

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

D-Day: 65 years later



Photos by Sgt. Fay Conroy

Staff Sgt. Wilton Jones, a supply sergeant with the 230th Military Police Company, 95th Military Police Battalion, slaps hands with a local child from Sainte Mere Eglise, France, Sunday while playing a game of football. Jones and several hundred other Soldiers are in Sainte Mere Eglise as part of Task Force Normandy 65, providing support for the 65th anniversary of D-Day.

18th MPs lead the way in France

By Spc. Adrienne Killingsworth
18TH MP BRIGADE PUBLIC AFFAIRS

NORMANDY, France – When it comes time to honor the Soldiers, Sailors and Airmen who fought and died supporting the D-Day invasion of Normandy, France, 65 years ago, there will be thousands who flock to the shores of Utah Beach and Omaha Beach to pay homage to the bravery and sacrifice of these heroes.

To justly honor these troops, the 18th Military Police Brigade was designated to plan, coordinate and conduct all U.S. support to the Normandy ceremonies commemorating the 65th

see CEREMONIES page 16

21st TSC prepares living quarters for 700

21st TSC Public Affairs

SAINTE MERE EGLISE, France – Soldiers and contractors from the 21st Theater Sustainment Command began arriving in Sainte Mere Eglise, France, two and a half weeks ago to set up the living area for the hundreds of Soldiers who will support the 65th commemoration of D-Day.

June 6, 1944, the allies landed on the beaches of Normandy in what is now known as D-Day.

Sainte Mere Eglise was the first town in western Europe to be liberated by the allies.

In order to get the living support area at Sainte Mere Eglise ready for the hundreds of Soldiers arriving from Germany, Italy and the United States to support the services in honor of D-Day, it took a lot of coordination between the Soldiers, contractors and the locals.

“There was a lot of cooperation between the German contractors, the French citizens here and the Soldiers,” said Sgt. 1st

see LIVING AREA page 16



Sgt. Rachid Lamrissi, the prescribed load laborer noncommissioned officer in charge at the life support area, helps set up cots in one of the male tents at the Task Force Normandy 65 LSA, Sainte Mere Eglise, France, May 27. The LSA will be able to accommodate 700-800 Soldiers, who will be arriving to support the events honoring the 65th anniversary of D-Day.

HP THURSDAY
June 4, 2009

Speed Read

EARLY HP NEXT WEEK

Because of the German holiday Thursday, the Herald Post will be published Wednesday next week.

GET CONNECTED

The B2now virtual community is available to connect members of the Heidelberg, Kaiserslautern and Mannheim communities to each other and what's happening throughout USAG Baden-Württemberg. 2

\$30 MILLION

The communities in USAG Baden-Württemberg are set to receive approximately \$30 million to help fund building and infrastructure maintenance and renovation. 3

HEIDELBERG BOSS

The Heidelberg Better Opportunities for Single Soldiers program has been busy lately with dinner at the USAREUR commander's house, a trip to Spain and an evening with "the Dating Doctor." 4



ASIAN PACIFIC HERITAGE

The Kaiserslautern community celebrated Asian Pacific American Heritage Month with an event featuring a variety of dance and musical demonstrations. 6

SURVIVING CANCER

A USAG Baden-Württemberg civilian employee tells how her battle with breast cancer changed her life. 14

Defense Details

45 MILITANTS CAPTURED

Iraqi and coalition forces captured 45 suspected militants and killed one during operations Sunday in Kirkuk, Iraq, military officials said. Combined forces killed the suspected terrorist and wounded another while attempting to arrest them during an operation in Kirkuk. In the largest detention mission since the U.S. unit and Kirkuk city police began joint operations in February, the troops captured detainees suspected of supporting crimes such as high-profile terrorist attacks against civilians and Iraqi forces, extortion, kidnapping and drug sales, military officials said.

Army news: www.army.mil
Defense news: www.defenselink.mil

What's Inside

Our Army Around the World	10
Leisure.....	17
Dear Ms. Vicki	18
GET OUT!	19
Movies	19
Announcements	20
Sports.....	21

LEGAL ASSISTANCE

Should I cosign a loan?

Patton Law Center Legal Assistance Office

What would you do if a family member or a good friend asked you to cosign a loan? Before you decide, wouldn't it be a good idea to have some understanding of what cosigning a loan means?

First, as a cosigner you are guaranteeing the loan. If the borrower does not pay the debt, you will have to pay it. In addition to repaying the loan balance, you also may have to pay any fees or penalties that have accrued.

The creditor can collect the debt from you without first trying to collect from the borrower. If the debt is in default, that fact could become part of your credit report.

Some studies suggest that as many as 75 percent of co-signed loans result in the creditor requesting repayment from the cosigner. Remember, if the borrower is required to obtain a cosigner before a loan can be secured, you, as the cosigner, are being asked to take a risk a professional lender would not take.

If you do cosign a loan, make sure you can afford to pay the loan if necessary. Before you pledge any property, such as a house, car or furniture, to secure the loan, make sure you understand the consequences. If the borrower subsequently defaults, you could lose your pledged property.

Ask the lender to agree, in writing, to notify you if the borrower misses a payment. This will give you the opportunity and time to deal with loan problems before you are required to repay the entire loan balance or it is reflected adversely on your credit report. Make sure you read all the documents regarding the loan and retain copies of these documents. You may need these important papers if a dispute later arises.

Don't hesitate to contact your nearest legal assistance office if you have issues or problems in this area. Each state has its own rules and policies regarding cosigning loans and a legal assistance attorney can help you understand your rights and obligations.

COMMENTARY

Join the virtual conversation going on in the BWnow online community

By Kelli Bland
HERALD POST EDITOR

Want a recommendation for a good doctor on the economy or a great restaurant to satisfy that Mexican craving you've had lately? How about where to leave your dog when you want to take that beach vacation or what to do with your extra household items before you PCS?

Now you can ask the community your burning questions about overseas life online. Hundreds of people from around Heidelberg, Kaiserslautern and Mannheim have already joined the BWnow virtual community, a social networking site designed to connect you to others who are enjoying the overseas experience.

At <http://myBWnow.ning.com>, you will find blogs written by local garrison commanders as well as normal everyday people living in your community. Feel free to share your own thoughts on life in your community or give your opinion about your latest vacation spot.

You can join groups to connect with people who have the same interests as you. There are

already groups for lovers of dogs, movies, literature, sports and vegetables – but if none of these spark your interest, you can create your own.

If you like Facebook and MySpace, you'll feel right at home on the BWnow network. The difference is that most of you probably use social networking sites to keep in touch with your friends back home and around the world; BWnow is an opportunity for you to connect with the people in your own back yard – the ones who are experiencing the same joys and hardships you are while living overseas.

If you've ever had trouble figuring out what to do on the weekend, BWnow can help you there, too. It has an extensive list of on and off-post events that you can search by date, topic or keyword. If you know of something happening in your town, you can add it to the list to let others know as well.

Share photos, make friends, find out how others are surviving away from home, and learn about the people you live, work and play with on a regular basis.

Through June 28, Heidelberg community members can even upload a two-minute video to show their overseas experience to others and have a shot at winning a digital camera at the Heidelberg Fourth of July celebration. BWnow and Family and Morale, Welfare and Recreation have teamed up to bring "The Reel Life: Heidelberg" to the virtual community so others can see what life is like here.

Now is the time to get online and discover the virtual community for yourself.

Visit <http://myBWnow.ning.com> to become a member.



Join the virtual community today
<http://myBWnow.ning.com>

BLOG ROLL

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

Summer time is here and that means PCS season, new arrivals, and many questions. If you're an "old timer" here, I'm asking you to join me in welcoming our new residents and making them feel like they're part of the community. That could be as simple as taking the time to answer some questions, telling them where to look to find out what's going on in the Heidelberg Community (such as getting them to join BWnow), or even giving them

a ride to work when you see them waiting for the shuttle bus in the morning.

-Lt. Col. Robert White, USAG Heidelberg Commander

Ever wonder why a gallon of milk is more expensive at the shoppette than commissary? Ever wonder if the PX will match or beat the price of a product you find on the economy? Ever wonder what to do about a pet owner who doesn't control

his/her pet? Ever wonder what to do about a parent who doesn't control his/her child? These were just a few of the questions posed to the USAG Mannheim staff at a recent town hall. It was by far the best forum I've participated in since I arrived in 2006. Everyone left a lot more informed and many of the issues that were brought to the table are already in the process of getting resolved.

-Lt. Col. Jeffrey Fleischer, USAG Mannheim Commander



Commander, U.S. Army Garrison
Baden-Württemberg:
Col. Robert J. Ulse
Public Affairs Officer:
Lira Frye
Editor:
Kelli Bland
Reporters:
Jason L. Austin, Baden-Württemberg
Christine June, Kaiserslautern
Kristen Marquez, Baden-Württemberg
Webmeister:
Juan Meléndez Jr.

Contact information:
Herald Post
Building 107, Patton Barracks
373-7277/7243 or 06221-17-7277/7243
usaghd.post@eur.army.mil
Baden-Württemberg Public Affairs
373-1400/1600 or 06221-17-1400/1600
usaghd.pao@eur.army.mil
Kaiserslautern Public Affairs
493-4072 or 0631-3406-4062
usak.pa1@eur.army.mil
Mannheim Public Affairs
380-1600/385-3369 or 0621-730-1600/3369
usagmpao@eur.army.mil

Advertising:

All requests for advertising must be made to the publisher's sales office at Schwetzingenstrasse 54, Heidelberg-Kirchheim, telephone 06221-603039; fax 06221-603078; www.hp-ads.de.

The Public Affairs Office and Herald Post staff may not accept advertising.

The Herald Post is published by Adolf Deil GmbH & Co. KG, a private firm in no way connected with the Department of the Army, under exclusive written contract with the U.S. Army Garrison Baden-Württemberg. This commercial enterprise newspaper is an authorized publication for members of the U.S. Army overseas. Contents of the Herald Post are not necessarily official views of, or

endorsed by, the U.S. government, Department of Defense, Department of the Army or the USAG Baden-Württemberg.

Appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the U.S. government, Department of Defense, Department of the Army, the USAG Baden-Württemberg, or Adolf Deil GmbH & Co. KG of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and

provided by the USAG Baden-Württemberg Public Affairs Office.

Printed circulation: 17,000.

The Herald Post offices are in Building 107, Patton Barracks, Heidelberg. Military address: Herald Post, PAO, U.S. Army Garrison Baden-Württemberg, Unit 29237, APO AE 09102. Civilian address: Herald Post, Patton Kaserne, Gebäude 107, Kirchheimerweg 4, 69124 Heidelberg. E-mail address: usaghd.post@eur.army.mil.

Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

Communities to receive \$30 million for maintenance and renovation

By Jason L. Austin
HERALD POST STAFF

The Installation Management Command is transferring approximately \$30 million into U.S. Army Garrison Baden-Württemberg coffers within the next month to help the garrison fund building and infrastructure maintenance and renovation.

The money, which is considered sustainment, revitalization and modernization, or SRM, funds, will be used to support Army transformation in Europe and to improve utility infrastructure.

"We typically don't get a lot of additional funds outside our original allocation at the start of the fiscal year, so this was kind of like a surprise to us," said Richard Glass, DPW facilities manager, USAG Baden-Württemberg.

The money will be divided among the garrison's communities with Kaiserslautern receiving the bulk of the funds, which are an indirect result of the American Recovery and Reinvestment Act of 2009 passed in February.

"The money we're getting is not a direct result of the stimulus package," Glass said. "But, it's a domino effect – the stimulus package was used to fund additional projects in the states and IMCOM took the opportunity to reallocate some of their usual funds."

Of the total amount, Kaiserslautern is receiving \$22 million, which will be used to "repair and renovate facilities before new units move into K-town," Glass said.

"Kaiserslautern is a large community – and as of now the only enduring community in USAG Baden-Württemberg footprint – so it only makes sense they would get a larger portion of this money," said Col. Robert Ulses, USAG Baden-Württemberg commander.

The Germersheim Army Depot, an enduring installation, will receive \$3.1 million of USAG Heidelberg's \$4.5 million share; USAG Mannheim will receive \$1.3 million; and \$1.2 million will go to Darmstadt to fund close-out projects.

USAG Baden-Württemberg is still financially responsible for Darmstadt for fiscal year 2009, despite the community's closure last fall.

Nearly \$9 million has already flowed to the communities, and some work has been completed because the garrisons have front-funded projects and are being reimbursed for those expenses.

As an example, USAG Mannheim pre-financed the repair and renovation of the Coleman Confinement Facility, and has been reimbursed \$570,000, Glass said.

"This money reimburses them for those projects that they can use on other last-minute year-end type things," said Glass, adding that the money must still fall under SRM guidelines, meaning they must spend the money to do maintenance and repair of buildings and property and pay utility bills.

The approximately \$30 million will fund about 51 total projects ranging from a new roof at School Age Services in Mannheim; solar panels on warehouses at the Germersheim Army Depot; second-floor fire exits on Kilbourne Kaserne and funding the final phase of the Patrick Henry Village Plaza project.

"These SRM funds allow us to provide better facilities to our Soldiers, civilian employees and their family members to live, work and play in, while furthering the transformation goals of the Army in Europe," Ulses said.

Invention Convention



Lisa Frye

Fourth-grader Nathan Bell demonstrates the mechanism on his Green Hamster Light during Patrick Henry Elementary School's Invention Convention. Nearly 130 students participated in Friday's event, featuring inventions from Cleat Cleaners to Convenient Closets. Throughout the day, students and parents toured the convention. The inventors pitched their concepts and gave out business cards to prospective parent buyers. See more photos online at www.flickr.com/heraldpost.

Heidelberg chaplain's assistant named IMCOM-Europe Soldier of the Year

By Tom Saunders
IMCOM-EUROPE PUBLIC AFFAIRS

A military policeman from Stuttgart and a chaplain's assistant from Heidelberg were recognized as the best of the best during the Installation Management Command-Europe 2009 Noncommissioned Officer and Soldier of the Year awards ceremony May 28 at Campbell Barracks in Heidelberg.

Staff Sgt. Ronald White, U.S. Army Garrison Stuttgart, and Spc. Jason Boatwright, USAG Heidelberg, were named as the command's top NCO and Soldier, respectively, during the ceremony, which also paid tribute to the Army's 2009 Year of the NCO by adopting the theme: "Year of the NCO – Leading by Example."

"This type of competition helps you keep that competitive edge and shows how committed you are," said Diane Devens, IMCOM-Europe region director, to the group of 13 NCO and Soldier competitors.

This year's event provided numerous trivia factoids:

•Both winners are California natives, with White hailing from Stockton and Boatwright from Madera;

•This is the third-straight year USAG Stuttgart claimed the NCO title with Staff Sgt. Edmund Whipple winning in 2008, and Staff Sgt. Christopher

Allison winning in 2007;

•Both winners cited this year's theme – Leading by Example – as something their home station leaders and NCOs do every day.

"On a day-to-day basis, NCOs are the driving force behind the Army. My NCOs were behind me every step of the way," White said. "The pushed me in every capacity possible, but they were with me every step of the way."

Referring to the three days of actual competition at USAG Grafenwöhr earlier this month, White said, "During the competition's road march, my sponsors both did the road march with me." Twelve miles carrying a heavy ruck sack, he emphasized.

Boatwright thanked his previous and current NCOs and leaders, saying, "With my NCOs it's not just about work. They have an interest in my life and family and well being."

"They don't just 'push' me in a direction, they lead me in the right direction. They have laid out for me what I need to do to be successful."

White and Boatwright also both commented on the camaraderie displayed among NCOs and Soldiers during the competition.

Boatwright thanked his USAG Heidelberg leadership then thanked the other competitors who he said "lifted each other up" and encouraged



BOATWRIGHT

each other throughout the competition despite trying to out-do each other.

Watching on during the ceremony was Boatwright's wife, Victoria, and his 13-month-old son, Jason Jr. While little Jason seemed to enjoy chewing on munchies and a flip flop, Victoria sat pensively.

"We were nervous ... but confident," Victoria said. "He worked hard, he studied and, in my opinion, he definitely deserves this."

The competition began at Grafenwöhr earlier this month where participants underwent a comprehensive evaluation of skills ranging from physical fitness to military knowledge, including land navigation exercises, weapons qualification and written exams.

The two region selectees now will represent IMCOM-Europe at the Military District of Washington competition scheduled for next month at Fort A.P. Hill, Va.

In attendance at the event were Gen. Carter Ham, U.S. Army Europe commanding general, and garrison commanders, senior enlisted leaders, Soldiers and IMCOM-Europe representatives from throughout Europe.

Heidelberg BOSS offers variety of activities for local troops

By Kristen Marquez
HERALD POST STAFF

Eating dinner at a four-star general's house is not an everyday occurrence for most young Soldiers.

Some from the Heidelberg Better Opportunities for Single Soldiers, however, recently got the experience, thanks to Gen. Carter F. Ham, U.S. Army Europe and 7th Army commander, and his wife, Christi, some family readiness group leaders and the Cheap Eats program.

"It was a huge honor to be able to have our 19th Cheap Eats at Gen. Ham's residence," said Spc. Meagan Iafelice, U.S. Army Garrison Heidelberg BOSS president.

"Being a Soldier in the Army, you don't always have opportunities to experience these kinds of things, nor be able to say that you have been in a four-star general's home and talked with them outside of duty hours," she said. "It shows Soldiers that there are real people outside the Army uniform that we would have never thought."

The Cheap Eats program is held monthly by FRG leaders from V Corps, USAREUR and 7th Army. It was started almost two years ago as a way to help teach single Soldiers easy ways to cook and eat healthy meals while living in the barracks.

"Cheap Eats is a great pro-



Master Sgt. Darrin Domko, V Corps, teaches a group of Heidelberg community members to country line dance outside Gen. Carter Ham's home as part of the Better Opportunities for Single Soldiers program's Cheap Eats Wild West Barbecue night May 28.

gram because it allows Soldiers and families to build friendships with both peers and other members of the community who share a love of food," said Lana Barshinger, family readiness support tech for USAREUR and 7th Army. "It literally puts into practice the concept of 'family' by bringing people together who would likely not connect any other way."

Cheap Eats has come a long way from its humble beginnings to the Wild West Barbecue at the Ham's house on Campbell Barracks.

"It seems to me that there is a real need in today's Army for the older generation of Soldiers and spouses to intentionally mentor the next generation of Soldiers and

spouses," Barshinger said. "Unfortunately, this rarely happens. Cheap Eats has provided a wonderful opportunity to do just that. Through food and fun, relationships have developed that are lasting and even life-changing."

The BOSS program has other activities for single Soldiers to participate in, according to Iafelice. Recently, Heidelberg's program won "Best Event for Medium Garrison" at the Installation Management Command-Europe BOSS Conference, for its Make-a-Difference Day activities.

One group of BOSS participants recently returned from a Memorial Day weekend trip to Costa Brava, Spain.

"I would have to say that the

Spain trip was a great turnout," Iafelice said. "We had two buses full of BOSS Soldiers from Heidelberg. Ansbach BOSS also came with us on our trip, so it was great for us to socialize and network."

Iafelice said she knows what it's like to be a new, young Soldier arriving in Germany – feeling homesick, alone and friendless.

"When I heard about the BOSS program, at first I was hesitant to get involved because I felt like it was just another program, and I had heard negative things about it," she said. "But once I actually decided to get involved, I realized that BOSS has a lot to offer to single Soldiers. There are opportunities to volunteer with the community, take

recreation/leisure trips, and to also help earn money for a program that is thriving every day."

BOSS finds out which places Soldiers want to go, and finds prices that anyone can afford, according to Iafelice.

On May 27, BOSS welcomed "the Dating Doctor," David Coleman, to Patrick Henry Village to speak to single Soldiers and community members interested in dating advice.

Coleman spoke to audience members about bad pick-up lines, online dating and how to show someone you are truly interested, even from across a crowded room, among other things. He then visited the youth center and answered questions from high school-aged students.

"Since volunteering with BOSS, I have learned that there is so much that can be done around me that will better me as a Soldier and as a person," Iafelice said. "I'm helping out while giving back to the community that I take from every day. I'm also earning volunteer hours that can be used for awards and promotion points."

Iafelice, Barshinger and Jill Connert, another FRG leader who played a big role in Cheap Eats, are all moving in the coming weeks. But, BOSS will welcome a new president soon – Spc. William Perkins – who said he has big plans to help BOSS continue to grow.

21st TSC Soldiers test skills on German weapon systems

By Sgt. Frank Sanchez III
21ST TSC PUBLIC AFFAIRS

IDAR-OBERSTEIN, Germany – Soldiers from the 21st Theater Sustainment Command tested their skills with two different German weapon systems during a German military marksmanship range or Schützenschnur May 27 just outside the city of Idar-Oberstein.

The Soldiers from the German Joint Support Command trained and certified more than 50 Soldiers from the Special Troops Battalion, 21st Theater Sustainment Command on the German P8 9mm pistol and the MG 3v 7.62mm machine gun.

"The German Soldiers were real friendly and real patient with us," said

Sgt. Ryan Buerger, a human resource specialist for the 21st TSC. "They were very informative about the weapons, about how their mechanics and how to engage the targets."

The Schützenschnur award consists of a silver-colored rope with a round metal badge near the top of the rope. The center of the badge displays the German eagle surrounded by a wreath of oak leaves, which is a symbol of the Bundeswehr, the armed forces of the Federal Republic of Germany.

The relationship of conducting the Schützenschnur dates back to 1996 where there is a continuing partnership with the former German Army Support Command and then the 21st Theater Army Area Command, which was the predecessor to the 21st Theater




Pfc. Julana Chestang, a signal support specialist from the 21st Theater Sustainment Command, stares down the sight of German P8 9mm pistol alongside Pfc. Nick Grunwald, a German Bundeswehr range instructor from the Joint Support Command during a Schützenschnur in Idar-Oberstein May 27.

Support Command and the current 21st Theater Sustainment Command.


More than 50 U.S. Soldiers took part in the partnership range, which lasted all day and concluded with a barbecue for everyone who participated. A brief ceremony was held at the end of the

day to award the Soldiers who earned their Shützenschur badges.

"As an American Soldier being stationed in Germany, we are in their home country, and it is important for us to maintain a good relationship with the host country," Buerger said.



Who's Who
Get to know your community



LOTHAR KOLBACH
Lothar Kolbach is a pharmacist at the Heidelberg Health Center. As part of his job, he orders pharmaceuticals and is responsible for the professional destruction of expired medications.

What made you decide to go into your field?
It was always my intention to do a job where I have the ability to help people. It is very satisfying that I can make other people's lives easier.

What do you like most about your job?
It is the fact that I can work very independently. I know what needs to be done, but the way to do it is up to me.

What type of sports do you play?
I play volleyball and tennis. To stay in good shape, I go cycling and jogging.

Do you do any volunteering?
I'm the vice president of a handicap sports club in Kaiserslautern, and I've been in charge of the physical education of the handicapped people for more than 20 years.

What is your favorite quote?
Actions speak louder than words.

Do you have a personal motto?
Enjoy the present and wait to see what the future will bring.

Nominate a community member

If you would like to nominate someone in the community to be featured in the "Who's Who" column, e-mail the person's name, contact information and a brief description to usaghd.post@eur.army.mil.

Single Soldier Day



Spc. Ottonio Fletcher, from Headquarters and Headquarters Detachment, 21st Theater Sustainment Command, tries to hit the mark in the Bungee Race Friday at the U.S. Army Garrison Kaiserslautern's Better Opportunities for Single Service members Single Soldier Day at Pulaski Park on Pulaski Barracks. More photos are available online at www.flickr.com/heraldpost.

Kaiserslautern celebrates Asian Pacific American heritage

By **Sgt. Frank Sanchez III**
21ST TSC PUBLIC AFFAIRS

Soldiers, civilians and family members from the Kaiserslautern military community celebrated Asian Pacific American Heritage Month May 28 in the Kaiserslautern Community Activities Center in order to continue a tradition that goes back at least a century.

The 21st Theater Sustainment Command hosted this year's event by arranging an event-filled ceremony that displayed a wide variety of events ranging from dances, martial arts and even a ukulele concert from several local organizations around the Army and Air Force community.

Linda Pangilinan, U.S. Army Garrison Kaiserslautern Civilian Personnel Advisory Center, and Master Sgt. Garrett K. Gardner, 21st TSC Equal Opportunity advisor, helped welcome all the guests and participants to the event.

"If one thing we have learned from

the lessons of the past is that color, race, gender, cannot be used as a gauge or discriminator when predicting honor, dedication and service," said Command Sgt. Maj. Micheal Clowser, senior enlisted advisor to the Falcon Observer Controller Team, Joint Multinational Readiness Center in Hohenfels.

Performances were given by the Ukulele Boys, Michele Camacho and the Thai Dancers, and a martial arts demonstration was given by the 435th Morale, Welfare and Readiness youth programs.

"This event lets the military community know that we are filled with diverse culture," said Pangilinan about the importance of holding this kind of event.

The month of May was chosen to commemorate the immigration of the first Japanese to the United States May 7, 1843, and to mark the anniversary of the completion of the transcontinental railroad May 10, 1869.

President George H.W. Bush signed



A martial arts demonstration was given by the 435th Morale, Welfare and Readiness youth programs for the Asian Pacific Heritage Month ceremony that was held at the Kaiserslautern Community Activities Center May 28.

an extension making the weeklong celebration into a monthlong celebration. In 1992, the official designation of May as Asian Pacific American Heritage Month was signed into law.

Asian Pacific American Heritage Month is celebrated in May to commemorate the contributions of people of Asian and Pacific Islander descent in the United States.

Most pets are importable stateside

EUCOM Customs and Border Clearance Agency

People moving stateside this summer may take most types of pets with them if they plan ahead. However, endangered species laws prevent people from taking some turtles, birds and reptiles to the United States.

"Dogs must be free of disease and be vaccinated against rabies at least 30 days before they reach the USA," said Bill Johnson, director of the U.S. European Command's Customs and Border Clearance Agency. "Puppies younger than 3 months and dogs in rabies-free areas such as the United Kingdom are exempt, however," he added. Unvaccinated dogs will be inoculated on arrival and confined for 30 days at the owner's expense. Cats must show no signs of disease, and rabies vaccination is required in most states.

People wanting to ship pet birds should consult the USDA Web site for the latest information on shipping birds as the procedures may change at short notice due to avian flu. The address is www.aphis.usda.gov/import_export/animals/nonus_pet_bird.shtml.

Hawaii is the only place in the USA that is permanently free of rabies. Personnel PCSing to the Aloha State should check with the Hawaii Department of Agriculture Web page to find out about their special quarantine requirements for pets at <http://hawaii.gov/hdoa/ai/aqs/info>.

For more information on shipping pets and endangered species legislation from the "Pets, Wildlife" pamphlet, visit a military customs office or consult the CBCA Web site at www.hqusaecur.army.mil/opm/pets.htm.

Spaces are still available for Camp A.R.M.Y. Challenge

IMCOM-Europe Public Affairs

Children of deployed service members in Europe can still apply for residential summer camps filled with specialized instruction ranging from culinary classes, soccer, track and field and basketball.

Camp A.R.M.Y. Challenge is designed specifically for teens and middle-school children and is hosted by Installation Management Command-Europe Morale, Welfare and Recreation.

Camp A.R.M.Y. Challenge – the acronym stands for Adventure, Resilience, Memories, Youth – is set for June 15-20 and offers not only a welcome break from the family stresses of deployment, but also "provides a perfect venue for kids to have fun and learn at the same time," said Joe Marton, Child, Youth and School Services program specialist for IMCOM-Europe. And the program aims to build social skills, Marton added, "that can be used for a lifetime."

Middle-school and high-school students currently in grades 6-12 whose active-duty parents have deployed or will deploy between June 1, 2008, and March 1, 2010, are eligible to apply.

Although the camp is hosted exclusively by IMCOM-Europe Child, Youth and School Services, the camp will have some spaces open to children whose deployed moms or dads belong to the Air Force, Navy or Marine Corps.

Students having just completed eighth grade are considered an eighth-grader for attendance and may only apply to the middle-school camp sessions.

CAC, which will be held in Germany, will focus on basketball, culinary arts, soccer and track and field. Plus all of the campers will participate in an outdoor adventure program (such as hiking, climbing and canoeing) and healthy living classes. "We want the experience to be educational and entertaining," Marton said.

Dylan Smith, a participant in last year's sports camp, said he welcomed the sharp coaching, which, he believes, elevated his soccer game. "The instructors really pushed fundamentals. They encourage you to have fun, to loosen up and to not be so hard on yourself."

For those interested in applying, a non-refundable \$50 camp registration fee is required when a child is selected to attend the camp. The fee reserves a slot in an assigned session.

Central bus pick-up points will provide transportation to the camps; however, Marton stressed that individualized transportation will not be funded, with families being responsible for getting their sons or daughters to central bus pick-up points.

Complete information details and application forms – which will be accepted only online – are available at www.mwr-europe.com.

AFN Europe changes command

Col. Scott Malcom, outgoing American Forces Network Europe commander, stands with Col. Mary Anne Cummings, Defense Media Activity, and incoming AFN Europe Commander Col. William Bigelow during a change-of-command ceremony Friday at Coleman Barracks in Mannheim. Bigelow's previous assignment was as the director of training at the Defense Information School. Malcom's next assignment is to the Army War College in Carlisle, Penn.



21st TSC officer named Army's top legal eagle

By Sgt. Frank Sanchez III
21ST TSC PUBLIC AFFAIRS

The 21st Theater Sustainment Command's Lt. Col. Paul Perrone Jr. was awarded the 2009 Judge Advocates Association Outstanding Career Armed Services Attorney Award for outstanding achievements of career attorneys serving as judge advocates in May in Washington, D.C.

"Throughout my career, I have had the good fortune to work for and work with many phenomenal people," said Perrone, deputy staff judge advocate.

Perrone volunteered to deploy in August during Russia's military conflict with Georgia as part of the European Command's joint operational task force, which served as the American strategic response to the Russian aggression.

In addition to his professional accomplishments, Perrone through-



PERONNE

out his career has actively sought to positively develop subordinates in order to ensure their future success.

After being asked about what was the biggest lesson learned in his career, Perrone said, "You never do anything alone."

In almost every officer evaluation report he has received, Perrone's supervisors have highlighted his outstanding interpersonal skills and his mentoring of others.

Perrone is an active member of the Holy Family Catholic Church in Ramstein and a volunteer at Ramstein Elementary School.

He said he is dedicated to im-

"I am humbled, and I had no idea I was being put in for this award. So I was very surprised when I got it."

-Lt. Col. Paul Perrone, 2009 Judge Advocates Association Outstanding Career Armed Services Attorney awardee

proving the military community.

Perrone also is actively engaged with youth sporting events with his 7-year-old daughter who participates in soccer, Irish dance and swimming.

"I am humbled, and I had no idea I was being put in for this award," Perrone said.

"So I was very surprised when I got it," he added.

Nominees for this award must be 35 years of age or older and are evaluated on professional accomplishments, service to community, leadership and service to the legal profession and development of subordinates.



Spc. Nathaniel Muth

A U.S. Army Soldier is silhouetted against the sun as he carefully balances his way across a log on the obstacle course portion of the Pre-Ranger Course in the Mojave Desert, Fort Irwin, Calif., May 18. The purpose of the 14-day course is to prepare Soldiers to succeed in the U.S. Army Ranger School.



U.S. Army photo

The Golden Knights, the U.S. Army's official parachute demonstration team, made a historical jump as part of their 50th Anniversary, onto the grounds of the Statue of Liberty in New York City. The demonstration was part of the Memorial Day weekend kick-off as members of the Gold demonstration team glided effortlessly toward Liberty Island, before a crowd of more than 3,000 spectators.



U.S. Army photo

Maj. Mark Childress, with the 18th Airborne Corps, reads over an airborne standard operating procedure manual while awaiting an airborne operation May 28 at Sicily Drop Zone on Fort Bragg, N.C. Childress, a safety on the jump, helped put paratroopers out the door of a C-130 Hercules aircraft that day. Over a two-day period, more than 200 paratroopers with the 18th Airborne Corps took part in airborne operations for the first time in nearly 16 months.

ourARMY
around the world

For more Army news,
visit www.army.mil



Maj. Vince Fleming

Approximately 5,000 Warriors from the 2nd Infantry Division form a human version of the distinctive Indian-Head patch May 21 at Indian-Head Stage Field on Camp Casey, South Korea.

Cooking up education

HHS students work at dining facility as part of Career Practicum program

By Colleen Mattingly
HERALD POST INTERN

Aspiring chefs BriAnn Joyner and John Rynecki head to the dining facility on Patton Barracks every other day for two and a half hours to prepare for their future.

These students are given tasks such as to cut vegetables, prepare the salad bar, or prepare meats. "I prepare the vegetables, like tomatoes and onions, and then help make the salad bar," Joyner said.

Sgt. 1st Class Juan Vasquez, DFAC floor supervisor, oversees the two while they work as part of Heidelberg High School's Career Practicum program.

"Sometimes they make and decorate the pastries and then learn how to set them up for the customers," Vasquez said.

While Joyner and Rynecki enjoy making the food, they both agreed that their favorite thing to do at the DFAC is eat. "I love food," Rynecki said.

In terms of how well this experience has prepared them for their future, both students have good feelings.

"I would like to study cooking in college, maybe not as a major, but a minor. This has prepared me, but it's industrial cooking," Rynecki said. "I would much rather work in the restaurant business, but this has still given

me a great base."

Joyner agreed, "I want to study hospitality management, so this prepares me for some of that."

Vasquez said it gives the high school students a great foundation. "Now the kids can jump from there to what they really want to do. I never really did anything like this when I was in high school. I just learned from my mom; this is a great experience for them."

Vasquez enjoys the program and definitely expects to continue on next year. "I would love to continue this next year, it helps the kids get an education, and it helps us have an extra pair of working hands," Vasquez said. "We really only need about two kids – more than that and they don't get the supervision they need, but we have lots of time when kids aren't here."

Rynecki said he would recommend the program to other students as well. "It teaches you a lot, and you really learn how to interact with others because there are so many people all working together in the kitchen at once," Rynecki said.

"Students should keep their eyes open in the community, and when they find something interesting, keep it in mind for Career Practicum," said Emily Gourdine, Career Practicum coordinator, who works to place students in positions in a variety of career fields.



John Rynecki cuts tomatoes at the Patton Dining Facility as part of his job as an intern through Heidelberg High School's Career Practicum program. Heidelberg's program is the second largest in Europe with 65 students participating.

Heidelberg Community and Spouses' Club awards \$61,000 in scholarships to community members

Staff Report

The Heidelberg Community and Spouses' Club awarded \$61,000 in scholarships to Heidelberg High School seniors, military children of parents serving in Heidelberg and HCSC Member Continuing Education students during a ceremony at the Casablanca Room on Campbell Barracks May 11.

The scholarships were based on criteria that judged academic achievement, community service and leadership skills. Scholarships were awarded to students who demonstrated achievement of their personal best.

"Giving these scholarships is the best part of the year," said Michelle Nash, HCSC president. "So many people in HCSC work all

year to raise this money through the Christmas Bazaar, the Thrift Shop and many other fund raisers. This is the fruit of our labor. And knowing that we are investing in the future gives me a very satisfied feeling."

This year HCSC created a \$1,000 special essay award for a student who demonstrated extraordinary communication skills. In the essay, the student had to answer this question: "How has being an international citizen living in Germany affected your view of community service?"

The essay winner was Rebecca Jost, who also won the highest scholarship given by HCSC, the General and Mrs. Eric Shinseki Award. Jost's accomplishments include

representing our community at the U.S. European Command Quality of Life Conference and on the Army Teen Panel. Jost earned her Girl Scout Gold Award and sat on the Girl Scout Overseas Board of Directors. Besides having great grades she was co-captain of the high school tennis team.

"This year we had a great group of students that applied," Nash said. "Besides being great scholars, they all made positive contributions to our Heidelberg community."

Gen. Carter E. Ham, U.S. Army Europe and 7th Army commanding general, was the guest speaker at the event.

"This (annual scholarship process) is a shining example of what HCSC does best – it is an organi-

zation 'of the community' that is always seeking ways 'to give back to the community,'" he said.

In his address, Ham highlighted the substantial accomplishments of all the scholarship recipients, saying that, "Probably the biggest takeaway I would offer each of you is this: the scholarship that you are being awarded is but a small investment that your community is making in your future."

"Your scholarship is meant to defray expenses as you continue your educational journey – and it will; but it is much more than that. Put this scholarship to good use, and make us all proud through your future achievements, your service to others, and your pursuit of personal excellence."

Scholarship Winners

HCSC Member Continuing Education Recipients

Tamara Anderson
Doris Farrell
Cindy Morgan
Dennis Osborne

Military Child of Heidelberg Community Members

Heath Barnett
Mary Bellini
Desiree Chavis
Caitlin Donnelly
Elise Smith

Heidelberg High School Seniors

David Brunell
Sean Ryan Costello
Sarah Fowler
Cory Frye
Margaret Gallagher
Christine Holland
Rebecca Jost
Evan Kemplin
Michaela Lacy
Colleen Mattingly
Ashley Mersereau
Michael Mersereau
Joshua Myers
Jennifer Nguyen
John Rynecki
John Sharer
Jay Steacy Jr.
Jay Andrew Stephens
Kyle Ulises
Shannon Wright

MWRGERMANY.COM



The REEL LIFE (HEIDELBERG)



Submit a video to the BNow & FMWR Video Contest and show us what life is like for YOU and YOUR military family in Heidelberg!

The winner will be announced at the Heidelberg 4th of July celebration!

**BW
now**

<http://myBNow.ning.com>

CAMERA! WIN A SAMSUNG NV40 DIGITAL



Videos should be less than 2 minutes in length and uploaded to the BNow virtual community at <http://myBNow.ning.com> by midnight, June 28, 2009. Remember to keep them family friendly and follow force protection guidelines. Vote for your favorite July 2-3 at the Arts & Cultural Center or at the 4th of July celebration on PHV. For more information, call 373-7243; 06221-17-7243

Ensure your home has working smoke detectors

IMCOM-Europe Public Affairs

Most people who die in house fires are first overwhelmed by smoke. While the reasons vary why people get trapped inside homes, one way people can prevent being a victim is to ensure homes have working smoke detectors.

"Smoke detectors warn people of a possible fire in its early stages allowing sufficient time to escape the pending danger and saving lives," said Gerald Adams, Installation Management Command-Europe fire prevention specialist. "Smoke and fire alarms save lives. That's why it's so important to install and maintain home smoke detectors."

To ensure smoke detectors protect lives, homes and property, Adams said they need to be installed in the correct positions, inspected, and cleaned as instructed by the manufacturer's instructions. And, if a detector is sounding its alarm, people need to know what to do.

Adams said proper and frequent checks of smoke and fire alarms are just as important as having one because "they are useless if they do not function properly."

Inspection tips include:

- A good rule of thumb is to replace the batteries twice a year, at the same time you change your clocks for daylight savings time.
- Definitely change the battery when the alarm's low battery signal emits the sound indicating a change is necessary.
- Never put off or delay changing the battery.
- Test the alarm weekly by pushing the test button.
- If you can't reach the button, use a broom handle.
- Smoke detectors should be replaced every 10 years.

Much like a real estate agent's mantra, smoke detectors' placement is all about "location, location, location." And while having smoke detectors in the home is the best investment to make in protecting yourself and your loved ones, but having it in the right place is even better, Adams said.

Here are some installation and maintenance tips:

- For minimum coverage, a smoke detector should be installed on every level of the home and in every sleeping area.
- For maximum protection, a detector should be installed on every level including basements and finished attics, each bedroom and in the hall outside of every sleeping area, at the top and bottom of stairways, and in rooms that are frequently used.

For reliable performance vacuum the outside with a brush attachment every month, wipe the outside with a damp cloth, and never under any circumstances paint over a smoke detector.

A working smoke detector doubles a person's chance of surviving a fire and could reduce fatalities by up to 90 percent, Adams said.

More information about fire safety is available on IMCOM-Europe's Web site: www.imcom-europe.army.mil/sites/management/so_fs.asp.

Surviving cancer

Civilian employee shares new perspective on life

By Eric O'Leary
UMUC EUROPE

"I didn't think I would be alive to see this day," said Sonja Draught, who marched across the stage with her husband, Damon, to receive their master's degrees together at University of Maryland University College Europe's commencement ceremony May 9.

"It was very emotional, almost spiritual for me because I was so grateful to be alive and healthy. I had worked so hard to reach my goal and to then be faced with death is overwhelming beyond belief."

As many people know, graduating from university is a great accomplishment. Graduating from university with your spouse, juggling the responsibility of two full-time careers, and raising three boys – ages 2, 9 and 15 – is an even greater accomplishment. It was perhaps a miracle then that Sonja Draught was able to graduate at all, albeit a year late.

Sonja actually graduated last year as a member of the class of 2008. She had just completed her degree requirements for a master's in public administration when, on her birthday, Feb. 4, 2008, she was diagnosed with triple negative breast cancer.

"I concluded that I was going to die," Sonja said. "I felt sorry for myself for a while then decided that I had too much to fight for and that early detection through self-breast exams had given me a fighting chance to beat this. Many triple negative survivors do beat this and go on to live life to the fullest. I would ask myself, 'Why can't I be one of the ones that make it?'"

Technically speaking, "breast cancer (is) generally diagnosed based upon the presence, or lack of, three receptors known to fuel most breast cancers: estrogen receptors, progesterone receptors and human epidermal growth factor receptor 2. The most successful treatments for breast cancer target these receptors," according to the TNBC Foundation.

"Unfortunately, none of these receptors are found in women with triple negative breast cancer," the TNBC Web site said. "In other words, a triple negative breast cancer diagnosis means that the offending tumor is estrogen receptor-negative, progesterone receptor-negative and HER2-negative, thus giving rise to the name triple negative breast cancer."

For that reason, although TNBC usually responds to chemotherapy,



Sonja Draught, U.S. Army Garrison Baden-Württemberg plans specialist, and her husband, 1st Sgt. Damon Draught, 566th Postal Company, attend the University of Maryland University College's commencement ceremony to receive their master's degrees May 9 in Heidelberg.

"I concluded that I was going to die. I felt sorry for myself for a while then decided that I had too much to fight for and that early detection through self-breast exams had given me a fighting chance to beat this."

-Sonja Draught, cancer survivor

the cancerous tumors do not respond to "receptor targeted treatment," making it much more difficult to treat. If that weren't bad enough, TNBC is more aggressive and "more likely to recur than other subtypes of breast cancer."

With that information, Sonja and her family had a choice to make. With her children and husband in mind, Sonja fought back. With a mental, emotional and spiritual tenacity to counter the aggressive TNBC, she fought the cancer with her husband of 16 years and their three boys by her side, as well as with help from her friends, coworkers, and church.

First, she had to get the cancer out of her body. "My husband and I made the personal choice to have a simple mastectomy with no reconstruction and four rounds of (chemotherapy)," she said.

But her battle didn't end there. Although the cancer is now in remission, she continues to have regular checkups, she has completely altered her diet, and she continues to exercise and run.

"I've always exercised, however, in hindsight, my diet was very poor. I was not eating the right foods. It's not about staying slim but about being healthy."

The boundaries of her battle don't stop with her and her family, though. She started a Web site

– www.pinkribbonavenue.com – to help educate women on the importance of early detection of breast cancer and to educate breast cancer survivors on methods to lower the risk of recurrence.

Why a Web site? "Being thousands of miles away from home ... women on breast cancer Web sites are how I gathered the strength to keep going," she said. "Women I never set eyes on gave me encouragement on days I felt I couldn't go on. That solidifies how important these Web sites are for people."

If working full time as a plans specialist for the U.S. Army Garrison Baden-Württemberg; raising her three boys with her husband, an active-duty Army first sergeant in Mannheim; training for marathons (also with her husband); and starting and maintaining a Web site weren't enough work for a cancer survivor, Sonja also recently completed a novel, "The Changing Season," which will be published soon.

"After having this huge obstacle placed before me, I could give up or get focused," she said. "I decided the latter and, being anointed by my higher power, I have decided to share my story as encouragement for all those interested. Breast cancer will always be a part of my life. The pain and fear are with me every day as I pray to God it does not return."

KAISERSLAUTERN

Focus groups bridge customers' voice

By Christine June
USAG KAISERSLAUTERN PUBLIC AFFAIRS

It's U.S. Army Garrison Kaiserslautern customers who have the power – to improve community services.

A garrison customer is anyone who lives, works or plays on Army installations in the Kaiserslautern military community, said Emma Vinson, the garrison's customer service officer.

"(It's a) great initiative, and I feel this focus group has a potential to develop and improve services for our retirees and their families," said Don Gwinn, the garrison's civilian misconduct officer, who attended the first retiree focus group May 12.

Quarterly focus groups, known as Community FIRST (Feedback, Issues, Resolutions, Solutions, Today), are the third approach to the Installation Management Command's new Customer Management Services. This program started in the Kaiserslautern military community in October and is one out of four IMCOM-Europe garrisons to implement the CMS program.

This new program is a process that provides U.S. Army garrison commanders with the voice of the customer. It's a way, explained Vinson, for IMCOM to get Army services to a level of dependability and predictability throughout the Army.

"So as families go from installation to installation, the

quality of services is something they can rely on," she said.

How these Community FIRST focus groups fit into this process is as a bridge between the Department of Defense Web-based customer feedback system known as ICE, or Interactive Customer Evaluation, and the community-input route for Army leadership known as the Army Family Action Plan.

A brainchild of spouses, AFAP is an Army-wide program that gives all members of the team – active-duty and retired military, family members and civilian employees – a chance to voice concerns and raise issues to leadership.

Vinson describes ICE as a "conversation" because customers can log in complaints or compliments about a particular service and service providers respond to that issue. This conversation is the first approach in the new CMS program.

"Community FIRST focus groups are a bridge between these two processes because people can address issues that affect more than the individual without having to go higher than the garrison for resolution," Vinson said.

One example Vinson cited is an issue that was discussed in the family member focus group held during the second quarter of this fiscal year. The issue was to have more flexible hours at the garrison's child development centers for family readiness group meetings.



Fannie Richardson, with the U.S. Army Garrison Kaiserslautern's Military Personnel Division, talks about an issue at the retiree focus group held May 12 in Bldg. 2917 on Pulaski Barracks.

Under the Army Family Covenant, the garrison centers were providing child care for FRG meetings one Thursday night per month at each of the locations on Landstuhl Regional Medical Center, Miesau Army Depot and Kleber Kaserne.

During the focus group, it was discussed that this schedule was hard for some FRGs to use, so the group asked the garrison's Child, Youth and School Services to be more flexible when accommodating these meetings. The answer back from CYSS was if the FRGs let the particular center know what dates they needed with enough notice and children, then the CDCs could accommodate their meetings.

"By having this focus group, it lets the families know that they could ask this question, and it lets the CYSS know some of the FRGs needed that flexibility," Vinson said.

That's why, she said, having these focus groups are so important.

"Focus groups allow garrison-level issues to come forth and be resolved, and give garrison customers a way to be involved in improving the services they need for an equitable quality of life," Vinson said.

Vinson's goal is to have two to three focus groups per quarter, except the quarter that the garrison is hosting AFAP.

Vinson has held focus groups for Warrior Transition Unit Soldiers, family members, retirees and reservists. In the future, she will be holding focus groups for active duty, DoD civilians and teens.

Gwinn said he felt the retiree focus group discussed some important and relevant issues that may not have been brought up in other customer feedback programs.

"Every retiree has a different and unique problem that needs to be assessed to see if something can be done about it," he said.

Issues from the focus groups that cannot be resolved at the local level get turned over to the garrison to be included in the next AFAP, Vinson explained.

"This helps the AFAP process because it weeds out some of the issues that can be resolved at the garrison, which allows them to be resolved sooner, and generates more of the larger issues to be discussed and prioritized at the AFAP conference," she said.

Dates of this year's focus groups are listed on the garrison's Web site at www.kaiserslautern.army.mil. Issue sheets can also be downloaded and submitted from this site.

For details, call Vinson at DSN 493-4241, civ. 06313-406-4241.

American Legion visit



American Legion Commander David K. Rehbein, and his wife, Ann Mary Rehbein, chat with Capt. Peter Studdebaker, V Corps' information assurance manager, during lunch with Soldiers at the dining facility on Patton Barracks May 28.

Be Creative @ Your Libraries this summer

IMCOM-Europe FMWR

Are you creative? Then you'll want to "Be Creative @ your library" this summer.

Tons of great books await young readers at their local military library, where the world of the arts will come to life.

Come sing silly songs, make neat crafts, and discover good books during the fifth annual joint U.S. Air Forces Europe Libraries and Army Europe Libraries Summer Reading Program.

Each week, participating libraries will offer special programs and activities, encouraging kids to keep up their reading skills while having fun. Kids will keep track of the books they read to earn prizes and certificates.

Parents are encouraged to get involved by visiting the library with their children to sign up for the program. They can also check out the library Web sites that feature tips and activities for kids and parents to enjoy as a family.

And of course, the libraries always have books for children and their parents to check out and read together. This summer, it's all about discovering reading and fun.

The "Be Creative @ Your Libraries" 2009 Summer Reading Program begins at military libraries in Europe as soon as school is out in June.

Check out the Summer Reading Program at your local library or log on to www.library.eur.army.mil for details.

CEREMONIES

continued from page 1

anniversary of D-Day. For the execution of Task Force Normandy 65, weeks of careful planning and coordination have gone into making sure the veterans of D-Day know their acts of heroism will never be forgotten.

Col. Thomas P. Evans, commander of the 18th MP Brigade, has been overseeing the command and control of the ceremonies as the task force commander. More than 700 Soldiers are set to participate in the ceremonies, which began Wednesday.

Maintaining such a large number of Soldiers and coordinating with other military branches and foreign officials requires a level of dedication and attention to detail the 18th MPs have in abundance.

Master Sgt. Michael Weatherholt, the operations sergeant major for the 18th MP Brigade, praised the Soldiers' work.

"The Soldiers of the brigade from junior to senior levels have all done a spectacular job from initial planning to where we are today with the execution of ceremonies. This being a highly visible mission, everyone knows their part and is conducting their duties superbly," he said.

To make the mission a successful one, coordinating from the brigade's headquarters in Germany to France has been an essential part of the equation. Town mayors, cemetery directors and the French Gendarmerie have all supported the brigade in its planning of the ceremonies.

"With all the coordination that has been conducted by the task force personnel for all ceremonies, this year's memorial anniversary is going to be extraordinary," Weatherholt said.

To be involved with a historic event such as this is a prestigious honor for the brigade. Having the opportunity to bring together U.S. Army Europe units with historic units like the 82nd Airborne Division and the 101st Airborne Division (Air Assault) to pay tribute to the veterans is something the brigade is honored to be a part of, Weatherholt added.

Despite the logistical difficulties of planning and conducting such a large operation, the opportunity to pay their respects to the veterans has been a driving force for the brigade in making this "the most professional event to show our gratitude to our veterans for what they did many years ago," Weatherholt said.

Of course, the 18th MP Brigade has had support and collaboration from so many other units in making sure everything falls into place.

"We couldn't have done it without the support of all the other units that were tasked to assist," said the 18th's Command Sgt. Maj. Brenda Curfman.

The teamwork and partnership of Task Force Normandy echoes the alliances and cooperation that have made so many hundreds of military missions a success – including one very important one – 65 years ago on the beaches and in the air above Normandy.

No One Vacations Alone

Before you go:

- Lock all doors and windows throughout the house before departing and at the hotel while on the road.
- Unplug most electronic items especially those that are expensive or may have valuable data on them.
- Suspend your newspaper and mail delivery.
- Leave a radio or a low watt light on in the house.
- Do a **TRIPS** report and discuss your travels with your supervisor.
- Contact local law enforcement about a house watch service.

SAFE Summer

Have fun and look out for each other this summer
Do your part to protect our Band of Brothers and Sisters.

ARMY SAFE TRIP™ BAND OF BROTHERS & SISTERS

LIVING AREA

continued from page 1

Class Theresa Fallon, the medical operations noncommissioned officer in charge at the life support area. "The French interpreters helped a lot with the locals as far as the things we needed locally."

The LSA is set up to accommodate 700-800 Soldiers. It is a fully functioning facility with a dining facility

that will serve breakfast and dinner provided by a local contractor. The LSA also has a fully functional aid station.

The aid station is staffed with 10 medics, a battalion surgeon from 173rd Airborne Brigade Combat Team and an internal medicine doctor.

For many of the Soldiers and contractors who are living in the LSA,

being able to support the D-Day veterans is the most important part of the 65th commemoration of D-Day.

"This is the first time that 21st TSC has been tasked to do this," said Gerhard Mehrbreier, an equipment specialist with Theater Logistics Support Center-Europe. "It's a big thing for me. I'm glad to be a part of it and that I was given an opportunity to be a part of it."



Heidelberg Castle in 'flames'

First illumination of the year is Saturday

On Saturday – as well as July 11 and Sept. 5 – Heidelberg's traditional castle illuminations will bathe the Neckar city in a glow of light.

Three times a year in Heidelberg at 10:15 p.m., thousands of faces are turned expectantly toward the castle. They are awaiting the beginning of a fascinating spectacle of flames and light.

First, Bengalian beacon fires slowly bathe the Heidelberg Castle in a mysterious blaze of red light. It is as if the ruins were once again, for a further time in their long history, going up in flames. Just as in 1689 and 1693, when the troops of the Sun King of France razed the castle and the town and left behind them the now world-famous ruin.

When the glowing castle slowly fades into the darkness, the second part of the spectacle begins. Suddenly, fireworks radiate through the night sky over the romantic city on the Neckar: explosions fill the air, golden rain falls from above, the firmament is lit up in a play of colors.

Already the well-travelled American author Mark Twain was enchanted by the castle illuminations during his stay in Heidelberg in 1878: "The towers continued to spout thick columns of rockets aloft, and overhead the sky was radiant with arrowy bolts which clove their way to the zenith, paused, curved gracefully downward, then burst into brilliant fountain-sprays of richly colored sparks."

Again in 2009, the traditional castle illuminations will spotlight the majestic ruin of the castle.

Before each castle illumination, the stage is set for the coming drama by a festive concert at 6:15 p.m. in the Holy Ghost Church on Market Square, with Händel's famous Music for the Royal Fireworks, among other offerings.

During the day, a stroll through a special Artisan's Handcrafts Market on the Corn Market is a welcome addition to the lively Old Town scene. From 11 a.m. to 7 p.m. on the Saturday and Sunday of each castle illumination, original craftworks can be discovered here.

Prime locations from which to watch the illuminations: In the vicinity of the Old Bridge, along the banks of the Neckar, on Philosophenweg, or on one of the Rhein Neckar Passenger Boats (please note: Reservations are recommended for the passenger boatride. Civ. 06221-20181, www.rnf-schiffahrt.de or check with your local USO).

Those whose schedules might not permit them to visit the castle illuminations can still enjoy a splendid sight: the new lighting on the Old Bridge. After eight years and an investment of €4 million, the renovation work on the Old Bridge has ended. As of May 2, an elaborate new system of lighting illuminates and enhances the Old Bridge, presenting the venerable structure of the bridge in new magnificence.

"We have waited a long time for the Old Bridge to shine in new splendor," said Heidelberg's Lord Mayor Dr. Eckart Würzner at the inauguration ceremony.

SOURCE: Heidelberg Marketing GmbH

GERMAN COOKING

Cheesecake

Ingredients:

Crust

- 2 cups unbleached flour, sifted
- 1/2 cup sugar, granulated
- 1 teaspoon baking powder
- 4 tablespoons butter (no margarine)
- 1 egg, large

Filling

- 3 cups cottage cheese (1 1/2 lbs)
- 1 teaspoon baking soda
- 4 eggs, large
- 1/2 teaspoon vanilla extract
- 1 cup raisins
- 1/2 cup cornstarch
- 1 cup sugar, granulated
- 1/2 teaspoon lemon rind, grated
- 1 cup sour cream

Directions:

- In a large mixing bowl, blend all the ingredients, cutting in the butter and working the mixture with your hands until it is well mixed and workable.
- Divide the dough into two equal portions. Use one half to line the bottom of a greased 9-inch springform pan, the other half to line the sides of the pan.
- Either roll out the dough or press it in with your fingers.
- Chill before filling.
- Preheat the oven to 375 degrees.
- Press the cottage cheese through a sieve.
- Combine the cornstarch and the baking powder and set aside.
- In a large mixing bowl, combine the cottage cheese with the sugar, eggs, lemon rind and vanilla. Beat until very smooth.
- Add the dry mixture to the cheese and blend well.
- Stir in the sour cream and raisins.
- Pour the cheese mixture into the prepared crust and bake for one hour, or until done. The center will remain soft.
- Turn off the oven and prop the door open. Allow the cake to cool to room temperature.
- Serve at room temperature.

Apple Mousse

Ingredients:

- 3 large tart apples, peeled, cored and sliced
- 3 egg whites
- 1 grated peel of 2 lemons
- 8 tablespoons sugar
- 1/4 liter white wine (1 cup plus 1 tbsp)
- 2 tablespoons butter

Directions:

- Stew the apples in the wine until tender and mushy. Force through a sieve.
- Add 6 tablespoons of sugar and the lemon peels. Meanwhile, beat the egg whites to stiff peaks and then carefully fold into the apple mixture.
- Put the mixture into a buttered ovenproof dish, dust with remaining 2 tablespoons sugar, and slowly bake at 250 degrees for about half an hour.

SOURCE: www.mygermanrecipes.com



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

I hope you can shed some light on something for me. My husband is retired Army. He served hard for 23 years. In that time he spent three tours to Vietnam. DoD did not spend money to help fund an FRG program.

If you were a spouse, you formed your own support group from your own funds. When your husband deployed (as it's called today), we were on our own. We couldn't remain in housing either. I remember I moved off base into the community twice. After that I was tired of moving and decided to remain in the apartment until after the war was over.

You see Ms. Vicki, there was no reason to complain about substandard on-base housing; 'this house is too little,' 'I don't like the neighborhood,' 'we need better playgrounds for our children' or 'the schools on base are awful.' We had no need to complain about this because whatever you had was a luxury.

As I read your column, "today's spouse" have become so spoiled until they are rotten to the core! They expect for everything to be handed to them on a platter. There is way too much money being spent to fund these programs and it's not fair.

I think the government should stop funding most of this, and it would decrease our deficit.

I was on post last week, and what was the talk? A parents' day out, which means you could drop your children off at the center so the parents could get a break. This is ridiculous! Parents are parents,

locations around the world.

The first graduation ceremony will be Webcast today. Twelve graduation ceremonies will take place simultaneously Friday, and the last ceremony will be Webcast on the evening of June 12.

Schools identified as having students with deployed parents are:

Today – Ansbach and Bamberg
Friday – Alconbury, Baumholder, Heidelberg, Hohenfels, Kaiserslautern, Lakenheath, Naples, Patch,

Ms. Vicki's Online Talk Show

Don't get enough Ms. Vicki in the Herald Post? Now you can tune in for her Internet radio show at www.blogtalkradio.com/dearmsvicki to hear her talk about teen dating violence, helping military children have a smooth transition, relationships and more. You can also visit her online at www.dearmsvicki.com.

therefore, do what parents do and take care of your children.

Ninety percent of the wives don't work outside the home anyway, so why do they need a break? Could you tell me why there is this big push to give so much money to military families? Personally, I think this should stop.

From: Voicing My Opinion

Dear Opinion,

There is an adage: when you know better, you do better. You are so right, things were a lot different for military personnel and their spouses during the years you speak of. I recognize the hardships you endured and the perseverance you had and others in your position. I applaud you.

Personally and professionally speaking, I think it was long overdue for DoD to recognize military families. We have made some strides, but I think we have a long way to go. If we say our military is America's finest, then what are their families? I consider them to be the finest, too.

They deserve what is being allotted for them and much more. When you look at one of the programs you have to think of it from a "macro" content not "micro." For example, with the parents' day out program – it's very important for all parents to get a break, even if you are a stay-at-home mom.

From a macro perspective this will influence child welfare in an enormous way. How? Well if parents are less stressed, then the numbers of child abuse will decrease. It's all about helping families. I don't know the exact dollar amount that's being spent on military families, but whatever the amount, it's well spent. Take care of yourself and feel free to write anytime.

Response to recent columns:

Dear Ms. Vicki,

I think you do a wonderful job most of the time! I admit I don't always agree with some of the advice, but who honestly does in this world?

I do think that what the reverend said was uncalled for. Once again, my own opinion.

I know he feels you are lacking and not giving proper answers, but people don't come to you to be preached at. If they wanted that, they would seek their religious authority on the subject matter. I think you give fair and non-judgmental answers most of the time.

Though I will say you gave the "No Way to Treat a Real Woman" what she needed to hear. I want to say thank you for keeping your religious views from your articles. I think the reverend needs reminded that not everyone on this planet shares the same religious views or even set of deities.

Thank you from Kentucky.

Dear Ms. Vicki,

Your writers can't be serious – pre-screening wives? Is she serious? These mothers go way too far to protect their darling sons. If she doesn't like his fiancée or his girlfriend, she needs to stay out of it because it is his relationship and not hers.

Did she marry who she wanted to marry? If she didn't, then it's her fault. I think women should show more support of each other instead of putting each other down just because one of us may be different or come from a different background.

I know some foolish spouse in the FRG would love to have the power to pre-screen a wife or have the ability to put their stamp of approval on something – as they always do. However, that's not the role of the FRG. No one has that kind of power and control over someone who's dating a Soldier.

Some people think the Army lifestyle is something to be coveted, but it's not. I know times are hard and being in the military means free health care, but that's it!

I love my husband and he is in the Army, but his commanders and the family readiness do not govern our lives, we do. I hope you received many letters on this issue expressing outrage.

Deployed parents can watch DoDDS-E graduations live this weekend

Deployed service members will be able to view their high school graduating seniors via live Webcasts on graduation day.

The Department of Defense Dependents Schools-Europe, U.S. Army Europe, and the U.S. Army 5th Signal Command have combined assets, talents and technologies to enable the live Webcasts via the Internet. The effort will allow 17 graduation ceremonies to be viewed by an estimated 125 deployed parents in Iraq, Afghanistan and other

Ramstein, Sigonella, Vicenza and Vilseck
Saturday - Mannheim
Sunday - Wiesbaden
June 12 - AFNORTH

Using Web technology, deployed parents will be able to see their graduating senior cross the stage and view student messages recorded for the occasion. The collective effort is intended to give graduating students and deployed parents the opportunity to share in this life event.

GET OUT!

area events

More events online at <http://myBWnow.ning.com>

Four-Castle Illumination Cruise

Tickets are on sale now for the Warrant Officers Association's river boat cruise and four-castle illumination with fireworks July 25. Cost: €25 per person, children under 7 are free. Proceeds fund the WOA scholarship program for graduating seniors and family members. DSN 375-5192, civ. 0162-297-4953, www.Rhein-NeckarSilver.com.

Apollo Amateur Talent Show and After Party

Get your act together now to win big cash on July 11 starting at 9 p.m. It's the audience who decides who walks away with the \$1,000 cash prize. The show takes place at the Schuh Theater followed by an after party at the Top Hat Club. All participants and patrons must be at least 18 years old. Interested participants must sign-up before June 27. Mannheim/Kaiserslautern: Civ. 01511-162-1992; Heidelberg: Civ. 01515-125-1285.

June 5

Summer Bazaar – Through June 7, head to Rhine Ordnance Barracks, Bldg. 237 for the Summer Bazaar. Vendors from around the world will bring their quality products and services to the KMC. Find such things as wine, cheese, wood and leather works, art, cuckoo clocks, and much more. www.mwgermany.com.

Swiss Alps Adventure Weekend – Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

Live Rock Concert – See New York alternative rock band Edison and local bands Kojak, the Same Old and Raw at the Cove in Mannheim starting at 7 p.m. \$10 entry fee. DSN 385-2884, civ. 0621-730-2884.

Lake Constance Classic – The best horse show jumpers in the world compete in one of the richest Grand Prix events in Europe through June 7. Entertainment and special supporting programs plus catering. Natur-sportpark Hirtenhof. www.aach.de.

Rock-am-Ring – Germany's biggest double rock festival, Rock am Ring (Rock on the Ring) and Rock im Park (Rock in the Park) runs through June 7. More than 150,000 music fans are expected to gather at both events to catch more than 30 bands on each location's three open-air stages. www.rock-am-ring.com.

Ludwigsburg Schloss Festival – International Baden-Württemberg festival in the forum in the palace gardens, palace and Schloss Monrepos. Concerts, musical theatre, drama, dance, performance. Through Aug. 2. Civ. 7141-939636, www.schlossfestspiele.de.

June 6

Mannheim Idol – Mannheim is looking for local talent to participate in the first ever Mannheim Idol competition. First auditions are June 6 with competition happening June 13, 20 and 27 and the finals July 4. DSN 385-2342, www.mwgermany.com.

Castle Illumination Cruise – The mock "burning" of the Heidelberg Castle, Germany's most famous ruin, is a re-creation of the castle's actual 17th century destruction and burning by the French Army. A boat cruise on the scenic Neckar River is truly the best place to observe this very special event. <http://affiliates.uso.org/rheinneckar>.

NATO Music Festival – During the NATO

Music Festival, different military music bands will perform marches, jazz music, famous musical songs and much more. A highlight will be the Turkish military band that will play on old imitated instruments from the 14th century, which was the century of the band's foundation. Other bands will be the U.S. Air Force in Europe Band, the Austrian Military Band and the Royal-Dutch Music Corps. Tickets: Civ. 0631-3652316, www.ticketonline.com/de/en/production/160770-21. +NATO-Musikfestival.

June 7

North Sea Jazz Festival – Travel to Rotterdam, Netherlands, to visit Europe's largest Jazz Festival. See such artists as: Duffy, Herbie Hancock and Lang Lang, B.B. King, James Taylor, Jamie Cullum and more. Tickets are able to be purchased through Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

Holiday Park – Mannheim Outdoor Recreation. DSN 381-7215, civ. 0621-739-251.

Rhein River Cruise – Cruise with the USO. <http://affiliates.uso.org/rheinneckar>.

June 8

Festival of the Holy Blood – Island festive day: At 8.45 a.m., parade of the civil guard, at 9 a.m., High Mass in the cathedral of Saints Mary and Mark, followed by a procession over the island of Reichenau on Lake Constance with civic guard and traditional costumes. The highest holy day on the island, it can be traced back to an abbot's crazier with blood-soaked earth from Calvary, which was given to the monastery in 925. This island festive day was borrowed from the tradition of the Benedictine Abbey. In the afternoon, a festival concert of the civic guard band in historical uniforms takes place on the "Ergat" at 3.15 p.m. www.reichenau.de.

June 11

USAREUR Army Birthday Ball – Celebrate the Army's 234th birthday with U.S. Army Europe. The formal dinner and dance will begin at 6 p.m. Cost is \$25-\$35 depending on rank or grade. Tickets: DSN 377-4507, civ. 06221-39-4521.

Bluegrass and Open Mic Night – Head to

Shooter's Bar and Grill at the Heidelberg Rod & Gun Club for the Bluegrass Meeting and Open Mic Night. Bring your instruments and join the band. Civ. 06202-511-93.

June 12

Tour through the Black Forest –Join up with the USO for this scenic drive to the city of Triberg, the unofficial capital of cuckoo clocks. Here you'll have the unique opportunity to go behind the scenes to see how these timepieces are crafted. Then, climb a portion of the highest waterfall in Germany, or just take pictures. <http://affiliates.uso.org/rheinneckar>.

June 13

European Signal Regimental Ball – Celebrate the Year of the NCO in style at the Patrick Henry Village Pavilion beginning at 5 p.m. All personnel affiliated with the Signal Regiment in Europe are invited. www.2009.europeansignalregimentalball.com.

Paris Express – Affectionately known as the City of Lights, Paris evokes images of romance, adventure and culture. With its innumerable museums, cafes, stores and specialty shops, excitement is around every corner. Experience the one and only Paris with the USO, and make memories that will last a lifetime. <http://affiliates.uso.org/rheinneckar>.

June 16

Anastacia Concert – Soul diva Anastacia appears at the Festspielhaus in Baden-Baden June 16 at 8 p.m. Tickets: Civ. 07221-301-3101.

June 19

Polish Pottery Express – This tour is for serious shoppers who are interested in Polish pottery, wicker and amber jewelry. Charming Polish pottery from the Boleslawiec region is hand-painted and made from natural ceramic clay, found in nearby deposits. <http://affiliates.uso.org/rheinneckar>.

Ongoing

Wine Village – Through June 7 the city of Wurzburg hosts its annual "Weindorf" (wine village) at the main market place. It is open daily from 5-11:30 p.m. Wine fests are usually organized by the local winemakers or vintners' association to introduce their latest wines. Fest benches and tables will be set up for visitors of the fest and the various winemakers of the region will sell their wine out of decorated booths.

Schwetzingen Festspiele – The Schwetzingen Castle and the Speyer Cathedral are the venues for a series of classical music offerings through June 13. www.schwetzingen-festspiele.de.

coming to THEATERS

TERMINATOR SALVATION



The year is 2018. Judgment Day has come and gone, leveling modern civilization. An army of Terminators roams the post-apocalyptic landscape, killing or collecting humans where they hide in the desolate cities and deserts. But small groups of survivors have organized into a Resistance, hiding in underground bunkers and striking when they can against an enemy force that vastly outnumbers them. Controlling the Terminators is the artificial intelligence network Skynet, which became self-aware 14 years earlier and, in the blink of an eye, turned on its creators, unleashing nuclear annihilation on an unsuspecting world. Only one man saw Judgment Day coming: John Connor. Rated PG-13 (intense sequences of sci-fi violence/action, language) 115 minutes

PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

June 4 - TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 7 p.m.

June 5 - UP (PG) 7 p.m.; ADVENTURELAND (R) 9:30 p.m.

June 6 - MONSTERS VS. ALIENS (PG) 4 p.m.; FAST & FURIOUS (PG-13) 7 p.m.; ADVENTURELAND (R) 9:30 p.m.

June 7 - MONSTERS VS. ALIENS (PG) 4 p.m.; UP (PG) 7 p.m.

June 8 - FAST & FURIOUS (PG-13) 7 p.m.

June 9 - ADVENTURELAND (R) 7 p.m.

June 10 - MONSTERS VS. ALIENS (PG) 7 p.m.

June 11 - UP (PG) 7 p.m.

Mannheim, Schuh

June 4 - ANGELS AND DEMONS (PG-13) 7 p.m.

June 5 - NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 7 p.m.

June 6 - TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 4 p.m.;

NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 7 p.m.;

ADVENTURELAND (R) 9:30 p.m.

June 7 - MONSTERS VS. ALIENS (PG) 4 p.m.;

TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 7 p.m.

June 8 - NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 7 p.m.

June 9 - TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 7 p.m.

June 10 - FAST & FURIOUS (PG-13) 7 p.m.

June 11 - ADVENTURELAND (R) 7 p.m.

Vogelweh, Galaxy

June 4 - TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 7 p.m.

June 5 - UP (PG) 3:30 p.m., 7 p.m.; FAST & FURIOUS (PG-13) 10:30 p.m.

June 6 - UP (PG) 11 a.m., 3 p.m., 7 p.m.; FAST & FURIOUS (PG-13) 10:30 p.m.

June 7 - UP (PG) 11 a.m., 3 p.m., 7 p.m.

June 8 - FAST & FURIOUS (PG-13) 7 p.m.

June 9 - UP (PG) 7 p.m.

June 10 - ADVENTURELAND (R) 7 p.m.

June 11 - FAST & FURIOUS (PG-13) 7 p.m.

Ramstein, Hercules

June 5 - FAST & FURIOUS (PG-13) 7 p.m.

June 6 - MONSTERS VS. ALIENS (PG) 7 p.m.

June 7 - ADVENTURELAND (R) 7 p.m.

Ramstein, Nightingale

June 4 - ANGELS AND DEMONS (PG-13) 7 p.m.

June 5 - NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 3:30 p.m.,

7 p.m.; TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 10:30 p.m.

June 6 - NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 3 p.m., 7 p.m.;

TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 10:30 p.m.

June 7 - NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 3 p.m., 7 p.m.

June 8 - ADVENTURELAND (R) 7 p.m.

June 9 - FAST & FURIOUS (PG-13) 7 p.m.

June 10 - TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 7 p.m.

June 11 - NIGHT AT THE MUSEUM: BATTLE OF THE SMITHSONIAN (PG) 7 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238

Schuh Theater, Mannheim, 0621-730-1790

Galaxy Theater, Vogelweh, 0631-50017

Hercules, Ramstein, 06371-47-5550

Nightingale, Ramstein, 06371-47-6147

Visit www.aafes.com for updated listings and more movie descriptions

community HIGHLIGHTS

Capital City Visitation Tour

Be a guest of the state of Baden-Württemberg and the city of Stuttgart and learn about your home state. The tour is June 22 and is open to all Soldiers, DoD civilians and spouses. Transportation is free. Tour departs 7 a.m. from the park and ride area located outside the Heidelberg commissary gate. Register by June 12 by contacting the USAG Baden-Württemberg Public Affairs Office. DSN 373-1600, civ. 06221-171600, usaghdpa@eur.army.mil. Note: This program is for adults only.

Money Orders

Army and Air Force Exchange Service facilities are no longer offering money order services, beginning May 31.

APO Use for Retirees

Retired members of the U.S. Armed Forces and their widows can apply to use the Army Post Office system after retirement. To obtain APO privileges, make arrangements with the local APO to receive your mail through "Box R" (General Delivery Mail Section). Your mail must be addressed to "Box R" of the APO concerned and the address must include the word "retired" (e.g., "U.S. Army Ret"). You must pick up your mail at the APO and take any parcels received unopened to German customs for clearance. If you fail to present parcels to German Customs within a reasonable time (about one week), you may lose APO privileges for the rest of your stay in Germany. DSN 370-7142, civ. 06221-577142.

UMUC Europe Registration

Registration for University of Maryland University College Europe online courses continues through June 14, with classes starting June 15. UMUC Europe will offer two new \$100 summer book awards for active-duty enlisted service members, their spouses and families: www.ed.umuc.edu/financial_aid. UMUC Europe also has a new \$5,000 military spouse scholarship available starting this session: www.ed.umuc.edu/militaryspouse. DSN 370-6762, civ. 06221-3780.

local EMPLOYMENT

Health Promotion Officer

USAG Heidelberg and USAG Stuttgart are now hiring Health Promotion Officers. Applicant must have a strong business background, able to run meetings/briefings and facilitate working groups. They also either need to have completed or working on graduate degree or/and experience as a health promotion/public health/health systems coordinator. The primary purpose of this position is to coordinate the Community Health Promotion Council for the respective garrison. Closing date is June 8. DSN 486-7099, sarah.mraz@us.army.mil.

ACAP Counselors

The Army Career and Alumni Program is currently seeking full-time counselors for the Heidelberg-Mannheim area. Applicants must have a master's degree, be computer literate and have a minimum of two years' training in job assistance, career or employment counseling, teaching, training or a related field. Applicants cannot be considered ordinarily resident and must have logistical support. DSN 431-2191, civ. 07031-15-2191, darla.huck@us.army.mil.

KAISERSLAUTERN

Education

• **ACS Classes and Events** – DSN 493-4203, civ. 0631-3406-4203, www.mwgermany.com/kl/acs.

• **Substance Abuse Training** – Employee Assistance Program-Substance Abuse Training for all Department of Army civilians is 10-11 a.m. June 18 at the Learning Center, Bldg. 3718 on Landstuhl Regional Medical Center. DSN 486-1710, heather.a.robinson@us.army.mil.

• **POSH Training** – The Equal Opportunity Office hosts Prevention of Sexual Harassment Training 9 a.m. June 25 in the Learning Center, Bldg. 3718 on Landstuhl Regional Medical Center. DSN 493-4277.

• **Teacher Certification Examination** – The garrison will host the PRAXIS Teacher Certification Examination 8 a.m. July 29 at the education center on Rhine Ordnance Barracks. Deadline to register is June 9. DSN 493-2593, civ. 0631-3406-2593.

• **CYSitter Class** – Become a certified babysitter through CYS Services and SKIES Unlimited. This two-day course is open to youth 13-18 and will offer Red Cross CPR/First Aid certification and 4-H babysitter certification. Classes will be held 9 a.m.-5 p.m. June 20 and 24. Pre-registration is required. DSN 493-4516, civ. 0631-3406-4516, www.mwgermany.com.

• **Kleber VAT Office Has Moved** – The office can now be found in Bldg. 3205 on the third floor. Office hours: Monday-Friday, 8 a.m.-3:30 p.m. DSN 483-1780, civ. 0631-411-1780.

• **Focus Groups for Deployed Spouses** – The Chaplain's Office will host focus groups to determine what needs, issues or concerns exist in the community. The Deployed Spouses Focus Group will take place at noon and 6 p.m. June 10. They will meet at Daenner Chapel. A meal will be provided at all meetings. RSVP: DSN 493-4098, civ. 0631-3406-4098, mirma.oceguera@us.army.mil.

• **Sports Physicals** – The U.S. Army Health Clinic-Kaiserslautern on Kleber Kaserne will provide sport and school physicals 7 a.m.-noon June 12 and 25 for empaneled patients. To ensure medical records are accurate, bring a copy of immunization records. DSN 483-1750, civ. 0631-411-1750.

• **Teens on the Go** – June 12-Aug. 28, teens entering grades 7-12 can participate in field trips several times a week for \$45 per week, which includes transportation and admission costs. DSN 493-4516, civ. 0631-3406-4516.

• **CYSS Summer Camp** – Sign up now to take part in Summer Camp 2009, June 15-Aug. 28. Open to children entering grades two through

six. Kids will enjoy: arts and crafts, field trips, workshops and more. DSN 493-4516, civ. 0631-3406-4122.

• **Town Hall Meeting** – The garrison and 21st TSC will hold a town hall meeting at 6 p.m. June 30 at the Armstrong Community Club on Vogelweh Housing. Representatives of community agencies will be available for questions, as well as garrison and 21st TSC leadership. The town hall meeting is open to all members of the community. DSN 493-4241, civ. 06313-406-4241, emma.vinson@eur.army.mil.

• **Daenner Chapel Open** – The Daenner Kaserne Chapel, Bldg. 3150, is open 9 a.m.-5 p.m., Monday to Friday. Catholic Mass is 11:45 a.m. Tuesday to Friday. Confessions are by appointment. Individual and family counseling are also available at the chapel. DSN 493-4098, civ. 0631-3406-4098.

• **American Legion Meeting** – Post GR01 hosts post meetings the first and third Wednesday of the month in Bldg. 368 on Rhine Ordnance Barracks. DSN 486-7516, www.ktownamericanlegion.org.

• **Veterans of Foreign Wars Meeting** – Post 10614 hosts post meetings at 6:30 p.m. the second Tuesday of the month at Bldg. 368 on Rhine Ordnance Barracks. DSN 486-7516, www.ktownvfw.org.

• **BOSS Meeting** – Better Opportunities for Single Service members hosts meetings 1 p.m. every first and third Thursday of the month in Bldg. 2929 on Pulaski Barracks. DSN 493-4344.

HEIDELBERG

Education

• **ACS Classes and Events** – Self-Defense Class, 10 a.m. and 1 p.m. June 6; Community Orientation Briefing, noon-3 p.m. June 8; Re-integration briefing, 9 a.m. June 9; Deployment Dollar Decisions, noon-1 p.m. June 10. DSN 370-6883, www.mwgermany.com/hd/acs.

• **Preparation Briefing** – A preparation briefing for honorably transitioning Soldiers (not retirees) is to be conducted not later than 90 days before transition date. The next briefing is 1-4 p.m. June 9 at ACS. DSN 370-3283, civ. 06221-57-3283.

• **German Language Classes** – Sign up for German classes at the Patton Education Center. Classes will meet June 22-Aug. 17. Level I and II classes available. Register by e-mail only: germanatpatton@iks-heidelberg.com. Civ. 06221-16-8226.

• **Field Registration Office** – The field (vehicle) registration office is open 8 a.m.-noon the first and third Saturdays of the month. DSN 370-9484, civ. 06221-57-9484.

• **Legends New Hours** – Beginning June 1, Legends has new hours -

6-10 p.m. Thursdays and 4:30 p.m.-1 a.m. Fridays and Saturdays.

• **Recycling Schedule Change** – Due to the June 11 host nation holiday, refuse collection will occur a day later. The recycling center will be closed June 11.

• **Construction Near Patton Barracks** – Until approximately June 15, personnel traveling south (leaving Heidelberg) on Speyererstrasse wishing to turn left in order to enter Patton Barracks will not be able to do so because of ongoing construction in that vicinity by the city of Heidelberg. The access control point is still open and accessible to those traveling north on Speyererstrasse.

• **HIWC Events** – Join the Heidelberg International Wandering Club for the following volksmarches: Krumbach and Langenbrand, June 6-7. Sign up for upcoming trips to Belgium. www.hiwc.de.

• **KONTAKT Club** – Open-Air Concert with the band Sidestep at the Buffalo's, June 6; Wachenheim amusement park trip, June 7; Bus tour to Guntersblum, 10 a.m. June 13; Middle Age festival in Weinheim, June 14; Barbecue at Neulussheim grill hut, 10 a.m. June 20. Civ. 0170-537-8380, annemarie.fritz@t-online.de.

• **Community Yard Sale** – Set up shop in front of your quarters or in the park behind PHV Library for the Heidelberg Community Yard Sale 8 a.m.-2 p.m. June 6. Rental tables and canopies are available from Outdoor Recreation. Open to U.S. ID card holders only. Personal items only, no retailers allowed. The Recycle and Reuse Center will remain open until 6 p.m. in support of the yard sale. DSN 388-9282, civ. 06221-338-9282.

• **Splash N2 Summer** – Middle schoolers can Splash N2 Summer with Club Beyond and CYS Services Panther's Place. Head to Panther's Place 11 a.m.-4 p.m. June 11 for fun summer activities like water wars, dunk tanks and volleyball.

• **Red Cross Volunteers** – Orientation will be held 2-5 p.m. June 11 in Bldg. 3850, room 263 of the Community Support Center. DSN 370-1760, civ. 06221-57-1760.

• **Acute Care Clinic Hours** – Beginning July 1, the Acute Care Clinic at the Heidelberg Health Center will be open 9 a.m.-7 p.m. every day. DSN 371-2605, civ. 06221-17-2605.

• **Volunteers Needed** – Heidelberg Girl Scouts are looking for energetic adults to help "Build Girls of Courage, Confidence, and Character." Training and mentoring are provided. Civ. 06202-607-0155 or OCCH Heidelberg@aol.com.

• **Join Girl Scouts** – Girls ages 5-17 are invited to become Girl Scouts. Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. www.girlscouts.org.

gsusahd.org.

MANNHEIM

Education

• **ACS Classes** – ESL, 9-11 a.m. June 5, 8 and 11 and 6-7:30 p.m. June 9 and 11; Toddler Parenting, 9-10 a.m. June 8; School-Age Parenting 9-10 a.m. June 9 and 23; FRG Leader 101, 9 a.m.-noon and 5:30-8:30 p.m. June 9; Levy and Outprocessing Briefing, 1-2:45 p.m. June 9; Hearts Apart support group 11:30 a.m.-1 p.m. June 10; Stress Management and Anger Management, call for date and time. DSN 385-3101, civ. 0621-730-3101.

• **Preparation Briefing** – A preparation briefing for honorably transitioning Soldiers (not retirees) is to be conducted not later than 90 days before transition date. The next briefing is 8:30 a.m.-noon June 17 at the USO Conference room, Bldg. 254 on Sullivan Barracks. DSN 385-3487, civ. 0621-730-3487.

• **Career Status Bonus Briefing** – A briefing on the Career Status Bonus and the REDUX retirement program will be 1:15-3 p.m. June 17 in Bldg. 238. DSN 385-3484, civ. 0621-730-3487/3488.

• **German Language Class** – The USO offers a beginner German class June 4-July 23. Cost is €50, and the class meets 5-6:30 p.m. Thursdays. DSN 385-2082.

Community

• **Summer Camp Registration** – SAS Summer Camp enrollment is now open at CER, Bldg. 255, room 106. Camp is June 15-Aug. 28 and is for children 6-11 years old. This year's theme is "SAS Goes Green." The programming provided will help raise children's awareness of their vital role in our environmental preservation while having fun in the process. DSN 380-4864, civ. 0621-730-9997.

• **Free Barbecue** – The USO is hosting a free barbecue at the Cove on Sullivan Barracks starting at 11 a.m. June 6 with live music, free beverages, an electric grill, bouncy castle, beach volleyball, and many more offers for each age group.

• **Sullivan Library** – Scrapbook Club, noon-3 p.m. June 13 and 27; Film Screening, 4-5:30 p.m. June 13 and 27; Story Hour, 10:30-11:30 a.m. Thursdays; Teen Advisory Board, 4-5 p.m. Thursdays. Volunteers needed to help plan programs, choose materials. DSN 380-1740, civ. 0621-730-1740.

• **Youth Services** – Image Makers photography, 4-5 p.m. June 4 and 18; Ultimate Journey, 4-5 p.m. June 5; Club Tech, 5-6 p.m. June 5, 12 and 19; Career Launch, 4-5 p.m. June 8; Army Birthday celebration, 1-1 p.m. June 13; Father's Day Appreciation, 7-9 p.m. June 19; Sleepover/Lock-in, June 29-July 2. DSN 380-4864, civ. 0621-730-9997.

Qualify for the Army 10-Miler



Mary Markos

Runners charge the first hill during the 2008 U.S. Army in Europe 10-Miler qualification run. The 2009 10-Miler race will be held June 27 at U.S. Army Garrison Grafenwöhr.

Grafenwöhr to host USAREUR-wide competition June 27 to select team for Washington event

IMCOM-Europe Public Affairs

A reminder for those aiming to compete on this year's U.S. Army Europe 10-Miler team: the top finishers from the 2008 qualifying race are still in theater and are training for the 2009 run that will be held June 27 in Grafenwöhr.

Joel Steward, who took first place last year in the men's division with a course record 56:25, said: "I do hope to compete ... I hope to be in good enough shape to finish strong."

The top 12 active-duty Soldiers (six each in the men and women's divisions) will be nominated to represent U.S. Army Europe during the Oct. 4 Army 10-Miler in Washington, D.C.

To be considered, male competitors must finish under 68 minutes, while female runners must finish at 86 minutes or better.

Additionally, they will need commander's approval to be placed on orders, said Jim Mattingly, Installation Management Command-Europe sports and fitness director.

The men's team that represented Europe last year placed third, with the women's squad placing ninth in their division.

While only Soldiers can compete for the U.S. Army Europe team, everyone holding a U.S. Department of Defense identification card, and who are at least 18, may participate in the June 27 race. Last year's Europe 10-Miler attracted 117 participants.

"The hub of activities will be the new fitness center

"The hub of activities will be the new fitness center at U.S. Army Garrison Grafenwöhr. The final stretch will be a one-mile lap near the fitness center, where spectators and fans will be able to cheer the runners on to the finish line."

-Jim Mattingly, IMCOM-Europe Sports and Fitness Director

at U.S. Army Garrison Grafenwöhr," Mattingly said. "The final stretch will be a one-mile lap near the fitness center, where spectators and fans will be able to cheer the runners on to the finish line."

For more information about free troop billets available on a first-come, first-served basis, contact the USAG Grafenwöhr Recreation Division at DSN 475-9024.

Runners who prefer to reserve lodging at Grafenwöhr's Tower Inn, can call DSN 475-1700, civ. 09641-83-1700.

Camping at Morale, Welfare and Recreation's Outdoor Recreation Vilseck is available by calling DSN 476-2866, civ. 09662-83-2866.

Participants can register online through the USAG Grafenwöhr Web site, www.grafenwoehr.army.mil, or by calling DSN 475-9024, civ. 09641-83-9024.

staying ACTIVE

New Traffic Sign for Skaters

The German Federal Council approved a new traffic sign showing a black skate on a white background and the word "frei", which allows skaters to use streets and cycle tracks. The sign does not prevent skaters from considering the vehicle traffic. Skaters are directed to stay on the far right, skate only in the direction of the vehicle traffic, be extremely careful, and consider other traffic and let it pass. Without the additional sign, sports and games are still not allowed on streets, breakdown lanes or cycle tracks.

Girls Softball Championships

Heidelberg CYSS Youth Sports and Fitness will host the IMCOM-Europe Junior Girls' Softball Championships June 5-7 at the middle school fields on Patrick Henry Village. Opening ceremony is 8 a.m. June 5. Ten teams from all over Europe will participate in the three-day tournament to include: Ansbach, Aviano, Bamberg, Grafenwöhr, Hohenfels, Schweinfurt, Stuttgart, Vicenza and Wiesbaden.

Heidelberg Unit-Level Softball

Standings as of Monday: MEDDAC 3-1, V Corps 3-1, PMO 2-2, DENTAC 0-4. **Games to be played on Patton Barracks:** PMO vs. V Corps, 6:30 p.m. June 8; DENTAC vs. MEDDAC, 7:30 p.m. June 8; MEDDAC vs. V Corps, 6:30 p.m. June 10; PMO vs. DENTAC, 7:30 p.m. June 10.

Sports Physicals

The Heidelberg Health Center is currently scheduling sports physicals for children who plan to enroll in school sports or Child, Youth and School Services programs this summer. DSN 371-2622, civ. 06221-17-2622.

Mannheim Mustang Softball Bash

Men's and women's teams representing various military garrisons throughout Europe will battle June 13-14. Games are played at Lincoln Field on Sullivan Barracks and are free for spectators. DSN 385-3164, civ. 0621-730-3164.

Baseball World Cup 2009

Get your tickets now to see Team USA along with teams from Venezuela, China and Germany compete at the Armin-Wolf-Baseball-Arena in Regensburg Sept. 9-12. Team USA plays Venezuela at 7 p.m. Sept. 10, Germany at 7 p.m. Sept. 11 and China at 2 p.m. Sept. 12. www.baseball.de.

Parents' Exercise Room

The Landstuhl Fitness Center recently opened its Parents' Exercise Room. The carefree and relaxed environment features the latest in cardio equipment and offers a play area for your little ones to safely play or watch movies while you workout. DSN 486-7172, www.mwrgermany.com.

Send the HP Your Sports Photos

Do you have photos from sporting events in your community? E-mail your photos, along with the details of the event and names of those pictured to usaghd.post@eur.army.mil.

Want to be a Cheerleader?

SKIESUnlimited now offers a Cheerleading Class. Classes are available for youth ages 5-11. No previous experience is necessary. All classes include basic instruction to include: cheer fundamentals, yelling techniques, jumps, dance and teamwork. DSN 493-4516, civ. 0631-3406-4122.