

# HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

## 2009: Year of the NCO

### Mannheim honors noncommissioned officers' success

By Staff Sgt. Jonathon M. Gray  
5TH SIGNAL COMMAND PUBLIC AFFAIRS

The U.S. military community in Mannheim held a ceremony Feb. 23 to celebrate the Year of the Noncommissioned Officer and to honor accomplishments and bravery of NCOs in the Mannheim community and 5th Signal Command.

"By now everyone has heard the chief of staff of the Army has announced this is the Year of the NCO with the intent of enhancing the education and training of the NCO," said 5th Signal Command's Command Sgt. Maj. David Tolver, who joined Brig. Gen. Jeffrey G. Smith Jr., commanding general, 5th Signal Command, to kick off the celebration.

Tolver spoke about the history and importance of the NCO Corps and formally recognized six NCOs for their service.

Sgt. 1st Class Delores Rivera, 52nd Signal Battalion, received the 2008 Latina Distinguished Service Award sponsored by Latina Style Magazine.

Rivera was the U.S. Army representative in Washington, D.C., for a Hispanic Heritage Month event led by then President and Commander-in-Chief George W. Bush.

Sgt. 1st Class Keith Cade, 509th Signal Battalion, is a recipient of the Soldier's Medal. Cade received the medal for his actions on Nov. 25, 2005, rescuing a woman and her child from a

see **MANNHEIM** page 16



Sgt. Micah E. Clare

A noncommissioned officer from United States Army Europe walks underneath crossed swords during a NCO induction ceremony Friday at the Patrick Henry Village Pavilion in Heidelberg. Throughout 2009, named The Year of the NCO by Army Chief of Staff Gen. George Casey, the U.S. Army recognizes the accomplishments and contributions of the NCO Corps.

### Kaiserslautern hosts kick-off event

By Christine June  
USAG KAISERSLAUTERN PUBLIC AFFAIRS

Showing camaraderie with their battle buddies was more the goal than winning as Soldiers from an entire section from the 21st Theater Sustainment Command played pool Friday during Right Arm Night at the Irish Pub on Vogelweh Housing.

"We (officers, senior, junior and future NCOs) are all here," said Sgt. Teddy Mendez, from the 21st TSC Office of the Deputy Chief of Staff for Intelligence, better known as G-2. "We all work – really hard – together every day, and it's great to get together on a Friday night and play a few games of pool."

Also playing a game or two of pool see **KAISERSLAUTERN** page 16

### Heidelberg Community Run

The whole community is invited to join the troops for the Year of the NCO Run Friday in Patrick Henry Village. Units will form up at 6 a.m. at the Village Pavilion. Stretching will be accompanied by music and a slide show. The run starts at 6:30 a.m. The route is about three miles and completely within PHV. The event is scheduled to end at 7:30 a.m. Family members and other civilians are encouraged to participate in this energetic salute to the Army's NCO corps.

**HP THURSDAY**  
March 5, 2009

### Speed Read

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Mary Wertsch, author of "Military Brats: Legacies of Childhood Inside the Fortress," will speak in Mannheim, Heidelberg and Kaiserslautern March 17-19. 3

#### ARTS & CULTURAL CENTER

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#### GREASE

The curtain opens tonight for Heidelberg High School's musical production of "Grease." 17



### Defense Details

#### POWER AT LOWEST LEVEL

The Army should be focusing on three key areas in the short term, said the service's vice chief of staff. During the Association of the United States Army's Institute of Land Warfare Winter Symposium and Exposition, Feb. 25-27, in Fort Lauderdale, Fla., Gen. Peter W. Chiarelli said the Army should focus on connectivity, commonality and survivability. With the rise of the "strategic corporal" – the junior noncommissioned officer that makes game-changing decisions in the field – it is imperative that even the junior-most Soldier in the field have as much information as he needs to do his job, Chiarelli said.

Army news: [www.army.mil](http://www.army.mil)  
Defense news: [www.defenselink.mil](http://www.defenselink.mil)

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## COMMAND MESSAGE

## What AER meant to the Heidelberg community in 2008

By Lt. Col. Robert White  
USAG HEIDELBERG COMMANDER

Lately Army Emergency Relief has come under some scrutiny in the press, and I want to make sure everyone knows what AER has meant to the Heidelberg military community.

My intent is not to confirm nor deny what has recently been published, but to present the facts concerning AER as they pertain to us here in Heidelberg.

Last year you generously donated \$44,416 to AER, while AER assistance in the form of interest-free loans and outright grants to members of our community totaled \$169,895.50 – a healthy return on investment for our Soldiers and families.

Seven percent of those interest-free loans were a result of command referrals – a program that immediately gives company commanders and first sergeants the authority to approve up to \$1,000 in interest free loans for their Soldiers.

**Last year you generously donated \$44,416 to AER, while AER assistance in the form of interest-free loans and outright grants to members of our community totaled \$169,895.50 – a healthy return on investment for our Soldiers and families.**

This program provides a way for the chain of command to be directly involved in addressing financial problems as well as assisting in maintaining unit readiness.

The breakdown of the \$169,895.50 in interest-free loans and outright grants is as follows:

-82 interest-free loans totaling \$138,387.08

-Nine outright grants totaling \$9,293.42

We also had 49 members of our community take advantage of AER's Overseas Spousal Education Assistance Program.

Through this program spouses in the community were awarded \$22,215 in outright grants toward earning their undergraduate degrees.

This brings the total amount of AER assistance in the form of interest free loans and outright grants to \$169,895.50 – an outstanding return considering community donations to AER totaled \$44,416 in 2008.

Army-wide, AER provided a record \$83 million worth of assistance to more than 70,000 Soldiers and family members in 2008.

Additionally, keep in mind that AER is the only organization dedicated solely to helping Soldiers and families in times of emergency financial need.

These are the facts, please take them into consideration when asked to make a donation during this year's AER campaign.

## COMMAND MESSAGE

## Understanding health care resources available to you

By Col. Kyle D. Campbell  
HMEDDAC COMMANDER

One of the most important parts of my job is ensuring you know about the health care resources available to you in the Heidelberg area.

Whether your child is running a high fever in the middle of the night, or you've just found out you're pregnant, I want you to know exactly what to do when you need medical attention.

As most of you know, the military treatment facility serving the Heidelberg community is no longer a hospital. Last July, we officially became a health center, and with our new title came some new changes.

For example, more of our patients now receive certain aspects of their health care from German providers at host nation facilities. These patients include expectant moms, anyone having surgery that requires hospital admission, and patients seeking emergency care because of a life-threatening medical problem.

For some of our patients, the idea

**For some of our patients, the idea of receiving care from a German provider may be a little intimidating and could cause some anxiety. As a result, we've put measures in place to make receiving health care on the economy a more positive experience.**

of receiving care from a German provider may be a little intimidating and could cause some anxiety. As a result, we've put measures in place to make receiving health care on the economy a more positive experience.

One of our best programs is the Host Nation Liaison Program. Any patient admitted to a German facility will be visited by a patient liaison. Our patient liaisons are fluent in both English and German and will check on you each weekday you're in the hospital. They can speak to the medical staff on your behalf and assist you with being admitted or discharged from the hospital. If you need to go to a German emergency room, you can call the

staff duty desk at civ. 06221-17-2605, and they will contact a patient liaison, who will then contact you to provide assistance. From providing support as you check in to the hospital to helping you find the best place to park, the patient liaisons are there for you and your family.

Another program we have in place is the Nurse Advice Line. Any time you have a medical need or question you can call the NAL and talk to a registered nurse. The nurse will listen to your symptoms or health-related questions and provide you with professional advice. If the nurse decides you should see a doctor, he can even make the appointment for you.

The NAL is available 24 hours a day, seven days a week and is your best bet for the most convenient medical attention. Unless you have a life-threatening medical problem, call the NAL and save yourself a trip to the Acute Care Clinic.

Finally, we have several pamphlets and maps available to you at the health center. There are maps to all of the local German hospitals located at the entrance of the Acute Care Clinic. There are also pamphlets on accessing health care that contain important phone numbers, such as the NAL and our central appointments line, and pamphlets on how to get emergency care at night and during weekends.

Whether you're receiving world-class health care in our facility or at one of our partner German hospitals, rest assured we are committed to meeting all of your medical needs.

If you have questions, call DSN 371-3130, civ. 06221-17-3130. To contact the Nurse Advice Line, dial 0800-825-1600 from home, 00800-4759-2330 from your cell or 99-0800-825-1600 from a DSN line.



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## 'Military Brats' author to visit local communities

USAG Baden-Württemberg Chaplain's Office

Mary Wertsch, author of "Military Brats: Legacies of Childhood Inside the Fortress," will lecture in Mannheim, Heidelberg and Kaiserslautern March 17-19 during a week the U.S. Army Garrison Baden-Württemberg Chaplain's Office is calling "The Good and the Grief."

Wertsch's presentations will be tailored to the needs of each community, according to Dr. Becky Powell, director of religious education, USAG Baden-Württemberg.

However, the central message is simple: It makes an enormous difference when the helping professional/caregiver/parent adds an overlay of cultural understanding to their work with military children.

Wertsch is scheduled to give a presentation at Mannheim's Benjamin Franklin Village Chapel at 7 p.m. March 17 before holding a discussion with local agencies representatives and community members.

On March 18, Wertsch is scheduled to be at the Mark Twain Village Chapel in Heidelberg for a 6 p.m. dinner, followed by a lecture at 6:45 p.m. entitled, "Characteristics of Military Families and Ways to Develop Resiliency."

Her final leg of the visit March 19 is to the Landstuhl Regional Medical Center Library where an informal reception is to begin at 6 p.m. followed by a presentation and further discussions. A book signing will be held beginning at 7 p.m.

Wertsch grew up a "military brat" as the daughter of a career Army infantryman. She released her book about military brats in 1991, sparking an explosion of knowledge about the "normal" lives of military families, according to Powell.

"Normal – that is an adjective that brats of all ages yearn for, and there are characteristics that are shared among all military families," Powell wrote in a press release. "The research Wertsch and subsequent researchers have pursued has highlighted a brat identity and culture for which we can all be proud."

United Press International called Wertsch's book "a comprehensive, well-written and moving study of the effects of military life on children – who 'serve' with no recognition or glory."

Wertsch continues to labor on behalf of the children and adolescents that fill military families. She works as an act of service because she knows the grief of mobility and the strain of supporting a Soldier parent, according to Powell. As a child, Mary "lived in three countries and 20 different houses."

Since summer 2008, she has been researching for a new book. Her goal is to share the stories of individuals like herself and like the children of military families, Powell wrote. These stories come together to understand mobility and belonging. The grief of leaving and the wonderment of remaining are issues that Wertsch addresses.

A limited number of copies of "Military Brats" will be available for attendees at each event. These will be given free, courtesy of the USAG Baden-Württemberg Chaplain's Office. For more information, contact Powell at [becky.powell1@eur.army.mil](mailto:becky.powell1@eur.army.mil).

### COMBINED FEDERAL CAMPAIGN

## \$2.4 million raised for CFC-Overseas

By Julio A. Hernandez  
IMCOM-EUROPE PUBLIC AFFAIRS

The generosity and civic commitment of Soldiers, Department of Defense civilians and families assigned to the U.S. Army in Europe continues to be strong, and it was recognized at an award ceremony held Feb. 24 at the Patrick Henry Village Pavilion in Heidelberg by the Installation Management Command-Europe Region and U.S. Army Europe.

The award ceremony culminated a successful European 2008 Federal Combined Campaign Overseas.

Gen. Carter F. Ham, USAREUR commanding general, and Diane M. Devens, IMCOM-Europe region director, hosted the ceremony and presented more than 250 awards to individuals and agencies to recognize their support of CFC.

The campaign was marked by a

substantial increase in donations; as a whole, the European theater raised \$2.4 million, and there was an overall increase of \$100,000 more than in the previous year.

"Despite all the economic hardships, our Soldiers, DoD civilians and families recognized that there are people that need our help more than ever," Ham said.

"In spite of the worldwide economic crisis 46 percent of all U.S. Army in Europe military and civilian personnel contributed," said Melissa Kidder, CFC-O executive director.

The highlight of the ceremony was when U.S. Army Garrison Livorno and the 173rd Airborne Brigade Combat Team at U.S. Army Garrison Vicenza received special recognition.

Ham and Devens proudly presented the Special Merit Award to Lt. Col. Steven G. Cade, USAG Livorno commander, representing the garrison, and Lt. Col. Curtis

A. Johnson, 173rd ABCT brigade support battalion commander, representing the brigade.

At USAG Livorno, 75 out of 120 assigned personnel donated \$16,964, a 62.5 percent participation rate and an average gift of \$226.19. At the brigade, 1,294 out of 1,650 assigned personnel donated \$98,347.16, a 78.4 percent participation rate an average gift of \$76.

"The award is the highest honor given by the CFC-O and most often bestowed by the command upon the installation or area achieving the greatest improvement over the previous year's results," Baker said. "The U.S. Army in Europe CFC-Overseas campaign is always a success due to the tremendous teamwork between IMCOM-E and USAREUR."

"Thanks, thanks, thanks for an extraordinary 2008 campaign," the general said in his closing remarks.

## AMC commander in Germany



Gen. Ann E. Dunwoody, commanding general of Army Materiel Command, receives an overview of the mission and capabilities of the Theater Logistics Support Center-Europe from TLSC-E general manager, Helmut Haufe, during a tour Feb. 24.

### First female 4-star general visits 21st TSC in Kaiserslautern

By Angelika Lantz  
21ST TSC PUBLIC AFFAIRS

The "First in Support" command received a visit by a general credited with a number of firsts herself. Gen. Ann E. Dunwoody, the commanding general of Army Materiel Command, at Fort Belvoir, Va., visited the 21st Theater Sustainment Command Feb. 24.

Dunwoody participated in a 21st TSC commanders' conference and presented an officer professional development briefing to senior leaders of the com-

mand. Additionally, Maj. Gen. Yves Fontaine, the 21st TSC's commanding general, took Dunwoody on a tour of the Theater Logistics Support Center - Europe.

Dunwoody, the first woman to attain the rank of four-star general in the U.S. Armed Forces, is also the first woman to serve as the deputy commander and now the commanding general of AMC. AMC is one of the largest commands in the Army, with more than 61,000 employees in 149 locations worldwide, including more than 30 states and 50 countries.

## GRAND OPENING

# Arts and Cultural Center

## Artist to display work at new facility Saturday

By Jason L. Austin  
HERALD POST STAFF

Nearly 17 years ago Joseph Heeg moved to Germany three days after graduating from the Maryland Institute's College of Art to pursue two things — love and art.

He remains for love — of his wife and three children — he struggles with his art.

"I want to make that ever-elusive modern masterpiece," Heeg said via e-mail. "Even when I fail — I still have the luxurious pleasure of trying. I am grateful for this opportunity. Besides, I've been doing this for so long it's really become a habit."

The product of his art habit will be displayed beginning Saturday, when the Heidelberg Arts and Cultural Center celebrates its grand opening at the Patrick Henry Village Pavilion beginning at 11 a.m.

When Jen Bieser, Arts and Cultural Center director, was trying to decide who to bring in for the premier exhibition in the new facility, she said she "thought of what would work for the opening and (Heeg's) art seemed perfect."

"I am showing mostly military motifs and some very small drive-by images," said Heeg, whose paintings will be on display starting at 7 p.m. Saturday when the Cultural Room and Gallery officially opens.

The military paintings are of military equipment, aircraft carriers, planes, helicopters and the like.

Other paintings he'll exhibit are from his TV: Vietnam series which look back at images from the confusing time in American society; Garmisch War Memorial/Alps paintings, which are based on photos take of the portraits of the locals who died as Soldiers during World War II; and the drive-by series, which are paintings based of photos he has taken while driving.

"These seem appropriate, and I hope to gain valuable feedback from them," he said.

Heeg says he first realized he could express himself through art at an early age, "when I got my first show on the family's refrigerator."

He continues the tradition with his children. "Snapshots and kids' drawings fill the wall closest to the table we are sitting at."

Heeg talks fondly about his family, and much of his schedule revolves around his children.

"I consider myself lucky enough to have married an incredible woman



(Sandra) I care deeply for. We have a 21-month-old son named Ian. I have two fantastic kids from my first marriage; my son Jannis is 12, and my daughter Paulina is 8. We all try to spend as much time together as possible."

Heeg's original plan was to remain in Germany for two years. Plans changed, one thing led to another, and now he says he's "in Germany for the long haul, as I want to remain close to my kids."

His children have also helped him with his art, and he considers them a major influence.

"The questions they've posed to me over the years and their acute observations have been very surprising and even helpful."

"I struggle as a painter and as a drummer," Heeg said, alluding to another form of expression.

"I really wish these things were easier for me. When everyone else is in the bars and cafes I am in my studio painting. Working, trying, failing. Maybe by best quality is my dogged persistence."

He characterizes his work as a "collection of images that are primarily disposable. They are mostly familiar images, recreated in a 'slow medium' and placed in another context," which forces a new examination of the seeming familiarity.

"Paint has always been the medium of choice," Heeg said.

"Music has always been extremely important to me. I not only enjoy listening to as much music as I can, but I have been lucky enough to have played with a lot of good musicians and artists."

He mostly plays drums but has written some lyrics and even performed as front man on the microphone.

"This is an activity that has always helped me maintain some social contact as painting doesn't lend

itself to a group effort.

"When you study art, you are allowed to become self-absorbed and committed to

your own interests and whimsy," Heeg wrote. "People think this is absolutely OK — they support it and envy it.

"Everyone should feel that kind of liberation and empowerment."

One thing that has allowed him freedom in his art is that he maintains a full-time job, so he doesn't depend on selling art to put bread on the table.

He currently works for a B2B publisher, but previously held jobs that kept him in contact with the American military population — a TKS telephone and cable installer, and a contributor to "Getting Around USAREUR," and "How-To Germany" magazines.

As a TKS employee, Heeg said, "I've been in nearly every building in Germany that houses U.S. service members and/or family members."

During those 13 years, Heeg said the American hospitality and generosity was moving. "People would see me and invite me over for some barbecue, a beer, a cup of coffee. I even got invites to Thanksgiving dinners from strangers."

He hasn't had much interaction with the military community lately, but he suggests people in the military community keep two things in mind, speaking from 17 years of experience in Germany. Get off post and visit the world beyond, and be mindful that you are not in the U.S., but a guest in another country.

"Express your gratitude, respect and reach out to locals by at least trying to speak the local language," he said.

He expressed his gratitude and excitement about coming to Heidelberg to exhibit his work.

"I am very grateful for the opportunity to be the first to exhibit (at the Arts and Cultural Center) and I am excited to hear what the community thinks about my work."

## Indoor Flea Markets begin March 21

By Christine June

USAG KAISERSLAUTERN PUBLIC AFFAIRS

Mari Warwick has been waiting for four months to be able to put her car in the garage.

"Our garage is full of boxes," said Warwick, a Ramstein Elementary School multi-age teacher, who recently moved from a big house to a smaller one. "I've been ready and waiting for the Indoor Flea Markets to start again so I can sell the stuff in those boxes."

Her wait is almost over. The U.S. Army Garrison Kaiserslautern's Indoor Flea Market season starts again March 21 at the Special Events Center on Rhine Ordnance Barracks. Hours are 8 a.m.-2 p.m.

"Before you go out and spend money on 220-volt items, I recommend you check out the flea market first," said Steve Selvey, the garrison's Kaiserslautern Outdoor Recreation manager, who administers the Indoor Flea Markets.

This is the third season that the garrison's Family Morale, Welfare and Recreation Directorate has provided these Indoor Flea Markets, which run March through October as a customer service for the community.

"Personnel (moving) out of the community have this opportunity to sell their items in a nice indoor environment out of the weather," Selvey said. He cited other conveniences for sellers and buyers at the Indoor Flea Markets such as a vendor who sells food and drinks, and bathrooms at the facility, which is heated.

Warwick said she liked that she didn't have to set up her own tables and the ease of unloading her "treasures." Selvey said sellers are able to unload their cars close to the entrance and then park their cars in the regular lot after they've unloaded their items.

Doors for sellers open at 6:30 a.m. to give them time to display their items for sale before the 8 a.m. opening. Selvey recommends that sellers show up at least 30 minutes prior to the doors opening for buyers.

"We'll take reservations up to the day prior and even walk-ins the day of," said Selvey, who said that there has never been too many sellers at these flea markets. "We have plenty of tables on hand and display space in the facility so numbers are not a problem."

As an experienced seller, Warwick offers these helpful tips. "Bring plenty of plastic bags, and make sure to have U.S. and euro change on hand," she said.

These flea markets are open to ID card holders and their authorized guests. Prospective sellers can make reservations by calling Kaiserslautern Outdoor Recreation at DSN 493-4117, civ. 0631-3406-4117. Cost is \$25 for two tables and a bench.

Indoor Flea Market Schedule: March 21, April 18, May 16, June 20, July 18, Aug. 15, Sept. 19 and Oct. 17.

## 18th MP Brigade rededicates memorial to honor fallen troops

By Spc. Adrienne Killingsworth  
18TH MP BRIGADE PUBLIC AFFAIRS

A light snow blanketed the ground Feb. 20, adding to the somber mood as the Soldiers of the 18th Military Police Brigade and distinguished guests gathered at the brigade headquarters on Coleman Annex for a memorial rededication ceremony.

The memorial serves to honor the 59 men and women who have lost their lives while supporting the brigade during operations Enduring Freedom and Iraqi Freedom.

The Headquarters and Headquarters Company, 18th MP Brigade recently returned from its third deployment in five years.

During the last deployment, the brigade lost 18 Soldiers. The rededication was a way to honor those men and women, while also remembering those who came before them.

The memorial itself, a marble pillar set within a sea of smooth white stones, holds a plaque the names of each of the men and women who gave their lives in support of OEF and OIF. The 18th MP Brigade crest sits at the top of the pillar, a reminder of the common bond between each of the men and women remembered on the memorial.

The gathering of Soldiers, friends and family honored these men's and women's lives with a ceremony that highlighted their exceptional heroism and selfless service.



Spc. Adrienne Killingsworth

Spc. Amy Mahoney, bugler, 76th Army Band, plays "Taps" while the Soldiers of the 18th Military Police Brigade render honors to their fallen comrades during a memorial rededication ceremony Feb. 20 on Coleman Annex in Mannheim. The ceremony paid tribute to the 18 Soldiers the brigade lost during its most recent deployment, as well as the other men and women of the brigade who gave their lives in support of operations Enduring Freedom and Iraqi Freedom.

Col. Mark S. Spindler, commander, 18th MP Brigade, spoke proudly of the men and women who gave their lives when he said, "A commander has no greater responsibility or sacred privilege than to memorialize and honor the Soldiers, Sailors, Airmen, Marines and civilians that fell in harm's way or lost their lives in the tenure of service with the command."

An invocation by Chaplain (Capt.) Christopher Dickey, 95th Military Police Battalion, started the ceremony

and set the tone for the Soldiers who followed him in remembering the fallen.

Sgt. Ryan Blas, HHC, read a scripture from the Psalms, and Sgt. 1st Class Jeanine Lewis, 21st Theater Sustainment Command, performed a song in honor of the heroism of the men and women who gave their lives for their country.

When speaking about the Soldiers listed on the memorial, Spindler noted how different each individual was.

"They come from all walks of life, with family roots and backgrounds as different as could possibly be," the commander said. "Each of them had their own wonderful story of life. Each had their own dreams, their own hopes for tomorrow."

But, Spindler went on to note the common bond that they all shared when he observed that, "Each of them selflessly joined the profession of arms, for service to the common good. And in that service, each had an extraordinary tale of heroism – and an untimely fate."

Together, Spindler and 18th MP Command Sgt. Maj. Bernard McPherson placed a wreath in front of the memorial for the fallen, with the vivid yellows and greens of the wreath representing the colors of the Military Police Corps, under which these men and women gave their lives.

Following the wreath presentation, the entire audience of Soldiers, families and guests stood to give honor while McPherson read aloud the names of each of the men and women on the memorial.

He paused before reading their names and simply said, "Our fallen comrades."

After the last name was read, the ceremony concluded with a lone bugler playing "Taps" – a tribute to those men and women who Spindler says now reside, "in hallowed glory among the other heroes of our great American story."

## 13 junior officers honored with MacArthur leadership awards

By Spc. Fabian Ortega  
USAREUR PUBLIC AFFAIRS

U.S. Army Europe saluted the leadership of 13 of the command's junior officers with the presentation of USAREUR-level awards in the Gen. Douglas MacArthur Leadership Awards program Feb. 23.

In his remarks at the awards luncheon in the Patrick Henry Village Pavilion in Heidelberg, USAREUR commander Gen. Carter F. Ham lauded the 13 officers for their leadership and service to Soldiers.

"In other armies, the Soldiers serve the officers. In our Army, I think it's the other way around – the officers serve the Soldiers. I think ... the reason that you are here today is because you have served those Soldiers so well," Ham told the honorees.

"You have led them so ably, and your senior officers and commanders have recognized in you those very special traits that set you apart from your peers. I believe foremost amongst those traits is that notion of serving those Soldiers that we are privileged to lead," the general said.

The Gen. Douglas MacArthur Leadership Award was introduced in 1987 and is presented annually to company-grade and junior warrant officers who demonstrate MacArthur's ideals of

"Duty, Honor, Country" and have a proven record of performance, leadership and achievement.

Approximately 3,700 USAREUR officers were eligible for this year's award. The nominees were recommended by their commanders and selected for USAREUR-level awards by their major commands.

"Each of you 13, for as long as you continue to serve, can always remember that this day you were selected by your commanders and by your commands as the best of the best," Ham said. "All of us are humbled by you and proud of your service."

A panel of senior leaders selected three of the 13 to represent USAREUR at the Department of the Army level of the competition.

One of the three moving on to Army-level competition, Capt. Allen Kehoe, commander of Company, D 1st Battalion, 503rd Infantry, said his selection for the MacArthur award is a reflection of the Soldiers and the leadership around him.

"Anybody who is awarded something like this really has too many people to thank (for) all their accomplishments," he said. "I thank all the people who have worked with me and the leadership that has developed me over the years."

The Army-level winners are expected to be announced in May.

### 2008 Gen. Douglas MacArthur USAREUR-Level Leadership Awards

#### Representing USAREUR at the Army level:

- Capt. Allen Kehoe - Company D, 1st Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade Combat Team
- Capt. Erik C. Oksenvaag - Company C, 1st Battalion, 6th Infantry Regiment, 1st Armored Division
- Chief Warrant Officer 2 Terry F. Throm - Headquarters and Headquarters Detachment, 14th Movement Control Battalion, 21st Theater Sustainment Command

#### USAREUR-Level Awardees:

- Capt. Jeffrey Hazard - Battery C, 5th Battalion, 7th Air Defense Artillery, 357th Air and Missile Defense Detachment
- Capt. Michael Rodick - Battery A, 5th Battalion, 7th Air Defense Artillery, 357th Air and Missile Defense Detachment
- Capt. Jose Collado - Headquarters, Special Troops Battalion, V Corps
- Capt. Ari D. Fisher - 709th Military Police Battalion, 18th MP Brigade, 21st Theater Sustainment Command
- Capt. Philip Turner - Headquarters and Headquarters Detachment, 39th Movement Control Battalion, 21st Theater Support Command
- Chief Warrant Officer 2 Philip Ranck - Headquarters, Special Troops Battalion, V Corps
- Chief Warrant Officer 2 Theron Bostick - Battery A, 5th Battalion, 7th Air Defense Artillery, 357th Air and Missile Defense Detachment
- Chief Warrant Officer 2 Sammy Rodriguez - Fusion Company, 2nd Battalion, 503rd Infantry, 173rd Airborne Brigade Combat Team
- Chief Warrant Officer 2 Sylvester Anderson - Special Troops Battalion, 21st Theater Sustainment Command
- Warrant Officer 1 Daniel Frazee - Service Battery, 5th Battalion, 7th Air Defense Artillery, 357th Air and Missile Defense Detachment

## Mannheim AFAP conference compiles local issues

### USAG Mannheim Public Affairs

Mannheim Army Community Service conducted its annual Army Family Action Plan conference Feb. 11-12 at Sullivan Barracks.

During two days of reviewing, discussing and voting, the delegates from different workgroups worked out the top three issues in their respective teams.

The 112 issues that were submitted prior to the conference were separated into five workgroups: Single Soldiers, Youth, Family Support, Entitlement/Consumer and Community.

Sixty-one volunteers and several other delegates spent their time debating, brainstorming on possible solutions, and prioritizing the top 15 Mannheim AFAP issues.

Beginning the conference with an in-brief, AFAP coordinator Nancy Ward made all participants aware of thinking diplomatic. "Think as a group," was her message to all members.

According to Ward, the most important thing during the conference is to work out the



Delegates of the "youth" workgroup, led by Tracie Evans, share interests while introducing themselves before they start with reviewing the submitted issues during the Mannheim Army Family Action Plan conference Feb. 11-12.

USAG Mannheim Public Affairs

areas of concern that have an effect on all community members instead of the need of individuals.

The AFAP conference's tenor is that community members say what is working and what isn't as well as what they think will fix it.

During the out-briefing, the spokesperson of each group had the chance to present their results to the garrison commander and all other community representatives.

"As I was listening the out-brief, I mentioned that your briefings were concise and to the point," said Lt. Col. Jeffrey Fletcher, Mannheim garrison commander.

"I look at these issues as homework assignments; it gives me exactly what I need as a garrison commander."

In the following weeks, ACS will have the AFAP steering committee meeting with all directorates who will follow up with resolving the issues.

### Mannheim AFAP Issues

#### Top 15 Issues

- ◆ Digitized Meal Deductions for Soldiers
- ◆ Unaccompanied personnel housing management standards
- ◆ Procedures for unaccompanied personnel housing access
- ◆ Advanced Placement classes for 9th and 10th graders
- ◆ Lack of communication for youth programs
- ◆ Lack of communication between school leadership and students
- ◆ OCONUS Exceptional Family Member Program Therapeutic Enrichment Programs
- ◆ Provision for childcare for individuals in need of social work clinical assistance
- ◆ On-site childcare at Army Fitness Centers
- ◆ Wounded warrior Army Emergency Relief debts upon discharge
- ◆ Commuting distance from living and work location
- ◆ Free Department of Defense Dependent School tuition for category 1H contractors
- ◆ On post transportation services for families
- ◆ Hours of operation of government offices
- ◆ Processing of Directorate of Family of Morale, Welfare and Recreation contracts

#### Top Six DA Issues

- ◆ In-state college tuition
- ◆ TRICARE Dental benefit enhancement
- ◆ Convicted sex offender registry OCONUS
- ◆ Health and Wellness Centers
- ◆ Child care free category
- ◆ Full compensation for uniform changes

#### Top Four Services

- ◆ Department of Defense Dependents Schools
- ◆ Housing
- ◆ Medical and dental
- ◆ Commissary

## Mannheim kids D.A.R.E. to be drug free

*Elementary, middle school students participate in 10-week Drug Abuse Resistance Education program*

*"Research has shown that by educating the children early they have a higher rate of success to remain drug free and to avoid the temptations of today's society."*

-Staff Sgt. Jerry E. Brown, D.A.R.E. instructor

### Staff Report

Students in first, second, fifth and eighth grades at Mannheim elementary and middle schools embarked on a path to stay off drugs as they began a 10-week Drug Abuse Resistance Education program.

The elementary school students began their journey Monday, and the middle school students started Feb. 17.

"Research has shown that by educating the children early they have a higher rate of success to remain drug free and to avoid the temptations of today's society," said Staff Sgt. Jerry E. Brown, D.A.R.E. noncommissioned officer in charge and elementary school instructor for Mannheim. "The D.A.R.E. program not only teaches skills to cope against alcohol, drugs and tobacco.

"It teaches coping skills that can be used in the everyday life of even adults. Again it is this early education, intervention and learning that makes

this program such a success."

Given the national profile of D.A.R.E., graduates are very likely to keep the pledge that they take upon graduation to stay drug and substance free for good, according to Brown. "... By talking with teachers, students and parents, the D.A.R.E. program has had a lasting effect on everyone's lives."

"The D.A.R.E. program started in 1983, and if you mention D.A.R.E. to them many are aware of the program and many had such a lasting impression that they can remember their instructor even after 20 years or so."

Under the direction of specially trained veteran military police officers, the Mannheim students currently in the program will learn the skills they need to avoid drugs, alcohol and violence.

"I have had many students approach me stating that they had questions, and those questions were answered in class without them having to experiment to get the answer or believe others that

are experimenting and getting a false message," Brown said.

The classes, taught by Brown at the elementary school and Sgt. Heather Demski at the middle school, include extensive role-playing focused on practical ways to resist pressure to experiment with drugs and alcohol or join gangs along with valuable coping skills they can use in everyday life.

"Many of the children we teach know or believe they know about the topics we teach," Brown said. "But upon (receiving) the classes, they discover that what they know is only the surface.

"They discover that there are underlying issues that they are unaware of and, in many cases, never thought about. In several instances, it is this instruction on the topic that eliminates the 'need' to experiment."

D.A.R.E. lessons focus on four major areas: providing accurate information about alcohol and drugs, teaching students decision making skills, show-

ing them how to resist peer pressure and giving them ideas for alternatives to drug use and violence.

D.A.R.E. is now taught in more than 400,000 classrooms in 50 states and 53 countries around the world. It was adopted into the Department of Defense Dependents Schools curriculum in the European area to assist local law enforcement officers and school officials in a joint effort to combat the temptations associated with the youth of today.

It is recommended that military instructors be in law enforcement or within the law enforcement field, according to Brown. Potential instructors must be approved by their chain of command, DoDDS and the local area D.A.R.E. coordinator to be considered for the program, which includes a mandatory two-week extensive training program for the elementary and middle school level instruction and an additional course for the high school level.

Dan McGovern aims his robot, decorated with a black widow, toward one of the final kegs on the streets of Chièvres, Belgium. Nearly 70 Americans and NATO personnel took to the streets of Chièvres to join Belgians in the centuries-old game of Crossage Feb. 25. It was perhaps the best American turnout ever, doubling last year's participation estimates.



Christie Vanover



Staff Sgt. James L. Harper Jr.

Sgt. Robert McNeely from the 824th Quartermaster Company (Aerial Delivery) loads a container delivery system of food onto a C-17 Globemaster III aircraft in Afghanistan prior to an airdrop Friday.



Staff Sgt. Adam Mancini

(Left) 1st Lt. Jared Tomberlin (left) from Company B, 1st Battalion, 4th Infantry Regiment gets a first hand view of the land with outgoing commander 1st Lt. Larry Baca from Company C on top of a ridge near Forward Operation Base Lane, Zabul Province, Afghanistan, Feb. 21.

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(Below) Lt. Col. Louis Zeisman, commander of the 2nd Battalion, 505th Parachute Infantry Regiment, 3rd Brigade Combat Team, 82nd Airborne Division, Multi-National Division Baghdad, and an Iraqi National Police officer give an Iraqi boy some candy during a school supply distribution event Feb. 19 at the Al Assal Kindergarten in the city of Oubaidy. The Al Assal Kindergarten was one of two schools to receive school items from the combined forces. Paratroopers have been assisting their Iraqi partners in Oubaidy and across New Baghdad for several weeks to improve the lives of its residents.



Sgt. Maj. Cameron Porter

Two Soldiers from the 21st Theater Sustainment Command qualify with their M16 rifles in Baumholder during Warrior Week Feb. 17-19. Range qualifications with the M249 Squad Automatic Weapon, the M16 rifle and the M9 pistol were conducted to reassess the Soldiers' tactical skills in a field environment.



Staff Sgt. Alex Licco



Illustration by Sgt. Brandon Spragins

## What to do if you are in a traffic accident in Germany

By Robert Szostek  
USAREUR PROVOST MARSHAL PUBLIC AFFAIRS

Getting into an accident on the road anywhere is a stressful event. Having an accident in Germany and being uncertain about what drivers are expected to do under German law can add greatly to that stress and possibly lead to criminal charges.

That's why U.S. Army Europe Office of the Provost Marshal officials are offering drivers some help that fits easily in their vehicles' glove compartments.

That help is Army in Europe Form 190-1Y (What to do if you have an accident). The one-page form offers step-by-step instructions describing what drivers should do if they are involved in car accidents in Germany.

The form also offers a place for drivers to note contact information they'll need in an accident, such as insurance company and local police telephone numbers. OPM officials recommend that USAREUR-licensed drivers fill out the form and keep a copy in each of their vehicles.

OPM and USAREUR Regis-

try of Motor Vehicles officials stressed that the most important thing to know is that a driver should never leave the scene of an accident.

"Drivers who are involved in an accident must stay at the scene for a reasonable period and wait for the police," said Dan Saavedra, policy advisor at the USAREUR RMV.

Drivers who leave the scene of an accident without waiting a reasonable time for the police, without announcing their involvement in an accident, or without providing their personal and vehicle information, may be considered as fleeing the scene of an accident, Saavedra said. This is a serious criminal offense under German and military law that could also lead to loss of driving privileges or insurance coverage.

He advised drivers to take these steps immediately after an accident:

- Turn on the vehicle's emergency flashers and set up a warning triangle. Place the triangle 200 meters behind the vehicle on autobahns or 100 meters behind the vehicle on other roads.

- Provide first aid to those who

need it, but do not move any seriously injured persons. Have someone call for medical help.

- Call the military police for on-post accidents, and both the German police and MPs if the accident was off-post. Be aware that German police may take a long time to respond if no one is injured and damage is minor.

- Drivers who damage property in a single-car accident – by backing into a parked car, for example – must stay at the scene for a reasonable time and try to contact the property owner. If the owner cannot be found, the driver should leave a note with name, address, telephone number and insurance information. Report the accident immediately to local MPs, and call German police if there appears to be more than €1,500 in damage.

- Move the cars involved to avoid blocking traffic if no one is hurt and damage is slight. Take photos of the scene or mark the positions of the vehicles on the ground with chalk for police before moving them.

- Exchange information such as name, address, license

number, insurance company and policy number with involved parties. Note the time and place of the accident and names and addresses of any witnesses.

- Drivers should not sign any document unless they know exactly what it says. "Helpful" people may appear on the scene and try to get drivers to sign powers of attorney, loan applications or car-rental agreements in the confusion.

- The U.S. Forces Certificate of License has a block that indicates whether the bearer is an organ donor. If someone who has agreed to be an organ donor is killed in an accident, he said, someone should call the telephone number below that block on the front of the license as soon as possible to alert personnel at the Landstuhl Regional Medical Center.

Saavedra stressed the value of taking photographs of the scene, as they can be more reliable than accident reports and are acceptable in court. If a camera is not available, he suggested drivers sketch the scene, showing the positions of the vehicles, traffic signals and other key items.

He also explained Ger-

man police may assess a fine – called *Verwarnungsgeld* – immediately at the accident scene. Drivers may refuse to pay, but risk being slapped with a more serious fine – *Bussgeldbescheid* – later. In addition, paying a *Verwarnungsgeld* does not influence the settlement of an insurance claim, but paying a *Bussgeldbescheid* could later be used as evidence that the driver was at fault, Saavedra said.

Drivers must provide German police with personal information to establish their identity and must sign a related form, he said, but added that drivers involved in accidents and people related to them are not required to make statements.

Finally, Saavedra recommends that drivers complete accident reports promptly and send in forms from their insurance companies within one week of an accident.

A copy of AE Form 190-1Y can be found online from the USAREUR forms and publications library at <https://www.aeaim.hqsareur.army.mil/library/> (available from computers on the .mil domain only).

## Kaiserslautern's Spring Bazaar begins Friday

By Christine June  
USAG KAISERSLAUTERN

Known as a chance for shoppers, the U.S. Army Garrison Kaiserslautern's Spring Bazaar takes place Friday to Sunday at the Special Events Center on Rhine Ordnance Barracks.

"A chance for people who are about to leave to get their last European treasures to take back home," said Gudrun Schuler-Heilman, the garrison's Family Morale, Welfare Recreation financial management chief, who has organized bazaars for more than 15 years. "It's also a chance for those who just got here to see what is available."

About 100 international vendors will be at this year's Spring Bazaar.

"They will be selling a variety of European goods – typically those items that Europe-stationed service members like to take back home, such as jewelry, porcelain, rugs, antiques, heavy Belgian furniture, oil and military paintings, cutlery, pots and pans, purses, gloves, Easter decorations, pewter," Schuler-Heilman said.

Garrison bazaars – six throughout the year – are sponsored by the FMWR, which means proceeds generated go back into the directorate's budget. These proceeds, Schuler-Heilman said, are used as reinvestments

into family facilities and programs.

Family friendly is one of the goals of the garrison's bazaars, she said. She cites wide walk ways for strollers and a large tent with tables and benches outside the bazaar for eating or just resting. Also outside for families are a carousel, bouncy castle and petting zoo, which are all free.

There is not a set number of how many volunteers are needed for garrison bazaars, said Billie Burgard, the garrison's FMWR budget assistant, who has been in charge of bazaar volunteers for about five years.

"We announce the bazaar, and honor the volunteer requests as they come

in," said Burgard, who added about 10 volunteers are needed each day and 30 to help tear down the event.

Volunteers can help vendors at their booths, operate credit card machines, and assist with cash collection and checking ID cards.

Hours are: 10 a.m. to 8 p.m. Friday; 10 a.m. to 7 p.m. Saturday; and 10 a.m. to 5 p.m. Sunday. The event is open to all U.S. and NATO ID card holders, and shoppers must present proper identification at the entrance.

A mini-bazaar with about 20 vendors will be held at the newly renovated Landstuhl Community Club April 6-8.



# Heidelberg's Rumbling Rubbish

*Program teaches residents fine art of recycling*

By Jason L. Austin  
HERALD POST STAFF

In many communities in the U.S. recycling is still a do-it-yourself chore normally taken on by college professors, retirees and a few ecologically-minded individuals.

In U.S. Army Garrison Heidelberg, everyone should be taking part, not only to protect the planet and to adhere to policy, but to benefit the collective pocketbook.

Each week the city of Heidelberg picks up waste from 295 recycling islands throughout Army Family Housing.

The largest expense for the garrison is the grey rubbish containers, which cost €62 per container per week, regardless of how full the containers are.

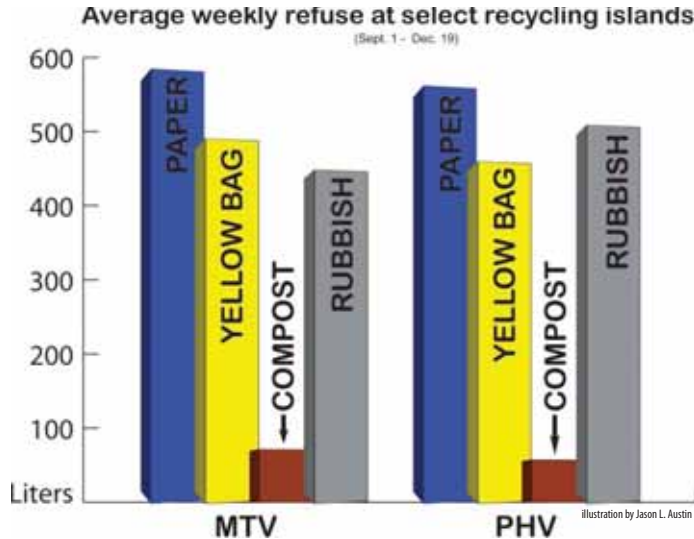
One way the garrison has decided to reduce costs is to reduce the size of the rubbish containers from 1,100 liters to 660 liters, at a cost savings of €25 per week, per stairwell.

To accomplish this feat, however, the garrison relies on residents to recycle correctly.

In the past, members of the operations and maintenance division and the environmental division of the Directorate of Public Works, sorted through a full rubbish container, and discovered that 85 percent of the 'rubbish' was recyclable.

The effort to educate the Soldiers and family members in family housing has fallen on the shoulders of Travis Vowinkel, the solid waste manager for USAG Baden-Württemberg.

He came up with Rumbling Rubbish – "Keep it Green," an education program now entering its second phase, and a new set of stairwells.



"The idea behind Rumbling Rubbish actually started a decade ago, when we started constructing the recycling islands," Vowinkel said, noting that they paid for themselves in 2 1/2 years.

A test phase of 10 stairwells – finished in June – and Phase I with 73 stairwells – finished in December – will net a cost avoidance of nearly €83,000 per year or about €1,000 per stairwell per year. That's about \$110,000 that can go to other mission requirements in the garrison.

The test phase was also a Lean Six Sigma project, which helped formalize the program.

"The great thing was turning this into a Lean Six Sigma project," said Marty Hanson, an environmental protection specialist with USAG Heidelberg, "because it got it into a forum where others were tracking successful projects."

Phase II will bring 69 more stairwells on board with the program.

One area that has been a problem for everyone has been the use of the compost bins. As a result, in March the city will replace all the 250-liter compost containers with 120-liter containers for an additional annual savings of €24,489 per year.

The 15-week program is designed to teach residents the proper way to recycle and provide feedback on how they



Marty Hanson, an environmental protection specialist for U.S. Army Garrison Heidelberg and Marcus Ecker, a sanitation inspector with the city of Heidelberg, inspect the refuse containers in a recycling island on Heidelberg's Mark Twain Village Feb. 25. The two men were performing the inspections to develop a baseline before the residents begin the 15-week Rumbling Rubbish program, an education program designed to teach Army Family Housing residents how to properly recycle, so the garrison can reduce the amount to non-recyclable waste, reducing the impact on the environment and the impact on the garrison's budget.

are doing.

Before the program is begun in a stairwell, Vowinkel and Hanson meet with building coordinators to make them aware that the change is coming.

Then Hanson, and Marcus Ecker, a Heidelberg sanitation inspector, perform a four-week baseline inspection to see how well the stairwells are currently recycling.

Then, about one week from

the kickoff, stairwell coordinators are then taught the proper way to recycle, and about how the program will work, so they can educate the families in their stairwell.

Each stairwell participating in Rumbling Rubbish has a score card on their recycling island with spaces for green, yellow or red dots.

The motto, "Keep it Green" implies that residents only want to see a green dot, but

also hints at how the Army (green uniforms) saves money (greenback) for a greener earth.

Each week before the city picks up the refuse, two inspectors, Hanson and Ecker, go through the housing areas.

"We note what's going on at the island and determine whether they are getting a green or yellow dot," Hanson said.

Those stairwells which have incorrectly recycled refuse receive a yellow dot, and each building and stairwell coordinator receives a letter detailing what was not right, along with photos to document the failure.

The second letter includes a copy of the recycling policy. A copy of the third letter also goes to the garrison commander as a heads up.

Each letter also offers help to the families in the stairwell.

At the latest, by the third yellow dot, Hanson or Vowinkel will meet with the residents and help them make positive changes.

If after three consecutive yellow dots the situation has not improved, the stairwell receives a red dot and a letter is sent to Lt. Col. Robert White, USAG Heidelberg commander, who takes further action.

On a recent baseline inspection of Mark Twain Village on the East side of Romerstrasse, 10 percent were deemed unsatisfactory. Patrick Henry Village has a rate of 12 percent but it reflects to the number of satisfactory – not unsatisfactory – islands.

Generally, during an inspection Hanson and Ecker hope to find the paper and yellow bag containers full, and the rubbish containers nearly empty, and the compost bin being at least used. The key according to Hanson, is that the residents separate their trash in their quarters.

Phase II, which includes stairwells in both MTV and PHV, was set to begin Wednesday.

"We're trying to change their habits of how they think of waste," Vowinkel said. "Here in Germany we say it's reusable and can go back into industry and is recycled, and if we can do that it saves us a lot of money."

Illustration by Jason L. Austin

Jason L. Austin



## Unlocking family secrets

### Married command sergeants major discuss deployments, family life in the military

By George A. Smith  
AFN EUROPE

LaToya Sizer worries when her husband Richard deploys and adjusts when he gets back. Nothing unusual about that; deployments and separations are common place in today's Army.

What makes the Sizers different is that they both happen to be command sergeants major, which brings unique challenges and advantages to their family raising efforts.

"The biggest advantage we have is we both deal with the same problems Soldiers have on a daily basis, such as sick children, homework, disciplinary issues, and juggling family and work," Richard said. "So we know what to expect, how to relate and how to deal with those problems as a couple, as Soldiers and as parents."

"We also know all the support that's out there for couples dealing with deployments, such as reintegration services and speaking with military chaplains, when necessary," LaToya added.

But even with experience "times two," the Sizers have had their share of challenges. Richard served as a first sergeant away from the family, two consecutive years in Korea and Iraq before finally rejoining his family in Mannheim in 2005.

LaToya was also a first sergeant and later attended the Sergeants Major Academy as a single parent during the separation. The duo communicated well via letters, telephone, e-mail and webcam, but the communication didn't eliminate reunion woes.

"It was really hard after Richard's deployment to Iraq," LaToya said. "When he initially came back, he was a different man. Everything seemed to annoy him in the house."

Richard had been assigned to a Marine combat unit in

Ramadi, which was a hot spot at that time. As a result, he was extremely irritable and needed help adjusting to a less-stressful atmosphere.

"Little things, like kids laughing or dogs barking, bothered him," LaToya said. "He wasn't as patient, and it didn't take much to get him angry. He didn't recognize the way he changed toward us. I had to point it out to him, and we all had to make adjustments to return to a normal family."

Both Sizers feel the first 90 days together after Iraq were the toughest, but planning and communicating really helped the Sizer family return to its pre-deployment lifestyle. LaToya studied the signs and symptoms that returning troops experienced and was able to recognize them immediately.

She also had talks with their two boys, Dante and Devin, before daddy walked in the door, so they would know how to treat him as well.

"I wanted the boys to include Richard in our lives," LaToya said. "He had been absent for two years, and they had to readjust to asking him questions and advice on their issues, instead of bringing them to me. I told them to talk out what was on their mind and to understand that things would be different, now that Richard was home."

Still Richard's Iraq deployment wasn't the hardest one on the kids. It was LaToya's three-month deployment to Haiti that affected then 19-month-old Dante the most.

"Dante was very angry with me when I got back," she said. "He wouldn't talk to me. He was used to dad being gone, but mom was always there. It took him awhile to adjust."

Right now both command sergeants major live in Mannheim. LaToya is the senior enlisted person at the American Forces Network Europe



Command Sgts. Maj. LaToya and Richard Sizer share more than just their rank – they have been married for 17 years and have two boys. They have experienced the ups and downs of military life together as a family.

**"It was really hard after Richard's deployment to Iraq. When he initially came back, he was a different man. Everything seemed to annoy him in the house ... He didn't recognize the way he changed toward us. I had to point it out to him, and we all had to make adjustments to return to a normal family."**

—Command Sgt. Maj. LaToya Sizer, AFN Europe

on Coleman Barracks while Richard is the 302nd Military Intelligence Battalion's senior enlisted member. Richard commutes one hour each way, five days a week, but they're not complaining.

For now, neither is scheduled for deployment, and both have turned their attention to making a dual-military career work while taking care of two kids. They're up at 4:30 every morning for physical fitness training and make time at least once a month to have a family weekend when they just do things with the kids.

Separations now are measured in a few days or weeks, instead of years. Now Mom is gone more often than Dad, and Dad turns the separations into father-son bonding sessions.

"Normally the kids aren't allowed to eat in the living room, but when LaToya is gone on temporary duty, we move the furniture back, call out for pizza, munch popcorn

and watch movies," Richard said.

They wait to clean up the place until the night before LaToya comes back. "That's when we have a G.I. party cleaning up," Richard said. The guys try to keep the "play-by-play" away from mama, but somehow she always manages to get 11-year-old Devin to give her a "worthy of a journalist" in-depth report on what they did.

The key to raising two kids in a two-career family? "What has worked for us is a man-to-man defense," Richard said laughing. "Since there are two of us and two of them, we can switch on them depending on the situation. Sometimes I'll watch Devin and sometimes she'll watch Dante. When the kids were younger and one of them was acting up or didn't want to see the movie, we worked it that the adult who liked the movie stayed while the other adult left with the boy who needed to leave the

theater."

The Sizers often get questions from other dual military families, enlisted soldiers and officers, on how they have managed to stay married more than 17 years through the stress of deployments and demands of raising a family.

Both Soldiers say the key is having the same goals and having a commitment to marriage. They both came from broken homes and don't want it to happen to their family.

"We both serve as examples that it's possible to stay in the Army as a dual-military family," LaToya said. "Both Richard and I have been approached by different couples that'd ask how we do it with kids, or how we cope with a specific situation."

The many questions led LaToya, a journalist, to start writing a book on how to make a joint military career work. She has written about 90 pages so far and plans to have it published soon.

## Seeing the benefits of Men's Health Week



Staff Sgt. Jonathon Gray

Sgt. Emmanuel Rodriguez (right), U.S. Army Health Clinic Mannheim, performs a test using the non-contact tonometry machine on Brig. Gen. Jeffrey G. Smith Jr., commander, 5th Signal Command, at the U.S. Army Health Clinic Feb. 23. Smith was able to do a variety of tests to include an audiogram and an optometry visit during his Men's Health Week physical.

## Radio show highlights need to care for others

ERMC Public Affairs

A team of experts provided suicide prevention information and advice during a one-hour AFN-Europe Open-Line radio talk show Feb. 25.

Their message: notice your buddy's mood changes. Show concern if they are depressed. Let them know you care and will do anything to help bring them back from suicidal thoughts.

Members of the panel included Dr. Joy Summerlin, the U.S. Army Europe G-1 Well-Being Quality of Life program manager; Maj. Shawn Connors, the Mannheim garrison chaplain; Maj. David Cabrera, acting chief of the Europe Regional Medical Command Soldier and Family Support Services, and Dr. Maria Crane, ERMC Traumatic Brain Injury program director.

The Army recently confirmed 128 suicides occurred in 2008, up from 115 in 2007. That figure is slightly under the civilian suicide rate. An additional 15 deaths are being investigated as suspected suicides.

"I don't think you embarrass people by telling them you are concerned about them and that you want to help," Summerlin said. "We have stories from survivors of suicide attempts who have said that all they wanted to hear was one person asking them if

they were all right."

The panel answered questions from callers and from the AFN Web site ranging from how to recognize the signs of suicidal thoughts to how to intervene in the case of an actual suicide attempt.

"If I was with someone who I thought might be depressed to the point that they would do harm to themselves, I would not leave that person alone," Connors said. He said a chaplain is on call at every military community in Europe and poised to intervene.

Connors said every military police station has the phone number of an on-call chaplain.

If you cannot get your buddy to seek help, Connors said, but are convinced he may harm himself, call the MPs, and stay with him until a chaplain arrives.

The panel also had advice for a teenage girl who called to ask what help was available for students like her.

"An inability to deal with stress can lead to depression, which leads to suicidal thoughts," Crane said.

"If we can help someone handle those stresses, we can turn their mood change back to a positive change."

She pointed out that the resources weren't limited to mental health. They include programs to help with alcoholism, indebted-

ness, marital discord and other issues that can bring stress.

"Those community resources are available to everyone - Soldiers, civilians and family members," Summerlin stressed.

If someone does need help, their best choice could be their unit or community chaplain, Connors said.

"Army chaplains set aside their religion when someone comes to them for help," Connors said. "Our first job is to listen. Often, that is all someone needs to get their life back on track."

Cabrera said that, as a Soldier himself, he knows there is an Army mentality that a strong person should be able to "suck it up." But, he said, that attitude isn't always helpful. He pointed out Soldiers wouldn't hesitate to go to a hospital if they were bleeding or had broken leg. Cabrera said mental health issues should be treated in the same way.

"Something happened to you as a result of what we do. You go out, you get it taken care of, and you go back to your job," he explained. "It takes courage to step up and say you need help. It's not a sign of weakness. It's a sign of strength."

The full program is available from the AFN Openline Web site at [www.afneurope.net/DynamicMenu/Radio/AFNOpenline/taxid/701/Default.aspx](http://www.afneurope.net/DynamicMenu/Radio/AFNOpenline/taxid/701/Default.aspx).

## General encourages participation in new sexual assault prevention campaign

By Staff Sgt. Aimee Millham  
USAREUR PUBLIC AFFAIRS

U.S. Army Europe leaders are encouraging Soldiers to get more actively involved in preventing sexual abuse.

"Part of being Soldiers and leaders is having the personal courage to take action when your fellow Soldiers are in danger. If you see something wrong, intervene," said Gen. Carter F. Ham, U.S. Army Europe commander.

Ham's message falls in line with the Army's "I. A.M. Strong" campaign launched in September, which shifts the focus of the sexual assault prevention program from reaction to prevention, and is designed to empower Soldiers to "Intervene, Act and Motivate," said Rosalind Dennis, USAREUR sexual assault prevention and response coordinator.

The new strategy is designed to change the Army's culture and encourage Soldiers to not "be bystanders" if they become aware of abusive situations, she added.

"This command must eliminate sexual assault, and we must do it together," Ham said.

The Army News Service reported that in announcing the program at the Army's 2008 Better Opportunities for Single Soldiers conference, Sgt. Maj. of the Army Kenneth O. Preston also appealed to Soldiers to get involved.

"I need your help with an issue that is affecting our Soldiers - sexual assault," Preston said.

"We've been on the defensive concerning this crime - and it is a criminal act," the sergeant major added. "The Army was focused on response. Now, we're going on the offensive. We're implementing a new prevention campaign."

The plan for USAREUR includes expanding prevention and intervention programs and introducing new programs to its Soldiers, Dennis explained.

Efforts began in December when USAREUR senior leaders received an overview presentation of training that is being developed for Soldiers to participate in this year as part of the new initiative.

In January, U.S. Army Garrison Kaiserslautern hosted more than 800 Soldiers for briefings on the new campaign.

And in March Ham is hosting a one-day training event for USAREUR senior leaders to hear from subject-matter experts in the field of sexual assault prevention and intervention, Dennis said. In addition, the new programs are likely to be a major topic of discussion at USAREUR's annual sexual assault prevention and response conference later this year.

Dennis said these are the beginnings of a robust training timeline her team will undertake this fiscal year based on a "community of responsibility" model that outlines the role of each community member in efforts to prevent sexual assault.

As part of the I. A.M. Strong initiative, the Army launched a dedicated sexual assault prevention Web site, [www.sexualassault.army.mil](http://www.sexualassault.army.mil), that provides an overview of the program and information, training and resources for preventing and reporting sexual abuse and sexual harassment.

## KAISERSLAUTERN

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was Warrant Officer 1 Joseph Kaiser, also from the 21st TSC G-2.

"It's good teambuilding," said Kaiser, agreeing with Mendez.

Right Arm Night was hosted by the U.S. Army Garrison Kaiserslautern as a kick-off event for the Year of the Noncommissioned Officer in the Kaiserslautern military community.

"It's called Right Arm Night because what you want to do is bring that Soldier who is standing to your right – the right arm that is connected to you, helping you get through daily missions – here with you to mix and mingle with other leaders who have brought their battle buddies with them," said the garrison's Command Sgt. Maj. Richard Jessup.

The secretary of the Army has designated 2009 as the Year of the NCO.

"We just want to acknowledge the fact that noncommissioned officers are doing great things and continue to do great things and this (yearlong observance) is how we can acknowledge that fact," Jessup said.

Kaiser, who was an NCO for more than half of his 10-year Army career, was at the kick-off event with his right arm – Sgt. Brian Meehan.

"Absolutely (this year designation is important) because NCOs are the backbone of the Army," Kaiser said. "NCOs are needed – they carry the mission."

Standing to Kaiser's



Christine June

Soldiers from the 21st Theater Sustainment Command (left) Sgt. Brian Meehan, Sgt. Teddy Mendez and Warrant Officer 1 Joseph Kaiser play a game of pool Friday at the U.S. Army Garrison Kaiserslautern's Right Arm Night at the Irish Pub on Vogelweh Housing. The event was held as a kick-off event for the Year of the Noncommissioned Officer in the Kaiserslautern military community.

right, Meehan said. "It's nice to give NCOs the recognition they deserve. Without NCOs, Soldiers end up lost."

The Right Arm Night, Jessup said, was a way to show other KMC Army unit leaders what can be done to give this year of the NCO "teeth." He explained, "A way for them to put their thumbs on the pulse to say we (Army leaders) are going to push this all year long."

His suggestions include making the community aware of the roles and responsibilities of today's NCO, and improving and increasing education, fitness and leadership programs for NCOs in this community.

Illustrating Jessup's point was the attendance of Army KMC leadership at the Right Arm Night: The KMC's Senior Mission Commander Maj.

Gen. Yves Fontaine, 21st TSC commanding general, and his right arm, the 21st TSC Command Sgt. Maj. David Wood; Brig. Gen. Jon Miller, the 21st TSC deputy commanding general and 7th Civil Support Command commanding general, and his right arm, the 7th CSC Command Sgt. Maj. David Stading; and the Kaiserslautern Garrison Commander Lt. Col. Mechelle Hale, with her right arm, which was Jessup.

In addition, several Army KMC unit commanders and their right arms attended the event.

As for the pool game, winning may have been in the picture after all.

"We just beat our sergeant major at pool so of course it's a great night," said Meehan, who was joking, which many may say is a true sign of camaraderie.

## YEAR OF THE NONCOMMISSIONED OFFICER

# USAREUR ceremony honors Heidelberg NCOs

By Sgt. Micah E. Clare  
USAREUR PUBLIC AFFAIRS

While not every day is easy for noncommissioned officers, the U.S. Army Europe NCOs honored at an induction ceremony in Heidelberg Friday seemed to agree that it was a great day to be a sergeant.

"I wasn't sure if I wanted to stay in the military, but after seeing this today, I know I can continue making an impact," said Sgt. Jessica Carter, a human resources information system management specialist with the USAREUR personnel division.

Carter was one of 18 USAREUR NCOs honored at the ceremony, which was designed to provide official recognition for the hard work required to earn the rank of sergeant, and induct the newly promoted in the Army's NCO Corps, said 7th Army Special Troops Battalion Command Sgt. Maj. Sal Katz.

After the arrival of the official party and color guard at the Patrick Henry Village Pavilion, unit leaders moved to the front of the audience and took turns lighting three candles, symbolic of valor and hardiness, purity and innocence, perseverance and justice.

Following the candle-lighting, NCOs from corporal to command sergeant major performed a skit, each stating their rank and job duties, and finishing with each participant echoing the words, "I am that NCO."

USAREUR Command Sgt. Maj. Ralph Beam then spoke to the inductees, challenging them to continue their hard work and dedication, maintain physical fitness, train their Soldiers to established standards, and believe in a higher purpose in all they do.

"The sergeant's stripes you're wearing now will probably be the hardest stripes you'll wear in your career," Beam said. "The NCO business has now become your business."

Each company first sergeant then read the names of their sponsored NCOs from a scroll. As the names were read, each NCO pledged to uphold the NCO charge, a vow of dedication to the duties of their new grade.

After sharing a few words of wisdom with the inductees, the first sergeants assembled to create a symbolic arch of sabers through which the inductees passed.

"It's a rite of passage into the (NCO) Corps when we cross through," Carter said. "We're no longer just Soldiers; now we're noncommissioned officers."

The new NCOs also spent some time in the days prior to the induction in practice sessions with senior NCOs, getting advice and direction for their new roles, said Sgt. Juan Carreon, a USAREUR human resources specialist.

"We were taught during our practice sessions that we need to mentor those who are coming after us," he said. "Becoming an NCO is very important for the lower enlisted, and events like this show them what they have to look forward to. It's important to recognize Soldiers for their hard work and dedication."

"It's really exciting that the more we do, the more we're appreciated," Carter said. This brings new meaning to being an NCO. I want to excel in this path I'm on."

## MANNHEIM

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burning truck.

Staff Sgt. Gabriel Burkman, Staff Sgt. Beau Martindale, Staff Sgt. Benjamin Wagner and Sgt. Nathan Williams, 720th Explosive Ordnance Disposal, all received Purple Hearts for actions while deployed to Afghanistan. Burkman received a second Purple Heart when he sustained injuries after the vehicle he was riding in was struck by a vehicle-borne improvised explosive device.

"Today we spotlight a few NCOs who have exemplified the true meaning of our Corps' values and personified honor, duty, and selfless service,"

Tolver said.

Tolver also read a statement from William O. Wooldridge, Command Sergeant Major retired and the first Sergeant Major of the Army stating, "To me being an NCO meant being proud of my Soldiers and my units. Knowing that I and my units were strong in the skills and qualities needed to achieve success, both physically and mentally."

Throughout 2009, named the Year of the NCO by Gen. George Casey, the U.S. Army will continue to recognize and highlight the accomplishments and contributions of the NCO Corps.



Sgt. Brandon Spragins

Sgt. 1st Class Dolores Rivera, 52nd Signal Battalion, Sgt. 1st Class Keith Cade, 509th Signal Battalion, and Staff Sgt. Gabriel Burkman, Staff Sgt. Beau Martindale, Staff Sgt. Benjamin Wagner, and Sgt. Nathan Williams of the 720th Explosive Ordnance Disposal Company, are honored for their accomplishments and bravery during the Year of the Noncommissioned Officer kick-off ceremony held at Schuh Theater on Sullivan Barracks in Mannheim Feb. 23.



## Heidelberg High School performances of American classic begin tonight

By Kristen Marquez  
HERALD POST STAFF

Heidelberg High School will be doing the 'hand jive' beginning tonight as "Grease" goes live on stage in the auditorium.

The show will run tonight, Friday and Saturday at 7:30 p.m.; Sunday at 3 p.m.; and March 12 and 13 at 7:30 p.m.

The high school's stage version of the famous 1978 movie stars senior Kyle Ulses as Danny Zuko and junior Haley Wewers as Sandy Olsson — two very different high school students who meet one summer and fall in love, only to discover later that they will be attending the same school in the fall.

Wewers arrived in Heidelberg in August and said she is excited to be able to continue with her love of the theater.

"I've done this since I was 2," she said. "I love it."

The play was originally scheduled to take place in the fall, but not enough male actors were available. It was moved to its new spring show time, which then allowed Ulses, an All-Europe football player for the Lions, to try out for the role of Danny.

"I heard that tryouts would be in the fall, but I couldn't because of football," he said. "I had some friends who were thinking about trying out. Word got around that I could sing. I've never sang in front of anyone before."

Being a part of "Grease" made him wish he'd been more involved in things like this throughout school, he said. And even though he said on opening night he'll be "much more nervous" than he is before a football game, he will become Danny and do the hand jive with what he calls a group of fellow classmates who were perfectly cast.

"My favorite part was getting to know everyone else who's been involved with drama," he said, "and breaking my fear of doing crazy things in front of people."

Wewers agrees that being cast as Sandy was definitely a boost in helping her feel settled in her new home so soon after arriving here. The day she found out she got the role of Sandy was a very exciting day for her.

"I called my mom at lunch and was screaming," she said.

She said she has Olivia Newton-John's famous movie version of Sandy to base her character off of, but also tried to make the character her own, too.

"Sandy kind of reminds me of myself," she said. "I really admired the role."

Ulses and Wewers agreed they hope the community will come check out the performance.

"Definitely come see it," Ulses said. "This show has gotten a lot of hype, so hopefully we live up to it. Or, don't see it, so I'm not nervous."

The play's director, Christopher Harbach, said despite some challenges, this play has really brought the students together.

"It has been a challenge because so many haven't done theater," he said. "But it was also our goal in choosing this show to get more kids involved in the theater program. We wanted to get a show that students would be excited about."

The school typically puts on four shows a year, according to Harbach.

Harbach said the important of the arts in school is vital, and theater provides a great break academically for the students.

"The arts have such a value that I don't think

people understand completely yet — the way that students are engaged in the creative process," he said. "In terms of class itself, it serves a purpose. It gives kids a chance to be active and participate and the appreciation of what it takes to be an artist."

Most members of the cast said one of the best parts of this show was seeing the way the students all came together.

"I love the kids from all different groups all being friends who never would have been friends otherwise," Wewers said.

Cast member Michaela Lacy, a senior, has been doing community theater for five years but said she has wanted to perform in "Grease" for a while. She's playing the part of Jan, one of the 'Pink Ladies.' She said she hopes community members will take the time to come see a performance.

"It's a fun musical with great music," she said. "It wouldn't be a waste of their time for sure. It's a great opportunity to see some talented high school students."

Rob John Koschade, a sophomore who is performing in his first play as 'Johnny Casino,' said after seeing one play he thought acting looked like fun, so he decided to give it a try. Now he hopes the community will come out and see all the work they've put into it.

"It's been great," he said. "I have learned so much so far with singing and how much effort it really takes to be in a play. Definitely come. It's a great show with different crowds of people."

Harbach admits he was pleasantly surprised at how everyone was cast so much like themselves.

"Hopefully some kids will continue on and do more shows, and if not, they'll always have the memories of this one," he said.

Reservations are recommended. Call civ. 0172-622-6127 or e-mail [jon.hodge@eu.dodea.edu](mailto:jon.hodge@eu.dodea.edu).

**"This show has gotten a lot of hype, so hopefully we live up to it."**

—Kyle Ulses as 'Danny'



**"Sandy kind of reminds me of myself. I really admired the role."**

—Haley Wewers as 'Sandy'



## GERMAN WINE

### Schriesheim Wine Fest

The first big wine fest within the area is coming to Schriesheim this weekend. Schriesheim is located about nine miles north of Heidelberg.

The famous Mathaise Markt in Schriesheim is the initial wine fest along the Bergstrasse and kicks off on Friday at 8 p.m. in the fest tent. On that evening, the wine queen will be crowned. Lots of rides and booths are available as well.

Every year between 150,000 and 200,000 folks visit this festival.

#### Friday

8 p.m. – Kick-off celebration with the crowning of the wine queen

#### Saturday

The famous 'Mathaisemarktlauf' run starts at 1 p.m. More details: [www.mathaisemarktlauf-schriesheim.de](http://www.mathaisemarktlauf-schriesheim.de). You must register in advance to participate. To register, e-mail [mstang@gmx.de](mailto:mstang@gmx.de). (English or German)

6 p.m. – Ohlala – Party Band from Munich at the fest tent

#### Sunday

10:30 a.m. – Boxing matches between Germany and Italy in the fest tent

2 p.m. – Historic parade through Schriesheim

3 p.m. – Live band at the fest tent

Noon-5 p.m. – Stores are open for shopping

#### Monday

7:30 p.m. – Schriesheimer Vereine (local clubs organize this evening)

#### Tuesday

2 p.m. – Fashion show for women and children hosted by local boutiques with live music

7 p.m. – 'Schries rockt' live rock bands

#### March 13

2:30 p.m. – Children's quiz show

6:30 p.m. – Live music by Bavarian group

#### March 14

5:30 p.m. – Live music by Bavarian group

#### March 15

33rd Fanfarenzugtreffen (fanfare music groups from all over the area meet for a competition)

10 a.m. – Music competition starts

Noon – Tractor driving competition by rural youth representatives Neckar-Bergstraße

1 p.m. – 'Die Steintaler' music group in the fest tent

1:30 p.m. – Parade of 'fanfarenzüge' through the city

9 p.m. – Fireworks

#### More Information

[www.schriesheim.de](http://www.schriesheim.de)

Please note: All events except the parades and the run happen in the major fest tent.

#### Learn to Shop for German Food

Are you curious about local products and food items available on the economy? Visit an organic food store or a typical grocery store accompanied by a registered dietician who is fluent in the German language. Call the Nutrition Care Division at the Heidelberg Health Center to book your free tour, DSN 371-2747, civ. 06221-17-2747.



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at [dearmsvicki@yahoo.com](mailto:dearmsvicki@yahoo.com).

#### Dear Ms. Vicki,

*I don't know what's wrong with my parents, but they don't care to be involved at all with our children. They don't remember their birthdays, Christmas or any other holiday. We reside relatively in close proximity to them, and they don't even participate in the sports activities, dance recitals or anything.*

*My husband and I have both invited them over and over. They always come up with some excuse as to why they don't come. I'm just stumped by their behavior toward my children.*

*You guessed it, yes I have other siblings, and they love their children immensely and support them unconditionally. They have already invested in prepaid college tuition programs for them in our state.*

*I'll be the first to admit that I wasn't the family favorite when I was growing up. For some reason I felt like I did not belong with my family of origin. I could never do anything right. Whenever I made a mistake I was reminded continually about them and how I would not accomplish anything. In retrospect I know I was only acting like the typical teen. My brothers and sisters would do the same things I did and even worse. There was no punishment given to them on excuses for their behavior. My parents did not even attend my college graduation. However, my husband's family did.*

*Granted I know we are the ones who have moved around for a military career, but that is no reason for them not to visit or keep in touch. For example, my older brother lived in Japan for four years, and my parents visited him once a year. My family has lived in Germany and Hawaii among other places. Again, my parents have never found a reason to visit.*

*I guess I'm tired of hurting because of my parents actions. I am the one who does all of the calling, and if we manage to see them it's because I initiate the visit. I'm 36 years old, and I refuse to continue on like this. It's 2009 and it's time*

#### Ms. Vicki's Online Talk Show

Don't get enough Ms. Vicki in the Herald Post? Now you can tune in for her Internet radio show at [www.blogtalkradio.com/dearmsvicki](http://www.blogtalkradio.com/dearmsvicki) to hear her talk about teen dating violence, helping military children have a smooth transition, relationships and more.

*for me to put this behind me. Am I overreacting?*

*From: Need an Understanding*

**Dear Understanding,**

I know how important families are, so I regret hearing stories like yours, especially when it appears that parents refuse to step up and show unconditional love for their children. I wish I knew why your parents have this cold distance from you and your family. Conversely, from your report they are well vested with your other siblings and their children. This is obviously something that weighs heavy on your heart and most certainly causes you emotional distress, and rightfully so.

I don't mean to put your relationship with your parents solely on your shoulders, but I would definitely recommend you try and engage some conversation with them about this concern. I'm not sure if speaking to them separately would help or not. Just know that many things could happen when you try to do this.

1 - They could refuse to engage in conversation about this. 2 - They could refuse to acknowledge their behavior and deny it. 3 - They could blame you and say it's something you did. Lastly, they could own up to their behavior, apologize and vow to be better involved. Be prepared for any outcome.

Finally, you may want to consider speaking to a professional counselor to help you explore this more before you make a decision. I think you could use some support from someone who is a professional and objective.

#### Dear Ms. Vicki,

*While my husband was in Iraq, I started stripping to help make money to pay our bills. Many of the women here try to give this activity a fancy name like exotic dancing or professional dancing, but it's still stripping. Believe me, we work hard for our money. Sometimes I'm up there at least two hours dancing on that pole, lap dancing and whatever else I have to do to make that money. I think the most money I have ever made was \$500 in one night or about \$2,000 in one week.*

*To be honest my husband met me in the club. He was my favorite tipper. I thought he would be the one who would be my knight in shining armor and take me away from all of this. Well he married me, and three months later we got housing on post. None of my neighbors know what type of work I do, although some of them commented that I leave late*

*at night, especially on the weekend. I will never tell my neighbors what I do because, first of all, it's none of their business, and secondly, I don't want the sneers and jeers about my profession. A lot of the women who work here are on drugs and prostitute, too, but that's not me. I'm only working as a dancer and do other things to please my clients to get tips, but not sex or anything like that.*

*My husband returned home from Iraq. Like I said, I was expecting for him to take me away from all of this. The only thing I've received is a house on base that isn't all that. My husband doesn't make a lot of money. I guess I always thought the Army paid their Soldiers very well. After all they risk their lives for their country. Something we civilians are not willing to do.*

*I want to quit working as a stripper, but my husband likes the money too well. He even gets upset when I don't make the money in one night that he thinks I should make. I would like to go to school and get a better job where I can work normal hours. I don't have children, but I would like to. My husband says children will mess up my figure, and I won't be able to make the money I need to make. He won't support anything I try to do other than stripping (shaking my butt for money). Is this all there is to life? I want more than this!*

*From: Tired of Stripping*

**Dear Tired (and you should be tired),**

I think people move forward when they are sick and tired of being sick and tired. You married a guy who you thought would be your knight in shining armor. Only you are finding out he is not a knight, and the armor he was wearing is dull.

Point blank, your husband sounds like a pimp. He is "straight pimping" you. You should leave those dirty poles alone. You're right, many of the women are on drugs and caught into a prostitution trap. This is no good. This won't be long before you succumb to the same thing if you don't stop this right now.

Answer a few questions for me. Where is your family? Do you have any close friends or people who you know really love you and would like to help you? I don't think you will ever get the help you need from your husband. This is so sad and you deserve better. You don't sound very happy at all.

Write me back with the answers to the questions and I will check on some resources for you.



Street Fighter

Any guy born in the last 30 years or so probably has some experience with the "Street Fighter" series.

I know I used to pump quarters into the arcades every Saturday morning trying to be the best fighter in the neighborhood.

Needless to say, the first movie that came out in 1994 starring Jean-Claud Van Damme was no masterpiece of movie magic, but it was still cool for the time, and who was going to hate a Street Fighter film if they played the game?

Well "Street Fighter: The Legend of Chun-Li"

is no different. It may not be the greatest movie from Street Fighter, but how could you hate a movie based on such a cool game?

The Legend of Chun-Li follows ... well, Chun-Li, and the reasons she has for becoming a fighter. We get to see new versions of M. Bison, Balrog and Vega from the bad side and Charlie and Gen, even Rose.

The movie isn't great, I won't lie, but it's not too bad either. It's one of those films I find hard to rate because I'm such a fan of the series. I will say that although the action is decent and the actors aren't even bad, I am a bit disappointed in the lead role being played by Kristin Kreuk (who plays Lana Lang in "Smallville"). I felt they could have gotten someone more comfortable in the martial arts.

So before I ramble on and on about my arcade glory days, I will say that the film is probably a guy movie. I don't know too many women who are into arcade games, but you never know. Give it a shot guys and watch out for a "Kikoken," it packs a punch.

GET OUT!  
area events

March 5

**Discover Speyer** – A city with more than 2000 years of history, including Celtic, Roman and medieval settlements. Visit the majestic Romanesque Cathedral, the largest and most important church built in the 11th century. Explore the remains of the 900-year-old synagogue and the baths in the Jewish quarter. Stroll down Maximilian Street and break for lunch at one of the many restaurants and cafes. DSN 385-2082, <http://affiliates.usa.org/rheinneckar>.

March 7

**Mannheimer Comic-Tauschtag** – Mannheim Comics Show 9 a.m.-3 p.m. The entrance is free. This event takes place twice yearly for more than 30 years at the same location at Großer Saal der Jakobus-Pfarrrei in Mannheim-Sandhofen, Domstiftstr. 40. There will be more than 100 dealer tables with U.S. Comics and trading cards.

**Ludwigsburg Schloss Festival** – The international Baden-Württemberg festival in the forum in the palace gardens, palace and Schloss Monrepos through March 15. Concerts, musical theater, drama, dance, performance. C.V. 07141-93-9636, [www.schlossfestspiele.de](http://www.schlossfestspiele.de).

**Paris Express** – With its innumerable museums, cafes, stores and specialty shops, excitement is around every corner. This tour includes a two-hour sightseeing tour. You will have plenty of free time for exploring on your own. DSN 385-2082, <http://affiliates.usa.org/rheinneckar>.

March 8

**Sunday Brunch** – Head to the Patrick Henry Village Pavilion in Heidelberg for a German/American style brunch 10 a.m.-2

p.m. Reservations recommended: DSN 388-9098, [civ.06221-338-9098](http://civ.06221-338-9098), [www.mwrgermany.com](http://www.mwrgermany.com).

March 12

**Retro Classics 2009** – International exchange for vintage cars, motorcycles, spare parts and restoration through March 15 at the New Trade Fair Centre Stuttgart (Airport). C.V. 0711-18-5600, [www.messe-stuttgart.de/retro](http://www.messe-stuttgart.de/retro).

**International Solo Dance Theater Festival** – 18 contemporary choreographers and young dancers present their latest productions to the public and a high-calibre jury through March 15. Preliminary decisions: Thursday-Saturday. Grand final with presentation of the awards on Sunday. Performances every evening from 8 p.m. Meeting point Rotenbühlplatz. 0711-1873-804.

**Bluegrass Band and Open Mic Night** – Head to Shooter's Bar and Grill at the Heidelberg Rod and Gun Club in Oftersheim for live music from the Bluegrass Valley. Local musicians are encouraged to bring their instruments and join the band. DSN 375-5022.

March 13

**The Glass Menagerie** – The Roadside Theater presents this classic American drama, 7:30 p.m. March 13, 14, 20, 21, 28 and April 3-4, and at 3 p.m. March 22 and 29. A heartbreaking memory play of family and lost dreams, it's filled with lyrical symbolism about the inability to escape the harshness of reality. DSN 373-5020, [civ.06221-17-5020](http://civ.06221-17-5020) or [www.roadside theater.com](http://www.roadside theater.com).

**Polish Pottery Express** – This tour is for serious shoppers who are interested in Polish pottery, wicker and amber jewelry. Charming Polish pottery from the Boles-

lawiec region is hand-painted and made from natural ceramic clay. DSN 385-2082, [civ.0621-730-2082](http://civ.0621-730-2082), <http://affiliates.usa.org/rheinneckar>.

**Tropical Islands** – What better way to relax than taking a tropical vacation. Either alone, with a friend or the entire family Tropical Islands has something for everyone. Explore the world's largest indoor rain forest, and then slip into the warm water of the Bali Lagoon. Or simply play on a sandy beach in the South Seas village. DSN 385-2082, [civ.0621-730-2082](http://civ.0621-730-2082), <http://affiliates.usa.org/rheinneckar>.

**Extreme Hii-Skiing and Snowboarding** – Head to Lauterbrunnen, Switzerland, through March 15 with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, [civ.0631-3406-4117](http://civ.0631-3406-4117).

**Switzerland Ski Safari** – Head to Zermatt, Crans-Montana and Saas-fee with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, [civ.0631-3406-4117](http://civ.0631-3406-4117).

March 14

**Choir Concert** – The Irondale High School Choir will entertain the crowd at 2:30 p.m. at the market place in Rothenburg ob der Tauber. C.V. 09861-404-800.

**Salsa Night** – Head to Armstrong's Club on Vogelweh in Kaiserslautern starting at 9 p.m. for a night complete with Salsa lessons, DJ, margarita bar and more. C.V. 0631-354-9926.

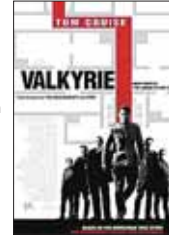
March 19

**The Great Ice Age** – The ice skating show "The Great Ice Age" world tour stops at the ARENA, Kurt-Leucht-Weg 11 in Nuremberg at 8 p.m. Figure skating stars, from world champions to Olympic gold medal winners will perform breathtaking routines. Ticket prices range from €30 to €80 and are available at the ARENA.

coming to  
THEATERS

VALKYRIE

(Tom Cruise, Kenneth Branagh) Colonel Von Stauffenberg is a loyal officer who serves his country all the while hoping that someone will find a way to stop Hitler. Realizing that time is running out, he decides that he must take action himself and joins the German resistance. Armed with a cunning strategy to use Hitler's own emergency plan – known as Operation Valkyrie – these men plot to assassinate the dictator and overthrow his Nazi government from the inside. Rated PG-13 (violence, language) 121 minutes



MARLEY & ME

(Owen Wilson, Jennifer Aniston) Marley is a yellow lab adopted by John and his wife Jenny. He wreaks havoc, gets kicked out of obedience school, yet Marley quickly becomes a rollicking force of nature in their lives. Rated PG (thematic material, suggestive content, language) 115 minutes

PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

March 5 - YES MAN (PG-13) 7 p.m.  
March 6 - STREET FIGHTER: THE LEGEND OF CHUN-LI (PG-13) 6:30 p.m.; VALKYRIE (PG-13) 9:30 p.m.  
March 7 - MARLEY AND ME (PG) 2 p.m.; VALKYRIE (PG-13) 5 p.m.; STREET FIGHTER: THE LEGEND OF CHUN-LI (PG-13) 9:30 p.m.  
March 8 - MARLEY AND ME (PG) 2 p.m.; VALKYRIE (PG-13) 5 p.m.  
March 9 - STREET FIGHTER: THE LEGEND OF CHUN-LI (PG-13) 7 p.m.  
March 10 - VALKYRIE (PG-13) 7 p.m.  
March 11 - MARLEY AND ME (PG) 7 p.m.  
March 12 - VALKYRIE (PG-13) 7 p.m.

Mannheim, Schuh

March 5 - SEVEN POUNDS (PG-13) 7 p.m.  
March 6 - FIRED UP (PG-13) 7 p.m.  
March 7 - MARLEY AND ME (PG) 2 p.m.; FIRED UP (PG-13) 7 p.m.; VALKYRIE (PG-13) 9:30 p.m.  
March 8 - FIRED UP (PG-13) 4 p.m.; VALKYRIE (PG-13) 7 p.m.  
March 9 - FIRED UP (PG-13) 7 p.m.  
March 10 - VALKYRIE (PG-13) 7 p.m.  
March 11 - FIRED UP (PG-13) 7 p.m.  
March 12 - MARLEY AND ME (PG) 7 p.m.

Vogelweh, Galaxy

March 5 - FIRED UP (PG-13) 7 p.m.  
March 6 - MARLEY AND ME (PG) 3:30 p.m.; STREET FIGHTER: THE LEGEND OF CHUN-LI (PG-13) 7 p.m., 10:30 p.m.  
March 7 - MARLEY AND ME (PG) 11 a.m., 3 p.m.; STREET FIGHTER: THE LEGEND OF CHUN-LI (PG-13) 7 p.m., 10:30 p.m.  
March 8 - MARLEY AND ME (PG) 11 a.m., 3 p.m.; STREET FIGHTER: THE LEGEND OF CHUN-LI (PG-13) 7 p.m.  
March 9 - MARLEY AND ME (PG) 7 p.m.  
March 10 - VALKYRIE (PG-13) 7 p.m.  
March 11 - STREET FIGHTER: THE LEGEND OF CHUN-LI (PG-13) 7 p.m.  
March 12 - VALKYRIE (PG-13) 7 p.m.

Ramstein, Hercules

March 6 - VALKYRIE (PG-13) 7 p.m.  
March 7 - MARLEY AND ME (PG) 7 p.m.  
March 8 - VALKYRIE (PG-13) 7 p.m.

Ramstein, Nightingale

March 5 - FRIDAY THE 13TH (R) 7 p.m.  
March 6 - FIRED UP (PG-13) 3:30 p.m., 7 p.m.; SEVEN POUNDS (PG-13) 10:30 p.m.  
March 7 - BEDTIME STORIES (PG) 3 p.m.; FIRED UP (PG-13) 7 p.m., 10:30 p.m.  
March 8 - YES MAN (PG-13) 3 p.m.; FIRED UP (PG-13) 7 p.m.  
March 9 - VALKYRIE (PG-13) 7 p.m.  
March 10 - MARLEY AND ME (PG) 7 p.m.  
March 11 - VALKYRIE (PG-13) 7 p.m.  
March 12 - FIRED UP (PG-13) 7 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238  
Schuh Theater, Mannheim, 0621-730-1790  
Galaxy Theater, Vogelweh, 0631-50017  
Hercules, Ramstein, 06371-47-5550  
Nightingale, Ramstein, 06371-47-6147

Visit [www.aafes.com](http://www.aafes.com) for updated listings and more movie descriptions

## community HIGHLIGHTS

### Shopping Center Gate Change

Through March 9, the Sixt Car Rental entrance is the exit gate at the Heidelberg Community Support Center while construction takes place on the normal exit. During this time, there will be no pedestrian traffic through the current exit gate, which is being upgraded. All pedestrians must enter the installation through the temporary exit at the Sixt Car Rental gate. When all construction is complete, patrons will be able to use the normal entrance and exit gates.

### Civilian Fitness Program

The Department of the Army-approved program is back. Civilians employed by the Army are encouraged to engage in regular program of exercise and other positive health habits. Commanders and supervisors may approve and allow for three one-hour exercise sessions each week during normal work hours for a total of 78 hours total over a consecutive six-month period of time. The next assessment period begins in March. Enrollments are in Heidelberg, 1-4 p.m. March 23 at Campbell Gym and 12:30-4 p.m. March 26 at the Wellness Center; in Mannheim 11 a.m.-1 p.m. March 25 at Sullivan Gym; in Kaiserslautern by appointment only (DSN 486-8614), 8 a.m.-4 p.m. March 26 at Landstuhl Fitness Center and 8 a.m.-2 p.m. March 27 at ROB Fitness Center. DSN 373-5139 or [wellness@usag.heidelberg.army.mil](mailto:wellness@usag.heidelberg.army.mil).

### UMUC Europe Spring Registration

University of Maryland University College Europe registration for Spring Session 2 is now underway. For on-site courses, registration is open until March 20 with classes beginning March 22. Students may register for online courses through April 5 with classes beginning April 6. A \$100 book award is also available for spouses of active-duty service members. [www.ed.umuc.edu](http://www.ed.umuc.edu).

### Passport Application Process

All passport applications must be filled out at [travel.state.gov](http://travel.state.gov) and printed out with a barcode on the top left corner of the front page of the actual application. The National Processing Center in the U.S. will not accept handwritten applications or those without the barcode. Bring the application and other necessary documents to the passport office.

## local EMPLOYMENT

### Tutors

Share your knowledge with the youth of Kaiserslautern. FMWR's SKIESUnlimited is seeking tutors for math, English, science, history and more. DSN 486-5412, civ. 06371-86-5412.

### ACAP Counselor

The Army Career and Alumni Program currently has openings for a part-time counselor with future interest in potential full-time employment in the Heidelberg/Mannheim area and a part-time counselor for the Stuttgart area. All applicants must have a master's degree, be computer literate, and have a minimum of two years' training in job assistance, career or employment counseling, teaching, training, or a related field. All applicants cannot be considered ordinarily resident and must have logistical support. DSN 370-7545, civ. 06221-57-7545 or [darla.huck@us.army.mil](mailto:darla.huck@us.army.mil).

### KAISERSLAUTERN Education

• **ACS Classes and Events** – Anger Management, 10 a.m. March 9 and 3 p.m. March 12; Boot Camp for Dads, 11 a.m. March 9; Resumix, 1 p.m. March 10; CAUSE Meeting, 6 p.m. March 10; Making Your Money Work for You, 9:30 a.m. March 11; Resumix, 9:30 a.m. March 12; HUGS Playgroup, 10 a.m. March 12; Sponsor Training, 10 a.m. March 12; Stress Management, 4 p.m. March 12; Couples' Communication, 6 p.m. March 12; Great IDEAS Meeting, 3 p.m. March 14. Reservations are required for most classes. DSN 493-4203, civ. 0631-3406-4203, [www.mwgermany.com/kl/acs](http://www.mwgermany.com/kl/acs).

• **Conversational German Classes** – Morning classes at Rhine Ordnance Barracks Education Center, levels 1-3, begin March 9. At Landstuhl Army Education Center, evening classes in levels one through three begin March 9. Classes last 10 weeks. Civ. 0631-72255.

• **Suicide Prevention Training** – USAG Kaiserslautern Commander Lt. Col. Mechelle Hale will host suicide prevention training for garrison Soldiers and civilians 1-5 p.m. March 11 at KMC Onstage on Kleber Kaserne, and 9 a.m.-1 p.m. March 12 at the Galaxy Theater on Vogelweh. This training is a part of the Army's new program that began Feb. 15 and aims to decrease the alarming number of Soldiers taking their own lives.

• **Sex Signals** – Sexual assault and awareness training 9 a.m. March 24 at Galaxy Theater.

### Community

• **Tax Centers** – The 21st Theater Sustainment Command's tax centers at Kleber Kaserne and Landstuhl Regional Medical Center are open for customers. Both centers take walk-ins or appointments.

• **New TKS Shop** – TKS Shop Einsiedlerhof opened March 3 between Ramstein and Vogelweh at Altes Forsthaus 2.

• **Spring Bazaar** – Shop more than 100 vendors from around the world, March 6-8 at the ROB Special Events Building. DSN 493-4184, civ. 0631-3406-4184, [www.mwgermany.com](http://www.mwgermany.com).

• **FRG Bowling Night** – The Headquarters and Headquarters Detachment, USAG Kaiserslautern Family Readiness Group hosts a bowling night for its members 5:30-7:30 p.m. March 9 at Vogelweh Bowling Center. E-mail [newsletterfrg@yahoo.com](mailto:newsletterfrg@yahoo.com).

• **VFW Meeting** – The Veterans of Foreign Wars Post 10614 will meet at 6:30 p.m. March 10 at Bldg. 368 on Rhine Ordnance Barracks. DSN 486-7516 or [wardtrans@yahoo.com](mailto:wardtrans@yahoo.com). Visit the Post 10614 Web site at [ktownvfw.org](http://ktownvfw.org).

• **AGBC** – The Kaiserslautern American German Business Club

will meet at 6:30 p.m. March 12 at the Hacienda Mexican Restaurant in Einsiedlerhof's Midway Plaza. Bring business cards, literature, product samples, etc. for networking. [kaiserslautern@agbc.de](mailto:kaiserslautern@agbc.de).

• **Women's History Month** – The Equal Opportunity Office hosts a 2009 Women's History Month luncheon 11:30 a.m.-1 p.m. March 17 at the Kaiserslautern Community Activities Center on Daenner Kaserne. This year's theme is "Women taking the lead to save our planet." Guest speaker will be Diane Devens, the Installation Management Command-Europe director. Tickets are \$10. DSN 493-4277.

• **American Legion Meeting** – The American Legion Post GR01 will hold a meeting 6:30 p.m. March 18 at Bldg. 368 on Rhine Ordnance Barracks. DSN 486-7516, [wardtrans@yahoo.com](mailto:wardtrans@yahoo.com), [www.ktownamericalegion.org](http://www.ktownamericalegion.org).

• **BOSS Meeting** – Better Opportunities for Single Service members meeting is 1 p.m. March 19 in Bldg. 2929 on Pulaski Barracks. DSN 493-4344.

• **Kleber Clinic Feedback** – The U.S. Army Health Clinic-Kaiserslautern on Kleber Kaserne wants to exceed all patients' expectations. Don't leave the clinic unhappy without giving the clinic NCOIC, chief nurse, or commander the chance to satisfy your expectations. The commander can be reached at DSN 483-6265, civ. 0162-2730099, or [charles.unruh@us.army.mil](mailto:charles.unruh@us.army.mil).

• **Volunteers Needed** – Army Community Service needs volunteers for the Special Olympics Spring Games May 6 at the German Police Academy in Enkenbach-Alsenborn. DSN 493-4062, civ. 0631-3406-4062.

### HEIDELBERG Education

• **ACS Classes and Events** – English as a Second Language is offered throughout the week. DSN 370-6883, civ. 06221-57-6883, [www.mwgermany.com/hd/acs](http://www.mwgermany.com/hd/acs).

• **Red Cross Classes** – Babysitter Training, 9 a.m.-5 p.m. March 7; Pet First Aid, 7-9 p.m. March 9; CPR AED, 8 a.m.-5 p.m. March 28. DSN 370-8711, civ. 06221-57-8711.

• **FAST Class** – Patton Education Center will conduct Functional Academic Skills Training 8 a.m.-noon March 17-April 6. DSN 373-6176.

• **Graduate Degrees** – The University of Oklahoma at Patton Education Center offers graduate degrees in human relations and international relations. OU's unique course format, online courses or independent study courses allow even working adults to pursue a graduate degree program. Summer 2009 registration began March 2. DSN 373-7919, [apheidelberg@ou.edu](mailto:apheidelberg@ou.edu).

• **Sex Signals** – Sexual assault and awareness training 9 a.m. March 23 at PHV theater.

### Community

• **BOSS Meetings** – If you are a single, unaccompanied or single-parent Soldier, BOSS wants you. Meetings are 4-5 p.m. every first and third Wednesday of the month, on Patton Barracks, Bldg. 104. [www.mwgermany.com](http://www.mwgermany.com).

• **Heidelberg International Wandering Club** – Join the HIWC at the following volkshochschulen: March 7-8, Queidersbach, Simmern and Reichstett. [www.hiwc.de](http://www.hiwc.de), [hiwc@yahoo.com](mailto:hiwc@yahoo.com).

• **Year of the NCO Run** – Community run to celebrate the Year of the NCO, 6 a.m. March 6 at the Patrick Henry Village Pavilion. All community members are invited to participate to honor noncommissioned officers.

• **Arts and Cultural Center Grand Opening** – Check out the full day of activities beginning at 11 a.m. March 7 to celebrate the grand opening of the new Arts and Cultural Center at the Patrick Henry Village Pavilion. DSN 388-9418, civ. 06221-338-9418, [mwgermany.com](http://mwgermany.com).

• **Arts and Cultural Center Exhibit** – Come see art pieces by Joseph Heeg at the Arts and Cultural Center Art Gallery beginning March 7. His depictions of Vietnam-era warships and planes gives his audience a reminder of the past and provokes a look towards the future. [www.mwgermany.com](http://www.mwgermany.com).

• **Healthy Recipe Challenge** – The Nutrition Care Branch at the Heidelberg Health Center is offering a healthy competition for National Nutrition Month. Enter your favorite side dish, salad or soup recipe for the chance to have your dish featured in the National Nutrition Month specialty meal at the end of the month. E-mail [karen.rowey@amedd.army.mil](mailto:karen.rowey@amedd.army.mil) for contest guidelines and to submit recipes.

• **Poetry Slam** – Check out Poetry Slam 7-8:30 p.m. every first Thursday of the month at the Arts and Cultural Center on PHV. It's a place for poets and poetry lovers to share, listen to and discuss poetry. Open to ages 17 and older. [www.mwgermany.com](http://www.mwgermany.com).

• **Library Closed** – The library on PHV will be temporarily closed March 24 and 31. For assistance on these days call DSN 370-1740, civ. 06221-57-1740.

• **Employee Assistance Program** – The EAP is staffed by experienced counselors who are available to discuss problems in a confidential, helpful manner. The program is designed to help you effectively address and overcome problems such as alcohol and other drug abuse, work and family pressures, and job stress which can adversely affect your

performance, reliability and personal health. DSN 370-1710, [derrick.copper@us.army.mil](mailto:derrick.copper@us.army.mil).

### MANNHEIM Education

• **ACS Classes** – Mannheim Orientation Spouses' Tour, 9 a.m.-2 p.m. March 9-11; Family Readiness Group Leader 101, 9 a.m.-noon and 5:30-8:30 p.m. March 10. DSN 385-3101, civ. 0621-730-3101.

• **Sex Signals** – Sexual assault and awareness training 2 p.m. March 23 at the Top Hat Club.

### Community

• **Tell Me a Story** – MES will host Tell Me a Story, 3 p.m. March 8. Brig. Gen. Jeffrey Smith Jr. will read "Mercedes and the Chocolate Pilot." Hands-on activities, snacks and a fun learning experience will be provided. Geared toward families with children between ages 4-12. Spaces are limited and by reservation only. [Mannheim-tmas@hotmail.com](mailto:Mannheim-tmas@hotmail.com).

• **CYS Closed** – All Mannheim CYS Services Programs will be closed March 13 due to mandatory training. DSN 385-3550, civ. 0621-730-3550.

• **Chapel Guest Speaker** – Mary Wertsch, author of "Military Brats," will be the guest speaker 6 p.m. March 17 at the Benjamin Franklin Village Chapel. All community members are invited. DSN 380-4347.

• **Orthodox Christian Services** – Orthodox Christian Chapel Services are at Coleman Chapel at 9:30 a.m. Sundays and 6:30 p.m. Wednesdays. Forgiveness Vesper Service, noon March 1. DSN 370-7307.

• **Protestant Women of the Chapel** – Meet at Ben Franklin Village Chapel 9-11:30 a.m. Thursday mornings and 6:30-8:30 p.m. Tuesdays. [Mannheimpw@yahoo.com](mailto:Mannheimpw@yahoo.com).

• **New SKIESUnlimited Classes** – Youth Technology, or Fischertchen; Arts and Crafts for ages 3-18; Cooking and Baking for ages 3-18; individual or group voice lessons for ages 4-18. DSN 385-2353, civ. 0621-730-2353.

• **Sullivan Library** – Scrapbook Club, noon-3 p.m. March 8 and 22; Film Screening, 4-5:30 p.m. March 8 and 22; Brown Bag Book Club, noon-1 p.m. March 10. DSN 380-1740, civ. 0621-730-1740.

• **Youth Services** – Ultimate Journey, 4-5 p.m. March 6. DSN 380-4864, civ. 0621-730-9997.

• **MCC Scholarships** – Mannheim Community Club is offering merit-based scholarships to college-bound high school seniors and to undergraduate students already enrolled and continuing their education. Applications are available in the Mannheim High School counselor's office, the Education Center, the Thrift Shop and at ACS. Completed applications must be postmarked by April 1 for consideration.



**Unit-level basketball tournament championship – V Corps goes back to back**

V Corps defended its title by defeating the 529th Military Police Company, 62-50 Monday night at Patton Fitness Center to win the unit-level double elimination tournament. Both teams will represent Heidelberg in the upcoming 2009 IMCOM-Europe Unit-Level Basketball Championship scheduled for March 12-15 in Mannheim. **Complete tournament results:** NATO 2 - 43rd Signal 0, MEDDAC 45 - 302nd MI 34, V Corps 40 - NATO 36, 529th MP Co. 34 - MEDDAC 33, 43rd Signal 39 - 302nd MI 33, MEDDAC 44 - NATO 42, V Corps 56 - 529th MP Co. 52, MEDDAC 42 - 43rd Signal 17, 529th 43 - MEDDAC 38.

# Colonels trump sergeants major



Photos by Sgt. Maj. Lisa Hunter

Sgt. Maj. Timothy Magee of Headquarters, U.S. Army Europe, bends over backwards to score on the Eagles as the sergeants major take on the colonels on the Patton Fitness Center court Feb. 24. The Eagles came out ahead three games to one. Speaking of the advanced age of the players, Col. William Gallagher, the Eagles' team captain said, "No one lost any teeth. A few players removed them before the game, but they found them again afterward."

## Volleyball action heats up in Heidelberg

By Sgt. Maj. Lisa Hunter  
USAREUR PUBLIC AFFAIRS

The Eagles tarnished the Chevrons in volleyball action Feb. 24 at Heidelberg's Patton Fitness Center, pecking out a three-game to one win in what is sure to be the start of a grudge match between the two teams.

The Eagles, colonels assigned to V Corps Special Troops Battalion, HHC, U.S. Army Europe, and Installation Management Command-Europe, accepted the challenge of the Chevrons, the sergeants major from the aforementioned units.

"Knowing the colonels, they probably practiced for months, published an operations order and laid out a sand table to prepare for this match," said Command Sgt. Maj. Sal Katz Jr., of the V Corps Special Troops Battalion, who coordinated the match.

The Chevrons came on strong in the first game, possibly getting a false sense of security with their 25-9 win.

In the second game, the Eagles quickly tightened their strategy and rallied back for a narrow 27-25 win. The unexpected turn of events took a toll on the Chevrons as the Eagles secured their second win, 25-16.

But the Chevrons weren't about to be dismissed. They rallied back in the



Command Sgt. Maj. Sal Katz Jr., of V Corps Special Troops Battalion, sets up a pass to Sgt. Maj. Timothy Magee.

fourth game, taking an early lead, but were unable to hold on for the win. The Eagles won the fourth game, 25-23.

The Chevrons' defeat at the talons of the Eagles was an upset. The Chevrons boasted not only a strong first string of players, but also a sound bench of second- and third-string

players. The Eagles, on the other hand, had barely enough players to field a team. But that strategy – if it was an intentional strategy – worked well for the Eagles. What they lacked in finesse, they made up for in determination.

"The Eagles won, although outnumbered, because they had a chaplain and two lawyers on their side," explained Col. Robert Ulsen, commander of U.S. Army Garrison, Baden-Württemberg.

"Having a chaplain on your team is a combat multiplier," added Col. William Gallagher, deputy chief of staff for USAREUR/7th Army.

The Eagles strutted away from the match with a two-foot high, gold-plated trophy cup and bragging rights. But, the Eagles proved to be gracious winners.

"It was an honor to play volleyball with several others who were actually alive when the game was invented," Gallagher said, poking fun at the advanced ages of both teams' players.

But the scrappy sergeants major are already preparing for the next time.

"The Eagles got lucky this time, but we'll be ready for the rematch," said Sgt. Maj. Tim Magee, one of the Chevrons' star players. Magee is assigned as the 7th Army/US Army Europe Operations Communications Information Systems sergeant major.

### staying ACTIVE

**Send the HP Your Sports Photos**

Do you have photos from sporting events in your community – youth sports, high school sports, unit-level or community sports? Share them with the Herald Post. E-mail your photos, along with the details of the event and names of those pictured to [usaghd.post@eur.army.mil](mailto:usaghd.post@eur.army.mil) within one week of the event.

**Wrestling Championships**

The U.S. Forces Europe Men's and Women's Greco-Roman and Freestyle wrestling championships will be conducted at Kaiserslautern's Miesau Fitness Center March 7-8. This event is open to all military ID card holders. Register: DSN 493-2088 or e-mail [Thomas.D.Dennis@eur.army.mil](mailto:Thomas.D.Dennis@eur.army.mil). Military wrestlers may register and compete on site.

**Volleyball League**

Join the Heidelberg community volleyball league, which is open to all military units and recreational players. Register at 6 p.m. March 9 at Patton Fitness Center. All participants must be at least 18 years old, not in high school or equivalent, and authorized to use FMWR facilities. Register as a unit, team or individual. DSN 373-8032, civ. 06221-17-8032, [www.mwgermany.com](http://www.mwgermany.com).

**Youth Sports Registration**

Spring season sports registration in Mannheim is happening through March 13 for baseball (ages 3-18), girls softball (ages 10-15) and soccer (ages 3-15). DSN 385-2750, civ. 0621-730-2750.

**Bowling Tournament**

A nine-pin, no-tap bowling tournament will be held March 28 at the Heidelberg Bowling Center on Patrick Henry Village. The \$20 per person entry fee includes three games of bowling, shoe rental and a pizza lunch. Prizes will be awarded to the first- and second-place teams: men's and women's high game; and men's and women's high series. The tournament is open to the first 24 four-person teams. Registration is now open. DSN 379-9435, [bruce.mersereau@us.army.mil](mailto:bruce.mersereau@us.army.mil); or DSN 370-7891, [timothy.magee@us.army.mil](mailto:timothy.magee@us.army.mil).

**Bowling Tournament in Stuttgart**

The Germany Alumni Chapter of Kappa Alpha Psi Fraternity, Inc. will hold a bowling tournament March 27-29 at the Galaxy Bowling Center, Panzer Kaserne, Stuttgart. Donations/Registration \$30 before March 15; after \$35 per participant/event. Civ. 0175-581-8828.

**Golf Tournament**

Play in the Heidelberg Golf Club Masters Tournament April 12. Registration deadline is April 5. The Masters is an 18-hole stroke play event. Prizes will be awarded to places based on participation in each flight. The entry fee is \$40 (plus applicable green fees) and the tournament is open to those with verifiable handicaps. [www.mwgermany.com](http://www.mwgermany.com) or [www.heidelberggolf.com](http://www.heidelberggolf.com).

**Community Softball Tryouts**

Join the Kaiserslautern community softball league. Men's tryouts will be held at KAD Sports Field on Daenner Kaserne, and women's tryouts will be held at Rhine Ordnance Barracks Gym at 6:30 p.m. March 19 and 26 and at 1 p.m. March 21 and 28. Coaches are also needed. DSN 493-2087, civ. 0631-3406-2087, [usaaghsports@eur.army.mil](mailto:usaaghsports@eur.army.mil).