



The best activities guide around!

AUGUST 2012

- The Soldier Show – 1st & 2nd*
- CZ Bon Odori Festival – 4th*
- Greater Tuna – 9th & 10th*
- Community Night – 17th*
- 2 Person Best Ball Tourney – 18th*
- Texas Hold 'em – 18th*
- Information Fair – 21st*
- CZCC Block Party*
- & Back to School Party – 25st*



# MUSIC FRIENDSHIP FESTIVAL

ミュージック・フレンドシップ・フェスティバル: 2012年9月15日(土)・16日(日)

一般開放日

お問合せ: 263-3939 / 046-407-3939

SATURDAY, & SUNDAY, 15 & 16 SEPTEMBER 2012

Gates Open: 1430

Festival Events Begin: 1430

Live Entertainment Begins: 1500

Fireworks Begins: 2000 (Only Sun. 16 Sep.)

For more information: 263-3939



15 & 16 September 2012  
2 Big Open Post Events are coming!

Don't miss it!

SUNDAY, 16 SEPTEMBER 2012

@ YANO FITNESS CENTER

Gates Open: 1430

Show Begins: 1500

For more information: 263-3939



SUN. 16 SEP. 12

Gate Open at 2:30pm, Show begins at 3pm

Yano Fitness Center, Camp Zama



スラム・フェスト・VI (新日本プロレス): 2012年9月16日(日)

一般開放日

お問合せ: 263-3939 / 046-407-3939

# QBC

Quarters Beautification Competition



## First Place Winners

Camp Zama ~ Mr. & Mrs. Gerald Brown

SHA ~ Mr. & Mrs. Jose Toro

Depot ~ Mr. & Mrs. Raymond Snipes

Here's your opportunity to show the judges the results of your hard work and your dedication to maintain your government quarters in a high state of appearance.

\*Please check with the Army Family Housing on when the next judging will take place of your housing area.

\*Awards will be presented for first, second and third place and will be presented on site in each of the three areas the first week in September (time and date TBD).

**Reminder:** All winners throughout the May-September competition will also have another opportunity to be recognized. Prizes will be awarded to the **Overall First Place** winner in each of the three areas in October (exact date, time and place to be announced).

*\*For additional information, please contact the Army Family Housing at 263-3527.*

**MWR COMMERCIAL SPONSORSHIP** and the **Army Community Service Staff** appreciate the support of RED BULL, OUTBACK and the CAMP ZAMA EXCHANGE for supporting this five month program for the benefit of our community members.





The U.S. Army Garrison Japan (USAG-J), DFMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DFMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

# ZAMA Community BUGLE

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### THIS MONTH'S COVER

One of the most important summer festivals of the year is Bon Odori. Camp Zama's annual Bon Odori Festival is Saturday, 4 August from 10:30 am - 8:30 pm. Last year there were more than 20,000 US-AGJ community families and our local national community families who joined us. This year will be no exception, as we can expect thousands of our host country local national families to join USAGJ community families for a day filled with all kinds of activities, games, variety of food vendors, informational booth, live entertainment, DJ, all kinds of performers, family entertainment, Bon-dancing around the Bon-Tower, and at last the grand finally of the event --- spectacular fireworks will close out the festivities.

Everyone is welcome, bring your family and friends, wear your "YUKATA".

Please see the back-cover for the schedule of events.

Cover design by Roger Pueblos, Asuka Murata & Sang Hui Champigny.

**Camp Zama**  
**BOSS PROGRAM**

Phone: 263-3399

Meeting every Tuesday at 3:30 pm in the Warrior Zone (located in Bldg. 533). Everyone is welcome to attend!

**WARRIOR ZONE**

Tuesday • Wednesday • Friday: 6 - 10 pm  
Saturday: Noon - 10 pm

### DFMWR DIRECTORS AND PROGRAM MANAGERS

DIRECTOR, DFMWR	MR. SHODA	263-7611
ARMY COMMUNITY SERVICE	MS. BATTLE	263-8057
ARTS & CRAFTS CENTER	MR. NODERA	263-4412
AUTOMOTIVE SKILLS CENTER	MR. FRENCH	263-3615
BOWLING CENTER	MS. GREEN	263-5714
BUSINESS DIVISION	MR. SHODA	263-4452
CAMP ZAMA COMMUNITY CLUB	MR. BENTON	263-4133
CDC, SHA	MS. WALKER	267-6348
CDC, ZAMA	MS. AGUON	263-4992
CHILD, YOUTH & SCHOOL SERVICES	MS. WILLIAMS	263-8086
COMMERCIAL SPONSORSHIP	MR. MCKETA	263-5995
COMMUNITY ACTIVITY CENTER	MR. MCNEILL	263-5712
DIRECTOR OF GOLF	MR. JORGENSON	263-3694
ENTERTAINMENT	MR. TAKASE	263-8892
FINANCIAL MANAGEMENT OFFICE	MS. JARING	263-5572
HARDY BARRACKS LODGING	MR. SHIBATA	229-3270
SHA CLUB	MS. NAKAO	263-6003
INFORMATION SERVICES OFFICE	MS. TANIGUCHI	263-5616
INTERNATIONAL TOURS	MS. INOUE	263-5273
KENNELS	MR. GREEN	263-5915
KURE CLUB	MR. RICKS	256-2580
KURE LODGING	MR. RICKS	256-2539
LEISURE TRAVEL SERVICES	MR. SHINDO	263-4405
LIBRARIES	MR. LACOMBE	263-5267
LODGING OFFICE	MR. AKITA	263-3830
MWR CENTRAL WAREHOUSE	MR. KEELEY	263-4877
MWR MARKETING	MS. CHAMPIGNY	263-4721
NAF CONTRACTING	MS. HEINS	263-4939
NAF FACILITY MAINTENANCE	MR. MATSUDA	263-3110
OUTDOOR RECREATION	MR. SENATORE	263-3311
PARENT CENTRAL SERVICES	MS. BALDWIN	263-3397
POOLS	VACANT	263-3348
PRIVATE ORGANIZATIONS	MS. MANRIQUE	263-5316
RECREATION DIVISION	MR. STEARNS	263-3479
SAGAMI LOUNGE	MR. URUGA	268-4954
SCHOOL AGE CARE	MR. MEDINA	267-6066
SCHOOL LIAISON OFFICER	MR. COFIELD	263-3241
SKIESUNLIMITED	MR. ANDREWS	263-5441
SPECIAL EVENTS COORDINATOR	MR. MCNEILL	263-5712
SPORTS / FITNESS / AQUATICS	MR. THOMPSON	263-3954
SUPPORT SERVICES DIVISION	MR. WEBER	263-5572
YOUTH CENTER	MR. JOHNSON	263-8574
YOUTH SPORTS AND FITNESS	MR. SANTANA	263-5437

<b>OKINAWA MWR</b>		
MWR PROGRAM MANAGER	MR. EVERS	644-5396
SCHOOL LIAISON OFFICER	VACANT	644-4703
<b>OTHER NUMBERS</b>		
EXCHANGE	MS. HUTH	263-3775
NAF CENTRAL ACCOUNTING	MS. HALL	263-4222
CPAC	MS. ALDERSON	263-8443
CPAC NAF UNIT	MS. BATES	263-4383

See inside back page for MWR facilities and additional activities.

### MWR MARKETING

**Phone:**  
263-4721/8994  
046-407-4721/8994

**Address:**  
The U.S. Army Garrison Japan  
Unit 45006  
Attn: IMJN-MWN-M  
APO AP 96343-5006  
Official Business

**Fax:** 046-407-5487  
**Fax DSN:** 263-5487

**Location:** Camp Zama, Bldg. 102 B100 (Northeast Corner)

*July Bugle Editor: Roger M. Pueblos*

### MWR MARKETING STAFF

Ms. Sang Hui Champigny..... Director  
Ms. Hideko McKeta..... Visual Information Specialist  
Mr. Roger M. Pueblos ..... Illustrator  
Ms. Yukiyo Mitsue ..... Information/Editorial Specialist  
Mr. Chrismond Raga ..... Webmaster/Illustrator  
Ms. Asuka Murata ..... Commercial Artist

## AUGUST EVENTS AT-A-GLANCE



- **Trivia Night**  
5 - 6:30 pm • Every Thursday  
Put that trivia knowledge to good use!



karaoke room  
• For more info, call 263-4547

- **Bunco Night**  
6:30 pm • 10 August
- **Community Night**  
5 pm • 17 August
- **Texas Hold'em**  
2 pm • 18 August
- **CZCC Block Party & Back to School Party w/CYSS**  
3 pm • 25 August



- **Social Hour**  
5 - 7 pm • Fridays
- **Hip Hop Music**  
10 pm - 3 am • 3, 17, 24 & 31 August
- **Country Music**  
8 pm - 2:30 am • 4 & 11 August
- **Country Line Dancing**  
6:30 - 7:30 pm • 8 & 22 August
- **Old School Music**  
8 pm - 2:30 am • 18 August
- **Latin Music**  
7 pm - 2:30 am • 25 August
- **Main Stream Music**  
9 pm - 3 am • 10 August

GIVE A GIFT THAT COUNTS...



CZCC Gift Card

# INFO

INFORMATION

# FAIR

See what Zama has to offer!  
**1 -5 pm • 21 August**



We're proudly brewing Starbucks Coffee!

## AUGUST LUNCHES

### Tuesday

Rotisserie Chicken • Katsudon  
w/vegetable of the day

- 7 Chicken Curry
- 14 Veal Parmesan
- 21 Chicken Fried Steak
- 28 Chicken Monterey  
w/Sundried Tomato  
Pesto Cream Sauce

### Wednesday

Rotisserie Chicken • Chicken Don  
w/vegetable of the day

- 1 Home Style Baked Meat Loaf  
Wafuu Demiglaze
- 8 Japanese Style Hamburger Steak  
w/Oroshi Sauce
- 15 Sauteed Pork w/Ginger Sauce
- 22 Pork Cutlet Parmesan
- 29 Vega & Shiso Cheese Stuffed  
Pork Roll Cutlet

### Thursday

Rotisserie Chicken  
w/vegetable of the day

- 2 Yu Rin Chee  
Shrimp Penne Au Gratin Casserole
- 9 Ton Pou Rou  
Buttermilk Chicken w/Country Gravy
- 16 Chicken Florentine  
Sliced Roast Beef
- 23 Chicken Etouffee  
Sliced Cajun Roast Pork
- 30 Thai Green Curry  
Italian Sausage & Peppers

### FRIDAY

Lunch Buffet  
w/soup & vegetable of the day

- 3 Sweet & Sour Pork • Marbou Nasu  
Fried Rice • Fried Shumi
- 10 Beef Taco w/Flour Tortilla  
Chicken Fajitas • Burritos  
Mexican Rice/Corn
- 17 Da Kalbi (Chicken) • Beef Bulkogi  
Namool White Rice • Kimuchi
- 24 Penne Pasta • Puttanesca Sauce  
Alfredo Sauce • Baked Lasagna
- 31 Japanese Style Braised Beef & Onion  
Vegetable Tempura • Cold Soba

## DINING INFO

### Tuesday

**2 FOR \$15 FAMILY NIGHT SPECIAL**  
Theme Menu – American, Chinese, Korean,  
Japanese, Mexican, Italian, etc.  
Menu will change every week.  
Includes soup & tossed salad, vegetable  
of the day, and choice of baked potato,  
rice or mashed potato. Modified menu  
will be offered. **No take out.**

### Wednesday

**Mongolian BBQ • 5 - 7 pm**  
Modified menu will be offered.  
Reservations are welcome! (263-4547)

### Thursday

**Pizza & Pasta • 5 - 7 pm**  
**2, 16 & 30 August**  
All you can eat pasta, pizza, soup & salad bar.  
Adults: \$10.95 • Youth (4-12): \$5.95  
Infant (3 & under): FREE  
Regular menu available • **No take out.**

**Mexican Buffet • 5 - 7 pm**  
**9 & 23 August**

All you can eat buffet.  
Adults: \$19.95 • Youth (4-12): \$9.95  
Infant (3 & under): FREE  
Regular menu available • **No take out.**

### Friday

**Friday Night Chef's Special • 5 - 7 pm**  
Enjoy a meal specially chosen by our Chef.  
Menu will vary.  
Dining is closed on Community Nights.

### Saturday

**Prime Rib • Prime Rib & Shrimp Scampi**  
**5 - 7 pm**  
Regular menu will be offered.

### Sunday

**Sunday Brunch • 10 am - 1:30 pm**  
Adults: \$14.95 • Youth (8-12): \$7.95  
Youth (4-7): \$4.95  
Infant (3 & under): FREE  
Regular menu available • **No take out.**  
**2 for 1 Steak Night • 5 - 7 pm**  
Includes soup & tossed salad, vegetable  
of the day, and choice of baked potato,  
rice or mashed potato. Modified menu  
will be offered. **No take out.**

FREE • FREE • FREE



6:30 pm • 10 August  
Ballroom

- Most Wins \$100
- Most Loses \$100
- Most Mini-Buncos \$100
- Most Buncos \$100

\*Must have a minimum  
of 12 players to host  
this event.

## SOCIAL HOUR

5 - 7 pm • Fridays

- "Aloha Friday" - 3 August
- "Bring Your Own Boss"  
- 10 August
- "Ichi Dan Night - One Team"  
- 24 August

\*Free Hors d'oeuvres!  
We support the designated  
driver program!



## Cake Catering

- Cakes for all occasions.
- For more info, call 263-4204

# EVENTS

## TEXAS HOLD 'EM

2 PM • 18 AUGUST  
TICKETS:  
BY 14 AUGUST - \$40  
AFTER - \$50  
Sorry, Adults Only!



...KNOW WHEN TO FOLD 'EM



TIME TO SOCIALIZE...



# community night

5-8 pm • Friday, 17 August

## Back to School PARTY

with CYSS



## & CZCC

# BLOCK PARTY

3 PM • 25 AUGUST • LIVE BAND W/DJ

...AND MO' SOCIALIZING



# Blue Moon

SAGAMIHARA • JAPAN



## Come & check us out!

SAGAMIHARA, JAPAN

### Hours of Operation:

#### PACIFIC RIM DINING

Friday • 4:30 ~ 9 pm  
Saturday • Noon ~ 9 pm  
Sunday • Noon ~ 9 pm  
Monday • 4:30 ~ 9 pm

#### BLUE MOON BAR

Friday • 4:30 pm ~ 1 am  
Saturday • Noon ~ 1 am  
Sunday • Noon ~ 10 pm  
Monday • 4:30 ~ 10 pm



## COMING SOON

Are you ready for some football?

## HISPANIC HERITAGE MONTH LUNCH BUFFET

21 SEPTEMBER

CHRISTMAS PARTY DATE

## LOTTERY

1 pm • Friday • 7 September





## AUGUST SCHEDULE AT-A-GLANCE



### MARK YOUR CALENDARS

- **Club Championship**  
22 & 23 September
- **Zama Open**  
20 & 21 October

- **Payday Scramble**  
11:30 am • 3 August
- **Bon Odori Golf Outing**  
7:30 am • 4 August
- **2 Person Best Ball**  
6 am • 18 August
- **Nichibei Tournament**  
9:30 am • 21 August

## NICHIBEI FRIENDSHIP Tournament

TUESDAY  
21 AUGUST

9:30 AM  
SHOT GUN  
START

\$25  
SOFA  
STATUS  
GOLFERS

\*Contact Ernie at 263-4225  
to sign up.

## TWO PERSON BEST BALL TOURNAMENT

6 am  
Saturday  
18 August

- One day team event
- Open to first 72 sign ups
- Sign up deadline is 6 pm,  
Tuesday, 14 August
- Sign up in the golf shop
- \$20 per person



## Tomodachi Days

- 10 August
- 17 August
- 24 August
- 31 August

Up to 2 of your Japanese guests can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000.

## Bon Odori Friendship Golf Outing

7:30 am • Saturday, 4 August

Includes breakfast, lunch and door prizes.  
Handicaps are not required.  
Field is limited to 144 players.  
\$25 • Sofa Status w/green fee card  
\$39 • Sofa Status non-members

## TRADE INS

You can trade-in your old clubs for credit when purchasing new clubs. Find out how much your clubs are worth at <http://valueguide.pga.com/>

## PAYDAY SCRAMBLES

# Red Bull



FRIDAY, 3 AUGUST  
11 am • Shot Gun Start

Commercial Sponsorship  
and the  
Zama Golf Course Staff  
thanks our sponsor  
**RED BULL** for supporting  
our community and this event.

## JR. GOLF INSTRUCTION

4-5 pm  
Mondays



with Mike Sul • PGA • \$10 per lesson

## AUGUST LUNCHES

### MONDAY

- 6 Jar Jar Fried Rice w/Soup
- 13 Sweet & Sour Pork w/Rice & Soup
- 20 Tilapia Fish w/Vegetable Anka Sauce & Rice
- 27 Beef Broccoli w/Rice & Soup

### TUESDAY

- 7 Oyakodon
- 14 Katsudon
- 21 Fishdon (Cod)
- 28 Chicken Katsudon

### WEDNESDAY

- 1 BBQ Pork w/Rice & Vegetable
- 8 Pork Ginger w/Rice & Vegetable
- 15 Karaage w/Rice & Vegetable
- 22 BBQ Beef w/Rice & Vegetable
- 29 BBQ Mix Plate w/Rice & Vegetable

### THURSDAY

- 2 Chicken Diablo w/Rice & Vegetable
- 9 Chicken Cutlet w/Rice & Vegetable
- 16 Special Sandwich Plate
- 23 Beef Lyonnaise w/Rice & Vegetable
- 30 Teriyaki Chicken w/Rice & Vegetable

### FRIDAY

- 3 Japanese Style Fried Chicken w/Rice & Vegetable
- 10 Cajun Chicken w/Rice & Vegetable
- 17 Japanese Style Fried Chicken w/Rice & Vegetable
- 24 Teriyaki Pork w/Rice & Vegetable
- 31 Seafood Mix Fried w/Rice & Vegetable

### SATURDAY

- 4 Pasta w/Meat Sauce
- 11 Pasta w/Meat Ball
- 18 Pasta w/Chicken & Tomato Sauce
- 25 Pasta w/Chicken Alfredo Sauce

### SUNDAY

- 5 Curry w/Rice & Beef
- 12 Curry w/Rice & Chicken
- 19 Curry w/Rice & Vegetable
- 26 Curry w/Rice & Pork

INTRODUCE A FRIEND TO GOLF!

Give us five days and we'll give them a sport for a lifetime.

**5 LESSONS ONLY \$99**

Session #4:  
2, 9 & 16 August

Session #5:  
6, 13, 20, 27 September & 4 October

For more information, contact Dale Jorgenson  
Director of Golf, at 263-3694  
email: [dale.n.jorgenson,naf@mail.mil](mailto:dale.n.jorgenson,naf@mail.mil)

Join the Get Golf Ready program and be ready to play in 5 days. For more information, visit [PlayGolfAmerica.com/GRG](http://PlayGolfAmerica.com/GRG)

CCLE Play Golf America

## AUGUST LUNCHES

### MONDAY

- 6 Hawaiian Beef Stew w/Rice
- 13 Chicken A La King
- 20 Chicken Cutlet w/Curry Rice
- 27 Thai Green Curry

### TUESDAY

- 7 Cold Noodle
- 14 Italian Sandwich w/Fries & Coleslaw
- 21 Teri-Beef Sandwich w/Macaroni Salad
- 28 Reuben Sandwich w/Fries

### WEDNESDAY

- 1 Chicken Adobo w/Rice & Leche Flan
- 8 Pinakbet w/Rice
- 15 Pancit Bihon w/Adobo Rice & Lumpia
- 22 Pork Gisantis w/Rice
- 29 Kalua Pork w/Long Bean Thread & Haupia

### THURSDAY

- 2 Meat Lasagna w/Garlic Bread
- 9 Sweet & Sour Fish w/Rice
- 16 Spicy Chicken Wrap w/Thai Salad
- 23 Taco Salad over Tortilla Chips
- 30 Spaghetti Meat Sauce w/Garlic Bread

## AUGUST EVENTS

- **3-Man Team Baker Tournament**  
1 - 3 pm • Sunday • 19 August
- **Back to School Party**  
5 - 10 pm • Sunday • 25 August  
Free Snacks • Door Prizes

## SUMMER TIME DISCOUNTS

Until ~ 31 August

### Mad Mondays (1-6 pm)

Your score is your game fee.  
Roll 75 - pay \$.75  
Roll 123 - pay \$1.25  
Roll 200 - pay \$2.00  
Roll anything over 200 - pay \$1.00

### Crazy "8" Wednesday (1-10 pm)

Any game total with an "8" in the score pays only \$.80 for that game.

### Family Time Thursdays

3-10 pm  
FREE Bowling

### Freaky Fridays (4-10 pm)

Spin the Wheel for your game fee prior to bowling.

### Bargain Tuesdays (1-6 pm)

Two games for the price of one.

# SAGAMI Lounge • 268-4954/4847



Are you hungry?!

**Depot Burgers**

**FAMILY NIGHT FREE BOWLING**



EVERY WEDNESDAYS • 5 - 8 PM

## AUGUST LUNCHES

### MONDAY

- 6 Hamburger Steak & Fried Shrimp
- 13 TBA
- 20 TBA
- 27 TBA

### TUESDAY

- 7 Grill Chicken w/Garlic Sauce
- 14 TBA
- 21 TBA
- 28 TBA

### WEDNESDAY

- 1 Cajun Chicken
- 8 TBA
- 15 TBA
- 22 TBA
- 29 TBA

### THURSDAY

- 2 Italian Buffet
- 9 TBA
- 16 TBA
- 23 TBA
- 30 TBA

### FRIDAY

- 3 Mixed Grilled Plate
- 10 TBA
- 17 TBA
- 24 TBA
- 31 TBA

Note:

Due to Field Exercises our lunch specials will be announced on a daily basis.

## AUGUST DINNERS

### TUESDAY

- 7 Limited Menu/Chinese Dinner • \$8.50
- 14 Regular Menu
- 21 Regular Menu
- 28 Regular Menu

### WEDNESDAY

Choose Your Discount & Free Bowling

- 1 Regular Menu
- 8 Regular Menu
- 15 Regular Menu
- 22 Regular Menu
- 29 Regular Menu

### THURSDAY

Chef's Special Dinner

- 2 Italian Dinner • \$15.95
- 9 Regular Menu
- 16 Regular Menu
- 23 Regular Menu
- 30 Regular Menu

### FRIDAY

- 10 Mongolian BBQ
- 17 Prime Rib • \$20
- 24 Mongolian BBQ



## OUTDOOR RECREATION and Leisure Travel Services

Your one-stop-shop for Adventures in Japan.  
From retail to rental and strawberry picking  
to skydiving. The Adventures start at  
Camp Zama Outdoor Recreation.

MLC/IHA/自衛隊の皆様もぜひご参加下さい。  
ご予約、お問い合わせは軍電263-4671まで。

### August Adventures

- Orientation for Mt. Fuji Climb at the CAC  
Wednesday, 1 August • 5-6 pm
- Yokohama Fireworks 2012  
Wednesday, 1 August • 4-10:30 pm
- Snorkling at Okinoshima Island for Beginners  
Saturday, 4 August • 4:30 am-6 pm
- Oiso Long Beach  
Sunday, 5 August • 7:30 am-5 pm
- Brazilian BBQ Lunch & Yokohama Minatomirai Free Time  
Sunday, 5 August • 9:30 am-6:30 pm
- Wake Boarding - BOSS  
Saturday, 11 August • 5:30 am-2:30 pm
- Kamogawa Sea World  
Saturday, 11 August • 7 am-6 pm
- Hakone Yunessan Hot Spa  
Sunday, 12 August • 8 am-6 pm
- Tokyo By Day  
Sunday, 12 August • 8 am-6 pm
- Grape Picking & BBQ  
Saturday, 25 August • 7:30 am-6:30 pm
- Fuji Fire Festival - BOSS  
Sunday, 26 August • 11:30 am-11 pm
- Odaiba Free Time  
Sunday, 26 August • 8 am-4 pm

## Adventure Outfitters

It's Summer time! Let's get ready for the water!  
Adventure Outfitters, located at Outdoor Recreation,  
is pleased to announce the new line of items that'll  
help get you ready for any water recreation  
you can think of!

Scuba Masks • Swimming Goggles • Mask, Fin & Snorkle Sets • Booties



Surf Board Wax • Other Surf/Swim/Scuba items & much, much more.



ODR QR Code



# BULLSEYE



# PAINTBALL



Every Sunday of each month we hold a special event:

- 1st Sunday: **Ladies Day** - all female players receive 50% off their paint.
- 2nd Sunday: **Youth Players Day** - ages 12-18 receive 50% off their paint.
- 3rd Sunday: **Friendship Day** - bring 2 friends and get 1 box of paint for FREE!
- 4th Sunday: **Prize Day** - team up with players & win great prizes.

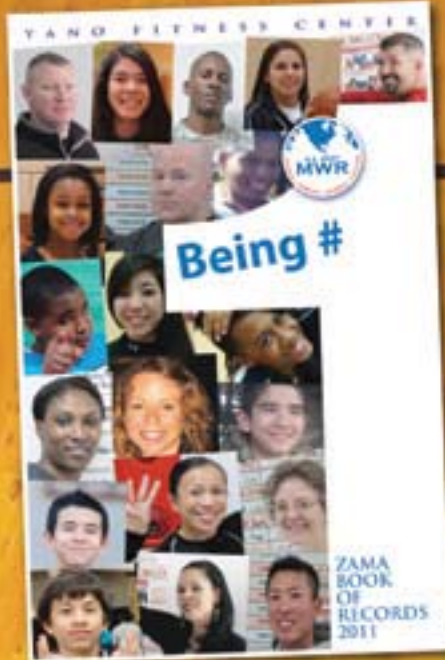
## Hours of Operation

- Open Play: 10 am ~ 3:30 pm  
(weekdays - reservations only)
- Reservations must be 2 weeks in advance.
- 3 day notice cancellation policy.
- A 10 person registration or a minimum \$200 deposit is required.

Now we're on Facebook!



Check it out!, it's easy, just search  
"Camp Zama Outdoor Recreation"!



## ZAMA BOOK OF RECORDS

- Every 3rd Saturday of the month
- *Etch your name in history!*



Become a member of either "ELITE" club(s) and have your name enshrined on the Yano Fitness Center Plaques. Events will be held every 4th Saturday at the Yano Fitness Center from 10 am - 3 pm.

- 150 Pound Club - Women - *NEW*
- 300 Pound Club
- 500 Pound Club - Women - *NEW*
- 1000 Pound Club

**Leave your legacy!**

# 5K

LABOR DAY FUN RUN



- Men & Women Divisions
- Must be 18 years old & not in high school.
- NO Fee
- Register by 5 pm, Thursday, 30 August.

**8 am • Saturday • 1 September**

## FREE FITNESS

- **Spin Bike Class**  
Monday, Tuesday, Wednesday • Noon  
Tuesday • 5:30 pm  
Thursday • 4:30 pm
- **Super Circuit Class**  
Friday • 5:30-6 pm
- **Aikido**  
Monday - Friday • 11:45 am - 12:45 pm  
Tuesday - Thursday • 5-7 pm  
Saturday • 10 am-Noon
- **Yoga**  
Thursday • Noon-12:45 pm
- **Step/Abs**  
Monday • 5:30-6:30 pm
- **Tight-n-Tone Body Conditioning**  
Wednesday • 5:30-6:30 pm
- **Brazilian Jujitsu**  
Monday & Wednesday • 4:45-6 pm
- **MMA Fitness**  
Monday & Wednesday • 6:30-7:30 pm

# Learn-to-Swim



## YOUTH & ADULT CLASSES

- Throughout the month of August.
- Classes will be held Monday, Wednesday & Friday.
- Weekend classes are also available.
- See flyer for specific details.
- Some dates may change or vary.



## Water Aerobics

Monday, Wednesday, Friday • 9 - 10 am  
Tuesday & Thursday • 5:30 - 6:30 pm  
Wednesday • 6 - 7 pm

## Jacuzzi • Steam Room • Sauna

The Jacuzzi, team room & sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, steam room & sauna are closed for maintenance from 8 am - noon.

## Age Policy for Swimming Pool

Children 12 years of age & under are NOT permitted in the pool unless accompanied by AND under the direct supervision of a parent or adult guardian. Children 13 & older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

## Got Japan!



## Swim Around Japan Challenge

### What is it?

Swim 34,000 km to receive a t-shirt using our formula! 1 km = 1 meter, totaling 680 laps at the Yano Fitness Center Pool. Challengers will have up to one year to complete this task.

\*Multiple time finishers will get special Koi fish emblems.

## Services & Contractors

• **Zumba ~ Abigail Caffee**

Monday, Wednesday, Thursday, Friday • 9 - 10 am  
\$3.00 per class

• **Zumba ~ Ms. Hitomi**

Thursday • 5:30-6:30 pm  
\$3.00 per class

• **Zumba ~ Tasiona Martinez**

Wednesday • 6:30 - 7:30 pm  
Saturday • 11 am - Noon  
\$3 per class

• **Tai Chi ~ Kazuhisa Kato**

Monday • 6 - 7 pm  
\$3 per class

• **Aqua Zumba ~ Abigail Caffee**

Tuesday • 9 - 10 am  
\$3.00 per class

• **Yukari's Soft Chiropractic Massage**

Friday • 5:30 - 9 pm  
Sunday • noon - 5 pm  
\*By appointments only.  
35 minutes ~ \$35.00  
45 minutes ~ \$55.00  
60 minutes ~ \$70.00

• **Aqua Massage**

15 minutes ~ \$5  
\*Must be 18 years old.

• **Tanning Booth**

Monday - Friday • 5:30 am - 8:30 pm  
Weekends • 8 am - 5:30 pm  
1 session card ~ \$3.00  
10 sessions card ~ \$25  
20 sessions card ~ \$40  
\*Must be 18 years old.

### Gridiron Trivia

1. What Dallas Cowboy running back was dubbed "Little Big Man"?
2. What NFL team was the first to win the Vince Lombardi trophy five times?
3. Who was the first free agent that Green Bay ever signed?
4. Who was the first Raider to be inducted into the NFL Hall of Fame?
5. What QB did Tom Brady replace in 2001, eventually leading his team to a Super Bowl Championship?
6. What Steeler was named MVP of Super Bowl X?
7. What is the name of the Philadelphia Eagles mascot?

### Gridiron Trivia Answers

1. Tony Dorsett
2. San Francisco 49ers
3. Reggie White
4. Jim Otto
5. Drew Bledsoe
6. Lynn Swann
7. Swoop

### Personal Training Program Consultations (FREE)

\*Limited days & times by appointment only.

Tuesday(s) • 9 - 11:30 pm

Wednesday • 2 - 4:30 pm

POC: Jane Kupkowski  
Fitness Coordinator

The Yano Fitness Center is always looking for qualified interested contractors to teach a variety of fitness classes, to include all type of aerobics, Zumba, Yoga, Pilates, personal training, etc. as well as massage, chiropractors, etc. Interested applicants please contact 263-5656.



The 101st Airborne Division Management Command presents

Camp Zama Music & Theater Workshop  
6 pm • Wednesday & Thursday • 1 & 2 August  
\*For more info, please call 263-3939.

**THE 2012 U.S. ARMY  
SOLDIER  
SHOW**

ARMY STRONG.  
*An Army Department Initiative*

A  
Community Theater Performance

**Greater  
Tuna**

**FREE  
ADMISSION**

There are 20 characters in this show  
and they are all played by only 4 actors!  
**You'll laugh. You will. You will!**

7 pm • Thursday • 9 August  
7 pm • Friday • 10 August  
Directed by  
Barbara A. Hopkins

**Hula  
Classes**

• **Beginners**  
Thursday • 4:45 - 5:45 pm  
\$25 • 4 classes per month

• **Advanced**  
Thursday • 6 - 7 pm  
\$45  
4 classes per month



**Facility CLOSURE is 10 August!**  
**GRAND OPENING OF NEW FACILITY WILL BE COMING SOON!**

*\*All classes & workshops require advance registration.*

- **Silk Screen Workshop**  
By appointment only.  
\$15 • includes t-shirt
- **Free Wood Shop  
Orientation for DA 3031**  
Saturday • 10 am
- **Frame Shop Orientation**  
2nd & 4th Thursday • 5 pm  
\$10 • supplies included  
Advanced/Refresher Class  
Conducted upon request.  
\$10 • no supplies included
- **Washi Paper  
Craft Work Shop**  
By appointment only • \$10  
Supplies available at sales store.
- **Ikebana Class  
(Fresh Flower Arrangement)**  
1st, 2nd, & 3rd Thursday • 2 pm  
\$20 • ¥1,000 for flowers
- **Shodo Class  
(Japanese Calligraphy)**  
Wednesday • 4 pm  
\$10 • supplies included



# CAMP ZAMA COMMUNITY BAZAAR

CAMP ZAMA COMMUNITY CLUB  
SEPTEMBER 2012

SATURDAY, 1 (9 AM - 5 PM)  
SUNDAY, 2 (10 AM - 4 PM)



For more information : ☎ 263-5316

Z A M A  I T T

PLAN YOUR  
**LABOR DAY**  
WEEKEND TRAVEL NOW

Check our webpage for more details:  
<http://zamaitt.com>

**“Fall Escapade Tours will be on sale by the end of August!”**



Zama International Tours Office • DSN: 263-5273 • Commercial: (046) 254-8896

# The NEW SHA Club

SHA Club

# Recreation



# Community Recreation Center



The **NEW USAGJ FMWR Community Recreation Center** at Sagamihara Family Housing Area Opened with a ribbon cutting ceremony on July 13.

### **The Facilities include:**

The **NEW SHA FMWR CLUB**, which houses the **Pacific Rim Restaurant** (Family Style Dining with Healthy Choice Menus, Yakiniku, and a Regular Menu) and the **Blue Moon Bar**.

The **NEW AAFES Movie Theater** including Digital Projection with 3D capability.

The **NEW SHA FMWR Library**, much larger facility with wi-fi access coming this fall.





**Facility CLOSURE is 10 August!**

**GRAND OPENING OF NEW FACILITY WILL BE COMING SOON!**



### Safety Orientation

DA 3031-1 Qualifications Card for use of the Auto Skills Center is issued after a safety orientation given every day, 15 minutes after opening and whenever time is available. This briefing is required before facility use.

## SERVICES

### • Used Vehicle Courtesy Inspection

We offer a 20-point courtesy inspection for soldiers and eligible Camp Zama personnel who are considering the purchase or resale of a used vehicle. This inspection is to help assess the condition of the vehicle before buying or selling. Inspections are done by appointments only.

### • Engine Flush & Fuel System Cleaning

We offer a service of internal engine & fuel line cleaning for most vehicles. Each service is only \$59.95. Engine Flush requires the customer to purchase the oil & oil filter. Services are done by appointments only.

### • Towing Service & Roadside Assistance

Wednesday ~ Sunday  
During open hours of the Auto Skills Center. For more info & rates please give us a call.

### • Vehicle Detailing

Our detailing service consists of a basic wash & wax of the outside only with tire waxing included. There is an additional cost for cleaning the interior. Prices follow below. Requests are by appointment only

- Sedans/Hatchbacks start at \$35
- Vans/SUV's start at \$50
- Cleaning interior - Sedans/Hatchbacks: \$15
- Cleaning interior - Vans/Suv: \$20
- Cleaning trunks - Sedans: \$5

### • Car Wash

The new location of the car wash is across from the big digital marquee, across from the dry cleaner/laundry building. Other services include a Pressure Washer and a Vacuum Cleaner. All are coin activated.



## August Tip of the Month

During the nice sunny summer months everyone wants their car looking great and we all want to wash & wax our cars. When washing your car by hand, be sure to work in sections in order to avoid the soap drying and damaging the paint. When waxing the car, make sure that the surface is cool enough to keep your hand on it. If the surface is too hot you will burn the wax into the paint and you will have swirls that are very hard to get out. Note: You should always use soap made for cars, avoid using dishwashing liquid or body wash-soap, this also could damage the paint.

## SOME USED PARTS



- **6 X 9 SPEAKER**  
\$35 pair
- **CD Player, stateside tuner**  
Starts at \$35
- **Safety Flares**  
\$2
- **Various Tire Rims**  
Starts at \$40 set

• We also have used tires.



**On-Line Catalog:**

Search our collection from home or work at: <http://mylibraryus.fmwr.net/search~576>



SSSHHH!

**NEW Blu-ray DVDs**

- American Reunion
- Flowers of War
- Margaret
- Mirror Mirror
- Pink Floyd:  
The Story of Wish You Were Here
- Robert Plant
- The Samurai Trilogy (Criterion)
- Senna
- Tales of Vesperia
- 39 Steps (Criterion)

**NEW McNaughton Books**

- 11th Hour by James Patterson 
- Bombshell by Suzanne Somers 
- Bring up the Bodies by Hilary Mantel
- Come Home by Lisa Scottoline
- Crystal Gardens by Amanda Quick 
- In One Person by John Irving 
- The Innocent by David Baldacci
- Lots of Candies, Plenty of Cake  
by Anna Quindlen 
- Natural Woman by Carole King
- Prague Winter  
by Madeleine Kobel Albright 

**Welcome** • 267-6603

to the **NEW SHA Library!**  
(Next to the New AAFES Theater)

**Hours of Operation:**

Tuesday ~ Thursday • 10 am ~ 7 pm  
Friday & Saturday • 9 am ~ 6 pm  
Sunday, Monday & Holiday • CLOSED  
Closed for Lunch • 2 ~ 3 pm





U.S. Army Child, Youth  
& School Services

# CHILD DEVELOPMENT CENTER



## ZAMA CDC, 263-4992

- **Sports Day**  
Wednesday, 1 August, All Day
- **Start Smart**  
Friday, 3, 10, 17, 24 and 31 August, 0930 - 1030
- **National Watermelon Day**  
Friday, 3 August, 1400 - 1500
- **Water Play Day**  
Monday, 6, 13, 20, 27, August, 0930 - 1030
- **Story Time**  
Tuesday, 14 and 28, August, 0930 - 1030
- **PAC Meeting**  
Friday, 17, August, 1130 - 1230

- **Field Trip to Bolshoi Circus**  
Thursday, 2 August, 0830 - 1500
- **Field Trip to Zoorasia**  
Wednesday, 8 August, 0930 - 1530
- **Field Trip to Enoshima Aquarium**  
Wednesday, 15 August, 0930 - 1530
- **Field Trip to Fantasy Land**  
Wednesday, 22 August, 0930 - 1530



## SHA CDC, 267-6348

- **Sports Day**  
Wednesday, 1 August, All Day  
Basket ball, soft ball and football. Stop by and play at SHA CDC for sports day.
- **Friendship Day**  
Monday, 6 August, 1000 - 1200  
Ice Cream Social
- **Soldier Read to Me Day**  
Thursday, 9 August, 1600 - 1700  
Soldiers SHA CDC wants you. Come out and share you favorite children's book with any class for your choice.

- **Parent Japanese Cooking Class**  
Thursday, 16 August, 0900 - 1000  
Want to know more about Japanese cuisine? Come out to SHA CDC for our Parent Japanese Cooking Class.
- **Summer Back to School Bash**  
Friday, 24 August, 1000 - 1400  
Stop by for SHA CDC back to school bash.
- **Pre K-Boot Camp Start**  
Monday, 20 August, 0800 - 1430  
A one week intensive kindergarten readiness camp will be held at SHA CDC to prepare rising kindergarteners for the first day of school.



# SCHOOL AGE CARE OFFERED

- Before / After School Care
- Full day care during no school days
- Spring / Summer / Winter camp

## OPEN RECREATION PROGRAM

Outdoor / indoor sports, swimming, computer games, Xbox and Wii playstation games. Snacks provided. NOTE: To conduct this program, there must be at least 10 children enrolled the Wednesday prior to the event.

## INTERNATIONAL OUTREACH PROGRAM

This program is designed for SOFA status children attending Japanese schools. School Age Care will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks. NOTE: Must have five (5) children enrolled to conduct this program



# School Age Care

## August Events

**267-6013**

- |                               |   |
|-------------------------------|---|
| <b>Week 7</b>                 | Wacky Wild West Showdown  |
| <b>Week 8</b>                 | Wonka Wishes and The Golden Ticket  |
| <b>Week 9</b>                 | Slam Jammin Sports Celebration  |
| <b>Monday, 6, 13, 20</b>      | Swimming Every Monday at Yano Fitness Center<br>Leave SAC at 1230 - Leave Yano Fitness Center at 1630 |
| <b>Tuesday, 7, 14, 21</b>     | Themed Activities at SAC  |
| <b>Wednesday, 1</b>           | Field Trip to Summer Land 0730 - 1700   |
| <b>Wednesday, 8</b>           | Field Trip to Fantasy Land 1000 - 1630  |
| <b>Wednesday, 15</b>          | Field Trip to Children's Land 1000 - 1600   |
| <b>Wednesday, 22</b>          | Movie at SAC 1300 - 1500  |
| <b>Thursday, 2, 9, 16, 23</b> | Themed Activities at SAC  |
| <b>Friday, 3, 10, 17</b>      | Bowling Every Friday at Zama Bowling Center<br>Leave SAC at 0900 - Leave Bowling Center at 1130       |
| <b>Friday, 17</b>             | Combine PAC Meeting at CZCC 1130 - 1230<br>Camp Adventure Last Day                                    |
| <b>Friday, 24</b>             | End of Summer B-Becue 1100 - 1700   |
| <b>Monday, 27</b>             | First Day of School. Early Dismiss at 1115  |
| <b>Friday, 31</b>             | CYSS In-Service Training. SAC Closed  |



U.S. Army Child, Youth  
& School Services



**\*Be sure to have your sports physicals completed before you sign up to play sports.**

## Fall Soccer Sign Up

- Sign ups are on going until 10 August.
- Practices start the week of 27 August.
- Games start 1 September ~ 13 October.
- Age Groups: 5-6 • 7-8 coed • 9-10 • 11-12  
13-15 Boys • 9-11 Girls • 12-15 Girls

## FALL SWIM TEAM

- Sign ups are on going until fill.
- Practices start in August.
- High school students can earn a high school **letter** (must meet certain DoDDs requirements).

## Officials Needed!

Youth Sports & Fitness is always in need of qualified officials. If you are interested in officiating games for youth sports, please contact us at 263-5437.



U.S. Army Child, Youth & School Services

# SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills



## Hawaiian Hula Lessons

Wednesdays (4 classes per month)  
 Beginners Class: 4 - 4:45 pm (\$20)  
 Intermediate Class: 4:55 - 5:55 pm (\$30)  
 Advanced Class: 6 - 7 pm (\$40)



## Ballet & Dance

With Ms. Minori

### Wednesdays

Intermediate Ballet • Ages 10 & up  
3 - 4:30 pm • \$60

Pre-Elementary • Ages 4 - 6:4:30 - 5:15 pm • \$40

Elementary Ballet • Ages 6 & up 5:20 - 6:30 pm • \$60

### Thursdays

Pre-K Ballet • Ages 3 - 4  
3:15 - 4 pm • \$40

Contemporary Dance • Ages 7 & up  
4 - 5:30 pm • \$60



- Violin Lessons (Ms. Sumi)  
Tuesday  
11 am - 8 pm

- Piano Lessons (Ms. Miho)  
Monday or Friday  
11 am - 8 pm

- Piano Lessons (Ms. Sekita)  
Tuesday or Wednesday  
11 am - 8 pm

- Piano Lessons (Ms. Mayumi)  
Tuesday and Wednesday  
¥7,000  
4 classes per month  
30 minutes  
one on one sessions



## Hip Hop Class. Krumpin, Poppin, Breaking and more.

Tuesdays (4 classes per month)

Teen Squad (ages 12 - 18): 3 - 4 pm ¥6,000

Jr. Squad (ages 9 - 11): 4:15 - 5:15 pm ¥6,000

"Shorty Z" (ages 5 - 8) 5:30 - 6:15 pm ¥5,000



## TAEKWONDO

With Master Kang and Sensei Takeo

Mondays & Thursdays

5:30 - 7 pm

¥5,000 per month

## INSTRUCTORS WANTED!

\*For more information, please call 263-5441.



**Bldg. 402**  
**DSN: 263-4357**

**Army Emergency Relief (AER)**

AER provides emergency financial assistance in the form of no-interest loans or grants. AER also provides scholarships to children and spouses of active duty and retirees as well as financial support to widows and Wounded Warriors. For more information, call 263-8091.

**Army Family Action Plan (AFAP)**

AFAP is a year round process. Solicits input from Soldiers and Families, seeks to find solutions, and, when appropriate, forwards issues up the chain of command. Call for more information or assistance at 263-8087.

**Army Family Team Building (AFTB)**

A training/awareness program designed to increase the self-sufficiency and self-reliance of military family members. Call for more info or assistance at 263-8087.

**Army Volunteer Corp (AVC)**

The AVC unites all volunteers who support Soldiers and Families, to learn about volunteer opportunities, call DSN 263-8087.

**Employment Readiness**

Provides assistance to the Total Army Family in obtaining employment information on job websites, classes on resume writing, job-interviews and dressing for success. For more information, call DSN 263-8091.

**Exceptional Family Member Program (EFMP)**

A mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services to Families with special needs. For more information, call DSN 263-4572.

**Family Advocacy Program (FAP)**

The Family Advocacy Program (FAP) is the Army's program designed with the mission of education to prevent spouse and child abuse, to encourage the reporting of all instances of abuse, and to treat all Family members affected by or involved in abuse so that those Families can be restored to a healthy state. FAP is a command-directed program under the authority of AR 608-18. For more information call DSN 263-4853

**Financial Readiness**

Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs Units and FRGs may request classes. For more information, call DSN 263-8091.

**Information & Referrals (I&R)**

Information and Referral maintains an integrated resource file of sources of service to which personnel may be referred. Referral procedures are used when it is not possible to provide immediate direct assistance. Follow-up procedures are provided to ensure that needs have been met. For more information, call DSN 263-2382.

**Mobilization & Deployment**

Provides Soldiers and Families undergoing transition, whether inbound or outbound, with counseling and relocation planning assistance. Reunion Briefing, Family Readiness Group, Pre/Post Deployment and Operation R.E.A.D.Y., and Deployed Spouse Program. DSN: 263-8089

**Survivor Outreach Services (SOS)**

Provides services that support the Families of fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for survivors, conducting support groups, briefings to the community and leadership, like skill and supportive counseling. For more information or assistance, contact the SOS coordinator at 263-4357 (HELP)

# Monthly training and classes

Please call or visit Army Community Service for more information on these classes:

Pre/Post Deployment Readiness Training	Thursdays	1330 - 1600	
Adult Evening English Class	Wednesdays	1730 - 1900	
Business Japanese Class	Wednesdays	1700 - 1800	
Coffee and Coping	Wednesdays	1000 - 1200	
Successful Money Management (6 Aug)	Monday	1400 - 1530	
Foodies Unite Cooking Class (10 Aug)	Friday	1000 - 1200	(pre-register)
Resume Writing (10 Aug)	Friday	1400 - 1530	
EFMP Support Group (14 Aug)	Tuesday	1200 - 1300	
ACS Sponsorship	2nd Tuesday each month	1400 - 1530	
Foreign Born Spouses Group (15 Aug)	Wednesday	1300 - 1400	(pre-register)
Monthly Autism Support Group (16 Aug) (Free Childcare - registration required and coordination w/CYSS)	Thursday	1600 - 1700	
Build Wealth, Not Debt (20 Aug)	Monday	1400 - 1530	
1st Term Financial Training (27 Aug)	Monday	0900 - 1600	

## ACS Sponsorship Training Schedule

Tuesday 14 August 2 - 3:30 pm

POC: Mark Daybell, 263-4357  
mark.h.daybell.civ@mail.mil

## Shopping on the Economy

16 August, 1 - 4 pm, Gate 4, Camp Zama

Join our Japanese volunteers as they take you on a guided tour to explore Ebina's VinaWalk. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

## WELCOME TO CAMP ZAMA

For information, contact ACS at 263-8091.

# NEWCOMER'S ORIENTATION

**NEWCOMER'S ORIENTATION PART I:** Wednesday, 15 August, 8 am - 4:30 pm, Camp Zama Community Club (right wing). Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by "SoftBank." The orientation is **mandatory for military and civilian personnel**. Adult Family members may also attend. Free hourly child care available for attendees. **Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.**

**NEWCOMER'S ORIENTATION PART II:**

Thursday, 16 August, 8 am - noon, Camp Zama Community Club (right wing). Continued overview of services and programs available at Camp Zama including medical and dental information.

Attendance is **mandatory for military and civilian personnel** to receive a permanent SOFA Status driver's license. Adult Family members may also attend. Free hourly child care available for attendees. **Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.**



**MWR COMMERCIAL SPONSORSHIP** and the **ACS STAFF** thank our sponsor, **SoftBank**, for supporting the Newcomer's Orientation Program and the Zama community.

 SoftBank

# SURVIVOR

Outreach Services (SOS)

Survivor Outreach Services (SOS) provides services that support the Families of fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402



## ACS Resiliency Training



### For Families

MRT Skills Overview • 2-4 pm • 30 August

Develop and Strengthen Competencies

- Self-awareness
- Self-regulation
- Optimism
- Mental Agility
- Strengths of Character
- Connection

\*For more information, contact ACS at 263-HELP (4357).



Exceptional Family Member Program (EFMP) • 263-HELP (4357)

### "The Importance of Maintaining EFMP Enrollment"

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for sponsors to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member whichever comes first. Soldiers just arriving to Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Monthly Autism Support Group meets at Zama CDC from 4 - 5 pm every 3rd Thursday of each month. Free Child care will be available. Children must be registered for Child, Youth and School Services at Parent Central Services prior to attending monthly meeting. To attend Autism Support Group, parent must also pre-register at ACS by 2nd Thursday of every month for child care slots. For more information or to register for upcoming workshops contact the ACS EFMP Coordinator at: 263-4572. The Army offers EFMP Respite Care to Families that have one or more members with moderate to severe special needs. Respite Care provides an opportunity for the Family member caregiver to take time away from care responsibilities to meet personal or other Family obligations. Please contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572 for more information.

NEW PARENT SUPPORT PROGRAM

# NPSP



The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Group** is an interactive play group for parents and children aged birth- 6 years. Held every Tuesday, 10 am - 11:30 am EDIS (Arnn Elementary School) and every Thursday at Army Community Service, Bldg. 402, 1 - 2:30 pm.
- **Breast Feeding Support Group** held the first Wednesday of every month from 9:30 - 10:30 am at ACS and third Monday, 9:30 - 10:30 am at SHA CDC.

#### Baby Bundles

\*Information and supplies for new and expectant parents and electric breast pumps are available by calling 263-4572 or emailing: cheryl.rendon.civ@mail.mil.

## Family Advocacy Program

# Prevention and Education Classes

August Activities, ACS Bldg 402

5 Love Language Series: Acts of Service	7 August	1130 - 1300
Single Parent Family Night	10 August	1700 - 2000
5 Love Language Series: Physical Touch	14 August	1130 - 1300
5 Love Language Series: Growing in Love	21 August	1130 - 1300
FAP Commander's Brief / Forum	30 August	1100 - 1300

For additional information, please contact the FAP at DSN 263-4853/4782.

#### Emergency Numbers:

Military Police: 263-3002, 046-407-3002 from cell phone, or 911 from Allied Telesis Line.

#### Sexual Assault 24/7 Hotline:

090-9395-8909, 882# from a DSN line, or 98-263-2277 from an Allied Telesis Line.

Victim Abuse 24/7 Hotline: 080-5968-3188.

(Bldg 402, ACS Conference Room), 263-4853



THE Five LOVE LANGUAGES

# Information FAIR

**CAMP ZAMA JAPAN**

**TUESDAY 21 AUGUST 1-5 PM**

**CZCC BALLROOM**

**FIND OUT WHAT  
CAMP ZAMA HAS TO  
OFFER**

**INFORMATION ON ALL**

**PROGRAMS ✓**

**ACTIVITIES ✓**

**SERVICES ✓**

**PRIVATE ORGANIZATIONS ✓**

**OFFERED WITHIN THE COMMUNITY**

**FOR MORE INFO, PLEASE CALL  
263-4547**

**CAMP ZAMA INFORMATION FAIR 2012**



### CATHOLIC SERVICES

*Monday - Thursday*, noon, daily Mass, Blessed Sacrament, Chapel  
*Sunday*, 9 am, Mass, Zama Chapel  
*2nd & 3rd Sundays*, 9:15 am, Children's Liturgy of the Word, Blessed Sacrament Chapel

### CAMP ZAMA PROTESTANT SERVICES

*Sunday*, 11 am, Worship Service, Zama Chapel. Zama Chapel Protestant Children's Church will start up again on 19 August.

(Childcare service is provided for children up to age 36 months at Zama CDC, Bldg 502, during the time of services.)

*Wednesday*, 6:30 pm, Music Rehearsal, Zama Chapel.

### SAGAMIHARA PROTESTANT GOSPEL SERVICES

*Sunday*, 9:30 am, Sunday School, Sagamihara Chapel.

*Sunday*, 11 am, Worship Service, Sagamihara Chapel.

(Childcare service is provided for children up to kindergarten at the Sagamihara Chapel during the time of services.)

*Wednesday*, 6:30 pm, Bible Study, Sagamihara Chapel.

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

*Tuesday*, 7 pm, Youth Activity, Sagamihara Chapel.

If you would like to attend an off post service, please contact Ron Greenwood at (H) 801-649-1394 or (C) 080-3204-4510, or Matthew Westhoff at (H) 801-649-1011 (C) 080-4655-2112 or Jared Elison at (C) 080-4191-8700.

### JEWISH SERVICES

For info about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or email: [duncan.adams@us.army.mil](mailto:duncan.adams@us.army.mil).

### BUDDHIST SERVICES

"Soka Gakkai International (SGI) group is holding English meetings periodically in the Zama /Atsugi area. Please contact: [sgigoldengroup@gmail.com](mailto:sgigoldengroup@gmail.com) for more information"

### SEVENTH DAY ADVENTIST SERVICES

Contact Mr. Donald Williams at 263-5677 or [donald.williams38@us.army.mil](mailto:donald.williams38@us.army.mil) for more info. Saturday: Sabbath School: 10-11 am; Worship Service: Saturday 11 am-noon; Fellowship Meal (Potluck) following service. Needing a ride or information on SDA services outside of Camp Zama, please call 090-6185-5499.

### LUTHERAN SERVICE

*Sunday*, 8 am, Worship Service, CFAY Community Readiness Center (2nd floor auditorium), Yokosuka. For more info, please contact Chaplain Swanson at 243-6931 or email: [john.swanson@fe.navy.mil](mailto:john.swanson@fe.navy.mil). If interested in confirmation instruction, please let us know.

### PROTESTANT WOMEN OF THE CHAPEL (PWOC)

*PWOC Fall Study Kickoff*: Thursday, 6 September, 9:30-11:30 am at the Religious Education Center. Watch care provided up to kindergarten. Infants & homeschoolers welcome! For more info, email us at [pwocatcampzama@yahoo.com](mailto:pwocatcampzama@yahoo.com) or visit our Facebook page: PWOC CAMP ZAMA

### KOREAN BIBLE STUDY

*Tuesday*, 11:30 am - 2 pm, Room 11, Religious Education Center. Bible Study is offered in Korean language. For more info, contact Chaplain Park at 090-6185-5502 (cell phone), or email: [younsoo.park@us.army.mil](mailto:younsoo.park@us.army.mil).

### MEN OF THE CHAPEL

Meet 2nd and 4th Saturday of the month, 8 - 9 am, at SHA Chapel. For more info, please contact USAG-J Chaplain's Office at 263-4898.

### MEN OF VALOR BIBLE STUDY

*Tuesday*, 11:30 am, For more information, contact Mr. McGrew at 080-3211-9067.

### LUNCH BOX BIBLE STUDY

*Wednesday*, 11:45 am - 12:45 pm, Religious Education Center. For more info, contact Chaplain Browne at 263-5973 or [sharon.browneburrel@us.army.mil](mailto:sharon.browneburrel@us.army.mil).

### CHAPEL YOUTH PROGRAM (EPIC, Experience Power in Christ)

*Wednesday*, 6 - 8 pm, Religious Education Center, POC: Mr. Corneliussen at 263-4689 or [james.corneliussen@us.army.mil](mailto:james.corneliussen@us.army.mil).

### AUGUST 2012 SERVICES & EVENTS

*Tuesday*, 7, 14, 21, & 28, 6-8 pm, PWOC evening Bible study through 28 August - Camp Zama Chapel. We will be studying James: Merch Triumphs by Beth Moore. Unfortunately, no child care will be provided.

*15 August*, 5 pm, Assumption of the Blessed Virgin Mary: Holy Day of Obligation, Zama Chapel.

*20-24 August*, LDS Youth Conference (14-18 year olds) at Camp Fuji. Contact Ron Greenwood at (801) 649-1394 or 080-3204-4510 for more information.

*31 August - 2 September*, Zama Protestant Spiritual Retreat, New Sanno

USAG-J religious support services and programs offer many spiritual fitness opportunities for you and your family. If you desire more information, please call the Garrison Chaplain's office at 263-4898. The Garrison Chaplain's office only advertises religious support activities under its auspices.







# Directory of DFMWR Facilities & Additional Activities

DIRECTORATE OF FAMILY MORALE, WELFARE AND RECREATION 263-7611/3690

## Army Community Services

**DIRECTOR** 263-8057  
**Army Community Services** 263-4357  
 Mon - Wed 0730-1630  
 Thu 1300-1630  
 Fri 0730-1630  
 US Holidays Closed

## Business Division

**DIRECTOR** 263-4452  
**ADMINISTRATIVE OFFICE** 263-7935

**DIRECTOR OF GOLF** 263-3694  
**ADMINISTRATIVE OFFICE** 263-4966

(All the following golf activities are open during lunch).

**Course/Starter** 263-4975

Mon-Fri 0700-1700  
 Weekends & US / Japanese Holidays  
 0600-1700

**Restaurant** 263-7665

Mon, Tue, Thu, Fri 0630-1900  
 Wed 0630-1900  
 Weekends & US / Japanese Holidays  
 0530-1900

**Pro Shop** 263-5284

Mon-Fri 0645-1700  
 Weekends & US / Japanese Holidays  
 0545-1700

**Driving Range (Unattended)**

Mon - Fri Sunrise-2200  
 Saturday Sunrise-1930  
 Sun 1600-2200

**Chip Inn & Snack Stand** 263-5834

Mon-Fri 0800-1600  
 Weekends & Hol. 0700-1500

**BOWLING CENTER ZAMA** 263-4780

Mon-Wed, Sat-Sun 1100-2200  
 Thu & Fri 1100-2230  
 Holidays Closed

**ZAMA COMMUNITY CLUB**  
**ADMINISTRATIVE OFFICE** 263-4133

**Lunch**

Tue-Fri 1045-1315  
 Sunday Brunch 1000-1330

**Cashier** 263-4547

Sun-Thu 1000-2300  
 Fri 1000-0230  
 Sat 1000-0200

**Catering** 263-4204

Tue, Thu & Fri 0930-1730  
 Wed (Apts Only)

**Game Time Sports Bar & Grill**

Sun, Tue & Wed 1100-2300  
 Thu 1100-2200  
 Fri & Sat 1100-2300

No food service after 2200 hours

**Cornerstone Game Room (no bar)**

Tue-Thu & Sun 1000-2300  
 Fri 1000-0300  
 Sat 1000-0230

**Firelite Lounge**

Sun-Tue & Wed Closed  
 Thu Closed  
 Fri 1800-0300  
 Sat 1900-0230

**USA Dining Room**

Tue, Thu & Sun 1700-2100  
 Wed Closed  
 Fri-Sat 1700-2200

**SHA CLUB** 267-6097

**PACIFIC RIM RESTAURANT BLUE MOON**

Tues - Thu Closed  
 Fri 1630 - 2100 1630-0100  
 Sat 1200 - 2100 1200 - 0100  
 Sun 1200 - 2100 1200 - 2200  
 Mon 1630 - 2100 1200 - 2200

**SAGAMI LOUNGE** 268-4954  
268-4142

**Take Out**

**Lunch (Mon-Fri)** 1100-1300

**Dinner (Tue-Sat)** 1700-2000

**Bar**

Tue-Thu 1100-2000

Fri 1100-2400

Sat 1630-2300

**Bowling Center** 268-4954/4606

Fri 1700 - 2400

Sun - Mon Closed

**ZAMA LODGING**

**ADMINISTRATIVE OFFICE**

**Reservation Desk** 263-2775

**Front Desk** 263-3830

Open 24 hours/7 days a week

## Recreation Division

**CHIEF RECREATION OFFICE** 263-3479

**ADMINISTRATIVE OFFICE** 263-5614

**ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed

Wed-Fri 1130-1930

Sat & Sun 1000-1800

**AUTOMOTIVE SKILLS CENTER** 263-3615

Mon-Tue Closed

Wed-Fri 1130-2000

Sat-Sun 0930-1800

**COMMUNITY ACTIVITY CENTER** 263-3939

Mon-Fri 0800-1900

Sat, Sun & Hol Closed

Open during lunch

**HARDY BARRACKS LODGING** 229-3270

**INTERNATIONAL TOURS** 263-5273

Mon-Fri 1000-1800

Open during lunch

**LIBRARY**

**Zama** 263-3517

Mon-Thu 1000-2030

Fri - Sun 1000-1800

Open during lunch

U.S. Holidays Closed

**Sagamihara** 267-6603

Tue-Thu 1000-1900

Fri-Sat 0900-1800

Sun, Mon & Hol Closed

Closed for lunch 1400-1500

**OUTDOOR RECREATION** 263-4671

**Leisure Travel Services & Vehicle Rental**

Mon-Fri 0900-1730

Sat-Sun 0800-1600

Open during lunch

US Holidays Closed

**Animal Boarding Kennels** 263-5915

Mon-Fri 1000-1700

Sat-Sun 1000-1600

Closed for lunch 1230-1330

**Bullseye Paintball** 263-4671

Sat - Sun 1000-1600

Mon - Fri Reservations Only

**POOLS** 263-3348

**YANO** 263-5037

Mon-Fri 0530-1930

Sat-Sun, Holidays 1000-1800

**SHA (Summer)** 263-5656/267-6122

Wed - Sat 1030-1800

Sun 1200-1800

Mon, Tue Closed

**DEPOT (Closed)**

**SPORTS/FITNESS CENTER** 263-4664

**Zama** 263-3954

Mon-Fri 0500-2100

Sat-Sun, Holidays 0800-1800

**Sagamihara** 263-3954/267-6762

Mon-Sun Open 24 hrs

**Depot** 268-4729

Mon-Sun, Holidays 0930-1830

## Support Services Division

**DIRECTOR** 263-5572  
**ADMINISTRATIVE OFFICE** 263-5962

## Child, Youth & School Services

**DIRECTOR** 263-8086  
 (All the following CDC facilities are open during lunch.)

**Parent Central Services** 263-4125  
 263-4743

Mon-Wed 0800-1700

Thu 1000-1700

Fri 0800-1700

**Family Child Care** 263-4743

263-4125

**Sagamihara CDC** 267-6564

Mon-Fri 0530-1800

**Zama CDC** 263-4992

Mon-Fri 0530-1800

**YOUTH SERVICES**

**Zama Youth Center** 263-4500

Mon-Thu 1430-2000

Fri 1430-2200

Sat 1300-2200

Sun Closed

**School Age Care (SHA)** 267-6013

Mon-Fri 0530-1800

**Youth Sports** 263-5437

Mon-Sat 0900-1800

Open during lunch

**School Liaison Office** 263-3241

## USAG-J Okinawa MWR

**MWR OFFICE** 644-5396

**ADMINISTRATIVE OFFICE** 644-4270

**ARMY COMMUNITY SERVICE**

Director 644-4110

Relocation Coordinator 644-4385

Mob-Dep/IVC 644-4116

Financial Readiness/AER 644-4378

Family Advocacy Program 644-5919

Victim Advocate/SARC 644-4908

AFTB/AFAP Program 644-4743

EFMP Program 644-4106

ACS FAX 644-5918

School Liaison Office 644-4703

**ARTS & CRAFT CENTER** 644-4303

Lobby 644-4706

**AUTOMOTIVE SKILLS CENTER** 644-5612

**CORAL COVE COMMUNITY CLUB**

Business Manager 644-4256

Lounge 644-4306

Cashier Cage 644-4426

**LIBRARY** 644-4468

Staff Room 644-5335

**MARKETING**

Commercial Sponsorship 644-4495

Graphic/Illustration 644-4665

**SPORTS / FITNESS**

Sports / Fitness 644-4334

Aquatics 644-4389

**OUTDOOR RECREATION**

Scuba Locker 644-4795

Retail Sales 644-4290

Equipment Issue 644-4263

Beach Rental Office 644-4659

Cabin Reservation 644-4659

011-81-611-744-4659

## Kure Harbor MWR

**MWR Office** 256-2580

256-2581

0800-1630

**Outdoor Recreation** 256-2575

0900/1700

**Dining Room**

Mon-Fri (Breakfast) 0700-0830

Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

**Bar** Mon 1630-2000

Tue-Sat 1630-2200

**Lodging** 256-2580

**PX / CLASS VI**

Mon-Fri 0900-1730





... Sequence of Events ...

1100	Bilateral Adult Basketball Game
1200	Bilateral Youth Basketball Game
1230	DJ Begins
1300	Live Entertainment Begins
1840	Bon Odori Begins
2030	Fireworks

... Shuttle Bus Schedule ...

Pick-up	SHA Narita Bus Stop	1000	1600	1900
Drop-off	Music & Theater Workshop			
Pick-up	SGD B# 90-S10	1000	1600	1900
Drop-off	Music & Theater Workshop			
Pick-up	Music & Theater Workshop	2145		
Drop-off	SHA Narita Bus Stop			
Pick-up	Music & Theater Workshop	2145		
Drop-off	SGD B# 90-S10			

U.S. ARMY CAMP ZAMA'S 53RD  
第53回 在日米陸軍キャンプ座間

盆踊り **BON ODORI**  
FESTIVAL



**SATURDAY, 4 AUGUST 2012 8月4日(土曜日) 一般開放日**  
**1030 - 2130 (No Rain Date) 10:30 - 21:30 (荒天中止)**

• Fireworks start at 2030. • PLUS ... BON DANCING, ETHNIC FOOD, GAMES etc.

For your protection and safety, large bags, backpacks, ice chests, coolers, skate boards, bicycles, push scooters, pets, alcoholic beverages and glass containers are prohibited \* Please expect entry delays "FORM OF PHOTO IDENTIFICATION" MAY BE RANDOMLY CHECKED

Access to Camp Zama: Odakyu Line, SOUBUDAI-MAE Station (North Exit), 10-minute walk from the station  
**NO CARS, CYCLES, BICYCLES or PETS ALLOWED**

• 花火は、20:30から上がります。• その他 ... 盆踊り、出店、ゲームなどをお楽しみ下さい。

保安上、大きなバッグ、バックパック(ナップサック)、クラークボックス、スケートボード、自転車、キックボード、ペット、お酒、ビンやコップ等のガラス類の持ち込みは禁止されています。

\* ゲートでの荷物検査の為、入門に時間がかかる場合がございますのであらかじめご了承下さい。\*「写真付き身分証明書」の提示が必要になる場合がございます。ご理解・ご協力をお願い致します。

キャンプ座間までのアクセス方法：小田急線・相武台前駅下車(北口)、徒歩約10分

車・バイク・自転車、及びペット同伴でのご来場は固くご遠慮願います。(会場に駐車場・駐輪場はございません)



For more information, please call 263-4177 (テープ案内 046-407-4177)

[www.mwrjapan.army.mil/events](http://www.mwrjapan.army.mil/events) or [www.facebook.com/armymwrjapan](http://www.facebook.com/armymwrjapan)



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