

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
Aug. 12, 2010

Speed Read

NSPS TO GS

Installation Management Command employees throughout the garrison will transition from NSPS to GS Aug. 15. 3

NATURAL RESOURCES

The Environmental Division work day in and day out to educate the community about ways to protect natural resources. They can help you with recycling and various energy saving programs. 4

TRICARE CHANGES

When the new TRICARE Overseas contract begins Sept. 1, a new partner will be available to help ERM beneficiaries when they receive care at host nation medical facilities. 6

FOOD SHOW

Military food service professionals from across Europe gathered at the Village Pavilion for the annual Theodor Wille Intertrade food show, designed to bring military affiliated buyers and sellers together to see the variety of food products available for use in dining facilities. 8

COMMAND MESSAGE

IMCOM commander stresses the importance of outreach

By Lt. Gen. Rick Lynch
IMCOM COMMANDER

Our Soldiers have been steadfast in their service to the nation during the past nine years of conflict.

Their families have been just as constant in their own dedicated service, providing the strength and support that enables Soldiers to do their jobs. Our Soldiers and families persevere in their service to the nation in the face of repeated deployments and even greater challenges.

It is heartening to know we are not in this alone – our fellow citizens want to understand what we are experiencing and share a deep desire to support us where they can. Sometimes they simply do not know where to begin or how to make the connection to channel their appreciation and support into action. That is why reaching out to the communities around us is so vitally important.

The Army has a long history of supportive relationships with surrounding communities. San Antonio, Texas, claims the title of Military City, USA, but many more communities could lay equal claim, their ties with the installations in their areas being as long-standing and deep-rooted.

Over the years the Army has also developed strong relationships with local, state and national organizations that provide a wide range of support for Soldiers and families, including programs focused on health care, education, child development, employment, financial aid, and morale and recreation.

Now those relationships are more critical than ever. The see **OUTREACH** page 11



'Slooze' slides into Heidelberg

By Dijon Rolle
USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

They came in pairs and in large groups. Some came on foot, some in cars, and some sat snug in colorful strollers. An army of children, pets and parents made their way to Patrick Henry Village Friday to eat, drink, fellowship and enjoy a bit of messy fun.

The U. S. Army Garrison Baden-Württemberg Chaplain's Office sponsored a free barbecue and volunteer appreciation ceremony to close out this year's vacation Bible camp.

While community members caught up and conversed in between bites of burgers and watermelon in front of the PHV chapel, across the parking lot see **SLOOZE** page 11

Katherine Sanmiduel waits for her turn to be hosed down by a garrison fire fighter after being "sloozed" Friday at Patrick Henry Village Park. (Photo by Dijon Rolle)

Defense Details

EFFICIENCIES

Defense Secretary Robert M. Gates is putting meat on the bones of his initiative to reform the way the Pentagon does business and to eliminate duplicative, unnecessary overhead costs. During a Pentagon news conference Monday, Gates said the steps he is taking will help the U.S. military fight the wars it faces now, and help ready the force for the wars it may face in the future. With these moves, the secretary said, he wants to instill a culture of saving in the department. Money saved with these efficiencies will go back into funding needed military capabilities.

PAKISTAN FLOODS

U.S. Army helicopters took advantage of a break in the weather to fly relief missions in Pakistan Monday and Tuesday, rescuing 916 people and delivering 89,000 pounds of relief supplies. To date, U.S. helicopters have rescued 2,305 people and transported 211,000 pounds of supplies in 40 sorties.

Army news: www.army.mil
Defense news: www.defense.gov

What's Inside

Our Army Around the World	10
Dear Ms. Vicki	12
GET OUT!	13
Movies	13
Leisure	14
Sports.....	15
Announcements	16

MEDICAL ADVICE

Protect yourself against diseases

HMEDDAC Public Affairs

While the idea of immunizations may not be a pleasant one to some people, it's important to remember that by getting vaccinated, you're protecting yourself and loved ones from preventable life-threatening diseases.

August is National Immunization Month, and Army health care officials are urging beneficiaries to learn more about vaccinations.

"Vaccines preserve health and prevent disease and count among the most successful medical interventions in the history of medicine," said Col. P.K. Underwood, Heidelberg Medical Department Activity commander. "They help protect not only the individual who receives the vaccine but also the entire community by preventing and reducing the spread of diseases."

Vaccines have eradicated smallpox, eliminated wild poliovirus in the United States, and significantly reduced the amount of cases of measles, diphtheria, rubella, pertussis and other diseases, according to the Centers for Disease Control and Prevention.

Because children are particularly vulnerable to infection, most vaccines are given during the first five to six years of life. Other immunizations are recommended during adolescent or adult years, and booster immunizations are recommended throughout life for certain vaccines. Also, vaccines for certain diseases that may be encountered outside the U.S. are recommended for travelers to specific regions of the world.

Keeping immunization records up-to-date provides protection and simplifies the vaccination process when you visit your health care provider, Underwood added.

For more information, contact your Army health clinic or visit www.cdc.gov.

LEGAL ASSISTANCE

Claimants now can file online

By Capt. David L. Adamson
PATTON LAW CENTER

Every year thousands of Soldiers and civilian employees seek compensation for property loss through the U.S. Army claims service. Most frequently these claims are for missing or damaged household goods shipments and unaccompanied baggage shipments associated with a permanent change of station move.

Claimants may also be compensated for property damage that occurred due to fire or flood. Historically, the process involved the claimant coming to his gaining claims office and filing the claim in person. Now, through a relatively new system, the Personnel Claims Army Information Management System, or PCLAIMS, claimants may file claims with the government from their home.

The new program can be accessed at the Judge Advocate General's Corps Web site at www.jagcnet.army.mil. Claimants must first click on 'U.S. Army Claims Service' and then click on 'PCLAIMS'. The PCLAIMS link will describe the rules for filing claims and allow you to fill out all of the required forms. You must have an AKO account to access PCLAIMS.

Claimants without an AKO account should contact their local claims office.

Claimants using PCLAIMS must describe all lost or damaged property as well as the purchase dates, original cost of the items and the replacement or repair costs. All of this information is also required if a claimant files in person. The more information a claimant provides, the more thoroughly the claims personnel are able to adjudicate the claim.

To assist claimants in using PCLAIMS, the Heidelberg claims office has established a claims kiosk with two computers designated for claimants to access PCLAIMS and has experienced claims personnel on hand to expedite the process. Claimants may also upload the basic supporting documents such as orders, the inventory, the government bill of lading and photographs at the kiosk.

Once claimants have inputted all the necessary data, they may verify their claim electronically, and it will then be adjudicated by the local claims office.

Prior to filing a claim on PCLAIMS, the claimant must satisfy a notice requirement, in other words, both the local military claims office and the carrier must know of the

claimant's intent to potentially file a claim within 70 days of the date of delivery. To satisfy this requirement, we strongly encourage the claimant to visit his local claims office, and our experienced personnel will date stamp the form 1840R and fax a copy of this document to the carrier. Also, we will instruct the potential claimant to mail certified mail a copy of the 1840R to the carrier.

The PCLAIMS system should not be confused with the Full Replacement Value program. The FRV program involves the claimant seeking compensation from the carrier, not the government, and can be beneficial to the claimant as the carrier must replace items missing or items damaged beyond repair with new items, whereas the U.S. Army will only pay for the depreciated value of the items. With the FRV program claimants have only nine months to file from date of delivery, whereas they have two years to file through the military.

Although PCLAIMS is the future of Army claims, potential claimants may still file claims in person. The Heidelberg claims office is located in Bldg. 107 on Patton Barracks and can be reached at DSN 373-5263, civ. 06221-17-5263.

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community



Join the virtual community today
<http://myBWnow.ning.com>

Question: We are looking for ways to grow relationships between the military and host nation communities around our installations. Any suggestions?

Let us live off post was a GREAT big step! My relatives who live in HD told me they used to be able to come to 4th of July celebrations. It would be nice to have American Fest which would be open to Germans. Germany offers us so many festivities and I know from my relatives and European friends it is

very interesting to them to get a taste of American culture.

-Mihaela Froelich, BWnow Facebook fan

How about hosting a traditional American fest with traditional (as much as possible seeing that we are as diverse as the ocean, lol) foods from America.

-Saunya ODwyer, BWnow Facebook fan

How about encouraging each DoDDs school to adopt a "sister school" in the German community

and share various educational events throughout the school year?

-Marianne Sheldon Waller, BWnow Facebook fan

Nothing brings folks together like food. A great trend right now is supper clubs. Each couple hosts a dinner for a limited number of people who sign up online ... It is a small scale project but could realize great connective benefits in terms of moving outside the comfort zone if managed properly.

-Barbara Tucker, BWnow Facebook fan



Commander, U.S. Army Garrison Baden-Württemberg:
Col. William C. Butcher
Public Affairs Officer:
Lira Frye
Command Information Chief:
Kelli Bland
Editor:
vacant
Reporters:
Dijon Rolle, Baden-Württemberg
Web Author:
Brandon Spragins

Contact information:
Herald Post
Building 107, Patton Barracks
373-7277/7243 or 06221-17-7277/7243
usaghd.post@eur.army.mil
Baden-Württemberg Public Affairs
373-1400/1600 or 06221-17-1400/1600
usaghd.pao@eur.army.mil
Kaiserslautern Public Affairs
493-4072 or 0631-3406-4062
usak.pa1@eur.army.mil
Mannheim Public Affairs
380-1600/385-3369 or 0621-730-1600/3369
usagmpao@eur.army.mil

Advertising:

All requests for advertising must be made to the publisher's sales office at Schwetzingenstrasse 54, Heidelberg-Kirchheim, telephone 06221-603039; fax 06221-603078; www.hp-ads.de.

The Public Affairs Office and Herald Post staff may not accept advertising.

The Herald Post is published by Adolf Deil GmbH & Co. KG, a private firm in no way connected with the Department of the Army, under exclusive written contract with the U.S. Army Garrison Baden-Württemberg. This commercial enterprise newspaper is an authorized publication for members of the U.S. Army overseas. Contents of the Herald Post are not necessarily official views of,

endorsed by, the U.S. government, Department of Defense, Department of the Army or the USAG Baden-Württemberg.

Appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the U.S. government, Department of Defense, Department of the Army, the USAG Baden-Württemberg, or Adolf Deil GmbH & Co. KG of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and

provided by the USAG Baden-Württemberg Public Affairs Office.

Printed circulation: 17,000.

The Herald Post offices are in Building 107, Patton Barracks, Heidelberg. Military address: Herald Post, PAO, U.S. Army Garrison Baden-Württemberg, Unit 29237, APO AE 09102. Civilian address: Herald Post, Patton Kaseme, Gebäude 107, Kirchheimerweg 4, 69124 Heidelberg. E-mail address: usaghd.post@eur.army.mil.

Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

IMCOM employees will transition from NSPS to GS Sunday

By Christie Vanover
USAG BENELUX PUBLIC AFFAIRS

Installation Management Command employees throughout U.S. Army Garrison Baden-Württemberg currently hired under the National Security Personnel System convert to the General Schedule system Sunday as part of the last local wave of the transition schedule.

The rest of the civilian workforce at USAG Baden-Württemberg, including employees of the Civilian Human Resources Agency, U.S. Army Europe and U.S. Army Medical Command previously hired under NSPS, converted to GS earlier this year.

As of the July 18 pay period, 109,639 DOD employees have transitioned out of NSPS so far; 72 percent received a sal-

ary increase and 28 percent kept their old salary, according to the Defense Civilian Personnel Data System of the Department of Defense.

Upon transition, employees receive a notification of personnel action (SF-50) in the form of a miscellaneous pay adjustment, which will document the new GS job title, job series, grade and pay.

In very few cases, the occupational series might change during the conversion because new series were created under NSPS that haven't existed in GS before. Also, the wording of certain official job titles may change from one system to the other. Charts that show all NSPS series and their GS equivalents as well as NSPS titles and their counterparts in the GS system can be found in the NSPS to GS Transition

Guide, which can be found on www.cpol.army.mil.

From the GS equivalent grade and current salary, the within-grade step and therefore the new salary under the GS system is determined. Each of the 15 pay grades, ranking from GS-1 with the lowest skill level and pay to GS-15 with the highest skill level and pay, has a fixed minimum and maximum base salary range, comprising of 10 within-grade steps.

Each employee's current NSPS salary is compared to the 2010 General Schedule base table to decide which step the employee falls under. If the NSPS salary exactly equals a step in the GS equivalent grade, the salary stays the same. If the NSPS salary falls between two steps, the new salary will be set at the higher

step, since one cannot lose pay upon transition.

If the NSPS salary is less than step one of the equivalent GS grade, the salary will be increased to match the step one.

If the NSPS salary is above the GS range of the equivalent GS grade, the salary will be retained until it can be accommodated with the GS range of the particular grade.

If an employee's occupation is covered by a GS special salary table, the salary will be set on the applicable special salary rates table and not on the GS base table. Occupations covered by SSRs in the overseas area include engineers, computer scientists and computer engineers, IT specialists, medical officers and air traffic controllers.

Another area affected by the

NSPS to GS transition is the performance management.

In 2011, all employees will be fully integrated into the Total Army Performance Evaluation System cycles for their particular GS grades, but prior to that, IMCOM employees will do an early annual appraisal and rating with a pay pool review.

Ratings for 2010 will be under NSPS, but there is no payout, so supervisors will have to use traditional incentive awards and other tools available under GS.

Some of those incentive awards include performance awards like a cash payout based on the performance appraisal, an out-of-cycle within-grade increase, on-the-spot awards, special act awards, time off awards and honorary awards.

August is ANTITERRORISM AWARENESS MONTH

THINK IT CAN'T HAPPEN HERE? THINK AGAIN.

May 24, 1972: **Terrorists** drive two cars with stolen American license plates onto Campbell Barracks in Heidelberg. One is parked by the officer's club there, the other by Army Security Agency headquarters. About 6 p.m. 50-pound **bombs** in the cars **explode**, killing Capt. Clyde Bonner, Spc. Ronald Woodward and Spc. Charles Peck. Five others are **wounded** in the attack. Just two weeks earlier a **terrorist bomb** in Frankfurt **killed** Lt. Col. Paul Bloomquist, an aviator who was highly decorated for his service in Vietnam.



THINK ABOUT IT. VIGILANCE BEGINS WITH YOU.
www.hqusareur.army.mil/vigilance

National Night Out



Lira Frye

Using a fire hose, 5-year-old Lari Evans with the help of fire fighter Rene Schmidt, tries to push a rubber ball through a maze and into a hole during National Night Out on Patrick Henry Village in Heidelberg Aug. 3. This year's event, designed to strengthen police and community partnerships and let criminals know neighborhoods are fighting back, featured Soldiers from the 529th Military Police Company static displays, military police vehicles, booths and presentations from Better Opportunities for Single Soldiers, DARE and the new anti-terrorism program, iWatch.

Protecting natural resources

Team works to educate community about ways to save the environment

By Dijon Rolle

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

It can be a complicated, unpredictable and, at times, a thankless job, but even with all of the challenges it poses, it's one members of the U.S. Army Garrison Baden-Württemberg's Environmental Division say they happily tackle each and every day.

"It's not a common job. There are different challenges every day. You go into the unexpected. You may have a set agenda, but that agenda can change within moments," said Daniel Welch, the division's chief. "It only takes one phone call."

The division is responsible for managing and monitoring anything and everything related to the environment and its natural resources.

A large part of its daily efforts goes toward educating Soldiers, families and civilians living and working in the USAG Baden-Württemberg communities about conserving energy and protecting the environment.

"Natural resources are not unlimited," Welch said. "It's not like at the coffee shop where you have your bottomless coffee cup ... people think you turn on the water, and it will run forever, and that's not true."

Army installations require a large amount of energy and natural resources to manage daily operations. Without access to it, the "Army would stop moving," Welch added.

Whether it's the electricity powering the computers inside of an office building, the fuel being used to run vehicles, or the water filling washing machines in military housing – it all involves the use of energy, and it all must be conserved.

The environmental staff dispenses tons of tips on a daily basis to help community members fight waste and inefficiency in the garrison, while stressing the fact that conservation efforts don't have to be complicated.

Simple steps such as shutting off computers and printers at the end of the day, turning off vehicles instead of idling them, and ensuring you wash a full load when

using your washing machine can do a lot.

But it's a battle Marty Hanson, pollution prevention program contractor, says is further complicated by the constant influx of rotating personnel and families.

"It's a hard thing to do because of the turnover," he said. "We have to constantly bang away at everyone in this garrison and keep reminding them of what the right thing to do is."

The division staff attributes the response not to the community's indifference but to something else.

"We are successful in a small range or in a small spectrum. We are not where we would like to be or must be, and I think it's not because the customers are negligent or purposely violating laws. I think it's more of the awareness," Welch said.

To keep conservation efforts at the forefront, the environmental division staff conducts a 30-minute briefing to newly in-processing Soldiers and civilians and offers environmental management system training for units, schools and offices.

The training discusses energy saving programs, recycling and overall ways to be better stewards over the environment and its natural resources.

Samantha Rogers is a pollution prevention specialist for the Environmental Division and an Oak Ridge Institute for Science and Education intern who helps provide environmental training for local schools and agencies.

"We look at the conservation happening in the community, and we can see positive changes," Rogers said. "I encounter a lot of people in the community who find out I work for the Environmental Division, and they will ask questions about new environmental news or the proper way to dispose of certain items."

"Whether or not our children are struggling with the same environmental problems in the next decades is up to us and to them. Education, which we can provide, is the first step. The next is up to you," she added.



IMCOM
SOLDIERS • FAMILIES • CIVILIANS

"Natural resources are not unlimited. It's not like at the coffee shop where you have your bottomless coffee cup ... people think you turn on the water, and it will run forever, and that's not true."

-Daniel Welch, Environmental Division Chief

In June Garrison Commander Col. Bill Butcher signed an energy conservation policy designed to help the garrison reduce greenhouse emissions and energy consumption, use renewable energy and sustainable building practices, and reduce its petroleum use.

The policy also calls for an energy manager and building coordinators to help ensure policy guidelines are met.

In addition to the policy, Thomas Cahn, environmental protection specialist, says solar panels have been installed throughout the garrison in places like Campbell Barracks, Mark Twain Village, Taylor Barracks and Germerheim and that 27 percent of the garrison's electrical energy is made of renewable energy.

"We only have one environment, and our resources are limited, especially fossil fuels. We must take good care of what we have right now and in the future," Cahn said.

Despite the daily challenges, long hours and unpredictable days, members of the Environmental Division say

in the end the future payoff is far greater.

"Our reward is when we're out doing our campaigns and training and we look in the kids' eyes and share with them our knowledge. Then they take it and carry it on. For us that's a positive reward and a way to sow seeds towards the next generation."

October is Energy Conservation Month.

For more information, to schedule environmental training, or to report an energy violation, call DSN 387-3140 or send an e-mail to environmental@hdpw.eur.army.mil.

Energy efficiency and security is the sixth line of effort outlined in the Installation Management Campaign Plan.

To view a copy of the IMCOM Campaign Plan, visit www.imcom.army.mil/hq and to view a copy of the USAG Baden-Württemberg Energy Conservation Policy, visit www.bw.eur.army.mil and click on "policies."

Editor's Note: This is the second in a six-part series on the six lines of effort outlined in the IMCOM Campaign Plan.

transformation UPDATE

Frequently Asked Questions

When will families living on post be impacted by transformation?

Families living on post will only be impacted when units depart. Housing areas in Heidelberg and Mannheim will not shut down until families have vacated them because they have moved to another community with their unit. The reduction of housing areas will be through attrition, so we will leave some areas vacant once the tenants have moved in order to save money on utilities, but no one will be forced to move to another housing area within our community during this process. Check out the video blog on BWnow's YouTube channel (www.youtube.com/BWnow) about the new USAREUR housing policy to find out about the off-post housing option now available to Soldiers E-7 and above.

In Wiesbaden, there is a lot of new housing being built. Is it only for the new people moving in, or will Soldiers who are already here have the opportunity to move there?

The new housing being built at the airfield is part of the overall Wiesbaden housing construction and renovation program to provide sufficient military housing at the DOD standard. The houses at the airfield will be part of the Army Family Housing inventory and will be offered to any military person assigned to the Wiesbaden community. Visit www.wiesbaden.army.mil for more Wiesbaden-related transformation information.

Facility Operations Changes

Coleman Vision Center - The Mannheim AAFES Vision Center on Coleman Barracks is scheduled to close Oct. 15. The hours of the optical shop at the Heidelberg Shopping Center will be extended to include Mondays. While the facility in Heidelberg will not be staffed with an optometrist, the customer eyewear prescription once produced by a military or local optometrist will require no additional time for delivery. All orders will be transmitted to the Panzer (Stuttgart) Vision Center, which will complete and then deliver the order within the same period of time Mannheim took to supply the Heidelberg optical shop. A new Vision Center will be opened inside the Panzer Mall in Stuttgart starting Sept. 8.

Polizei Station-Mannheim - The Polizei Station, co-located with the Mannheim Military Police Station on Sullivan Barracks is now open 8 a.m.-1 p.m. Monday-Friday and can be reached at DSN 385-2550, civ. 0621-738618. If you need German police assistance during the afternoon duty hours, call 0621-1289788. Outside the regular duty hours, contact the Mannheim-Käfertal precinct at 0621-718490. In case of an emergency, dial 110.

www.bw.eur.army.mil/transformation

New partner to help TRICARE Prime beneficiaries overseas

ERMC Public Affairs

When the new TRICARE Overseas contract begins Sept. 1, a new partner will be available to help Europe Regional Medical Command beneficiaries when they receive care at host nation medical facilities.

International SOS Assistance, Inc., which has offices in 66 countries with 250 full-time physicians and a medical referral network in more than 175 countries worldwide, will coordinate for health care and process claims for TRICARE Prime beneficiaries living overseas.

TRICARE Management Activity announced the selection of International SOS Oct. 16. According to the TRICARE Overseas Program Web site, as the new managed care contractor, International SOS will operate an integrated health care delivery system for TRICARE beneficiaries living overseas by:

- Ensuring delivery of the highest quality health care;
- Establishing host-nation provider networks near military treatment facilities and in remote locations; and
- Providing customer-friendly service.

The new TOP contract will consolidate overseas TRICARE Prime enrollment, overseas claims processing, TRICARE Global Remote Overseas and TRICARE Puerto Rico Prime.

ERMC officials said these positive changes are part of the new TOP contract:

- The International SOS Call Center will be available 24/7 for assistance with questions about benefits questions and location of the nearest medical facility/network provider for emergency care while traveling.
- Multilingual translation services are available at the International SOS Call Center if patients require communication assistance with a host nation provider.
- International SOS will pre-authorize care for TRICARE Prime beneficiaries and process payments and claims on their behalf.

If urgent care is needed after MTF operating hours, beneficiaries should contact International SOS to locate the nearest provider and obtain pre-approval for urgent care.

In an emergency, go immediately to the nearest emergency care facility or call the medical assistance number for your region. Prior authorization is not required. However, patients who are admitted (or their sponsor) must call their patient liaison or TRICARE Service Center, primary care manager and TOP Regional Call Center before leaving the facility, preferably within 24 hours or on the next business day to coordinate authorization, continued care and payment.

TRICARE Management Activity mailed letters July 19 to TRICARE Prime and Standard beneficiaries containing enrollment guidance, phone numbers and other benefit information.

The Europe Regional Medical Command's Host Nation Patient Liaison Program will continue. Patient liaisons will continue to assist beneficiaries who receive inpatient care at host nation hospitals and, if available, on initial visits for out-patient specialty care by a host nation provider.

Retirees and all non-Prime patients will now need to file claims directly with Wisconsin Physicians Service, the overseas claims processor, using DD Form 2642. Previously, clinic TRICARE service centers may have taken responsibility for sending claims on behalf of the beneficiary.

Additional information, including a new TRICARE Overseas Program Handbook and an Overseas Commanders Toolkit, are now available on the TOP Contract Web page at www.tricare.mil/topcontract. The TOP Handbook offers detailed benefit and claims processing information.

Faces of the community: Mannheim Sports and Fitness



Margaret Clevenger

Martin Höpfner, the supervisory sports manager for U.S. Army Garrison Mannheim, examines the flyer for his latest sports project. Höpfner's job consists of organizing and planning community sports events. Höpfner hosts an annual sports camp for children, and helped organize a skateboard competition and community races in Mannheim, such as the annual Turkey Trot in November. The Sports Department is located in the Sullivan Gym, Bldg. 237. DSN 385-3314, civ. 0621-730-3314.

Absentee Voting – Frequently Asked Questions

Do I have to be registered to vote absentee?

Registration requirements vary from state to state. Most states and territories require registration to vote absentee. Voter registration and absentee ballot request can be done at the same time by submitting the Federal Post Card Application.

If you are already registered to vote and only wish to request a ballot, you should submit your FPCA as soon as possible. It is recommended that you register to vote and request an absentee ballot in January of each year, or at least 45 days before Election Day.

Where do I send my voter registration/absentee ballot request?

Your Voter Registration/Absentee Ballot request form must be completed, printed, signed, dated and mailed directly to your local election official.

These officials will handle the processing and distribution of your absentee ballots and may need to contact you for further information or clarification. To facilitate this process, please provide a current e-mail address, phone and fax

number on your application.

When mailing election materials to my state or territory, do I have to pay postage?

When mailed from any U.S. post office, U.S. embassy or consulate or APO/FPO mail facility, the hard-copy voter registration/absentee ballot form is postage-paid. To receive free postage, the online version of the form must be mailed in an envelope printed with our postage-paid envelope template.

You may mail the completed form in an envelope with proper postage affixed. Ensure your form is postmarked (see post-marking instructions below) and sent to arrive before your state's specific deadline. You must pay postage if the materials are mailed from a non-U.S. postal facility.

Must I submit a separate application for each election?

A citizen does not need to submit a separate application for each election since the states and territories accept the Federal Post Card Application as a request for all federal office elections for the calendar

year in which it was submitted.

To ensure that you receive absentee ballots for all elections in which you are eligible to vote, we recommend you submit a new Federal Post Card Application in January of each year and whenever you have a new mailing address. If you are requesting an absentee ballot for a specific election, note in Block 6 the election for which you are requesting the ballot, i.e., "Primary (or Special, or General) election only."

When should I receive my ballot?

Most states and territories begin mailing ballots 30-45 days before an election. If you have not received your ballot two weeks before the election, contact your local election official (contact information available on most state election sites). If you encounter problems contacting your local election official, contact us.

Always complete and return your absentee ballot regardless of when you receive it, even if you have already submitted a backup Federal Write-In Absentee Ballot. Your local election official will ensure only one of the ballots is counted.

Food service personnel sample, savor

Vendors promote dozens of food products to hungry, curious crowds

By **Dijon Rolle**

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

For Sgt. 1st Class Howard Shakespear it was a toss-up between the lemon-pepper fish and the mandarin chicken. Both received high marks along with a few other dishes the Decatur, Ill., native had the pleasure of sampling. He was also pretty partial to the Sweet and Spicy Tabasco sauce.

Shakespear, manager of the Coleman Consolidated Dining Facility in Mannheim, was just one of the many military food service professionals from across Europe gathered inside of the Patrick Henry Village Pavilion ballroom for the annual Theodor Wille Intertrade food show Thursday and Friday.

The show is designed to bring military affiliated buyers and sellers together to see firsthand the variety of food products available for use in dining facilities.

This year's attendees were greeted by a smorgasbord of pasta, pies, pound cakes, meats, seafood, beverages, desserts and more.

The intoxicating mish-mash of delicious smells made it hard to determine the hour of the day, as whispers of pancakes and cinnamon rolls floated nicely alongside that of barbecued turkey wings, jambalaya and roadside chili.

Close to 60 vendors packed the ballroom to promote their mouth-watering wares to food service civilians and Soldiers like Shakespear, who admitted this was the first time in his 20-year military career he had ever been to a food show.

"I was always doing something else where I couldn't make the food shows, but I've always watched my dining facility managers come back with bags of different products and foods and I always wanted to go, too," Shakespear said.

"It's a great opportunity for vendors to interact with the people who are buying and using their products," he said.

The food service specialist also admits attending the shows is another way he and his counterparts can stay competitive.

"The Army is in a business, and as food service we are competing for business with places like McDonalds, Burger King or other places off post. We want to offer the Soldiers quality meals, and we also want to provide a healthy variety to draw them in," Shakespear added.

Chief Warrant Officer 4 James Donaldson is the food advisor for U.S. Army Europe and was one of several people responsible for helping ensure the show went off without a hitch.

"We always want to make things better for the Soldiers when they're here and when they go downrange," Donaldson said. "Wherever Soldiers go, we want to ensure they receive fresh quality meals.

"This is a way to continue to move forward and take care of America's sons and daughters."

Several of the products showcased at the annual event are familiar family staples easily found in many kitchens and on many dining room tables.

Paul Curran, general manager food division for Theodor Wille Intertrade and a retired Soldier, says he's proud to



Dijon Rolle

Sgt. Raymond Haley samples a few pieces of smoked beef jerky during the Theodor Wille Intertrade food show Aug. 5 at the Patrick Henry Village Pavilion in Heidelberg. The annual event attracts military food service personnel from all over Europe.

bring service members a taste of home no matter where their travels may take them.

"When I was in the military, it was the 'green cans' Army ... it's much better now, and it's great to be a part of it and to help out the military," Curran said. "We hope people enjoyed the show, and we look forward to seeing them next year if they didn't make it this year."

In addition to the two-day food show, there was also a General Mills-sponsored baking class where attendees learned how to prepare fudge crinkle cookies, black pepper parmesan biscuits and princess bars from scratch.

Students also learned how to implement new baking techniques and recipes designed to please the eye as well as the pallet.

"We always want to make things better for the Soldiers when they're here and when they go downrange. Wherever Soldiers go we want to ensure they receive fresh quality meals."

-Chief Warrant Officer 4 James Donaldson, Food Advisor

The annual TWI food show is open to food service personnel from all service branches.

The event is closed to the general public.

From the COURTROOM

Heidelberg
Spc. Erik Dollarhite was convicted by an enlisted panel at a general court-martial July 22 of one specification of violating Article 128, Uniform Code of Military Justice, assault consummated by battery; and one specification of violating Article 107, Uniform Code of Military Justice, false official statement. Dollarhite was sentenced to be reduced to the grade of E-3, and to perform hard labor without confinement for 45 days.

Courts-Martial Results

The results of courts-martial associated with the Heidelberg, Kaiserslautern and Mannheim communities are published in cooperation with the V Corps and 21st Theater Sustainment Command Judge Advocate General.



Dijon Rolle

60 years of UMUC

Employees and students from the University of Maryland University College Europe celebrated 60 years of service to the overseas military community with a series of birthday parties held throughout Europe on Friday. UMUC employees in Heidelberg hosted a free barbecue for community members at Patrick Henry Village park. Attendees enjoyed free food, live music from the band Jimi's Souliquity, birthday cake and balloons. UMUC representatives also set up on-site information booths.



Sp4 Adam Turner

our ARMY

around the world

For more Army news,
visit www.army.mil

The 1st Cavalry Division Soldiers trying out for the 2nd Battalion, 38th Cavalry Regiment, Long range Surveillance, Airborne unit at Fort Hood, Texas, gut out the last mile of a two and a half mile "buddy run" July 27.



Staff Sgt. Horace Murray

Pakistani flood victims sit on the floor of a U.S. Army helicopter as part of U.S. and Pakistani efforts to evacuate them from the town of Khyber in Pakistan's Pakhtunkhwa province Aug. 4.



D. Myles Cullen

Chief of Staff of the Army Gen. George W. Casey Jr., addresses audience of the 2010 National Guard Volunteer Workshop in New Orleans, La., Aug. 3. The theme for this year's workshop was "Determination, Patience and National Volunteers."



Sp4 Anthony Jackson

Soldiers from 1st Battalion, 327th Infantry Regiment, 101st Airborne Division kneel outside the town of Badmuk, Kunar province, Afghanistan, after a night assault on suspected Taliban positions as part of Operation Azmaray Fury Aug. 2.

SLOOZE

continued from page 1

Cory Caslow and his 16-person team were busy preparing for their "Slooze Show."

Caslow is the director of children's ministries at First Baptist Church Altamonte Springs based in central Florida.

"It's the game where slime and ooze collide," Caslow laughed as buckets of thick, goopy, neon green slooze sat nearby waiting to douse dozens of eager children and a few brave adults.

"The Slooze Show is a ministry that our senior pastor started about 15 years ago with his youth group and it was an opportunity for them to minister to kids and to get kids dirty on the outside and let God clean them up on the inside."

The Slooze Show is similar to a Nickelodeon style game show where kids compete against each other in different events like slime noodle shooters and slime balloons.

However, before the any slooze starts flying, the slooze crew takes some time to minister to their young audience about Jesus Christ and give them and their families an opportunity to connect with their local chaplain's office.

"We do it to reach kids with the gospel of Christ. That's our main reason," Caslow said.

While he wouldn't divulge the exact ingredients contained in the slooze, Caslow did reveal the mixture was completely edible and washable.

Rumor has it the bright-green gunk consists of everything from applesauce and pudding to bananas and marshmallows, not to mention the strangely sweet cake-batter like smell.

The day's events were all designed to give kids and parents a dose of good, but in this case, not-so-clean fun.

"We wanted to do something to involve the community and families in a positive and fun way and to celebrate the end of our vacation Bible camp," said James Corneliusen, director of religious programs for USAG Baden-Württemberg. "We also wanted to honor our wonderful volunteers for all of their hard work and for all of their efforts toward making this program such a huge success."

After finishing their food and drinking their fill of lemonade, the youngsters rushed over to PHV Park to participate in the Slooze Show.

Once everyone was seated members of the slooze crew took a few minutes to speak to the many children and parents gathered there to encourage them to seek a relationship with Christ.

Afterwards the atmosphere was like that of a thunderous school pep-rally as the boys were pitted against the girls in a series of games designed to get everyone involved as dirty and slimy as possible.

For children like 9-year-old Grant Foley, the day could not have been any better, but he did have one complaint.

"Right after you get slimed you have to go to the fire truck and get hosed,



A U.S. Army Garrison Baden-Württemberg fire fighter hoses down the children covered in "slooze" during Friday's Slooze Show on Patrick Henry Village, which celebrated the last day of Heidelberg's vacation Bible camp.

which is really cold, and then if you go and get slimed again, you'll have to get hosed again over and over again, and it's so cold, but it's fun," Grant said while shivering under a beach towel.

He also offered some advice to those brave enough to sample the slooze.

"It tastes a little bit good, but when you have an empty stomach you probably shouldn't eat it," Grant said.

His mom, Anastasia, says the family is big fans of the show and its overall message.

"We look forward to it each year slooze comes ... the kids are excited, and

they know that they are not only going to get the gospel message but they're going to have fun and learn at the same time," she said. "It's a family event, and we feel very blessed to have them here."

This is the third time the Slooze Show has visited Heidelberg. The crew has also performed in Mannheim and Landstuhl.

The next big event for the chaplain's office is the Harvest Fest Trunk or Treat scheduled for Oct. 30. For more information on upcoming programs, call DSN 370-8238. For more about the show, visit www.firstaltamonte.org.

OUTREACH

continued from page 1

Army cannot always offer the most comprehensive assistance for the number and kinds of challenges that our Soldiers and families face. This is especially true for National Guard, active Reserve and Active Component Soldiers and families who live far from installations.

The great need for support and the great demand on our resources require us to reach out to those who can help us keep our promise to Soldiers and families.

A volunteer, a local service provider or a state or national organization may be able to offer expertise, material assistance, support services or even just human contact that fills a critical need, especially for the Soldier or family member who is not near an installation.

The support that communities and organizations give to Soldiers and families has become so important that the Army Community Covenant was launched in April 2008 to formalize and facilitate the relationships.

To date, communities in 49 states, three territories and the District of Columbia have conducted more than 500 covenant signing ceremonies, pledging to find ways to enhance the quality of life for Soldiers and families.

These ceremonies publicly recognize and celebrate the communities' commitments, but they are not an end in themselves. They are an important step in taking action to link support to specific Soldier and family needs. The crucial first step is building relationships.

Effective community outreach is broader than a covenant. It begins with building strong, real relationships. Americans are inspired to offer their support when they learn more about military life and gain a deeper understanding of the personal challenges Soldiers and families experience.

It is crucial that Army leaders make every effort to get to know local leaders, to attend town halls, Chamber of Commerce meetings and other events, and to invite local leaders and community members

to attend events on post.

Army leaders must be prepared to answer when local leaders ask, "How can we help?" Americans are generous and compassionate – if you let them know how they can help, they will.

I know from firsthand experience what the power of community support can do for Soldiers and their families.

One recent example is when I was the III Corps and Fort Hood commander and worked to establish a Resiliency Campus, which gathers in one area a number of programs to support Soldiers' and families' mental, spiritual and physical well-being.

As senior commander, I was able to dedicate the space on post and ensure infrastructure improvements were made, but it was the embrace of the community outside the gate, their contributions of materials, services and expertise, that made the campus a reality.

We have several valuable resources to help Soldiers and families locate and access programs and services available to them.

Army One Source, at www.myarmyonesource.com, is a single portal for information on a wide range of services, including housing, health care, employment, education, child care and family services. AOS includes information on how to contact the nearest Army community support coordinator. Community support coordinators work to make connections between local resources and Soldiers and families, especially for those who live far from an installation.

The Army Community Covenant Web site, at www.army.mil/community, has information on more than 600 national, state and local programs that offer education, employment, family, financial, survivor, wounded warrior and other kinds of support. The Web site regularly adds information on new programs as we continue to build relationships with local, state and national organizations.

The site also has ideas and resources for Army leaders to reach out to the communities around them, and for community members and orga-

nizations who want to offer support.

All of these resources – the Army Community Covenant resources, the community support coordinators, the advice and ideas of fellow leaders posted on www.garrisoncommand.com, and the expertise of professionals on installations – help Army leaders build and strengthen relationships with communities and find innovative ways to take care of Soldiers and families.

We have become more effective at our community outreach efforts in recent years, but our efforts meet with such success because our communities are eager to meet us halfway. They readily and generously express their gratitude and support for our Soldiers and families. Our challenge is to meet them all the way, to clearly communicate our needs and facilitate their support for us.

The support and contributions from our communities will enable us to keep our promise to provide Soldiers and families a quality of life commensurate with their service.

GERMAN WINE

Discover the Wine Route

The German Wine Route, the first of Germany's scenic routes and still its most famous, runs through the country's second-largest wine-growing region and offers 85 kilometers of pure, unadulterated enjoyment.

Whether Schweigen-Rechtenbach in the south is the start or the finish of the route is immaterial: many visitors enjoy it so much that, on reaching the German wine route gateway there, they simply do an about-turn and do the tour again in reverse, back up to Bockenheim. In winter, when prolonged spells of bad weather elsewhere in Germany are still depressing people's spirits, the countryside along the Wine Route is being transformed as thousands of almond trees come into blossom.

Here the climate is mild, the scenery like Tuscany's and the people warm and friendly, too. The summer sun shines down on the gentle wooded hills planted with vines, while figs, kiwis and lemons also thrive. In the autumn, the whole of the region seems to become slightly tipsy: the new season's wine begins to flow from the presses and people who appreciate the finer things in life have a choice of numerous wine festivals to mark the occasion and make the experience an unforgettable one.

A warm welcome awaits visitors to this region rich in tradition and natural treasures. The route is an exciting tour of discovery for walkers, cyclists, sporty types and tourists alike.

Gourmets, wine lovers, devotees of the arts and anyone who generally loves life will take the Wine Route and its sense of joie de vivre straight to their hearts. Wine tasting with a winegrower is a chance to become a bit of a connoisseur. The specialties of traditional rustic Palatinate cuisine and the more refined Palatinate nouvelle cuisine are not to be missed either.

Remains of Roman settlements, fortress ruins and castles are all featured along the route, and there is a circular Roman marked trail tracing the history of viticulture. Bad Dürkheim, a state approved spa resort, boasts the biggest wine barrel in the world: its capacity would be 1.7 million liters of wine, if it were not actually a restaurant for 650 people.

The world's biggest wine festival, the Dürkheim Wurstmarkt (literally "sausage market"), takes place here every autumn. On the last Sunday in August, the German Wine Route holds a discovery day when the whole route is closed to motorized traffic, leaving walkers and cyclists free to enjoy the route at leisure.

The German Wine Route is not a race track though, not only because it winds its way through the narrow streets of wine villages and twists and turns around vineyards, but also because you could easily stop and taste the wine in every village.

Wonderful wines from famous vineyards can be enjoyed everywhere, in tasting rooms and countless wine taverns or even at stalls at the side of the road. Pretty little towns and wine villages, often more than a thousand years old, are strung out like pearls along the German Wine Route.

The route makes its way through the Palatinate's sea of grapes, sometimes hugging the slopes of the Palatinate Forest, then through the hills further away. Viticulture has shaped the landscape of this region and the rhythm of its people's lives who live for the wine that gives them a living. You'll enjoy every minute exploring the whole region on well-marked footpaths and cycle trails through its wine-growing villages and vineyards and up to its castles and ancient ruins.

The German Wine Route is packed with romantic corners, interesting places, museums and historical sites. Allow yourself plenty of time for the German Wine Route – the winemakers will welcome you with open arms.

SOURCE: www.cometogermany.com



DEAR MS. Vicki

Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

Are there any support groups for moms of Soldiers? I have searched the Internet and have not been able to find anything. I just need someone to talk to who understands my fears and concerns.

From: Mom

Dear Mom,

There are many online support groups. The one that immediately comes to mind is www.goarmyparents.com.

I think this is where I need other readers to write and let me know what online support groups for parents have helped them. Please keep reading for more information.

Dear Ms. Vicki,

I've been reading your past columns letters/responses over the last year and have definitely appreciated them as I'm new to the Army life.

I just read the most recent letters written to you and was very shocked and surprised when I read the letter from the "infantry snob." It was quite unsettling, and I want to thank you for your response.

As I said, I am new to the Army, but my husband has been in the Army for 21 years. He has been airborne/jumpmaster, a welder, a ranger, and now he's a logistics guy.

Where would any of us be without organizing, planning/strategizing plans of attack and obtaining resources for other Army members?

I think anyone in the military is a brave and very selfless person, no matter what MOS/branch he is in.

I think the woman who wrote to you needs to not just carry her husband's banner but also get her own interests.

She is offensive, and it is no wonder she has very few friends. Has she had to leave her children and go to war? Had to be in the middle of gunfire?

She should respect every job, not just those in the military. She should be appreciative of any ser-

vice member who sacrifices so much for her and her family's freedom!

She may need one of those laughable chemical guys and gals! I know her husband likely will, if he has not already. Or what about those explosives specialists ... do we not need them either?

I am a pediatrician, but I can't bad mouth surgeons and talk about how useless they are. I actually may need one one day for my patients, or God forbid, my own children.

I agree with likening the Army to one's body. Without one part, the whole suffers.

I love my husband and am proud of all of his accomplishments, infantry or not. I truly appreciate your response to her. Keep doing what you do – you do it well.

From:

Love for the ENTIRE Army

Dear Love,

Welcome to the life as an Army spouse. I appreciate your response, and it is well taken. I receive letters from many people who come from all walks of life and many different viewpoints. It comes with the territory of being an advice columnist.

I truly wish you well, and I hope you and your husband will do much to cultivate a great relationship so you both can have a wonderful marriage that will last through the tests of time.

Continue to take care of yourself and keep in touch when you can.

Dear Ms. Vicki,

I need your help big time. My husband is getting close to deploying again (in two months). His attitude has changed completely, he is always picking fights with me, telling me I should go back to my parents, that he will be better off without me.

To top it off, when I am going to leave, he breaks down and doesn't want me to go, apologizes and everything is fine until he does it again.

I understand his job is very stressful, so I try not to take to heart all the things he says, but I'm just so tired of this roller coaster, and I want to get off. Even though he has never laid a hand on me, I feel like a battered wife, I feel so empty.

He says he gets mad because I'm not as loving with him like before and we don't have sex too often.

I try to explain to him that I'm scared to approach him because I don't know what reaction I will get from him, and I don't want to have sex with him because the way he acts.

I tell him to go get counseling, but he says no because they are going to say it's his fault. I told him I'm not going to fight with him anymore, so he says I've given up

and he wants a divorce but is too broke to get lawyer.

I'm just so tired of all this drama and want it to stop but I don't know what to do. Please help me.

Thanks! J.E.

Dear J.E.,

Thank you so much for writing me and for sharing some significant and personal parts of your marriage with me. It lets me know you want to save your marriage by reaching out and asking for advice. I hope I can impart some good wisdom for you and your husband.

First of all, it sounds like there are many issues going on in your marriage right now. You are right, deployments are stressful, and from your report, this is not your husband's first deployment.

From my experience working with couples before deployment – they all report increase in arguments and an overall breakdown in communication.

I surmise that we try to create emotional distance from our partners thinking it will make it easier to separate during the deployment.

Conversely, this makes the relationship worse. It will only decrease communication before and during the deployment, which will increase the emotional gap between the couple. You are correct in trying to avoid conflict and arguments.

Secondly, I would suggest talking to a marriage counselor or therapist.

This person would be of support, discuss the cycle of deployments and some reactions and behaviors we may have in each phase of deployment. The therapist could also give you great communication tips.

Lastly, (which is really my first concern) is your report of feeling like a battered wife, so much that it has affected your sexual intimacy with your husband. Emotional abuse is still abuse.

Marriage therapy is important in this case, but I will also recommend individual counseling for you and that you also contact Army Community Service and speak with a victim's advocate. It's important that you have a source of support before, during and after deployments.

I hope this can be a time of great personal growth for you and your husband. Contact social work service on your base to inquire about marriage and individual counseling. If there are no services available, then contact Military OneSource and they will connect you to a therapist in your local community. All services are free.

I wish you well and please keep in touch with me.

GET OUT!

area events

More events online at <http://myBWnow.ning.com>

August 14

Hip-Hop Party - Disc Jockey Rainbow spins your favorite Euro techno and hip hop dance hits starting at 9 p.m. at Legends community club on Patrick Henry Village in Heidelberg. www.mwrgermany.com.

Mosel Dinner and Wine Tasting - This popular tour starts in the picturesque village of Bernkastel-Kues. Here you'll discover medieval half-timbered houses surrounded by vineyards and dominated by the mighty 13th century castle Landshut. After a city tour, you'll have time for shopping, exploring and a light snack. You'll also pay a visit to a family-owned Weingut and enjoy a traditional German meal and tour of the vineyards. <http://affiliates.usa.org/Kaiserslautern>.

Cooking Class - There will be a cooking class at the Mannheim USO at 1 p.m. Let chef Shanel Williams help you whip up a delicious entree featuring salmon, potatoes and hollandaise sauce. Sign up available at the USO.

Mosel Canoe Trip - Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

Art, Theater and Music Festival - The Lebenshilfe in Kirchheimbolanden, north of Kaiserslautern, will hold its annual Art, Theater and Music Festival beginning at 2 p.m. in the schlossgarten. Entrance to most events is free. andreas.kolb@lebenshilfe-kl.de.

August 15

Player's Choice Bingo - Choose the game you want to be played 3-6 p.m. at the Kazabra Club on Vogelweh Housing. You'll also have the chance to win over \$10,000 in cash with four guaranteed \$1,000 games. Doors open at 1 p.m. and free buffet at 2 p.m. DSN 489-7261, civ. 0631-536-7261.

August 18

Cheap Eats - Learn how to cook great food quickly and on a budget with BOSS Cheap Eats. Football season is right around the corner. Create delicious finger foods perfect for a pre-game party and halftime break. Join Heidelberg BOSS at the Warrior Zone on Patton Barracks at 6 p.m. for this free event. Open to all Soldiers and their guests ages 18 and over and family readiness group members. www.mwrgermany.com.

August 20

Swiss Alps Adventure - Enjoy a weekend in the Swiss Alps with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

Karaoke Partner Singing Contest

Show off your best singing and acting skills 11 p.m. at Armstrong's Club on Vogelweh Housing. Prizes will be awarded for first, second and third place. DSN 489-6000, civ. 0631-536-6000.

August 21

Deep Sea Fishing - Spend the day deep sea fishing with Army Outdoor Recreation. www.mwrgermany.com.

Disneyland Paris - Experience the Magic Kingdom and see the characters you have enjoyed come to life at Disneyland Paris. Tour includes round-trip transportation and entrance ticket to either the movie or theme park. <http://affiliates.usa.org/rheinneckar>.

Canoe Trip - Cruise the Neckar River with Heidelberg Outdoor Recreation. DSN 388-9282.

August 26

Right Arm Night - Bring your "right hand" colleague and spend a relaxing evening with games, snacks and fun at Armstrong's Club on Vogelweh Housing, 4-7 p.m. DSN 489-6000, civ. 0631-536-6000.

August 28

Wii Tournament and Movie Night - Get your game on or watch a blockbuster flick at Legends community club on Patrick Henry Village in Heidelberg. DSN 388-9570.

7 Castle Hike - Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

August 29

Phantasialand - Visit this fabulous theme park for a day with Heidelberg Outdoor Recreation. DSN 388-9282.

September 2

Kaiserslautern Rising Star - Audition for the chance to win a three-day professional recording studio experience in Los Angeles, studio time, vocal coach, production of a three-song demo CD and an all expense paid trip for two. Mandatory a cappella auditions will be held at 6:30 p.m. Sept. 2 at the Kaiserslautern Military Community Onstage, Bldg. 3232, Kleber Kaserne. The competition is 7:30 p.m. Sept. 10 at the Kazabra Club, Bldg. 2057, Vogelweh. Singers must be Active-duty, Reserve, National Guard, or military family members and 18 years or older. \$300 will be awarded to the most supported unit or family readiness group. Auditions: DSN 483-6626, civ. 0631-411-6626.

September 3

Middle Ages Re-enactment - Go back to the Middle Ages where brave knights could be found during the re-enactment in Kirrweiler on the Weinstrasse through Sept. 5. Experience the everyday life of ancestors - how they lived, worked, performed ceremonies and more. There is the opportunity to watch or take part in archery competitions, axe throwing, sword fencing and other medieval contests (pre-registration mandatory). Over 50 marketers invite you to be part of medieval everyday life and enjoy traditional food specialties. The events take place in Edelhof and Kropsbach located along the meadows beneath the castle pond where the three-day medieval festival takes place. If you show up dressed in medieval attire, you will receive a surprise at the entrance.

September 4

Castle Illumination Cruise - The Warrent Officer Association welcomes everyone to a river boat cruise and Heidelberg castle illumination with fireworks. Cost is €30 per person or €55 for two tickets. Children under 7 are free. Proceeds fund the wounded warriors and the Heidelberg graduating seniors scholarship fund. The "Alt Heidelberg" will depart the docks in front of the Heidelberg Stadthalle at 8 p.m.; boarding begins at 7:30 p.m. www.Rhein-NeckarSilver.com. DSN 374-5343 or 370-8697.

September 10

Heidelberg Rising Star - Do you have what it takes to become a star? Find out at Heidelberg Operation Rising Star, an Army-wide singing competition, and you could win the ultimate recording music experience! The grand prize winner will get an all expense paid trip for two to Los Angeles to get studio time, meet with a vocal coach and cut a three-song demo CD. Plus, the local winner will get \$500. Not a singer but want to make some cash anyway? \$300 will go to the most supported unit or FRG. Auditions are at 7 p.m. Sept. 10 with the semi-finals Sept. 17 and the finals Sept. 24, all at the Recovery Room on Nachrichten Kaserne. Contest rules and application: www.mwrgermany.com.

Ongoing

Dance Lessons - Learn how to move your feet from line dancing to two-stepping at the Kazabra Club Bldg. 2057 on Vogelweh. 7-9 p.m. Thursdays and Saturdays. Lessons are available for all experience levels. DSN 489-7261, civ. 0631-536-7261. www.mwrgermany.com.

coming to THEATERS

SHREK FOREVER AFTER

(Mike Myers, Eddie Murphy) After challenging an evil dragon, rescuing a beautiful princess and saving your in-laws' kingdom, what's an ogre to do? Well, if you're Shrek, you suddenly wind up a domesticated family man. Instead of scaring villagers away like he used to, a reluctant Shrek now agrees to autograph pitch forks. What's happened to this ogre's roar? Longing for the days when he felt like a "real ogre," Shrek is duped into signing a pact with the smooth-talking dealmaker, Rumpelstiltskin. Rated PG (mild action, some rude humor and brief language) 93 minutes



PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

Aug. 12 - PRINCE OF PERSIA: THE SANDS OF TIME (PG-13) 7 p.m.
 Aug. 13 - SHREK FOREVER AFTER (PG) 2 p.m.; THE OTHER GUYS (PG-13) 7 p.m.; KILLERS (PG-13) 9 p.m.
 Aug. 14 - SHREK FOREVER AFTER (PG) 4 p.m.; THE OTHER GUYS (PG-13) 7 p.m.; SPLICE (R) 9:30 p.m.
 Aug. 15 - KILLERS (PG-13) 4 p.m.; THE OTHER GUYS (PG-13) 7 p.m.
 Aug. 16 - SPLICE (R) 7 p.m.
 Aug. 17 - THE OTHER GUYS (PG-13) 7 p.m.
 Aug. 18 - KILLERS (PG-13) 7 p.m.
 Aug. 19 - THE OTHER GUYS (PG-13) 7 p.m.

Mannheim, Schuh

Theater under construction until further notice.

Vogelweh, Galaxy

Aug. 13 - KILLERS (PG-13) 3 p.m.; SPLICE (R) 7 p.m.
 Aug. 14 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 3 p.m.; KILLERS (PG-13) 7 p.m.
 Aug. 15 - CATS & DOGS: THE REVENGE OF KITTY GALORE (PG) 3 p.m.; KILLERS (PG-13) 7 p.m.

Ramstein, Gateway Movieplex

Aug. 12 - MARMADUKE (PG) 11:30 a.m., 2:45 p.m., 5 p.m., 7:15 p.m.; GET HIM TO THE GREEK (R) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; PRINCE OF PERSIA: THE SANDS OF TIME (PG-13) 11:15 a.m., 2 p.m., 4:35 p.m., 7 p.m.
 Aug. 13 - THE OTHER GUYS (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; KILLERS (PG-13) 11:30 a.m., 2:15 p.m., 6 p.m., 8:45 p.m.; SPLICE (R) 11:15 a.m., 3 p.m., 5:45 p.m., 8:30 p.m.
 Aug. 14 - THE OTHER GUYS (PG-13) 11 a.m., 2 p.m., 5 p.m., 8 p.m.; KILLERS (PG-13) 11:30 a.m., 2:15 p.m., 6 p.m., 8:45 p.m.; SPLICE (R) 11:15 a.m., 3 p.m., 5:45 p.m., 8:30 p.m.
 Aug. 15 - THE OTHER GUYS (PG-13) 11 a.m., 2 p.m., 5 p.m.; KILLERS (PG-13) 11:30 a.m., 2:15 p.m., 6 p.m.; SPLICE (R) 11:15 a.m., 3 p.m., 5:45 p.m.
 Aug. 16 - THE OTHER GUYS (PG-13) 11 a.m., 1:35 p.m., 4:10 p.m., 6:45 p.m.; KILLERS (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; SPLICE (R) 11:15 a.m., 2:45 p.m., 5:15 p.m., 7:45 p.m.; HOW TO TRAIN YOUR DRAGON (PG) 11:45 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m.
 Aug. 17 - THE OTHER GUYS (PG-13) 11 a.m., 1:35 p.m., 4:10 p.m., 6:45 p.m.; KILLERS (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; SPLICE (R) 11:15 p.m. 2:45 p.m., 5:15 p.m., 7:45 p.m.; HOW TO TRAIN YOUR DRAGON (PG) 11:45 p.m., 2:15 p.m., 4:45 p.m., 7:15 p.m.
 Aug. 18 - THE OTHER GUYS (PG-13) 11 a.m., 1:35 p.m., 4:10 p.m., 6:45 p.m.; KILLERS (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; HOW TO TRAIN YOUR DRAGON (PG) 11:45 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m.
 Aug. 19 - KILLERS (PG-13) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.; SPLICE (R) 11:15 a.m., 2:45 p.m., 5:15 p.m., 7:45 p.m.; HOW TO TRAIN YOUR DRAGON (PG) 11:45 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
 Schuh Theater, Mannheim, 0621-730-1790
 Galaxy Theater, Vogelweh, 0631-50017
 Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions

Climate House

The Climate House® Bremerhaven 8° East, a unique and scientifically-founded knowledge and adventure world, allows people of all ages to experience the multi-faceted theme of climate. The visitor awaits impressive room stagings of the world's various climate zones, multimedia-installations, interactive exhibitions, large aquariums and much more.

The journey claims all senses; it allows the visitors to experience dry coldness to humid wetness all the way to scorching heat and also shows how people live in these various climate zones.

A journey around the world to and from Bremerhaven, always along the 8th longitude – this is one of the main attractions in the Climate House®. With an exhibition area of approximately 11,500 square meters you will become a world traveler.

You will travel through various climate zones where you will meet people whose lives are determined by the climates you are experiencing. You will experience extreme temperatures and will see amazing animals and plants. Interactive exhibitions help you to understand the complex inter-relationships of world climate.



city by the SEA

Discover Bremerhaven

Maritime Museum

The National German Maritime Museum with the open-air museum and the Museum Harbor is located right in the center of Bremerhaven between the Columbus Center and the River Weser dyke promenade.

In connection with the collections of the museum and the historic surroundings, the park-like area with its large maritime objects on land and the vintage ships of the museum fleet in the Old Harbor forms a unique ensemble of German maritime history.

The attractions of the German National Maritime Museum range from the world's oldest boat and the Technical Museum Submarine "Wilhelm Bauer" to the only remaining Hansa cog.

The museum owns more than 500 model ships, including splendid, magnificent sailing ships intended to conquer colonies.

Impressive whalers, two-masters and three-masters that carried the emigrants to their new homeland can also be admired.

The extension should not be overlooked either.

Since 2000, it houses collections on the history of polar and marine research, fishing and whaling, raw materials from the sea, as well as the traditional craft of building boats from wood.

Zoo at the Sea

The visitors of the Zoo at the Sea get an impression of the habitat of polar bears, polar foxes, common seals, fur seals and penguins: bizarre, barren deserts of ice, colorful tundra landscapes framed by water and more water.

Views to the river Weser frequently provide an impression of the immense vastness of the landscapes represented. Underwater views open entirely different dimensions: flying penguins, diving polar bears and majestically gliding seals.

As a contrast to this, there are also monkeys who, due to the tradition of seafaring in Bremerhaven – seamen brought them to the city from their foreign travels – also must have their place in the new zoo. Thus, chimpanzees roam the tropical jungle and savannah landscaped on the search for something to eat and poke an artificial termite hill for delicacies.

Children have the chance to playfully compete with the skills of the animals on parallel adventure trails or to explore the small adventure playground.

To conclude a visit to the zoo, the visitor can relax on the terrace with a cup of coffee and enjoy the endless expanse of the ocean – not an everyday view.

Additional highlights are the animal feedings and the seal training.

German Emigration Center

The German Emigration Center allows its visitors to follow the paths of the more than 7 million people, who emigrated to the New World through the port of Bremerhaven. Scene stagings, video and audio installations plus state-of-the-art museum technology allow for an exciting journey through the history of emigration.

Each visitor is accompanied through the exhibition by an authentic emigrant biography: they will experience the departure from the homeland, the conditions encountered during the crossing, the new beginning in the USA, Argentina or Brazil. The tour of the exhibition ends in the present and gives you current aspects of global migration and allows you to search for foregone friends and relatives in international databanks. Special aspects of migration are more deeply dealt with through special exhibitions, events and seminars.

In the Children's Museum, children can experience what it is like to be a gold digger in the Wild West or what it is like to be a passenger on an emigrant ship. Sensorially experiencing smell and feel stations in the exhibition, role playing for kindergarten groups and elementary school classes, vacation courses as well as children birthday parties are all part of the museum education program of the German Emigration Center.

SOURCE: www.bremerhaven-tourism.de

Heidelberg Ski Patrol to offer outdoor emergency care course

By Jonathan Miller
HEIDELBERG SKI PATROL

Alpine skiers and snowboarders in the Heidelberg community who want to take their skills to the next level will have the opportunity to take a nationally accredited outdoor emergency care course starting Sept. 7.

Join the Heidelberg Ski Patrol by enrolling in its twice-a-week OEC class, which will take place through late November at Heidelberg High School. Candidates will head to the mountains in January to apply classroom skills on the ski slopes in Bichlbach, Austria, and Lauterbrunnen, Switzerland.

Students will practice assessing and treating "patient" medical scenarios with the goal of being

validated as an auxiliary patroller, ready to be a first responder in any emergency situation, on or off the mountain.

After learning the special ski skills needed to guide a patient-loaded toboggan safely down the mountain, students can be validated as a basic patroller, qualifying them to patrol any mountain in the U.S. where National Ski Patrol volunteers provide service.

The OEC class also qualifies students to provide professional-level CPR as taught by the American Red Cross.

The Heidelberg Ski Patrol is one of five patrols of the NSP's European Division. HSP is a service and training patrol which provides ski safety awareness and emergency care assistance to the

Sign Up

Register at 6:30 p.m. Sept. 7 during orientation at night at HHS

Heidelberg International Ski Club on its alpine ski trips each winter.

HSP also provides emergency care to the ski class patrons of the Armed Forces Recreation Center in Garmisch.

Sign up for the OEC course during HSP's orientation night at 6:30 p.m. Sept. 7 at HHS. For details, e-mail jagcol@earthlink.net or visit the C.A.R.E. Fair booth at the PHV Village Pavilion Aug. 28 10 a.m.-2 p.m.

For additional information, visit www.nspeurope.org, the European Division's National Ski Patrol Web site.

USAG Baden-Württemberg Double Elimination Post Season Softball Championship

Headquarters and Headquarters Company, U.S. Army Europe claimed the unit-level softball title for 2010 after defeating the 18th Engineer Brigade 8-1 on Patton Sports Field in Heidelberg Monday evening.

To claim the title, USAREUR first brought down the U.S. Army Garrison Baden-Württemberg team 11-6 in an Aug. 4 match-up and then went on to defeat the 18th Engineers 11-7 Aug. 5.

The 18th Engineers toppled the 529th Military Police Company 7-0 Aug. 3 before falling to USAREUR Aug. 5. However, the team came back the same day to beat USAG Baden-Württemberg 10-9 for another shot at the USAREUR team in the championship game.

SOURCE: USAG Baden-Württemberg Sports and Fitness

Win \$100,000, Super Bowl trip Play against members of all service branches in a free fantasy football league

By Tim Hipps
FMWRG PUBLIC AFFAIRS

ALEXANDRIA, Va. – Morale, Welfare and Recreation patrons from all five branches of the U.S. military are invited to play in a free fantasy football league with \$100,000, a trip to Super Bowl XLV and championship rings on the line.

Participants can create an account and begin drafting teams to compete in the RapidDraft Fantasy Football League at www.mwrfantasysports.com. Fantasy football revolves around the statistics of players in the National Football League. Registration and all drafts must be started by Sept. 12 at 8 a.m. EDT.

Each player can field as many as 60 teams, each of which will draft and play a full season of fantasy football games against 11 fantasy football professionals, including Joe Namath, MVP of

Super Bowl III.

After creating an account and becoming a World Fantasy Games member, participants may enter the Web site and sign-up to draft a fantasy football team against the fantasy pros.

All participants must be 18 years of age or older at the time of registration.

The league is open to all active-duty personnel, their family members, retirees, Reservists, National Guard, DOD and Coast Guard civilians.

The overall military winner, based on the accumulation of points throughout the season, will win a trip for two to Super Bowl XLV Feb. 6 at Cowboys Stadium in Arlington, Texas.

The winner from each branch of the military will receive a custom championship ring. All MWR contestants also will compete for the national grand prize of \$100,000.

Golfers compete in Heidelberg's 18-hole Scramble of the Year event

By Rex Gribble
HEIDELBERG GOLF CLUB

The Wednesday evening 9-hole scrambles happening at the Heidelberg Golf Course since April culminated Saturday in the 18-hole Scramble of the Year with 60 golfers who qualified for the annual event.

With 15 four-person teams set by computer based on handicaps, the team of Maxi Boegel, John Bradley, Helmut Mignon and David Reed won with a score of 13 under par.

The team of Jack Whiting, Patrick Russell, Helma Thomson and Stefan Hirschenberger came in second at minus 11, and the Mathew Kerins, Tom Clarke, Carola Zloblicki and Lori Schlichter team finished third with minus 7.

Clarke and Angelika Mullins won closest to the pin and Marty Mahler and Lisa Martin the long drive awards.

Schlichter was the season-long female player of the year with 31 weekly points and Ron Kaita the male player of the year with 44.

Club official Dee Woodfox, who has conducted the weekly scrambles since 2006, handed out awards and then thanked scrambles regular Carsten Straetz for his continuous support, calling him "Mr. Wednesday Night Scrambler."

staying ACTIVE

Sports Physicals

The Landstuhl Regional Medical Center Department of Pediatrics will offer sports physicals by appointment only 8 a.m.-3 p.m. Aug. 16 in the LRMC Heaton Auditorium. Physicals will be provided for children ages 5-18. Call DSN 486-5300, civ. 06371-86-5762 for an appointment.

Heidelberg Unit-Level Flag Football

Sign your unit up for the 2010 Unit-Level Flag Football league Aug. 23-Nov. 1. All units/components assigned to the Heidelberg military community are authorized to participate. Letters of intent to participate can be obtained at the Patton Fitness Center and are due by Aug. 16. DSN 373-8302.

Youth Sports Camp

The German American Friendship youth sports camp will have basketball and soccer workshops, a Ballschule Dino Tour, fitness passport competition, barbecue party, healthy snacks, fun park, awards and prizes for children ages 3-15 from 9 a.m.-5:30 p.m. Aug. 13 at Wood's Field on Benjamin Franklin Village in Mannheim. DSN 385-3314, civ. 0621-730-3314. www.mwrgermany.com.

Soccer Camps

Landstuhl - Registration is open for a summer soccer camp 9 a.m.-2 p.m. Aug. 16-20 on Landstuhl. There are three levels of play; beginning ages 5-12, intermediate ages 5-12 and advanced ages 12-16. Camps are coed. Each child receives a free soccer uniform, ball and water bottle. Call Parent Central Services for details. DSN 493-4516, Civ. 0631-3406-4516.

Bitburg - Registration is now open for the Olympic Development Program Residential Soccer Camp. The camp will be held Sept. 4-6 at the Bitburg Sportschule in Bitburg. Cost is €250 and covers training sessions, lodging and meals. labordaycamp2010@googlemail.com.

Strongman Competition

Registration is open now for the Kaiserslautern strongman competition. Deadline is Aug. 20. The competition begins at 10 a.m. Aug. 21 at the Kaiserslautern Army Depot. Awards for first and second place. DSN 493-2088, civ. 0631-3406-2088.

Breast Cancer Awareness Golf Tourney

The Heidelberg Women's Gold Association's Rally for Breast Cancer Awareness event is seeking volunteers for this year's golf tournament event Aug. 28 at the Heidelberg Golf Course in Otfersheim. Training will be provided. www.rallyforthecurehd.com. Click on the volunteer link or e-mail qmstr1@googlemail.com.

Try Before You Buy

Test out a wide selection of bowling balls with interchangeable grips at the Heidelberg Bowling Center on Patrick Henry Village noon-5 p.m. Aug. 21. Cost is \$10. DSN 388-9040.

Volleyball Camp

Registration is open for the Department of Defense Dependents Schools-Europe and Amateur Athletic Union sanctioned volleyball camp at Rose Barracks in Vilseck. The elementary and middle school camp is scheduled for Aug. 18-20. Cost is \$75. The high school camp is Aug. 21-24. Cost is \$150. Registration: brian.swenty@eu.dodea.edu.

Strongman Run in France

Get ready for the Strongman Run in La Bresse, France, Oct. 17. This is no ordinary run. It's 13 kilometers of running through hills of tires, climbing over hay walls, crawling under ropes, and mud, sweat and maybe some tears. Start training now with Heidelberg Sports and Fitness. www.mwrgermany.com, www.strongmanrun.fr.

community HIGHLIGHTS

Workshops for Educators, Parents

The Bully, the Bullied, and the Bystander – Breaking the Cycle of Violence – A bullying and violence-prevention workshop will be offered 1-5 p.m. Sept. 23 in the Patrick Henry Village Pavilion in Heidelberg for youth development professionals, school personnel, community leaders and others who regularly work with youth. Cost is \$25, and pre-registration is required. DSN 379-6067, civ. 06202-80-6067.

Kids Are Worth It – Teaching with Wit and Wisdom – A facilitation and classroom-management workshop will be offered 6:30-8:30 p.m. Sept. 23 in the Patrick Henry Village Pavilion in Heidelberg. The workshop is free and open to anyone interested, however, it is targeted toward professionals who work with youth as well as parents.

Lean Six Sigma Courses

LSS Orientation Course – USAREUR Continuous Process Improvement/Lean Six Sigma Orientation Training provides practical insights and application into how proven methods and tools can be used to help drive mission readiness, improve customer satisfaction through efficient and effective process improvements, and accelerate culture change. Sept. 22 at the IMCOM Center of Workforce Development in Schwetzingen. Reserve a seat: DSN 370-7811, <https://www.atrs.army.mil/channels/chrtas>.

LSS Green Belt Course – Two separate training sessions over a two-month period will occur Sept. 27-Oct. 1 and Oct. 25-29 at the Army in Europe Information Technology Training Center on Tompkins Barracks in Schwetzingen. This class will provide students with an understanding of LSS principles and tools, as well as project management fundamentals. DSN 370-7811. www.hqsareur.army.mil/LeanSix-Sigma/default.htm.

Education Center Operating Hours

There will be a temporary change in operating hours for the Army Education Centers in Heidelberg, Kaiserslautern and Mannheim military communities now through September. The temporary hours will be 7:30 a.m.-4:30 p.m. Monday-Thursday. The centers are closed Fridays and federal and training holidays.

local EMPLOYMENT

Loan Closet Monitor

Heidelberg Army Community Service is in need of a contracted loan closet monitor to issue basic housekeeping items to incoming and outgoing families. Start date is Sept. 1, 30 hours a week. Requisition #WK45V40211N751. DSN 379-6700, civ. 06202-80-6700.

Relocation Consumer Assistant

Heidelberg Army Community Service is in need of a contracted relocation consumer assistant to perform unofficial translation services, advocate for customers, and assist with general questions about Germany and the area. Applicant must speak fluent German. Start date is Oct. 1, 40 hours a week. Requisition #WK45V40211N752. DSN 379-6657, civ. 06202-80-6657.

Education Center Substitutes

Patton Barracks Education Center is hiring for sub positions in facility administration, administrative assistant, testing examiner and Army Learning Center. DSN 373-6226, civ. 06221-17-6176.

KAISERSLAUTERN

Education

♦Army Family Team Building - The Level I class will be held 9:30 a.m.-2:30 p.m. Sept. 8-9 in Bldg. 2917 on Pulaski Barracks. It is good for promotion points and teaches you about Army life and how to maneuver through daily challenges by discovering how to decipher Army acronyms, use community resources, attain better financial readiness, and understand the goal and impact of the Army mission. DSN 493-4357, civ. 0631-3406-4357.

Community

♦Clinic Closure - The U.S. Army Health Clinic-Kaiserslautern on Kleber Kaserne will be closed Aug. 13 for a training holiday. The clinic will reopen Aug. 16 for normal business hours.

♦Auditions for "Best 'Foote' Forward" - KMC Onstage is holding auditions for an evening of one-act plays by a beloved American playwright, Horton Foote, Aug. 18-19, 7 p.m. Auditions are open to ages 16 and up and audition material will be provided. Dinner theater performances will take place Sept. 24-25 and Oct. 1-2. DSN 483-6626, civ. 0631-411-6626.

♦Quilt Guild Class - The Rheinland Pfalz Quilt Guild will host a class on Baltimore Album Series #2 with Shirley Herzer at Ramstein North Chapel noon-3 p.m. Aug. 19. Meetings are held 9:30 a.m. on the third Thursday of each month in the Ramstein North Chapel. Night meetings are 6 p.m. the fourth Thursday of each month in the KLSA building on Pulaski Barracks. info@pqg.eu.

♦Newcomer Orientation - If you are a recent transfer to Germany, there will be a newcomer orientation class Aug. 19-20. The class will start at 9:30 a.m. Thursday and 7:30 a.m. Friday. The second day will include a bus tour through downtown Kaiserslautern. DSN 493-4064, civ. 0631-3406-4064.

♦MOAA Picnic - Active-duty, Guard/Reserve, former and retired commissioned and warrant officers of the uniformed services are invited to the First European Chapter of the Military Officers Association of America's picnic at the Pulaski Park lower pavilion 3:30-5:30 p.m. Aug. 21. alanjensen@gmail.com.

♦School's Out Summer Family Fun BBQ - Enjoy the summer heat with plenty of fun and entertainment for the entire family 12:30-6:30 p.m. Aug. 22 at Landstuhl Community Club. Tickets: DSN 486-7244, civ. 06371-86-7244.

♦Army Family Action Plan Conference - The AFAP Conference will take place at the Kaiserslautern Community Activity Center Oct. 27-29. If you would like to submit issues or volunteer to work the conference, call DSN 493-4357, civ.

0631-3406-4357.

HEIDELBERG

Education

♦ACS Classes - Intro to MS Word, 9 a.m.-noon Aug. 16 and 18; Resume Writing, 9 a.m.-noon Aug. 17; Communicative Assertiveness, 1-3 p.m. Aug. 17; Financial Readiness Training, 8:30 a.m.-12:30 p.m. Aug. 19; Helping Children Manage Anger, 1-3 p.m. Aug. 19; Community Orientation Briefing, noon-3 p.m. every Monday; Reintegration Briefing, 9 a.m. every Tuesday; and EFMP Teen Social, 7-9 p.m. first Friday of the month at the PHV Panther's Place. www.mvrgermany.com/hd/acs.

♦School Orientation - Heidelberg Middle School will host a school orientation for families of students in grades six through eight who are new to the Heidelberg area at 10:30 a.m. Aug. 27 in the school's multipurpose room. DSN 388-9310.

♦German Language Classes - A German 1 daytime classes is being offered Aug. 30-Sept. 17 and a German 2 daytime class Sept. 27-Oct. 15. Classes are Monday, Tuesday, Wednesday and Friday 9-11:30 a.m. Cost €80. Registration: info@Germanatpatton.com.

♦Master's Degree Cohort - University of Phoenix will begin a new Master of Business Administration and Master of Arts in Elementary and Secondary Teacher Education cohort during the last week of September in Heidelberg. Civ. 06221-588-0492, rebecca.fink@phoenix.edu.

Community

♦TRICARE Closure - The TRICARE Service Center on Nachrichten Kaserne will be closed Aug. 13 for administrative purposes. In case of an emergency, patients should call DSN 371-2605, civ. 06221-172-605 or contact military police. The center will reopen at 8 a.m. Aug. 16.

♦Anti-Terrorism Training - Level I training will be held at the PHV Theater 1:30-2:30 p.m. Aug. 19. Training can be taken online at: <https://atlevel1.dtic.mil/at>. Visit the new AT Awareness site online by clicking on the link under Hot Topics at www.bw.eur.army.mil. DSN 373-7420.

♦Shuttle Bus Schedule - The Heidelberg shuttle bus schedule has temporarily changed through Aug. 16. Note the time schedules posted at each shuttle bus stop.

♦Dental Clinic - The Heidelberg Health Center dental clinic will be open Aug. 13 for all service members and qualified beneficiaries in the Heidelberg and Mannheim area, and the PHV dental clinic will be open Aug. 16 for all service members and qualified beneficiaries in the Heidelberg and Mannheim area.

♦Women's Equality Day Free Movie Screening - See "Iron Faced Angels" at PHV Theater at 11 a.m. Aug. 17. In the film, defiant young

activists take the women's suffrage movement by storm, putting their lives at risk to help American women win the right to vote. Voting assistance officers will be on site to answer questions. DSN 370-8337.

♦No Hot Water on PHV - On Aug. 19, the city of Heidelberg will work on the district heat line at PHV. This will affect the warm water distribution. Hot water may not be available 9 a.m.-6 p.m. that day. DSN 387-3150.

♦Cloth Diaper Group Meeting - Parents who use cloth diapers or are interested in learning about them are invited to the cloth diapering group meeting 10 a.m.-noon Aug. 19 in the Yellow Ribbon Room in Bldg. 4531 on Patrick Henry Village. <http://myBWnow.ning.com/group/clothdiaperers>.

♦C.A.R.E. Fair - Army Community Service is hosting a Community Activities Registration and Education Fair 10 a.m.-2 p.m. Aug. 28 at the PHV Pavilion. There will be live performances, music, food and more. DSN 370-6883.

♦Theater Auditions - The Roadside Theater on Patton Barracks will hold auditions for "The Dumb Waiter" at 7 p.m. Aug. 31-Sept. 1. Seeking men ages 20 and over. Also looking for musicians, technical staff and crew. DSN 373-5020.

♦Breastfeeding Support Group - A new group for breastfeeding mothers will have its first meeting at 10 a.m. Sept. 8 in the Yellow Ribbon Room in Bldg. 4531 on Patrick Henry Village. DSN 370-6883.

♦Free Wireless Internet - The library now offers free wireless Internet for computer users. No password required. DSN 370-1740.

MANNHEIM

Education

♦Testing Services - Electronic testing services are available through Central Texas College at the National Testing Center on Coleman Barracks. The center offers College Level Examination Program testing and DANTES subject standardized tests. Both are free for military service members and exams are offered electronically with immediate score results. Professional certification exams are also available. www.europe.ctcd.edu.

♦Master's Degree Cohort - University of Phoenix will begin a new Master of Business Administration and Master of Arts in Elementary and Secondary Teacher Education cohort during the last week of September in Heidelberg. Civ. 06221-588-0492, rebecca.fink@phoenix.edu.

Community

♦German Police Station - The German Police Station within the Military Police Station has been down-sized. Police Officer Hans Schmidt will be available Monday

-Friday 8 a.m.-1 p.m. He can be reached at DSN 385-2550, civ. 0621-738616. For German police assistance during afternoon duty hours contact Schmidt at the Mannheim-Vogelstang station at civ. 0621-1289788. For assistance after regular duty hours contact the Mannheim-Käfertal station at civ. 0621-718490. In case of an emergency, dial 110.

♦Weekend DFAC Hours - Sullivan Dining Facility has changed its meal hours on weekends due to mass block leave resulting in a low head-count. Until further notice, meal hours will be brunch from 9 a.m. to 2 p.m. DSN 385-3001.

♦Library Activities - The Mannheim Sullivan Library offers the following activities for the month of August: scrapbook club noon-3 p.m. Aug. 14 and 28; free movie viewing 4-5:30 p.m. Aug. 14 and 28. DSN 380-1740, civ. 0621-730-1740.

♦Wellness Expo - There will be a wellness expo noon-5 p.m. Aug. 18-20 at the School Age Center. SAC children will share their projects and the information they've learned throughout the summer. DSN 380-4321, civ. 0621-730-4321.

♦Blood Drive - The health clinic is sponsoring an Armed Services Blood Program community blood drive 9 a.m.-2 p.m. Aug. 20 at the Sullivan Barracks Fitness Center. Walk-ins are welcome, or for appointments visit www.militarydonor.com and click on "Donate Blood" and "Landstuhl, Germany."

♦Parent Advisory Council - School Age Center parents are invited to attend the Child, Youth and School Services quarterly Parent Advisory Council meeting 11:30 a.m.-1 p.m. Aug. 24 at the Youth Center. DSN 380-4321, civ. 0621-730-4321.

♦The EDGE! Activities - The EDGE! Program will offer the following activities in September: Archery Antics, 3-5 p.m. Mondays; Rock Band Sensation, 3:30-5 p.m. Tuesdays; Do the WRIGHT Thing, 3-5 p.m. Tuesdays; Bowlerama Bonanza, 3-6 p.m. Wednesdays and Thursdays; Teck Deck Trek, 3:30-5 p.m. Fridays. Registration ends Aug. 31. Register: Parent Central Services in Bldg. 742 on BFV, DSN 385-2042, civ. 0621-730-2042.

♦Postal Renovations - Renovations on CMR 437 will run through Sept. 17. CMR 437 will relocate to Bldg. 804 on Funari Barracks for package pick-up. The BFV Army Post Office will relocate to Postal Service Center Sullivan Aug. 22.

♦Postal Office Closures - Mannheim Consolidated Mail Rooms and Army Post Offices will be closed for Organization Day Sept. 9.

♦Voting Assistance Officers - Local voting assistance representatives are Marcia Sierra-Williams and Elyonne Klink. DSN 385-2774.