## Herald POS'

Serving the communities in U.S. Army Garrison Baden-Württemberg

## Winger's to become The Village Grille Friday

By Jason L. Austin

The biggest change customers will notice Friday is the menu when The Village Grille opens in place of both the Heidelberg and Mannheim Winger's Grill & Bar, which closed for business Wednesday, according to local officials in Heidelberg.

"We'll be offering build-your-own potatoes, build-your-own

build-your-own burgers. Anything on the menu they can build," said Maria Oliver, the Family and Morale, Welfare and Recreation business operations officer in charge of the change.

"We have more wraps, quite a few melts - they can pick their own bread sour dough, wheat or white. We've put more on our menu for vegetarians.

For the meat eaters, Oliver said they've beefed up their steak selection. "We used to carry one steak, now we

will have three types."

The offerings will include a 10-ounce sirloin, a 12-ounce ribeye and a 16-ounce T-bone steak - otherwise referred to as Baby Bear, Mama Bear and Papa Bear.

The change over will allow more flexibility in menu selection, variety offered, specials we can offer and the events we can tie in with," said Chuck Gordon, U.S. Army Garrison Baden-

see VILLAGE GRILLE page 15

#### **THURSDAY** July 30, 2009

#### Speed Read

#### **WOUNDED WARRIORS**

More than 300 community members. about 50 of them wounded warriors, cruised the Neckar River as part of the Warrant Officer Association's annual fourcastle illumination trip. 3

#### TO THE RESCUE

A Kaiserslautern Reservist helped ensure a family of four was safe after an accident on the autobahn. 4



#### SPECIAL NEEDS

Heidelberg's religious education program is working to include programming specifically for special needs families. 6

#### FAREWELL TO CRIME

The housing areas in Heidelberg will be home to the community's first National Night Out — a going away party for crime.

#### CHILI COOK OFF



More than 20 pots of chili spiced up the crowd at the Heidelberg Rod and Gun Club during the annual Chili Cook Off. 12

#### **Defense Details**

#### **DEFENSE AGAINST WMDS**

The Defense Department boasts the world's strongest ability to respond to chemical, biological and other weapons of mass destruction, a top Pentagon official said Tuesday. Speaking to the House Armed Services Committee's subcommittee on terrorism, unconventional threats and capabilities, Paul Stockton, assistant secretary of defense for homeland security, discussed the U.S. capabilities in responding to chemical, biological, radiological, nuclear, and high-yield explosives, or CBRNE. Among National Guard units, the department has developed civil support teams in each state and territory that are prepared to respond in the instance of an attack by a weapon of mass destruction, Stockton said. The department also is establishing three federal response units designed to assist civil authorities in the aftermath of a mass attack.

Army news: www.army.mil

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## **AFAP** issues forwarded for Armylevel review

IMCOM-Europe Public Affairs

Two issues originating from garrison Army Family Action Plan conferences in Europe will be forwarded to the Department of the Army's AFAP for inclusion into its annual conference in January - and possible implementation servicewide.

Gen. Carter Ham, commander of U.S. Army Europe, approved the issues for DAlevel consideration as part of the Europe AFAP Steering Committee Meeting held in Heidelberg July 17, when 14 concerns were reviewed.

The recommendations going forward are:

- •Allow discretionary use of military spouse preference when applying for permanent federal jobs.
- Allow restricted reporting for military family members, Department of Defense civilian employees and other DoD identification card holders who are sexual assault vic-

Under the Army's Sexual Assault Prevention and Response Program, only activeduty Soldiers retain the option of restricted reporting, which does not trigger an investigation or command involvement. It was noted see **AFAP** page 15

## Clowning around



Klutz the Clown, otherwise known as Staff Sgt. Myron Jamerson, plays with a balloon at a recent birthday party on Patrick Henry Village in Heidelberg

#### Soldier spends off-duty time entertaining community

By Kristen Marquez

HERALD POST STAFE

alling Staff Sgt. Myron Jamerson a clown is a good way to give him a compliment.

Iamerson, the noncommissioned officer in charge for the V Corps' Executive Services Division, spends his free time volunteering

as "Klutz the Clown" for children's birthday parties and other events.

His humble clown beginnings began about a year ago when his church, the Jesus World Outreach Center in Heidelberg, needed a clown for its annual picnic. The pastor asked if he'd help out and be a clown. He agreed, and when he realized how much

see CLOWN page 14

#### SAFETY MESSAGE

Take precautions to protect your family from electrical fires

#### **USAG Baden-Württemberg DES**

Electrical fires can occur if equipment wiring is worn, faulty or tam-pered with. Check cords and extension cables frequently, and do not use electrical appliances if unusual noises, smells or sparks are noticed.

Overloading outlets or extension cords will overheat the cable and burn the insulation, causing a fire. Never run extension cords under a carpet or rug, as they will fray and pose a serious fire hazard. All electrical equipment generates heat that will cause a fire if the heat cannot dissipate to the surrounding air, do not cover equipment and block ventilation.

Electricity is something we have all come to take for granted; we switch on lights, plug in appliances, and turn on the stove without giving it a thought.

Have you ever stopped to consider the hazards of electricity? How many appliances do you have plugged into that one wall outlet? Are you overloading the electrical circuits? Could a fire start through overheated wiring?

Well let's stop for a minute to consider some electrical facts. Many electrical fires can be prevented by using common sense. Electrical fires can occur if appliances or wiring are damaged, faulty or have been tampered with.
•Check cords and extension cables

frequently, and don't use electrical appliances if unusual noises, smells or sparks are noticed.

·Overloading electrical outlets or extension cords will overheat the wiring and burn the insulation, which could cause a major fire.

 Never run extension cords under a carpet or rug, as they will fray and pose a serious fire hazard.

Voltage transformers have contributed to several fires within Installation Management Command-Europe. Inspect these units often to ensure they are not overheating and follow the manufacturer's recommendations. Never cover transformers because it will block ventilation and cause heat to build up.

•Unplug electrical transformers when not in use, transformers use up valuable electrical power even when no appliances are plugged in to them. Only plug appliances that are within voltage rating as identified on the affixed label. Overloading will cause the transformer to overheat and possibly caused an unwanted fire to occur. Do not operate these units near a water source because possible electrocution and fire may occur.

•Don't use light bulbs that are rated too high for your lamps. Most lamps in government facilities are intended for a maximum bulb rating of 60 watts. Using a light bulb which has a

000000 //0 rating higher than that permitted by the lamp manufacturer can overheat

the lamp fittings or even set fire to the lamp shade due to the high level of radiated heat from the bulbs

•Electrical appliances are used daily by everybody, but are you using an appliance that is approved? Before buying an appliance check to see that it bears the UL or AGA label. In Germany the equivalent for UL or AGA is VDE (Vereinigung Deutscher Elektrotechniker) or GS (Gepruefte Sicherheit). ·Even if your appliances are approved,

you should regularly check for fraved cables, cracked plugs or other damage especially on older appliances. •Replace overaged electrical appliances,

transformers, plugs and wiring ·Always ensure the extension cord is

the appropriate gage to the appliance in which it is servicing.
•Extension cords should never be used

to substitute permanent wiring. Never plug 110V appliances into 220V outlets.

 Unplug appliances like curling irons. flat irons, toasters, coffee machines etc. even when they are switched off. All electrical appliances (except those which have to run continuously, refrigerators, etc.) left unattended shall be disconnected from electrical circuits. •Recurring problems with blowing fuses or tripping circuit breakers is a sign of a possible electrical problem and it should be checked out as soon as possible. Never under any circumstances, place tape onto a tripping circuit breaker to keep it from tripping.



#### Join the virtual community today http://myBWnow.ning.com

#### **BLOG ROLL**

#### Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

For the past year I have been known as the Heidelberg Garrison BOSS President and nothing else! Wherever I walk and whoever I run into stop me and ask me "Arent you the BOSS President?" and of course I tell them "Yes as a matter of fact I am!" Being apart of BOSS these last two years have been a wonderful experience for me! I have met so many wonderful people and have learned so many skills that I will be able to use later in

-Meagan Noles, BWnow membe

About the curfew - I do have two teenagers, one is 16 the other one 17. If I am not mistaken, they are to be in the house at 2300 outside of school days ... I think that's a little bit over the top and here is the reason why: When my 17 year old turns 18, he is basically free to stay out the door

as long as he pleases. I would much rather adjust his curfew time slowly, starting at the age of 16. I don't feel as though I should get in "trouble", if my 17 year old is "found" outside after 2300, unless he did something bad of course. For younger children, it might be ok, but I would also say it should be looked at on a case by case basis and might have to be age-adjusted a little bit.

-Mandy, BWnow member



Juan Meléndez Jr

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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.



Neckarsteinach was the destination for the four-castle illumination cruise the Rhein-Neckar Silver Chapter of the Warrant Officer Association held for about 50 wounded warriors stationed in Heidelberg, Landstuhl and Mannl

## Warrant Officer Association provides day of fun, relaxation for local injured troops

By Kristen Marquez HERALD POST STAFF

he Rhein-Neckar Silver Chapter of the Warrant Officer Association hosted a day for wounded warriors Saturday, treating them to a barbecue and riverboat cruise to Neckarsteinach for the annual four-castle illumination.

Around 50 wounded warriors, some from Landstuhl Regional Medical Center and others from the Heidelberg and Mannheim Warrior Transition Units, were treated to the day as guests of the association.

This was all in cooperation with the Wounded Warrior Program, a oneman volunteer program started and run by retired Marine Chief Warrant Officer 3 Bill Black, who said he started

the program simply as a way to give back to those who are doing so much for the country.

"Their enthusiasm is overwhelming," he said. "It's the first day for them in months when they haven't been told what to do or where to be, and a lot of them are still in what I call their 'force-protection mindset' - very jumpy, watching people for some suspicious movement, observing bridges and buildings as if they were potential ambush sites. There's only one order I give them on the tour - 'Relax and enjoy yourself; let me do the worrying for the day.' And by the end of the day. they've always decompressed enough that they're laughing and joking, like any other tourist. It's worth it every time I do it."

Beginning with a barbecue cook-

"For the wounded warriors, it is a chance to sit back and enjoy a good meal and great conversation, and it allows them to unwind and forget for a moment the events that brought them to us."

-Chief Warrant Officer 4 Tom Fisk, WOA president

out at the Warrant Officer's Hut on Tompkins Barracks in Schwetzingen, the warriors then went on a tour of the Heidelberg castle before boarding the 'Alt Heidelberg" for the approximately four-hour cruise on the Neckar River.

The Warrant Officer Association has been doing the river boat rides since 1992 as a fundraiser for scholarship donations, according to current chapter president Chief Warrant Officer 4 Tom Fisk, Last year, the association donated \$5,500 in scholarships to graduating seniors from Heidelberg and Mannheim high schools.

"Since 2004 we started inviting the wounded warriors to participate in our boat rides," Fisk said.

Lance Cpl. Casey Holliday, 1st Battalion, 8th Marines, 2nd Marine Division, was one of the wounded warriors from Landstuhl who attended the day's activities.

"They took us to a barbecue in Heidelberg, Germany, and they are here to support us," he said. "During these events ... we get to meet other Marines, other warriors from downrange, down in country that have similar issues that are wounded, and we all get to come together to talk to each other, explain each other's situation. People from the same place that you're at makes things a lot easier."

In total, 307 community members and wounded warriors took the boat ride together, to see the illumination of four castles high above the river in Neckarsteinach, followed by a fireworks display. Community member Michele Barber said the trip was enjoy-

"Seeing the four castles smoldering as if they were in flames on the hillside was like nothing I've ever seen before," she said. "I had no idea we'd be able to see all four of them at the same time. Fireworks are always fun, and this was a good show. They saved the best for last with the waterfall fireworks on each of the castles. It was a really spectacular show and cruise."

Throughout the cruise, passengers could purchase raffle tickets for prizes, ranging from portable DVD players to cases of wine. The money from the raffles also goes back into supporting the community through the WOA.

"For the wounded warriors, it is a chance to sit back and enjoy a good meal and great conversation, and it allows them to unwind and forget for a moment the events that brought them to us," Fisk said.

The next WOA river boat cruise is scheduled for Sept. 5 for the Heidelberg Castle illumination. For details, call DSN 370-8286, civ. 06221-57-8286 or visit www.Rhein-NeckarSilver.com.

## Nearly \$93,000 donated to the Family Support and Youth Program

By Staff Sgt. Patricia Deal USAREUR PUBLIC AFFAIRS

The quality of life of the U.S. Army community in Europe got a boost with the July 22 presentation of a \$92,977.36 check resulting from donations to the Family Support and Youth Program of this year's Combined Federal Campaign-Overseas.

According to CFC-O, the FSYP program gives federal

employees and service members stationed overseas the opportunity to enhance their community's quality of life by making designated donations that are returned - 100 percent - to the region in which they were donated.

"This contribution will go a long way to help our youth and family programs through-out Europe. It takes a lot of teamwork and generous spirit to make something like this

happen," said Maj. Gen. Byron S. Bagby, chief of staff for U.S. Army Europe and 7th Army.

Bagby accepted the check from Renee Acosta, president and chief executive officer of Global Impact, the Department of Defense's campaign management organization for CFC-O, at a ceremony at USAREUR headquarters on Campbell Barracks in Heidel-

Gifts to FSYP help ease the

transition for families and children making new lives in overseas military communities by funding programs that provide child care, emergency assistance, recreational ac-tivities and other facilities for those who are far from home, said Constance Baker, deputy director of CFC-O.

"FSYP gifts enable overseas locations to offer free or reduced-cost programs, so that the entire cost of special activities is not passed on to those serving our country and their families.

"From providing softballs for youth to funding language classes for spouses or buying art supplies for the local child development center, FSYP programs directly improve the experience of those living

overseas," she added. The next CFC-O campaign kicks off Oct. 5 and runs through Dec. 4.

#### No phone needed to make medical appointments

**ERMC Public Affairs** 

The Europe Regional Medical Command has embarked on a drive to improve beneficiary access to care, including increasing the availability of online appointments through TRICARE Online.

Each clinic's Web site (visit http://ermc. amedd.army.mil/mtf), has an "Online Appointment" link to allow beneficiaries to schedule appointments after the clinic desks have closed.

Through online appointments, ERMC hopes to improve access to care by meeting the following goals: ensure 80 percent of all primary care appointments are Web-enabled; ensure 25 percent of Military Treatment Facility-enrolled TRICARE Prime beneficiaries are registered correctly on TOL by September, increasing to 50 percent by March next year; and increase TOL appointment booking to a minimum of three percent by September, increasing to a minimum of 5 percent by the first of the year.

## **Samaritan Soldier**



Sgt. Rafael Matos recalls the day he helped a German family after an accident on the autobahn. Matos is a human resources NCO for Headquarters and Headquarters Company, 7th Civil Support Command.

### Reservist aids family after autobahn accident

By Sgt. Jesse Granger

7TH CSC PUBLIC AFFAIRS

Sgt. Rafael Matos will remember June 7 for a long time. He was driving on the autobahn toward Nuremburg on his way home after a battle assembly weekend with his reserve unit, the 7th Civil Support Command in Kaiserslautern, when he came upon an accident.

"Traffic was backed up, and there was a BMW on the shoulder blocking traffic," said Matos, a human resources noncommissioned officer with the 7th CSC's Headquarters and Headquarters Company.

On-lookers continued to pass, and the vehicle stood in a precarious situation when Matos came upon it. Faced with the decision to stop and help or to keep moving, Matos acted quickly.

"I didn't see anyone else there, so I pulled over to the side and I went across the street," said the Puerto Rico

Inside the vehicle Matos discovered a family of four. The two children and two parents were unharmed but too frightened and disoriented to leave the vehicle on their own. Another motorist had also stopped to help, so he and Matos communicated to the family that they needed to move.

"I took off my ACU top to cover the baby and told them to go wait in my car," Matos

The wail of German emergency vehicle sirens could soon be heard as the Polizei responded to the situation. After some questioning from the officials and "thanks" from the family, Matos was back on his

Matos said he didn't really have to think twice about stopping to help. He knew what he had to do because this wasn't his first time dealing with an accident on the autobahn. Last time, though, he was on the receiving end.

"I was in a real bad crash last year," Matos said. "Somebody hit me from the back. Next thing I know I'm upside down on the autobahn."

His car was rear-ended at high-speed, spun out and flipped over. It was totaled, and the military gear he had packed so carefully for the weekend battle assembly was strewn across the highway

"People were walking up with my boots like 'This is yours,'" Matos said with a laugh. "Even the radio flew out."

Matos said he was lucky because as bad as the accident looked, he was fine. "I came out of there without a single scratch. None," he said.

Matos owes his life to the seatbelt he wore that day. The accident served as a lesson he won't soon forget.

"Before, if I was going a short distance, I would say 'Well I don't need a seat belt.' But now, even if I'm just going a couple blocks I put it on because .

## IMCOM-E ushers in new Postal Service Centers concept

IMCOM-Europe Public Affairs

A new postal concept called the Postal Service Center is gaining momentum in Europe as part of Installation Management Command-Europe's postal transformation designed to improve postal service to all authorized postal service customers.

The customer-focused initiative combines community mailrooms, official mailrooms and U.S. Postal Service entities into a "one-stop shop" for postal services, according to Monique Bagby, IMCOM-Europe Postal Transformation

program manager.

"The bottom line we considered in developing this postal concept was: What can we do to make things better for the customer," Bagby said. "Under this new Army Europe PSC concept, customers will be able to take care of all their postal needs in one place and mail will get to their boxes sooner."

Bagby heads the IMCOM-Europe Postal Transforma-

tion Office, which is working with U.S. Army garrisons to implement transformation throughout Europe. In addition to Postal Transformation consolidating all postal functions under one roof, it also focuses on finding more efficient, quicker ways to handle, sort and deliver mail.

"Our goal is to transform Army Postal Operations in Europe to 'one stop shop' by enhancing design, optimizing distribution, reducing redundancy, and leveraging resources,' Bagby said.

The operational Army is vested in the change in a shortterm sense because it frees up Soldiers currently working in postal positions. In a long-term sense, the initiative makes sense because the Army plans to phase out active-duty post-

"As this 'transformation' continues at garrisons in Europe, we believe customers will appreciate having all their postal service needs at one location," Bagby said. "Consolidating various postal operations and organizations into a Postal Service Center - or PSC - is a win-win situation for customers and the Army. Customers are able to satisfy all their postal needs in one location, and this saves taxpayer dollars by reducing resources."

At the crux of the Postal Service Center concept is the consolidation of a mixture of postal-like facilities: Ûnit Mail Rooms, UMRs; Community Mail Rooms, CMRs; Regional Post Offices, RPOs; Army Post Offices, APOs; and Official Mail Distribution Centers, OMDCs.

PSC is one facility with UMR, CMR, RPO, APO, and OMDC functions fully integrated. Personnel are crossutilized into all functions, and mail transportation needs within communities are reduced, Bagby said.

The postal transformation changes that. Instead of talking about CMRs, UMRs or any other acronym for the varying

types of postal facilities, customers need only say "PSC."

"The driving factor behind establishing PSCs is enhancing postal operations to provide improved customer sersaid Billy Smith, IMCOM-Europe Postal Transformation deputy project manager.

The following locations have consolidated postal facilities: Grafenwöhr, Baumholder, Wiesbaden, Garmisch, Stuttgart -Kelley Barracks, Giessen, and Germersheim Dagger in Germany, and Brussels, Chievres, and Schinnen in the Benelux. The transformational process will continue throughout Europe and should be seamless to customers, Smith said.

We were able to quickly transform several garrison postal processes to the PSC system because the infrastructure existed at those locations," Smith explained. "Other locations present more of a challenge. We are committed to getting things right for the customer, so we are ensuring each garrison's unique situations are carefully considered.

## Legal interns find 'a home away from home' at 21st TSC

By Angelika Lantz 21STTSC PUBLIC AFFAIRS

It's nothing like on television. The four students currently working at the 21st Theater Sustainment Command's Office of the Staff Judge Advocate and the Kaiserslautern Legal Services Center picked the "wrong" military branch. No jetting around like the elite Navy lawyers portrayed in the television adventure drama "JAG" for these interns.

Nonetheless, a sense of excitement and adventure prevails. After all, they are four

of only 75 second-year law students the Judge Advocate Recruiting Office selected to serve as legal interns in JAG offices worldwide.

"This is one of coolest opportunities. We get to experience a JAG office and a bit of life in the military – and we do it while we live and travel abroad," said Nichole Venious, who studies law at the University of Michigan.

Her fellow intern – Ryan Mylrea, a law student at Tulane University Law School – agrees. "This is an irreplaceable opportunity to experience what JAG life is like. It's only for two months, but during that time, we even live in the barracks," he said.

The legal interns hail from families with neither legal nor military backgrounds, thus jokingly referring to themselves as first generation. They arrived at the 21st TSC in June and will intern for two months. Now, toward the end of their stay, they admit to also having had to deal with preconceived misconceptions about military personnel.

"They are all incredibly disciplined, but I expected that. What I didn't expect is how closely the Army mirrors American society in general. I expected a more homogenous population," said Robert Mc-Cray, who studies at Howard University School of Law.

The Uniform Code of Military Justice holds Soldiers to a specific set of standards that are new to these interns. "It is shocking to learn that Soldiers get in trouble for some of their personal choices, like committing adultery, because they violate the Army's morale code and laws." McCray said.

Not so surprising is the

amount of research prevalent in the military legal environment just like in its civilian counterpart. "What is unusual is that we have to use a totally different framework of reference here – it's all about Army regulations," said Ian Fiske, a law student at the University of Virginia School of Law.

In the past, many legal interns have joined the JAG Corps as commissioned officers. "I have been thinking of going on active duty, and this opportunity really helped to confirm my decision," Venious said.

## Heidelberg to address special needs in religious education programming

By Kristen Marquez

Families in the Heidelberg community who have children with special needs may soon be able to participate in religious education programming that will address their needs more specifically.

Beginning with the SonRock Kid's Camp Vacation Bible School, Aug. 3-7 at Patrick Henry Elementary School, the U.S. Army Garrison Baden-Württemberg chaplain's office is hoping to expand its programming to better accommodate children with special needs.

"Right now we are doing it for vacation Bible school, so we have been preparing for three or four months," said Chaplain (Lt. Col.) Jason Duckworth, Heidelberg community chaplain. "We have some very skilled and gifted people, but it's a new adventure for all of us. Our thought process was, 'let's do it for VBS and see how it goes.' I'm sure we will learn a lot from providing ministry during vacation Bible school, with the intent that in the fall when the full religious education program starts, we will be able to provide that ministry during religious education time."

The chaplain's wife, Kim Duckworth, is a special needs school teacher, which he describes as "her passion." Kim, along with others in the congregation who have knowledge and experience with special needs children, have been brainstorming and planning for several months to get the program started.

"I think it's a very cool program," said James Corneliussen, religious education director for USAG Baden-Württemberg. "I think it's going to be awesome. Kim has the vision for it. She has set everything up for success. It's been very collaborative. We even have some leaders from Mannheim involved. These are very committed ladies who are very excited to do this."

Families who want their special needs

children to participate in VBS this year can expect their children to feel safe, included and accepted, according to Corneliussen.

Vacation Bible school volunteers are being trained to act as "shepherds" to the children, to follow them throughout the day to each station and make sure they are ok. Each shepherd will have one or two children they will watch over.

two children they will watch over.

"The idea of shepherds is a prevalent theme now as far as moving forward," Corneliussen said. "This is the first year, and any time you do something for the first time there are a lot of unknowns, but we've got the support, we've got committed leaders, we've got what we think is a good vision, and after VBS we'll be able to modify that vision a little bit and see how it may work into the congregation."

By using the vacation Bible school as a test phase for possible special needs religious education programming in the future, the hope is that this will allow more families to attend the worship services and connect with not only Christ, but each other as well.

Duckworth also said he's excited about a possible retreat in the fall for families with special needs children, which would be a joint venture between the chapel community and Army Community Service.

"God loves us all, and we are all created unique and special in his image," Duckworth said. "But for some, whether it is a cognitive challenge, a physical challenge, it is more difficult for some than others to participate in the life of the chapel, and so I think it's up to us as a worshipping community to remove those barriers so that they can fully participate."

Families interested in vacation Bible school and other religious education opportunities can contact Duckworth a DSN 370-7824 or Corneliussen at DSN 379-6265. Children can still be registered to attend VBS, and volunteers are always welcome.

## your local connection



U.S. Army Garrison Baden-Württemberg's command information program

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# Libraries host 'Absurdistan' author for workshops

By Michael McNulty

EUROPEAN REGIONAL LIBRARY SUPPORT CENTER

Army Europe Libraries continues its "Conversations" literary discussion series in August with Gary Shteyngart, critically-acclaimed author of "Absurdistan" and "The Russian Debutante's Handbook."

Shteyngart will visit eight garrison libraries across the region to engage Soldiers and family members with creative-writing workshops, readings of his work and open discussions. Shteyngart's tour, supported by Installation Management Command-Europe Family and Morale, Welfare and Recreation, begins Aug. 10 at the U.S. Army Garrison Mannheim Library and concludes Aug. 19 at the library on USAG Schweinfurt.

The events are free and open to U.S. service members and their families. Shteyngart's writing workshops will begin at 5:30 p.m. on the day of each garrison library visit. The reading and discussion sessions will follow at 7 p.m.

Christina Kruger, a librarian at the European Regional Library Support Center in Heidelberg, oversees the "Conversations" series and has been planning for Shteyngart's visit for several months.

"Shteyngart is not only a rising star on the literary scene, but he also teaches creative writing at Columbia University and Princeton University," Kruger said. "Anyone interested in the creative writing process will really find this program inspirational."

Shteyngart was born in Leningrad, Soviet Union, in 1972 and moved to the United States when he was 7.

His debut novel "The Russian Debutante's Handbook" was published in 2003 and won the Stephen Crane Award for First Fiction and the National Jewish Book Award for Fiction. His latest novel "Absurdistan" was published in 2006 and was chosen as one of the top 10 best books of the year by the New York Times Book Review and Time Magazine, as well as book of the year by the Washington Post, Chicago Tribune and the San Francisco Chronicle.

Stacy Graham, the Europe Region librarian, said the "Conversations" series is becoming an increasingly popular treasure for the library program

"This program offers a unique opportunity for people in our military communities to meet notable authors," Graham said. "It not only gives us a glimpse into the world of art and literature, but it also gives these writers the opportunity to meet the men, women and children in our military communities."

On his tour in Germany, Shteyngart will make local stops at Mannheim Aug. 10, Kaiserslautern Aug. 12, and Heidelberg Aug. 13.

For more information, visit the Army Europe Libraries Web site at www.library.eur.army.mil/conversations. For more about the Conversations series, call DSN 370-6678.

## 'Give crime a going away party'

Heidelberg to host first National Night Out for community members on PHV, MTV

By Kristen Marquez

HERALD POST STAFE

oin with your Heidelberg military community members and law enforcement officials Aug. 4 to give crime a going away party.

ing away party.

The first National Night Out is scheduled to take place that day, with community participation being the biggest part of the schedule.

Beginning at 6:30 a.m. at the commissary on Patrick Henry Village, join the fun in the Burglar Run, when Burglar Bill, the villain of the morning, will show up at the commissary. It's up to the community to send him running for the gate.

The community run will loop around Patrick Henry Village, which is approximately three miles, and end back at the commissary for participants to see the military police apprehend Burglar Bill.

Then, community members are encouraged to host barbecues and grill out in the housing areas that evening, in the hopes of getting to know their neighbors and their property.

"It's kind of like in the States,

"It's kind of like in the States, they have community block parties and neighborhood watch, but it's just a night for everybody in the community to get out, get to know each other, get to know their local law enforcement agencies, and to show crime that we're organized and that we are going to stand against crime," said Sgt. Andrew Metzinger, who is coordinating the event for the garrison's Directorate of Emergency Services.

The evening's main purpose is to build a sense of community, Metzinger said, and in order to do that, people need to participate.

"The main reason we aren't having it as a centralized event, we wanted to keep it in housing because that way everybody does the cookouts at their house with their neighbors — with the people who live in their building," Metzinger said.

"That's the biggest part of the

"That's the biggest part of the event – get to know who your neighbors are, and whose properties are whose, so that if someone is snooping around, the people in the community are more vigilant of noticing something out of place or if something looks sus-



"It's kind of like in the States, they have community block parties and neighborhood watch, but it's just a night for everybody in the community to get out, get to know each other, get to know their local law enforcement agencies, and to show crime that we're organized and that we are going to stand against crime."

-Sgt. Andrew Metzinger, National Night Out event coordinator

picious, because they know their neighbors."

Beginning at about 5:30 p.m. in the three-playground area between buildings 4421 and 4426 on Patrick Henry Village, there will be law enforcement displays set up so community members can walk around and see the types of vehicles used, as well as get to know the law enforcement personnel.

Scheduled to participate are the military police, including forensics, cruiser and gear, bike safety and the Drug Abuse Resistance Education program; the German Polizei, including the horse patrol, motorcycle patrol and the unmarked aggressive driving unit; and the fire department, including fire trucks and fire extinguisher demonstrations.

Also scheduled to participate are the Criminal Investigation Command, Family Advocacy Program, Pond Security, Heidelberg Ski Patrol, the Army Substance Abuse Counseling Service and the American Red Cross.

There will also be a military working dog demonstration by local military police.

Residents of Mark Twain Village are encouraged to host cookouts with neighbors at their buildings, and then head over to PHV to check out the display area.

Those living on the economy are also invited to visit the displays and meet local law enforcement officials.

And, for those who don't want to cook out, they're still encouraged to host "stairwell walks" and go for a walk together to check out the displays while getting to know each other.

"Not only do they get to know who's in their community, but it builds community spirit," Metzinger said

inger said.
"If you know someone, it's more personal, and you're more willing to help out and look after that person. It's not just 4C, or 1A, it's a face and a name."

For those driving to the event, parking will be available at the schools on Patrick Henry Village.



Sgt. Joshua Anderson of Battery B, 1st Battalion, 113th Field Artillery Regiment, 30th Heavy Brigade Combat Team, from Indian Trail, N.C., secures the outside of a home while on a joint patrol with the Iraqi army south of Baghdad July 18.

## **OUTARMY** around the world

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Capt. Jeffrey Mann shows students from Nangarhar University how to test for nutrients in soil samples during an agricultural development class on Forward Operating Base Mehtar Lam in Afghanistan's Laghman province July 9.

Sgt. Shann Snyder of Billings, Mont., hangs in his seatbelt while Sgt. Glen Naylor works himself free during training in the Humvee Egress Assistance Trainer. Snyder and Naylor, members of the Montana Army National Guard's Detachment 2, 484th Military Police Company, were training on battle drills to learn how to react to the disorientation and confusion associated with a vehicle rollover during the 484th MP Company's annual training at Fort Harrison, Mont. The 484th is slated to deploy in the spring of 2010.



Sgt. Jerrod Fields, a U.S. Army World Class Athlete Program Paralympic sprinter hopeful, works out at the U.S. Olympic Training Center in Chula Vista, Calif. A below-the-knee amputee, Fields won a gold medal in the 100 meters with a time of 12.15 seconds at the Endeavor Games in Edmond, Okla, June 13.





Maj. Gen. Yves Fontaine, commanding general of the 21st Theater Sustainment Command, shakes hands with Maj. Gen. Klaus-Peter Treche, the deputy commander of the German Armed Forces Joint Support Command, after Treche received the Legion of Merit during a ceremony held at the German Officers Club in Cologne July 20. Fontaine presented the award to Treche for his support of partnership events and exercises between his command and the 21st TSC.

### Cook off brings a taste of Texas to Heidelberg

By Sgt. Maj. Lisa Hunter

It may have taken place in Germany, but the spicy, tangy scents wafting through the Heidelberg Rod and Gun Club were definitely the Tex-Mex cuisine you'd associate with a Texas diner.

More than 40 chefs (although some of them may take offense to the highfalutin term) converged Saturday to showcase their culinary skills in the art of chili cooking at the Rod and Gun Club's Seventh Annual Chili Cook Off.

With the discerning panel of six judges sequestered inside the Rod and Gun Club, the chefs decorated their outdoor booths and cranked up the heat under their entries. Each competitor provided all of the ingredients and labor for preparing the chili and even took the time to decorate their booths. For a \$5 entry fee per category, the chili connoisseurs could enter their particular brand of chill into one or more categories.

"We had 25 different chilies, with some of them being entered into more than one category," explained Stephanie Dempsey, the Rod and Gun Club volunteer who coordinated this year's competition. For those who have not been blessed with living in Texas or may otherwise be ignorant in the ways of chili competitions, Dempsey explained the categories, based on the guidelines of the American Chili Society.

the American Chili Society.
First, there's the "No Filler" category, which is the true traditional chili – just meat and spices. And, if you have a "No Filler" category, then – of course – you have to have



Sgt. Maj. Lisa Hunt

Ken White waits for his chili sample served up by Boy Scouts from Troop 4 (left to right)
Treyor White, Nathanial Barber and Thomas Melancon, Also pictured is Seneca White.

a "Chili with Fillers" category. Here the creative chefs can throw in anyhing from meat (wild boar, anyone?) to beans. Other categories include "Hottest/Spiciest," "People's Choice," and "Most Unusual/Most Original."

This year's winner for the Most Unusual/Most Original exceeded the imagination of most culinary artists. Mike Sinnema won with his entry "Cold Chili," made in a homemade ice cream maker. Sinnema was willing to share his secret recipe: Start with the ingredients to make homemade vanilla ice cream and add in habaneras, chilies and almonds. Sinnema admits he based his creation off a recipe he found on the Internet, but then modified it to make his own.

It was probably the only entry that had a chance of beating out Carol

Bellini's Wild Boar Chili, which was polished off before the competition was over.

George Spears took home the prize for best chili with fillers. The "Too Hot to Handle," German-American Hunting Group took the award for best display, and The Bean Team won the "People's Choice" award with its Alabama Dee Beer Chili.

Four Boy Scouts from Heidelberg Troop 4 used the cook off as an opportunity to either work toward their cooking merit badge or practice the skills they learned while earning the badge.

This year's winning chefs walked away with trophies, T-shirts, amusement park tickets donated by the USO and gift bags. But the grand prize, according to Dempsey, was the bragging rights for cooking up a pot of award-winning chili.

## BOSS president encourages troops to get involved

By Zoë H. Todd HERALD POST INTERN

While reintegrating after a 15-month deployment in Iraq, Soldiers from the Headquarters and Headquarters Company, 18th Engineer Brigade received a briefing about Better Opportunities for Single Soldiers from U.S. Army Garrison Heidelberg BOSS president, Spc. William Perkins July 22 on Patton Barracks.

BOSS is a program that runs through Family and Morale, Welfare and Recreation that provides recreation and leisure, community service and quality of life for single Soldiers, according to Perkins.

During the briefing, Perkins outlined upcoming events such as paintball tournaments at the Rod and Gun Club, trips to Spain and Prague and canyoning, a dare-devil sport that entails wet suits, rivers and small waterfalls in Switzerland.

"No canoes, kayaks, rafts or anything like that," Perkins said about the sport. "We're just going to jump into the water with wet suits on and go down the river."

Yet, BOSS isn't only fun and games. Single Soldiers also have the opportunity to help out in the community by volunteering at elderly homes, Army programs and even children's sports events.

"We let the single Soldiers know what's available in the community; we try to set up the best things for them," Perkins said. "The things that would make them feel better by the end of the day. After it's all said and done, they've helped out with the community."

Another benefit of BOSS is the chance to see Europe in a group environment.

"If you don't have something like BOSS to take advantage of ... (single Soldiers are) just going to hang out in barracks ... and not go out and actually see the country," said Pfc. Eric Jenkins, 18th Engineer Brigade.

The general age group of single Soldiers partaking in BOSS events is between 18 and 26 with a balanced mixture of male and female participants, according to Perkins, who hopes these Soldiers will get just as "amped" on the program as he is.

"The BOSS program wants to make sure that (single Soldiers) have a better opportunity to go out and see things," Perkins said, adding that he's had suggestions to visit countries as far away as India or Egypt. "I'm willing to work with anybody who has ideas."

With about 85 single Soldiers in the brigade's HHC, the briefing did not fall on deaf

"Perkins can send a million e-mails a day," Jenkins said. "But it's important to actually get time with people and talk to them ... the most important thing is getting the word out."

"I have a full-time position as BOSS president, but I work for (single Soldiers) – if (single Soldiers) don't give me any work, then hey – I'll just kick back in my office," Perkins joked. "I want to make sure (single Soldiers) make me work."

#### Wilson visits ACS



Jason L. Aus

Lynn Wilson, wife of Lt. Gen. Robert Wilson, commander of the Installation Management Command, visits the Heidelberg Army Community Service office July 21 to celebrate ACS's 44th birthday and attend a briefing about the local services provided to the Heidelberg community members.

## **Summer hire hits Heidelberg**

## Local students shine up facilities with some elbow grease for their vacation jobs

By Zoë H. Todd HERALD POST INTERN

A sadistic alarm goes off at 6 a.m. - 6 a.m. on a Monday, a Monday in July - in other words, somebody has been torn from blissful slumber during their summer holidays - a crime on any watch.

Days start early for Jonathan Ochart, a summer hire employee at the Equal Employment Opportunity office on Patton Barracks.

By 8 a.m. he's at his desk, busy with files, phone calls and paper work. Four hours later a break is put in for lunch and perhaps a quick spell at the gym.

Noon to 1 p.m. – one hour, no more and no less - then it's back to work.

At 17, Ochart is one of 168 summer hire students in Heidelberg, Mannheim, Schwetzingen and Seckenheim. It's a six-week program, up to eight hours a day, 40 hours a week at a minimal

Who in their right mind does this to themselves when a perfectly relaxed holiday calls and beckons lazily from the couch? Forget summer vacation - hello job applications.

Stereotypically, high school students are supposed to be lethargic, lacking in enthusiasm and more than 25 per-cent asleep, 50 percent of the

This, after all, is the summer of '09 - these are the best days of their lives.

But even the wisdom of Bryan Adams was not enough to prevent an army of ambitious teens from applying, many of whom were sent home disappointed.

"I have a younger brother, but he didn't get a job because they ran out ... over here in Heidelberg," said 17-year-old Brandi Lewis, who also works on Patton Barracks.

As a clerical worker Ochart may even be considered lucky with his predicament – he has the "fun job." His previous

employment was spent as a labor worker for the Directorate of Public Works "picking up bricks and stacking them

"I like it, it's better than nothing," said Ochart about his current position. "Better than labor for sure.

Many of the positions are similar to Ochart's previous experience.

They want to do office work?" said Patton Barracks' Installation Coordinator Peter Wilson. "I have no office work. I'm straight labor."

Wilson, who works for the Directorate of Plans, Training, Mobilization and Security Heidelberg is in charge of six teenage labor workers.

Anyone who has recently visited Patton Barracks is hard put to miss the orangesafety-vest-clad youths - or the positive effects they have had on the facility pulling weeds, fixing signs, picking up litter or painting barri-ers. And for those who may have wondered, these are not young criminal masterminds in penitence for their crimes, but merely ambitious and engaged youths looking for a little cash and work ex-

'This is not a job for somebody who wants to sit around and be lazy," Lewis said. "It's for somebody who wants to do the work - make something look better than it

The students do have to work hard at their jobs, but there's no rule that says they can't have fun doing it.

"We have a group of goofballs that do work," Lewis joked. "We're constantly constantly laughing."

The summer hire program becoming increasingly popular with teens, this year 220 students applied in the local district alone, the acceptance rate being just over 75 percent, according to Stephanie Hazel, the summer hire coordinator.

Application is open to anyone from 14-22 years of age,



(left to right) Julian McCaster, Dominique Tolbert, Dennis Cardona and Brandi Lewis pull weeds on Patton Bar racks as part of their summer hire job. The summer hire program runs for six weeks and is designed for youth wanting to make a little extra cash and gain real life work experience in the process.

although older candidates are prioritized as a job may have greater impact on potential career-paths and college applications.

"It's a good program," Wilson said. "They earn a little bit of money, it teaches them how to handle finances they're going to have to start saving for college.

Students also gain experience in their respective working fields and flourish as young adults.

"It helps me grow in the professional world instead of just school," Ochart said, adding that he has also learned how to communicate with adults, an age-old issue for adolescents. "These are people who have gone to college, so I can ask them for advice.

However, not only employees are on the winning side with this program.

"Well, I requested a summer hire and I got one -

"This is not a job for somebody who wants to sit around and be lazv. It's for somebody who wants to do the work - make something look better than it

Jonathan," said EEO Officer Bonnie Ballard. "And we love

With an hourly wage of \$5.50, this is also a moneysaving and affordable project for the community to support, according to Wilson.

'With downsizes I think it's very helpful," said Ballard about the summer hire. "I would like to see the program expanded ... not just for the summer, but the whole year

At the end of a long day, students go home tired but satisfied.

"If the people in the office find it useful ... then it's easBrandi Lewis, summer hire student

ier for them to do their jobs, Ochart said. "It's easier for the whole community." And his help is most definitely appreciated.

"I've got to say, I want to keep Jonathan," Ballard said. "I have no complaints - no complaints.'

So next time you pick up the phone and hear a young voice "Good afternoon, this is Jonathan Ochart speaking, how may I help you?" or you happen to be passing by a pack of teens in neon-orange vests, stop to thank them for the time, work and dedica-tion they have put into the community.

### Post 9/11 GI Bill offers service members education benefits

By Staff Sgt. Patricia Deal USAREUR PUBLIC AFFAIRS

Soon pursuing their education goals will be easier for many U.S. Army Europe Soldiers, thanks to the new Post-9/11 GI Bill that applies to schooling on or after Aug.

The bill provides the most comprehensive educational benefits to service members since the original GI Bill was signed into law in 1944.

Eligible service members may receive full tuition and fees, a new monthly housing stipend and an annual stipend of up to \$1,000 for books and supplies for up to 36 months of education benefits, generally payable for 15 years following release from active duty.

To qualify for benefits individuals must receive an honorable discharge; must have at least 90 days of aggregate service on or after Sept. 11, 2001, or have been discharged with a service-connected disability after 30 days, according to information on the Department

of Veterans Affairs Web site. Reservists and National Guard members who have been activated for more than 90 days since 9/11 will have access to the same GI Bill benefits.

What makes the Post-9/11 GI Bill different from the other GI Bill programs is that tuition and fees are paid directly to the school. The maximum rates the Post-9/11 GI Bill can pay by law are based on the highest public in-state undergraduate tuition fees, and rates vary from state to state.

But attending higher-cost private colleges or universities is not out of the question with the bill's "Yellow Ribbon Program" designed to further help GI Bill participants meet all tuition costs. Colleges and universities in the program have agreed to waive or offset up to 50 percent of those higher tuition costs, and VA will match this additional funding for eligible students. VA officials say more than 1,000 schools had signed on to the program as of mid-July.

Yet another way the new bill

helps offset the financial burden of pursuing an education is by paying eligible full-time students a monthly housing allowance, which is currently based on the Basic Allowance for Housing for a Soldier in pay grade E-5 with dependents at the location of the school.

"It has been a long time since we've had an education initiative that includes tuition fees (and a) housing allowance (and) takes care of all of the requirements required to go to school," Veterans Affairs Secretary Eric K. Shinseki said. This will enable veterans to focus on their studies, he added, without the distractions of figuring out how to pay for them.

No doubt the most heralded and unprecedented feature of the new GI Bill is participants' ability to transfer unused educational benefits to their spouses or children, DoD announced the policy earlier this year and established criteria for eligibility and transfer of benefits June 23. As long as they qualify for and meet specific service requirements,

any enlisted or commissioned member of the armed forces serving on active duty or in the Selected Reserve on or after Aug. 1 will be eligible to transfer their benefits, according to officials.

Most service members who have at least six years of military service as of Aug. 1 and agree to serve an additional four years qualify for the transferability option. According to information on the Defense Department Web site, DoD has proposed measures to cover several categories of service members whose circumstances don't fit neatly into this formula.

"I have not seen this much excitement before about education benefits programs. There are so many good aspects to this bill that truly appears to have addressed the issues facing service members seeking to fulfill their education goals," said John W. Bush, director of education for the Army Installation Manage-Command-Europe. ment "The transferability of benefits in itself is a fantastic feature for the Soldiers.'

The transferability provision is something long wished for within the military community. "That issue has been raised at just about every Army Family Action Plan conference over the years," said Ruth Foster, an IMCOM-E education services specialist. "While supporting both recruiting and retention efforts, by giving Soldiers the option to transfer their education benefits, it is truly an example of how the Army is living up to its claim of taking care of the Soldiers and their families."

The full plan is detailed on the VA Web site, but some highlights of the transferability benefit include allowing eligible service members to register the names of any immediate family member with whom they would like to share their benefits and designating how many months of benefits each person named can receive.

For more information, visit www.gibill.va.gov or www.veteransbenefitsgibill.com.

#### CLOWN

continued from page 1

fun it was, he decided to pursue it further.

He found a clown kit in the Heidelberg Thrift Shop soon after for \$10, including hair, shoes and an outfit.

"It's funny how I got started," he said. "It's something that I never thought that I would do - ever."

He spends time reading books on becoming a clown and trying to learn more about it, and hopes to one day attend a clown school just to learn as much as he can. One book instructed potential clowns to figure out who they are as a clown - for Jamerson, that doesn't include the magic tricks and the balloon animals, it just means being silly and spending time with the

"I don't do the magic and things like that - I go and I play with the kids," he said. "We play games from tag, to ring around the rosy, to duck-duck-goose, to red rover, to freeze tag, to running, you name it.

"Even the big playground on PHV, I climb all up in the things with my clown outfit on and the big shoes, chasing the kids. It is so, so much fun. It's like I'm a big kid in a clown's costume.'

Iamerson has been in the Army for 17 years, joining right out of high school at age 18. He's dedicated his Army career to a late aunt who inspired him to join.

'I had an aunt that was in the Army,



Klutz the Clown, or Staff Sgt. Myron Jamerson, plays on a seesaw at the Patrick Henry Village playground during a recent party for several

and back in the day when you got pregnant, they put her out because she was a single parent," he said. "And she had always told me, 'join the Army. You will love it; that would be something good for you to do.' She ended up passing away. She had always wanted to retire, so I said I'd do 20 years for her."

When he's at work, he's a Soldier, but he said as soon as he gets the clown outfit and makeup on, he becomes a whole different person - Klutz the Clown.

He said he is available for children's birthday parties, church events and Army Community Service events when he can

"I do it number one because I love kids, and it gives me something to do with my time instead of being out there getting in trouble," he said. "I

don't charge, but I ask that people just give me a donation to help with the makeup, the gas, my time, and normally I go out and I purchase balloons and give the kids balloons on sticks, and if we play games, I give them prizes for winning."
Sonja M. Martin, a Heidelberg mili-

tary community member, recently invited Jamerson to a pirate-themed party she was throwing for her children Christina, 7, and Elijah, 9.

"He kept the children entertained and involved in his games," she said.
"He made sure each child (of 11 total) was singled out at some point and given his attention throughout the day, and that made each one feel special."

Martin said the way Jamerson related to her kids was amazing, and she would recommend him to other families for their upcoming parties and events.

"He becomes one with them and does crazy kid stuff right along with them," she said. "Klutz is a lot of fun for all ages. He made my kids' party a great success. They still talk about him all the time."

Jamerson said his favorite part of being a clown, besides the birthday cake, is simply making people happy.

"So many people have been blessings in my life that I like to be a blessing in other people's lives," he said. 'Just to see the smiles and the joy and the laughter ... it's just the joy that I get out of it. Bringing joy and watching the smiles.

To reach Klutz the Clown, call the Klutz phone at civ. 0175-690-1876.



#### **AFAP**

continued from page 1

during a U.S. Army Garrison Vicenza, Italy, AFAP conference that others in community - family members and civilians - are not afforded the same opportunity.

In an information paper that went to all participants of the USAREUR steering committee, it was noted that "the risk of public knowledge and retaliation affects the number of reported cases, decreasing the number of those who seek treatment, thereby adversely affecting the Army's overall mission.

"The restricted reporting option," the paper stated, "allows victims to come forward and seek medical treatment, a

forensic exam and counseling services without triggering an investigation ... thus minimizing the stigma experienced by most victims of sexual assault"

"Frankly, I was astounded when I heard about this difference in the reporting of a crime that is so devastating to victims," Ham said. "It needs to be changed."

As for spousal preference, military spouses currently are not permitted to choose when and if they invoke such status when applying for permanent federal employment. During the application process, spouses are automatically listed MSP eligible, and when the wife or husband of a service member accepts or declines their first job opportunity, MSP is lost.

**NEWS** 

This issue was brought up during an AFAP conference at USAG Schinnen, Netherlands, where it was noted that the inability to selectively use MSP hampers the financial and professional goals of military

"Again, this is another family matter that deserves a review at the highest level," Ham said, which is why I'm approving for it to be forwarded to the Army's DA-level Army Family Action Plan General Officer Steering Committee.'

This is the 25th anniversary of AFAP, which in that time has brought about 107 legislative changes, 154 policy changes and 173 improved programs or services, including

•Increased military annual leave carryover;
•Expanded Exceptional Family

Member Program respite care; •Creating the Better Opportunities for Single Soldiers Program:

•Establishment of Military Thrift Savings Plan;

\*Authorized dental and vision insurance coverage for federal employees.

The latest approved AFAP issue is the Post-9/11 G.I. Bill, which goes into effect Aug. 1 and is the biggest military educational benefit since World War II. Under this bill, service members' spouses and children may be eligible for education benefits.

"It is this type of result that makes the Army Family Action Plan such a worthwhile endeavor," said Iane Helfrich, chief of Installation Management Command-Europe Army Community Service. "The people involved with AFAP help to ensure the standards of living in the military keep pace with changing times.

Overall, the AFAP process allows commanders "to hear the voice of people in our communities," added Bon-nie Thomas, coordinator for the 2009 Army Europe Army Family Action Plan Conference held in June, which delivered the 14 issues considered by the Europe AFAP Steering Committee.

"It's a process that lets community members identify issues and possible solutions."

#### VILLAGE GRILLE

continued from page 1

Württemberg FMWR business operations director, "options that when you are with a franchise are not available to you."

The closure of Winger's was about options and money, according to USAG Baden-Württemberg FMWR Director Ralph Santaliz.

"Eliminating the franchise was a business decision we purposefully made to allow us to apply the money we were paying in franchise fees directly into our restaurant," the director said.

"(The Slaymaker Group), the corporation that runs Winger's was excellent," Santaliz said, "We never had a problem. They did the best they could to provide us the support they did provide. It's just that when we sit down and do a complete analysis after a year, we had to make some hard decisions. And what you're going to see in The Village Grille are those decisions.

"The 31st of July we will be turning a page in that facility. It's the only American-styled sit-down restaurant in the (Heidelberg) area."

The restaurant is closed today in both communities to reset the facility, re-train the staff with the new menu, and in Heidelberg officially change manage-

ment.
"We're retraining our people and letting them understand that the customer is number one," Santaliz said.

Donnie Seo, who has been in the Heidelberg community for a while as a FMWR management intern, will take the reigns at The Village Grille in Heidelberg today.

As a graduate from The College of Culinary Arts at Johnson & Wales University, Seo brings a chef's perspective to the table, which has already proven a valuable asset.

"He can really think outside the box and come up with some new specials, Oliver said, adding that he helped develop the menu.

"Eliminating the franchise was a business decision we purposefully made to allow us to apply the money we were paying in franchise fees directly into our restaurant."

-Ralph Santaliz, FMWR director

"I consider that menu a living document," Santaliz said, adding that FMWR is soliciting customer input and can change the menu based on customer feedback. The Village Grille in both the Heidelberg and Mannheim commu-nities will be independent and can diversify their all-day menu to suit their customers.

In the works for both restaurants are various special events, like prime rib, Italian and Tex-Mex nights and Sunday

The décor of the restaurants was switched out months ago, Oliver said. And the Heidelberg restaurant has added a Heidelberg High School champions wall, which will feature championship teams from the area.

Also in the works is the addition of

gaming machines and Monday bingo nights, Santaliz said.

"We're adding a whole lot to the operation to energize it," he said.

For the first month The Village Grille is offering \$1 off buffalo wraps. The Heidelberg Village Grille is also offering an ongoing weekday lunch special of a dozen free wings for groups of eight or

Look for a coupon in today's edition of the Herald Post and head out to The Village Grille. The opening weekend special, is dessert on the house, (a free cheesecake or carrot cake) with purchase of an entrée.





#### **Roast Chicken Stew**

#### Serves: 4

#### Ingredients:

- •3 tablespoon butter
- 2 tablespoon chopped onions
- •2 tablespoon plain flour
- ◆500 ml beef stock
- ◆50 ml dry port or red wine
- 2 thick lemon slices with peel
- 2 bay leaves
- ◆1 salt and fresh-ground pepper
- ◆1 dash or two of wine vinegar
- ◆1 1/4 lb roast chicken (just the meat, cut into bite-sized pieces

- ◆The chicken you can roast yourself (if you feel like it) or pick up from the nearest place which roasts chickens and wraps them up for passersby (often using the kind of oven-withrotating-spits).
- Melt the butter in a heavy-bottomed non-reactive saucepan.
- Add the chopped onions and cook until translucent.
- ◆ Add the flour, and cook until the "roux" is golden brown.
- ◆ Pour in the beef stock and port.
- Add lemon slices, bay leaves, salt and pepper.
- Allow the sauce to cook for about 20 minutes, stirring occasionally, then pour through a fine strainer, test for seasoning, and add vinegar and salt or pepper to taste.
- Add the chicken pieces and heat over a low flame.
- Serve with mashed potatoes or noodles: or, if you have enough energy, dumplings.

SOURCE: www.mygermanrecipes.com

#### **Learn to Shop for German Food**

Are you curious about local products and food items available on the economy? Visit an organic food store or a typical grocery story accompanied by a registered dietician who is fluent in the German language. Call the Nutrition Care Division at the Heidelberg Health Center to book your free tour, DSN 371-2747, civ. 06221-17-2747.



#### Dear Ms. Vicki,

We are considered unpatriotic if we protest the wars or say anything negative against them. I have people who won't even speak to me anymore because they dislike my position and how I feel.

Personally, I think it's useless for our men and women to be deployed, and doing what? They are doing nothing and everyone knows it. These wars are not right, it's wrong. The Army is not all that it is cracked up to be; it sucks, the housing sucks, the deployments suck, and the pay

My husband makes pennies compared to what he could be making in the civilian community. Civilian life was so much better than this.

From: Very Patriotic

#### Dear Ms. Vicki.

While I was deployed, my wife made several large purchases and placed them on my credit card. She bought a refrigerator and other appliances, purchased furniture, and bought a car, too. I was like, "why in the hell are you buying appliances when we live on base.

#### Ms. Vicki's Online Talk Show

Don't get enough Ms. Vicki in the Herald Post? Now you can tune in for her Internet radio show at www.bloatalkradio.com/dearmsvicki to hear her talk about teen dating violence, helping military children have a smooth transition, relationships and more. You can also visit her online at www.

Well. I discovered she bought the refrigerator for her mother. I marched myself to her mother's house and took the refrigerator back to the store. She can't understand why I'm so angry. She has never worked in the 10 years we have been married, and her family doesn't work either, so I really don't care what they think.

Meanwhile, all of these items are under my name because she had my power of attorney, and my credit is

going down the tubes.

I have heard of wives complaining that their husbands deploy and leave them without access to any accounts. Well, I should have done the same thing. I tried to trust my wife, and look what happened to me. I could really go off.

Do you have any suggestions?

Should I get some legal help or just try to handle this on my own. I'm very angry about this.

From: Wife's Had Fun With My Funds

#### Dear Husband.

First off let me say that I really appreciate all of your hard work and your service to our country.

I would like to encourage you to remain calm. This is no time to become involved in a domestic disturbance. The consequences you would face would not be worth it. What you are experiencing has happened before, and I'm sure it won't be the last time. I know this won't make you feel better, but it's the truth.

You trusted your wife, and she didn't respect your household finances. I'll agree with you that she made some bad decisions.

There are many people within your community who are willing to help you with this dilemma. Start with your ACS on post. They will give you much knowledge about your credit, budgets, etc. If there is anything legally that should be done, they will guide you to the appropriate resources.

You should walk in their office immediately so they can start helping you. I regret the stress you are under; it's not your fault. Lastly, I think you should remove her name from your accounts at this time, just for your protection.

#### Response to last week's column: Dear Ms. Vicki.

I just want to encourage the writer from last week to attend her family reunion and try to make amends with her family. I don't think they meant to hurt her the way they did. They were being immature, though.

The same happened in our family, only there were six kids who were placed in foster placement. It was hell to live through, and we had many ups and downs. We had deep hatred toward our parents and evervone else.

Most of my siblings turned to drugs and alcohol when we were younger. That's what happens when you allow anger to take over you. We were being no better to ourselves than the other people who were abusive toward us.

Both of my parents are deceased now and two of my siblings, too. However, we were able to make amends with our parents before they died. She needs to do the same. I like your advice you give.

## 'A bicycle helmet can only protect you if you wear it'

#### **IMCOM-Europe Public Affairs**

You've heard it before, but heading into the summer months it bears repeating: A bicycle helmet can only protect you if you wear it.

Heading into the thick of summer, when schools are out and two-, three- and even four-wheeled cycles and wagons take to the sidewalks and play areas, Installation Management Command-Europe safety officials encourage everyone to keep safety in

The IMCOM-Europe bicycle helmet safety effort is in conjunction with the Army's Summer Safety Campaign running through September to make summer safer.

Bicycle helmets are a key to ensuring cyclists have a safe summer, but helmets are sometimes overlooked - sometimes for dubious reasons, according to Mike Schwarz, IMCOM-Europe chief of safety. While helmet use on military installations is required for U.S. Forces personnel, off-post local laws do not require helmet use.

Despite the overwhelming data and facts that clearly illustrate how important bicycle helmets are in bicycle safety, some choose 'comfort' or 'looks' over safety," Schwarz said. "But, it is possible to be comfortable wearing a helmet. And, because there are so many types of helmets available, style and fashion 'looks' can also be accommodated. The bottom line is that helmets protect people and there are no viable reasons for not wearing a helmet."

Schwarz said that individuals who say that helmets are uncomfortable may simple need to fit the helmet

"Believe it or not, some people buy helmets without trying them on, then they wear the helmets without adjusting them. There will be discomfort in that case," Schwarz said. "That discomfort can be remedied by getting the right size helmet and making adjustments.

First, helmets must fit correctly. Putting a youth helmet on and adult or and adult helmet on a youth is a mistake.

Schwarz said the helmet should sit level on a rider's head and low on the forehead, approximately one or two finger widths above the eyebrows.

Wearers should take time to properly adjust side and chin straps. Yawning is one way to test the fit. When a wearer opens their mouth wide, the helmet should pull down on their head. If it doesn't, the chin strap may be a little loose

The helmet should not rock back more than two fingers above the eyebrow, nor forward over the

If the unfortunate happens and a cyclist is involved in an accident, always replace the helmet if it was involved in an accident. The helmet may, after receiving an impact, be damaged to the point that it is no longer adequate to protect the head against further impacts. This damage may not be visible to the user.



area events More events online at http://myBWnow.ning.co

#### July 30

Leisure Bicycle Tour Through Baden-Württemberg – Through Aug. 7, everybody can participate — as a permanent participant or just for one stage. The tour will begin in Bad Waldsee and ends in Ladenburg, Legendary tour parties in the evening at the respective venues of each stage. www.swr.de/tour and www.enbw. com/tour

#### August 1

Disneyland Paris - Kaiserslautern BOSS invites you on a day trip to Disneyland Paris. Price includes transportation and admission. Open to all ID cardholders. Civ. 015-224-780-310, www.mwraermanv.com. Downhill Biking, Black Forest - Kaiserslautern Army Outdoor Recreation. DSN 493-4117. civ. 0631-3406-4117.

Europa Park Summer Party - Many special highlights make a visit to Europa Park's Summer Party an unforgettable experience. Enjoy the attractions in Germany's biggest theme park until midnight — a spectacular party with many surprises is waiting for you, including live music, karaoke, fireworks and more, www.europapark.de.

Amsterdam City Tour - Visit a wooden shoe maker and cheese farm where you can see how shoes and cheese are made. then have a short orientation of downtown Amsterdam. From the Dam Square, you'll be able to visit Anne Frank's House, the famous Red Light District, the Royal Palace, or some of the many other downtown sights, museums and shops. After the city orientation, you'll have a whole day to spend in this fascinating town. http://affiliates.uso.org/kaiserslaute

#### August 2

Tongeren Flea Market — Head to Belgium with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117. **Trout Fishing** — Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

#### August 4

Belly Dancing Classes - You want to learn something exotic? Sign up for the USO belly dancing class at the Sullivan Gym in Mannheim 7-8:30 p.m. beginning Aug. 4. Price: €40 per month. http://affiliates.uso. org/rheinneckar.

#### August 7

Salsa Party - Head to Mannheim to spice up your night at the Top Hat Club's Salsa Party 9 p.m.-4 a.m. Dance lessons will be available from 9-10 p.m. There is a \$5 cover DSN 380-9370, civ. 0621-730-9370. Prime Rib Dinner - Head to the Patrick Henry Village Pavilion in Heidelberg, Main

#### **Operation Rising Star**

Win the ultimate recording music experience! USAG Mannheim is looking for talented singers to participate in the Army-wide singing competition, Operation Rising Star, at the Top Hat Club. Audition night is Aug. 8, with competition rounds Aug. 14, 21, 28 and the finals Sept. 12— all starting at 8 p.m. At the local level, prizes include: \$500\$ (first place),\$250 (second place), and \$100 (third place). The first-place winner will then qualify for the 2009 Rising Star finals. The winner of 2009 Rising Star will receive an all-expense paid trip to Los Angeles to record a three-song CD at a professional studio. Units and FRGs will also have the opportunity to compete each week for the Spirit Award grand prize of \$300 for their unit or FRG. Contestants must be active duty, Guard or Reserve from any branch of service or family members; all need to be at least 18 and older. DSN 385-2342, civ. 0621-730-2342, www.oprisingstar.com.

course selections include prime rib with au jus and creamy horseradish sauce, chicken parmesan or grilled salmon filet with dill sauce, all accompanied by delicious side items, a fresh garden salad bar and a savory dessert station. Reservations recommended, walk-ins welcome, Children 5 and under eat free; Adults - \$19.95; Children 6-11 - \$12.95. DSN 388-9436.

Prague Weekend – Through Aug. 9 with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117, www. mwrgermany.com

Idar-Oberstein on the Nahe River -Join the USO for this special day out to the twin town of Idar-Oberstein on the Nahe River. This weekend, the town of Oberstein will host its 10th German Gem Cutter and Goldsmith Festival. In the historic old town, craftsmen will be displaying and selling their wares and demonstrating their trade. If you are adventurous, you can visit the castle or the Felsenkirche, a church hewn into the rock above the town The impressive gem museum features the interesting facets of this longstanding artistic tradition in Idar-Oberstein. German adventurers in search of gem stones in Brazil brought another special tradition back to their homeland – the Spießbraten, well-seasoned meat roasted over a beech wood, which you will have the opportunity to try. http://affiliates.uso. org/kaiserslautern

#### August 8

Couples Salsa Dance Competition - At 8 p.m. Armstrong's Club in Kaiserslautern will host a salsa dance competition. Cash prizes will be awarded to first, second and thirdplace couples. No entry fee is required. DSN 489-6000, civ. 0631-354-9986, www. mwrgermany.com. Disneyland Paris Express - Head

to France with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117, www.mwrgermany.com. **Skydiving** – Head to Bitburg with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117, www.

#### August 14

 $\textbf{Comedy After Dark} - \mathsf{Get} \ \mathsf{your \ laugh \ and}$ 

groove on at Comedy After Dark and After Party at The Cove in Mannheim 9 p.m.-4 a m. There will be a stateside professional comedian and local R&B band. Tickets are \$15 in advance & \$18 at the door; patrons must be 18 and older. DSN 380-9370, civ. 0621-730-9370.

#### August 16

Rothenburg ob der Tauber – Head to the medieval town of Rothenburg ob der Tauber with Mannheim Outdoor Recreation. DSN 381-7215, civ. 0621-739-251.

**Grupo Fantasma** — The Latin group Grupo Fantasma will play a free show at 6:30 p.m. at Kazabra Club. DSN 489-7261, civ. . 0631-536-7261. www.mwrae

#### September 4

BOSS Escape to Prague - Calling all single Soldiers. Spend Labor Day weekend, through Sept. 7, touring Prague, seeing the sites and shopping in the world famous Karlovy Vary and Cheb Flea Market. Cost is €199, but be one of the first 30 Soldiers who sign up and BOSS will give you a €30 discount. Registration deadline is Aug. 14. Contact your Unit BOSS representative, www.mwrgermany.com.

Austrian Hut Hike - Through Sept. 7.

see the Austrian Alns from a whole new perspective. Attendees must be able to carry a 25-pound backpack for 5-6 hours. Register by Aug. 28. DSN 370-6489. Lloret de Mar Spain-Kaiserslautern Outdoor Recreation invites you to Lloret de Mar, Spain, through Sept. 7. Trip price is \$359 and includes transportation to and from Lloret de Mar, three nights in a four star hotel with breakfast, and an optional day trip to Barcelona on Saturday. DSN 493-4117, civ. 0631-3406-4117, www.

#### September 5

mwrgermany.com

**Heidelberg Castle Illumination Cruise**  Tickets are now on sale for the Heidelberg
 International Ski Club's riverboat cruise and Heidelberg Castle's fireworks/illumination. Open to all and the cost is €20 per person. Price includes complimentary food and beverages dockside prior to departure. DSN 370-8248, www.heidelbergski.com.

## coming to **THEATERS**

#### DRAG ME TO HELL

(Lorna Raver, Justin Long) Christine is an ambitious L.A. loan officer with a charming boyfriend, Professor Clay. Life is good until the mysterious Mrs. Ganush arrives at the bank to beg for an extension on her home loan. In an attempt to impress her boss. Mr. Jacks and get a leg-up on a promotion, Christine fatefully chooses the latter, shaming Mrs. Ganush and dispossessing her of her home. In retaliation, the old woman places the powerful curse of the Lamia on Christine. transforming her life into a living hell. Haunted by an evil spirit and misunderstood by a skeptical hoyfriend, she seeks the aid of seer Rham, lasto save her soul from eternal damnation. To help



the shattered Christine return her life to normal, the psychic sets her on a frantic course to reverse the spell. Rated PG-13 (horror violence, terror, disturbing images, language) 99 minutes

#### **PLAYING THIS WEEK**

Heidelberg, Patrick Henry Village

July 30 - HARRY POTTER AND THE HALF BLOOD PRINCE (PG) 7 p.m. July 31 - G-FORCE (PG) 7 p.m.; DANCE FLICK (PG-13) 9 p.m.

Aug. 1 - G-FORCE (PG) 4 p.m.: DANCE FLICK (PG-13) 7 p.m.:

DRAG ME TO HELL (PG-13) 9 p.m. Aug. 2 - G-FORCE (PG) 4 p.m.;

TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 7 p.m. Aug. 3 - DANCE FLICK (PG-13) 7 p.m.

Aug. 4 - G-FORCE (PG) 7 p.m.

Aug. 5 - TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 7 p.m.

Aug. 6 - G-FORCE (PG) 7 p.m

Mannheim, Schuh

July 30 - STAR TREK (PG-13) 7 p.m. July 31 - HARRY POTTER AND THE HALF-BLOOD PRINCE (PG) 7 p.m.

Aug. 1 - DANCE FLICK (PG-13) 4 p.m.; DRAG ME TO HELL (PG-13) 7 p.m.;

HARRY POTTER AND THE HALF-BLOOD PRINCE (PG) 9:30 p.m.

Aug. 2 - HARRY POTTER AND THE HALF-BLOOD PRINCE (PG) 12 p.m.; TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 4 p.m.; DRAG ME TO HELL (PG-13) 7 p.m.

Aug. 3 - HARRY POTTER AND THE HALF-BLOOD PRINCE (PG) 7 p.m. Aug. 4 - DRAG METO HELL (PG-13) 7 p.m.

Aug. 5 - DANCE FLICK (PG-13) 7 p.m. Aug. 6 - HARRY POTTER AND THE HALF-BLOOD PRINCE (PG)7 p.m.

Vogelweh, Galaxy

July 30 - X-MEN ORIGINS: WOLVERINE (PG-13) 7 p.m. July 31 - G-FORCE (PG) 3 p.m., 7 p.m.;

TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 10:30 p.m. Aug. 1 - G-FORCE (PG) 3 p.m., 7 p.m.

Aug. 2 - G-FORCE (PG) 3 p.m., 7 p.m.

Aug. 3 - DANCE FLICK (PG-13) 7 p.m.

Aug. 4 - TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 7 p.m.

Aug. 5 - DRAG METO HELL (PG-13) 7 p.m.

Aug. 6 - G-FORCE (PG)(7 p.m.

#### Ramstein, Hercules

July 31 - STAR TREK (PG-13) 7 p.m. Aug. 1 - TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 7 p.m.

Aug. 2 - DRAG ME TO HELL (PG-13) 7 p.m

#### Ramstein, Nightingale

July 30 - STAR TREK (PG-13) 7 p.m.
July 31 - HARRY POTTER AND THE HALF-BLOOD PRINCE (PG) 3 p.m., 7 p.m., 10:30 p.m.

Aug. 1 - HARRY POTTER AND THE HALF-BLOOD PRINCE (PG) 3 p.m., 7 p.m. Aug. 2 - HARRY POTTER AND THE HALF-BLOOD PRINCE (PG) 3 p.m., 7 p.m.

Aug. 3 - TERMINATOR SALVATION: THE FUTURE BEGINS (PG-13) 7 p.m.

Aug. 4 - DANCE FLICK (PG-13) 7 p.m.

Aug. 5 - DRAG METO HELL (PG-13) 7 p.m.

Aug. 6 - HARRY POTTER AND THE HALF-BLOOD PRINCE (PG) 7 p.m.

#### THEATER INFORMATION

Patrick Henry Village, Heidelberg , 06221-27-238 Schuh Theater, Mannheim, 0621-730-1790 Galaxy Theater, Vogelweh, 0631-50017 Hercules, Ramstein, 06371-47-5550 Nightingale, Ramstein, 06371-47-6147 Visit www.aafes.com for updated listings and more movie descript

## Lakes – an alternative to the ocean

By Ina Stiewitz

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

The metropolitan region Rhein-Neckar holds many more or less hidden beautiful places. Especially during the summer season, it has a lot to offer for your leisure time.

Forty-one lakes could be found in the region, most of them around Frankenthal, Ludwigshafen and Mannheim. Some of them arouse the feeling of being on vacation.

St. Leon Lake, near Heidelberg, is one of the recreation facilities that are a nice alternative to spending your holidays at the ocean. The 70 hectare area offers a lot of fun but also relaxing activities.

"Our facility is so special because we are divided into three parts: the camping site, the lake and the sports activities," said Georg Grimm, the St. Leon Lake facility manager.

Visiting such a facility or swimming in a lake also has another advantage. "It is less crowded than a pool, and the water does not contain chlorine," Grimm said.

Not only the quantity but also the quality of the facility is important. Once a month the health office tests the water quality and since 2001 it has been rated in the best category "well adequate for swimming.

Besides the ample sunbathing area, the lake also invites you to paddle, dive, sail, surf or to fish. There are different areas reserved for the activities, which means the adjacent sports lake is used to surf and sail, and the fishing lake with its rich fish stock is a nice place to relax while fishing.

Entertainment for all family members is guaranteed; a volleyball field, a basketball field, mini golf, four play-



A water skier launches off a ramp at the St. Leon Lake (Sankt Leoner See) Monday.

grounds for the kids, and in August, a soccer arena is built up. Restaurants, takeaways, and a small grocery store are available. But you will also have the choice to grill your own food at special barbecue areas.

A highlight of the facility is the water ski mechanism. Everyone from beginners to professionals are welcome to water ski or wake board. The mechanism consists of a four mast construction and it is 800 meters long. Its normal speed is 18.6 mph but it can be accelerated to 36 mph. A slalom field invites you to test your skiing skills.

If you feel confident as a beginner, you can use the water ski mechanism without any practice. The supervisor at the machinery will give some short instructions before your first start. "Learning by doing" is their motto.

The water ski club also offers courses for beginners, either in a group or in a private lesson. For an affordable price, beginners learn the first steps of water skiing or wake boarding, and the ski area will be reserved, which avoids long waiting times.

Besides the water ski or wake board

courses, you can book surf, sail and diving courses as well.

If you are looking for a place to stay

overnight, the large campsite is the right place. After several renovations, the facility has been rated with four stars by the German Tourism Federation e.V. "A stay in our facility is worth it, because we have cheap entrance fees and offer a variety of activities at one location," Grimm said.

Other recommendable lakes are the "Blaue Adria" in Altrip in the south of Ludwigshafen and the Heddesheim Lake between Mannheim and Heidelberg. The "Blaue Adria," one of the most popular lakes in the Rhineland-Palatinate region, consists of four lakes, surrounded by the sunbathing area with wide sandy beaches, dunes and shadowy places stretched across 100,000 square meters.

The Heddesheim Lake is adjacent to a heated pool with a water surface of 200,000 square meters and a sunbathing area of 50,000 square meters. Two islands in the center of the lake invite you to stay and relax. The heated pool is mostly for non-swimmers and kids. Visit www.st.leoner-see.de.

Stay inside the marked swimming area. Generally, there are no water plants and no diving grounds. This area is observed by lifeguards.

Lake swimming rules

• Read the rules for self-help in water for unexpected situations.

Do not swim shortly after eating or without

having anything to eat before hand.

Cool down before going into the water and leave the water when beginning to be cold.

As a non-swimmer do not go further into the water than to your chest.

Only jump into the water when the water is clear and deep enough.

Unknown banks hold dangers.

Avoid swampy and plant crowded waters.

During thunderstorms swimming is perilous. ◆ Do not overestimate your knowledge and

skill.

Airbeds and several other air-filled items are dangerous toys in water.

Be considerate of other swimmers, especially children.

◆Do not pollute the water and stay hygienic.

• Avoid long sunbathing.

Don't call for help if you do not need it but help others if necessary.

#### Rules to protect lakes

Adhere to the marked area.

◆ Consider protected areas.

 Preserve the bank vegetation and swim only in free areas.

Do not use the lake as a lavatory.

• Remove your sun protection lotion before swimming.

Do not throw any food into the water.

Do not feed water hirds or fishes

Do not throw cans or hottles into the water or the site.

Do not throw branches or twigs into the

Do not wash your body in the lake.

SOURCE: German Life Guard Association DLRG



## community HIGHLIGHTS

#### **Garrison Organizational Day**

U.S. Army Garrison's Heidelberg and Baden-Württemberg will host organizational day at the Patrick Henry Village Park Aug. 2.1 The golf tournament at the Heidelberg Golf Club begins at 7 a.m. – sign up by Aug. 11: DSN 373-7948. Bowling and mini-golf on PHV begin at 10 a.m. – sign up by Aug. 11: DSN 388-9040. There also will be children's events, games and beach volleyball. Lunch will be served noon-1:30 p.m. for 55. Purchase tickets from your directorate DSN 373-7414

#### **USAREUR SOY/NOY Tickets**

Tickets are now on sale for the 2009 U.S. Army Europe Soldier of the Year and NCO of the Year awards program, scheduled for 11:30 a.m. Aug. 27 at the Patrick Henry Village Pavilion. This year's USAREUR Soldier of the Year and NCO of the Year will be named at the event, based on competition slated for Aug. 9-11 in Grafenwöhr. To purchase tickets, guests must first make reservations on the site, then print their reservation receipt and take it to their unit representative for payment. The deadline for reservations is Aug. 24. Reservations: https://www.updb.hgus.areu.army.mil/events. DSN 370-4154.

#### UMUC Europe \$6,000 Grants

#### **Deployment Excellence Awards**

The Deployment Excellence Award program was established in 2000 to recognize Army units for outstanding accomplishments that meed or exceed Army deployment standards. Deploying, redeploying and deploying support units or agencies are fully qualified to self-nominate for the award based on their deployment, redeployment or deployment support process. Nomination packets are do to U.S. Army Europe by Jan. 8. DSN 370-5407, aaron.burr@eur.arm.mil.

## EMPLOYMENT

#### **Career Fair**

Heidelberg ACS will host a Career Fair at the Patrick Henry Village Pavilion 10 am. -2 p.m. Aug. 29. Get information on employment opportunities in Heidelberg, contractor positions, downrange positions and employment with the universities. There will also be information on education and volunteer opportunities. Open to all ID card holders. Companies interested in participating in this event, call ACS at DSN 370-6883. civ. 06221-57-6883.

#### **Custodian/Gardener**

The Heidelberg Thrift Shop has a position open for custodian/gardener. Must have references, see manager for details.

## **ANNOUNCEMENTS**

#### KAISERSLAUTERN Education

- ◆ACS Classes and Events DSN 493-4203, civ. 0631-3406-4203,
- www.mwrgermany.com/kl/acs.

  \*Babysitter Training Child,
  Youth and School Services and SKIESUnlimited are offering a babysitter's
  training class 8 a.m.-5 p.m. Aug. 1
  and 8 at the Landstuhl Teen Center.
  Open to youth 13-18. DSN 493-4516,
  civ. 0631-3406-4122.
- Preseparation Briefing The Kaiserslautern Transition Center hosts a preseparation briefing 8:30-11:30 a.m. Aug. 4 in Bldg. 3245 on Kleber Kaserne. Registration: DSN 483-7071, civ. 0631-411-7071.

  Community
- VAY Office Relocation The Pulaski VAT Office can now be found in Bldg. 2899, across the street from its old location. DSN 493-4035, civ. 0631-3406-4035. The Landstuhl VAT Office will relocate to Bldg. 3810, Room 201 Aug. 3. DSN 486-1780, civ. 06371-86-1780.
- Seeking Community Issues The Customer Management Services officer and Army Family Action Plan program are currently seeking issues from garrison customers. Issues needed are those that affect quality of life and recommendations for improvement. Submit issues by July 31. DSN 493-4241, civ. 06313-406-4241.
- •FMWR One Stop FMWR is proud to announce the opening of the FMWR One Stop Aug. 3 on Landstuhl post, Bldg. 3810. This new and conveniently located shop will give you the opportunity to purchase VAT forms, enroll your children in CYS Services, make reservations, book FMWR services and much more all in one location. The FMWR One Stop will be open 10 a.m.-5 p.m.
- Back-to-Back Blood Drives —
  American Forces NetworkKaiserslautern, American Red Cross,
  and the Kleber Health Clinic are
  co-sponsoring back-to-back blood
  drives put on by the Armed Services
  Blood Program 9 a.m.-2 p.m. Aug. 6
  at the Northside Gym on Ramstein
  Air Base and 9 a.m.-2 p.m. Aug.
  7 at the gym on Kleber Kaserne.
  Appointments: www.militaryliteforce.
  com or by calling DSN 483-8722, civ.
  0631-411-8722.
- Family Retreat The chaplain's office hosts a "Learn the Habits of Healthy Familles" family retreat Aug. 6-8 to Ferienpark Hambachtal. Departure is 1:30 p.m. Aug. 6 at the Vogelweh Bowling Alley. Cost for trip, food and child care is free. Registration deadline is July 31. Register: thomas. e.collier@eu.carmy.mli. DSN 493-4098. (iv. 01515-581-8133.
- ◆ Commissary Appreciation
  Day Better Opportunities for
  Single Soldiers invites KMC units to
  participate Aug. 7 at the Vogelweh

- Commissary. Civ. 0160-708-4367, www.mwrqermany.com.
- Saturday Vaccination Clinic —
  The Veterinary Treatment Facility is having a vaccination clinic 9 a.m.-1 p.m. Aug. 8 at the clinic on Pulaski Barracks. Appointments are required:
   DSN 493-4444 riv 1631-3406-4444
- \*Auditions for "Almost, Maine"
- A cast of up to nine men and eight women are needed (20-ish and over) for the play "Almost, Maine." Audition material will be provided. Directors and technicians are also needed. Directors should contact KMC prior to auditions. Auditions will be held at 7 p.m. Aug. 24 and 25. Performances will be Sept. 25 and 26 and Oct. 2 and 3. DSN 493-6626, civ. 0631-411-6626.
- Command Team Forum The outreach coordinator hosts a Command Team Forum 10 a.m. noon Aug. 13 at the Kaiserslautern Community Activity Center. Unit leaders will learn how to support their Soldiers and families by discovering new opportunities and enhancements to the garrison Army Community Service programs and services. Registration is required by Aug. 6. DSN 493-4062, civ. 0631-3406-4062, selinda.torbert@eur.ammy.mil.

#### **HEIDELBERG**

- Education
- ACS Classes and Events Community Orientation, noon-3 p.m. Aug. 3; Reintegration Briefing, 9 a.m. Aug. 4; PCS Briefing, 12:30-3 p.m. Aug. 4; PCS Briefing, 12:30-3 p.m. Aug. 4; Intro to MS Word, 9 a.m.-noon Aug. 3 and 5; Parents of Multiples, 12:30 p.m. Aug. 4 at PHV CDC; AFTB Level I, 9 a.m.-2 p.m. Aug. 4-5; Healthy relationships, 3-5 p.m. Aug. 6. DSN 370-6883, www.mwaermanv.com/hd/acs.
- SAEDA Briefing The quarterly Subversion and Espionage Directed Against the U.S. Army training will be conducted at the PHV Theater Aug. 5, 10-11:30 a.m. in English and 1-2:30 p.m. in German. DSN 373-8054.
- Preseparation Briefing Briefing for honorably transitioning Soldiers (not retirees) will be held 1-4 p.m. Aug. 11 at the Heidelberg ACS, Bldg. 3850 at the Community Support Center. Reservations: DSN 370-3283, civ. 06221-57-3283.
- ◆ CPR and First Aid The American Red Cross will offer a CPR and first aid for adult, child and infant class 8 a.m.-5 p.m. Aug. 29 in Bldg. 3850 on the Community Support Center. Cost is \$40. DSN 370-1760, civ. 06271-57-8711
- Field Sanitation Course Register now to get certified in field sanitation and be part of your Unit Field Sanitation Team. The course will be held Sept. 14-18 in the ITC building on the Community Support Center. DSN 371-2833.

- Community
- Focus Groups The Family, Morale, Welfare and Recreation Command are looking for participants to total 18 focus groups for the Heidelberg area. Three separate focus groups will be conducted late September in each of the following demographics: senior officers, junior officers, officer spouses, enlisted spouses, retirees and DoD civilians.
- New Hours at Patton Law
  Center The Law Center will
  be closed all day the first Thursday
  of each month for training. The first
  closure will be Aug. 13 (the second
  Thursday in August.) Normal hours
  are 9 a.m.-4 p.m. Monday-Wednesday and Friday, 1:30-4 p.m. Thursday.
- •HIWC Events Join the Heidelberg International Wandering Club for the following volksmarches: Aug. 1-2, Heuholz, Bilfingen; Aug. 8-9, Luetzelbach and Hoffenheim (Sunday only). Sign up for trips to Nurnberg in Chober, France in November and Cologne in December. www.hiwc.de. •Consequence Management
- Exercise USAG Heidelberg will be hosting a full-scale exercise Aug. 1 on Nachrichten Kaserne. During morning hours until approximately noon the normal entry gate will be closed to all traffic. Persons can enter through the "old" gate adjacent to Romerstrasse. Parking will remain open in front of the main building and the south parking lot. At approximately 9 a.m., a loud explosive simulator will be activated.
- ◆Green Beauty Girl Scout USA in Heidelberg is sponsoring a "Green Beauty" event for all 11-17 year old girls 6-8 p.m. Aug. 1 in the PHV Scout Hut. Register: www.gsusahd.org and click "Green Beauty."
- Vehicle Registration Effective Aug. 3, the office in the DPW compound will be open 8 a.m.-noon due to lack of manpower. Customers can still get full service in Bldg. 3850, Room 230 during regular hours (8 a.m.-3:30 p.m.) The office remains closed on the last working day of each month. As of Aug. 1, the main office will be open the first Saturday of the month 8 a.m.-noon.
- •Tompkins Barracks Gate Closure – The main gate to Tompkins Barracks will close beginning Aug. 13 for upcoming repair work by the city of Schwetzingen. The project will start Aug. 17 and last 3-10 days. The city will post signs and portable traffic lights to the temporary entrance located near the rail road bridge. All other traffic patterns on the installation will remain the same.
- ◆Tompkins Barracks German Kantina Closure —The Kantina will be closed Aug. 3-14 for a welldeserved holiday, they will re-open for business Aug. 17.

#### + HMS New Student Orientation

- Students in sixth-eighth grades who are new to the community are welcome to attend new student orientation at Heidelberg Middle School's multi-purpose room at 10:30 a.m. Aug. 28.
- Disneyland Paris Trip The CYS Services Middle School and Teen programs are headed to Disneyland Paris Aug. 21-23. Spaces are limited so sign up by Aug. 18. Cost is 650 per student and is open to students entering grades 6-12. DSN 388-9003.
  AIACS Closure The Installation Access Control System office in the DPW Compound, Bidg. 3962, Room 131, will be dosed 11 a.m. 1 p.m. the last duty day of each month.
  The IACS office in the Community Support Center will remain open. DSN 370-3311.

#### **MANNHEIM**

#### Education

ACS Classes – ESL, 9-11 a.m. July 31, Aug. 3 and 5 and 6-7.30 p.m. Aug. 4 and 6; Volunteer Training, Aug. 3 and 5; Levy and Out-Processing, 1-2:45 p.m. Aug. 4; FRG Fund Management, 5:30-7:30 p.m. Aug. 4; Sponsorship training for Soldiers, 3-4 p.m. Aug. 5; Organization POC WMIS Training, 3-4 p.m. and 5-6 p.m. Aug. 6. DSN 385-3101, civ. 0621-730-3101.

#### Community

- Free Pancake Breakfast Join the USO for pancakes, bacon, sausage and orange juice 7-9 a.m. Aug. 12 in the USO Ballroom on Sullivan Barracks. http://affiliates.uso.org/ rheinneckar.
- Sullivan Library Summer Reading Program, 10-11 a.m. every Thursday through Aug. 6; Scrapbook club, noon-3 p.m. Aug. 8; Film Screening, 4-5:30 p.m. Aug. 8. DSN 380-1740 riv 0621-730-1740
- DFAC closures Taylor Dining Facility closed July 20 due to the 72nd Expeditionary Signal Battalion deployment. The Sullivan DFAC will close July 31, due to 44th ESB's relocation to Schweinfurt and low service member headcount.
- Winter Bowling League Sign up during the month of August at BFV Bowling Center for the Winter Bowling Leagues. The Monday Night Family Fun League is a two-person team for bowlers of all skills. Friday's TGIF League is a four-person mixed team (one must be female) for the more experienced bowlers. Saturday morning is the Youth League for kids 4-18. DSN 380-9528, civ. 0621-730-9528.
- ◆Super Saturday Child care will be open at the Child Development Center 10 a.m.-4 p.m. Aug. 8 for families who have a current registration with CYS ervices. Reservations: DSN 380-4851, civ. 0621-730-4850.

## Golf tourney benefits wounded warriors

By Zoë H. Todd HERALD POST INTERN

More than 100 people headed to the Heidelberg Golf Club Friday to support wounded warriors throughout U.S. Army Garrison Baden-Württemberg during the annual Chaplain Golf Classic, raising more than \$4,900 for the Wounded Warriors Transition Fund in the process.

As many as 20 wounded Soldiers from Bamberg, Vilseck, Kaiserslautern and Heidelberg shared the day with family and friends, according to James Corneliussen, the event coordinator and director of religious education for USAG Baden-Württemberg.

"It's important that the civilians, Soldiers and others that work in this garrison understand and are willing to support the wounded Soldiers . in this area," Corneliussen said.

The Wounded Warriors Transition Fund finances basic necessities as well as trips and retreats for injured Soldiers who are healing while as signed to a local Warrior Transition

"We help take care of their spiritual needs while they're downrange,' said Chaplain (Capt.) Mike Griffith, USAG Heidelberg. "And after they return, no matter the condition, the chapels and chaplains are around to minister to the spiritual needs of the warfighter. (The golf tournament) is just a small way for the chapel community to say thank you to them for the sacrifices they have made.'

Through the Wounded Warriors Transition Fund, Soldiers in WTUs can relax and focus on getting better, either to return to duty or prepare for life outside the Army.
"They're helping us heal and get

better," said Sgt. David Ryan, who broke his ankle slipping off a curb in Baghdad and has been assigned to the WTU in Vilseck for about six months. "Can't really ask for more."

Ryan, finds it most helpful not having to worry about extra duties. "All we've got to do is make our ap-



Sqt. David Rvan, a wounded warrior currently assigned to the Vilseck Warrior Transition Unit, watches to see if his putt makes it in on hole 14 of the Heidelberg Golf Club during the annual Chaplain Golf Classic to benefit the Wounded Warriors Transition Fund.

pointments and get back to the big Army," he said.

Ryan's ankle has been troubling him ever since he broke it two years ago; he also has several herniated disks in his back.

"There's a lot of people that need extra care, I'm probably not one of those people, but there's a lot more people worse off than I am," he said. Ryan continues to recover from his injuries "one day at a time."

"I think WT does a lot of great things, said Ryan's wife, Michelle, who was playing golf for the first time ever to support her husband and other injured troops. "To know that even the mildest injuries get the best of care means a lot.

#### **More Photos Online** www.flickr.com/heraldpost

The Wounded Warriors Transition Fund and WTUs continue to support wounded Soldiers throughout

Baden-Württemberg.
"It's probably the best thing the Army's come up with in a while, Rvan said.

'It's just amazing, the level of generosity from the Baden-Württemberg community," said Corneliussen about the donations made toward the Wounded Warriors Transition Fund. "It was amazing that so many Soldiers came out ... (Soldiers) that had never played golf before."

#### staying ACTIVE

#### Flag Football Tournament Results

IMCOM-Europe Officials Clinic Tournament on Tompkins Barracks Saturday: Spangdahlem 6 - DENTAC (HB) 0; 435 VRS (Ramstein) - 14 LRMC 0: Spangdahlem 12 - 435 Ser (Ramstein) 7: LRMC 28 - DENTAC (HB) 0; 435 VRS 13 - Spangdahlem 7; 435 SER 7 – LRMC 0; 435 SER 33 – Spangdahlem 18. Championship: 435 VRS 14 - 435 SFR 13: third place, Spangdahlem.

#### **Heidelberg Unit-Level Softball**

Final standings as of July 23: V Corps, 12-4; MEDDAC, 11-5; 529th MPs, 7-9; PMO, 7-9; DENTAC,

#### Edge! Bicycling for Fun

Kaiserslautern Army Outdoor Recreation and CYS Services Edge! Program offer Bicycling for Fun class Thursdays in August, 3-4 p.m. Learn how to fit a helmet, inflate tires, fix a flat and more. Class is open to youth 6-11 and costs \$25. DSN 493-4516, civ 0631-3406-4122

#### Tackle Football Officials Clinic

The Center for Workforce Development in Schwetzingen is offering Tackle Football Officials Clinic for all ID card holders ages 18 and up Aug. 5-8. Register: www.mwaonline.com.

#### Unit-Level Flag Football

Kaiserslautern - Units must register by Aug. 12. League play will be at the sports fields on Rhine Ordnance Barracks. Coaches meeting Aug. 6, 6 p.m. at Rhine Ordnance Barracks, Bldg. 172. DSN 493-2087, quinton.floyd@eur.army.mil. Mannheim - The season starts Aug. 31 at Lincoln Field. An information meeting will be held at the BFV Sports Arena (Bldg. 736) at 1 p.m. Aug. 13. Unit representative/coaches must attend. DSN 385-3314, civ. 0621-730-3314.

#### **Mannheim Community Sports**

Basketball – The Mannheim Mustang Community Women's Basketball Team is looking for players for the upcoming season. DSN 385-3164, civ. 0621-730-3164.

Volleyball — Male and female players are needed for community volleyball teams. DSN 385-3164, civ. 0621-730-2001.

Soccer – Practice is held every Monday, Wednesday and Friday at 6 p.m. at Sullivan Gym Field, DSN 385-3149, civ. 0151-587-21197.

#### **Summer Camp for Kids**

Mannheim Sports and Fitness, along with Child, Youth, School & Services will host a summer camp for kids ages 3-12 Aug. 17 and 18, 11 a.m.-5 p.m. Kids ages 3-5 will participate in Ballschule, an introduction to ball playing. Kids ages 6-12 will have an introduction to basketball, soccer and flag football. The final day will include a sports scavenger hunt and a barbecue, \$10 entry fee, Register; CYSS Central Enrollment Office.

#### **Youth Sports Registration**

Heidelberg – Register through Aug. 7 for soccer, flag football, tackle football and cheerleading. Volunteer coaches are needed DSN 388-9397 Kaiserslautern – Child, Youth and School Services Youth Sports is now offering a golf program to youth ages 8-15. Registration begins Aug. 10 and the season begins Aug. 24. DSN 493-4516, civ.

## Heidelberg to host regional Military Long Drive

By Zoë H. Todd

Golfers age 18 and up can prove what they're made of at this years Military Long Drive Championship Aug. 8 at the Heidelberg Golf Club in Oftersheim.

If you are an active-duty military service member or a family member, a \$10 fee will buy you six golf balls and the opportunity of winning a trip to Mesquite, Nev., where finalists will battle it out for the gold and a \$10,000 cash prize - not to mention international bragging rights.

"You get a chance to win \$10,000," said Lamar Porter, this year's site director. "That's pretty much enough encouragement for anybody."

However, second and third place are not without their benefits, the athlete to come in second will receive a \$200 pro shop certificate, while third place is awarded with a \$100 pro shop certificate. The secret to success and securing these sought-after prizes is "practice, practice, practice," Porter said.

How do you win? Simple - hit the ball farthest. Last year's champion, Coast Guard Petty Officer 3rd Class Ryan Hixson tore it up at the driving range with his mind-blowing winning distance of 367 yards.

So you think you've got what it takes? Then join in the excitement at the Heidelberg Golf Club and show off your swing. For more information, call DSN 379-6139, civ. 06202-53767.