

# HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

## Survey allows input on Overseas COLA rates

By Staff Sgt. Patricia Deal  
USAREUR PUBLIC AFFAIRS

Unpredictable, fluctuating currency rates and an ever-changing cost of living can make life interesting and keeping a close eye on a budget a constant for U.S. Army Europe Soldiers and their families.

They also raise many questions. What can a Soldier do, other than hang on tightly? Many of the economic considerations that determine the Overseas Cost of Living Allowance are well out of Soldiers' control, but they can have some input in determining their COLA rates. The Department of De-

fense's Per Diem Travel and Transportation Allowance Committee defines COLA as a supplement to help military families maintain purchasing power at a level that lets them buy goods and services overseas similar to those they would buy in the United States, at a relatively comparative cost.

The committee uses many factors to calculate COLA rates for overseas locations, such as currency exchange rates and a basic measurement of a comparison of shopping behavior in the continental U.S. and aggregate shopping behavior at each overseas location. But see **COLA** page 16

## Swine flu precautions being taken in Europe

ERMC Public Affairs

Military preventive medicine and health care experts monitoring the Swine Influenza (H1N1) outbreak are advising military personnel in Europe to stay aware of developments and take common-sense precautions to avoid illness.

As of Tuesday evening, seven countries have reported confirmed cases of swine influenza, according to the World Health Organization. Mexico reports 26 confirmed cases with seven deaths, the U.S. reported 64 cases with no deaths, Canada has reported six cases, New Zealand has three, and Spain, the United Kingdom and Israel each have reported two cases.

The situation is evolving rapidly, and the WHO is updating its statistics on its Web site, [www.who.int/en](http://www.who.int/en), several times daily.

As a precaution, the U.S. Department of Homeland Security declared a public health emergency Sunday. Homeland Security Secretary Janet Napolitano said she would prefer the term "declaration of emergency preparedness" similar to preparing for a hurricane.

Military health officials in Europe are monitoring the situation closely.

Dr. (Col.) David Schall, U.S. see **SWINE FLU** page 16

## Month of the Military Child



Christine June

Kaylei Howard celebrates her ninth birthday by making silly putty at the Landstuhl School Age Service's science table Saturday at the Kaiserslautern military community's Month of the Military Child Celebration at Pulaski Park on Pulaski Barracks. More than 2,000 people attended this historical event in the KMC. See page 6 for the story and [www.flickr.com/heraldpost](http://www.flickr.com/heraldpost) for additional photos.

**HP THURSDAY**  
April 30, 2009

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### Defense Details

#### AFGHANISTAN STRATEGY

Army Gen. David H. Petraeus, the author of the military's counterinsurgency manual, Monday explained the principles that led to success in Iraq and how they apply to the fight in Afghanistan. The commander of U.S. Central Command spoke to a packed stadium at Kansas State University, invited as part of the prestigious Alfred M. Landon lecture series on public issues hosted there. He credited the Iraq surge for providing critically-needed security, but he also cautioned that the surge must be viewed within the context of a broad counterinsurgency strategy, and not as the solution in and of itself.

Army news: [www.army.mil](http://www.army.mil)

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## COMMENTARY

## Nurse: Deployment shed light on career importance

By Capt. Jessica Miracle  
HEIDELBERG MEDDAC

When I volunteered to deploy, I had no idea what I was getting myself into. I thought I was signing up for a great opportunity to "get some experience" and expand my clinical knowledge.

As a registered nurse, there are many different positions I can hold and many different places I could work, but nothing will ever compare to my experience as a brigade nurse at Forward Operating Base Rustamiyah, Iraq.

I was a brand new first lieutenant, and my limited nursing experience had all taken place on the Mother Baby Unit at Heidelberg Medical Activity. I felt ready for a change, so I signed myself up to deploy.

I said goodbye to my family and embarked on my adventure, open to new possibilities and opportunities. I went through weeks of required training with my new unit at Fort Polk, La., and eventually ended up in a suburb (if Iraq had such a thing) of Sadr City, living between a garbage dump and a sewage plant.

When our first trauma rolled in, I was so nervous I couldn't make my hands stop shaking. Thankfully, working with women delivering babies at Heidelberg MEDDAC had prepared me for the adrenaline rush, and we were able to get the patient taken care of quickly.

As the only RN on the FOB, I took responsibility



Courtesy  
Capt. Jessica Miracle, a registered nurse with the Heidelberg Health Center, prepares emergency medications for incoming casualties at Forward Operating Base Rustamiyah, Iraq, in August.

for preparing and administering all medications to the trauma patients we saw. If there was time, I also mentored the medics while they started IVs, applied dressings, stopped bleeding, assessed stability and quickly addressed all the patient's needs.

This was a demanding task, especially with multiple patients, but I really loved it. I am able to confidently say that I helped save lives by using the skills I learned in my nursing training.

To be honest, I was considering a new career prior to my deployment because I didn't understand the full contribution nurses make every day. It wasn't

### Nurses Week

Celebrate your local nurses beginning May 6, National Nurses Day, through May 12, the birthday of Florence Nightingale, the founder of modern nursing. Take the time to reflect on the commitment the more than two million nurses in the United States make every day for their patients, their communities and their country.

until I had 62 medics looking to me as a subject matter expert that I realized how important nursing is to the health care system.

I was responsible for a pharmacy carrying more than 300 items, preparing and administering trauma medications, managing any patient who stayed more than three hours and the medical readiness of more than 4,000 service members.

When I look back, I am not so much proud as I am amazed, because I was actually prepared for all those tasks. My nursing training prepared me to manage, lead, respond, plan and execute more than one could possibly imagine. I, along with other Army nurses, have been given the opportunity and responsibility to provide excellent health care to our Soldiers and families.

I am truly proud to be a registered nurse, and even more proud to have served U.S. Soldiers as an Army Nurse Corps officer. I can't think of any population more deserving of our care or any job that could ever be like this one.

## COMMENTARY

## Military children learn to roll with the punches

By Lexie Taba  
USAG WIESBADEN PUBLIC AFFAIRS

WIESBADEN, Germany – The life of a military child can be hard. Some people underestimate how hard it really is to be constantly uprooted, always having to pack up and leave right when a young person finally feels a sense of belonging.

Moving away is always hard. But even harder is moving in – into a new house, a new school and a new life.

Although students at military schools are welcoming and understanding, they see youths moving in and out all the time. Being the new kid at a military school is not a big deal or a novelty. That means that new students must reach out and put forth effort to make friends. This is always difficult, especially for shy people who are missing their old school and friends.

Getting used to the way the school and

community work may also be difficult.

Every school has slightly different rules, classes and ways of doing things. Credits from a previous school may not transfer to a new school. There may be different classes than what a student was taking before the move, and the class schedules may be different.

If a family moves overseas, getting used to the country's language and customs is also hard.

Luckily, the military is great at providing things to make transitions easier. There are always activities planned, trips and places dedicated to young people. The sense of family in a military community is also very helpful. Getting involved in groups is a way to share experiences and stories, make new friends, and help the community.

Meeting new people can be difficult and nerve-racking, but once you get past the

awkward meeting process and really start to get to know other people, you can really learn interesting things. The more people you meet, the more chances you have of finding a lifelong friend or an interesting person you thought you would never meet normally.

Getting to see new places is also a benefit, especially if you live overseas. Living in Europe, it is very easy to take vacations to other countries and to see places and things many people have only read or heard about.

Even though being a military child can be difficult and sometimes upsetting, there are things that make it better – things that maybe you have not thought of before as being a good thing. You just have to open your eyes, and take in all of the things that make you happy.

Editor's note: Lexie Taba, a Wiesbaden High School senior, is a student intern with the USAG Wiesbaden Public Affairs Office.

Share your thoughts on and experiences with growing up in the military in the BWnow virtual community.



<http://myBWnow.ning.com>



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

# Heidelberg's satellite pharmacy to close May 30

## Health center's pharmacy hours to expand to include Saturdays

**Heidelberg MEDDAC Public Affairs**

The Heidelberg Medical Activity Satellite Pharmacy located on the Community Support Center will permanently close May 30.

"Due to a low volume of use at the

satellite pharmacy, it is no longer practical to keep it open," said Col. Kyle D. Campbell, Heidelberg MEDDAC commander. "By moving the staff to the health center we will be able to extend hours and continue to improve our service to our community."

Beginning June 1, patients who currently use the satellite pharmacy for their prescription refills will need to use the Heidelberg Health Center Pharmacy located on Nachrichten Kaserne for their prescription needs.

The health center pharmacy will also extend its current hours to include Saturdays starting June 1. The new hours will be 7:30 a.m.-6 p.m. Monday-Friday and 9 a.m.-4 p.m. Saturday.

The pharmacy staff is also encouraging patients to use the auto-

mated Prescription Refill Line, civ. 00800-7446-2500, to make picking up their refills quick and easy.

"By calling in your prescription in advance, you can save yourself time at the pharmacy window," said Julia Gannon, a health center pharmacist. "By the time you get to the pharmacy, your prescription is already waiting for you."

For more information, contact the Heidelberg MEDDAC Public Affairs Office at DSN 371-3130, civ. 0162-270-4541.

# Moving out of Mannheim

## 5th Signal employees learn about Wiesbaden

**By Kristopher Joseph**  
5TH SIGNAL COMMAND PUBLIC AFFAIRS

The Top Hat Club on Mannheim's Sullivan Barracks was filled with 5th Signal Command employees and family members as representatives from the Wiesbaden military community held a town hall meeting April 21 to discuss the relocation of 5th Signal headquarters from Mannheim to Wiesbaden scheduled this summer.

The focus of the meeting was to introduce the various services and living environment 5th Signal Command employees and family members will receive upon moving to Wiesbaden. Representatives answered questions and handed out information pamphlets on their prospective areas.

Roger A. Gerber, the director of the U.S. Army Garrison Wiesbaden Transformation Stationing Management Office, said \$320 million will be used to fund various construction, repaving and renovation projects all aimed at improving the current Wiesbaden infrastructure to accommodate not only 5th Signal Command and its current residents, but also to make room for the expected relocation of the U.S. Army Europe and 7th Army headquarters to Wiesbaden a few years from now.

Gerber said that by this summer, Wiesbaden will have 13,200 military residents to include service members, civilians, local nationals and family members.

Some of the amenities that will be available to 5th's "Dragon Warriors" include a \$20 million fitness facility that boasts an indoor track and multiple exercise programs; a community activities center that has a Better Opportunity for Single Soldiers' Warrior Zone, complete with popular gaming consoles, big-screen TVs and Internet service; a 24-hour shop-pette that has the only diesel gas pump in Europe for U.S. ID card holders and the Rheinblick Golf Course that features 18 holes and a driving range located just minutes from the Wiesbaden Army Airfield.

The Wiesbaden garrison also will be constructing more than 300 new family housing units, a larger Post Exchange and commissary, a Wiesbaden Entertainment Center with a 16-lane bowling area, and an overall revitalization of many facilities already in place.

The 5th's Headquarters and Headquarters Company Commander Capt. David Bock said he is thrilled about the opportunity for his Soldiers to get to know a new community and take advantage of all that the garrison will have to offer. "This town hall presented helpful and much needed information about the community we are about to move to," Bock said.

## 44th ESB Soldiers, families get glimpse of home-to-be in Schweinfurt

**By Mark Heeter**  
USAG SCHWEINFURT PUBLIC AFFAIRS

SCHWEINFURT, Germany – The long road from Mannheim to Schweinfurt just got a little bit shorter for 96 Soldiers and family members from the 44th Expeditionary Signal Battalion who visited the community they will soon call home April 22.

"My first impression is kind of, like, family embracing us," said 1st Lt. James Hill, the officer in charge of the advance party, the group of Soldiers moved to Schweinfurt ahead of the rest of the battalion.

"I walk into all the agencies, and I tell them I'm with the 44th, and they already know what to do," said Hill, who has been in Schweinfurt for about a month. "I've noticed how friendly people here are on- and off-post."

The U.S. Army Garrison Schweinfurt hosted the group to let them see and touch the city and installations that have been preparing for their arrival since the U.S. Army Europe announced the move in August.

"Taking care of Soldiers and family members is what we do. And we're pretty good at it," said Lt. Col. Anthony Haager, USAG Schweinfurt commander.

Incoming Soldiers are not nearly as concerned about infrastructure and building improvements or what has been done in the past, Haager said.

"They only see 'What are we doing for you today,'" said Haager, who welcomed the group with a 30-minute briefing and photo-packed presentation.

"It's the people. People make the place," he said. "It's the attitude."

Soldiers, spouses, children and baby buggies packed up for a whirlwind guided bus tour of the major Schweinfurt installations and housing areas, before heading downtown for a look at many of Schweinfurt's sights and attractions.

For some Soldiers, the move is simply another "mission."

"You look at it like a deployment. You know,



**Ninety-six Soldiers and family members from the Mannheim-based 44th Expeditionary Signal Battalion step off the buses upon their arrival for the "Destination: Schweinfurt" tour April 22.**

pack up your stuff and go elsewhere," said 1st Lt. Mike Marrinan, executive officer for Company B, 44th ESB.

Still, most are heading into the experience with an open mind, he said.

"You never know what it's like until you get there," Marrinan said.

The battalion is expected to be in Schweinfurt sometime in the summer.

## CSM lives Army Values, embodies spirit of the NCO

By Spc. Adrienne Killingsworth  
18TH MP BRIGADE PUBLIC AFFAIRS

In a year the Army has dedicated to its noncommissioned officers, there invariably will be those who stand out for embodying what it truly means to be a leader of Soldiers.

For the 18th Military Police Brigade the spotlight has, not surprisingly, fallen on its top enlisted Soldier, Command Sgt. Maj. Brenda K. Curfman.

Curfman has proved herself to be an outstanding leader and an equally impressive Soldier. She was placed into a situation that tested her abilities and, ultimately, proved her character as a Soldier and an NCO Dec. 17, 2007.

Nearly 16 months have passed since the incident that earned Curfman an Army Commendation Medal with Valor – but she remembers the events and emotions of that day as vividly as the moment they happened.

It was a day that began much like any other day for Curfman. She was the battalion command sergeant major for the 95th Military Police Battalion at the time.

“One of my responsibilities and duties as the command sergeant major is that I like to travel out to the stations and see my Soldiers,” Curfman said when explaining the details of the day.

She was traveling by road to visit Iraqi police stations to check on her Soldiers as they worked their mission of transitioning the police stations to the Iraqi police. As usual, Curfman had planned on visiting multiple stations that day.

Intelligence on the routes had been acquired, and the routes had been planned by the security squad’s squad leader. The convoy of up-armored Humvees was ready to move out.

“On this particular day we had already been at one station, and we were headed to another area to go to the second station,” she said. “We were en route to an IP station, headed down one of the routes, and I was the second vehicle in a four-vehicle convoy. About 15 minutes after leaving the previous station, we were hit with multiple (explosively formed projectiles). It basically blew out the whole right back side of my lead truck.”

Curfman watched as the lead vehicle slowed down and veered off to the left side of the highway before it came to a stop. Curfman knew something was horribly wrong in the vehicle, she said.

As Curfman began to go over the details of what happened next, she said that what drove her into action was the overwhelming feeling that “I wanted to get out and get to these Soldiers,” which is precisely what she did.

“Sergeant major, please stay in the truck,” was the last thing Curfman heard before she threw her radio in the seat and exited the truck with her



Command Sgt. Maj. Brenda K. Curfman, command sergeant major, 18th Military Police Brigade, was awarded an Army Commendation Medal with Valor for her actions in Iraq when her convoy came under attack. At the time she was the command sergeant major for the 95th Military Police Battalion.

**“I think the only thing I was thinking was that I just couldn’t let this kid die ... I knew the injuries were bad ... I never thought about any danger that I was in. I just knew ultimately that I had to get this guy to a hospital.”**

—Command Sgt. Maj. Brenda K. Curfman, 18th Military Police Brigade

rifle. Even as the Soldiers implored her to stay in the vehicle, Curfman knew they wouldn’t expect her to stay put.

“They know my personality,” Curfman said.

Running up to the vehicle, Curfman saw the passenger door swing open as one of her Soldiers stumbled out. He was injured, but walking and talking.

When she got to the inside of the Humvee, the situation inside was much worse. The driver’s arm had been severely injured, and the gunner had an injury to his leg that required immediate medical evacuation.

The right side door had been blown up in the explosion, and Curfman had to maneuver herself to try and render aid to her gunner while holding the door closed to keep the vehicle secure in the ensuing melee.

The truck, meanwhile, was on fire and inoperable as a result of the blast and had to be attached to the lead vehicle to be towed to a nearby Forward Operating Base where they could medevac the wounded gunner.

Curfman stayed inside the vehicle to apply pressure to her Soldier’s wound-

leg just popping off all over. We had grenades in there,” Curfman said.

But with radio communication cut off from the explosion and no way for the lead truck to see her because of how they were being towed, Curfman had to come up with a way to get the convoy to stop.

“I decided to climb out on the door frame. We were getting smoke inhalation, and I decided to climb out onto the frame of the door and get the attention of the truck behind me to tell him that our truck was on fire and that we needed to stop the convoy,” she said. “That was a daunting task in itself. I’m in full body armor, I’m holding onto this kid’s leg, this door, and I’m climbing out on this door frame.”

But her plan worked, and she was able to get the attention of the vehicle behind her and stop the convoy. But it meant another stop in a combat area while trying to move the wounded Soldiers.

It was an incident that provided Curfman’s security squad with some unique challenges. But they did their jobs, which allowed Curfman to do hers. The personal security squad that Curfman had hand-picked proved to be more than capable of fulfilling their duties, she said.

“You don’t know how you’re going to react until you’re in those situations, and my squad that day – they performed absolutely perfect, every single one of them,” the command sergeant major said. “The gunners stayed in their sectors, the sergeants took charge – while I’m running all over the place.”

Curfman said she had told her troops, “It’s very important when we’re out here traveling that I allow the squad leaders and team leaders to do their job because I have other things that I’m concerned about. But make no mistake about it, when an incident happens, I am a sergeant in this convoy.”

“I am a noncommissioned officer here, and oh by the way, the senior one – I’m going to be involved, and I am going to take charge, just because that’s who I am.”

With assistance from another squad who had shown up to provide support, Curfman and her squad were able to move the wounded Soldiers, get the convoy back to the FOB and get medical attention to the wounded Soldiers.

While the wounded gunner did end up losing his leg, Curfman says she is proud that her squad was able to bring everyone home alive that day.

Curfman’s abilities as a Soldier and as a leader were put to the test that day. And like many heroes before her, she does not see herself as a hero. She sees herself as a Soldier and a leader.

“I just did what, honestly, every one of those Soldiers in that squad would have done.”



#### DR. TONYA MCDONALD

Dr. Tonya McDonald is a pediatrician at the Heidelberg Health Center. Her job is to provide medical care for children and teens by making sure they are growing and developing well and helping them feel better faster when they get sick.

#### What do you like most about being a pediatrician?

My favorite part of being a pediatrician is getting to meet so many different kids. I love to get smiles from the babies, hugs from the toddlers and when the older kids actually look me in the eye and smile. Ticking the little ones is fun, too! My teen patients will tell you I like to give them a hard time about being a teen, but it's all in love.

#### What did you want to be when you grew up?

I've always wanted to be a pediatrician, although I thought about being a marine biologist if I didn't get into medical school. Fortunately, I got in, because I realized I hate doing research.

#### What is your favorite board game?

My favorite board game is Scrabble. My parents play all the time and are really good at it and it's fun to beat them when I'm home on vacation, especially if I can play all seven letters in a turn.

#### What is the best advice anyone ever gave you?

Always just be myself. (It only took me 30 years to figure out it was true).

#### What do you do at the teen clinic?

At the teen clinic, I take care of high school students who need medical care, including sports physicals and immunizations at school. This means they don't miss as much of the school day and their parents don't have to take off from work, unless they're too sick to stay at school.

#### What is your favorite German food?

I love the German bakeries and really like the sweet poppyseed bread (MohnKuchen). I also love a really cold johanisbeerschorle.

#### Nominate a community member

If you would like to nominate someone in the community to be featured in the "Who's Who" column, e-mail the person's name, contact information and a brief description to [usaghd.post@eur.army.mil](mailto:usaghd.post@eur.army.mil).

## Teddy Bear Tea Party



Shannon McCray and Audrianna Wihite, 5, decorate paper bears at the Teddy Bear Tea Party in the Village Pavilion Sunday to celebrate Shannon's seventh birthday. The tea party, a popular annual event since 2001, was Heidelberg's final event honoring the Month of the Military Child. More photos of the event are available online at [www.flickr.com/heraldpost](http://www.flickr.com/heraldpost).

### Children invite their adult guests to fancy day out

By Kelli Bland  
HERALD POST EDITOR

Little girls decked out in dresses, fancy jewelry and tiaras – along with a few well-dressed boys, too – flooded the Village Pavilion Sunday to enjoy a formal day designed just for them.

The Teddy Bear Tea Party, which has been an annual event since 2001, was the final event for Heidelberg's Month of the Military Child celebration.

With the Army Family Covenant's focus on taking care of families, this event has taken on new meaning, since several of the families in attendance had a loved one deployed, according to the event's planner, Stephanie Morales, Outreach Services director for Heidelberg's Child, Youth and School Services.

"My most favorite part is greeting the kids when they come in the door and giving them air kisses and smooches and seeing which of their favorite stuffed animal they brought with them," said Morales, who was decked out in a satin purple dress and matching purple hat for the event. "The kids love it because what I try to do is greet

the children first, then the adult, because it's their tea party and the adult is their guest."

The tea party was an extra special day for Shannon McCray, as she brought a few friends with her to celebrate her seventh birthday.

"My favorite thing to drink is actually tea," said Shannon, who traveled from Kaiserslautern with her father for the event.

The event is meant to put the focus on the children, the "everyday heroes" who have to endure deployments just like the rest of the family, Morales said. With an event like this, "children get to have their fantasies and play them out," she said. "Everybody likes to dress up and pretend, and this is pretend coming to life."

The children were able to decorate a paper bear at their tables and then show off their creations in the teddy bear fashion show before enjoying tea, punch and a variety of desserts. A giant teddy bear greeted the children and led them in singing "I'm a Little Tea Pot," and the children gathered around as community members read stories about teddy bears and tea.

To bid farewell in style, the children sang the teddy bear song, finishing with "teddy bear, teddy bear, say good night" – at least until next year.

## Kaiserslautern celebrates youth with a historical 'bang'

By Christine June  
USAG KAISERSLAUTERN PUBLIC AFFAIRS

Try as she might, Lea Reinhardt, 10, didn't get to do all the activities and events at the Kaiserslautern military community's Month of the Military Child celebration held Saturday at Pulaski Park on Pulaski Barracks.

More than 2,000 military children and their parents attended the event, which was hosted for the first time by the U.S. Army Garrison Kaiserslautern's Family and Morale, Welfare and Recreation and 435th Air Base Wing's Services Squadron Family Member

Program Flight.

"I didn't get to plant a sunflower or go through the tunnel thing," said Reinhardt, a Kaiserslautern Elementary School fifth grader, who was at the four-hour event the whole time, not even taking a break for the free lunch.

What she did get to do was jump in the bouncy castle for 9-12 year olds, make a newspaper hat, large paper photo frame and silly putty, went on a treasure hunt, played with bubbles, had her face painted, visited Clown Filou who made her a mouse-shaped balloon and later, seeing him walk around on stilts, spray-painted

a wall, boxed with really huge gloves, wrestled in a funny Sumo suit, watched Misto the Magician pull a stuffed chicken out of the hat and other "how-did-he-do-that" tricks, and saw the Tirnanog Irish Dance School's performance.

All these activities and even more that Reinhardt didn't even know about were possible thanks to the KMC Army and Air Force uniting resources, funding, talents, and staff and volunteers – about 100 from each unit. Previously, these two sister services would hold a separate carnival-type event to mark the end of the military-wide observance.

Organizing this event for the Army was Shay Berchtold, the garrison's School of Knowledge, Inspiration, Exploration and Skills director, and for the Air Force was Sally Fuller, the 435th Service Squadron's KMC youth community manager. They didn't even know each other before they started planning for this event way back in October, but at the end of the celebration, they joked that they are now best friends after hundreds of meetings and e-mails.

"We wanted to make sure we had a variety of activities for all ages," said Berchtold, citing the infant area with sandboxes

at just the right height and the teen basketball tournament.

"Working together is the way to go for the future," Fuller said.

Right in the middle of the event, the 435th Services Squadron Family Member Program Flight Chief Dorothy Choate invited the Army to co-host the America's Kids Run May 16 at Donnelly Park on Ramstein Air Base.

This event has been solely hosted in the KMC by the Air Force for many years. Belynda Smith, the garrison's Child, Youth and School Services Chief, said she thought that was a great idea.

# Communities celebrate Earth Week

## Earth Day goes to the bats in Kaiserslautern

By Christine June  
USAG KAISERSLAUTERN PUBLIC AFFAIRS

It was all about the bats as the U.S. Army Garrison Kaiserslautern observed this year's Earth Day.

A small group, mainly comprised of local media, visited the restricted area April 22 on Miesau Army Depot. It was a chance for them to see one of three World War II bunkers modified to be winter homes for bats and to learn about the garrison's efforts to provide sanctuary for them.

"(The garrison and German forest department) take care of these endangered species, and I tell you it's really great to know that they are taking their time out to do something as special as this," said Lt. Col. Mechelle Hale, the garrison's commander, addressing the group before the tour of the bunker.

Leading the group was Dr. Claudia Weber, a garrison Directorate of Public Works' environmental engineer, and Forstamtmann (Forest Man) Josef Brodner, the German federal forest manager whose area of responsibility includes all of the Kaiserslautern military community.

First up was an inside tour of one of these makeshift homes, which did indeed resemble a cave. Modifications on these bunkers started more than 10 years ago and continues to this day, said Broder, who added that they first started by covering the bunkers with dirt to keep cold air out.

Just last summer, Broder said they added bat panels made of straw to help bats climb as the bunker walls are too smooth for them.

Beside the bunkers, an underground water tank has also been modified for the bats.

Next on the agenda was a visit to the hunting grounds for the bats in the forest, still on the restricted grounds of the depot.

There, Weber introduced to the group two injured bats she keeps at her home sanctuary because they can't fly. She explained they are Leisler's bats. She has had a sanctuary in her home for about 10 years and has cared for hundreds of bats.

"I'm known throughout my village for caring for bats," Weber said.



Christine June

German federal forest manager Josef Brodner holds a Leisler bat named Maus April 22 in the wooded restricted area on Miesau Army Depot. Dr. Claudia Weber, a U.S. Army Garrison Kaiserslautern's Directorate of Public Works environmental engineer, maintains a bat sanctuary in her home and Maus is currently a resident because she is unable to fly.



Jason L. Austin

Students from the Realschule Kandel, near the Gernersheim Army Depot, receive gifts of soccer balls and other items from Col. Robert Ulises, commander, U.S. Army Garrison Baden-Württemberg, Lt. Col. Robert White, commander, USAG Heidelberg, and the USAG Heidelberg Command Sgt. Maj. Annette Weber, during an Earth Week celebration at the depot Friday.

## Heidelberg culminates weeklong activities with celebration at Gernersheim Army Depot

By Jason L. Austin  
HERALD POST STAFF

Take a group of German fifth graders willing to dig in the dirt and a bunch of plants, throw in a huge barbecue and a few soccer balls and you have the Gernersheim Army Depot annual Earth Week celebration.

For Celina Krebs, from the Realschule Kandel, the highlight Friday was the opportunity to plant a vegetable garden on the installation.

Krebs listed the vegetables — "peppers, onions, corn, tomatoes, pickles, carrots and radishes."

Other students from her school planted flowers around several installation buildings, and the whole class participated in a tree-planting ceremony, where they planted a decorative cherry tree, and hobnobbed with Col. Robert Ulises and Lt. Col. Robert White, commanders, U.S. Army Garrisons Baden-Württemberg and Heidelberg, who also threw a little dirt on the tree.

The plantings helped Maurice Stewart, a geography teacher at the school, and former GAD employee, reinforce some of the ideas he teaches his students.

"In geography we teach them to help nature," Stewart said, adding that the event left "a nice impres-

sion for the school."

The event was an educational tool for the students, according to Tim Clark, with the USAG Baden-Württemberg Environmental Division.

"Kids are fun, available for education and will be on the earth for a long time," Clark said. "The lessons we teach them, they can take with them for a whole lifetime. They are part of their environment and can impact the world they live in."

The event was the culminating event for USAG Heidelberg's Earth Week initiative, which included many educational events from paper making and compost awareness at the Heidelberg reuse center to field trips to a local solar park and botanical gardens.

"The Army has been very involved in Earth Day since its 1970 inception," said Maj. Gen. Byron S. Bagby, U.S. Army Europe chief of staff, who spoke at the event, and helped plant a American Oak along with the mayors from Gernersheim and Lingenfeld, Ulises, White, and representatives from GAD.

Bagby listed several ongoing environmentally friendly projects at

More Photos Online  
[www.flickr.com/heraldpost](http://www.flickr.com/heraldpost)



Jason L. Austin

Jared Frankovich, a student at Heidelberg Middle School, tries his hand at paper making at the Heidelberg Reuse Center April 23. Frankovich's class toured the recycling center before heading into the reuse center's learning area, where they learned about composting and how to make paper from recycled paper.

GAD, from installing solar panels, replacing mercury lights, improving buildings for energy conservation, to ongoing efforts with the local government to shelter protected species on the installation.

"It's not just one day, or one week, but ongoing," Bagby said.



Staff Sgt. Curt Squires

Maj. Kent Solheim rides his hand bike down the chute of the 113th Boston Marathon on April 22. Solheim, a Special Forces Soldier and wounded warrior, has been riding the hand bike for approximately seven weeks and was the third hand bike racer to finish the marathon.

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Petty Officer 1st Class Chad J. McKeelley

Spc. Matthew Hillman listens as Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, talks with Soldiers assigned to Forward Operating Base Walton, Afghanistan, Friday.

(Right) Pfc. Matthew Boyd checks the distance to the next objective, during Operation Viper Shake in the Korengal Valley, Afghanistan, April 21. Boyd is a forward observer with Company C, 1st Battalion, 26th Infantry Regiment, 1st Infantry Division.



Sgt. Matthew C. Moelle

(Below) The U.S. Army Old Guard Fife and Drum Corps marches before Jordan's King Abdullah and Secretary of Defense Robert M. Gates at the Pentagon parade field Friday. Gates hosted the full honor arrival ceremony in observance of the King's visit. Later the two men met to discuss a range of regional security issues of mutual interest to both nations.



R. D. Ward



Senior Airman Daniel Owen

(Left) Master Sgt. Mike Bennet helps an Iraqi boy blow bubbles at Al A Alahbab school in Jaaffer, Iraq, April 21. Bennet is assigned to the 8th Military Police Brigade.

# Heidelberg hosts Family Fest, Kiddie Volksmarch

By Jason L. Austin  
HERALD POST STAFF

One thousand hot dogs were needed to feed the crowd Saturday at the Heidelberg Family Festival, sponsored by the Child, Youth and School Services, while children and the young at heart played games and soaked up the sun.

For 20 years, CYSS has hosted the event in conjunction with the Heidelberg International Wandering Club's Kiddie Volksmarch, which has been marching along for more than 25 years.

The two events are held the last weekend in April as a capstone event for the Month of the Military Child, where the Army recognizes and applauds "families and their children, who are everyday heroes, for the daily sacrifices they make in supporting America's Army," according to the Army Morale, Welfare and Recreation Web site.

"It's all for the kids," said Stephanie Morales, outreach services director, Child, Youth and School Services.



Jason L. Austin

Two girls make edible jewelry during the Child, Youth and School Services-sponsored Family Festival held Saturday at the Patrick Henry Village park. The festival was held in conjunction with the Heidelberg International Wandering Club-sponsored Kiddie Volksmarch to support the Month of the Military Child. More photos can be viewed at [www.flickr.com/heraldpost](http://www.flickr.com/heraldpost).

For 280 children the day started off with a 5-kilometer walk around Patrick Henry Village with certificates and prizes awaiting them at the finish line.

The prizes, ranging from medals to stuffed animals, toy trucks and steins, were donated throughout the year by other German volksmarching clubs

and by members of the local club. "We want to introduce the kids to the German volksmarching tradition," said Rob Floyd, vice president, HIWC. It also provides the club with a means to advertise themselves and start preparing and gathering volunteers for September's annual Heidel-

berg volksmarch.

After the walk families wandered over to the PHV park behind the library and were treated to lunch.

Hot dogs, baked beans and corn on the cob, all served on environmentally friendly dishes, which were washed for reuse by members of the USAG Baden-Württemberg Environmental Division.

"People really appreciated that," Morales said.

CYSS provided several activities for the kids ranging from modeling clay and edible jewelry to bubbles, bouncy activities and games.

The event, as part of the Army Family Covenant, supports military families and keeps getting bigger and bigger every year, according to Morales.

This year the Girl Scouts Senior Troop 65 handed out books and movies and staff from Army Community Services provided information on child abuse prevention.

The day's events were just one more way USAG Heidelberg is "Saluting Everyday Heroes" during the Month of the Military Child.

# Heidelberg, Mannheim JROTC members compete in drill meet

By Kristen Marquez  
HERALD POST STAFF

Under the watchful eyes of four noncommissioned officers serving as judges, cadets descended upon Heidelberg High School Saturday to compete in a Junior Reserve Officer Training Corps drill meet.

The second of the West Conference JROTC drill meets saw the HHS, Mannheim, Patch and Baumholder teams represent their battalions and their schools with pride, precision and pure energy.

The competition included inspection, regulation and exhibition. During the inspection phase, each team was inspected for uniform fit, haircuts and overall appearance. In regulation drills, different size elements competed on the drill pad in platoon, squad and individual categories, and during exhibition, each team demonstrated its skills by spinning rifles and marching.

Although each school did not have to compete in every category, Patch High School scored 34 points overall, winning the team exhibition, individual exhibition, color guard,

individual precision, squad and platoon categories. Mannheim scored 20 points overall, winning the two-person exhibition and taking second in the team and individual exhibition, along with second in individual precision, squad and platoon categories. Heidelberg took second in the color guard category and third in squad, individual exhibition and two-person exhibition.

With 2009 being the Army's Year of the NCO, the NCOs serving as judges said they appreciate the hard work and effort the cadets put into the drill meet.

"We always say that the Non-commissioned Officer Corps is the backbone of the Army, and when I look at these young cadets out here, I see a lot of future noncommissioned officers, sergeants major of the Army and everything," said Sgt. 1st Class Alverto Austin, Headquarters and Headquarters Company, 2nd Signal Brigade, who served as a volunteer judge. "This is where it starts. This is the foundation. (These are) our future leaders for tomorrow."

"It's a good feeling (to see the work of the students) ac-

tually, because that's really what it's all about," said Sgt. 1st Class Justin Gussler, 181st Signal Company. "Even as you start toward the middle or even the end of your career, to see the product that you built and what's to come, so that one day you can set it down and lay it down and know that the people that are going to come after you are going to protect what you have done, the same as we are for our forefathers."

Volunteer judge 1st Sgt. Christopher Smith, 43rd Signal Battalion, has judged JROTC drill meets before in the States.

"The competition was a little different than in the States," he said. "Overall the judging, it stays the same. You look for precision, snapping, the appearance, because I believe when you look at the appearance, before they even do any movements, that sets the tone for everything and we go from there."

Staff Sgt. Luis Rivera, 181st Signal Company, said he enjoyed the competition because he likes to see the students carrying on the Army tradition.

"It makes me proud to be a



Kristen Marquez

Members of the Mannheim High School Junior Reserve Officer Training Corps drill team compete in the team exhibition category of the JROTC drill meet on Mark Twain Village in Heidelberg Saturday.

Soldier," he said. "I want to go back to my unit and tell that to my Soldiers, showing them if we've got the students doing it, you can do it, too."

Retired 1st Sgt. Andrew King, Heidelberg JROTC instructor, said the weekend was a success and he was happy with the way the HHS team performed.

"I think overall today went very well," he said. "There were no safety incidents, ev-

everyone was happy with the results, each team did their best and were very professional."

"I just love seeing the kids out there," Smith said. "It's truly an honor to come out here and represent the community, my battalion and to give back, because that's tomorrow's leaders. They are tomorrow's leaders just like we are the backbone of the Army; they're the backbone of us - that's our future."





Spc. Adrienne Killingsworth

Students gather soil and insect samples from a mock crime scene during Advanced Crime Scene Investigative techniques training April 13-17 in Grafenwöhr. The training gave Soldiers from the 18th Military Police Brigade a chance to train in forensic investigation with Criminal Investigative Division special agents from throughout Germany.

## MPs practice investigative techniques

By Spc. Adrienne Killingsworth  
18TH MP BRIGADE PUBLIC AFFAIRS

GRAFENWÖHR, Germany – Soldiers from the 18th Military Police Brigade, along with Criminal Investigation Division special agents from throughout Germany, participated in an Advanced Crime Scene Investigative Techniques course here April 13-17.

The training was a mixture of classroom instruction and practical exercises. Soldiers and agents were instructed in the areas of crime scene photography, blood evidence and Krime Site scopes, which are used to view fingerprints with ultra-violet bulbs.

The course provided Soldiers and agents with the chance to enhance the training they already have and, for the MPs, to explore the forensic side of crime scene investigations.

Col. Jefferey Harris, commander of the 202nd MP Group (CID), and Col. Michael Walker, commander of the 1002nd MP Battalion (CID), the units that organized the event, sat in on the training and observed and encouraged the students to take full advantage of their unique experience.

“The MP corps as a whole, we have a hard time getting together like this,” Harris said to the group. “You don’t have this opportunity very often, so take advantage of this. Ask questions.”

Traditionally the role of military police at a crime scene involves acting as initial responders to the call, securing the scene, providing aid to victims, and keeping non-essential person-

nel away from the crime scene, among other things.

The training gave the MPs an in-depth look at what goes on at a crime scene once CID arrives.

“It’s helpful because we can better understand what CID does when they get out there,” said Staff Sgt. Jason Murray, an MP with the 92nd MP Company. “It helps us better support them because right now we’re seeing all of the different things that they’re having to do, which are really elaborate.”

The course kicked off with the photography instruction, which reviewed basic camera techniques and allowed students to practice photographing evidence as well as surveillance photography. Students were also instructed on the principles of forensic photography, the presentation of photographs in court, and the process of photographing a crime scene.

Special Agent Patrick John Connor, the Ansbach CID special agent in charge and forensic science officer, was the instructor for the course. He said he begins the training with photography because he believes that so much of the advanced training hinges on the ability to have a strong understanding of photography in the investigative process.

The blood evidence training gave the Soldiers and agents a more advanced look at the specifics of how to analyze and understand blood evidence at a crime scene.

Instruction focused on blood pattern analysis, blood evidence collection and forensic entomol-

ogy – the relationship between insects and physical human evidence. The practical exercises gave the students a chance to collect blood samples and go into the field to collect forensic entomological evidence at a mock crime scene.

Connor said the training would be helpful, not by making the Soldiers experts in blood evidence, but rather by giving them, “an understanding of how (analysis) works, just so they’re familiar with it.”

Krime Site Scope training provided the students with a chance to use refracted ultra-violet light to find fingerprints that are not visible to the naked eye. The practical exercises provided methods for identifying and collecting fingerprints at a crime scene.

In a real-world application, the familiarization in these functional areas allows the military police to be more aware of the forensic aspects of a case when they come into a crime scene. Having an understanding of the forensics allows military police, the first responders to a scene, to better protect and preserve evidence that CID agents will need to collect once they arrive.

When explaining the benefits to the MPs and the CID agents, Connor said, “MPs come out to our crime scenes. They’re the ones that do our crime scene security. They assist us with canvas interviews – so any chance we get to teach them a little bit more of what we do, we try to do ... I appreciate the fact that they’re out there helping us.”

## USAREUR officials define laws regarding Germany’s prohibited vehicle modifications

By Robert Szostek  
USAREUR OFFICE OF THE PROVOST MARSHAL PUBLIC AFFAIRS

Members of the U.S. forces community who register vehicles in Germany should be aware of laws regarding modifications such as window tinting and wheel spinners, say U.S. Army Europe Office of the Provost Marshal officials.

Don’t add tinted foils to the front windshield or front driver and passenger door windows of your vehicles, officials warn, because this so-called after-market tinting is not allowed in Germany. Replacing plain front windows with tinted panes is also prohibited.

This policy was restored in 2006 after the agreement with Germany on the use of German license plates was concluded, OPM officials explained, adding that Germany does not have any exceptions for tinting these windows.

“Our vehicle inspectors see this time after time,” said Dan Saavedra, policy advisor at the USAREUR Vehicle Registry. “Unfortunately, vehicle owners have to remove foils, whether they are tinted or not, from the windshield or the driver and front passenger side windows before their vehicle can pass inspection.”

However, tinting that is a factory-manufactured part of the window is good to go for all windows if it is original configuration for the vehicle, officials said. All vehicles made in the United States or with U.S. specifications conform to German and U.S. legal requirements.

Tinted foils on the rear windows of a vehicle are authorized and not a problem.

OPM officials said their goal is to get vehicle owners to meet the requirement by voluntary compliance with the law.

Saavedra pointed out that the U.S. forces in Germany signed an agreement with the German government in 2006 on the use of German license plates as a force protection measure. About 75 percent of USAREUR-plated privately owned vehicles have the German plates now, he added.

“This is good for us because it makes American POVs blend in with the German and other European cars on the road that much more,” Saavedra explained.

He went on to say that German police may stop vehicles that have tinted front windows, especially if the vehicle bears the new German license plates.

Saavedra said in Germany it is also illegal to cover a license plate with any kind of tinted or clear glass, foil or similar materials. The fine for this offense is €50.

Wheel spinners – wheel covers or hub caps that spin even if the wheel comes to rest – are also not legal in Germany because of safety concerns. Lights in a vehicle’s wheel wells or grill are banned as well.

He also stated that the maximum noise level for exhaust systems on all cars, vans and motorcycles is 95 decibels, with no variance allowed. Vehicle inspection points can measure a vehicle’s noise level to ensure it is in compliance.

Saavedra advised vehicle owners to call the registry’s customer service office at DSN 386-7280, civ. 0621-718-7280 to find out more about vehicle accessories that may be prohibited in Germany.

# Heidelberg recognizes local volunteers at annual ceremony

By Kristen Marquez  
HERALD POST STAFF

Twenty-two Heidelberg community members were recognized as Volunteers of the Year during a "star-studded evening" April 23 at the Patrick Henry Village Pavilion.

The Army Community Service Volunteer Recognition Ceremony honored these volunteers along with 350 guests in attendance at the event, which was decorated to feel like a night at the Oscars.

"Being recognized as one of the Volunteers of the Year was an amazing accomplishment for me," said Spc. Meagan L. Noles, Heidelberg's Better Opportunities for Single Soldiers president. "It also gave me a reassurance that I was doing something good and that people saw it instead of just myself. I realized that people out there saw what I was giving to our community. Being recognized when you least expect it is amazing. I volunteer with single Soldiers because it's what I like to do. I'm passionate about my job, and I feel privileged to even be in this position."

There are approximately 3,000 registered volunteers in the community, with 1,675 of

those being family members and the remainder being Soldiers or retirees. Volunteers worked 173,005 hours last year, which provided a savings of \$3,281,081.90 to the garrison, according to Norma Ewers, Heidelberg's Army Volunteer Corps coordinator.

"Volunteering gives people a sense of pride and fulfillment," Ewers said. "There are volunteers who have told me that they do what they do not because they want to be rewarded, but just for the sense of self-worth it gives them, doing something for other people."

Peggy Lauzon and her husband Bryan were both recognized as Volunteers of the Year --

Peggy for her work with ACS and Bryan for his work with the Warrant Officers Association. Bryan didn't know he was winning the award this year, so Peggy said she had to coax him to attend the event and even stand up when his name was called. She said they've both won the award before, and they simply love to volunteer their time, whether it is the Warrant Officers Association, church or any number of other activities in which they get involved.

"I just like to help people out," she said. "I like to be

with people, so it gives me a lot of happiness to help other people."

For anyone interested in volunteering in the community, Peggy said she recommends it highly.

"Get involved," she said. "You'll enjoy it. It's really rewarding just to do it, even if they can do it just part-time. It gets them out. You'll meet people. Who knows where your sources will lead you. It's also a good point to start if they want a job. Get involved, advance yourself."

Peggy volunteers basically full-time for ACS, mostly filling in at the front desk, and according to Ewers, is one of their true "stars," sometimes anticipating what needs to be done before even being asked to help.

Noles, who spends her time working with BOSS and volunteering at events such as the holiday bazaar, Earth Week, Make a Difference Day, Cheap Eats events and others, said she loves being active in the community and making a difference in other people's lives.

"When you have helped someone, the feeling that you get is just amazing," she said. "I enjoy that feeling, so that is why I volunteer as much as I can. I'm making a difference,

## Volunteers of the Year

- Juanita Cheek, Child and Youth Services "Real World"
- Jill Connett, USAREUR & 7th Army STB Family Readiness Group
- Marianne Davis, Heidelberg Thrift Shop
- Kate Dunbar, Heidelberg Community Spouses Club
- Catherine Floyd, Heidelberg International Wandering Club
- James Freeman Jr., Patton Fitness Center
- Annemarie Fritz, KONTAKT Club Heidelberg
- Heide L. Guardiollo, American Red Cross
- Kim Henry, HMEEDAC Family Readiness Group
- Jerry Holloway, Army Community Service Family Advocacy Program
- Leann Holloway, Army Community Service Family Advocacy Program
- Peggy A. Lauzon, Heidelberg Army Community Service
- Bryan Lauzon, Warrant Officers Association (Rhein-Neckar Silver Chapter)
- Jana Mayer, USA Girl Scouts in Heidelberg
- Marion McDonald, Child and Youth Services
- Sandra Mitchom, HHC USANATO Brigade Family Readiness Group
- Meagan L. Noles, Better Opportunities for Single Soldiers
- David Preston, Child and Youth Services Sports and Fitness
- Philip Ranck, Warrant Officers Association (Rhein-Neckar Silver Chapter)
- Brain Rausch, Roadside Theater
- Katherine D. Welch, United Service Organization Heidelberg
- Ursula Wengel, Community Mail Room 419

and to me, that means something."

Noles said some of her other favorite activities include carving pumpkins at a German retirement home and building butterfly gardens with elementary students.

"While volunteering in the Heidelberg community, I have met tons of people that I would normally just walk by and not say a single word to," she said. "It has definitely helped me network with various people from different organizations in the Heidelberg area."

Getting involved and volunteering is a great way for community members to spend their free time, Noles said.

"The reason why I think its wonderful for community members to get involved with volunteering is that it will help them with their people skills, allows them to live up to their Army values, makes them feel better about themselves, allows them to give back to the community instead of just receiving, and also helps with the career of a Soldier," she said. "Soldiers can receive so much out of volunteering that sometimes they don't even know that they have learned anything."

For more information on volunteering in the Heidelberg community, call DSN 370-1770, civ. 06221-57-1770.

# Proper use of outdoor cooking items key to fire safety

IMCOM-Europe Public Affairs

Traditionally, outdoor cooking is viewed as a summertime activity. But for the ardent cooks, cookouts are pretty much a year-around activity.

No matter when you fire up those charcoals or use the propane grill, safety is a must at all times, according to Gerald Adams, Installation Management Command-Europe fire protection specialist.

"The proper use and storage of barbecue grills is essential to safe outdoor cooking," said Adams. "Data shows that there are hundreds of fires that occur each year related to outdoor cooking, and almost all of those are preventable."

According to Adams, individuals in Europe have a "very good" safety record regarding the use of outdoor cooking grills. However, he added that people still need to be vigilant because all it takes is one mistake or one bad decision to cause an outdoor cooking-

related fire incident.

Some fire incidents he has heard about, he said, are clearly bad decisions.

"People have placed charcoal in ovens. Others have used charcoal grills indoors. These are deadly ideas," he said.

As part of IMCOM-Europe's effort to raise awareness of fire safety during the Army's focus on fire prevention now through October, Adams offered a number of tips for outdoor cooking:

### Before Cooking

- Instruct children on the dangers of a lit grill.
- Choose a safe grilling location away from children's play areas and areas of heavy traffic. The area should be well-ventilated to avoid danger from carbon monoxide and other combustion by-products.
- Never grill inside or even in a semi-enclosed area, such as a tent or camper. Always grill on a flat, non-combustible surface.

- Make sure you're not wearing clothing that could contact the fire, such as hanging shirt-tails or dangling strings.
- Never leave a grill unattended.

### Cooking With Propane Gas Grills

- Read the owner's manual and operating instructions carefully.
- Use the exact type of tank and fuel specified. Do not attempt to connect European-type propane cylinders with U.S. LP grill supply lines.
- Check hoses and valve connections often. Do this by pouring soapy water on the connection points. If bubbles appear, retighten the connections and test again. Also, if repairs to gas lines are needed, ensure qualified repair personnel fix the lines.
- Transfer and store liquid propane cylinders in an upright position and never where temperatures can reach 125 degrees.
- Whether your grill lights by match or push button igniter, always follow the manufacturer's instructions.

### Cooking With Charcoal Grills

- Charcoal grills should be lit and supervised by adults only
- Never start a fire with gasoline.
- Use starter fluid only as recommended by the manufacturer. Never use starter fluid once the fire has been ignited.
- If using an electric fire starter, use an insulated indoor/outdoor cord plugged into an outlet protected by a ground fault circuit interrupter if available.
- Be sure the ground is dry and you're not standing in water when plugging the starter into an outlet.
- Don't use a charcoal grill underneath a combustible overhead.

So, bring out the hot dogs and the hamburgers, get out the grill, and remember the safety tips mentioned above. Enjoy your outdoor meals and have a safe fun summer.

Individuals with questions should contact local garrison fire prevention offices. More information is available on the IMCOM-Europe's Web site at [www.imcom-europe.army.mil/sites/management/docs/spring\\_safety.pdf](http://www.imcom-europe.army.mil/sites/management/docs/spring_safety.pdf).

## 30th MEDCOM changes command, cases colors for deployment

### ERMC Public Affairs

Col. Dennis D. Doyle assumed command of the 30th Medical Command during a ceremony at Nachrichten Kaserne in Heidelberg April 22.

Doyle, former deputy commander for administration at Walter Reed Army Medical Center in Washington, D.C., assumed command from Col. Bernard L. DeKoning.

Following the change of command ceremony, the 30th MEDCOM colors were cased for deployment to Afghanistan.

Headquarters, 30th MEDCOM will deploy later this spring to provide command and control of regional health service support and force health pro-

tection units for U.S. Forces – Afghanistan.

The 30th MEDCOM includes a headquarters company, the 212th Combat Support Hospital in Miesau, the 421st Multi-Functional Medical Battalion at Wiesbaden and the 67th Forward Surgical Team. The 67th FST will also deploy to Afghanistan.

Headquarters, 30th MEDCOM also will oversee medical policy throughout the USFOR-A area of operations, and work with the Islamic Republic of Afghanistan to enhance its medical infrastructure and capabilities.

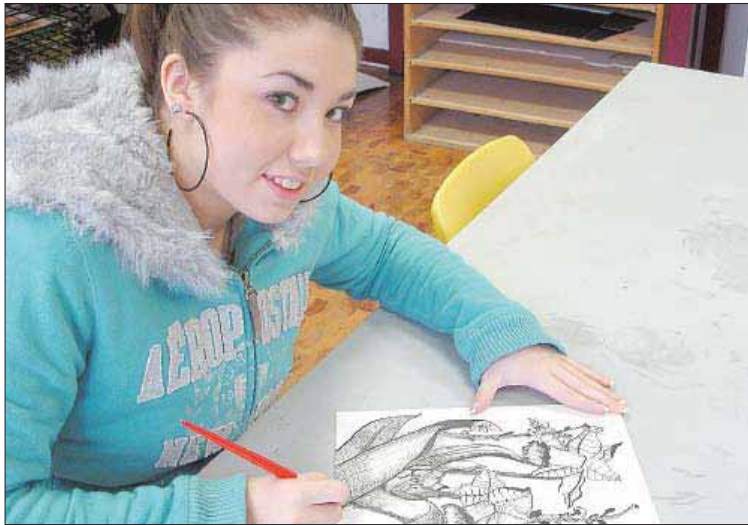
DeKoning, the departing commander, will become Command Surgeon, Multi-National Security Transition Command – Iraq.



Phil Tegetmeier

Col. Dennis D. Doyle cases the 30th Medical Command colors in a ceremony symbolic of preparing the unit for its upcoming deployment to Operation Enduring Freedom in Afghanistan.

## MHS Spring Art Exhibit



Courtesy

Kortnie Dupont, Mannheim High School art student, works on a pen and ink rendering of a cluster of flowers for the MHS Spring Art Exhibit, on display at the school through May 4.

### Students' artwork on display through May 4

By Steve King  
MANNHEIM HIGH SCHOOL

Over the years Mannheim High School has gotten a reputation for producing excellent student artwork. This year is no exception.

As is the Bison tradition, every spring the best student artwork of the year is displayed for viewing. This year's exhibit began April 17 and continues through May 4 in the Mannheim High School Information Center.

The exhibit involved the efforts of 67 students and shows more than 120 individual pieces of creative artwork.

The works include massive swirling oil pastel designs that contrast the detailed black and white pen and ink renderings of realistic bugs transformed into everything from muscle-flexing butterflies to insect stew.

Also to be seen are architectural structures painted

in pastels, symmetrical totem pole designs splashed together with fine dribbles of watercolors, collages illustrating the march of time as well as the kick of high-heeled sneakers breaking through the glass ceiling.

This year's artistic inspirations arrived from nature, music and human anatomy.

Sarah Atchinson, 16, an art student at MHS, produced a vibrant acrylic painting of John Lennon inspired not by his musical history, but rather by his wardrobe.

"I really liked those perfectly round glasses on his face," Atchinson said. "I think the roses I put in them are the best part."

Joe Letriz, 17, commented about his collage of a partial face by saying, "I liked the way the empty space around her face came into her expression. What wasn't there was important."

To experience this teenage artwork display, visit the school anytime during the school day.

## V Corps STB welcomes new CSM; Katz moves to Wiesbaden's 1st AD

By Spc. Fabian Ortega  
USAREUR PUBLIC AFFAIRS

Command Sgt. Maj. Terry Abel assumed responsibility as the senior enlisted member of V Corps' Special Troops Battalion in a change of responsibility ceremony at Victory Park in Heidelberg April 13.

Abel accepted his new mission from Command Sgt. Maj. Sal Katz Jr., the battalion's command sergeant major of the past two years.

Katz left the noncommissioned officers of the command with some advice before handing over his duties.

"Continue to step out and lead," Katz said. "Someone once told me that if you stick with the basics of leadership you will succeed."

Firmness and insistence on high standards are essential to many of the things that are achieved in life, he said.

Katz, who has served at various positions throughout U.S. Army Europe, is slated to become command sergeant major of the 1st Armored Division in Wiesbaden.

As Katz moves on to Wiesbaden, Abel said he is looking forward to training the battalion's Soldiers for future missions.

"I'm excited about the future of the Special Troops Battalion," he said. "I look forward in assisting the commander train and prepare the battalion to perform our wartime mission."

During his career Abel has served in many armor leadership positions, including master gunner, platoon sergeant, drill sergeant, NCO Education System instructor, squadron operations sergeant and first sergeant for three companies. He is a certified Master Fitness trainer and a graduate of the U.S. Naval Senior Enlisted Academy.

The ceremony also marked Abel's return to U.S. Army Europe, where he served in Germany with the 35th, 37th and 81st Armor Regiments early in his career.

"I am no stranger to USAREUR, (but) this is our first assignment to this area and we are looking forward to becoming members of the community," Abel said.



Spc. Adrienne Killingsworth

Soldiers from Headquarters and Headquarters Company, 18th Military Police Brigade prepare to breach a building at the Wiesbaden Rod and Gun Club April 16 as a part of a paintball challenge during Warrior Adventure Quest. WAQ assists Soldiers with their transition back into a garrison environment following a combat deployment.

## Program offers MPs chance to ‘blow off steam’

By Spc. Adrienne Killingsworth  
18TH MP BRIGADE PUBLIC AFFAIRS

WIESBADEN, Germany – To enhance unit cohesion and provide leadership opportunities to its Soldiers, the 18th Military Police Brigade took Soldiers to the Wiesbaden Rod and Gun Club April 16 for the Warrior Adventure Quest program offered by U.S. Army Garrison Mannheim.

Warrior Adventure Quest is for redeployed Soldiers only, and was implemented by the Army in an effort to help these Soldiers reach a “new normal” and better adapt to a garrison environment following a combat tour.

For Soldiers returning from a deployment, the loss of the adrenaline they grew accustomed to in a combat environment can lead them to engage in risky behaviors when they return to a garrison environment.

The Soldiers of Headquarters and Headquarters Company, 18th MP Brigade returned from their most recent combat deployment in December. Participation in WAQ gives these Soldiers an opportunity to partake in a program that promotes team building, esprit de corps and Battlemind Leader Tools, the Army’s psychological resiliency building program.

WAQ offers a number of high-adventure, high-adrenaline activities to choose from – including rock climbing, mountain biking, paintball, skiing or snowboarding. The HHC Soldiers chose to participate in a paintball course for a chance to “blow off some steam,” according to Sgt. 1st Class Brian Jones, the security

and intelligence noncommissioned officer within the brigade.

But in addition to blowing off steam, the objective of the paintball course was to give Soldiers the opportunity to take on personal and team challenges while using agility, stamina and quick thinking to win the various challenges and competitions.

Soldiers participated in challenges that required them to work together or as individuals to strategize and win. The highlight of the paintball course came when the Soldiers were able to put some of their combat training to use in the indoor course. One team breached a building and tried to retrieve the “hostage” from the opposing team.

Overall – and despite coming away from the day covered in bruises – the Soldiers enjoyed the training.

“The 18th MP Brigade was very pleased, and we were happy to be a part of this training,” Jones said. “Training events like these are few and far between. We wish there were more.”

It was a sentiment echoed by many Soldiers who participated.

“It was great,” said Spc. Earnest Hamilton, a Soldier assigned to HHC. “We got to release some stress. Everybody got to have fun together; we got a chance to have a good time with our coworkers. I would love to do it again.”

For more information on the Warrior Adventure Quest program, contact the Wiesbaden Outdoor Recreation Office at DSN 337-5760 or civ. 0611-705 5760 Mondays through Fridays 9:30 a.m.-6 p.m.

### Special Olympics Bus Routes

The 26th Special Olympics Spring Games will take place at the German Police Academy in Enkenbach-Alsenborn near Kaiserslautern Wednesday.

Traditionally, the Special Olympics here has eight competitive games for ages 8 and older, and more than 10 non-competitive games for athletes ages 5-7. Competitive games include tennis, track and field, badminton, bocce ball, soccer, basketball, softball and volleyball. Non-competitive games include treasure hunt, beanbag toss, obstacle course and ring toss.

More than 35 schools throughout Germany will be represented at the games, and more than 1,000 people throughout Germany have volunteered to help out with the event.

Parking is limited, so spectators are encouraged to use the shuttle service.

- Bus #1: Miesau Army Depot at Bldg. 1314  
Landstuhl Hospital Bldg. 93718  
Depart: 6:30 a.m. Miesau  
6:45 a.m. LRMCC parking lot  
Fuel Station (AAFES)  
To Enkenbach Police Academy
- Bus #2&3: Ramstein North Chapel, Bldg. 1201  
Ramstein Bowling Alley, Bldg. 2139  
Depart: 6:45 a.m. North Chapel  
6:50 a.m. Bowling Alley  
To Enkenbach Police Academy
- Bus #4: Miesau Army Depot at Bldg. 1314  
Landstuhl Hospital, Bldg. 93718  
Ramstein North, Bldg. Chapel, Bldg. 1201  
Ramstein Bowling Alley, Bldg. 2139  
Depart: 7:30 a.m. Miesau  
7:45 a.m. LRMCC parking lot  
Fuel Station (AAFES)  
8 a.m. Ramstein North Chapel  
8:10 a.m. Ramstein Bowling Alley  
To Enkenbach Police Academy
- Bus #5: Rhine Ordnance Barracks at Bldg. 179 (parking lot)  
Armstrong’s Club, Bldg. 1036  
Depart: 7 a.m. ROB  
7:15 a.m. Armstrong’s  
To Enkenbach Police Academy
- Bus #6: ROB Bldg #179 (parking lot)  
Armstrong’s Club #1036  
Depart: 8 a.m. ROB  
8:15 a.m. Armstrong’s Club  
To Enkenbach Police Academy
- Bus #7: Kleber dining facility, Bldg. 3206  
Sembach MOMS, Bldg. 201  
Depart: 6:30 a.m. Kleber  
7 a.m. Sembach  
7:45 a.m. Kleber  
8:15 a.m. Sembach

After the end of the games, buses will drive back to the pick-up locations.

## Heidelberg DPW to replace Winger’s air-conditioning system

### Staff Report

The Directorate of Public Works will be replacing the failed and inefficient air-conditioning system in the Heidelberg Winger’s Grill and Bar on Patrick Henry Village starting in May.

The work is expected to continue through July and should not affect community members’ dinner plans, according to DPW officials.

“This project will be a real improvement to the quality of life for patrons and customers of Winger’s,” said Richard Glass, DPW facilities engineer.

“The temperature gets kind of warm in there in the summer and this new system will really improve the dining atmosphere. My design staff (Franz Lips, Martin Von Boros and Friedl Juengert) really put together a good project package that fits the needs and

meets the budget. Just in time for the really hot weather to start.”

The old system is outdated, no longer cools the air and is energy inefficient, according to Glass. During the project, there will be no disruption to the dining room or bar area procedures as two new ceiling mounted systems are installed in the foyer area. The project will not impact Java Cafe or Legends, both of which share the

same building as Winger’s.

“Winger’s will continue with normal operation during this project with little effect to the customers,” said Charles F. Gordon, Directorate of Family and Morale, Welfare and Recreation business operations officer. “This upgrade is required to improve the quality of life and services that DFMR provides to the Soldiers, civilians and their families.”

## SWINE FLU

continued from page 1

European Command surgeon, said military health officials will receive an advisory that outlines the symptoms to look for when treating patients who report to military treatment facilities with flu-like symptoms. He added that health reporting measures are in place that will alert them to any increase in locally reported cases.

Schall said travel restrictions have not been issued for travel to Mexico. However, anyone planning to travel to Mexico or other affected countries should be informed of the swine influenza situation.

Dr. (Col.) Evelyn Barraza, ERMIC preventive medicine consultant, said Army health clinics are taking extra efforts to identify patients at increased risk for swine influenza infection.

"Cases mentioned in news reports have been traced to people who live in or traveled to Mexico recently," Barraza said. "If you've traveled there, or had contact with someone who has traveled there recently and think you have the flu, see a doctor. Clinicians are considering the possibility of swine influenza infection in recent travelers presenting with an acute respiratory illness."

Barraza said respiratory hygiene precautions should be followed during any influenza season:

- stay at home when you are sick;
- cover your mouth and nose when coughing or sneezing;
- wash your hands regularly;
- avoid touching your eyes, nose or mouth; and
- seek medical care if you are ill.

If you have flu-like symptoms, stay home and call the Nurse Advice Line at 0800-825-1600 (home phone) or 00800-4759-2330 (cell). A registered nurse will help you decide if you need immediate medical attention.

Barraza said the World Health Organization and Center for Disease Control and Prevention Web sites – [www.cdc.gov](http://www.cdc.gov) and [www.who.int/en](http://www.who.int/en) – are both good sources for current information.

## Spring Clean Up



Jason L. Austin

Tanya Dillingham and Michael McAuliffe plant flowers in front of the Training Support Center-Heidelberg on Patton Barracks Monday. The two 7th Army Joint Multinational Training Center employees joined others on post in beautifying their installation as part of U.S. Army Garrison Heidelberg's annual Spring Clean Up happening all week throughout the area installations.

## COLA

continued from page 1

its primary tools are the results of two overseas surveys.

The Living Pattern Survey, conducted once every three years, samples all service members with command-sponsored dependents assigned to each location, asking where military families shop and dine on and off base. The per diem committee encourages spouses to participate in the survey as well, and stresses that the more households that participate, the more accurate COLA rates will be.

"This is a critical part of determining COLA amounts, and it is absolutely important that we get as much participation from the community as possible," said Capt. Shawn Schulze, finance policy officer-in-charge for the 266th Finance Center in Kaiserslautern. "Our last LPS in Germany was in 2005, and we had a 58 percent response rate, which is really good. Our goal is, of course, 100 percent."

Schulze said the online survey can be filled out at

any time and usually takes less than 30 minutes to complete. It asks where members purchased basic goods and services, such as businesses on the local economy, on-base outlets such as military commissaries and exchanges, and catalog, online, or export house sources. The survey is quite detailed, covering most common purchases such as groceries, personal care items, appliances, recreation, transportation and day care.

An LPS for Germany was scheduled for 2008, but was postponed by U.S. European Command leadership while they reviewed the overseas COLA process with the per diem committee, according to EUCOM officials.

At the beginning of 2008, the committee had proposed a four-point reduction to the COLA index for Germany, Belgium, and the Netherlands, based upon survey data. Appealing to the Department of Defense, EUCOM requested an independent review of the COLA process and subsequently delayed the decrease

in overseas COLA. The downward adjustment for Germany was approved March 5 and will be phased in from May through August, finance officials announced last month.

The next LPS for Germany is scheduled for the end of this year, according to a recent Defense Travel Management Office information memo.

In addition to the LPS, the per diem committee uses data from "Market Basket" surveys in computing COLA rates. Retail Price Schedules are conducted annually at about 200 locations, collecting approximately six to nine prices each for about 120 goods and services at on- and off-base sources identified in the LPS.

There are 12 communities identified in Germany to participate in the Market Basket survey, based on current population and grouped into categories by similarities of cost and availability of commissary and exchange facilities.

Master Sgt. Patricia Hamilton, finance policy NCO-in-charge for the 266th Finance Center, said each community

commander designates a representative from the community to be its "secret shopper." Armed with guidance and training from the 266th Finance Center policy section, the shoppers hit the PX, commissary and stores on the local economy to buy 120 specific items broken down into 12 different categories such as groceries, clothing, recreation, day care, and medical and dental care.

"It's very detailed and specific shopping. And here's where we ensure we get 100-percent participation," Hamilton explained. "Since this type of information is so critical in the process of determining the COLA rate, we want to have the most accurate and truly representative data as possible."

The 266th's finance policy section reviews all the data the shoppers collect, making sure nothing is out of the norm or missing, then forwards the results to the committee.

The committee's data indicates that in the last two years, the purchasing power gap be-

tween the U.S. and Germany has narrowed from 24 to 16 percent because prices for goods and services in the continental U.S. are rising faster.

"What most people don't realize is that the economic factors in the States have a significant effect on the COLA rate overseas. Right now, prices in the United States are rising at a higher pace than in Europe, so COLA is going down accordingly," Hamilton said. "Yes, the exchange rate factors in there, too."

Rates are reviewed twice a month, and depending on the rates, COLA rates could fluctuate. But the biggest impact on the rate will come from the financial and economic trends in the States.

In the end there may be little service members can do about inflation and pricing indexes, but Schulze re-emphasized that participating in LPS surveys offers their best opportunity to affect the process that determines COLA rates.

For more information, visit [www.defensetravel.dod.mil/perdiem](http://www.defensetravel.dod.mil/perdiem).



Courtesy photos

A visitor at the Dynamikum in Pirmasens compares his speed against an elephant at one of the interactive exhibits.

## *Pirmasens museum offers fun, education for all ages*

The Dynamikum, a unique “hands-on-museum,” invites visitors of every age to explore and discover many wonderful and mysterious phenomena in nature and technology through interactive exhibits.

Dynamikum offers a look into the physics of motion, making it unique in this genre of venues for scientific exploration. Dynamikum presents eight different topics in the physics of motion: acceleration, the movement of massive bodies, rotational motion, moving machines, motion and velocity in nature, human strength, flexibility of minds and dance (or bodies in motion).

Located in Pirmasens, a short drive from Kaiserslautern, Dynamikum is housed in the Rheinberger building – a former shoe factory – in keeping with its history of helping people to effectively experience and appreciate motion.

The exhibition is meant for children of all ages, teachers, parents and anyone who has an interest in experiencing the world around them in a fun and informative way.

With 78,500 visitors since the grand opening April 29, 2008, The Dynamikum

in Pirmasens records huge turnouts and enthusiastic guests.

The Dynamikum has developed in this relatively short time into a real audience-magnet, according to a statement from Rolf Schlicher, director of the Dynamikum.

The tremendous success of the Dynamikum in this configuration confirms that commitment really pays off, said Thomas Stumm, Dynamikum first chairperson.

The Dynamikum science center invites you to access the world of the physics and science in a spectacular display of motion on every level and is an ideal supplement to academic instruction.

So far, 770 school classes have visited the first Rheinland-Pfalz science center. They toured the approximately 160 exhibits as researchers and scientists around the topic of “movement.”

The newly redesigned center is in the heart of the city, and offers the most modern facilities, access to restaurants, parking and more.

More information is available at [www.dynamikum.de](http://www.dynamikum.de).

SOURCE: Dynamikum



Two museum visitors interact with a exhibit at the Dynamikum.

## GERMAN COOKING

### Schwetzingen Asparagus Salad (Schwetzingen Spargelsalat)

#### Ingredients:

- 1 pound fresh spargel (white asparagus)
- salt
- pinch of sugar
- 1 tablespoon vinegar
- 2 tablespoons cream
- 3 tablespoons canola oil
- pepper
- chervil
- cress
- 1 hard-boiled egg

#### Preparation:

- Peel spargel and cut into pieces about 2 inches long. Place in saucepan and cover with water. Add a pinch of salt and pepper and cook for about 10 to 12 minutes. The spargel should still be a little crunchy.
- Drain asparagus and keep the stock. Blend 4 tablespoons of stock, vinegar, cream and oil, add freshly-ground black pepper, mix in chopped herbs.
- Pour mixture over warm spargel and sprinkle with finely-chopped egg.

### Pork Loin with Asparagus (Schweinelendchen mit Spargel)

#### Ingredients:

- 1 pound pork loin
- 1 ounce butter
- salt and pepper
- 3 pounds Spargel (white asparagus)
- 2 tablespoons sugar
- 1 small onion
- 1/2 pickle
- 2 hard-boiled eggs
- 1/2 cup crème fraîche
- chervil

#### Preparation:

- Cut the pork loin in slices. Heat the butter in a frying pan and fry the pork loin slices for 3 minutes on each side, season with salt and pepper and keep warm.
- Peel the spargel. Bring water to a boil in a large saucepan and add a teaspoon of both salt and sugar. Cook spargel for about 15 minutes, then remove, allow to drain and keep warm.
- Peel the onion and pickle and puree in a blender. Peel the hard-boiled eggs and chop finely. Mix together the eggs, crème fraîche and the onion, pickle mixture.
- Season with salt, pepper and chervil.
- Pour the sauce on to the spargel and serve with the pork loin and boiled potatoes.

SOURCE: [www.germanfoods.org](http://www.germanfoods.org)

### Learn to Shop for German Food

Are you curious about local products and food items available on the economy? Visit an organic food store or a typical grocery store accompanied by a registered dietician who is fluent in the German language. Call the Nutrition Care Division at the Heidelberg Health Center to book your free tour, DSN 371-2747, civ. 06221-17-2747.



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at [dearmsvicki@yahoo.com](mailto:dearmsvicki@yahoo.com).

**Dear Ms. Vicki,**  
*My husband and I have been married for 16 years.*

*The last two years have been hard on our marriage, but it is not from dealing with everything military, it's the porn.*

*He is addicted to the porn, and it's driving me crazy.*

*I have confronted him about it time and time again, and he gets furious with me for "checking up on him."*

*He said I have no right to check his history. He said if I get so upset about the porn that he will just cancel the Internet all together.*

*All I hear in that statement is "If I can't have my porn, then we don't need the Internet."*

*I have broken down so many times telling him how I feel about it.*

*I tell him how it degrades me and makes me feel like I am nothing to him. But it continues.*

*I am very insecure with my body and weight, and I feel as though when we are in the bed, it's not me that he is thinking of.*

*I have told him this and he quit the porn for about a full month.*

*Just as I was getting more secure in bed again, I checked his history and BAM! there is the porn again.*

*I am so confused on how to fix this.*

*He sees absolutely nothing wrong with him looking, but it is killing me inside.*

*He says he is only looking to get ideas, but to me, it's gone way further than that.*

*Please help me! I don't want my marriage to end over this, but I cannot see us making it work when he is unwilling to change his Internet searches.*

*From: Lost*

**Dear Lost,**

Thanks for writing me. I see two things going on here: first is your husband's frequent use or possible addiction to pornography; two, what his actions are doing to you.

Reading your letter it's like it's

taking the very life out of you.

It's also causing your self-esteem to decrease, and perhaps you are thinking he has this addiction because there is something you are not doing, right?

At any rate, I'm really concerned about what this is doing to you.

Does your husband think he has a problem?

Does he want help?

**Dear Ms. Vicki,**  
*Thanks so much for responding to my letter.*

*As to your questions about my husband:*

*No, he does not think he has a problem. So, therefore, he would not want to seek help. He thinks it's a perfectly normal thing for a man.*

*Although I have told him how I feel he continues.*

*And to answer your other question, I do believe there is something that the porn is doing for him that I cannot or will not do.*

*Our sex life has not slowed down because of this problem, but sex has no meaning to me anymore. It's just a chore.*

*I think of sex now like I do about doing the laundry. Just something that has to be done to keep the family going. It is not pleasurable for me at all.*

*He says he never fantasizes about other women when we are in bed, but I know that is a lie.*

*With all he looks at on the Internet, how could I be the one he is wanting in the bed?*

*I love him so much and have been through so much with him.*

*We have three daughters, and I want to make this work for them.*

*But I am losing me.*

*From: Lost*

**Dear Lost,**

OK, I'm sending you some information about pornography.

This is in no way to blame him for his actions, but it may give you some insight.

Here are some basic characteristics that could show if he has an addiction:

1. Recurrent failure to resist impulses to engage in a specified behavior.
2. Increasing sense of tension immediately prior to initiating the behavior.
3. Pleasure or relief at the time of engaging in the behavior.

And, at least five of the following:

1. Frequent preoccupation with the behavior or with activity that is preparatory to the behavior.

### Ms. Vicki's Online Talk Show

Don't get enough Ms. Vicki in the Herald Post? Now you can tune in for her Internet radio show at [www.blogtalkradio.com/dearmsvicki](http://www.blogtalkradio.com/dearmsvicki) to hear her talk about teen dating violence, helping military children have a smooth transition, relationships and more.

2. Frequent engaging in the behavior to a greater extent or over a longer period than intended.

3. Repeated efforts to reduce, control, or stop the behavior.

4. A great deal of time spent in activities necessary for the behavior, engaging in the behavior, or recovering from its effects.

5. Frequent engaging in the behavior when expected to fulfill occupational, academic, domestic or social obligations.

6. Important social, occupational, or recreational activities given up or reduced because of the behavior.

7. Continuation of the behavior despite knowledge of having a persistent or recurrent social, financial, psychological or physical problem that is caused or exacerbated by the behavior.

8. Tolerance, or the need to increase the intensity or frequency of the behavior in order to achieve the desired effect, or diminished effect with continued behavior of the same intensity.

9. Restlessness or irritability if unable to engage in the behavior.

10. Some symptoms of the disturbance have persisted for at least one month or have occurred repeatedly over a longer period of time.

Also, here's a Web site I would like for you to take a look at just to gain more knowledge. It's [www.no-porn.com](http://www.no-porn.com).

Again, your husband would have to be willing to admit this is a problem for him.

You've admitted this is not healthy for you, and it's caused problems for your relationship with your husband.

Finally, I would like to recommend marriage counseling.

Hopefully your husband will be willing. If he isn't, then I would still recommend individual counseling for you. The counselor could provide insight and support for you.

Contact your Social Work Service Department on post to find out if they offer marriage counseling.

If not, then contact Military OneSource ([www.militaryonesource.com](http://www.militaryonesource.com), or 1-800-342-9647). They will connect you to a counselor in your community and the sessions are free.

You are not alone on this issue. I receive letters like yours on a weekly basis.

Please continue to take care of yourself and your family and let me know how you are doing.

# GET OUT!

## area events

More events online at <http://myBWnow.ning.com>

### April 30

**Hip-Hop All Nighter** – Join DJ Pimp Flower 8 p.m. at the Cove on Sullivan Barracks in Mannheim for a hip-hop all-nighter. Free entry and free food. DSN 385-2884, civ. 0621-730-2884.

**Black Forest Music Festival** – 25 locations all over the Black Forest invite music lovers to concerts from classical to jazz by internationally known orchestras and artists. Besides the music, theater and readings take place at various locations. Civ. 07441-86-4716, [www.schwarzwald-musikfestival.de](http://www.schwarzwald-musikfestival.de).

### May 1

**Music Recital** – Head to the Copper Top Lounge at inside the Patrick Henry Village Pavilion in Heidelberg at 8 p.m. for an evening music recital featuring the USAREUR Band, conductor Michael Hancock and soprano Amy Bullard.

**Roadside Theater Presents Sentimental Journey** – Through May 2, internationally renowned soprano Andrea Huber is back to help Heidelberg celebrate 50 years of entertainment with the Roadside Theater. The night, beginning at 7:30 p.m., also will feature performances from the Roadside Theater Show Choir, "Sound Sensation," special solo acts and musical performances. [www.roadside-theater.com](http://www.roadside-theater.com).

**Steam Railway Rides** – Ride the historic narrow gauge steam railway from Ochsenhausen-Warthaussen through October. Civ. 07532-92-2026, [www.oechsle-bahn.de](http://www.oechsle-bahn.de).

**May Day** – Join in the traditional May Day bike ride along the Bergstrasse in the Odenwald. Celebrate National Bike Month the rest of May by riding your bike to work, school or on that leisure weekend ride.

### May 3

**Stuttgart Zoo** – Visit the Stuttgart Zoo with Mannheim Outdoor Recreation. Departure time 8 a.m., cost \$15 plus zoo entrance fees. Pre-registration is required. DSN 381-7215, civ. 0621-739-251. [www.mwrgermany.com](http://www.mwrgermany.com).

**Night Watchman Tour of the Heidelberg Castle** – Come out for the evening tour of the castle in English. It is the year 1622 and the eve of a big battle. You are guided through the castle by the watchman where you will encounter other historical figures. Great for the whole family. €12 for adults. Call for reservations: civ. 06221-53-8431.

### May 5

**Cinco de Mayo** – Head to The Cove on Sullivan Barracks in Mannheim for this free party 7 p.m.-midnight. The night includes karaoke with Spanish songs, Latin music played by DJ Pimp Flower and Mexican finger food. [www.mwrgermany.com](http://www.mwrgermany.com).

### 65th Anniversary of Normandy Invasion

Join the Veterans of Foreign Wars for a tour of Paris and the beaches of Normandy for the 65th anniversary of D-Day, June 4-8. \$650 per person; price includes hotel, breakfast, transportation and English tour guide. All are welcome. Pick-ups in Mannheim and Kaiserslautern. DSN 380-5433, civ. 0175-947-0042 or [www.mannheimvfw.com](http://www.mannheimvfw.com).

**Railway Romance** – Take a 50-kilometer trip on the 100-year-old line. Experience pure railway romance: treat yourself to the unique experience of a leisurely train excursion in old carriages, which rolled through a romantic landscape at the time of our great grandparents. Runs through October. Civ. 07702-47-7604, [www.sauschwaenzlebahn.de](http://www.sauschwaenzlebahn.de).

**Animated Film Festival** – Approximately 500 animated films from every continent will be shown over the six days of the festival in Stuttgart, from classical cartoons to films made using the latest animation techniques. Civ. 0711-92-5460, [www.ifts.de](http://www.ifts.de).

### May 7

**Tour Krakow and Dresden** – Through May 11, visit Krakow, Poland's former capital and a city many herald as "The New Prague," along with beautiful Dresden, known as "The Florence on the Elbe." <http://affiliates.uso.org/kaiserslautern>.

### May 8

**International Lake Constance Festival** – Cultural events around Lake Constance under the motto "Onset of modernism" through June 1. Civ. 07541-203-3300, [www.bodenseefestival.de](http://www.bodenseefestival.de).

**Military Spouse Appreciation Day** – Heidelberg Family and Morale, Welfare and Recreation is offering a variety of activities. [www.mwrgermany.com](http://www.mwrgermany.com).

**Prime Rib Dinner Night** – Main course includes prime rib in au jus or creamy horseradish sauce, chicken parmesan, or grilled salmon fillet, all served with an assortment of side items, plus a salad bar and a scrumptious dessert station. Adults - \$19.95, children (6-11) \$12.95, kids 5 and under - free. Reservations: DSN 388-9098, [villagepavilion@mwrgermany.com](mailto:villagepavilion@mwrgermany.com).

**Prague Weekend** – Head to the Czech Republic with Kaiserslautern Army Outdoor Recreation through May 10. DSN 493-4117, civ. 0631-3406-4117.

### May 9

**Skydiving** – Join Kaiserslautern Army Outdoor Recreation for an adventurous day out. DSN 493-4117, civ. 0631-3406-4117.

### May 10

**St. George's Ride** – Several hundred riders and their horses (average number of riders: 370-400), almost a dozen bands and well over a thousand pilgrims come to Limpach to ask for succor from Saint George. The procession starts at 8 a.m. moving through the festively decorated village of Deggenhauseral and continues on a circular path through the Höger forest up to the Leustetterhöfen and back again to Limpach. Civ. 07555-92-0013, [www.deggenhauseral.de](http://www.deggenhauseral.de).

**Trot Fishing** – Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

### May 14

**MES Drama Club** – Head to the Mannheim Elementary School gym to see the Drama Club presentation of "The Little Mermaid" at 5 p.m. All are invited to attend this classic play.

### May 21

**Memorial Day in Spain** – Enjoy Memorial Day in beautiful Costa Brava, Spain. Army Outdoor Recreation offers this affordable and exciting trip May 21-25. Trip includes transportation, three nights lodging and an optional day trip to Barcelona. DSN 493-4117, civ. 0631-3406-4117 or [www.mwrgermany.com](http://www.mwrgermany.com).

### May 24

**Ballet Performance** – Heidelberg's SKIESUnlimited program presents Hans Christian Anderson's enchanting production "The Emperor and the Nightingale" at 7 p.m. Ticket on sale through May 21. [www.mwrgermany.com](http://www.mwrgermany.com).

### June 13

**European Signal Regimental Ball** – Celebrate the Year of the NCO in style at the Patrick Henry Village Pavilion beginning at 5 p.m. Any personnel affiliated with the Signal Regiment in Europe, including military, civilian and local national employees are invited. [www.2009europeanregimentalball.com](http://www.2009europeanregimentalball.com).

### June 16

**Anastacia Concert** – Soul diva Anastacia appears at the Festspielhaus in Baden-Baden June 16 at 8 p.m. Tickets: 07221-301-3101.

### Ongoing

**Stuttgarter Spring Fest** – Head to the Stuttgarter Frühlingsfest for a traditional festival atmosphere on the Cannstatt Wasen. Open daily noon-11 p.m. through May 3. [www.stuttgarter-fruehlingsfest.de](http://www.stuttgarter-fruehlingsfest.de).

## coming to THEATERS



**THE INTERNATIONAL**  
(Clive Owen, Naomi Watts) Interpol Agent Louis Salinger and Manhattan Assistant District Attorney Eleanor Whitman are determined to bring to justice one of the world's most powerful banks. Uncovering myriad and reprehensible illegal activities, Salinger and Whitman follow the money from Berlin to Milan to New York to Istanbul. Rated R (violence, language) 118 minutes

### CONFESSIONS OF A SHOPAHOLIC

(Isla Fisher, Hugh Dancy) Rebecca Bloomwood is a fun-loving girl who is really good at shopping. She dreams of working for her favorite fashion magazine, but can't quite get her foot in the door until she snags a job as a columnist for a financial magazine published by the same company. Rated PG (some mild language, thematic elements) 105 minutes

### PLAYING THIS WEEK

**Heidelberg, Patrick Henry Village**

April 30 - THE PINK PANTHER 2 (PG) 7 p.m.

May 1 - OBSESSED (PG-13) 7 p.m.; THE INTERNATIONAL (R) 9:30 p.m.

### Theater Improvements

Quality of life renovations at the Heidelberg theater are complete. Check out the new concession area and new Dolby Digital sound system for an improved theater experience.

May 2 - CONFESSIONS OF A SHOPAHOLIC (PG) 4 p.m.; OBSESSED (PG-13) 7 p.m.; THE INTERNATIONAL (R) 9:30 p.m.  
May 3 - CONFESSIONS OF A SHOPAHOLIC (PG) 4 p.m.; OBSESSED (PG-13) 7 p.m.  
May 4 - FIRED UP (PG-13) 7 p.m.  
May 5 - OBSESSED (PG-13) 7 p.m.  
May 6 - THE INTERNATIONAL (R) 7 p.m.  
May 7 - OBSESSED (PG-13) 7 p.m.

### Mannheim, Schuh

April 30 - THE PINK PANTHER 2 (PG) 7 p.m.

May 1 - 17 AGAIN (PG-13) 7 p.m.

May 2 - CONFESSIONS OF A SHOPAHOLIC (PG) 4 p.m.; 17 AGAIN (PG-13) 7 p.m.; THE INTERNATIONAL (R) 9:30 p.m.

May 3 - 17 AGAIN (PG-13) 4 p.m.; FIRED UP (PG-13) 7 p.m.

May 4 - CONFESSIONS OF A SHOPAHOLIC (PG) 7 p.m.

May 5 - THE INTERNATIONAL (R) 7 p.m.

May 6 - 17 AGAIN (PG-13) 7 p.m.

May 7 - FIRED UP (PG-13) 7 p.m.

### Vogelweh, Galaxy

April 30 - 17 AGAIN (PG-13) 7 p.m.

May 1 - FIRED UP (PG-13) 3:30 p.m.; OBSESSED (PG-13) 7 p.m.; 10:30 p.m.

May 2 - FIRED UP (PG-13) 3 p.m.; OBSESSED (PG-13) 7 p.m.; 10:30 p.m.

May 3 - FIRED UP (PG-13) 3 p.m.; OBSESSED (PG-13) 7 p.m.

May 4 - THE INTERNATIONAL (R) 7 p.m.

May 5 - CONFESSIONS OF A SHOPAHOLIC (PG) 7 p.m.

May 6 - FIRED UP (PG-13) 7 p.m.

May 7 - CONFESSIONS OF A SHOPAHOLIC (PG) 7 p.m.

### Ramstein, Hercules

May 1 - FIRED UP (PG-13) 7 p.m.

May 2 - CONFESSIONS OF A SHOPAHOLIC (PG) 7 p.m.

May 3 - THE INTERNATIONAL (R) 7 p.m.

### Ramstein, Nightingale

April 30 - THE PINK PANTHER 2 (PG) 7 p.m.

May 1 - CONFESSIONS OF A SHOPAHOLIC (PG) 3:30 p.m.; 17 AGAIN (PG-13) 7 p.m.; 10:30 p.m.

May 2 - 17 AGAIN (PG-13) 3 p.m.; 7 p.m.; FIRED UP (PG-13) 10:30 p.m.

May 3 - 17 AGAIN (PG-13) 3 p.m.; 7 p.m.

May 4 - FIRED UP (PG-13) 7 p.m.

May 5 - THE INTERNATIONAL (R) 7 p.m.

May 6 - CONFESSIONS OF A SHOPAHOLIC (PG) 7 p.m.

May 7 - 17 AGAIN (PG-13) 7 p.m.

### THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238  
Schuh Theater, Mannheim, 0621-730-1790  
Galaxy Theater, Vogelweh, 0631-50017  
Hercules, Ramstein, 06371-47-5550  
Nightingale, Ramstein, 06371-47-6147

Visit [www.aafes.com](http://www.aafes.com) for updated listings and more movie descriptions



## community HIGHLIGHTS

### Fuel Ration Card System Outage

The Army and Air Force Exchange Service will have a scheduled system outage that will affect the Esso Ration Card System. There will be a complete outage 6 a.m.-4:30 p.m. May 19 when customers will not be able to purchase fuel on post or at local Esso stations.

### Barber Shop Price Increase

Effective May 1, the price for a military haircut in AAFES barber shops throughout Germany will increase from \$9.50 to \$9.75.

### OCs Board

The next Officer Candidate School board for USAG Baden-Württemberg will be conducted June 26. Completed packets must be turned in to the Military Personnel Division on Sullivan Barracks in Mannheim no later than June 15. DSN 385-2774.

### AAFES School Lunch Survey

The Army and Air Force Exchange Service School Lunch Survey is up and ready for use. As a part of the School Meal Program improvement planning, AAFES SMP Administration is conducting a satisfaction survey to gain important feedback on how its customers rate the nutrition services. The survey runs through May 15 and can be found at <http://odin.aafes.com/nutrition/08/index.html>.

### UMUC Field Study Courses

University of Maryland University College Europe announces two three-credit undergraduate field study courses, "Scotland: Literature, Culture, and History" and "Baroque Art in Rome: An Introduction," offered this May in Scotland and Rome. The registration deadline is May 1 with classes taking place May 23-30. DSN 370-6762, civ. 06221-3780, [www.ed.umuc.edu/undergrad/field\\_study](http://www.ed.umuc.edu/undergrad/field_study).

## local EMPLOYMENT

### Early Childhood Education

Central Texas College is seeking adjunct instructors for its early childhood education program in the Heidelberg/Mannheim area. Qualifications include an associate's degree or higher specializing in early childhood education and several years work experience in the field. DSN 385-2815, [mannheim@europa.ctcd.edu](mailto:mannheim@europa.ctcd.edu).

### SKIESUnlimited Instructors

Heidelberg SKIESUnlimited instructional class program seeks guitar and German language instructors for youth. DSN 388-9399, civ. 06221-338-9399.

### Aerobics Instructors

The Kaiserslautern Sports and Fitness centers are looking for aerobics instructors for the following classes: Power Pump, Hi-Low Step, Turbo Kick, Latin Aerobics and Hip-Hop Aerobics. DSN 493-2086, civ. 0631-3406-2086.

### Program Assistants

The USAG Kaiserslautern Child, Youth and School Services is now hiring for program assistants. Enjoy flexible, regular full-time or regular part-time schedules; benefits include health, life insurance and retirement benefits; training provided; scholarships are available; employee discounts are provided for staff needing child care. DSN 493-4370, civ. 0631-3406-4370, <http://cplph/belvoir.army.mil>.

## KAISERSLAUTERN

### Education

• **ACS Classes and Events** – DSN 493-4203, civ. 0631-3406-4203, [www.mwgermany.com/ki/acs](http://www.mwgermany.com/ki/acs).

• **Pre-Separation Briefing** – The Transition Center hosts a pre-separation briefing 8:30-11:30 a.m. May 5 in Bldg. 3245 on Kleber Kaserne. DSN 483-7071, civ. 0631-411-7071.

• **Microsoft Publisher** – Learn the basics of Microsoft Publisher and make Mother's and Father's Day cards to take home at 6 p.m. May 5 or 11 a.m. May 19 at the Landstuhl Library. DSN 486-7322.

• **CYS Services Babysitters Class** – Two-part Babysitters' Certification Class 9 a.m.-5 p.m. May 9 and 16. Participants will receive comprehensive training using 4H materials, CPR/First Aid certification from the Red Cross, membership in the babysitters' referral service and more. DSN 493-4516, civ. 0631-3406-4516.

### Community

• **RMS Flea Market** – The Ramstein Middle School PTSA/Teacher Flea Market will be 8 a.m.-1 p.m. May 1 in the multi-purpose room at RMS.

• **Mother's Day Spa Event** – 1-4 p.m. May 9 the Landstuhl Library will host a relaxing afternoon for mom and the whole family. Make-and-take bath salts, win prizes and make Mother's Day treats. DSN 486-7322, [www.mwgermany.com](http://www.mwgermany.com).

### Independent and Foreign

• **Films** – Kaiserslautern Libraries present independent and foreign films at Heaton Auditorium. All showings begin at 6 p.m. and are free. May 13: Adam's Apple, by Anders Thomas Jensen – Danish with English subtitles. May 27: The Pope's Toilet, by Charlene and Fernandez – Spanish with English subtitles. [www.mwgermany.com](http://www.mwgermany.com).

• **Spring Safety Day** – 9 a.m.-4 p.m. May 14 at the Special Events Center, Bldg. 237 on Rhine Ordnance Barracks. The event will provide safety and health training and awareness to Soldiers and their families. Events will include safety and health training presentations, booths and displays, as well as a motorcycle riders' engagement. DSN 493-4040, civ. 0631-3406-4072.

• **Pokemon Day** – The Landstuhl Library brings you Pokemon Day 3-5 p.m. May 15. Play games and win prizes, trade your cards and check out the newest books. DSN 486-7322.

• **American Legion Meeting** – The American Legion Post GR01 will meet 6:30 p.m. May 7 at Bldg. 368 on Rhine Ordnance Barracks. DSN 486-7516 or [wardtrans@yahoo.com](mailto:wardtrans@yahoo.com).

• **Indoor Flea Market** – The market is 8 a.m.-2 p.m. May 16 at the Special Events Center on Rhine Ordnance Barracks. Reservations: DSN 493-4117, civ. 0631-3406-4117.

• **Community FIRST** – Two

Community FIRST focus groups will be hosted in May to discuss issues and develop recommendations for solution. The Retiree Focus Group is at 1 p.m. May 12 on Pulaski Barracks at the AFTB training room, Bldg. 2917, Room 202. The Reservist Focus Group is at 1 p.m. May 19 at the same location. Submit an issue or sign up to participate: DSN 493-4241, civ. 06313-406-4241, [emma.vinson@eur.army.mil](mailto:emma.vinson@eur.army.mil).

• **Volunteer Recognition Ceremony** – Army Community Service hosts the 2009 ceremony at 6 p.m. May 21 at the Armstrong Community Club on Vogelweh Housing. DSN 493-4062, civ. 0631-3406-4062.

• **Single Soldier Appreciation Day** – Better Opportunities for Single Service members hosts a Single Soldier Appreciation Day 9 a.m.-5 p.m. May 29 at Pulaski Park on Pulaski Barracks. DSN 493-4344, civ. 0631-3406-4344.

## HEIDELBERG

### Education

• **ACS Classes and Events** – Community Orientation Briefing, 12-3 p.m. May 4; Reintegration Briefing, 9 a.m. May 5; Parents of Multiples, 12:30-2 p.m. May 5; Effects of Domestic Violence on Children, 3-5 p.m. May 7; English as a Second Language Advanced is now offered in the evening. DSN 370-6883, civ. 06221-57-6883, [www.mwgermany.com/hd/acs](http://www.mwgermany.com/hd/acs).

• **SAEDA Training** – Mandatory annual training on Subversion and Espionage Directed Against the U.S. Army will be held May 6 at the Patrick Henry Village Theater. English training will be 10-11:30 a.m., and German training will be 1-2:30 p.m. DSN 373-8054.

• **Master of Business Administration** – University of Phoenix is currently enrolling students for the MBA program. Classes are one night a week and start May 27. DSN 373-7650, civ. 06221-588-0492.

### Community

• **Diseased Rabbits** – There has been a recent outbreak of myxomatosis, a deadly disease, in wild rabbits on Patrick Henry Village in Heidelberg. Residents have no need to worry, as the disease cannot be transmitted to humans or domestic dogs and cats. If a dead or sick rabbit is found, call the DPW Service Order Desk at DSN 387-3310/3311/3312, civ. 06221-4380-3310 to request pick up. During after-duty hours, the emergency number is 115.

• **Heidelberg International Wandering Club** – Upcoming Volksmarches: Bierbach, April 30-May 1; Reinsfeld, Heimsheim, May 1-2; Salmbach, May 3; Tiefenbach, May 8; Reichelsheim, Kriegsfeld, Westermhausen, May 9-10. Sign up for trips to London and Belgium. Next meeting will be 7 p.m. May 11 at the SG

Gasthaus Ostersheim. [hiwc@yahoo.com](mailto:hiwc@yahoo.com), [www.hiwc.de](http://www.hiwc.de).

• **Housing Office Closure** – The Housing Office will be closed April 30 and May 1. Full services will resume May 4 at 8 a.m.

• **Cash Cage Closure** – The Heidelberg Cash Cage/Disbursing Office will be closed May 5-8 for upcoming mission requirements and human resources shortages. It will be open 9:30 a.m.-noon and 1-4 p.m. May 1 and May 4 and is tentatively scheduled to re-open for normal business May 11.

• **National Day of Prayer** – The Intercessory Prayer Team members will be available during the community's National Day of Prayer, 6 a.m.-6 p.m. May 7 at Patrick Henry Village Chapel, Mark Twain Village Chapel and Nachrichten Kaserne Chapel.

• **OSA Survey** – The Organizational Self-Assessment Survey will take place May 10-21. The results of this survey will provide the garrison leadership information on the command's strengths and areas for improvement. Employees from all levels of the garrison who have been randomly selected will receive instructions via e-mail from the OSA system. The survey will take approximately two hours to complete.

• **Campbell Fitness Center Closure** – The fitness center on Campbell Barracks will close from 1 p.m. May 21 until 5:30 a.m. May 26 for installation of new water lines inside the building. While the gym is closed over the Memorial Day holiday, patrons will still be able to use the fitness center on Patton Barracks, which will be open regular hours May 21-22 and extend its hours May 23-25 to 9 a.m.-6 p.m.

• **HMS Yearbooks** – Yearbooks from Heidelberg Middle School are now available to order for \$25. Supplies are limited. Civ. 06227-380-994, [shirani.tisdale@us.army.mil](mailto:shirani.tisdale@us.army.mil).

• **Poetry Slam** – Check out Poetry Slam every first Thursday of the month 7-8:30 p.m. at the Arts and Cultural Center on PHV. It's a place for poets and poetry lovers to share, listen to and discuss poetry. Open to ages 17 and over. [www.mwgermany.com](http://www.mwgermany.com).

## MANNHEIM

### Education

• **ACS Classes** – DSN 385-3101, civ. 0621-730-3101.

• **FAST Class** – Sullivan Barracks Education Center will be offering a Functional Academic Skills Training course 8 a.m.-noon May 4-27. FAST attendance can reinforce basic math and reading skills resulting in improved general technical scores for reclassification and/or re-enlistment purposes. DSN 385-2053, [april.bibey@eur.army.mil](mailto:april.bibey@eur.army.mil).

• **German Language Class** – The USO offers a beginner German class

June 4-July 23. Cost is €50, and the class meets 5-6:30 p.m. Thursdays. DSN 385-2082.

### Community

• **Gate Changes** – Upgrades are coming to the access control points at Funari, Coleman, Spinelli, Grant Circle and BFV-5. Any installation with a closed exit lane will be marked as closed and signs will be posted to the alternate exit gates. Schedule: Coleman Gate (phase II), May 4-11; Funari Gate, May 18-23.

• **Sullivan Library** – Story Hour, 10:30-11:30 a.m. Thursdays; Teen Advisory Board, 4-5 p.m. Thursdays. DSN 380-1740, civ. 0621-730-1740.

• **Community Bank Closed** – The Community Bank located at Sullivan Barracks will be closed all day May 1.

• **SSSC Closure** – The Self Service Supply Center Mannheim will be closed May 4-8 for GSA annual inventory. It will reopen at 8 a.m. May 11.

• **Community Yard Sale** – Head to Ben Franklin Village to sell and purchase items 8 a.m.-2 p.m. May 9. Only personnel with valid U.S. ID cards may sell, and only personnel with SOFA status in Germany may make purchases. DSN 385-3169.

• **Bike Repair Clinic** – Learn how to work on your own bicycle at Outdoor Recreation at 9 a.m. May 9. Instruction on how to fix a flat tire, adjust gears and perform general maintenance. You must furnish your own bike parts. Cost is \$15. Limited spaces so sign up early. DSN 381-7215, civ. 0621-730-7232.

• **Free Pancake Breakfast** – The USO Mannheim hosts a free pancake breakfast 7-9 a.m. May 13 in the USO ballroom.

• **New MOUT Site** – A new urban training facility is set to open at the local training area in Mannheim-Lampertheim to help prepare Soldiers for possible deployment missions. The grand opening is scheduled for 10:30 a.m. May 19 and will include a ribbon-cutting followed by a live demonstration.

• **Summer Camp Registration** – SAS Summer Camp enrollment begins May 18 at CER, building 255, room 106. Camp is June 15-August 28 and is for children 6-11 years old.

• **Super Saturdays** – Held the second Saturday of every month from 10 a.m.-4 p.m. at the Child Development Center. Child care is open to families who have a current registration with CYS Services. Reservations: DSN 380-4851, civ. 0621-730-4850.

• **Tax Center** – The Mannheim Tax Center, located on Taylor Barracks Bldg. 343, is open 9 a.m.-4 p.m., Monday through Friday including training holidays. Most clients accepted on a walk-in basis, although highly complex returns may require an appointment. DSN 381-7978, civ. 0621-730-7978.

# It's 'football' time in Germany

Heidelberg High School senior Colin Watson heads the ball against an opposing Black Forest Academy player in high school soccer action Saturday on the football field on Patrick Henry Village. The schools finished the game tied 1-1, and the Lions are now 2-0-2 overall on the season. Next up for the Lions and Lady Lions are home games against Bamberg Saturday beginning with boys varsity at 10 a.m. followed by girls varsity and the junior varsity teams.



Kristen Marquez

## Tee Up Like Tiger

**Two-Player Bash** – Head to the Heidelberg Golf Club at 8 a.m. May 10 for a two-player bash. Open to all eligible users with a verifiable handicap. Entry fee is \$35 plus applicable green fees. Register by May 3. DSN 379-6139, civ. 06202-53-767.

**Golf Scramble registration open** – The Heidelberg Sergeants Major Association will host a shotgun-start golf scramble May 15. The scramble tees off at 8 a.m. with registration starting at 6:45 a.m. Cost, which includes greens fees, cart, range balls and lunch, is \$40 per person for four-person teams. Registration is open and limited to the first 24 teams. DSN 379-7979, [brad.weber1@us.army.mil](mailto:brad.weber1@us.army.mil).

**Heidelberg Golf Town Hall** – Come to a town hall meeting 6:30 p.m. May 28 at the Heidelberg Golf Club. This is your chance to discuss issues and topics that will help serve you better. DSN 379-6139, [www.mwgermany.com](http://www.mwgermany.com).

**AGBC Golf Tournament** – The annual Kaiserslautern American German Business Club Charity Golf Tournament will be at 1 p.m. May 29 at the Championship Course on Ramstein Air Base. The proceeds from this event fund the AGBC Scholarship for German and American students who are pursuing business-related courses on the university level. The event will be a scramble. Prizes will be awarded for the Longest Drive, Closest to the Pin, Best Team and for other competition categories to be announced. Deadline for application and payment of fees is May 15. [rhinatom2@t-online.de](mailto:rhinatom2@t-online.de), [kaiserslautern@agbc.de](mailto:kaiserslautern@agbc.de).

**Wednesday Night Scramble** – Through May 27, head to the Heidelberg Golf Club each Wednesday for the Wednesday Night Scramble. Registration starts at 4 p.m. and goes to the first 60 paid participants. DSN 379-6139, civ. 06202-52767.

# Tiger to treat troops to Fourth of July weekend at AT&T National event

By Tim Hippi  
FMWRV PUBLIC AFFAIRS

BETHESDA, Md. – Tiger Woods vowed April 20 to dedicate his AT&T National PGA Tour event to the men and women of the United States Armed Forces for the third consecutive year.

The AT&T National hosted by Tiger Woods will donate 30,000 tickets for retired veterans, active-duty troops, Reservists and their families to attend the tournament July 2-5 at Congressional Country Club.

Woods, who last year missed the tourney while recovering from knee surgery, will play the Earl Woods Memorial Pro-Am July 1 with a foursome completed by servicemen and women, as he did in 2007, the first year of the tournament.

The Military Caddie Program again will feature troops serving as caddies for the pros on the seventh hole. Two years ago at that hole, Woods handed his putter to Army Sgt. Michael Woods, who knocked down a 12-footer for the play of the day at Congressional.

Wounded warriors will serve as honorary starters on the first tee box for the tournament's opening ceremony at 11 a.m. July 1.

"Hopefully people come out,

not only to watch the players, but also to say thank you to all of the servicemen and women that are coming out here," Woods said. "If it wasn't for them, what they are doing overseas, things might be different here."

Early commitments to play in the 2009 AT&T National have been received from past tournament champions K.J. Choi (2007) and Anthony Kim (2008), along with tourney newcomer Ernie Els, who won the 1997 U.S. Open at Congressional.

European Ryder Cup team member Paul Casey, Jim Furyk and Danny Lee also have committed, said Greg McLaughlin, president of the Tiger Woods Foundation.

"There are various other military initiatives we will be doing during the week," McLaughlin said. "Again, we want to continue our support of the military in this great community, and we plan on really making a nice showing here in 2009."

Tiger hopes to bring the buzz back to the nation's capital.

"To have the military there and to have everyone support the event like they did the first year ... having the players just rave about it, having all the fans rave about it, it was just such a huge success. We are just trying to build on that momentum that we created the first year."

## staying ACTIVE

### Heidelberg Unit-Level Volleyball

The 2009 unit-level volleyball championships continue through May 4. The match schedule is: April 30 at Patton Fitness Center: 6 p.m. Cougars vs. MEDDAC; 7 p.m. Leftovers vs. MEDDAC; 8 p.m. Cougars vs. Leftovers. Championship game, 6:30 p.m. May 4.

### German Fishing Course

Want to go fishing in Europe? Take the summer fishing course 9 a.m.-5 p.m. May 9-10 at the Heidelberg Rod and Gun Club. Fee is \$65 or \$100 for a family of two or more. Open to ages 10 and older. [www.mwgermany.com](http://www.mwgermany.com).

### Community Softball

**Kaiserslautern** – Units wishing to participate in this year's unit-level softball league should contact Sports and Fitness. DSN 493-2087, civ. 0631-3406-2087, [usagklnsports@eur.army.mil](mailto:usagklnsports@eur.army.mil). Sign up no later than May 6.

**Heidelberg** – Register at the Patton Fitness Center at 6 p.m. May 6. Open to all military units/components assigned to USAG Heidelberg. You may register as a team, unit or individual. DSN 373-8032, civ. 06221-17-8032.

### All-Stars/Masters Championships

BFV Bowling Center in Mannheim invites all qualified members of local associations chartered through USBC to participate in this state-level tournament May 22-25. Bowling competition will be handicap with a separate division for scratch bowlers. Cash prizes will be available depending on the number of participants. Bowlers can sign-up through May 15. Entries will be accepted on a first-come, first-served basis. DSN 380-9528, civ. 0621-730-9528, [colleen.gardner@eur.army.mil](mailto:colleen.gardner@eur.army.mil).

### Youth Track and Field

Sign up through May 29 to get involved with track and field. Events available include long jump, shot put, discus, relays and various track distances. DSN 493-4122, civ. 0631-3406-4122, [www.mwgermany.com](http://www.mwgermany.com).

### Baseball Players Wanted

The Worms Cannibals are looking for players of all ages and skill levels in the hope of registering new teams for the coming seasons. Those interested are invited to a practice any time. Practices are Wednesdays and Thursdays at 5:30 p.m. on the Bürgerweide in the Worms Naherholungsgebiet. Civ. 0151-1108-7096, [www.worms-cannibals.de](http://www.worms-cannibals.de).

### Inline Hockey Players Needed

If you play inline hockey and want to join an official men's league, the DPL is currently looking for experienced inline players. Summer season starts May 10. Civ. 0172-6263642, [ken.robinson@eu.dodea.edu](mailto:ken.robinson@eu.dodea.edu), [www.dpliga.com](http://www.dpliga.com).

### Youth Coaches Needed

Kaiserslautern CV5 Services Youth Sports is seeking coaches for sports, adventure and fitness. Sports coaches for wrestling, cheerleading, basketball, baseball, football, soccer, softball, jump-rope, tennis, golf, ping-pong and more. Adventure coaches for white water rafting, mountain biking, rock climbing, walking club and more. Fitness coaches for yoga, aerobics, strength training and more. DSN 493-4112, civ. 0631-3406-4112.