (PG-13) 9 p.m.
 Nov. 6 - TAKERS (PG-13) 4 p.m.; PARANORMAL ACTIVITY 2 (R) 7 p.m.; THE LAST EXORCISM (PG-13) 9 p.m.
 Nov. 7 - TAKERS (PG-13) 4 p.m.; THE EXPENDABLES (R) 7 p.m.
 Nov. 8 - PARANORMAL ACTIVITY 2 (R) 7 p.m.
 Nov. 9 - THE EXPENDABLES (R) 7 p.m.
 Nov. 10 - TAKERS (PG-13) 7 p.m.
 Nov. 11 - THE LAST EXORCISM (PG-13) 7 p.m.

Mannheim, Schuh

Nov. 5 - HEREAFTER (PG-13) 7 p.m.
 Nov. 6 - TAKERS (PG-13) 4 p.m.; THE LAST EXORCISM (PG-13) 7 p.m.; HEREAFTER (PG-13) 9 p.m.
 Nov. 7 - THE LAST EXORCISM (PG-13) 4 p.m.; THE EXPENDABLES (R) 7 p.m.

Vogelweh, Galaxy

Nov. 5 - TAKERS (PG-13) 4 p.m.; THE LAST EXORCISM (PG-13) 7 p.m.
 Nov. 6 - TAKERS (PG-13) 4 p.m.; HEREAFTER (PG-13) 7 p.m.
 Nov. 7 - HEREAFTER (PG-13) 4 p.m.; THE LAST EXORCISM (PG-13) 7 p.m.
 Nov. 10 - TWILIGHT (PG-13) 4 p.m.; TWILIGHT SAGA: NEW MOON (PG-13) 7 p.m.
 Nov. 11 - TWILIGHT SAGA: ECLIPSE (PG-13) 4 p.m.; VAMPIRES SUCK (PG-13) 7 p.m.

Ramstein, Gateway Movieplex

Nov. 4 - NANNY MCPHEE RETURNS (PG) 11:15 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; LOTTERY TICKET (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m., 6:45 p.m.; VAMPIRES SUCK (PG-13) 11:45 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m.
 Nov. 5 - PARANORMAL ACTIVITY 2 (R) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m., 9:30 p.m.; TAKERS (PG-13) 11 a.m., 1:45 p.m., 4 p.m.; THE LAST EXORCISM (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m., 6:30 p.m., 9 p.m.; THE EXPENDABLES (R) 7:45 p.m., 9:15 p.m.
 Nov. 6 - PARANORMAL ACTIVITY 2 (R) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m., 9:30 p.m.; TAKERS (PG-13) 6:45 p.m., 9:15 p.m., THE LAST EXORCISM (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m., 6:30 p.m., 9 p.m.; THE EXPENDABLES (R) 11 a.m., 1:45 p.m., 4 p.m.
 Nov. 7 - PARANORMAL ACTIVITY 2 (R) 11:15 a.m., 1:30 p.m., 3:45 p.m., 7 p.m.; TAKERS (PG-13) 11 a.m., 1:45 p.m., 4 p.m.; THE LAST EXORCISM (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m., 6:30 p.m., 8:30 p.m.; THE EXPENDABLES (R) 6:45 p.m.
 Nov. 8 - PARANORMAL ACTIVITY 2 (R) 11:30 a.m., 1:30 p.m., 3:45 p.m., 7 p.m.; TAKERS (PG-13) 11 a.m., 1:45 p.m., 4 p.m., 6:45 p.m.; THE LAST EXORCISM (PG-13) 11:45 a.m., 2:15 p.m., 4:30 p.m., 7:30 p.m.; THE EXPENDABLES (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m.
 Nov. 9 - PARANORMAL ACTIVITY 2 (R) 11:30 a.m., 1:30 p.m., 3:45 p.m., 7 p.m.; TAKERS (PG-13) 11 a.m., 1:45 p.m., 4 p.m., 6:45 p.m.; THE LAST EXORCISM (PG-13) 11:45 a.m., 2:15 p.m., 4:30 p.m., 7:30 p.m.; THE EXPENDABLES (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m.
 Nov. 10 - PARANORMAL ACTIVITY 2 (R) 11:30 a.m., 1:30 p.m., 3:45 p.m., 7 p.m.; TAKERS (PG-13) 11 a.m., 1:45 p.m., 4 p.m., 6:45 p.m.; THE EXPENDABLES (R) 11:15 a.m., 2 p.m., 4:45 p.m., 7:15 p.m.
 Nov. 11 - TAKERS (PG-13) 11 a.m., 1:45 p.m., 4 p.m.; THE LAST EXORCISM (PG-13) 11:30 a.m., 2 p.m., 4:15 p.m.; THE EXPENDABLES (R) 11:15 a.m., 2 p.m., 4:45 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
 Schuh Theater, Mannheim, 0621-730-1790
 Galaxy Theater, Vogelweh, 0631-50017
 Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions

Football pride

Lions, Bison go to 'Super Six' Europeans

Staff Report

U.S. Army Garrison Baden-Württemberg fans will share the bleachers in Baumholder Saturday when both Mannheim and Heidelberg high school football teams compete at the "Super Six" U.S. European championships.

The Mannheim Bison are making history with their best season in decades, earning a 14-6 Division II semifinal victory Saturday over International School of Brussels at home.

The Heidelberg Lions bested the Ramstein Royals 36-7 Saturday in a Division-I semifinal playoff game.

The Bison will take on unbeaten defending champion Bitburg at 2:30 p.m. Heidelberg faces Wiesbaden at 5 p.m.



Left, the Mannheim Bison kneel on Woods field following a 14-6 victory over International School of Brussels Saturday, marking its last home game in Mannheim. Below, Jean Turner Vite, foreground, blocks for Kevin Gray, center, and Tailback Chris Cuthbert during Heidelberg's 36-7 victory against Ramstein Saturday.



Directions to Baumholder

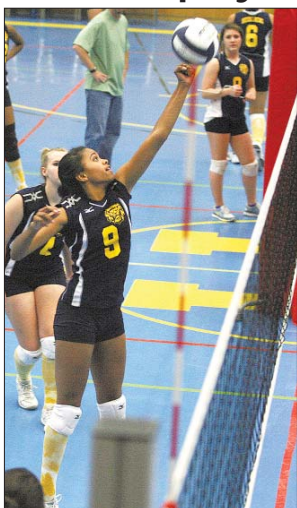
Baumholder is off the A-62 Pirmasens-Trier autobahn which crosses the east-west A-6 just west of Ramstein. If you're on the A-6, you'll want to exit onto the northbound lanes of the A-62. Exit

at Friesen, stay right, then continue straight until you turn right toward Baumholder at a marked intersection some 20 kilometers or so down the road. After the turn, go straight for three clicks or so,

past the high school and a housing area on the left and then an Esso station on the right as you go down the hill toward Baumholder. At the next stoplight, turn left and follow that road straight through

(it'll make a right-hand bend) to the next light to the gate of Smith Barracks. Once you go through the gate and traffic circle, Minick Field will be visible downhill on the left. SOURCE: Stars and Stripes

Power play



Linda Steil

Lady Lion Taylor Morgan pounds a ball during the match against Frankfurt International School. Heidelberg won the match 3-2, finishing the regular season undefeated, 12-0. Heidelberg will play at Europeans Friday in Kaiserslautern.

43rd Signal wins unit flag football

The 43rd Signal Battalion won the championship game in the Heidelberg unit level flag football post season double elimination tournament Nov. 1.

Runner up was Dental Activity/Medical Department Activity and third place was the 529th Military Police Company. Robert Simmons, 43rd Signal Battalion, was the most valuable player.

The 43rd Signal and the

DENTAC/MEDDAC teams will represent the Heidelberg community at the 2010 Installation Management Command-Europe unit level Flag Football championship Nov. 5-7 at Hohenfels.

Also fielding teams in the tournament were 18th Engineer Brigade, NATO, U.S. Army Garrison Baden-Württemberg and U.S. Army Europe.

SOURCE: Thomas Benson

Cross country teams finish strong

The Heidelberg cross country team hosted the European Cross Country championships Saturday where the Lady Lions earned fourth place and the Lion boys took third.

Senior Olivia Darrow finished eighth among 140 girls

and earned Second Team All Europe honors.

Senior Jaron Henninger posted a 17:23 to capture ninth place out of 164 boys and Second Team All Europe honors.

SOURCE: Sharon Brady

staying ACTIVE

Patton Gym Temporary Closure

The Patton Fitness Center basketball court is closed for renovation until Jan. 11. Renovations include the new center court logo, which will be unveiled at the 2011 MLK Basketball Tournament in January. The Tompkins Fitness Center will have extended hours until 9:30 p.m. through Jan. 7. DSN: 373-6110.

Campbell Fitness Center

The Campbell Fitness Center cardio room will be closed for cleaning Nov. 13-14. Cardio equipment will be available for use on the basketball court and the court will be unavailable for basketball play. DSN 370-6489.

New Fitness Classes

New classes for November have been added at the Campbell Fitness Center. Join Spin class on Mondays and Wednesdays 9-10 a.m., and Get on the Ball 9-10 a.m. Fridays. DSN 370-6489.

Heidelberg CYSS Edge Program

Teens can get in shape with an EDGE spin class every Wednesday 3:15-4:15 p.m. at the Campbell Fitness Center. Open to the first 25 students in grades 9-12. Also for teens, weight lifting and endurance training the correct way is available at the Campbell Fitness Center. DSN 388-9240, www.mwrgermany.com.

Volleyball Tournament

The 2010 Heidelberg Community Level Volleyball Invitational will be 9 a.m.-6 p.m. Nov. 7 at Tompkins Fitness Center in Schwetzingen. The tournament is open to the first four men's and women's teams that register. DSN 373-8032. www.mwrgermany.com.

ESPN SportsCenter at Graf

ESPN will broadcast America's Heroes: A Salute to Our Veterans in a special SportsCenter broadcast live from Grafenwöhr, Germany, 3-9 p.m. Nov. 11. The special show will honor veterans, Soldiers and families of U.S. Army Europe. Hannah Storm and Josh Elliot will anchor. The event is open to all military ID card holders and their guests. Service members will also have an opportunity to give shout-outs to friends and family during this live broadcast. ESPN will highlight a Warrior Challenge, a Soldier skill competition, during the SportsCenter broadcast with teams representing U.S. Army units. ESPN will present a trophy to the winning team during a live, on-air, segment of the program. The special SportsCenter will air live in the United States and on the AFN sports channel. Civ. 09641-83-7127.

Turkey Shoot

Head to the Heidelberg Golf Club at 10 a.m. Nov. 21 for the annual Turkey Shoot. Everyone gets a turkey or a Cornish hen for last place. \$30 plus green fee. Register by Nov. 15: DSN 379-6139, civ. 06202-53-767.

Basketball

Heidelberg Sports and Fitness is seeking male and female players for the Heidelberg Community Basketball team. Practices are Tuesday and Thursday evenings at the Patton Fitness Center. DSN 373-8032.

Coaches Needed

Heidelberg Sports and Fitness seeks head coaches for the Generals and Lady Generals soccer, basketball, volleyball and softball teams. Practices and tryouts are Tuesdays and Thursdays. DSN 373-8032.

Cheerleading

SKIESUnlimited in Kaiserslautern now offers a Cheerleading Class for ages 3-14. No previous experience is necessary. Classes include cheer fundamentals, yelling techniques, jumps, dance and teamwork. Call Central Enrollment and Registration at DSN 493-4516, civ. 0631-3406-4516.

More Photos Online

See more sports photos at www.flickr.com/heraldpost.