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The *Jet Gazette* welcomes articles and ideas that will enhance the paper. If you have suggestions for features or specific articles, please contact the Public Affairs Office at 247-7345/7003 on UTA weekends.

MISSION

The mission of the Jet Gazette is to effectively communicate events and information of the 141st Air Refueling Wing to unit members, their families and retirees and to recognize personal and unit achievements within the wing.

Notes from the Top

e All You Can Be" was the slogan of the United States Army from 1980 until 2006. I remember the catchy commercials and recruiting brochures. They portrayed an organization full of pride, an organization where you could take your talents to new heights. The sky was the limit.

Every day you, the men and women of the 141st Air Refueling Wing, hit the ball out of the park. Every day, someone moves the fence out just a little farther. And each time you come back and hit the ball a little harder. This is an exciting place for folks



with brilliant minds, ingenuity, drive, and pride. You amaze me every day! Since my arrival in June, you have performed exceptionally every day and have proven yourselves in inspections to include a Limited No-Notice Nuclear Operational Readiness Inspection, an Information Assurance Assessment and Assistance Program Visit, and an Aircrew Standardization and Evaluation Visit. Several individuals, programs, and shops have received personal accolades from the inspectors. I am proud to serve alongside you.

So let's talk about where that ball park fence is now. It is so far out there that we are setting records and bringing home the prize every day. The records are doing things that others have not thought about, determined too difficult to solve, or have not had the heart and soul to pursue. The prize is that roughly 340 million Americans and Canadians go to sleep at night knowing that they will awake in free countries. Millions more worldwide are also afforded the benefit or the hope of a free country that would not be possible without your dedication.

As we move toward November, the fence will be moved even farther, gaining distance with the looming Unit Compliance Inspection (UCI). As a young officer, I dreaded inspections. It was not fear, as I was always prepared...it was due to my view point. As a young man, I was focused on the mission and did not display an overabundance of concern for things not directly related to mission accomplishment. I am thankful for all of the young professionals out there today keeping us honest on what is important...the mission. However, I now sit in a seat with a different view from that of 25 years ago. I very much welcome the inspector general (IG) because of my intense pride and belief in the professionals of the 141 ARW. The IG will, as an independent auditor, be able to formally document all of the great things we do. The UCI report will have high visibility nationwide...it is our report card to the nation. We can tell people about our achievements and greatness, but it is much more powerful when told by an independent party...the IG. That report card will be a source document for individual and unit awards, appraisals, resumes, and job applications to name a few. It will let all who read know we are the best at today's mission and can be entrusted with the missions of the future. We owe it to ourselves, and especially to those who have many years ahead of themselves in the 141 ARW, to swing big and clear the fence once again.

As part of our UCI preparation, I asked for self inspections to be completed and then reviewed with the checklist owner's supervisor. If your supervisor can understand your program and have no questions, you should be able to confidently convey your message to the IG. Furthermore, supervisors will better understand your processes so they can sing your praises, run interference, and help the IG discover our top performers and best practices. I ask supervisors to be tough in this process. Make sure the checklist owner's answers are thorough and complete. And if not, agree upon a list to be remedied and set a date for re-attack. It is not personal...it is simply business that will make everyone stronger in the end.

In Christopher McDougall's book "Born to Run," there is a great quote: "The guys working the hardest were having the most fun." As I reflect back on the last 25 years, I can honestly say I had the most fun and was greatly rewarded when I was challenged the most. Challenges provide incredible opportunities for those who love to work. The upcoming UCI presents challenges and provides opportunities for you to Be All You Can Be! I look forward to the results.

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The latest issue of the Jet Gazette can be found at: http://www.141arw.ang.af.mil

Wing History

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Col. Frank Frost, 142nd Air Defense Wing Commander, laces up to spar with Airman "Terrible" Terry Lewis. Tech. Sgt. Hank Vogt, former Army muleskinner and Washington Army National Guard Lightweight Boxing Champion 1930-1932, "officiates" the match between the two.



by Staff Sgt. Wes Walton 141st Air Refueling Wing Public Affairs

irmen Lewis was a member of the 142nd Air Defense Wing (predecessor of the 141st Air Refueling Wing) at Geiger Field, Spokane, Washington. He ended his heavyweight boxing career with a 20-2 record; 19 from knockouts. On November 17, 1960 he lost the Pacific Northwest title fight to Kirk Borrow. It's said that "Terrible" Terry got his nickname not from his ability to instill fear in his opponents, but due to his somewhat inelegant fighting style.

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Port of Tacoma. "As emergency responders it does not matter what type of uniform we may wear. Our objectives should always be the safety of responders and the safety of those we are helping by mitigating and responding to the emergency," said Kapsh. Since March 27, 2002, the Washington National Guard has participated in a partnership with the Kingdom of Thailand which has involved seven port exercises consisting of various agencies; the National Security Council, Royal Thai Army, Royal Thai Navy, Royal Thai Marine Department and civilian authorities including, emergency management, disaster planning, port security, HAZMAT/ WMD response initiatives and airport security. This exercise was multi-jurisdictional and involved security, medical, HAZMAT and public affairs. Each section worked to accomplish their responsibilities in a safe, efficient and timely manner. The public affairs team was one of the key pieces of the exercise. The PA team distributed press releases, advised the incident commander on working with the community and held news conferences to update the public. To make the exercise as real as possible local media was invited to participate. A news conference was hosted by Chalermchai Meekum-lam, newly appointed Port Authority of Thailand Director. He emphasized the importance of continuous planning, training and the necessity of keeping the public informed. Follow-up exercises later took place at the Airport of Thailand. Emergencies dealing with airplane crashes, fires and chemical releases were simulated during a basic hazmat Response Seminar held September 20-24. Guard members exchanged ideas with Royal Thai Military, civilian HAZMAT personnel. Emergency responders also practiced the donning of safety gear. As the relationship between the Washington National Guard and our Thai partners grows stronger, so does our mutual capability and capacity to respond to natural or man-made disasters. Maj. Gen. Timothy Lowenberg, the Adjutant General and Commander of the Washington National Guard, works with Thai interpreters during Port of Laem Chabang excercises. Fall 2010 Jet Gazette 5

Dometown Deroes Salute

by Tech Sgt. Michael Stewart 141st Air Refueling Wing Public Affairs

he Hometown Heroes Ceremony was held on August 7 at the Fairchild Air Force Base theater. More than 600 Guardsmen were honored for their military service since September 11, 2001. Walking across the stage with Citizen-Airmen were family members, friends and employers who supported them while deployed. It was a celebration for everyone to be given awards and public recognition for their service and sacrifice. Major General Gary Magonigle, Commander, Washington Air National Guard, Col Rich Kelly, 141st Air Refueling Wing Commander, Col Mark Bahosh, 141st ARW vice commander and Chief Beuter, 141st ARW Command Chief, were on stage to greet and hand out awards to ceremony participants.

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BOSS LITT

story and photos by Tech. Sgt. Michael Stewart 141st Air Refueling Wing Public Affairs



he 141st Air Refueling Wing teamed up with Idaho and Oregon National Guard units on a two day boss lift held August 26 and 27 at Gowen Field located in Boise, Idaho. The two day event gave employers a glimpse into the life of their Airmen and they even had some fun along the way. Although

the 141st had been performing boss lifts for several years, this was the first time Washington employers had the opportunity to stay overnight for an Employer Support for the Guard and Reserve (ESGR) event. Thirty five employers boarded the Fairchild KC-135 Stratotanker early Thursday morning with overnight

bags and cameras in hand, for many, this would be their first time flying on military aircraft. Aside from the paint scheme and the refueling boom, the KC-135 looks just like a Boeing 707 commercial airplane... until you get inside. Although the KC-135 can accommidate up to 80 passengers, the cargo net seating

WELCOME

SPOKANE WASHINGTON

made for some cramped quarters, even less room than traditional commercial airline seating, if you can even imagine. The skies were clear for the most part during the two hour flight to Boise, Idaho. Upon arrival, the group was met by several ESGR volunteers who quickly ushered them to the buses to start the days events. After registration, opening speeches, and a provided lunch, the activities began.

> Employers rotated through several activities ranging from Apache Helicopter rides, M-16 weapons simulations, and an A-10 Thunderbolt

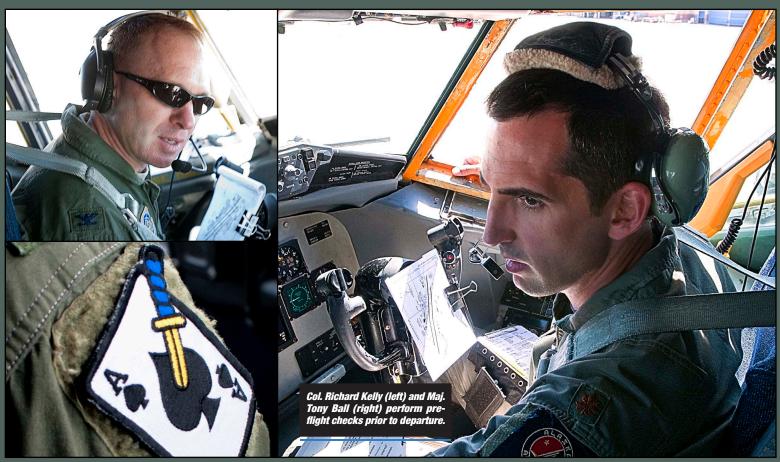
display and flight simulator. Each day was filled with one activity after another. On the return flight home on Friday, employers watched a refueling of an F-15 Strike Eagle. It was a fitting finish to a great event. ESGR events, like boss lift are provided at no cost to the employer. The ESGR program was established in 1972 by the Department of Defense to promote both public and private understanding of the National Guard and Reserve missions and to help gain their support.

WASHINGTON AIR REPUBLING

For more information on this program, visit www.esgr.org









by Senior Airman Johanna Brooks 141st Air Refueling Wing Public Affairs

hildren of Washington Air and Army National Guard families and volunteers enjoyed five days of camping and numerous other activities at Camp WANGY (Wash. Army/Air National Guard Youth), which was held at Camp Reed located 30 minutes north of Spokane.

A combination of great volunteers, careful planning and warm weather created the perfect environment for 140 campers aged 8 to 18 to make friends and have fun.

Children rode horses for the first time, participated in survival training and hiked through the beautiful wilderness surrounding Fan Lake. Creativity flowed at the "art shack," a cabin on the waterfront where some children spent many imaginative hours creating gifts to bring home to friends and family members.

There was never a dull moment for the 90 volunteer staff members, many performed multiple jobs such as camp counselors, overseeing "flights" of 10-12 children, showing kids how to use Dutch ovens, and working in the cafeteria kitchen from dawn until dusk.

Mary Thomas, 141st Air Refueling Wing's Family Support Program Manager, heads the event which is now in its seventh year. "The mission of the camp is for National Guard children to build lifelong relationships that also offer support during deployments," said Thomas.

Camp WANGY 2011 will be Aug. 14-19. If you are interested in volunteering or information for next year's camp, contact Mary Thomas at 509-247-7009.



Fit to Fight

by Maj. Sandy Smock
141st Air Refueling Wing Public Affairs

evisions to the Air Force fitness program took effect July 1, 2010 and Fair-child's test statistics are available. Air Force personnel are failing, but they are also passing and receiving excellent scores. At this time the 141st Air Refueling Wing has had minimal testing but by October UTA over 100 Guardsmen will have tested and been included in the statistics. August totals for Fairchild active duty were as follows:

Tested:395

Failures:85

Failure Rate:21.52%

Pushup Failure:5%

Situp Failure:11%

Abdominal Circumference Failure:5%

Run Failure:8%

Walk Failure:0%

Score Only:1.7%

Excellent Scores:150 (37.97%)

The Air Force Fitness Program goal is to motivate Airmen to participate in a year-round physical conditioning program that emphasizes total fitness, to include proper aerobic conditioning, strength and flexibility training and healthy eating.

The new test is not designed to be treated as a military requirement check off; it is meant to change the overall health of Airmen. The idea that health benefits from an active lifestyle will increase productivity, optimize health, and decrease absenteeism, while maintaining a higher level of readiness is a driving factor.

"We are heading into some of the toughest months to maintain our high standards for fitness. Colder weather and shorter days are approaching. It will also be important to keep in touch with our traditionals throughout the month and provide any support we can," said 2nd Lt. Dan Neuenfeldt, Wing Fitness Program Monitor.

As Guardsmen prepare for their upcoming test, it is important to understand the programs that are available and which ones may be mandatory if one does fail. Also, officers and enlisted members will be required to have a passing, current fitness score to be selected for or attend professional military education. There are other restrictions regarding retraining, reenlistment eligibility and assignment eligibility that could be impacted by a failed fitness score, especially if such a score results in a referral OPR or EPR.

BACK TO BASICS

story and photos by 2nd Lt. Daniel Neuenfeldt 141st Flight Support Squadron

The UPAR program is volunteer Unit Public Affairs Representatives who write and submit stories as they know of events happening. If you have questions or you would like to be a UPAR please contact Major Sandy Smock at sandy.smock@us.af.mil

recently returned from six weeks of basic developmental education, attending the Air and Space Basic Course (ASBC) down at Maxwell AFB, Alabama. For my fellow Lieutenants and others who are unfamiliar with ASBC,

"ASBC is a six week resident experience dedicated to inculcating a warrior ethos in the Air Force's youngest officers through a rigorous experiential and academic program aimed at imparting critical war fighting skills while simultaneously introducing these officers to the full range of Air Force operations, organizational constructs, and doctrinal concepts. It is a foundational developmental opportunity designed to equip every Air Force officer with the fundamentals.

Air and Space Basic Course is the first basic developmental education opportunity for officers. It offers us a chance to hone in our leadership in an expeditionary environment and to learn the fundamental principles of what it is to be an officer in the United States Air Force - to be an advocate for what Air, Space, and Cyberspace bring to the fight. The academic lessons, leadership studies, and warrior skills learned at ASBC are second to none.

The academics were divided into classroom work and the application of lessons learned. Academic days consisted of scenario discussions, guest speakers and lessons on war fighting doctrine. We were exposed to the division of the battle field, the creation of the Joint Integrated Prioritized Target List (JIPTL), and the creation of the air tasking order by the Combined Air Operations Center (CAOC). We re-enforced those war fighting concepts by playing a computer wargame called AIR-GAP and with the more hands-on approach of destroying (throwing dodge balls) centers of gravity during our ICARUS operations. The culmination or our academic studies was our doctrine primer, where we had to write a critique of how doctrine was employed during OEF and then lead a guided discussion. Leadership was tied to almost everything we did at ASBC.

There were many opportunities to study



and practice leadership at ASBC, but the highlight of my experiences came from combined operations week. During that week the SNCOA students from Maxwell-Gunter integrated into newly formed SNCO/Lieutenant classroom flights. We spent three days together discussing leadership scenarios, playing ICARUS, and completing the "Project X" leadership reaction course.

Each year the Air Force has been putting more emphasis on the importance of warrior skills in an expeditionary environment. ASBC has tailored their curriculum, providing almost two weeks of field experience to practice expeditionary skills and leadership. Part of that training included a 10-hour AF combatives course, which teaches you to fight on the ground, much like the art of Brazilian

jiu-jitsu. We also learned essential combat skills such as, performing SABC under stress, calling in a nine line med-evac, practicing land navigation and small unit tactics, learning integrated base defense, etc. The climax of our expeditionary training occurred when we suited up with flak vests and paint ball markers, and were expected to implement our training in a day long exercise.

It was a unique experience to gain knowledge from each other, parsing and understanding our differing ideologies and learning to work more cohesively. The leadership skills gained from that week will pay huge dividends in my future career - especially in an expeditionary setting.

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Overall my experience at ASBC was both fun and constructive. The academic lessons, leadership experiences, and warrior skills acquired have given me a unique set of tools that will allow me to competently discharge my duties as an Air Force officer. I would encourage all my fellow Lieutenants to attend the 6-week in-residence ASBC course. Your experiences gained will be invaluable.

For Lieutenants seeking to attend ASBC, please contact the base education and training manager at 247-7072. More info at www.au.af.mil/au/soc/asbc.html





Tired of Manual 1987

o you want to avoid waiting in line at your Military Personnel office? Did you know that you can perform many personnel actions from your home using a variety of online services? For ANG members, the virtual Personnel Center-Guard and Reserve (vPC-GR), the virtual Military Personnel Flight (vMPF), and the Personnel Record Display Application (PRDA) are all online services and available for your use 24/7. Some of the applications available in vPC-GR include, initiate and process decoration nominations; request corrections or changes to your federal awards and decorations; view your duty history and request a correction or change to your duty history; submit a voluntary separation discharge/ resignation or retirement application; write, sign, and submit evaluation's including LOE's and request a copy of your EPR/OPR forms. Applications for your use in vMPF include view/print a visual display

of your federal awards and decorations; view your data verification brief, access your record review and update some of the data; as well as update your emergency data information. The Personnel Record Display Application (PRDA) allows you to view and print forms from your official military personnel record.

You can access vPC-GR, vMPF and PRDA from the AF Portal, www.my.af.mil, under the Top Portal Links section. For an all inclusive view of what services are available, please refer to the Online Personnel Services Brochure. A copy can be obtained from your Military Personnel office or you can view/print a copy from the Air Force Portal, Life and Career Tab, ANG Page

The Total Force Service Center is available for customer support and provides processing for online services. Contact the Total Force Service Center (TFSC) at 1-800-525-0102 if assistance is needed.



Capt. Tyson Frost, 22nd Expeditionary Air Refueling Squadron, deployed from the 141st Air Refueling Wing, Fairchild Air Force Base, Wash, prepares for his his 100th combat sortie Sent. 18. (U.S. Air Force Photo/Staff Sqt. Michael Schocker)

Ooth SORTIE!

by Tech. Sgt. Jennifer Buzanowski 376th Air Expeditionary Wing Public Affairs

apt. Tyson Frost made personal history Sept. 18 when he flew the 100th combat sortie of his career. During the 6.3-hour sortie, Frost's crew refueled Navy F/A-18C Hornets, F/A-18F Super Hornets and an EA-6B Prowler and also filled two Royal Air Force GR-4 Tornados multiple times.

"Captain Frost's accomplishment is a testament to the Total Force concept and an amazing feat for a Citizen Airman," said Lt. Col. Henry Hamby, commander of the 22nd Expeditionary Air Refueling Squadron.

From radio chatter the traditional Guardsman, deployed to the 22nd EARS, knew that the fighter aircraft were all involved with troops engaged in enemy contact. "There were lots of on-the-fly changes to our refueling situations and we coordinated several radio calls to different aircraft all day long," said the father of two who is assigned to the Air National Guard's 141st Air Refueling Wing, Fairchild Air Force Base, Wash.

Colonel Hamby is no stranger to Fairchild AFB. At home station he is the 92nd Air Refueling Squadron commander and witnesses first-hand how the 141st ARW and the active duty's 92nd ARW work together to get

the Air Force's mission done. "Every day Captain Frost or another Guardsman volunteers is one less day the heavily-tasked active duty aircrews and support forces spend deployed," said Colonel Hamby.

Captain Frost said the busy mission made the 100th combat sortie memorable. "We felt like we played a vital role in keeping our troops on the ground safer by delivering the fuel to keep the fighter protection over them. We hope we played a part in protecting those guys as we gave multiple receivers fuel when they needed it most."

He spent nine years as an enlisted egress technician for F-16 ejection seats and canopy systems for the Montana Air National Guard in Great Falls. "That's when I fell in love with aircraft and I wanted to fly. I'm so lucky I get paid for doing what I love," said Frost.

Captain Frost says he jumps at the opportunity to volunteer for flying hours at home station and when deployed. "We enjoy helping out our active duty counterparts while maintaining pride in being members of the Washington Air National Guard and representing the city of Spokane and Washington State. Go Guard!"



by Master Sgt. Elena Manley 141st Air Refueling Wing Legal Office

id you know Washington State is considered a "hot spot" for human trafficking? Our international border, international port, and our vast agricultural industry, make this state a lucrative market for traffickers. Many victims were found working in construction, restaurants, domestic labor, and agricultural areas while others are victims of the most common trafficking, prostitution – both are considered forms of slavery.

When most people think of human trafficking they usually associate it with sexual slavery occurring overseas, but according to the Department of Justice many United States citizens are trafficked, usually the victims are runaway teenage girls. In 2003, Washington State passed a law making human trafficking a crime, but it

was several years later, in November of 2009, when the law was finally innacted. A 19 year old male was charged with human trafficking by coercing young women to work as prostitutes for him. He was convicted and sentenced to 17 years in prison.

As members of the Washington Air National Guard our lives are invested in our local communities. We look out for our neighbors, our friends, our children's friends. Human trafficking is not something that happens a world away. It happens in our own communities. When it comes to human trafficking we owe it to ourselves, our families, and our communities to be vigilant not only while performing our duty overseas but while fulfilling our duties as citizens of this great country.

BEPOBLE

combat a ring in persons

Be a voice...



sex slaves and child prostitutes - human faces of modern day slavery

Photographs Courtesy of the Department of Justice, The Protection Project at Johns Hopkins University - SAIS, and the United Nations Office on Drugs and Crime.

report human trafficking

e-mail us at hotline@dodig.osd.mil

"There's a special evil in the abuse and exploitation of the most innocent and vulnerable. The victims of sex trade see little of life before they see the worst of life - an underground of brutality and lonely fear. Those who patronize this industry debase themselves and deepen the misery of others. And governments that tolerate this trade are tolerating a form of slavery."

President George W. Bush September 23, 2003



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